

A powder tablettability equation

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Abstract

An equation describing tablet tensile strength as a function of compaction pressure was derived from the Ryshkewitch and Kuentz-Leuenberger equations. The equation was used to fit data from 11 powders, including single-component powders and mixtures, with a wide range of mechanical properties. Three fitted parameters are obtained directly from tensile strength-compaction pressure data, of which one describes the apparent bonding strength and another strongly correlates with the plasticity.

Keywords: Tablettability, tableting, mechanical properties, tensile strength

1 1 Introduction

2 Compression properties of a powder can be systematically characterized by
3 compressibility, tabletability, and compactibility (CTC) profiles, which capture the pairwise
4 relationships among compaction pressure (P), tablet porosity (ε), and tablet tensile strength (σ)
5 (Joiris et al., 1998; Tye et al., 2005). In the CTC approach, compressibility, tabletability, and
6 compactibility refer to the ε - P , σ - P , and σ - ε relationships, respectively.

7 Among these relationships, tabletability is the most relevant to the manufacturability of a
8 formulation because it predicts the pressure required to attain tablets with sufficient strength for
9 surviving various stresses due to handling, shipping, and storage during the lifetime of a tablet. In
10 this regard, σ is a tablet property critical to the success of a tablet product. Since σ is a result of the
11 interplay between bonding area (BA) and bonding strength (BS) (Osei-Yeboah et al., 2016; Sun,
12 2011), mechanistic understanding of the tabletability of a given powder requires deconvolution of
13 the contributions to σ from BA and BS. This can be partially achieved by considering porosity
14 during the course of compression since the evolution of BA is accompanied by diminishing
15 porosity.

16 Fitting compactibility data (σ - ε) with the Ryshkewitch equation (Equation 1)
17 (Ryshkewitch, 1953), which describes this relationship as a negative exponential function, gives
18 the tablet tensile strength at zero porosity (σ_0) and an empirical decay constant b .

$$\sigma = \sigma_0 e^{-b\varepsilon} \quad (1)$$

20 The σ_0 can quantify the apparent BS of a formulation, where a larger σ_0 exhibits a stronger
21 apparent bonding strength. Here, the term “apparent BS” is used to recognize that σ_0 is not an
22 intrinsic property of materials because it can vary with particle size and shape (Paul et al., 2019;
23 Sun, 2011; Sun and Grant, 2004).

24 Compressibility data (ε - P), on the other hand, is used to characterize BA since a lower
25 tablet porosity indicates a larger interparticulate BA for a given powder. Additionally, a material
26 that can form a tablet with a lower porosity under a given compaction pressure is considered more
27 plastic. Among several equations proposed for describing powder compressibility (Heckel, 1961a,
28 1961b; Kawakita and Lüdde, 1971; Kuentz and Leuenberger, 1999; Walker, 1923), the Kuentz
29 and Leuenberger (KL) equation (Equation 2) best describes compressibility data over a wide range
30 of pressures for most powders (Kuentz and Leuenberger, 1999; Sun, 2004).

31

$$P = \frac{1}{C} \left[(\varepsilon - \varepsilon_c) - \varepsilon_c \ln \left(\frac{\varepsilon}{\varepsilon_c} \right) \right] \quad (2)$$

32 In the KL equation, ε_c is critical porosity, and $1/C$ is a parameter in units of pressure that
33 has been suggested to quantify powder plasticity (Paul and Sun, 2017a).

34 In contrast to the many equations proposed to describe both compactibility and
35 compressibility, there is not yet an equation that can satisfactorily describe tabletability (σ - P).
36 Persson and Alderborn approximated a tabletability profile using three discontinuous linear
37 regions described by a lower critical pressure at which a coherent tablet can form (P_{c1}), an upper
38 critical pressure at which the tensile strength plateau is reached (P_{c2}), and the pressure range
39 between P_{c1} and P_{c2} at which tensile strength increases linearly according to effective particle
40 hardness (Γ) (Persson and Alderborn, 2018). Others use empirically determined linear
41 relationships to describe tabletability (Yu et al., 2020). However, both approaches do not
42 completely describe tabletability profiles, which are non-linear. Leuenberger proposed an equation
43 that describes the dependence of σ on both P and $(1-\varepsilon)$, with some success (Leuenberger, 1982).
44 However, the requirement of ε in this equation makes it practically less useful, as accurate
45 determination of tablet porosity may not always be possible (Chang et al., 2019). However, the
46 reliable mathematical expressions of the ε - P (the KL equation) and σ - ε (the Ryshkewitch

47 equation) imply that a similarly reliable quantitative relationship between σ and P may exist.
 48 Hence, we set out to derive a tabletability equation and evaluate its performance using materials
 49 exhibiting a broad range of mechanical properties.

50

51 **2 Theory**

52 **2.1 Derivation of the tabletability equation**

53 Beginning with the KL equation (Equation 2), ε is solved in terms of P . The KL equation
 54 can be simplified into Equation 3.

55

$$PC + \varepsilon_c = \varepsilon + \ln\left(\frac{\varepsilon}{\varepsilon_c}\right)^{-\varepsilon_c} \quad (3)$$

56 Taking the exponential of both sides yields

57

$$e^{PC+\varepsilon_c} = e^{\varepsilon + \ln\left(\frac{\varepsilon}{\varepsilon_c}\right)^{-\varepsilon_c}} \quad (4)$$

58 Equation 5 is obtained by taking the $-\varepsilon_c$ root and multiplying both sides by -1.

59

$$-e^{-\frac{PC}{\varepsilon_c}-1} = \left(-\frac{\varepsilon}{\varepsilon_c}\right) e^{-\frac{\varepsilon}{\varepsilon_c}} \quad (5)$$

60 Classically, equations with the generic form of $x = ye^y$ can be solved for y via the
 61 function $y = W(x)$ if $x \geq -e^{-1}$. Here, W is the Lambert function. Since P , C , and ε_c are always

62 positive, $-e^{-\frac{PC}{\varepsilon_c}-1} \geq -e^{-1}$ for all valid values of P . Letting $x = -e^{-\frac{PC}{\varepsilon_c}-1}$ and $y = -\frac{\varepsilon}{\varepsilon_c}$, Equation

63 5 can be expressed as Equation 6.

64

$$-\frac{\varepsilon}{\varepsilon_c} = W\left(-e^{-\frac{PC}{\varepsilon_c}-1}\right) \quad (6)$$

65 Rearranging to isolate ε Equation 7 becomes

66

$$\varepsilon = -\varepsilon_c W\left(-e^{-\frac{PC}{\varepsilon_c}-1}\right) \quad (7)$$

67 Equation 7 describes compressibility (ε versus P) equivalently to the KL equation.
 68 Combining Equation 7 with the Ryshkewitch equation (Equation 1) yields Equation 8, which
 69 describes σ as a function of P .

$$\sigma = \sigma_0 e^{b\varepsilon_c W\left(-e^{\frac{PC}{\varepsilon_c}} - 1\right)} \quad (8)$$

71 Here, σ_0 and b are the constants in the Ryshkewitch equation (Equation 1), and ε_c and C
 72 are constants in the KL equation (Equation 2). To avoid multi-collinearity during nonlinear
 73 regression of tabletability data using this equation, we define $b\varepsilon_c = \alpha$ and $\varepsilon_c/C = \beta$. Thus, α is b from
 74 the Ryshkewitch equation scaled by ε_c , and β is $1/C$ from the KL equation scaled by ε_c .
 75 Additionally, σ_0 is redefined as σ_{max} since this parameter is obtained from nonlinear regression
 76 between σ and P without considering porosity. Following these substitutions, Equation 8 can be
 77 simplified to Equation 9, which can be used to fit σ - P data directly.

$$79 \quad \sigma = \sigma_{max} e^{\alpha W \left(-e^{\frac{P}{\beta}} - 1 \right)} \quad (9)$$

80 It may be noted that since $-e^{-1} \leq -e^{-\frac{P}{\beta}-1} \leq 0$, there are always two solutions to
 81 $W\left(-e^{-\frac{P}{\beta}-1}\right)$ that exist on the principal (W_0) branch and the W_{-1} branch, respectively (Corless et
 82 al., 1996). However, only solutions to the principal branch can sensibly describe tabletability data
 83 because σ is expected to increase with applied pressure. Moreover, it is noted that
 84 $\lim_{P \rightarrow 0} W_0\left(-e^{-\frac{P}{\beta}-1}\right) = -1$, which results in $\sigma = \sigma_{max}e^{-\alpha}$, and that $\lim_{P \rightarrow \infty} W_0\left(-e^{-\frac{P}{\beta}-1}\right) = 0$, which
 85 results in $\sigma = \sigma_{max}$. The Lambert W function is available in many common statistical software
 86 packages that may be used for nonlinear regression.

88 **2.2 Impact of parameters on the shape of tabletability profile**

89 Equation 9 describes an asymmetric sigmoidal function (Figure 1). The parameter σ_{max}
90 describes the tensile strength as compaction pressure approaches infinity (Figure 1a). Thus,
91 different σ_{max} values alter the asymptotic plateau at sufficiently high pressures. The parameter α
92 describes the width of the convex portion of the tabletability curve in the low-pressure region
93 (Figure 1b) and may correlate with packing efficiency and change with particle size or shape.
94 Finally, the parameter β describes the curvature of the concave region, i.e., the onset of the plateau
95 in σ with respect to P (Figure 1c).

96

97 Highly plastic materials are typically described as having tabletability profiles that exhibit
98 a swift rise in tensile strength followed by a plateau as the density of more plastic materials will
99 more quickly approach their true density with an increase in compaction pressure (Sun, 2005; Sun
100 et al., 2018). Based on this observation and the influence of β on the shape of the tabletability
101 profile (Figure 1c), β may be related to the plasticity of the powder. This is aligned with the fact
102 that β is essentially $1/C$, which has been established as a highly reliable measure of material
103 plasticity (Paul and Sun, 2017a), scaled by ε_c and is in units of pressure. A distinct advantage of
104 the parameter β is that it can be obtained from tabletability profiles using Equation 9 without
105 considering ε , which may not be accurately determined for materials containing volatile
106 components (Chang et al., 2019; Sun, 2006).

107 **2.3 An alternative tabletability equation**

108 Equation 9 is similar to the Gompertz function (Gompertz, 1825), which is a double
109 exponential function that describes an asymmetric sigmoidal curve (Equation 10) and has been

110 extensively used to model biological growth (Aggrey, 2002; Benzekry et al., 2014; Tjørve and
111 Tjørve, 2017; Winsor, 1932).

112

$$y = y_{max} e^{-e^{-k(x-x_0)}} \quad (10)$$

113 In Equation 10, y_{max} is the asymptotic value as x approaches infinity, k is a growth constant,
114 and x_0 is the inflection point at the center of the curve where the convex curve becomes concave.
115 However, a detailed comparison of Equation 9 to the Gompertz function (see supplemental
116 information) shows that Equation 9 is superior to the Gompertz function for realistically describing
117 tabletability data in the low-pressure region.

118

119 3 Methods and Materials

120 3.1 Materials

121 Microcrystalline cellulose (MCC; Avicel PH102, FMC Biopolymer, Philadelphia, PA),
122 dicalcium phosphate dihydrate (DCPD; Emcompress®, JRS Pharma, Patterson, NY), dicalcium
123 phosphate anhydrous (DCPA; Emcompress®, JRS Pharma, Patterson, NY), lactose monohydrate
124 (LM; #316 Fastflo® NF, Foremost Farms, Clayton, WI), mannitol 200SD (Mann; Pearlitol®
125 200SD, Roquette America Inc., Keokuk, IA), urea (Fisher Scientific, Hampton, NH), and ferulic
126 acid (FA; Sigma Aldrich, St. Louis, MO) were used as received.

127 The binary mixtures of 90%, 75%, and 50% (w/w) DCPA with MCC were prepared by
128 mixing in a blender (Turbula, Glen Mills, Clifton, NJ) at 49 rpm for 5 min. A mixture of MCC
129 with 1% (w/w) magnesium stearate (MgSt; non-bovine, HyQual™, Mallinckrodt, St. Louis, MO)
130 was also prepared by blending at 49 rpm for 2 min.

131 3.2 Tablet compression

132 Tablets were made using a compaction simulator (Styl'One, MedelPharm, Beynost,
133 France) using a 2% single compression cycle, composed of a 2 s compression (1 s rise and 1 s fall
134 with no holding time at the maximum force) followed by a 3 s relaxation and a 2 s ejection step.
135 Magnesium stearate spray (Styl'One MIST) was used to externally lubricate the die wall and punch
136 tips before each compression for all materials except MCC and MCC+1% MgSt.

137 **3.3 Tablet tensile strength**

138 Tablet tensile strength was determined by measuring tablet dimensions using a digital
139 caliper (model CD-6"AX, Mitutoyo, Kawasaki, Kanagawa, Japan) and tablet breaking force using
140 a texture analyzer (TA-XT2i; Texture Technologies Corporation, Scarsdale, NY). Tablet tensile
141 strength (σ) was calculated using Equation 11 following a standard procedure (Fell and Newton,
142 1970).

$$143 \quad \sigma = \frac{2F}{\pi Dt} \quad (11)$$

144 Where F is the tablet breaking force, D is the measured tablet diameter, and t is tablet thickness.

145 **3.4 Tablet porosity**

146 The true density (ρ_t) was determined using helium pycnometry (Quantachrome
147 Instruments, Ultrapycnometer 1000e, Boynton Beach, Florida) with an accurately weighed sample
148 (~1.5 g) filling about 75% of the volume of the sample cell. An analytical balance (Mettler Toledo,
149 Columbus, Ohio, model AG204) was used to determine the mass. The experiment was stopped
150 when the coefficient of variation between five consecutive measurements was below 0.005%, and
151 the mean of the last five measurements was taken as the measured true density. Tablet porosity (ε)
152 was calculated according to Equation 12.

$$153 \quad \varepsilon = 1 - \frac{\rho}{\rho_t} \quad (12)$$

154 Where ρ is tablet density.

155 **3.5 In-die Heckel analysis**

156 In-die ε data was calculated from tablet thickness measured with the compaction simulator
157 and the weight of the ejected tablet. Mean yield pressure (P_y) was obtained from a linear regression
158 of the linear portion of the Heckel plot ($-\ln(\varepsilon)$ versus P) according to Equation 13 (Heckel, 1961a,
159 1961b).

160
$$-\ln(\varepsilon) = \frac{1}{P_y} P + A \quad (13)$$

161 **3.6 Nonlinear regression and data fitting**

162 Nonlinear regression of tabletability data to Equation 9 was performed in Python (v3.9.11)
163 using SciPy's (v1.8.0) orthogonal distance regression library using ordinary least-squares
164 optimization (job=2). The Lambert W function was implemented using SciPy's special functions
165 library, and principal branch solutions were selected by default. Bootstrapped confidence intervals
166 were obtained by resampling and curve-fitting the data 1000 times.

167

168 **4 Results and Discussion**

169 **4.1 Validating the tabletability equation**

170 The tabletability profiles of MCC, MCC with 1% MgSt, FA, Mann, urea, LM, and DCPD
171 (Figure 2a), and DCPA blends with MCC (Figure 2b) can all be well described by Equation 9.

172

173 Table S1 contains the fitted parameters for all 11 powders according to Equation 9. The α
174 values for the 11 powders fall in the range of 4 to 7 with low relative error. Accurate determination
175 of β is entirely dependent on access to the concave curvature of the tabletability curve. For
176 example, the concave portion of the tabletability curve of DCPA and DCPD cannot be

177 experimentally accessed. For DCPA, lamination occurred at 500 MPa (Figure 2b). The lack of
178 data in the concave portion of the tabletability curve leads to the large relative standard errors of
179 both σ_{max} and β (Table S1). This is why a wide confidence interval of σ for DCPD was observed
180 when extrapolated to high pressures (Figure 3a).

181

182 To further probe the implication of the absence of data in the concave region of the
183 tabletability profile, data points from the concave region of the tabletability curve of MCC and
184 urea were excluded, and fitting was repeated (Figure 3b). For both MCC and urea, the absence of
185 the concave curvature results in an underestimated σ_{max} and β and a slightly overestimated α
186 compared to the parameters fitted with the entire profiles. The excluded data points lie above the
187 fitted line but within the 95% confidence interval. Thus, it is likely that the σ_{max} and β values for
188 DCPD and mixtures of DCPA with MCC (Table S1) are also underestimated since the concave
189 portion of the curves is not directly apparent (Figure 2).

190 Although the physical meaning of α has yet to be determined, a larger α corresponds to a
191 tabletability profile with a delayed onset of developing considerable σ (Figure 1b), i.e., higher
192 pressure is required to form a structure exhibiting appreciable mechanical rigidity. The physical
193 meaning of β is more apparent since it generally correlates with in-die P_y (Table S1), with more
194 plastic materials exhibiting lower β values. The ability of β to predict material plasticity, which
195 affects the bonding area, would be useful. This is particularly valuable as it would provide a
196 method of plasticity determination independent from material porosity, thus circumventing tablet
197 density and true density measurements.

198

199 If β is a predictor of material plasticity, a strong correlation with other plasticity parameters
200 is expected. However, a comparison of β values of the 11 powders to their in-die P_y values,
201 obtained from an in-die Heckel analysis (Figure S1), shows high variability and a relatively low
202 R^2 when fitted with the power-law function (Figure 4, red line). This poor correlation is likely
203 caused by the underestimated β for the harder, high β materials, as previously discussed. Accurate
204 β values should result in a stronger correlation with the in-die P_y . To verify this, σ_{max} was fixed at
205 σ_0 , obtained by fitting compactibility data using the Ryshkewitch equation (Figure S2), and α and
206 β were redetermined using nonlinear regression (Figure S3, Table S1). The fitted β values are
207 significantly higher and correlate strongly with P_y , following a power-law relationship (Figure 4,
208 blue line). Thus, for very hard materials, the Ryshkewitch equation may be used to determine an
209 accurate σ_{max} to aid accurate fitting to Equation 9, with the caveat that accurate porosity
210 measurements must be employed. β obtained with and without fixing σ_{max} at σ_0 is very similar for
211 low β powders (Figure S4). Thus, for more plastic powders, an accurate β may be obtained directly
212 from tabletability plots as long as the concave region of the curve is apparent.

213 This analysis indicates that, when accurately measured, β is highly correlated with in-die
214 P_y . This is also supported by the strong correlation between β (i.e., $1/C$ scaled by ε_c) versus in-die
215 P_y data obtained from the literature (Figure S5). Both the β of the tabletability equation in this
216 work and the Γ in the Persson and Alderborn approach are related to plasticity of materials (Persson
217 and Alderborn, 2018).

218 **4.2 Potential applications of the tabletability equation**

219 Equation 9 can accurately capture the tabletability of different materials using three
220 constants; and hence, provide a way to concisely describe a material's tabletability. The fitted
221 relationships can be compared and evaluated as a function of process parameters and formulation

222 composition to guide formulation optimization and aid process scale-up. Additionally, this analysis
223 does not require any special instrument other than those routinely used to make tablets at different
224 pressures, measure tablet dimensions, and determine tablet breaking force.

225 Equation 9 predicts a continuous increase in tablet tensile strength with rising compaction
226 pressure until a plateau is reached. Therefore, if a decrease in tensile strength is observed upon
227 increasing compaction pressure due to overcompression (Paul and Sun, 2017b), such data points
228 can be excluded before fitting with Equation 9. This is shown for FA, Mann, and DCPA in Figure
229 2, where open symbols signify overcompressed tablets.

230 Equation 9 is valid for any powder well described by both the Ryshkewitch (Equation 1)
231 and KL equations (Equation 2). Practically, adequate data points spanning a pressure range
232 covering the concave region of the tabletability curve are required. Consequently, this equation
233 cannot be applied to drugs that do not form intact tablets by compression. However, since adequate
234 tabletability is a prerequisite for tablet manufacturing, this approach can be applied to characterize
235 the compaction behavior of most appropriately-designed tablet formulations. Problems that
236 prevent the reliable application of this equation invariably signify inherent problems with their
237 tabletability.

238

239 **5 Conclusion**

240 A new tabletability equation, derived from the porosity-based Ryshkewitch and KL
241 equations, can accurately describe the relationship between tablet tensile strength and compaction
242 pressure of 11 powders exhibiting a wide range of mechanical properties and compaction
243 behaviors. It describes the entire tabletability profile using three constants, where two of them
244 quantify the maximum tensile strength attainable by a powder and its plasticity. This provides a

245 means for assessing plasticity without considering tablet porosity, which is particularly beneficial
246 for powders with error-prone true densities that make it difficult to calculate accurate tablet
247 porosities.

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Figure Legends

Figure 1. Theoretical tabletability profiles using different combinations of the three parameters in Equation 9. One parameter was systematically varied while keeping the other two unchanged to show the impact of each parameter on the shape of the profile, **(a)** σ_{max} , **(b)** α , **(c)** and β values.

Figure 2. Tensile strength versus compaction pressure fitted with Equation 9 for **(a)** various excipients and APIs and **(b)** physical mixtures of MCC with DCPA. Markers plotted with open symbols indicate overcompressed tablets, where tensile strength decreases as compaction pressure increases and are not included in the fitting. Error bars are present in both x and y directions but are sometimes hidden by the symbols.

Figure 3. **(a)** The DCPD tabletability curve fitted with Equation 9 and a bootstrapped 95% confidence intervals projected to high pressures, and **(b)** MCC and urea with points from the concave region of the curve excluded from fitting to mimic the tabletability curve observed in DCPD. Open symbols represent data omitted from fitting.

Figure 4: β versus P_y for materials listed in Table S1. The blue and red fitted line and data point represent fitting to Equation 9 with and without fixing σ_{max} at σ_0 obtained from the Ryshkewitch equation, respectively.

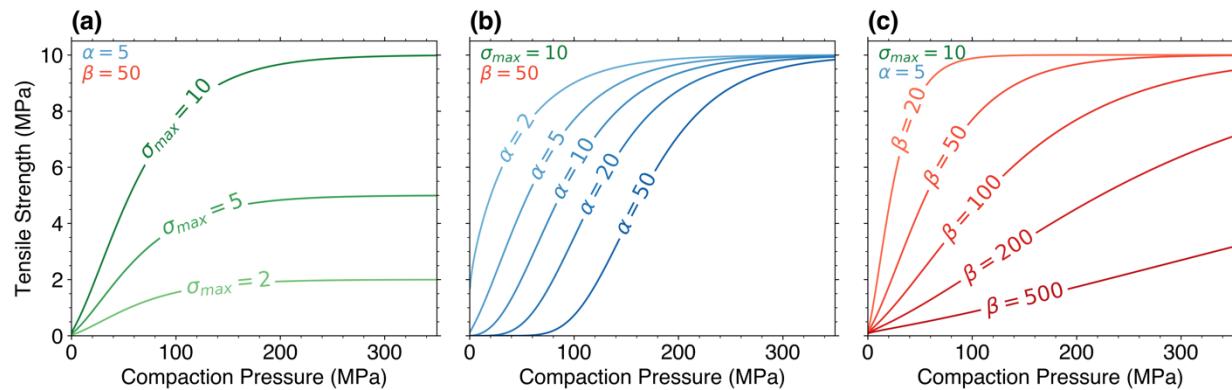


Figure 1. Theoretical tabletability profiles using different combinations of the three parameters in Equation 9. One parameter was systematically varied while keeping the other two unchanged to show the impact of each parameter on the shape of the profile, **(a)** σ_{max} , **(b)** α , **(c)** and β values.

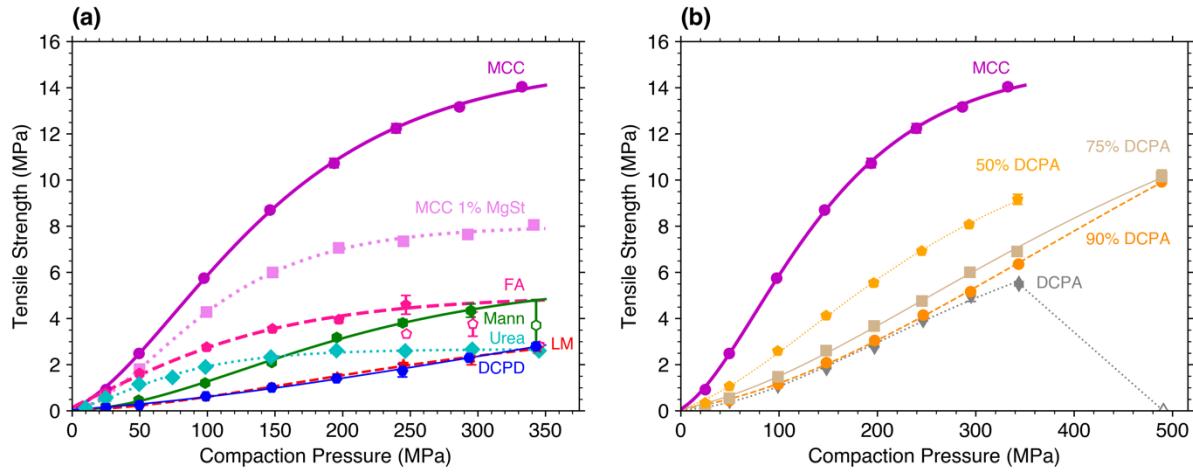


Figure 2. Tensile strength versus compaction pressure fitted with Equation 9 for (a) various excipients and APIs and (b) physical mixtures of MCC with DCPA. Markers plotted with open symbols indicate overcompressed tablets, where tensile strength decreases as compaction pressure increases and are not included in the fitting. Error bars are present in both x and y directions but are sometimes hidden by the symbols.

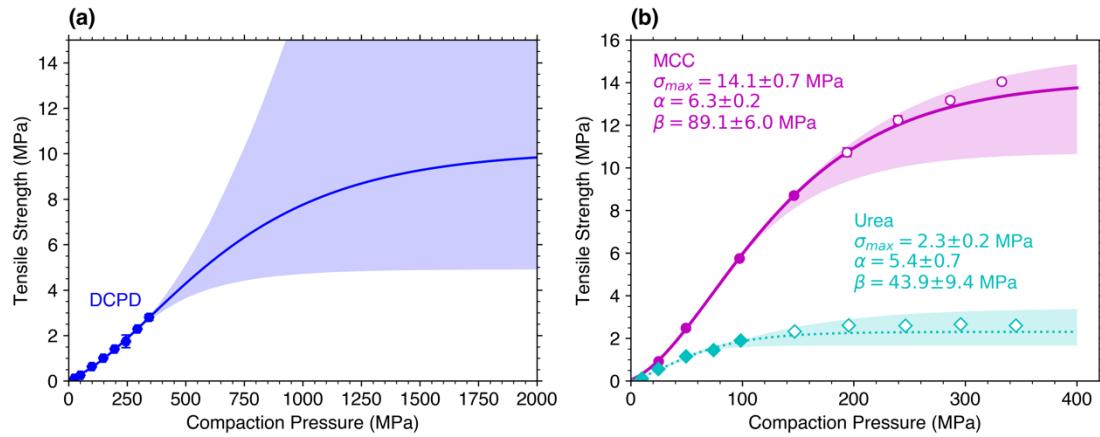


Figure 3. (a) The DCPD tableability curve fitted with Equation 9 and a bootstrapped 95% confidence intervals projected to high pressures, and (b) MCC and urea with points from the concave region of the curve excluded from fitting to mimic the tableability curve observed in DCPD. Open symbols represent data omitted from fitting.

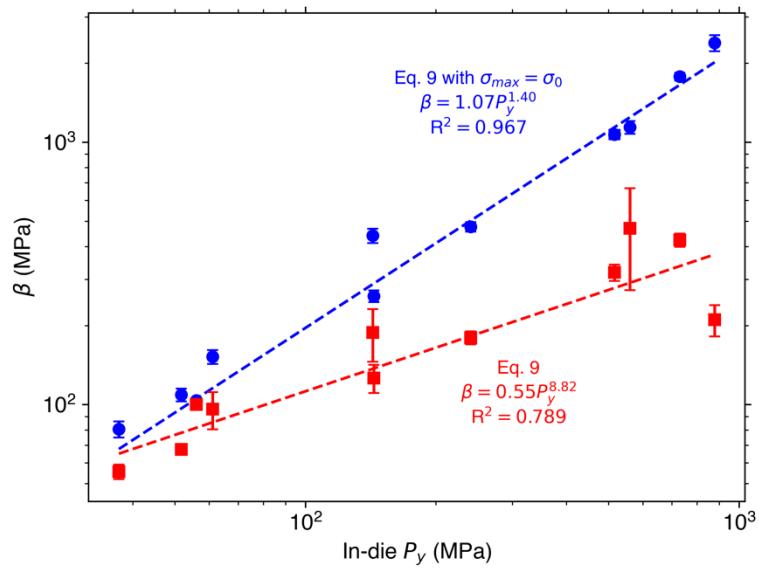


Figure 4: β versus P_y for materials listed in Table S1. The blue and red fitted line and data point represent fitting to Equation 9 with and without fixing σ_{max} at σ_0 obtained from the Ryshkewitch equation, respectively.

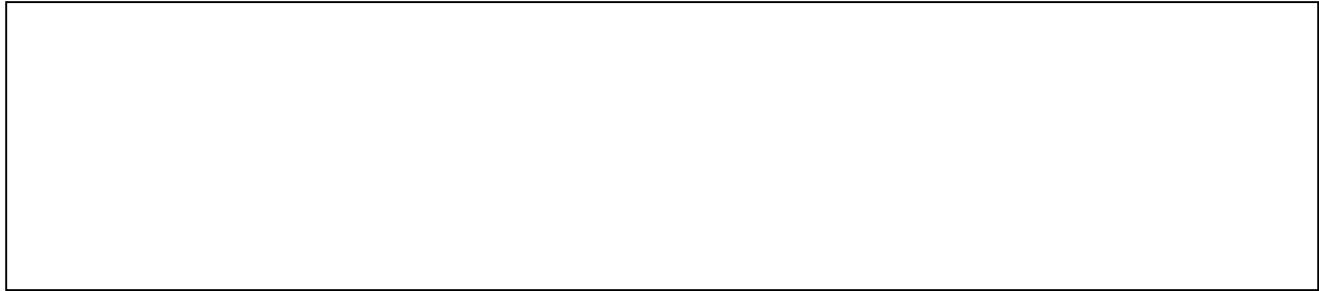
Gerrit Vreeman: Methodology, Formal analysis, Investigation, Writing- Original draft preparation.

Changquan Calvin Sun: Supervision, Conceptualization, Writing- Reviewing and Editing, Resources, Funding acquisition

Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

A large, empty rectangular box with a thin black border, occupying the lower half of the page. It is intended for authors to provide any necessary declarations of interests or conflicts of interest.



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