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Harmonic Measure Is Absolutely Continuous with Respect to the Hausdorff Measure on All Low-Dimensional Uniformly Rectifiable Sets

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It was recently shown that the harmonic measure is absolutely continuous with respect to the Hausdorff measure on a domain with an n-1 dimensional uniformly rectifiable boundary, in the presence of now well-understood additional topological constraints. The topological restrictions, while mild, are necessary, as the counterexamples of Bishop and Jones show, and no analogues of these results have been available for higher co-dimensional sets. In the present paper, we show that for any d < n-1 and for any domain with a d-dimensional uniformly rectifiable boundary the elliptic measure of an appropriate degenerate elliptic operator is absolutely continuous with respect to the Hausdorff measure of the boundary. There are no topological or dimensional restrictions contrary to the aforementioned results. Résumé en Français. On sait que la mesure harmonique associée à un domaine de \mathbb{R}^n dont la frontière est uniformément rectifiable de dimension n-1 est absolument continue par rapport à la mesure de surface, sous des conditions topologiques récemment bien comprises. Ces conditions, bien que faibles, sont nécessaires, comme l'ont montré des contre exemples de C. Bishop and P. Jones. On ne disposait pas jusqu'ici de résultats analogues lorsque la frontière est de codimension plus grande. On démontre dans cet article que lorsque la frontière est uniformément rectifiable de dimension d < n-1, la mesure elliptique associée à

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des opérateurs elliptiques dégénérés appropriés est absolument continue par rapport à la mesure de Hausdorff, sans avoir besoin de condition topologique supplémentaire.

1 Introduction

Spectacular achievements of the past 20 years at the interface of harmonic analysis, geometric measure theory, and partial diffferential equations (PDEs) have finally identified the necessary and sufficient conditions for the absolute continuity of harmonic measure with respect to the Hausdorff measure of an (n-1)-dimensional set. In some very informal terms, the problem is as follows. The harmonic measure of a subset E of the boundary of a domain Ω , $\omega^X(E)$, is the probability that a Brownian traveler, starting at $X \in \Omega$, would exit through the set E rather than its complement. The celebrated 1924 Wiener criterion has identified all boundary points where the harmonic functions are continuous and, hence, the harmonic measure is classically well defined. However, the quantitative information, that is, the question whether the resulting probability is reasonably related to the Hausdorff measure of the set E, in other words, whether the Brownian travelers see the portions of the boundary in accordance with their size, turned out to be much more delicate. In PDE terms, it is equivalent to the question whether for some p, the Dirichlet boundary value problem is well-posed with the L^p (rather than continuous) data, with the appropriate dependence of solutions on the L^p size of the data on the boundary [27].

It is quite remarkable that the key geometric notion in this context was identified already in 1916, when Riesz [29] proved that the harmonic measure is absolutely continuous with respect to the Lebesgue measure in a simply connected planar domain bounded by a rectifiable curve. Rectifiability is the property that the set can be covered by a countable collection of Lipschitz graphs, modulo a subset of measure zero. Extending this result to higher dimensions took more than a century and a development of harmonic analysis, singular integrals, and corona decomposition techniques on uniformly rectifiable sets. We do not aim to provide a detailed overview in this introduction, but let us mention that the key milestones were perhaps Dahlberg's treatment of Lipschitz domains in [8], then results on 2-sided and 1-sided NTA domains with uniformly rectifiable boundaries in [23] and [20], and then, finally, the discovery of necessary and sufficient geometric conditions that were recently identified in [1]. One of the main problems was that the uniform rectifiability is not sufficient [2], for, in addition, the domain has to exhibit some quantitative connectedness, and the

exact, sharp form of this connectedness condition seemed elusive for many years. It is interesting to point out that the converse result [1] for this seemingly PDE question was ultimately resolved quite recently, and thanks to elaborate free boundary techniques related to the Alt-Caffarelli-Friedman functional, or, in a later proof, to the big advancements in the understanding of singular integrals and other harmonic analysis objects on the uniformly rectifiable sets, for instance, the resolution of the David-Semmes conjecture regarding the L^2 boundedness of Riesz transforms in [28]. However, all of these results have been restricted to the sets with n-1 dimensional boundaries, and with very few exceptions, up to recently virtually no theorems treated the higher co-dimensional case such as the complement of a curve in \mathbb{R}^3 . This was not due to a lack of efforts: a characterization of d-dimensional uniformly rectifiable sets for d < n-1 is a well-known open problem [16, 28]. For instance, one line of development in this direction is the recent theory of reflectionless measures (see, e.g., [21, 22]). However, it does not address any of the PDE aspects of the problem. With the latter in mind, in [12], the authors of this paper, together with Feneuil, have launched a program devoted specifically to the PDEs on domains with lower dimensional boundaries. To this end, [12] introduces the degenerate elliptic operator $L = -\operatorname{div} A \nabla$ whose matrix of coefficients A has eigenvalues roughly proportional to dist $(\cdot,\partial\Omega)^{n-d-1}$, a power of the distance to the boundary. The idea to use degenerate elliptic operators for lowerdimensional boundary features is not shocking: it is common in relativity, certain diffusion problems in population biology [17], Caffarelli-Silvestre extension of the fractional Laplacian [4] and its generalization to higher order operators in conformal geometry by Chang and Yang [5]. The additional weight takes the dimension of the boundary into account, and something like this is needed because the usual harmonic functions do not "see" the lower dimensional sets. However, consideration of Lipschitz, much less rectifiable, domains, was beyond reach. In [12], the authors proved the existence of the associated elliptic measure ω_L , together with fundamental properties such as the Hölder continuity of solutions, the maximum principle, the doubling property for ω_I , the comparison principle, and estimates for the Green function. See [11, 12], and more recently [14] for an even more general setting of domains with boundaries of mixed dimension that will be used here. They also proved in [13] a 1st absolute continuity result for ω_L as in the theorem below, but restricted to the special case of Lipschitz graphs with small constants.

The present paper culminates this line of research by establishing the A_{∞} property (quantitative absolute continuity) of the elliptic measure with respect to the surface measure in the most general setting of uniformly rectifiable domains.

Theorem 1.1. Let E be a d-dimensional uniformly rectifiable set in \mathbb{R}^n , $d \leq n-2$, and μ be a uniformly rectifiable measure on E. Let ω be the harmonic measure associated to the operator $L=-\operatorname{div} D_{\mu,\alpha}^{-(n-d-1)} \nabla$ in $\mathbb{R}^n \setminus E$, with the distance function

$$D_{\mu,\alpha}(X) = \left\{ \int_{E} |X - Y|^{-d - \alpha} \, \mathrm{d}\mu(Y) \right\}^{-1/\alpha}, \quad \alpha > 0.$$
 (1.2)

Then ω is absolutely continuous with respect to μ , and its density is a weight in the Muckenhoupt class $A_{\infty}(\mu)$.

We chose to state the theorem for unbounded (uniformly rectifiable) sets, but the case of bounded sets would work as well, with minor modifications.

All the notions in the theorem are customary quantifiable analogues of the properties we just discussed (rectifiability and absolute continuity), but for completeness let us nonetheless carefully recall the definitions.

We say that the closed set $E \subset \mathbb{R}^n$ is Ahlfors regular of dimension d when there is an accompanying Ahlfors regular measure μ on E, which means that

$$C_0^{-1}r^d \le \mu(E \cap B(x,r)) \le C_0r^d \text{ for } x \in E \text{ and } r > 0.$$
 (1.3)

We know that μ is then equivalent to $\mathcal{H}^d_{|E}$, the restriction to E of the Hausdorff measure, but we prefer to keep the flexibility of choosing a different μ . The constant C_0 will be sometimes referred to as the AR constant of μ .

The notion of uniform rectifiability was officially introduced by David and Semmes [16]. One of the many equivalent definitions (see [16, Chapter I.1]) is the following.

Definition 1.4. A d-dimensional Ahlfors regular measure μ is uniformly rectifiable if there exist θ , $C_1 > 0$ so that, for each $x \in \operatorname{supp}(\mu)$ and r > 0, there is a Lipschitz mapping g from the d-dimensional ball $B_d(0,r) \subset \mathbb{R}^d$ to \mathbb{R}^n such that g has Lipschitz norm less than or equal to C_1 and

$$\mu(B(x,r) \cap g(B_d(0,r))) \ge \theta r^d.$$

That is, $\operatorname{supp}(\mu)$ contains "big pieces of Lipschitz images of \mathbb{R}^{d} ". An Ahlfors regular set $E \in \mathbb{R}^n$ is called uniformly rectifiable if $\mathcal{H}^d|_E$ is uniformly rectifiable. We refer to C_1 and θ as the UR constants of μ (or simply the UR constants of E). This is a quantified analogue of the classical concept of rectifiability of a set, as discussed above.

Finally, the A_{∞} absolute continuity of the elliptic (harmonic) measure with respect to the Hausdorff measure is defined as follows.

Let E be a d-dimensional Ahlfors regular set in \mathbb{R}^n , μ be an Ahlfors Definition 1.5. regular measure on E, and set $\Omega = \mathbb{R}^n \setminus E$. Define an elliptic operator L as above, and denote by ω^X the corresponding elliptic measure with pole at X. We say that the elliptic measure ω is A_{∞} -absolutely continuous with respect to μ if for every choice of $\tau_0 \in (0,1)$ and $\epsilon \in (0,1)$, there exists $\delta \in (0,1)$, such that for each choice of $x \in E$, r > 0, a Borel set $F \subset B(x,r) \cap E$, and a corkscrew point $X = A_{x,r}$ (i.e., chosen as in (2.5) below),

$$\frac{\omega^{X}(F)}{\omega^{X}(B(x,r)\cap E)} < \delta \Rightarrow \frac{\mu(F)}{\mu(B(x,r)\cap E)} < \epsilon. \tag{1.6}$$

The notion is a bit different from the notion of a (single) A_{∞} weight because our ω actually refers a family of probability measures parameterized by $X \in \Omega$, and our definition accounts for this in a standard way. The coherence of this definition uses the fact that the various harmonic measures ω^X are related to each other through the change of pole formulas. As in the classical case of a single measure, this A_{∞} property self-improves into a seemingly stronger condition that says that the harmonic measure and μ are virtually a power of each other, in the sense of Definition 2.25 below. We refer to [19, 24] for general information on classical Muckenhoupt (single) weights, and A_{∞} , in the context of harmonic measures, will be discussed more in Section 2. In the conclusion of Theorem 1.1, we also obtain, naturally, that δ depends on τ_0 , ε and the AR and UR constants of the set *E* only.

Let us discuss Theorem 1.1 in more detail. Even though the motivation has come from by now "classical" work in domains with (n-1) dimensional boundaries, the result itself and its proof are actually different, perhaps surprisingly stronger, than their classical counterparts.

In contrast with the classical case of co-dimension 1, there is no need for an additional topological connectedness conditions here. The lower dimensional nature of E takes care of the topology, our boundary is so small that $\Omega = \mathbb{R}^n \setminus E$ is sufficiently connected, and contrary to Bishop-Jones counterexamples, in this setting we prove that the uniform rectifiability by itself is sufficient for the absolute continuity of harmonic measure.

Even more intriguing is the situation with the converse. Analogous results for traditional co-dimension one boundaries suggest that Theorem 1.1 is of the nature of the best possible, that is, rectifiability should be necessary and sufficient for the absolute continuity of harmonic measure with respect to the Hausdorff measure of the boundary. In our setting, however, there is a surprising "magical" counterexample. When $d+\alpha=n-2$ (which forces d< n-2), it turns out that the distance function in (1.2) is, in fact, the Green function with the pole at infinity, and ω is automatically A_∞ with respect to the Hausdorff measure on any Ahlfors regular set, even when d is not an integer. See [10]. To the best of our knowledge, this is essentially a unique case where one can explicitly derive the Green function for an arbitrary Ahlfors regular set. At this point, we tend to believe that it is a miraculous algebraic cancellation and for other values of α the A^∞ property of harmonic measure implies uniform rectifiability, that is, the condition in Theorem 1.1 will be proved to be necessary and sufficient.

Returning to the discussion of the statement of Theorem 1.1, observe that the higher co-dimensional setting requires a rather peculiar choice for the operators L above. The fact that the coefficients are roughly proportional to a certain power of distance to the boundary is almost a necessity, dictated by the scaling considerations, Sobolev embeddings, etc. The usual Laplacian would not work because the harmonic functions do not even see sets of dimension $d \leq n-2$. However, what is perhaps more surprising, working with the conventional Euclidean distance would ruin our proof of absolute continuity for the elliptic measure, even on a small Lipschitz graph—see the discussion in [13]. The distance $D_{\mu,\alpha}$ of (1.2) turns out to be a correct substitute, smoothing out appropriately at all scales. It may also have some special algebraic properties: as we mentioned above, for $\alpha=n-2-d$ it actually coincides with the Green function with the pole at infinity. It appears to be a powerful and perhaps still not completely understood version of the distance function used in geometric analysis—see [10].

These observations lead to a question: what is the range of the operators for which one could establish an analogue of Theorem 1.1? Certainly not every degenerate elliptic operator for which A(X) has roughly the size of $\operatorname{dist}(X,E)^{-n+d+1}$ will give an absolutely continuous elliptic measure. Even in the classical case of co-dimension 1, there are many counterexamples (see [3, 25]), and most absolute continuity results concern operators with a special form, or which are small perturbations of the Laplacian. Here $L=-\operatorname{div} D_{\mu,\alpha}^{-(n-d-1)}\nabla$ plays the role of the Laplacian, and in this case too Theorem 1.1 also holds for any elliptic operator which is a Carleson perturbation of L; see [26]. That is, the set of "good" operators is ultimately quite large, comparable to the classical scenario.

Let us now discuss the proof. A brutal attempt to adapt the "classical" approach to lower dimensional boundaries collapses spectacularly. The general principle, that we still want to follow, is to start from [13], which provides the desired absolute continuity result when E is a small Lipschitz graph, and then use approximations and stopping time arguments to extend this result to sawtooth domains and then to general uniformly rectifiable sets (in the classical case, we would need some additional connectivity). The machinery that allows this is very beautiful, and also quite intricate, but let us highlight at least two big problems which will make the situation different.

The main obvious one is that the principal engine of the construction is a comparison between domains. That is, we like to consider Ω , and hide parts of the boundary that we do not control outside of sawtooth domains, and for the intersection of Ω with the sawtooth domain, use the maximum principle to relate the two corresponding elliptic measures. Here we manage to construct better approximating domains whose boundaries coincide with E in some places, but how are we going to hide the rest of the boundary and compare the harmonic measures on the intersection?

Another unpleasant issue is that in the classical case, we typically deal with the Laplacian, which has a local definition, unlike our operator L whose coefficients depend on E, and even tend to infinity along the boundary. In other words, all the domains, including the approximating ones, come with their own operator L, which is not local either, and which typically carries a "memory" of the original domain, and of course we will need to be more careful about which operator we take when we make comparisons.

After many different attempts, we decided that the possibility to hide a bad piece of E behind a sawtooth boundary was too important to be avoided, and this forced us to consider domains with boundaries of mixed dimensions, that is, where some part of the boundary would be (n-1)-dimensional (and could be used to hide parts of E that we do not control), and other parts would be d-dimensional. Then we had to adapt the theory of degenerate elliptic operators to such domains, and in particular understand how to relate the size of our coefficients to the mass of a doubling measure on the boundary. For the boundary of the sawtooth regions, for instance, it helps that the coefficient of L is related to the distance to E, but is not necessarily singular along the sawtooth. Fortunately, the reader will not have to deal with the extension of the elliptic theory here because most of it was taken care of in [14].

Even so, we also have to replace, rather than shield, "bad" portions of the set to create a better, Reifenberg flat surface. This construction takes a good part of the present paper and heavily relies on the parametrization of Reifenberg flat domains in [15] and on the A_{∞} results for the elliptic measure on lower dimensional small Lipschitz graphs that we proved in [13]. Such a replacement is performed at all scales which eventually have to be glued via a certain extrapolation argument. Here again, we start from the Hofmann–Martell approach to extrapolation in [20] but quickly learn that our hypothesis is quite a bit weaker than theirs, requiring a careful re-working of the entire scheme. Finally, last but not the least, is the obstacle arising from the fact that our operator is not local, the coefficients are the powers of distance to the original boundary, and so changing the domain entails changing the operator. One has to prove that such a change, at the correct scales, is not detrimental to the entire enterprise. An experienced reader can take a look at Theorem 9.68 and compare it to a (considerably easier) standard version in [9].

Finally, before we turn to the body of the paper, let us mention that during the preparation of this manuscript an alternative approach to some of its results has been developed in [18].

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2 Definitions and Preliminaries Related to the Elliptic Theory and Properties of Weights

We are given an Ahlfors regular set E of dimension d in \mathbb{R}^n and an accompanying Ahlfors regular measure μ on E. We denote $\Omega = \mathbb{R}^n \setminus E$.

Before we proceed, we need to say a few words about *dyadic pseudocubes*. We shall assume that a net of dyadic pseudocubes has been chosen on *E*. We use the cubes given by [6], except that we will find it more convenient to use scales that are powers of 10 because this way we will be closer to the notation of [15]. We systematically set

$$r_k = 10^{-k} \text{ for } k \in \mathbb{Z}, \tag{2.1}$$

and we suppose we chose a collection $\mathbb{D}=\mathbb{D}(E)=\cup_{k\in\mathbb{Z}}\mathbb{D}_k$ (our "dyadic cubes"), with the usual properties. We will in particular use the facts that for each cube $Q\in\mathbb{D}_k$, there is a center x_Q such that

$$E \cap B(x_O, C^{-1}r_k) \subset O \subset B(x_O, r_k), \tag{2.2}$$

and that the different cubes $Q \in \mathbb{D}_k$ are disjoint, that when $k \leq l$, $Q \in \mathbb{D}_k$, and $R \in \mathbb{D}_l$, then either $R \subset Q$ or else $R \cap Q = \emptyset$.

To get this, we merely assume that the cubes Q are Borel sets, but there is a "small boundary condition", that we shall not use in full before the last Carleson

estimates for the control on different distances, that implies in particular that

$$\mu(\overline{Q} \setminus Q) = 0 \text{ for } Q \in \mathbb{D}. \tag{2.3}$$

We shall often denote by k(Q) the generation of Q (i.e., the integer k such that $Q \in \mathbb{D}_k$), and set $l(Q) = r_{k(Q)} = 10^{-k(Q)}$. For any $Q \in \mathbb{D}(E)$, we let

$$\mathbb{D}(Q) = \mathbb{D}_Q = \{ Q' \in \mathbb{D}(E) : Q' \subseteq Q \}.$$

The corkscrew points for Ω are points $A_{x,r} \in \Omega$, associated to $x \in E$ and r > 0, such that (for some constant $\tau_0 > 0$)

$$\tau_0 r \le \text{dist}(A_{x,r}, E) \le |A_{x,r} - x| \le r.$$
 (2.5)

Corkscrew points exist for all x, r whenever E is any Ahlfors regular set of dimension d < n-1, and we can take τ_0 to depend only on n, d, and \mathcal{C}_0 from (1.3); see [12,

Lemma 11.46].

It will also be convenient to use corkscrew points associated to the dyadic decomposition of E, and for any $Q \in \mathbb{D}(E)$ we write $A_Q := A_{x_Q,C^{-1}l(Q)}$ where the constant C is from (2.2).

Since the set E satisfies (1.3), it enters the scope of the elliptic theory developed in [12]. Let us recall some of the main properties that will be needed.

Let $L = -\operatorname{div} \mathfrak{A} \nabla$ be a degenerate elliptic operator, in the sense that $\mathfrak{A}: \Omega \rightarrow$ $\mathbb{M}_n(\mathbb{R})$ satisfies

$$\operatorname{dist}(X,\Gamma)^{n-d-1}\mathfrak{A}(X)\xi \cdot \zeta \leq C_1|\xi|\,|\zeta| \quad \text{for } X \in \Omega \text{ and } \xi, \zeta \in \mathbb{R}^n, \tag{2.6}$$

$$\operatorname{dist}(X,\Gamma)^{n-d-1}\mathfrak{A}(X)\xi \cdot \xi \ge C_1^{-1}|\xi|^2 \text{ for } X \in \Omega \text{ and } \xi \in \mathbb{R}^n, \tag{2.7}$$

for some $C_1 \geq 1$. We say that u is a weak solution of Lu = 0, if $u \in W^{1,2}_{loc}(\Omega)$ and

$$\int_{\Omega} \mathfrak{A} \nabla u \cdot \nabla v = 0 \qquad \forall v \in C_0^{\infty}(\Omega). \tag{2.8}$$

Here, $W^{1,2}_{loc}(\Omega)$ is the set of functions $u\in L^2_{loc}(\Omega)$ whose derivative (in the sense of distribution on Ω) also lies in $L^2_{loc}(\Omega)$.

For each $X\in\Omega$, we can define a (unique) probability measure $\omega^X=\omega^X_{\Omega,L}$ on E, with the property that for any bounded measurable function f on E, the function u_f defined by

$$u_f(X) = \int_E f(y) \,\mathrm{d}\omega^X(y) \tag{2.9}$$

is a weak solution. This is only stated in [12] when $f \in C_0^0(E)$ is continuous and compactly supported in E (see Lemma 9.30 and (iii) of Lemma 9.23 there, and also (8.1) and (8.14) for the definitions) and when f is a characteristic function of Borel set (see Lemma 9.38 there); the general case would not be hard, but we do not need it anyway. It has been proved in [12] that ω is doubling on the Ahlfors regular set E, in the sense of Definition 2.20.

There is also a dense subclass on which we can say a little more. Denote by $\mathcal{M}(E)$ the set of measurable functions on E and then define the Sobolev space

$$H = \dot{H}^{1/2}(E) := \left\{ g \in \mathcal{M}(E) : \int_{E} \int_{E} \frac{|g(x) - g(y)|^{2}}{|x - y|^{d+1}} \, \mathrm{d}\mu(x) \, \mathrm{d}\mu(y) < \infty \right\}. \tag{2.10}$$

The class $H \cap C_0^0(E)$ is dense in $C_0^0(E)$ (see about 13 lines above (9.25) in [12] for the proof of density), and if $f \in H \cap C_0^0(E)$, the solution u_f defined by (2.9) lies in the Sobolev space $W^{1,2}(\Omega, \operatorname{dist}(X, E)^{d+1-n}dX)$, which means that

$$\int_{\Omega} |\nabla u_f(X)|^2 \operatorname{dist}(X, E)^{d+1-n} dX < +\infty, \tag{2.11}$$

and also

$$u_f$$
 has a continuous extension to \mathbb{R}^n , which coincides with f on E . (2.12)

See [12, (i) of Lemma 9.23], together with its proof eight lines above (9.25).

It should be stressed that since ω^X is a probability measure, u_f is a nondecreasing function of $f \geq 0$. This is of course a manifestation of the maximum principle.

Recall now the definition of the absolute continuity of the elliptic measure in Definition 1.5. Here, δ depends on τ_0 and ε as well possibly other parameters, and we shall refer to the latter as A_∞ constants of ω_L . Typically, those include ellipticity constants of L as well as some geometric characteristics of the set. We will try to be prudent below listing them carefully.

Let us temporarily narrow down to $\Omega_0 = \mathbb{R}^n \backslash \mathbb{R}^d$, where we shall write the generic point as X = (x, t), with $x \in \mathbb{R}^d$ and $t \in \mathbb{R}^{n-d}$. The following theorem is the starting point of our absolute continuity results.

We say that a matrix-valued (or scalar-valued) measurable function F on $\Omega_0 = \mathbb{R}^n \setminus \mathbb{R}^d$ satisfies the Carleson measure condition with constant C and write $F \in \mathit{CM}(C)$ or simply $F \in \mathit{CM}$ if there is a constant $C \geq 0$ such that for $X = (x,0) \in \mathbb{R}^d$ and R > 0,

$$\int_{\Omega_0 \cap B(X,R)} |F(y,t)|^2 \frac{\mathrm{d}y \mathrm{d}t}{|t|^{n-d}} \le CR^d. \tag{2.14}$$

Theorem 2.15. [13] Let A_0 be a degenerate elliptic matrix satisfying (2.6) and (2.7) in $\Omega_0 = \mathbb{R}^n \setminus \mathbb{R}^d$, and set then $L_0 = -\operatorname{div} A_0 \nabla$. Define the rescaled matrix \mathcal{A} by $A = |t|^{n-d-1}A_0$, so that now A satisfies the usual ellipticity bounds and $L_0 =$ $-\operatorname{div}|t|^{d+1-n}\mathcal{A}\nabla$, and assume that \mathcal{A} has the following block structure:

$$\mathcal{A}(X) = \begin{pmatrix} \mathcal{A}^1(X) & \mathcal{A}^2(X) \\ \mathcal{C}^3(X) & b(X)I_{n-d} + \mathcal{C}^4(X) \end{pmatrix}, \tag{2.16}$$

where $\mathcal{A}^1(X)$ is a matrix in $M_{d\times d}$, $\mathcal{A}^2(X)$ is a matrix in $M_{d\times (n-d)}$, b is a function on Ω_0 , I_{n-d} is the identity matrix in $M_{(n-d) imes(n-d)}$, and in addition we can find constants $C\geq 0$ and $\lambda \geq 1$ such that

$$|t|\nabla b\in CM(C), \tag{2.18}$$

$$\mathcal{C}^3, \, \mathcal{C}^4 \in \mathit{CM}(\mathcal{C}). \tag{2.19}$$

Then the harmonic measure $\omega^X_{\Omega_0,L_0}$ is A_∞ -absolutely continuous with respect to the Lebesgue measure on \mathbb{R}^d (with the Definition 1.5).

Definition 1.5 might seem confusing at first because traditionally the A_{∞} property of one weight with respect to another is formulated somewhat differently. However, when the weight is doubling, the A_{∞} -absolute continuity as stated in Definition 1.5 is equivalent to the traditional A_{∞} property (see, e.g., [7], Lemma 5, where it is proved for any two doubling measures). Let us list the main definitions and results to this effect, complemented by their dyadic counterparts, as they will be used throughout the paper for a variety of measures.

Definition 2.20. Let E be a d-dimensional Ahlfors regular set in \mathbb{R}^n (or more generally, any metric space). A nontrivial measure ω on E is doubling if for any $x \in E$, r > 0,

$$0 < \omega(B(x, 2r) \cap E) < C\omega(B(x, r) \cap E) < \infty, \tag{2.21}$$

with a uniform constant C.

When E possesses a dyadic structure, for example, when E is a d-dimensional Ahlfors regular set in \mathbb{R}^n and we chose a collection of pseudocubes $\mathbb{D}(E)$ as near (2.1), we say that ω is dyadically doubling on $Q_0 \subset \mathbb{D}(E)$ if for every $Q \in \mathbb{D}(Q_0)$ and every dyadic "child" of Q, Q', there exists a uniform constant C such that

$$0 < \omega(Q) < C\omega(Q') < \infty$$
.

In the particular case when ω is in fact a family $\{\omega^X\}$ of elliptic measures on E, we say that ω is doubling if for any surface ball $\Delta(x,r)=B(x,r)\cap E$, $x\in E$, r>0, the harmonic measure with a pole at $A_{x,r}$, $\omega^{A_{x,r}}$, is doubling on on $\Delta(x,r)$, and the constant C in the doubling property is independent of x,r. Similar definitions apply in the dyadic case, with the pole at A_Q . Equivalently, one could say that ω is doubling when (2.21) holds for ω^X as long as X is far enough from B(x,r) (for instance, $X\in \Omega\setminus B(x,4r)$), and similarly, in the definition of dyadically doubling for the family $\omega=\{\omega^X\}$, we would only ask for the doubling condition when X is far enough from Q.

In [12, Lemma 11.102], it is proved that for any d-dimensional Ahlfors regular set E in \mathbb{R}^n , d < n-1, the harmonic measure of any elliptic operator is doubling and, hence, dyadically doubling on E.

Next we say a little more about local versions of the A_∞ condition. For a single measure ω , we would use the following definition.

Definition 2.22. Let E be a d-dimensional Ahlfors regular set in \mathbb{R}^n and μ be an Ahlfors regular measure on E. Given any surface ball $\Delta(x,r)=B(x,r)\cap E$, $x\in E$, r>0, we say that a doubling measure ω on E is A_∞ -absolutely continuous with respect to μ on $\Delta(x,r)$ (denoted by $A^\infty(\Delta(x,r))$), if for every $\epsilon\in(0,1)$, there exists $\delta\in(0,1)$, such that for every surface ball $\Delta'=B'\cap E$, $B'\subseteq B(x,r)$ and every Borel set $F\subset\Delta'$

$$\frac{\omega(F)}{\omega(\Delta')} < \delta \Rightarrow \frac{\mu(F)}{\mu(\Delta')} < \epsilon. \tag{2.23}$$

Similarly, replacing surface balls by dyadic cubes, we say that a dyadically doubling measure ω is (dyadically) A_{∞} -absolutely continuous with respect to μ on $Q \in \mathbb{D}(E)$ (denoted by $A^{\infty}_{\mathbb{D}}(Q)$), if for every $\epsilon \in (0,1)$, there exists $\delta \in (0,1)$ such that for every $Q' \in \mathbb{D}(Q)$ and every Borel set $F \subset Q'$,

$$\frac{\omega(F)}{\omega(Q')} < \delta \Rightarrow \frac{\mu(F)}{\mu(Q')} < \epsilon. \tag{2.24}$$

As the reader can guess from Definition 1.5, in the particular case when $\omega = \{\omega^X\}$ is (a family of) harmonic measures on E, we say that ω is A_∞ -absolutely continuous with respect to if for any surface ball $\Delta(x,r) = B(x,r) \cap E$, $x \in E$, r > 0, the harmonic measure with a pole at $A_{x,r}$, $\omega^{A_{x,r}}$, is A_∞ -absolutely continuous with respect to μ on $\Delta(x,r)$, and the choice of δ depends on ϵ (and τ_0 in the definition of the corkscrew point as well as AR and doubling constants) but not on x,r. In fact, it would then be possible, using estimates on ω (that the reader may find in [12]), to deduce the same estimates for other poles $X \in \Omega \setminus B(x,4r)$. All these definitions are equivalent, in the sense that we get estimates for δ with different definitions that depend only on those with the initial definition, our bounds for E and L, and the various corkscrew constants. Similar definitions apply in the dyadic case, with a pole at A_Q .

The A_{∞} condition is known to imply a stronger form of absolute continuity, which we define now, starting with the case of a single measure.

Definition 2.25. Let E be a d-dimensional Ahlfors regular set in \mathbb{R}^n and μ be an Ahlfors regular measure on E, $\Omega = \mathbb{R}^n \setminus E$. Given any surface ball $\Delta(x,r) = B(x,r) \cap E$, $x \in E$, r > 0, we say that a Borel measure ω is strongly absolutely continuous in $\Delta(x,r)$, with respect to μ , if there are positive constants C and θ such that for every surface ball $\Delta' = B' \cap E$, $B' \subseteq B(x,r)$ and every Borel set $F \subset \Delta'$,

$$\omega(F) \le C \left(\frac{\mu(F)}{\mu(\Delta')}\right)^{\theta} \omega(\Delta').$$
 (2.26)

Similarly, replacing surface balls by dyadic cubes, we say that a dyadically doubling measure ω is strongly dyadically absolutely continuous in Ω , with respect to μ , if there are positive constants C and θ such that for every $\Omega' \in \mathbb{D}(\Omega)$ and every Borel set $F \subset \Omega'$,

$$\omega(F) \le C \left(\frac{\mu(F)}{\mu(Q')}\right)^{\theta} \omega(Q').$$
 (2.27)

Much as above, in the particular case when $\omega=\{\omega^X\}$ is in fact a family of harmonic measures on E, we say that ω is strongly absolutely continuous with respect to μ if for any surface ball $\Delta(x,r)=B(x,r)\cap E$, $x\in E$, r>0, the harmonic measure with a pole at $A_{x,r}$, $\omega^{A_{x,r}}$, is strongly absolutely continuous with respect to μ , and the constants C, θ depend on τ_0 in the definition of the corkscrew point as well as AR and doubling constants but not on x, r. Similar definitions apply in the dyadic case, with the pole at A_O .

Remark 2.28. It was proved in [7, Lemma 5] that for any two doubling measures μ and ω , if ω is A_{∞} -absolutely continuous with respect to μ , then ω is also strongly absolutely continuous with respect to μ , and also μ is also strongly absolutely continuous with respect to ω . Also see [24] or [19].

The dyadic (and local) analogues of these facts were established, for example, in [20, Appendix B, Remark 2.10]. That is, under the definitions above, a dyadically doubling measure ω is strongly dyadically absolutely continuous on $Q \in \mathbb{D}(E)$ with respect to μ if and only if it is dyadically A_{∞} absolutely continuous with respect to μ . In fact, both are equivalent to an (apparently) weaker statement that there exist $0 < \epsilon, \delta < 1$ such that (2.23) (respectively, (2.24)) hold—the latter property is referred to as comparability for doubling measures. Moreover, A_{∞} and its local, dyadic, and strong versions are equivalence relationships, in the sense that for instance, if ω is strongly absolutely continuous with respect to ω with some constants C > 0, $\theta > 0$, then ω is strongly absolutely continuous with respect to ω with some other constants ω 0, ω 1, lemma 5] for the standard case and [20, Lemma B.7] for the dyadic one.

3 Preliminary Geometric Considerations

In Sections 3–9, we define a correct change of variables, adapted to a stopping time region associated to a uniformly rectifiable set of integer dimension d in \mathbb{R}^n . To be more precise, for any stopping time region subject to some flatness and regularity constraints we construct a Reifenberg flat set Σ , which coincides with our initial set E in the "base" of the sawtooth and which has a nice parametrization, in fact coming from a nice change of variables transforming $\mathbb{R}^n \setminus \Sigma$ into $\mathbb{R}^n \setminus \mathbb{R}^d$.

The change of variables will be inspired by that in [15], but unfortunately we need an array of properties, which was not explicitly targeted in [15]. Indeed, we need to use it similarly to the change of variables of [13], to ensure the absolute continuity of a certain elliptic measure on the underlying set. In both cases, the philosophy is to respect the orthogonal direction to the tangent plane to the boundary set. However, the

details are quite different and we will have to devote a considerable effort to the proof that (a slightly modified) construction from [15] satisfies the desired properties. We try to take notations that are fairly close to those of [15], which we shall cite abundantly. To start, let us describe a stopping time region.

We are given an Ahlfors regular set E of dimension d in \mathbb{R}^n . In our end-game applications, E will be uniformly rectifiable, but we do not need to assume this for the moment. The definition of the stopping time regions will take care of the regularity needed for the 1st few chapters.

In this section, we are given a stopping time region Θ , with some definite constraints on how it is built, and associate to it a few geometric objects. There will be a specific way to construct Θ from its top cube \mathcal{Q}_0 , but let us keep some latitude, without making our life too complicated. So we start from a cube \mathcal{Q}_0 , and without loss of generality we assume that

$$Q_0 \in \mathbb{D}_0. \tag{3.1}$$

Then Θ will be a subset of $\mathbb{D}(Q_0)$, the set of subcubes of Q_0 . For $Q \in \Theta$ and $0 \le k \le k(Q)$, denote by $R_k(Q)$ the cube of \mathbb{D}_k that contains Q; thus, $R_k(Q)$ is an ancestor of Q and $R_k(Q) \subseteq Q_0$. We demand that $Q_0 \in \Theta$ (otherwise, there in no construction to be done) and that Q is hereditary, which means that

$$R_k(Q) \in \Theta \text{ for } Q \in \Theta \text{ and } 0 \le k \le k(Q)$$
 (3.2)

(i.e., if $Q \in \Theta$, then all its ancestors between Q and Q_0 lie in Θ).

For the remaining properties of Θ , we need to choose a large constant $M \geq 1$, a very small constant $\varepsilon_1 > 0$, and another constant $\delta_1 > 0$, in practice much larger than ε_1 . Apparently, our construction will not put any constraint on δ_1 , except for the fact that some constants will become very large when δ_1 is large. We will take M quite large, depending on other geometric constants of the construction, and then ε_1 will need to be small enough, depending on n, d, the constant C_0 in (1.3), and M. This includes a dependence on our choice of $\mathbb D$ through the constant in (2.2), but we can choose $\mathbb D$ once and for all, with a constant in (2.2) that depends only on n, d, and C_0 .

It will simplify our definition if we assume that for each $Q \in \Theta$, a d-plane P(Q) has been chosen, with the following properties. First of all, P(Q) is quite close to E near Q. That is, if we define a normalized Hausdorff distance between sets $d_{x,r}(F,G)$ by

$$d_{x,r}(F,G) = r^{-1} \sup_{y \in F \cap B(x,r)} \operatorname{dist}(y,G) + r^{-1} \sup_{y \in G \cap B(x,r)} \operatorname{dist}(y,F), \tag{3.3}$$

then we require that

$$d_{x_{Q},Ml(Q)}(E,P(Q)) \le \varepsilon_{1} \text{ for } Q \in \Theta,$$
 (3.4)

where $l(Q) = 10^{-k(Q)}$ is the official sidelength of Q and the center x_Q is as in (2.2). We also measure the average distance from points of E near Q to P(Q) and encode them into numbers $\beta(Q)$ such that

$$\int_{E \cap B(x_Q, Ml(Q))} \operatorname{dist}(y, P(Q)) \, d\mu(y) \le l(Q)^{d+1} \beta(Q), \tag{3.5}$$

where μ is the measure on E that we started with (but its precise choice does not matter here). These numbers are close to the β -numbers of Jones associated to E and computed with L^1 -norms, but we reserve the right to make $\beta(Q)$ larger than the actual number $\beta_1(x_Q, Ml(Q))$ and choose the P(Q) differently. Then we define a Jones function J on Θ by setting

$$J(Q) = \sum_{0 \le k \le k(Q)} \widetilde{\beta}(R_k(Q))^2, \tag{3.6}$$

where as before $R_k(Q)$ is the ancestor of Q, which is of generation k, and unfortunately we need need to replace $\beta(Q)$ with a slightly larger, more regular, function of Q, namely

$$\widetilde{\beta}(R) = \sup \{ \beta(S); S \in \Theta(k(R)) \text{ and } \operatorname{dist}(R, S) \le Ml(R) \},$$
 (3.7)

where

$$\Theta(k) = \{ Q \in \Theta; l(Q) = r_k \}. \tag{3.8}$$

Notice that we may count the same set R twice in (3.6), if successive ancestors of Q happen to be given by the same subset of E. This is all right and probably even more reasonable. Notice also that replacing $\beta(R)$ with $\widetilde{\beta}(R)$ will not cost us much in practice; we will just need to control E (and possibly μ) on an even larger ball. Finally, observe that $J(Q) \geq J(R)$ when $Q \subset R \subset Q_0$ and $k(Q) \geq k(R) \geq 0$. We demand that

$$J(Q) \le \delta_1 \text{ for } Q \in \Theta.$$
 (3.9)

This completes the list of conditions that we put on Θ . We do not need to say yet how we produce Θ , but the algorithm that will be used later is as follows. For each cube

Q, we shall define a quantity $\alpha(Q)$, for instance using the α -numbers coming from [31] and choose a plane P(Q) that is nearly optimal in the definition of $\alpha(Q)$. These numbers will be introduced in Section 7; for the moment, we do not need to know what they are.

Then we will start from the top cube Q_0 and decide to remove a cube $Q \in \mathbb{D}(Q_0)$, as well as all its descendants, as soon as $\alpha(Q) > \varepsilon_0$ or

$$J_{\alpha}(Q) := \sum_{0 < k < k(Q)} \alpha (R_k(Q))^2 \ge \delta_0.$$

It will turn out that the numbers $\alpha(Q)$ control the properties (3.4) and (3.9), in the sense that if ε_0 is chosen small enough, then (3.4) follows from the fact that $\alpha(Q) < \varepsilon_0$, and similarly (3.9) follows from the fact that $J_{\alpha}(Q) \leq \delta_0$.

Remark 3.10. There are constraints on M and ε_1 . The 1st ones will come soon, to verify the CCBP properties at the beginning of the next section, and then there will be other ones in the last section. Since we want to keep some freedom in the choices, we announce now that all we need, up to Section 8, is to take M large enough, and then ε_1 small enough, depending on M, δ_1 , and the other parameters.

We can let M depend on δ_1 (in fact, we claim below that we could even let δ_1 be a large number).

The relation between δ_1 and ε_1 is more delicate, and we announce it in advance so that we cannot be suspected of cheating. Both constants will be small in our argument, and correspond to stopping time conditions. The basic reason for stopping in our geometric construction of a parameterization is when the set starts being flat enough, and ε_1 corresponds to the minimal amount of flatness that we demand. We will choose ε_1 last, possibly depending on the other parameters. Now we also want to control the bilipschitz constants for our approximations, and we use the Jones function to do this. The role of δ_1 is to control the Jones function, and then the bilipschitz constants for our mappings. In a sense, ε_1 acts like the L^∞ norm of some quantity (the β -numbers) that needs to stay small, and δ_1 like the L^∞ norm of some integral, or sum, of some related (but different) quantity (the α -numbers).

We promise that we will not let ε_1 depend on δ_1 because this would contradict the spirit of stopping times, but we will nonetheless do an offense to that spirit because in some argument, and for the sake of laziness, we will use δ_1 to control some quantity that should be in fact be controlled by ε_1 in a cleaner (but longer) argument. Because of this, we will require δ_1 to be small, but a real purist would allow it to be large too, and this would create a more interesting parameterization when we only stop when this

is really needed. Formally speaking, we could also take δ_1 much smaller than ε_1 , with the effect of stopping because of δ_1 all the time and never because of ε_1 ; this would be allowed by our argument, but it would be a bad and confusing practice.

There is a 2nd issue with δ_1 , which is that allowing δ_1 to be small (as we will do to simplify the proof) should have an advantage, which is that our bilipschitz mappings are actually bilipschitz with constants that are as close to 1 as we want. We claim that this is true, but it is less easy to use because the estimates in [15] that prove this are rather well hidden, so we decided that we shall not use this extra information (other than saying that we have a uniform bound on the bilipschitz constants) and merely add remarks along the proof that explain how we could get and deal with this additional information.

4 The Approximating Surface Σ

We shall now describe the main lines of the construction of [15], where one starts from a stopping time region Θ like the one above and constructs an associated Reifenberg flat set Σ , parameterized by a mapping $f: \Sigma_0 = P_0 = \mathbb{R}^d \to \Sigma$, and even a global change of variable $g: \mathbb{R}^n \to \mathbb{R}^n$ (with $g_{|\Sigma_0} = f$).

For the construction to work, one needs to find what is called a coherent collection of balls and planes (in short, a CCBP), which will be our 1st task here. This will involve choosing some collections of d-planes, and let us first see what we have.

Recall that for each $Q \in \Theta$, we are given a d-plane P(Q) that satisfies (3.4)–(3.9). In particular, (3.4) says that $d_{x_Q,Ml(Q)}(E,P(Q)) \leq \varepsilon_1$. This means that

$$\operatorname{dist}(y, P(Q)) \le \varepsilon_1 Ml(Q) \text{ for } y \in E \cap B(x_Q, Ml(Q)), \tag{4.1}$$

(and in particular P(Q) passes within $2\varepsilon_1 Ml(Q)$ of x_Q), but also

$$\operatorname{dist}(y,E) \leq \varepsilon_1 Ml(Q) \ \text{ for } y \in P(Q) \cap B(x_Q,Ml(Q)). \tag{4.2}$$

We do this also for Q_0 (which we have assumed to lie in Θ), and call $P_0 = P(Q_0)$ the plane that we get. We shall even assume, without loss of generality, that

$$P_0 = \mathbb{R}^d \text{ and } x_{Q_0} = 0$$
 (4.3)

In [15], which we shall often refer to as "there", a CCBP starts with the choice of families $\{B_{i,k}\}$, $j \in J_k$ of balls, where $k \geq 0$ still denotes a generation. In fact

 $B_{i,k} = B(x_{i,k}, r_k)$, where $r_k = 10^{-k}$ as above, so we just need to choose the centers $\{x_{i,k}\}$, $j \in J_k$. Recall the definition of $\Theta(k)$ in (3.8), let

$$E(k) = \left\{ x \in E; \text{ dist}(x, Q) \le \frac{Mr_k}{10} \text{ for some } Q \in \Theta(k) \right\}, \tag{4.4}$$

and finally pick a maximal family $\{x_{j,k}\}$, $j \in J_k$, of points of E(k) that lie at distances at least r_k from each other. This defines our family of balls. We need to check a coherence condition, (2.3) in [15], that demands that for $k \ge 1$, each $x_{i,k}$ lies in $B(x_{i,k-1}, 2r_{k-1})$ for some $i \in J_{k-1}$. This comes from the heredity condition for Θ : since $x_{i,k} \in E(k)$, we know that $\operatorname{dist}(x_{j,k},Q) \leq \frac{Mr_k}{10}$ for some $Q \in \Theta(k)$; the parent Q' of Q lies in $\Theta(k-1)$, and since $dist(x_{j,k}, Q') \leq dist(x_{j,k}, Q) \leq \frac{Mr_k}{10}, x_{j,k} \in E(k-1)$ and we can find a point $x_{i,k-1}, i \in J_{k-1}$, that lies within r_{k-1} of $x_{i,k}$.

We should also choose a nice surface Σ_0 with which we start the construction; here we simply take $\Sigma_0 = P_0 = P(Q_0)$, and the properties (2.4)–(2.7) required in [15] are easily satisfied; in particular (2.7), there follows from (4.1) if ε_1 is chosen small enough, depending on ε there.

Finally, we need to associate a d-plane $P_{i,k}$ to each ball $B_{i,k}$, and this is easy to do: for each $j \in J_k$ we choose $Q_{j,k} \in \Theta(k)$ such that dist $(x_{j,k},Q_{j,k}) \leq \frac{Mr_k}{10}$, and then we set $P_{j,k} = P(Q_{j,k})$. Notice that when k = 0, we have many points $x_{j,0}$ (because E(0) is rather large), but all of them are associated to P_0 .

There is an unfortunate little catch here because it is also required in [15] that $P_{j,k}$ goes through $x_{j,k}$, but we really like $P(Q_{j,k})$ here, in fact more than the precise location of $x_{j,k}$. So we modify the construction a little bit. We start with a maximal collection of points $\widetilde{x}_{i,k} \in E(k)$, at mutual distances at least $\frac{11r_k}{10}$, define the $Q_{i,k}$ and $P_{i,k}$ as above, and then use (4.1) (with ε_1 small enough) to find $x_{i,k} \in P(Q_{i,k}) \cap B(\widetilde{x}_{i,k}, \frac{r_k}{100})$, and use these in the definition of $B_{j,k}$. This does not perturb our proof of (2.3) there, we lose the fact that $x_{j,k} \in E$, which looked nicer, but this is not needed to apply Theorems 2.4 and 2.5 there. Starting from (13.3) in [15], another trick is explained, which allows us to replace $\widetilde{x}_{j,k}$ with another point $x_{j,k} \in E$ that lies so close to $P_{j,k} = P(Q(j,k))$ that we could translate $P_{j,k}$ slightly and keep (3.5) with almost the same constant, but we don't need to do this.

We need to check that the $P_{i,k}$ satisfy compatibility conditions (namely, (2.7)–(2.10) there). We start with (2.8), which demands that for $k \geq 0$ and all $i,j \in J_k$ such that $|x_{i,k} - x_{j,k}| \leq 100r_k$, $P_{j,k}$ and $P_{i,k}$ are so close that

$$d_{x_{j,k},100r_k}(P_{i,k},P_{j,k}) \le \varepsilon, \tag{4.5}$$

for some $\varepsilon > 0$ that needs to be small enough for the construction of [15] to work. We choose ε_1 small enough, depending on ε and our constant M, and then this follows from our definitions, and in particular (4.1) and (4.2); the verification is fairly simple, and is essentially done in [15], below Lemma 12.2 on page 66, so we skip it.

In our case, (2.9) there is just a special case of (2.8) because $\Sigma_0=P_0$, and (2.10) demands that for $k\geq 0$, $i\in J_k$, and $j\in J_{k+1}$ such that $|x_{i,k}-x_{j,k+1}|\leq 2r_k$,

$$d_{X_{i,k},20r_k}(P_{i,k},P_{i,k+1}) \le \varepsilon. \tag{4.6}$$

The verification is almost the same as for (4.5), and we also refer to the argument in [15], below Lemma 12.2.

At this stage, we are able to apply Theorem 2.4 in [15], which provides us with a $C\varepsilon$ -Reifenberg flat set Σ and biHölder mappings $f:P_0\to \Sigma$ and $g:\mathbb{R}^n\to\mathbb{R}^n$, with some good properties.

Theorem 4.7 (Theorem 2.4 from [15]). Let $(\Sigma_0, \{B_{j,k}\}, \{P_{j,k}\})$ be a CCBP as above and assume that ε is small enough depending on n and d. Then there is a bijection $g: \mathbb{R}^n \to \mathbb{R}^n$ with the following properties;

$$g(z)=z$$
 when $\mathrm{dist}\,(z,\Sigma_0)\geq 2,$ $g(z)-z\leq Carepsilon$ for $z\in\mathbb{R}^n,$ $rac{1}{4}\,|z'-z|^{1+Carepsilon}\leq |g(z)-g(z')|\leq 3\,|z'-z|^{1-Carepsilon}$

for $z,z'\in\mathbb{R}^n$ such that $|z-z'|\leq 1$, and $\Sigma=g(\Sigma_0)$ is a $C\varepsilon$ -Reifenberg flat set that contains the accumulation set defined as the collection of all $x\in\mathbb{R}^n$, which can be written as $x=\lim_{m\to\infty}x_{j(m),k(m)}$ with $k(m)\in\mathbb{N}$ such that $\lim_{m\to\infty}k(m)=\infty$ and $j(m)\in J_{k(m)}$ for $m\geq 0$. The constant C depends on n and d only.

However, we are interested in more precise properties of g (such as the fact that it is bilipschitz), and we will also need some information that comes from the construction, because in [15] no special attention was given to the specific form of the Jacobian matrix of g, which we need to study for our application to degenerate elliptic operators. We start with the bilipschitz part.

Lemma 4.8. If ε_1 is small enough, the mapping $g: \mathbb{R}^n \to \mathbb{R}^n$ is bilipschitz, with a constant that depends only on δ_1 , n, d, and the different choices above (that depend on M_0 , for instance).

This will follow from Theorem 2.5 there and our additional constraint (3.9), once we decipher some additional definitions. But before we do this, let us check that whenever $Q \in \Theta(k)$ and $R \in \Theta(k) \cup \Theta(k-1)$ are such that $\operatorname{dist}(Q,R) \leq \frac{Ml(Q)}{2}$, then

$$d_{x_0,Ml(Q)}(P(Q),P(R)) \le C\beta(Q) + C\beta(R), \tag{4.9}$$

where C depends on M, C_0 , n, and d, but this will not matter.

Let us rapidly prove (4.9). The argument is similar to what was done in [16], below (13.25). We intend to use the fact that both P(Q) and P(R) are very close to E in a common region to compare their positions. First choose an orthonormal basis e_1, \ldots, e_d of the vector d-plane parallel to P(R), and consider the points $\xi_0=x_R$ and, for $1\leq i\leq d$, $\xi_i = x_R + r_k e_i$. Notice that $B(x_R, 2r_k)$ lies well inside $B(x_R, Ml(R))$, so by (4.2) we can find points $x_i \in E$, $0 \le i \le d$, such that $|x_i - \xi_i| \le \varepsilon_1 M l(R) \le 10^{-2} r_k$. Then we use (3.5), the Ahlfors regularity of μ , and Chebyshev's inequality to find that for more than half of the points $z \in E \cap B(x_i, 10^{-2}r_k)$, $\operatorname{dist}(z, P(R)) \leq Cl(R)\beta(R)$. But also, $B(x_R, 2r_k)$ lies well inside $B(x_Q, Ml(R))$, so we can also apply (3.5) to P(Q), and find that for a majority of points $z \in E \cap B(x_i, 10^{-2}r_k)$, dist $(z, P(Q)) \leq Cl(Q)\beta(Q)$. For each i, we select a point y_i with both properties, and this gives $z_i \in P(R) \cap B(\xi_i, 10^{-1}r_k)$ and $w_i \in P(R) \cap B(\xi_i, 10^{-1})$ such that $|z_i - w_i| \leq Cr_k(\beta(Q) + \beta(R))$. At this point, we have sufficiently many points of contact between P(Q) and P(R) to control their relative positions and prove (4.13); see also Lemma 12.7 there.

Now return to the lemma and Theorem 2.5 there. Define the numbers $\varepsilon_k''(y)$, $k \geq 1$ and $y \in \mathbb{R}^n$, by

$$\begin{split} \varepsilon_k''(y) &= \sup \left\{ d_{x_{i,l},100r_l}(P_{j,k},P_{i,l}) \, ; \, j \in J_k, \, l \in \{k-1,k\}, \\ & i \in J_l, \, \text{ and } y \in 11B_{j,k} \cap 12B_{i,l} \right\} \end{split} \tag{4.10}$$

when $y \in V_k^{11} = \bigcup_{j \in J_k} B(x_{j,k}, 11r_k)$, and simply by $\varepsilon_k''(y) = 0$ when $y \notin V_k^{11}$. This is the same definition as in (2.17) and (2.18) there, and then Theorem 2.5 there says that g is bilipschitz as soon as there is a constant $M_3 \geq 0$ such that

$$\sum_{k>0} \varepsilon_k''(g(z))^2 \le M_3 \text{ for all } z \in P_0.$$
 (4.11)

Thus, in order to deduce the lemma from that result, we will just need to show that the numbers $\beta(Q)$ of (3.5) control the $\varepsilon_k''(y)$, $y \in V_k^{11}$.

So let $z \in P_0$ be given, set y = g(z), and let $k \ge 1$ be such that $y \in V_k^{11}$ (we don't care about the other k, since $\varepsilon_k''(y) = 0$). This last means that $y \in B(x_{j_0,k},11r_k)$ for some $j_0 \in J_k$, but this will not really matter.

Next let j, l, and i be as in (4.10), and follow the definitions: we picked a cube $Q=Q_{j,k}\in\Theta(k)$ such that $\mathrm{dist}\,(x_{j,k},Q)\leq\frac{Mr_k}{10}$, and then we set $P_{j,k}=P(Q)$, and similarly we chose $R=Q_{i,l}\in\Theta(l)$ such that $\mathrm{dist}\,(x_{i,l},R)\leq\frac{Mr_l}{10}$ and then set $P_{i,l}=P(R)$. We record for later the fact that

$$\operatorname{dist}(y, Q) \leq \frac{Mr_k}{5} \text{ and } \operatorname{dist}(y, R) \leq \frac{Mr_k}{5}.$$
 (4.12)

Obviously, dist $(Q, R) \leq \frac{Ml(Q)}{2}$, so (4.9) says that

$$d_{x_{i,l},100\eta}(P(Q_{j,k}),P(Q_{i,l})) = d_{x_{i,l},100\eta}(P(Q),P(R)) \leq C(\beta(Q)+\beta(P)). \tag{4.13}$$

For each scale $k \geq 0$, denote by $\mathcal{Q}(y,k)$ the collection of cubes $Q \in \Theta(k)$ such that $\operatorname{dist}(y,Q) \leq \frac{Mr_k}{5}$. Obviously,

$$\sum_{k\geq 0} \varepsilon_k''(g(z))^2 \leq C \sum_{k\geq 0} \sum_{Q\in \mathcal{Q}(y,k)} \beta(Q)^2 \tag{4.14}$$

by (4.12) and (4.13), and we shall use (3.9) to control the right-hand side. If the Jones function J were only using the $\beta(Q)$, this may seem complicated; here we can proceed as follow. Let k_0 be such that $\mathcal{Q}(y,k_0)$ is not empty, and select $Q\in\mathcal{Q}(y,k_0)$; then for $0\leq k\leq k_0$, denote by Q_k the ancestor of Q that lies in \mathbb{D}_k ; observe that $Q_k\in\Theta(k)$ by heredity, and $Q_k\in\mathcal{Q}(y,k)$ because $\mathrm{dist}(y,Q_k)\leq\mathrm{dist}(y,Q)\leq\frac{Mr_k}{5}$. Now all the other cubes S of $\mathcal{Q}(y,k)$ lie at distance less than $Mr_k=Ml(Q_k)$ from Q_k , so $\beta(S)\leq\widetilde{\beta}(Q_k)$ by (3.7). Thus,

$$\sum_{0 \le k \le k_0} \sum_{Q \in \mathcal{Q}(y,k)} \beta(Q)^2 \le C \sum_{0 \le k \le k_0} \widetilde{\beta}(Q_k)^2 \le CJ(Q) \le C\delta_1$$
(4.15)

because each $\mathcal{Q}(y,k)$ has at most C elements, and by (3.6) and (3.9). Since this is true for every k_0 (with the same constant), we get (4.11) and, as promised, Lemma 4.8 follows from Theorem 2.5 there.

Remark 4.16. For this lemma, we do not need δ_1 to be small, but the 1st author claims that taking δ_1 small would allow us to get a bound for the bilipschitz constant for g which is as close to 1 as we want. This would be reassuring, but apparently the authors

of [15] were too busy controlling the large constants to make a clear remark, anywhere in that paper, to the effect that small bounds for J yield small bilipschitz bounds for q. We will manage not to use this remark in this paper, so as not to make the reader feel too bad, but will add some comments to this effect for the case when they would be badly needed in the future.

Lemma 4.8 will be quite useful to help us control other terms; for instance, we will not need to worry about supremum norms for the derivatives of our mappings. But we will need more information, typically on the structure of Df and Dg, so let us step back and recall the construction of f and auxiliary functions f_k and then we will pass to the construction of g in Section 6.

In [15, Section 3], one constructs a partition of unity for each generation $k \geq 0$, composed of functions $\theta_{i,k}$, $j \in J_k$, supported in $10B_{i,k}$ plus a function ψ_k supported away from $V_k^8 = \bigcup_{j \in J_k} 8B_{j,k}$. Thus,

$$\psi_k + \sum_{j \in J_k} \theta_{j,k} = 1 \tag{4.17}$$

as in (3.13) there, and

$$\sum_{i \in J_k} \theta_{j,k} = 1 \text{ on } V_k^8 = \bigcup_{j \in J_k} 8B_{j,k}. \tag{4.18}$$

In addition, $|\nabla^m \theta_{j,k}| \leq C_m r_k^{-m}$, as expected (see (3.15) there).

Then we can define the mapping f on $\Sigma_0 = P_0 = \mathbb{R}^d$, as the limit of functions f_k defined by induction by

$$f_0(y) = y \text{ and } f_{k+1} = \sigma_k \circ f_k, \tag{4.19}$$

(as in (4.1) there), where σ_k is a map that tries to move points in the direction of E (or rather, the local $P_{i,k}$), and is defined by

$$\sigma_k(y) = y + \sum_{j \in J_k} \theta_{j,k}(y) \left[\pi_{j,k}(y) - y \right] = \psi_k(y) y + \sum_{j \in J_k} \theta_{j,k}(y) \, \pi_{j,k}(y) \tag{4.20}$$

(as in (4.2) there), where $\pi_{j,k}$ denotes the orthogonal projection from \mathbb{R}^n onto $P_{j,k}$ and the equality comes from (4.17). It turns out that the f_k converge quite fast to a limit mapping f, which is our parameterization of the nice Reifenberg-flat surface $\Sigma = f(\Sigma_0)$. We remind the reader that g will ultimately be defined so that g=f on Σ_0 (see (10.13) in [15] and Section 6) but the construction in [15] starts with the f_k and f.

Some observations will be useful concerning the local regularity of the intermediate surfaces

$$\Sigma_k = f_k(\Sigma_0),\tag{4.21}$$

and the way each one maps to the next one. Proposition 5.1 in [15] gives a good local description of Σ_k in terms of Lipschitz graphs, which we can summarize as follows. For each $j \in J_k$, there is a $C\varepsilon$ -Lipschitz function $A_{j,k}: P_{j,k} \to P_{j,k}^\perp$, with $|A_{j,k}(x_{j,k})| \leq C\varepsilon r_k$, such that inside $49B_{j,k}$, Σ_k coincides with the graph $\Gamma_{j,k}$ of $A_{j,k}$ over $P_{j,k}$. The same proposition also says that A is of class C^2 , but does not record estimates on this, and this is a part that we will need to complement.

We shall not use Proposition 5.1 there directly so much, but it is important in the description of trajectories that follows, and contains the estimate (5.11) there, which says that

$$|\sigma_k(y) - y| \le C\varepsilon r_k \text{ for } k \ge 0 \text{ and } y \in \Sigma_k,$$
 (4.22)

which, after using (4.19) repeatedly and summing a geometric series, yields

$$|f(x) - f_k(x)| \le C\varepsilon r_k \text{ for } x \in \Sigma_0 \text{ and } k \ge 0.$$
 (4.23)

For the description of trajectories that follows, we continue to use the notation

$$V_k^A = \bigcup_{j \in J_k} B(x_{j,k}, Ar_k) = \bigcup_{j \in J_k} AB_{j,k}, \tag{4.24}$$

when A is an integer. When $y \in \Sigma_k \cap V_k^8$ (we call this the active region), then $\psi_k(y) = 0$, and the formula (4.20) becomes the simpler

$$\sigma_k(y) = \sum_{j \in J_k} \theta_{j,k}(y) \,\pi_{j,k}(y),\tag{4.25}$$

where we know that in addition

$$\sum_{j \in J_k} \theta_{j,k}(y) = 1. \tag{4.26}$$

When on the opposite $y \in \mathbb{R}^n \setminus V_k^{10}$ (we call this the dead region), things are simple too, because all the $\theta_{i,k}(y)$ vanish, hence $\psi_k(y)=1$, and (4.20) says that

$$\sigma_k(y) = y \text{ for } y \in \mathbb{R}^n \setminus V_k^{10}.$$
 (4.27)

Things are a little more unpleasant in $V_k^{10} \setminus V_k^8$, but fortunately the next lemma says that this never happens more than once along a given trajectory, and this will leave a reasonably small trace in our Carleson measure estimates. We call $V_k^{10} \setminus V_k^8$ the dying region.

Lemma 4.28. Let $x \in \Sigma_0$ be given, and denote by $y_k = f_k(x) \in \Sigma_k$ its successive images.

If
$$y_k \in \mathbb{R}^n \setminus V_k^{10}$$
 for some $k \ge 0$, then $y_l = y_k \in \mathbb{R}^n \setminus V_l^{10}$ for $l \ge k$; (4.29)

If
$$y_k \in V_k^{10}$$
 for some $k \ge 1$, then $y_l \in V_l^4$ for $0 \le l \le k - 1$. (4.30)

This is Lemma 6.1 in [16]. Notice that if $y_k \in V_k^{10} \setminus V_k^8$, (4.30) says that the previous images were in the active region, and also (applying it to y_{k+1}) that $y_{k+1} \in \Sigma_{k+1} \setminus V_{k+1}^{10}$ lies in the dead region, as well as all its successors (by (4.29)).

We need some estimates on σ_k and its derivative that were not necessarily recorded there. We claim that

$$|f_{k+1}(x)-f_k(x)|\leq C\varepsilon_k''(f(x))\,r_k \text{ for } x\in \Sigma_0 \text{ such that } f_k(x)\in V_k^8. \tag{4.31}$$

Set $y = f_k(x) \in V_k^8$, and choose $j \in J(k)$ such that $|y - x_{j,k}| \leq 8r_k$. Then (7.9) there says that

$$|\sigma_k(y) - \pi_{j,k}(y)| \le C\varepsilon_k(y)r_k,\tag{4.32}$$

where $\pi_{j,k}$ denotes the orthogonal projection onto $P_{j,k}$ and the function ε_k is defined in (7.8) there (we shall return to this soon). Thus,

$$|f_{k+1}(x) - f_k(x)| = |\sigma_k(y) - y| \le \operatorname{dist}(y, P_{j,k}) + C\varepsilon_k(y)r_k, \tag{4.33}$$

and we now evaluate that distance. When k=0, $y=f_0(x)=x\in P_0$, we actually took $P_{j,k}=P_0$, and the distance is 0. Otherwise, set $y'=f_{k-1}(x)$, observe that $y'\in V_{k-1}^4$ by Lemma 4.28, and choose $i \in J(k-1)$ such that $|y'-x_{i,k-1}| \le 4r_{k-1}$. This time (7.9) there says that

$$|\sigma_{k-1}(y') - \pi_{i,k-1}(y')| \le C\varepsilon_{k-1}(y')r_{k-1},$$
 (4.34)

where $\pi_{i,k-1}$ denotes the orthogonal projection onto $P_{i,k-1}$. Since $y=\sigma_{k-1}(y')$, we get that

dist
$$(y, P_{i,k-1}) \le C\varepsilon_{k-1}(y')r_{k-1}$$
. (4.35)

Recall from (4.23) that $|f(x)-y|\leq C\varepsilon r_k$, and similarly $|f(x)-y'|\leq 10C\varepsilon r_k$. Notice then that $f(x)\in 11B_{j,k}\cap 12B_{i,k-1}$, so the definition (4.10) says that $P_{j,k}$ and $P_{i,k-1}$ are $100r_{k-1}\varepsilon_k''(f(x))$ -close to each other in $B(x_{i,k-1},100r_{k-1})$. In particular, (4.35) implies that

$$\operatorname{dist}(y, P_{j,k}) \leq C\varepsilon_{k-1}(y')r_k + C\varepsilon_k''(f(x))r_k. \tag{4.36}$$

Now we compare the definition (7.7) there of $\varepsilon_k(y)$ with (4.10) and find out that $\varepsilon_k(y) \leq C\varepsilon_k''(f(x))$ because if $y \in 10B_{i,k} \cap 10B_{j,k}$ for some $i,j \in J(k)$, then $f(x) \in 11B_{i,k} \cap 11B_{j,k}$. Similarly, $\varepsilon_{k-1}(y') \leq C\varepsilon_k''(f(x))$, with the only small difference that since this time we are comparing two planes of generation k-1, we need to go through our chosen plane $P_{j,k}$ of generation k. Now our claim (4.31) follows from (4.33) and (4.36).

We also need estimates on the derivatives of f_k , and of course we first differentiate σ_k . We start in the active region (the open set V_k^8), where we can use the simpler formulas (4.25) and (4.26), and hence

$$D\sigma_{k}(y) = \sum_{j \in J_{k}} \theta_{j,k}(y) D\pi_{j,k} + \sum_{j \in J_{k}} D\theta_{j,k}(y) \pi_{j,k}(y), \tag{4.37}$$

where the differential $D\pi_{j,k}$ of $\pi_{j,k}$ is the vector projection (which does not depend on y), which we try not to mix with the affine projection $\pi_{j,k}$. In this sort of situation, we like to pull out a specific index $j(y)=j_k(y)$ such that $\theta_{j(y),k}(y)\neq 0$, and use the fact that $\sum D\theta_{j,k}(y)=0$ by (4.26) to write that

$$D\sigma_{k}(y) = \sum_{j \in J_{k}} \theta_{j,k}(y) D\pi_{j,k} + \sum_{j \in J_{k}} D\theta_{j,k}(y) [\pi_{j,k}(y) - \pi_{j(y),k}(y)], \tag{4.38}$$

and even

$$D\sigma_{k}(y) - D\pi_{j(y),k} = \sum_{j \in J_{k}} \theta_{j,k}(y) \left[D\pi_{j,k} - D\pi_{j(y),k} \right] + \sum_{j \in J_{k}} D\theta_{j,k}(y) \left[\pi_{j,k}(y) - \pi_{j(y),k}(y) \right]. \tag{4.39}$$

We differentiate once more (but keep the same index j(y) to do the computations near y; we certainly do not want to differentiate j(y) and get that

$$D^{2}\sigma_{k}(y) = 2\sum_{j \in J_{k}} D\theta_{j,k}(y) \left[D\pi_{j,k} - D\pi_{j(y),k}\right] + \sum_{j \in J_{k}} D^{2}\theta_{j,k}(y) \left[\pi_{j,k}(y) - \pi_{j(y),k}(y)\right]. \tag{4.40}$$

Let us not pay too much attention on what we mean by multiplication in these formulas; the main thing is the size estimate that follows. In this sum, the only terms that do not vanish come from balls such that $y \in 10B_{i,k}$, and there are at most C of them. The size of $D\theta_{j,k}$ and $D^2\theta_{j,k}$ is controlled below (4.18). We look at the definition (4.10) of ε_k'' , and find out that for $y \in V_k^8$

$$|D^2\sigma_k(y)| \le C\varepsilon_k''(z) \, r_k^{-1} \text{ for any } z \in B(y, r_k), \tag{4.41}$$

which we take as a good estimate. Here we shall just take z = f(x) for the point $x \in \mathbb{R}^d$ such that $y = f_k(x)$, and the fact that $z \in B(y, r_k)$ comes from (4.23). This was our better estimate for $y \in V_k^8$.

In the dead region $\mathbb{R}^n \setminus V_k^{10}$ where all the $\theta_{i,k}$ vanish, we have $\psi_k = 1$, $\sigma_k(y) = y$ (by (4.20)), and hence $D\sigma_k=I$ and $D^2\sigma_k=0$ (see also (4.5) there).

In the dying region $V_k^{10} \setminus V_k^{8}$, we do not have very good estimates because ψ_k is not identically 1 near y. This time we start from the 1st part of (4.20), which yields

$$D\sigma_{k}(y) - I = \sum_{i \in J_{k}} D\theta_{j,k}(y) \left[\pi_{j,k}(y) - y \right] + \sum_{i \in J_{k}} \theta_{j,k}(y) \left[D\pi_{j,k} - I \right]$$
 (4.42)

and then

$$D^{2}\sigma_{k}(y) = \sum_{j \in J_{k}} D^{2}\theta_{j,k}(y) \left[\pi_{j,k}(y) - y\right] + 2\sum_{j \in J_{k}} D\theta_{j,k}(y) \left[D\pi_{j,k} - I\right]; \tag{4.43}$$

we observe that $|\pi_{i,k}(y) - y| \le 10r_k$ when $D\theta_{i,k}(y) \ne 0$ or $D^2\theta_{i,k}(y) \ne 0$ because $P_{i,k}$ goes through $x_{j,k}$ and $\theta_{j,k}$ is supported in $10B_{j,k}$; this yields the brutal estimate

$$|D\sigma_k(y)| \le C \text{ and } |D^2\sigma_k(y)| \le C10^k \text{ for } y \in V_k^{10} \setminus V_k^8.$$
 (4.44)

Next we use this to estimate Df_k and D^2f_k . Recall from (4.19) that $f_{k+1} = \sigma_k \circ f_k$; thus (with probably very bad but yet understandable) notation,

$$Df_{k+1}(x) = D\sigma_k(f_k(x)) \circ Df_k(x) \tag{4.45}$$

(but we shall not always write the variables) and then

$$D^{2}f_{k+1}(x) = D^{2}\sigma_{k}(f_{k}(x))[Df_{k}(x), Df_{k}(x)] + D\sigma_{k}(f_{k}(x))[D^{2}f_{k}(x)]$$
(4.46)

with ugly notation, but we immediately put norms everywhere, forget the algebra, and get that

$$|D^2 f_{k+1}(x)| \le C|D^2 \sigma_k(f_k(x))| + 2|D^2 f_k(x)| \tag{4.47}$$

also because we know that all the f_k are bilipschitz with uniform constants (that may depend on δ_1). We may rewrite this as

$$|r_{k+1}|D^2f_{k+1}(x)| \le Cr_k|D^2\sigma_k(f_k(x))| + \frac{1}{5}|r_kD^2f_k(x)|$$
(4.48)

because this is the proper scaling, and this way we insist on the fact that the 2nd term contributes less.

We start in the most interesting case when $y = f_k(x)$ lies in the active region V_k^8 ; then we use (4.41) with z = f(x) and get that

$$|r_{k+1}|D^2 f_{k+1}(x)| \le C\varepsilon_k''(f(x)) + \frac{1}{5}|r_k D^2 f_k(x)|$$
(4.49)

where z is any point of $B(y, r_k)$. It should be noted that when $y = f_k(x)$ lies in the active region V_k^8 , Lemma 4.28 says that this was the case for all the previous images $f_l(x)$, l < k, so we also have estimates like (4.49) for these, that we can compose. We get that

$$|r_{k+1}D^2f_{k+1}(x)| \leq C\widetilde{\varepsilon}_k(x), \text{ where } \widetilde{\varepsilon}_k(x) = \sum_{l \leq k} 5^{l-k} \varepsilon_l''(f(x)). \tag{4.50}$$

This was when $y \in V_k^8$. When y lies in the dying region $V_k^{10} \setminus V_k^8$, we use the bad estimate (4.44) for k, but observe that the previous $f_l(x)$, l < k, were in the active region

(by Lemma 4.28), so we can use the estimate (4.50) for $D^2 f_k$. Thus, (4.48) yields

$$|r_{k+1}D^2f_{k+1}(x)| \le C + C\widetilde{\varepsilon}_k(x) \le C, \tag{4.51}$$

which is not a great estimate but should be enough. In the remaining case when $y \in \Sigma_k \setminus V_k^{10}$, we denote by l < k the last time when $f_l(x)$ was in the active or dying region, and use (4.50) or (4.51) to prove that

$$|D^2 f_{k+1}(x)| = |D^2 f_{l+1}(x)| \le Cr_l^{-1}.$$
(4.52)

These estimates on the 2nd derivatives will be enough for the better control that we want on the Jacobian matrix of our global mapping g.

Remark 4.53. Yet we feel bad about using such crude estimates, so let us rapidly say why (4.44), and then (4.51) can be improved. Our estimate $|\pi_{i,k}(y) - y| \leq 10r_k$ below (4.43) was really lousy, because in fact $|\pi_{i,k}(y) - y| \le C \varepsilon r_k$ when $y \in \Sigma_k$ (we have a good Lipschitz graph description of Σ_k near y). We need to be more careful about the terms with $D\pi_{i,k}-I$, because of course it is not small. Yet, when we apply it to a tangent vector v to Σ_k , its effect is indeed of size at most $C\varepsilon|v|$, because $T\Sigma_k(y)$ is nearly parallel to $P_{i,k}$. This is good because when we compose with f_k , we only compute $D\sigma_k$ on vectors v parallel to $T\Sigma_k(y)$. So we can add a factor of size ε in (4.44) and then (4.52). This way, we get the not too surprising result that f (and then g later) is bilipschitz with a constant which can be taken as close to 1 as we want, provided that we take δ_1 small enough.

Tangent Planes and Fields of Rotations

Once the mappings f_k and the surfaces $\Sigma_k = f_k(P_0)$ are under control, [15] starts the construction of the mapping g. The general idea is that for $(x,t) \in \mathbb{R}^d \times \mathbb{R}^{n-d}$, g(x,t)should be obtained from f(x) by going in the orthogonal direction, and at distance roughly |t|. Of course, we need to organize this in a coherent way, and also it actually makes more sense to start from $f_k(x)$, and go in a direction orthogonal to the tangent direction of Σ_k , because Σ_k is smoother. This makes a difference because the limit object Σ may be spiraling at small scales.

So our 1st task will be to study a little the variations of the tangent plane to Σ_k . Here we roughly follow [15, Chapter 9]. We know, for instance from the 1st lines of Chapter 7 there, or more directly the description in Proposition 5.1 there, that each Σ_k is (at least) of class C^2 . Let us denote by $T\Sigma_k(y)$ the tangent plane to Σ_k at $y \in \Sigma_k$. We also set

$$T_k(x) = T\Sigma_k(f_k(x)), \tag{5.1}$$

and denote by $\pi_k(x)$ the orthogonal projection on the vector d-space parallel to $T_k(x)$; it is easier to define the differential of π_k than T_k , which is why we will often consider π_k . We claim that when $f_k(x) \in V_k^8$ (the active region),

$$|D\pi_{k+1}(x)| \le Cr_k^{-1}\widetilde{\varepsilon}_k(x). \tag{5.2}$$

There is no problem with the existence of $D\pi_{k+1}(x)$, because Σ_k is C^2 , so it is enough to show that for $x' \in P_0$, close enough to x,

$$|\pi_{k+1}(x) - \pi_{k+1}(x')| \le Cr_k^{-1}\tilde{\varepsilon}_k(x)|x' - x|.$$
 (5.3)

Let us evaluate the distance between $T'_{k+1}(x)$, the vector space parallel to $T_{k+1}(x)$, and its analogue $T'_{k+1}(x')$ for $T_{k+1}(x')$. Let $w \in T'_{k+1}(x)$ be given; we can write $w = Df_{k+1}(x) \cdot v$ for some vector $v \in \mathbb{R}^d$, and since we know (from Lemma 4.8 and the proof of Theorem 2.5 there) that the f_k are bilipschitz with uniform bounds, we also get that $|v| \leq C|w|$. We know from (4.50) that for x' close to x,

$$|Df_{k+1}(x) \cdot v - Df_{k+1}(x') \cdot v| \le C\widetilde{\varepsilon}_k(x) r_{k+1}^{-1} |x - x'| |v|; \tag{5.4}$$

since $Df_{k+1}(x') \cdot v \in T'_{k+1}(x')$ by definition, we see that

$${\rm dist}\,(w,T_k'(x')) \leq |Df_{k+1}(x) \cdot v - Df_{k+1}(x') \cdot v| \leq C\widetilde{\varepsilon}_k(x)\, r_{k+1}^{-1}|x-x'||w|.$$

Similarly, dist $(w', T'_{k+1}(x)) \le C\tilde{\varepsilon}_k(x)r_{k+1}^{-1}|x-x'||w'|$ for $w' \in T'_{k+1}(x')$. It is easy to deduce (5.3) from this because both spaces are d-dimensional. Our claim (5.2) follows.

The estimates when $f_k(x) \in V_k^{10} \setminus V_k^8$ are less glamorous; we use (4.51) instead of (4.50) and get that

$$|D\pi_{k+1}(x)| \le Cr_k^{-1}. (5.5)$$

When $f_k(x) \in \Sigma_k \setminus V_k^{10}$, we use (4.52) and get that

$$|D\pi_{k+1}(x)| \le Cr_l^{-1},\tag{5.6}$$

where *l* is the last index for which $f_l(x)$ lies in the active or dying zone.

Now we turn to the field of linear isometries, which is constructed in [15, Proposition 9.3]. Let \mathcal{R} be the set of linear isometries of \mathbb{R}^n . There exist C^1 functions $R_k: \Sigma_0 \to \mathcal{R}$, with the following main properties:

$$R_k(\mathbb{R}^d) = T_k(x) \text{ for } x \in \Sigma_0;$$
 (5.7)

$$|R_{k+1}(x) - R_k(x)| \le C\varepsilon \text{ for } x \in \Sigma_0 \text{ and } k \ge 0;$$
 (5.8)

$$|DR_{k+1}(x)| \le C_1 r_k^{-1} \varepsilon \text{ for } k \ge 0 \text{ and } x \in \Sigma_0.$$
 (5.9)

For (5.9), it comes from (9.33) there, which we can simplify because f_k is bilipschitz in the present situation.

We like these estimates, but want to improve them in many places to include Carleson bounds that use the ε_k'' . For this, we want to use our bounds on the $D\pi_k$, and the way the π_k are used to produce the R_k .

Let us recall how this goes. We start with $R_0=I$. Then we suppose that R_k was already constructed, and start with a 1st approximation S_k , defined by

$$S_k(x) = \pi_{k+1}(x) \circ R_k(x) \circ \pi_0 + \pi_{k+1}^{\perp}(x) \circ R_k(x) \circ \pi_0^{\perp}, \tag{5.10}$$

where $\pi_{k+1}^{\perp}(x) = I - \pi_{k+1}(x)$ is the orthogonal projection in the direction orthogonal to $T_k(x)$, and we set $\pi_0 = p_0(x)$ (the projection on P_0) and $\pi_0^{\perp} = I - \pi_0^{\perp}$. This is the same formula as (9.34) there, with just minor changes in the notation.

The now usual computation on composition, together with (5.2), yield that

$$|DS_k(x)| \le 2|DR_k(x)| + Cr_k^{-1}\widetilde{\varepsilon}_k(x) \text{ when } f_k(x) \in V_k^8.$$
(5.11)

Then we look at (8.43) there, which says that $R_{k+1}(x)$ is obtained from $\mathcal{S}_k(x)$ by the simple rule

$$R_{k+1}(x) = H(S_k(x)),$$
 (5.12)

where R is a simple nonlinear projection from a set U of linear transformations that are almost isometries, to the set \mathcal{R} of linear isometries. This projection R is given by a reasonably simple formula, but the main point here is that by (9.45) there it is $(1+10^{-2})$ -Lipschitz on U, where $S_k(x)$ takes its values. As a consequence, (5.11) implies that

$$|DR_{k+1}(x)| \le 3|DR_k(x)| + Cr_k^{-1}\tilde{\varepsilon}_k(f_k(x)) \text{ when } f_k(x) \in V_k^8.$$
 (5.13)

Recall that when $f_k(x) \in V_k^8$, Lemma 4.28 says that this happened also for the previous indices. Then the same induction computations as for (4.50) yields

$$|r_{k+1}DR_{k+1}(x)| \leq C\widehat{\varepsilon}_k(x), \text{ where } \widehat{\varepsilon}_k(x) = \sum_{l \leq k} 2^{l-k} \varepsilon_l''(f(x)). \tag{5.14}$$

This is a good complement to (5.9), and now let us see how we may improve the estimate (5.8) on $|R_{k+1}-R_k|$. We claim that

$$|R_{k+1}(x) - R_k(x)| \le C\varepsilon_k''(f(x)) \le C\widetilde{\varepsilon}_k(x) \text{ when } x \in \Sigma_0 \text{ and } f_k(x) \in V_k^8, \tag{5.15}$$

where the 2nd part follows at once from the definition (4.50). So suppose that $y = f_k(x) \in V_k^8$. Choose $i \in J_k$ such that $|y - x_{i,k}| \le 10r_k$; then (7.19) there says that

$$Angle(T_k(x), P_{i,k}) \le C\varepsilon'_k(y), \tag{5.16}$$

where $\varepsilon_k'(y)$ is defined by (7.16) there (recall that $T_k(x) = T\Sigma_k(y)$). Similarly, (7.10) there says that

$$\operatorname{Angle}(T_{k+1}(x), P_{i,k}) = \operatorname{Angle}(T\Sigma_{k+1}(\sigma_k(y)), P_{i,k}) \le C\varepsilon_k(y), \tag{5.17}$$

where this time $\varepsilon_k(y)$ is defined in (7.7) there, but we can forget about this because it is noted in (1.17) there that $\varepsilon_k(y) \le \varepsilon_k'(y)$. Thus,

$$\mathrm{Angle}(T_k(x),T_{k+1}(x)) \leq C\varepsilon_k'(y). \tag{5.18}$$

To be honest, we did not define the angles above and [15] is not much more precise; however, all our angles here are small, and they are equivalent to, for instance, the norm of the difference of orthogonal projections on the vector spaces parallel to the two spaces that we consider. That is, (5.18) can be taken to mean that

$$|\pi_k(x) - \pi_{k+1}(x)| \le C\varepsilon_k'(y). \tag{5.19}$$

When we compare ε_k' and ε_k'' , we see that the only difference is that ε_k'' reaches r_k further, which means that $\varepsilon_k'(y) \le \varepsilon_k''(z)$ for any $z \in B(y, r_k)$. This is very convenient because this

allows us to take z = f(x) (by (4.23) and because $y = f_k(x)$); then (5.19) implies that

$$|\pi_k(x) - \pi_{k+1}(x)| \le C\varepsilon_k''(f(x)). \tag{5.20}$$

Next we use the definition (5.10) to estimate $|S_k(x) - R_k(x)|$. Since R_k sends \mathbb{R}^d to $T_k(x)$ and hence its orthogonal complement \mathbb{R}^{n-d} to $T_k(x)^{\perp}$, we see that

$$R_k(x) = \pi_k(x) \circ R_k(x) \circ \pi_0 + \pi_k^{\perp}(x) \circ R_k(x) \circ \pi_0^{\perp}$$

and then (5.10) implies that

$$|S_{k}(x) - R_{k}(x)| \leq |\pi_{k+1}(x) - \pi_{k}(x)| + |\pi_{k+1}^{\perp}(x) - \pi_{k}^{\perp}(x)|$$

$$= 2|\pi_{k+1}(x) - \pi_{k}(x)| \leq C\varepsilon_{k}''(f(x)). \tag{5.21}$$

This is good because (5.12) says that $R_{k+1}(x) = H(S_k(x))$ for a Lipschitz mapping H such that $H(R_k(x)) = R_k(x)$ because R_k is a linear isometry (check with the definition (9.44) there); (5.15) follows.

f 6 The Mapping g and Its Jacobian Matrix

We are now finally ready to define the mapping g. We shall keep g=f on $\Sigma_0=\mathbb{R}^d$, and now we define g on $\Omega_0=\mathbb{R}^n\setminus \Sigma_0$. Since g will be a bilipschitz mapping of \mathbb{R}^n , it will map Ω_0 to $\Omega=\mathbb{R}^n\setminus \Sigma$, where $\Sigma=f(\Sigma_0)$.

In this section, the generic point of Ω_0 is denoted by (x,t), with $x\in\mathbb{R}^d$ and $t\in\mathbb{R}^{n-d}\setminus\{0\}$. We set

$$g(x,t) = \sum_{k>0} \rho_k(t) \Big\{ f_k(x) + R_k(x) \cdot t \Big\} \text{ for } (x,t) \in \Omega_0,$$
 (6.1)

where the ρ_k form a partition of 1 that will be discussed shortly. This is the same thing as (10.14) or (10.19) there, but some things were simplified, because here our initial surface Σ_0 is just $P_0 = \mathbb{R}^d$, so the projections p and q are just the projections π_0 and π_0^{\perp} on \mathbb{R}^d and \mathbb{R}^{n-d} .

The functions ρ_k are defined by (10.15)–(10.17) there. They are radial,

$$\sum_{k>0} \rho_k(t) = 1 \text{ for } t \in \mathbb{R}^{n-d} \setminus \{0\}$$
(6.2)

(by (16) there), $\rho_0(t) = 0$ when $|t| \le 1$, and (by (10.17) there) for $k \ge 1$,

$$\rho_k(t) = 0 \text{ unless } r_k \le |t| \le 20r_k. \tag{6.3}$$

Thus, for each t, there are at most three consecutive $k \ge 0$ such that $\rho_k(t) \ne 0$.

Notice that g does roughly what was announced at the beginning of the previous section: we start from $f_k(x) \in \Sigma_k$ and go in the orthogonal direction for about |t|. The fact that we actually use an average of up to three different $R_k(x)$ does not matter much, because (5.8) and (5.15) say that they are almost the same. And we are happy that we do not need to take a limit this time.

We want to use the change of variable $g:\Omega_0\to\Omega$ to reduce the study of some degenerate elliptic operators L on Ω to the study of operators L_0 on Ω_0 , and because of this we are interested in the structure of the matrix of the differential mapping $Dg:\Omega_0\to\Omega$.

As in [13], we prefer to study the matrix J(x,t) of Dg(x,t) in a set of two orthonormal bases of \mathbb{R}^n , where the 1st one is the canonical basis of \mathbb{R}^n , and the 2nd one its image by $R_k(x)$, where k=k(t) is chosen such that $\rho_k(t)\neq 0$. It does not really matter much which one, but for the sake of definiteness, let us choose k(t) as large as possible. Let us denote $\mathrm{Jac}(x,t)=Dg(x,t)$ in the usual Euclidean basis and J(x,t):=Dg(x,t)Q(x,t) where Q(x,t) is our matrix of isometry in the sense that $R_{k(t)}(x)(y,s)=(y,s)Q(x,t)$ for $(y,s)\in\mathbb{R}^n$. We know, just because g is bilipschitz, that for small $\varepsilon_1>0$ the matrix J(x) is (uniformly) bounded and invertible, with a (uniformly) bounded inverse, and we are mostly interested now in the block structure of J (when we cut \mathbb{R}^n into $\mathbb{R}^d\times\mathbb{R}^{n-d}$).

Proposition 6.4. We can write a decomposition of J as a block matrix

$$J(x,t) = \begin{pmatrix} A^{1}(x,t) & C^{2}(x,t) \\ C^{3}(x,t) & I_{n-d} + C^{4}(x,t) \end{pmatrix}, \tag{6.5}$$

where the $d\times d$ matrix A^1 is bounded, C^2 , C^3 , and C^4 are bounded and satisfy Carleson measure conditions, and I_{n-d} is our notation for an identity matrix of size n-d. Specifically, (2.14) holds with a constant $C=C_1(\varepsilon+\delta_1)$, where C_1 depends on n,d,C_0,M_0,M (but obviously not on δ_1 or ε), and also we have the L^∞ estimate

$$|C^{2}(x,t)| + |C^{3}(x,t)| + |C^{4}(x,t)| \le C_{1}(\varepsilon + \delta_{1})$$
(6.6)

for $(x, t) \in \mathbb{R}^n$.

We claim that with the help of Remark 4.53, we can show that A^1 is as Remark 6.5. close to the identity matrix as we want, as long as we take ε and δ_1 small enough. This is because q is bilipschitz with a constant close to 1, and hence Dq is as close as we want to an isometry. But in this paper we shall content ourselves with the fact that J(x,t) is uniformly bilipschitz because g is.

Proof. The proof of the proposition will keep us busy for some time. We first consider the *t*-derivatives of *g*. Let us compute $\partial_1 g(x,t)$, where ∂_1 is our notation for $\frac{\partial}{\partial t_1}$. Here we single out the 1st t-variable because this way we do not have an extra index, but the other t-derivatives would be the same. From (6.1), we deduce that

$$\partial_1 g(x, t) = D_1 + D_2 \tag{6.8}$$

where

$$D_1 = \sum_{l} \partial_1(\rho_l(t)) \left\{ f_l(x) + R_l(x) \cdot t \right\}$$
 (6.9)

and

$$D_2 = \sum_{l} \rho_l(t) R_l(x) \cdot e_{d+1}, \tag{6.10}$$

where e_{d+1} is the 1st element of the basis of \mathbb{R}^{n-d} . In both term, the sum has at most 3 terms, corresponding to l = k, k - 1, by the comment below (6.3) and our choice of k as the largest index for which $\rho(t) \neq 0$.

We start with D_1 , notice that $\sum_l \partial_1(\rho_l(t)) = 0$ because $\sum_l \rho_l(t) = 0$ (see (6.2)), use this to subtract $f_k(x) + R_k(x) \cdot t$, and get that

$$\begin{split} |D_1| & \leq & \sum_l |\partial_1(\rho_l(t))| \Big\{ |f_l(x) - f_k(x)| + \left| [R_l(x) - R_k(x)] \cdot t \right| \Big\} \\ & \leq & C|t|^{-1} \sum_{k-2 \leq l \leq k-1} \Big\{ |f_l(x) - f_k(x)| + |t| \, |R_l(x) - R_k(x)| \Big\} = D_{11} + D_{12}, \quad (6.11) \end{split}$$

where some of the terms may not exist. That is, if k = 0, then there was only one term in the initial sum, coming from k = 0, we managed to kill it, and thus $D_1 = 0$. Similarly, if k=1, we are left with only one term, coming from l=0. And it could be that even when $k \ge 2$, we do not need l = k - 2, but the extra term will not hurt.

We start with D_{12} because the needed estimates are more recent. When $f_{k-1}(x) \in V_{k-1}^8$ (the active region), (5.15) says that

$$|R_k(x) - R_{k-1}(x)| \le C\widetilde{\varepsilon}_{k-1}(x). \tag{6.12}$$

Then (by Lemma 4.28) $f_{k-2}(x) \in V_{k-2}^8$ (if $k \ge 2$, otherwise there is no term with l = k-2), and

$$|R_{k-1}(x) - R_{k-2}(x)| \le C\widetilde{\varepsilon}_{k-2}(x) \le C\widetilde{\varepsilon}_{k-1}(x). \tag{6.13}$$

If $f_{k-1}(x) \in V_{k-1}^{10} \setminus V_{k-1}^{8}$ (the dying region), we replace (6.12) with (5.8), which says that

$$|R_k(x) - R_{k-1}(x)| \le C\varepsilon. \tag{6.14}$$

In this case, Lemma 4.28 still says that $f_{k-2}(x) \in V_{k-2}^8$, and we can use (6.13). We are left with the case when $y = f_{k-1}(x)$ lies in the dead region. Then $R_k(x) = R_{k-1}(x)$ (because $\sigma_{k-1}(y) = y$, Σ_k and Σ_{k-1} coincide at y, and the definitions give $S_{k-1}(x) = R_{k-1}(x)$ and then $R_k(x) = R_{k-1}(x)$. It is still possible that $f_{k-1}(x)$ lies in the dying or active region, and then we use (6.14) (for k-1) or (6.13). We summarize the cases and find that

$$D_{12} \le C\widetilde{\varepsilon}_{k-1}(x) + C\varepsilon\delta(x,t), \tag{6.15}$$

where $\delta(x,t)=1$ if $f_{k-1}(x)$ or $f_{k-2}(x)$ lies in their respective dying region, and $\delta(x,t)=0$ otherwise. We will see later that this leads to a good Carleson estimate for D_{12} .

Next consider $D_{11}=C|t|^{-1}\sum_{k-2\leq l\leq k-1}|f_l(x)-f_k(x)|$, and first assume that $f_{k-1}(x)\in V_{k-1}^8$. Then by (4.31),

$$|f_k(x) - f_{k-1}(x)| \le C\varepsilon_{k-1}''(f(x)) r_{k-1}.$$
 (6.16)

If $k \ge 2$, Lemma 4.28 says that $f_{k-2}(x) \in V_{k-2}^8$, and (4.31) yields

$$|f_{k-1}(x) - f_{k-2}(x)| \le C\varepsilon_{k-2}''(f(x)) \, r_{k-2}. \tag{6.17}$$

Otherwise, we do not need this estimate because D_{11} has only one term. Altogether,

$$D_{11} \le C\varepsilon_{k-1}''(f(x)) + C\varepsilon_{k-2}''(f(x))$$
 (6.18)

(because $t \ge r_k$ by (6.2)).

Next we assume that $f_{k-1}(x) \in \Sigma_{k-1} \setminus V_{k-1}^8$. If $f_{k-1}(x)$ or $f_{k-2}(x)$ lies in the dying region, we use the more brutal estimate (4.22) to see that $|f_k(x) - f_{k-1}(x)| \leq C\varepsilon$, or similarly for k-1, and get that $D_{11} \leq C$. Otherwise, $f_{k-1}(x)$ and $f_{k-2}(x)$ lie in their dead regions, and $D_{11}=0.$ We summarize the estimates as we did above, by saying that

$$D_{11} \le C\varepsilon_{k-1}''(f(x)) + C\varepsilon_{k-2}''(f(x)) + C\varepsilon\delta(x,t)$$
(6.19)

with the same definition for $\delta(x, t)$ and where we set $\varepsilon_l''(f(x)) = 0$ for l < 0.

Next we study D_2 , which we write as $D_2 = D_{21} + D_{22}$, where

$$D_{21} = R_l(x) \cdot e_{d+1} \tag{6.20}$$

and by (6.2) the rest is

$$D_{22} = \sum_{k-2 \le l \le k-1} \rho_l(t) [R_l(x) - R_k(x)] \cdot e_{d+1}. \tag{6.21}$$

The main piece D_{21} gives the 1st term of the identity matrix I_{n-d} in (6.5), and of course its analogue for the other t-derivatives of g give the rest of I_{n-d} . As for D_{22} , we use the same estimates (6.12)–(6.14) as above and find that

$$D_{22} \le C\widetilde{\varepsilon}_{k-1}(x) + C\varepsilon\delta(x, t). \tag{6.22}$$

We may now consider the x-derivatives of g, and which we feel courageous enough to consider all at the same time and denote by $D_x g$. By (6.1),

$$D_{x}g(x,t) = \sum_{j\geq 0} \rho_{j}(t) \left\{ Df_{j}(x) + DR_{j}(x) \cdot t \right\} =: D_{3} + D_{4}. \tag{6.23}$$

We start with D_4 . Notice that when k = 0, $R_k = I$, and $DR_k = 0$, so we may assume that $k \ge 1$. As usual begin with the case when $y = f_{k-1}(x) \in V_{k-1}^8$, apply (5.14), and find that $|r_k DR_k(x)| \le C\widehat{\varepsilon}_{k-1}(x)$, and similarly for the previous iterates if they are needed. This yields

$$|D_4| \le C\widehat{\varepsilon}_{k-1}(x) + C\widehat{\varepsilon}_{k-2}(x) + C\widehat{\varepsilon}_{k-2}(x) \le C\widehat{\varepsilon}_{k-1}(x) \tag{6.24}$$

because $|t| \leq 20r_k$ (by (6.3) and because $k \geq 1$), and where the last part comes from the definition of the $\widehat{\varepsilon}_l$ in (5.14). When $f_{k-1}(x)$, or one of its two predecessors, lies in the closure of its dying region, we use (5.9) for all of them and find that $|D_4| \leq C\varepsilon$.

We are left with the case where the three points lie in the interior of their dead region. Denote by l the smallest integer such that $f_l(x)$ lies in the the interior of its dead region; thus l < k-2. We know that all the $f_m(x)$, $m \ge l$, are equal to f_l in a neighborhood of x, and when we follow the computations we see that this means that the R_m , $m \ge l$, also coincide with R_l near x (for instance, we check first that since $\sigma_l(y) = y$ near $f_l(x)$, we get that $\Sigma_{l+1} = \Sigma_l$ near $f_l(x)$, then $\pi_{l+1} = \pi_l$ near x, then $S_k = R_k$, etc.). Now the DR_j in the formula (6.23) are all equal to DR_l , and (5.9) yields

$$|D_4| \le C\varepsilon r_k r_l^{-1} \le C\varepsilon 10^{l-k}. (6.25)$$

Again we claim that this decay will lead to a Carleson measure estimate, but let us now concentrate on our last term

$$D_3 = \sum_{j>0} \rho_j(t) Df_j(x), (6.26)$$

which as usual we cut in two. The 1st part

$$D_{31} = \pi_k(x) \circ D_3, \tag{6.27}$$

where we project on the vector plane $R_k(x)(\mathbb{R}^d)$ parallel to $T_k(x)$, falls in the matrix A^1 of the decomposition (6.5), and we do not need any special information about it, except that we know that A^1 is bounded (and even J is bilipschitz). We are left with

$$D_{32} = \pi_k(x)^{\perp} \circ D_3 = \sum_{j \ge 0} \rho_j(t) [\pi_k(x)^{\perp} \circ Df_j(x)]. \tag{6.28}$$

Observe that the image of $Df_i(x)$ is contained in the tangent direction $R_i(x)(\mathbb{R}^d)$ (parallel to $T_i(x)$, and $\pi_i(x)^{\perp}$ vanishes on this space. Also, $Df_i(x)$ is bounded, so

$$|D_{32}| \le C \sum_{k-2 \le j \le k} |\pi_j(x)^{\perp} - \pi_k(x)^{\perp}| = C \sum_{k-2 \le j < k} |\pi_j(x) - \pi_k(x)|.$$
 (6.29)

The simplest for us is to observe that $|\pi_i(x) - \pi_k(x)| \le C|R_i(x) - R_k(x)|$. Indeed $\pi_i(x)$ is the projection on $R_i(x)(\mathbb{R}^d)$, and an orthonormal basis of that space is given by the $R_i(x)(e_l)$, $1 \le l \le d$, so $\pi_i(x)(v) = \sum_{l=1}^d \langle v, R_i(x)(e_l) \rangle R_i(x)(e_l)$. Of course using this is a little strange because the estimates (5.15) and (5.8) that we are about to use come from estimates on $|\pi_{j}(x) - \pi_{k}(x)|$, as in (5.19). Anyway, $|D_{32}| \leq C \sum_{k-2 \leq j < k} |R_{j}(x) - R_{k}(x)|$ can now be estimated exactly as D_{22} and D_{11} , and we get that

$$D_{22} \le C\widetilde{\varepsilon}_{k-1}(x) + C\varepsilon\delta(x,t) \tag{6.30}$$

as in (6.22).

We completed the decomposition of *J*; now we need to show that the error terms in (6.15), (6.19), (6.22), (6.24), (6.25), and (6.30) are functions that satisfy a Carleson measure estimate.

We start with the function $\widehat{\epsilon}_{k-1}(x)$ that show up in (6.24). Recall from (5.14) that $\widehat{\varepsilon}_{k-1}(x) = \sum_{l \leq k-1} 2^{l-k+1} \varepsilon_l''(f(x))$. This is a function of t as well because since k=k(t) (and $k\geq 1$), (6.3) says that $r_k\leq |t|\leq 20r_k$. We will use the fact that $\widehat{arepsilon}_{k-1}^2(x) \leq C \sum_{l \leq k-1} 2^{l-k+1} arepsilon_l''(f(x))^2$ by Cauchy–Schwarz.

In order to prove (2.14) for this function, we have to estimate

$$I(X,R) = \int_{\Omega_0 \cap B(X,R)} |\widehat{\varepsilon}_{k-1}(x)|^2 \frac{\mathrm{d}y \mathrm{d}t}{|t|^{n-d}} \le C \int_{\Omega_0 \cap B(X,R)} \sum_{0 \le l \le k-1} 2^{l-k} \varepsilon_l''(f(x))^2 \frac{\mathrm{d}y \mathrm{d}t}{|t|^{n-d}}. \tag{6.31}$$

First observe that since $r_k \leq |t| \leq 20 r_k$ and $|t| \leq R$ when $(y,t) \in B(X,R)$ (recall that here X = (x,0) lies in P_0 , we only sum over k such that $r_k \leq R$. Let us fix x, k, and l, and integrate in t first. We integrate in the region A(k,l) where $r_k \leq |t| \leq 20r_k$, and $\int_{A(k,l)} \frac{dt}{|t|^{n-d}} \leq C$. We are left with

$$I(X,R) \le C \int_{Y \in P_0 \cap B(X,R)} \sum_{0 \le l \le k-1} 2^{l-k} \varepsilon_l''(f(x))^2 \, \mathrm{d}y. \tag{6.32}$$

We now sum over k, then l. The sum over k disappears because of the converging factor 2^{l-k} , and the sum over l is less than $C\delta_1$, by (4.14) and (4.15) (recall that g(y)=f(y) on P_0). We are left with $I(X,R) \leq C\delta_1\mathcal{H}^d(P_0 \cap B(X,R)) \leq C\delta_1R^d$, as needed.

The numbers $\widetilde{\varepsilon}_{k-1}(x)$ are just smaller than the $\widehat{\varepsilon}_{k-1}(x)$, so we do not need to worry about them; the same is true of $\varepsilon''_{k-1}(f(x))$ and $\varepsilon''_{k-2}(f(x))$, which are just two pieces of $\widehat{\varepsilon}_{k-1}(x)$. The next function to control is $\varepsilon\delta(x,t)$, which counts whether $f_{k-1}(x)$ or $f_{k-2}(x)$ lies in the dying zone, or its variant where we also include $f_{k-2}(x)$ which is implicit in the description below (6.24). We need to control

$$I'(X,R) = \int_{\Omega_0 \cap B(X,R)} \varepsilon \, \delta(x,t) \frac{\mathrm{d}y \, \mathrm{d}t}{|t|^{n-d}}. \tag{6.33}$$

We know from Lemma 4.28 that for a given x, there is at most one $l \geq 0$ such that $f_l(x) \in V_l^{10} \setminus V_l^{8}$, and the only t for which $l \in \{k-1, k-2, k-3\}$ are such that $r_k \leq |t| \leq 20r_k$ for $k \in \{l+1, l+2, l+3\}$. That is, $t \in [10^{-3}r_l, 2r_l/10]$. We integrate against $|t|^{d-n}dt$, get at most $C\varepsilon$, then integrate against y and get at most $C\varepsilon R^d$, as needed.

Our last contribution comes from (6.25), where for some earlier l=l(x)< k-2, $f_l(x)$ lies in the dead region for the 1st time, and then we pay $D_4 \leq C\varepsilon 10^{l-k}$. This yields the integral

$$I''(X,R) = \varepsilon \int_{Y \in Z \cap B(X,R)} \int_{0 < |t| \le R} \sum_{k(t) > l(x)} 100^{l-k} \frac{\mathrm{d}y \mathrm{d}t}{|t|^{n-d}}, \tag{6.34}$$

where Z is the set of points $y \in P_0$ such that l(y) exists. As before, we integrate first against the t such that k = k(t) and get a constant, then sum in k and get another constant, and finally integrate in y and get at most $C \in \mathbb{R}^d$.

This completes our verification that the functions in our various estimates satisfy a Carleson condition, as announced with a constant dominated by $C(\varepsilon + \delta_1)$. The L^{∞} bound (6.6) is easier (we do not even have to sum the terms); Proposition 6.4 follows.

It will be good to know that the class of matrices that have the special form given in Proposition 6.4 is stable under taking inverses, products, and transposes. Indeed we start from our favorite operator $L=-\operatorname{div} D_{\alpha}(Y)^{d+1-n}\nabla$, and then we use g to change variables and get an operator L_0 on the simpler domain $\Omega_0=\mathbb{R}^n\setminus\mathbb{R}^d$. A fairly standard computation, which the reader may find in [13, Lemma 6.17] shows that $L_0=\operatorname{div} A\nabla$, where the matrix of A is

$$A(x,t) = (D_{\alpha}(g(x,t))^{-(n-d-1)} | \det J(x,t) | (J(x,t)^{-1})^{T} J(x,t)^{-1};$$
(6.35)

maybe the reader expected the same formula with J(x,t) replaced with Dg(x,t), but J(x,t) = Dg(x,t)Q(x,t) and the isometry Q(x,t) does not change $(J(x,t)^{-1})^TJ(x,t)^{-1}$ nor the determinant (and J has a simpler form!). The next lemma will thus tell us that Theorem 2.15 can be applied to L_0 and A.

Lemma 6.36. Denote by $\mathcal{M}(M, \tau, K)$ the class of matrix-valued functions J that have a decomposition (6.5), where A^1 is bounded and invertible, with a bounded inverse such that $\|A^1\|_{\infty} + \|(A^1)^{-1}\|_{\infty} \leq M$, each C^i , i=2,3,4, satisfies the Carleson bound (2.14) with C=K, and $\|C^i\|_{\infty}\leq au$ for i=2,3,4. Also assume that $au<(6M)^{-1}$. Then $\mathcal{M}(M, au,K)$ is stable under taking the transposed matrices, $J^{-1} \in \mathcal{M}(M^2, 6M^2\tau, 36M^4K)$ for $J \in \mathcal{M}(M, \tau, K)$, and $JJ' \in \mathcal{M}(M^2, 8M^2\tau, 64M^4K)$ for $J, J' \in \mathcal{M}(M, \tau, K)$.

Here, $\|\cdot\|$ is the norm of the associated operator acting on the Euclidean \mathbb{R}^n and $\|\cdot\|_{\infty}$ is its supremum in x, t.

We decided to compute invertibility on the block matrix A^1 rather than the full matrix J because this is easier, but as soon as the C^i are small enough, there is no real difference. That is, we know that g is bilipschitz, so J = J(x, t) is invertible, with some uniform bound \widetilde{M} on $||J(x,t)^{-1}||$. Of course, \widetilde{M} does not depend on ε or δ_1 ; taking these constants smaller only makes our assumptions on the stopping time region \mathcal{C} harder to check. Set

$$T = \begin{pmatrix} A_1 & 0 \\ 0 & I_{n-d} \end{pmatrix} \text{ and } E = J - T;$$
 (6.37)

then ||E|| is as small as we want, by (6.6), and T and A_1 are invertible too, with $||T^{-1}|| =$ $||T^{-1}|| \leq 2\widetilde{M}$, so we can apply the lemma to J, with $M = 2\widetilde{M}$ and $\tau = C(\varepsilon + \delta_1)$.

Because of the way we once used δ_1 to control some geometric quantities that should really have been controlled by ε_1 , we have to take δ_1 small. Also, we decided not to use the various remarks leading to Remark 6.5, so we do not know officially that our changes of variable are in fact bilipschitz with a constant near 1. So our argument is sound, but not optimal.

Let us now prove the lemma; the verification will be mostly a pointwise thing. The fact that $J^T \in \mathcal{M}(M,\tau,K)$ when $J \in \mathcal{M}(M,\tau,K)$ is clear; let us now consider the inverse of $J \in \mathcal{M}(M, \tau, K)$. Define T and E as in (6.37), and observe that T^{-1} is a block matrix like T (the associated linear mapping acts as we want on \mathbb{R}^d and \mathbb{R}^{n-d})

$$J^{-1} = (T+E)^{-1} = [T(I+T^{-1}E)]^{-1} = (I+T^{-1}E)^{-1}T^{-1}$$
(6.38)

(where the invertibility of J follows from the computation below) and then use our assumption that $\tau \leq (6M)^{-1}$ to write $(I + T^{-1}E)^{-1}$ as a Neumann series. This gives

$$||J^{-1} - T^{-1}|| \le 2||T^{-1}||||T^{-1}E|| \le 2M^2||E|| \le 6M^2\tau,$$
 (6.39)

which means that J^{-1} has a nice block decomposition. This give pointwise bounds, and the L^{∞} bounds follow by taking supremums. The Carleson estimate also follows directly from (6.39); we need squares because C in Definition 2.13 is quadratic. Now we consider the product with another matrix $J' \in \mathcal{M}(M,\tau,K)$. Write J' = E' + T', with similar notation, notice that

$$JJ' = (E+T)(E'+T') = TT' + R$$
(6.40)

where TT' is a diagonal block matrix like T and T' (again look at the corresponding endomorphism), and $||R|| \le 6\tau M + 9\tau^2 \le 6\tau M$. As before, the L^{∞} and Carleson bounds follow.

7 Distance Functions like D_{α}

The next string of estimates concerns the Carleson behavior of two things that are related. The distance function $D=D_{\alpha}$, associated to our final set Σ , or in fact any uniformly rectifiable set E, and a control function $\lambda(x,r)$ for the average density of an Ahlfors-regular measure living on E. Later on, we shall study relations between two distance functions, typically one coming from E and one coming from our approximating surface.

7.1 The function λ

Let E be a uniformly rectifiable set E, and σ any Ahlfors regular measure supported on E. We want to define a $\lambda(x,r)$ that will measure, in a reasonable smooth way, the density of σ .

Pick a smooth radial, nonnegative function η , supported in the unit ball of \mathbb{R}^n , with $\int \eta = 1$, and set $\eta_t = \frac{1}{t^d} \, \eta \left(\frac{\mathbf{x}}{t} \right)$ (notice the normalization adapted to \mathbb{R}^d). We will use the η_t for different things.

For $x \in E$ and r > 0, we define a first, not too precise, measure of the density, namely

$$\lambda_0(x,r) = \int_{E \cap B(x,r)} \eta_r(y-x) \, \mathrm{d}\sigma(y) > 0, \tag{7.1}$$

and then a center of mass

$$\begin{split} \Phi_r(x) &= \lambda_0(x,r)^{-1} \int_{E \cap B(x,r)} y \, \eta_r(y-x) \, \mathrm{d}\sigma(y) \\ &= x + \lambda_0(x,r)^{-1} \int_{E \cap B(x,r)} (y-x) \, \eta_r(y-x) \, \mathrm{d}\sigma(y), \end{split} \tag{7.2}$$

where we write the 2nd formula to insist on the translation invariance, and finally the better density

$$\lambda(x,r) = \int_{E \cap B(\Phi_r(x),r)} \eta_r(y - \Phi_r(x)) \, d\sigma(y). \tag{7.3}$$

We prefer to use λ rather than λ_0 , because maybe x itself lies far from an optimal plane for $\alpha(x, 10r)$ (defined below).

Anyway, we want to show that

$$r|\nabla_{x,r}\lambda(x,r)| \in CM(E \times \mathbb{R}_+),$$
 (7.4)

where we define $CM(E \times \mathbb{R}_+)$ as in Definition 2.13, but with \mathbb{R}^d replaced with E. That is, we say that a function F(x,t), defined on $E\times (0,+\infty)$, satisfies the Carleson measure condition, and write $F \in CM(E \times \mathbb{R}_+)$, when there is a constant $C \geq 0$ such that

$$\int_{x \in E \cap B(X,R)} \int_{t \in (0,R)} |F(x,t)|^2 \frac{\mathrm{d}\sigma(x)dt}{t} \le CR^d$$

$$\tag{7.5}$$

for $X \in E$ and R > 0. We could replace σ with $\mathcal{H}_{|E}^d$ without changing the class $\mathit{CM}(E \times \mathbb{R}_+)$.

The logical plan for proving (7.4) will work: for each $(x, r) \in E \times \mathbb{R}_+$, we will find a flat measure μ that approximates σ well in B(x, 10r) and compare the three quantities above to the same ones with σ replaced by μ . The good approximation will be in terms of the Tolsa numbers $\alpha(x, r)$, which we discuss now.

We will use the same definition of $\alpha(x, r)$ is the same as in [13].

We first define flat measures and local Wasserstein distances. Denote by $\mathbb P$ the set of affine d-planes in \mathbb{R}^n , and for each plane $P \in \mathbb{P}$, denote by $\mu_P = \mathcal{H}^d|_P$ the restriction of \mathcal{H}^d to P (in other words, the Lebesgue measure on P). By flat measure, we shall mean simply mean a measure $c\mu_P$, with c>0 and $P\in\mathbb{P}$. The number $\alpha(z,r)$ will measure the distance between our measure σ and flat measures, locally in the ball B(z,r), which we shall often take centered on E because this way we know that $\mu(B(z,r))$ is fairly large.

Definition 7.6. For $z \in \mathbb{R}^n$ and r > 0, denote by Lip(z,r) the set of Lipschitz functions $f: \mathbb{R}^n \to \mathbb{R}$ such that f(y) = 0 for $y \in \mathbb{R}^n \setminus B(z,r)$ and $|f(y) - f(w)| \le |y - w|$ for $y, w \in \mathbb{R}^n$. Then define the normalized (local) Wasserstein distance between two measures σ and μ by

$$\operatorname{dist}_{z,r}(\sigma,\mu) = r^{-d-1} \sup_{f \in Lip(z,r)} \left| \int f \, d\sigma - \int f \, d\mu \right|$$
 (7.7)

and the local distance from σ to flat measures by

$$\alpha(z,r) = \inf_{c \ge 0, P \in \mathbb{P}} \operatorname{dist}_{z,r}(\sigma, c\mu_P). \tag{7.8}$$

We normalized $\operatorname{dist}_{z,r}(\sigma,\mu)$ with r^{-d-1} because this way, if $\mu(B(z,r)) \leq Cr^d$ and $\sigma(B(z,r)) \leq Cr^d$, then $\operatorname{dist}_{z,r}(\sigma,\mu) \leq 2C$ because

$$||f||_{\infty} \le r \text{ for } f \in Lip(z, r). \tag{7.9}$$

Also observe that if $B(y,s) \subset B(z,r)$, then $Lip(y,s) \subset Lip(z,r)$; it follows that $\operatorname{dist}_{v,s}(\sigma,\mu) \leq (r/s)^{d+1} \operatorname{dist}_{z,r}(\sigma,\mu)$, and hence

$$\alpha(y,s) \le (r/s)^{d+1} \alpha(z,r) \text{ when } B(y,s) \subset B(z,r).$$
 (7.10)

Return to the proof of (7.4). We want to show that

$$r|\nabla_{x,r}\lambda(x,r)| \le C\alpha(x,10r) \text{ for } x \in E \text{ and } r > 0,$$
 (7.11)

because then (7.4) will follow from Theorem 1.2 in [31], which says that when E is uniformly rectifiable and σ is any Ahlfors regular measure on E, then

$$(x,r) \mapsto \alpha(x,r) \in CM(E \times \mathbb{R}_+).$$
 (7.12)

Strictly speaking, [31] defines the function α slightly differently, on the set of dyadic cubes in \mathbb{R}^n rather than balls centered on E. But the difference is really minor, in the sense that one quantity controls the other, and we refer to Lemma 5.9 in [13] for the verification.

It is easy to see that $|r\nabla_{x,r}\lambda(x,r)| \leq C$, so (7.11) is trivial when $\alpha(x,10r) \geq C^{-1}$. Therefore, we may assume that $\alpha(x,10r) \leq C^{-1}$, with C as large as we want. Choose an almost optimal flat measure $\mu = a\mathcal{H}^d_{|P|}$ in the definition of $\alpha(x,10r)$, where of course P is

a d-plane and a > 0. We do not intend to use the fact that μ is nearly optimal here, just that its distance to σ is small. That is, if this distance was some small $\beta > 0$, we would just get (7.11) with $C\beta$. The most trivial application of this (obvious) remark is that we may use $\alpha(x, 10^7 r)$ instead, or use some other numbers and planes.

With the assumption that $\alpha(x, 10r) \leq C^{-1}$ (and by testing for example the definition against a multiple of η_r), we get that $C^{-1} \leq a \leq C$, for some C that depends on η and the regularity constant for σ .

Set $\alpha = \alpha(x, 10r)$ to save energy. Also write $\lambda_0(x, r)$ for the analogue of $\lambda_0(x, r)$, but with μ , and do the same thing for $\widetilde{\Phi}_r(x)$ and $\widetilde{\lambda}(x,r)$. We use the definition of α and find easily that

$$|\widetilde{\lambda}_0(x,r) - \lambda_0(x,r)| \le C\alpha \tag{7.13}$$

and then, with just a bit more of computation, that

$$|\widetilde{\Phi}_r(x) - \Phi_r(x)| \le Cr\alpha. \tag{7.14}$$

Then we first try to differentiate with respect to x, that is, estimate

$$\nabla_{\mathbf{x}}\lambda(\mathbf{x},r) = \int_{E} \nabla_{\mathbf{x}} [\eta_{r}(\mathbf{y} - \Phi_{r}(\mathbf{x}))] \, \mathrm{d}\sigma(\mathbf{y}), \tag{7.15}$$

and the 1st thing to do is differentiate Φ_r . Thus, we first differentiate (with respect to x) the quantity $\eta_r(y-x) = r^{-d}\eta((y-x)/r)$ and we get $-r^{-d-1}\nabla\eta((y-x)/r)$. So, for instance,

$$\nabla_{\mathbf{x}}\lambda_0(\mathbf{x}, r) = -r^{-d-1} \int_E \nabla \eta((\mathbf{y} - \mathbf{x})/r) \,\mathrm{d}\sigma(\mathbf{y}) \tag{7.16}$$

and, using the 2nd part of (7.2),

$$\nabla_{x}[\Phi_{r}(x) - x] = -\frac{\nabla_{x}\lambda_{0}(x, r)}{\lambda_{0}(x, r)} [\Phi_{r}(x) - x] - \lambda_{0}(x, r)^{-1} \int_{E} \eta_{r}(y - x) \, d\sigma(y)$$
$$-\lambda_{0}(x, r)^{-1} r^{-d-1} \int_{E} (y - x) \nabla \eta(y/r - x/r) \, d\sigma(y). \tag{7.17}$$

We prefer to subtract x because despite the more complicated formula, the flawless homogeneity makes it easier to check that $|\nabla_x \Phi_r(x)| \leq C$. We will also need to know that

$$\operatorname{dist}\left(\Phi_{r}(x), P\right) \le C\alpha r. \tag{7.18}$$

Indeed, it is obvious that $\widetilde{\Phi}_r(x) \in P$ because μ is supported in P, so $\operatorname{dist}(\Phi_r(x), P) \leq |\Phi_r(x) - \widetilde{\Phi}_r(x)| \leq Cr\alpha$ by (7.14).

Let us return to (7.15), set $V(x) = \nabla_x \Phi_r(x)$ to save notation, and notice that

$$\nabla_{\mathbf{x}}[\eta_r(\mathbf{y} - \Phi_r(\mathbf{x}))] = -r^{-d-1}\nabla\eta((\mathbf{y} - \Phi_r(\mathbf{x}))/r) \cdot V(\mathbf{x}),$$

so that (7.15) becomes

$$\nabla_{\boldsymbol{x}}\lambda(\boldsymbol{x},r) = -r^{-d-1} \left(\int_{E} \nabla \eta((\boldsymbol{y} - \boldsymbol{\Phi}_{r}(\boldsymbol{x})) \, \mathrm{d}\sigma(\boldsymbol{y}) \right) \cdot \boldsymbol{V}(\boldsymbol{x}), \tag{7.19}$$

where we pulled V(x) out of the integral to stress the fact that it does not depend on y. Since V(x) is bounded, we see that $|\nabla_x \lambda(x,r)| \leq CA$, where

$$A = r^{-d-1} \int_{E} \nabla \eta((y - \Phi_{r}(x)) \, d\sigma(y). \tag{7.20}$$

Let us compare A with the same expression A_1 , where we just replace σ by μ . Notice that the integrand $f(y) = \nabla \eta((y - \Phi_r(x)/r))$ is a nice Lipschitz function supported on B(x,r), with Lipschitz norm less than Cr^{-1} , so

$$|A - A_1| = r^{-d-1} \left| \int_E f(y) (d\sigma(y) - d\mu(y)) \right| \le C\alpha r^{-1}$$

by (7.7) and the definition of μ , and where we get an extra r^{-1} coming from the Lipschitz norm of f. Next set denote by ξ the orthogonal projection of $\Phi_r(x)$ on P, and consider

$$A_2 = -r^{-d-1} \int_P \nabla \eta((y-\xi)/r) \,\mathrm{d}\mu(y),$$

where we just replaced $\Phi_r(x)$ by ξ in the definition of A_1 . We claim that $A_2 \cdot V = 0$ for every vector V (and hence $A_2 = 0$). When V is parallel to P, $A_2 \cdot V = 0$ because we integrate the partial derivative in the direction of V of a function with compact support. When instead V is orthogonal to P, $V(x) \cdot \nabla \eta((y-\xi)/r) = 0$ for every $Y \in P$, because η is radial and V is orthogonal to the direction of $Y - \xi$. So $A_2(V) = 0$. Finally, $|A_1(V) - A_2(V)| \leq Cr^{-1}|\Phi_r(x)/r - \xi/r| \leq Cr^{-1}\alpha$, by differentiating again under the integral, between $\Phi_r(x)$ and ξ . Altogether $|\nabla_x \lambda(x,r)| \leq CA \leq Cr^{-1}\alpha$; this proves the x-derivative part of (7.11), and indeed the only important properties of $\Phi_r(x)$ are that

$$|\nabla_{\mathbf{x}}\Phi_{r}(\mathbf{x})| \le C \text{ and dist } (\Phi_{r}(\mathbf{x}), P) \le C\alpha r.$$
 (7.21)

We still need to take care of r-derivatives, and this will work the same way. This time we need to compute

$$\partial_r \lambda(x, r) = \int_E \partial_r [\eta_r(y - \Phi_r(x))] \, d\sigma(y), \tag{7.22}$$

and we start with the derivatives of λ_0 and $\Phi_r(x)$ with respect to r. The derivative of $\eta_r(y - x) = r^{-d} \eta((y - x)/r)$ is

$$\frac{\partial}{\partial r} \left(\eta_r(y - x) \right) = -dr^{-d-1} \eta((y - x)/r) - r^{-d-2} \nabla \eta((y - x)/r) \cdot (y - x), \tag{7.23}$$

which means that for instance

$$\partial_r \lambda_0(x,r) = -r^{-d-1} \int_E \left[d\eta((y-x)/r) + \nabla \eta((y-x)/r) \cdot (y-x)/r \right] d\sigma(y). \tag{7.24}$$

Then $r\partial_r \lambda_0(x,r)$ is also bounded, as for $\nabla_x \lambda(x,r)$.

Next we study $W = \partial_r \Phi_r(x) = \partial_r [\Phi_r(x) - x]$, with $\Phi_r(x) - x = \lambda_0(x, r)^{-1} \int_{E \cap B(x, r)} \Phi_r(x) dx$ (y-x) $\eta_r(y-x)$ $d\sigma(y)$. Recall that $C^{-1} \leq \lambda_0(x,r) \leq C$ and $\int_{E \cap B(x,r)} (y-x) \, \eta_r(y-x) \, d\sigma(y) \leq Cr$. The part W_1 where we differentiate $\lambda_0(x,r)^{-1}$ is thus at most $Cr|\partial_r\lambda_0(x,r)| \leq C$; we are left with $W_2 = \int_{E \cap B(x,r)} (y-x) \frac{\partial}{\partial r} \left(\eta_r(y-x) \right) \mathrm{d}\sigma(y)$. We use (7.23) again, get one more power of r than in (7.24), and it follows that W is bounded. Finally, we return to (7.22); compared to the computation for λ_0 , we get an extra term coming from W. That is,

$$\begin{split} \partial_r \lambda(x,r) &= -r^{-d-1} \int_E \left[d\eta ((y-\Phi_r(x))/r) + \nabla \eta ((y-\Phi_r(x))/r) \cdot (y-\Phi_r(x))/r \right. \\ &\left. + \nabla \eta ((y-\Phi_r(x))/r) \cdot W \right] \mathrm{d}\sigma(y) \end{split} \tag{7.25}$$

and we just need to estimate $A = r^{-d-1} \int_{\mathbb{R}} \nabla \eta((y - \Phi_r(x))/r)$ because W is bounded. We are lucky; A is the same as in (7.20), and we proved that $|A| \leq Cr^{-1}\alpha$, so $|\partial_r\lambda(x,r)Cr^{-1}\alpha|$ as well, and the full (7.11) follows. This also completes our proof of (7.4) (because of (7.12)).

7.2 The distance function D_{α} versus the distance to a good plane

Now we take a distance $D=D_{\sigma,\alpha}$ related to σ , and use the α numbers to compare it locally to the distance to a plane.

Lemma 7.26. Let σ be any Ahlfors-regular measure on any AR set, and define $D=D_{\sigma,\alpha}$ by (11.2). For $x \in E$, r > 0, any d-plane P = P(x, r) that almost minimizes in the definition of $\alpha(x, 16r)$, $z \in B(x, 2r)$ such that

$$\min(\operatorname{dist}(z, P), \operatorname{dist}(z, E)) > 10^{-2}r,$$
 (7.27)

we have

$$\left| \frac{D(z)}{\operatorname{dist}(z, P(x, r))} - C_{\alpha} \lambda(x, r)^{-1/\alpha} \right| \le C \sum_{l > 4} 2^{-\alpha l} \alpha(x, 2^{l} r), \tag{7.28}$$

where C depends on n and the AR constants for σ and C_{α} is a dimensional constant that does not depend on E or σ .

We could stop the sum when $2^l r \geq 10$ if we are really talking about σ and the approximating surface Σ , but we continue it forever because we are talking about an arbitrary Ahlfors-regular set E with an Ahlfors regular measure σ on it. We did not require E to be uniformly rectifiable in the statement, but this assumption will be very useful to control the right-hand side through Tolsa's theorem.

We like to keep some choice on which good plane P = P(x, r) to use because some different constraints may show up.

Proof. This statement looks like [13, Lemma 6.57], but since the notation may be confusing we give a proof here. This will allow us to think at the same time about a similar control on the difference between the quantities $\nabla_z D$ and $C_\alpha \lambda(x,r)^{-1/\alpha} \nabla_z \operatorname{dist}(z,P)$, which of course is $C_\alpha \lambda(x,r)^{-1/\alpha}$ times the unit vector that points in the direction opposite (and orthogonal) to P.

Notice that with our assumption (7.27), both D(z) and dist (z, P) are both of the order of r, and $\lambda(x, r)$ is bounded from above and below, we may instead check that

$$\left|D(z)^{-\alpha}\operatorname{dist}(z,P)^{\alpha} - C'_{\alpha}\lambda(x,r)\right| \le C\sum_{l\ge 1} 2^{-\alpha l}\alpha(x,2^lr),\tag{7.29}$$

where by (11.2)

$$D(z)^{-\alpha} = \int_{E} |z - y|^{-d - \alpha} d\sigma(y), \qquad (7.30)$$

which is easier to compute. And in the gradient variant, we would compare the gradient of $D^{-\alpha}$ to $C'_{\alpha}\lambda(x,r)$ times the gradient of dist $(z,P(z))^{-\alpha}$.

When we say that P = P(x, r) that almost minimizes in the definition of $\alpha(x, 16r)$, we mean that there is a flat measure μ_0 on P such that, say,

$$\operatorname{dist}_{x,16r}(\sigma,\mu_0) \le 2\alpha(x,16r).$$
 (7.31)

We proceed as in [13, Lemma 6.57], and cut $D(z)^{-\alpha}$ into pieces

$$I_k = \int |z - y|^{-d - \alpha} \theta_k(y) \, d\sigma(y), \tag{7.32}$$

where the θ_k form a smooth partition of 1 such that θ_k is supported in the annulus $A_k = B(x, 2^{k+4}r) \setminus B(x, 2^{k+2}r)$ (but just $A_k = B(x, 16r)$ for k = 0). We also set

$$I'_{k} = \int |z - y|^{-d - \alpha} \theta_{k}(y) \, \mathrm{d}\mu_{0}(y). \tag{7.33}$$

Next write $\mu_0 = \lambda \mathcal{H}^d_{|P}$, and observe that

$$\sum_{k} I'_{k} = \lambda \int_{P} |z - y|^{-d - \alpha} d\mathcal{H}^{d}(y) = C''_{\alpha} \lambda \operatorname{dist}(z, P)^{-\alpha}, \tag{7.34}$$

by rotation and dilation invariance. So we want to estimate $\sum |I_k - I_k'|$. Also, for k large, $\alpha(x, 16r)$ does not control the difference between σ and μ_0 , so we will need a flat measure $\mu_k = \lambda_k \mathcal{H}^d_{|P_k|}$ that nearly minimizes in the definition of $\alpha(x, 2^{k+4}r)$, as in (7.31) but at a larger scale; we also set

$$I_k'' = \int |z - y|^{-d - \alpha} \theta_k(y) \, \mathrm{d}\mu_k(y) = \int f_k(y) \, \mathrm{d}\mu_k(y), \tag{7.35}$$

with $f_k(y) = |z-y|^{-d-\alpha}\theta_k(y)$. Obviously, we want to use the definition of dist $x, 2^{k+4}r(\sigma, \mu_k)$ to the function f_k . Notice that f_k is supported in $B_k = B(x, 2^{k+4}r)$, but the reader may be afraid that it is not smooth near z.

When $k \geq 1$, we know that $z \in B(x,2r)$ and $y \in A_k$, so $|z-y| \geq 2^{k+1}r$, f_k is Lipschitz with a constant $C(2^k r)^{-(d+\alpha+1)}$, and (7.7) yields

$$|I_k'' - I_k| \le C||f_k||_{lip} (2^{k+4}r)^{d+1} \operatorname{dist}_{x,2^{k+4}r}(\sigma,\mu_k) \le C(2^kr)^{-\alpha} \alpha(x,2^{k+4}r). \tag{7.36}$$

When k = 0, the function f_k as it is defined has a singularity at z, but our assumption (7.27) says that it lies at distance at least $10^{-2}r$ from both E and P. So we may modify θ_0 , so that θ_0 and f_0 take the same values as before on E and P, but now f_k is smooth, with $||f_0||_{lip} \leq Cr^{-(d+\alpha+1)}$; then (7.36) is also valid with k=0.

Note that if we wanted to estimate a derivative of order m of $D_{\sigma,\alpha}$ we could just apply the same argument, with a function f_k coming from a derivative of $|z-y|^{-d-\alpha}$, with the effect of merely adding $C2^{-km}r^{-m}$ in the the right-hand side of (7.36). The same remark will apply to the computations and estimates that follow.

Next we estimate $|I_k''-I_k'|$, where we go from μ_0 to μ_k ; we write this as a telescopic sum, that is, say that $|I_k''-I_k'| \leq \sum_{1 \leq j \leq k} \delta_{j,k}$, where

$$\delta_{j,k} = \int f_k(y) (d\mu_j(y) - d\mu_{j-1}(y)). \tag{7.37}$$

The difference between μ_j and μ_{j-1} is controlled by $\alpha(x,2^{j+4}r)+\alpha(x,2^{j+3}r)$ (compare both measures to σ and use the triangle inequality in (7.7)). Since we are talking about flat measures here, this has two contributions on δ_j . The 1st one is from the difference of densities $|\lambda_j-\lambda_{j-1}|\leq C\alpha(x,2^{j+4}r)+\alpha(x,2^{j+3}r)$, which we need to multiply by $C(2^kr)^d||f_k(y)||_{\infty}\leq C(2^kr)^{-\alpha}$. The 2nd one is from the distance between the planes in the region A_k , which is less than $C(\alpha(x,2^{j+4}r)+\alpha(x,2^{j+3}r))(2^kr)$, which we need to multiply by $C(2^kr)^d||f_k(y)||_{lip}\leq C(2^kr)^{-1-\alpha}$. We sum and get that

$$\delta_{ik} \le C(2^k r)^{-\alpha} (\alpha(x, 2^{j+4}r) + \alpha(x, 2^{j+3}r)),$$
 (7.38)

and then

$$\sum_{k\geq 1} |I_k'' - I_k'| \leq \sum_{k\geq 1} \sum_{1\leq j \leq k} \delta_{j,k} \leq \sum_{j\geq 1} (\alpha(x, 2^{j+4}r) + \alpha(x, 2^{j+3}r))(2^j r)^{-\alpha}. \tag{7.39}$$

Finally, we need to evaluate $\lambda - \lambda(x,r)$. Let us compute $I = \int \eta_r(y - \Phi_r(x)) \, \mathrm{d}\mu_0$, where $\eta_r(y - \Phi_r(x))$ is the same function that was used in the definition (7.3) of $\lambda(x,r)$.

We finally evaluate λ , by computing $I=\int \eta_r(y-\Phi_r(x)) \,\mathrm{d}\mu_0(y)$, where $\eta_r(y-\Phi_r(x))$ is the same function that was used in the definition (7.3) of $\lambda(x,r)$. This way, replacing μ_0 with σ in I would yield $\lambda(x,r)$, and so

$$|I - \lambda(x, r)| \le Cr^{d+1} ||\eta_r(\cdot - \Phi_r(x))||_{lip} \alpha(x, 16r) \le C\alpha(x, 16r)$$
 (7.40)

by (7.7) and the definition of μ_0 . If $\Phi_r(x)$ were luckily lying on P, we would get $I = \lambda$ immediately, because η is radial and $\int \eta_r = 1$ on \mathbb{R}^d ; this is not necessarily true, but we

will check in a moment that

$$\operatorname{dist}\left(\Phi_{r}(x), P\right) \le Cr\alpha(x, 16r),\tag{7.41}$$

and then it will follow, by the usual argument where we estimate the derivative of $\xi o \int_{P(x,r)} \eta_r(z-\xi) \,\mathrm{d}\mu_0(z)$ along a segment from $\Phi_r(x)$ to P, that

$$|\lambda - \lambda(x, r)| \le C\alpha(x, 16r). \tag{7.42}$$

Incidentally, this is the reason why we decided to use $\lambda(x,r)$ rather than λ_0 : it could happen that dist (x, P) is much larger than $Cr\alpha(x, 16r)$. To check (7.41), we return to the definition of $\Phi_r(x)$ by (7.2), project on the (n-d)-space orthogonal the direction of P(x,r), and then use the triangle inequality to find that

$$\operatorname{dist}(\Phi_{r}(x), P) \leq \lambda_{0}(x, r)^{-1} \int_{E \cap B(x, r)} \operatorname{dist}(y, P(x, r) \eta_{r}(y - x) d\sigma(y)$$

$$\leq C\lambda_{0}(x, r)^{-1} r\alpha(x, 16r) \leq Cr\alpha(x, 16r),$$
(7.43)

where the last inequalities come again from (7.7) and the definition of μ_0 because the same integral, but against $d\mu_0$, would give 0 because we would integrate on P(x,r); (7.41) follows.

We may now summarize. We have seen that $D(z)^{-\alpha} = \sum_k I_k$ is quite close to $\sum_{k} I'_{k}$, by (7.36), and then to $\sum_{k} I'_{k}$, by (7.39); then by (7.34) $\sum_{k} I'_{k} = C''_{\alpha} \lambda \operatorname{dist}(z, P)^{-\alpha}$ Thus, by (7.42),

$$\left| D(z)^{-\alpha} - C_{\alpha}^{"} \lambda(x, r) \operatorname{dist}(z, P)^{-\alpha} \right| \le C r^{-\alpha} \sum_{k} 2^{-k\alpha} \alpha(x, 2^{k+4} r), \tag{7.44}$$

which is the same as (7.29) and implies (7.28). Lemma 7.26 follows.

The distance $D_{\Sigma}(g(x,t))$

In what follows, we return to the construction of a bilipschitz change of variable associated to a stopping time region Θ and give a good evaluation of the distance $D_{\Sigma}(g(x,t))$ associated to $\Sigma = g(\mathbb{R}^d)$, first compared to the distance to a good plane.

We shall use the same notation as in the 1st part, and in particular work on \mathbb{R}^n , except that we use the coordinates $y \in \mathbb{R}^d$ and $t \in \mathbb{R}^{n-d}$ to avoid some confusion with the previous subsection. In the present subsection, we use the distance D_{Σ} associated with the surface $\Sigma = g(\mathbb{R}^d)$, where we put any Ahlfors-regular measure σ , and we relate this to our change of variable. We no longer mention the exponent α in the notation, both because it is fixed and we want to avoid extra confusion with the Tolsa numbers.

Proposition 7.45. The function Φ defined by

$$\Phi(y,t) = \left| \frac{D_{\Sigma}(g(y,t))}{|t|} - C_{\alpha} \lambda_{\sigma}(f(y),|t|)^{-1/\alpha} \right|$$
(7.46)

satisfies a Carleson condition on Ω_0 .

As the reader guessed, λ_{σ} is the same function λ as above, but associated to the measure σ and the set Σ . The constant C_{α} is the same as above.

Later in the subsection, we will manage to apply (7.28), but for the moment we first estimate the distance from g(y,t) to some other plane that we define now. Let $(y,t)\in\Omega_0$ be given, and as always set r=|t|. Also set x=f(y) and z=g(y,t). Choose k=k(t), as we did above, to be the largest integer such that $\rho_k(t)\neq 0$ (see near the definition (6.1) of g). Let as before $T_k(y)$ denote the tangent plane to Σ_k at $f_k(y)$, and recall from (6.1) that

$$z = g(y, t) = \sum_{j>0} \rho_k(t) \left\{ f_j(y) + R_j(y) \cdot t \right\}.$$
 (7.47)

In this sum, there are at most 3 terms, corresponding to j=k,k-1,k-2 (when they are nonnegative), and we will see that these terms are almost the same. Set $z'=f_k(y)+R_k(y)\cdot t$; notice that since $z'-f_k(y)=R_k(y)\cdot t$ is orthogonal to $T_k(y)$ (because $R_k(y)$ maps (the orthogonal complement of) \mathbb{R}^d to (the orthogonal complement of) $T_k(y)$,

$$dist(z', T_k(y)) = |z' - f_k(y)| = |t|.$$
(7.48)

We want to compare $D_{\Sigma}(g(x,t))=D_{\Sigma}(z)$ to $\operatorname{dist}(z',T_k(y)).$ Some error terms will come from |z-z'|, but observe that

$$\psi_1(y,t) := |t|^{-1}|z-z'| \leq |t|^{-1} \sum_{k-2 \leq j \leq k-1} |f_j(y) - f_k(y)| + |t| \, |R_j(y) - R_k(y)|; \tag{7.49}$$

(by (7.47)). Notice that ψ_1 satisfies a Carleson condition by our treatment of D_1 from (6.11).

Next we want to use (7.48) to estimate $\operatorname{dist}(z', P(x, r))$ where P(x, r) is a good plane to apply (7.28). More precisely, since we want to apply (7.28) to various points, we choose for each $x \in \Sigma$ and r > 0 a nearly optimal flat measure $\mu_{x,r}$ for $\alpha(x, 16r)$ (where the α -numbers are associated to Σ and σ), and then let P(x,r) be the support of $\mu_{x,r}$.

We return to our initial pair (y,t), and try to estimate the distance between P(x,r) and $T_k(y)$. This will take some time, but we shall remember that the main property of P(x,r) in this respect is that

$$\int_{\Sigma \cap B(x,8r)} \operatorname{dist}(w, P(x,r)) \, d\sigma(w) \le Cr^{d+1}\alpha(x, 16r), \tag{7.50}$$

which as usual we obtain by testing the product of dist(w, P(x, r)) by a bump function against the difference $\sigma - \mu_{x,r}$. Thus, it makes sense to estimate the distance from points of $\Sigma \cap B(x, 8r)$ to $T_k(y)$ too.

We start with the distance from points of Σ_k to $T_k(y)$. Let L be a bound for the bilipschitz constant for f and the f_k . Such a uniform bound for the f_k comes from the proof of Lemma 4.8, but if the reader does not want to believe this, there is an easy fix explained below. Set

$$\psi_2(y,t) = r^{-1} \sup_{w \in \Sigma_k \cap B(x,(10L)^{-2}r)} \mathrm{dist}(w,T_k(y)); \tag{7.51}$$

we want to show that this is a Carleson function. For t so large that k = k(t) = 0, $\Sigma_k = T_k(y) = P_0$ and so $\psi_2(y,t) = 0$. Hence, we can restrict our attention to the pairs (y, t) such that $k = k(t) \ge 1$.

We start with the simpler function

$$\psi_{3}(y,t) = \sup_{y' \in P_{0} \cap B(y,((2L)^{-1}r_{k})} r_{k}|DR_{k}(y')|, \tag{7.52}$$

where in fact we restrict to t such that $k(t) \ge 1$ (otherwise set $\psi_3(y,t) = 0$).

To estimate $\psi_3(y,t)$, let $y' \in P_0 \cap B(y,(2L)^{-1}r_k)$, and first assume that $f_k(y') \in V_k^8$. Then (5.14) says that $r_k|DR_k(y')| \leq C\widehat{\varepsilon}_k(y')$, where $\widehat{\varepsilon}_k(y') = \sum_{l \leq k} 2^{l-k} \varepsilon_l''(f(y'))$. But recall that when we chose f(y') to evaluate the ε''_l , we could in fact have chosen any point wsuch that $|w-f(y')| \le r_k/2$, and in particular, since f is M-bilipschitz and |y'-y| < r $(2L)^{-1}r_k$, w=f(y). Thus, $|DR_k(y')|\leq C\widehat{\varepsilon}_k(y)$ in this case. Notice also that if $f_k(y)\in V_k^7$ and since f_k is bilipschitz, this holds for all $y' \in P_0 \cap B(y, (2L)^{-1}r_k)$. If you do not trust this, use (4.23) to go through |f(y) - f(y')|.

A 2nd case is when $f_k(y) \in V_k^{11} \setminus V_k^7$; this is a little larger than the usual dying zone, but Lemma 4.28 still says that for a given y this happens for at most one k. Then we use (5.9), which is valid everywhere, to get that $r_k|DR_k(y')| \leq C\varepsilon$ on $P_0 \cap B(y, (2L)^{-1}r_k)$.

When $f_k(y) \in \Sigma_k \setminus V_k^{11}$, we return to the largest l such that $f_l(V_k^{11})$, find that $R_k(y') = R_{l+1}(y')$, use the estimate above, and find that $r_k|DR_k(y')| \leq C10^{l-k}\varepsilon$ on $P_0 \cap B(y,(2L)^{-1}r_k)$. Now we can follow our estimates for D_4 (see near (6.24)–(6.25)) and find that ψ_3 satisfies the Carleson condition.

Next we use ψ_3 to control ψ_2 . Let $w \in \Sigma_k \cap B(x,(10L)^{-2}r)$ be given. A way to find out where w lies is to return to $u \in \Sigma_0$ such that $f_k(u) = w$, take the line segment [y,u], and follow its image by f_k . Recall that x = f(y) and $|f(u) - w| = |f(u) - f_k(u)| \le Cr_k \varepsilon$ by (4.23), so $|y - u| \le (90L)^{-1}r \le (4L)^{-1}r_k$ because $r \le 20r_k$ by (6.3). Then by (7.51)

$$|R_k(s) - R_k(y)| \le |s - y| r_k^{-1} \psi_3(y, t) \text{ for } s \in [y, u].$$
 (7.53)

But $R_k(y)$ maps \mathbb{R}^d to the vector space parallel to $T_k(y)$, so the derivative in $s \in [y,u]$ of $\mathrm{dist}\,(f_k(s),T_k(y))$ is at most $C|R_k(s)-R_k(y)| \leq C\psi_3(y,t)$. Of course, this distance is null for $f_k(y)$; hence, it is at most $Cr_k\psi_3(y,t)$ at the end of the path, for $w=f_k(u)$. That is, $\mathrm{dist}\,(w,T_k(y)) \leq Cr_k\psi_3(y,t)$, and this proves that $\psi_2 \leq C\psi_3$, hence ψ_2 satisfies a Carleson measure estimate.

This is not over yet; now want to control the average distance from Σ to Σ_k , that is,

$$\psi_4(y,t) = r^{-d-1} \int_{\Sigma \cap B(x,(20L)^{-1}r)} \operatorname{dist}(w,\Sigma_k) \, \mathrm{d}\sigma(w), \tag{7.54}$$

and show that

$$\psi_4$$
 satisfies a Carleson estimate. (7.55)

We start when $r \geq 10^{-2}$ use the fact that for $w \in \Sigma$, we can write w = f(u) for some $u \in P_0$, and then $\mathrm{dist}(w, \Sigma_k) \leq |w - f_k(u)| = |f(u) - f_k(u)| \leq C\varepsilon$ by (4.23), so that

$$\psi_4(y,t) \le C\varepsilon \text{ for } |t| \ge 10^{-2}. \tag{7.56}$$

It is easy to see that (7.56) gives a bounded contribution to the Carleson norm of $\psi_4(x,t)^2 \frac{dxdt}{|t|^{n-d}}$. Otherwise, when $|t| \le 10^{-2}$, $k \ge 1$ and, since $r_k \le r \le 20r_k$ by (6.3),

$$\begin{split} \psi_4(y,t) & \leq C r_k^{-d-1} \int_{\Sigma \cap B(x,L^{-1}r_k)} \mathrm{dist}\,(w,\Sigma_k) \, \mathrm{d}\sigma(w) \leq C r_k^{-d-1} \int_{P_0 \cap B(y,r_k)} \mathrm{dist}\,(f(u),\Sigma_k) \, \mathrm{d}u \\ & \leq C r_k^{-d-1} \int_{P_0 \cap B(y,r_k)} |f(u) - f_k(u)| \, \mathrm{d}u \leq C r_k^{-d-1} \int_{P_0 \cap B(y,r_k)} \sum_{l > k} |f_{l+1}(u) - f_l(u)| \, \mathrm{d}u. \end{split}$$

We take our earlier estimate for $|f_{l+1}(u) - f_l(u)|$, which we did when we estimated D_{11} in (6.19), and which writes

$$|f_{l+1}(u) - f_l(u)| \le Cr_l(\varepsilon_l''(u) + \varepsilon \delta_l(u)) \tag{7.57}$$

where $\delta_k(u)=1$ when $f_l(u)\in V_l^{10}\setminus V_l^{8}$, and $\delta_k(u)=0$ otherwise. Thus by Cauchy–Schwarz

$$\psi_4(y,t)^2 \le Cr_k^{-d} \sum_{l > k} 10^{l-k} \int_{P_0 \cap B(y,r_k)} \varepsilon_l''(u)^2 + \varepsilon^2 \delta_l(u)^2 \, \mathrm{d}u, \tag{7.58}$$

where $10^{l-k}=r_k^{-1}r_l$. Set $\psi_4'(y,t)=\psi_4(t,y)\mathbf{1}_{k(t)\geq 1}$ (the piece that we estimate now). We integrate (7.58) on a Carleson box $B(X,R)\subset\mathbb{R}^n$ centered at $X=(x_0,0)\in P_0$, and get

$$\int_{B(X,R)} \psi_4'(y,t)^2 \frac{\mathrm{d} y \mathrm{d} t}{|t|^{n-d}} \leq C \sum_{k>1} \sum_{l>k} 10^{l-k} \int_{(y,t) \in B(X,R); k(t)=k} \int_{P_0 \cap B(y,r_k)} \varepsilon_l''(u)^2 + \varepsilon^2 \delta_l(u)^2 \frac{\mathrm{d} u \mathrm{d} y \mathrm{d} t}{r_k^d |t|^{n-d}}.$$

Given y, u, $l \ge 1$, and $k \in [1, l]$, we integrate in the region where $r_k \le |t| \le 20r_k$, where $\int_t \frac{dt}{|t|^{n-d}} \le C$. Then we sum over $y \in B(u, r_k)$ and make the r_k^d disappear. Then we sum the geometric series in k, and are left with

$$\int_{B(X,R)} \psi_4'(y,t)^2 \frac{\mathrm{d}y \mathrm{d}t}{|t|^{n-d}} \le C \sum_l \int_{P_0 \cap B(x_0,2R)} \varepsilon_l''(u)^2 + \varepsilon^2 \delta_l(u)^2. \tag{7.59}$$

where we used the fact that $|u-x_0| \le |u-y| + |y-x_0| \le r_k + R$ and $r_k \le |t| \le R$. Notice that $r_l \le r_k \le |t| \le R$ in the sum above; we use the Carleson measure estimates proved in Section 6 and get less than CR^d . This completes our proof of (7.55).

We are now ready to compare P(x,r) (from (7.50)) and $T_k(y)$, and we start with the most interesting case when $r \leq 100$ (so that $r_k \sim r$). Since (7.50) and (7.54) are merely averages, we start with a Chebyshev argument to select good points ξ_j of $\Sigma \cap B(x,r)$. We assume that $\psi_2(y,t)$, $\psi_4(y,t)$, and $\alpha(x,16r)$ are small; otherwise, we will be happy with a trivial estimate.

We first choose points near which we want to select these points. Lemma 6.2 in [15] says that in $B(x,19r_k)$, Σ_k coincides with the graph over a plane P of some $C\varepsilon$ -Lipschitz function. Let P' be the vector d-plane parallel to P, and choose an orthonormal basis e_1,\ldots,e_d of P'. Then set $w_j=f_k(y)+(20L)^{-2}e_jr_k$ for $j\geq 1$ and $w_0=f_k(y)$. By the Lipschitz graph description, we can find points $w_j'\in\Sigma_k$ such that $|w_j'-w_j|\leq (200L)^{-2}r_k$. Then by (7.50), (7.54), the Ahlfors regularity of Σ , and Chebyshev, we can find points $\xi_j\in\Sigma_k$, such that $|\xi_j-w_j|\leq (200L)^{-2}r_k$, and for which

$$\operatorname{dist}(\xi_{j}, P(x, r)) \leq C\alpha(x, 16r)r_{k} \text{ and } \operatorname{dist}(\xi_{j}, \Sigma_{k}) \leq C\psi_{4}(y, t). \tag{7.60}$$

By the definition (7.51) of ψ_2 (and if $\psi_4(y,t)$ is small enough to guarantee that ${\rm dist}\,(\xi_j,\Sigma_k)\leq (4L)^{-1}$), we even get that

$$dist(\xi_{i}, T_{k}(y)) \le C\psi_{4}(y, t) + \psi_{2}(y, t). \tag{7.61}$$

Thus, we manage to find d+1 points ξ_i of Σ , that are sufficiently far from each other, and that all lie very close to both P(x,r) and $T_k(y)$. With a little bit of geometry, we get that

$$d_{x,10r_k}(P(x,r),T_k(y)) \leq C\alpha(x,16r) + C\psi_2(y,t) + C\psi_4(y,t); \tag{7.62}$$

see the discussion below (4.9) and [15, Lemma 12.7 on page 74]. Of course, this estimate is still valid when the right-hand side of (7.62) is large, but it is useless.

Also, we forgot the case when $r\geq 100$, but then k=0, $T_k(y)=P_0$, the construction of Σ_k gives ${\rm dist}\,(w,P_0)\leq C\varepsilon$ for every $w\in \Sigma_k$, and the same argument as above yields

$$d_{x,10r}(P(x,r), T_k(y)) = d_{x,10r}(P(x,r), P_0) \le C\alpha(x, 16r) + C\varepsilon r^{-1}.$$
 (7.63)

Finally, we return to the point z' of (7.48). Notice that $z' \in B(x,2r)$ because $|z'-f_k(y)|=|t|=r$ (by (7.48)) and $|f_k(y)-x|=|f_k(y)-f(y)|\leq C\varepsilon r_k\leq C\varepsilon r$ (by (4.23)). In addition,

$$r^{-1}|\operatorname{dist}(z',P(x,r)) - r| \le C\alpha(x,16r)r + C\psi_2(y,t) + C\psi_4(y,t)r \tag{7.64}$$

when $r \leq 100$ (by (7.48) and (7.62)), and

$$r^{-1}|\operatorname{dist}(z', P(x, r)) - r| \le C\alpha(x, 16r)r + C\varepsilon r^{-1}$$
(7.65)

otherwise (by (7.63)). Let us first assume for the moment that these numbers are small, and try to apply Lemma 7.26 to z' and P(x,r). Notice that $\operatorname{dist}(z',P(x,r)) \geq r/2$ directly by (7.65), but we also need to show that $\operatorname{dist}(z', P(x, r)) \geq 10^{-2}r$. Recall that $\int_{\Sigma \cap B(x,8r)} \operatorname{dist}(w,P(x,r)) \, d\sigma(w) \leq Cr^{d+1}\alpha(x,16r)$, by (7.50); it then follows from the Ahlfors regularity of Σ that $\operatorname{dist}(w,P(x,r)) \leq 10^{-1}r$ for $w \in E \cap B(x,7r)$, and since $z' \in B(x, 2r)$, that dist $(z', P(x, r)) \ge 10^{-2}r$, as needed for (7.27). So (7.28) holds, hence

$$|D_{\Sigma}(z') - C_{\alpha}\lambda_{\sigma}(x,r)^{-1/\alpha}\operatorname{dist}(z,P(x,r))| \le Cr\sum_{l \ge 4} 2^{-\alpha l}\alpha(x,2^{l}r)$$
(7.66)

(where we also used the fact that $dist(z, P(x, r)) \leq 3r$ to multiply the estimate). Recall from (7.49) that $|z-z'|=|t|\psi_1(y,t)=r\psi_1(y,t)$, and since it is easy to check that D_{Σ} is Lipschitz, we also have

$$|D_{\Sigma}(z') - |D_{\Sigma}(z)| \le Cr\psi_1(y, t).$$
 (7.67)

We add (7.67), (7.66), and (7.65) or (7.64) and get a good control on $r^{-1}|D_{\Sigma}(z)$ – $C_{\alpha}\lambda_{\alpha}(x,r)^{-1/\alpha}|t|$, which is the same as $\Phi(y,t)$ in (7.46).

When the controlling numbers in (7.65) are large, we just say that $\Phi(y,t) < C$.

At this point, we have a good control of $\Phi(y,t)$ by various quantities, which are functions of (y,t), and we just need to check that they satisfy Carleson measure estimates on Ω_0 .

For the functions ψ_i , this was proved along the way. For the α -function, it is a function of (x,r) that satisfies a Carleson measure estimate in $\Sigma \times (0,+\infty)$, by the theorem of Tolsa [31] (also see [13, Lemma 5.89] for the control of the geometric series and Theorem 9.1 below for a statement of the dyadic version of this result), and it is easy to see that when we compose it with the mapping $(y,t) \to (x,r) = (f(x),|t|)$, we get a function of (x,t) that satisfies a Carleson estimate. We are left with the last term $C\varepsilon r^{-1}\mathbf{1}_{r>100}$, from (7.65), which also satisfies a Carleson measure estimate by direct computation. This completes our proof of Proposition 7.45.

8 Surgery with D_{Σ} and D_E

In the previous section, we managed to control reasonably well the effect of our change of variable g, provided that we consider the distance $D_{\Sigma} = D_{\Sigma,\sigma}$ associated to an (in fact, any) Ahlfors regular measure σ on Σ .

In the larger picture, we started from a set E, with its own Ahlfors regular measure (we shall now call it μ), and we would like to use the corresponding distance function $D_E = D_{E,\mu}$. Notice that both measures also depend on α , but we shall not mention this in the notation.

It does not make sense to compare our two measures in the places where E and Σ have nothing to do with each other, so we will only compare them in the same region

$$\Omega_{\Theta} = \bigcup_{Q \in \Theta} W(Q), \tag{8.1}$$

where for each $Q \in \Theta$, W(Q) is the Whitney box defined by

$$W(Q) = \left\{ x \in B(x_Q, M_0 l(Q)); \text{ dist } (x, E) \ge M_0^{-1} l(Q) \right\}. \tag{8.2}$$

As the reader may have guessed, the precise shape of Ω_{Θ} does not matter so much, but we probably do not want it to be too small because this is the region where we can play. We state the main result of this section, and then discuss.

Proposition 8.3. Suppose E is uniformly rectifiable, μ is an Ahlfors regular measure on E, Θ satisfies the conditions of Section 4 (with M large enough and ε_1 small enough), and $\Sigma=f(P_0)$ denote the surface constructed above. Then there is an Ahlfors regular measure σ on Σ such that

$$\Psi:=\mathbf{1}_{\Omega_{\Theta}}\left|rac{D_{E,\mu}}{D_{\Sigma,\sigma}}-1
ight|$$
 satisfies a Carleson measure condition on $\mathbb{R}^n\setminus\Sigma$. (8.4)

Here it is more convenient (or just safer) to let M_0 be as large as possible, then choose M and ε_1 , and do the stopping time construction accordingly. We may pay a huge price (depending on M_0), but this is more transparent.

We decided to require a Carleson measure estimate relative to Σ because $\mathbb{R}^n \setminus \Sigma$ is the place the where distance function \widehat{D} below will live, and this is also the region where we hope to use our change of variable to control operators. We could equally prove a Carleson measure estimate relative to E, in fact with the same proof; see the remark below (8.41).

The goal of this is to control a degenerate elliptic operator $L=L_E$ associated to $D_{E,\mu}$ on $\Omega_E=\mathbb{R}^n\setminus E$, and we hope to compare it to an operator \widehat{L} on $\Omega_\Sigma=\mathbb{R}^n\setminus \Sigma$, but we would like to keep the same formula on a set which is as large as possible, so we let \widehat{L} be associated to the distance function \widehat{D} defined by

$$\widehat{D}(z) = D_{E,u}(z) \text{ for } z \in \Omega_{\Theta}$$
 (8.5)

and

$$\widehat{D}(z) = D_{\Sigma,\sigma}(z) \text{ for } z \in \mathbb{R}^n \setminus [\Sigma \cup \Omega_{\Theta}]. \tag{8.6}$$

We do not fear a discontinuity between the two regions; our elliptic conditions allow this. But we will need to make sure that

$$C^{-1}\operatorname{dist}(z,\Sigma) \le \widehat{D}(z) \le C\operatorname{dist}(z,\Sigma) \tag{8.7}$$

(we will do this after (8.12)), to make sure that \widehat{L} lies in the class of acceptable operators studied in [12]. This estimate is also reassuring because it says that $D_{E,\mu}$ and $D_{\Sigma,\sigma}$ are equivalent on Ω_{Θ} , which implies in particular that $\operatorname{dist}(z,\Sigma) \geq \mathcal{C}^{-1}l(\mathcal{Q})$ on $W(\mathcal{Q})$.

Then Proposition 8.3 will allow us to prove, via the change of variable g, that the elliptic operator associated to \widehat{L} has an absolutely continuous harmonic measure, because of a Carleson control on $|t|^{-1}\widehat{D}\circ g$ that comes from Proposition 8.3 and Proposition 7.45. So what will be left to do is use the fact that $\widehat{D}=D_E$ on the hopefully sufficiently large region Ω_Θ , to get some control on L_E itself.

We start our proof with some basic geometric information about E and Σ .

Lemma 8.8. Set $M_1 = 10^{-2}M$. Then for each $Q \in \Theta$,

$$M_1 d_{x_Q, M_1 l(Q)}(E, \Sigma) \le C\varepsilon.$$
 (8.9)

See (3.3) for the definition of the normalized local Hausdorff distance d. As usual, this is true if we assume that M is large enough, and ε_1 is small enough, depending on M. Also we added M_1 on the left-hand side just not to lose an additional M uselessly, but this does not matter because we always choose ε and ε_1 last. Let $Q \in \Theta$ be given, and let P(Q) be as in (4.1) and (4.2). That is,

$$d_{x_Q,Ml(Q)}(E,P(Q)) \le 2\varepsilon_1. \tag{8.10}$$

We now want to prove that

$$M_1 d_{x_0, 2M_1 l(Q)}(\Sigma, P(Q)) \le C\varepsilon,$$
 (8.11)

and the lemma will follow. Set $B(Q)=B(x_Q,3M_1l(Q))$ and let $p\in P(Q)\cap B(Q)$ be given. First use (8.10) to find $x\in E$ such that $|x-p|\leq CMl(Q)\varepsilon_1$. Set k=k(Q) (the generation of Q and observe that x lies in the set E(k) of (4.4). Hence (by the line below (4.4)), we can find $j\in J_k$ such that $|x-x_{j,k}|\leq 2r_k$. This is good because then [15, Proposition 5.1] gives a good description of $\Sigma_k\cap B(x_{j,k},49r_k)$ as a piece of a $C\varepsilon$ -Lipschitz graph over $P_{j,k}$ that passes within $C\varepsilon r_k$ from $x_{j,k}$. Recall that we even managed to pick planes $P_{j,k}$ that contain $x_{j,k}$, but if $P_{j,k}$ was only $C\varepsilon r_k$ -close, what we are going to say would work too. The small Lipschitz graph description implies that every point of $P_{j,k}\cap B(x_{j,k},48r_k)$ lies within $C\varepsilon r_k$ of Σ_k . By (4.23), it also lies within εr_k of Σ_k (recall that $\Sigma_k=f_k(P_0)$ and $\Sigma_k=f(P_0)$). Now $P_{j,k}$ was chosen to be equal to $P(Q_{j,k})$ for some $Q_{j,k}\in \Theta(k)$ such that dist $(x_{j,k},Q_{j,k})\leq \frac{Mr_k}{10}$ (and we even had to move $x_{j,k}$ slightly so that $P(Q_{j,k})$ goes through $x_{j,k}$, but this is not the point here), and so $P(Q_{j,k})$ is quite close to P(Q) near $x_{j,k}$ (by (4.1) and (4.2) for both cubes). Consequently, p lies within $C\varepsilon Mr_k$ of $P_{j,k}\cap B(x_{j,k},47r_k)$, and we find $\xi\in \Sigma$ such that $|\xi-p|\leq C\varepsilon Mr_k$.

Now we take $\xi \in \Sigma \cap B(Q)$ and try to find $p \in P(Q)$ near ξ . Let $x \in P_0$ be such that $\xi = f(x)$. The easiest case is when $f_k(x) \in V_k^{10}$, because this means that we can find $j \in J_k$ such that $|x_{j,k} - f_k(x)| \le 10r_k$, and we can use the same Lipschitz graph description of $\Sigma_k \cap B(x_{j,k}, 49r_k)$ as above. We find a point $p' \in P_{j,k} \cap B(x_{j,k}, 49r_k)$ such that $|p' - f_k(x)| \le C\varepsilon r_k$, and use the fact that $P(Q_{j,k})$ is quite close to P(Q) near $x_{j,k}$ to find $p \in P(Q)$ such that $|p - p'| \le CM\varepsilon_1 r_k \le C\varepsilon r_k$. Then $|p - \xi| \le |p - p'| + |p' - f_k(x)| + |f_k(x) - \xi| \le C\varepsilon r_k$ by (4.23).

We are left with the case when $f_k(x) \in \Sigma_k \setminus V_k^{10}$. First assume that $f_l(x) \in V_l^{10}$ for some $l \in [0, k-1]$, and take l as large as possible. Then take $j \in J(l)$ so that $|f_l(x) - x_{j,l}| \leq 10r_l$. Again use the good Lipschitz description of $\Sigma_l \cap B(x_{j,k}, 49r_l)$ provided by [16, Proposition 5.1], or the case k = l of the description above: there are points of $P_{j,l}$, and then points of E, that lie at distance less than $C\varepsilon r_l$ from $f_k(x)$. Use this to pick $w \in E \cap B(f_k(x), r_{l+1})$. By definition of l, $w \in \mathbb{R}^n \setminus V_{l+1}^{10}$, which implies that $x \notin E(l+1)$. In other words, $\operatorname{dist}(x,R) \geq \frac{Mr_l}{10}$ for every $R \in \Theta(l+1)$. Since $|w - \xi| = |w - f(x)| \leq |w - f_l(x)| + C\varepsilon r_l \leq 2r_{l+1}$, we see that $\operatorname{dist}(\xi,R) \geq \frac{Mr_l}{11}$ for every $R \in \Theta(l+1)$. We apply this to the ancestor of Q of generation l, and find that $\operatorname{dist}(\xi,R) \geq \frac{Mr_l}{11} \geq \frac{10Mr_k}{11}$, which contradicts our assumption that $\xi \in \Sigma \cap B(Q)$.

If we cannot find l < k such that $f_l(x) \in V_l^{10}$, then $f_k(x) = f_0(x) = x \in P_0 \setminus V_0^{10}$, and as before dist $(x, Q_0) \ge M/11$. This is also impossible because $\xi \in B(Q)$. This completes our proof of (8.11), and the lemma follows.

A simple consequence of this is the following improvement of (8.7). We claim that

$$(1 - CM_0\varepsilon)\operatorname{dist}(z, E) \le \operatorname{dist}(z, \Sigma) \le (1 + CM_0\varepsilon)\operatorname{dist}(z, E) \text{ for } z \in \Omega_{\Theta}. \tag{8.12}$$

Indeed let $z \in \Omega_{\Theta}$ and let $Q \in \Theta$ be such that $z \in W(Q)$. Let $w \in E$ be such that |w - z| = 1 $\operatorname{dist}(z,E)$; observe that $\operatorname{dist}(z,E) \leq |z-x_O| \leq M_0 l(Q)$ by (8.2), hence $|w-x_O| \leq 2M_0 l(Q)$ $M_1l(Q)$ if M is large enough, Lemma 8.8 applies to w and gives $\operatorname{dist}(w,\Sigma) \leq C\varepsilon l(Q)$, so $\operatorname{dist}(z,\Sigma) \leq \operatorname{dist}(z,E) + C\varepsilon l(Q) \leq (1 + CM_0\varepsilon)\operatorname{dist}(z,E)$ because $\operatorname{dist}(z,E) \geq M_0^{-1}l(Q)$ by (8.2). Now let $\xi \in \Sigma$ be such that dist $(z, \Sigma) = |z - \xi|$. If $|z - \xi| \ge M_0 l(Q)$, the 1st inequality in (8.12) is trivial. Otherwise, we can apply Lemma 8.8 to ξ and get that dist $(\xi, E) \leq$ $C\varepsilon l(Q)$, hence $\operatorname{dist}(z,E) \leq \operatorname{dist}(z,\Sigma) + C\varepsilon l(Q) \leq \operatorname{dist}(z,\Sigma) + CM_0\varepsilon \operatorname{dist}(z,E)$ and the 1st part of (8.12) follows.

Notice that (8.7) follows from this, since $D_E(z)$ is equivalent to dist (z, E) and $D_{\Sigma}(z)$ is equivalent to dist(z, E).

Our next task is to construct Whitney cubes (in fact, pseudocubes) in E, which we will use to define the measure σ on Σ that approximates μ . For this, we will use the somewhat classic distance to small cubes of Θ , defined by

$$d_{\Theta}(z) = \inf_{Q \in \Theta} \left(\operatorname{dist}(z, Q) + l(Q) \right) \tag{8.13}$$

for $z\in\mathbb{R}^n$. Notice that $d_\Theta(z)\leq 1+\,\mathrm{dist}\,(z,Q_0)$ (because we can try $Q=Q_0\in\Theta$), and d_Θ is 1-Lipschitz. Associated to d_{Θ} are a closed set

$$F = \{ z \in E ; \ d_{\Theta}(z) = 0 \}$$
 (8.14)

and a decomposition of $E \setminus F$ into Whitney cubes that we describe now. We give ourselves a small constant $\tau \in (0, 10^{-2})$, and we denote by \mathcal{R} the collection of maximal cubes $R \in \mathbb{D}$ (for the inclusion as a 1st criterion, and then the smallest generation if a same set corresponds to cubes of different generations), with the property

$$l(R) \le \tau d_{\Theta}(x_R). \tag{8.15}$$

These cubes are disjoint (by maximality), they do not meet F because it is easy to see that for $R \in \mathcal{R}$,

$$d_{\Theta}(x) \ge (2\tau)^{-1} l(R) \text{ for } x \in R,$$
 (8.16)

because d_{Θ} is 1-Lipschitz. The maximality of R implies that its parent S does not satisfy (8.15), hence $10l(R) = l(S) \ge \tau d_{\Theta}(x_S)$, and since

$$|d_{\Theta}(x_S) - d_{\Theta}(x_R)| \leq |x_S - x_R| \leq \operatorname{diam}(S) \leq 20l(R) \leq 20\tau d_{\Theta}(x_R) \leq d_{\Theta}(x_R)/5,$$

we get that

$$l(R) \ge 10^{-1} \tau d_{\Theta}(x_S) \ge 20^{-1} \tau d_{\Theta}(x_R) \text{ if } R \in \mathcal{R}.$$
 (8.17)

We claim that

$$E \setminus F$$
 is the disjoint union of the cubes $R, R \in \mathcal{R}$. (8.18)

The fact that $R \subset E \setminus F$ comes from (8.16). Conversely, if $x \in E \setminus F$, then small cubes that contain x satisfy (8.15) and are contained in a cube of \mathcal{R} (because large cubes \mathcal{Q} fail (8.15), because $d_{\Theta}(x_{\mathcal{Q}}) \leq \operatorname{dist}(x_{\mathcal{Q}}, \mathcal{Q}_0) + l(\mathcal{Q}_0) \leq \operatorname{dist}(x, \mathcal{Q}_0) + 2l(\mathcal{Q}) + l(\mathcal{Q}_0) < \tau^{-1}l(\mathcal{Q})$ for $l(\mathcal{Q})$ large). Finally, the cubes of \mathcal{R} are disjoint by maximality.

We need a little more geometric information on d_{Θ} and F before we start.

Lemma 8.19. Set $B_0 = B(x_{Q_0}, M_0 + 10)$. Then

$$\operatorname{dist}(z, E) \le C\varepsilon d_{\Theta}(z) \text{ for } z \in \Sigma \cap B_{0}, \tag{8.20}$$

$$\operatorname{dist}(z,\Sigma) \le C\varepsilon d_{\Theta}(z) \text{ for } z \in E \cap B_{0}, \tag{8.21}$$

and

$$F \subset E \cap \Sigma \cap \overline{Q}_0. \tag{8.22}$$

We start with the easy part of (8.22). If $d_{\Theta}(z)=0$, then we can find cubes $Q\in\Theta$ such that $\mathrm{dist}\,(x,Q)+l(Q)$ is arbitrarily small, and since $Q\subset Q_0\subset E$, we get that $z\in E\cap\overline{Q}_0$.

Next let $z \in B_0$ be given, pick $\delta > d_{\Theta}(z)$ close to $d_{\Theta}(z)$, and choose a 1st cube $Q_1 \in \Theta$ such that $\operatorname{dist}(z,Q_1) + l(Q_1) < \delta$. Then let Q denote the element of Θ that contains Q_1 and whose generation k = k(Q) is the smallest possible, but with the constraint that $l(Q) \leq \delta$. Such a cube Q exists, since Q_1 satisfies the constraint. First assume that l(Q) < 1. Then the parent of Q does not satisfy the constraint, even though it lies in Θ , and this forces $l(Q) \geq \delta/10$. Obviously, dist $(z, x_Q) \leq Ml(Q)$, so Lemma 8.8 says that

$$\operatorname{dist}(z, E) \leq C\varepsilon l(Q) \text{ if } z \in \Sigma, \text{ and } \operatorname{dist}(z, \Sigma) \leq C\varepsilon l(Q) \text{ if } z \in E.$$
 (8.23)

If instead l(Q) = 1, that is, $Q = Q_0$, then $\operatorname{dist}(z, x_Q) \leq Ml(Q)$ in this case too, because $z \in B_0$, and (8.23) holds as well.

Recall that $l(Q) \leq \delta$ and we can pick any $\delta > d_{\Theta}(z)$; (8.20) and (8.21) follow. Also, in the case when $z \in F$, we already know that $x \in E$, so (8.23) says that dist (z, Σ) is as small as we want. Hence, $z \in \Sigma$. The lemma follows.

We are now ready to define a measure σ on Σ that approximates μ reasonably well. Since we have a nice set $F \subset E \cap \Sigma$, we do not change the measure there, and set

$$\sigma_0 = \mu_{|F}. \tag{8.24}$$

Next we consider the set

$$\mathcal{R}_0 = \{ R \in \mathcal{R} : \operatorname{dist}(R, Q_0) \le 1 \},$$
 (8.25)

and to simplify some of the notation, enumerate \mathcal{R}_0 as a collection $\{R_i\}, j \in \mathcal{J}$. We want to replace each $\mu_j=\mu_{|R_i}, j\in\mathcal{J}$, by a measure σ_j with the same mass. Set

$$l_j = l(R_j)$$
 and $x_j = x_{R_j}$. (8.26)

We want to take

$$\Sigma(j) = \Sigma \cap B(x_j, M_2 l_j), \tag{8.27}$$

where $M_2 = 10^{-1} \tau^{-1} \ge 10$, and

$$\sigma_j = a_j \mathcal{H}^d_{|\Sigma(j)}, \text{ with } a_j = \frac{\mu(R_j)}{\mathcal{H}^d(\Sigma(j))},$$
 (8.28)

but we need to check some things. First observe that

$$l_j \leq 2\tau \inf_{z \in R_j} d_{\Theta}(z) \leq 2\tau (1 + \operatorname{dist}(R_j, Q_0)) \leq 4\tau \tag{8.29}$$

by (8.16) and (8.25). Pick a 1st cube $Q' \in \Theta$ such that

$$l(Q') + \operatorname{dist}(x_j, Q') \le 2d_{\Theta}(x_j) \le 40\tau^{-1}l_j.$$
 (8.30)

Set $Q_j = Q'$ if $l(Q') \ge 10l_j$, and otherwise let Q_j be the ancestor of Q' such that $l(Q_j) = 10l_j$; notice that $Q_j \in \Theta$ (by heredity and because (8.29) says that $10l_j < 1$), and

$${\rm dist}\,(x_j,Q_j) \leq 40\tau^{-1}l_j \ \ {\rm and} \ \ 10l_j \leq l(Q_j) \leq 40\tau^{-1}l_j. \eqno(8.31)$$

If M is large enough (compared to τ^{-1}), we may apply Lemma 8.8, with the cube Q_j , and to the point $x_j \in E$. We find $\xi_j \in \Sigma$ such that $|\xi_j - x_j| \le l_j$, and this is good because this implies that

$$\mathcal{H}^d(\Sigma(j)) \ge C^{-1} l_j^d. \tag{8.32}$$

We also need to know that

the
$$\Sigma(j)$$
 have bounded overlap and do not meet F . (8.33)

and indeed, if $\xi \in \Sigma(j)$, then

$$|\xi - x_j| \le M_2 l_j \le M_2 \tau d_{\Theta}(x_j) = 10^{-1} d_{\Theta}(x_j)$$
 (8.34)

by (8.15) and the definition of M_2 , hence

$$0 < \frac{9}{10} d_{\Theta}(x_j) \le d_{\Theta}(\xi) \le \frac{11}{10} d_{\Theta}(x_j) \text{ for } \xi \in \Sigma(j).$$
 (8.35)

Hence $\xi \notin F$, and also the size of $d_{\Theta}(\xi)$ determines roughly the generation of j; (8.33) follows at once. We complement the measures σ_j by

$$\sigma_{\infty} = \mathcal{H}^d_{|\Sigma(\infty)}, \text{ with } \Sigma(\infty) = \left\{ \xi \in \Sigma; \text{ dist } (\xi, Q_0) \ge 1/2 \right\}. \tag{8.36}$$

Finally, we set

$$\sigma = \sigma_0 + \sigma_\infty + \sum_{j \in \mathcal{J}} \sigma_j. \tag{8.37}$$

It will be good to know that

$$\sigma$$
 is an Ahlfors regular measure with support Σ , (8.38)

with the AR constant depending on n,d,C_0 only, provided that M is sufficiently large and ε_0 is sufficiently small. The verification is two-fold. First, we check that the density f of σ with respect to \mathcal{H}^d is bounded. On F, this is because μ is Ahlfors regular, and the measures σ_j and σ_∞ do not charge F. Concerning the σ_j , their density a_j is bounded, by (8.32) and because $\mu(R_j) \leq Cl_j$, and then the global density is bounded because of (8.33). As for σ_∞ , its density is 1.

Conversely, f is bounded from below on F (by (8.24)) and on $\Sigma(\infty)$. Now let $\xi \in \Sigma \setminus (F \cup \Sigma(\infty))$ be given. Thus, $0 < d_{\Theta}(\xi) < 3/2$ (because $\mathrm{dist}\,(\xi,Q_0) \leq 1/2$). Let $Q' \in \Theta$ be such that $l(Q') + \mathrm{dist}\,(\xi,Q') \leq 2d_{\Theta}(\xi)$. Keep Q = Q' if $l(Q') \geq d_{\Theta}(\xi)/100$, and otherwise replace it with an ancestor Q such that $d_{\Theta}(\xi)/100 \leq l(Q) \leq d_{\Theta}(\xi)/10$. Notice that $Q \in \Theta$ because $l(Q) \leq 1$. Thus,

$$\operatorname{dist}(\xi, Q) \le 2d_{\Theta}(\xi) \text{ and } d_{\Theta}(\xi)/100 \le l(Q) \le 2d_{\Theta}(\xi). \tag{8.39}$$

We can apply Lemma 8.8 to ξ , and find $x \in E$ such that

$$|x - \xi| \le C\varepsilon l(Q) \le C\varepsilon d_{\Theta}(\xi);$$
 (8.40)

then $d_{\Theta}(x) \geq d_{\Theta}(\xi)/2$, $x \in E \setminus F$, there is a cube $R \in \mathcal{R}$ that contains x, $\operatorname{dist}(R, Q_0) < 1$ because $x \in R$ and $\operatorname{dist}(\xi, Q_0) \leq 1/2$, and hence R is one of the R_j . In addition $l_j \leq \tau d_{\Theta}(x_j)$ by (8.15), so $d_{\Theta}(x) \leq d_{\Theta}(x_j) + l_j \leq 2d_{\Theta}(x_j)$ (by (2.2)), $d_{\Theta}(\xi) \leq 2d_{\Theta}(x) \leq 4d_{\Theta}(x_j) \leq 80\tau^{-1}l_j$ by (8.17), and (8.40) says that ξ lies well inside $\Sigma(j)$. The coefficient a_j is also bounded from below, so $f \geq a_j \geq C^{-1}$ near ξ_j ; (8.38) follows.

We are now about ready to prove that Ψ in (8.4) satisfies a Carleson measure condition. By (8.12), $\frac{D_{E,\mu}}{D_{\Sigma,\sigma}}$ is bounded and bounded from below on Ω_{Θ} (because $D_{E,\mu}$ is equivalent to the distance to E, and $D_{\Sigma,\sigma}$ to the distance to Σ), so it is enough to prove

that Ψ_1 satisfies a Carleson measure condition on $\Omega_\Sigma = \mathbb{R}^n \setminus \Sigma$, where

$$\Psi_1(z) := \mathbf{1}_{\Omega_{\Theta}} \operatorname{dist}(z, E)^{-1} \left| D_{E,\mu}(z) - D_{\Sigma,\sigma}(z) \right|.$$
 (8.41)

Notice that we chose $\operatorname{dist}(z,E)^{-1}$ because it seems simpler, but $\operatorname{dist}(z,\Sigma)^{-1}$ would have been equivalent. This remark also implies that although we decided to advertise a Carleson measure condition on Ω_{Σ} , we would obtain a Carleson measure condition on $\Omega_{E} = \mathbb{R}^{n} \setminus E$ just the same way.

Given the definition of $D_{E,\mu}(z)$ and $D_{\Sigma,\sigma}$ and the same equivalences as above, it will be equivalent, and simpler, to prove that Ψ_2 satisfies a Carleson measure condition, where

$$\Psi_{2}(z) := \mathbf{1}_{\Omega_{\Theta}} \operatorname{dist}(z, E)^{\alpha} \left| D_{E, \mu}(z)^{-\alpha} - D_{\Sigma, \sigma}(z)^{-\alpha} \right|. \tag{8.42}$$

So we gives ourselves $z \in \Omega_{\Theta}$, and we want to estimate

$$\Delta(z) := \operatorname{dist}(z, E)^{-\alpha} \Psi_2(z) = \left| D_{E,\mu}(z)^{-\alpha} - D_{\Sigma,\sigma}(z)^{-\alpha} \right|$$

$$= \left| \int |z - y|^{-d-\alpha} [\operatorname{d}\mu(y) - \operatorname{d}\sigma(y)] \right|. \tag{8.43}$$

Recall that $\mu_i = \mu_{|R_i}$; let us also set $\mu_0 = \mu_{|F}$ and

$$\mu_{\infty} = \mu_{|E(\infty)}, \text{ with } E(\infty) = E \setminus \left(F \cup \bigcup_{j \in \mathcal{J}} R_j \right),$$
 (8.44)

so that $\mu=\sum_j\mu_j$ (a sum that includes j=0 and $j=\infty$). Naturally, we write $\Delta(z)\leq\sum_j\Delta_j(z)$, where

$$\Delta_{j}(z) = \left| \int |z - y|^{-d - \alpha} [\mathrm{d}\mu_{j}(y) - \mathrm{d}\sigma_{j}(y)] \right|. \tag{8.45}$$

A priori the sum contains 0 as well as ∞ , but the term with j=0 drops because $\mu_0=\sigma_0$. We now give an estimate on $\Delta_j(z)$ for $j\in\mathcal{J}$. Set

$$d_{j}(z) = \operatorname{dist}(z, R_{j} \cup \Sigma(j)). \tag{8.46}$$

We claim that

$$d_j(z) \ge C^{-1} l_j$$
, where we may take $C = \max(M_2, 3\tau(M_0 + 1)M_0) > 0$. (8.47)

Me may assume that $d_i(z) \leq M_2 l_i$ because otherwise (8.47) holds. Then $|z - x_i| \leq 2M_2 l_i$ (see (8.27) and the definition of M_2 below (8.27)). Hence,

$$d_{\Theta}(z) \ge d_{\Theta}(x_j) - 2M_2 l_j \ge (1 - 2M_2 \tau) d_{\Theta}(x_j) \ge d_{\Theta}(x_j)/2 \ge (2\tau)^{-1} l_j$$

by (8.15), the definition of M_2 below (8.27), and (8.15).

Let $Q \in \Theta$ be such that $z \in W(Q)$; then $d_{\Theta}(z) \leq l(Q) + \operatorname{dist}(z,Q) \leq (M_0+1)l(Q)$ by the definition (8.2), and now

$$l_i \le 2\tau d_{\Theta}(z) \le 2\tau (M_0 + 1)l(Q) \le 2\tau (M_0 + 1)M_0 \operatorname{dist}(z, E)$$

by (8.2). On the other hand,

$$d_j(z) = \operatorname{dist}(z, R_j \cup \Sigma(j)) \geq \operatorname{dist}(z, E \cup \Sigma) \geq \frac{2}{3}\operatorname{dist}(z, E)$$

by (8.12); our claim (8.47) follows.

In the next computations, we no longer record the dependence of our various constants on M_0 , M_2 , or τ . We now use (8.47) to prove that

$$\Delta_{j}(z) \leq C\mu(R_{j})l_{j}[l_{j} + d_{j}(z)]^{-d-\alpha-1} \leq Cl_{j}^{d+1}[l_{j} + d_{j}(z)]^{-d-\alpha-1}. \tag{8.48}$$

Set $\delta_i = \operatorname{diam}(\Sigma(j) \cup R_j) \leq \operatorname{Cl}_j$. When $d_j(z) \leq 2\delta_j$, we just use (8.47) and the fact that the total masses of σ_i and μ_j are $\mu(R_j) \leq \mathit{Cl}_i^d$ to get the result. Otherwise, set $a_0=|z-x_i|^{-d-\alpha}\mu(R_i)$, $a_1=\int |z-y|^{-d-\alpha}\,\mathrm{d}\sigma_i(y)$, and $a_2=\int |z-y|^{-d-\alpha}\,\mathrm{d}\mu_i(y)$. Notice that

$$a_1 - a_0 = \int_{\Sigma(j)} \left[|z - y|^{-d - \alpha} - |z - x_i|^{-d - \alpha} \right] \mathrm{d}\mu_j(y), \tag{8.49}$$

then observe that for $y \in \Sigma(j)$,

$$\left| |z - y|^{-d-\alpha} - |z - x_i|^{-d-\alpha} \right| \le C\delta_j |z - x_i|^{-d-\alpha-1}$$

(differentiate the integrand along the line segment $[y, x_i]$); this yields

$$|a_1 - a_0| \le \delta_i |z - x_i|^{-d-\alpha-1} ||\sigma_i|| \le Cl_i \mu(R_i) d_i(z)^{-d-\alpha-1}.$$

We have the same estimate on $|a_2 - a_0|$, and (8.48) follows.

At this point, we have enough information to prove the desired Carleson bound on Ψ_3 . The most important part will come from the sum over $j \in \mathcal{J}$. Each Δ_j gives a bump function with an L^2 norm controlled by $\mu(R_j)$, and sufficiently localized or smooth for the different pieces to be almost orthogonal. The computations that follow are reminiscent of other computations done in a similar context, but it seems that we need to be courageous and do them.

We take a Carleson box B=B(X,R) centered on Σ (but E would give the same), and want to prove that

$$J := \int_{z \in \Omega_{\Theta} \cap B} \left| \sum_{j} \Delta_{j}(z) \right|^{2} \delta(z)^{d-n+2\alpha} \, \mathrm{d}z \le CR^{d}, \tag{8.50}$$

where we set $\delta(z) = \operatorname{dist}(z, E)$ (but $\operatorname{dist}(z, \Sigma)$ is equivalent on Ω_{Θ}), and the extra 2α come from the fact that we have to multiply $\sum_j \Delta_j(z)$ by $\delta(z)^{\alpha}$ before checking the Carleson condition; see (8.42).

We may assume that $R \leq 1$, because $\Omega_\Theta \leq B(x_{Q_0}, M_0)$ anyway. Also we first concentrate on

$$J_1 := \int_{z \in \Omega_{\Theta} \cap B} \Big| \sum_{j \in \mathcal{J}(B)} \Delta_j(z) \Big|^2 \delta(z)^{d-n+2\alpha} \, \mathrm{d}z, \tag{8.51}$$

where $\mathcal{J}(B)$ is the collection of $j \in \mathcal{J}$ for which $R_j \subset CB$. The value of C will be decided when we deal with the rest of the sum.

We write $J_1 \leq 2\sum_i \sum_j J(i,j)$, where it is enough to sum on the pairs such that $l_i = l(R_i) \leq l_i = l(R_j)$, and

$$J(i,j) = \int_{z \in \Omega_{\Theta} \cap B} \Delta_{i}(z) \Delta_{j}(z) \delta(z)^{d-n+2\alpha} dz$$

$$\leq C \int_{z \in \Omega_{\Theta} \cap B} \frac{l_{j}^{d+1}}{[l_{j} + d_{j}(z)]^{d+\alpha+1}} \frac{l_{i}^{d+1}}{[l_{i} + d_{i}(z)]^{d+\alpha+1}} \delta(z)^{d-n+2\alpha} dz.$$
(8.52)

Recall that $d_j(z)=\operatorname{dist}(z,R_j\cup\Sigma(j))$, but in fact here (8.12) says that $d_j(z)\geq \frac{1}{2}\operatorname{dist}(z,\Sigma\cup E)\geq \frac{1}{2}\delta(z)$. Then $(d_j(z)+l_j)^{-1}\leq d_j(z)^{-1}\leq 2\delta(z)^{-1}$. We may use this to replace a negative power of $(d_j(z)+l_j)$ by the same power of $\delta(z)$ and simplify some things. And we can do the same thing with i. Set

$$r_i(z) = \frac{l_i^{d+1}}{[l_i + d_i(z)]^{d+1}} \le 1; \tag{8.53}$$

we first use the fact that

$$\frac{l_i^{d+1}}{[l_i+d_i(z)]^{d+\alpha+1}} = r_i(z)[l_i+d_i(z)]^{-\alpha} \le 2^{\alpha}r_i(z)\delta(z)^{-\alpha} \tag{8.54}$$

to get that

$$J(i,j) \le C \int_{z \in \Omega_{\Theta} \cap B} \frac{l_j^{d+1}}{[l_j + d_j(z)]^{d+\alpha+1}} \, r_i(z) \, \delta(z)^{d-n+\alpha} \, \mathrm{d}z. \tag{8.55}$$

Next we divide the integral into annuli $A_{i,k}$ where $d_i(z) \sim 2^k l_i$, and get contributions J(i,j,k). The smallest annulus should be replaced by a ball, but we still get the same estimate, namely

$$J(i,j,k) \leq C 2^{-k(d+\alpha+1)} l_j^{-\alpha} \int_{z \in \Omega_\Theta \cap B \cap A_{j,k}} r_i(z) \, \delta(z)^{d-n+\alpha} \, \mathrm{d}z. \tag{8.56}$$

It will be good to know that

$$\int_{B_r} \delta(z)^{d-n+\alpha} \, \mathrm{d}z \le Cr^{d+\alpha} \tag{8.57}$$

when B_r is a ball of radius r centered on Σ (this is just easier). This estimate is very easy when Σ is a d-plane; the main point then is that the integral in the direction orthogonal to Σ converges because of the additional exponent α . When Σ , as here, is bilipschitzequivalent to a d-plane, this is as easy because we can change variables. But this would also be true with E, with just a bit more work, because it is Ahlfors regular and the measure of tubes of width *tr* near *E* are easy to estimate.

Denote by I(i,j,k) the integral on the right of (8.56) and further cut the domain of integration into annuli A_l where $d_i(z) \sim 2^l l_i$. We get integrals

$$I(i,j,k,l) \le \int_{A_{j,k} \cap A_l} r_i(z) \delta(z)^{d-n+\alpha} \, \mathrm{d}z \le C 2^{-l(d+1)} \min[(2^l l_i)^{d+\alpha}, (2^k l_j)^{d+\alpha}], \tag{8.58}$$

where the 1st piece is an estimate of $r_i(z)$ and the 2nd one comes from (8.57), with the two different choices of diameter. For strategic reasons (we do not want to distinguish between $\alpha \leq 1$ and $\alpha > 1$, we choose $\tau \in (0,1]$, smaller than α , and replace $2^{-l(d+1)}$ with $2^{-l(d+\tau)}$ in (8.58). No relation with our previous constant τ , though; this one will just be here for the duration of the computation.

We need to be careful about the region of integration. Set $d_{i,j}=\operatorname{dist}(R_i,R_j)$, and first assume that $d_{i,j}\leq C2^kl_j$. In this case $A_{j,k}$ stays within $C2^kl_j$ of R_i , and we can content ourselves with l such that $2^ll_i\leq C2^kl_j$, because for larger ones A_l does not meet $A_{j,k}$. Then use the 1st option in (8.58) and observe that

$$I(i,j,k) \le \sum_{l} I(i,j,k,l) \le C \sum_{l} 2^{-l(d+\tau)} (2^{l} l_{i})^{d+\alpha} = C \sum_{l} 2^{l(\alpha-\tau)} l_{i}^{d+\alpha}$$
(8.59)

and the largest terms are when l is as large as possible, that is, when $2^l l_i \sim 2^k l_j$. This yields $I(i,j,k) \leq (2^k l_j/l_i)^{\alpha-\tau} l_i^{d+\alpha}$ and

$$J(i,j,k) \le C2^{-k(d+\alpha+1)}l_j^{-\alpha}I(i,j,k) \le C2^{-k(d+\tau+1)}l_j^{-\tau}l_i^{d+\tau}. \tag{8.60}$$

Now assume that $d_{i,j} \geq C2^k l_j$. If C was chosen large enough, all the points of the annulus $A_{j,k}$ lie at distance roughly $d_{i,j}$ from R_i , which means that we just need to sum over the few l such that $2^l l_i \sim d_{i,j}$. For all these l, it is actually better to use the 2nd option in (8.58), which yields $I(i,j,k,l) \leq C2^{-l(d+\tau)}(2^k l_i)^{d+\alpha} \leq C(d_{i,j}/l_i)^{-d-\tau}(2^k l_j)^{d+\alpha}$ and then

$$\begin{split} J(i,j,k) &\leq C2^{-k(d+\alpha+1)}l_{j}^{-\alpha}I(i,j,k) \leq C2^{-k(d+\alpha+1)}l_{j}^{-\alpha}(d_{i,j}/l_{i})^{-d-\tau}(2^{k}l_{j})^{d+\alpha} \\ &\leq C2^{-k}d_{i,j}^{-d-\tau}l_{i}^{d+\tau}l_{j}^{d}. \end{split} \tag{8.61}$$

Now we have to sum all these numbers. We start with the 1st case, and sum first over $i\in\mathcal{J}$ such that $l_i=2^{-m}l_j$ for a given $m\geq 0$. These cubes lie in a ball of size roughly 2^kl_j (because $d_{i,j}\leq C2^kl_j$), so there is roughly $(2^kl_j/(2^{-m}l_j))^d=2^{(m+k)d}$ of them. We get a sum bounded by

$$C2^{(m+k)d}2^{-k(d+\tau+1)}l_j^{-\tau}(2^{-m}l_j)^{d+\tau}$$

The exponent for m is $-\tau$, so we may sum over m and get $C2^{kd}2^{-k(d+\tau+1)}l_j^d$. Then we sum over k and get $Cl_j^d \leq C\mu(R_j)$. Then we sum over j, recall that the R_j are disjoint and we only sum over those that are contained in CB, and get less than CR^d , as needed.

Now we consider the 2nd case and sum the terms from (8.61). Fix j,k, and $m\geq 0$, and sum over i such that $l_i=2^{-m}l_j$. Further decompose into annuli where $d_{i,j}\sim 2^n2^kl_j$. The number of cubes R_i in the annulus is less than $C2^{(n+k+m)d}$, which gives a contribution smaller than

$$C2^{(n+k+m)d}2^{-k}d_{i,j}^{-d-\tau}l_i^{d+\tau}l_j^d = C2^{(n+k+m)d}2^{-k}(2^n2^kl_j)^{-d-\tau}(2^{-m}l_j)^{d+\tau}l_j^d.$$

The power for m is $-\tau$, so we sum over m and forget about it; we are left with $C2^{-k}2^{-\tau(n+k)}l_i^d$. We sum over k, n, get less than Cl_i^d , which as before we can sum over j to get at most CR^d .

We are now finished with J_1 , but we still need to estimate

$$J_2 = \int_{z \in \Omega_{\Theta} \cap B} \left| \widetilde{\Delta}(z) \right|^2 \delta(z)^{d - n + 2\alpha} \, \mathrm{d}z, \tag{8.62}$$

where $\widetilde{\Delta}$ is the remaining part of Δ , that is,

$$\widetilde{\Delta}(z) = \sum_{j \in \mathcal{J}_e \cup \{\infty\}} \Delta_j(z), \tag{8.63}$$

where \mathcal{J}_e is the set of indices $j \in \mathcal{J}$ such that R_j is not contained in *CB*.

We start with \mathcal{J}_e . Let $j \in \mathcal{J}$ be given. One possibility is that $l(R_i) \geq R$; then (8.47) implies that $\operatorname{dist}(z, R_i \cup \Sigma(j)) \geq C^{-1}R$. Otherwise, and if C is chosen large enough, the fact that R_i is not contained in CB implies that $R_i \cup \Sigma(j)$ does not meet 2B, and hence $\operatorname{dist}(z, R_i \cup \Sigma(j)) \geq R$.

Now set $\mu_e = \sum_{i \in \mathcal{J}_e} [\mu_i - \sigma_i]$, and observe that

$$\Delta_e(z) := \sum_{j \in \mathcal{J}_e} \Delta_j(z) \int |z - y|^{-d - \alpha} \, \mathrm{d}\mu_e(y) \tag{8.64}$$

is bounded by $CR^{-\alpha}$, so

$$\int_{z\in\Omega_{\Theta}\cap\mathcal{B}}\left|\Delta_{e}(z)\right|^{2}\delta(z)^{d-n+2\alpha}\,\mathrm{d}z\leq CR^{-2\alpha}\int_{z\in\mathcal{B}}\delta(z)^{d-n+2\alpha}\,\mathrm{d}z\leq CR^{d},\tag{8.65}$$

as needed. We are left with Δ_{∞} . We need to control

$$J_3 = \int_{z \in \Omega_{\Theta} \cap B} \left| \Delta_{\infty}(z) \right|^2 \delta(z)^{d-n+2\alpha} dz.$$
 (8.66)

Observe that

$$\operatorname{dist}(z, \Sigma(\infty) \cup E(\infty)) \ge C^{-1} \tag{8.67}$$

because either $z \in W(Q)$ for a cube Q such that $diam(W(Q)) \le 10^{-1}$, and then (8.67) holds because Q is centered on Q_0 and $\Sigma(\infty) \cup E(\infty)$ is far from Q_0 (see the definitions and (8.36) and (8.44)), or else (8.67) comes directly from (8.2) and (8.12).

Once we know (8.67), we see that $\Delta_{\infty}(z) \geq C^{-1}$ and (8.66) follows as for Δ_e . This concludes our proof of Proposition 8.3.

9 Construction of the Extrapolation Saw-Tooth Region and Related Results for the Harmonic Measure Based on Sections 4–8,

9.1 Collecting the results of Sections 4-8

In this section, we summarize the results of Sections 4–8 in application to the particular stopping time region, which we will use for the extrapolation procedure in the forthcoming discussion. At this point, let us start by recalling Tolsa's α -numbers [31], which give a good control on sums of squares of local Wasserstein distances to flat measures, for every Ahlfors-regular measure on a uniformly rectifiable set.

First, recall the Tolsa's α -coefficients defined in (7.8). Fix some M>0, which will eventually be chosen sufficiently large. Given a d-dimensional Ahlfors regular set E and an Ahlfors regular measure μ on E, equipped with the usual dyadic grid $\mathbb{D}=\mathbb{D}(E)$ (see Section 3), we denote

$$\alpha(Q) := \alpha(x_Q, M l(Q)).$$

Recall the notion of uniform rectifiability from Definition 1.4. In [31, Theorem 1.2], Tolsa proves the following result (a modification of which corresponding to balls rather than dyadic cubes we already used in Section 7).

Theorem 9.1. For every uniformly rectifiable set E, every Ahlfors regular measure μ on E, and every dyadic cube $R \in \mathbb{D}(E)$,

$$\sum_{Q \in \mathbb{D}(R)} \alpha(Q)^2 \mu(Q) \le C\mu(R)^d, \tag{9.2}$$

where the constant C depends on M, n, d, C_0 , and the UR constants of μ .

Strictly speaking, [31] defines $\alpha(Q)$ slightly differently, indexed by the dyadic cubes of \mathbb{R}^n rather than (pseudo-)dyadic cubes of E and using M=3, but possibly adjusting the values of M (say, directly in the proof), the two statements are equivalent. Indeed, every $B(x_Q,M\,l(Q))$ for $Q\in \mathbb{D}(E)$ is contained in some $B(x_{Q'},2M\,l(Q'))$ for $Q'\in \mathbb{D}(\mathbb{R}^n)$ with $l(Q')\approx l(Q)$ and the number of different Qs corresponding to the same Q' is uniformly bounded.

Now let us return to the construction of a stopping time region.

Definition 9.3. Let E be a d-dimensional Ahlfors regular set and let μ be an Ahlfors regular measure on E, equipped with the usual dyadic grid $\mathbb{D} = \mathbb{D}(E)$. Fix some $\varepsilon_0 > 0$, $\delta_0>0$, and $Q_0\in\mathbb{D}$. Then the stopping time region $\Theta=\Theta_{\epsilon_0,\delta_0}(Q_0)$ is constructed as follows (cf. the procedure in Section 3). We start from the top cube Q_0 , and decide to remove a cube $Q \in \mathbb{D}(Q_0)$, as well as all its descendants, as soon as

$$\text{either }\alpha(Q)>\varepsilon_0\text{ or }J_\alpha(Q):=\sum_{k(Q_0)\leq k\leq k(Q)}\alpha(R_k(Q))^2\geq \delta_0. \tag{9.4}$$

Here, as before, for $k(Q_0) \leq k \leq k(Q)$, we denote by $R_k(Q)$ the cube of \mathbb{D}_k that contains Q. The remaining collection of cubes will be referred to as $\Theta = \Theta_{\varepsilon_0,\delta_0}(Q_0)$. For a fixed $M_0>0$ a saw tooth region based on Θ is, as before, Ω_Θ defined in (8.1)–(8.2).

It has become customary to also remove the siblings of any cube Q that we remove as above because this gives a little more regularity to the decomposition of \mathbb{D} into stopping time regions like Θ , and this costs essentially nothing. Here we do not need this because of our specific description, but it would not hurt either.

It is convenient to write $\mathbb{D}(Q_0) \setminus \Theta$ as $\bigcup_{Q_i \in \mathcal{F}} \mathbb{D}(Q_i)$ where $\mathcal{F} = \{Q_i\}_i$ is a disjoint collection of cubes $\mathcal{Q}_j \in \mathbb{D}(\mathcal{Q}_0)$ maximal under our stopping time procedure. That is, the collection $\mathcal{F} = \{Q_i\}_i$ consists exactly of maximal cubes $Q \subset Q_0$ satisfying (9.4) and the entire collection of all removed cubes (i.e., cubes of \mathcal{F} and its descendants) is then $\cup_{Q_i \in \mathcal{F}} \mathbb{D}(Q_j)$.

At this point and throughout Section 9, we assume that $\mathcal{F} \neq \{Q_0\}$, for otherwise $\Theta = \emptyset$ and there is no Σ to be constructed.

We remark also that we do not require $Q_0 \in \mathbb{D}_0$ (i.e., $k(Q_0) = 0$ hereafter). This was often an assumption in previous chapters but the corresponding results rescale easily—we will mention this in due time.

We shall now collect results from Sections 4–8, to arrive at the following.

Theorem 9.6. Let E be a d-dimensional Ahlfors regular set and μ be an Ahlfors regular measure on E. Then for $M_0 > 1$ large enough depending on $n, d, C_0, M > 1$ large enough depending on n, d, C_0, M_0 , and $\varepsilon_0, \delta_0 > 0$ small enough depending on n, d, C_0, M_0, M , for any $Q_0 \in \mathbb{D}(E)$ and the associated $\Theta = \Theta_{\varepsilon_0,\delta_0}(Q_0)$ built as in Definition 9.3, there exists a d-Ahlfors regular set $\Sigma \subset \mathbb{R}^n$ and a d-Ahlfors regular measure σ supported on Σ with the following properties:

(1) for any $\alpha>0$ the harmonic measure associated to $L_{\sigma}=-\operatorname{div}D_{\sigma}^{-(n-d-1)}\nabla$, with

$$D_{\sigma}(X) = \left\{ \int_{\Sigma} |X - y|^{-d - \alpha} d\sigma(y) \right\}^{-1/\alpha}, \tag{9.7}$$

is A_{∞} with respect to σ ;

(2) for any $\alpha>0$ the harmonic measure associated to $\widehat{L}=-\operatorname{div}\widehat{D}^{-(n-d-1)}\nabla$, with \widehat{D} defined in (8.5)–(8.6), is A_{∞} with respect to σ .

If M_0 , M are chosen large enough and ε_0 , δ_0 are chosen small enough as postulated above, the A_∞ constants of ω_{L_σ} and $\omega_{\widehat{L}}$ and the Ahlfors regularity constant of σ depend only on n,d,C_0 , α .

Proof. At this point, the proof is a collection of results from Sections 4–8.

First of all, since the assumptions and results are scale invariant, we assume without loss of generality that $Q_0 \in \mathbb{D}_0$.

Going further, our stopping time region falls under the scope of Sections 4–8. Indeed, the list of restrictions on Θ in Sections 4–8 is exhausted by two properties, (3.4) and (3.9). At the same time, as pointed out in Section 3, the numbers $\alpha(Q)$ control the properties (3.4) and (3.9). To be precise, if $J_{\alpha}(Q) \leq \delta_0$ and we use a suitable fixed multiple of M in place of M in the definition of $J_{\alpha}(Q)$, then $J(Q) \leq \delta_1$, with δ_1 being a fixed multiple of δ_0 . This is due to (7.10) and the fact that α numbers control (bilateral) β_1 numbers proved in [31, Lemma 3.2]. Furthermore, bilateral β_1 numbers control powers of bilateral β_{∞} numbers (see [16, p. 27]) and, hence, slightly adjusting the choice of M as above, similar considerations assure that the condition $\alpha(Q) \leq \varepsilon_0$ implies (3.4) with ε_1 being a fixed multiple of a power of ε_0 . Here, the power depends on the dimension only and by a "fixed multiple" we mean multiplication by a numerical constant, which is allowed to depend on dimension only.

Thus, we can follow the construction of the closed set $\Sigma \in \mathbb{R}^n$ through Sections 4–8. According to Lemma 4.8, if ε_0 (and hence, ε_1) is small enough, there exists a closed set $\Sigma \in \mathbb{R}^n$ and $g: \mathbb{R}^n \to \mathbb{R}^n$, mapping \mathbb{R}^d to Σ , bilipschitz, with Lipschitz constants depending on n,d,C_0,δ_0 . Hidden in this statement is the dependence on choices of M_0 and M as well (as the choice of ε_0 ultimately depends on them) but all this is harmless. We remark that since g is bilipschitz, Σ is g-Ahlfors regular, with constants depending on the same parameters as the bilipschitz constant for g. Furthermore, by

Proposition 6.4, the matrix J = Dg Q has the a form (6.5), where A^1 is bounded and invertible by comment before the proof of Lemma 6.36.

Recalling that the $R_{k(t)}(x)$ are isometries, it follows that

$$A(x,t) = |\det(J(x,t))|(J(x,t)^{-1})^T J(x,t)^{-1}$$
(9.8)

has the same structure as J (with the same control of the Carleson and L^{∞} norms of its components), due to Lemma 6.36. That is,

$$\mathbb{A}(x,t) = \begin{pmatrix} \mathbb{A}^1(x,t) & \mathbb{C}^2(x,t) \\ \mathbb{C}^3(x,t) & I_{n-d} + \mathbb{C}^4(x,t) \end{pmatrix}, \tag{9.9}$$

where \mathbb{C}^2 , \mathbb{C}^3 , and \mathbb{C}^4 are bounded (with an L^∞ constant, which goes to 0 as $\varepsilon_0 \to 0$) and satisfy Carleson measure conditions (with a constant, which goes to 0 as $\delta_0 o 0$). Also, if δ_0 , ε_0 are small enough (depending on n, d, C_0 , M_0 , M only), then \mathbb{A}^1 and \mathbb{A} are bounded and invertible, with uniform bounds.

At this point, we introduce the d-dimensional Ahlfors regular measure σ on Σ , with a uniform control on the AR constant and good approximation properties, which has been constructed in Section 8 (see (8.38)), and use it to define the two matrices

$$\mathcal{A}_{\sigma}(x,t) := \left(\frac{|t|}{D_{\sigma}(g(x,t))}\right)^{n-d-1} \mathbb{A}(x,t) \text{ and } \widehat{\mathcal{A}} := \left(\frac{|t|}{\widehat{D}(g(x,t))}\right)^{n-d-1} \mathbb{A}(x,t), \tag{9.10}$$

defined for $(x,t) \in \mathbb{R}^n$. These define degenerate elliptic operators on $\mathbb{R}^n \setminus \mathbb{R}^d$, and we want to show that they satisfy the conditions imposed in Theorem 2.15.

First, we observe that $\frac{|t|}{D_\sigma(g(x,t))}$ and $\frac{|t|}{\widehat{D}(g(x,t))}$ are both bounded from above and below on $\mathbb{R}^n\setminus\mathbb{R}^d$ and, hence, $\mathcal A$ and $\widehat A$ are bounded and elliptic. Next, let us write

$$\begin{split} \mathcal{A}_{\sigma}(x,t) &= \left(\frac{|t|}{D_{\sigma}(g(x,t)}\right)^{n-d-1} \mathbb{A}(x,t) \\ &= \left(\frac{|t|}{D_{\sigma}(g(x,t)}\right)^{n-d-1} \begin{pmatrix} \mathbb{A}^{1}(x,t) & 0 \\ 0 & I_{n-d} \end{pmatrix} + \left(\frac{|t|}{D_{\sigma}(g(x,t)}\right)^{n-d-1} \begin{pmatrix} 0 & \mathbb{C}^{2}(x,t) \\ \mathbb{C}^{3}(x,t) & \mathbb{C}^{4}(x,t) \end{pmatrix}. \end{split} \tag{9.11}$$

The 2nd term satisfies the same Carleson measure conditions as the original \mathbb{C}^{j} s, j = 2,3,4, since the multiplicative factor is bounded from above and below. The multiple of \mathbb{A}_1 is harmless and anyway we did not impose any specific conditions on \mathcal{A}_1 . It remains to analyze $\left(\frac{|t|}{D_{\sigma}(g(\mathbf{x},t))}\right)^{n-d-1}I_{n-d}$. Turning to this task, we recall that according to Proposition 7.45

$$\left| \frac{D_{\sigma}(g(y,t))}{|t|} - C_{\alpha} \lambda_{\sigma}(f(y),|t|)^{-1/\alpha} \right| \tag{9.12}$$

satisfies a Carleson condition on $\mathbb{R}^n \setminus \mathbb{R}^d$. Since both $\frac{D_{\sigma}(g(y,t))}{|t|}$ and $\lambda_{\sigma}(f(y),|t|)$ are bounded from above and below, applying the fundamental theorem of calculus to $s \mapsto s^{-(n-d-1)}$, we deduce that

$$\left| \left(\frac{|t|}{D_{\sigma}(g(y,t))} \right)^{n-d-1} - C_{\alpha}' \lambda_{\sigma}(f(y),|t|)^{\frac{n-d-1}{\alpha}} \right|$$
(9.13)

satisfies a Carleson condition on $\mathbb{R}^n \setminus \mathbb{R}^d$. Thus, a multiple of I_{n-d} by the expression in (9.13) can be absorbed into \mathcal{C}^4 and we are left with

$$C'_{\alpha}\lambda_{\sigma}(f(y),|t|)^{\frac{n-d-1}{\alpha}}=:b.$$

Since λ is bounded from above and below, the condition (2.17) is verified. On the other hand, (2.18) follows immediately from (7.4), and this finishes the argument for L_{σ} .

At this point, we can apply Theorem 2.15 to the operator L_{σ} associated to \mathcal{A}_{σ} , and get that its harmonic measure is A_{∞} with respect to the Lebesgue measure on \mathbb{R}^d . But this operator is conjugated to L_{σ} by the bilipschitz mapping g (see for instance [13, Lemma 6.17]), so the A_{∞} result for L_{σ} follows.

For \widehat{L} , we proceed similarly with \widehat{A} , write $\frac{|t|}{\widehat{D}} = \frac{D_{\sigma}}{\widehat{D}} \frac{|t|}{D_{\sigma}}$ and use an argument analogous to (11)–(9.12) along with Proposition 8.3 to conclude.

9.2 Further geometric constructions: replacement sets, sawtooth domains, and projections

To set up the extrapolation procedure, we rest on the strategy pioneered by [20]. However, a large portion of our work happens on replacement sets rather than sawtooth domains, and the resulting geometric set up is necessarily different.

Let us start recalling (and adapting to our scenario) the definitions of the dyadic saw-tooth domains from [20] and [27]. These are morally similar to the domains defined in (8.1), but a more precise geometric structure will be helpful below. Since $\Omega = \mathbb{R}^n \setminus E$ is an open set, it has a Whitney decomposition—see [30, Theorem 1 on p. 167]. We will perform the same argument as in [30], using powers of 10 instead of powers of 2, and then subpartition emerging cubes further into subcubes of sidelength 10^3 times smaller.

As a result, we get a collection of closed "Whitney" boxes in Ω , denoted by $\mathcal{W} = \mathcal{W}(\Omega)$, which form a covering of Ω with pairwise non-overlapping interiors and satisfy

$$9 \cdot 10^2 \operatorname{diam} I < \operatorname{dist}(10^2 I, \partial \Omega) < \operatorname{dist}(I, \partial \Omega) < 21 \cdot 10^3 \operatorname{diam} I, \quad \forall I \in \mathcal{W},$$
 (9.14)

and

$$\frac{1}{20} \operatorname{diam} I_1 \le \operatorname{diam} I_2 \le 20 \operatorname{diam} I_1$$
 (9.15)

whenever I_1 and I_2 in $\mathcal W$ touch. Let X_I denote the center of I and $\ell(I)$ the side length of I; then diam $I \sim \ell(I)$.

Let \mathbb{D} be a collection of dyadic cubes for the Ahlfors regular set E, as in (2.1)–(2.3). Pick two parameters $\eta \ll 1$ and $K \gg 1$, and for any cube $Q \in \mathbb{D}$ define

$$\mathcal{W}_{Q}^{0} := \{ I \in \mathcal{W} : \eta^{\frac{1}{4}} \ell(Q) \le \ell(I) \le K^{\frac{1}{2}} \ell(Q), \, \operatorname{dist}(I, Q) \le K^{\frac{1}{2}} \ell(Q) \}. \tag{9.16}$$

Recall from Definition 2.4 that A_Q denotes a corkscrew point for the surface ball $\Delta(x_0, C^{-1}r_k(Q))$, with the constant C from (2.2). We can guarantee that we can choose $A_Q = X_I$ for some $I \in \mathcal{W}_Q^0$ provided that we choose η small enough and K large enough.

We will further augment our collection to include pertinent Harnack chains. To this end, recall the following definition.

Definition 9.17. We say that an open domain Ω satisfies the Harnack Chain condition if there is a uniform constant C such that for every $\rho > 0$, $\Lambda > 1$, and every pair of points $X, X' \in \Omega$ with $\delta(X)$, $\delta(X') \geq \rho$, and $|X - X'| < \Lambda \rho$, there is a chain of open balls $B_1,\ldots,B_N\subset\Omega$, $N\leq C(\Lambda)$, with $X\in B_1$, $X'\in B_N$, $B_k\cap B_{k+1}\neq\emptyset$ and $C^{-1}\mathrm{diam}(B_k)\leq$ $\operatorname{dist}(B_k,\partial\Omega)\leq C\operatorname{diam}(B_k)$. Here $C(\Lambda)$ does not depend on Ω , ρ , x, or y. The chain of balls is called a "Harnack Chain".

The boundary of the domain in the definition above is not presumed to exhibit any particular dimension, but we recall that for $\Omega = \mathbb{R}^n \setminus E$ for some Ahlfors regular set E of dimension d < n-1, the Harnack chain condition, and even something stronger, holds.

Lemma 9.18 (Lemma 2.1 of [11]). Let E be a d-Ahlfors regular set in \mathbb{R}^n with d < n-1and $\Omega = \mathbb{R}^n \setminus E$. Then there exists a constant $c \in (0,1)$, that depends only on d, n, C_0 , such that for $\Lambda \geq 1$ and $X_1, X_2 \in \Omega$ such that $\delta(X_i) \geq s$ and $|X_1 - X_2| \leq \Lambda s$, we can find two points $Y_i \in B(X_i, s/2)$ such that $\operatorname{dist}([Y_1, Y_2], E) \geq c \Lambda^{-d/(n-1-d)} s$. That is, there is a thick tube in Ω that connects the balls $B(X_i, s/2)$.

This a stronger property because it ensures that two points are connected by a thick tube rather than just a chain, but we did verify that it formally implies the Harnack chain condition from Definition 9.17, with the constants depending on the ADR constants of E and the dimension only—see [27, Remark 2.2]. We review some of this for the convenience of the reader.

Remark 9.19. Note that in the situation above,

$$|Y_1 - Y_2| \le |Y_1 - X_1| + |X_1 - X_2| + |X_2 + Y_2| < 2\Lambda s. \tag{9.20}$$

Let $\tau=c\Lambda^{-d/(n-1-d)}s$ and $Z_1=Y_1$. For $2\leq j\leq N$, let Z_j be consecutive points on the line segment $[Y_1,Y_2]$ such that $|Z_j-Z_{j-1}|=\tau/3$. Then

$$(N-1)\frac{\tau}{3} \leq |Y_1 - Y_2| < N\frac{\tau}{3}.$$

Combined with (9.20), we get a bound for the length of the chain, namely

$$N \sim \frac{|Y_1 - Y_2|}{\tau/3} \lesssim \Lambda^{\frac{n-1}{n-1-d}}.$$
 (9.21)

Let $B_0=B(X_1,s/2)$, $B_j=B(Z_j,\tau/4)$ for $1\leq j\leq N$ and $B_{N+1}=B(X_2,s/2)$. Clearly, $B_j\cap B_{j+1}\neq\emptyset$ for all $0\leq j\leq N$. Moreover, $\mathrm{dist}(B_0,E)$, $\mathrm{dist}(B_{N+1},E)\geq s/2$ and for $1\leq j\leq N$,

$$\operatorname{dist}(B_{j}, E) \ge \frac{3}{4}\tau = \frac{3}{4}C\Lambda^{-\frac{d}{n-1-d}}s,\tag{9.22}$$

and

$$\operatorname{dist}(B_{j}, E) \leq \min\{\delta(X_{1}), \delta(X_{2})\} + \frac{s}{2} + |Y_{1} - Y_{2}| < \min\{\delta(X_{1}), \delta(X_{2})\} + 3\Lambda s. \tag{9.23}$$

For each $I \in \mathcal{W}_Q^0$, by Lemma 9.18 and the discussions after that, there is a Harnack chain connecting its center X_I to the corkscrew point A_Q ; we call it \mathcal{H}_I . By the definition of \mathcal{W}_Q^0 , we may construct this Harnack chain so that it consists of a bounded number of balls (depending on the values of η , K) and stays a distance at least

 $c\eta^{\frac{n-1}{4(n-1-d)}}\ell(Q)$ away from $\partial\Omega$ (see (9.22)). We let \mathcal{W}_Q denote the set of all $J\in\mathcal{W}$, which meet at least one of the Harnack chains \mathcal{H}_I , with $I \in \mathcal{W}_Q^0$, that is,

$$\mathcal{W}_{Q} := \{ J \in \mathcal{W} : \text{there exists } I \in \mathcal{W}_{Q}^{0} \text{ for which } \mathcal{H}_{I} \cap J \neq \emptyset \}.$$
 (9.24)

Clearly, $\mathcal{W}_Q^0 \subset \mathcal{W}_Q$. Besides, it follows from the construction of the augmented collections \mathcal{W}_{Q} and the properties of the Harnack chains (in particular (9.22) and (9.23)) that there are uniform constants c and C such that

$$c\eta^{\frac{n-1}{4(n-1-d)}}\ell(Q) < \ell(I) < CK^{\frac{1}{2}}\ell(Q), \quad \text{dist}(I,Q) < CK^{\frac{1}{2}}\ell(Q)$$
 (9.25)

for any $I \in \mathcal{W}_Q$. In particular, once η , K are fixed, for any $Q \in \mathbb{D}$ the cardinality of \mathcal{W}_Q is uniformly bounded, by an integer which we denote by N_0 .

Next we choose a small parameter $\theta \in (0,1)$ so that for any $I \in \mathcal{W}$, the concentric dilation $I^* = (1 + \theta)I$ still satisfies the Whitney property

$$\operatorname{diam} I \sim \operatorname{diam} I^* \sim \operatorname{dist}(I^*, \partial \Omega) \sim \operatorname{dist}(I, \partial \Omega). \tag{9.26}$$

Moreover by taking θ small enough we can guarantee that dist $(I^*, J^*) \sim \operatorname{dist}(I, J)$ for every $I,J \in \mathcal{W}$, that I^* meets J^* if and only if ∂I meets ∂J , and that $\frac{1}{2}J \cap I^* = \emptyset$ for any distinct $I, J \in \mathcal{W}$. In what follows, we will need to work with further dilations $I^{**} = (1+2\theta)I$ or $I^{***} = (1+4\theta)I$, etc. (We may need to take θ even smaller to make sure the above properties also hold for I^{**} , I^{***} , etc.) Given an arbitrary $Q \in \mathbb{D}$, we define associated Whitney regions U_Q , U_Q^* by

$$U_Q := \bigcup_{I \in \mathcal{W}_Q} I^*, \quad U_Q^* := \bigcup_{I \in \mathcal{W}_Q} I^{**}. \tag{9.27}$$

Let $\mathbb{D}_Q=\{Q'\in\mathbb{D}:Q'\subset Q\}$. For any $Q\in\mathbb{D}$ and any family $\mathcal{F}=\{Q_j\}$ of disjoint cubes in $\mathbb{D}_Q \setminus \{Q\}$, we define the local and global discretized sawtooth regions relative to \mathcal{F} by

$$\mathbb{D}_{\mathcal{F},Q} := \mathbb{D}_Q \setminus \bigcup_{Q_j \in \mathcal{F}} \mathbb{D}_{Q_j}, \quad \mathbb{D}_{\mathcal{F}} := \mathbb{D} \setminus \bigcup_{Q_j \in \mathcal{F}} \mathbb{D}_{Q_j}. \tag{9.28}$$

We also define the local sawtooth domain relative to $\mathcal F$ by

$$\Omega_{\mathcal{F},\mathcal{Q}} := \operatorname{int}\left(\bigcup_{\mathcal{Q}' \in \mathbb{D}_{\mathcal{F},\mathcal{Q}}} U_{\mathcal{Q}'}\right), \quad \Omega_{\mathcal{F},\mathcal{Q}}^* := \operatorname{int}\left(\bigcup_{\mathcal{Q}' \in \mathbb{D}_{\mathcal{F},\mathcal{Q}}} U_{\mathcal{Q}'}^*\right). \tag{9.29}$$

For convenience, we set

$$\mathcal{W}_{\mathcal{F},Q} := \bigcup_{Q' \in \mathbb{D}_{\mathcal{F},Q}} \mathcal{W}_{Q'},\tag{9.30}$$

so that in particular, we may write

$$\Omega_{\mathcal{F},Q} = \operatorname{int}\left(\bigcup_{I \in \mathcal{W}_{\mathcal{F},Q}} I^*\right), \quad \Omega_{\mathcal{F},Q}^* = \operatorname{int}\left(\bigcup_{I \in \mathcal{W}_{\mathcal{F},Q}} I^{**}\right).$$
(9.31)

We will need further fattened sawtooth domain $\Omega_{\mathcal{F},Q}^{**}$, etc. whose definitions follow the same lines as above. We remark that by (9.25), there is a constant C_3 depending on K, θ such that

$$\Omega_{\mathcal{F},Q} \subset B(x_Q, C_3\ell(Q)) \cap \Omega \tag{9.32}$$

for any $Q \in \mathbb{D}$ and collection of maximal cubes \mathcal{F} , where x_Q is the "center" of Q as in (2.2).

The global versions $\Omega_{\mathcal{F}}, \Omega_{\mathcal{F}}^*, \mathcal{W}_{\mathcal{F}}$ are defined analogously using $\mathbb{D}_{\mathcal{F}}$ in place of $\mathbb{D}_{\mathcal{F},O}$.

The sawtooth domains thus defined, of course, have boundaries with portions of different dimension: parts of their boundary are given by the intersection with the original d-dimensional set E, and other parts are composed of the (n-1)-dimensional faces of Whitney cubes in Ω . Yet, they are amenable to the analysis in [14]. In particular, $\Omega_{\mathcal{F}}$ itself satisfies corkscrew and Harnack chain conditions and $\partial\Omega_{\mathcal{F}}$ can be equipped with a doubling measure μ_* defined as follows. For each Borel set $E \subset \partial\Omega_{\mathcal{F}}$, let

$$\mu_*(E) = \mathcal{H}^d|_{\Gamma}(E \cap \Gamma) + \int_{E \setminus \Gamma} \operatorname{dist}(X, \Gamma)^{d+1-n} \, \mathrm{d}\mathcal{H}^{n-1}|_{\partial \Omega_{\mathcal{F}} \setminus \Gamma}(X). \tag{9.33}$$

It has been demonstrated in [26] that μ_* is doubling, and moreover, the domain $\Omega_{\mathcal{F}}$ equipped with the measure $m(A)=\iint_A \operatorname{dist}(x,E)^{-n+d+1} \,\mathrm{d}X$ and the boundary measure μ_* , satisfies the conditions (H1)–(H6) from [14] (see [26, Theorem 4.2]). In particular, the harmonic measure corresponding to the operator L is well defined on $\partial\Omega_{\mathcal{F}}$, and we will

denote the latter by ω_* . It satisfies the usual properties of an elliptic measure: doubling, comparison principle, and change-of-pole inequalities—we send the reader to [14] for details. We point out that the dyadic cubes in [26] have been built in powers of 2, while ours are built in powers of 10, but otherwise the construction is identical and we will freely use the results from [26].

As long as η and θ are chosen small enough and K large enough depending on the dimension and the AR constants of E only, all the properties listed above are satisfied with constants depending on the dimension and the AR constants of E only, uniformly for all \mathcal{F} (in particular, because for a d-dimensional E, d < n-1, its own corkscrew and Harnack chain properties are satisfied with the constants depending on the dimension and the AR constants of E only). We might adjust the choice of η , θ , and K as we go along but we will always make sure that it depends on the dimension and the AR constants of E only.

At this point, we want to compare the two domains $\Omega_{\mathcal{F}}$ and Ω_{Θ} that were constructed above in (9.29) and (8.1). Retain the notation from Definition 9.3, where we are given a top cube Q_0 and a stopping time region $\Theta \subset \mathbb{D}(Q_0)$. Then we consider the now very specific class $\mathcal{F}=\{Q_j\}_j$ of maximal cubes $Q\subset Q_0$ that are not contained in Θ (we may call them the stopped cubes). Then $\mathbb{D}_{\mathcal{F}}$ consists of all the cubes of Θ (those that were used to construct Ω_{Θ} in (8.1)) and also the cubes Q that are not contained in Q_0 . In other words,

$$\mathbb{D}_{\mathcal{F},Q_0} = \Theta, \quad \text{and, respectively,} \quad \mathbb{D}_{\mathcal{F}} = (\mathbb{D} \setminus \mathbb{D}(Q_0)) \cup \Theta. \tag{9.34}$$

Ultimately, we will be choosing η, θ , and K first and then M_0 large enough, depending on η , θ , and K so that $U^*(Q) \subset W(Q)$ and hence

$$\Omega_{\mathcal{F},Q_0} \subset \Omega_{\mathcal{F},Q_0}^* \subset \Omega_{\Theta}.$$
(9.35)

More generally, the geometric statements in the remainder of this subsection implicitly assume that we are allowed to adjust our choices, while keeping their order intact, that is, if η, θ are small enough and K is large enough depending on d, n, and AR constants of E; M_0 is large enough depending on all these parameters; M is large enough depending on d, n, and AR constants of E and our choice of η , θ , K, M_0 ; and ε_0 , δ_0 are small enough depending on all of the above, then the statements are valid. Since all of these ultimately depend on d, n, and AR constants of E, we shall suppress this in many statements. We will need to define a "projection" of cubes $Q_i \in \mathcal{F}$ on Σ and a

projection of Q_j on $\partial\Omega_{\mathcal{F}}$. To this end, recall the collection \mathcal{R} defined in (8.13)–(8.18). We recall that by (8.18) $E\setminus F=\bigcup_{R_k\in\mathcal{R}}R_k$ and, hence, by (8.22),

$$E \setminus \bigcup_{R_k \in \mathcal{R}} R_k = F \subset E \cap \Sigma \cap \overline{Q_0}, \tag{9.36}$$

that is, E coincides with Σ on the complement of $\cup_{R_k \in \mathcal{R}} R_k$.

Furthermore, we claim that every $R_k \in \mathcal{R}$ is contained in some $Q_j \in \mathcal{F}$. Indeed, if R_k is not contained in any $Q_j \in \mathcal{F}$ then $R_k \in \mathbb{D}(Q_0) \setminus \bigcup_{Q_j \in \mathcal{F}} \mathbb{D}_{Q_j}$. Then $d_{\Theta}(x_{R_k}) \leq l(R_k)$ by definition. However, by (8.16), we have $d_{\Theta}(x_{R_k}) \geq (2\tau)^{-1}l(R_k) \geq 50\,l(R_k)$, which is a contradiction.

Having this and (9.36) in mind, we can write any $Q_j \in \mathcal{F}$ as

$$Q_{j} = \left(\bigcup_{R_{k} \subseteq Q_{j}} R_{k}\right) \bigcup \left(Q_{j} \setminus \bigcup_{R_{k} \subseteq Q_{j}} R_{k}\right) \quad \text{with} \quad Q_{j} \setminus \bigcup_{R_{k} \subseteq Q_{j}} R_{k} \subset E \cap \Sigma, \tag{9.37}$$

and then let

$$\pi(Q_j) := \left(\bigcup_{R_k \subseteq Q_j} \Sigma(k)\right) \bigcup \left(Q_j \setminus \bigcup_{R_k \subseteq Q_j} R_k\right) \subset \Sigma, \tag{9.38}$$

denote a "projection" of Q_j on Σ . Here, $\Sigma(k)$ is defined in (8.27). The definition of $\pi(Q)$ depends on the choice of the numerical constant τ in the definition of R_k and, hence, of $\Sigma(k)$, but this is, as usual, harmless, as long as τ is small enough for our considerations from previous chapters to apply.

In order to define the projection of Q_j on $\partial\Omega_{\mathcal{F}}$, we recall the following result from [26].

Proposition 9.39. Fix a disjoint family of cubes $\mathcal{F} \subset \mathbb{D}$. Then for each $Q_j \in \mathcal{F}$, there is an (n-1)-dimensional cube $P_j \subset \partial \Omega_{\mathcal{F}}$, which is contained in a face of I^* some $I \in \mathcal{W}$, and which satisfies

$$\ell(P_j) \approx \operatorname{dist}(P_j, Q_j) \approx \operatorname{dist}(P_j, \partial \Omega) \approx \ell(I) \approx \ell(Q_j), \tag{9.40}$$

with uniform constants.

Then we let

$$\pi_*(O_j) := P_j \tag{9.41}$$

denote our "projection" of $Q_j \in \mathcal{F}$ on $\partial \Omega_{\mathcal{F}}$. We first point out the following.

Retain the definitions above. Then Lemma 9.42.

- (1) for any $Q_i \in \mathcal{F}$ the set $\pi(Q_i)$ is contained in some surface ball $\Delta(\widehat{x}_{Q_i}, \widehat{r}_{Q_i})$ where $\widehat{x}_{Q_i} \in \Sigma$, $\widehat{r}_{Q_i} = C \, l(Q_j)$ for some constant C depending on our choice of τ only;
- (2) for any $Q_j \in \mathcal{F}$ the set $\pi(Q_j)$ contains some surface ball $\Delta(\widehat{x}'_{Q_j}, \widehat{r}'_{Q_i})$, where $\widehat{\mathbf{x}}'_{Q_i} \in \pi(Q_j)$, $\widehat{r}'_{Q_i} = c \, l(Q_j)$ for some numerical constant c depending on the AR constant of μ , d, and on the choice of τ ;
- (3) the $\pi(Q_i)$, $Q_i \in \mathcal{F}$, have bounded overlap and for any $Q_i \in \mathcal{F}$ we have $\sigma(\pi(Q_i)) \approx \mu(Q_i)$, with all implicit constants depending on the dimension, AR constant of μ , and our choice of τ only.

Similar statements are valid for π_* in place of π , μ_* in place of σ , and $\partial\Omega_{\mathcal{F}}$ in place of Σ . The relevant constants then depend on our choice of η , θ , K and, hence, ultimately, on the dimension and AR constant of *E* only.

Proof. We start from the statement that

the
$$\pi(Q_i)$$
 have bounded overlap and $\sigma(\pi(Q_i)) \approx \mu(Q_i)$. (9.43)

The fact that the $\pi(Q_j)$ have bounded overlap is a direct consequence of (8.33) and of the fact that the $Q_i \in \mathcal{F}$ are disjoint. The equivalence of sizes will follow from statements (1) and (2) of the Lemma. Next,

every
$$\pi(Q_j)$$
 is contained in some surface ball $\Delta(\widehat{x}_{Q_j}, \widehat{r}_{Q_j})$, (9.44)

where $\widehat{x}_{Q_j} \in \Sigma$, $\widehat{r}_{Q_j} = Cl(Q_j)$ for some constant C depending on our choice of τ only. This follows from the observation that for every $R_k \subset Q_j$ we have $l(R_k) \leq l(Q_j)$ and from definition (8.27) upon recalling that $M_2 = 10^{-1} \tau^{-1}$ and $\tau \in (0, 10^{-2})$. Thirdly,

every
$$\pi(Q_i)$$
 contains some surface ball $\Delta(\widehat{x}'_{Q_i}, \widehat{r}'_{Q_i})$, (9.45)

where $\widehat{x}'_{Q_j} \in \pi(Q_j)$ and $\widehat{r}'_{Q_j} = c \, l(Q_j)$ for some numerical constant c depending on the AR constant of μ , d, and on the choice of τ . First, we show that

every decomposition in (9.37) contains at least one
$$R_k$$
 with $l(R_k) \approx l(Q_i)$. (9.46)

Indeed, Q_j contains a surface ball $E\cap B(x_Q,C^{-1}l(Q_j))$ by (2.2). Here, C is the constant denoted by C in (2.2). Using now the 2nd inclusion in (2.2) we deduce that there is a dyadic cube Q' contained in $E\cap B(x_Q,C^{-1}l(Q_j)/2)$ with the sidelength $l(Q')=c_1(C,d)l(Q_j)$ for a sufficiently small $c_1(C,d)$ depending on C and d only. For any point $z\in Q'$

$$\begin{split} d_{\Theta}(z) &= \inf_{Q \in \Theta} \, \operatorname{dist}\left(z,Q\right) + l(Q) \\ &\geq \min \Big\{ \inf_{Q \in \Theta:\, Q_j \subset Q} (\, \operatorname{dist}\left(z,Q\right) + l(Q)), \inf_{Q \in \Theta:\, Q_j \cap Q = \emptyset} (\, \operatorname{dist}\left(z,Q\right) + l(Q)) \Big\} \\ &\geq \min \Big\{ l(Q_j),\, C^{-1} l(Q_j)/2 \Big\} = C^{-1} l(Q_j)/2. \end{split}$$

Now, if $C^{-1}/2 \geq 1/\tau$ then $C^{-1}l(Q_j)/2 \geq C^{-1}l(Q')/2 \geq l(Q')/\tau$, and so Q' is a subset of some R_k by definition (8.15). And recalling that any R_k intersecting Q_j has to be contained in Q_j , we have $l(R_k) \approx l(Q_j)$ with the implicit constant depending on C and d only. If, on the other hand, $C^{-1}/2 \leq 1/\tau$ then we can keep subdividing Q' (the number of times only depending on τ , C^{-1} , and d), until we reach a cube $Q'' \subset Q'$ such that $C^{-1}l(Q_j)/2 \geq l(Q'')/\tau$. Then, similarly to above, there must be an R_k containing Q'' with $l(Q'') \leq l(R_k) \leq l(Q_j)$ and therefore $l(R_k)$ depending on τ , C^{-1} , and d only.

Finally, once we know that there exists an $R_k\subset Q_j$ with $l(R_k)\approx l(Q_j)$, it follows from the definition of $\Sigma(k)$ in (8.27) that (possibly slightly enlarging M_2) $\Sigma(k)$ contains a surface ball of radius $\approx l(R_k)$, and this surface ball will be used as $\Delta(\widehat{x}'_{Q_j},\widehat{r}'_{Q_j})$. This finishes the proof of (9.45).

Proving analogous statements for the projection on $\partial\Omega_{\mathcal{F}}$ is actually much easier: (1) and (2) follow directly from the fact that P_j is a cube, (3) is due to the fact that P_j s have a bounded overlap and the definition of μ_* (the reader can consult [26] for more general upper and lower estimates on μ_* , but in fact, in this case it is perhaps easier to see the desired bound directly from definitions).

Next, for any $Q \in \mathbb{D}(Q_0) \setminus \bigcup_{Q_i \in \mathcal{F}} \mathbb{D}(Q_i)$, we let

$$\pi(Q) := \left(\bigcup_{Q_{j} \in \mathcal{F}, Q_{j} \subset Q} \pi(Q_{j})\right) \bigcup \left(Q \setminus \bigcup_{Q_{j} \in \mathcal{F}, Q_{j} \subset Q} Q_{j}\right)$$

$$= \left(\bigcup_{R_{k} \in \mathcal{R}: R_{k} \subset Q} \Sigma(k)\right) \bigcup \left(Q \setminus \bigcup_{R_{k} \in \mathcal{R}: R_{k} \subset Q} R_{k}\right) \subset \Sigma,$$

$$(9.47)$$

and

$$\pi_*(Q) := \left(\bigcup_{Q_j \in \mathcal{F}, \, Q_j \subset Q} \pi_*(Q_j)\right) \bigcup \left(Q \setminus \bigcup_{Q_j \in \mathcal{F}, \, Q_j \subset Q} Q_j\right) \subset \partial \Omega_{\mathcal{F}}. \tag{9.48}$$

Lemma 9.49. Retain the definitions above. Then

- (1) for any $Q \in \mathbb{D}(Q_0) \setminus \bigcup_{Q_j \in \mathcal{F}} \mathbb{D}(Q_j)$ the set $\pi(Q)$ is contained in some surface ball $\Delta(\widehat{x}_{O},\widehat{r}_{O})$ where $\widehat{x}_{O} \in \Sigma$, $\widehat{r}_{O} = \mathcal{C} \, l(O)$ for some constant \mathcal{C} depending on our choice of τ only;
- (2) for any $Q \in \mathbb{D}(Q_0) \setminus \bigcup_{Q_i \in \mathcal{F}} \mathbb{D}(Q_i)$ the ball $\Delta(\widehat{x}_Q, 2\widehat{r}_Q)$ above is contained in $\Delta(\widehat{x}_{Q_0}, 4\widehat{r}_{Q_0})$; for any $Q_j \in \mathcal{F}$ the ball $\Delta(\widehat{x}_{Q_j}, 2\widehat{r}_{Q_j})$ from Lemma 9.42 is contained in $\Delta(\widehat{x}_{Q_0}, 4\widehat{r}_{Q_0})$;
- (3) for any $Q \in \mathbb{D}(Q_0) \setminus \bigcup_{Q_i \in \mathcal{F}} \mathbb{D}(Q_i)$ the corkscrew point of Q with respect to E, A_Q , is a corkscrew point for $B(\widehat{x}_Q, 4\widehat{r}_Q) \cap \Sigma$ on Σ with implicit constants depending on the AR constant of μ , on our resulting choice of M_0 , and on the choice of τ ;
- (4) for any $Q \in \mathbb{D}(Q_0) \setminus \bigcup_{Q_i \in \mathcal{F}} \mathbb{D}(Q_i)$ the set $\pi(Q)$ contains some surface ball $\Delta(\widehat{x}'_{Q},\widehat{r}'_{Q})$ where $\widehat{x}'_{Q} \in \pi(Q)$, $\widehat{r}'_{Q} = cl(Q)$ for some numerical constant cdepending on the AR constant of μ , d, and on the choice of τ ;
- for any $Q \in \mathbb{D}(Q_0) \setminus \cup_{Q_i \in \mathcal{F}} \mathbb{D}(Q_i)$ we have $\sigma(\pi(Q)) \approx \mu(Q)$, with all implicit constants depending on the dimension, AR constant of μ , d, and our choice of τ only.

The analogues of statements (1)–(3) and (5) are valid for π_* in place of π , μ_* in place of σ , and $\partial \Omega_{\mathcal{F}}$ in place of Σ . The relevant constants then depend on our choice of η, θ, K , and, hence, ultimately, on the dimension and AR constant of E only. The statement (4) for π_* should be substituted by the following property.

For $Q_j\in\mathcal{F}$, let $B(x_j^*,r_j^*)$ be a ball, centered on $\pi_*(Q_j)=P_j$, and such that $r_j^*pprox l(Q_j)$ and

$$\overline{\bigcup_{\Omega\in\mathbb{D}_{\alpha_j}}U_{\Omega}}\subset B(x_j^*,r_j^*).$$

Then for each $Q \in \mathbb{D}(Q_0) \setminus \bigcup_{Q_j \in \mathcal{F}} \mathbb{D}(Q_j)$, there is a surface ball $\Delta'(x_Q^*, r_Q^*)$ where $x_Q^* \in \partial \Omega_{\mathcal{F}}$, $r_Q^* \approx l(Q)$, and such that

$$\Delta'(x_Q^*, r_Q^*) \subset \left(Q \cap \partial \Omega_{\mathcal{F}}\right) \cup \left(\cup_{Q_j \in \mathcal{F}: Q_j \subset Q} B(x_j^*, r_j^*) \cap \partial \Omega_{\mathcal{F}}\right), \tag{9.50}$$

with dist $(Q, \Delta'(x_Q^*, r_Q^*)) \lesssim \ell(Q)$.

Proof. The fact that

every
$$\pi(Q)$$
 is contained in some surface ball $\Delta(\widehat{x}_Q, \widehat{r}_Q)$, (9.51)

follows from the definition of $\pi(Q)$: we recall that the surface ball $\Delta(x_Q, l(Q))$ contains Q by (2.2) and then observe that all $\Sigma(k)$ such that $R_k \subset Q$ are contained $\Delta(x_Q, (1+M_2)l(Q))$. Taking $\widehat{r}_Q = 2(1+M_2)l(Q)$) and any $\widehat{x}_Q \in \pi(Q)$ we then have (9.51).

We note that the construction above and a virtually identical construction in the proof of (1) in Lemma 9.42 ensure that (2) in the statement of the Lemma is satisfied. Moreover, for any $Q\in \mathbb{D}(Q_0)\setminus \cup_{Q_j\in\mathcal{F}}\mathbb{D}(Q_j)$, $A^Q\in B(x_Q,C^{-1}l(Q))\subset B(\widehat{x}_Q,4\widehat{r}_Q)$ and $\mathrm{dist}(A^Q,E)\geq \tau_0C^{-1}l(Q)$ by definition. It follows that having chosen M_0 large enough depending on the AR constant only, $A^Q\in\Omega_\Theta$, and, hence, by (8.12),

$$\operatorname{dist}(A^{\mathcal{Q}},\Sigma) \geq (1-CM_0\varepsilon)\tau_0C^{-1}l(\mathcal{Q}).$$

Assuming, as usual, that ε is small depending on M_0 and other parameters depending on the AR constant, we have $\operatorname{dist}(A^Q,\Sigma) \geq \tau_0(2C)^{-1}l(Q)$. It follows that A^Q is a corkscrew point for $B(\widehat{x}_Q,4\widehat{r}_Q)\cap\Sigma$ with implicit constants depending on the AR constant of μ and our resulting choices of M_0 and smallness of ε , as well as on τ .

As a result, $\widehat{x}_Q \in \Sigma$ and $\widehat{r}_Q = C l(Q)$ for some constant C depending on our choice of τ only.

The opposite inclusion, while less straightforward, is also true: for any $Q\in \mathbb{D}(Q_0)\setminus \cup_{Q_i\in\mathcal{F}}\mathbb{D}(Q_j)$

$$\pi(Q)$$
 contains some surface ball $\Delta(\widehat{x}'_{Q}, \widehat{r}'_{Q})$, (9.52)

where $\widehat{x}'_{Q} \in \pi(Q)$, $\widehat{r}'_{Q} = c l(Q)$ for some numerical constant c depending on the AR constant of μ , d, and on the choice of τ . Let us prove this. Fix some $Q \in \mathbb{D}(Q_0) \setminus$ $\bigcup_{Q_i \in \mathcal{F}} \mathbb{D}(Q_i)$. Recall (8.18) which, in particular, means that

$$Q \cap F = Q \cap (Q \setminus [(E \setminus F) \cap Q]) = Q \cap \left(Q \setminus \bigcup_{R_k \in \mathcal{R}: R_k \subset Q} R_k\right) \subset \pi(Q).$$

Now, by (2.2), there exists a constant C_1 such that $E \cap B(x_0, C_1^{-1}l(Q)) \subset Q$. Fix $\kappa \,=\, C_1^{-1}/4 \,\leq\, 1/4. \text{ If } \textit{B}(\textit{x}_\textit{Q}, \kappa \textit{l}(\textit{Q})) \,\cap\, \Sigma \,\subset\, \textit{Q} \,\cap\, \textit{F} \,\subset\, \pi(\textit{Q}) \text{ then we can assign } \Delta(\widehat{\textit{x}}_\textit{Q}', \widehat{\textit{r}}_\textit{Q}') \,:=\,$ $B(x_Q, \kappa l(Q)) \cap \Sigma$ and finish the argument.

If, on the other hand, there exists a $\widehat{x}_Q \in B(x_Q, \kappa l(Q)) \cap \Sigma$ such that $\widehat{x}_Q \in \Sigma \setminus F$, we choose $\Delta(\widehat{x}'_{Q}, \widehat{r}'_{Q}) = \widehat{\Delta} := B(\widehat{x}_{Q}, \kappa l(Q)) \cap \Sigma$. Let us show that $B(\widehat{x}_{Q}, \kappa l(Q)) \cap \Sigma \subset \pi(Q)$.

Assume, on the contrary, that there exists $\xi \in \widehat{\Delta}$ such that $\xi \notin \pi(Q)$. First of all, $\widehat{\Delta} \subset B(x_Q, 2\kappa l(Q)) \text{ (since } |\widehat{x}_Q - x_Q| \leq \kappa l(Q)) \text{ and, hence, } \widehat{\Delta} \cap F \subset B(x_Q, C_1^{-1}l(Q)) \cap F \subset Q \cap F \subset C_1^{-1}(Q)$ $\pi(Q)$ for our choice of κ . Therefore, $\xi \in (\widehat{B} \cap \Sigma) \setminus F$ and the discussion near (8.39)–(8.40) applies. In particular, there exists a k_0 such that $\xi \in \Sigma(k_0)$ and there exists $x \in R_{k_0}$ such that $|x - \xi| \leq C \varepsilon d_{\Theta}(\xi)$. However,

$$d_{\Theta}(\xi) = \inf_{Q' \in \Theta} (l(Q') + \operatorname{dist}(\xi, Q')) \le l(Q) + |\xi - x_Q| \le (1 + 2\kappa)l(Q).$$

Therefore,

$$|x-x_Q| \leq |x-\xi| + |\xi-x_Q| \leq C\varepsilon(1+2\kappa)l(Q) + 2\kappa l(Q) < 2C\varepsilon l(Q) + 2\kappa l(Q).$$

Assuming that $C \varepsilon \leq C_1^{-1}/4$ (which is always safe because C_1 depends only on the AR constant of μ) and recalling that $\kappa = C_1^{-1}/4$ (which is our choice), we conclude that $x \in E \cap B(x_Q, C_1^{-1}l(Q)) \subset Q$. Therefore, R_{k_0} meets Q. Then R_{k_0} is necessarily a subcube of Q and, therefore, $\xi \in \Sigma(R_{k_0}) \subset \pi(Q)$, which is a contradiction. We have finished the proof of (9.52).

The last statement of the Lemma follows from (1), (4), and the Ahlfors regularity of Σ .

Let us turn to the analogous statements for the projection on the saw-tooth. (1) remains true since $\pi_*(Q_j)$ is at a distance proportional to $\ell(Q_j) \leq \ell(Q)$ from Q. (2) is proved exactly as it is for π . (3) is due to the fact that $Q \notin \mathcal{F}$ and, hence, A_Q belongs to some Whitney region associated to Q whose interior (and even its enlargement) is a subset of $\Omega_{\mathcal{F}}$.

Therefore, A_Q is also a corkscrew point for a corresponding surface ball on $\partial \Omega_{\mathcal{F}}$ with the corkscrew constants depending on η and θ in the definition of $\partial \Omega_{\mathcal{F}}$. As for (5),

$$\mu_*(\pi_*(\Omega)) = \mu \left(\Omega \setminus \bigcup_{Q_j \in \mathcal{F}, Q_j \subset \Omega} Q_j \right) + \mu_* \left(\bigcup_{Q_j \in \mathcal{F}, Q_j \subset \Omega} \pi_*(Q_j) \right)$$

$$\approx \mu \left(\Omega \setminus \bigcup_{Q_j \in \mathcal{F}, Q_j \subset \Omega} Q_j \right) + \sum_{Q_j \in \mathcal{F}, Q_j \subset \Omega} \mu_* \left(\pi_*(Q_j) \right)$$

$$\approx \mu \left(\Omega \setminus \bigcup_{Q_j \in \mathcal{F}, Q_j \subset \Omega} Q_j \right) + \sum_{Q_j \in \mathcal{F}, Q_j \subset \Omega} \mu(Q_j) = \mu(Q) \quad (9.53)$$

where the 1st equality is due to the fact that the corresponding regions are disjoint, the 2nd one uses the finite overlap property of P_j , the third one follows from (3) of Lemma 9.42. Finally, (9.50) is proved in [26].

9.3 Projections and the harmonic measure(s)

With this setup, we are ready for the following results. The proofs of the two lemmas below follow closely those of [20, Lemma B.2 and Lemma B.6] where analogous results have been established for projections of the harmonic measure on a saw-tooth region starting for an (n-1) dimensional set E. Our geometric set-up is, however, different not only because of mixed dimension but also because we need to tie in $\widehat{\omega}$, the harmonic measure on Σ rather than E.

Lemma 9.54. Let E be a d-dimensional Ahlfors regular set in \mathbb{R}^n and μ an Ahlfors regular measure on E and let $\mathcal{F} = \{Q_j\}_j$ be the collection of disjoint cubes in $\mathbb{D}(Q_0)$ associated to our stopping time region Θ as above. Then the following two statements are valid.

(1) Assume that $\widehat{\omega}$ is a doubling measure on Σ . Then the projection of $\widehat{\omega}$ on \mathcal{F} within $\mathcal{Q}_0 \in \mathbb{D}(E)$ defined as

$$\mathcal{P}_{\mathcal{F}}\widehat{\omega}(A) := \widehat{\omega}\left(A \setminus \left(\bigcup_{Q_j \in \mathcal{F}} Q_j\right)\right) + \sum_{Q_j \in \mathcal{F}} \frac{\mu(A \cap Q_j)}{\mu(Q_j)} \widehat{\omega}(\pi(Q_j)), \quad A \subset Q_0, \quad (9.55)$$

is dyadically doubling on Q_0 . In particular, the conclusion of this lemma holds for the elliptic measure $\widehat{\omega} = \widehat{\omega}^{AQ_0}$, associated to the operator \widehat{L} on $\mathbb{R}^n \setminus \Sigma$.

(2) Assume that ω_* is a doubling measure on $\Omega_{\mathcal{F}}$. Then the projection of ω_* on \mathcal{F} within $\mathcal{Q}_0 \in \mathbb{D}(E)$ defined by

$$\mathcal{P}_{\mathcal{F}}\,\omega_*(A) := \omega_*\bigg(A \setminus \big(\bigcup_{Q_i \in \mathcal{F}} Q_j\big)\bigg) + \sum_{Q_i \in \mathcal{F}} \frac{\mu(A \cap Q_j)}{\mu(Q_j)}\,\omega_*(\pi_*(Q_j)), \quad A \subset Q_0, \quad (9.56)$$

is dyadically doubling on Q_0 . In particular, the conclusion of this lemma holds for the elliptic measure $\omega_* = \omega_*^{A Q_0}$ associated to the operator L on $\Omega_{\mathcal{F}}$.

Proof. Let $Q \in \mathbb{D}(Q_0)$ and $Q' \subset Q$ be a dyadic child of Q. There are three possible cases: Q (and hence Q') is contained in one of the $Q_j \in \mathcal{F}$; Q' coincides with one of the $Q_k \subset \mathcal{F}$ and, hence, Q is not contained in any $Q_j \in \mathcal{F}$; Q' (and hence, Q) is not contained in any $Q_j \in \mathcal{F}$.

If Q (and hence Q') is contained in one of the $Q_i \in \mathcal{F}$, then

$$\mathcal{P}_{\mathcal{F}}\widehat{\omega}(Q) = \frac{\mu(Q \cap Q_j)}{\mu(Q_j)}\,\widehat{\omega}(\pi(Q_j)), \quad \mathcal{P}_{\mathcal{F}}\widehat{\omega}(Q') = \frac{\mu(Q' \cap Q_j)}{\mu(Q_j)}\,\widehat{\omega}(\pi(Q_j)),$$

and the desired result follows from the doubling property of μ .

The 2nd case is when Q' coincides with one of the $Q_k \in \mathcal{F}$ and, hence, Q is not contained in any of $Q_j \subset \mathcal{F}$. Notice that Q contains any cube $Q_j \in \mathcal{F}$ such that $Q \cap Q_j \neq \emptyset$. Since in addition the $\pi(Q_j)$ have finite overlap and are disjoint from $Q \setminus \left(\bigcup_{Q_j \in \mathcal{F}} Q_j\right)$,

$$\mathcal{P}_{\mathcal{F}}\widehat{\omega}(Q) = \widehat{\omega} \left(Q \setminus \left(\bigcup_{Q_{j} \in \mathcal{F}} Q_{j} \right) \right) + \sum_{Q_{j} \in \mathcal{F}: Q \cap Q_{j} \neq \emptyset} \frac{\mu(Q \cap Q_{j})}{\mu(Q_{j})} \, \widehat{\omega}(\pi(Q_{j}))$$

$$= \widehat{\omega} \left(Q \setminus \left(\bigcup_{Q_{j} \in \mathcal{F}} Q_{j} \right) \right) + \sum_{Q_{j} \in \mathcal{F}: Q \cap Q_{j} \neq \emptyset} \frac{\mu(Q_{j})}{\mu(Q_{j})} \, \widehat{\omega}(\pi(Q_{j}))$$

$$= \widehat{\omega} \left(Q \setminus \left(\bigcup_{Q_{j} \in \mathcal{F}} Q_{j} \right) \right) + \sum_{Q_{j} \in \mathcal{F}: Q \cap Q_{j} \neq \emptyset} \widehat{\omega}(\pi(Q_{j})) \lesssim \widehat{\omega}(\pi(Q)).$$

$$(9.57)$$

We claim that there exists $\widehat{x}_{Q'} \in \pi(Q')$ and c' , C' > 0 such that

$$\Delta(\widehat{x}_{Q'}, cl(Q')) \subset \pi(Q'), \quad \pi(Q) \subset \Delta(\widehat{x}_{Q'}, Cl(Q')). \tag{9.58}$$

The 1st statement follows from (9.45). The 2nd one follows from (9.51) harmlessly enlarging C so that the ball in (9.51) is contained in $\Delta(\widehat{x}_{Q'}, Cl(Q'))$ for any $\widehat{x}_{Q'} \in \pi(Q')$. Now, recalling that $\widehat{\omega}$ is doubling (here, we have to use (2) and (3) of Lemma 9.49 to ensure that the pole is properly placed), we have

$$\mathcal{P}_{\mathcal{F}}\widehat{\omega}(Q) \lesssim \widehat{\omega}(\pi(Q)) \leq \widehat{\omega}(\Delta(\widehat{x}_{Q'}, Cl(Q'))) \lesssim \widehat{\omega}(\Delta(\widehat{x}_{Q'}, cl(Q'))) \lesssim \widehat{\omega}(\pi(Q')). \tag{9.59}$$

Since we are in the case when Q' coincides with one of the $Q_k \in \mathcal{F}$, we have, in particular, $\mathcal{P}_{\mathcal{F}}\widehat{\omega}(Q') = \widehat{\omega}(\pi(Q_k)) = \widehat{\omega}(\pi(Q'))$, so that the right-hand side of (9.59) is equal to $\mathcal{P}_{\mathcal{F}}\widehat{\omega}(Q')$.

Finally, we consider the third case when Q' (and hence, Q) is not contained in any $Q_k \in \mathcal{F}$. The very same argument as above, using (9.52) in place of (9.45), yields

$$\mathcal{P}_{\mathcal{F}}\widehat{\omega}(Q) \lesssim \widehat{\omega}(\pi(Q')).$$
 (9.60)

However, much as in (57),

$$\mathcal{P}_{\mathcal{F}}\widehat{\omega}(Q') = \widehat{\omega}\left(Q' \setminus (\bigcup_{Q_j \in \mathcal{F}} Q_j)\right) + \sum_{Q_j \in \mathcal{F}: Q' \cap Q_j \neq \emptyset} \widehat{\omega}(\pi(Q_j)) \gtrsim \widehat{\omega}(\pi(Q')), \tag{9.61}$$

as desired.

Passing to the projection of ω_* , we remark that the treatment of the 1st two cases is literally the same. The only significant difference is the argument for the third case when \mathcal{Q}' (and hence, \mathcal{Q}) is not contained in any $\mathcal{Q}_k \in \mathcal{F}$. Much as for $\widehat{\omega}$ we have

$$\mathcal{P}_{\mathcal{F}}\omega_*(Q) \lesssim \omega_*(\pi_*(Q)) \lesssim \omega_*(\Delta(x_Q^*, r_Q^*)),$$

where the 1st inequality follows from the argument analogous to (57) and the 2nd one is due to Lemma 9.49, a version of (1) for $\partial\Omega_{\mathcal{F}}$, and the surface ball $\Delta(x_Q^*, r_Q^*)$, $x_Q^* \in \partial\Omega_{\mathcal{F}}$, $r_Q^* \approx l(Q)$, is the one containing $\pi_*(Q)$. Using the doubling property of ω_* , we have

$$\omega_*(\Delta(x_Q^*,r_Q^*)) \lesssim \omega_*(\Delta'(x_{Q'}^*,r_{Q'}^*)),$$

where $\Delta'(x_{O'}^*, r_{O'}^*)$ is the surface ball from (9.50) for the cube Q'. Now, by (9.50) and the doubling property of ω_* ,

$$\begin{split} \omega_*(\Delta'(x_{\mathcal{Q}'}^*,r_{\mathcal{Q}'}^*)) &\leq \omega_*\left(\mathcal{Q}'\cap\partial\Omega_{\mathcal{F}}\right) + \sum_{\mathcal{Q}_j\in\mathcal{F}:\mathcal{Q}_j\subset\mathcal{Q}'} \omega_*\left(B(x_j^*,r_j^*)\cap\partial\Omega_{\mathcal{F}}\right) \\ &\lesssim \omega_*\left(\mathcal{Q}'\cap\partial\Omega_{\mathcal{F}}\right) + \sum_{\mathcal{Q}_j\in\mathcal{F}:\mathcal{Q}_j\subset\mathcal{Q}'} \omega_*\left(\pi_*(\mathcal{Q}_j)\right) \lesssim \omega_*(\pi_*(\mathcal{Q}')). \end{split} \tag{9.62}$$

Then, analogously to (9.61), we can finish the argument.

We remark that the elliptic measure of L on $\partial \Omega_{\mathcal{F}}$ fits the hypothesis and, in particular, is doubling by [14, 26].

Lemma 9.63. Let *E* be a *d*-dimensional Ahlfors regular set in \mathbb{R}^n and μ be an Ahlfors regular measure on E. Under the conditions of Theorem 9.6, the projection of the harmonic measure of \widehat{L} on \mathcal{F} within $Q_0 \in \mathbb{D}(E)$ defined by (9.55) with $\widehat{\omega} = \widehat{\omega}^{A_{Q_0}}$ is $A_{\mathbb{D}}^{\infty}(Q_0)$ with respect to μ .

Proof. As per Remark 2.28, we aim to show (2.24) for some $\delta, \epsilon \in (0, 1)$.

For brevity, we will write $\widehat{\omega} = \widehat{\omega}^{Aa_0}$ throughout the proof. We fix $0 < \eta < 1/2$ and $A \subset Q \in \mathbb{D}(Q_0)$ with $\mu(A) \geq (1 - \eta)\mu(Q)$.

If $Q \subseteq Q_i$ for some $Q_i \subset \mathcal{F}$, then

$$\frac{\mathcal{P}_{\mathcal{F}}\widehat{\omega}(A)}{\mathcal{P}_{\mathcal{F}}\widehat{\omega}(Q)} = \frac{\mu(A \cap Q_j)}{\mu(Q_j)} \widehat{\omega}^{A_{Q_0}}(\pi(Q_j)) \left(\frac{\mu(Q \cap Q_j)}{\mu(Q_j)} \widehat{\omega}^{A_{Q_0}}(\pi(Q_j))\right)^{-1} = \frac{\mu(A)}{\mu(Q)} \ge (1 - \eta),$$

as desired.

If Q is not contained in any cube of \mathcal{F} , then it belongs to $\mathbb{D}(Q_0) \setminus \bigcup_{Q_i \in \mathcal{F}} \mathbb{D}(Q_i)$. It might or might not intersect with the cubes of \mathcal{F} and we let

$$\mathcal{F}_G = \{Q_j \in \mathcal{F}: \, \mu(A \cap Q_j) \geq (1 - 2\eta) \, \mu(Q_j)\},$$

and

$$E_0 := O \setminus \bigcup_{Q_j \in \mathcal{F}} O_j, \quad G := \bigcup_{Q_j \in \mathcal{F}_G} O_j, \quad B := \bigcup_{Q_j \in \mathcal{F} \setminus \mathcal{F}_G} O_j.$$

Then simply dropping the cubes of $\mathcal{F} \setminus \mathcal{F}_G$ in the sum,

$$\mathcal{P}_{\mathcal{F}}\widehat{\omega}(A) \ge \omega(A \cap E_0) + \sum_{Q_j \in \mathcal{F}_G} \frac{\mu(A \cap Q_j)}{\mu(Q_j)} \widehat{\omega}(\pi(Q_j)) \tag{9.64}$$

$$\geq \omega(A\cap E_0) + (1-2\eta) \sum_{Q_j \in \mathcal{F}_G} \widehat{\omega}(\pi(Q_j)) \geq (1-2\eta) \, \widehat{\omega}((A\cap E_0) \cup \pi(G)),$$

where we set

$$\pi(G) := \bigcup_{Q_j \in \mathcal{F}_G} \pi(Q_j),$$

and used the fact that $\pi(Q_j)$ and E_0 are disjoint. Recall now (47)–(9.51). Using the property that $\widehat{\omega}$ is A_{∞} with respect to σ by Theorem 9.6, we have

$$\frac{\widehat{\omega}((A \cap E_0) \cup \pi(G))}{\widehat{\omega}(\Delta(\widehat{x}_Q, \widehat{r}_Q))} \gtrsim \left(\frac{\sigma((A \cap E_0) \cup \pi(G))}{\sigma(\Delta(\widehat{x}_Q, \widehat{r}_Q))}\right)^{\theta}. \tag{9.65}$$

Here again we have to use (2) and (3) of Lemma 9.49 to ensure that the pole is properly placed.

Now, from (9.43) and the fact that the Q_j are disjoint we conclude that $\sigma(\pi(G)) \approx \mu(G)$ and since furthermore $A \cap E_0$ and $\pi(G)$ as well as $A \cap E_0$ and G are disjoint,

$$\sigma((A \cap E_0) \cup \pi(G)) \approx \mu((A \cap E_0) \cup G). \tag{9.66}$$

Also,

$$\mu(A \cap B) \leq (1 - 2\eta) \sum_{Q_j \in \mathcal{F} \setminus \mathcal{F}_G} \mu(Q_j) \leq (1 - 2\eta)\mu(Q),$$

and, hence,

$$(1-\eta)\mu(Q) \leq \mu(A) \leq \mu((A\cap E_0) \cup G) + \mu(A\cap B) \leq \mu((A\cap E_0) \cup G) + (1-2\eta)\mu(Q),$$

so that

$$\mu((A \cap E_0) \cup G) \ge \eta \,\mu(Q). \tag{9.67}$$

Since by Ahlfors regularity of σ

$$\sigma(B(\widehat{x}_Q,\widehat{r}_Q)) \approx \widehat{r}_Q^d \approx \mu(Q),$$

invoking (9.66) and (9.67) we see that the right-hand side of (9.65) is bounded from below by η^{θ} , modulo a multiplicative constant.

Coming back to (64), this yields

$$\mathcal{P}_{\mathcal{F}}\widehat{\omega}(A) \gtrsim (1 - 2\eta)\eta^{\theta} \widehat{\omega}(\Delta(\widehat{x}_{Q}, \widehat{r}_{Q})).$$

Finally, we recall that the ball $\Delta(\widehat{x}_Q, \widehat{r}_Q)$ contains $\pi(Q)$ by (47)–(9.51) and the sets $\pi(Q_j)$ have have finite overlap and are disjoint from $Q \cap E_0$. Therefore,

$$\widehat{\omega}(\Delta(\widehat{x}_Q,\widehat{r}_Q)) \geq \widehat{\omega}(\pi(Q)) \gtrsim \widehat{\omega}(Q \cap E_0) + \sum_{Q_j \in \mathcal{F}} \widehat{\omega}(\pi(Q_j)) = \mathcal{P}_{\mathcal{F}}\widehat{\omega}(Q),$$

as desired.

Theorem 9.68. Let E be a d-dimensional Ahlfors regular set and μ be an Ahlfors regular measure on E. Let ω be the harmonic measure associated to the operator $L=-\operatorname{div} D_{\mu}^{-(n-d-1)} \nabla$ in $\mathbb{R}^n \setminus E$, with

$$D_{\mu}(X) = \left\{ \int_{\mathbb{R}} |X - y|^{-d - \alpha} \, \mathrm{d}\mu(y) \right\}^{-1/\alpha}, \quad \alpha > 0.$$
 (9.69)

Then let $Q_0 \in \mathbb{D}(E)$ be given, construct $\Theta = \Theta_{\varepsilon_0,\delta_0}(Q_0)$ and the complementary collection \mathcal{F} as in Definition 9.3, assume that $\Theta \neq \emptyset$, and define the projection of $\omega = \omega^{AQ_0}$ on \mathcal{F} within Q_0 by

$$\mathcal{P}_{\mathcal{F}}\omega(A) := \omega\left(A \setminus (\bigcup_{Q_j \in \mathcal{F}} Q_j)\right) + \sum_{Q_j \in \mathcal{F}} \frac{\mu(A \cap Q_j)}{\mu(Q_j)} \omega(Q_j), \quad A \subset Q_0.$$
 (9.70)

If our various constants are chosen correctly (see below this statement), $\mathcal{P}_{\mathcal{F}}\omega$ lies in the class $A^{\infty}_{\mathbb{D}}(Q_0)$ with respect to μ , with A_{∞} constants that depend only on n, d, C_0 , and α .

To be precise, if η (see above (9.16))and θ (near (9.26)) are small enough and K (above (9.16)) is large enough, depending on n,d,C_0 ; $M_0>1$ is large enough depending on n,d,C_0 , and n,θ , n,ξ ; n,ξ 0 small

enough depending on n,d,C_0,M_0,M , then $\mathcal{P}_{\mathcal{F}}\omega$ lies in the class $A^\infty_{\mathbb{D}}(Q_0)$ with respect to μ , with A_∞ constants that depend only on n,d,C_0 , and α .

As usual, the uniform rectifiability is not needed at this stage.

Proof. The plan of the proof is to show that $\mathcal{P}_{\mathcal{F}} \omega_*^{A_{Q_0}}$ (where ω_* is the elliptic measure associated to the operator L on $\Omega_{\mathcal{F}}$) is $A^\infty_{\mathbb{D}}(Q_0)$ with respect to $\mathcal{P}_{\mathcal{F}}\widehat{\omega}^{A_{Q_0}}$ (associated to the operator \widehat{L} on the domain $\mathbb{R}^n \setminus \Sigma$) and $\mathcal{P}_{\mathcal{F}} \omega_*^{A_{Q_0}}$ is $A^\infty_{\mathbb{D}}(Q_0)$ with respect to $\mathcal{P}_{\mathcal{F}} \omega^{A_{Q_0}}$, so that $\mathcal{P}_{\mathcal{F}} \omega^{A_{Q_0}}$ is $A^\infty_{\mathbb{D}}(Q_0)$ with respect to $\mathcal{P}_{\mathcal{F}}\widehat{\omega}^{A_{Q_0}}$ (in the notation of Lemma 9.63) at which point we can use Lemma 9.63 to achieve the desired result. This 2nd part is easier and is closely related to the main lemma for sawtooth projections in [9], its version in [20], and similar results. However, working with a "replacement boundary" Σ and the associated harmonic measure is new, and the 1st part, requiring both a change of the domain and a change of the operator, is more intricate.

We remark that formally speaking, we only defined A^{∞} and $A^{\infty}_{\mathbb{D}}$ properties with respect to the Ahlfors regular measure on the boundary, but the same Definitions (2.22), (2.25) apply to any doubling measure μ together with the equivalent reformulations, in particular, in Remark 2.28.

We start with the proof of the simpler statement that $\mathcal{P}_{\mathcal{F}} \omega_*^{A_{a_0}}$ is $A^\infty_{\mathbb{D}}(Q_0)$ with respect to $\mathcal{P}_{\mathcal{F}} \omega^{A_{a_0}}$.

As usual, we will simplify the notation by writing $\omega=\omega^{A_{Q_0}}$, $\omega_*=\omega_*^{A_{Q_0}}$, and $\widehat{\omega}=\widehat{\omega}^{A_{Q_0}}$ throughout the proof. Recall from Remark 2.28 that $A^\infty_{\mathbb{D}}$ is an equivalence relationship, and let us concentrate on showing that there is a constant C>0 such that for every $Q\in\mathbb{D}(Q_0)$ and every Borel set $A\subset Q$,

$$\frac{\mathcal{P}_{\mathcal{F}}\omega_*(A)}{\mathcal{P}_{\mathcal{F}}\omega_*(Q)} \le C \frac{\mathcal{P}_{\mathcal{F}}\omega(A)}{\mathcal{P}_{\mathcal{F}}\omega(Q)}. \tag{9.71}$$

The simplest case is when $Q \subseteq Q_i$ for some $Q_i \in \mathcal{F}$. Then, by definition,

$$\frac{\mathcal{P}_{\mathcal{F}}\omega(A)}{\mathcal{P}_{\mathcal{F}}\omega(Q)} = \frac{\mathcal{P}_{\mathcal{F}}\omega_*(A)}{\mathcal{P}_{\mathcal{F}}\omega_*(Q)} = \frac{\mu(A \cap Q_j)}{\mu(Q \cap Q_j)}.$$

Let us assume now that Q is not contained in any $Q_j \in \mathcal{F}$. In this case, similarly to (9.61) and (62)

$$\mathcal{P}_{\mathcal{F}}\omega_*(Q) \gtrsim \omega_*(\pi(Q)) \ge \omega_*(\Delta'(x_Q^*, r_Q^*)), \tag{9.72}$$

where $\Delta'(x_Q^*, r_Q^*)$ is the surface ball from (9.50).

Therefore, with the notation $E_0 = Q_0 \setminus (\bigcup_{Q_i \in \mathcal{F}} Q_i)$,

$$\frac{\mathcal{P}_{\mathcal{F}}\omega_*(A)}{\mathcal{P}_{\mathcal{F}}\omega_*(Q)} \lesssim \frac{\omega_*(A \cap E_0)}{\omega_*(\Delta'(x_Q^*, r_Q^*))} + \sum_{Q_j \in \mathcal{F}: Q_j \subset Q} \frac{\mu(A \cap Q_j)}{\mu(Q_j)} \frac{\omega_*(\pi_*(Q_j))}{\omega_*(\Delta'(x_Q^*, r_Q^*))}. \tag{9.73}$$

Using the change of pole formula for ω_* in [14] and, if necessary, Harnack's inequality to slightly adjust the corkscrew point, we can write the above as

$$\frac{\mathcal{P}_{\mathcal{F}}\omega_*(A)}{\mathcal{P}_{\mathcal{F}}\omega_*(Q)} \lesssim \omega_*^{A_Q}(A \cap E_0) + \sum_{Q_j \in \mathcal{F}: Q_j \subset Q} \frac{\mu(A \cap Q_j)}{\mu(Q_j)} \, \omega_*^{A_Q}(\pi_*(Q_j)). \tag{9.74}$$

By the maximum principle and the fact that $\omega^X(Q_i) \approx 1$ for $X \in \pi_*(Q_i)$, we have

$$\omega_*^{A_{\mathcal{Q}}}(A \cap E_0) \lesssim \omega^{A_{\mathcal{Q}}}(A \cap E_0)$$
 and $\omega_*^{A_{\mathcal{Q}}}(\pi_*(Q_i)) \lesssim \omega^{A_{\mathcal{Q}}}(Q_i)$.

Then

$$\frac{\mathcal{P}_{\mathcal{F}}\omega_*(A)}{\mathcal{P}_{\mathcal{F}}\omega_*(Q)} \lesssim \omega^{A_Q}(A \cap E_0) + \sum_{Q_j \in \mathcal{F}: Q_j \subset Q} \frac{\mu(A \cap Q_j)}{\mu(Q_j)} \omega^{A_Q}(Q_j) \lesssim \frac{\mathcal{P}_{\mathcal{F}}\omega(A)}{\mathcal{P}_{\mathcal{F}}\omega(Q)}, \tag{9.75}$$

as desired.

Now let us turn to the proof that $\mathcal{P}_{\mathcal{F}}\omega_*^{A_{a_0}}$ (where ω_* is the elliptic measure associated to the operator L on Ω_F) is $A_{\mathbb{D}}^{\infty}(Q_0)$ with respect to $\mathcal{P}_F \widehat{\omega}^{A_{Q_0}}$ (associated to the operator \widehat{L} on the domain $\mathbb{R}^n \setminus \Sigma$). The challenge is to change the operator and the domain on which the harmonic measure is evaluated simultaneously.

To this end, we recall that by Remark 2.28 (which as we mentioned, applies to general doubling measures) in order to show that a doubling measure ω is $A^\infty_{\mathbb D}(Q_0)$ with respect to another doubling measure v, it is sufficient to show that there exists $0 < \varepsilon, \delta < 1$ such that for every $Q \in \mathbb{D}(Q_0)$ and every Borel set $F \subset Q$,

$$\frac{\omega(F)}{\omega(Q)} < \delta \Rightarrow \frac{\nu(F)}{\nu(Q)} < \varepsilon.$$
 (9.76)

We claim that it is moreover sufficient to show an even weaker property, where we only check something like (9.76) in the middle of Q (but in a uniform way). First, we claim that if we choose the constant M' large enough, then for each $Q \in \mathbb{D}(Q_0)$, we can find a dyadic subcube $Q' \subset Q$ such that

$$\frac{1}{10M'}\ell(Q) \le \ell(Q') \le \frac{1}{M'}\ell(Q), \quad \text{and} \quad \operatorname{dist}(Q', E \setminus Q) \ge \frac{M'}{2}\ell(Q'). \tag{9.77}$$

Indeed, (2.2) gives a "center" x_Q for Q such that $\operatorname{dist}(x_Q), E \setminus Q) \geq C^{-1}\ell(Q)$, and if M' is large enough, any cube Q' such that $\frac{1}{10M'}\ell(Q) \leq \ell(Q') \leq \frac{1}{M'}\ell(Q)$ (this covers a generation of cubes) and that contains x_Q will satisfy the 2nd part of (9.77) automatically.

Now pick any M' as above, and for each $Q \in \mathbb{D}(Q_0)$ a cube $Q' = Q'(Q) \subset Q$ such that (9.77) holds; we claim that in order to show that a doubling measure ω is $A^\infty_\mathbb{D}(Q_0)$ with respect to another doubling measure ν it is enough to prove that there exists $0 < \varepsilon'$, $\delta' < 1$ such that for every $Q \in \mathbb{D}(Q_0)$ and every Borel set $F \subset Q'$,

$$\frac{\omega(F)}{\omega(Q')} < \delta' \Rightarrow \frac{\nu(F)}{\nu(Q')} < \varepsilon'. \tag{9.78}$$

Now assume that (9.79) holds for every $F\subset Q'\subset Q$ as stated and that for some $F\subset Q$ we have $\frac{\nu(F)}{\nu(Q)}>\varepsilon$, with $\varepsilon\in(0,1)$ to be defined shortly. Obviously,

$$\nu(Q \setminus Q') + \nu(F \cap Q') = \nu(F) > \varepsilon \nu(Q).$$

Since ν is doubling, there exists a small constant c_{ν} depending on the doubling constants of ν , the dimension, and M', such that $\nu(Q) \leq \frac{1}{C_{\nu}} \nu(Q')$. Hence,

$$\frac{\nu(F\cap Q')}{\nu(Q')} > \frac{\varepsilon\nu(Q') - \nu(Q\setminus Q')}{\nu(Q')} = 1 - (1-\varepsilon)\frac{\nu(Q)}{\nu(Q')} \ge 1 - (1-\varepsilon)\frac{1}{C_{\nu}}.$$

Choosing $0 < \varepsilon < 1$ so that $c_{\nu}(1 - \varepsilon') = 1 - \varepsilon$ (which is always possible, for any given $0 < \varepsilon' < 1$), we get $\frac{\nu(F \cap Q')}{\nu(Q')} > \varepsilon'$. Then, by (9.79), $\frac{\omega(F \cap Q')}{\omega(Q')} \ge \delta'$. Therefore,

$$\frac{\omega(F)}{\omega(Q)} \geq c_{\omega} \frac{\omega(F \cap Q')}{\omega(Q')} \geq c_{\omega} \delta' =: \delta,$$

where c_{ω} is a constant depending on the doubling constants of ω , the dimension, and M' only. We arrive at (9.76).

Hence, in application to our situation, it is enough to show that there exists $0 < \varepsilon, \delta < 1$ such that for every $Q \in \mathbb{D}(Q_0)$ and every Borel set $F \subset Q'$,

$$\frac{\mathcal{P}_{\mathcal{F}} \, \omega_*^{A_{\mathcal{Q}_0}}(F)}{\mathcal{P}_{\mathcal{F}} \, \omega_*^{A_{\mathcal{Q}_0}}(Q')} > \varepsilon \Rightarrow \frac{\mathcal{P}_{\mathcal{F}} \, \widehat{\omega}^{A_{\mathcal{Q}_0}}(F)}{\mathcal{P}_{\mathcal{F}} \, \widehat{\omega}^{A_{\mathcal{Q}_0}}(Q')} > \delta \tag{9.79}$$

where the large constant M' will be chosen below and Q' is a descendent of Q chosen as above.

If Q' is a subcube of some $Q_j \in \mathcal{F}$, there is nothing to prove, for

$$\frac{\mathcal{P}_{\mathcal{F}}\widehat{\omega}^{A_{Q_0}}(F)}{\mathcal{P}_{\mathcal{F}}\widehat{\omega}^{A_{Q_0}}(Q')} = \frac{\mathcal{P}_{\mathcal{F}}\omega_*^{A_{Q_0}}(F)}{\mathcal{P}_{\mathcal{F}}\omega_*^{A_{Q_0}}(Q')} = \frac{\mu(F \cap Q_j)}{\mu(Q \cap Q_j)}.$$

Therefore, we concentrate on the case when Q' and, hence, Q, belongs to $\mathbb{D}_{\mathcal{F}}$. Since

$$\mathcal{P}_{\mathcal{F}}\widehat{\omega}^{A_{Q_0}}(Q')\lesssim \widehat{\omega}^{A_{Q_0}}(\pi(Q'))$$

(see (57), (9.60)), the usual change of pole considerations yield

$$\begin{split} \frac{\mathcal{P}_{\mathcal{F}} \, \widehat{\omega}^{A_{Q_0}}(F)}{\mathcal{P}_{\mathcal{F}} \, \widehat{\omega}^{A_{Q_0}}(Q')} \gtrsim \widehat{\omega}^{A_{Q'}} \Big(F \setminus \big(\bigcup_{Q_j \in \mathcal{F}} Q_j \big) \Big) + \sum_{Q_j \in \mathcal{F}} \frac{\mu(F \cap Q_j)}{\mu(Q_j)} \, \widehat{\omega}^{A_{Q'}}(\pi(Q_j)) \\ \gtrsim \widehat{\omega}^{A_{Q'}} \Big(F \setminus \big(\bigcup_{Q_j \in \mathcal{F}} Q_j \big) \Big) + \sum_{Q_j \in \mathcal{F}: \frac{\mu(F \cap Q_j)}{\mu(Q_j)} > \eta} \frac{\mu(F \cap Q_j)}{\mu(Q_j)} \, \widehat{\omega}^{A_{Q'}}(\pi(Q_j)) \\ \gtrsim \widehat{\omega}^{A_{Q'}} \Big(F \setminus \big(\bigcup_{Q_j \in \mathcal{F}} Q_j \big) \Big) + \eta \sum_{Q_j \in \mathcal{F}: \frac{\mu(F \cap Q_j)}{\mu(Q_j)} > \eta} \widehat{\omega}^{A_{Q'}}(\pi(Q_j)) \\ \gtrsim \eta \, \widehat{\omega}^{A_{Q'}} \Big(\Big(F \setminus \big(\bigcup_{Q_j \in \mathcal{F}} Q_j \big) \Big) \bigcup \big(\bigcup_{Q_j \in \mathcal{F}_G} \pi(Q_j) \big) \Big). \end{split}$$

Here 0 < η < 1 is a parameter to be chosen below, and \mathcal{F}_{G} is the collection of cubes in $\mathcal{F} \text{ such that } \tfrac{\mu(F\cap Q_j)}{\mu(Q_j)} \,>\, \eta. \text{ Let } Z = \left(F \,\setminus\, \left(\,\bigcup_{Q_j \in \mathcal{F}} Q_j\right)\right) \,\bigcup\, \left(\,\bigcup_{Q_j \in \mathcal{F}_G} \pi(Q_j)\right) \text{ be the set from the } 1 \, \text{ for the } 1 \, \text{ for the } 2 \, \text{ for the } 2 \, \text{ for the } 2 \, \text{ for the } 3 \,$ last line. By the maximum principle and the fact that $L=\widehat{L}$ in $\Omega_{\mathcal{F}}\cap\Omega_{\Theta}$, $\widehat{\omega}^{A_{Q'}}(Z)$ is larger than the solution to Lu=0 on $\Omega_{\mathcal{F}}\cap\Omega_{\Theta}$ with the data given by the restriction of 1_Z to the boundary of $\Omega_{\mathcal{F}} \cap \Omega_{\Theta}$, evaluated at $A_{Q'}$.

We claim that for some constants $C, \alpha > 0$ depending on the usual geometric parameters only, the latter is larger than $\omega_*^{A_{Q'}}(Z) - C(M')^{-d+1-\alpha}$. In order to prove this, by the maximum principle, we only need to show that

$$\omega_*^X \left(\pi(Q') \right) \le C(M')^{-d+1-\alpha} \quad \text{for } X \in \partial(\Omega_{\mathcal{F}} \cap \Omega_{\Theta}) \setminus \partial\Omega_{\mathcal{F}} = \Omega_{\mathcal{F}} \cap \partial\Omega_{\Theta} \tag{9.80}$$

because $Z \subset \pi(Q')$ since $F \subset Q'$.

Let us postpone for now the proof of (9.80) and try to finish the argument. At this point, collecting all of the above, we have

$$\frac{\mathcal{P}_{\mathcal{F}}\widehat{\omega}^{A_{Q_0}}(F)}{\mathcal{P}_{\mathcal{F}}\widehat{\omega}^{A_{Q_0}}(Q')} \gtrsim \eta \,\omega_*^{A_{Q'}}(Z) - \eta \,(M')^{-d+1-\alpha}. \tag{9.81}$$

However,

$$\omega_{*}^{A_{\Omega'}}(Z) \gtrsim \omega_{*}^{A_{\Omega'}}(F \setminus (\bigcup_{Q_{j} \in \mathcal{F}} Q_{j})) + \sum_{Q_{j} \in \mathcal{F}_{G}} \omega_{*}^{A_{\Omega'}}(\pi(Q_{j}))$$

$$\geq \omega_{*}^{A_{\Omega'}}(F \setminus (\bigcup_{Q_{j} \in \mathcal{F}} Q_{j})) + \sum_{Q_{j} \in \mathcal{F}_{G}} \frac{\mu(F \cap Q_{j})}{\mu(Q_{j})} \omega_{*}^{A_{\Omega'}}(\pi(Q_{j}))$$

$$\geq \omega_{*}^{A_{\Omega'}}(F \setminus (\bigcup_{Q_{j} \in \mathcal{F}} Q_{j})) + \sum_{Q_{j} \in \mathcal{F}} \frac{\mu(F \cap Q_{j})}{\mu(Q_{j})} \omega_{*}^{A_{\Omega'}}(\pi(Q_{j})) - \eta \sum_{Q_{j} \in \mathcal{F} \setminus \mathcal{F}_{G}} \omega_{*}^{A_{\Omega'}}(\pi(Q_{j}))$$

$$\geq \mathcal{P}_{\mathcal{F}}\omega_{*}^{A_{\Omega'}}(F) - \eta_{I}$$

where the 1st inequality is due to the finite overlap property of $\pi(Q_j)$, the 2nd one is simply due to the fact the density does not exceed 1, while in the 3rd one we have added back and subtracted the cubes where $\frac{\mu(F\cap Q_j)}{\mu(Q_j)} \leq \eta$, and the 4th one uses once again the finite overlap property and the fact that

$$\sum_{Q_j \in \mathcal{F} \backslash \mathcal{F}_G} \omega_*^{A_{Q'}}(\pi(Q_j)) \leq \omega_*^{A_{Q'}}(\pi(Q')) \leq 1.$$

Then (9.81) and (9.82) give

$$\frac{\mathcal{P}_{\mathcal{F}}\widehat{\omega}^{A_{Q_0}}(F)}{\mathcal{P}_{\mathcal{F}}\widehat{\omega}^{A_{Q_0}}(Q')} \gtrsim \eta \left(\mathcal{P}_{\mathcal{F}}\omega_*^{A_{Q'}}(F) - \eta - (M')^{-d+1-\alpha} \right). \tag{9.83}$$

We started with the assumption that $\frac{\mathcal{P}_{\mathcal{F}}\omega_*^{A_{Q_0}}(F)}{\mathcal{P}_{\mathcal{F}}\omega_*^{A_{Q_0}}(Q')} > \varepsilon$ as in (9.79). After the change the poles (9.74) yields $\mathcal{P}_{\mathcal{F}}\omega_*^{A_{Q'}}(F) \geq C^{-1}\varepsilon$, where of course C does not depend on η . Choosing η and M' so that $(M')^{-d+1-\alpha} = C^{-1}\varepsilon/4$, $\eta = C^{-1}\varepsilon/4$, we get (9.79) with $\delta \approx \varepsilon^2$.

Note that $\varepsilon \in (0,1)$ does not have to be small. In fact, to be more accurate, there are some a priori constraints on the choice on M' (depending on the allowable geometric parameters only) so we will first choose M' and then ε and η accordingly (recall that all of the above are in our disposal).

To finish the proof, it remains to show (9.80). This is essentially the comparison principle once we observe that

$$\operatorname{dist}(Q', \Omega_{\mathcal{F}} \cap \partial \Omega_{\Theta}) \ge CM'\ell(Q'), \tag{9.84}$$

where C depends on η , θ , and K, and the dimension and AR constants of E only. This estimate was the entire reason for introducing M' into the argument. To this end, we observe that by (9.35)

$$\Omega_{\mathcal{F}} \cap \partial \Omega_{\Theta} \subset \cup_{\widetilde{Q} \in \mathbb{D} \setminus \mathbb{D}(Q_0)} U_{\widetilde{Q}}^*$$
.

We split into two cases. Assume first that $\widetilde{Q}\in\mathbb{D}\setminus\mathbb{D}(Q_0)$ is such that $\ell(\widetilde{Q})\geq c_0\,\ell(Q_0)$, with a small constant c_0 to be determined below. Then

$$\operatorname{dist}(U_{\widetilde{O}}^*,Q') \geq \operatorname{dist}(U_{\widetilde{O}}^*,E) \geq C(\eta,\theta)\ell(\widetilde{Q}) \geq c_0C(\eta,\theta)\,\ell(Q_0) \geq c_0C(\eta,\theta)\,M'\,\ell(Q'), \quad (9.85)$$

where we used (9.25) and (9.26) for the 3rd inequality above and (9.77) along with the fact that $\ell(Q_0) \ge \ell(Q)$ for the last one.

If, on the other hand, $\widetilde{Q} \in \mathbb{D} \setminus \mathbb{D}(Q_0)$ is such that $\ell(\widetilde{Q}) \leq c_0 \, \ell(Q_0)$, with $c_0 < 1$, then $\widetilde{Q} \cap Q_0 = \emptyset$ and

$$\begin{aligned} \operatorname{dist}(U_{\widetilde{Q}}^*, Q') & \geq & \operatorname{dist}(\widetilde{Q}, Q') - \operatorname{dist}(U_{\widetilde{Q}}^*, \widetilde{Q}) \geq \operatorname{dist}(Q', E \setminus Q) - C(K, \theta) \, \ell(\widetilde{Q}) \\ & \geq & \frac{M'}{2} \ell(Q') - C(K, \theta) \, \ell(\widetilde{Q}) \geq \frac{M'}{2} \ell(Q') - C(K, \theta) \, c_0 \, \ell(Q_0) \\ & \geq & \frac{M'}{2} \ell(Q') - 10 C(K, \theta) \, c_0 \, M' \ell(Q'), \end{aligned} \tag{9.86}$$

where we used (9.25) for the 3rd and the 5th inequality and (9.77) for the 4th one. Now choosing c_0 so that $10 C(K, \theta) c_0 = 1/4$, and combining (85) and (9.86), we arrive at (9.84), with a small constant C depending on η, θ, K , the dimension, and the AR constant of E only.

With (9.84) at hand, by [14, Lemma 15.28]

$$\omega_*^X(\pi(Q')) \leq C \frac{m(B_{Q'} \cap \Omega_{\mathcal{F}})}{l(Q')^2} g_*(X,A^{Q'}),$$

where g_* is the Green function of L on $\Omega_{\mathcal{F}}$, $B_{Q'}$ is a ball of radius $\mathcal{C}l(Q')$ centered in Q', and the measure m is given by $m(A) = \iint_A \operatorname{dist}(X,E)^{-n+d+1} \, \mathrm{d}X$. Next, according to [14, Lemma 14.83]

$$g_*(X,A^{Q'}) \lesssim \ell(Q')^\alpha \frac{|X-A_{Q'}|^{2-\alpha}}{m(B(X,|X-A_{Q'}|)} \lesssim \ell(Q')^\alpha \frac{(M'\ell(Q'))^{2-\alpha}}{m(B(A_{Q'},CM'\ell(Q'))\cap\Omega_{\mathcal{F}})}.$$

Combining the two estimates above,

$$\omega_*^X(\pi(Q')) \leq C \frac{(M')^{2-\alpha}}{m(B(A_{Q'}, CM'\ell(Q')) \cap \Omega_{\mathcal{F}})} m(B_{Q'} \cap \Omega_{\mathcal{F}}) = C(M')^{-d+1-\alpha},$$

as desired.

10 Extrapolation

Let us start with the following definitions of dyadic Carleson measures.

Definition 10.1. Let E be a d-dimensional Ahlfors regular set, μ be an Ahlfors regular measure on E, and $\mathbb{D}(E)$ be our usual collection of dyadic cubes on E (associated to μ). Let $\{\mathfrak{a}(Q)\}_{Q\in\mathbb{D}(E)}$ be a sequence of non-negative numbers indexed by $Q\in\mathbb{D}(E)$. For any subcollection $\mathbb{D}'\subset\mathbb{D}(E)$, $Q_0\in\mathbb{D}(E)$, we let

$$\mathfrak{m}(\mathfrak{a},\mathbb{D}') := \sum_{Q \in \mathbb{D}'} \mathfrak{a}(Q)^2 \, \mu(Q),$$

and

$$\left\|\mathfrak{m}(\mathfrak{a})\right\|_{\mathit{CM}_{\mathbb{D}}} := \sup_{Q \in \mathbb{D}(E)} \frac{\mathfrak{m}(\mathfrak{a}, \mathbb{D}(Q))}{\mu(Q)}, \quad \left\|\mathfrak{m}(\mathfrak{a})\right\|_{\mathit{CM}_{\mathbb{D}(Q_0)}} := \sup_{Q \in \mathbb{D}(Q_0)} \frac{\mathfrak{m}(\mathfrak{a}, \mathbb{D}(Q))}{\mu(Q)},$$

and if the latter two quantities are finite, we say that $\mathfrak{m}(\mathfrak{a}) \in \mathit{CM}_{\mathbb{D}}$ or $\mathfrak{m}(\mathfrak{a}) \in \mathit{CM}_{\mathbb{D}(Q_0)}$, respectively.

These definitions pertain to the measure (rather than to the sequence) and could seem different in homogeneity from their continuous analogue in geometric saw-tooth in Definition 2.13. To reconcile these differences we say, slightly abusing the notation,

that the sequence $\{\mathfrak{a}(Q)\}_{Q\in\mathbb{D}(E)}\in\mathit{CM}_{\mathbb{D}}$ if the corresponding $\mathfrak{m}(\mathfrak{a})\in\mathit{CM}_{\mathbb{D}}$ and similarly $\{\mathfrak{a}(Q)\}_{Q\in\mathbb{D}(Q_0)}\in CM_{\mathbb{D}(Q_0)} \text{ if } \mathfrak{m}(\mathfrak{a})\in CM_{\mathbb{D}(Q_0)}.$

Furthermore, for any family of pairwise disjoint dyadic cubes $\mathcal{F} = \bigcup_i Q_i$, we define the restriction of m on the sawtooth by

$$\mathfrak{m}_{\mathcal{F}}(\mathfrak{a}, \mathbb{D}') = \sum_{Q \in \mathbb{D}' \setminus \bigcup_{Q_j \in \mathcal{F}} \mathbb{D}(Q_j)} \mathfrak{a}(Q)^2 \mu(Q),$$

and for any $Q \in \mathbb{D}(E)$

$$\mathbb{D}_{Q}^{short} := \mathbb{D}(Q) \setminus \{Q\}.$$

As the reader may correctly guess, we aim to use the forthcoming lemmas for Tolsa's α -numbers in place of $\mathfrak{a}(Q)$. At this point, however, we keep the statements in full generality and note that throughout Section 10 $\{\mathfrak{a}(Q)\}_{Q\in\mathbb{D}(E)}$ denotes any sequence with non-negative entries.

Let E be a d-dimensional Ahlfors regular set, μ be an Ahlfors regular measure on E . Fix some $\mathit{Q}_0 \in \mathbb{D}(\mathit{E})$ and some sequence of non-negative numbers $\{\mathfrak{a}_Q\}_{Q\in\mathbb{D}(Q_0)}$ such that the corresponding $\mathfrak{m}(\mathfrak{a})$ satisfies

$$\mathfrak{m}(\mathbb{D}(Q_0)) \leq (a_0 + b_0) \, \mu(Q_0), \quad \text{for some $a_0 \geq 0$, $b_0 > 0$.} \tag{10.3}$$

Fix some $K \geq 1$ and construct a (maximal) family \mathcal{F} of pairwise disjoint cubes obtained by subdividing Q_0 and stopping when

$$\text{either }\mathfrak{a}(Q)^2>2b_0\text{ or }J_{\mathfrak{a}}(Q)=\sum_{k(Q_0)\leq k\leq k(Q)}\mathfrak{a}(R_k(Q))^2\geq 2Kb_0, \tag{10.4}$$

(at which point we assign $Q \in \mathcal{F}$). Then

$$\|\mathfrak{m}_{\mathcal{F}}\|_{\mathit{CM}_{\mathbb{D}(Q_0)}} \le 4Kb_0,$$
 (10.5)

and

$$\mu(B) \le \frac{a_0 + b_0}{a_0 + 2b_0} \,\mu(Q_0),\tag{10.6}$$

where B is the union of cubes $Q_j \in \mathcal{F}$ such that $\mathfrak{m}(\mathfrak{a}, \mathbb{D}_{Q_j}^{short}) > a_0 \mu(Q_j)$.

The lemma is analogous to [20, Lemma 7.2]. However, we have to slightly change the stopping time region being constructed and carefully track emerging constants as ultimately only for very special stopping time regions will we be able to use the results of Sections 3-9.

Proof. If $\mathfrak{a}(Q_0)^2 \geq 2b_0$, then the result is trivial for the following reason. We stop immediately with Q_0 , so $\mathcal{F} = \{Q_0\}$, The left-hand side of (10.5) is simply equal to 0, and

$$\begin{split} \mathfrak{m}(\mathfrak{a}, \mathbb{D}_{Q_0}^{\mathit{short}}) &= \mathfrak{m}(\mathfrak{a}, \mathbb{D}_{Q_0}) - \mathfrak{a}(Q_0)^2 \mu(Q_0) \leq (a_0 + b_0) \mu(Q_0) - 2b_0 \mu(Q_0) \\ &= (a_0 - b_0) \mu(Q_0) < a_0 \mu(Q_0), \end{split}$$

so that $B = \emptyset$.

Therefore, it is safe to assume from now on that $\mathfrak{a}(Q_0)^2 < 2b_0$ and so $\mathcal{F} \neq \{Q_0\}$. As usual, we write $\mathcal{F} = \{Q_j\}_j$, where the Q_j are thus disjoint (by maximality) cubes $Q_j \in \mathbb{D}(Q_0)$. Then

$$\begin{split} \sum_{Q_j \in \mathcal{F}} (\mathfrak{m}(\mathfrak{a}, \mathbb{D}^{short}_{Q_j}) + J_{\mathfrak{a}}(Q_j) \, \mu(Q_j)) \\ &= \sum_{Q_j \in \mathcal{F}} \mathfrak{m}(\mathfrak{a}, \mathbb{D}_{Q_j}) - \sum_{Q_j \in \mathcal{F}} \mathfrak{a}(Q_j)^2 \, \mu(Q_j) + \sum_{Q_j \in \mathcal{F}} \sum_{k(Q_0) \leq k \leq k(Q_j)} \mathfrak{a}(R_k(Q_j))^2 \mu(Q_j) \\ &= \sum_{Q_j \in \mathcal{F}} \mathfrak{m}(\mathfrak{a}, \mathbb{D}_{Q_j}) + \sum_{Q_j \in \mathcal{F}} \sum_{R \in \mathbb{D}(Q_0): \, Q_j \subset R, Q_j \neq R} \mathfrak{a}(R)^2 \mu(Q_j) \\ &= \sum_{Q_j \in \mathcal{F}} \mathfrak{m}(\mathfrak{a}, \mathbb{D}_{Q_j}) + \sum_{Q \in \mathbb{D}_{Q_0} \setminus \bigcup_{Q_j \in \mathcal{F}} \mathbb{D}_{Q_j}} \mathfrak{a}(Q)^2 \mu(Q) \sum_{Q_j \in \mathcal{F}: \, Q_j \subset Q, Q_j \neq R} \frac{\mu(Q_j)}{\mu(Q)} \\ &\leq \sum_{Q_j \in \mathcal{F}} \mathfrak{m}(\mathfrak{a}, \mathbb{D}_{Q_j}) + \sum_{Q \in \mathbb{D}_{Q_0} \setminus \bigcup_{Q_j \in \mathcal{F}} \mathbb{D}_{Q_j}} \mathfrak{a}(Q)^2 \mu(Q) \leq \mathfrak{m}(\mathfrak{a}, \mathbb{D}_{Q_0}) \quad (10.7) \end{split}$$

where we used the fact that Q_j are disjoint for the last line. Let $\mathcal{F}_B:=\{Q_j\in\mathcal{F}:\mathfrak{m}(\mathfrak{a},\mathbb{D}_{Q_j}^{short})>a_0\mu(Q_j)\}$. Now,

$$\begin{split} \left(a_0+2b_0\right)\mu(B) &= \left(a_0+2b_0\right)\sum_{Q_j\in\mathcal{F}_B}\mu(Q_j) = a_0\sum_{Q_j\in\mathcal{F}_B}\mu(Q_j) + 2b_0\sum_{Q_j\in\mathcal{F}_B}\mu(Q_j) \\ &< \sum_{Q_j\in\mathcal{F}_B}\mathfrak{m}(\mathfrak{a},\mathbb{D}_{Q_j}^{short}) + \sum_{Q_j\in\mathcal{F}_B}J_{\mathfrak{a}}(Q_j)\,\mu(Q_j), \end{split} \tag{10.8}$$

where we used the definition of \mathcal{F}_B and the fact that Q_j is a stopping cube, hence, either $J_{\mathfrak{a}}(Q_j) \geq 2Kb_0 \geq 2b_0$ or $J_{\mathfrak{a}}(Q_j) \geq \mathfrak{a}(Q_j)^2 \geq 2b_0$, so that in any case $J_{\mathfrak{a}}(Q_j) \geq 2b_0$. Next, using (10.7) and (10.3), the last expression in (10.8) is bounded from above by

$$\sum_{Q_j \in \mathcal{F}_B} \left(\mathfrak{m}(\mathfrak{a}, \mathbb{D}_{Q_j}^{short}) + J_{\mathfrak{a}}(Q_j) \, \mu(Q_j) \right) \leq \mathfrak{m}(a, \mathbb{D}_{Q_0}) \leq (a_0 + b_0) \, \mu(Q_0), \tag{10.9}$$

and (10.8)-(10.9) yields (10.6).

Turning to (10.5), we observe that the latter amounts to showing that for every $Q \in \mathbb{D}(Q_0)$,

$$\sum_{\mathcal{Q}'\in\mathbb{D}(\mathcal{Q})\setminus\bigcup_{\mathcal{Q}_j\in\mathcal{F}}\mathbb{D}_{\mathcal{Q}_j}}\mathfrak{a}(\mathcal{Q}')^2\,\frac{\mu(\mathcal{Q}')}{\mu(\mathcal{Q})}\leq 4Kb_0.$$

Having fixed any such Q, it is convenient to introduce, for any large integer N, the collection \mathcal{F}_N of maximal cubes (by inclusion) of

$$\mathcal{F} \cup \{ Q' \in \mathbb{D}(Q_0) : l(Q') \le 10^{-N-1} \}$$

and the corresponding smaller family of cubes

$$\mathcal{H}_{Q} = \mathbb{D}(Q) \setminus \bigcup_{Q_{k} \in \mathcal{F}_{N}} \mathbb{D}_{Q_{k}} = \left\{ Q' \in \mathbb{D}(Q) \setminus \bigcup_{Q_{j} \in \mathcal{F}} \mathbb{D}_{Q_{j}} : l(Q') \geq 10^{-N} \right\}.$$

Clearly, it is sufficient to prove that for every $Q \in \mathbb{D}(Q_0)$

$$\sum_{Q' \in \mathcal{H}_Q} \mathfrak{a}(Q')^2 \, \mu(Q') \le 4Kb_0 \, \mu(Q) \tag{10.10}$$

uniformly in N. The main difference between \mathcal{F} and \mathcal{F}_N is that the (disjoint by construction) cubes of \mathcal{F}_N cover any $Q \in \mathbb{D}(Q_0)$, which implies that

$$\sum_{\mathcal{Q}' \in \mathcal{H}_{\mathcal{Q}}} \mathfrak{a}(\mathcal{Q}')^{2} \mu(\mathcal{Q}') = \sum_{\mathcal{Q}' \in \mathcal{H}_{\mathcal{Q}}} \sum_{\mathcal{Q}_{k} \in \mathcal{F}_{N}: \mathcal{Q}_{k} \in \mathbb{D}(\mathcal{Q}')} \frac{\mu(\mathcal{Q}_{k})}{\mu(\mathcal{Q}')} \, \mathfrak{a}(\mathcal{Q}')^{2} \, \mu(\mathcal{Q}')$$
(10.11)

$$= \sum_{Q_k \in \mathcal{F}_N: \, Q_k \in \mathbb{D}(Q)} \mu(Q_k) \sum_{Q' \in \mathbb{D}(Q): \, Q_k \subset Q', \, Q_k \neq Q'} \mathfrak{a}(Q')^2.$$

We separately consider the elements of \mathcal{F}_N which belong to \mathcal{F} and those that do not. First,

$$\begin{split} & \sum_{Q_k \in \mathcal{F}_N \setminus \mathcal{F}: \, Q_k \in \mathbb{D}(Q)} \mu(Q_k) \sum_{Q' \in \mathbb{D}(Q): \, Q_k \subset Q', \, Q_k \neq Q'} \mathfrak{a}(Q')^2 \\ & \leq \sum_{Q_k \in \mathcal{F}_N \setminus \mathcal{F}: \, Q_k \in \mathbb{D}(Q)} \mu(Q_k) J_{\mathfrak{a}}(Q_k) < 2Kb_0 \sum_{Q_k \in \mathcal{F}_N \setminus \mathcal{F}: \, Q_k \in \mathbb{D}(Q)} \mu(Q_k) \leq 2Kb_0 \, \mu(Q). \end{split}$$

Here in the next-to-the-last inequality we used the fact that by the stopping time construction $J_{\mathfrak{a}}(Q_k) < 2Kb_0$ when $Q_k \in \mathcal{F}_N \setminus \mathcal{F}$, for otherwise it would belong to \mathcal{F} . Next consider $Q_k \in \mathcal{F}_N \cap \mathcal{F}$, denote by \widetilde{Q}_k denotes the parent of Q_k , observe that $\sum_{Q' \in \mathbb{D}(Q): Q_k \subset Q', Q_k \neq Q'} \mathfrak{a}(Q')^2 \leq J_{\mathfrak{a}}(\widetilde{Q}_k) < 2Kb_0$ because otherwise $\widetilde{Q}_k \in \mathcal{F}$ and this would contradict the maximality of Q. We are also using the fact that $Q_k \neq Q_0$ here. Now

$$\begin{split} & \sum_{Q_k \in \mathcal{F}_N \cap \mathcal{F}: \, Q_k \in \mathbb{D}(Q)} \mu(Q_k) \sum_{Q' \in \mathbb{D}(Q): \, Q_k \subset Q', \, Q_k \neq Q'} \mathfrak{a}(Q')^2 \\ & \leq \sum_{Q_k \in \mathcal{F}_N \setminus \mathcal{F}: \, Q_k \in \mathbb{D}(Q)} \mu(Q_k) J_{\mathfrak{a}}(\widetilde{Q}_k) < 2Kb_0 \sum_{Q_k \in \mathcal{F}_N \setminus \mathcal{F}: \, Q_k \in \mathbb{D}(Q)} \mu(Q_k) \leq 2Kb_0 \, \mu(Q), \end{split}$$

This finishes the proof of (10.5) and Lemma 10.2 follows.

The next result is the main extrapolation step, analogous to [20, Lemma 8.5]. We have to state it differently, however, because once again we can only afford to work with very special stopping time regions.

Lemma 10.14. Let E be a d-dimensional Ahlfors regular set and μ be an Ahlfors regular measure on E. Fix some $O_0 \in \mathbb{D}(E)$ and a dyadically doubling Borel measure O0 on O0. Assume that there is some sequence of non-negative numbers $\{\mathfrak{a}_Q\}_{Q\in\mathbb{D}(Q_0)}$ such that the corresponding $\mathfrak{m}(\mathfrak{a})$ satisfies

$$\|\mathfrak{m}(\mathfrak{a})\|_{\mathit{CM}_{\mathbb{D}(\Omega_0)}} \le L_0 \tag{10.15}$$

for some $L_0<\infty$. Furthermore, assume that there exists $b_0\geq 0$ such that for some $K\geq 1$, and any $a_0\in [0,L_0]$ the stopping time region from the statement of Lemma 10.2, built according to (10.4), satisfies the property that the projection of ω on $\mathcal F$ within Q_0 , defined by (9.70), is $A^\infty_\mathbb D(Q_0)$ with respect to μ . Finally, assume that whenever $\mathfrak m(\mathfrak a,\mathbb D(Q))=0$ we have that ω is $A^\infty_\mathbb D(Q)$ with respect to μ .

Then ω is $A^{\infty}_{\mathbb{D}}(Q_0)$ with respect to μ .

The proof can be carried out closely following that of [20, Lemma 8.5]. There the authors have a seemingly stronger hypothesis that there exists $\gamma \geq 0$ such that for every $Q \in \mathbb{D}(Q_0)$ and family of pairwise disjoint dyadic cubes $\mathcal{F} = \{Q_i\}_i \subset \mathbb{D}(Q)$ such that $\|\mathfrak{m}_{\mathcal{F}}\|_{\mathit{CM}_0} \leq \gamma$, the projection of ω on \mathcal{F} within \mathcal{Q}_0 , defined by (9.70), is $A^\infty_{\mathbb{D}}(\mathcal{Q}_0)$ with respect to μ . The actual proof, however, relies only on the stopping time regions built in their analogue of our Lemma 10.2.

In a few words, the proof proceeds by induction argument with a continuous parameter, with the main hypothesis

 $\exists\,\eta_a\in(0,1),\,\exists\,\mathcal{C}_a<\infty:\,\forall\,\mathcal{Q}\in\mathbb{D}(\mathcal{Q}_0)\text{ with }\mathfrak{m}(\mathfrak{a},\mathbb{D}_\mathcal{Q})\leq a\mu(\mathcal{Q})\text{ we have }$

$$A \subset Q$$
, $\frac{\mu(F)}{\mu(Q)} \ge 1 - \eta_a \implies \frac{\omega(F)}{\omega(Q)} \ge \frac{1}{C_a}$, (10.16)

referred to as H(a), $a \ge 0$.

The induction proceeds in two steps. Step I is that H(0) holds. This is a straightforward consequence of one of our assumptions as $\mathfrak{m}(\mathfrak{a},\mathbb{D}_O)=0$ implies that ω is $A_{\mathbb{D}}^{\infty}(Q)$ with respect to μ .

Turning to the induction step, one aims to show that H(a) implies $H(a + b_0)$, for all $a \in [0, L_0]$ so that the conclusion of the theorem can be reached in k steps where k is such that $kb_0 \geq L_0$. To this end, we fix $0 \leq a := a_0 \leq L_0$ and $Q \in \mathbb{D}(Q_0)$ such that $\mathfrak{m}(\mathfrak{a}, \mathbb{D}_{0}) \leq (a_{0} + b_{0})\mu(0)$. In the notation of [20], one would take $\gamma = 4Kb_{0}$. Then, using the results of Lemma 10.2, the proof of the induction step follows the lines of the argument for Lemma 8.5 from [20], and we omit the details.

Conclusion

At this point, we finally collect the results of Sections 3-10 towards the proof of the Main Theorem.

Let *E* be a *d*-dimensional uniformly rectifiable set in \mathbb{R}^n , $d \leq n-2$, and μ be a uniformly rectifiable measure on E. Let ω be the harmonic measure associated to the operator $L = -\operatorname{div} D_{\mu}^{-(n-d-1)} \nabla$ in $\mathbb{R}^n \setminus E$, with

$$D_{\mu}(X) = \left\{ \int_{E} |X - y|^{-d - \alpha} \, \mathrm{d}\mu(y) \right\}^{-1/\alpha}, \quad \alpha > 0. \tag{11.2}$$

Then ω is A^{∞} with respect to μ in the sense of Definition 2.25.

Proof. Our 1st task is to show that for every fixed $Q_0 \in \mathbb{D}(E)$ the harmonic measure $\omega = \omega^{Aq_0}$ is $A^\infty_{\mathbb{D}}(Q_0)$ with respect to μ . Once this is established, we recover that by Harnack inequality we also have $\omega = \omega^{Aq_0}$ is $A^\infty_{\mathbb{D}}(Q'_0)$ with respect to μ for any Q'_0 with $l(Q'_0) = l(Q_0)$ and $\mathrm{dist}(Q_0, Q'_0) \leq Cl(Q_0)$. And then, using the doubling property of ω and Harnack inequality once again, we can show that ω is A^∞ with respect to μ in the sense of Definition 2.25 (not only dyadically).

Now, as before, we let $\{\alpha(Q)\}_Q\in\mathbb{D}(E)$ stand for the Tolsa α numbers and recall that by Theorem 9.1 and our assumptions there exists $L_0<\infty$ such that

$$\|\mathfrak{m}(\alpha)\|_{\mathit{CM}_{\mathbb{D}(Q_0)}} \leq L_0$$
,

for any fixed $Q_0 \in \mathbb{D}(E)$. We need to verify the rest of the assumptions of Lemma 10.14.

To this end, recall the statement of Theorem 9.68. Take, as in Theorem 9.68, $M_0>1$ large enough depending on $n,d,C_0,M>1$ large enough depending on n,d,C_0,M_0 , and $\varepsilon_0,\delta_0>0$ small enough depending on n,d,C_0,M_0,M , for any $Q_0\in\mathbb{D}(E)$ so that the conclusion of the Theorem is verified for $\Theta=\Theta_{\varepsilon_0,\delta_0}(Q_0)$ and the complementary collection $\mathcal F$ built in Definition 9.3.

We can safely assume that $\delta_0 > \varepsilon_0^2$ because we decided to chose ε_0 last. We choose $b_0 = \varepsilon_0^2/2$ and $K = \delta_0/\varepsilon_0^2$ so that $2Kb_0 = \delta_0$. The stopping time region from Lemma 10.2 is then the same as the stopping time region from Theorem 9.68 (provided that $\mathcal{F} \neq \{Q_0\}$) and, hence, the desired property that the projection of ω on \mathcal{F} within Q_0 , defined by (9.70), is $A_{\mathbb{D}}^{\infty}(Q_0)$ with respect to μ , is verified.

If it happens that $\mathcal{F}=\{Q_0\}$, then by definition (9.70) $\mathcal{P}_{\mathcal{F}}\omega(A)=\frac{\mu(A)}{\mu(Q)}\,\omega^{A_{Q_0}}(Q_0)\approx \mu(A)$, so that the hypothesis of Lemma 10.14 ($\mathcal{P}_{\mathcal{F}}\omega$ is $A^\infty_{\mathbb{D}}(Q_0)$ with respect to μ) is trivially valid.

Finally, it remains to consider the case $\mathfrak{m}(\mathfrak{a},\mathbb{D}(Q))=0$, which we will reformulate as $\mathfrak{m}(\mathfrak{a},\mathbb{D}(Q_0))=0$. Then by definition $\alpha(Q)=0$ for all $Q\in\mathbb{D}(Q_0)$ and, hence, $J_\alpha(Q)=0$ for all $Q\in\mathbb{D}(Q_0)$. Therefore, for any ε_0 , $\delta_0>0$, we have $\mathcal{F}=\emptyset$ so that $\mathcal{P}_{\mathcal{F}}\omega=\omega$ and Theorem 9.68 then gives the desired result.

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