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Thermal preconditioning in a reef-building coral alleviates oxidative damage through a BI-1-mediated antioxidant response

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Global coral reef decline is largely driven by the breakdown of the coral-algal symbiosis during temperature stress. Corals can acclimatize to higher temperatures, but the cellular processes underlying this ability are poorly understood. We show that preconditioning-based improvements in thermal tolerance in *Pocillopora acuta* are accompanied by increases in host glutathione reductase (GR) activity and gene expression, which prevents DNA damage. A strong correlation between GR and BI-1 expressions in heat-stressed preconditioned corals and the presence of an antioxidant response element (ARE) in the GR promoter suggest BI-1 could regulate GR expression through Nrf2/ARE pathway. To fortify this link, we developed and GFP-validated an siRNA-mediated gene knockdown protocol and targeted the coral BI-1 gene. BI-1 knock-down specifically decreased GR expression and activity and increased oxidative DNA damage in heat-stressed preconditioned corals, showing that a BI-1-mediated, enhanced antioxidant response during acute heat stress is a key mechanism that prevents oxidative DNA damage after preconditioning.

KEYWORDS

coral bleaching, oxidative stress, siRNA gene knockdown, acclimatization, antioxidants

Introduction

Healthy coral reefs support nearly one-third of marine species and provide shelter, nursery habitat and coastal protection across the tropical oceans (Knowlton et al., 2010; Fisher et al., 2015; Vercelloni et al., 2018). The energetic and structural foundation of this ecosystem is the coral-algal symbiosis, which is disrupted by thermal stress and is critically threatened by climate change. Climate-induced mass bleaching has impacted most of the world's reefs and is predicted to increase in frequency and intensity,

threatening the long-term persistence of these ecosystems (van Hoidonk et al., 2013; Hughes et al., 2018; Eakin et al., 2019). A deeper understanding of the cellular and molecular mechanisms underlying coral-algal symbiosis maintenance is critical for modern conservation and management (van Oppen et al., 2015; Committee on Interventions to Increase the Resilience of Coral Reefs et al., 2019).

Corals are energetically dependent on their intracellular algal symbionts (family *Symbiodiniaceae*) (LaJeunesse et al., 2018), which provide photosynthetically synthesized sugars and receive shelter and a supply of inorganic molecules from the host. During thermal stress, symbionts release increased reactive oxygen species (ROS), which are believed to trigger molecular cascades resulting in coral bleaching and can lead to the eventual death of the coral host organism (Lesser, 1996; Suggett et al., 2008; Saragosti et al., 2010; Roberty et al., 2015; Krueger et al., 2015a; Levin et al., 2016; Gardner et al., 2017; Oakley and Davy, 2018; Nielsen et al., 2018); however, definitive evidence to support this hypothesis is still missing (Szabó et al., 2020).

Under normal conditions, ROS are scavenged by antioxidant systems in the host and symbionts to reduce damage to cell membranes, lipids, proteins, and nucleic acids (Nesa and Hidaka, 2008; Halliwell and Gutteridge, 2015). Under increased temperatures, ROS concentrations become elevated and the coral holobiont activates first-line enzymatic antioxidants such as catalase or superoxide dismutase and maintain a reducing intracellular environment *via* the glutathione redox cycle (Krueger et al., 2014; Krueger et al., 2015a; Roberty et al., 2015; Diaz et al., 2016; Levin et al., 2016; Bielmyer-Fraser et al., 2018; Lopes et al., 2018; Nielsen et al., 2018). These systems are well-studied in *Symbiodiniaceae*, where genera with differing thermal resilience vary in antioxidant gene expression (Krueger et al., 2014; Krueger et al., 2015a; Levin et al., 2016) and thermally resilient algae generally produce more antioxidants, which are better able to maintain cellular homeostasis. Conversely, the role of host-derived antioxidants in bleaching and thermal resilience remains disputed. While pioneering studies show antioxidant activation in adult coral host tissue and larvae under heat stress (Lesser et al., 1990; Yakovleva et al., 2004; Yakovleva et al., 2009; Ross et al., 2013; Krueger et al., 2015a; Hillyer et al., 2017), more recent experiments have failed to support these findings (Nielsen et al., 2018; Lopes et al., 2018). However, maintenance of low ROS levels within the holobiont is likely a major factor maintaining the dynamic coral-algal symbiosis (Hughes et al., 2020; Szabó et al., 2020; Alderdice et al., 2022) and activation of DNA damage response pathways is a hallmark of thermal stress in corals (Dixon et al., 2020).

Intra-generational plasticity is critical for mitigating stress in corals (reviewed in (Drury, 2020)). As sedentary animals, they have only a limited ability to avoid stressful environmental conditions, thus their potential to react to dynamic changes in their surrounding is crucial for their survival. An increasing

body of knowledge demonstrates various mechanisms (gene expression or morphological plasticity, i.e (Kenkel and Matz, 2017; Drury et al., 2022; Brambilla et al., 2022).) that corals employ to promote resilience. It highlights the importance of acclimatization for the long-term persistence of coral reefs to “buying time” for adaptive change (Drury, 2020). While many corals show improved thermal tolerance after pre-exposure to sublethal temperatures (Middlebrook et al., 2008; Bellantuono et al., 2012; Palumbi et al., 2014; Bay and Palumbi, 2015; Ainsworth et al., 2016; Schoepf et al., 2019; Dilworth et al., 2021; Majerova et al., 2021), the molecular triggers and consequences of this process remain poorly understood.

In this work, we aimed to identify and describe molecular pathways underlying acclimatization-based increased thermal resilience in the cosmopolitan reef-building coral *Pocillopora acuta*. To pursue functional analysis of this trait, we developed, validated, and conducted siRNA-mediated gene knockdown experiments in living adult corals. We hypothesize that upon thermal preconditioning, corals reinforce intracellular homeostasis *via* improvements in the glutathione-based antioxidant system, which in turn prevents accumulation of oxidative DNA damage. This mechanism may be mediated by the BI-1 protein *via* the Nrf2/ARE signaling pathway. Understanding cellular and molecular mechanisms that influence coral acclimatization or adaptation to thermal stress is an important step towards understanding resilience and trade-offs in corals and coral reef ecosystems.

Native Hawaiian culture is profoundly connected with corals and coral reefs, including those of Kāne'ohe Bay, O'ahu, where this research is based (Gregg et al., 2015). We hope to honor this bond and the unique relationship between local communities and Hawaiian land and sea and appreciate the opportunity to conduct this research.

Results

Thermal preconditioning reduces bleaching susceptibility in *P. acuta*

This study uses samples from the coral colonies described in the preconditioning experiment of Majerova et al. (2021), which were pre-exposed to a 3 day sublethal stress at 29°C (PC) or 26°C (NPC/control) two weeks before exposure to acute heat stress (32°C; Figure 1A). During this acute stress, preconditioned (PC) corals showed substantially prolonged symbiosis stability when compared to non-preconditioned (NPC) corals (Figure 1B). After 3 days of heat stress, NPC corals were visibly bleached while PC corals resembled control, non-treated corals. This difference was more pronounced after 5 days of heat stress. PC corals were losing symbionts significantly more slowly than in NPC corals ($p < 0.001$) (Majerova et al., 2021).

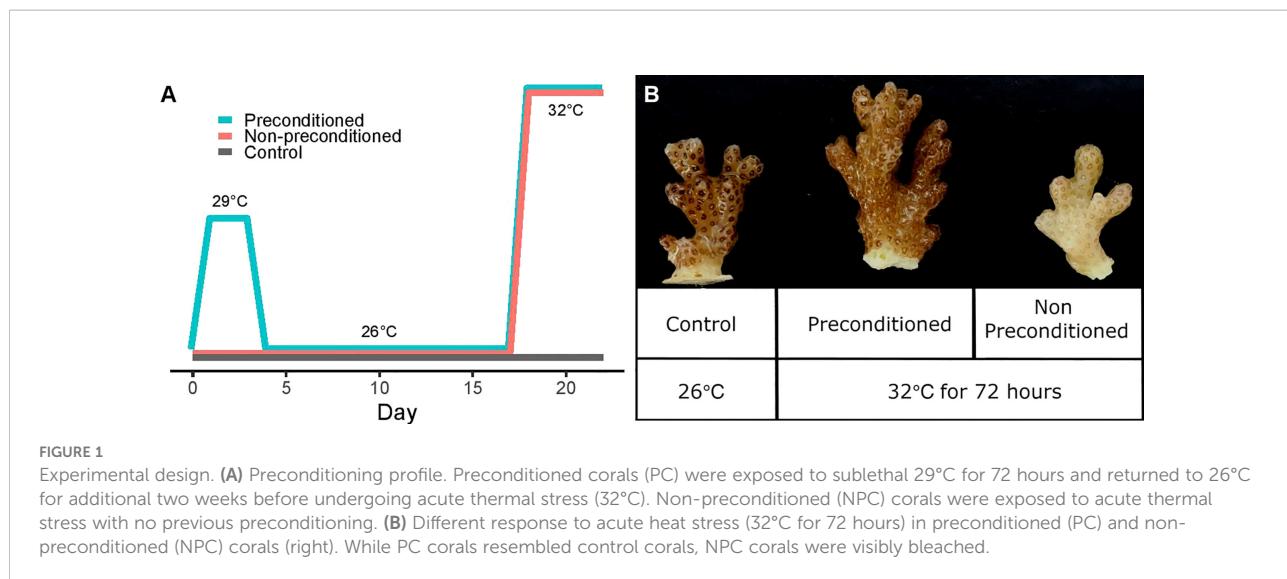


FIGURE 1

Experimental design. (A) Preconditioning profile. Preconditioned corals (PC) were exposed to sublethal 29°C for 72 hours and returned to 26°C for additional two weeks before undergoing acute thermal stress (32°C). Non-preconditioned (NPC) corals were exposed to acute thermal stress with no previous preconditioning. (B) Different response to acute heat stress (32°C for 72 hours) in preconditioned (PC) and non-preconditioned (NPC) corals (right). While PC corals resembled control corals, NPC corals were visibly bleached.

Preconditioning selectively increases the activity of host-derived glutathione reductase

The activity of glutathione reductase in *P. acuta* is influenced by acute heat stress (LMM, activity~conditioning*time + (1|colony); $p_{(time)} = 0.001$) and was constitutively higher in PC corals than NPC corals ($p_{(conditioning)} < 0.001$, Figure 2A). Interestingly, the activity of peroxide-scavenging antioxidants increased ($p_{(time)} = 0.009$) but did not differ between PC and NPC corals. Elevated activities of two different peroxidases – catalase and glutathione peroxidase – have been previously detected in stressed corals (Yakovleva et al., 2004; Ross et al., 2013; Krueger et al., 2015a; Bielmyer-Fraser et al., 2018), but the catalase activity kit used here is not specific and may detect activity of any enzyme with peroxidase activity (Bioassay Systems, personal communication). Thus, we separately tested the activity of glutathione peroxidase with a specific kit (Bioassay Systems). There was no detectable glutathione peroxidase activity in our samples, so we conclude that the peroxidase activity is primarily catalase, although we cannot conclusively exclude technical issues with the assay.

To examine if the observed increase in glutathione reductase activity was connected to the stimulation of gene expression and if such response is common for both partners or is host-specific, we analyzed the expression of coral host and symbiont gene in PC and NPC corals during heat stress (Figure 2B). Host glutathione reductase expression changed over time and between conditioning treatments (LMM, expression~conditioning*time + (1|coral), $p_{(time)} < 0.001$, $p_{(treatment)} = 0.0098$). We observed an increase in expression in PC corals shortly after the beginning of the heat stress ($p_{(1h)} = 0.0736$) that peaked at 3 hours, when the expression was ~ 2-fold higher compared to NPC corals ($p_{(3h)} = 0.0015$).

Symbiont glutathione reductase expression was not significantly different between conditioning treatments ($p = 0.8099$) and did not change over time ($p = 0.1485$). This suggests that glutathione reductase dynamics are driven by the coral host; however, there was no significant correlation between protein activity and gene expression for either host or symbiont cells (Figure S1), which is a common phenomenon described across the animal kingdom (reviewed in (Liu et al., 2016)).

Increased antioxidant activity protects DNA from oxidative damage

Glutathione reductase helps stabilize the reducing environment of the cell, enhancing its ROS scavenging ability and preventing cellular stress such as oxidative DNA damage (Halliwell and Gutteridge, 2015; Couto et al., 2016). To clarify whether the increase in glutathione reductase activity improves ROS protection in heat-stressed corals, we analyzed the level of oxidized guanine species (8-OHdG), markers of oxidative DNA damage (Halliwell and Gutteridge, 2015). There was a clear difference between PC and NPC corals in time (Two-Way ANOVA, 8-OHdG~conditioning*time with Tukey *post-hoc* testing, $p_{(time:conditioning)} = 0.0098$, Figure 3). Unlike in PC corals, we observed an accumulation of 8-OHdG in NPC corals after 24 hours of acute heat stress ($p_{(NPC)} = 0.0991$, $p_{(PC)} = 0.4082$, $p_{(NPC-PC, 24h)} = 0.0310$, $p_{(NPC - PC, 0h)} = 0.7449$).

To fortify the connection between antioxidants and oxidative DNA damage in corals, we treated NPC corals with 10mM mannitol during acute heat stress. Mannitol is considered a non-enzymatic antioxidant that protects plants and algae from ROS (Patel and Williamson, 2016) and prevents general DNA damage in coral tissue aggregates (Nesa and Hidaka, 2008). Again, NPC corals accumulated marks of oxidative DNA

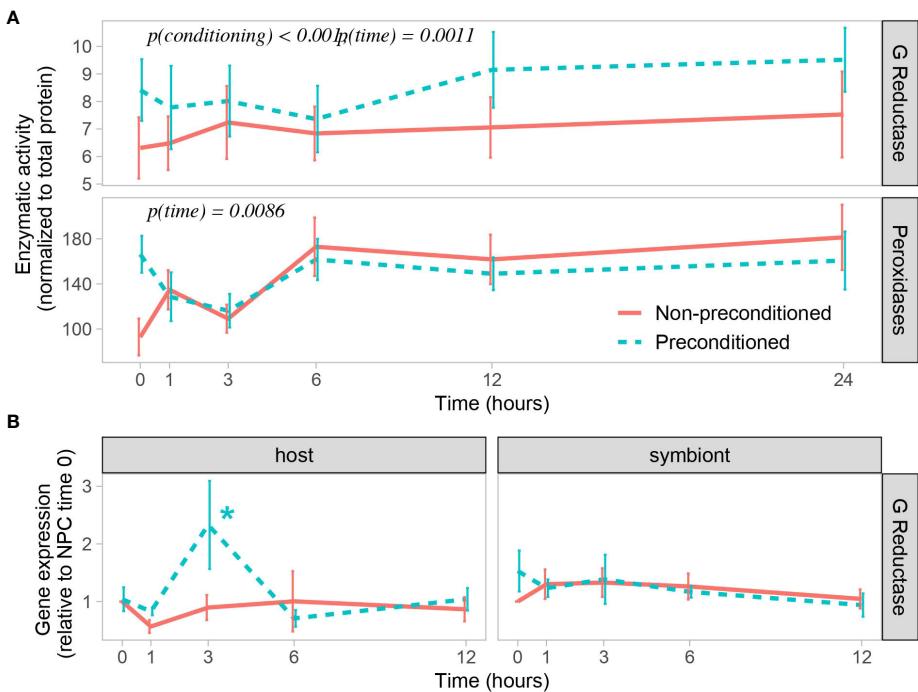


FIGURE 2

Enzymatic activity and gene expression during thermal stress. **(A)** Thermally PC corals have higher activity of glutathione reductase than NPC, but do not differ in the activity of peroxide-scavenging enzymes. Activity was measured in host cell extracts, $n = 7$. **(B)** Gene expression pattern of glutathione reductase in host and symbiont cells. Gene expression of host-derived glutathione reductase significantly increased at 3 hours of acute heat stress in PC corals, but not NPC corals. Graphs depict means with standard errors, $n = 7$. * represents p value < 0.05 .

damage during heat stress (One-way ANOVA, $p_{(\text{treatment})} = 0.0044$), but the addition of 10 mM mannitol reduced this increase (One-Way ANOVA, $p_{(\text{no treatment:mannitol})} = 0.0298$, $p_{(\text{control:mannitol})} = 0.6869$, Figure 3B), demonstrating the direct connection between antioxidant defense systems and DNA damage.

Pa-BI-1 expression correlates with the expression of glutathione reductase in preconditioned corals

BI-1 (BAX inhibitor 1) is an anti-apoptotic protein that – among others – promotes cell survival by increasing the production of antioxidants through the activation of Nrf2 transcription factor in human cells (Lee et al., 2007; Harvey et al., 2009). We previously showed that PC corals increase the expression of pa-BI-1 during acute heat stress compared to NPC corals (Majerová et al., 2021). Since these observations were made on the same set of samples as our measurements of the expression of glutathione reductase (pa-GR), we examined the correlation between the gene expressions of pa-BI-1 and pa-GR. We observed a positive correlation in PC ($R = 0.76$, $p_{(\text{lm})} < 0.001$) but not NPC ($R = 0.126$, $p_{(\text{lm})} = 0.4679$) corals (Figure S2), but

the relationship was not significantly different between treatments (ANCOVA, $p_{(\text{conditioning})} = 0.2903$). The strongest correlation occurred during the first 3 hours of the heat stress, where we observed a significant overexpression of both genes in PC compared to the control sample at 0h ($R = 0.910$, $p_{(\text{lm})} < 0.001$ but not NPC corals ($R = 0.011$, $p_{(\text{lm})} = 0.9623$, ANCOVA, $p_{(\text{conditioning})} = 0.0052$ (Majerová et al., 2021); and Figure 2), suggesting coral BI-1 can regulate the expression of antioxidant genes upon stress conditions in PC corals.

siRNA-mediated knockdown assay downregulates coral GFP family

We developed and validated a siRNA-mediated gene knockdown method in living adult corals by targeting proteins of the GFP family, using a common approach for developing similar technologies in non-model organisms (Cleves et al., 2018; Karabulut et al., 2019; Yuyama et al., 2021). We identified 12 predicted *Pocillopora* GFP-like fluorescent chromoproteins in the NCBI mRNA database and used BLOCK-iTTM RNAi Designer (Thermo Fisher Scientific) to design siRNA molecules with the best predicted success rate to inhibit expression of individual predicted GFP-like genes. We

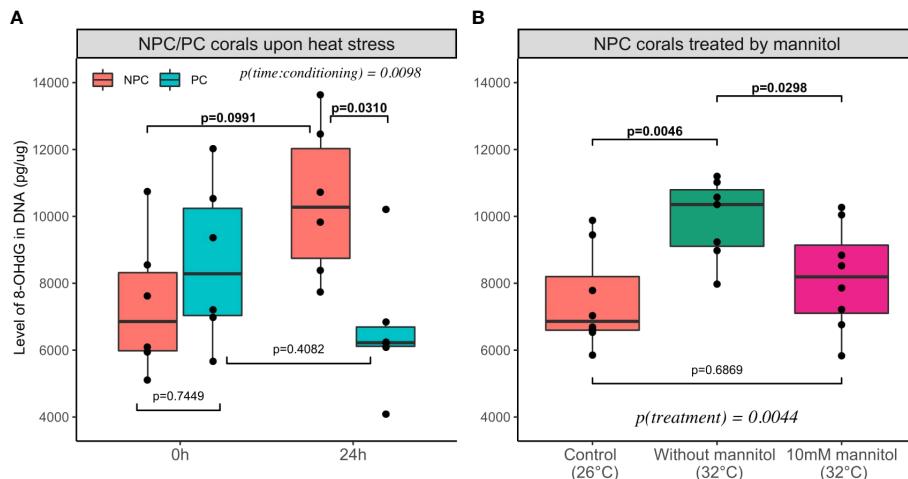


FIGURE 3

Oxidative DNA damage during heat stress. **(A)** Non-preconditioned corals accumulate DNA damage (the oxidized guanine species, 8-OHdG) but preconditioned corals do not. After 24 hours of the stress, there is a significant difference in the level of 8-OHdG between the treatments. $n = 6$ **(B)** The accumulation of 8-OHdG in non-preconditioned corals during acute heat stress is prevented by the addition of 10 mM mannitol, a non-enzymatic antioxidant. $n = 8$. The boxplots show median of the data, first and third quartile and respective datapoints.

chose an siRNA duplex that had 100% sequence similarity with 4 predicted GFP-like genes, one mismatched nucleotide with 7 predicted GFP-like genes and was not complementary to 1 of the genes. We also designed RT-qPCR primers to amplify the siRNA target region of the GFP-like genes (Table S1). Both primers have either full complementarity to the predicted genes or contain one mismatched nucleotide in the central portion of the sequence. We optimized the timing of siRNA administration and coral sampling and used a control siRNA with no known target in the *Pocillopora* transcriptome (siNTC) to exclude the effect of the siRNA treatment itself on the studied genes and pathways. We tested several delivery methods, including PEI (Polyethylenimine, Sigma Aldrich), Lipofectamine2000 (Thermo Fisher Scientific), CaCl₂ phosphate transfection, and Fuse-It (Ibidi), and found the INTERFERin (Polyplus) to be the only method which produced reliable knockdown of the target genes.

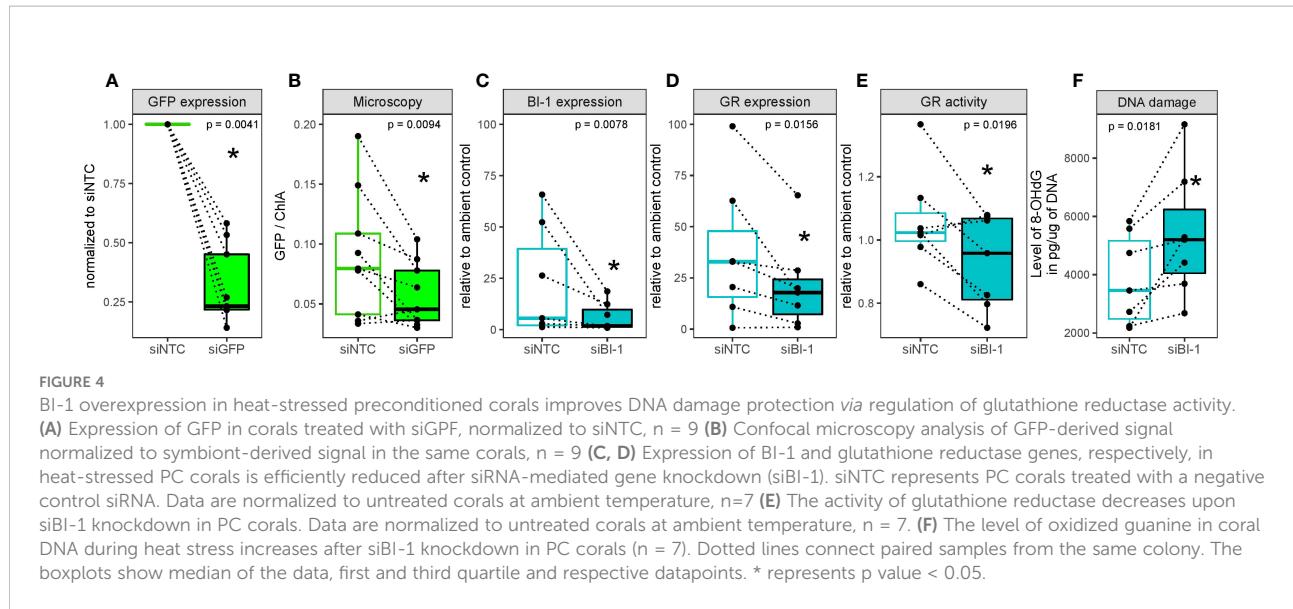
A total of 16 coral fragments from 8 different parent colonies (1-3 ramets per colony) were used for the siRNA developmental experiment. We analyzed GFP expression and fluorescence signals derived from host GFP and symbiont chlorophyll a (ChlA) for each fragment independently. We found 9 corals (representing 6 out of 8 parent colonies) in which the expression of GFP decreased by at least 20% compared to the siNTC (Figure 4A). Expression downregulation ranged from 14% to 58% and averaged $32\% \pm 16\%$ (mean \pm SD). Independent verification of GFP expression *via* confocal microscopy

confirmed the GFP to ChlA ratio decreased to $73\% \pm 30\%$ of controls (mean \pm SD; $p_{(t\text{-test})} = 0.0094$) and ranged from 39% to 80% (Figure 4B). Two corals showed an exception to this pattern where the GFP to ChlA ratio slightly increased despite the expression downregulation.

pa-BI-1 controls the expression of glutathione reductase in preconditioned corals

To confirm the presumed link between pa-BI-1 and pa-GR, we inhibited the expression of pa-BI-1 in heat-stressed PC corals (Figure 4C). We optimized the start of the heat stress to 48 hours post-transfection to achieve the strongest knock-down during the first hours of the acute heat stress when *pa-BI-1* was most strongly overexpressed in PC corals (Majerová et al., 2021). We successfully inhibited pa-BI-1 expression in 7 out of 17 corals (similarly to siGPF, we arbitrarily set a threshold of 80% gene expression as a successful knock-down) ranging from 14% to 80% of control pa-BI-1 expression in siNTC-treated corals ($47\% \pm 24$, mean \pm SD; Figure 4C). For all further analyses, we used only the 7 corals with a successful knock-down.

As expected, we observed an overexpression of both pa-BI-1 and pa-GR in heat-stressed PC corals incubated with siNTC (Figure 4C, D, siNTC) when compared to control corals (PC corals at ambient temperature). After siBI-1 knockdown



(Figure 4C, siBI-1), the expression of both pa-BI-1 and pa-GR decreased (Figure 4C, D, Wilcoxon test, $p_{(BI-1)} = 0.0078$, $p_{(GR)} = 0.0156$), but expression was still higher than in ambient control corals (Wilcoxon test, $p_{(BI-1)} = 0.0781$, $p_{(GR)} = 0.0156$). There was a strong correlation between pa-BI-1 expression and pa-GR expression following the gene knockdown (lm , $GR \sim BI-1$, $p = 0.0036$, r (Fisher et al., 2015) = 0.48), indicating the inhibition of pa-BI-1 expression leads to a decrease in pa-GR expression.

To exclude non-specific effects of the siRNA treatment, we analyzed the correlation of pa-BI-1 expression with 4 genes (pa-HSP70, pa-Bcl-2, pa-BAK, pa-BAX) previously found to be involved in coral bleaching (Pernice et al., 2011; Tchernov et al., 2011; Majerová et al., 2021). These genes were selected because they also follow similar expression patterns as pa-BI-1 in corals upon heat stress. We also included the pa-NFKB1 (NFkB inhibitor) gene that showed a differential expression profile than pa-BI-1 (Majerová et al., 2021), Figure S3A). pa-BAX and pa-Bcl-2 showed strong correlation with pa-BI-1 gene expression in PC corals (Figure S3B) ($r_{(Pearson)} = 0.856$ and 0.726; $p_{(lm)} < 0.001$) and a weaker but still considerable correlation in NPC corals ($r_{(Pearson)} = 0.642$ and 0.531; $p_{(lm)} < 0.001$). pa-BAK and pa-HSP70 showed a moderate correlation with pa-BI-1 in PC corals ($r_{(Pearson)} = 0.446$ and 0.438; $p_{(lm)} = 0.013$ and 0.0023) and – as expected – the expression of pa-NFKB1 did not correlate with the expression of pa-BI-1 in any corals ($r_{(Pearson)} = 0.27$ and 0.203 (for PC and NPC corals, respectively); $p_{(lm)} = 0.12$ and 0.18).

We hypothesized that if the siRNA treatment is not specific to the pa-BI-1 gene or impacts the whole bleaching pathway, we would observe a shift in multiple genes involved in the coral bleaching cascade. Upon siBI-1 treatment, the expression of these genes did not change significantly (Figure S3B), supporting the specificity of the siRNA treatment to siBI-1 gene expression.

Decrease in glutathione reductase gene expression results in a decrease in enzyme activity

Changes in gene expression are not always directly mirrored in the protein level and/or activity (Liu et al., 2016), so we measured the activity of glutathione reductase in coral host tissue after siBI-1 gene knockdown. The decrease in pa-GR expression after 3 hours of heat stress was followed by a significant decrease in the enzymatic activity at 24 hours post stress (Paired t-test, $p_{(activity)} = 0.0391$, Figure 4E). There was a rapid decrease in the glutathione reductase activity in 5 corals, and a very slight increase in 2 corals (Figure 4E; dotted lines connecting siNTC-siBI-1 pairs), suggesting that decreased pa-GR expression does result in decreased pa-GR activity, but there may be genotype-specific effects.

Corals with inhibited expression of pa-BI-1 are more prone to oxidative DNA damage

To examine the connection between antioxidant system and oxidative DNA damage in heat-stressed corals, we analyzed the level of oxidative DNA damage using an 8-OHdG marker in corals with pa-BI-1 knockdown and subsequent decrease in glutathione reductase expression and activity. siBI-1 treated corals accumulated significantly more oxidized guanines in DNA during acute heat stress (Figure 4F; 24 hours at 32°C, Paired t-test, $p = 0.0181$) when compared to the PC corals treated with control siRNA. This observation supports the hypothesis that during heat stress, corals use antioxidants to protect important cellular structures from oxidative damage.

An antioxidant responsive element lies within the promotor of coral glutathione reductase gene

In mammals, BI-1 can activate the Nrf2 transcription factor which regulates gene expressions through the *cis*-acting elements called antioxidant responsive elements (ARE) (Lee et al., 2007; Raghunath et al., 2018) in various Nrf2 target genes' promoters. Nrf2 gene has not been described in reef-building corals but the *Nematostella vectensis* putative Nrf2 protein sequence (GenBank KU746947.1), returns blast hits (tblastn) for several uncharacterized loci in scleractinian corals (e.g., *Orbicella faveolata* LOC110060612, 93% query cover, 29.89% identity and 1e-43 E-value, *Acropora millepora* LOC114950848, 54% query cover, 33.23% identity and 2e-34 E-value, or *Pocillopora damicornis*, LOC113687044, 53% query cover, 30.94% identity and 1e-43 E-value) suggesting a protein with a Nrf2-like function may be present.

We searched the promoter region (within NW_020843386.1) of the glutathione reductase gene (XM_027196629.1) in *Pocillopora damicornis* (Cunning et al., 2018) and found an ARE-similar sequence 5'-TGACTTAGC-3' (Banning et al., 2005; Raghunath et al., 2018) 557 bp upstream of the predicted beginning of the gene ORF. This ARE was first discovered and described in the promoter of glutathione peroxidase in human liver carcinoma cells (HepG2) at positions -76 and -387 with respect to +1 transcription start site (Banning et al., 2005). This striking resemblance suggests that the Nrf2/ARE pathway may be more evolutionarily conserved than previously thought.

Discussion

Like most organisms, corals have the ability to acclimatize to environmental change, which reduces the severity of bleaching and mortality during thermal stress (Middlebrook et al., 2008; Bellantuono et al., 2012; Palumbi et al., 2014; Bay and Palumbi, 2015; Foo and Byrne, 2016; Schoepf et al., 2019; Majerová et al., 2021). However, this natural phenomenon is genotype-specific (Dilworth et al., 2021; Drury et al., 2022) and could be lost under future climate-change scenarios (Ainsworth et al., 2016). One of the main obstacles to the application of this strategy for conservation (van Oppen et al., 2015; Committee on Interventions to Increase the Resilience of Coral Reefs et al., 2019; Drury, 2020) is our limited understanding of molecular and cellular mechanisms behind acclimatization and/or adaptation to increased temperatures. Here we show that preconditioning-based acclimatization is mediated by the interaction of the pro-life gene *BI-1* and the antioxidant response, which impacts fitness *via* cellular phenotypes such as DNA damage.

Transcriptomic data from acclimatized corals shed light on the main gene families and cellular pathways that play a role in the bleaching process, but functional studies have been largely missing in reef-building corals (Bellantuono et al., 2012; Palumbi et al., 2014; Bay and Palumbi, 2015; Thomas et al., 2018). Recently, we showed that preconditioning in *Pocillopora acuta* leads to improved thermal tolerance due to modulations in the programmed cell death pathway (PCD), most likely *via* autophagy/symbiophagy (Majerová et al., 2021). However, the primary signals or molecular consequences of such a prolonged symbiosis maintenance under thermal stress are unclear. During heat stress, the coral host and symbionts release increased reactive oxygen species (ROS) (Suggett et al., 2008; Armoza-Zvuloni and Shaked, 2014; Roberty et al., 2015; Diaz et al., 2016; Gardner et al., 2017; Nielsen et al., 2018; Szabó et al., 2020) which can activate an array of regulatory pathways, often depending on the level of ROS accumulation (Schieber and Chandel, 2014; Redza-Dutordoir and Averill-Bates, 2016). For example, in model animals, low doses of ROS activate cell survival signaling pathways such as the unfolded protein response (UPR) or Nrf2, while high doses of ROS activate PCD (Redza-Dutordoir and Averill-Bates, 2016). We thus hypothesized that after preconditioning, the level of ROS signaling molecules in heat-stressed corals was reduced, which resulted in changes in PCD signaling.

We find that preconditioned (PC) corals with higher tolerance to thermal stress and reduced bleaching rate (Majerová et al., 2021) have higher activity of glutathione reductase, but not peroxide-scavenging enzymes, in the host tissue relative to non-preconditioned (NPC) corals. Gene expression analysis suggests that the observed increase in glutathione reductase activity is due to the specific response of the coral host but cannot be explained simply and entirely by the expression rate. The levels of mRNA do not always correlate with cellular protein levels and the relationship between the two strongly varies during dynamic transitions such as short-term acclimatization (reviewed in (Liu et al., 2016)), a pattern which was previously observed in heat-stressed *Symbiodiniaceae* (Krueger et al., 2015b). While posttranscriptional and posttranslational modifications may positively impact the activity, turnover rate, or localization of the antioxidant in PC corals in ambient conditions, our results suggest the rapid induction of pa-GR gene expression in PC corals is potentially a major contributor to the observed activity differences upon acute heat stress.

Glutathione is a non-enzymatic antioxidant that exists in reduced (GSH) and oxidized (GSSG) form in the cell (reviewed in (Halliwell and Gutteridge, 2015)). GSH neutralizes ROS while being oxidized to glutathione disulfide (GSSG); this oxidized state is converted back to the reduced state by glutathione reductase (GR). Under normal conditions, over 90% of the glutathione pool is maintained as GSH by GR activity, so GR

is directly responsible for maintaining the reducing environment of the cell and for ROS scavenging. The level of GSH and/or the activity of enzymes involved in the glutathione redox cycle are inversely associated with the oxidative DNA damage (Lenton et al., 1999; Dannenmann et al., 2015). ROS-related oxidative DNA damage can stem from heat stress in mice, human, plant and fish cells (Heise, 2006; Purschke et al., 2010; Cvjetko et al., 2014; Liu et al., 2015; Kantidze et al., 2016; Houston et al., 2018), and increased DNA damage was observed in coral tissue explants exposed to elevated temperatures or to direct sunlight (Nesa and Hidaka, 2008; Nesa et al., 2012). Inversely, heat acclimation prevents accumulation of 8-OHdG markers in blood cells of navy boiler tenders exposed to high heat during work (Huang et al., 2012).

We tested the level of 8-OHdG, markers of oxidative DNA damage, in PC and NPC corals after 24 hours of heat stress and found that while NPC corals accumulate these markers, PC corals do not. Previous experiments showed that the addition of the exogenous antioxidant mannitol can reduce DNA damage in heat-stressed coral cell aggregates (Nesa and Hidaka, 2008), so we used this antioxidant on a new set of NPC corals to solidify the link between the antioxidant system and DNA damage in the whole adult coral organism, demonstrating that the antioxidant system is the major contributor to the differences in DNA damage between PC and NPC corals.

DNA damage also triggers diverse cell death pathways, including autophagy (Surova and Zhivotovsky, 2013), supporting our previous results showing preconditioning improves coral thermal tolerance *via* modulations in the autophagy pathway (Majerová et al., 2021). BI-1 (BAX-1 inhibitor), a pro-survival PCD gene involved in the regulation of PCD pathways, was shown to reduce ROS accumulation in vertebrates and to activate Nrf2, which is a transcription factor of various antioxidants including glutathione reductase (Lee et al., 2007; Robinson et al., 2011). Interestingly, we saw an upregulation of pa-BI-1 in PC corals upon heat stress which peaked at 3 h (Majerová et al., [[NoYear]]) in parallel with host glutathione reductase expression. We compared the expression rates of pa-BI-1 and pa-GR in PC and NPC corals and strikingly, they are highly correlated in PC corals in the early phase of the heat stress response (< 6 hours), but not in NPC corals (Figure S2). We hypothesize that preconditioning may enable pa-BI-1 to effectively regulate the expression of pa-GR through epigenetic modifications of the pa-GR regulatory elements. DNA methylation patterns vary between corals living in different environments and is dynamic over time in corals exposed to environmental changes, likely enabling fine tuning of expression in response to various conditions (Putnam et al., 2016; Liew et al., 2018; Liew et al., 2020; Rodríguez-Casariego et al., 2020).

Future experiments should investigate this link between preconditioning, epigenetic modifications, and expression of particular genes in corals.

To demonstrate the functional correlation between pa-BI-1 and pa-GR, we developed a protocol for siRNA-mediated gene knockdown in living adult corals. Gene knockdown assays have shown limited efficiency in cnidarians and have only been used in a few studies, representing a major obstacle for functional studies of these non-model organisms. Existing protocols in cnidarians were not technically feasible in adult reef-building corals due to the skeletal structure, and rely on microinjection of juveniles or electroporation of anemones as the delivery technique (Yasuoka et al., 2016; Cleves et al., 2018; Karabulut et al., 2019; Yuyama et al., 2021). Other studies using liposomal compounds transferred long dsRNA into anemones or coral larva, where the animal's RNAi machinery was allowed to process it into siRNA (Dunn et al., 2007; Dunn et al., 2007; Yuyama et al., 2021).

In this experiment, we used processed siRNA designed to specifically target the gene of interest and delivered it to the coral tissue using a lipidic vesicle INTERFERin (Polyplus) which proved to be the most efficient and the only repeatable method of those tested. We first targeted the family of green fluorescent proteins, a standard strategy to validate gene-knockdown in non-model organisms owing to its ease of monitoring success in real time (Cleves et al., 2018; Karabulut et al., 2019; Yuyama et al., 2021). We were able to achieve a significant downregulation of GFP proteins in the majority of test corals and we hypothesize that coral mucus likely interferes with the siRNA transfection procedure in some individuals, meaning that individuals undergoing siRNA-involved experiments must be first tested for the successful knockdown before further functional analyses take place. Additionally, the knock-down efficiency we achieved allowed the study of the function of genes that are upregulated during specific cellular and molecular processes (after the overexpressed gene is knocked down close to the basal level) but may not be applicable for complete loss-of-function studies.

Our siRNA methodology allowed us to functionally connect BI-1 gene expression with the coral antioxidant system by inhibiting pa-BI-1 overexpression in preconditioned corals during acute heat stress. We manipulated the gene in 8 out of 17 corals, which decreased pa-GR expression and lead to a decline in pa-GR activity, demonstrating that pa-BI-1 regulates gene expression of pa-GR in preconditioned corals. The decreased expression of pa-GR paralleled decreased glutathione reductase antioxidant activity in siBI-1 corals, leading to more oxidative damage than corals treated with a control siRNA (siRNA with no known target in *P. acuta*),

supporting the hypothesis that antioxidants prevent cellular oxidative damage in corals.

In vertebrate models, BI-1 was also found to regulate expression of genes coding for antioxidants through the Nrf-2 transcription factor (Lee et al., 2007; Harvey et al., 2009). Although Nrf2 has not been described in reef-building corals, a homolog of the Nrf-2 gene was identified and annotated in the anemone *Nematostella vectensis* (GenBank KU746947.1 (Layden et al., 2016), where the Nrf-2 mediated oxidative stress response pathway was activated in its symbiotic but not aposymbiotic morph during thermal stress (Weizman and Levy, 2019). Nrf2 regulates the expression of antioxidant genes via binding to the so-called ARE (antioxidant response element) *cis*-elements located upstream of the transcription start site (Raghunath et al., 2018). In the putative promoter of coral glutathione reductase gene, we found an ARE similar to one described in the promoter of the glutathione peroxidase gene in human liver cells (Banning et al., 2005), suggesting the Nrf2/ARE pathway is conserved in cnidarians, where it controls the expression of antioxidant genes during environmental stress response. We thus propose this pathway could also connect BI-1 and glutathione reductase in *Pocillopora acuta*, but additional experiments are necessary to confirm this hypothesis. We propose that next steps should include i) the functional study of relevant genes' knockdown in coral bleaching (when the loss of symbionts would be analyzed upon siRNA treatment), ii) exploration of changes in epigenetic regulation upon preconditioning, and iii) analysis of ROS release in coral cells/tissue upon preconditioning.

This work describes cellular and molecular principles of coral symbiosis maintenance under heat stress and how it is modulated during acclimatization, which is a critical ecological pathway to the long-term persistence of coral reefs. The data presented here show that pre-exposure to thermal stress improves the ability of corals to maintain cellular redox homeostasis through BI-1-mediated glutathione reductase overexpression. This prevents the accumulation of oxidative stress markers 8-OHdG, avoids the activation of programmed cell death and results in prolonged coral-algal symbiosis. Conversely, heat-stressed corals may experience high ROS, subsequent oxidative stress, activation of cell death pathways, and bleaching.

Describing and understanding resilient traits in stony corals is fundamental for the development and application of reef restoration projects based on selective principles such as (human)-assisted evolution (van Oppen et al., 2015; Committee on Interventions to Increase the Resilience of Coral Reefs et al., 2019). Invention of new methodology that allows functional studies in adult reef-building corals facilitates this goal and significantly contributes to our growing knowledge of the response of organisms to environmental stress and their ability to adapt to future climate scenarios.

Materials and methods

Collections, experimental setup, and preconditioning

Seven colonies of *P. acuta* were collected in spring 2018 at 3 different sites and depths ranging between 1 to 4 m across Kāne'ohe Bay, Hawai'i to maximize the likelihood that distinct genotypes were collected (21.45036 N 157.79563 W; 21.44443 N 157.79536 W; 21.44007 N 157.79174 W). Colonies were held in flow-through tanks under natural light and temperature conditions, unless stated otherwise. Experimental treatments were conducted as described in Majerová et al. (2021). Briefly, corals were split in half and allocated into preconditioning (PC) and control (NPC) treatment tanks, and PC corals were exposed to a 29°C treatment for 72 h before returning to ambient (26°C) while NPC corals were maintained at 26°C (Figure 1A). These temperatures represent the typical temperature peaks during summer months and average pre-summer temperature in Kāne'ohe Bay, respectively (NOAA measurements, Mokuloe Station #1612480, and [Majerová et al., 2021]). Corals were fragmented into ~5 cm nubbins, mounted onto aragonite plugs and reallocated into treatment tanks. After two weeks at 26°C, corals were exposed to a 32°C treatment or control and sampled at 0, 1, 3, 6, 12, and 24 hours (0 h is a pre-exposure timepoint and was sampled at 8 am). A whole nubbin was sub-sampled and used at each timepoint. Samples were stored immediately at -80°C. Bleaching rate was assessed as the shift in symbiont-to-host signal ratio with time-lapse confocal microscopy (Zeiss LSM-710) as described in Majerová et al. (2021). One separate nubbin was used for confocal microscopy analysis repetitively at each timepoint.

Antioxidant activity assays

Samples previously stored at -80°C were homogenized in ice cold extraction buffer (100 mM Tris-HCl, 20 mM EDTA, pH 7.5) in Qiagen TissueLyser (30 s⁻¹ for 20 s) with acid-washed glass beads (Sigma). The symbiont and host cells were separated with low-speed centrifugation (800g, 5 min, 4°C) and the supernatant was then sonicated for 3 min. Cell debris were pelleted by centrifugation (14,000g, 10 min, 4°C) and whole cell protein extract concentration was measured using Qubit Protein Assay Kit (Thermo Fisher Scientific). Protein extracts were immediately used for EnzyChrom Catalase Assay Kit and EnzyChrom Glutathione Reductase Assay Kit (BioAssay Systems), respectively. The working protein concentration was optimized prior to the experiment to ensure the measured activity was within the range of kit detection limits. We used 1340 ng and 300 ng of the whole cell protein extract in Catalase Assay Kit and Glutathione Reductase Assay Kit, respectively, to

normalize the enzymatic activity to total protein. Each analysis included one sample per timepoint and conditioning per colony ($n_{(colony)}=7$). Samples were extracted in small batches (up to 12 samples per run) to decrease extraction time, and control and treatment samples of the same colony were always extracted together to minimize the chance that any observed difference is due to different sample processing.

The Catalase Assay Kit is not specific to catalase and measures activity of all peroxide-scavenging antioxidants, so we used the EnzyChrom Glutathione Peroxidase Assay Kit (BioAssay Systems) to distinguish activity of different peroxide-scavenging antioxidants. All assays (total protein 2 – 10 µg) were below the detection limit of the kit.

Gene expression analysis

Gene expression was analyzed as described in [Majerová et al. \(2021\)](#). Briefly, RNA was extracted *via* RiboZol RNA Extraction Reagent (VWR Life Science) with DNase I step between phenol-chloroform extraction and ethanol precipitation. Two-step Reverse transcription quantitative PCR (RT-qPCR) analysis was executed as follows: 1µg of RNA was reversely-transcribed with High-Capacity cDNA reverse transcription kit (Thermo Fisher Scientific) and the qPCR reactions were run in 12 µl with PowerUp™ SYBR™ Green Master Mix (Applied Biosystems) for 40 cycles according to the manufacturer's instructions. Efficiency of each primer pair was tested with a dilution curve followed by melting curve analysis. Profiles of four genes for each organism (actin, elongation factor 1a, calmodulin, and adenosylhomocysteinase for the host and actin, tubulin, ribosomal protein S4, and S-adenosyl-l-methionine synthetase for the symbiont) under different treatments were compared with Best Keeper software ([Pfaffl et al., 2004](#)) and pa-EF-1 (elongation factor 1a, *P. acuta*), and SAM (S-adenosyl-l-methionine synthetase, *Symbiodinium* sp.) showed the highest expression stability upon heat stress and were chosen as the reference genes by the software algorithm. All primer sequences are listed in [Table S1](#). Expression of target genes was calculated relative to the non-preconditioned coral at time 0 with $\Delta\Delta Ct$ method.

$$\Delta\Delta Ct = 2^{-[(Ct_{target, treated} - Ct_{ref, treated}) - (Ct_{target, control} - Ct_{ref, control})]}$$

Each analysis included one sample per timepoint and conditioning treatment per colony ($n_{(colony)}=7$). Sequences of all primers used in this study are listed in [Table S1](#).

Oxidative DNA damage assay

To assess the impact of oxidative stress on DNA, we analyzed the level of 8-Hydroxy-2'-deoxyguanosine (8-OHdG)

in PC and NPC corals as a proxy for cumulative oxidative DNA damage. 2 fragments from 6 corals in each treatment were sampled prior to and after 24 hours of thermal stress (as described above), frozen and kept at -80°C.

We used a custom extraction protocol to extract DNA from host cells after symbiont and host cells were separated as described above. After the low-speed centrifugation, SDS (0.5% final concentration) was added to the supernatant containing host cells and nuclei and incubated at 58°C for 15 min. Then, proteinase K (0.5 mg/ml final concentration) was added and incubated at 58°C for 2 h. After incubation, samples were cooled to room temperature and potassium acetate was added to a final concentration 0.5 M. Samples were centrifuged (14,000g, 10 min, 4°C) and the supernatant was precipitated by isopropanol (1:0.7 ratio). After precipitation, the DNA pellet was resuspended in water and the sample was treated by RNase A for 15 min. DNA was purified by phenol-chloroform extraction followed by ethanol precipitation (overnight, -20°C) and resuspended in water. 500 ng of total genomic DNA in 20 µl was denatured at 95°C for 5 min, rapidly cooled down on ice, digested to single nucleotides by 20 U of Nuclease P1 (NEB) at 37°C for 30 min and dephosphorylated by 1 U of Shrimp Alkaline Phosphatase (NEB) for 30 min at 37°C. All the enzymes were inactivated at 75°C for 10 min. DNA was then diluted 1:5 in 1x Assay buffer and processed according to the kit instructions (DNA Damage Competitive ELISA Kit, Invitrogen). The initial DNA concentration used in the assay was optimized to ensure the resulting values fall within the optimum range of kit detection limits (between Std3 (2000 pg/ml) and Std6 (250 pg/ml)). We used MyCurveFit.com software to model the standard curve and to predict result values. The analysis was conducted using 2 samples per timepoint, treatment and conditioning per colony using 6 colonies in total. The results from biological replicates were averaged before statistical analysis.

Corals with increased glutathione reductase activity are less prone to oxidative DNA damage accumulation, so we decided to test the impact of exogenous antioxidants to heat-stressed non-preconditioned corals. For this analysis, a new set of corals was collected from Kāne'ohe Bay in spring 2020 and prepared as described above. This new set of corals was used for the following mannitol experiment and the siRNA validation and testing experiments (see below).

To analyze the impact of exogenous antioxidant to oxidative DNA damage, we treated NPC nubbins with 10 mM mannitol ([Nesa and Hidaka, 2008](#)) or a seawater control for the duration of the heat stress experiment (6 NPC and 6 PC corals, 2 nubbins per colony per treatment) in a closed-system tank under natural light. All coral fragments were sampled after 24h of acute heat stress (32°C), frozen and kept at -80°C. DNA damage assay was conducted as described above.

siRNA design

BLOCK-iTTM RNAi Designer (Thermo Fisher Scientific) was used to design siRNA for the *P. damicornis* BI-1 mRNA sequence (XM_027189407.1 (Cunning et al., 2018),) and predicted GFP-like mRNA (XM_027188377.1). In order to silence the most GFP-like genes possible, we aligned all the proposed siRNA sequences to the set of 12 predicted GFP-like proteins we found in the *Pocillopora* transcriptome database in NCBI (XM_027191428.1, XM_027191431.1, XM_027188381.1, XM_027195143.1, XM_027188383.1, XM_027188379.1, XM_027188378.1, XM_027188377.1, XM_027188376.1, XM_027195136.1, XM_027188380.1, XM_027188372.1) and chose the sequence with the highest alignment to the most proteins. For BI-1 silencing, we chose the highest-ranking siRNA sequence containing BCD Tuschl's patterns (Elbashir, 2001) and targeting region 194–212 of the 1437 bp long mRNA sequence. Control siRNA (siNTC) was designed to contain the same nucleotide composition as siBI-1 but having no known target in the *P. damicornis* mRNA sequence database. All siRNA molecules were synthesized by Sigma-Aldrich. Sequences of all siRNA molecules are listed in Table S1.

siRNA-mediated knockdown

PC coral fragments (~ 3 cm long) were placed into 20 ml cultivation vials, completely submerged into flow-through tanks with ambient temperature seawater and left to acclimatize overnight. The next day, vials were moved into precise temperature-controlled water bath, the seawater was carefully removed without disturbing corals and the siRNA transfection was carried out according to the manufacturer's instructions (INTERFERin[®] transfection reagent, Polyplus). siRNA transfection mix (20 μ l of 10nM siRNA and 16 μ l INTERFERin[®] reagent in 250 μ l 0.2 nm filtered seawater) was pipetted directly on the exposed coral and after ~ 2 min, 5 ml of 0.2 nm filtered seawater was added to fully cover the nubbin and coral was incubated at ambient temperature for 6 hours. After this time, corals were fully submerged into a flow-through tank with ambient temperature seawater for two days. For siBI-1 experiment, 48 hours after the beginning of the siRNA transfection, corals were exposed to an acute heat stress (32°C, ramping speed of ~1°C per 10 min). At 3h post-stress, each coral was sampled for the gene expression analysis and at 24h hours post-stress for glutathione reductase activity and DNA damage assay, using the same fragment for both timepoints. The sampling consumed the fragment.

Confocal microscopy

Corals for the siGFP experiment were imaged as described in Majerová et al. (2021), with the following adjustments. Each coral nubbin was scanned three times with EC Plan-Neofluar 2.5x/0.075 objective using Z-Stack mode with fixed 12 layers spanning tissue thickness of approximately 0.1 mm. Images were then processed in Fiji software (ImageJ) (Schindelin et al., 2012) using Zprojection set to Sum Slices to display the sum of the symbiont and GFP-derived signals through all the tissue layers. We then measured the signal intensity in 10 circular regions of interest (ROIs) spreading to the whole fragment with the exception to polyp mouths, tentacles, and clearly injured tissue (after cutting the nubbin, e.g.) and compared the ratio of GFP signal to the symbiont-derived signal (chlorophyll a) between siGFP and siNTC treated corals. Polyp mouths and tentacles were avoided for two principal reasons, i) corals tend to actively stretch and retract tentacles during microscopy which makes scanning in z-stack mode very difficult and results in blurry Zprojections, ii) GFP signal is much higher in these areas, so it is not possible to use the same microscopy settings while achieving an appropriate signal intensity range.

Statistical analyses

All statistical analyses were conducted in R (R Core Team, 2020) using the following libraries (alphabetically): *bestNormalize*, *car*, *cowplot*, *dplyr*, *egg*, *emmeans*, *ggfortify*, *ggplot2*, *ggpmisc*, *ggpubr*, *ggsignif*, *lme4*, *longpower*, *mgcv*, *plotrix*, *readxl*, *tidyverse*, *viridis*. Datasets were tested for normality (histogram plot) and heteroscedascity (Levene test) and normalized as needed using a logarithmic transformation or the *BestNormalize* function in R.

We analyzed antioxidant activity after normalizing data to the initial control activity (NPC, time 0) for each colony. We used a generalized mixed model (*lmer* function, package *lme4*) with conditioning and time as main effects and colony as a random effect with a Tukey *post-hoc* testing for each timepoint.

We analyzed gene expression after normalizing data to the initial control expression for each colony. We used a generalized mixed model to examine the normalized expression of each gene separately, using conditioning, treatment and time as main effects and colony as a random effect. We estimated least-squares means and compared between treatments for each timepoint using bonferroni adjusted p-values.

To analyze DNA damage, we ran a two-way ANOVA to compare the level of 8-OHdG (pg per μ l DNA) of PC and NPC corals with time and conditioning treatment as main effects and a Tukey HSD for *post-hoc* analysis. The effect of mannitol treatment to DNA damage was tested by one-way ANOVA with treatment (control, heat stress, heat stress with mannitol) as variable followed by a Tukey *post-hoc* testing.

We calculated Pearson correlation coefficients and variance explained using linear regression for the relationships between a) gene expression and enzymatic activity and b) BI-1 and glutathione reductase expression. We used ANCOVA to compare the BI-1 and GR expression correlation among preconditioning treatments.

The effect of siRNA-mediated knockdown was analyzed using one-tailed t-test for the GFP expression in the siGFP experiment, two-tailed t-test for siGFP microscopy, and two-tailed paired samples Wilcoxon test on data normalized to control (ambient temperature, non-treated) coral samples for the siBI-1 experiment. Antioxidant activity data in siBI-1 experiment were also first normalized to control coral samples and then subjected to paired two-tailed t-test. DNA damage analysis in siRNA-treated corals was analyzed with paired two-tailed t-test on raw data.

Statistical analyses are summarized in [Table S2](#).

Data availability statement

The original contributions presented in the study are included in the article/[Supplementary Material](#). Further inquiries can be directed to the corresponding author.

Author contributions

EM conceived the experiments, conducted research, analyzed data, and wrote the manuscript. CD analyzed data and wrote the manuscript. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fmars.2022.971332/full#supplementary-material>

SUPPLEMENTARY TABLE 1

List of primers and siRNAs used in the study.

SUPPLEMENTARY TABLE 2

List of statistical methods and codes used in the manuscript.

SUPPLEMENTARY FIGURE 1

Correlation of glutathione reductase activity and gene expression across all timepoints. There is no apparent correlation between the gene expression in host or symbiont cells with the activity of the enzyme. Raw expression is calculated as $2^{-\Delta Ct}$; $\Delta Ct = Ct_{(target)} - Ct_{(reference)}$, raw activity is measured in U/L. $n = 6$.

SUPPLEMENTARY FIGURE 2

Expressions of BI-1 and glutathione reductase correlate in corals after preconditioning at ambient temperature and during early hours of an acute heat stress. Non-preconditioned (NPC) corals are depicted in red, preconditioned (PC) corals in cyan. All expression levels are normalized to the control coral (NPC at ambient temperature) using $2^{-\Delta Ct}$ formula. r_p stands for Pearson correlation coefficient, p for p -value.

SUPPLEMENTARY FIGURE 3

(A) Correlation of pa-BI-1 gene expression with other genes involved in bleaching pathway. (B) Expression of these genes after pa-BI-1 knockdown. Non-preconditioned (NPC) corals are depicted in red, preconditioned (PC) corals in cyan. All expression levels are normalized to the control coral (NPC at ambient temperature) using $2^{-\Delta Ct}$ formula. r_p stands for Pearson correlation coefficient, p for p -value. The boxplots show median of the data, first and third quartile and respective datapoints.

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