

2 **TITLE:** Determination of *in vitro* and cellular turn-on kinetics for fluorogenic RNA aptamers

3

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12 **KEYWORDS:** fluorescence, flow cytometry, platereader, Spinach2 aptamer, Broccoli aptamer, *E.*

13 *coli*

14

15 **SUMMARY:** Two methods are presented to determine the kinetics of the fluorogenic RNA

16 aptamers Spinach2 and Broccoli. The first method describes how to measure fluorogenic aptamer

17 kinetics *in vitro* with a plate reader, while the second method details the measurement of

18 fluorogenic aptamer kinetics in cells by flow cytometry.

19

20 **ABSTRACT:** Fluorogenic RNA aptamers have been applied in live cells to tag and visualize RNAs,

21 to report on gene expression, and to activate as part of fluorescent biosensors that detect levels

22 of metabolites and signaling molecules. In order to study dynamic changes in each of these

23 systems, it is desirable to obtain real-time measurements, but the accuracy of the measurements

24 depends on the kinetics of the fluorogenic reaction being faster than the sampling frequency.

25 Here we describe methods to determine the *in vitro* and cellular turn-on kinetics for fluorogenic

26 RNA aptamers using a platereader equipped with a sample injector and a flow cytometer,

27 respectively. We show that the *in vitro* kinetics for fluorescence activation of the Spinach2 and

28 Broccoli aptamers can be modeled as two-phase association reactions and have differing fast

29 phase rate constants of 0.56 and 0.35 s<sup>-1</sup>, respectively. In addition, we show that the cellular

30 kinetics for fluorescence activation of Spinach2 in *E. coli*, which is further limited by dye diffusion

31 into the Gram negative bacteria, is still sufficiently rapid to enable accurate sampling frequency

32 on the minute timescale. These methods to analyze fluorescence activation kinetics are

33 applicable to other fluorogenic RNA aptamers that have been developed.

34

35 **INTRODUCTION:**

36 Fluorogenic reactions are chemical reactions that generate a fluorescence signal. Fluorogenic

37 RNA aptamers typically perform this function by binding a small molecule dye to enhance its

38 fluorescence quantum yield (Fig. 1A)<sup>1</sup>. Different fluorogenic RNA aptamer systems have been

39 developed and consist of specific RNA aptamer sequences and the corresponding dye ligands<sup>1</sup>.

40 Fluorogenic RNA aptamers have been appended to RNA transcripts as fluorescent tags that

41 enable live cell imaging of mRNAs and non-coding RNAs<sup>2-4</sup>. They also have been placed after

42 promoter sequences as fluorescent reporters of gene expression, similar to the use of green

43 fluorescent protein (GFP) as a reporter except the reporting function is at the RNA level<sup>5,6</sup>. Finally,

44 fluorogenic RNA aptamers have been incorporated into RNA-based fluorescent biosensors, which

45 are designed to trigger the fluorogenic reaction in response to a specific small molecule. RNA-  
46 based fluorescent biosensors have been developed for live cell imaging of various non-  
47 fluorescent metabolites and signaling molecules<sup>7-11</sup>.

48  
49 There is growing interest in the development of fluorogenic RNA aptamers to visualize dynamic  
50 changes in RNA localization, gene expression, and small molecule signals. For each of these  
51 applications, it is desirable to obtain real-time measurements, but the accuracy of the  
52 measurements depends on the kinetics of the fluorogenic reaction being faster than the sampling  
53 frequency. Here we describe methods to determine the *in vitro* kinetics for fluorogenic RNA  
54 aptamers Spinach2<sup>12</sup> and Broccoli<sup>13</sup> using a platereader equipped with a sample injector, and to  
55 determine the cellular turn-on kinetics for Spinach2 expressed in *E. coli* using a flow cytometer.  
56 These two RNA aptamers were chosen because they have been applied to study RNA  
57 localization<sup>2-4</sup> and have been used in reporters<sup>5, 6</sup> and biosensors<sup>7-11</sup>, and the corresponding dye  
58 ligands (DFHBI or DFHBI-1T) are commercially available. A summary of their *in vitro* properties  
59 determined in the literature is given in Table 1<sup>4, 13, 14</sup>, which informed the protocol development,  
60 e.g. wavelengths and dye concentrations used. These results demonstrate that the fluorogenic  
61 reactions effected by RNA aptamers are rapid and should not impede accurate measurements  
62 for the desired cell biological applications.

63  
64 **PROTOCOL:**

65 **1. IN VITRO KINETICS EXPERIMENT**

66  
67 **1.1. Preparation of DNA templates by PCR**

68  
69 **1.1.1. Set up PCR reaction(s)**

70 To prepare PCR reactions, combine the following reagents in a thin-walled PCR tube:  
71       33 µL double-distilled water (ddH<sub>2</sub>O)  
72       10 µL 5X buffer for high-fidelity DNA polymerase  
73       5 µL of 2 mM each deoxyribonucleoside triphosphate (dNTP)  
74       0.5 µL of 40 µM forward primer  
75       0.5 µL of 40 µM reverse primer  
76       0.5 µL (10-100 ng) DNA template (for Spinach2 PCR only; Broccoli primers overlap)  
77       0.5 µL high-fidelity DNA polymerase (add last)

78  
79 NOTE: Synthetic oligonucleotides are often shipped dry. To prepare stock solutions, add a known  
80 volume (100 µL recommended) of ddH<sub>2</sub>O, and measure the A<sub>260</sub> of that solution to determine the  
81 concentration by Beer's law, where the extinction coefficient can be calculated by nearest  
82 neighbor rules online. This stock solution can then be used to make dilutions appropriate for use  
83 in PCR.

84  
85 **1.1.2. Run thermocycler protocol**  
86 Use the following thermocycler protocol to amplify full-length Spinach2 and Broccoli DNA  
87 templates:

88       Initial denaturation: 98 °C for 2 min

89       35 cycles:

90           Denaturation: 98 °C denaturation for 15 s

91           Annealing:   72 °C for 30 s

92           Extension:   72 °C for 30 s

93           Final extension: 72 °C for 5 min.

94

95       After the reaction, analyze a small aliquot of the product by 2% agarose gel along with a low  
96       molecular weight ladder (size range: 25-766 nt) to confirm the presence of the desired DNA  
97       product. Purify the product by commercially available gel extraction or PCR clean-up kits and  
98       elute with ddH<sub>2</sub>O or buffer provided by the manufacturer.

99

100       NOTE: Be sure when choosing a PCR clean-up kit that the column molecular weight cutoff is low  
101       enough to retain T7-Broccoli (81 nt), or else the PCR product will be lost.

102

103       OPTIONAL PAUSE POINT: DNA can be stored overnight before purification or after purification  
104       for as long as needed at -20 °C.

105

## 106       **1.2. Preparation of Spinach2 and Broccoli RNA by IVT**

107

### 108       **1.2.1. Set up transcription reaction(s)**

109       To prepare a 100-μL transcription reaction, combine the following reagents in a 1.5 mL  
110       microcentrifuge tube:

111           10 μL 10x transcription buffer

112           20 μL of 10 mM ribonucleoside triphosphates (rNTPs)

113           1-64 μL DNA template (total of 1 μg)

114           2 μL inorganic pyrophosphatase

115           ddH<sub>2</sub>O to 98 μL

116           2 μL T7 RNA polymerase (add last)

117       Incubate this reaction for 4 h at 37 °C. Quench the reaction by adding 100 μL of 2 X Urea  
118       gel loading buffer (2 X ULB), comprised of 20% sucrose, 0.1% sodium dodecyl sulfate  
119       (SDS), 1 X Tris-Borate-EDTA (1 X TBE) buffer, and ~18 M urea.

120

121       OPTIONAL PAUSE POINT: The quenched reaction can be stored overnight at -20 °C.

122

## 123       **1.3. Polyacrylamide gel electrophoresis (PAGE) purification of RNA**

124

### 125       **1.3.1 PAGE purification of Spinach2 and Broccoli RNA**

126

127       CAUTION: Non-polymerized (liquid or powdered) acrylamide is extremely toxic. If  
128       weighing out powdered acrylamide, do so in a fume hood. Always wear proper protective  
129       equipment and immediately remove gloves contaminated with acrylamide powder or  
130       solution, washing hands thoroughly. If acrylamide is in direct contact with skin, wash the  
131       exposed area for at least 15 minutes with soap and water. If acrylamide is in direct contact  
132       with eyes, flush them with water for 15 minutes.

133

134 **1.3.1.1. Prepare PAGE gel**

135 To remove unwanted abortive transcripts and unreacted rNTPs from full-length product,  
136 prepare a 6% urea-polyacrylamide gel. In general, 28 cm long by 16.5 cm wide and 1.5  
137 mm thick gels can be used with an 8-well comb. Set up the gel and electrophoresis  
138 equipment, using 1 X TBE buffer to fill reservoirs.

139

140 **1.3.1.2. Load RNA sample(s) in PAGE gel**

141 Load the gel with one quenched 200  $\mu$ L reaction per lane. In a separate lane, load 2 X ULB  
142 with tracker dyes xylene cyanol and bromophenol blue, which migrate in the gel at 106  
143 and 26 nucleotides, respectively<sup>15</sup>. Leave an empty lane between each sample to avoid  
144 potential contamination in next steps.

145

146 **1.3.1.3. Run the PAGE gel**

147 To separate 95-nt Spinach2 and 49-nt Broccoli from their respective truncated products,  
148 run the gel for 1.5-2 hours at 25 W, at which point the bromophenol blue dye will have  
149 migrated ~5/6 of the gel length.

150

151 **1.3.1.4. Visualize RNA sample(s) in PAGE gel**

152 Disassemble the glass plates around the gel and cover the gel in plastic wrap on both  
153 sides, labeling the lanes on the wrap. Visualize RNA bands in a dark room by UV shadowing  
154 by placing the wrapped gel on a fluorescent TLC plate under UV light. Quickly outline the  
155 edge of the RNA bands corresponding to product with a marker and switch off the UV  
156 lamp to minimize damage from UV exposure.

157

158 **1.3.1.5. Excise and extract RNA sample(s) from PAGE gel**

159 With a fresh razor blade for each sample, excise the desired product bands, dice into ~1  
160 mm cubes, and add the gel pieces to a 2 mL microcentrifuge tube with 500  $\mu$ L crush soak  
161 buffer to extract RNA on a rotator for either 2 h at room temperature or overnight at 4  
162 °C.

163

164 OPTIONAL PAUSE POINT: After the above procedure, the sample may be stored at -20 °C  
165 for a few months.

166

167 **1.3.1.6. Precipitation of RNA**

168 To separate gel pieces from the extracted RNA in buffer, centrifuge the sample at 13,000  
169 x g for 20 min at 4 °C, then use a narrow-tip pipette to extract the supernatant and load  
170 into a new 2 mL microcentrifuge tube. To precipitate RNA, add 1.5 mL ice cold ethanol  
171 and 1  $\mu$ L of 20 mg/mL glycogen, vortex, and store for at least 1 h at -20 or -80 °C.

172

173 OPTIONAL PAUSE POINT: The sample may be stored in this way for a few months.

174

175 **1.3.1.7. Collection of RNA precipitate**

176 Pellet the precipitated RNA by centrifugation 13,000 x g for 20 min at 4 °C. Remove the

177 supernatant and allow the remaining ethanol to evaporate under open air (~1 h) before  
178 resuspending the pellet in 30  $\mu$ L ddH<sub>2</sub>O or 1 X TE buffer.

180 NOTE: This process typically results in a final RNA concentration of ~10  $\mu$ M.

182 OPTIONAL PAUSE POINT: The sample may be stored at -20 °C for a few months.

### 184 1.3.2. Determine RNA stock concentrations

#### 186 1.3.2.1. Prepare RNA aliquot for hydrolysis reaction

187 To perform this assay, first use a UV/Vis nanospectrophotometer to determine the A<sub>260</sub>  
188 of the stock RNA sample and make a diluted aliquot of the sample to ~10 absorbance  
189 units (AU) in ddH<sub>2</sub>O. Prepare the following reaction in a 0.5 mL PCR tube:

190 16  $\mu$ L ddH<sub>2</sub>O

191 2  $\mu$ L 10 X Na<sub>2</sub>CO<sub>3</sub> buffer

192 2  $\mu$ L RNA aliquot diluted to ~10 AU

193 Incubate the reaction for 90 min at 95 °C, then allow to cool to room temperature.

#### 195 1.3.2.2. Determine RNA concentration using nucleotide absorbances

196 Measure the A<sub>260</sub> of this sample with a UV/Vis nanospectrophotometer and calculate the  
197 RNA concentration using the following formula:

$$c_{RNA} = \frac{A_{260, \text{hydrolyzed}}}{b \sum_i^{A,C,G,U} n_i \epsilon_{260,i}}$$

200 where  $c$  is the concentration of RNA,  $b$  is the path length,  $i$  is the specific nucleotide (A, C,  
201 G, or U),  $n_i$  is the frequency of nucleotide  $i$  in the RNA sequence, and  $\epsilon_i$  is the molar  
202 extinction coefficient of nucleotide  $i$ . To determine the original stock RNA concentration,  
203 multiply  $c$  by the dilution factor.

205 OPTIONAL PAUSE POINT: Stock RNA can be stored at -20 °C for a few months.

### 208 1.4. Perform *in vitro* plate reader kinetics assay

#### 210 1.4.1. Set up RNA renaturation program

211 Create the following thermocycler protocol by selecting “create new program,” “add new  
212 phase,” then “add new step” multiple times to add each of the following steps before  
213 pressing “save”:

214 70 °C for 3 min

215 65 °C for 45 s

216 60 °C for 45 s

217 55 °C for 45 s

219 50 °C for 45 s  
220 45 °C for 45 s  
221 40 °C for 45 s  
222 35 °C for 45 s  
223 30 °C for 45 s

224

#### 225 **1.4.2. Renature RNA**

226 To renature Spinach2 and Broccoli RNAs, prepare 2  $\mu$ M stocks of each RNA in ddH<sub>2</sub>O in a  
227 0.5-mL thin-walled PCR tube, then add an equal volume of 2X renaturation buffer (80 mM  
228 HEPES, pH 7.5 (KOH), 250 mM KCl, 6 mM MgCl<sub>2</sub>) to make 1  $\mu$ M RNA solutions. Add the  
229 tubes to the thermocycler, open the saved renaturation program, and press “run.”

230

231 NOTE: If a thermocycler is unavailable, the RNAs may instead be incubated on a 70 °C heat  
232 block for 3 min and then allowed to cool slowly to room temperature on the bench.

233

#### 234 **1.4.3. Prepare binding reaction buffer**

235 To prepare buffer for one aptamer-dye binding reaction, make a master mix containing  
236 buffer components with the following reagents:

237 69.5  $\mu$ L ddH<sub>2</sub>O  
238 4  $\mu$ L 1 M HEPES, pH 7.5 (KOH)  
239 6.2  $\mu$ L 2 M KCl  
240 0.3  $\mu$ L 1 M MgCl<sub>2</sub>

241 Depending on how many samples and replicates are needed, multiply these values by the  
242 number of samples plus one. Generally, 3 replicates per RNA sample is satisfactory.

243

#### 244 **1.4.4. Prepare the plate reader**

245

##### 246 **1.4.4.1. Set up plate reader injector program**

247 On the fluorescence platereader, select “temp” and set the desired temperature to 37 °C,  
248 making sure the temperature has equilibrated to this value well before starting kinetics  
249 experiments. Open the platereader software, select “settings,” then “acquisition view”  
250 and input the following program for kinetics measurements:

251 1. **Loop:** For each well

252 2. **Baseline setting:** 60 baseline reads

253 3. **SmartInject settings:** 10  $\mu$ L injection (which will happen after the baseline  
254 reads)

255 4. **Fluorescence (or FL) reads:**

256     Excitation: 448 nm (bandwidth: 9 nm)

257     Emission: 506 nm (bandwidth: 15 nm)

258     Cartridge: MONO (s/n 3297)

259     Timing:

260         Total read time: 10 min

261         Read interval: 0.5 s

262         PMT and Optics: 6 flashes per read

263                   5. Loop: next well

264

265                   **1.4.4.2. Prepare the injector**

266

267                   **1.4.4.2.1. Wash and aspirate the injector**

268 To prepare the plate reader injector, first select “inject” on the platereader, supply a  
269 waste collection plate to the platereader when directed, then select “wash,” and clean  
270 the injection tube following instructions on the platereader with 1 mL volumes of ddH<sub>2</sub>O,  
271 75% ethanol in ddH<sub>2</sub>O, then ddH<sub>2</sub>O. Next, select “aspirate,” which will allow the injector  
272 to eject excess liquid.

273

274                   **1.4.4.2.2. Prime the injector**

275 After exiting to the previous screen, select “prime” to prime the injector with two 260  $\mu$ L  
276 volumes of ligand to be injected to ensure pure, concentrated ligand will be added to  
277 samples during experiments- in this case, prime with 100  $\mu$ M DFHBI in ddH<sub>2</sub>O.

278

279                   **1.4.5. Perform *in vitro* kinetics experiments**

280 To perform one kinetics experiment, first add 80  $\mu$ L of previously prepared binding buffer  
281 master mix to one well of a 96-well clear-bottom plate, followed by 10  $\mu$ L of renatured  
282 RNA. Allow both this plate and DFHBI solution in the injector to equilibrate to 37 °C for 15  
283 min in the plate reader. In the platereader software “settings” under “read area,” select  
284 the well to be analyzed, then under the “home” tab select “run” to execute the kinetics  
285 program described previously. Repeat this process until all experiments are complete.

286

287                   **NOTE:** Critically, kinetics experiments should be performed one well at a time to ensure  
288 RNA kinetics are measured under identical conditions between replicates and samples.

289

290                   **1.4.6. Wash the injector**

291

292 To remove remaining DFHBI solution from the injection tube, wash the injection tube as  
293 described in step 1.4.3.2 with 1 mL volumes of ddH<sub>2</sub>O, 75% ethanol in ddH<sub>2</sub>O, then ddH<sub>2</sub>O.

294

295                   **OPTIONAL PAUSE POINT**

296

297                   **1.5. Analyze *in vitro* kinetics of fluorogenic RNA aptamers**

298

299                   **1.5.1. Input data into analysis software**

300 Export experimental data as a spreadsheet to easily copy over data for processing. In the  
301 analysis software, create a new data table in XY format. In the X column, enter each  
302 reading timepoint, with t = 0 being the time of DFHBI injection. In the Y column, enter the  
303 average fluorescence values between replicates at that respective timepoint starting at t  
304 = 0.

305

306                   **1.5.2. Normalize and graph the data**

307 To normalize fluorescence values, click “Analyze” tab > “Data Processing” > Normalize,  
308 then click “OK.” Choose to use the smallest and largest values of the dataset for  
309 normalization, to present results as fractions and to “Graph the results,” then click “OK.”  
310 To create a graph of the normalized averaged fluorescence over time, click the “Normalize  
311 of [Dataset Name]” icon and select Graph Family: XY with “Points Only.”

312  
313 NOTE: Error bars can be useful to see in cases where a small number of timepoints are  
314 graphed. If these are desired, when choosing an XY format data table, select the option  
315 under “Y” to enter replicate values in side-by-side columns. Graphing the resulting table  
316 with default options selected will produce a graph with error bars.

### 317 318 **1.5.3. Perform curve fitting to obtain kinetic parameters**

319 To fit a curve to the kinetics data, click “Analyze” > “Analyze Data” and select “Nonlinear  
320 regression (curve fit)” under the “XY analyses” tab. Under the “Model” tab, click  
321 “Exponential” > “Two phase association.” This will fit the kinetics data with the following  
322 two-phase association equation:

323

$$324 Y = Y_0 + SpanFast(1 - e^{(-K_{Fast} \cdot X)}) + SpanSlow(1 - e^{(-K_{Slow} \cdot X)})$$

325  
326 where Y is the fluorescence at time X,  $Y_0$  is the fluorescence at  $t = 0$ ,  $K_{Fast}$  and  $K_{Slow}$  are fast  
327 and slow rate constants, respectively, and SpanFast and SpanSlow are the ranges of  
328 fluorescence turn-on accounted for by the fast and slow rates, respectively (see  
329 representative results Figure 1). Click the “Nonlin Fit” tab to view rate constants,  $t_{1/2}$   
330 values, and PercentFast values.

331  
332 NOTE: To obtain a standard deviation for all these values, individual plate reader  
333 experiment replicates can be processed in the same way as described above.

## 334 335 **2. CELLULAR KINETICS EXPERIMENT**

### 336 337 **2.1. Preparation of *E. coli* strains**

#### 339 340 **2.1.1. Transform BL21 Star (DE3) *E. coli* cells with ~100 ng of pET31b tRNA-Spinach2 construct** following the manufacturer’s protocol.

341  
342 NOTE: Plasmid construct is commercially available (Plasmid #79783).

343  
344 **2.1.2. Plate the cells on LB agar containing carbenicillin (Carb: 50 mg/ mL) plates and incubate**  
345 **at 37 °C for 12-16 h. Colonies should contain plasmid and plates can be stored at 4 °C for a week.**

346  
347 **OPTIONAL PAUSE POINT:** Transformed BL21 Star plates can be stored at 4 °C wrapped in parafilm  
348 for a week.

### 349 350 **2.2: Grow cells and induce expression of fluorogenic RNA aptamer**

351

352 **2.2.1.** Inoculate a 2 mL culture of noninducing media (NI) containing carbenicillin (Carb: 50 mg/ mL) with a single colony of the transformed BL21 Star cells. Repeat this for at least three biological replicates. Incubate the cultures at 37 °C in an incubator /shaker at 250 rpm for 22-24 h.

355

356 OPTIONAL PAUSE POINT: Cells grown in NI media retain the plasmid and can be stored at 4 °C for a week.

358

359 **2.2.2.** After growth in NI media, dilute the culture 100x into fresh 3 mL ZYP-5052 autoinduction media (AI) containing carbenicillin (Carb: 50 mg/ mL). Grow the cells at 37 °C in an incubator/ shaker at 250 rpm for 16-18 h to induce expression. The typical OD<sub>600</sub> for cultures will range from 362 2.0-3.3 after 18 h of growth. The optimum cell density range is between 2.5-3.0.

363

### 364 **2.3. Perform cellular kinetics experiment**

365

#### 366 **2.3.1. Set up Flow Cytometer**

367

368 **2.3.1.1.** Turn on flow cytometer and computer connected to instrument. Once logged into the software for the flow cytometer, under the “Instrument” tab, click on the “Startup” icon. Follow the steps indicated on the software screen to ensure proper instrumentation initialization.

372

373 NOTE: Some flow cytometers call the instrument startup sequence as “Priming”. Make sure to follow the manufacturer’s protocol for the flow cytometer that will be in use for the experiment.

376

377 **2.3.1.2.** Run performance test (if applicable). Under the “Main Menu” tab, click on “Performance Test”. In a culture tube, add 3 drops of the manufacturers’ Performance Tracking Beads into 3 mL of Focusing Fluid. Place culture tube into sample tube lifter and raise the lifter. Prior to clicking “Run Performance Test”, make sure the Lot # of the tube of the Tracking Beads is the same as what is indicated on the Performance Test Setup screen. Click run “Performance Test”.

383

384 **2.3.1.3.** Set up the flow cytometer software for this experiment with the following acquisition parameters for single-cell fluorescence:

386

387 Excitation Laser: 488 nm

388

389 Emission Channel: GFP (also called FITC)

390

391 Acquisition Volume: 40 µL (with a total draw volume of 90 µL)

392

393 Flow Rate: 200 µL/ min

394

395 Cell Counts for each measurement: 30,000

396

397 **Instrument Settings:**

398 Voltage

395 FSC: 480  
396 SSC: 400  
397 BL1: 540  
398 BL2: 392  
399 BL3: 422  
400

401 **2.3.2. Set up Experimental Files**

403 **2.3.2.1.** Create a new experiment file within the “Experiment Explorer” tab by right  
404 clicking flow cytometer username. Select “New Experiment” in the dropdown window.  
405 When a new window on the computer screen pops up, select “OK”.

407 **2.3.2.2.** In the new experiment file, right click the “Group” folder and select “Add New  
408 Sample Tube”. Label sample tubes for each specific time point and replicate by right  
409 clicking “Sample” and select “Rename” in the drop-down menu. Repeat this step for the  
410 total number of replicates and time points for the intended time course study.

412 **2.3.3. Prepare dilute cell solution**

413 In a new culture tube, add 1.5 mL of 1X PBS solution. Next, add 3  $\mu$ L of induced cells in AI media  
414 into the 1X PBS solution to make a dilute cell solution. Repeat this step for each biological  
415 replicate in different culture tubes.

417 **2.3.4. Measure background fluorescence of cells**

418 Before adding dye, take readings of each biological replicate culture tube containing cells in 1X  
419 PBS solution. This is so that the fluorescent background of the cells is measured to observe the  
420 fold turn on over time once the dye is added.

422 **2.3.4.1.** To take a reading, place the culture tube into the sample tube lifter, raise  
423 the lifter by hand to the sample injection needle. Select the proper sample file and  
424 within the “Collection Panel” tab click “Record”.

426 **2.3.4.2** When the run is complete, lower sample tube lifter with culture tube by  
427 hand. This will initiate a “Rinse” step that will flush the fluidic system and minimize  
428 carryover between each biological replicate sample. The data will automatically  
429 be saved to the computer after the run is completed.

431 **2.3.4.3.** Repeat the steps within **2.3.4.** to measure the cellular fluorescent  
432 background for at least three biological replicates. To move to the next sample  
433 file, select the next sample file by clicking the right arrow icon near the sample  
434 tube name, which is underneath the “Record” icon.

436 **2.3.5. Measure fluorescence at time points for cells with dye**

437 **2.3.5.1.** Add 1.4  $\mu$ L of a concentrated dye stock (50 mM DFHBI-1T in DMSO) into

439 1X PBS solution with cells to give a final of concentration of 50  $\mu$ M DFHBI-1T. Next,  
440 secure the culture tube lid, then invert culture tubes 3 to 5 times to mix the  
441 solution evenly before taking the first time point reading.

442  
443 NOTE: Total percentage of DMSO within culture tubes for *E. coli* should not exceed  
444 10 % as this can affect cell viability<sup>16</sup>.

445  
446 **2.3.5.2** Remove lid and place culture tube into sample tube lifter, raise the holder  
447 by hand to the sample injection needle and under the proper sample file click the  
448 “Record” icon. Additionally, begin a timer by pressing “Start” for the experiment.

449  
450 **2.3.5.3.** Lower the tube lifter by hand after the run is completed, and repeat steps  
451 **2.3.5.1** through **2.3.5.2.** (with the timer running) by adding 1.4  $\mu$ L of concentrated  
452 DFHBI-1T, inverting culture tubes, and taking readings for all remaining biological  
453 replicates. These first recordings will be the readings obtained at “0 minutes” for  
454 all biological replicates. Do this one at a time for each biological replicate.

455  
456 NOTE: Make note of the time when the record flow cytometry acquisition is  
457 pressed. Adhere to this time staggering for time points over the course of the  
458 experiment.

459  
460 **2.3.5.4.** Continue to take readings by raising the culture tubes in the sample tube  
461 lifter to the sample injection needle, selecting the proper sample file, clicking  
462 “Record” and lowering the lifter by hand after each run is complete. Do this for all  
463 additional time points and biological replicates being tested. Repeat steps until  
464 experiment is completed.

465  
466 NOTE: Keep samples out of light to avoid the photobleaching of DFHBI-1T in  
467 solution by covering samples with aluminum foil.

468  
469 **2.3.6. Measure fluorescence at time points for cells without dye (Control)**

470  
471 **2.3.6.1.** Run the appropriate cleaning protocols for flow cytometer before  
472 repeating experiment again with negative controls following the manufacturer’s  
473 protocol. This is done to minimize any carryover from the previous experiment  
474 into the control time point analysis experiment. Below are the steps followed for  
475 the flow cytometer between experiments:

476  
477 **2.3.6.1.1.** Place an empty culture tube in the tube lifter by hand, raise the  
478 tube holder and click on the “Unclog” icon in the “Instrument” tab. This  
479 will run a backflush the fluidics system to clean up any sticky samples.  
480 Lower the tube holder by hand and remove the tube once the “Unclog”  
481 sequence is done.

482

**2.3.6.1.2.** With a new culture tube, add 3 mL of a 10 % Bleach solution and place culture tube into tube holder and raise the holder by hand to the sample injection needle. Additionally, place a clean 96 well plate into Autosampler if applicable to flow cytometer.

**2.3.6.1.3.** Click on “Sanitize SIP/ Sanitize Autosampler SIP” icon to run a cleaning sequence with 10 % Bleach throughout the fluidics system. Lower the tube holder to complete cleaning sequence.

### 2.3.6.2. Set sample files for the control time point analysis run following the directions within **2.3.3**.

**2.3.6.3.** In a new culture tube, prepare a dilute cell solution in 1.5 mL of 1X PBS solution. Add 3  $\mu$ L of induced cells in AI media into the 1X PBS solution to make a dilute cell solution. Repeat this step for each biological replicate.

**2.3.6.4.** Add 1.4  $\mu$ L of DMSO into culture tube one at a time 1X PBS solution with cells and testing the same time points. Secure the culture tube lid, then invert culture tubes 3 to 5 times to mix the solution evenly before taking the first time point reading. Do this one at a time for each biological replicate.

**2.3.6.5.** Follow the same protocol for analysis of control cells as for cells with dye, using steps **2.3.5.2** to **2.3.5.4**.

### 2.3.7. Shutdown the flow cytometer

Follow the manufacturer's protocol for proper shutdown of instrumentation. For the flow cytometer, the instrument is prepared for shutdown in the following manner:

**2.3.7.1.** Place an empty culture tube in the tube lifter, raise the tube holder and click on the “Unclog” icon in the “Instrument” tab. This will run a backflush the fluidics system to clean up any sticky samples. Lower the tube holder and remove the tube once the “Unclog” sequence is done.

**2.3.7.2.** With a new culture tube, add 3 mL of a 10 % Bleach solution and place culture tube into tube holder and raise the holder by hand to the sample injection needle. Additionally, place a clean 96 well plate into Autosampler if applicable to flow cytometer. Click on “Sanitize SIP/ Sanitize Autosampler SIP” icon to run a cleaning sequence with 10 % Bleach throughout the fluidics system. Lower the tube holder to complete cleaning sequence.

**2.3.7.3.** Replace the culture tube with 10 % Bleach solution with a culture tube with 3 mL Focusing Fluid. Raise the tube holder by hand and under the "Shutdown" icon click the on the drop-down menu and select "Thorough".

## OPTIONAL PAUSE POINT

## 2.4. Analysis of flow cytometry data

**2.4.1.** Export all FCS files for analysis. Open the FCS files with a flow cytometry analysis software.

**2.4.2.** Using one of the Cell only FCS files, generate a gate from the forward scatter (FSC) and side scatter (SSC) dot plot (FSC-Area/SSC-Area) using both log axes to exclude any signals from debris. To create this gate, click on the “AutoGate” icon on the flow cytometry analysis software and name it “Gate 1”. Apply this same gate to all samples tested under the “All Samples” tab in the data processing workspace. This will result in “Gate 1” underneath all FCS files being processed.

**2.4.3.** Create a new subset file with the Cell only FCS file used in step **2.4.2.** by double clicking it. Change the axis settings to FSC-Area/ FSC-Height with both using log axes. Click on the “AutoGate” icon on the flow cytometry analysis software to generate an oval gate naming it “Gate 2”. Apply this gate as a subset underneath the gate set in step **2.4.2.** to all samples tested. This will result in all samples having “Gate 1” > “Gate 2” associated with each FCS file.

**2.4.4.** Create another subset file with both gates set in steps **2.4.2.** and **2.4.3.** applied by double clicking “Gate 2”. Change the axis settings to FSC-Area/ Histogram. Apply this histogram gate as a subset to all samples tested resulting all samples having “Gate 1” > “Gate 2” > “Gate 2” associated with each FCS file.

NOTE: The Histograms can be renamed from “Gate 2” to “Histogram” to assist with moving the histograms into the layout window as well as create more organization with data processing.

**2.4.5.** To analyze the mean fluorescence intensity (MFI) values, open the layout window. Click and drag histogram gates for each time point into the layout window.

**2.4.6.** Perform statistical analysis for “ $\Sigma$  Mean: BL1-A” (GFP) for each sample tested to display the MFI results onto the layout window.

**2.4.7.** Calculate the standard deviation for the MFI values per time point analysis for at least three independent biological replicates.

#### 2.4.8. Save Histograms and MFI values for each time point by exporting layout window as a PDF file

## OPTIONAL PAUSE POINT

## 2.5 Graph flow cytometry data

**2.5.1.** Open PDF file containing the histograms and MFI values for each time point. The MFI

571 values will be copied over into a data analysis software. In data graphing software., create a new  
572 data table in the XY format.

573

574 **2.5.1.1.** Select to create an XY Table with the following selected:

575

576 Data Table: Enter or import data into a new table

577

578 Options: X: Elapsed Times  
579 Y: Enter (3-4) replicate values in side-by-side subcolumns

580

581 **2.5.1.2.** Label on the X axis all the time points for the experiment and control runs.

582

583 **2.5.1.3.** In Group A, input MFI values for all biological replicates into each time point for  
584 fluorescence analysis of cells with dye added.

585

586 **2.5.1.4.** In Group B, input MFI values for all biological replicates into each time point for  
587 analysis of cells with no dye (DMSO) added.

588

589 **2.5.1.5.** To observe results, click on “[Insert Data Set Name]” under the “Graphs” tab. This  
590 will display data points as a mean with error bars that represent the standard deviation  
591 (s.d.) at each time point. The X axis represents the elapsed time and the Y axis is the MFI  
592 values.

593

#### 594 **REPRESENTATIVE RESULTS:**

595 ***In vitro* kinetics.** The sequences of the DNA templates and primers, which are purchased as  
596 synthetic oligonucleotides, are shown in Table 2 and reagent recipes are shown in Supplementary  
597 Information. PCR amplification is used to scale-up the amount of DNA template with the T7  
598 promoter, which is required for the subsequent *in vitro* transcription (IVT) reaction. In addition,  
599 PCR amplification can be used for two purposes in the same reaction, to generate the full-length  
600 Broccoli DNA template by primer extension as well as scale-up the DNA template.

601

602 After the IVT reaction to synthesize RNA, PAGE purification will remove any unwanted truncated  
603 transcripts, degraded products, and unreacted rNTPs from the full-length RNA product. This type  
604 of purification is preferred because truncated or degraded RNAs will cause inaccurate  
605 determination of RNA concentrations. Since nucleotide bases absorb UV light, RNA bands and  
606 rNTPs on the gel can be visualized under UV as shadows against a fluorescent TLC plate. Thus,  
607 bands corresponding to the correct product size can be selectively extracted.

608

609 The nearest-neighbor method overestimates extinction coefficients and thus concentrations of  
610 structured RNAs since it does not account for hypochromicity due to base pairing<sup>17</sup>. Therefore,  
611 to determine accurate RNA concentrations, neutral pH thermal hydrolysis assays were performed  
612 to hydrolyze RNA to individual NMPs<sup>18</sup>. The accurate extinction coefficient was calculated as a  
613 sum of the extinction coefficients of NMPs in the RNA sequence.

614

615 The kinetics of DFHBI binding to Spinach2 and Broccoli was determined using a plate reader  
616 assay. RNA was first renatured to ensure it will be in the correct conformation for dye binding.  
617 Reaction conditions for the plate reader kinetics assay consist of 40 mM HEPES, pH 7.5 (KOH),  
618 125 mM KCl, 3 mM MgCl<sub>2</sub>, 100 nM renatured RNA, and 10  $\mu$ M DFHBI, and the reaction was  
619 measured at 37 °C. This temperature and concentration of MgCl<sub>2</sub> was chosen to mimic  
620 physiological conditions<sup>19</sup> though conditions of 28 °C and 10 mM MgCl<sub>2</sub> may also be used for  
621 improved aptamer folding.

622  
623 Both fluorogenic aptamers Spinach2 and Broccoli display two-phase association kinetics for  
624 binding to the DFHBI dye (Fig. 2). The kinetics data was better fit by two-phase association than  
625 one-phase association for both aptamers (Fig. S1). Rate constants and  $t_{1/2}$  values for the fast and  
626 slow associations was determined by the best fit curve (Table 3). PercentFast, which describes  
627 what percent of the fluorescence turn-on magnitude is accounted for by the faster DFHBI-binding  
628 RNA population, also was determined.

629  
630 Spinach2 in the binding-competent state shows faster turn-on than Broccoli ( $t_{1/2}$  = 1.2 s vs 2.0 s).  
631 The second phase kinetics for both aptamers are similar ( $t_{1/2}$  = 180 s), and likely correspond to a  
632 common rate-limiting step for a sub-population of the sample (PercentFast = 68% and 60% for  
633 Spinach2 and Broccoli, respectively). Overall, these results show that well-folded Spinach2 and  
634 Broccoli aptamers exhibit very fast turn-on kinetics, with initial half-maximal turn-on within 1-2  
635 sec of dye addition.

636  
637 **Cellular kinetics.** The sequences of the DNA constructs, which are cloned into the pET31b  
638 plasmid, are shown in Table 2 and reagent recipes are shown in Supplementary Information. The  
639 DNA constructs of fluorogenic RNA aptamers are typically contained within a tRNA scaffold for  
640 cellular experiments. The BL21 Star (DE3) *E. coli* strain is an expression strain with a mutation in  
641 RNase E that increases RNA stability.

642  
643 Fluorescence time point measurements were recorded every 5 minutes for the first 45 minutes  
644 followed by readings at 1 h, 1.5 h and 2 h, giving a total of 12 time points plus the cell only reading.  
645 Having the shortest time interval being 5 minutes permitted multiple biological replicates to be  
646 measured at each time point, with regular spacing between replicate measurements of 30  
647 seconds to 1 minute. The total volume of cells diluted in 1x PBS solution used for the time course  
648 experiment was 1.5 mL.

649  
650 The cells were gated prior to determining the mean fluorescence intensity (MFI) of the  
651 population of single cells. Gating selects an area on the scatter plot to determine the cell  
652 population that will be analyzed. This process gets rid of any debris or multiplet readings from  
653 being included in the analysis. For the flow cytometry analysis shown, 30,000 events were  
654 recorded that resulted in 10,000-20,000 events analyzed after gating.

655  
656 The cellular fluorescence kinetics is a function of both dye diffusion into *E. coli* and dye binding  
657 kinetics to the RNA aptamer within the cellular environment (Fig. 1B). For cells expressing  
658 Spinach2-tRNA, it is observed that the mean fluorescence intensity (MFI) increases immediately

659 at the '0' timepoint, due to the short time lag (in seconds) between dye addition and sample  
660 analysis (Fig. 3). Furthermore, cellular fluorescence has already reached its maximal equilibrated  
661 MFI value ( $40,441 \pm 990$ ) at the first timepoint of 5 min. In contrast, control cells show low  
662 background fluorescence (416) and no change in MFI value with DMSO addition. Comparison  
663 between cells with dye and cells with no dye reveals that fluorescence activation is  $98\text{-fold} \pm 2$  in  
664 cells. Overall, these results show that Spinach2-tRNA expressed in *E. coli* cells exhibit fast turn-  
665 on kinetics, with maximal turn-on within less than 5 min of dye addition.

666

#### 667 **FIGURE AND TABLE LEGENDS:**

668

669 **Figure 1.** Fluorescence activation occurs upon RNA aptamers binding to dye molecules (A) *in vitro*  
670 and (B) in cells.

671

672 **Figure 2.** Representative *in vitro* kinetics of the fluorogenic aptamers Spinach2 (A and B) or  
673 Broccoli (C and D) modeled by two-phase association, with  $t = 0$  s being the timepoint of DFHBI  
674 addition (final DFHBI concentration:  $10 \mu\text{M}$ ). Experiments were performed in triplicate. All error  
675 bars represent standard deviations from the mean. From the fit,  $t_{1/2}$  values were obtained for  
676 both the fast and slow association reaction components.

677

678 **Figure 3.** Representative cellular kinetics of Spinach2 in an tRNA scaffold. (A) Time point analysis  
679 of tRNA-Spinach2 dye uptake over the course of 2 hours. A cell only baseline was taken prior to  
680 adding in DFHIB-1T or DMSO. Time points were taken every 5 minutes for the first 45 minutes,  
681 followed by a time point reading at 1 h, 1.5 h, and 2 h. Arrow represents when the addition of  
682 DFHBI-1T or DMSO was added into 1 X PBS solution with BL21 Star cells. Final concentration of  
683 DFHBI-1T for analysis is at  $50 \mu\text{M}$ . For the DMSO control, the addition of DMSO was at equal  
684 volume ( $1.4 \mu\text{L}$ ) used for DFHBI-1T dye addition. (B) A close-up of the DMSO control time point  
685 analysis with BL21 Star *E. coli* cells. Mean Fluorescence Intensity (MFI) indicates the overall  
686 fluorescent readout of BL21 Star cells with dye or DMSO. Data represents the mean  $\pm$  standard  
687 deviation of three biological replicates.

688

689 **Table 1.** Previously published photophysical and biochemical properties of Spinach2-DFHBI-1T<sup>4</sup>,  
690 <sup>13, 14</sup> and Broccoli-DFHBI-1T<sup>13</sup>.

691

692 **Table 2.** DNA Sequence Table contains DNA sequences and primers used for *in vitro* and cellular  
693 kinetics studies. **Bold**= T7 promoter; Underlined= tRNA scaffold; CAPS= Spinach2; lowercase=   
694 Broccoli; **BOLD ITALICS**= T7 terminator.

695

696 **Table 3.** *In vitro* kinetics values of the Spinach2 and Broccoli aptamers derived from fitted data,  
697 reported as the mean  $\pm$  standard deviation of three replicates.

698

#### 699 **DISCUSSION:**

700 **Modifications and troubleshooting.** For the *in vitro* kinetics experiment, the same general  
701 protocol can be modified to measure the *in vitro* kinetics of an RNA-based fluorescent biosensor

702 containing both a ligand-binding and fluorophore-binding domain<sup>8</sup>. In this case, the RNA should  
703 be incubated with the fluorophore prior to measurements upon injecting the ligand in order to  
704 obtain ligand response kinetics. If high variability is observed between replicates, one can  
705 troubleshoot by checking that each sample is allowed to equilibrate for the same amount of time  
706 in the 96-well plate before measurement. Each sample or replicate should be individually  
707 prepared in a well and measured right after the 15-minute equilibration step, rather than  
708 preparing all samples at once.

709

710 For the cellular kinetics experiment, the protocol can be modified for shorter or longer time  
711 courses, but it is critical to plan out the number of biological replicates and adjust the needed cell  
712 solution volume. It is recommended to space out each biological replicate reading between 30  
713 seconds to 1 minute to have adequate time to perform the steps carefully. Another modification  
714 is to test a different fluorogenic dye that does not bind the RNA aptamer as an alternative  
715 negative control, which should not show fluorescence activation over background. If inconsistent  
716 results are observed, one can troubleshoot by checking that the flow cytometer is properly  
717 cleaned following the manufacturer's protocol between different experimental runs to prevent  
718 any bleed over of cells or dyes from the previous run to the next.

719

720 **Limitations.** While the *in vitro* method presented is useful for comparing kinetics between  
721 fluorogenic aptamers or RNA-based fluorogenic biosensors, the kinetic values obtained may  
722 change depending on the temperature, magnesium concentration, or other buffer components  
723 used. Also, while this method provides well-defined conditions that have been used previously  
724 to characterize different fluorogenic RNA systems, the intracellular environment cannot be  
725 perfectly represented due the presence of other biological macromolecules.

726

727 Whereas the fluorescence platereader equipped with a programmable injector has no dead time  
728 for data acquisition, the flow cytometer instrument has limited temporal accuracy due to  
729 observable dead time. There is a ~5 second lag between when the "Record" button is clicked and  
730 when data acquisition starts. An additional ~5 second lag occurs for the instrument to measure  
731 30,000 events; this sample acquisition time will vary slightly depending on how dilute the cells  
732 are in 1X PBS.

733

734 Another potential limitation to cellular experiments is cell viability in 1X PBS. For extended time  
735 point analysis, cell viability can be checked using propidium iodide to stain dead cells<sup>20</sup>. Dye  
736 aggregation also can limit the accuracy of fluorescent measurements made by the flow  
737 cytometer. Dyes with very limited solubility in aqueous solutions can aggregate and appear as  
738 particles large enough to be counted as cells on the flow cytometer. Thus, it is important to run  
739 dye-only experimental controls to check for aggregates in the gated region.

740

741 **Significance.** Previously it was shown that Broccoli has comparable brightness to Spinach2 at 1  
742 mM Mg<sup>2+</sup> *in vitro*, but Broccoli-tRNA exhibits ~2-fold greater fluorescence intensity in live *E. coli*  
743 compared to Spinach2-tRNA<sup>13</sup>. To our knowledge, the dye-binding kinetics for Spinach2 and  
744 Broccoli fluorogenic aptamers have not been compared before and modeled by two-phase  
745 association. The initial fast rate constants for both RNA aptamers support that the dye binding

746 pocket is pre-folded and no structural changes are needed for the dye to bind, which is consistent  
747 with X-ray crystallography and UV-melting experiments<sup>21, 22</sup>. The second phase with a slower rate  
748 constant has not been previously reported because other experiments such as stopped-flow and  
749 fluorescence lifetime measurements analyzed the Spinach aptamer for shorter duration (20 and  
750 300 seconds)<sup>23, 24</sup>. The much slower second phase results in an observed biexponential increase  
751 in fluorescence when data are analyzed for 600 seconds. This slow step can be attributed to  
752 either a rate-limiting refolding step from a binding-incompetent to binding-competent RNA state  
753 or a rate-limiting photoconversion step from *trans* to *cis* forms of the bound dye. The latter  
754 mechanism was previously modeled to give a biexponential fluorescence profile<sup>24</sup> and is  
755 supported by recent analysis of the difference between the absorption and excitation spectra on  
756 the related aptamer, Baby Spinach<sup>25</sup>.

757  
758 The overall significance of the *in vitro* findings is that they show that dye association to the  
759 fluorogenic RNA aptamer does not limit real-time RNA localization and gene expression studies.  
760 For RNA-based fluorescent biosensors that employ Spinach2, the measured turn-on kinetics are  
761 similar to the second phase kinetics measured here<sup>10</sup>, because the biosensors require a refolding  
762 step, so should be sufficiently rapid to enable near-real-time signaling studies.  
763

764 It was expected that the cellular kinetics will be different from the observed *in vitro* kinetics for  
765 Spinach2. One key difference is that there is an additional step of dye diffusion into the *E. coli*  
766 cells, which involves crossing the outer and inner membranes. In addition, the cellular  
767 environment poses different conditions for dye-aptamer association, in terms of molecular  
768 crowding, ion composition and concentrations, as well as RNA and dye concentrations.  
769

770 The overall significance of the results is that cellular fluorescence reaches maximum signal in less  
771 than 5 min and remains stable for at least 2 h, which enables real-time RNA localization and gene  
772 expression studies in this time range. For an RNA-based biosensor that employs Spinach2, we  
773 previously showed that significant fluorescence response could be observed within 4-5 min of  
774 ligand addition, but reaching maximal signal takes longer (15 to 30 min)<sup>8</sup>. Taken together, these  
775 findings indicate that dye diffusion into cells is not the practical rate-limiting step for *in vivo*  
776 experiments with RNA-based biosensors. Finally, this experimental protocol can be applied to  
777 analyze other fluorogenic RNA systems in cells.  
778

779 **Application to other fluorogenic aptamer systems.** The experimental protocols presented here  
780 can be applied to analyze other fluorogenic RNA systems. Beyond the two aptamers analyzed in  
781 this study, Spinach2 and Broccoli, other fluorogenic RNA systems have been developed that  
782 provide different emission profiles, improved photostability, tighter binding affinities, and the  
783 ability to change fluorophores (recently reviewed<sup>1</sup>). In addition to their fluorescence properties,  
784 benchmarking the turn-on kinetics for these systems *in vitro* and in cells is important to assess  
785 suitability for different cell biological applications and may support structural pre-folding or  
786 rearrangement of the aptamer. As discussed, with some modifications, these protocols also have  
787 been applied to analyze RNA-based biosensors<sup>8</sup>.  
788

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791

792 **DISCLOSURES:**

793 No conflicts of interest.

794

795 **REFERENCES:**

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