

Bedform segregation and locking increase storage of natural and synthetic particles in rivers

Authors: J. Dallmann^{1,2}, C.B. Phillips^{3,4}, Y. Teitelbaum⁵, E. Saavedra C.³, N. Sund⁶, R. Schumer⁶, S. Arnon⁵, A.I. Packman^{3*}

¹ Department Mechanical Engineering, Northwestern University, Evanston, IL, USA

² Center for Preparatory Studies, Nazarbayev University, Kazakhstan

³ Department of Civil and Environmental Engineering, Northwestern University, Evanston, IL, USA

⁴ Department of Civil and Environmental Engineering, Utah State University, Logan, UT, USA

⁵ Zuckerberg Institute for Water Research, Ben-Gurion University of the Negev, Beersheba, Israel

⁶ Desert Research Institute, Reno, Nevada, USA

*Corresponding Author

Abstract

While the ecological significance of hyporheic exchange and fine particle transport in rivers is well established, these processes are generally considered irrelevant to riverbed morphodynamics. We show that coupling between hyporheic exchange, suspended sediment deposition, and sand bedform motion strongly modulates morphodynamics and sorts bed sediments. Hyporheic exchange focuses fine-particle deposition within and below mobile bedforms, which suppresses bed mobility. However, deposited fines are also remobilized by bedform motion, providing a mechanism for segregating coarse and fine particles in the bed. Surprisingly, two distinct end states emerge from the competing interplay of bed stabilization and remobilization: a locked state in which fine particle deposition completely stabilizes the bed, and a dynamic equilibrium in which frequent remobilization sorts the bed and restores mobility. These findings demonstrate the significance of hyporheic exchange to riverbed morphodynamics and clarify how dynamic interactions between coarse and fine particles produce sedimentary patterns commonly found in rivers.

Introduction

- 1 Rivers carry both dissolved and particulate material from the continents to the oceans.
- 2 Terrestrial particulate matter plays a key role in structuring alluvial river channels¹, maintaining
- 3 deltaic coastlines², and supporting aquatic ecosystems^{3,4}. Particulate organic matter is retained
- 4 in riverbeds and floodplains⁵, buried in deltaic clinoforms⁶ and stored in marine sediments^{7,8}.

Consequently, internal river system dynamics regulate the metabolism of carbon, yielding an annual efflux of 5.1 Pg of carbon from rivers to the atmosphere, and delivering 0.9 Pg⁹ of terrestrially-derived carbon to the oceans^{5,8,10-12}. Land development and agriculture have substantially increased soil erosion and delivery of particulate matter to rivers¹³. Excessive accumulation of these fine particles in sediments (siltation, embeddedness) is one of the major causes of impairment of aquatic ecosystems today^{14,15}. These impacts are greatly exacerbated when the particles are themselves toxic (e.g., metal mine tailings)¹⁶. Concurrently, large quantities of plastics have been introduced into aquatic systems, yielding extraordinary numbers of small particles, fragments, and fibers – collectively termed microplastics – that are transported through and accumulate within fluvial systems^{17,18}. The storage times of such synthetic particles and their long-term consequences for aquatic ecosystems are currently unknown.

Terrestrial, aquatic, and anthropogenic particles are subject to a wide range of conditions during transport from river headwaters to coastal ecosystems, including sunlight and oxygen variations in the water column, physical abrasion, strong redox gradients, and diverse microbial metabolism in the riverbed¹⁹⁻²¹. Dissolved and particulate organic matter is transformed both in the stream and within the hyporheic zone – the highly bioactive region of the riverbed where river water mixes with groundwater¹⁹. Hyporheic exchange facilitates microbial metabolism by delivering oxygen, carbon, and nutrients to benthic and hyporheic microbial communities¹⁹. The rate and extent of hyporheic exchange are controlled by river flow, channel morphology, and riverbed permeability. Nevertheless, hyporheic flux and storage timescales have not been incorporated into numerical and conceptual models for the dynamics of particulate organic matter or microplastics in rivers²²⁻²⁵.

To date, deposition of fine (diameter < 50 μm) and light (specific gravity ~ 1) inorganic, organic, and synthetic particles in riverbeds has not been considered because it is generally assumed that they remain suspended in the water column due to low settling velocities²⁶. Though early studies indicated that particles that are fine and/or light may impact bed morphodynamics²⁷ and fines are known to modulate fluid properties²⁸, they are commonly assumed to only interact minimally with riverbeds²⁹. Increasingly, there is awareness that fine particles can impact bed morphodynamics, as recent studies have shown that fines can change bed slope³⁰ and interact with bed sediments as part of the bedload^{31,32}. Moreover, fine suspended particles are transported into riverbeds by hyporheic exchange and accumulate in the subsurface³³⁻³⁶.

Here we show that fine particle dynamics, hyporheic exchange and riverbed morphodynamics are highly coupled, and this coupling drives the system to one of two asymptotic end states: bedform locking in which fine particles accumulate within bedforms and completely stabilize the bed, and segregation in which fine particles propagate down through bedforms completely restoring bed morphodynamics and forming buried depositional layers. Both end states leave a distinctive depositional pattern that can be detected via sediment cores

Further, these end states control both particle retention timescales and bed remobilization frequencies, which regulate both the breakdown and ecological impact of fine particles in rivers.

Results

Fine suspended particles deposit in the bed and alter bed morphodynamics

We simultaneously observed bed morphodynamics and deposition of fine particles (kaolinite clay) in recirculating laboratory flumes under conditions typical of small sand-bed streams (Methods). We first observed the morphodynamics of sand alone (before adding clay) to assess distributions of bedform celerity and morphology under each flow condition (Fig. 1 a, b). We then added dispersed clay to the freestream and observed streamflow, clay deposition, and changes in bed morphodynamics using a combination of imagery (bedforms and clay), acoustic Doppler velocimetry (flow and bedform statistics at-a-point), water clay concentration measurements (real time) and bed clay content (at the conclusion of the experiments). Clay was transported into and through the bed along hyporheic flow paths and deposited at the location of maximum hyporheic influx to each bedform and within bedform troughs (Supplemental Data Fig. 1, Supplemental Data Video I). Clay accumulation stabilized the bed, reducing the bedform celerity (Fig. 1 a, b), and altering bed morphology (Fig. 1c). This type of stabilization has been observed in granular mixtures^{37,38} and is known to result from particle-particle interactions (cohesion) as clay deposits fill pores and form bridges between sand grains³⁹⁻⁴³. We were not able to observe these microscale processes directly in our large-scale experiments, but clay deposition patterns, reduced bedform celerity, and altered bedform morphology all demonstrate the effects of stabilization (Fig. 1, Fig. 2, Supplemental Data Fig. 2).

In experiments with relatively low shear velocities ($U^* = 0.013$ m/s), clay accumulation completely stabilized the bed, locking bedforms in place (Supplemental Data Video I). Locking occurred when cohesion increased to such an extent that the imposed fluid shear was no longer sufficient to mobilize the bed. Bedform celerity decreased as clay accumulated in the bed (Fig. 1, Fig. 2), and exhibited stochastic behavior as the transport rate neared zero. Complete locking was preceded by periods of incipient locking, in which the bed became fully stabilized locally at the observation location but remained mobile upstream. The resultant sediment transport propagated through the system and episodically remobilized the bed in the measurement area (Fig. 1a-c). As the bed approached a locked state, partial stabilization substantially changed the bed morphology. Bedform wavelengths increased when bed sediment transport slowed (Supplemental Data Fig. 2). Further, during the period of bedform locking, a small amount of sand remained in transport over the locked bedforms. This combination of sand deposition in bedform troughs and overall lengthening of the bedforms reducing bedform lee angles (Supplemental Data Fig. 2). Clay deposition ultimately locked the bed completely, halting sediment transport everywhere in the system. Fully locked bedforms had visibly different shapes and morphological properties than either clay-free or sorted clay-

sand bedforms, as they are elongated, and the lee angle is reduced noticeably. (Fig. 1c, Supplemental Data Fig. 2).

The extent of stabilization of the bed depended on the imposed fluid shear as well as the amount of deposited clay (Fig. 2); while clay floc size increased slightly with mass of clay used in each injection and salinity, floc size did not noticeably impact bed stabilization. Bedform celerity decreased in all cases, but complete locking only occurred under relatively low-shear conditions in which stabilization dominated the return of clay to the water column via hyporheic exchange and bedform scour (remobilization) (Fig. 2a). We assessed the change in bedform dynamics in terms of a stabilization ratio ψ , defined as the ratio of the clay fraction in the bed (M) (a proxy for the cohesive force associated with clay deposition) and the mobilization force imposed by the fluid (nondimensional Shields stress, τ_*). The normalized bed celerity (ratio of the mean celerity of the clay-sand bed $\langle C \rangle$ relative to sand alone $\langle C_{bl} \rangle$) decreased linearly with the stabilization ratio (Fig. 2b). Stabilization of mobile sediment beds solely by deposition of fine particles from the water column has not previously been quantified. These findings indicate that fine particle deposition and remobilization episodically regulate the morphodynamics of sand-bed rivers.

Discussion

Clay-sand bed end states: competition between segregation and locking

Under conditions of high bed mobility ($\psi \rightarrow 0$), deposited clay is frequently remobilized from within bedforms, and long-term deposition only occurs in a horizontal layer below the active region of bed sediment transport. For this case, we observed a peak in clay accumulation at the location of the most frequent (modal) scour depth (Fig. 3a). This can be considered the result of a stochastic process in which passage of a random series of bedforms induces both downward motion of suspended particles along hyporheic flow paths and remobilization of deposited particles through scour. This remobilization can be considered a type of winnowing process removing fine particles from the sediment bed. However, repeated passage of bedforms moves clay particles deeper into the bed, and ultimately into regions from which they are not remobilized⁴⁴. The resulting clay accumulation layer is horizontal because it is formed by the passage of many bedforms, which homogenizes the effects of hyporheic exchange processes⁴⁵. Conversely, when stabilization dominates, there is extensive deposition of clay within each bedform and the resulting strong local stabilization slows and ultimately stops bed sediment motion. For the locked case, we observed that clay accumulation decreased monotonically with depth in the bed (Fig. 3b), as expected for a process driven by flux of sediment particle from the water column^{46,47}.

In the mobilization-dominated case, presence of clay in the mobile layer still decreased bedform celerity over the timescale of the experiment (Fig. 2), but clay did not permanently accumulate in this region. Instead, clay accumulated primarily below the active layer of sand transport, at depths where clay was delivered by hyporheic exchange but only infrequently

remobilized by the passage of larger bedforms. Clay accumulation stabilized the bed at this depth, shifting the scour distribution upwards and reducing the mean bedform height (Supplemental Data Fig. 4). These dynamics produced a segregated end-state in which clay accumulates just underneath the active layer, while maintaining a mobile layer of sand transport (Fig. 3a). Hyporheic exchange decreased by more than a factor of two at the depth of clay accumulation but was maintained within the active layer (Supplemental Data Fig. 1, Supplemental Data Video 2).

The two morphodynamic end states observed here – segregated and locked – represent the asymptotic outcomes of stochastic forcing and internal dynamics in rivers. Bedforms develop spontaneously from interactions between river flow, bed sediment motion, and riverbed topography⁴⁸. While suspended and bed particle dynamics were previously thought to be independent, our results show that hyporheic exchange and subsequent deposition of fine particles strongly modulate local bed morphodynamics. Over longer timescales, extensive repetition of these processes is expected to drive riverbeds to either the segregated or locked state. Highly mobile sand-bed rivers have little clay in the active layer while bed sediments in locked sand/silt/clay-bed rivers contain a mixture of coarse and fine particles⁴⁸. The results presented here show that flow-bed-suspension dynamics reinforce these patterns. Further, while clay-sand sorting is normally assumed to be driven by wash-out of fine particles from mixed sediment beds, the results presented here show that fines are retained to a much greater extent than previously believed and accumulate in buried depositional layers. Such layered heterogeneity is known to occur in rivers and to strongly influence rates and patterns of hyporheic exchange⁴⁹, but available field data do not resolve the scales of heterogeneity observed here^{50,51}.

Larger-scale variations in flow and sediment inputs are expected to reinforce local bedform processes. Particles that are immobilized either by locking or by depositing below the active layer can only be remobilized under higher fluid shear, e.g., in floods. Floods generate larger bedforms with the capability to remobilize deposited fines from within stream channels³⁵. However, floods also induce larger-scale hyporheic exchange processes and drive fine particles deeper into the streambed^{34,52}. Therefore, both the mobilization and deposition processes observed here continue to occur during floods, and the wider ranges of flow and morphodynamic conditions found in rivers are expected to increase the length and time scales of the processes we observed. Moreover, our observations support the recent hypothesis that fine sediment contributes to development of low-angle bedforms in large rivers, and provide an additional mechanism for development of unusual dune morphologies and sedimentary deposits⁵³.

Implications for storage and breakdown of natural and synthetic particulate matter

Both the locked and segregated end states have direct implications for fine particle storage and metabolism in rivers. In the locked case, particles are trapped within bedforms until a high-flow event exceeds the bed erosion threshold. This increases particle residence

times within the hyporheic zone to flood recurrence timescales. Fine particle storage timescales are expected to be even greater in larger rivers, as these rivers require a sustained increase in discharge to modulate bedform morphodynamics, resulting in slow readjustment times⁵⁴. In the segregated case, burial of fine particles beneath the active layer and the resulting limitation on hyporheic exchange both favor long-term retention of natural and synthetic particulate matter in rivers. Fine particles primarily deposit in a layer below the average scour depth and migrate further downward over time. Repeated flood events will drive this material deeper into the bed and form low-permeability strata underneath the river channel that restrict hyporheic exchange and decrease delivery of solutes from the overlying river. This process provides a mechanism for suspended particulate organic matter to be deposited, retained, and preserved under river channels.

Both end states increase the opportunity for metabolism of organic matter relative to current models that assume these particles remain in the water column. While particulate organic carbon is known to be buried and stored within floodplains⁸ and deltas^{5,6}, our observations are the first to identify a clear mechanism for storage under active river channels. This process likely contributes to the supersaturation of CO₂ commonly found in rivers⁵⁵ and the resulting high rates of outgassing to the atmosphere¹⁰.

Microplastics will similarly become buried and retained for long periods of time in riverbeds. Microplastics are colonized by biofilms³⁶, and the sorption of ions and organic material to their surfaces leads to cohesive organic-inorganic aggregates that will contribute to bedform segregation. Over alluvial river valley morphodynamic timescales, channel migration leaves fluvial deposits buried within floodplains. The long-term structure formed by the processes observed here will be discontinuous and elongated fine particle lenses, which will retain the signature of human development in the form of extensive fine-particle deposits containing large numbers of synthetic microplastic particles.

While the strength of bed cohesion will be modified by the cohesive strength and size of the suspended sediment and the porosity of the sand bed, the suspended flocculated clay diameter ($< 50 \mu m$), suspended sediment concentrations ($< 10 g/L$) and bed sediment diameter ($D_{50} 0.420 mm$) used in this study are typical for many watercourses⁵⁶⁻⁵⁸. Both segregated and locked end states appear to occur with frequency in natural watercourses. Riverbeds often contain largely sand bedforms overlying subsurface fine particle layers^{49,59,60}. Field studies have indicated that the formation of these deposits can be connected to the interplay between hyporheic deposition and mobile bedform scour^{34,35}. Clay in intertidal bedforms, where these layers are also present⁴⁴, has been tied to slowdowns in bedform celerity³⁹. Beds in these systems are composed of high fractions of cohesive-fine particles⁶¹⁻⁶⁴ and are usually immobile⁴⁸.

Our results show that complex feedbacks between fine particle deposition, hyporheic exchange, and bedform morphodynamics increase the retention and burial of particles in rivers.

The effects of bed segregation and locking processes need to be investigated in a variety of rivers to improve assessment of particle cycling between terrestrial, freshwater, and marine systems, re-evaluating the opportunity for metabolism of both terrestrially-derived and aquatic organic matter in fluvial systems, and assessing the long-term ecological impacts of synthetic particles. Riverine storage, siltation and metabolism of carbon, nutrients, and contaminants are expected to become more important in the future as increasing land development and precipitation intensity deliver more terrestrial particulate matter to rivers⁶⁵. Our findings provide a basis for incorporating self-organized subsurface heterogeneity and coupled fine-coarse particle dynamics in models of riverine geomorphology, biogeochemistry, and ecosystem impacts.

Methods

Sediment transport within sand-bed rivers and streams occurs at high Shields stresses ($\tau_* = \tau / (\rho_s - \rho)gD$) where flux occurs through the suspension of bed material and coherent bedform motion^{41,42,53} and τ is the shear stress (Pa), g is gravity (m/s^2), D is a representative grain size (m), and ρ_s and ρ are the sediment and fluid density taken as 2,650 and 1,000 kg/m^3 , respectively. Bed morphodynamics depend primarily on freestream properties (e.g., velocity, depth), river reach geometry (e.g., slope, width) and the composition of the bed (grain size, roughness).^{66,67} Fine suspended particles (diameter $< 50 \mu m$) are typically considered to not interact significantly with the bed based on an inferred low likelihood of deposition based on the particle settling velocity (U_s) and hydrodynamic mixing, typically represented by the dimensionless Rouse number ($P = \frac{U_s}{\beta \kappa U_*}$). However, a recent reanalysis of suspended sediment profiles in sand-bed rivers suggests that suspended and bed sediments are in dynamic equilibrium³². Further, a growing body of evidence indicates that fine particles are transported into and accumulate within the bed due to hyporheic exchange³³⁻³⁵.

To explore the interactions between suspended particle dynamics and bed morphodynamics, we conducted experiments within two similar recirculating flumes at Northwestern University (NU)⁴⁰ and Ben-Gurion University of the Negev (BGU) with mobile sediment beds and freestream kaolinite clay with a median listed particle diameter of $0.5 \mu m$ and a flocculated diameter of $< 50 \mu m$. Nine experiments were conducted at NU and three at BGU. All experiments were conducted with a constant freestream velocity but different background salinity, shear velocity, and the frequency and magnitude of clay injections (Supplemental Data Table 1). All experiments started with a flat bed composed entirely of sand with a D_{50} of 0.420 mm, which was allowed to fully develop prior to the addition of kaolinite. Shear velocity was determined by fitting a log law velocity profile to a time-averaged downstream velocity profile over the fully developed bed. Sand bed morphodynamics were observed for at least 70 hours, which was the minimum time required for bedform statistics to converge. After the bed was fully developed and baseline morphological measurements were completed, suspended clay was added as either a single addition (7 runs) or in sequential additions (5 runs).

Bedform height (H), length (L) and celerity (C), and bed elevation were continuously measured both before and after clay injection. Bedform morphodynamics were measured using sidewall-mounted Nikon D5300 cameras. Images were processed using a simple black/white thresholding procedure (MATLAB R2019a) to extract the interface between the overlying fluid and the bedform. The peaks and troughs of each bedform were determined using a "find peaks" algorithm (Python 3.7 SciPy). Bedform length was calculated as the average distance between successive troughs, while celerity was determined via linear regression of the bedform trough displacement over time. A Nortek Acoustic Doppler Velocimeter (ADV) profiler was also used to continuously measure the bed elevation at single point. These data were processed with a Savitzky-Golay filter and a "find peaks" algorithm allowed for the extraction of the peaks

and troughs. The troughs were used to generate the scour depth distribution for each run. Bedform height H was determined as the difference between the bedform crest and downstream (stoss side) trough.

The concentration of suspended clay in the freestream was measured continuously using Xylem turbidity meters (WTW Visoturb 700IQ SW for low concentrations and WTW Visolid 700IQ SW for high concentrations). Hyporheic exchange flux was measured periodically via salt tracer injections, with the in-stream salt concentration measured using a salinity meter (SM – Star Comm, resolution of $0.01 \mu S/cm$). Hyporheic exchange was measured for the clean sand bed (before clay addition) and at various intervals throughout the experiment⁴⁷. Clay concentration profiles in the bed sediment were obtained by taking cores at the conclusion of each run following methods of Dallmann 2020⁴⁰. Once removed, the cores were sectioned, and the clay content of each section was measured by resuspending the deposited clay in DI water and then measuring light absorbance with a spectrometer (Hach Company, DR/4000). A calibration curve was used to relate sample absorbance to clay mass.

262 Main References

- 263 1 Dunne, K. B. J. & Jerolmack, D. J. Evidence of, and a proposed explanation for, bimodal
264 transport states in alluvial rivers. *Earth Surface Dynamics* **6**, 583-594, doi:10.5194/esurf-
265 6-583-2018 (2018).
- 266 2 Orton, G. J. & Reading, H. G. Variability of deltaic processes in terms of sediment supply,
267 with particular emphasis on grain size. *Sedimentology* **40**, 475-512, doi:10.1111/j.1365-
268 3091.1993.tb01347.x (1993).
- 269 3 Likens, G. E. & Bormann, F. H. Linkages between Terrestrial and Aquatic Ecosystems.
270 *BioScience* **24**, 447-456, doi:10.2307/1296852 (1974).
- 271 4 Withers, P. J. & Jarvie, H. P. Delivery and cycling of phosphorus in rivers: a review. *Sci*
272 *Total Environ* **400**, 379-395, doi:10.1016/j.scitotenv.2008.08.002 (2008).
- 273 5 Battin, T. J. *et al.* Biophysical controls on organic carbon fluxes in fluvial networks.
274 *Nature Geoscience* **1**, 95-100, doi:10.1038/ngeo101 (2008).
- 275 6 Leithold, E. L., Blair, N. E. & Wegmann, K. W. Source-to-sink sedimentary systems and
276 global carbon burial: A river runs through it. *Earth-Science Reviews* **153**, 30-42,
277 doi:10.1016/j.earscirev.2015.10.011 (2016).
- 278 7 Masiello, C. A. & Druffel, E. R. M. Black carbon in deep-Sea sediments. *Science* **280**,
279 1911-1913, doi:10.1126/science.280.5371.1911 (1998).
- 280 8 Coppola, A. I. *et al.* Global-scale evidence for the refractory nature of riverine black
281 carbon. *Nature Geoscience* **11**, 584-588, doi:10.1038/s41561-018-0159-8 (2018).
- 282 9 Drake, T. W., Raymond, P. A. & Spencer, R. G. M. Terrestrial carbon inputs to inland
283 waters: A current synthesis of estimates and uncertainty. *Limnology and Oceanography*
284 *Letters* **3**, 132-142, doi:10.1002/lol2.10055 (2018).
- 285 10 Raymond, P. A. *et al.* Global carbon dioxide emissions from inland waters. *Nature* **503**,
286 355-359, doi:10.1038/nature12760 (2013).
- 287 11 Allen, G. H. & Pavelsky, T. M. Global extent of rivers and streams. *Science* **361**, 585-588,
288 doi:10.1126/science.aat0636 (2018).
- 289 12 Galy, V., France-Lanord, C. & Lartiges, B. Loading and fate of particulate organic carbon
290 from the Himalaya to the Ganga–Brahmaputra delta. *Geochimica et Cosmochimica Acta*
291 **72**, 1767-1787, doi:10.1016/j.gca.2008.01.027 (2008).
- 292 13 Borrelli, P. *et al.* An assessment of the global impact of 21st century land use change on
293 soil erosion. *Nat Commun* **8**, 2013, doi:10.1038/s41467-017-02142-7 (2017).
- 294 14 Hartwig, M. & Borchardt, D. Alteration of key hyporheic functions through biological and
295 physical clogging along a nutrient and fine-sediment gradient. *Ecohydrology* **8**, 961-975,
296 doi:10.1002/eco.1571 (2015).
- 297 15 Merrill, L. & Tonjes, D. J. A Review of the Hyporheic Zone, Stream Restoration, and
298 Means to Enhance Denitrification. *Critical Reviews in Environmental Science and*
299 *Technology* **44**, 2337-2379, doi:10.1080/10643389.2013.829769 (2014).
- 300 16 Feris, K. *et al.* Differences in hyporheic-zone microbial community structure along a
301 heavy-metal contamination gradient. *Appl Environ Microbiol* **69**, 5563-5573,
302 doi:10.1128/aem.69.9.5563-5573.2003 (2003).

303 17 Nel, H. A., Dalu, T. & Wasserman, R. J. Sinks and sources: Assessing microplastic
 304 abundance in river sediment and deposit feeders in an Austral temperate urban river
 305 system. *Science of The Total Environment* **612**, 950-956,
 306 doi:10.1016/j.scitotenv.2017.08.298 (2018).
 307 18 Frei, S. *et al.* Occurrence of microplastics in the hyporheic zone of rivers. *Scientific*
 308 *Reports* **9**, doi:10.1038/s41598-019-51741-5 (2019).
 309 19 Boano, F. *et al.* Hyporheic flow and transport processes: Mechanisms, models, and
 310 biogeochemical implications. *Reviews of Geophysics* **52**, 603-679,
 311 doi:10.1002/2012rg000417 (2014).
 312 20 Battin, T. J., Besemer, K., Bengtsson, M. M., Romani, A. M. & Packmann, A. I. The
 313 ecology and biogeochemistry of stream biofilms. *Nat Rev Microbiol* **14**, 251-263,
 314 doi:10.1038/nrmicro.2016.15 (2016).
 315 21 Canfield, D. E., Glazer, A. N. & Falkowski, P. G. The evolution and future of Earth's
 316 nitrogen cycle. *Science* **330**, 192-196, doi:10.1126/science.1186120 (2010).
 317 22 Strååt, K. D., Mörtz, C.-M., Sobek, A., Smedberg, E. & Undeman, E. Modeling total
 318 particulate organic carbon (POC) flows in the Baltic Sea catchment. *Biogeochemistry*
 319 **128**, 51-65, doi:10.1007/s10533-016-0194-8 (2016).
 320 23 Oeurng, C., Sauvage, S. & Sánchez-Pérez, J.-M. Assessment of hydrology, sediment and
 321 particulate organic carbon yield in a large agricultural catchment using the SWAT model.
 322 *Journal of Hydrology* **401**, 145-153, doi:10.1016/j.jhydrol.2011.02.017 (2011).
 323 24 Schlesinger, W. H. & Bernhardt, E. *Biogeochemistry, An Analysis of Global Change*. 3rd
 324 edn, 688 (2013).
 325 25 Bellasi, A. *et al.* Microplastic Contamination in Freshwater Environments: A Review,
 326 Focusing on Interactions with Sediments and Benthic Organisms. *Environments* **7**,
 327 doi:10.3390/environments7040030 (2020).
 328 26 Dawson, J. J. C. in *Ecosystem Services and Carbon Sequestration in the Biosphere* (eds
 329 Rattan Lal *et al.*) 183-208 (Springer Netherlands, 2013).
 330 27 Simons, D. B., Richardson, E. V. & Haushild, W. L. Some effects of fine sediment on flow
 331 phenomena. (1963).
 332 28 Baas, J. H. & Best, J. L. The dynamics of turbulent, transitional and laminar clay-laden
 333 flow over a fixed current ripple. *Sedimentology* **55**, 635-666, doi:10.1111/j.1365-
 334 3091.2007.00916.x (2008).
 335 29 Garcia, M. *Sedimentation engineering: Processes, measurements, modeling, and*
 336 *practice*. (American Society of Civil Engineers, 2008).
 337 30 Hill, K. M., Gaffney, J., Baumgardner, S., Wilcock, P. & Paola, C. Experimental study of
 338 the effect of grain sizes in a bimodal mixture on bed slope, bed texture, and the
 339 transition to washload. *Water Resources Research* **53**, 923-941,
 340 doi:10.1002/2016wr019172 (2017).
 341 31 Ma, H. *et al.* The exceptional sediment load of fine-grained dispersal systems: Example
 342 of the Yellow River, China. *Sci Adv* **3**, e1603114, doi:10.1126/sciadv.1603114 (2017).

- 32 Lamb, M. P. *et al.* Mud in rivers transported as flocculated and suspended bed material. *Nature Geoscience* **13**, 566-570, doi:10.1038/s41561-020-0602-5 (2020).
- 33 Drummond, J. D., Aubeneau, A. F. & Packman, A. I. Stochastic modeling of fine particulate organic carbon dynamics in rivers. *Water Resources Research* **50**, 4341-4356, doi:10.1002/2013wr014665 (2014).
- 34 Harvey, J. W. *et al.* Hydrogeomorphology of the hyporheic zone: Stream solute and fine particle interactions with a dynamic streambed. *Journal of Geophysical Research: Biogeosciences* **117**, n/a-n/a, doi:10.1029/2012JG002043 (2012).
- 35 Phillips, C. B., Dallmann, J. D., Jerolmack, D. J. & Packman, A. I. Fine-Particle Deposition, Retention, and Resuspension Within a Sand-Bedded Stream Are Determined by Streambed Morphodynamics. *Water Resources Research* **55**, 10303-10318, doi:10.1029/2019wr025272 (2019).
- 36 Drummond, J. D., Nel, H. A., Packman, A. I. & Krause, S. Significance of hyporheic exchange for predicting microplastic fate in rivers. *Environmental Science & Technology Letters*, doi:10.1021/acs.estlett.0c00595 (2020).
- 37 Mandal, S., Nicolas, M. & Pouliquen, O. Insights into the rheology of cohesive granular media. *Proc Natl Acad Sci U S A* **117**, 8366-8373, doi:10.1073/pnas.1921778117 (2020).
- 38 Baker, M. L. *et al.* The Effect of Clay Type On the Properties of Cohesive Sediment Gravity Flows and Their Deposits. *Journal of Sedimentary Research* **87**, 1176-1195, doi:10.2110/jsr.2017.63 (2017).
- 39 Lichtman, I. D. *et al.* Bedform migration in a mixed sand and cohesive clay intertidal environment and implications for bed material transport predictions. *Geomorphology* **315**, 17-32, doi:10.1016/j.geomorph.2018.04.016 (2018).
- 40 Dallmann, J. *et al.* Impacts of suspended clay particle deposition on sand-bed morphodynamics. *Water Resources Research*, doi:10.1029/2019wr027010 (2020).
- 41 Baas, J. H., Davies, A. G. & Malarkey, J. Bedform development in mixed sand–mud: The contrasting role of cohesive forces in flow and bed. *Geomorphology* **182**, 19-32, doi:10.1016/j.geomorph.2012.10.025 (2013).
- 42 Baas, J. H. *et al.* Integrating field and laboratory approaches for ripple development in mixed sand-clay-EPS. *Sedimentology* **66**, 2749-2768, doi:10.1111/sed.12611 (2019).
- 43 Malarkey, J. *et al.* The pervasive role of biological cohesion in bedform development. *Nat Commun* **6**, 6257, doi:10.1038/ncomms7257 (2015).
- 44 Wu, X. *et al.* Wave Ripple Development on Mixed Clay-Sand Substrates: Effects of Clay Winnowing and Armoring. *Journal of Geophysical Research: Earth Surface* **123**, 2784-2801, doi:10.1029/2018jf004681 (2018).
- 45 Packman, A. I. & Brooks, N. H. Hyporheic exchange of solutes and colloids with moving bed forms. *Water Resources Research* **37**, 2591-2605, doi:10.1029/2001wr000477 (2001).
- 46 Preziosi-Ribero, A. *et al.* Fine Sediment Deposition and Filtration Under Losing and Gaining Flow Conditions: A Particle Tracking Model Approach. *Water Resources Research* **56**, doi:10.1029/2019wr026057 (2020).

- 47 Fox, A., Packman, A. I., Boano, F., Phillips, C. B. & Arnon, S. Interactions Between
Suspended Kaolinite Deposition and Hyporheic Exchange Flux Under Losing and Gaining
Flow Conditions. *Geophysical Research Letters* **45**, 4077-4085,
doi:10.1029/2018GL077951 (2018).
- 48 Wohl, E. in *Rivers in the Landscape* 125-195 (2020).
- 49 Korus, J. T., Fraundorfer, W. P., Gilmore, T. E. & Karnik, K. Transient streambed hydraulic
conductivity in channel and bar environments, Loup River, Nebraska. *Hydrological
Processes* **34**, 3061-3077, doi:10.1002/hyp.13777 (2020).
- 50 Salehin, M., Packman, A. I. & Paradis, M. Hyporheic exchange with heterogeneous
streambeds: Laboratory experiments and modeling. *Water Resources Research* **40**,
doi:10.1029/2003wr002567 (2004).
- 51 Sawyer, A. H., Bayani Cardenas, M. & Buttle, J. Hyporheic temperature dynamics and
heat exchange near channel-spanning logs. *Water Resources Research* **48**,
doi:10.1029/2011wr011200 (2012).
- 52 Drummond, J. D. *et al.* Retention and remobilization dynamics of fine particles and
microorganisms in pastoral streams. *Water Res* **66**, 459-472,
doi:10.1016/j.watres.2014.08.025 (2014).
- 53 Cisneros, J. *et al.* Dunes in the world's big rivers are characterized by low-angle lee-side
slopes and a complex shape. *Nature Geoscience* **13**, 156-162, doi:10.1038/s41561-019-
0511-7 (2020).
- 54 Martin, R. L. & Jerolmack, D. J. Origin of hysteresis in bed form response to unsteady
flows. *Water Resources Research* **49**, 1314-1333, doi:10.1002/wrcr.20093 (2013).
- 55 Butman, D. & Raymond, P. A. Significant efflux of carbon dioxide from streams and
rivers in the United States. *Nature Geoscience* **4**, 839-842, doi:10.1038/ngeo1294
(2011).
- 56 Fernández, R., García, M. H. & Parker, G. Upper Mississippi River Flow and Sediment
Characteristics and Their Effect on a Harbor Siltation Case. *Journal of Hydraulic
Engineering* **144**, doi:10.1061/(asce)hy.1943-7900.0001507 (2018).
- 57 Burrows, R. L., Emmett, W. W. & Parks, B. Sediment transport in the Tanana River near
Fairbanks, Alaska, 1977-79. (1981).
- 58 Williams, C. A., Schaffrath, K. R., Elliott, J. G. & Richards, R. J. Application of sediment
characteristics and transport conditions to resource management in selected main-stem
reaches of the Upper Colorado River, Colorado and Utah, 1965-2007. i-82,
doi:10.3133/sir20125195 (2013).
- 59 Flexser, S. Lithologic Composition and Variability of the Sediments Underlying Kesterson
Reservoir As Interpreted from Shallow Cores. (Earth Sciences Division: Lawrence
Berkeley Laboratory, Berkeley, CA, 1988).
- 60 Lu, C. *et al.* The Influences of a Clay Lens on the Hyporheic Exchange in a Sand Dune.
Water **10**, doi:10.3390/w10070826 (2018).
- 61 Healy, T., Wang, Y. & Healy, J.-A. *Muddy Coasts of the World: Processes, Deposition and
Function*. (Proceedings in Marine Science, 2002).

425 62 Schindler, R. J. *et al.* Sticky stuff: Redefining bedform prediction in modern and ancient
426 environments. *Geology* **43**, 399-402, doi:10.1130/g36262.1 (2015).

427 63 Amoudry, L. O. & Souza, A. J. Deterministic Coastal Morphological and Sediment
428 Transport Modeling: A Review and Discussion. *Reviews of Geophysics* **49**,
429 doi:10.1029/2010rg000341 (2011).

430 64 te Slaa, S., He, Q., van Maren, D. S. & Winterwerp, J. C. Sedimentation processes in silt-
431 rich sediment systems. *Ocean Dynamics* **63**, 399-421, doi:10.1007/s10236-013-0600-x
432 (2013).

433 65 Hayhoe, K. *et al.* Impacts, Risks, and Adaptation in the United States: Fourth National
434 Climate Assessment, Volume II. 72–144 (U.S. Global Change Research Program,
435 Washington, D.C., USA, 2018).

436 66 van Rijn, L. C. Sediment Transport, Part I: Bed Load Transport. *Journal of Hydraulic*
437 *Engineering* **110**, 1431-1456, doi:10.1061/(asce)0733-9429(1984)110:10(1431) (1984).

438 67 Paarlberg, A. J., Dohmen-Janssen, C. M., Hulscher, S. J. M. H. & Termes, P. Modeling
439 river dune evolution using a parameterization of flow separation. *Journal of Geophysical*
440 *Research* **114**, doi:10.1029/2007jf000910 (2009).

441

442

Acknowledgements

M. Payne and H. Waxman provided essential laboratory assistance. K. Strom and E. Abolfazi provided assistance with clay particle sizing. Funding was provided by the NSF-BSF Joint Program in Earth Sciences (EAR-1734300).

Data Availability

Figures 1-3 and Supplemental Data Figures 2-6 have associated raw data that are publicly available from the Hydroshare repository (<https://www.hydroshare.org/resource/54773c79ca44f3340c39a550e8f6ddb1bf7>).

Code Availability

All code used to process the raw data is available upon request. Inquiries should be addressed to Jon Dallmann at jonathandallmann2020@u.northwestern.edu.

Author Contributions

J.D., C.B.P., E.S.C., and Y.T. conducted experiments; J.D., C.B.P., Y.T., E.S.C., N.S., R.S., S.A., and A.I.P. analyzed and interpreted results; J.D., C.B.P., A.I.P., Y.T., E.S.C., N.S., R.S., and S.A. wrote and edited the manuscript.

Competing Interests

The authors declare no competing interests.

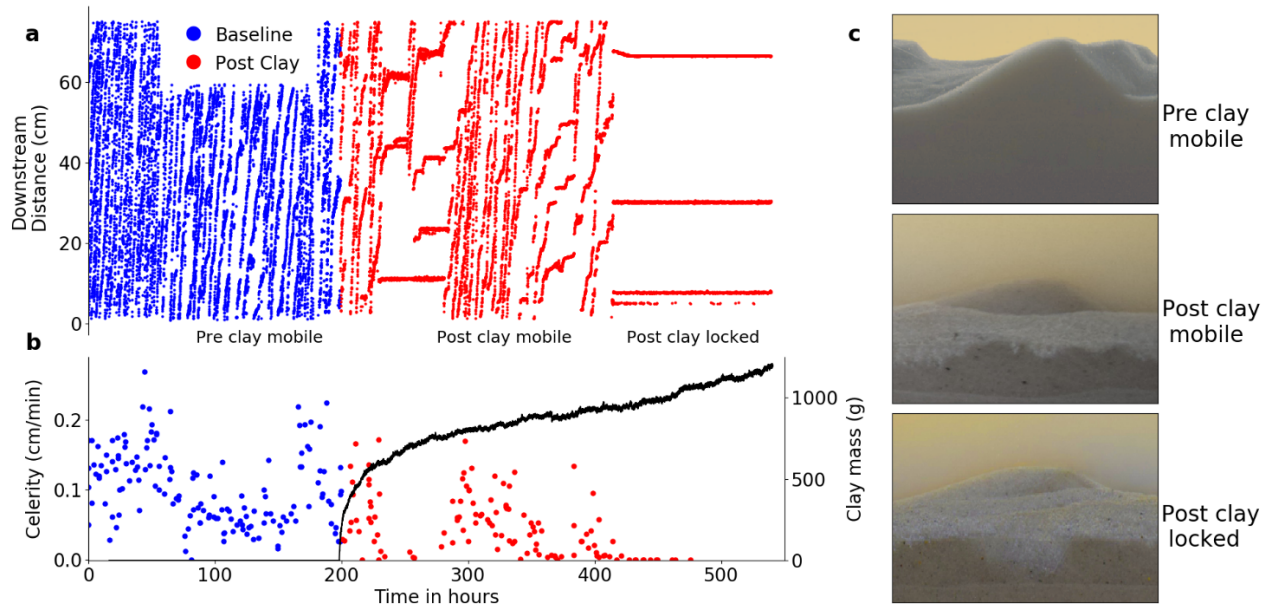
Additional Information

Supplementary Information is available for this paper.

Correspondence and requests for materials should be addressed to Aaron Packman at a-packman@northwestern.edu

Reprints and permissions information is available at www.nature.com/reprints

471 **Figures:**



472
473 *Figure 1: Temporal evolution of bedforms towards a locked end state for experiment NU-8. (a) Bedform*
474 *troughs were continuously tracked both before (blue) and after clay additions (red). After the addition of*
475 *clay, bedforms slow and eventually lock in place. Red horizontal lines indicate immobile bedforms (i.e.,*
476 *celerity = 0). (b) Red and blue points represent bedform celerities calculated for the trough locations*
477 *shown in (a), while the solid black line represents the accumulation of clay within the bed. As the clay*
478 *accumulates, the bed temporally locks (celerities approach zero near 250 hours) and then bed movement*
479 *restarts due to upstream turbulent fluctuations. The bed relocks after sufficient clay accumulates in the*
480 *bed (near 410 hours). (c) From top to bottom, images showing clean bed mobile bedforms (50 hours),*
481 *post clay addition partially mobile bedforms (300 hours), and locked bedforms (450 hours), respectively.*
482 *Images have been color matched to aid in visualization of the clay layer. Under conditions of high bed*
483 *sediment transport rates, ongoing sand transport leads to a segregated end-state with mobile bedforms*
484 *propagating over a layer of deposited clay. However, in cases dominated by stabilization, extensive clay*
485 *deposition within bedforms produces a locked end-state.*
486

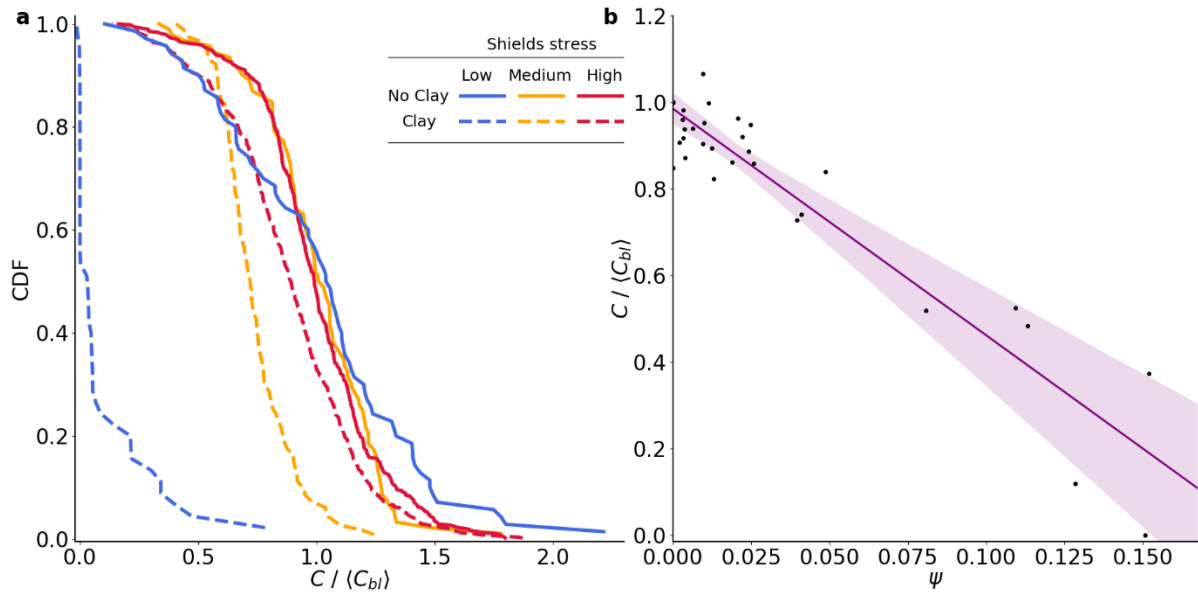
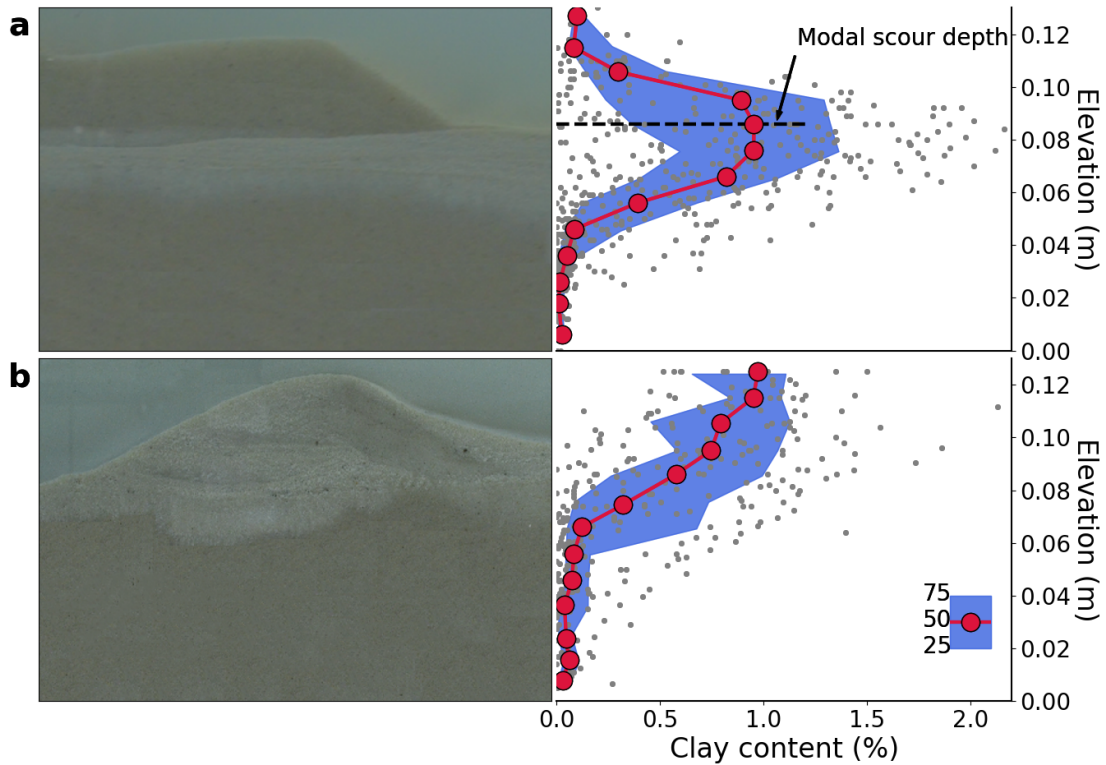


Figure 2: Interplay between shields stress, clay deposition, and bedform morphodynamics. (a) Three examples of distributions of bedform celerity prior to (solid) and following (dashed) clay addition for low (blue), medium (yellow), and higher (red) Shields stresses. The bedform celerity distribution decreases following clay deposition, and the reduction is more pronounced under smaller imposed fluid shear (blue lines). (b) Normalized bedform celerity decreases with the bedform stabilization ratio $\psi = \frac{M}{\tau_*}$, indicating that the observed morphodynamic changes reflect a balance between cohesive forces and the fluid Shields stress. Points represent the average of the 100 hours of bedform celerity data. Linear fit ($R^2=0.93$) with 95% confidence interval is shown. This relationship is consistent for both locking (stabilization dominated) and segregating (mobilization dominated) conditions.



500

501 *Figure 3: Clay accumulation patterns for segregated and locked end states. Images on the left are*
 502 *representative features of the two end states, while concentration profiles on the right represent average*
 503 *flume clay accumulation (see methods). Red circles denote the median and shading represent the*
 504 *interquartile range. (a) In the segregated end state (NU-3), clay accumulates in a defined layer just below*
 505 *the active layer of sand transport. The peak of the clay concentration profile occurs just below the most*
 506 *frequent bedform scour depth. Clay also deposits below the maximum scour depth (~ 0.075 m), as clay is*
 507 *actively pumped underneath bedforms by hyporheic exchange. (b) In the locked end state (NU-8),*
 508 *extensive clay accumulation within bedforms halts bed motion. The clay deposition patterns reflect*
 509 *bedform-induced hyporheic pumping into the stoss slope and through the bedform. In this case, there is*
 510 *no defined layer of buried clay and deposited clay concentration decreases monotonically from the bed*
 511 *surface. Flow is from left to right in the images of bedforms. Images have been color matched to allow*
 512 *for easier visualization of clay accumulation.*

513