

# Role of H<sub>2</sub> in the Substrate-Directed Synthesis of Size-tunable MoSe<sub>2</sub> Nanoribbons for Exciton Engineering

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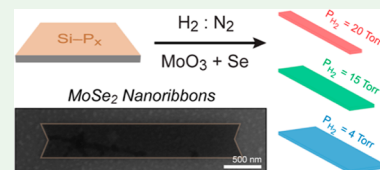
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**ABSTRACT:** Recent studies of transition-metal dichalcogenide (TMD) nanoribbons have stimulated the development of synthetic strategies for the controlled growth of these dimensionally restricted crystals. We demonstrate the width-controlled synthesis of MoSe<sub>2</sub> nanoribbons grown on a designer surface comprising Si(001) treated with phosphine. Adjustment of the H<sub>2</sub> partial pressure in the carrier gas stream enables the nanoribbon widths to be tuned between 175 nm and almost 500 nm. Experiments and simulations suggest that H<sub>2</sub> exposure increases the surface coverage of hydrogen on the Si–P dimers that normally serve as favorable regions for nanoribbon nucleation and growth. Moreover, the MoSe<sub>2</sub> nanoribbons exhibit an anomalous photoluminescence blue shift whose magnitude of 60 meV is similar to that reported in optical emission spectra of MoS<sub>2</sub> nanoribbons. These studies demonstrate that the recently developed strategy of substrate-directed growth of nanoribbons can be extended to the selenide family of TMDs. Moreover, they expand the synthetic foundation for preparing complex TMD heterostructures, which are required for optical- and quantum-based sensors, transducers, and processors.

**KEYWORDS:** transition-metal dichalcogenide, nanoribbon, MoSe<sub>2</sub>, surface, photoluminescence, exciton



## INTRODUCTION

Transition-metal dichalcogenide (TMDs) crystals are versatile materials that evince a tunable band gap, edge-dependent electronic, magnetic, and catalytic properties, and a plethora of unique exciton and spin dynamics, especially in multi-layer assemblies.<sup>1–8</sup> The dimensionality, edge structure, phase, and inter-layer orientation play an important role in determining the properties of TMD crystals. While two-dimensional (2D) TMD crystals have dominated the landscape of studies over the past decade, crystals exhibiting reduced dimensionalities and more complex morphologies offer many intriguing opportunities in catalytic, electronic, optical, and quantum device studies.<sup>9,10</sup> With regards to 1D crystals (i.e., nanoribbons), an increased proportion, relative to 2D crystals, of edge sites to basal plane sites, lateral confinement effects, and the ability to define new interfaces and topologies render these crystals promising platforms for further research. Specifically, recent breakthroughs in the synthesis of graphene and TMD nanoribbons<sup>11–18</sup> have revealed that constraining the dimensionality of 2D crystals toward the 1D limit results in a tunable band gap,<sup>19,20</sup> enhanced thermoelectric performance,<sup>21</sup> ferromagnetism,<sup>22</sup> width-dependent phase stability,<sup>18,23</sup> and spatially heterogeneous electronic properties<sup>12</sup> (i.e., metallic edges and a semiconducting interior).

Recently, our group reported the growth of uniform and width-tunable TMD nanoribbons grown by chemical vapor deposition (CVD) over Si surfaces pre-treated with phosphine. Our unique approach complements other strategies for preparing dimensionally restricted graphene and TMD crystals,

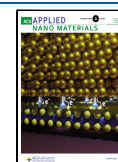
including molecular beam epitaxy,<sup>12</sup> ledge-directed epitaxy,<sup>13</sup> CVD growth through vapor–liquid–solid processes,<sup>14,16,24,25</sup> and highly anisotropic growth by CVD on Ge(001) and sapphire substrates.<sup>15,26</sup> In our work, the phosphine-treated Si(001) surfaces present a distribution of Si–P and P–P dimers that mediate heterogeneous nucleation of the MoS<sub>2</sub> nanoribbons. The nanoribbons are readily exfoliated from these “designer” surfaces and exhibit a width-dependent photoluminescence (PL), which is blue-shifted by up to 50 meV relative to the emission from the neutral A exciton line in 2D MoS<sub>2</sub>.<sup>11</sup>

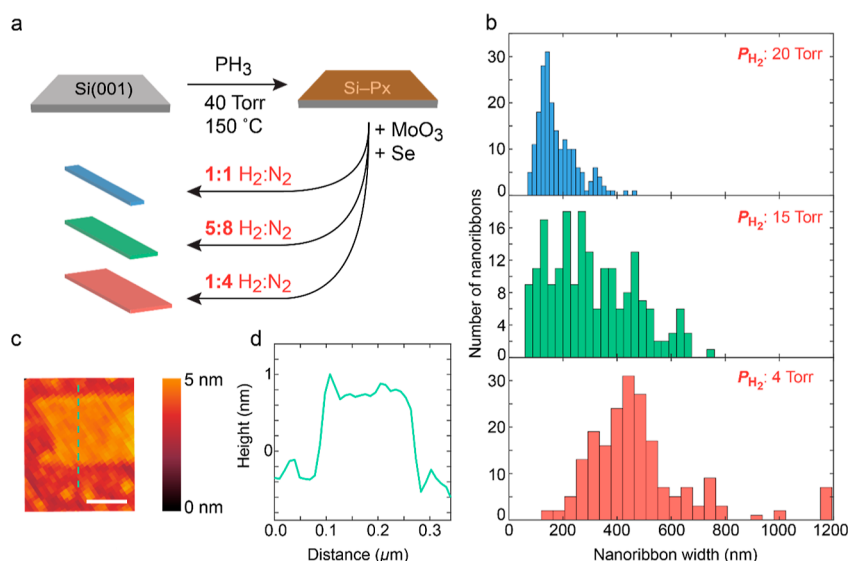
Our previous success with controlling the dimensionality of TMD nanocrystals on designer surfaces prompted the need to examine the extent to which this strategy can be applied to other TMDs. A number of considerations motivated our decision to focus on MoSe<sub>2</sub>. First, the growth of MoSe<sub>2</sub> and other selenides in the TMD family requires H<sub>2</sub> gas to promote reduction, and these materials exhibit accelerated growth times compared to MoS<sub>2</sub>.<sup>27–31</sup> The role of H<sub>2</sub> during substrate-guided growth of MoSe<sub>2</sub> nanoribbons must be addressed to understand how we must adapt our strategy to accommodate new material systems. Second, the preparation of nanoribbons

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**Figure 1.** Control of the MoSe<sub>2</sub> nanoribbon width through H<sub>2</sub> partial pressure. (a) Schematic illustrating the gas-phase functionalization of Si(001) with PH<sub>3</sub> to yield the Si–P<sub>x</sub> surface. Following this, metal oxide and chalcogen powders are heated in the presence of H<sub>2</sub> and N<sub>2</sub> in varying relative concentrations. Growth under these conditions on the Si–P<sub>x</sub> surface furnishes nanoribbons of tunable width. (b) Histograms of nanoribbon width generated from syntheses carried out at H<sub>2</sub> partial pressures of 20, 15, and 4 Torr. Data were sampled using 25 equally sized bins. 2D crystals and crystals not conforming to a nanoribbon morphology (see the Methods section) were not counted in these histograms. (c) Atomic force micrograph of a MoSe<sub>2</sub> nanoribbon. Scale bar: 100 nm. (d) Height profile of a MoSe<sub>2</sub> nanoribbon measured along the green-dotted line in (c).

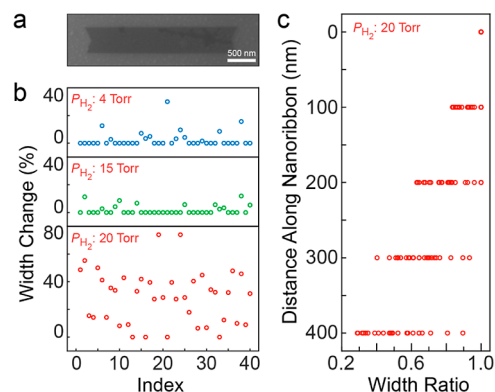
encompassing a broad class of TMDs will enable the assembly of complex axial and layered superlattices that could serve as promising platforms for excitonic, electronic, and quantum information studies.

Herein, we examine factors dictating the controlled synthesis of MoSe<sub>2</sub> nanoribbons on a phosphine (PH<sub>3</sub>)-treated Si designer surface. To prepare the designer growth substrates, we treat hydrogen-terminated Si(001) surfaces with PH<sub>3</sub> gas at 150 °C in a CVD reactor. MoSe<sub>2</sub> nanoribbons are grown on this substrate in the same CVD reactor at 700 °C at several different H<sub>2</sub> partial pressures. We identify that the nanoribbon width is a sensitive function of the H<sub>2</sub> partial pressure in the carrier gas mixture and propose that modulation of the designer surface composition is responsible.

## RESULTS AND DISCUSSION

After functionalizing H-terminated Si(001) surfaces with PH<sub>3</sub> to form the “Si–P<sub>x</sub>” crystal growth surface, we grew MoSe<sub>2</sub> crystals from MoO<sub>3</sub> and Se under several different carrier gas regimens (Figure 1). Based on previously reported cluster expansion calculations, the Si–P<sub>x</sub> surface prepared here (at 150 °C and  $P_{\text{PH}_3}$  = 8 Torr) likely comprises Si–P and P<sub>2</sub> dimers. MoSe<sub>2</sub> crystals were grown over this Si–P<sub>x</sub> surface in the presence of three distinct carrier gas streams, each comprising a mixture of H<sub>2</sub> and N<sub>2</sub> in the following H<sub>2</sub>/N<sub>2</sub> ratios: 1:1, 1:1.6, and 1:4 (Figure 1a). Under the CVD reactor conditions employed here, the H<sub>2</sub> partial pressures for these three conditions are calculated to be 20, 15, and 4 Torr, respectively. Scanning electron microscopy (SEM) images of samples prepared under these conditions reveal nanoribbon crystals produced at significant yields (Figure S1).

Additional SEM images of the MoSe<sub>2</sub> nanoribbons were collected and analyzed to generate histograms of width for nanoribbons prepared at each of the three carrier gas conditions (Figures S2, S3, and 2a). Notably, the average nanoribbon width increases from 175 to 485 nm as the partial



**Figure 2.** Nanoribbon width uniformity as a function of H<sub>2</sub> partial pressure. (a) SEM image of a single MoSe<sub>2</sub> nanoribbon grown at a H<sub>2</sub> partial pressure of 15 Torr. Scale bar: 500 nm. (b) Scatter plots of the change in width along individual MoSe<sub>2</sub> nanoribbons. Each data point corresponds to the percent change between the nanoribbon width measured at the midpoint and at a point 350 nm along its length. Forty nanoribbons were sampled for each of the three H<sub>2</sub> partial pressures and widths were measured edge-to-edge. (c) Scatter plot of the change in width of nanoribbons grown at  $P_{\text{H}_2}$  = 20 Torr as a function of their length starting at the midpoint. Widths were measured every 100 up to 400 nm away from the nanoribbon midpoint. These data provide an aggregate view of the gradual and consistent tapering of MoSe<sub>2</sub> nanoribbons grown at the highest H<sub>2</sub> partial pressure. 2D crystals and crystals not conforming to a nanoribbon morphology (see the Methods section) were not considered in the assays shown in “b” and “c”.

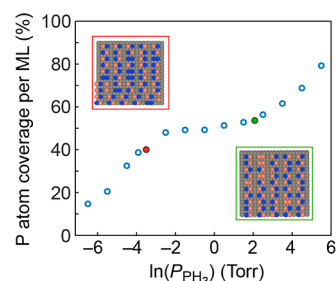
pressure of H<sub>2</sub> in the carrier gas mixture decreases from 20 to 4 Torr (Figure 1b). The reaction performed at the lowest H<sub>2</sub> partial pressure (4 Torr) not only yields the widest and shortest nanoribbons but also gives rise to the highest fraction of multiply nucleated MoSe<sub>2</sub> crystals (Figure S2). This finding is reflected in the lowest H<sub>2</sub> partial pressure condition (4 Torr), yielding nanoribbons with the lowest average aspect

ratio (Figure S4). Our current findings regarding the morphology of MoSe<sub>2</sub> nanoribbons grown at the lowest H<sub>2</sub> partial pressure are consistent with our previous observations,<sup>11</sup> which showed that higher PH<sub>3</sub> partial pressures during the Si surface functionalization step also yield wider and more extensively nucleated TMD nanoribbons. The morphology of the nanoribbons was further characterized by atomic force microscopy (AFM), which revealed a nanoribbon height of  $\sim 1$  nm, which is in accordance with monolayer-thick MoSe<sub>2</sub> (Figure 1c,d). Finally, we confirmed that PH<sub>3</sub>-functionalized Si(111) surfaces do not support nanoribbon growth, thereby confirming the unique role of the Si–P<sub>x</sub> surface, which is derived from Si(001), in spawning nanoribbon growth (Figure S5). Together, these data show not only that MoSe<sub>2</sub> nanoribbons can be readily prepared on Si–P<sub>x</sub> surfaces but also that bottom-up control of their width is possible through careful adjustment of the H<sub>2</sub> partial pressure during the TMD growth phase.

During our surveys of MoSe<sub>2</sub> nanoribbons grown under the three conditions discussed above, we identified deviations, to varying degrees, in their width along their longitudinal axis. An analysis reveals that nanoribbons prepared at H<sub>2</sub> partial pressures of 15 and 4 Torr exhibit an average maximum change in their width of 1.7 and 2.6%, respectively (Figure 2a,b). This high intra-ribbon width uniformity contrasts with what is a significant change in intra-ribbon width for MoSe<sub>2</sub> nanoribbons grown at a H<sub>2</sub> partial pressure of 20 Torr. Focusing on nanoribbons grown at this highest H<sub>2</sub> condition, we identify several features. First, the nanoribbons gradually taper at their ends to approximately 50% of their full width on average (Figure 2c). Second, this pronounced taper often produces MoSe<sub>2</sub> nanoribbons with widths below 100 nm (Figure S6). This latter result suggests that tuning of the carrier gas pressure and type, in conjunction with our previous result<sup>11</sup> demonstrating width control through manipulating the Si–P<sub>x</sub> surface, may be sufficient to realize the controlled growth of ultra-narrow (e.g., <10 nm wide) nanoribbons with unique morphologies, edges, and dimensions. Subject to quantum confinement effects due to their dramatically reduced dimensionality, ultra-narrow nanoribbons are compelling platforms on which to study single photon emission and charge density wave phenomena.<sup>32–34</sup>

The foregoing data show that low H<sub>2</sub> partial pressures favor MoSe<sub>2</sub> nanoribbons that are wide and have a greater propensity for multi-site nucleation, while high H<sub>2</sub> partial pressures favor narrow and tapered nanoribbons. We hypothesize that H<sub>2</sub> alters the composition of the Si–P<sub>x</sub> surface as it is introduced during the MoSe<sub>2</sub> growth step and thereby influences the extent of nanoribbon nucleation.

To understand how MoSe<sub>2</sub> nanoribbon morphology is linked to the composition of the Si–P<sub>x</sub> surface, we first performed cluster expansions<sup>35,36</sup> to gain insight into the equilibrium composition and configuration of this surface. Simulations reveal that the equilibrium fractional P atom coverage over the Si(001) surface varies as a function of the partial pressure of PH<sub>3</sub> applied during the treatment step (Figure 3). Several features are revealed by these data. First, while P atoms are predicted to comprise up to 54% of the surface for a PH<sub>3</sub> partial pressure of 8 Torr, there is a notably wide range of PH<sub>3</sub> partial pressures (0.08–4.5 Torr) over which the P atom concentration is “saturated” at a steady level of  $\sim 50\%$  of surface sites. Second, a Monte Carlo<sup>37</sup> snapshot of the equilibrium surface taken for a PH<sub>3</sub> partial pressure (0.02



**Figure 3.** Numerical simulations of the Si–P<sub>x</sub> surface. The % P atom coverage in the surface monolayer as a function of PH<sub>3</sub> partial pressure as obtained through cluster expansion calculations. Salmon and blue spheres represent P and Si atoms, respectively. Insets: Monte Carlo simulation images for P atom coverage at the points indicated in red and green in the scatter plot. The red and green boxed simulation images are at PH<sub>3</sub> partial pressures of 0.02 and 8 Torr, respectively. The simulation temperature was 150 °C.

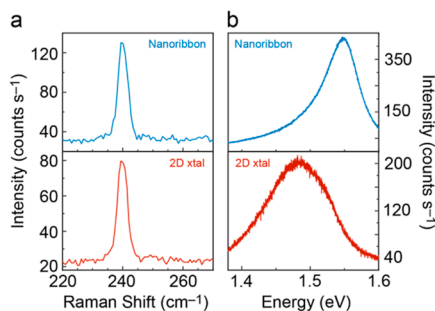
Torr) just below the aforementioned saturation region shows that nearly half of the Si surface sites are occupied with P in the form of Si–P dimers. Third, a Monte Carlo snapshot of the equilibrium surface taken for a PH<sub>3</sub> partial pressure (8 Torr) just above the aforementioned saturation region reveals a surface predominantly covered by Si–P with the appearance of some P<sub>2</sub> dimers. Taking into consideration the above calculations and the fact that our Si surface treatment reaction is performed at a PH<sub>3</sub> partial pressure of 8 Torr, we predict that the phosphorus on our Si–P<sub>x</sub> surface is present predominantly in the form of Si–P dimers.

Once the Si–P<sub>x</sub> surface is exposed to higher temperatures (700 °C) and H<sub>2</sub> during the MoSe<sub>2</sub> crystal growth step, it is expected that the surface will change. Our calculations predict that at this temperature and a H<sub>2</sub> partial pressure of approximately 1 Torr, roughly half of the silicon atoms in Si–P dimers on a model Si–P surface will become terminated by hydrogen. At approximately 30 Torr, nearly all silicon atoms in Si–P dimers are predicted to become H-terminated (Table S1). These results suggest that in our experiments, there is a significant increase in hydrogen surface coverage on Si–P dimers as the hydrogen partial pressure increases from 4 to 20 Torr. We note a slight reduction in surface roughness upon PH<sub>3</sub> functionalization and then a slight increase in roughness at MoSe<sub>2</sub> growth temperatures, which is consistent with the stripping of P-containing moieties from the Si–P<sub>x</sub> surface (Figure S7). We hypothesize that increasing hydrogen coverage on regions of the surface most favorable for MoSe<sub>2</sub> crystal formation (i.e., Si–P domains) restricts the nucleation and growth of these crystals, resulting in narrower ribbons. We have previously observed that lower partial pressures of PH<sub>3</sub> introduced during the surface treatment step resulted in the growth of narrower nanoribbons.<sup>11</sup> Finally, we note that an increased incidence of V-shaped or Y-shaped MoSe<sub>2</sub> crystals at lower H<sub>2</sub> partial pressures (i.e., 4 Torr) is consistent with the aforementioned multi-site nucleation (Figure S2), which is more likely when the effective Si–P domain size is increased due to reduced action of H<sub>2</sub>. Taken together, these observations suggest that the influence of phosphorous on the surface is at least partially mediated by hydrogen adsorbed on nearby silicon atoms.

Having established the role of H<sub>2</sub> in the width-controlled growth of MoSe<sub>2</sub> nanoribbons, we assessed their photoemission properties. For these studies, we collected far-field



Raman and PL spectra from samples, both on an Si-P<sub>x</sub> surface, of 2D MoSe<sub>2</sub> crystals and of MoSe<sub>2</sub> nanoribbons with an average width of ~400 nm. Raman spectra of the 2D MoSe<sub>2</sub> crystals and the MoSe<sub>2</sub> nanoribbons identify a peak at 240 cm<sup>-1</sup> (Figure 4a). Based on previous studies, this peak can be



**Figure 4.** Optical properties of MoSe<sub>2</sub> nanoribbons compared to 2D MoSe<sub>2</sub> crystals. (a) Raman spectra of a nanoribbon (top, blue) and 2D (bottom, red) MoSe<sub>2</sub> crystals. (b) PL spectra of a nanoribbon (top, blue) and 2D (bottom, red) MoSe<sub>2</sub> crystals. Both the nanoribbon and 2D crystals were measured on an Si-P<sub>x</sub> surface.

assigned to the A<sub>1g</sub> mode of monolayer MoSe<sub>2</sub>.<sup>30,38–41</sup> PL spectra of the two samples reveal that the nanoribbon emission peak at 1.54 eV is blue-shifted relative to the emission peak of 2D MoSe<sub>2</sub> at 1.48 eV, where the latter is consistent with emission from the neutral exciton of MoSe<sub>2</sub> (Figure 4b).<sup>40–43</sup> The 60 meV blue-shifted PL exhibited by the MoSe<sub>2</sub> nanoribbons here is consistent with the 50 meV blue-shifted PL reported for MoS<sub>2</sub> nanoribbons (relative to 2D MoS<sub>2</sub>) and may likewise be ascribed to their reduced dimensionality.<sup>11</sup> Additional PL measurements taken from different crystals at a different substrate location evince similar shifts in emission profiles between MoSe<sub>2</sub> nanoribbons and 2D flakes (Figure S8). While the MoSe<sub>2</sub> nanoribbons may proceed through similar pathways of optical emission as previously reported in MoS<sub>2</sub> nanoribbons, the exact origin of the consistently blue-shifted PL in dimensionally restricted TMDs is under investigation.

## CONCLUSIONS

We demonstrate the controlled synthesis of MoSe<sub>2</sub> nanoribbons on a phosphine-treated designer surface. We also show that the nanoribbon widths can be tuned between 175 and almost 500 nm through the adjustment of the H<sub>2</sub> partial pressure in the carrier gas stream. We propose that hydrogen adsorbs on Si-P dimers that serve as preferential nucleation sites for nanoribbon growth, thereby tuning the crystal width. Finally, we show that the nanoribbons exhibit an anomalous PL blue shift of a similar magnitude to that observed in previously reported MoS<sub>2</sub> nanoribbons. This work not only expands the concept of substrate-directed growth of nanoribbons to the selenide family of TMDs but also lays the foundation for preparation of complex low-dimensional TMD heterostructures of relevance to quantum information studies and all-optical information processing.

## METHODS

**Synthesis of MoSe<sub>2</sub> Nanoribbons.** We utilize a gas phase synthesis method, which has been described in our previous work.<sup>11</sup> In this method, H-terminated Si(001) surfaces, prepared by fully etching SiO<sub>2</sub> on Si(001) substrates in hydrogen fluoride, are treated

with phosphine gas (Air Liquide, 20% PH<sub>3</sub> in He) at a total reactor pressure of 40 Torr ( $P_{\text{PH}_3}$  = 8 Torr) and temperature of 150 °C. The CVD reactor was heated to 150 °C at a rate of 12.5 °C/min and then allowed to remain at 150 °C for 60 min. The PH<sub>3</sub> flow was set to 10 sccm and the reactor pressure held at 40 Torr for the duration of the heating ramp and hold time. After 60 min, the surface treatment reaction was stopped by shutting off the flow of PH<sub>3</sub> gas and introducing N<sub>2</sub> to cool the reactor to 100 °C. At 100 °C, the treated substrate was removed and placed face down on a ceramic boat containing 10 mg of MoO<sub>3</sub> powder. This boat and substrate were then placed in the central zone (of three total isolable heating zones) of the CVD reactor tube. Approximately 140 mg of Se powder was loaded in a separate ceramic boat, and this boat was then placed in the upstream zone of the CVD reactor. Once loaded, the system was evacuated to a base pressure of  $1 \times 10^{-5}$  Torr. The system was then pressurized to 40 Torr with a gas stream consisting of an 8 sccm flow rate of N<sub>2</sub> and varying flow rates of H<sub>2</sub> gas to realize the partial pressures noted in the paper. Once the reactor reached a pressure of 40 Torr, the CVD reactor tube was heated up to 550–700 °C over the course of 8 min. This reactor was held at this temperature for 10 min and thereafter allowed to cool to 500 °C while maintaining the gas flows and pressure. After reaching a temperature of 500 °C, the reactor was evacuated to the base pressure and then cooled under a 200 sccm stream of N<sub>2</sub>.

**Raman and PL Spectroscopy.** Raman and PL spectra were measured in a confocal microscope system equipped with a HORIBA Jobin Yvon T46000 spectrometer and a liquid N<sub>2</sub>-cooled charge-coupled device detector. Crystals were excited with an Ar<sup>+</sup>/Kr<sup>+</sup> laser at 514 nm. This laser output was focused through a 100 $\times$  objective (Olympus) to a ~1  $\mu$ m spot size. The laser power was 1 mW.

**Scanning Electron Microscopy.** High-resolution SEM images were obtained using a Tescan Mira3 GMU scanning electron microscope at an acceleration voltage of 5 or 10 kV. MATLAB (R2020) was used to extract quantitative values of the yield, dimensions, and aspect ratio of nanoribbons from SEM images. Crystals were classified as nanoribbons if they fulfilled the following criteria: (1) the crystal exhibits a single longitudinal axis (i.e., no “V”- or “Y”-shaped crystals arising from the growth from more than one facet of the nucleosome) and (2) the crystal exhibits no significant deviations from its width (i.e., no branches, triangular outgrowths, etc.). The one exception to criterion 2 is that monotonically tapered nanoribbons were included as these morphologies were the dominant class at  $P_{\text{H}_2}$  = 20 Torr.

**Atomic Force Microscopy.** AFM images were taken using an Asylum MFP-3D in tapping mode with silicon tips. Scans were taken with a resolution of 512  $\times$  512 pixels and a scan speed of less than 0.5 Hz. Scan images were then processed in Gwyddion with a masking of outliers and polynomial background subtraction. Line-scans to assess nanoribbon heights were then taken across the width of a nanoribbon with averaging over four adjacent scans.<sup>48</sup>

**Computational Methods.** To predict the equilibrium structures of the Si-P<sub>x</sub> surfaces, we created a cluster expansion<sup>35</sup> trained by density functional theory (DFT)<sup>45</sup> calculations and then performed grand canonical Monte Carlo<sup>37</sup> simulations. In the cluster expansion, we assume that each site can be occupied by either a Si atom, a P atom, or a vacancy (only in the outmost layer) based on the (1  $\times$  2) dimer-reconstructed Si(001) surface.<sup>44</sup> We fit the cluster expansion using the Bayesian method.<sup>36</sup> DFT calculations were performed using the Vienna Ab initio Simulation Package<sup>46</sup> with the revised Perdew–Burke–Ernzerhof<sup>47</sup> exchange–correlation functional. The Brillouin zone was sampled using generalized Monkhorst–Pack grids generated by the *k*-point grid server<sup>49</sup> with a minimum distance of 20 Å between real-space lattice points. Monte Carlo simulations<sup>37</sup> were run from a high temperature (1300 °C) and then decreased in steps by a factor of 4<sup>0.05</sup> until reaching the experimental temperature of 150 °C. The number of Monte Carlo iterations, at each temperature, was 1,440,000 in a 24  $\times$  12 supercell. We used the same computational methods as in our previous work,<sup>11</sup> in which additional details are provided.

## ■ ASSOCIATED CONTENT

### ■ Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsanm.2c02477>.

SEM images of nanoribbons prepared at various  $H_2$  partial pressures, measured crystal dimensions, AFM maps of the growth substrate, additional Raman and PL data, and calculations of the H adsorption and coverage on Si–Si and Si–P dimers (PDF)

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### Author Contributions

E.C.S. and T.J.K. conceived and designed the study. E.C.S. performed the syntheses and carried out characterization with assistance from T.C., R.D.-G., O. A., and T.J.K. Computational work was designed by T.M. and carried out by C.L. with assistance from T.M. All authors contributed to the analysis of results. E.C.S. and T.J.K. wrote the manuscript with input from all co-authors.

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## Notes

The authors declare no competing financial interest.

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