

1 **Support for faster and more adaptive Z chromosome evolution in two divergent**
2 **lepidopteran lineages**

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4 Running title: Fast and adaptive Z chromosome evolution

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12 **Conflicts of interest**

13 The authors declare no conflicts of interest.

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17 AJM conceived of this study, performed analyses, and wrote the manuscript text. MEH
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28 **Data accessibility**

29 *Manduca sexta* resequencing data can be found on NCBI's Sequence Read Archive with the
30 following accessions: SRP144217, PRJNA639154. *Danaus plexippus* RNA sequencing can be
31 found with PRJNA522622. The *M. sexta* expression data can be found as a supplementary table
32 in Cao and Jiang (2017), <https://doi.org/10.1186/s12864-017-4147-y>. The *D. plexippus*
33 sequencing data can be found in Zhan et al. (2014), <https://doi.org/10.1038/nature13812>.
34 Please see the supplement to this manuscript for specific samples used in these analyses.
35 Analysis scripts and input data files can be found at <https://github.com/WaltersLab/FastZ>.

36 Abstract

37 The rate of divergence for Z or X chromosomes is usually observed to be greater than
38 autosomes, but the proposed evolutionary causes for this pattern vary, as do empirical results
39 from diverse taxa. Even among moths and butterflies (Lepidoptera), which generally share a
40 single-origin Z chromosome, the handful of available studies give mixed support for faster or
41 more adaptive evolution of the Z chromosome, depending on the species assayed. Here, we
42 examine the molecular evolution of Z chromosomes in two additional lepidopteran species: the
43 Carolina sphinx moth and the monarch butterfly, the latter of which possesses a recent
44 chromosomal fusion yielding a segment of newly Z-linked DNA. We find evidence for both
45 faster and more adaptive Z chromosome evolution in both species, though this effect is strongest
46 in the neo-Z portion of the monarch sex chromosome. The neo-Z is less male-biased than
47 expected of a Z chromosome, and unbiased and female-biased genes drive the signal for adaptive
48 evolution here. Together these results suggest that male-biased gene accumulation and haploid
49 selection have opposing effects on long-term rates of adaptation and may help explain the
50 discrepancies in previous findings as well as the repeated evolution of neo-sex chromosomes in
51 Lepidoptera.

52 Introduction

53 Explaining patterns of genetic variation in natural populations is a foundational goal of
54 population genetics. In basic terms, variation is shaped by either selective or neutral processes.
55 But beneath this simplicity, dynamics quickly become more complicated. For example, the
56 efficiency of selection relative to drift depends on the effective population size of the genes in
57 question (Ohta 1992). Simple census population size is often a poor proxy for the effective
58 population size, as historical population size changes have long-lasting effects (Tajima 1989).

59 Also, different parts of the genome may have different population sizes due to either differences
60 in ploidy or conditional limitations on expression. For organisms with chromosomal sex
61 determination, the sex chromosomes present a particularly complex confluence of the above
62 processes (Wilson Sayres 2018).

63 Relative to the rest of the genome, sex chromosomes have smaller population sizes, occurring at
64 either one fourth (Y or W) or three fourths (X or Z) the frequency of autosomes. Evolution of the
65 Y and W is thought to be driven mainly by a lack of recombination, leading to the degeneration
66 of all but the essential genes in many cases (Charlesworth and Charlesworth 2000; Bachtrog
67 2013). X and Z chromosomes, however, maintain a large set of functional genes despite often
68 having a smaller population size than the autosomes. This should decrease the efficiency of
69 selection and increase genetic drift on sex-linked genes (Vicoso and Charlesworth 2009).

70 Conversely, because the X/Z is hemizygous in one sex, assuming differentiation between X-Y or
71 Z-W, new mutations may be more exposed to selection than on autosomes, increasing rates of
72 adaptation (Rice 1984; Charlesworth et al. 1987). Both of these scenarios (increased drift or
73 increased selection) may lead to more rapid rates of molecular evolution on the X/Z relative to
74 autosomes, a phenomenon called “Faster-X”/ “Faster-Z”. As such, although increased
75 divergence of sex chromosomes has been observed repeatedly (Baines et al. 2008; Meisel and
76 Connallon 2013; Kousathanas et al. 2014; Hayes et al. 2020), discerning between drift and
77 selection as the primary cause of this pattern remains an outstanding challenge in evolutionary
78 genomics.

79 A further complication to understanding sex chromosome evolution is the sex-biased expression
80 of many genes on the sex chromosomes. Because selection can only act on expressed
81 phenotypes, sex-biased genes should be shielded from selection in one sex and experience

82 increased divergence due to drift (Gershoni and Pietrokovski 2014; Dapper and Wade 2016).
83 However, as mentioned above, haploid selection could counter this reduced selection, but
84 (assuming both copies of the X/Z are expressed in the homogametic sex) this benefit will only
85 apply to male-biased genes on the X or female-biased genes on the Z. As such, the importance of
86 haploid selection compared to drift on the sex chromosomes should depend on the gene content
87 of the chromosomes (e.g. more efficient selection of female-biased genes on the Z may have
88 little overall impact on the chromosome if the vast majority of Z-linked genes are male-biased in
89 expression).

90 The X spends more time in females than males (and vice versa for the Z), which generates the
91 expectation that sex-biased genes will accumulate on the sex chromosomes, although whether
92 male- or female-biased genes accumulate is thought to be dependent on whether the average new
93 mutation in these genes is dominant or recessive (Rice 1984; Chapman et al. 2003). In practice,
94 however, the X is often found to be enriched for female-biased genes and the Z is commonly
95 observed to be male-biased in composition (Walters and Hardcastle 2011; Meisel et al. 2012;
96 Wright et al. 2012; Mank et al. 2014; Mongue and Walters 2017). In other words, the
97 composition of the sex chromosomes tends to be biased *against* the class of genes that could
98 drive adaptation through haploid selection (Baines et al. 2008). So although faster-Z adaptation
99 should be most apparent for female-biased genes (Parsch and Ellegren 2013; Sackton et al.
100 2014), the relative scarcity of Z-linked female-biased genes may limit both the importance of this
101 adaptation and our ability to detect it.

102 Finally, all of the above processes of increased drift or enhanced selection relative to the
103 autosomes exist within the bounds of the focal organism's demography and biology. In X
104 chromosome systems, evidence for more adaptive evolution tends to be associated with species

105 with larger absolute effective population sizes and consequently more efficient selection across
106 the genome (typically invertebrates, reviewed in Meisel and Connallon 2013; but see also
107 Whittle et al. 2020 for a lack of faster-X in a beetle). Relative effective population sizes between
108 the sex chromosomes and autosomes can vary between species as well, adding complexity.
109 Males of many species have higher variance in reproductive success than females (Bateman
110 1948), meaning that the number of successful male alleles is lower than the census count; the
111 degree of this difference depends on how much male-male competition exists in a population.
112 For the sex chromosomes, especially the male-biased Z, this can mean a further reduction in the
113 effective population size and a greater role for drift (Vicoso and Charlesworth 2009).

114 Compared to X chromosome systems, Z chromosome systems are less well-studied, with results
115 coming mostly from the single-origin Z chromosome of birds (Griffiths et al. 1998). These
116 studies indicate Z-linked genes diverge faster primarily due to increased genetic drift, not
117 adaptation (Mank et al. 2009; Wang et al. 2014; Wright et al. 2015; Xu et al. 2019; Hayes et al.
118 2020), though one study did show increased adaptive divergence on the Z by looking at
119 expression differences rather than sequence divergence (Dean et al. 2015). The relative
120 consistency of Z chromosome evolution in birds may be driven by the relatively low genome-
121 wide effective population size of these vertebrates (compared to invertebrates) or by other
122 idiosyncratic biology of birds. Most prominently, birds lack dosage compensation of the sex
123 chromosomes; in other words, genes on the single copy Z in females are generally expressed at a
124 lower level than genes expressed on the Z chromosomes of males (Ellegren et al. 2007; reviewed
125 in Gu and Walters 2017), which could reduce the selective advantage of beneficial alleles
126 expressed primarily in females (Charlesworth et al. 1987) and hinder adaptive evolution. As
127 such, the generalizability of a faster-Z driven primarily by drift is in question. If larger effective

128 population sizes yield greater adaptation on the sex chromosomes and dosage compensation
129 supports selection, then the strongest test for adaptive Z evolution should come from ZW
130 systems with large natural populations and dosage compensation of the sex chromosomes.

131 Butterflies and moths (Lepidoptera) are one of the oldest female-heterogametic groups and often
132 have estimated effective population sizes that are orders of magnitude larger than most
133 vertebrates (Mongue et al. 2019, based on nucleotide diversity at four-fold degenerate sites). So
134 even the Z chromosome, with three fourths the population size of autosomes, should have much
135 more efficient selection than found in most vertebrate species. Generally speaking the
136 lepidopteran Z chromosome's expression is balanced such that expression is equal between the
137 sexes (Gu and Walters 2017), removing one of the complications to untangling Z evolution in
138 birds. Moreover, recombination takes place in spermatogenesis but not oogenesis in Lepidoptera
139 (Turner and Sheppard 1975). As such, in a given generation, two-thirds of the Z chromosomes
140 will recombine (those found in males) while only half of the autosomes (being found equally in
141 males and females) will undergo recombination. This increased rate of recombination could help
142 overcome the smaller population size of the Z relative to autosomes as it should decrease the
143 linkage disequilibrium between loci and allow for more efficient selection. Yet in spite of this
144 confluence of factors, evidence for a lepidopteran faster-Z effect is mixed at best.

145 One study found faster rates of evolution on the Z (Sackton et al. 2014) but two others did not
146 (Rousselle et al. 2016; Pinharanda et al. 2019). Likewise, evidence for a more adaptive Z than
147 autosomes is conflicting, with two of the previous studies finding more adaptation (Sackton et al.
148 2014; Pinharanda et al. 2019) and the third finding the opposite: increased purifying selection
149 (Rousselle et al. 2016). These contradictory results are particularly baffling given that all
150 Lepidoptera share a single-origin Z chromosome (Fraïsse et al. 2017) and high levels of synteny

151 (*i.e.* conserved gene order) across their phylogeny (Ahola et al. 2014; Davey et al. 2016; Kanost
152 et al. 2016). Thus, differences in observed evolution may be attributable to a mixture of
153 methodology and lineage-specific effects (*e.g.* mating systems skewing effective population
154 sizes).

155 Here, we combine genomic data with gene expression analysis in a pair of distantly related
156 Lepidoptera to place existing studies in context and better understand whether and why the Z
157 chromosome evolves faster than autosomes. We take advantage of robust sequencing data in two
158 species with estimated autosomal effective population sizes greater than one million (Mongue et
159 al. 2019): the Carolina sphinx moth, *Manduca sexta*, and the monarch butterfly, *Danaus*
160 *plexippus*. Of particular importance, the monarch possesses a recent Z-autosome fusion, creating
161 a Z chromosome with roughly twice the number of genes found in the ancestral karyotype. The
162 exact age of this fusion is still unknown, but it is shared by all members of the genus *Danaus* but
163 no other members of the family Nymphalidae, to which *Danaus* belongs. Although these
164 butterflies also appear to possess a neo-W chromosome, there remains no detectable sequence
165 homology between the neo-Z and neo-W (as evidenced by in situ hybridization: Mongue et al.
166 2017; and a lack of heterozygosity on the neo-Z of females: Gu et al. 2019). As a result, many
167 previously autosomal genes have become sex-linked and haploid expressed in these butterflies.
168 Thus, the gene content, distribution, and differentiation of the neo-Z allows us to examine how
169 relatively newly sex-linked sequence evolves once it becomes haploid in one sex.

170 [Materials and Methods](#)

171 [Population resequencing, polymorphism, and divergence.](#)

172 For *Manduca sexta*, the within-species variation dataset came from published whole-genome
173 resequencing of 12 wild North Carolinian males and sequence divergence came from comparison

174 of *M. sexta* to a *Manduca quinquemaculata* male (Mongue et al. 2019). For *Danaus plexippus*,
175 polymorphisms and divergences came from a resequencing project (Zhan et al. 2014), from
176 which we selected 12 males from the North American migratory population of *D. plexippus* and
177 one *Danaus gilippus* male. Note that *D. gilippus* shares the neo-Z with *D. plexippus*, allowing for
178 an equivalent comparison in divergence rates across the genome. Polymorphism and expression
179 analyses both used as a reference *D. plexippus* genome assembly version 3 and gene set version
180 2 (OGS2.0) (Zhan and Reppert 2013).

181 For each gene, we took the whole-genome Illumina data described above through a variant-
182 calling pipeline described in Mongue *et al.* (2019). Briefly, we took adapter-removed, quality
183 trimmed data through the *Genome Analysis Toolkit* (version 3.7) pipeline (McKenna et al. 2010)
184 to generate a set of high-quality variants. Within-species reads were aligned to the reference
185 genome using *Bowtie2*'s very-sensitive-local aligner (Langmead and Salzberg 2012), while
186 heterospecific reads were aligned to the same reference with *stampy* v.1.0.22 with an increased
187 allowance for mismatches to better align divergent data (default parameters with the exception of
188 substitutionrate = 0.1, Lunter and Goodson 2011). Variant call files were hard-filtered to remove
189 low-quality variants (specific filtering parameters: Quality by Depth > 2.0 & Fisher Strand-bias
190 < 60 & Mapping Quality > 40); from the remaining single nucleotide variants, we classified each
191 as synonymous or non-synonymous using *SNPeff* (v. 4.2, Cingolani et al. 2012) and normalized
192 variant counts by the number of non-synonymous or synonymous sites in each gene using R
193 scripts in version 3.3.3 to annotate and sum the degeneracy of each amino acid coding site per
194 gene (R Core Team 2017).

195 Assignment of sex linkage

196 Z-linkage in *D. plexippus*, including the presence of a neo-Z segment, was previously
197 characterized using a combination of synteny with other Lepidoptera and differential sequencing
198 coverage between males and females (Mongue et al. 2017). Z-linkage in *M. sexta* has also been
199 previously assessed, though only via synteny (Kanost et al. 2016). To directly assess Z-linkage
200 via sequencing coverage differences, we generated new ~16x coverage Illumina sequencing from
201 a female *M. sexta* and compared coverage with a male sample with comparable sequencing depth
202 (S35, from Mongue et al. 2019) by aligning to a repeat masked version of the reference. We used
203 *BEDtools* (Quinlan and Hall 2010) to calculate the median coverage for each scaffold (to avoid
204 the skewing effect of read pile-ups around repetitive sequence that can bias the mean values) and
205 normalized scaffold medians for each sample by dividing by the mean of all medians. We then
206 assessed linkage by taking the \log_2 of the male:female coverage ratio for each scaffold. Under
207 this metric, Z-linked scaffolds are expected to group around 1 (indicating a two-fold greater
208 sequencing depth in males than females), while autosomal scaffolds cluster around 0 (equal
209 coverage between the sexes). Formally, we took all scaffolds above the N90 length with a
210 $\log_2(M:F) > 0.75$ to be Z-linked.

211 Gene expression and assessment of sex-bias

212 Gene expression levels (FPKM) for *M. sexta* were used as published from a large RNA-seq
213 dataset with numerous tissue-specific samples (Cao and Jiang 2017). We limited our analysis to
214 tissues with comparable male and female data: adult heads and antennae, as well as adult and
215 pupal gonads. While heads had four replicate observations, all other tissues were represented by
216 a single replicate.

217 Gene expression analysis in *D. plexippus* was based on RNA-seq data we previously generated,
218 only some of which has been reported in previous publications (Gu et al. 2019; Mongue et al.
219 2019). The complete data set employed here consists of triplicate samples from adults of both
220 sexes generated from a single outbred laboratory population for head, midgut, thorax, gonad, and
221 accessory glands (male only); see supplement for accessions of all samples. RNA extraction and
222 library construction were performed contemporaneously for all samples, with details as reported
223 in Gu *et al.* (2019). Using the OGS2 annotation, we aligned and quantified read counts with
224 RSEM (Li and Dewey 2011), then normalized to FPKM values with Trinity using a TMM
225 scaling factor (Grabherr et al. 2011). We averaged the three replicates to give a single expression
226 value per tissue and sex.

227 The sampling structure for expression data from these two species was heterogeneous. In
228 particular, the lack of replication for many of the *M. sexta* samples substantially limited gene-
229 wise statistical assessments of differential expression between sexes. To accommodate this
230 heterogeneous sampling while also aiming to employ comparable approaches between species,
231 we assessed sex-bias using a tissue-aggregated measure of expression specificity. Namely, we
232 calculated the specificity metric (SPM) for male versus female expression for each annotated
233 gene (Kryuchkova-Mostacci and Robinson-Rechavi 2017). We summed FPKM in each sex and
234 divided by the number of replicates for that tissue in that sex to obtain a mean value for each sex
235 and tissue combination. In the main results, we present analyses on all annotated genes with non-
236 zero expression, but we also confirmed that our results were not driven by spurious assignment
237 of sex-bias in genes with very low expression. In the supplement we present analyses for all
238 genes with FPKM > 5 in at least one sex, similar to Assis et al. (who used FPKM > 4, 2012). For
239 the genes under consideration, we calculated SPM as the square of expression in one sex divided

240 by the sum of squared expression in both sexes. This resulted in specificity values ranging from
241 0 to 1, inclusive, indicating what proportion of a given gene's expression was unique to one sex.
242 As implemented here, an $SPM = 1$ indicates completely female-specific expression, $SPM = 0$
243 indicates male-specific expression, and $SPM = 0.5$ reflects unbiased expression between the
244 sexes.

245 We sought to make our methodology comparable to existing studies that use fold-change in
246 expression to delineate sex-biased genes. In those analyses, sex-bias cut-offs are typically 1.5x
247 difference in expression between males and females (e.g. in Pinharanda et al. 2019). This
248 difference corresponds to a 70-30 bias in SPM. Thus, we classified female-biased genes as those
249 with $SPM > 0.7$ in females, male-biased genes with $SPM < 0.3$, and unbiased genes that fell
250 within the range of 0.3 to 0.7 (see Figure 1B & F for visualizations of these categories).

251 While this SPM approach flexibly accommodates the heterogenous structure of available
252 samples, one potential weakness is that it does not provide an assessment of statistical
253 significance for sex-bias (i.e., differential expression between sexes). To increase confidence in
254 the patterns we report for evolution of the Z chromosome, we verified that our results were
255 robust to the chosen SPM thresholds by re-analyzing the sex-bias data using a much stricter bias,
256 requiring 85% of a gene's expression to be limited to one sex to classify it as sex-biased. These
257 results were qualitatively the same as the more permissive bias cutoff, so we only present the
258 former here and the latter in the supplement.

259 To further show that the SPM approach provides a valid and informative assessment of sex-
260 biased expression, we performed a typical differential expression analysis on read counts from
261 the *D. plexippus* RNA-seq data with DESeq2, using an adjusted p-value cutoff of < 0.1 to define
262 significantly sex-biased genes. (Love et al. 2014). All other genes which passed the expression

263 minimum but were not significantly biased were labeled unbiased. We found strong agreement in
264 categorization of sex-biased genes between SPM and DEseq, with the caveat that the latter is
265 more conservative in defining sex-biased genes. Crucially, the two methods give equivalent
266 results when used to test adaptive evolution of sex-biased genes. A more detailed explanation of
267 this comparison can be found in the supplement.

268 It has been shown previously that both the *D. plexippus* and *M. sexta* Z chromosomes are
269 masculinized based on distributions of genes encoding sperm proteins (Mongue and Walters
270 2017), but this expression dataset affords the opportunity to validate those results with a more
271 complete set of sex-biased genes identified above. We used X^2 tests of independence to assess
272 whether or not the proportion of sex-biased genes differed between the autosomes and (neo-)Z
273 chromosomes.

274 Finally, it is possible that the effective population size of the Z is smaller than its census size in
275 the population (Vicoso and Charlesworth 2009). To investigate this, we identified putatively
276 neutral (four-fold degenerate) sites across the genome, and used the genomics tool ANGSD
277 (Korneliussen et al. 2014) to estimate heterozygosity (Watterson's Θ) for all four-fold degenerate
278 sites on the Z and autosomes separately. We then took the ratio of the mean per-site
279 heterozygosity of the two regions as our estimator for the difference in effective population size
280 between the sex chromosome and autosomes of each species.

281 [Statistical analysis of molecular evolution](#)

282 Because divergence and polymorphism rates are not normally distributed, we analyzed molecular
283 evolution with a series of non-parametric tests. Initially, we tested for a faster-Z effect by
284 comparing the scaled rate of divergence (dN/dS) of autosomal and Z-linked genes using Kruskal-
285 Wallis tests with either 1 degree of freedom in *M. sexta* or 2 degrees of freedom in *D. plexippus*

286 to account for 3 potential classes of linkage (autosomal, ancestral Z, and neo-Z). Next, we
287 assessed the effect of sex-biased gene expression (e.g. male- or female-limited expression) on
288 rates of evolution with another set of Kruskal-Wallis tests to determine if there was an effect of
289 sex-bias. In the case of significant results, we investigated pair-wise post-hoc differences with a
290 Nemenyi test (Nemenyi 1962; Pohlert 2014). Equivalent tests examining the effects of sex bias
291 and sex linkage on scaled rates of polymorphism (pN/pS) were performed for the within-species
292 data.

293 We combined the polymorphism and divergence data to calculate α , the proportion of
294 substitutions driven by adaptive evolution. Specifically, we used a calculation of the neutrality
295 index (NI, Stoletzki and Eyre-Walker 2011) for each class of genes to give us a point-estimate of
296 α ($= 1 - NI$) summed across genes within a bias class and linkage group. We assessed
297 significance via a permutation test framework, as in Mongue *et al.* (2019). We compared
298 evolution of two gene classes, calculated the point-estimate α for each, then took the absolute
299 value of the difference of these estimates as our permutation test statistic. Next, we combined the
300 two gene sets and randomly drew two permuted classes of sizes equal to the true classes without
301 replacement. We calculated the absolute difference in α for these two random gene sets for
302 10,000 permutations. In doing so, we built a distribution of differences in point estimates of α
303 that could be expected by chance alone. We then compared our true value to this distribution and
304 took the p-value to be the proportion of times we observed a greater value in the permuted
305 distribution than the true value.

306 To verify our inferences based on SNP calling, we also used ANGSD to estimate π and Tajima's
307 D at both four-fold and zero-fold degenerate sites across the genome. We examined differences
308 between the autosomes and the Z in both species but did not further partition the genomic

309 regions by sex-bias owing to limitations in ANGSD's ability to generate meaningful priors for
310 small portions of the genome. Finally, we assessed the potential for differences in linkage
311 disequilibrium across the genome using the `-geno-r2` option in VCFtools (Danecek et al. 2011)
312 to assess the correlation coefficient (ρ^2) between unphased genotypes in 50 base-pair windows
313 along the genome. For all of these ancillary population genetic statistics, we tested for
314 differences between (parts of) the Z and the autosomes using non-parametric tests, specifically
315 the Mann-Whitney-Wilcoxon test (the pairwise equivalent of the Kruskal-Wallis test).

316 Results

317 Assignment of sex-linkage in *Manduca sexta*

318 Based on previous synteny analyses comparing *Manduca sexta* to *Bombyx mori*, 27 scaffolds
319 were annotated as Z-linked in the *M. sexta* assembly (Kanost et al. 2016). By using previously
320 sequenced male and newly sequenced female genomic DNA to calculate male-female coverage
321 differences, we validated these previously annotated scaffolds and identified 9 additional
322 scaffolds as Z-linked. We considered only scaffolds above the genome N90 (45Kb) to avoid
323 coverage differences that could arise by chance on short sequences. We considered all scaffolds
324 with $\log_2(\text{M:F}) > 0.75$ as z-linked. The data showed no ambiguous scaffolds by coverage, with
325 two clearly separated distributions, one centered around 0 (autosomes) and another, smaller set
326 of scaffolds centered around 1 (Z-linked scaffold range: (0.80,1.20)). The visualization of these
327 distributions can be seen in supplemental Figure S1. We recovered all previously annotated 27
328 scaffolds as Z-linked and identified an additional 9 Z-linked scaffolds, spanning 2.1Mb and
329 containing an additional 43 annotated genes. Seven of these newly identified scaffolds were
330 previously not assigned to any chromosome owing to unclear sequence homology. The
331 remaining two were previously annotated autosomal based on linkage of *Bombyx* orthologs but

332 are clearly Z-linked in coverage bias. These scaffolds are relatively gene-poor (≤ 10 annotated
333 genes each) and may represent small-scale gene trafficking events between *Manduca* and
334 *Bombyx* but are unlikely to be the product of a large-scale fusion. This updated linkage
335 information is included as a supplementary datasheet.

336 Sex-bias on the Z chromosomes

337 Based on the assignment of sex-biased genes from the RNA-sequencing data (head, antennae,
338 and gonad in *M. sexta*; head, thorax, midgut, and gonad in *D. plexippus*), the gene-content differs
339 between the Z and autosomes in both *M. sexta* ($X^2_2 = 47.37$, $p = 5.2 \times 10^{-11}$) and *D. plexippus* (X^2_2
340 $= 30.04$, $p = 3.0 \times 10^{-7}$). In both species, this difference comes from an excess of male-biased
341 genes on the Z chromosome, as well as a paucity of female-biased genes on the *M. sexta* Z and
342 unbiased genes on the *D. plexippus* ancestral Z (Table 1). These results hold for both traditional
343 cutoffs for sex bias and for stricter criteria (see supplement). It is worth noting that the excess of
344 male biased genes on the Z chromosome is not the result of dosage effects, as both *M. sexta* and
345 *D. plexippus* have been shown to have sex-balanced expression on the Z (Smith et al. 2014; Gu
346 et al. 2019).

347 Divergence between species

348 The Z chromosome has higher scaled divergence than the autosomes in both species: *M. sexta*
349 ($X^2_1 = 6.89$, $p = 0.009$, Figure 1A, Table 2) and *D. plexippus* ($X^2_2 = 9.72$, $p = 0.008$). For *D.*
350 *plexippus*, we further classified the Z into the ancestral- (*i.e.* long-term sex-linked) and neo-Z
351 (the Z sequence resulting from an autosomal fusion). Based on the significant chromosomal
352 linkage effect, we conducted post-hoc testing and found that the signal for faster-Z evolution
353 comes primarily from the neo-Z, which diverges distinctly faster than the autosomes ($p = 0.006$,

354 Figure 1E) and marginally faster than the ancestral Z ($p = 0.048$, Table 2). On its own, the
355 ancestral Z is not faster evolving than the autosomes ($p = 0.99$).

356 In *M. sexta*, divergence rates did not differ between genes with differing sex-bias patterns on the
357 Z chromosome ($X^2_2 = 1.12$, $p = 0.571$, Figure 1C). On the autosomes however, there was a clear
358 effect of sex-biased expression ($X^2_2 = 26.26$, $p = 1.98 \times 10^{-6}$). Post-hoc testing revealed this to be
359 driven largely by male-biased genes, which have higher divergence rates than unbiased ($p =$
360 8.1×10^{-6}) or female-biased genes ($p = 4.2 \times 10^{-5}$). Female-biased genes do not evolve at a different
361 rate than unbiased genes ($p = 0.63$).

362 In *D. plexippus* as well, evolutionary rates of autosomal loci varied with sex-bias class ($X^2_2 =$
363 249 , $p < 1.0 \times 10^{-10}$, Figure 1G). Unlike *M. sexta* however, the effect of sex-bias did not differ
364 between sexes. Both male-biased ($p < 1.0 \times 10^{-10}$) and female-biased genes ($p < 1.0 \times 10^{-10}$)
365 evolve faster than unbiased genes, but male-biased and female-biased genes do not evolve
366 differently from each other ($p = 0.75$).

367 Considering the *D. plexippus* Z chromosome, both the ancestral ($X^2_2 = 9.99$, $p = 0.007$) and neo
368 ($X^2_2 = 11.85$, $p = 0.003$, Figure 1G) segments showed a sex-bias effect. For the ancestral Z, this
369 difference is driven solely by faster evolution of male-biased genes compared to unbiased genes
370 ($p = 0.005$); evolutionary rates of female biased genes did not differ significantly from the
371 unbiased nor male-biased genes on the ancestral Z. On the neo-Z, female-biased genes evolve
372 faster than both male-biased ($p = 0.044$) and unbiased genes ($p = 0.002$); divergence of male-
373 biased genes did not differ from unbiased on the neo-Z.

374 Genetic variation within species

375 In *M. sexta*, the scaled levels of non-synonymous polymorphism did not differ between the Z and
376 autosomes ($X^2_1 = 2.57$, $p = 0.110$). However, separately both silent (p_S : $W = 3243400$, $p < 1.0$
377 $\cdot 10^{-10}$ and π_S : $W = 2635900000$, $p < 1.0 \cdot 10^{-10}$) and non-silent (p_N : $W = 3194500$, $p < 1.0 \cdot 10^{-$
378 10 and π_N : $W = 44765000000$, $p < 1.0 \cdot 10^{-10}$), were significantly lower for the Z than the
379 autosomes (Table 2). Scaled polymorphism differed between the different sex bias classes
380 (Figure 1D, $X^2_2 = 43.45$, $p = 3.7 \cdot 10^{-10}$). Here again, male-biased genes showed increased non-
381 synonymous variation compared to unbiased genes ($p = 1.4 \cdot 10^{-10}$) and female-biased genes (p
382 $= 0.002$). Female-biased and unbiased genes did not significantly differ from each other ($p =$
383 0.14).

384

385 In *D. plexippus*, polymorphism strongly differed between the Z and autosomes (Figure 1H, $X^2_2 =$
386 34.18 , $p = 38 \cdot 10^{-8}$). Both the ancestral Z ($p = 3.9 \cdot 10^{-7}$) and neo-Z ($p = 0.02$) had lower levels
387 of scaled non-synonymous polymorphism than the autosomes, but the two portions of the Z did
388 not differ from each other ($p = 0.27$). Individually, p_N and p_S were both higher on the autosomes
389 than the ancestral Z (p_N : $p < 1.0 \cdot 10^{-10}$, p_S : $p < 1.0 \cdot 10^{-10}$), as well as the neo-Z compared to
390 the ancestral Z (p_N : $p = 7.3 \cdot 10^{-8}$, p_S : $p < 1.0 \cdot 10^{-10}$) but the autosomes and neo-Z did not differ
391 from one another by these metrics (p_N : $p = 0.10$, p_S : $p = 0.86$). When considering only π at
392 either zero-fold or four-fold degenerate sites however, we recovered the pattern that the
393 autosomes had the highest levels of variation (π_N : $p < 1.0 \cdot 10^{-10}$ vs neo-Z and ancestral Z, π_S : $p <$
394 $1.0 \cdot 10^{-10}$ vs neo-Z and ancestral Z) followed by the neo-Z (π_N : $p < 1.0 \cdot 10^{-10}$ vs ancestral Z, π_S :
395 $p < 1.0 \cdot 10^{-10}$ vs ancestral Z), then the ancestral Z (see Table 2 for point estimates).

396 Genes of differing sex-bias class did not vary in rates of polymorphism on either part of the Z
397 (ancestral: $X^2_2 = 2.70$, $p = 0.259$; neo: $X^2_2 = 5.75$, $p = 0.06$). In contrast, autosomal genes did
398 differ: female-biased genes showed the highest rates of polymorphism, higher than male-biased
399 ($p = 1.8 \times 10^{-10}$) or unbiased genes ($p < 1.0 \times 10^{-10}$); male-biased genes had elevated rates of
400 polymorphism compared to unbiased genes ($p < 1.0 \times 10^{-10}$).

401 Evidence for adaptive evolution

402 To examine rates of adaptation, we estimated the proportion of adaptive substitutions (α) first for
403 Z versus autosomes as a whole, then further partitioning loci by sex-biased expression. In *M.*
404 *sexta*, the Z overall showed more adaptive evolution than the autosomes ($p = 0.039$), in spite of
405 slightly, albeit significantly, higher Tajima's D values at both non-silent ($W = 2737900000$, $p =$
406 0.0002) and silent ($W = 2920800000$, $p = 1.6 \times 10^{-9}$) sites (Table 2). Adaptation of male-biased (p
407 $= 0.340$) and female-biased genes ($p = 0.812$) did not differ based on genomic location, but genes
408 with unbiased expression showed higher rates of adaptive evolution (α) on the Z chromosome
409 than the autosomes ($p = 0.007$; Figure 2A), in spite of non-significant differences in dN/dS for
410 unbiased genes. Instead, this result stems from a marginally higher dN/dS and marginally lower
411 pN/pS in combination.

412 In *D. plexippus*, the Z also exhibited increased rates of adaptation compared to autosomes ($p =$
413 0.0004 ; Figure 2B, left). Considered separately, both the ancestral and neo-Z segments evolved
414 more adaptively than the autosomes (ancestral-Z vs. autosomes: $p = 0.0338$, neo-Z vs.
415 autosomes: $p = 0.0005$). The neo-Z segment trended towards more adaptive evolution than the
416 ancestral Z, but not strongly ($p = 0.079$). Estimates of Tajima's D also reinforce the notion of
417 stronger directional selection on the neo-Z, where D values at zero-fold degenerate sites were
418 significantly more negative than the autosomes ($W = 547230000$, $p < 1.0 \times 10^{-10}$) or the ancestral

419 Z ($W = 1078300000$, $p = 0.0052$, Table 2). Regarding sex-bias, we found that male-biased genes
420 evolved more adaptively on the ancestral Z than the autosomes ($p = 0.0177$) but that differences
421 in adaptation could not be distinguished between the neo-Z and the rest of genome (autosomal
422 vs. neo-Z $p = 0.318$, ancestral vs neo-Z $p = 0.500$). In contrast, female-biased genes evolved
423 more adaptively on the neo-Z than the autosomes ($p = 0.0474$) or ancestral Z ($p = 0.008$).
424 Additionally, ancestrally Z-linked female-biased genes did not evolve differently than their
425 autosomal counterparts ($p = 0.539$). Furthermore, unbiased genes on the neo-Z showed greater
426 rates of adaptation than unbiased genes on the autosomes ($p = 0.018$) or ancestral Z ($p = 0.048$).

427 The effective population size of the Z chromosome

428 Under simple biological conditions, we expect the ratio of Z:Autosomes population sizes to be
429 0.75 (Wilson Sayres 2018); however, because female Lepidoptera have achiasmatic meiosis (i.e.
430 chromosomes do not undergo recombination), this expectation may be naïve (Turner and
431 Sheppard 1975). We examined levels of diversity (Watterson's Θ) at four-fold degenerate (i.e.
432 putatively neutral) sites on the Z and autosomes and took the ratio of the means of these two
433 classes to be an estimator for the difference in effective population size. We found that, in
434 practice, this ratio for *M. sexta* is much lower than expected ($Ne_Z:Ne_A = 0.44$). For *D. plexippus*,
435 the difference in population sizes is less skewed ($Ne_Z:Ne_A = 0.66$). Intriguingly, this difference is
436 not uniform across the *D. plexippus* Z. The ancestral portion of the Z has a lower population size,
437 $Ne_{Z_Anc}:Ne_A = 0.58$, but the neo-Z holds essentially as much diversity as the autosomes,
438 $Ne_{Z_Neo}:Ne_A = 0.98$. In line with these expectations, we found that linkage disequilibrium across
439 50 base-pair windows was higher on the Z than the autosomes in *M. sexta* ($\rho^2 = 0.358$ vs 0.355,
440 $W = 7.13 \cdot 10^{12}$, $p < 1.0 \cdot 10^{-10}$); conversely, for *D. plexippus*, linkage disequilibrium did not
441 differ across the Z or autosomes (Z_{Anc} vs Z_{Neo} : $W = 5.59 \cdot 10^{10}$, $p = 0.5147$; Z_{Anc} vs Autos: $W =$

442 1.62×10^{12} , $p = 0.3904$; Z_{Neo} vs Autos: $W = 1.76 \times 10^{12}$, $p = 0.06867$). Comparing between species,
443 ρ^2 was consistent lower in *D. plexippus* (Z_{Anc} : 0.144, Z_{Neo} : 0.143, Autos: 0.136).

444 Discussion

445 New evidence for a faster-Z

446 While previous evidence for faster-Z evolution in Lepidoptera has been mixed, we found that the
447 Z chromosome is faster evolving (*i.e.* has elevated dN/dS) than the autosomes in two distantly
448 related Lepidoptera: *Manduca sexta* and *Danaus plexippus*. At first pass, our results seemingly
449 suggest a long-term faster-Z evolution, bolstered by similar results in silkmoths (Sackton et al.
450 2014), but at odds with other studies in butterflies (Rousselle et al. 2016; Pinharanda et al. 2019).
451 However, a more nuanced consideration indicates some congruence with both sets of studies. *D.*
452 *plexippus* shows an overall faster Z, but this result is driven by the neo-Z portion of the
453 chromosome evolving faster than the autosomes. Considering only the ancestral portion, which is
454 homologous to the Z of the butterflies previously studied, there is no evidence for increased
455 divergence on the ancestral-Z in *D. plexippus*. Nevertheless, evidence for higher rates of adaptive
456 evolution (α) on the Z is less ambiguous in our insects; both *M. sexta* and *D. plexippus* showed
457 overall more adaptation for Z-linked genes, as reported in *Bombyx mori*.

458 Beginning with the simpler case in *M. sexta*, we found that increased adaptation on the Z
459 chromosome is driven by genes with unbiased expression. These genes are haploid expressed in
460 females and should experience more efficient selection than unbiased genes on the autosomes
461 (which are always diploid in expression). Female-biased genes should follow this pattern as well,
462 but the lack of a clear signal might be attributable to the small number of female-biased genes on
463 the Z, which reduces our power to detect differences. Moreover, the effective population size of
464 the *M. sexta* Z compared to the autosomes is much lower than the neutral expectation (0.44 vs.

465 0.75). With such a decrease in the population of Z chromosomes, selection is predicted to be less
466 efficient (Vicoso and Charlesworth 2009) and may further limit the adaptive evolution of female-
467 biased genes. These lines of reasoning track well with Tajima's D, which is less negative for
468 selected sites on the Z than the autosomes in this species. Thus a combination of weakened
469 positive selection for male-biased genes and less population growth on the sex chromosome
470 overall appears explains differences with the autosomes in *M. sexta*.

471 Sex chromosome evolution in *Danaus* presents a more complicated case than that of *M. sexta*,
472 owing to the Z-autosomal fusion in this genus (Mongue et al. 2017). This fusion event added a
473 large number of previously autosomal genes to the Z. Intriguingly, it is the neo-Z that best fits
474 with predictions for adaptive Z evolution; increased adaption is concentrated in unbiased and
475 female-biased genes, which are more abundant on the neo-Z than the ancestral Z. Similarly,
476 Tajima's D is at its most negative in the genome on the neo-Z. In principle this could arise
477 through either recurrent positive selection, as suggested by differences in α , or a large expansion
478 in population size relative to the autosomes. It is worth noting that the neo-Z has an inferred
479 effective population size nearly equal to that of the autosomes ($Ne_{Z_neo}:Ne_{Autos} = 0.98$). This is an
480 unexpected result that is difficult to explain.

481 To begin with, the parity cannot be attributed to sequence homology with a neo-W. Any existing
482 neo-W chromosome must be highly divergent from the neo-Z because neither alignment of
483 sequencing data nor *in situ* hybridization of labeled probes indicate any conserved sequence
484 between the Z and W or remaining autosomes (see Mongue et al. 2017 for details; Gu et al.
485 2019), so there is no evidence for anything like a W-linked "pseudo-autosomal region" to
486 explain comparable Z vs autosomal heterozygosity. Such parity may also arise due to biased sex
487 ratios or greater variance in the reproductive success of the heterogametic sex, as seen in other

488 taxa (Hedrick 2007; Ellegren 2009). A skewed sex ratio seems unlikely in this case, as only a
489 male-biased population would restore parity to the Z:A ratio. *Danaus plexippus* has one of the
490 most closely-monitored populations of any insect (Oberhauser and Solensky 2004), and no such
491 dynamics have been observed (on the contrary, another *Danaus* species is known for male-
492 killing genetic elements (Smith et al. 2016)). High variance in female reproductive success could
493 generate similar effective population sizes for the Z and autosomes (Vicoso and Charlesworth
494 2009). However, available evidence indicates that *Danaus* females very rarely fail to mate in the
495 wild, so variance in female reproduction also does not explain the observed neo-Z versus
496 autosomal population sizes (Pliske 1973). Ultimately, both sex ratio bias and female mating
497 variance, even if they occurred, should theoretically affect the ancestral and neo-Z equally, and
498 thus would not explain the discrepancy observed between the two portions of the Z.

499

500 A more plausible, albeit complicated, explanation involves the lack of recombination in female
501 Lepidoptera, leaving male meiosis as the only opportunity for recombination (Turner and
502 Sheppard 1975). With equal sex ratios, in a given generation only one half of the autosomes will
503 recombine, but two thirds of the Z chromosomes undergo recombination. This elevation in
504 relative recombination rate can aid in adaptive evolution by decoupling deleterious alleles and
505 bringing together beneficial variants; as such, linkage disequilibrium should decay faster on the
506 Z than the autosomes, leading to less of a reduction in effective population size associated with
507 selective events. In other words, the default prediction for the lepidopteran Z to autosome ratio
508 might be closer to 1 than 0.75. In a similar vein, population growth has been shown to impact
509 genetic diversity on the sex chromosomes more than the autosomes (Pool and Nielsen 2007), and
510 *D. plexippus* has apparently undergone recent population expansion in North America (Zhan et

511 al. 2014; Mongue et al. 2019). Under this paradigm, the neo-Z fits the expectation, but the
512 ancestral-Z has much lower-than-expected diversity. This observation, along with the male-
513 biased composition of the ancestral Z, fits with the observed strong purifying selection on male-
514 biased genes (as observed on the autosomes of *D. plexippus* in Mongue et al. 2019). Purifying
515 selection on male-biased genes on the ancestral Z, positive selection of novel beneficial female-
516 biased variants on the neo-Z, and the relatively high recombination of the Z may act to decouple
517 the effective population sizes of the neo- and ancestral Z. Lepidoptera are generally observed to
518 have one crossover event per chromosome per male meiosis (linkage maps from two highly
519 diverged species both estimate the average chromosome size at about 50 centimorgans:
520 Yamamoto et al. 2008; Davey et al. 2017), which would be enough to separate the evolutionary
521 trajectory of the two halves of the Z.

522 Examining patterns of linkage disequilibrium, we found that linkage was comparable across
523 both halves of the *D. plexippus* Z and the autosomes. In absolute terms, linkage disequilibrium
524 was much lower in *D. plexippus* than in *M. sexta*. These results suggest that linkage should decay
525 quickly enough on the neo-Z to separate it from linked selection on the ancestral Z, but they also
526 point to lineage specific effects that differentiate the two species we study here. One obvious
527 difference is that, although both are broadly distributed North American insects, migratory *D.*
528 *plexippus* form a massive panmictic population across the continent (Lyons et al. 2012) but *M.*
529 *sexta* populations are geographically structured, with at least one segregating Z-linked inversion
530 (Mongue and Kawahara 2020), meaning that starting pool of recombining alleles should be much
531 larger in *D. plexippus*.

532 Whatever the cause of this difference, the high effective population size of the neo-Z should
533 permit selection to remove deleterious variation more efficiently on the neo-Z than on the

534 autosomes for all dominance coefficients of mutations (Vicoso and Charlesworth 2009).
535 Moreover, the dosage of the neo-Z is compensated differently to that of the ancestral Z. While
536 the ancestral Z is down-regulated in males such that expression is balanced between the sexes
537 ($ZZ\downarrow = Z$), the neo-Z is upregulated in females to create balance ($Z\uparrow=ZZ$, Gu et al. 2019). If, as
538 theory predicts, the selective importance of variants is related to the level of their expression
539 (Vicoso and Charlesworth 2009), then the relatively higher expression of the neo-Z and lower
540 expression of the ancestral Z also help explain the differing rates of molecular evolution across
541 the *D. plexippus* Z chromosome.

542 Reconciling existing investigations of lepidopteran Z chromosome evolution

543 Our results most strongly agree with existing work from the silkworm genus *Bombyx* (Sackton et
544 al. 2014), which found both fast and adaptive Z effects. Efforts in other butterflies have found no
545 faster-Z effect. In the case of satyr butterflies, this negative result may be attributable to “noisy”
546 sequence data (*de novo* transcriptome assemblies) and potential uncertainty in Z-linkage (which
547 was inferred from sequence homology alone) (Rousselle et al. 2016). In the case of *Heliconius*
548 butterflies, it is worth noting that point estimates for α and dN/dS largely fit predictions for a fast
549 and adaptive Z, but results did not differ significantly between the Z and autosomes thanks to
550 high variance in these estimates, especially on the Z chromosomes (Pinharanda et al. 2019). In
551 this case, the use of a relatively small RNA-sequencing dataset limited the number of sex-biased
552 genes with which to work; only 200 of ~700 total Z-linked genes were analyzed.

553 Nonetheless, these lepidopteran faster-Z studies suggest a phylogenetic signal for Z chromosome
554 evolution. *Bombyx* and *Manduca* are from sister families of moths (Kawahara and Breinholt
555 2014) and share patterns of faster and more adaptive Z evolution. Satyrs, *Heliconius*, and
556 *Danaus* butterflies all fall within the family Nymphalidae and show mixed to negative evidence

557 for increased divergence and adaptation on the (ancestral) Z. In other words, there is more
558 agreement for Z chromosome evolution for more closely related species. These observations
559 demonstrate that sex-linkage *per se* does not lead to consistent evolutionary outcomes for the
560 genes involved. Instead faster-Z evolution likely depends on the demographic history or degree
561 of sex-bias of the Z chromosomes examined. This is illustrated by the relatively young neo-Z in
562 *Danaus*, which is not masculinized like the ancestral Z and instead appears comparable to
563 autosomes in the proportion of unbiased and female-biased genes (Mongue and Walters 2017).
564 The neo-Z fits completely within the theoretical prediction for adaptive faster-Z evolution,
565 evolving faster due to increased adaptation of unbiased and female-biased genes that are subject
566 to haploid selection (Charlesworth et al. 1987).

567 These observations raise the possibility that faster-Z dynamics may be transient rather than
568 perpetual. Adaptive evolution of the sex chromosomes is thought to be driven by the hemizygous
569 expression of some genes in one sex (Charlesworth et al. 1987), but depending on the dominance
570 of gene expression, genes benefitting the opposite sex are predicted to accumulate on that sex
571 chromosome (Rice 1984). As such, if the sex chromosomes change composition over
572 evolutionary time, they may bias towards alleles benefitting the homogametic sex (e.g. male-
573 benefitting, male-biased genes on the Z). Genes with haploid expression (e.g. unbiased or
574 female-biased genes), will become less abundant and thus less important to the evolution of the
575 chromosome. Moreover, if sexual selection produces high variance in male reproductive success,
576 the effective population size of Z chromosomes can be depressed below the census size, further
577 limiting the role of positive selection on the few unbiased or female-biased left on the Z.
578 Particularly old sex chromosomes should be more likely to experience these effects.

579 This dynamic may also explain the abundance of neo-Z chromosomes in Lepidoptera (Nguyen et
580 al. 2013; Nguyen and Paladino 2016; Mongue et al. 2017). Conserved synteny implies that
581 small-scale gene trafficking events are rare (but evidence is somewhat contradictory here as well,
582 see: Toups et al. 2011; Wang et al. 2012) and fusion-fission events may be the key source of
583 linkage shuffling. For a highly masculinized Z chromosome, a sudden influx of unbiased and
584 female-biased genes can create strong positive selection and favor these fused chromosomes,
585 even at initially low frequencies. Under this paradigm, even the seemingly contradictory findings
586 on Z chromosome evolution can be reconciled as being the product of lineage-specific
587 differences in sex-biased gene content and chromosomal history. If this line of reasoning is
588 accurate, it should be borne out by investigating other, independently-evolved neo-Z
589 chromosomes.

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792 **Table 1.** Sex bias of the Z chromosomes in the two species studied with gene counts and proportions in
793 parentheses. Sex bias is based on expression analysis of heads, antennae, and gonads in *M. sexta* and
794 heads, thoraces, midguts, and gonads in *D. plexippus*. In both species, composition of the Z differs from
795 composition of the autosomes due to an increased proportion of male-biased Z-linked genes (based on X^2
796 p-values $< 1.0 \times 10^{-6}$; note that this significant result holds in *Danaus plexippus* whether the Z is
797 considered as one category or two (i.e. neo and ancestral)). The *Manduca sexta* Z is depleted for female-
798 biased genes, while the monarch (ancestral-)Z is depleted for unbiased genes.

	Carolina sphinx moth (<i>Manduca sexta</i>)		Monarch butterfly (<i>Danaus plexippus</i>)		
	Autosomes	Z	Autosomes	Ancestral Z	Neo-Z
Male-biased	2477 (0.21)	177 (0.34)	4721 (0.35)	279 (0.47)	184 (0.39)
Unbiased	7219 (0.63)	295 (0.56)	7529 (0.56)	278 (0.46)	243 (0.52)
Female-biased	1856 (0.16)	55 (0.10)	1248 (0.09)	44 (0.07)	41 (0.09)

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818 **Table 2.** Population genetic parameters across the genomes of both Lepidoptera. Median values are given
819 for divergence and polymorphism estimates (to avoid skew from outliers), while means are reported for
820 Tajima's D (as in every case, the median value is centered on zero). Mean linkage disequilibrium (ρ^2)
821 reported for 50 basepair windows. Standard deviations appear in parentheses. **Bolded numbers** are
822 significantly higher than the other other(s) in their category; see results for exact p-values. **Bolded and**
823 **underlined numbers** are higher than both others (e.g. dN on *D. plexippus* neo Z > ancestral Z >
824 autosomes). Patterns are consistent with reduced within-population variation on the *Manduca* Z and
825 *Danaus* ancestral Z relative to the autosomes at both putatively neutral and selected sites. The neo-Z
826 however holds roughly as much variation as the *Danaus* autosomes. The neo-Z is also notable in having
827 the most negative Tajima's D value in the *D. plexippus* genome at selected sites.

	<i>M. sexta</i>		<i>D. plexippus</i>		
	Autosomes	Z	Autosomes	Ancestral Z	Neo-Z
dN	0.0037 (±0.016)	0.0049 (±0.008)	0.0016 (±0.006)	0.0032 (±0.006)	<u>0.0044</u> (±0.009)
dS	0.0158 (±0.028)	0.0181 (±0.034)	0.0347 (±0.045)	0.0667 (±0.048)	0.0750 (±0.054)
dN/dS	0.2589 (±0.665)	0.2805 (±0.817)	0.0583 (±0.366)	0.0570 (±0.255)	0.0757 (±0.269)
pN	0.0068 (±0.022)	0.0034 (±0.019)	0.0043 (±0.012)	0.0020 (±0.006)	0.0037 (±0.007)
pS	0.0232 (±0.050)	0.0104 (±0.069)	0.0545 (±0.053)	0.0346 (±0.039)	0.0522 (±0.040)
pN/pS	0.3056 (±0.282)	0.3188 (±0.325)	0.0908 (±0.245)	0.0678 (±0.203)	0.0776 (±0.115)
π_N	<u>8.82*10⁻⁹</u> (±0.030)	4.68*10 ⁻⁹ (±0.022)	<u>1.83*10⁻⁵</u> (±0.029)	7.80*10 ⁻⁶ (±0.022)	1.03*10⁻⁵ (±0.024)
π_S	<u>5.96*10⁻⁸</u> (±0.082)	2.23*10 ⁻⁸ (±0.055)	<u>1.36*10⁻⁴</u> (±0.080)	5.19*10 ⁻⁵ (±0.061)	1.16*10⁻⁴ (±0.080)
Tajima's D ₀	-0.0795 (±0.433)	-0.0419 (±0.319)	-0.3341 (±0.673)	<u>-0.2749</u> (±0.613)	-0.3692 (±0.696)
Tajima's D ₄	-0.0259 (±0.510)	-0.0171 (±0.392)	-0.2702 (±0.631)	-0.2734 (±0.643)	-0.2584 (±0.629)
ρ^2	0.3546 (±0.396)	0.3577 (±0.398)	0.1364 (±0.308)	0.1437 (±0.317)	0.1430 (±0.316)

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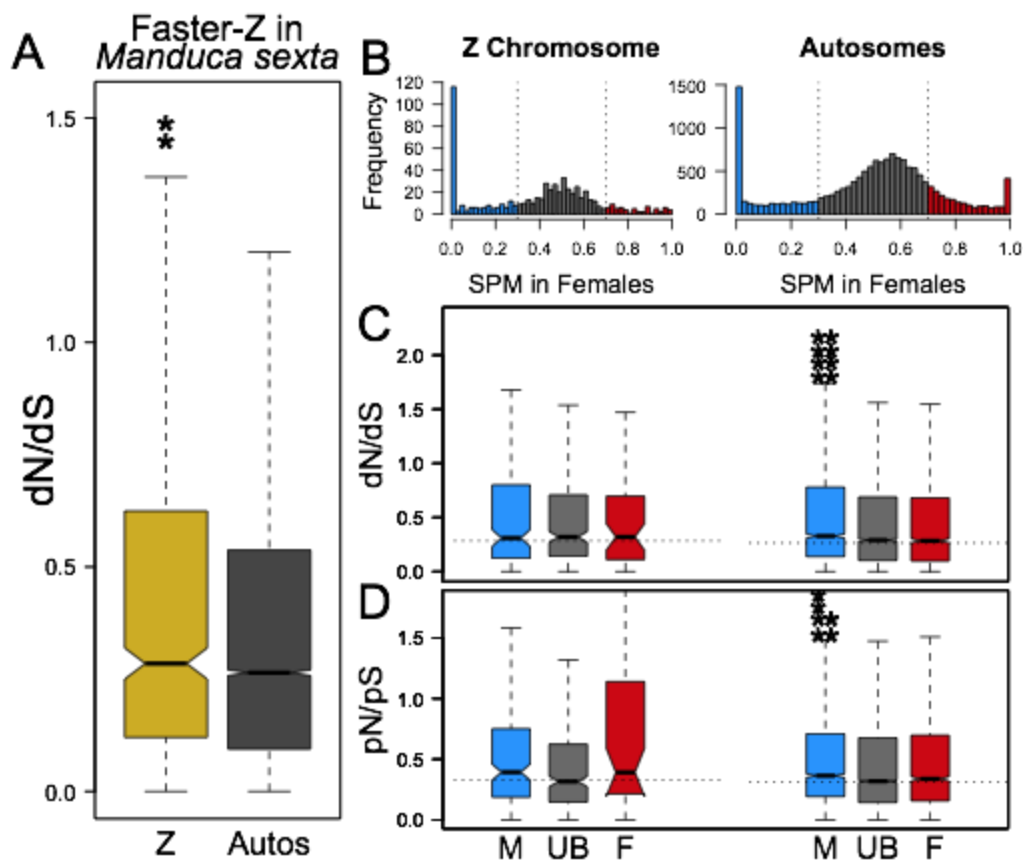
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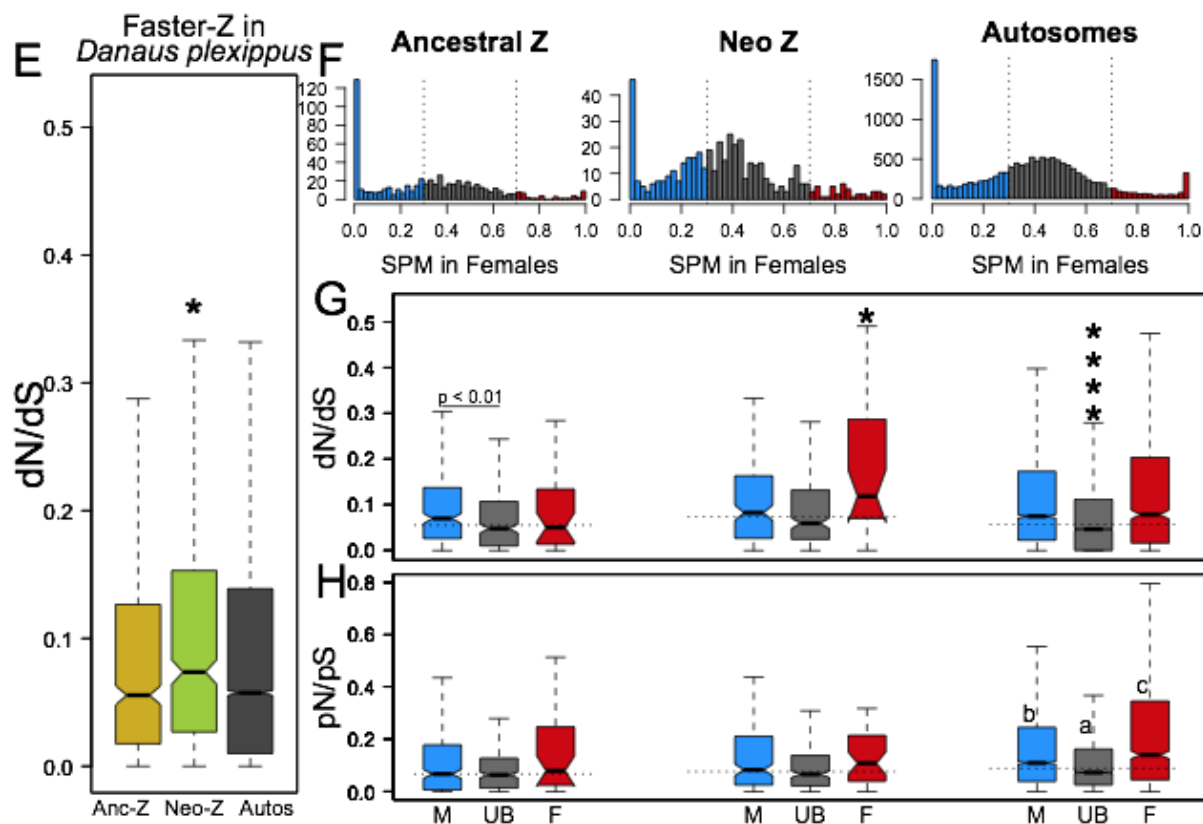
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838 **Figure 1.** Faster-Z evolution in *Manduca sexta* and *Danaus plexippus*. Throughout, asterisks represent
839 statistical differences of one group from all others to which it is compared, with the number of asterisks
840 indicating the level of significance (* < 0.05, ** <0.01, *** <0.001, **** p < 0.0001 and below.).
841 Horizontal lines with significance annotations are given for significant pairwise differences. **A.** The Z
842 evolves faster than the autosomes in *Manduca sexta*. **B.** The distributions of sex-bias for both Z-linked
843 (left) and autosomal (right) genes are plotted with dashed lines to indicate the traditional cutoff points for
844 sex-bias analysis. Bias is plotted such that higher SPM values are more female biased in expression, while
845 values closer to 0 are male-biased. **C.** Rates of divergence for genes in each sex-bias class (M: male-
846 biased, UB: unbiased, F: female-biased). In *M. sexta*, only autosomal genes show differences between
847 rates of evolution of genes with different sex-bias. **D.** Likewise, male-biased genes have higher pN/pS
848 than on other bias classes, but only on the autosomes. **E.** The neo-Z is the source of a faster-Z signal in *D.*
849 *plexippus*. **F.** Again we plot distributions of sex-bias categories for genes on the ancestral Z (left), neo-Z
850 (middle), and autosomes (right). **G.** Male-biased genes evolve more quickly on the ancestral Z. Female
851 biased genes evolve more quickly on the neo-Z, and unbiased genes evolve more slowly on the
852 autosomes. **H.** Finally, sex-biased genes hold different levels of polymorphism on the autosomes, with
853 unbiased genes having the lowest pN/pS, followed by male-biased, then female-biased with the highest
854 (graphically represented as $a < b < c$).

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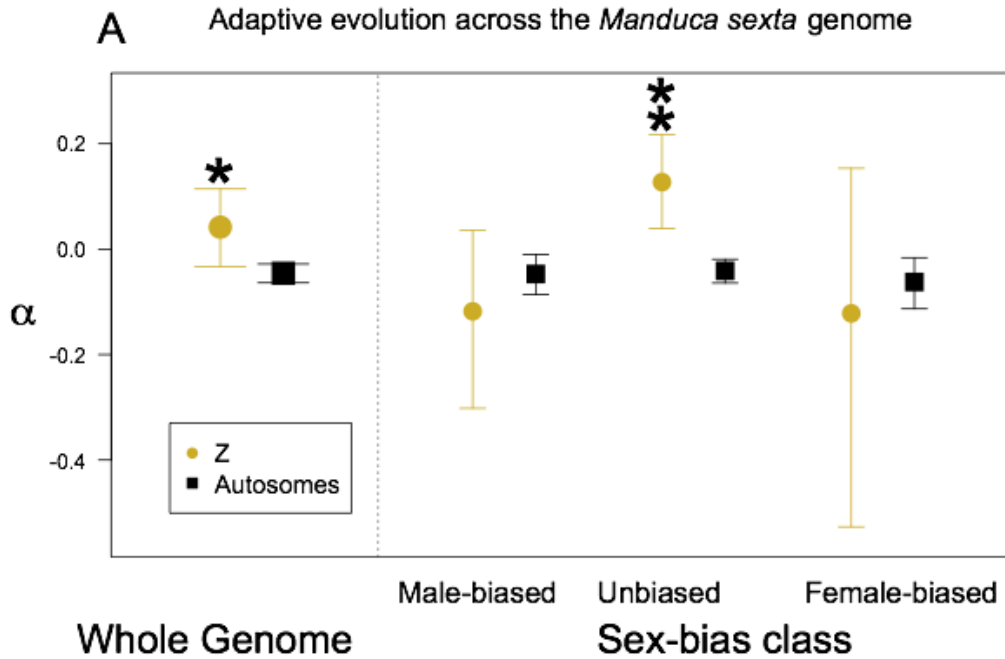
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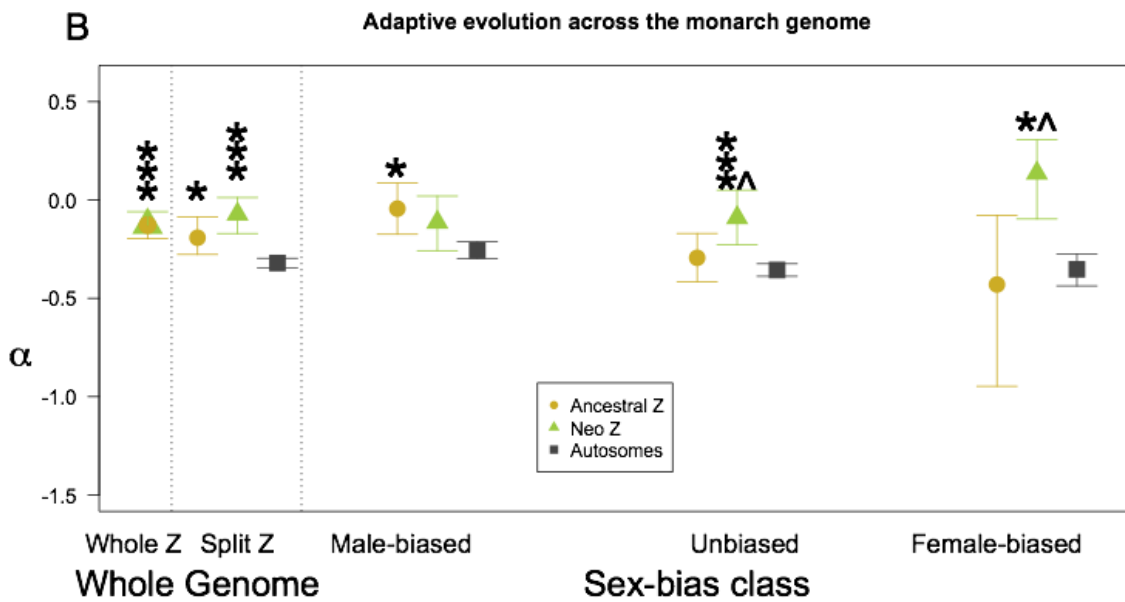
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869 **Figure 2.** Adaptive evolution across the genomes of the two Lepidoptera considered in this study. In each
 870 panel coarse-scale comparison of the Z chromosome to autosomes are plotted left of the dotted lines.
 871 Points are the point estimate of the α statistic and error bars represent 95% confidence intervals for each
 872 point estimate obtained by parametric bootstrapping. Significant differences are noted with an * for
 873 differences between the Z and autosomes, and a ^ for differences between parts of the Z in *D. plexippus*.
 874 In *M. sexta* (A), the Z evolves more adaptively than the autosomes overall (left of dash). This pattern
 875 appears to be driven by unbiased genes (right of dash). In *D. plexippus* (B), the whole Z is more
 876 adaptively evolving than the autosomes (leftmost), and both the ancestral and neo- segments show
 877 elevated α compared to the autosomes (middle). For the ancestral Z, male-biased genes drive the increase
 878 in adaptation; in contrast, unbiased and female-biased genes are more adaptively evolving on the neo-Z.