

Singularities in nearly uniform one-dimensional condensates due to quantum diffusion

C. L. Baldwin,¹ P. Bienias,^{1,2} A. V. Gorshkov,^{1,2} M. J. Gullans,² and M. Maghrebi³

¹*Joint Quantum Institute, NIST/University of Maryland, College Park, Maryland 20742, USA*

²*Joint Center for Quantum Information and Computer Science, NIST/University of Maryland, College Park, Maryland 20742, USA*

³*Department of Physics and Astronomy, Michigan State University, East Lansing, Michigan 48824, USA*

(Received 11 April 2021; revised 6 July 2021; accepted 1 September 2021; published 14 October 2021)

Dissipative systems often exhibit wavelength-dependent loss rates. One prominent example is Rydberg polaritons formed by electromagnetically induced transparency, which have long been a leading candidate for studying the physics of interacting photons and also hold promise as a platform for quantum information. In this system, dissipation is in the form of quantum diffusion, i.e., proportional to k^2 (k being the wavevector) and vanishing at long wavelengths as $k \rightarrow 0$. Here, we show that one-dimensional condensates subject to this type of loss are unstable to long-wavelength density fluctuations in an unusual manner: after a prolonged period in which the condensate appears to relax to a uniform state, local depleted regions quickly form and spread ballistically throughout the system. We connect this behavior to the leading-order equation for the nearly uniform condensate—a dispersive analog to the Kardar-Parisi-Zhang equation—which develops singularities in finite time. Furthermore, we show that the wavefronts of the depleted regions are described by purely dissipative solitons within a pair of hydrodynamic equations, with no counterpart in lossless condensates. We close by discussing conditions under which such singularities and the resulting solitons can be physically realized.

DOI: [10.1103/PhysRevA.104.L041303](https://doi.org/10.1103/PhysRevA.104.L041303)

Dissipative systems are typically described by a constant dissipation rate, yet many physical platforms are instead subject to momentum-dependent losses. A prominent example is Rydberg systems, which have received much interest as a platform for quantum nonlinear optics [1–3] and quantum information processing/simulation [4–12]. The polaritons that form under the condition of electromagnetically induced transparency (EIT) [13–15] undergo quantum diffusion, i.e., a one-body loss rate $\Gamma_k \propto k^2$ [2]. A similar form of dissipation occurs in bosonic atoms driven by two coherent laser beams [14]. This type of loss can be realized in arrays of microwave resonators as well by coupling the cavity modes to qubits [16,17].

In a many-body system, momentum-dependent loss can have drastic consequences, from dissipatively stabilizing condensates [18] to producing exotic critical or correlated states [17,19–21]. These advances notwithstanding, many consequences of momentum-dependent loss remain undiscovered.

In this paper, we investigate a driven-dissipative condensate in one dimension subject to one-body loss $\Gamma_k \sim \lambda k^2$. We show that when perturbed from uniformity, this system exhibits a striking instability, best demonstrated by the example in Fig. 1. Shown is the density profile of a condensate as a function of time, obtained by numerical simulation of the Gross-Pitaevskii equation (details to be explained below). The condensate initially has a slight localized excess of particles. The excess density begins to spread throughout the system, and the condensate appears to relax to a uniform state. However, after a significant delay, the density quickly drops to zero in certain regions, forming fronts that move ballistically and eventually consume the entire condensate.

We show that the onset of instability can be attributed to the long-wavelength equation for the phase of the nearly

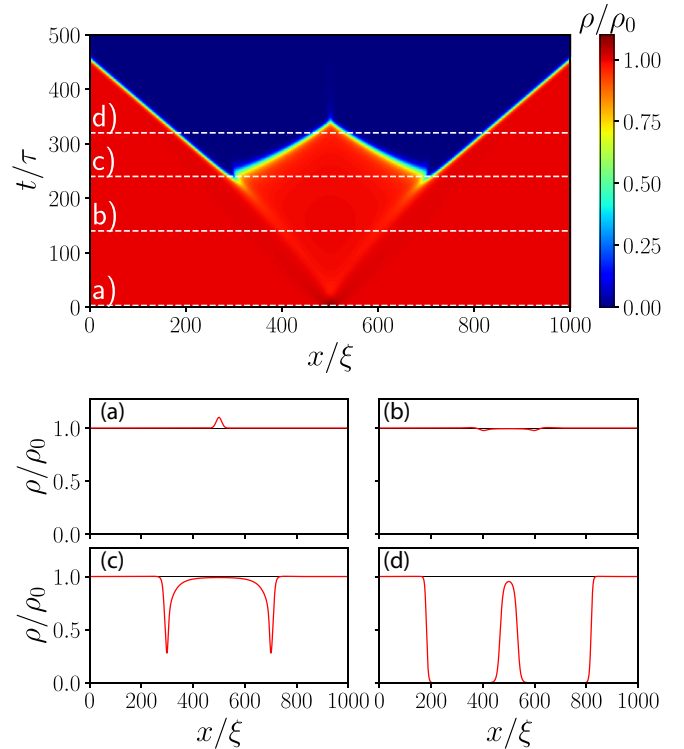


FIG. 1. Top: Time evolution of a small Gaussian density perturbation. Bottom: Snapshots of the density profile (normalized by the initial density ρ_0) at the times indicated by the dashed white lines in the top panel. Simulation parameters are the dissipation strength $\lambda = 2.0$, the height of the initial Gaussian $h = 0.1$, its width $w = 15\xi$, the spatial discretization $\Delta x = 0.2\xi$, and the time step $\Delta t = 0.1\tau$. ξ and τ define the coherence lengthscale and timescale, respectively.

uniform condensate. Whereas driven-dissipative condensates with k -independent loss are typically described by the Kardar-Parisi-Zhang (KPZ) equation [22–26], a well-known nonlinear diffusion equation, here we find an analogous nonlinear *wave* equation, which we refer to as “dispersive KPZ.” Little is known about the dispersive KPZ equation, at least in the physics literature, but a surprising feature of the latter is that generic solutions diverge in finite time [27]. We show that this singularity corresponds to the sudden depletion of the condensate.

The dynamics following the formation of the depleted regions can no longer be described by dispersive KPZ, for which solutions simply do not exist beyond the singularity time. We thus derive a more general pair of hydrodynamic equations, and we identify soliton solutions that accurately describe the shape and motion of the fronts seen in Fig. 1. As will become clear, these solitons are exclusive to dissipative condensates, and in fact, their core size diverges in the limit of vanishing dissipation, $\lambda \rightarrow 0$.

Dissipative Gross-Pitaevskii equation. We consider a one-dimensional gas of particles with contact interactions and single-body loss $\Gamma_k \sim \lambda k^2$. Formally, the system is described by the quantum master equation ($\hbar = 1$)

$$\partial_t \rho = -i(\hat{H}_{\text{eff}} \rho - \rho \hat{H}_{\text{eff}}^\dagger) + \int dx \frac{\lambda}{m} (\partial_x \hat{\psi}) \rho (\partial_x \hat{\psi}^\dagger), \quad (1)$$

$$\hat{H}_{\text{eff}} = \int dx \left[\frac{1 - i\lambda}{2m} (\partial_x \hat{\psi}^\dagger)(\partial_x \hat{\psi}) + U \hat{\psi}^\dagger \hat{\psi}^2 \right], \quad (2)$$

where ρ is the density matrix of the system, and $\hat{\psi}^\dagger(x)$ creates a bosonic particle at position x . Here m is the mass and $U > 0$ governs the strength of interactions.

Following the standard procedure, e.g., as in Refs. [28,29], we first derive the semiclassical equation of motion for the condensate wavefunction $\psi(x)$, valid at large densities $\rho_0 \gg mU$. While it would clearly be ideal to go beyond this weakly interacting limit, we shall find that the semiclassical behavior is already quite rich. The equation of motion is

$$i\partial_t \psi + \frac{1 - i\lambda}{2m} \partial_x^2 \psi - 2U |\psi|^2 \psi = 0. \quad (3)$$

Equation (3) is quite similar to the standard Gross-Pitaevskii (GP) equation, with the only difference being that the coefficient of the kinetic term is complex. Therefore, any spatial variation of the wavefunction leads to dissipation. We shall focus on the dynamics of a nearly uniform condensate. For concreteness, we use initial conditions of the form

$$\psi(x, 0) = \sqrt{\rho_0} (1 + h e^{-\frac{x^2}{w^2}})^{\frac{1}{2}}. \quad (4)$$

We have confirmed that the conclusions of this paper hold for other initial conditions as well (sinusoidal perturbations, random density/phase fluctuations, etc.).

The natural lengthscale of Eq. (3) is the healing length $\xi \equiv \sqrt{1/mU\rho_0}$, and the natural timescale is $\tau \equiv m\xi^2$. The remaining dimensionless parameters are the dissipation strength λ , the magnitude of the density perturbation h , and the width of the density perturbation w/ξ .

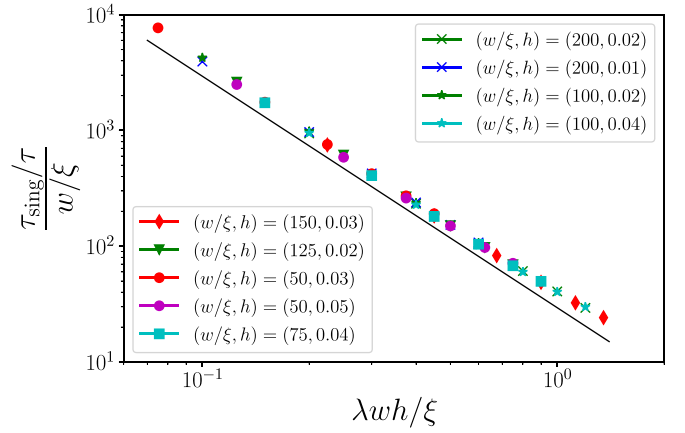


FIG. 2. Demonstration of the scaling form for the singularity time τ_{sing} . The solid line is a power law z^{-2} , drawn for comparison. τ_{sing} is plotted for Gaussian density perturbations of various heights h and widths w (see the inset), and various dissipation strengths $\lambda \in \{0.05, 0.1, 0.15, 0.2, 0.25, 0.3\}$. System size is $L = 10\,000\xi$.

Figure 1, showcased earlier, displays a representative simulation of Eq. (3) using the initial profile in Eq. (4). The behavior is highly nontrivial—a prolonged period during which the condensate is nearly uniform is followed by the sudden appearance and subsequent spread of fully depleted regions. We refer to the sudden depletion as a “singularity.” While the density profile is strictly analytic as a function of time, the long-wavelength equation derived below exhibits a genuine singularity, which acts as a precursor to the condensate depletion.

For concreteness, let us define τ_{sing} as the time when $\rho(x, t) \equiv |\psi(x, t)|^2$ first drops below $\rho_0/2$ at some position x , i.e., the first time at which $\min_x \rho(x, t) < \rho_0/2$. Figure 2 plots τ_{sing} for multiple choices of λ and initial conditions. A clear scaling form is seen:

$$\frac{\tau_{\text{sing}}(\lambda, w, h)}{\tau} \sim \frac{w}{\xi} \mathcal{F}\left(\frac{\lambda w h}{\xi}\right), \quad (5)$$

where the scaling function appears to fall off as $\mathcal{F}(z) \sim z^{-2}$ for $z \lesssim 1$. Such algebraic dependence implies that the underlying instability is fundamentally different from nucleation, where a metastable state tunnels into a true equilibrium state, for which the decay rate would be exponentially suppressed at small fluctuations/perturbations. The instability reported here is governed by a different mechanism that follows from the long-wavelength description of the condensate.

Dispersive KPZ equation. To derive the long-wavelength effective equation for the nearly uniform condensate, starting from Eq. (3), we (i) write $\psi(x, t) = \sqrt{\rho_0 + \Delta\rho(x, t)} e^{i\theta(x, t)}$, assuming $\Delta\rho \ll \rho_0$, and (ii) retain only the terms in the GP equation that are both lowest-order in $\Delta\rho/\rho_0$ and most relevant at long wavelengths. The calculation is given in the supplemental material (SM) [30]. The end result is

$$\frac{1}{c^2} \partial_t^2 \theta = \partial_x^2 \theta + \lambda (\partial_x \theta)^2, \quad (6)$$

with $c \equiv \sqrt{2}\xi/\tau$ being a velocity scale that characterizes the “speed of sound.” The density variation in turn comes out to be $\Delta\rho = -(\rho_0\tau/2)\partial_t\theta$.

Equation (6) is quite similar to the (noiseless) KPZ equation, which has emerged in generic dissipative condensates [22–25], except for the second time derivative on the left-hand side, which results in a wavelike equation with c defining a causal “light cone” [27]. Being a nonlinear wave equation, we refer to Eq. (6) as the “dispersive KPZ” equation. Much less is known about dispersive KPZ than its diffusive counterpart [31–34], but one established result is that under certain conditions, solutions to the dispersive KPZ equation—as well as a larger class of nonlinear hyperbolic equations—diverge in finite time [27]. On physical grounds, this is due to the absence of any damping term such as $\partial_t\theta$, which could counteract the nonlinear growth. We have confirmed this divergence through numerical simulation of Eq. (6).

Figure 3 compares the solution of dispersive KPZ to the solution of the GP equation for a representative example. We see that (i) the two agree extremely well for as long as $\Delta\rho/\rho_0$ is everywhere small, and (ii) development of the singularity in dispersive KPZ coincides with the depletion of the condensate. For this reason, we equate the singularity time with τ_{sing} [35].

The scaling form of τ_{sing} given in Eq. (5) then follows from the scaling of solutions to dispersive KPZ. Suppose that, just as in the simulations above, initially $\theta(x, 0) = 0$ and $\Delta\rho(x, 0) = -\frac{\rho_0\tau}{2}\partial_t\theta(x, 0)$ is of the form

$$\Delta\rho(x, 0) = \frac{\rho_0 h}{2} \mathcal{G}\left(\frac{x}{w}\right) \quad (7)$$

for some dimensionless function $\mathcal{G}(y)$. Defining $y \equiv x/w$, $s \equiv tc/w$, $\phi(y, s) \equiv \lambda\theta(x, t)$, the dispersive KPZ equation together with the initial conditions can be written as

$$\begin{aligned} \partial_s^2 \phi &= \partial_y^2 \phi + (\partial_y \phi)^2, \\ \phi(y, 0) &= 0, \quad \partial_s \phi(y, 0) = -\frac{\lambda w h}{\sqrt{2}\xi} \mathcal{G}(y). \end{aligned} \quad (8)$$

The only dimensionless parameter here is $\lambda w h/\xi$, hence the scaling form in Eq. (5). This gives further evidence for the applicability of dispersive KPZ [36].

Unfortunately, the dispersive KPZ equation does not have a general analytic solution (although a solvable special case is given in the SM [30]). Thus let us briefly discuss an analogous but simpler equation that exhibits similar features:

$$\partial_t \tilde{\theta} = \partial_x \tilde{\theta} + \lambda \tilde{\theta}^2, \quad (9)$$

which, in dimensionless coordinates, describes a left-moving wave with an additional nonlinear term (with $\tilde{\theta}$ roughly mimicking $\partial_x \theta$ [37]). It is trivial to solve this equation by transforming to the frame moving alongside the wave: along the path $x(t) = x_0 - t$, Eq. (9) simply becomes $d\tilde{\theta}/dt = \lambda \tilde{\theta}^2$. Thus the general solution is

$$\tilde{\theta}(x_0 - t, t) = \frac{\tilde{\theta}_0}{1 - \lambda \tilde{\theta}_0 t}, \quad (10)$$

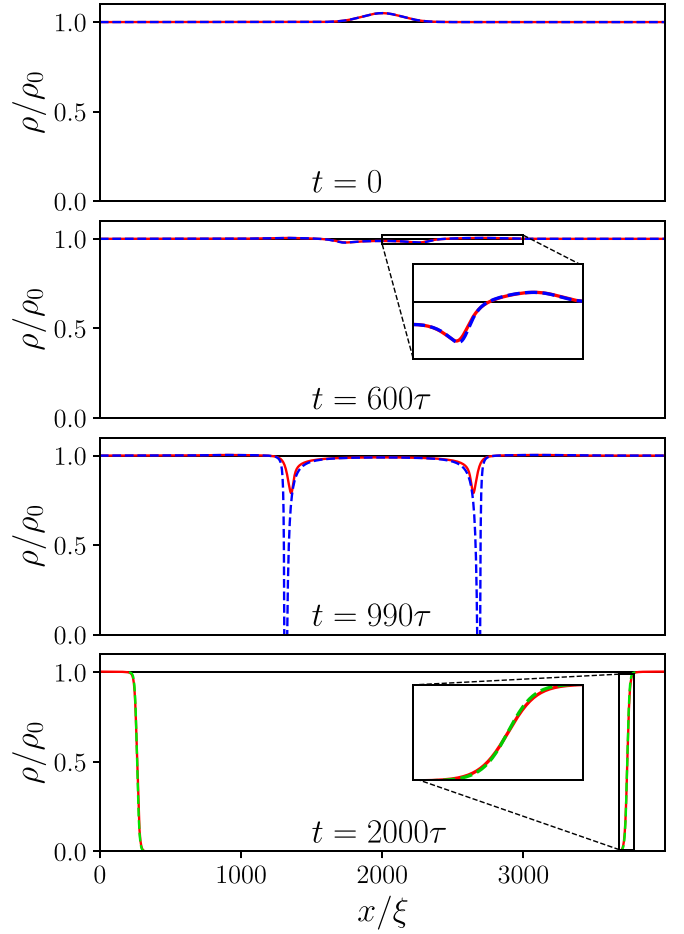


FIG. 3. Comparison of the solution to the GP equation (red lines) against solutions to approximate equations for time evolution of a Gaussian density perturbation. Times are indicated in each panel. Upper three: Comparison to dispersive KPZ, shown in blue. Bottom: Comparison to the soliton given by Eqs. (13) and (14), shown in green, with the constant z_0 chosen to match the center of the front. Simulation details: dissipation strength is $\lambda = 0.4$, height of the initial Gaussian is $h = 0.05$, width is $w = 200\xi$, spatial step size is $\Delta x = 0.2\xi$, temporal step size is $\Delta t = 0.1\tau$.

where $\tilde{\theta}_0 \equiv \tilde{\theta}(x_0, 0)$. We see that, unless $\tilde{\theta}(x_0, 0)$ is everywhere negative, $\tilde{\theta}(x, t)$ will diverge in finite time, regardless of the precise shape of the initial condition. The same phenomenon occurs in the setting of the dispersive KPZ equation. Note that this behavior is much more drastic than a linear instability, where the amplitude would grow exponentially but nonetheless be finite at any finite time.

Hydrodynamic equations. For times greater than τ_{sing} , the dispersive KPZ equation clearly cannot describe the evolution of the condensate. Thus we derive a pair of hydrodynamic equations that no longer assume $\Delta\rho \ll \rho_0$, only requiring that the relevant lengthscales and timescales still be larger than ξ and τ , respectively. We follow the standard procedure for quantum fluids by describing the wavefunction in terms of the density $\rho(x, t)$ and velocity field $v(x, t) \equiv \partial_x \theta(x, t)/m$

[38,39]. The resulting hydrodynamic equations become (see the SM for details [30])

$$\partial_t \rho + \partial_x(\rho v) = -\lambda m \rho v^2, \quad (11)$$

$$\partial_t v + v \partial_x v = -\frac{2U}{m} \partial_x \rho. \quad (12)$$

Equation (11) is the analog of the continuity equation, with the additional feature that the density is depleted in regions of nonzero velocity. Equation (12) is the standard Euler equation for an incompressible fluid, with the pressure given by $P(\rho) = U \rho^2$ [hence the right-hand side can be written as $-(m\rho)^{-1} \partial_x P(\rho)$] [39].

One can confirm by direct substitution that the above equations admit soliton solutions— $\rho(x, t) = \rho(x - ut)$, $v(x, t) = v(x - ut)$ —for any velocity u such that $|u| \geq c$ (c being defined as before). Supersonic solitons are likely unstable, therefore we focus on the case $u = c$, where the soliton moves rightward at the speed of sound. In terms of $z \equiv x - ct$, we obtain [30]

$$\frac{\rho(z)}{\rho_0} = 1 + \frac{v(z)}{c} - \frac{v(z)^2}{2c^2}, \quad \frac{v(z)}{c} = f^{-1} \left[\frac{\sqrt{2}\lambda}{3\xi} (z_0 - z) \right], \quad (13)$$

where z_0 is a constant that fixes the center of the soliton and f^{-1} is the inverse of the function

$$f(y) = \ln(-y) - \frac{2\sqrt{3}+3}{6} \ln(\sqrt{3}-1+y) + \frac{2\sqrt{3}-3}{6} \ln(\sqrt{3}+1-y). \quad (14)$$

Note that the density ρ approaches ρ_0 as $z \rightarrow \infty$, while it vanishes as $z \rightarrow -\infty$. The fronts observed in our simulations of the GP equation agree well with Eq. (13) (the left-moving fronts are easily related to the above by symmetry). A representative comparison is shown in the bottom panel of Fig. 3.

These solitons are quite different from those in the dissipation-free GP equation [$\rho \sim \rho_0 \tanh^2(z/\sqrt{2}\xi)$] [38]. Most importantly, the dissipative solitons have a core size ξ/λ (as opposed to simply ξ), which diverges in the limit of vanishing dissipation, $\lambda \rightarrow 0$. This is consistent with the fact that these solitons originate from an instability that occurs only in the presence of quantum diffusion.

Physical realizations. Let us briefly comment on potential physical realizations of this phenomenon. As noted above, one possible platform is Rydberg polaritons via electromagnetically induced transparency (EIT), formed when an incoming photon hybridizes with a long-lived Rydberg state through a lossy intermediate state [4,40,41]. At precisely zero momentum, the polariton is a superposition of Rydberg state and photon with exactly zero amplitude on the lossy state, and hence it is essentially lossless. The deviation from resonance at small but finite k leads to the k^2 loss and results in a diffusionlike term [2]. Furthermore, at low energies, we can neglect scattering into other modes, leaving Eq. (2) as the effective many-body Hamiltonian.

While the interaction between polaritons is generically complex-valued as well, we have confirmed that it is possible to tune microscopic parameters so that the effective two-body loss rate vanishes while the one-body (k^2) loss remains

significant; see the SM [30]. Thus the instability reported here may be observable in Rydberg polariton systems, although the parameter regime in which $\tau_{\text{sing}} \gg \tau$ (where the “singularity” is sharpest) would necessitate a long atomic medium. Running-wave cavities may provide a feasible alternative to the long free-space lengths.

An alternate realization could come from a one-dimensional (1D) cloud of bosonic atoms driven by two coherent lasers under EIT. With one beam orthogonal to the atomic gas and the other parallel, detuning (proportional to the atomic wavevector k) due to the Doppler shift leads to diffusionlike dynamics [14]. To ensure that the contact interaction does not itself cause losses, one would have to properly choose the states involved and tune interactions, e.g., with a magnetic field [42]. Finally, microcavity arrays [18,43] provide another platform where k^2 loss can be realized [16,17]. However, it may be challenging to engineer coherent interactions and diffusive terms simultaneously.

Conclusion. We have shown that 1D driven-dissipative condensates for which quantum diffusion is the dominant source of dissipation suffer from a peculiar instability to local density perturbations. The condensate relaxes towards uniform density until a time τ_{sing} —much larger than the natural timescale τ —after which certain regions quickly deplete and form fronts which then spread throughout the condensate. We have traced this behavior to the long-wavelength effective equation for the phase of the condensate, a nonlinear wave equation that we refer to as the “dispersive KPZ” equation. Solutions to dispersive KPZ can diverge at finite times, and we have observed that the singularity in the long-wavelength description coincides with depletion of the condensate. We have further derived a pair of hydrodynamic equations for the condensate that accurately describe the dynamics even beyond the onset of instability. Interestingly, the fronts are described by nonstandard soliton solutions that emerge solely due to dissipation.

From a mathematical perspective, it has long been known that the solutions to nonlinear wave equations can diverge, or more generally become nonanalytic [44,45]. It is interesting to note that whereas the divergence is often seen as an unphysical mathematical pathology, here it corresponds to a genuine physical phenomenon. Coincidentally, Ref. [27] even makes the following comment: “there is, to our knowledge, no direct application of [dispersive KPZ] to a physical problem.” The situation discussed here—condensates undergoing quantum diffusion—provides such an application.

Many directions for future work remain. First of all, even though some steps of our analysis were tailored to the specific problem at hand (a necessity when studying nonlinear equations), others can be applied in a variety of contexts. We fully expect that the underlying phenomenon of rapid instabilities tied to singularities in the long-wavelength effective equations can be found in a much wider class of systems. At the very least, one can derive analogous equations in higher dimensions, and it would be interesting to examine their possible singularities as well.

Furthermore, whereas the traditional solitons and hydrodynamic behavior of condensates have been well-studied [38,39,46], we have only scratched the surface of the present equations. For example, it would be interesting to study

a gas of dissipative solitons similar to their counterpart in exciton-polariton condensates [47–50]. A pumping mechanism would be required to maintain a nontrivial steady state, but the resulting physics could be quite rich and is worth investigating.

It is also desirable to go beyond the semiclassical limit and investigate the strongly interacting quantum regime. Although extremely difficult in general, a step in this direction would be to include noise terms in Eqs. (3) and (6) [28,29]. Most studies of the traditional KPZ equation do include a noise term, as it is the competition between noise and nonlinearity that leads to distinct scaling properties [51,52], and so it is natural to ask whether dispersive KPZ has its own unique scaling behavior. Another motivation comes from the fact that scattering processes (not included in the semiclassical treatment) can lead to alternate types of momentum-dependent dissipation, e.g., Beliaev damping [53,54]. Finally, further scrutiny of different physical realizations is worthwhile. While we have

intentionally kept our analysis theoretical and abstract, more systematic investigations are needed to assess the feasibility of any specific implementation.

The authors would like to thank J. V. Porto for informative discussions. This research was performed while C.L.B. held an NRC Research Associateship award at the National Institute of Standards and Technology. P.B. and A.V.G. acknowledge funding by the AFOSR, AFOSR MURI, DOE ASCR Quantum Testbed Pathfinder program (Award No. DE-SC0019040), US Department of Energy Award No. DE-SC0019449, DOE ASCR Accelerated Research in Quantum Computing program (Award No. DE-SC0020312), NSF PFCQC program, and ARO MURI. M.M. acknowledges support from NSF under Grant No. DMR-1912799, the Air Force Office of Scientific Research under Award No. FA9550-20-1-0073, as well as the start-up funding from Michigan State University.

-
- [1] A. V. Gorshkov, J. Otterbach, M. Fleischhauer, T. Pohl, and M. D. Lukin, Photon-Photon Interactions via Rydberg Blockade, *Phys. Rev. Lett.* **107**, 133602 (2011).
 - [2] T. Peyronel, O. Firstenberg, Q.-Y. Liang, S. Hofferberth, A. V. Gorshkov, T. Pohl, M. D. Lukin, and V. Vuletić, Quantum nonlinear optics with single photons enabled by strongly interacting atoms, *Nature (London)* **488**, 57 (2012).
 - [3] Y. O. Dudin and A. Kuzmich, Strongly interacting Rydberg excitations of a cold atomic gas, *Science* **336**, 887 (2012).
 - [4] I. Friedler, D. Petrosyan, M. Fleischhauer, and G. Kurizki, Long-range interactions and entanglement of slow single-photon pulses, *Phys. Rev. A* **72**, 043803 (2005).
 - [5] M. Saffman, T. G. Walker, and K. Mølmer, Quantum information with Rydberg atoms, *Rev. Mod. Phys.* **82**, 2313 (2010).
 - [6] H. Weimer, M. Müller, I. Lesanovsky, P. Zoller, and H. P. Büchler, A Rydberg quantum simulator, *Nat. Phys.* **6**, 382 (2010).
 - [7] L. Li, Y. O. Dudin, and A. Kuzmich, Entanglement between light and an optical atomic excitation, *Nature (London)* **498**, 466 (2013).
 - [8] D. Maxwell, D. J. Szwer, D. Paredes-Barato, H. Busche, J. D. Pritchard, A. Gauguet, K. J. Weatherill, M. P. A. Jones, and C. S. Adams, Storage and Control of Optical Photons Using Rydberg Polaritons, *Phys. Rev. Lett.* **110**, 103001 (2013).
 - [9] J. Otterbach, M. Moos, D. Muth, and M. Fleischhauer, Wigner Crystallization of Single Photons in Cold Rydberg Ensembles, *Phys. Rev. Lett.* **111**, 113001 (2013).
 - [10] H. Gorniaczyk, C. Tresp, P. Bienias, A. Paris-Mandoki, W. Li, I. Mirgorodskiy, H. P. Büchler, I. Lesanovsky, and S. Hofferberth, Enhancement of Rydberg-mediated single-photon nonlinearities by electrically tuned Förster resonances, *Nat. Commun.* **7**, 12480 (2016).
 - [11] D. Tiarks, S. Schmidt, G. Rempe, and S. Dürr, Optical π phase shift created with a single-photon pulse, *Sci. Adv.* **2**, e1600036 (2016).
 - [12] P. Bienias and H. P. Büchler, Two photon conditional phase gate based on Rydberg slow light polaritons, *J. Phys. B* **53**, 054003 (2020).
 - [13] S. E. Harris, J. E. Field, and A. Imamoglu, Nonlinear Optical Processes Using Electromagnetically Induced Transparency, *Phys. Rev. Lett.* **64**, 1107 (1990).
 - [14] M. Fleischhauer, A. Imamoglu, and J. P. Marangos, Electromagnetically induced transparency: Optics in coherent media, *Rev. Mod. Phys.* **77**, 633 (2005).
 - [15] A. K. Mohapatra, T. R. Jackson, and C. S. Adams, Coherent Optical Detection of Highly Excited Rydberg States Using Electromagnetically Induced Transparency, *Phys. Rev. Lett.* **98**, 113003 (2007).
 - [16] D. Marcos, A. Tomadin, S. Diehl, and P. Rabl, Photon condensation in circuit quantum electrodynamics by engineered dissipation, *New J. Phys.* **14**, 055005 (2012).
 - [17] J. Marino and S. Diehl, Driven Markovian Quantum Criticality, *Phys. Rev. Lett.* **116**, 070407 (2016).
 - [18] S. Diehl, A. Micheli, A. Kantian, B. Kraus, H. P. Büchler, and P. Zoller, Quantum states and phases in driven open quantum systems with cold atoms, *Nat. Phys.* **4**, 878 (2008).
 - [19] J. Eisert and T. Prosen, Noise-driven quantum criticality, *arXiv:1012.5013*.
 - [20] M. Hönig, M. Moos, and M. Fleischhauer, Critical exponents of steady-state phase transitions in fermionic lattice models, *Phys. Rev. A* **86**, 013606 (2012).
 - [21] E. Zeuthen, M. J. Gullans, M. F. Maghrebi, and A. V. Gorshkov, Correlated photon Dynamics in Dissipative Rydberg Media, *Phys. Rev. Lett.* **119**, 043602 (2017).
 - [22] Y. Kuramoto, *Chemical Oscillations, Waves, and Turbulence*, Springer Series in Synergetics (Springer, Mineola, NY, 1984).
 - [23] G. Grinstein, D. Mukamel, R. Seidin, and C. H. Bennett, Temporally Periodic Phases and Kinetic Roughening, *Phys. Rev. Lett.* **70**, 3607 (1993).
 - [24] G. Grinstein, C. Jayaprakash, and R. Pandit, Conjectures about phase turbulence in the complex Ginzburg-Landau equation, *Physica D* **90**, 96 (1996).
 - [25] E. Altman, L. M. Sieberer, L. Chen, S. Diehl, and J. Toner, Two-Dimensional Superfluidity of Exciton Polaritons Requires Strong Anisotropy, *Phys. Rev. X* **5**, 011017 (2015).

- [26] M. F. Maghrebi, Fragile fate of driven-dissipative XY phase in two dimensions, *Phys. Rev. B* **96**, 174304 (2017).
- [27] C. Escudero, Blow-up of the hyperbolic Burgers equation, *J. Stat. Phys.* **127**, 327 (2007).
- [28] A. Kamenev, *Field Theory of Non-Equilibrium Systems* (Cambridge University Press, Cambridge, 2011).
- [29] L. M. Sieberer, M. Buchhold, and S. Diehl, Keldysh field theory for driven open quantum systems, *Rep. Prog. Phys.* **79**, 096001 (2016).
- [30] See Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevA.104.L041303> for the following: (S1) Derivation of dispersive KPZ from the dissipative GP equation; (S2) example of singularity in a solution to dispersive KPZ; (S3) derivation of hydrodynamic equations and soliton solutions; (S4) calculation of one-body and two-body loss rates for Rydberg polaritons. See also Refs. [27,38,39,55–58].
- [31] P. Souplet, Nonexistence of global solutions to some differential inequalities of the second order and applications, *Port. Math.* **52**, 289 (1995).
- [32] A. S. Makarenko, M. N. Moskalkov, and S. P. Levkov, On blow-up solutions in turbulence, *Phys. Lett. A* **235**, 391 (1997).
- [33] H. Liu and R. Natalini, Longtime diffusive behavior of solutions to a hyperbolic relaxation system, *Asympt. Anal.* **25**, 21 (2001).
- [34] R. Orive and E. Zuazua, Long-time behavior of solutions to a nonlinear hyperbolic relaxation system, *J. Diff. Eq.* **228**, 17 (2006).
- [35] Unlike the singularity time in dispersive KPZ, which is a well-defined instant, our definition of τ_{sing} in the GP equation is somewhat arbitrary due to setting a threshold at $\rho_0/2$ [see the discussion above Eq. (5)]. But in the limit where $\tau_{\text{sing}} \gg \tau$, using any other fraction instead of $1/2$ would change τ_{sing} only by a subleading amount.
- [36] For more complicated initial conditions, τ_{sing} will not obey such a simple scaling form.
- [37] To see the analogy with dispersive KPZ, define (again setting $\tau = \xi = 1$ for simplicity) $\theta_1 \equiv \partial_t \theta$, $\theta_2 \equiv \partial_x \theta$. Dispersive KPZ can be written as the pair of first-order equations $\partial_t \theta_1 = \partial_x \theta_2 + \lambda \theta_2^2$, $\partial_t \theta_2 = \partial_x \theta_1$.
- [38] C. J. Pethick and H. Smith, *Bose-Einstein Condensation in Dilute Gases* (Cambridge University Press, Cambridge, 2002).
- [39] M. A. Cazalilla, R. Citro, T. Giamarchi, E. Orignac, and M. Rigol, One dimensional bosons: From condensed matter systems to ultracold gases, *Rev. Mod. Phys.* **83**, 1405 (2011).
- [40] M. Fleischhauer and M. D. Lukin, Dark-State Polaritons in Electromagnetically Induced Transparency, *Phys. Rev. Lett.* **84**, 5094 (2000).
- [41] M. D. Lukin, M. Fleischhauer, R. Cote, L. M. Duan, D. Jaksch, J. I. Cirac, and P. Zoller, Dipole Blockade and Quantum Information Processing in Mesoscopic Atomic Ensembles, *Phys. Rev. Lett.* **87**, 037901 (2001).
- [42] I. Bloch, J. Dalibard, and W. Zwerger, Many-body physics with ultracold gases, *Rev. Mod. Phys.* **80**, 885 (2008).
- [43] A. A. Houck, H. E. Türeci, and J. Koch, On-chip quantum simulation with superconducting circuits, *Nat. Phys.* **8**, 292 (2012).
- [44] F. John, *Nonlinear Wave Equations* (AMS, Providence, RI, 1990).
- [45] S. Alinhac, *Blowup for Nonlinear Hyperbolic Equations* (Birkhauser, Boston, 1995).
- [46] A. J. Leggett, *Quantum Liquids* (Oxford University Press, Oxford, 2006).
- [47] H. Tercas, D. D. Solnyshkov, and G. Malpuech, Topological Wigner Crystal of Half-Solitons in a Spinor Bose-Einstein Condensate, *Phys. Rev. Lett.* **110**, 035303 (2013).
- [48] H. Tercas, D. D. Solnyshkov, and G. Malpuech, High-Speed Dc Transport of Emergent Monopoles in Spinor Photonic Fluids, *Phys. Rev. Lett.* **113**, 036403 (2014).
- [49] P. G. Kevrekidis and D. J. Frantzeskakis, Solitons in coupled nonlinear schrödinger models: A survey of recent developments, *Rev. Phys.* **1**, 140 (2016).
- [50] A. Opala, M. Pieczarka, N. Bobrowska, and M. Matuszewski, Dynamics of defect-induced dark solitons in an exciton-polariton condensate, *Phys. Rev. B* **97**, 155304 (2018).
- [51] M. Kardar, G. Parisi, and Y.-C. Zhang, Dynamic Scaling of Growing Interfaces, *Phys. Rev. Lett.* **56**, 889 (1986).
- [52] T. Halpin-Healy and Y.-C. Zhang, Kinetic roughening phenomena, stochastic growth, directed polymers and all that. Aspects of multidisciplinary statistical mechanics, *Phys. Rep.* **254**, 215 (1995).
- [53] W. V. Liu, Theoretical Study of the Damping of Collective Excitations in a Bose-Einstein Condensate, *Phys. Rev. Lett.* **79**, 4056 (1997).
- [54] S. Giorgini, Damping in dilute Bose gases: A mean-field approach, *Phys. Rev. A* **57**, 2949 (1998).
- [55] A.-M. Wazwaz, *Partial Differential Equations* (CRC, Boca Raton, FL, 2002).
- [56] M. J. Gullans, J. D. Thompson, Y. Wang, Q. Y. Liang, V. Vuletić, M. D. Lukin, and A. V. Gorshkov, Effective Field Theory for Rydberg Polaritons, *Phys. Rev. Lett.* **117**, 113601 (2016).
- [57] P. Bienias, S. Choi, O. Firstenberg, M. F. Maghrebi, M. Gullans, M. D. Lukin, A. V. Gorshkov, and H. P. Büchler, Scattering resonances and bound states for strongly interacting Rydberg polaritons, *Phys. Rev. A* **90**, 053804 (2014).
- [58] V. E. Barlette, M. M. Leite, and S. K. Adhikari, Quantum scattering in one dimension, *Eur. J. Phys.* **21**, 435 (2000).