

# Effect of pore size distribution on sorption-induced deformation of porous materials: a theoretical study

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## 4 ABSTRACT

5 Porous materials exhibit complex deformation when interacting with adsorbates in the environment.  
6 Depending on the size and shape of individual pores, interactions between solid and adsorbates can give  
7 rise to several pore-scale forces that impacts the overall adsorption and strain isotherms. Accurate  
8 prediction of the adsorption-deformation behavior of a porous material would benefit from the  
9 consideration of its pore network characteristics described by the pore size distribution (PSD). This  
10 paper presents a theoretical investigation on how the pore size distribution can affect the sorption-  
11 induced deformation of micro/meso/macro porous solids. The recently developed surface  
12 poromechanics theory is generalized to account for the information of arbitrary pore size distributions.  
13 The adsorptive energetics of a generic pore network is statistically upscaled from the solid-adsorbate  
14 interaction in a single slit pore geometry, which is then infused into the thermodynamics of a deformable  
15 body. The theory is first validated against the experimental data on microporous carbon interacting with  
16 nitrogen gas. Then the same parameter set is used to study the effects of pore size on the adsorption and  
17 strain isotherms of porous materials. By only varying the input PSDs, a variety of adsorption-  
18 deformation behaviors that are commonly observed from experiments is reproduced by the model.  
19 Conclusions are drawn from this analysis regarding the relative dominance of different pore-scale forces  
20 at varying pore size ranges, and the circumstances where simplified representation of the pore network  
21 can be acceptable.

## 22 KEYWORDS

## 23 Poromechanics, Adsorption, Pore size distribution, Swelling/shrinkage

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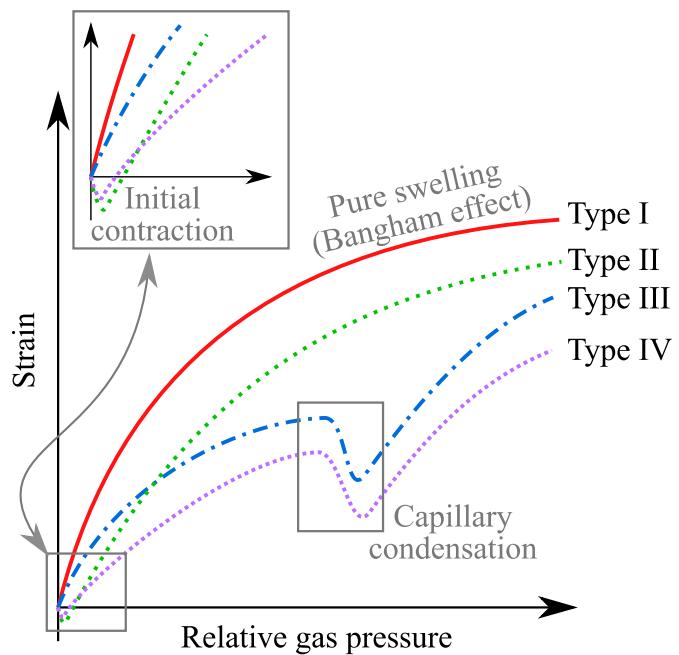
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## 1 1 INTRODUCTION

2 The coupling between adsorption and deformation in porous solids has long intrigued engineers and  
3 materials scientists (Bangham and Fakhouri, 1928; Gor et al., 2017; Lakhanpal and Flood, 1957).  
4 During adsorption, fluid molecules (adsorbate) spontaneously gathers and structuralizes near a solid  
5 surface (adsorbent) (Rahaman et al., 2008). The occurrence of such process in a porous network can  
6 exert stresses onto the solid skeleton and thus induce volumetric strain with magnitude ranging from  $10^{-3}$   
7 for charcoal (Balzer et al., 2015) and porous glass (Amberg and McIntosh, 1952), to tens of percent for  
8 silica aerogels (Reichenauer and Scherer, 2001), clay (Lyu et al., 2015), polymeric fibers (Champeau et  
9 al., 2014), and cellulose (Chen et al., 2018), and up to hundreds of percent for metal-organic frameworks  
10 (Serre et al., 2007). Nature takes advantage of such stimuli-responsive feature of cellulose nanofibers to  
11 facilitate the dispersal of plant seeds upon humidity change (Dawson et al., 1997; Elbaum et al., 2007;  
12 Van Opdenbosch et al., 2016). Bio-inspired nanoporous networks have been recently developed for fast  
13 and reliable actuators (Zhao et al., 2014), gas sensors muscles (Lee et al., 2019), and artificial (Yang et  
14 al., 2018) driven by sorption of gas molecules. On the other hand, adsorption/desorption can negatively  
15 impact the health of structural materials by triggering cracking (Colina and Roux, 2000), degradation  
16 (Baek and Pence, 2009) and plastic deformation (Hansen, 1987). For the ubiquitousness of sorption-  
17 induce deformation, it is crucial to pursue fundamental mechanistic understanding of such phenomenon  
18 in generic fluid - porous solid systems.

19 Various porous materials exhibit drastically different adsorption and strain isotherms. They can be  
20 roughly categorized in three types: Early experiments on charcoal show monotonic expansion upon gas  
21 uptake (Type I behavior as sketched in Fig. 1), which was explained by the decrease of pore surface  
22 energy due to adsorption (also known as the *Bangham effect*) (Bangham and Fakhouri, 1928; Meehan,  
23 1927). Later, Haines and McIntosh (1947) and Lakhanpal and Flood (1957) studied activated  
24 microporous carbon and found that a small amount of volumetric shrinkage occurs at extremely low  
25 pressure regime before Bangham's expansion (Type II behavior as sketched in Fig. 1). This was  
26 attributed to an attractive "bridging" of adsorbate molecules from one side of the pore wall to the  
27 opposing side. Amberg and McIntosh (1952) studied the interaction between mesoporous Vycor glass  
28 and water vapor and observed two distinct expansion segments, separated by a contraction regime in the  
29 intermediate pressure range, on the adsorption strain isotherm (Type III behavior as sketched in Fig. 1).  
30 The contraction was related to Laplace pressure caused by concave menisci formed during condensation

31 (Amberg and McIntosh, 1952; Haines and McIntosh, 1947; Wiig and Juhola, 1949). A forth type of  
 32 behavior can be also be observed when both initial contraction and capillary contraction occur (Balzer et  
 33 al., 2015). After 1970s, numerous in-situ dilatometer tests have been conducted on other porous  
 34 materials including zeolites (Fomkin, 2005), porous silicon (Dolino et al., 1996), biopolymers (Rey and  
 35 Vandamme, 2013), aerogel (Reichenauer and Scherer, 2001), natural coal (Levine, 1996), shale (Heller  
 36 and Zoback, 2014), and cement (Setzer and Wittmann, 1974). Their strain isotherms can be all  
 37 categorized as one of the four types. Our hypothesis here is that the different types of strain isotherms  
 38 are tightly associated with the adsorbent's pore structures. For example, the “bridging” in Lakhanpal and  
 39 Flood's notion is only possible for pore size of nanometers, giving rise to the so-called disjoining  
 40 pressure (de Feijter, 1988) that is largely attractive at low pressures (Ash et al., 1973). This effect is  
 41 recently quantitatively studied in a continuum poromechanics setting and shown to create an overall  
 42 contractive stress on the pore skeleton (Eskandari-Ghadi and Zhang, 2021). On the other hand,  
 43 mesoporous materials have pores large enough that meniscus can develop upon capillary condensation  
 44 (El Tabbal et al., 2020). Materials that have a wide range of pore sizes or dual porosity networks may  
 45 co-exhibit initial contraction and condensation contraction (Balzer et al., 2015).



46  
 47 Fig. 1. Schematic of categorization of adsorption-deformation behavior.

48 Quantitative simulation of the adsorption-deformation process requires proper consideration of the  
 49 underlying physics. Molecular simulations based on approximation of particle-particle interactions can

50 reasonably capture pore-scale and even meso-scale processes. In particular, such simulations have  
51 demonstrated the variation of disjoining pressure with respect to changing gas pressure and pore size  
52 (Kowalczyk et al., 2008), swelling and contraction upon capillary condensation and adsorption  
53 hysteresis (Chen et al., 2019), and initial contraction based on disjoining pressure calculations  
54 (Kowalczyk et al., 2012). Density functional theory simulations have also provided insights on  
55 adsorption and strain correlation at a molecular level (Ravikovich and Neimark, 2006) and two-way  
56 coupling of adsorption and deformation (Gor and Bernstein, 2016). On the other hand, poromechanics  
57 which incorporates the mechanical interactions of solids and fluids at macroscale (Coussy, 2004) allows  
58 one to efficiently obtain the response of a continuum with spatially variable properties, arbitrary  
59 boundary conditions, and coupled with time-dependent processes (e.g. diffusion) at low computational  
60 cost. Such an efficient and versatile tool for engineering analysis, however, is only as accurate as the  
61 underlying pore-scale physics that the constitutive models incorporate. For example, the classical  
62 poromechanical framework laid out by Biot (1941) and Coussy (2010) considered the effect of fluid  
63 pressure exerted on the pore walls and the compressibility of the solid phase in describing the response  
64 of inert, saturated porous media. Recent advances have elegantly accounted for several pore-scale  
65 mechanisms to reproduce adsorption straining in mesopores and micropores (Brochard et al., 2012b;  
66 Eskandari-Ghadi and Zhang, 2021; Pijaudier-Cabot et al., 2011; Vandamme et al., 2010; Zhang, 2018).  
67 Pijaudier-Cabot et al. (2011) have attempted to integrate the information of pore network in the  
68 macroscale modeling of porous media. Brochard et al. (2012a) have performed one-dimensional  
69 molecular simulations to study the two-way adsorption-deformation coupling in a uniform and random  
70 distribution of pore sizes. However, there are no systematic theoretical studies unveiling the effect of  
71 pore size distribution on the distinct adsorption-deformation characteristics of porous continua to the  
72 best of our knowledge.

73 To address the above, the current work is presented with two main objectives: (1) put forward a  
74 continuum framework that accounts for the change of surface tension and disjoining pressure upon gas  
75 uptake in pores with various sizes, and (2) study the influence of pore size distribution on the adsorption  
76 strain isotherms under the proposed framework, in hoping to clarify the transition between the type I and  
77 type II behaviors. Capturing the Type III and IV behaviors requires the incorporation of capillary  
78 condensation at pore scale, which is beyond the scope of this paper and will be pursued elsewhere. In  
79 this aspiration, the thermodynamics of a generic adsorptive pore network is established based on that of  
80 a single slit pore and then integrated with the kinematics of a deformable body in Section 2 . After

81 linearizing the constitutive equation, the framework is cast into incremental form to acquire versatility  
82 and simplicity in its numerical implementation in Section 3 . In Section 4 , an explicit adsorption-  
83 deformation model is obtained by specifying proper poroelasticity, microstructure, and adsorption  
84 models, which is then subjected to validation against experimental data of N<sub>2</sub> adsorption on microporous  
85 carbon in Section 5 . Finally, systematic parametric studies on the effect of pore size distribution on the  
86 characteristics of sorption strain isotherm are presented in Section 6 .

## 87 **2 SURFACE POROMECHANICS: FROM INDIVIDUAL PORES TO THE POROUS MEDIUM**

88 When guest molecules (adsorbate) approach to internal pore surface of a porous medium (adsorbent),  
89 they are influenced by surface forces such as van der Waals force, electrostatic force and hydration  
90 forces (Israelachvili, 2011), modifying the properties of the solid-fluid interface. The resultant stresses  
91 exerted onto the pore surface can be studied in a thermodynamic setting which is detailed below. The  
92 IUPAC nomenclature is adopted throughout this paper: *micropore* denotes pore size less than 2 nm,  
93 *macropore* for sizes larger than 50 nm, and mesopore refers to everything in between (Everett, 1972).

### 94 *Surface forces in a slit pore*

95 Consider adsorption inside a slit pore. Some fluid molecules are in its “free” bulk state, while others  
96 are influenced by the surface force fields and thus in the structured and adsorbed state. In reality, there is  
97 no jump from one state to the other and their thermodynamic properties undergo a gradual transition.  
98 Details of such transition can be circumvented through the Gibbs’ surface excess treatment, permitting a  
99 much-simplified mathematical description of the energetics inside the pore. As illustrated in Fig. 2a, the  
100 Gibbs’ treatment defines a zero-thickness geometrical surface that lumps all the extensive properties  
101 inside the pore excess to the bulk fluid phase, thus accounting for fluid properties near the pore walls  
102 (DeHoff, 2006). The mere definition of such a surface phase gives rise to the notion of surface energy or  
103 surface tension, i.e., the thermodynamic force conjugated to the change of pore surface area (Zhang,  
104 2018). For small enough confinements as represented in Fig. 2b, the interfacial regions of the opposing  
105 pore walls may overlap and interact. Such interaction may be described by an extra work necessary to  
106 change the distance between the two surfaces, which is additional to the work necessary to push the bulk  
107 fluid out of the pore. Inspired by the works of Rusanov (1966) and de Feijter (1988) on thin liquid films  
108 and consulting with the analysis of Ash et al. (1973), Eskandari-Ghadi and Zhang (2021) has recently  
109 considered the micropore system in Fig. 2b in terms of Gibbs’ excess convention and derived the  
110 expressions of *surface force* terms including disjoining pressure and surface tension inside a slit

111 micropore. However, the effects of the distributed pore sizes on the REV scale are smeared into the  
 112 adsorption-deformation of one or two average pores. An extension to the same line of thought is  
 113 presented in what follows for the consideration of an arbitrary number of pore sizes in the REV. The  
 114 internal energy of the surface phase for single-species adsorption in a slit pore can be written as  
 115 (Eskandari-Ghadi and Zhang, 2021)

$$116 \quad d\tilde{U}^{surf} = Td\tilde{S}^{surf} - \frac{1}{2}\tilde{\mathcal{A}}\Pi dh + \gamma d\tilde{\mathcal{A}} + \mu d\tilde{N}^{surf} \quad (1)$$

117 where  $\tilde{U}^{surf}$  is the internal energy of the surface phase;  $T$  is the system temperature;  $\tilde{S}^{surf}$  is the entropy  
 118 of the surface phase;  $\tilde{\mathcal{A}}$  is the total surface area available to adsorption;  $h$  is the thickness of the slit  
 119 pore;  $\mu$  is the chemical potential of the adsorbate;  $\tilde{N}^{surf}$  is the number of adsorbed moles to the surface  
 120 phase;  $\gamma$  is the surface tension, considered independent of the surface strain and to be distinguished  
 121 from the stretch-dependent surface stress (Kramer and Weissmüller, 2007);  $\Pi$  is the disjoining pressure  
 122 denoting the additional normal force per unit area generated by the overlapping of adsorbed regions of  
 123 two opposing pore walls (Fig. 2b) and is responsible for the deviation of actual pore pressure  $p^p$  from  
 124 the bulk fluid in micropores  $p$  (i.e.,  $\Pi = p^p - p$ ). Throughout this paper, we use superposed “tilde” to  
 125 denote extensive quantities pertaining to a single pore. Superscripts  $s$ ,  $f$ , and  $surf$  refer to quantities  
 126 belonging to the solid, the bulk fluid and the surface phases, respectively.

127 Eq. (1) can be re-written in terms of the volume of a single slit-pore,  $\tilde{\Omega}^v = \tilde{\mathcal{A}}h/2$ , as

$$128 \quad d\tilde{U}^{surf} = Td\tilde{S}^{surf} - \Pi d\tilde{\Omega}^v + \gamma_p d\tilde{\mathcal{A}} + \mu d\tilde{N}^{surf} \quad (2)$$

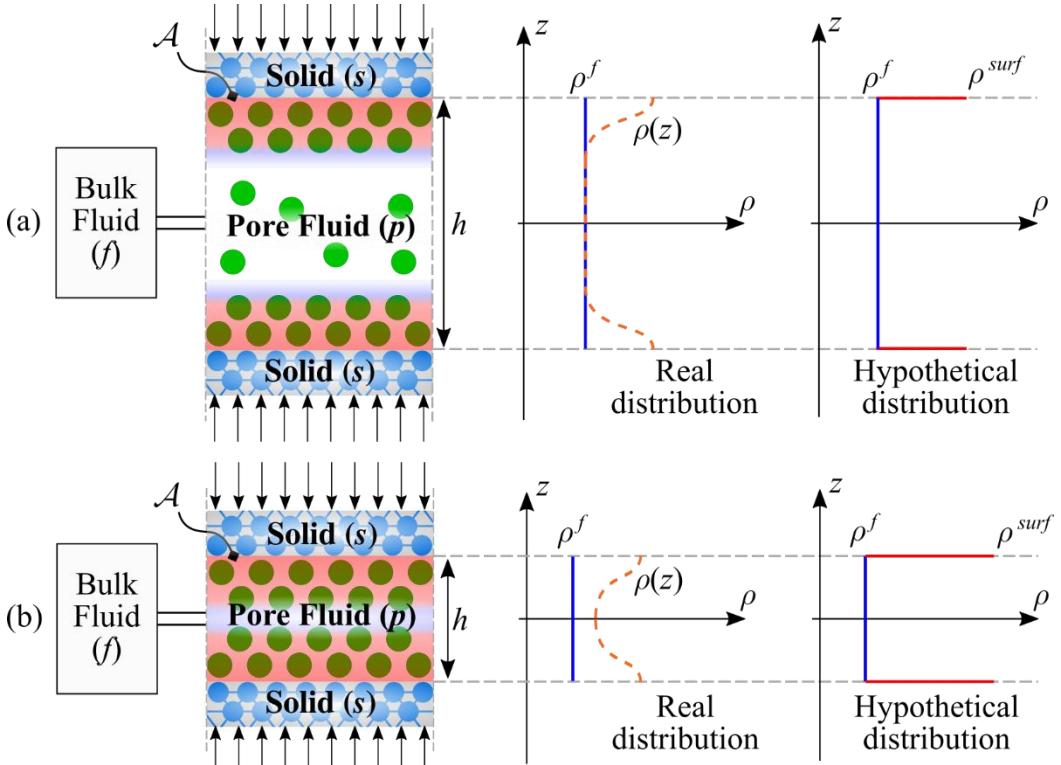
129 where

$$130 \quad \gamma_p = \gamma + \frac{1}{2}\Pi h \quad (3)$$

131 is referred to as the equivalent surface tension. The total form of the  $\tilde{U}^{surf}$  can be achieved by  
 132 integrating Eq. (2) along a specific path in the variable space (Ash et al., 1973; Zhang, 2018). An  
 133 alternative way to obtain the total form of Eq. (2) is to recognize that  $\tilde{U}^{surf}$  is a homogenous function of  
 134 degree one (de Feijter, 1988). Specifically, a system consisting of  $\lambda$  copies of the same pore must have  
 135 an internal energy of  $\lambda\tilde{U}^{surf}$  with volume and surface area of  $\lambda\tilde{\Omega}^v$  and  $\lambda\tilde{\mathcal{A}}$ , and entropy and number of

136 mole of  $\tilde{\lambda}\tilde{S}^{surf}$  and  $\lambda\tilde{N}^{surf}$ . Invoking Euler's homogeneous function theorem readily gives us  
 137 (Eskandari-Ghadi and Zhang, 2021):

138 
$$\tilde{U}^{surf} = T\tilde{S}^{surf} - \Pi\tilde{\Omega}^v + \gamma_p\tilde{\mathcal{A}} + \mu\tilde{N}^{surf} \quad (4)$$



139  
 140 Fig. 2. Schematic of the Gibbs' surface excess treatment for a meso/macropore in which the adsorbed regions do not overlap  
 141 (a) and a micropore where the adsorbed regions overlap (b).

142 With the aid of Eq. (3), subtracting Eq. (2) from the total derivative of Eq. (4), and considering  
 143 isothermal condition gives the surface tension increment (Ash et al., 1973)

144 
$$d\gamma = -\Gamma d\mu - \frac{1}{2} \Pi dh \quad (5)$$

145 where  $\Gamma = \tilde{N}^{surf} / \tilde{\mathcal{A}}$  is the surface excess concentration. Eq. (5) is a modification to the classical Gibbs'  
 146 adsorption isotherm by considering the presence of an opposing wall with separation  $h$ . The Maxwell  
 147 relation of Eq. (5) gives

148 
$$\left. \frac{\partial \Pi}{\partial \mu} \right|_h = 2 \left. \frac{\partial \Gamma}{\partial h} \right|_\mu \quad (6)$$

149 One may refer to Eskandari-Ghadi and Zhang (2021) for more detailed discussions of Eqs. (1) through  
 150 (6). Assuming that the external gas reservoir can be described as ideal gas and invoking  $d\mu = RTdp / p$ ,  
 151 one can write the disjoining pressure increment:

$$152 \quad d\Pi = \frac{2RT}{p} \frac{\partial\Gamma}{\partial h} dp + \frac{\partial\Pi}{\partial h} dh \quad (7)$$

153 Substituting Eq. (5) into the incremental form of Eq. (3) and considering Eq. (7) gives:

$$154 \quad d\gamma_p = \frac{RT}{p} \left( -\Gamma + h \frac{\partial\Gamma}{\partial h} \right) dp + \frac{h}{2} \frac{\partial\Pi}{\partial h} dh \quad (8)$$

155 Eqs. (7) and (8) are the bases for computing the changes of surface forces ( $\Pi$  and  $\gamma_p$ ) induced by  
 156 adsorption via  $dp$  and nanoconfinement via  $dh$ . These effects then alter the stresses in the vicinity of  
 157 individual pores and thus impact the macroscopic response of porous materials.

158 Alternatively, the energetics of the surface phase can be expressed in terms of the Helmholtz free  
 159 energy by performing Legendre transformation of Eq. (2) with respect to  $T$  :

$$160 \quad d\tilde{F}^{surf} = -\tilde{S}^{surf} dT - \Pi d\tilde{\Omega}^v + \gamma_p d\tilde{\mathcal{A}} + \mu d\tilde{N}^{surf} \quad (9)$$

### 161 *Smeared surface forces in deformable porous skeleton*

162 Consider a porous representative elementary volume (REV) in Fig. 3. It has volume  $\Omega_0$  at time  
 163  $t=0$ , volume  $\Omega$  and total pore surface area  $\mathcal{A}$  at time  $t$ . The Lagrangian porosity and volume-  
 164 specific area are defined as  $\phi = \Omega^v / \Omega_0$  and  $A_s = \mathcal{A} / \Omega_0$ ; respectively, where  $\Omega^v$  is the total current  
 165 pore volume. The initial pore volume is therefore  $\Omega_0^v = \phi_0 \Omega_0$ , where  $\phi_0$  is the initial porosity. Let us  
 166 further categorize the pores of the same size as the same “type”  $K$  which constitutes the fraction  $r_K$  of  
 167 the total pore volume. The volume and surface area of pore group  $K$  are respectively written as  
 168  $\Omega_K^v = r_K \Omega^v = r_K \phi \Omega_0 = \phi_K \Omega_0$  and  $\mathcal{A}_K = A_{s,K} \Omega_0$ , with  $\sum_K r_K = 1$ ,  $\sum_K \phi_K = \phi$ , and  $\sum_K A_{s,K} = A_s$ . From here

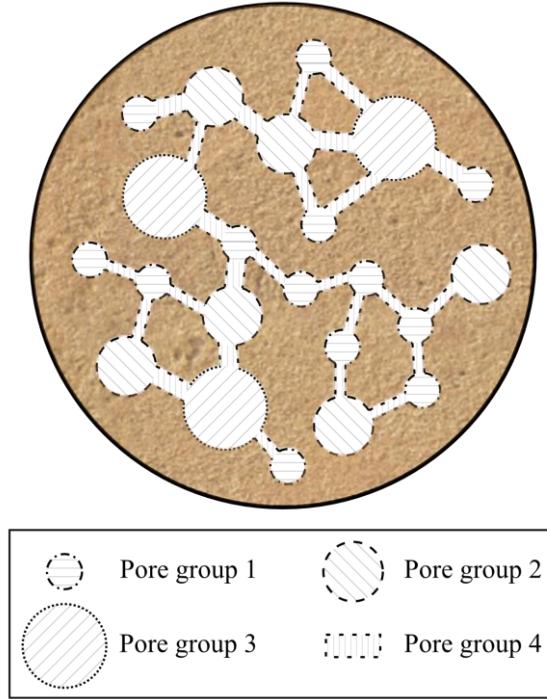
169 on,  $\sum_K$  will be denoted by just  $\sum$  for simplicity if not specified otherwise. We shall assume that each  
 170 type of pore can be mapped to an equivalent slit pore which behaves similarly in terms of adsorption  
 171 isotherm and surface forces. This allows us to associate the pore-scale thermodynamics of any pore

172 shape to that of a slit pore which is our building block derived in the previous section (see Section 4.2  
 173 for more discussions). Considering the system is thermally and chemically equilibrated everywhere and  
 174 knowing that each pore group  $K$  consists of  $n_K$  copies of identical pores, the free energy increment of  
 175 each pore group can be directly written from Eq. (9) as

176 
$$dF_K^{surf} = -S_K^{surf} dT - \Pi_K d\Omega_K^v + \gamma_{p,K} d\mathcal{A}_K + \mu dN_K^{surf} \quad (10)$$

177 where  $F_K^{surf} = n_K \tilde{F}_K^{surf}$ ,  $S_K^{surf} = n_K \tilde{S}_K^{surf}$ ,  $\Omega_K^{surf} = n_K \tilde{\Omega}_K^{surf}$ ,  $\mathcal{A}_K^{surf} = n_K \tilde{\mathcal{A}}_K^{surf}$ , and  $N_K^{surf} = n_K \tilde{N}_K^{surf}$ . According  
 178 to Eqs. (7) and (8), the Maxwell relations between the intensive properties of each pore group are  
 179 written as:

180 
$$\frac{\partial \Pi_K}{\partial p} \bigg|_{h_K} = \frac{2RT}{p} \frac{\partial \Gamma_K}{\partial h_K} \bigg|_p, \quad \frac{\partial \gamma_{p,K}}{\partial p} = \frac{RT}{p} \left( -\Gamma_K + h_K \frac{\partial \Gamma_K}{\partial h_K} \right), \quad \frac{\partial \gamma_{p,K}}{\partial h_K} = \frac{h_K}{2} \frac{\partial \Pi_K}{\partial h_K} \quad (11)$$



181  
 182 Fig. 3. Schematic of REV composition. The pore network is divided into four groups of identical pores. Each pore group  
 183 consists of pores of the same *type* (i.e. size and shape).

184 Summing up the surface free energies of all pore groups from Eq. (10) gives the total free energy  
 185 possessed by the surface phase of the entire REV:

186 
$$dF^{surf} = -S^{surf}dT - \overbrace{\left( \sum \Pi_K \frac{\partial \Omega_K^v}{\partial \Omega^v} \right) d\Omega^v}^{\bar{\Pi}} + \overbrace{\left( \sum \gamma_{p,K} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} \right) d\mathcal{A}}^{\bar{\gamma}_p} + \mu dN^{surf} \quad (12)$$

187 where  $F^{surf} = \sum F_K^{surf}$ ,  $S^{surf} = \sum S_K^{surf}$ , and  $N^{surf} = \sum N_K^{surf}$ ;  $\bar{\gamma}_p$  and  $\bar{\Pi}$  are respectively the smeared  
188 equivalent surface tension and the smeared disjoining pressure that reflect the collective effect of surface  
189 forces on the REV:

190 
$$\bar{\gamma}_p = \sum \gamma_{p,K} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} \text{ and } \bar{\Pi} = \sum \Pi_K \frac{\partial \Omega_K^v}{\partial \Omega^v} \quad (13)$$

191 Eq. (12) can be compared with Eq. (24) in Eskandari-Ghadi and Zhang (2021). Evidently, the smeared  
192 surface forces in the multi-pore REV manifest in the same manner in the overall surface free energy  
193 potential as those of the single-pore REV. Note that the surface tension is obtained by area averaging  
194 while disjoining pressure is smeared over the pore volume.

195 The area-specific surface free energy, adsorbed moles, and entropy are then defined respectively as:

196 
$$\psi^{surf} = F^{surf} / A_s \Omega_0, \Gamma = N^{surf} / A_s \Omega_0, \text{ and } s^{surf} = S^{surf} / A_s \Omega_0 \quad (14)$$

197 Using Eq. (14), the total surface free energy, Eq. (12), can be cast in terms of intensive quantities:

198 
$$d\psi^{surf} = -s^{surf}dT + \mu d\Gamma - \bar{\Pi} \frac{1}{A_s} d\phi + \left( \bar{\gamma}_p + \mu\Gamma - \psi^{surf} \right) \frac{1}{A_s} dA_s + \frac{1}{\Omega_0} \left( \bar{\gamma}_p + \mu\Gamma - \psi^{surf} - \bar{\Pi} \frac{\phi}{A_s} \right) d\Omega_0 \quad (15)$$

199 Eq. (15) must hold for an arbitrary domain  $d\Omega_0$ , thus the last term on the RHS must vanish

200 
$$\psi^{surf} = \bar{\gamma}_p + \mu\Gamma - \bar{\Pi} \frac{\phi}{A_s} \text{ and } d\psi^{surf} = -s^{surf}dT + \mu d\Gamma - \bar{\Pi} d\left( \frac{\phi}{A_s} \right) \quad (16)$$

201 The second equation is essentially the specific free energy balance equation of the surface phase in a  
202 porous REV.

203 The above derivations are conducted without considering the kinematics of the porous skeleton. Now  
204 let us incorporate the energetics into a deformable body. Per the conventional continuum mechanics

205 notation, the motion of solid skeleton is described by  $\mathbf{x} = \mathbf{x}(\mathbf{X}, t)$ , where  $\mathbf{x}$  is the current spatial  
 206 position of the solid particle at time  $t$ , and  $\mathbf{X}$  is the position of the solid particle at time  $t = 0$ . It  
 207 follows the definition of deformation gradient  $\mathbf{F} = \nabla_{\mathbf{X}} \mathbf{x}$  and the Jacobian  $J = \det \mathbf{F}$  which respectively  
 208 map a line segment  $d\mathbf{X}$  and a volume element  $d\Omega_0$  in the reference configuration to the current  
 209 configuration  $d\mathbf{x}$  and  $d\Omega$  via  $d\mathbf{x} = \mathbf{F} \cdot d\mathbf{X}$  and  $d\Omega = J d\Omega_0$ . By defining the displacement vector  
 210  $\mathbf{u}^s = \mathbf{x} - \mathbf{X}$ , the Green-Lagrange strain is written as  $\mathbf{E} = (\nabla_{\mathbf{X}} \mathbf{u}^s + {}^T \nabla_{\mathbf{X}} \mathbf{u}^s + {}^T \nabla_{\mathbf{X}} \mathbf{u}^s \cdot \nabla_{\mathbf{X}} \mathbf{u}^s) / 2$ , where  $\nabla_{\mathbf{X}}$   
 211 denotes gradient with respect to material coordinate  $\mathbf{X}$ . Considering separately the mass, momentum,  
 212 and energy balance of all phases and the interaction between the fluid and surface phase through  
 213 adsorption, the Clausius-Duhem inequality of the system can be derived which gives the requirement of  
 214 nonnegative material dissipation rate,  $\Phi_M \geq 0$ . The derivation is detailed in Zhang (2018) and  
 215 Eskandari-Ghadi and Zhang (2021). The total material dissipation can be further decomposed into  
 216 dissipation caused by changes of the states of the solid, the fluid, and the surface phases  
 217  $\Phi_M = \Phi_M^s + \Phi_M^f + \Phi_M^{surf}$  guided by the free energy balance equations of each phase:

$$218 \quad \Phi_M^s = \mathbf{S} : \frac{\partial \mathbf{E}}{\partial t} + (p + \bar{\Pi}) \frac{\partial \phi}{\partial t} - S^s \frac{\partial T}{\partial t} - \left( \rho^{surf} \hat{\psi}^{surf} - M \hat{\mu}^f \Gamma + \bar{\Pi} \frac{\phi}{A_s} \right) \frac{\partial A_s}{\partial t} - \frac{\partial \rho^s (J - \phi) \hat{\psi}^s}{\partial t} \quad (17)$$

$$219 \quad \Phi_M^f = \rho^f \phi \left[ -p \frac{\partial}{\partial t} \left( \frac{1}{\rho^f} \right) - \hat{s}^f \frac{\partial T}{\partial t} - \frac{\partial \hat{\psi}^f}{\partial t} \right] \quad (18)$$

$$220 \quad \Phi_M^{surf} = A_s \left[ M \hat{\mu}^f \frac{\partial \Gamma}{\partial t} - \rho^{surf} \hat{s}^{surf} \frac{\partial T}{\partial t} - \bar{\Pi} \frac{\partial}{\partial t} \left( \frac{\phi}{A_s} \right) - \frac{\partial \rho^{surf} \hat{\psi}^{surf}}{\partial t} \right] \quad (19)$$

221 where the superposed “hat” denotes mass-specific quantities;  $\mathbf{S}$  the second Piola-Kirchhoff stress;  $\rho$   
 222 denotes density;  $M$  the molar mass of the fluid. For reversible processes, one can set  $\Phi_M^{surf} = 0$  and  
 223  $\Phi_M^f = 0$  to retrieve the free energy balance of the surface phase, Eq. (16), and the usual equations of state  
 224 of the fluid phase (Coussy, 2004). Similarly, the free energy balance of adsorptive porous solid can be  
 225 retrieved by considering  $\Phi_M^s = 0$ , substituting Eq. (16) into Eq. (17), and adopting small-strain  
 226 assumption:

227  $d\Psi^s = \boldsymbol{\sigma} : d\boldsymbol{\epsilon} + (p + \bar{\Pi})d\phi - S^s dT - \bar{\gamma}_p dA_s \quad (20)$

228 where  $\boldsymbol{\sigma}$  and  $\boldsymbol{\epsilon}$  are the Cauchy stress tensor and infinitesimal strain tensor, respectively;  $\Psi^s$  is the free  
 229 energy of the solid phase. Comparing Eq. (20) with the free energy balance of classical porous solid  
 230 (Coussy, 2004), it is clear that adsorption influences the material behavior through the smeared surface  
 231 force terms  $\bar{\gamma}_p$  and  $\bar{\Pi}$ . It should be noted that although the alteration of the pore pressures  $\bar{\Pi}$  arise  
 232 from the short-range interactions inside pores of molecular length-scale (Fig. 2b), the surface tension  $\bar{\gamma}_p$   
 233 exists regardless of the pore size (Coussy, 2010; Vandamme et al., 2010) which is responsible for the  
 234 Bangham's effect. Finally, the choice of infinitesimal strain formulation is just for convenience, which is  
 235 equivalent to focusing this study on relatively stiff porous skeletons. Eq. (17) can be directly used to  
 236 theorize adsorption-induced finite deformations in soft porous materials if desired (see Zhang (2018)).  
 237 Specific surface area must be a function of the kinematics of the REV, i.e.,  $A_{s,k}(\boldsymbol{\epsilon}, \phi)$ . Eq. (20) can thus  
 238 be written as

239  $d\Psi^s = \left( \boldsymbol{\sigma} - \bar{\gamma}_p \frac{\partial A_s}{\partial \boldsymbol{\epsilon}} \right) : d\boldsymbol{\epsilon} + \left( p + \bar{\Pi} - \bar{\gamma}_p \frac{\partial A_s}{\partial \phi} \right) d\phi \quad (21)$

240 By specifying a strain-energy potential  $\Psi^s(\boldsymbol{\epsilon}, \phi)$ , the constitutive relations for a deformable  
 241 adsorptive porous material with a generic pore network are finally retrieved

242  $\boldsymbol{\sigma} - \boldsymbol{\sigma}_a = \frac{\partial \Psi^s}{\partial \boldsymbol{\epsilon}}; p - p_a = \frac{\partial \Psi^s}{\partial \phi} \quad (22)$

243 where  $\boldsymbol{\sigma}_a = \bar{\gamma}_p \partial A_s / \partial \boldsymbol{\epsilon}$  and  $p_a = -\bar{\Pi} + \bar{\gamma}_p \partial A_s / \partial \phi$  are adsorption stresses which collect the effect of  
 244 adsorption on the “effective stresses” felted by the solid skeleton (Eskandari-Ghadi and Zhang, 2021;  
 245 Gor et al., 2017; Ravikovitch and Neimark, 2006; Vandamme, 2019; Zhang, 2018). The theory is now  
 246 completed. Constitutive models can be readily obtained by specifying the expressions of adsorption  
 247 isotherm  $\Gamma_K(p, h_K)$ , the geometrical relation  $A_{s,K}(\boldsymbol{\epsilon}, \phi)$ , and the strain-energy potential  $\Psi^s(\boldsymbol{\epsilon}, \phi)$ .

248 **3 INCREMENTAL FORM OF A GENERAL MODEL**

249 Before specializing the theory for particular material systems, it is desirable to write the constitutive  
 250 relation Eq. (22) in incremental form first. The primary reason is that Eq. (22) involves the derivatives of

251  $A_s$  and the integral of  $d\bar{\gamma}_p$  and  $d\bar{\Pi}$  from Eqs. (7) and (8). The former can be easily computed having  
 252 defined the  $A_{s,K}(\boldsymbol{\varepsilon}, \phi)$  function, while the analytical integration of  $d\bar{\gamma}_p$  and  $d\bar{\Pi}$  has some  
 253 complications, especially if the adsorption isotherm  $\Gamma_K(p, h_K)$  in Eq. (11) takes a sophisticated form. By  
 254 casting the constitutive relations in incremental form, we can discretize these integrations in the stepwise  
 255 stress-strain solutions and thus circumvent the direct numerical evaluations of the surface force terms.  
 256 Besides, the incremental form also allows us to modularize the numerical solver such that the  
 257 constitutive components  $\Gamma$ ,  $A_s$ , and  $\Psi^s$  can be easily swapped upon desire. This makes the theory  
 258 versatile to handle a wide range of porous materials with different physical and geometrical properties.

259 Consider a quadratic form of  $\Psi^s$  which corresponds to a general linear poroelastic model

$$260 \quad \Psi_s = \left[ \frac{\mathbf{C}^\varepsilon}{2} : (\boldsymbol{\varepsilon} - \boldsymbol{\varepsilon}_r) \right] : (\boldsymbol{\varepsilon} - \boldsymbol{\varepsilon}_r) + \mathbf{C}^{\varepsilon\phi} : (\boldsymbol{\varepsilon} - \boldsymbol{\varepsilon}_r)(\phi - \phi_r) + \frac{C^\phi}{2} (\phi - \phi_r)^2 \quad (23)$$

261 where the symmetric fourth-rank tensor  $\mathbf{C}^\varepsilon$ , the symmetric second-rank tensor  $\mathbf{C}^{\varepsilon\phi}$ , and the scalar  $C^\phi$ ,  
 262 are the “stiffness coefficients”;  $(\boldsymbol{\varepsilon}_r, \phi_r)$  is an arbitrary reference state. Substitution of Eq. (23) into Eq.  
 263 (22) gives:

$$264 \quad \begin{aligned} \boldsymbol{\sigma} - \Delta \left( \bar{\gamma}^p \frac{\partial A_s}{\partial \boldsymbol{\varepsilon}} \right) &= \mathbf{C}^\varepsilon : \boldsymbol{\varepsilon} + \mathbf{C}^{\varepsilon\phi} (\phi - \phi_0) \\ p + \Delta \bar{\Pi} - \Delta \left( \bar{\gamma}^p \frac{\partial A_s}{\partial \phi} \right) &= \mathbf{C}^{\varepsilon\phi} : \boldsymbol{\varepsilon} + C^\phi (\phi - \phi_0) \end{aligned} \quad (24)$$

265 In deriving Eq. (24) we have taken the stress-free state ( $\boldsymbol{\varepsilon} = \mathbf{0}$  and  $\phi = \phi_0$ ) in vacuum as the reference  
 266 state (Eskandari-Ghadi and Zhang, 2021). The  $\Delta$  symbol denotes the changes of the adsorption stresses,  
 267  $\boldsymbol{\sigma}_a$  and  $p_a$ , from vacuum to the current environment. By differentiating Eq. (24), the incremental form  
 268 is acquired and can be written in indicial notation as

$$269 \quad \begin{aligned} d\sigma_{ij} - d \left( \bar{\gamma}_p \frac{\partial A_s}{\partial \varepsilon_{ij}} \right) &= C_{ijkl}^\varepsilon d\varepsilon_{kl} + C_{ij}^{\varepsilon\phi} d\phi \\ dp + d\bar{\Pi} - d \left( \bar{\gamma}_p \frac{\partial A_s}{\partial \phi} \right) &= C_{kl}^{\varepsilon\phi} : d\varepsilon_{kl} + C^\phi d\phi \end{aligned} \quad (25)$$

270 Recalling from Eqs. (7), (8), and (11) that the surface forces are functions of  $p$  and  $h_K$ , and noting  
 271 that the pore size  $h_K$  is functions of global deformation  $\epsilon$  and  $\phi$  in a general case, Eq. (25) can be  
 272 expanded and reorganized to give the stress and pressure increments (see Appendix A for full details):

273 
$$d\sigma_{ij} = (C_{ijkl}^\epsilon + C_{ijkl}^{ads,\sigma\epsilon}) d\epsilon_{kl} + (C_{ij}^{\epsilon\phi} + C_{ij}^{ads,\sigma\phi}) d\phi \quad (26)$$

274 
$$dp = \frac{1}{H} (C_{kl}^{\epsilon\phi} + C_{kl}^{ads,p\epsilon}) d\epsilon_{kl} + \frac{1}{H} (C_{\phi}^{\phi} + C_{\phi}^{ads,p\phi}) d\phi \quad (27)$$

275 where

276 
$$H = 1 - \frac{\partial \bar{\gamma}_p}{\partial p} \frac{\partial A_s}{\partial \phi} + \frac{\partial \bar{\Pi}}{\partial p} \quad (28)$$

277 
$$C_{kl}^{ads,p\epsilon} = \frac{\partial \bar{\gamma}_p}{\partial \epsilon_{kl}} \frac{\partial A_s}{\partial \phi} + \Delta \bar{\gamma}_p \frac{\partial^2 A_s}{\partial \epsilon_{kl} \partial \phi} - \frac{\partial \bar{\Pi}}{\partial \epsilon_{kl}} \quad (29)$$

278 
$$C_{\phi}^{ads,p\phi} = \frac{\partial \bar{\gamma}_p}{\partial \phi} \frac{\partial A_s}{\partial \phi} + \Delta \bar{\gamma}_p \frac{\partial^2 A_s}{\partial \phi^2} - \frac{\partial \bar{\Pi}}{\partial \phi} \quad (30)$$

279 
$$C_{ijkl}^{ads,\sigma\epsilon} = \frac{1}{H} \frac{\partial \bar{\gamma}_p}{\partial p} \frac{\partial A_s}{\partial \epsilon_{ij}} (C_{kl}^{\epsilon\phi} + C_{kl}^{ads,p\epsilon}) + \frac{\partial \bar{\gamma}_p}{\partial \epsilon_{kl}} \frac{\partial A_s}{\partial \epsilon_{ij}} + \Delta \bar{\gamma}_p \frac{\partial^2 A_s}{\partial \epsilon_{kl} \partial \epsilon_{ij}} \quad (31)$$

280 
$$C_{ij}^{ads,\sigma\phi} = \frac{1}{H} \frac{\partial \bar{\gamma}_p}{\partial p} \frac{\partial A_s}{\partial \epsilon_{ij}} (C_{\phi}^{\phi} + C_{\phi}^{ads,p\phi}) + \frac{\partial \bar{\gamma}_p}{\partial \phi} \frac{\partial A_s}{\partial \epsilon_{ij}} + \Delta \bar{\gamma}_p \frac{\partial^2 A_s}{\partial \phi \partial \epsilon_{ij}} \quad (32)$$

281 The smeared quantities in Eqs. (28)-(32) are given by

282 
$$\Delta \bar{\gamma}_p = \sum \Delta \gamma_{p,K} \frac{\partial A_K}{\partial \mathcal{A}} \quad (33)$$

283 
$$\frac{\partial \bar{\gamma}_p}{\partial p} = \sum \frac{\partial \gamma_{p,K}}{\partial p} \frac{\partial A_K}{\partial \mathcal{A}} \quad (34)$$

284 
$$\frac{\partial \bar{\gamma}_p}{\partial \epsilon_{kl}} = \sum \frac{\partial \gamma_{p,K}}{\partial h_K} \frac{\partial h_K}{\partial \epsilon_{kl}} \frac{\partial A_K}{\partial \mathcal{A}} + \sum \Delta \gamma_{p,K} \frac{\partial}{\partial \epsilon_{kl}} \frac{\partial A_K}{\partial \mathcal{A}} \quad (35)$$

285 
$$\frac{\partial \bar{\gamma}_p}{\partial \phi} = \sum \frac{\partial \gamma_{p,K}}{\partial h_K} \frac{\partial h_K}{\partial \phi} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} + \sum \Delta \gamma_{p,K} \frac{\partial}{\partial \phi} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} \quad (36)$$

286 
$$\frac{\partial \bar{\Pi}}{\partial p} = \sum \frac{\partial \Pi_K}{\partial p} \frac{\partial \Omega_K^v}{\partial \Omega^v} \quad (37)$$

287 
$$\frac{\partial \bar{\Pi}}{\partial \varepsilon_{kl}} = \sum \frac{\partial \Pi_K}{\partial h_K} \frac{\partial h_K}{\partial \varepsilon_{kl}} \frac{\partial \Omega_K^v}{\partial \Omega^v} \quad (38)$$

288 
$$\frac{\partial \bar{\Pi}}{\partial \phi} = \sum \frac{\partial \Pi_K}{\partial h_K} \frac{\partial h_K}{\partial \phi} \frac{\partial \Omega_K^v}{\partial \Omega^v} \quad (39)$$

289 Evaluating Eq. (33)-(39) requires  $\Delta \gamma_{p,K}$  and several derivatives  $\partial \Omega_K^v / \partial \Omega^v$ ,  $\partial \mathcal{A}_K / \partial \mathcal{A}$ ,  
 290  $\partial(\partial \mathcal{A}_K / \partial \mathcal{A}) / \partial \phi$ , and  $\partial(\partial \mathcal{A}_K / \partial \mathcal{A}) / \partial \varepsilon_{ij}$ . The change of  $\gamma_{p,K}$  at each solution step can be computed  
 291 from Eq. (11)

292 
$$d\gamma_{p,K} = \left[ \frac{1}{H} (C_{kl}^{\varepsilon\phi} + C_{kl}^{ads,p\varepsilon}) \frac{\partial \gamma_{p,K}}{\partial p} + \frac{\partial \gamma_{p,K}}{\partial h_K} \frac{\partial h_K}{\partial \varepsilon_{kl}} \right] d\varepsilon_{kl} + \left[ \frac{1}{H} (C^{\phi} + C^{ads,p\phi}) \frac{\partial \gamma_{p,K}}{\partial p} + \frac{\partial \gamma_{p,K}}{\partial h_K} \frac{\partial h_K}{\partial \phi} \right] d\phi \quad (40)$$

293 Assuming that each pore group takes up a constant volume fraction of the total pore volume throughout  
 294 deformation, we have  $\partial \Omega_K^v / \partial \Omega^v = r_K$  where  $r_K$  is now constant. The derivatives of  $\mathcal{A}_K$  and  $\mathcal{A}$  are  
 295 obtained in Appendix B based on their definitions.

296 **4 SPECIALIZATION OF THE MODEL**

297 In order to validate the theory with experimental data, one must specify proper constitutive  
 298 components according to the material of interest. Balzer et al. (2015) have conducted a series of  
 299 experiments on microporous carbon specimens interacting with different gas species and reported the  
 300 adsorption isotherms as well as the induced strains. This offers a comprehensive dataset for validating  
 301 the theory. Here we specialize the current model for the microporous carbon used in their experiments.

302 **Poroelasticity model**

303 Since there is no information about the three-dimensional response of the microporous carbon  
 304 specimens in Balzer et al. (2015), the isotropic linear poroelasticity model (Coussy, 2004) seems  
 305 appropriate for a first-order description:

306  $C_{ijkl}^e = (K - 2G/3 + b^2 N) \delta_{ij} \delta_{kl} + G (\delta_{ik} \delta_{jl} + \delta_{il} \delta_{jk}), C_{ij}^{e\phi} = -bN \delta_{ij}, \text{ and } C^\phi = N$  (41)

307 where  $K$  and  $G$  are the bulk and shear moduli of the specimen in absence of fluid, respectively;  $b$  and  
308  $N$  are the Biot's coefficient and Biot's modulus, respectively.

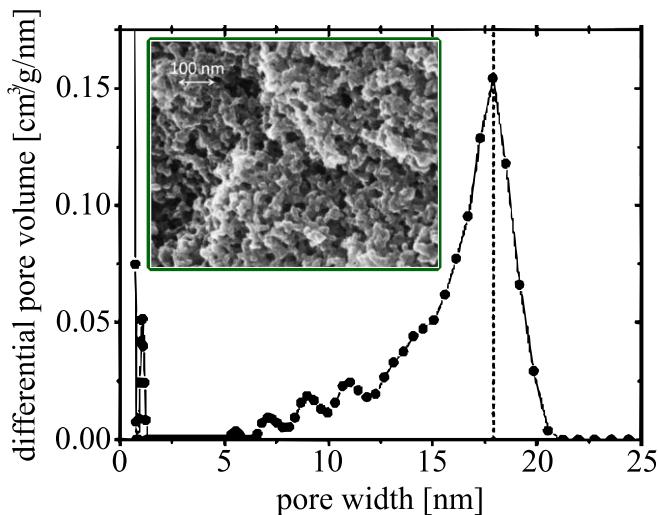
309 **Microstructure: spherical pores**

310 The specimens are characterized by a network of pores presented in Fig. 4. While Balzer et al.  
311 (2015) have obtained the pore size distribution using analysis based on slit pores for the micropores and  
312 cylindrical pores for the mesopores, their analysis of SEM imaging suggests spherical pores. Here, for  
313 simplicity, the same PSD data is assumed for a network of approximately spherical pores of different  
314 sizes. Assuming the pores undergo isotropic change in size and thus shrinking or expanding only in  
315 radius, the volume-specific surface area of a spherical pore group can be derived as (Zhang, 2018)

316 
$$A_{s,K} = \frac{3}{R_{K,0}} \phi_{K,0}^{1/3} \phi_K^{2/3}$$
 (42)

317 where  $R_{0,K}$  is the initial radius of spheres of type  $K$ . Based on the definition of  $\Omega_K^v$ ,  $\phi_K = r_K \phi$  and  
318 having already assumed that the volume fractions remain constant, we have  $\phi_K = r_K \phi$  and  $\phi_{K,0} = r_K \phi_0$ .  
319 Thus Eq. (42) becomes

320 
$$A_{s,K} = \frac{3r_K}{R_{K,0}} \phi_0^{1/3} \phi^{2/3}$$
 (43)



321

322 Fig. 4. Pore size distribution of the activated charcoal specimen studied by Balzer et al. (2015). The sub-figure is an SEM  
323 image of the sample. Based on the image, it seems that a network of interconnected spheres may be suitable to represent the  
324 specimen pore network.

325

326 Eq. (43) implies  $\partial A_{s,K} / \partial \varepsilon_{ij} = 0$  which significantly simplifies Eqs. (29), (31), and (32).

327 Another geometrical function needs to be defined is  $h_K = h_K(\varepsilon, \phi)$ . To map the adsorption behavior  
328 of a spherical pore to its equivalent slit pore, the pore radius and its equivalent slit opening are proposed  
329 to be related by  $h_K = \alpha_K(R_K)R_K$ . It is further assumed that the changes in pore size and shape are  
330 sufficiently small such that they have an overall negligible effect on the adsorption characteristics,  
331 giving a first order approximation of the geometry  $h_K = \alpha R_{K,0}$ . An intuitive way to derive the mapping  
332 factor  $\alpha$  is to set the volume of the spherical pore,  $\Omega_{K,0}^v = 4\pi R_{K,0}^3 / 3 = A_{K,0} R_{K,0} / 3$ , equal to the  
333 equivalent slit pore volume,  $h_K A_{K,0} / 2$ , giving  $\alpha = 2/3$ :

334

$$h_K = \frac{2}{3} R_{K,0} \quad (44)$$

335 The mathematical consequence of Eq. (44) is that the equivalent slit-pore width of each pore type  
336 become frozen (i.e.,  $\partial h_K / \partial \varepsilon_{ij} = \partial h_K / \partial \phi = 0$ ). This implies that the adsorption isotherm is independent  
337 of the material deformation and thus focuses the current study on the adsorption-induced deformation  
338 rather than the two-way coupling. This is consistent with our earlier assumption that the adsorption  
339 isotherm is independent of surface stretch for the relatively stiff materials interested here. These  
340 treatments allow for tangible numerical integration of the model without losing the generality of the  
341 theory for tackling the two-way coupled mechanosorptive behaviors in future extensions. In particular,  
342 the frozen  $h_K$  assumption breaks down for highly deformable materials where the pore sizes can change  
343 drastically, for example in breathable Metal Organic Frameworks (MOFs) (Coudert et al., 2013) and  
344 polymers (Chen et al., 2020). Further enrichments of the model using constitutive functions like  
345  $h_K = \alpha_K(R_K)R_K$  and  $\Gamma_K(p, h_K, \varepsilon_A)$  (where  $\varepsilon_A$  is the surface strain) are required if the theory is applied  
346 to highly deformable adsorptive materials.

347 Using Eqs. (43) and (44), the incremental constitutive relation Eqs. (26)-(39) are now simplified to:

348

$$d\sigma_{ij} = C_{ijkl}^{\varepsilon} d\varepsilon_{kl} + C_{ij}^{\varepsilon\phi} d\phi \quad (45)$$

349 
$$dp = \frac{1}{H} C_{kl}^{\varepsilon\phi} d\varepsilon_{kl} + \frac{1}{H} (C^\phi + C^{ads,p\phi}) d\phi \quad (46)$$

350 where

351 
$$H = 1 - \frac{\partial A_s}{\partial \phi} \sum \frac{\partial \gamma_{p,K}}{\partial p} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} + \sum \frac{\partial \Pi_K}{\partial p} \frac{\partial \Omega_K^v}{\partial \Omega^v} \quad (47)$$

352 
$$C^{ads,p\phi} = \frac{\partial A_s}{\partial \phi} \sum \gamma_{p,K} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A} \partial \phi} + \frac{\partial^2 A_s}{\partial \phi^2} \sum \gamma_{p,K} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} \quad (48)$$

353 
$$\frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} = \frac{\partial \mathcal{A}_{s,K}}{\partial \phi} \frac{1}{\sum \frac{\partial \mathcal{A}_{s,K}}{\partial \phi}} \quad (49)$$

354 
$$\frac{\partial}{\partial \phi} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} = \frac{\partial^2 A_{s,K}}{\partial \phi^2} \frac{1}{\sum \frac{\partial \mathcal{A}_{s,K}}{\partial \phi}} - \frac{\partial A_{s,K}}{\partial \phi} \frac{\sum \frac{\partial^2 A_{s,K}}{\partial \phi^2}}{\left( \sum \frac{\partial \mathcal{A}_{s,K}}{\partial \phi} \right)^2} \quad \text{and} \quad \frac{\partial}{\partial \varepsilon_{ij}} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} = 0 \quad (50)$$

355 **Adsorption model**

356 For meso/macro porous materials, adsorption can be considered to occur on free solid surfaces and  
 357 thus modelled by either Langmuir (Langmuir, 1918) or the BET (Brunauer et al., 1938) isotherms.  
 358 However, the specimen studied by Balzer et al. (2015) contains more than twenty percent volume of  
 359 micropores (< 2 nm) (Fig. 4), thus a significant amount of adsorbed gas molecules are constrained by the  
 360 surrounding pore walls (Fig. 1b), making the adsorption isotherm a function of both fluid pressure and  
 361 pore size. This aspect has been studied by Brunauer et al. (1940), who applied the same stochastic  
 362 procedure used to derive the BET model on a slit-pore geometry. Their derived adsorption model, here  
 363 referred to as the BDDT isotherm, can be written as

364 
$$\frac{\Gamma(n,x)}{\Gamma_0} = \frac{cx}{1-x} \cdot \left\{ \frac{1 + \left( \frac{ng}{2} - n \right) x^{n-1} - (ng - n + 1) x^n + \frac{ng}{2} x^{n+1}}{1 + (c-1)x + \left( \frac{cg}{2} - c \right) x^n - \frac{cg}{2} x^{n+1}} \right\} \quad (51)$$

365 where  $\Gamma_0$  is some reference moles per unit area;  $x = p / p_0$  is the ratio of gas pressure over the  
 366 saturation pressure. The maximum number of adsorbed layers that can fit between the two surfaces are

367  $2n-1$  (Brunauer et al., 1940). Here we assume  $n$  is proportional to the height of the slit pore by  
368  $n = C_h h$ , where  $C_h$  is a proportionality factor, for simplicity and to be consistent with the previous  
369 study (Eskandari-Ghadi and Zhang, 2021). Parameters  $c$  and  $g$  are related to characteristics energies  
370  $c \approx \exp(\Delta E / (RT))$  and  $g = \exp(Q / (RT))$  (Brunauer et al., 1940; Brunauer et al., 1938);  $R$  is the ideal  
371 gas constant;  $\Delta E$  is the difference between the energy to bond a fluid layer to a solid surface and the  
372 energy to bond a fluid layer to a fluid layer;  $Q$  is the additional heat necessary to “push” the last layer of  
373 molecules between the two adsorbed surfaces. Hereafter  $\Delta E$  and  $Q$  will be referred to as the *adsorption*  
374 *energy* and the *additional adsorption heat*, respectively. The surface forces,  $\gamma_p$  and  $\Pi$ , predicted by the  
375 BDDT model combined with Eq. (11) are discussed in detail in Eskandari-Ghadi and Zhang (2021). The  
376 variation of normalized surface forces  $\Delta \tilde{\gamma}_p = \Delta \gamma_p / 2RT\Gamma_0$  and  $\Delta \tilde{\Pi} = \Delta \Pi / 2RT\Gamma_0 C_h$  with respect to  
377 fluid pressure and pore width are presented in Fig. 5a and Fig. 5b, along with the resultant normalized  
378 adsorption pressure  $\Delta \tilde{p}_a$  in Fig. 5c. It is observed that surface tension reduces for all pore sizes and  
379 pressures as expected. At small pore size and low pressures, the attractive disjoining pressure wins over  
380 the relaxation of surface tension and creates a positive adsorption pressure which leads to material  
381 contraction. Outside of this region, the reduction of surface tension dominates and produces a negative  
382 adsorption pressure to cause swelling.

383 It is worth to note that the disjoining pressure derived from BDDT model is a lumped and smooth  
384 representation of the surface interactions between two solid surfaces in the given fluid environment.  
385 Molecular-scale simulations (Balbuena et al., 1993; Grégoire et al., 2018) and direct surface force  
386 measurements (Israelachvili, 2011) showed that the disjoining pressure is highly oscillatory when it  
387 comes down to nanometer separations. For the macroscopic modeling of porous materials, however, we  
388 argue that such oscillatory feature of disjoining pressure is secondary and can be neglected. Specifically,  
389 consider two nanopores with similar size  $h$  but have tiny size variations. Their true disjoining pressures  
390 might be drastically different in magnitude and sign because of the oscillation. However, there are  
391 thousands of such pores in a porous REV, and the overall disjoining pressure in pores with similar size  
392  $h$  must be the averaged value around that size. For this reason, a smooth representation of  $\Pi$  is  
393 preferred for the later continuum modeling of microporous materials.

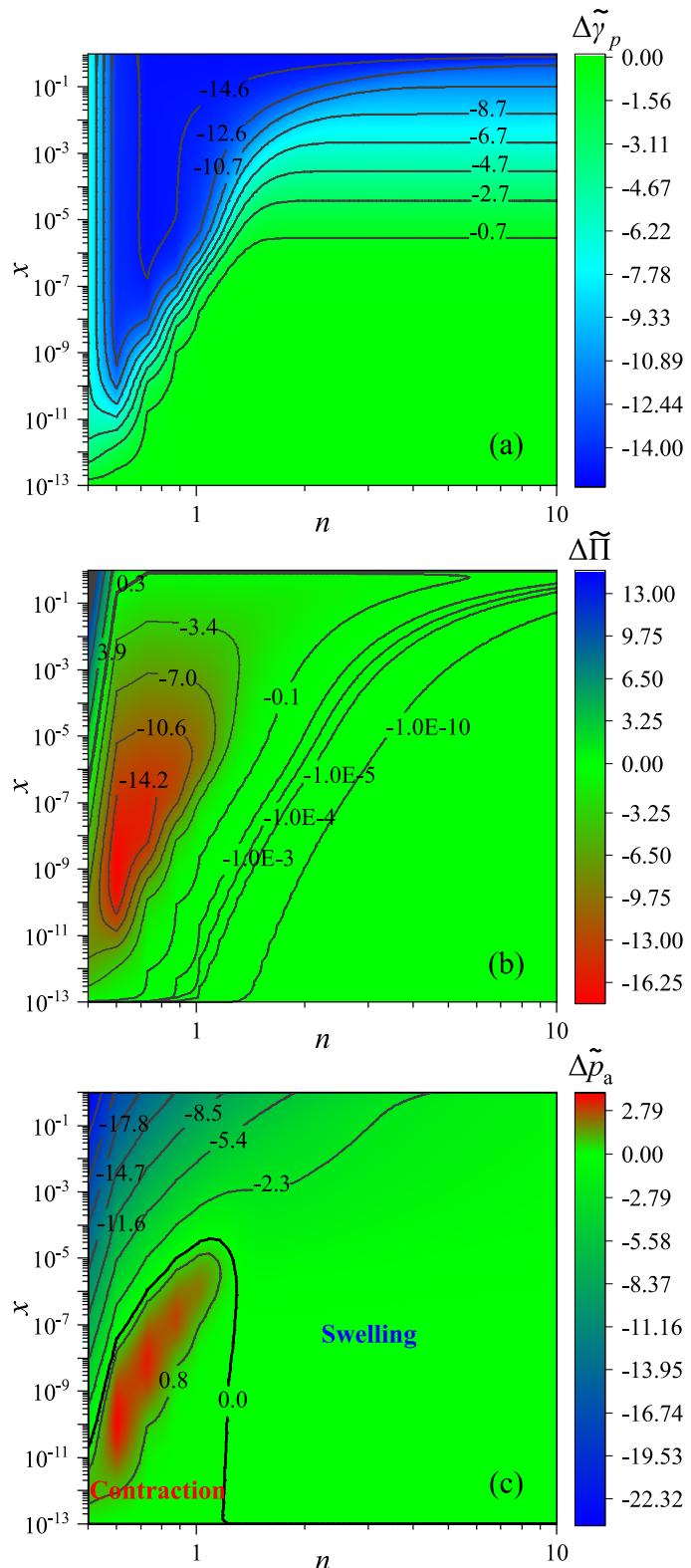


Fig. 5. Contours of the dimensionless equivalent surface tension (a), disjoining pressure (b), and resultant dimensionless adsorption pressure ( $\Delta\tilde{p}_a = \Delta p_a / 2RT\Gamma_0 C_h$ ) (c) produced from the BDDT theory (Eq. (51)) and Eq. (11). The input parameters to the BDDT model are  $\Delta E = 1940\text{cal/mol}$  and  $Q = 440\text{cal/mol}$ .

398 

## 5 MODEL PERFORMANCE

399 With definitions of the stiffness coefficients in Eq. (41), the microstructure model in Eqs. (43) and  
400 (44), and the adsorption model in Eq. (51), we have introduced eight model parameters including  $K$ ,  $\nu$ ,  
401  $b$ ,  $N$ ,  $\Delta E$ ,  $Q$ ,  $\Gamma_0$ , and  $C_h$ , all of which are physically meaningful and can be measured through  
402 routine experiments. The inputs of the model include: the adsorbate's saturation pressure  $p_0$  and molar  
403 volume  $V_m$ , the adsorbent's specific gravity  $G_s$  and initial porosity  $\phi_0$ , the system's temperature  $T$ , the  
404 sphere-slit mapping factor  $\alpha$ , and the PSD information  $r_K$  and  $R_{K,0}$ . In what follows, we assign the  
405 experimentally obtained PSD and calibrate the material parameters for microporous carbon to validate  
406 the theory against the dataset of Balzer et al. (2015).

407 

### ***PSD discretization***

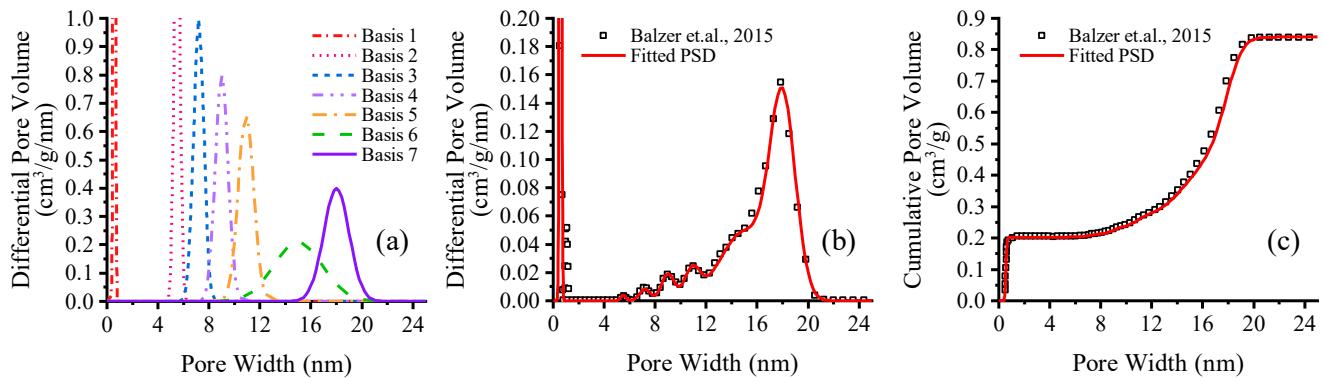
408 For PSD input, the discrete differential PSD data provided by Balzer et al. (2015) is first represented  
409 by several continuous basis functions in the normal distribution form (Fig. 6a)

$$410 \quad P(D/D_0) = \frac{1}{w\sqrt{2\pi}} e^{-\frac{1}{2}\left(\frac{D/D_0-m}{w}\right)^2} \quad (52)$$

411 where  $P(D/D_0)$  is the differential pore volume percentage;  $D$  the pore diameter for spherical pores;  
412  $D_0 = 1$  nm is a normalization parameter to keep parameters  $m$  and  $w$  unitless;  $D_0m$  is the peak pore  
413 width;  $w$  controls the “width” of the distribution. The number of basis functions is chosen to coincide  
414 with the number of peaks in the PSD data. A weighted sum of the seven bases is used to capture PSD as  
415 well as to ensure the total area underneath equals to 1. The theoretical PSD (in percentage) is then  
416 multiplied by the total pore volume per grams of material  $0.86 \text{ cm}^3/\text{g}$  to compare with the experimental  
417 data (in volume per gram of the solid). The cumulative PSD can be obtained by integrating the  
418 differential PSD. The results are illustrated in Fig. 6b and c with the parameters summarized in Table 1.

419 Based on the fitted PSD curve in Fig. 6, the pore volume fractions (PVF) corresponding to individual  
420 pore sizes can be deduced. The pore widths are discretized into 107 bins (class intervals). These bins are  
421 refined (0.02 nm in width) in the microporous range and coarser (0.2 nm in width) in the mesoporous  
422 range. We have verified that further decrease of the bin sizes does not make significant difference in the

423 predicted material response. The final PSD discretization is presented in Fig. 7. Of course, the volume  
 424 fractions of all bins sum to unity.



425

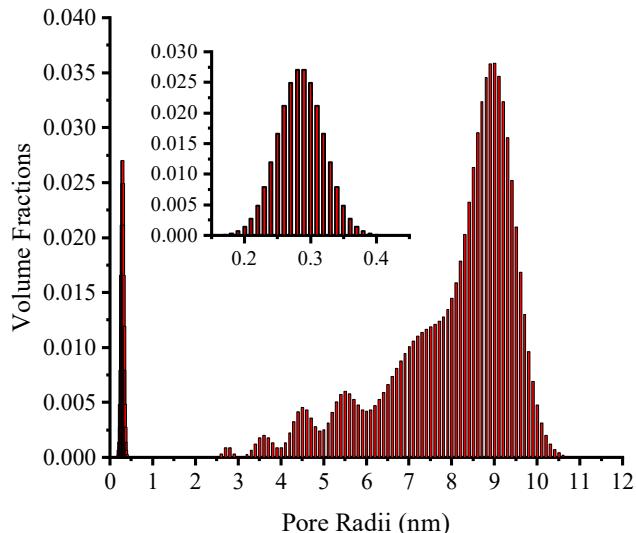
426 Fig. 6. Continuous representation of the PSD data: (a) basis functions,  
 427 the differential PSD, and (c) cumulative PSD match.

428

Table 1. Basis function parameters used in matching PSD in Fig. 6

Basis	Peak,	$w$	Weight
1	0.57	0.07	0.2397
2	5.50	0.20	0.0025
3	7.20	0.40	0.0102
4	9.00	0.50	0.0280
5	10.90	0.60	0.0362
6	15.00	1.90	0.2754
7	18.00	1.00	0.4080

429



430

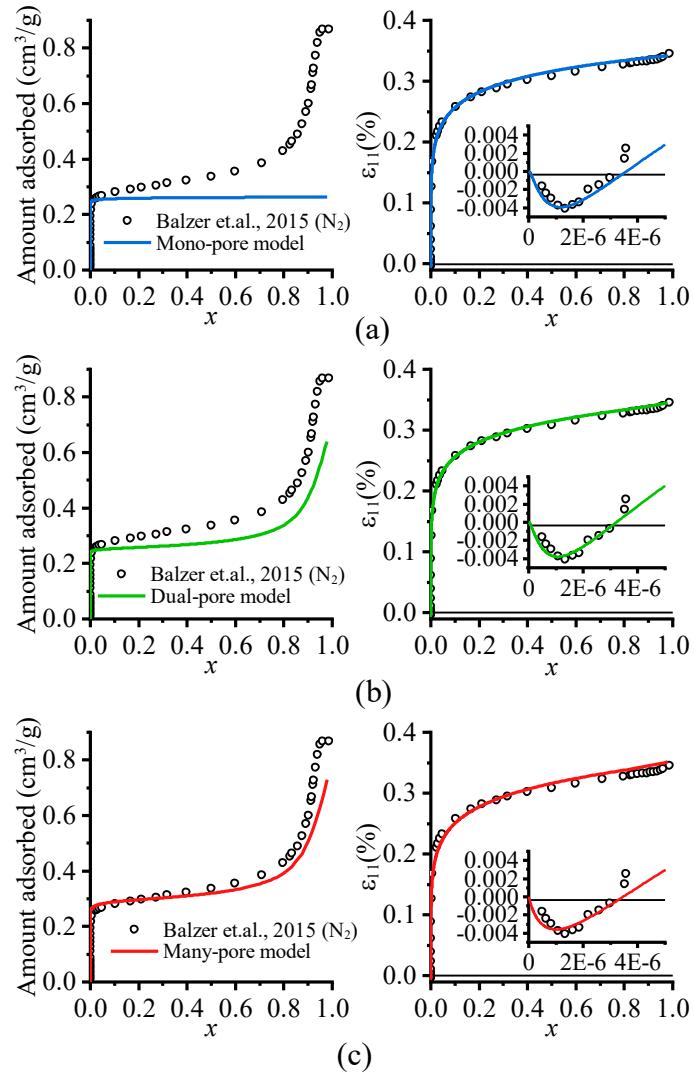
431 Fig. 7. Volume fractions of pore size bins corresponding to the porous carbon in Balzer et al. (2015).

432 **Parameter calibration and model predictions**

433 From the total pore volume per grams of sample ( $0.86 \text{ cm}^3/\text{g}$ ) and the mass density of the sample  
434 ( $0.741 \text{ g/cm}^3$ ) the initial porosity of the sample  $\phi_0 = 0.637$  is deduced. The specific gravity of the solid  
435  $G_s = 1.45$  can be deduced from the particle density  $\rho_s = 1.45 \text{ g/cm}^3$ . A microporous carbon rod sample  
436 with similar porosity has been reported by Balzer et al. (2011) with Young's modulus of about  
437  $7.24 \text{ GPa}$ . Assuming  $\nu = 0.1$ , the bulk and shear moduli are calculated as  $K = 3 \text{ GPa}$  and  
438  $G = 3.27 \text{ GPa}$ . The Biot's parameters are chosen as  $b = 0.9$  and  $N = 10 \text{ GPa}$  which are within the  
439 common ranges for porous carbon (Pijaudier-Cabot et al., 2011; Vandamme et al., 2010). The molar  
440 volume of nitrogen is  $V_m = 34 \text{ cm}^3/\text{mol}$ . At  $T \approx 77 \text{ K}$ , its additional adsorption heat is  $Q = 440 \text{ cal}$   
441 (Brunauer et al., 1940) and its saturation pressure is  $p_0 = 97.2 \text{ kPa}$  (Lemmon, 1998). In addition to this  
442 general many-pore model, a mono-pore and a dual-pore model are also implemented to represent the  
443 PSD with one single pore size and two pore sizes, respectively. This is to examine whether the simplistic  
444 representation of the pore network as commonly done in the past (Eskandari-Ghadi and Zhang, 2021;  
445 Vandamme et al., 2010; Zhang, 2018) can yield similar result compared to the full PSD representation.  
446 The pore radii in the dual-pore model are chosen to represent the micropore (0.288 nm) and mesopore (9  
447 nm) networks, respectively. The pore radius in the mono-pore model (1.13 nm) is chosen to give the  
448 same pore surface as the dual-pore model with the same porosity. Knowing that  $\alpha = 2/3$  for spherical  
449 pores and  $K$ ,  $\nu$ ,  $b$ ,  $N$ ,  $Q$ ,  $V_m$ ,  $p_0$ ,  $T$ , and  $\phi_0$  are now constrained, parameters  $\Delta E$ ,  $C_h$ , and  $\Gamma_0$  are  
450 adjusted for each PSD presentation to match the strain isotherm from Balzer et al. (2015). The full  
451 parameters are summarized in Table 2.

452 Predictions from the simplified mono-pore, the dual-pore, and the full PSD models are shown in Fig.  
453 8. It is observed that the adsorption-induced deformation including the initial contraction can be  
454 accurately captured by either model. This is not surprising as the parameters are calibrated for the strain  
455 isotherm. Upgrading from single-pore to dual-pore representation shows significant enhancement in the  
456 predicted adsorption isotherm. Specifically, the addition of mesopores (9 nm) in the dual-pore model  
457 permits more space for adsorption to continue (Fig. 8b) after the micropore capacity quickly exhausted  
458 at low pressures (Fig. 8a). Comparing Figs. 8b and 8c shows drastic improvement of the predicted shape  
459 of the adsorption isotherm across low- and high- pressure regimes after incorporation of the full PSD. It  
460 is worth to note that the progressive enhancement of the agreement in the three figures is achieved by

461 using the same poroelasticity parameters with only slight adjustments on a few adsorption parameters  
 462 (underlined in Table 2). All parameters are still within their realistic ranges. The fact that the same  
 463 model yields better accuracy as the PSD input gains accuracy suggests that the underlying physics of  
 464 adsorption straining is successfully captured by our theory. This permits one to investigate the  
 465 sensitivity of the adsorption-deformation responses to the PSD of the porous material.



466

467 Fig. 8. Performance of the (a) mono-pore, (b) dual-pore, and (c) many-pore (using the exact PSD in Fig. 7) models and the  
 468 progressive improvement as PSD input gains resolution.

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Table 2. Parameters for the mono, dual, and many-pore models for the carbon – N<sub>2</sub> system of Balzer et al. (2015)

Parameter	Unit	Values		
		Mono-pore	Dual-pore	Many-pore
Poroelasticity				
$K$	[GPa]	3.0	3.0	3.0
$G$	[GPa]	3.27	3.27	3.27
$b$	[-]	0.9	0.9	0.9
$N$	[GPa]	10	10	10
Adsorption				
$\Delta E$	[cal]	<u>2090</u>	<u>2090</u>	<u>1940</u>
$Q$	[cal]	440	440	440
$C_h$	[1/nm]	<u>1.656</u>	<u>6.452</u>	<u>7.143</u>
$\Gamma_0$	[ $\mu\text{mol}/\text{m}^2$ ]	<u>1.905</u>	<u>1.905</u>	<u>1.950</u>
Microstructure				
$\phi_0$	[-]	0.64	0.64	0.64
$\alpha$	[-]	0.667	0.667	0.667
$R_{1,0}$	[nm]	1.13	0.288	
$R_{2,0}$	[nm]	-	9	PVD in Fig. 7
$r_1$	[-]	1.00	0.23	
$r_2$	[-]	-	0.77	

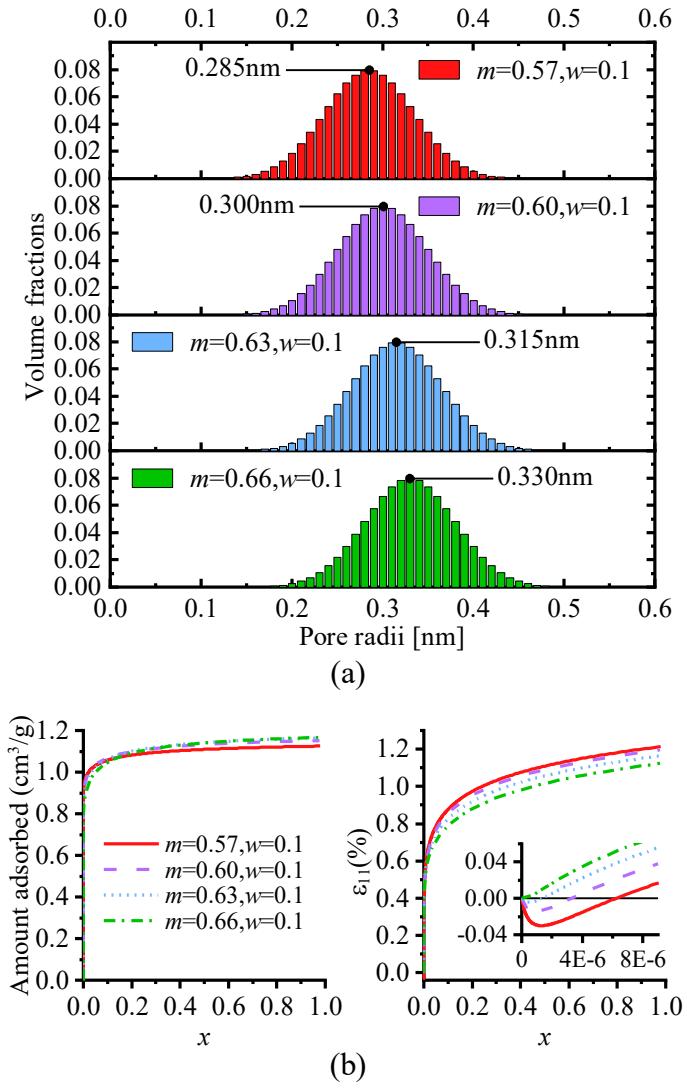
474 **6 EFFECTS OF PSD ON THE SORPTIVE BEHAVIOR OF POROUS MATERIALS**

475 All studies in this section take the same material properties from the previous section (many-pore  
 476 model in Table 2) with merely the PSD input altered.

477 *Effect of peak pore size*

478 The first study examines the effect of shifting peak from smaller micropores towards larger  
 479 micropores with the same shape of the PSD. Using Eq. (52), four differential PSDs with width  $w=0.1$   
 480 and peak radii of 0.285 nm, 0.300 nm, 0.315 nm, and 0.330 nm are generated. They are presented in Fig.  
 481 9a and their corresponding adsorption and strain isotherms are presented in Fig. 9b. It is observed that a  
 482 slight shift in PSD towards mesopores can drastically diminish the initial contraction. This is consistent  
 483 with the observation in Fig. 5b that large attractive disjoining pressure only presents for small pores at  
 484 low pressure level. The adsorption isotherm on the other hand is hardly affected by such small change in  
 485 the PSD. It is also noted that the PSD shifting does not affect much the swelling responses, i.e., a 16%

486 increase in microporous peak pore size (from 0.285nm to 0.330nm) only cause the maximum swelling  
 487 strain decreases less than 8%.

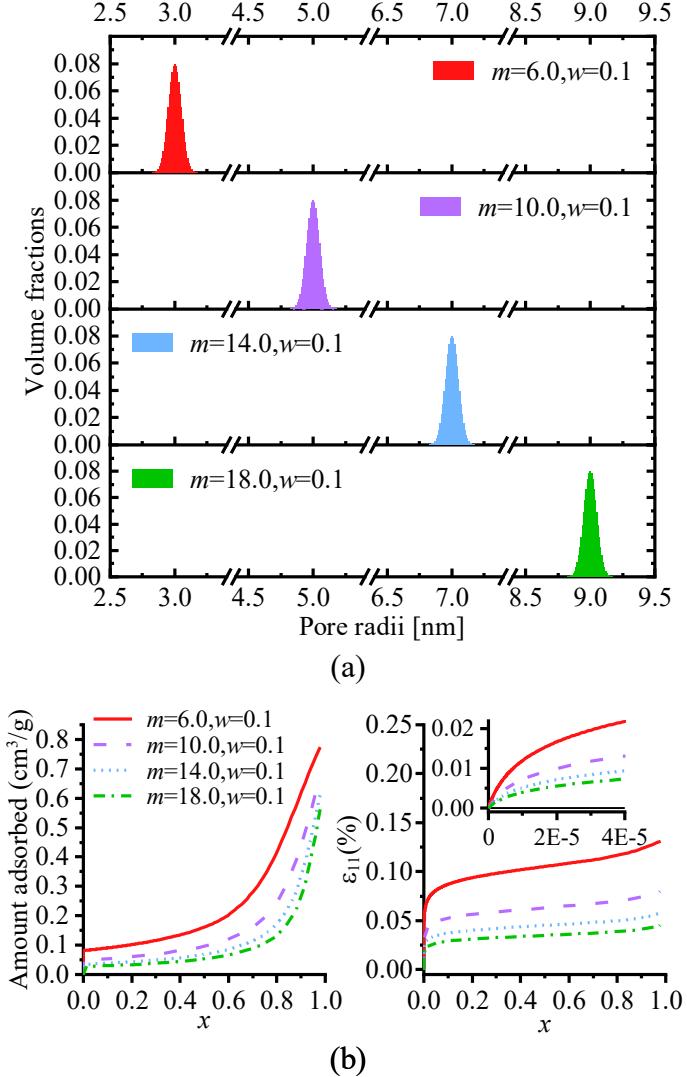


488

489 Fig. 9. Prediction of microporous carbon response to nitrogen adsorption with: (a) shifts of pore size distribution in  
 490 microporous range; (b) amounts adsorbed and axial deformation.

491 Now, the same PSDs are shifted to the mesoporous range (Fig. 10a) with the predicted responses  
 492 presented in Fig. 10b. Pure Bangham's expansion with no initial contraction (i.e., type-II strain  
 493 isotherm) is predicted for this range of pore sizes. This is expected because of the diminished disjoining  
 494 pressure for mesopores (Fig. 5b). The overall swelling of mesoporous material is predicted to be one  
 495 order of magnitude less than that of microporous materials. This is because, for the same porosity, larger  
 496 pores provide less surface area available to adsorption, thus weakening the swelling effects associated  
 497 with the reduction of surface tension. It is worth to note that the commonly observed contraction at

498 intermediate pressures (Chen, 2019) is not captured by the model. This is because the underlying  
 499 physics namely the formation of concave menisci through capillary condensation has not been  
 500 implemented in our pore-scale model yet. This non-trivial task shall be pursued in follow-up studies.



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Fig. 10. Prediction of mesoporous carbon response to nitrogen adsorption with: (a) shifts of pore size distribution in mesoporous range; (b) amounts adsorbed and axial deformation.

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As expected, the total amount of adsorption continues to decrease for distributions with larger pore sizes. For both microporous and mesoporous material, the model predicts that adsorption develops at a rapid rate initially, presumably as the first layer of adsorbates are attracted to the pore walls. Such rapid rate consistently diminishes at partial pressure of  $x \approx 10^{-5}$ , implying that the rate at which the first layer is filled is not affected by the pore size, in a manner similar to free-surface adsorption. At increased pressures, the very first few layers of adsorbates rapidly fill up the micropores, thus the system's

510 maximum adsorption capacity is quickly reached. On the other hand, mesopores can accommodate  
511 many layers of adsorbate, therefore the amount of adsorption keep increase at a slower rate after the  
512 initial filling of the first layer. The adsorption speeds up upon complete filling of all mesopores near the  
513 saturation pressure.

514 To summarize, under fixed total porosity and width of the PSD, smaller pores provide more surface  
515 area for adsorption and narrower wall separation. This has three effects: (1) rapid filling of the pore at  
516 the beginning of adsorption; (2) amplified swelling strain at high-pressure regime due to the Bangham's  
517 effect; (3) possible contraction strain at low-pressure regime due to the attractive disjoining pressure in  
518 micropores.

519 ***Effect of pore size dispersity***

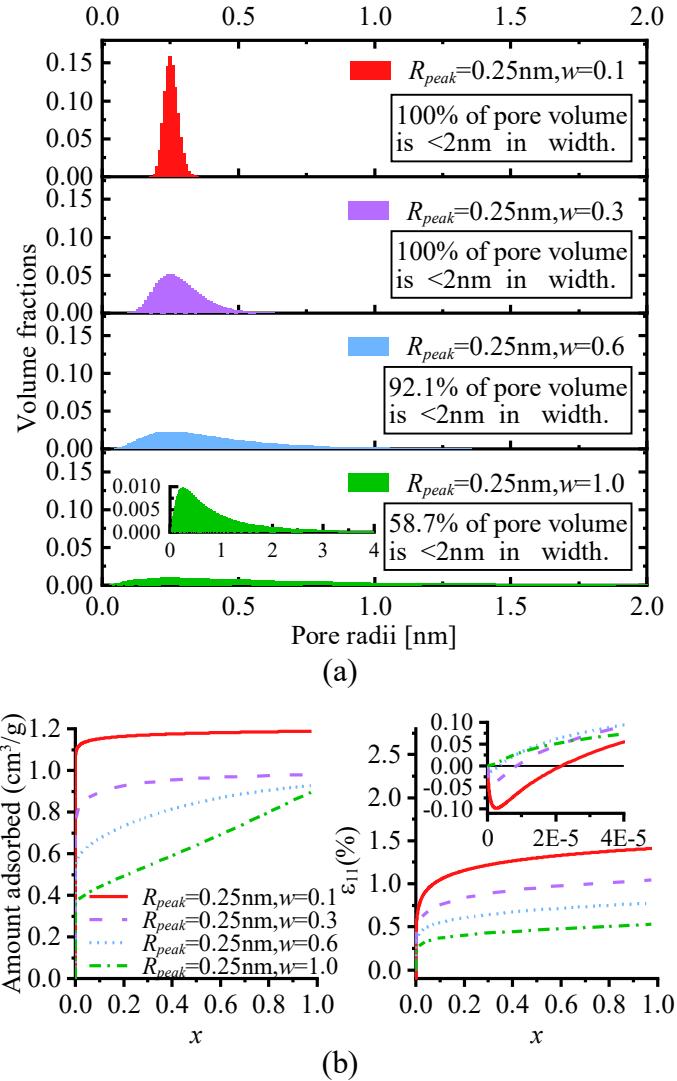
520 This section studies the effect of the PSD width on the adsorption-deformation characteristics. In the  
521 first set, a series of PSDs in the microporous range are gradually skewed towards the mesoporous range,  
522 using the logarithmic-normal distribution:

$$523 P(D / D_0) = \frac{1}{D / D_0 \cdot w\sqrt{2\pi}} e^{-\frac{1}{2}\left(\frac{\ln(D/D_0)-m}{w}\right)^2} \quad (53)$$

524 Similar to Eq. (52),  $D_0 = 1$  nm is a normalization parameter and  $w$  controls both the width and  
525 skewness of the distribution. Unlike the normal distribution, the peak pore width is no longer  $D_0 m$  but  
526 instead given by  $M = D_0 \exp(m - w^2)$ . The mean of the log-normal distribution is given by  
527  $D_0 \exp(m + w^2 / 2)$ . Here we start with a narrow PSD with peak pore radius of  $R_{peak} = M / 2 = 0.25$  nm  
528 and  $w = 0.2$ , then generated other PSDs by dispersing it towards the mesoporous range (increasing  $w$ )  
529 while maintaining constant  $R_{peak}$ .

530 The input PSDs and the predicted material responses are presented in Fig. 11. The first observation is  
531 that both the adsorption and the strain isotherms vary drastically, despite that the peak pore sizes are the  
532 same for all four simulations. This is true even for the first two PSDs ( $w = 0.1$  and  $w = 0.3$ ) where all  
533 pores are within the microporous range (<2 nm in width). Fig. 11b suggest that contraction diminishes  
534 as the material incorporates more mesopores and less micropores. This is in agreement with recent  
535 studies (Chen, 2019) that adsorption behavior of type I is observed for microporous material which

536 transforms into adsorption behavior of type III as meso/macropores are added to the system. However,  
 537 even with 67.3% of total pore volume in the mesoporous range and only 32.7% in the microporous  
 538 range, slight initial contraction can still be observed.



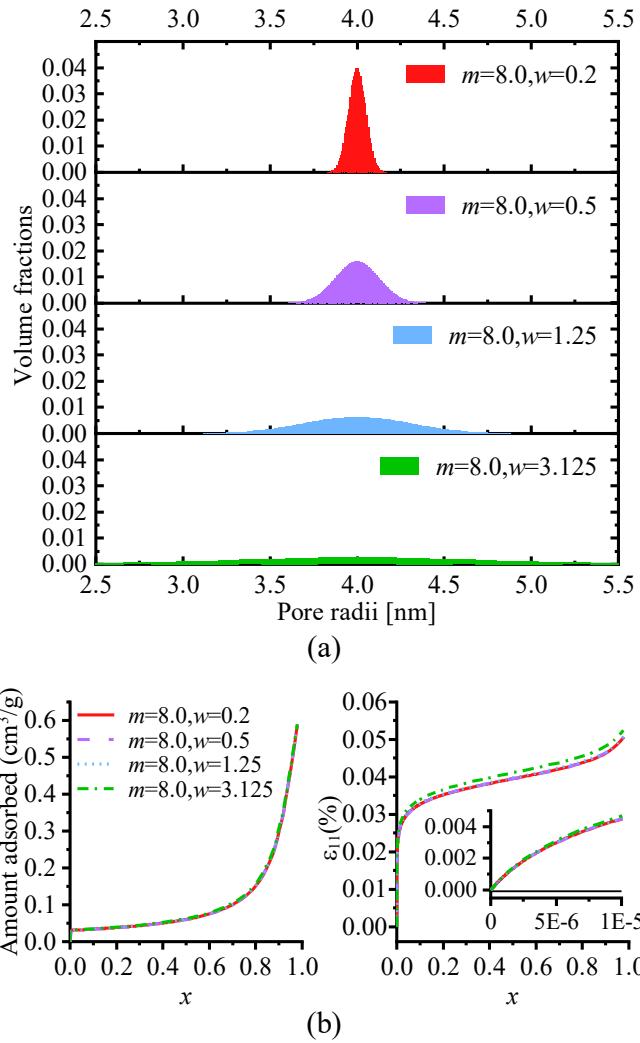
539

540 Fig. 11. Prediction of microporous carbon response to nitrogen adsorption with: (a) dispersion of micro pore sizes towards  
 541 meso por sizes with same peak pore size; (b) amounts adsorbed and axial deformation.

542 This suggests that the material's IUPAC classification (i.e., micro/meso porous) cannot fully disclose  
 543 whether it will exhibit initial contraction upon adsorption. Based on the proposed theory, how the  
 544 material behaves is closely related to whether the adsorbed surfaces overlap or not (Fig. 2b), which  
 545 strongly depends on the type of adsorbent-adsorbate interactions and the size of the adsorbate molecules.  
 546 Several features observed earlier are again highlighted in Fig. 11b: adsorption quickly reaches maximum  
 547 capacity at low pressures for microporous material while it becomes more gradual after the initial filling

548 for mesoporous solids. More mesopores reduces the surfaces available for adsorption, thus reducing the  
 549 total adsorption capacity and the induced swelling.

550 In the second set, four PSDs in the mesopore range are generated using the normal distributions (Eq.  
 551 (52)) with fixed peak pore radius of 4nm and different widths using  $w=0.2 \sim 3.125$ . The PSDs are  
 552 presented in Fig. 12a and the model predictions are presented in Fig. 12b. The intriguingly simple results  
 553 suggest that for PSDs in the mesoporous range, the narrowness of the PSD has little effect on the  
 554 material response.



555

556 Fig. 12. Prediction of mesoporous carbon response to nitrogen adsorption with: (a) diffusion of pore size distribution in  
 557 mesoporous range; (b) amounts adsorbed and axial deformation.

558 This is a quite convenient conclusion as the information of peak pore size is sufficient in determining the  
 559 adsorption-deformation response of pure mesoporous materials. It is thus reassuring that poromechanical

560 theories that rely on single pore size descriptors such as in Zhang (2018) can be still accurate in  
561 describing mesoporous solids. Combining the results in Fig. 11 and Fig. 12, one may deduce that as the  
562 pore size becomes larger, the actual distribution of pore sizes loses significance and information of the  
563 peak pore size becomes sufficient.

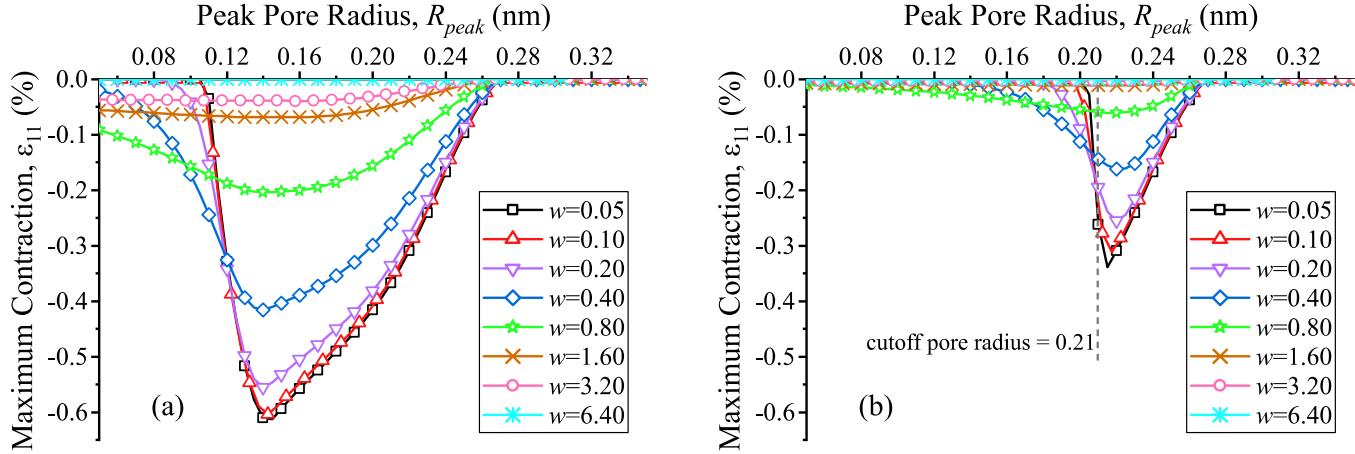
564 To summarize, the results presented in Figures 9 to 12 indicate that: (1) micropores are main cause  
565 of initial contraction; and (2) a fine resolution of the PSD in the microporous range is necessary for  
566 accurate prediction of the material response, while a coarse resolution and even a single peak pore size  
567 may be sufficient for modeling mesoporous materials.

568 ***Relation between PSD and initial contraction***

569 The above analyses show that the initial contraction is affected by both the peak pore size and the  
570 width of the PSD. It is possible to quantify such dependency by plotting the maximum contraction strain  
571 with respect to peak pore radius  $R_{peak}$  at different  $w$  values, as shown in Fig. 13. All simulations use the  
572 same parameters as in Table 2 for the many-pore model. Fig. 13a shows that all curves share the same  
573 trend that contraction first intensifies and then gradually reduces to zero as the peak pore size increases.  
574 It is also observed that as the PSD becomes narrower, e.g., the case of  $w=0.05$ , the increase in initial  
575 contraction with increasing  $R_{peak}$  becomes sharper and the maximum contraction becomes stronger. The  
576 curves for wider PSDs in Fig. 13a are more dispersed simply because not all pores enter and exit the  
577 contractive range simultaneously.

578 A closer inspection of Fig. 13a suggests that even when the pore width is smaller than the size of one  
579 adsorbate molecule (i.e.,  $R < R_0 = 0.21$  nm for the selected parameters in Table 2), some amount of  
580 adsorption and strain are still predicted by the model. This is because the BDDT model Eq. (51) is  
581 continuous and gives non-zero adsorption even when the number of adsorbed layers ( $n = C_h h$ ) is less  
582 than 1. To enforce a physical lower bound below which the pores are inaccessible to adsorbates, a crude  
583 way is to implement a hard cutoff on the BDDT isotherm such that  $\Gamma = 0$  when  $n < 1$ . The predicted  
584 contraction strains after enforcing such cutoff are presented in Fig. 13b. It is observed that narrower the  
585 PSD results in more abrupt maximum contraction curve around the cut-off size  $R_0 = 0.21$  nm. Below this  
586 value, no adsorption is possible and thus adsorption-induced strain is nearly zero. Comparing Fig. 13a  
587 and b indicates that the upper bound of the contraction range is not affected by such cut-off, and the  
588 overall size of contraction regime is reduced. This implies that some microporous network may not

589 exhibit initial contraction at all when interacting with large adsorbate molecules. Finally, it is interesting  
 590 to note that the adsorbate radius  $R_0 = 0.21$  nm or diameter 0.42 nm deduced from model calibration is  
 591 very close to the kinetic diameter of the nitrogen molecule, 0.364 nm (Ismail et al., 2015).



592  
 593 Fig. 13. Maximum initial contraction in variation with peak pore radius for different PSD skewness for (a) the current theory,  
 594 and (b) the current theory with BDDT adsorption model cut off for  $n < 1$ . Each point along each curve corresponds to a PSD  
 595 generated by Eq. (53) using  $D_0 = 1\text{nm}$ ,  $R_{peak} = 0.1\text{nm}$ , and the corresponding  $w$ . Then the PSD is shifted along the pore size  
 596 axis to obtain PSDs of the same shape with different peak pore radii. The remaining model input parameters are taken the  
 597 same as the many-pore model in Table 2.

## 598 7 CONCLUSION

599 We developed a framework to incorporate the surface tension and disjoining pressure effects for  
 600 adsorptive porous materials with generic pore size distributions. Specifically, we constructed the total  
 601 surface free energy of a general pore network by statistically homogenizing the free energy of many  
 602 equivalent slit pores. Then the decomposition of the total material dissipation into the solid, fluid, and  
 603 surface contributions leads to the free energy balance equations of the three phases of the REV. The  
 604 incremental form of a general poroelastic relation is then derived from the solid free energy balance to  
 605 gain versatility in both implementation and modification of the framework. To validate the proposed  
 606 theory, a constitutive model is constructed by specifying isotropic linear poroelasticity, the BDDT  
 607 adsorption model, spherical pore structure, and a linear mapping of pore radii to slit-pore width. By  
 608 choosing physical values for the material parameters and inputting the measured pore size distribution  
 609 (PSD), the model performance is validated against the experimental data on nitrogen adsorption on  
 610 porous carbons (Balzer et al., 2015). The model that takes the information of the full PSD shows  
 611 significantly better agreements with experimental data in comparison to the single-pore and dual-pore  
 612 representations of the same PSD. Using the same set of parameters, the effect of PSD on the predicted

613 adsorption and strain isotherms are investigated through a systematic parametric study, the main  
614 conclusions of which are highlighted below:

- 615 1. Inclusion of surface tension and disjoining pressure in the poromechanical theory can explain the  
616 transition from initial contraction to overall swelling of microporous materials upon adsorption.  
617 Specifically, in absence of stretch-dependent surface stress, the initial contraction is caused by  
618 the presence of attractive disjoining pressure which is most prominent when the pore sizes gather  
619 closely around the size of only a few adsorbate molecules. For meso/macro porous materials  
620 where disjoining pressure vanishes, sorption-induced deformation is governed by the reduction  
621 of surface tension which indicates swelling.
- 622 2. In terms of adsorption isotherms, microporous material shows rapid filling of pore spaces at very  
623 low pressures. The inclusion of mesopores permits more space for adsorption to continue at  
624 higher pressure levels.
- 625 3. PSD is important for microporous materials because slight shifting in peak pore size and  
626 dispersity affects the predicted strain isotherms. For mesoporous materials, the full information  
627 of PSD loses significance and only the peak pore size matters in predicting their adsorption-  
628 deformation responses. This is convenient in that poromechanical theories that rely on single  
629 pore size descriptors can be still quite accurate for mesoporous solids.

630 Within the presented framework, further improvements can be contemplated by (1) introducing  
631 capillary condensation in pore-scale models to capture the contraction of porous materials at  
632 intermediate pressure levels; (2) introducing the two-way adsorption-deformation coupling by making  
633 both PSD and surface tension dependent on skeleton deformation; (3) incorporating finite-strain  
634 poroelastic models. Some fundamental aspects need to be further studied, including the mechanics  
635 behind the sorption-deformation hysteresis and the surface forces in pores of different shapes.

636 **8 DECLARATION OF COMPETING INTEREST**

637 The authors declare that they have no known competing financial interests or personal relationships  
638 that could have appeared to influence the work reported in this paper.

639

640

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## APPENDIX A. INCREMENTAL CONSTITUTIVE RELATIONS IN EXPLICIT FORM

The first step towards the explicit form of Eq. (25) is to expand  $d\bar{\Pi}$ ,  $d(\bar{\gamma}_p \partial A_s / \partial \varepsilon_{ij})$ , and  $d(\bar{\gamma}_p \partial A_s / \partial \phi)$  considering the definition of smeared surface forces Eqs. (13):

$$d\bar{\Pi} = \frac{\partial \bar{\Pi}}{\partial p} dp + \frac{\partial \bar{\Pi}}{\partial \phi} d\phi + \frac{\partial \bar{\Pi}}{\partial \varepsilon_{kl}} d\varepsilon_{kl} \quad (54)$$

$$\begin{aligned} d\left(\frac{\partial A_s}{\partial \varepsilon_{ij}} \sum \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} \gamma_{p,K}\right) &= \frac{\partial A_s}{\partial \varepsilon_{ij}} \frac{\partial \bar{\gamma}_p}{\partial p} dp + \frac{\partial A_s}{\partial \varepsilon_{ij}} \frac{\partial \bar{\gamma}_p}{\partial \phi} d\phi + \frac{\partial A_s}{\partial \varepsilon_{ij}} \frac{\partial \bar{\gamma}_p}{\partial \varepsilon_{kl}} d\varepsilon_{kl} \\ &+ \frac{\partial^2 A_s}{\partial \phi \partial \varepsilon_{ij}} \bar{\gamma}_p d\phi + \frac{\partial^2 A_s}{\partial \varepsilon_{kl} \partial \varepsilon_{ij}} \bar{\gamma}_p d\varepsilon_{kl} \end{aligned} \quad (55)$$

$$\begin{aligned} d\left(\frac{\partial A_s}{\partial \phi} \bar{\gamma}_p\right) &= \frac{\partial A_s}{\partial \phi} \frac{\partial \bar{\gamma}_p}{\partial p} dp + \frac{\partial A_s}{\partial \phi} \frac{\partial \bar{\gamma}_p}{\partial \phi} d\phi + \frac{\partial A_s}{\partial \phi} \frac{\partial \bar{\gamma}_p}{\partial \varepsilon_{kl}} d\varepsilon_{kl} \\ &+ \frac{\partial^2 A_s}{\partial \phi^2} \bar{\gamma}_p d\phi + \frac{\partial^2 A_s}{\partial \varepsilon_{kl} \partial \phi} \bar{\gamma}_p d\varepsilon_{kl} \end{aligned} \quad (56)$$

Substituting Eqs. (54)-(56) into Eq. (25) and reorganizing gives

$$\begin{aligned} d\sigma_{ij} &= \left( C_{ijkl}^\varepsilon + \frac{\partial A_s}{\partial \varepsilon_{ij}} \frac{\partial \bar{\gamma}_p}{\partial \varepsilon_{kl}} + \frac{\partial^2 A_s}{\partial \varepsilon_{kl} \partial \varepsilon_{ij}} \bar{\gamma}_p \right) d\varepsilon_{kl} + \left( C_{ij}^{\varepsilon\phi} + \frac{\partial A_s}{\partial \varepsilon_{ij}} \frac{\partial \bar{\gamma}_p}{\partial \phi} + \frac{\partial^2 A_s}{\partial \phi \partial \varepsilon_{ij}} \bar{\gamma}_p \right) d\phi \\ &+ \frac{\partial A_s}{\partial \varepsilon_{ij}} \sum \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} \frac{\partial \gamma_{p,K}}{\partial p} dp \end{aligned} \quad (57)$$

$$dp = \frac{C_{kl}^{\varepsilon\phi} + \frac{\partial A_s}{\partial \phi} \frac{\partial \bar{\gamma}_p}{\partial \varepsilon_{kl}} + \frac{\partial^2 A_s}{\partial \varepsilon_{kl} \partial \phi} \bar{\gamma}_p - \frac{\partial \bar{\Pi}}{\partial \varepsilon_{kl}}}{1 - \frac{\partial A_s}{\partial \phi} \frac{\partial \bar{\gamma}_p}{\partial p} - \frac{\partial \bar{\Pi}}{\partial p}} d\varepsilon_{kl} + \frac{C^\phi + \frac{\partial A_s}{\partial \phi} \frac{\partial \bar{\gamma}_p}{\partial \phi} + \frac{\partial^2 A_s}{\partial \phi^2} \bar{\gamma}_p - \frac{\partial \bar{\Pi}}{\partial \phi}}{1 - \frac{\partial A_s}{\partial \phi} \frac{\partial \bar{\gamma}_p}{\partial p} - \frac{\partial \bar{\Pi}}{\partial p}} d\phi \quad (58)$$

Substitution of Eq. (58) into Eq. (57) yields

$$\begin{aligned} d\sigma_{ij} &= \left( C_{ijkl}^\varepsilon + \frac{\partial A_s}{\partial \varepsilon_{ij}} \frac{\partial \bar{\gamma}_p}{\partial \varepsilon_{kl}} + \frac{\partial^2 A_s}{\partial \varepsilon_{kl} \partial \varepsilon_{ij}} \bar{\gamma}_p \right) d\varepsilon_{kl} + \left( C_{ij}^{\varepsilon\phi} + \frac{\partial A_s}{\partial \varepsilon_{ij}} \frac{\partial \bar{\gamma}_p}{\partial \phi} + \frac{\partial^2 A_s}{\partial \phi \partial \varepsilon_{ij}} \bar{\gamma}_p \right) d\phi \\ &+ \frac{1}{H} \frac{\partial A_s}{\partial \varepsilon_{ij}} \sum \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} \frac{\partial \gamma_{p,K}}{\partial p} (C_{kl}^{\varepsilon\phi} + C_{kl}^{ads,p\varepsilon}) d\varepsilon_{kl} + \frac{1}{H} \frac{\partial A_s}{\partial \varepsilon_{ij}} \sum \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} \frac{\partial \gamma_{p,K}}{\partial p} (C^\phi + C^{ads,p\phi}) d\phi \end{aligned} \quad (59)$$

Eqs. (59) and (58) are then simplified into Eqs. (26) and (27), respectively. The terms involving smeared quantities can be written as Eqs. (33)-(39) by invoking Eq. (13), the definitions  $h_K = h_K(\boldsymbol{\varepsilon}, \phi)$  and  $\mathcal{A}_K = \mathcal{A}_K(\boldsymbol{\varepsilon}, \phi)$ , and the assumption that  $\Omega_K^v / \Omega^v = r_K$  is constant.

## APPENDIX B. DERIVATIVES OF SURFACE AREAS

The derivatives  $\partial \mathcal{A}_K / \partial \mathcal{A}$ ,  $\partial(\partial \mathcal{A}_K / \partial \mathcal{A}) / \partial \phi$ , and  $\partial(\partial \mathcal{A}_K / \partial \mathcal{A}) / \partial \varepsilon_{ij}$  can be derived by considering  $\mathcal{A} = \mathcal{A}(\boldsymbol{\varepsilon}, \phi)$  and  $\mathcal{A} = \sum \mathcal{A}_K$ :

$$\frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} = \frac{\partial \mathcal{A}_K}{\partial \phi} \frac{\partial \phi}{\partial \mathcal{A}} + \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{ij}} \frac{\partial \varepsilon_{ij}}{\partial \mathcal{A}} = \frac{\partial(A_{s,K} \Omega_0)}{\partial \phi} \frac{\partial \phi}{\partial \sum A_{s,K} \Omega_0} + \frac{\partial(A_{s,K} \Omega_0)}{\partial \varepsilon_{ij}} \frac{\partial \varepsilon_{ij}}{\partial \sum A_{s,K} \Omega_0} \quad (60)$$

$$\begin{aligned} \frac{\partial}{\partial \phi} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} &= \frac{\partial^2 \mathcal{A}_K}{\partial \phi^2} \frac{\partial \phi}{\partial \mathcal{A}} + \frac{\partial \mathcal{A}_K}{\partial \phi} \frac{\partial}{\partial \phi} \left( \frac{\partial \phi}{\partial \mathcal{A}} \right) + \frac{\partial^2 \mathcal{A}_K}{\partial \phi \partial \varepsilon_{ij}} \frac{\partial \varepsilon_{ij}}{\partial \mathcal{A}} + \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{ij}} \frac{\partial}{\partial \phi} \left( \frac{\partial \varepsilon_{ij}}{\partial \mathcal{A}} \right) \\ &= \frac{\partial^2 \mathcal{A}_K}{\partial \phi^2} \frac{1}{\sum \frac{\partial \mathcal{A}_K}{\partial \phi}} - \frac{\partial \mathcal{A}_K}{\partial \phi} \frac{\sum \frac{\partial^2 \mathcal{A}_K}{\partial \phi^2}}{\left( \sum \frac{\partial \mathcal{A}_K}{\partial \phi} \right)^2} + \frac{\partial^2 \mathcal{A}_K}{\partial \phi \partial \varepsilon_{ij}} \frac{1}{\sum \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{ij}}} + \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{ij}} \frac{\sum \frac{\partial^2 \mathcal{A}_K}{\partial \phi \partial \varepsilon_{ij}}}{\sum \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{kl}} \sum \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{kl}}} \end{aligned} \quad (61)$$

$$\begin{aligned} \frac{\partial}{\partial \varepsilon_{ij}} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} &= \frac{\partial^2 \mathcal{A}_K}{\partial \phi \partial \varepsilon_{ij}} \frac{\partial \phi}{\partial \mathcal{A}} + \frac{\partial \mathcal{A}_K}{\partial \phi} \frac{\partial}{\partial \varepsilon_{ij}} \left( \frac{\partial \phi}{\partial \mathcal{A}} \right) + \frac{\partial^2 \mathcal{A}_K}{\partial \varepsilon_{ij} \partial \varepsilon_{kl}} \frac{\partial \varepsilon_{kl}}{\partial \mathcal{A}} + \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{kl}} \frac{\partial}{\partial \varepsilon_{ij}} \left( \frac{\partial \varepsilon_{kl}}{\partial \mathcal{A}} \right) \\ &= \frac{\partial^2 \mathcal{A}_K}{\partial \phi \partial \varepsilon_{ij}} \frac{1}{\sum \frac{\partial \mathcal{A}_K}{\partial \phi}} - \frac{\partial \mathcal{A}_K}{\partial \phi} \frac{\sum \frac{\partial^2 \mathcal{A}_K}{\partial \phi \partial \varepsilon_{ij}}}{\left( \sum \frac{\partial \mathcal{A}_K}{\partial \phi} \right)^2} + \frac{\partial^2 \mathcal{A}_K}{\partial \varepsilon_{ij} \partial \varepsilon_{kl}} \frac{1}{\sum \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{kl}}} + \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{kl}} \frac{\sum \frac{\partial^2 \mathcal{A}_K}{\partial \varepsilon_{ij} \partial \varepsilon_{kl}}}{\sum \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{pq}} \sum \frac{\partial \mathcal{A}_K}{\partial \varepsilon_{pq}}} \end{aligned} \quad (62)$$

Eqs. (60)-(62) can be further simplified using  $\mathcal{A}_K = A_{s,K} \Omega_0$  and  $\mathcal{A} = \sum \mathcal{A}_K = A_s \Omega_0$ , knowing that  $A_{s,K}$  is generally a function of the kinematics,  $\boldsymbol{\varepsilon}$  and  $\phi$ :

$$\frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} = \frac{\partial A_{s,K}}{\partial \phi} \frac{1}{\sum \frac{\partial A_{s,K}}{\partial \phi}} + \frac{\partial A_{s,K}}{\partial \varepsilon_{ij}} \frac{1}{\sum \frac{\partial A_{s,K}}{\partial \varepsilon_{ij}}} \quad (63)$$

$$\frac{\partial}{\partial \phi} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} = \frac{\partial^2 A_{s,K}}{\partial \phi^2} \frac{1}{\sum \frac{\partial A_{s,K}}{\partial \phi}} - \frac{\partial A_{s,K}}{\partial \phi} \frac{\sum \frac{\partial^2 A_{s,K}}{\partial \phi^2}}{\left( \frac{\partial A_{s,K}}{\partial \phi} \right)^2} + \frac{\partial^2 A_{s,K}}{\partial \phi \partial \mathcal{E}_{ij}} \frac{1}{\sum \frac{\partial A_{s,K}}{\partial \mathcal{E}_{ij}}} + \frac{\partial A_{s,K}}{\partial \mathcal{E}_{ij}} \frac{\sum \frac{\partial^2 A_{s,K}}{\partial \phi \partial \mathcal{E}_{ij}}}{\sum \frac{\partial A_{s,K}}{\partial \mathcal{E}_{kl}} \sum \frac{\partial A_{s,K}}{\partial \mathcal{E}_{kl}}} \quad (64)$$

$$\frac{\partial}{\partial \mathcal{E}_{ij}} \frac{\partial \mathcal{A}_K}{\partial \mathcal{A}} = \frac{\partial^2 A_{s,K}}{\partial \phi \partial \mathcal{E}_{ij}} \frac{1}{\sum \frac{\partial A_{s,K}}{\partial \phi}} - \frac{\partial A_{s,K}}{\partial \phi} \frac{\sum \frac{\partial^2 A_{s,K}}{\partial \phi \partial \mathcal{E}_{ij}}}{\left( \sum \frac{\partial A_{s,K}}{\partial \phi} \right)^2} + \frac{\partial^2 A_{s,K}}{\partial \mathcal{E}_{ij} \partial \mathcal{E}_{kl}} \frac{1}{\sum \frac{\partial A_{s,K}}{\partial \mathcal{E}_{kl}}} + \frac{\partial A_{s,K}}{\partial \mathcal{E}_{kl}} \frac{\sum \frac{\partial^2 A_{s,K}}{\partial \mathcal{E}_{ij} \partial \mathcal{E}_{kl}}}{\sum \frac{\partial A_{s,K}}{\partial \mathcal{E}_{pq}} \sum \frac{\partial A_{s,K}}{\partial \mathcal{E}_{pq}}} \quad (65)$$