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5 **Arsenic in medicine: past, present and future**

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20 **Key words:** arsenic; metalloids; metallodrugs; anticancer drugs; antivirals; antimicrobials

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25 **Abstract**

26 Arsenicals are one of the oldest treatments for a variety of human disorders. Although infamous
27 for its toxicity, arsenic is paradoxically a therapeutic agent that has been used since ancient times
28 for the treatment of multiple diseases. The use of most arsenic-based drugs was abandoned with
29 the discovery of antibiotics in the 1940s, but a few remained in use such as those for the treatment
30 of trypanosomiasis. In the 1970s, arsenic trioxide (ATO), the active ingredient in a traditional
31 Chinese medicine, was shown to produce dramatic remission of acute promyelocytic leukemia
32 (APL) similar to the effect of *all-trans* retinoic acid (ATRA). Since then, there has been a renewed
33 interest in the clinical use of arsenicals. Here the ancient and modern medicinal uses of inorganic
34 and organic arsenicals are reviewed. Included are antimicrobial, antiparasitic and anticancer
35 applications. In the face of increasing antibiotic resistance and the emergence of deadly
36 pathogens such as the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), we
37 propose revisiting arsenicals with proven efficacy to combat emerging pathogens. Current
38 advances in science and technology can be employed to design newer arsenical drugs with high
39 therapeutic index. These novel arsenicals can be used in combination with existing drugs or serve
40 as valuable alternatives in the fight against cancer and emerging pathogens. The discovery of the
41 pentavalent arsenic-containing antibiotic arsinothricin (AST), which is effective against multidrug-
42 resistant pathogens, illustrates the future potential of this new class of organoarsenical antibiotics.
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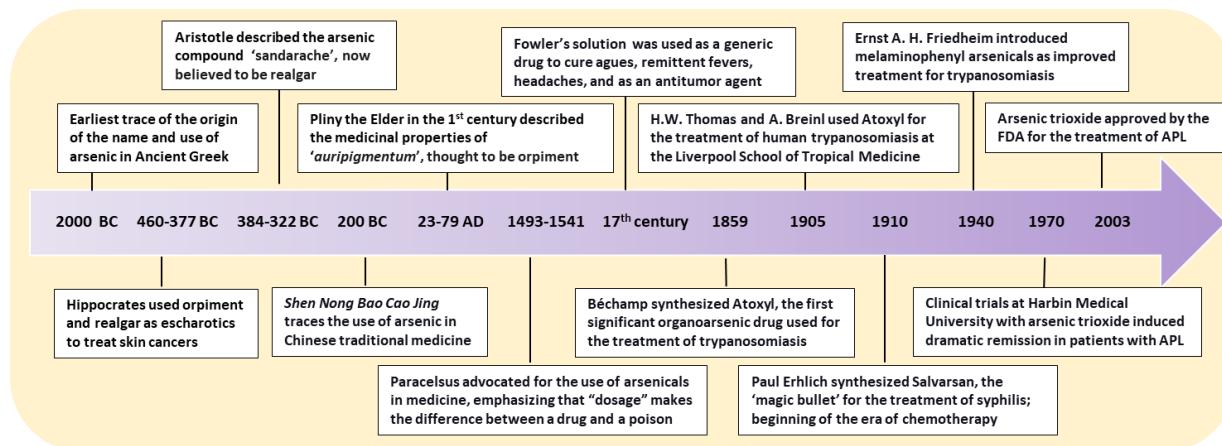
44 **1. Introduction**

45 *History of arsenic in medicine*

46 In this article we review the history and present use of arsenicals in medicine. The origin of the
47 name “arsenic” traces back to the Greek word “*arsenikon*” meaning “*potent*” (Jolliffe 1993;
48 Hoonjan et al. 2018). Arsenic was known empirically as a potent medicinal agent as early as 2000
49 BC (Fig. 1), when arsenic trioxide (ATO, As_2O_3 , also known as white arsenic) (Fig. 2A) obtained
50 from copper smelting was used as both a drug and a poison (Jolliffe 1993). Orpiment, (As_2S_3 ,
51 yellow arsenic) and realgar, (As_4S_4 , red arsenic) (Fig. 2B), described as early as the 4th Century
52 BC by the Greek philosopher Aristotle (384–322 BC), were the earliest arsenic minerals in
53 recorded history (Fig. 1) (Gorby 1988; Bentley and Chasteen 2002). Although arsenic-containing
54 minerals were known in antiquity, it was not until 1250 that elemental arsenic was conclusively
55 identified by the German alchemist Albertus Magnus (1193-1280)

56 (<https://pubchem.ncbi.nlm.nih.gov/element/Arsenic>).

57



58

59 **Figure 1. Milestones of the use and development of arsenicals in medicine**

60

61 History is rife with stories of arsenic used as a poison for both royalty and commoners. Odorless
62 and tasteless ATO has been used as a poison for millennia due to its availability and low cost

63 (Jolliffe 1993; Hoonjan et al. 2018; Gorby 1988; Hughes et al. 2011). One of the earliest recorded
64 cases of arsenic poisoning was in the year 55 AD, when the fifth Roman emperor Nero ordered
65 the poisoning of his 13-year-old stepbrother Britannicus to secure his Roman throne (Jolliffe 1993;
66 Gorby 1988; Bentley and Chasteen 2002; Doyle 2009). Pope Alexander VI (1431–1503), a
67 member of the Borgia family, one of the most eminent dynasties of the Italian Renaissance, used
68 the infamous powder called *cantarella*, which is widely believed to have consisted mainly of
69 arsenic, to murder cardinals for their property and wealth (Gorby 1988). A well-known example of
70 arsenic poisoning is “*The Affair of the Poisons*” in the French court of Louis XIV, where Catherine
71 Deshayes provided the arsenic-based poison *La Poudre de Succession* or “*inheritance powder*”
72 to women to help them rid themselves of their husbands (Gorby 1988; Bentley and Chasteen
73 2002). The inheritance powder continued to be popular in France until the 19th century, when it
74 became the most favorite poison, as recorded by early forensic toxicologists (Gorby 1988). The
75 incidence of arsenic poisoning dramatically waned after the advent of the Marsh test, a sensitive
76 forensic test for arsenic developed in 1836 by the English chemist James Marsh (Gorby 1988;
77 Hughes et al. 2011).

78

79 Behind its inglorious history as a poison, however, arsenic has an even more prestigious history
80 as a pharmaceutical agent. Arsenic has been in use as therapeutics since ancient times in the
81 Greek and Roman civilizations, as well as in Chinese and Indian traditional medicine (Doyle
82 2009). Hippocrates (460–377 BC), the Greek physician, often referred to as the Father of
83 Medicine, is thought to have administered the arsenic minerals orpiment and realgar as
84 escharotics and remedies for ulcers and abscesses (Fig. 1) (Jolliffe 1993; Hoonjan et al. 2018;
85 Hughes et al. 2011; Bentley and Chasteen 2002; Waxman and Anderson 2001; Zhu et al. 2002;
86 Riethmiller 2005). Aristotle and the Roman author Pliny the Elder (23–79 AD) both wrote on the
87 medicinal properties of arsenicals (Fig. 1) (Jolliffe 1993; Gorby 1988). The Greek physician Galen
88 (129–210 AD) recommended the use of arsenic sulfide to treat ulcers (Jolliffe 1993; Riethmiller

89 2005). The first book on Chinese traditional medicine, *Shen Nong Ben Cao Jing*, compiled in the
90 Eastern Han dynasty (25–220 AD), traces the use of arsenic in traditional Chinese medicine as
91 far back as 200 BC (Fig. 1) (Liu et al. 2008), which agrees with the fact that the Chinese Nei Jing
92 Treaty (263 BC) recorded the use of arsenic pills for treatment of periodic fever (Hoonjan et al.
93 2018; Zhu et al. 2002; Chen and Chen 2017). Sun Si-Miao (581–682 AD), a Chinese physician
94 called China's King of Medicine, used a combination of realgar, orpiment and ATO for treatment
95 of malaria (Hoonjan et al. 2018; Zhu et al. 2002; Chen and Chen 2017). Shi-Zhen Li (1518 – 1593
96 AD), a Chinese physician in the Ming dynasty, wrote *Ben Cao Gang Mu*, or *Compendium of*
97 *Materia Medical*, a major pharmacopoeia in Chinese history, where he described the use of ATO
98 as a remedy for various diseases (Zhu et al. 2002; Chen and Chen 2017; Gibaud and Jaouen
99 2010). In traditional Indian medicine, the three main arsenicals used in Ayurveda, an alternative
100 system of medicine originating from the ancient Indian subcontinent several thousand years ago,
101 are orpiment, realgar and ATO (Panda and Hazra 2012). In Arabia, Avicenna (980–1037 AD), a
102 Persian physician, introduced the internal use of ATO for the treatment of fevers (Zhu et al. 2002).
103 Paracelsus (1493 – 1541 AD), a Swiss physician recognized as the Father of Toxicology and
104 Pharmacology, is known to have used elemental arsenic extensively (Fig. 1) (Jolliffe 1993;
105 Hoonjan et al. 2018; Gorby 1988; Waxman and Anderson 2001; Zhu et al. 2002; Borzelleca 2000).
106 He advocated for the use of minerals and chemicals, including arsenic, in medicine, emphasizing
107 that the dosage makes the difference between a drug and a poison. In 1786 Thomas Fowler
108 (1736–1801 AD), a British physician and pharmacist, reported the effects of a flavored solution of
109 1% potassium arsenite named “*liquor mineralis*” for malaria, remittent fevers, and periodic
110 headaches (Fig. 1). This medicine, renamed “*Fowler's solution*”, once introduced into the London
111 Pharmacopoeia in 1809, became popular in Western countries throughout the Victorian Era as a
112 main therapeutic option for a wide variety of ailments and diseases, including asthma, chorea,
113 eczema, psoriasis, rheumatism, syphilis, tuberculosis and ulcers (Jolliffe 1993; Hoonjan et al.

114 2018; Gorby 1988; Hughes et al. 2011; Bentley and Chasteen 2002; Doyle 2009; Waxman and
115 Anderson 2001; Zhu et al. 2002; Gibaud and Jaouen 2010; Thomas and Troncy 2009).
116 There is some concern over the present-day use of arsenicals in traditional medicine (Ernst 2002),
117 leading to evaluation of the bioavailability of arsenic species in their prescriptions. In Indian
118 traditional ayurvedic medicine, for example, a special subset of herbal medicines called *Rasa*
119 *Shastra* involves intentional use of toxic elements including arsenic, which are believed to be
120 converted into non-toxic forms called *bhasmas* via the preparation procedures. However, the
121 bioaccessibility of arsenic in several traditional Indian medicines was suggested to lead to
122 accumulation of arsenic above the acceptable daily limit if consumed at recommended doses
123 (Koch et al. 2011). More recently a similar concern was raised about some traditional Chinese
124 medicines (Liu et al. 2018). To exploit the full potential of arsenic as medicine, therefore, further
125 evaluation is required to develop regulations for the proper dosage of arsenic-containing
126 traditional medicines.

127 Applications of arsenicals extend beyond drugs and poisons. They have been used in areas of
128 agriculture, metallurgy, cosmetics, electronics semiconductor and other industrial uses (Bentley
129 and Chasteen 2002). Monosodium methylarsenate (MSMA) and sodium dimethylarsenate
130 (cacodylate) have been used as post-emergent herbicides on cotton fields and other non-food
131 crops (Matteson et al. 2014). Although banned for general use by the USA by the Environmental
132 Protection Agency (EPA), MSMA is still in limited use in the United States for cotton fields, new
133 golf courses and highway medians, and it is still applied world-wide as an herbicide on rice, cotton,
134 fruit trees and coffee in a number of countries around Asia (Burló et al. 1999).

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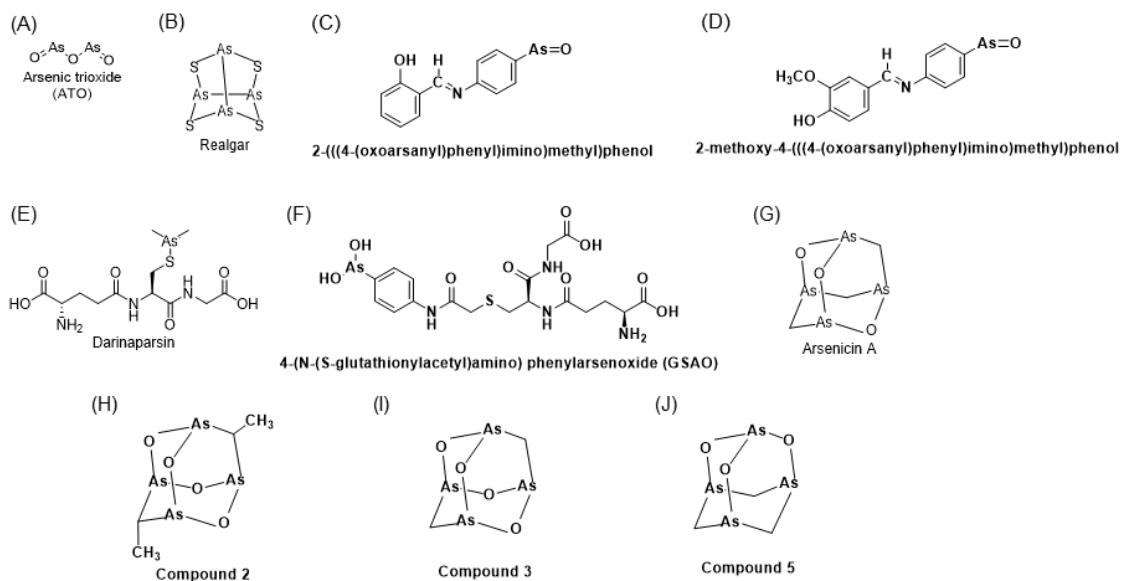
136 **2. Inorganic and organic arsenic-containing drugs**

137 **2.1 Development of arsenical drugs**

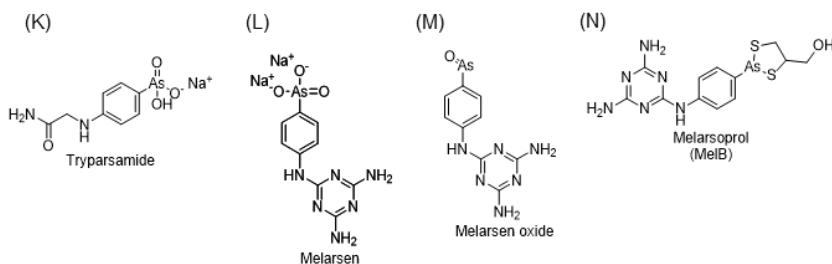
138 In the modern era, the use of arsenicals as drugs has alternated between successes and failures.
139 As described below, arsenical drugs can be generally grouped into inorganic, for example, ATO

140 (Fig. 2A), and organic compounds, such as atoxyl (*p*-aminophenylarsenate or *p*-arsanilic acid (*p*-ASA)) (Fig. 2U). Atoxyl, the first effective artificial organoarsenic drug, was synthesized by the
141 French scientist Antoine Béchamp (1816–1908 AD), in 1859 by heating a mixture of aniline and
142 arsenic acid (Fig. 1) (Riethmiller 2005; Gibaud and Jaouen 2010). Its clinical effectiveness was
143 not demonstrated until some forty years later, when the physicians Canadian Harold W. Thomas
144 (1875–1931 AD) and Australian Anton Breinl (1880–1944 AD) at the Liverpool School of Tropical
145 Medicine first used it in 1905 to treat human trypanosomiasis (Fig. 1) (Jolliffe 1993; Gibaud and
146 Jaouen 2010). Although it causes optic atrophy due to its high arsenic content (Jolliffe 1993), the
147 trypanocidal effects of Béchamp's atoxyl inspired Paul Ehrlich (1854 – 1915), the German Nobel
148 Laureate known as the Father of Chemotherapy, to initiate an extensive synthesis of organic
149 arsenicals to find a drug against the syphilis spirochaete (Jolliffe 1993). Arsphenamine, was the
150 606th aromatic arsenical he synthesized in 1910 (Fig. 1). Compound 606 was later called the *silver*
151 *bullet* Salvarsan, the first effective chemotherapeutic drug for the treatment of syphilis (Jolliffe
152 1993; Gorby 1988; Hughes et al. 2011; Bentley and Chasteen 2002). The composition of
153 Salvarsan was a question of debate for almost a century. In 2005, Nicholas and colleagues
154 provided evidence based on electrospray ionization mass spectrometric data that Salvarsan in
155 solution exists as cyclic species (RA)_n, with *n*=3 (Fig. 2O) and *n*=5 (Fig. 2P) (Lloyd et al. 2005).
156 Like atoxyl, however, Salvarsan treatment was lengthy, and the side effects unpleasant. Less
157 toxic derivatives such as neoarsphenamine (Neosalvarsan) (Fig. 2Q) and oxophenarsine
158 hydrochloride (Mapharsen) (Fig. 2R) made treatment more bearable (Jolliffe 1993; Bentley and
159 Chasteen 2002; Gibaud and Jaouen 2010). Ehrlich's work with Salvarsan ushered in the modern
160 era of chemotherapy.

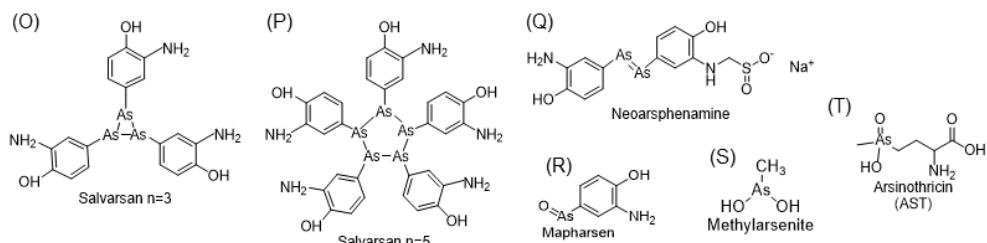
Anticancer and Antivirals chemotherapeutic



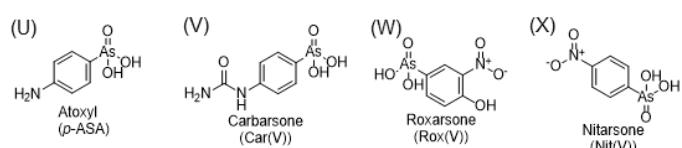
Antiparasitic agents



Antibiotics and antimicrobials



Synthetic aromatics in animal husbandry



162 Fig. 2. Chemical structure of arsenicals

163

164 **2.2. Arsenical anticancer chemotherapeutic agents**

165 *2.2.1. Arsenic trioxide (ATO)*

166 Arsenicals have a long history of use as cancer chemotherapeutic agents. ATO (Fig. 2A) was a
167 favorite compound in traditional ancient Chinese medicine for over 2000 years (Bentley and
168 Chasteen 2002). ATO is an amphoteric oxide that readily dissolves in alkaline solutions. It was
169 originally made from orpiment by roasting and purifying the smoke (Gibaud and Jaouen 2010). In
170 1878, the related formulation, Fowler's solution, was found to be effective for the treatment of
171 leukemia, and, in addition, Fowler pastes were applied topically potentially for the treatment of
172 skin and breast cancers (Hoonjan et al. 2018; Hughes et al. 2011; Waxman and Anderson 2001;
173 Gibaud and Jaouen 2010). Arsenic therapy was the mainstay of antileukemia treatment until the
174 advent of radiation therapy in the early 20th century (Hoonjan, et al. 2018; Waxman and Anderson
175 2001). Despite its toxicity, arsenic remained in use in traditional Chinese medicine (Bentley and
176 Chasteen 2002). Taking inspiration from this traditional medicine, investigators at Harbin Medical
177 University showed that a solution of ATO produced complete remission of acute promyelocytic
178 leukemia (APL) in about two-third of patients in the 1970s (Fig. 1) (Zhu et al. 2002; Chen and
179 Chen 2017). The ATO used in those clinical studies contained trace amounts of mercury, so it
180 was possible that the anticancer effects were due to mercury rather than arsenic. Clinical trials
181 with pure ATO began in 1994, and, by 1996, its effectiveness was confirmed in other countries.
182 In 2003 ATO, marketed as Trisenox®, was approved by the U.S. Food and Drug Administration
183 (FDA) for treatment of APL refractory to all-trans retinoic acid (ATRA) (Gibaud and Jaouen 2010).
184 The revival of ATO for treatment of APL and other specific hematological malignancies has
185 sparked renewed interest in arsenic-based drugs (Hoonjan et al. 2018; Hughes et al. 2011;
186 Gibaud and Jaouen 2010).

187 Since ATO was approved as an effective drug for clinical treatment of hematological
188 malignancies, including APL and multiple myeloma (MM), its mechanism as anticancer agent has
189 been under active investigation. The mechanism of action of ATO is not clear, and there are a
190 number of potential targets. Like most trivalent arsenicals, it has the potential to bind to thiols in
191 metabolites such as glutathione, vicinal thiol pairs in lipoamide and in proteins such as lipoamide
192 dehydrogenase, inhibiting cellular energy production and increasing production of intracellular
193 reactive oxygen species (ROS) (Carney 2008; Emadi and Gore 2010). ATO treatment results in
194 demethylation of DNA, affecting the promoters of many genes and also binds to
195 oncoproteins/transcription factors (Emadi and Gore 2010; Dawood et al. 2018; Huynh et al. 2019).
196 These alterations affect multiple cellular processes in a variety of cancers, resulting in cell cycle
197 arrest, apoptosis and mesenchymal to epithelial transition through a variety of molecular targets
198 (Chen et al. 1997; Bao et al. 2016; Miller et al. 2002; Shao et al. 1998). The final outcome depends
199 on the cell type as well as the concentrations of administration and duration of ATO exposure
200 (Chen et al. 1997).

201 However, those are rather nonspecific effects of ATO and do not explain its selective ability to
202 treat APL. APL is characterized by chromosomal translocation t(15;17) (q24;q21), which produces
203 a fusion promyelocytic leukemia protein-retinoic acid receptor alpha (PML-RAR α) gene that is
204 found in over 98% of patients (Borrow et al. 1990; de Thé et al. 1990; Golomb et al. 1980). The
205 PML-RAR α fusion gene consists of the PML gene on chromosome 15 and the RAR α gene on
206 chromosome 17. The production of the PML-RAR α oncoprotein alters myeloid differentiation at
207 the promyelocytic stage, leading to accumulation of immature cells (Grisolano et al. 1997). In
208 addition, PML-RAR α increases cell survival and increases proliferation of leukemic cells, resulting
209 in progressive leukemogenesis (Grignani et al. 1993; Pandolfi 2001; Puccetti and Ruthardt 2004).
210 PML-RAR α appears to be a target of ATO, which binds to the PML-RAR α oncoprotein in NB4
211 cells, a human APL cell line, and alters SUMOylation of the PML moiety, leading to protein

212 degradation (Zhang et al. 2010). Although the effect of ATO on the PML-RAR α leukemic stem
213 cells appears to be mainly through inhibition of proliferation (Testa and Lo-Coco 2015), this PML-
214 RAR α degradation is also thought to induce apoptosis or differentiation to myeloid cells, leading
215 decrease in the leukemic cells (Zhang et al. 2010; Rojewski et al. 2002).

216

217 Another putative target of ATO is the Wip1 phosphatase. ATO has been reported to activate the
218 Chk2 and/or p38 MAPK apoptotic pathways in various chronic myelogenous leukemia cells (Giafis
219 et al. 2006; Shim et al. 2002; Verma et al. 2002) as well as APL cells (Yoda et al. 2008) by
220 inhibiting Wip1 phosphatase activity. Since expression of Wip1 is amplified in a number of
221 cancers, including breast, papillary thyroid, colorectal and prostate cancers and other types
222 (Emelyanov and Bulavin 2015; Li et al. 2002; Natrajan et al. 2009), ATO is potentially a therapeutic
223 agent for other tumor types.

224 ATO may also be a treatment for other forms of leukemia via its function as a pro-oxidant factor,
225 disrupting redox pathways in cancer cells. The combination of ATO with ascorbate (vitamin C), a
226 dietary antioxidant that also possesses pro-oxidant activity in high concentrations (Kaźmierczak-
227 Barańska et al. 2020), selectively killed blasts from APL patients and was also effective against
228 approximately one-third of primary acute myeloid leukemia (AML) samples examined,
229 presumably due to apoptosis induced by overproduction of ROS (Noguera et al. 2017). This pro-
230 oxidant activity provides a rationale for testing the combination of ATO and ascorbate in advanced
231 cases of AML and APL (Noguera et al. 2017).

232 Pin1, the peptidyl-prolyl *cis–trans* isomerase NIMA (never in mitosis A)-interacting 1, has been
233 reported to be another target of ATO, enhancing its anti-cancer effects against multiple tumor
234 types (Kozono et al. 2018). Pin1 is a major regulator of cancer signaling networks. It catalyzes
235 *cis–trans* isomerization at phosphorylated Ser/Thr–Pro motifs, resulting in changes of protein

236 conformation, function and stability, which in turn activates numerous cancer-driving pathways.
237 Pin1 is overexpressed in various cancers and cancer stem cells (Ayala et al. 2003; Bao et al.
238 2004; Luo et al. 2015; Rustighi et al. 2014; Wulf et al. 2004) and involved in regulation of more
239 than 50 oncogenes and 20 tumor suppressor factors (Lu and Hunter 2014; Zhou and Lu 2016).
240 ATO inhibits Pin1 via direct and noncovalent binding to the active site, inducing degradation of
241 Pin1. Interestingly, the anticancer effects of ATO are indirectly enhanced by co-treatment with all-
242 *trans* retinoic acid (ATRA), another well-known Pin1 inhibitor, which increases cellular ATO
243 uptake via induction of Aquaporin-9 (AQP9) expression, in addition to directly inhibiting and
244 degrading Pin1 (Kozono et al. 2018).

245 However, a higher dose of ATO is required for the treatment of solid tumors compared to soft
246 tumor hematologic malignancies, which raises concerns about toxicity. Methods to effectively
247 deliver ATO to the cells without the accompanying toxicity are under development. For example,
248 liposomal-encapsulated ATO delivered to HeLa cells, which are derived from human
249 papillomavirus (HPV)-cervical carcinoma, effectively reduced levels of HPV-E6 proteins and
250 induced apoptosis with reduced toxicity compared to free ATO. Encapsulation of ATO using this
251 liposomal nanotechnology was shown to decrease membrane permeability to ATO by allowing its
252 gradual release (Wang et al. 2016). The O'Halloran group developed a nanoparticulate
253 formulation of ATO encapsulated in "nanobins" (liposomal vesicles) (Chen et al. 2006). The
254 cytotoxicity of the encapsulated ATO was evaluated against a panel of human breast cancer cell
255 lines and was found to be much less compared to the free ATO. In contrast, the nanobins
256 potentiated the antitumor efficacy of ATO *in vivo* in an orthopic model of triple-negative breast
257 cancer (Ahn et al. 2010). The group has also developed a synthesis method that combines ATO
258 and cisplatin (*cis*-diamminedichloroplatinum(II)), a compound commonly used in the treatment of
259 solid tumors, to form a stable aqueous complex, arsenoplatin, having a distinct biological activity
260 from ATO and cisplatin individually (Miodragović Đ et al. 2013). Arsenoplatin can be loaded in

261 liposomal drug delivery systems and has been shown to possess significant biological activity
262 against several cancer cell lines. When compared to cisplatin, it showed greater activity in breast,
263 leukemia, colon, and central nervous system cancer cell lines (Miodragović et al. 2019). Other
264 systems have been investigated for the effective delivery of arsonium compounds in cancer
265 therapeutics, such as the triphenylarsonium-functionalised gold nanoparticles (Lalwani et al.
266 2015). The gold nanoparticles are decorated with the triphenylarsonium groups to serve as
267 potential nanocarriers for intracellular therapeutics. The development of delivery systems for slow
268 dosing with arsenical drugs can modulate toxicity, significantly expanding medical applications of
269 arsenic.

270

271 *2.2.2. Realgar*

272 Another form of inorganic arsenic, realgar (As_4S_4 , red arsenic) (Fig. 2B), has been used as a
273 therapeutic agent since the days of ancient China (Wu et al. 2011). Inspired by nano-drug, lately,
274 realgar nanoparticles (an average particle size of <100 nm) have been employed in studies rather
275 than coarse realgar. This approach is adopted to overcome the problem of limited solubility of
276 realgar particles in aqueous solutions, and to increase its bioavailability (Shi et al. 2016). Several
277 in vitro studies demonstrated that realgar nanoparticles significantly decreased cell proliferation
278 and promoted apoptosis in B16 melanoma cells (Zhao et al. 2010) and rat C6 glioma cells (An et
279 al. 2011). Furthermore, in tumor-bearing C57BL/6 mice, transdermal delivery of the realgar
280 nanoparticles markedly decreased the tumor volumes with little toxicity to the mice (Zhao et al.
281 2010). Recently the effect of realgar nanoparticles was compared with ATO against several
282 multiple myeloma cell lines and primary cell lines from multiple myeloma patients (Cholujova et
283 al. 2017). The realgar nanoparticles were prepared by milling realgar into nano-sized dimensions
284 under high energy. Both forms of inorganic arsenic were cytotoxic, but the realgar nanoparticles
285 were two- to four-fold more effective than ATO in the cell lines, xenograft and multiple myeloma
286 patient-derived myeloma mouse models. Mechanistic studies showed that the effects of the

287 realgar nanoparticles and ATO on the multiple myeloma models included pronounced apoptosis
288 and G2/M cell cycle arrest. In this study, realgar nanoparticles but not ATO could significantly
289 deplete the amount and clonogenicity of multiple myeloma stem-like side population in bone
290 marrow stromal cells. Also, there was synergistic anti-multiple myeloma activity when realgar and
291 ATO were combined with lenalidomide or melphalan, both of which have been approved for
292 treatment of multiple myeloma. In an attempt to increase the uptake of realgar and prolong the
293 retention time in cancer cells, (-)-Epigallocatechin-3-gallate (EGCG), another natural medicine
294 that inhibits cancer cell growth, was used as a drug carrier to encapsulate realgar nanoparticles
295 (Fang et al. 2019). Compared with realgar nanoparticles, the EGCG-realgar nanoparticles
296 significantly inhibited the proliferation of APL HL-60 cells. In a subcutaneous solid tumor model
297 mice, EGCG-realgar nanoparticles decreased tumor volumes at an inhibitory rate of 60.18% at a
298 dose of 70mg/kg. More recently, the effect of realgar nanoparticles on lung cancer stem cell
299 (LCSC) was also examined. The nano-realgar was shown to inhibit tumor growth both *in vitro* and
300 *in vivo* by repressing metabolic reprogramming via downregulation of HIF-1 α expression and
301 PI3K/Akt/mTOR pathway (Yang et al. 2021).

302

303 2.2.3. *Organoarsenicals*

304 Organic arsenicals are under current examination for potential therapeutic use. Several synthetic
305 organoarsenicals were tested for antitumor activity against HL-60 (leukemia), SGC 7901 (gastric
306 cancer) and MCF-7 (breast cancer) human cancer cell lines (Fan et al. 2016). 2-(((4-
307 (oxoarsanyl)phenyl)imino)methyl)phenol ($C_{13}H_{10}AsNO_2$) (Fig. 2C) and 2-methoxy-4-(((4-
308 (oxoarsanyl)phenyl)imino)methyl)phenol ($C_{14}H_{12}AsNO_3$) (Fig. 2D) exhibited the highest growth
309 inhibition of HL-60 cells, with IC_{50} values of 0.77 μ M and 0.51 μ M, respectively. Both induced
310 apoptosis via oxidative stress in HL-60 cells (Fan et al. 2016). Another organoarsenical that is
311 being evaluated for the treatment of solid tumors is the glutathione conjugate of DMA₃(III),

312 darinaparsin (L- γ -glutamyl-S-(dimethylarsino)-L-cysteinyl-glycine) (Fig. 2E). The injectable form
313 of darinaparsin, SP-02L, is currently in phase 2 clinical trial in patients with relapsed or refractory
314 peripheral T-cell lymphoma (<https://clinicaltrials.gov/ct2/show/NCT02653976>). Analysis of data
315 from two phase 1 clinical trials in Japan and Korea showed that darinaparsin has good potential
316 efficacy and high safety profile (Ogura et al. 2021). A related glutathione conjugate, 4-(N-(S-
317 glutathionylacetyl)amino) phenylarsenoxide or GSAO (Fig. 2F), is in phase 1 clinical trial in
318 patients with advanced solid tumors (Horsley et al. 2013).

319

320 *2.2.4. Polyorganoarsenicals*

321 Another class of organoarsenicals with potential clinical value is polyarsenicals. The first reported
322 is arsenicin A (2,4,6-trioxa-1,3,5,7-tetrarsatricyclo [3.3.1.13,7] decane) ($C_3H_6As_4O_3$) (Fig. 2G), a
323 natural product isolated from *Echinochalina bargibanti*, a marine sponge belonging to the class
324 Demospongiae (Mancini et al. 2006). Arsenicin A has both antibiotic and anti-APL leukemia
325 activity. It has a cage-like structure similar to the carbon structure in the diamond backbone
326 adamantine ($(CH)_4(CH_2)_6$), in which the four methanetriyl carbon bridgeheads are replaced by
327 arsenic and three methylene bridges are replaced by oxygen (Lu et al. 2012; Lu et al. 2010). The
328 anti-proliferative activity of arsenicin A was examined in the PML-RAR α -positive APL cell line NB4
329 (Lu et al. 2012). Arsenicin A exhibits a 21-fold greater anti-proliferative activity compared ATO in
330 NB4 cells. Using flow cytometry, arsenicin A was shown to induce cell death at a 27-fold lower
331 concentration ($IC_{50} = 53$ nM) compared with ATO ($IC_{50} = 1440$ nM), and proliferative arrest at 20
332 nM compared with 790 nM for ATO (Lu et al. 2012).

333

334 Five arsenicin A analogs were synthesized, and their activity was evaluated in vitro against a full
335 panel of human cancer cell lines from the National Cancer Institute (NCI-USA) (Mancini,
336 Planchestainer, and Defant 2017). Three of these compounds, designated **compound 2** (9,10-

337 dimethyl-2,4,6,8-tetraoxa-1,3,5,7,-tetraarsatricyclo[3.3.1.13,7]decane) ($C_4H_8As_4O_4$) (Fig. 2H),
338 **compound 3** (2,4,6,8-tetraoxa-1,3,5,7-tetraarsa-adamantane) ($C_2H_4As_4O_4$) (Fig. 2I), and
339 **compound 5** (an isomer of Arsenicin A) (Fig. 2J), showed significantly higher cytotoxicity against
340 the various cancer cell lines than ATO. **Compound 2** was particularly effective in inhibiting growth
341 of solid tumor cell lines of colon cancer, melanoma, ovarian cancer, renal cancer, prostate cancer
342 and breast cancer. Two sulfur-containing derivatives, arsenicin B and arsenicin C, also possess
343 antibiotic activity against human pathogens. Although less potent than arsenicin A against
344 leukemia cells, these sulfur-containing polyarsenicals have especially potent antimicrobial activity
345 against *Staphylococcus aureus*, a major human pathogen with growing resistance to conventional
346 antibiotics (Tähtinen et al. 2018). These findings lend new perspectives on the development and
347 use of polyorganoarsenicals as therapeutics.

348

349

350 **2.3. Arsenical antiparasitic agents**

351 Tryparsamide (*p*-glycineamidophenylarsonate) (Fig. 2K), developed by Walter A. Jacobs and
352 Michael Heidelberger at the Rockefeller University in 1919, is acknowledged as the first effective
353 arsenical therapeutic agent against Gambian sleeping sickness. That disease is the slow-
354 progressing form of human African trypanosomiasis (HAT) and is caused by *Trypanosoma brucei*
355 *gambiense*, which is endemic in western and central Africa, especially in the late stage of the
356 infection (e.g. neurological stage through central nervous system invasion) (Gibaud and Jaouen
357 2010). Although this drug was widely used from the early 1920's, its use waned in the 1940's due
358 to the spread of resistant strains. In the 1940s, Ernst A. H. Friedheim improved the treatment of
359 trypanosomiasis with the introduction of melaminophenyl arsenicals (Fig. 1), although toxicity was
360 still reported (Gibaud and Jaouen 2010). Melarsen (4-(4,6-diamino-1,3,5-triazin-2-
361 yl)amino]phenylarsenate) (Fig. 2L), the first melaminophenyl arsenical that Friedheim synthesized

362 in 1939, was less active than tryparsamide. In contrast, melarsen oxide (Fig. 2M), the reduced
363 form of melarsen and the first trivalent organoarsenical used against trypanosomes, was very
364 effective against both early (hemolymphatic) and late (neurologic) stages, yet it exhibited high
365 toxicity (Friedheim 1948). Friedeim combined dimercaprol or BAL (British anti-Lewisite), the
366 counteract compound for Lewisite, the trivalent organoarsenical-based chemical weapon first
367 used in World War I (Peters, Stocken, and Thompson 1945), with melarsen oxide to produce the
368 drug melarsoprol (MeLB or arsobal) (Fig. 2N) (Friedheim 1949). Melarsoprol is 100-fold less
369 cytotoxic and 2.5-fold less trypanocidal compared with melarsen oxide (Fairlamb and Horn 2018).
370 It was introduced into clinical use in 1949 for use in African countries to treat Gambian sleeping
371 sickness. Melarsoprol can cross the blood-brain barrier (Sekhon 2013) via the P2 adenosine
372 transporter (TbAT1) (Carter and Fairlamb 1993; Mäser et al. 1999) and aquaglyceroporin 2
373 (TbAQP2) (Alsfeld et al. 2012; Baker et al. 2012). However, a serious side effect of melarsoprol
374 is reactive encephalopathy, which occurs in about 10% of patients (Blum et al. 2001; Pepin and
375 Milord 1991). Even so, its ability to cross the blood-brain barrier into the cerebrospinal fluid made
376 it especially useful for treatment of second stage Gambian sleeping sickness, when the
377 trypanosome enters the central nervous system (Colotti et al. 2018; Rodgers et al. 2011). Given
378 the absence of effective alternatives, the World Health Organization (WHO) recommends its use
379 as the only chemotherapeutic for the second stage of the faster-progressing form of human
380 African trypanosomiasis caused by *Trypanosoma brucei rhodesiense*, which is more common in
381 southern and eastern Africa (Büscher et al. 2017). Melarsoprol is a prodrug, and the active form
382 of the drug is melarsen oxide (Fig. 2M). This trivalent form of melarsen (Fig. 2L) can be detected
383 in cerebrospinal fluid 1 h after injection (Keiser et al. 2000). Melarsoprol is rapidly broken down
384 mainly into melarsen oxide, perhaps enzymatically (Fairlamb and Horn 2018). As a trivalent
385 organoarsenical, melarsen oxide has high affinity for thiols and forms a stable adduct with the
386 parasite's alternative to glutathione, trypanothione. Reduction of free cytosolic trypanothione
387 inhibits trypanothione reductase, the parasite enzyme that contributes to cytosolic redox balance

388 (Cunningham et al. 1994; Fairlamb et al. 1989). In addition, melarsen oxide causes rapid lysis of
389 *Trypanosoma brucei* *in vitro* (Van Schaftingen et al. 1987). Beginning in the 1990s, resistance to
390 melarsoprol became widespread (Brun et al. 2001). Melarsoprol resistance in clinical isolates
391 (Graf et al. 2013; Pyana Pati et al. 2014) is predominantly related to mutations in the parasite
392 *TbAQP2* gene (Munday et al. 2015). Mutations in this aquaglyceroporin, which is involved in
393 uptake of melarsoprol, include deletions (Baker et al. 2012) or rearrangements with *TbAQP3* to
394 form a chimeric *AQP2-3* gene (Munday et al. 2014). Resistance to melarsoprol in human African
395 trypanosomiasis patients has led to a decrease in the use of this arsenical drug (Fairlamb and
396 Horn 2018). With the development of newer drugs and antibiotics, interest in arsenic-based drugs
397 gradually waned mainly due to their low therapeutic index.

398

399 **2.4. Antiviral arsenic agents**

400 In addition to the use of arsenicals for control of pathogens and as cancer chemotherapeutics,
401 their potential as antiviral agents is also under investigation. ATO has been shown to inhibit
402 Hepatitis C Virus (HCV) replication at submicromolar concentrations (Hwang et al. 2004). The
403 concentrations that gave 50% inhibition of replication (EC₅₀) without causing cellular cytotoxicity
404 are 0.35 and <0.2 μM, when determined by a reporter-based HCV replication assay and by RT-
405 qPCR analysis, respectively. The anti-HCV activity of ATO was also demonstrated using an
406 engineered cell line-based assay system that constitutes all steps in the full cycle of HCV infection
407 and replication, where ATO at 0.3 μM abolished the HCV signal, while high concentrations of
408 interferon (IFN)-α, an antiviral cytokine used for the treatment of chronic hepatitis C, only
409 minimally suppressed the viral signal. In a follow-up study, treatment of HCV-infected cells with
410 1 μM ATO, which effectively inhibited the HCV RNA replication without exhibiting cytotoxicity, led
411 to depletion of intracellular glutathione and an increase in superoxide anion radicals (Kuroki et al.

412 2009). The anti-HCV activity of ATO was inhibited in the presence of *N*-acetyl-cysteine, an
413 antioxidant and glutathione precursor. These results suggest that ATO exerts its effect against
414 HCV by modulating the intracellular glutathione redox system and oxidative stress. These findings
415 demonstrate the potential of ATO for the development of potent antiviral agents against HCV and
416 related viruses.

417 Viral latency has been recognized as the major source of viral rebound in human
418 immunodeficiency virus-1 (HIV-1) infections after discontinuation of antiretroviral therapy (ART)
419 (Siliciano and Siliciano 2000). There is, therefore, a need to render the latent HIV-1 susceptible
420 to eradication. One way to provide drug access is by reactivation of viral replication. ATO has
421 been reported to activate latent HIV-1 in the Jurkat T cell line in a process that involves the nuclear
422 factor kappa B (NF- κ B) signaling pathway (Wang et al. 2013). Similarly, inorganic sodium arsenite
423 was shown to reactivate gene expression and viral replication of the latent genome of herpes
424 simplex virus type 1 (HSV1) (Preston and Nicholl 2008). These results suggest that inorganic
425 arsenicals may be able to enhance ART. Recently the ability of ATO in combination with ART to
426 regulate viral reservoirs in primary CD4+ T lymphocytes of HIV-1-infected patients and simian
427 immunodeficiency virus (SIV)-infected Chinese rhesus macaques was examined (Yang et al.
428 2019). ATO significantly increased the levels of cell-associated RNAs in resting CD4+ T cells from
429 both HIV-1-infected patients and SIV-infected macaques in a dose-dependent manner. Using
430 chronically SIV-infected macaques, ATO in combination with ART delayed viral rebound,
431 decreased SIV integrated DNA in CD4+ T cells and restored CD4+ T cell counts *in vivo*. In
432 contrast, there was a rebound in the control group treated with ART alone in an average interval
433 of 22 days after discontinuation of therapy. Furthermore, SIV-specific immune responses against
434 the multiple SIV antigens increased after treatment with ATO. The use of ATO as a latency-
435 reversing agent (LRA) in combination with combined ART (CART) is currently under investigation

436 in a clinical trial (“The Effect of ATO on Eliminating HIV-1 Reservoir Combined with CART” 2019).

437 <https://clinicaltrials.gov/ct2/show/NCT03980665>

438 ATO has been reported to exhibit potent inhibition of human adenovirus infection *in vitro*
439 (Hofmann et al. 2020). PML nuclear bodies, otherwise referred to as PML oncogenic domains,
440 are IFN-inducible nuclear structures that participate in cellular processes including apoptosis,
441 senescence and antiviral defense. Infection with human adenovirus reorganizes the dot-like PML
442 nuclear bodies into track-like structures, impairing their function. This aberrant PML nuclear body
443 phenotype is observed in acute PML cells. *In vitro* treatment of APL cells with ATO at micromolar
444 concentrations produced significant anti-adenovirus activity. This activity was partly due to the
445 ability of ATO to induce oxidation of PML nuclear bodies before multimerization by the virus,
446 reconstituting the usual dot-like structure and restoring the antiviral function of PML nuclear
447 bodies in the cells of APL patients’ cells (Hofmann et al. 2020).

448 The effectiveness of arsenic-based drugs in virus-associated cancers has also been reported
449 (Kchour et al. 2013). In patients with human T-cell leukemia virus type 1 (HTLV-1) associated
450 adult T-cell leukemia/lymphoma (ATL), ATO in combination with IFN- α and zidovudine, an FDA-
451 approved nucleoside reverse-transcriptase inhibitor (NRTI) class antiretroviral drug, improved the
452 cytokine gene expression profile by a shift from an initial immunosuppressive-like state (T_{reg} /T
453 regulatory)/Th2 phenotype) to an immunocompetent-like state (Th1 phenotype) after 30 days of
454 treatment. This shift is possibly the result of the enhanced immune response leading to
455 eradication of ATL cells and control of infections caused by opportunistic pathogens. These
456 results support suggestions on the use of ATO to treat immune disorders (Wang et al. 2019; An
457 et al. 2020).

458 Epstein-Barr virus (EBV), the first identified human oncogenic virus, is associated with various
459 malignancies, including carcinomas (e.g. nasopharyngeal carcinoma) and lymphomas (e.g.

460 Burkitt's lymphoma). In a study of the role of PML nuclear bodies in EBV latency, treatment with
461 low dose ATO disrupted PML nuclear bodies, leading to induction of EBV lytic proteins and
462 increased susceptibility of the virus to ganciclovir, an approved FDA drug for the treatment of
463 EBV-associated disorders (Sides et al. 2013). Low concentrations of ATO (0.5 - 2 nM) were shown
464 to inhibit expression of EBV lytic genes Zta, Rta and BMRF1, promoting cell death in various EBV-
465 positive latency cells (Mutu, Akata, BX-1, Cl13 and JY) in a dose-dependent manner. A synergistic
466 effect was observed with ganciclovir, specifically in EBV-positive cells. These effects were
467 reversed in the presence of a proteasome inhibitor, which suggests that ATO-mediated inhibition
468 of EBV lytic genes occurs via the ubiquitin pathway, promoting ubiquitin conjugation and
469 proteasomal degradation of EBV genes (Yin et al. 2017). Induction of cell death by ATO was also
470 observed in P3HR1 cells, another EBV-positive latency cell line, yet it occurs via autophagy. With
471 this cell line, treatment with sodium arsenite also leads cell death but via a different mechanism,
472 caspase-dependent apoptosis (Zebboudj et al. 2014). These results demonstrate that ATO and
473 sodium arsenite have the potential to be therapeutic agents for EBV-associated lymphoma.

474 A recent *in silico* study identified darinaparsin (Fig. 2M) as a potent inhibitor of the RNA-dependent
475 RNA polymerases of SARS-CoV-2. The drug inhibited the 3C-like protease and papain-like
476 protease that are necessary for formation of the viral replication complex (Chowdhury et al. .
477 These results suggest that, in addition to its anticancer activity (Bansal et al. 2015; Mann et al.
478 2009; Tian et al. 2012), darinaparsin has the potential to be repurposed against the novel
479 coronavirus that is responsible for the current global pandemic.

480

481 **2.5. Arsenical natural products antibiotics**

482 Selman Waksman, the Russian-Ukrainian-born American microbiologist, defined the term
483 'antibiotic' as "a *chemical substance, produced by micro-organisms, which has the capacity to*
484 *inhibit the growth of and even to destroy bacteria and other micro-organisms*" (Waksman 1947).

485 In 1952, Waksman was awarded the Nobel Prize in Physiology or Medicine for his discovery of
486 the aminoglycoside antibiotic streptomycin, a natural product produced by the soil bacterium
487 *Streptomyces griseus* that gave the organism a growth advantage over other soil bacteria. In this
488 section two organoarsenicals with antimicrobial activity, methylarsenite (MAs(III)) and
489 arsinothricin (AST), will be described. Both are natural products produced by soil bacteria to kill
490 other bacteria, meeting Waksman's definition of an antibiotic (Li et al. 2021).

491

492 *2.5.1. Methylarsenite (MAs(III)): a primordial antibiotic*

493 Highly toxic MAs(III) (Fig. 2S) is produced by methylation of inorganic As(III) by the enzyme As(III)
494 S-adenosylmethionine (SAM) methyltransferase, which is termed ArsM in microbes and AS3MT
495 in animals (Dheeman et al. 2014; Qin et al. 2006). The *arsM* gene is considered to be one of the
496 most ancient *ars* genes according to molecular clock analyses, arising at least 3 billion years ago
497 (Chen et al. 2017; Chen and Rosen 2020). Thus, environmental arsenic methylation was
498 widespread nearly a billion years before the Great Oxidation Event (GOE), when oxygen
499 accumulated in the atmosphere. In the original anoxic atmosphere, trivalent MAs(III) would be
500 stable. Since the ArsM product MAs(III) is considerably more toxic than the substrate As(III),
501 methylation has been proposed to be an activation process, generating the primordial antibiotic
502 MAs(III), which gave producers a competitive growth advantage over sensitive microbes during
503 the Archean era (Li et al. 2016). Further methylation generates nontoxic volatile trimethylarsine
504 (TMA₃(III)), which may have functioned as a primitive mechanism for self-protection by the
505 MAs(III)-producing microbes. After the GOE, MAs(III) would have been unstable in air, oxidizing
506 to relatively nontoxic methylarsenate, MAs(V). Filling an ecological niche, other aerobic bacteria
507 evolved the ability to reduce pentavalent MAs(V), regenerating the MAs(III) antibiotic (Yan et al.
508 2019; Yoshinaga et al. 2011). The genes involved in MAs(V) reduction have not yet been
509 identified, but this reaction now gives extant reducing microorganisms an advantage over

510 MAs(III)-sensitive bacteria in microbial communities (Chen et al. 2019). Trivalent arsenicals such
511 as MAs(III) are toxic in part due to their affinity for thiols groups in proteins and other cellular
512 metabolites (Shen et al. 2013). Since MAs(III) can react with a large number of molecules, no
513 single target can be assigned for its mechanism of action that applies in every cell.

514 However, one target for the antibiotic action of MAs(III) was recently identified in *Shewanella*
515 *putrefaciens* 200 (Garbinski et al. 2020). MAs(III), but not inorganic As(III), effectively inhibits the
516 enzyme MurA (uridine diphosphate (UDP)-N-acetylglucosamine enolpyruvyl transferase), a
517 cytoplasmic enzyme involved in the synthesis of the key precursor of the peptidoglycan, UDP-N-
518 acetyl muramate (UNAM) (Barreteau et al. 2008). Only prokaryotes utilize peptidoglycan as an
519 essential structural component of the cell wall, which makes it a singular target for antibacterial
520 therapy in gram-negative and gram-positive pathogenic bacteria (Du et al. 2000; Raz 2012;
521 Sonkar et al. 2017; Vollmer, Blanot, and de Pedro 2008). Fosfomycin ($C_3H_7O_4P$), the only clinically
522 approved antibiotic that acts against MurA, inhibits MurA by alkylation of the highly-conserved
523 catalytic cysteine residue in the active site (Baum et al. 2001). However, the conserved cysteine
524 is often replaced by an aspartate in MurA orthologs from various pathogens such as
525 *Mycobacterium tuberculosis*, contributing to their intrinsic fosfomycin resistance (De Smet et al.
526 1999). MurA from *S. putrefaciens* 200 has the conserved catalytic cysteine and is sensitive to
527 fosfomycin, while its Cys-to-Asp mutant is resistant to fosfomycin but remained sensitive to
528 MAs(III), indicating that the two compounds have different mechanisms of action. MAs(III)
529 represent a new area for the development of novel compounds for combating the threat of
530 antibiotic resistance (Garbinski et al. 2020). For MAs(III) to exert its antibiotic action, it first must
531 enter sensitive cells. How do arsenicals in general and MAs(III) in particular get into and out of
532 cells? The aquaglyceroporin GlpF facilitates uptake As(III) and Sb(III) into cells of *Escherichia coli*
533 (Meng et al. 2004; Sanders et al. 1997). Uptake of MAs(III) by GlpF has not been studied, but
534 other AQPs facilitate its movement into and out of cells. The aquaglyceroporin AqpS from

535 *Sinorhizobium meliloti* was recently demonstrated to conduct both MAs(III) and MAs(V) (Chen et
536 al. Rosen 2021). Heterologous expression of the related mammalian aquaporin AQP9 in
537 *Saccharomyces cerevisiae* resulted in three-fold more MAs(III) accumulation than inorganic
538 As(III) (Liu et al. 2006). In addition, inorganic As(III) is transported by sugar permeases, including
539 yeast hexose (Hxt) transporters (Liu et al. 2006) and plant inositol permeases (Duan et al. 2016).
540 The mammalian glucose permease GLUT1 has been shown to transport MAs(III) as well as As(III)
541 (Liu et al. 2006). However, it is not clear if bacterial sugar transporters also transport arsenicals.
542 In response to the high toxicity of MAs(III), bacteria adapted by developing resistance
543 mechanisms (Chen and Rosen 2020). One of the most common mechanisms of bacterial
544 resistance to antibiotics is to pump it out of the cells (Jia et al. 2019). Two MAs(III) efflux
545 permeases are ArsP (Chen et al. 2015) and ArsK (Jia et al. 2019; Shi et al. 2018). Other
546 mechanisms that confer resistance to MAs(III) are the C–As bond lyase Arsl, which demethylates
547 MAs(III) to As(III) (Pawitwar et al. 2017; Yoshinaga and Rosen 2014), and methylarsenite
548 oxidases such as ArsH, ArsU and ArsV that oxidize MAs(III) to MAs(V) (Chen et al. 2015).

549

550 2.5.2 *Arsinothricin (AST), a pentavalent organoarsenical antibiotic*

551 Arsinothricin (2-amino-4-(hydroxymethylarsinoyl)butanoate, or AST) (Fig. 2T) is a newly identified
552 broad-spectrum organoarsenical antibiotic (Nadar et al. 2019). AST was first discovered as a
553 natural product synthesized by the rice rhizosphere bacterium *Burkholderia gladioli* strain
554 GSRB05 (Kuramata et al. 2016). AST is a non-proteinogenic analog of both glutamate and the
555 arsenic mimetic of L-phosphinothricin (2-amino-4-(hydroxymethylphosphinyl)butanoate or PT),
556 the antibiotic moiety of a *Streptomyces* antibiotic prodrug phosphinothricin tripeptide (PTT) or
557 bialaphos (Nadar et al. 2019; Kuramata et al. 2016). AST inhibits the growth of *M. bovis* BCG, the
558 attenuated etiological agent of bovine tuberculosis, which is closely related to *M. tuberculosis*, the
559 cause of human tuberculosis, and one of the WHO-designated priority pathogens carbapenem-

560 resistant *Enterobacter cloacae*, whereas it exhibits low cytotoxicity on human monocytes. AST is
561 chemically unrelated to other organoarsenicals and is a promising candidate to usher in a new
562 class of antimicrobial agents (Nadar et al. 2019). MAs(III) and other trivalent arsenicals exert their
563 toxicity through reaction with thiols. In contrast, AST is a pentavalent organoarsenical, and
564 pentavalent arsenicals have low reactivity with thiols. Even though other pentavalent arsenicals
565 are relatively benign and less toxic, AST is as effective an antimicrobial as MAs(III) and is 15-fold
566 more effective as an antimicrobial than PT. PT and AST act by inhibition of glutamine synthetase
567 (GS), a central enzyme in nitrogen metabolism. The likely mechanism of action is by mimicking
568 the γ -glutamyl phosphate intermediate in the glutamine synthetase catalytic pathway (Nadar et
569 al. 2019; Suzol et al. 2020).

570

571 Recently the biosynthetic gene cluster for biosynthesis of AST was identified (Galván et al. 2021).
572 An *ars* operon consisting of three genes, *arsQML*, was identified in the draft genome sequence
573 of *B. gladioli* GSRB05, the AST producer. These three genes were shown to encode genes for
574 the synthesis of AST and for its efflux from the cells. The *arsL* gene encodes a non-canonical
575 radical S-adenosylmethionine (SAM) enzyme that transfers the 3-amino-3-carboxypropyl group
576 from SAM to inorganic arsenite, forming hydroxyarsinotrichin (2-amino-4-
577 (dihydroxyarsinoyl)butanoate, or AST-OH), the precursor of AST. The *arsM* gene product, an
578 As(III) SAM methyltransferase, methylates AST-OH, producing AST. Finally, *arsQ* encodes an
579 efflux permease that extrudes AST from the cells, both protecting the producing cells from its own
580 product and releasing AST into the extracellular milieu, allowing it to exert its antibiotic action
581 (Galván et al. 2021). For AST to be a useful antibiotic, it must be available in sufficient quantities
582 for clinical trials and for further drug development. Recently, a semi-synthetic method was
583 reported in which D,L-AST-OH is chemically synthesized and then enzymatically methylated by
584 ArsM to produce D,L-AST (Suzol et al. 2020).

585 Paul Ehrlich, the father of modern drug chemotherapy who synthesized the antimicrobial
586 organoarsenical salvarsan, prophesied that drug resistance follows the drug like a faithful shadow
587 (Ebrahim 2010). This has proven true for nearly every antibiotic and antimicrobial, and resistance
588 to AST has already arisen. AST is inactivated by acetylation of α -amino group by the enzyme
589 ArsN1. The *arsN1* gene is found in *ars* operons, suggesting that resistance to AST probably arose
590 soon after the evolution of its synthesis. ArsN1 is highly selective and has higher affinity for AST
591 than structurally related PT (Nadar et al. 2019). The *arsN1* gene is widely distributed in bacteria,
592 which implies that AST is also produced by many environmental bacteria. Even so, AST still has
593 a future as an antibiotic. First, AST can be used in combination with ArsN1 inhibitors that can be
594 predicted from the crystal structure of AST-bound ArsN1. Second, the chemical synthesis of AST
595 can be used to produce modified derivatives with higher inhibition of GS or that evade ArsN1
596 acetylation. These inhibitors and derivatives will improve the clinical utility of this promising new
597 class of antimicrobial drugs.

598

599 **3. Synthetic aromatic arsenicals in animal husbandry**

600 Although their medicinal uses waned after the advent of penicillin in the early 1940s, synthetic
601 aromatic arsenicals have been repurposed for use in animal husbandry. Four pentavalent
602 aromatic arsenicals were extensively used in the poultry and swine industry in the US since the
603 mid-1940's and played significant roles as feed additives for improvement of weight gain, feed
604 efficiencies and pigmentation, as well as prevention and treatment of parasitic infectious diseases
605 until banned in the mid-2010's. Atoxyl (*p*-ASA) (Fig. 2U), the first organoarsenical drug for human
606 trypanosomiasis, was repurposed for poultry and swine to promote growth and prevent or treat
607 dysentery (Sharma and Anand 1997). Carbarsone (4-carbamoylaminophenylarsenate or Car(V))
608 (Fig. 2V), the carbamoylated *p*-ASA(V) derivative originally introduced in 1931 for the treatment
609 of human protozoal infectious diseases trichomoniasis and amebiasis, was later restricted to
610 application with turkeys to improve weight and control blackhead disease, a protozoan disease

611 caused by *Histomonas meleagridis* (Hoekenga 1951; McDougald 1979; Radke 1955; Sasaki et
612 al. 1956; Worden and Wood 1973). The other two are nitroaromatic pentavalent arsenicals,
613 roxarsone (4-hydroxy-3-nitrophenylarsonate or Rox(V)) (Fig. 2W) and nitarsone (4-
614 nitrophenylarsenate or Nit(V)) (Fig. 2X) that were exclusively used for animal husbandry. Rox(V)
615 was used for poultry to promote growth, treat coccidiosis, an intestinal protozoan parasitic disease
616 caused by *Eimeria tenella*, as well as prevent gastrointestinal tract infections. Although mostly
617 excreted unchanged from the animals, administered organoarsenical drugs were shown to
618 increase the level of inorganic arsenic species in the chicken breasts (Liu et al. 2016). Roxarsone
619 and nitrasone have been banned for nearly two decades by the European Union, in 2014 and
620 2015, respectively, by the FDA
621 (<https://www.fda.gov/AnimalVeterinary/SafetyHealth/ProductSafetyInformation/ucm257540.htm>),
622 and more recently banned in China (Hu et al. 2019), although compliance is difficult to enforce.
623 Several countries including Malaysia, Canada and Australia followed this move, yet their use is
624 still allowed in countries such as Argentina, Brazil, Chile, Mexico and Vietnam (Hu et al. 2019).
625 Nit(V) was the last drug in use in the United States to prevent and treat blackhead disease in
626 poultry, and currently there are no efficacious drugs for this serious avian disease, raising a
627 concern in poultry industry (<https://www.fda.gov/animal-veterinary/resources-you/blackhead-disease-poultry>).
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632

633 **4. Future perspectives**

634 The major drawback of the use of arsenic in medicine is its toxicity. Therefore, there is a need
635 to employ current advances in science to develop new generation arsenicals that can make up
636 for the shortcomings of currently used arsenic-based drugs. Development of future arsenical

637 drugs will build on the chemistry and properties of arsenic-based drugs already proven to be
638 effective. Before advancements in scientific research, most arsenic-based drugs throughout
639 history were marketed and used without rigorous clinical trials or understanding of their
640 mechanisms of action. This lack of scientific rigor may have been responsible for the disuse of
641 arsenic-based drugs in the late 1900s. The re-emergence of arsenic as a frontline treatment for
642 APL shows the potential for development of new arsenicals with higher therapeutic efficacy and
643 lower toxicity.

644

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650

651 **Abbreviations**

652	AML	Acute myeloid leukemia
653	APL	Acute promyelocytic leukemia
654	AQP	Aquaporin/aquaglyceroporin
655	ArsM	As(III) S-adenosylmethionine methyltransferase
656	ART	Antiretroviral therapy
657	As(III)	Arsenite
658	As(V)	Arsenate
659	AST	Arsinothricin
660	AST-OH	Hydroxyarsinothricin
661	ATL	Adult T-cell leukemia/lymphoma
662	ATO	Arsenic trioxide
663	ATRA	All-trans retinoic acid
664	BAL	British anti-Lewisite
665	EBV	Epstein-Barr virus
666	EGCG	(-)-Epigallocatechin-3-gallate
667	FDA	Food and Drug Administration
668	GOE	Great Oxidation Event
669	GS	Glutamine synthetase
670	HAT	Human African trypanosomiasis

671	HCV	Hepatitis C Virus
672	HIV-1	Human immunodeficiency virus-1
673	HPV	Human papillomavirus
674	MAs(III)	Methylarsenite
675	MAs(V)	Methylarsenate
676	MSMA	Monosodium methylarsenate
677	MurA	UDP- <i>N</i> -acetylglucosamine enolpyruvyl transferase
678	Nit(V)	Nitarson
679	<i>p</i> -ASA	<i>p</i> -arsanilic acid
680	Pin1	Peptidyl-prolyl cis–trans isomerase NIMA (never in mitosis A)-interacting 1
681	PML	Promyelocytic leukemia
682	PML-RAR α	Promyelocytic leukemia protein-retinoic acid receptor alpha
683	PT	L-phosphinothricin
684	PTT	Phosphinothricin tripeptide
685	ROS	Reactive oxygen species
686	Rox(V)	Roxarsone
687	SAM	S-adenosylmethionine
688	SARS-CoV-2	Severe acute respiratory syndrome coronavirus 2
689	SIV	Simian immunodeficiency virus
690	UDP	uridine diphosphate

691 WHO

World Health Organization

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