

1 **The Tropical Diurnal Cycle Under Varying States of the Monsoonal**
2 **Background Wind**

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6 ABSTRACT: The impact of the environmental background wind on the diurnal cycle near tropical
7 islands is examined in observations and an idealized model. Luzon Island in the northern Philip-
8 pines is used as an observational test case. Composite diurnal cycles of CMORPH precipitation are
9 constructed based on an index derived from the first empirical orthogonal function (EOF) of ERA5
10 zonal wind profiles. A strong precipitation diurnal cycle and pronounced offshore propagation
11 in the leeward direction tends to occur on days with a weak, offshore prevailing wind. Strong
12 background winds, particularly in the onshore direction, are associated with a suppressed diurnal
13 cycle. Idealized high resolution 2-D Cloud Model 1 (CM1) simulations test the dependence of
14 the diurnal cycle on environmental wind speed and direction by nudging the model base-state
15 toward composite profiles derived from the reanalysis zonal wind index. These simulations can
16 qualitatively replicate the observed development, strength, and offshore propagation of diurnally
17 generated convection under varying wind regimes. Under strong background winds, the land-sea
18 contrast is reduced, which leads to a substantial reduction in the strength of the sea-breeze cir-
19 culation and precipitation diurnal cycle. Weak offshore prevailing winds favor a strong diurnal
20 cycle and offshore leeward propagation, with the direction of propagation highly sensitive to the
21 background wind in the lower free troposphere. Offshore propagation speed appears consistent
22 with density current theory rather than a direct coupling to a single gravity wave mode, though
23 several gravity wave modes apparent in the model likely contribute to a destabilization of the
24 offshore environment.

25 **1. Introduction**

26 Variability in the diurnal cycle can be a critical factor in determining total precipitation on the
27 islands and in coastal waters of the Maritime Continent (MC; Biasutti et al. 2012; Bergemann et al.
28 2015; Zhu et al. 2017). The warm sea surface temperatures (SSTs), numerous islands of varying
29 size, and complex topography make understanding the abundant precipitation in this region a
30 challenging problem with global ramifications (Ramage 1968; Neale and Slingo 2003). The
31 diurnal cycle is also critical for the development of extreme rainfall and the high mean-state rainfall
32 found in coastal oceans (Ruppert and Chen 2020). While the diurnal cycle has been extensively
33 studied, uncertainty remains regarding its variability and response to large-scale controls.

34 The canonical diurnal cycle behavior over MC islands develops from convergence associated
35 with the sea-breeze or mountain-breeze in the late morning, typically contributing maximum
36 precipitation rates in the late afternoon and evening hours (Dai 2001; Kikuchi and Wang 2008).
37 Frequently, convection will then propagate offshore during the overnight hours, leading to an
38 overnight or morning maximum in precipitation rates over coastal oceanic regions (Yang and Slingo
39 2001; Mori et al. 2004; Sakurai et al. 2005; Natoli and Maloney 2019). Offshore propagation has
40 been attributed to convergence associated with the land-breeze (e.g. Houze et al. 1981; Ho et al.
41 2008; Fujita et al. 2011), advection by the mean wind (e.g. Ichikawa and Yasunari 2006, 2008;
42 Yanase et al. 2017), and destabilization of the offshore environment by low-level ascent initiated
43 by gravity waves (e.g. Mapes et al. 2003; Love et al. 2011; Hassim et al. 2016; Yokoi et al. 2017).
44 Diurnal cycle behavior and the tendency for offshore propagation varies widely from one day to the
45 next, motivating continued research. The MC region is also influenced by numerous large-scale
46 modes of variability from features on global, inter-annual time scales like the El Niño Southern
47 Oscillation (ENSO; Rauniyar and Walsh 2013) or Indian Ocean Dipole (IOD; ? to equatorial
48 waves on synoptic scales (Ferrett et al. 2019). Any of these can significantly affect the diurnal
49 cycle and local precipitation (Sakaeda et al. 2020; Natoli and Maloney 2021).

50 The Madden-Julian Oscillation (MJO; Madden and Julian 1971, 1972) impact on the diurnal
51 cycle has been one of the more widely studied relationships, in part because of the potential for
52 the diurnal cycle to feed back onto MJO propagation across the MC (Oh et al. 2013; Peatman
53 et al. 2014; Hagos et al. 2016). The MJO is an eastward-propagating area of enhanced convection
54 in the tropical warm pool with a time-scale of 30-90 days. The active phase is characterized by

strong westerly winds and abundant free-tropospheric moisture, while the suppressed phase exhibits easterly winds, a dry free-troposphere, and sunnier skies (Madden and Julian 1994; Maloney and Hartmann 1998; Riley et al. 2011). During boreal summer (June-September, JJAS), convection on this timescale tends to propagate northward into the Asian and West Pacific summer monsoon regions, and influence the onset of the monsoon in addition to producing active and break periods in the heart of the season (Wang and Xu 1997; Annamalai and Slingo 2001). This mode is often referred to as the boreal summer intraseasonal oscillation (BSISO).

While oceanic precipitation generally follows the enhanced moisture of the MJO active phase, several studies have shown a relative minimum in the amplitude of the diurnal cycle and in total precipitation over land masses during the active phase of the MJO (Sui and Lau 1992; Rauniyar and Walsh 2011; Oh et al. 2012). Such a signal has also been observed for regions impacted by the BSISO (e.g. Chen and Takahashi 1995; Ho et al. 2008; Xu and Rutledge 2018), although a weaker diurnal cycle is still present over land during the active phase (Chudler et al. 2020). Taking a more precise view, Peatman et al. (2014) demonstrated a peak in the amplitude of the diurnal cycle in the transition from suppressed to active MJO state for several MC islands using satellite observations. Vincent and Lane (2017) identified a double-peak in the diurnal cycle amplitude as a function of MJO phase in a WRF simulation, with a secondary peak at the end of the MJO active state, but noted this was less significant in observations.

The mechanisms involved in the MJO modulation of the diurnal cycle remain uncertain. Many of the above studies have attributed the enhanced diurnal cycle during the suppressed phase to the reduced cloudiness, which leads to a stronger thermal differential between the land and sea during daytime, and thus a stronger sea-breeze and stronger diurnal precipitation. This, however, would not explain the specific preference for a diurnal cycle peak near the end of the MJO suppressed period. Peatman et al. (2014) speculated that frictional moisture convergence associated with the Kelvin wave east of enhanced MJO convection (Gill 1980) can explain this difference. Equatorial wave dynamics fall short of explaining why the strongest diurnal cycle occurs during the transition to BSISO active conditions in the northern Philippines, much further from the equator (Natoli and Maloney 2019). In studies of the larger MC and South China Sea (SCS) region, Lu et al. (2019) and Chen et al. (2019) found moisture convergence to be an important factor, but attributed it to convergence of MJO-scale moisture by the local land-sea breeze circulation. Others have

also pointed to moisture availability as a primary control on the diurnal cycle (e.g. Vincent and Lane 2017). Natoli and Maloney (2019) hypothesized using observations and reanalysis that a combination of moderate insolation, sufficient moisture, and weak low-level wind favors a strong diurnal cycle, consistent with Sakaeda et al. (2020) and a WRF simulation of a single MJO event by Vincent and Lane (2016). These environmental conditions tend to occur simultaneously during the transition from suppressed to enhanced intraseasonal convection (Natoli and Maloney 2019), and can also explain the preference for strong diurnal cycles in certain phases of other modes of convective variability like equatorial Rossby waves and the quasi-biweekly oscillation (Sakaeda et al. 2020; Natoli and Maloney 2021).

Near the Philippines, the low-level wind lags moisture in an MJO life-cycle by 1/8 to 1/4 cycle, and this could be a primary factor explaining why the diurnal cycle is enhanced during the suppressed-to-active transition, but not the reverse (Natoli and Maloney 2019, 2021). Since MJO moisture leads the westerly wind burst (e.g. Maloney and Hartmann 1998), the suppressed-to-active transition exhibits sufficient moisture, but weak easterly winds, while the reverse has similar moisture and insolation anomalies, but strong westerly winds (Natoli and Maloney 2019). Shige et al. (2017) showed that periods of strong environmental flow induced heavy total precipitation, but a small diurnal amplitude in India and Myanmar, while the opposite was observed during weak flow. They argued that strong winds can prevent the buildup of a thermal differential between land and sea, and thus weaken the sea-breeze and convection forced by it. Short et al. (2019) used satellite wind measurements over ocean to identify a correlation between a stronger offshore wind component (or weaker onshore wind component) and the amplitude of the diurnal perturbation in wind. An idealized modeling study of a small tropical island by Wang and Sobel (2017) found that the maximum precipitation rates associated with the diurnal cycle occurred with no background wind. Increasing the background wind resulted in more mechanically forced precipitation, but a reduction in the strength of the diurnal cycle.

The background wind has also been shown to influence where on an individual island precipitation forms. For example, while exploring the variability of local precipitation related to the MJO, Qian (2020) noted a tendency for wet anomalies in both the diurnal cycle and daily mean precipitation to occur on the leeward side of large MC islands and mountain ranges. Virts et al. (2013) found that lightning activity is also enhanced on the leeward side of topography, indicative of strong

115 convection. Recently, Riley Dellaripa et al. (2020) examined the diurnal cycle over the Philippines
116 through a high-resolution simulation of a 2016 BSISO event and found that the active phase,
117 associated with strong westerly winds, shifted precipitation to the east (leeward) side of Luzon
118 when topography was removed.

119 Other studies have examined the influence of the background wind on offshore propagation of
120 diurnally generated convection. Convection that initiates in the afternoon has been observed to
121 propagate offshore in the same direction as the mean lower-tropospheric wind during the evening
122 and overnight hours (Mori et al. 2004; Sakurai et al. 2005; Ichikawa and Yasunari 2006; Yanase
123 et al. 2017; Ruppert and Zhang 2019). Recent field data from the Years of the Maritime Continent
124 (YMC) campaign west of Sumatra Island has also addressed this issue. Examining data from the
125 November-December 2015 pre-YMC campaign, Wu et al. (2017) indicated that a strong, westward-
126 propagating diurnal cycle was observed consistently during low-level easterlies prior to the onset
127 of an MJO westerly wind burst. After the onset of the strong westerlies, the amplitude of the
128 diurnal cycle was reduced and offshore propagation to the west ceased. Yokoi et al. (2019) reached
129 interesting conclusions by comparing the December 2017 field data to the pre-YMC campaign.
130 They noted that during the 2017 campaign, offshore propagation of diurnally generated convection
131 was only observed on about half of the days, while it was nearly ubiquitous in 2015. They
132 noted that the presence of a strong El Niño event in 2015 favored consistent easterly (offshore)
133 wind anomalies, while the La Niña background in 2017 led to much more frequent westerly
134 (onshore) winds. Additionally, they noted that the cooling in the lower free-troposphere attributed
135 to convectively generated gravity wave propagation on diurnal timescales (e.g. Love et al. 2011;
136 Hassim et al. 2016; Yokoi et al. 2017) was present on most days, regardless of whether convection
137 propagated offshore. They concluded that gravity wave destabilization of the offshore environment
138 may not be a sufficient condition for offshore propagation, and instead highlighted an important
139 role for the low-level background wind.

140 This study aims to isolate the impact of the background wind on the diurnal cycle of precipitation
141 over large tropical islands in observations and an idealized model. The goal of this manuscript
142 is to demonstrate that much of the variability in the diurnal cycle of precipitation over a tropical
143 island, from its strength to the direction and consistency of offshore propagation, can be inferred
144 from the large-scale background wind on a given day. We consider the background wind to be

any wind variability on timescales longer than the diurnal cycle. The idealized simulations here are inspired by previous results focusing on Luzon Island during boreal summer (e.g. Natoli and Maloney 2019, 2021), but the conclusions are not meant to be exclusive to this island. Our results are also designed to be agnostic to the reasons for variability in the background wind, but we anticipate the conclusions of this study will facilitate a better understanding of the relationship between large-scale modes such as the MJO and the diurnal cycle. We will show that much of the variability in the diurnal cycle can be attributed to variability in the environmental background wind. In the next section, a summary of the observational datasets and methods used will be described, followed by a description of the idealized model used to test the diurnal cycle under varying background wind conditions. Section 3 includes a discussion of observational results in which composites of the diurnal cycle near Luzon island in the Philippines are created based on the background wind profile. Section 4 describes the model simulations forced with the background wind profiles described in Section 3, examining variability in land-sea-breeze strength and offshore propagation. Additionally, a series of sensitivity experiments that aim to improve understanding of the primary factors determining propagation direction are explored. Lastly, a summary of the main conclusions of this study is given in Section 5.

2. Data and Methods

a. Observations

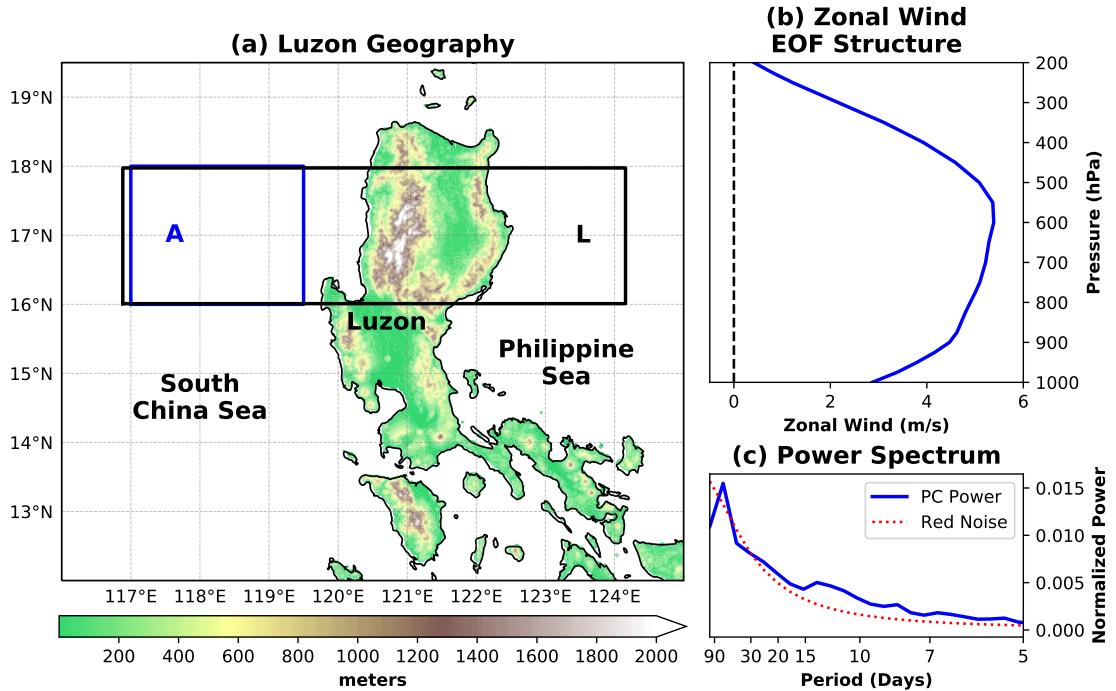
Satellite observations and reanalysis are used for the period June-September (JJAS) 1998-2020 in this study to examine the diurnal cycle as a function of the background wind, as well as set up and verify our model experiments. Vertical profiles of wind, temperature, geopotential height, and moisture on 27 pressure levels ranging from 1000-hPa to 100-hPa from the 5th Generation Reanalysis by the European Centre for Medium-Range Weather Forecasting (ERA5) are employed at 0.25° spatial resolution and hourly temporal resolution (Copernicus Climate Change Service (C3S) 2017; Hersbach et al. 2020). ERA5 single-level fields of mean sea level pressure (MSLP) and 2-m temperature (T2m) are also used at the same resolution. Satellite-derived precipitation estimates come from version 1.0 of the bias-corrected Climate Prediction Center Morphing Technique (CMORPH; Joyce et al. 2004; Xie et al. 2017). CMORPH data is examined at 8-km by 8-km spatial resolution and 30-minute temporal resolution. Tropical cyclone (TC) track data

174 from IBTrACS (Knapp et al. 2018, 2010) also provide context on the TC impact frequency in the
175 observational results. Lastly, topography data from NOAA ETOPO2 (National Geophysical Data
176 Center 2006) is included as a reference for the local geography.

177 *b. Binning Method*

178 In order to stratify the period of record by vertical wind profile, a localized index is created to
179 best represent flow on the west side of Luzon Island in the northern Philippines. Vertical profiles
180 of zonal wind are averaged across all hours of the day, and spatially inside box A (Figure 1a) to
181 create a single profile per day. Results are qualitatively insensitive to changes in the size of the
182 box (up to covering the entire Philippines). Only ocean points were included to avoid capturing
183 interference from the high topography of Luzon. The choice to place the box on the west side was
184 guided by the preference for westward propagation of diurnally generated convection in this region
185 during JJAS (Ho et al. 2008; Natoli and Maloney 2019; Lee et al. 2021; Xu et al. 2021).

191 Next, the first EOF of the vertical profile of daily averaged zonal wind was calculated for the
192 study period (JJAS, 1998-2020) from 1000-hPa to 200-hPa. The purpose of this EOF analysis is to
193 simply and cleanly classify days according to the sign and magnitude of the zonal wind throughout
194 the column. Data was first spatially averaged and then standardized about the JJAS mean and
195 standard deviation for each vertical level. While there is some seasonality within the JJAS season,
196 the full JJAS period is considered to be within the westerly monsoon season and thus the effects
197 of the seasonal cycle are minor. On average, the monsoon in the Philippines begins in mid-May
198 and lasts until late-September (Matsumoto et al. 2020). The structure of the first EOF, which
199 explains 73.7% of the variance, is shown in Figure 1b retained in physical units by projecting the
200 unprocessed data onto the standardized principal component (PC) time series. Fig. 1b is scaled
201 according to one standard deviation of the PC. The primary mode of variability is characterized by
202 deep westerly (or easterly, since the sign is arbitrary) flow that maximizes in the mid-troposphere,
203 but with similar amplitude to 900 hPa. This structure and its corresponding PC time series is
204 then used as a proxy for daily mean flow impinging on Luzon. While this is not the main subject
205 of this study, the power spectrum for the PC is shown in Fig. 1c. Peaks above a theoretical red
206 noise power spectrum with the same autocorrelation as the PC (Gilman et al. 1963) are apparent at
207 roughly the Madden-Julian Oscillation timescale (e.g. 30-90 days), the quasi-biweekly oscillation



186 FIG. 1. (a) NOAA ETOPO2 Topography (in meters) over the northern Philippines, with boxes of spatial
 187 averaging and important geographic features noted. (b) Structure of the first EOF of ERA5 zonal wind averaged
 188 in JJAS 1979-2020 inside Box A of (a), in m/s, by pressure level (hPa). (c) Normalized power spectrum of
 189 the principal component (PC) time series corresponding to the EOF in (b) in blue, with a theoretical red noise
 190 spectrum based on a time series with the same autocorrelation as the PC time series shown in dotted red.

208 timescale (e.g. 10-15 days), and the synoptic timescale (e.g. less than 10 days), although none
 209 are statistically significant according to an F test at the 95% confidence level. However, this does
 210 highlight some variability in this index that may be modulated by various large-scale drivers.

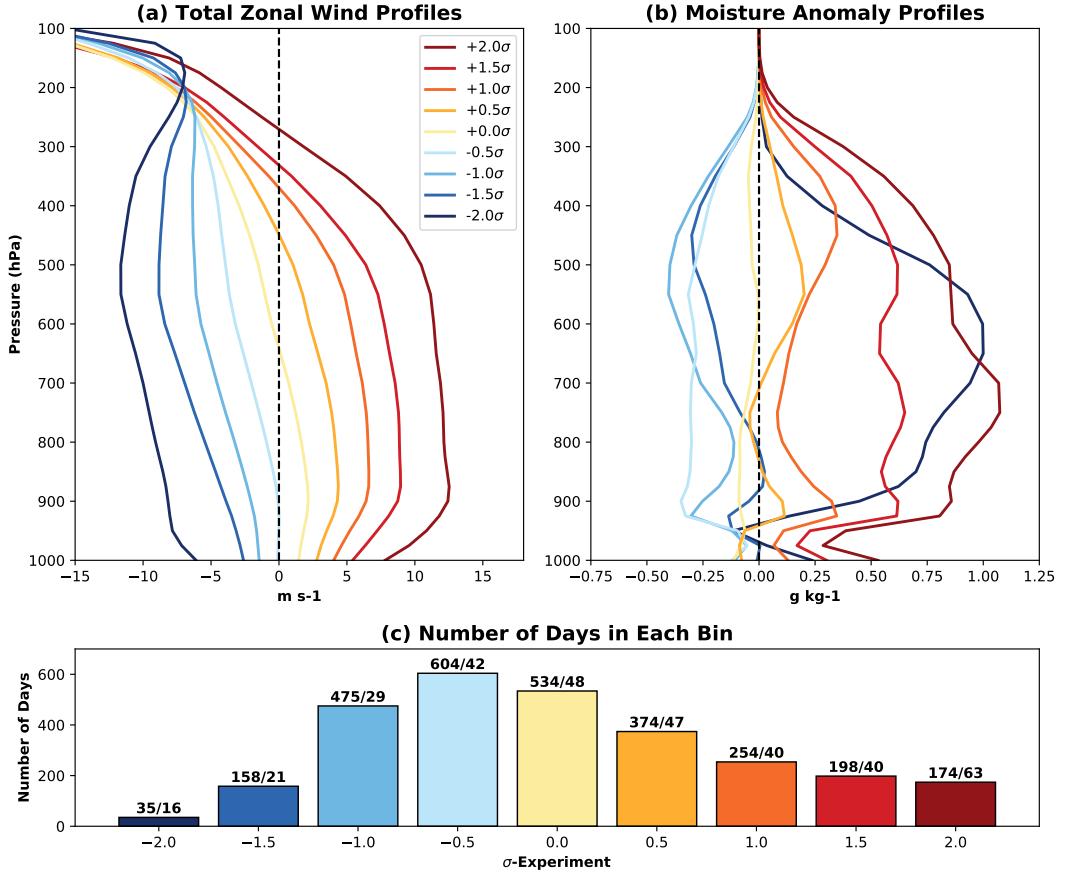
211 Observational data is then binned by the Luzon zonal wind EOF index. Nine bins are selected,
 212 centered at 0.0σ , $\pm 0.5\sigma$, $\pm 1.0\sigma$, $\pm 1.5\sigma$, and $\pm 2.0\sigma$, where σ indicates the value of the PC time
 213 series on a given day. Each bin includes days with PC values within $\pm 0.25\sigma$ of the midpoint
 214 stated above, and are inclusive on the top end. The $\pm 2.0\sigma$ bins include days with PC values from
 215 $\pm 1.75\sigma$ to the minimum of -3.58σ or maximum of 3.92σ . ERA5 profiles of zonal wind, specific
 216 humidity, geopotential height, and temperature as well as the single-level values of MSLP and T2m
 217 are composited based on these bins. Additionally, a composite diurnal cycle of CMORPH data is

generated for each of the nine bins, by averaging precipitation rates at the same times of day for all days in the bin. The number of days in each bin is indicated in Figure 2c, with the number of days in which a tropical cyclone (TC) center was located near Luzon (defined as inside 10-22°N and 115-127°E) also indicated. While the $\pm 2.0\sigma$ bins were excluded from the observational analysis due to heavy TC influence, the TC days are still retained in the other bins. Removing them was tested and found not to qualitatively change the results.

232 c. CM1 Setup

Idealized experiments using version 20.2 of Cloud Model 1 (CM1; Bryan and Fritsch 2002) are performed to examine the sensitivity of the tropical diurnal cycle to the monsoonal background flow. One goal of this study is to realistically simulate aspects of the diurnal cycle in an idealized framework, which led to the decision to use CM1. This model has a fairly low computational cost and lends itself well to numerous sensitivity tests, some of which will be discussed in this manuscript, with work ongoing to analyze several others. The model is run in two-dimensions, with an 800-km domain in the x-direction at 1-km grid spacing, and a stretched vertical grid that begins at 50-m resolution in the boundary layer and increases to 1150-m at the domain top, which is at 20-km. This high-resolution allows for non-parameterized convection. A 2D framework aims to further simplify our analysis. This is suitable for qualitative comparison between model runs concerning convective initiation and propagation, but may fall short on quantitative aspects compared to reality (Rotunno et al. 1988; Grant and van den Heever 2016; Wang and Sobel 2017). Two of the simulations were examined in 3D and the conclusions were found to be unchanged. Another sensitivity test examined a higher model top and again found little change.

The parameterizations used include the Morrison double-moment microphysics scheme (Bryan and Morrison 2012), the NASA-Goddard radiation scheme adapted from the Advanced Regional Prediction System model, a revised surface scheme from WRF based on Monin-Obukhov similarity theory (Jiménez et al. 2012), and the Yonsei University planetary boundary layer scheme (Hong et al. 2006). The boundary conditions are open radiative at the lateral boundaries (Durran and Klemp 1983), partial-slip at the bottom, and free-slip at the top. The inflow boundary is nudged to the base state with a time scale of 60 seconds. A Rayleigh damping layer is applied above 15-km with an e-folding timescale of 300 seconds. In addition, a large-scale nudging technique



224 FIG. 2. (a) Composite ERA5 zonal wind profiles (m/s) for all JJAS 1998-2020 days that fall in a certain bin
 225 of the PC time series of the EOF in Fig. 1b. Values are averaged inside Box A (Fig. 1a). Bins include 0.25σ
 226 on either side of the value noted. That is, $+0.5\sigma$ days include any day between 0.25 and 0.75σ . The minimum
 227 and maximum bins are unbounded. (b) Anomalous moisture profiles in g/kg for the same bins noted in (a). (c)
 228 The number of JJAS 1998-2020 days that fall into each bin is shown as bars, with this number noted on top. The
 229 second number after the slash indicates the number of days in which a tropical cyclone center was near Luzon
 230 (inside 10-22N, 115-127E). Color coding is based on zonal wind, with easterly low-level wind bins shown in
 231 blues, and westerly bins shown in reds.

255 is implemented to the zonal wind, potential temperature, and water vapor mixing ratio to improve
 256 conservation and maintenance of the background wind. This term is applied uniformly across the

257 domain at each time-step and vertical level, nudging the domain mean of each field back to the
258 base-state with a timescale of 3 hours. Other timescales were tested, and 3 hours seemed to strike
259 a good balance between maintaining base-state through the entire simulation, while also allowing
260 the model to evolve its own diurnal cycle.

261 To simulate the coastal diurnal cycle, a 200-km island is placed at the center of the domain. This
262 size is roughly the zonal extent of Luzon between 16-18°N. The model does not include topography,
263 which is motivated by the results of Riley Dellaripa et al. (2020), who showed relatively minor
264 differences in diurnal cycle behavior between runs with and without topography in their simulations
265 of a BSISO event near Luzon. We acknowledge that lack of topography may affect interpretation of
266 some of our results below, although we intend our results to be generalizable to a generic tropical
267 island in the warm pool and not only Luzon. The land surface is defined as using parameters
268 for a cropland/woodland mosaic land use, which again is representative of the lower elevations of
269 Luzon. The base-state comes from ERA5. Initial surface temperatures come from the average
270 SST inside Box A (Fig. 1a) for the ocean, and the average skin-temperature on land points below
271 400-m in elevation inside Box L. While the SST is fixed at the ERA5 mean value of 302.5K for all
272 simulations, the soil temperature over land evolves freely, but does not systematically stray from
273 its initial condition late in the simulation. This was the only SST value tested in this study, but
274 exploring the sensitivity of the diurnal cycle in CM1 to the SST would be an interesting avenue for
275 future research.

276 Initial surface conditions and the base-state sounding come from averages of the surface condi-
277 tions and profiles in each of the bins of the zonal wind EOF index described in the prior section.
278 This yields 9 different simulations, each with a different temperature, moisture, and wind profile
279 (the latter two are shown in Fig. 2a-b), and different surface conditions. No initial perturbations
280 are included, and the radiation is allowed to evolve the sea-breeze circulation and diurnal cycle
281 naturally. The model is run with a solar cycle corresponding to 17°N, and initialized at 05:00 local
282 time on 1 August (roughly the middle of the monsoon season for Luzon; Matsumoto et al. 2020).
283 Each simulation is 14-days in length in order to capture internal day-to-day variability for each
284 base state, and then diurnal composites are generated. Since the first day of the simulation was not
285 substantially different from the later days, the spin-up time was determined to be short and all 14
286 days are retained in the subsequent analysis. Output is saved every 15 minutes. An additional set

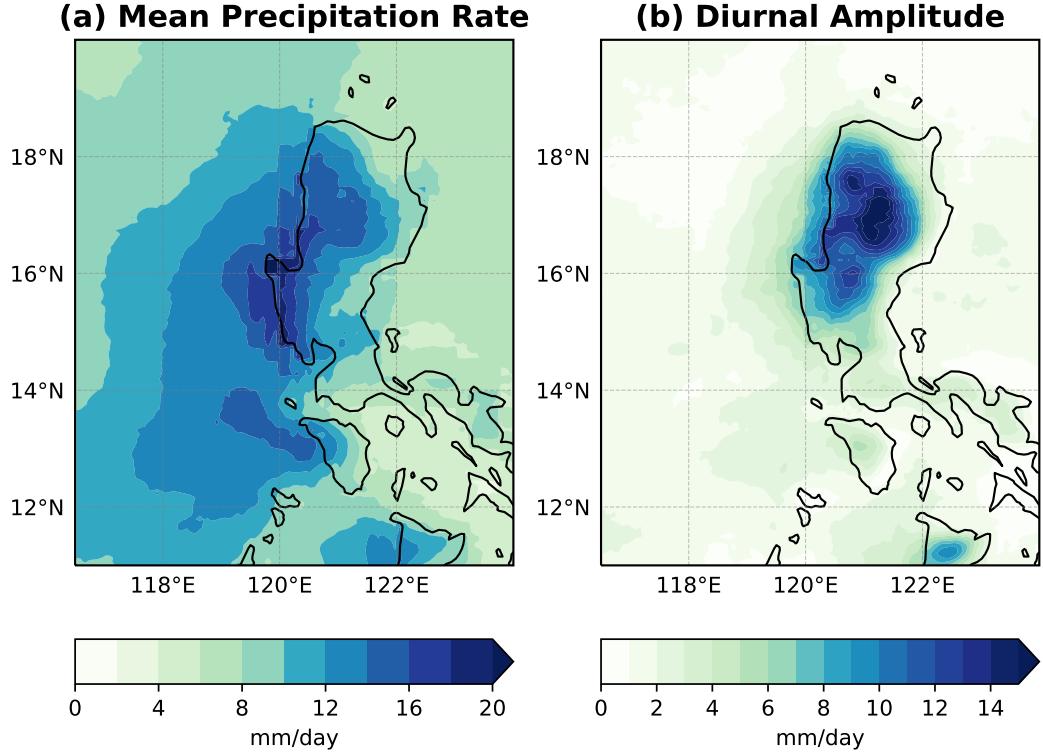
287 of 24 sensitivity tests was run for 7 days each with the same model configuration, with the goal
288 of elucidating controls on the direction and speed of nocturnal offshore propagation. A detailed
289 description of these experiments is left to Section 5, as presentation of the results from the main
290 set of experiments is necessary to understand the motivation behind each set.

291 **3. Observations**

292 *a. Daily Mean*

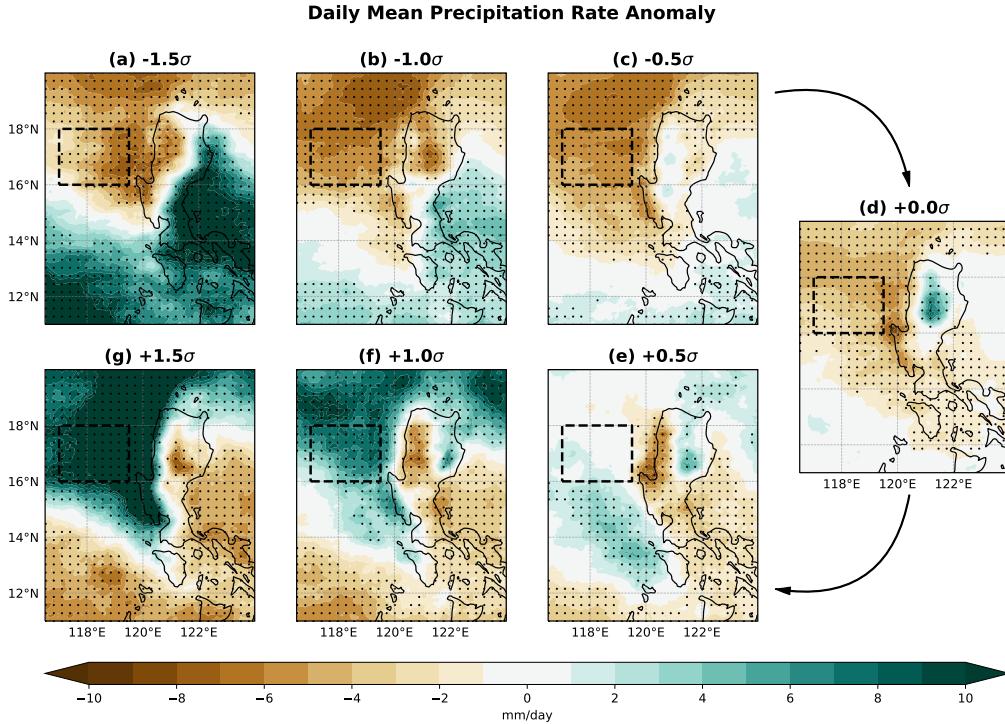
293 Composites of CMORPH precipitation data based on bins of the zonal wind EOF index described
294 above will be considered first to establish the importance of the background wind to the diurnal
295 cycle in the real atmosphere and compare to prior studies near Luzon (e.g. Natoli and Maloney
296 2019, 2021). These results will be referenced in Section 4 to demonstrate that several realistic
297 aspects of the diurnal cycle can be simulated in CM1. The average profiles in Box A (Fig. 1a) for
298 each bin are shown in Fig. 2a-b. The bins well-stratify zonal wind, and are slightly skewed towards
299 low level westerlies since the JJAS mean profile is westerly in the low levels (not shown). The
300 more westerly bins tend to be moister than the easterly bins, consistent with the general behavior
301 of monsoon season in the Philippines in which periods of moist, westerly monsoon activity are
302 interspersed with drier easterly trade winds (Park et al. 2011; Chudler et al. 2020). One exception
303 is the -2.0σ bin, which is from a very small sample of 35 days (Fig. 2c), nearly half of which had a
304 tropical cyclone storm center near Luzon. The significant tropical cyclone influence explains why
305 its corresponding humidity profile is much moister than average. Due to the small sample size,
306 this bin is excluded from the observational discussion below. The results from the $+2.0\sigma$ bin are
307 generally a more extreme depiction of the results from the $+1.5\sigma$ bin, and are also excluded from
308 the discussion below for the sake of brevity. Both bins are retained for the model experiments to
309 test more extreme conditions.

312 The CMORPH daily mean precipitation rate during JJAS is shown in Figure 3a, indicating
313 high precipitation rates in excess of 10 mm/day over much of Luzon and the coastal SCS. The
314 differences between the JJAS mean and the mean precipitation rate for each wind bin are shown
315 in Figure 4. Statistical significance at the 95% confidence is shown as dots. This was calculated
316 via a bootstrap method in which each composite was compared to the daily mean precipitation rate
317 from 1000 random composites with the same number of days as each bin shown in Fig. 2c. Days



310 FIG. 3. (a) Daily mean precipitation rate (mm/day) from CMORPH (JJAS, 1998-2020). (b) Amplitude
 311 (mm/day) of the first harmonic of the JJAS CMORPH precipitation rate composite diurnal cycle.

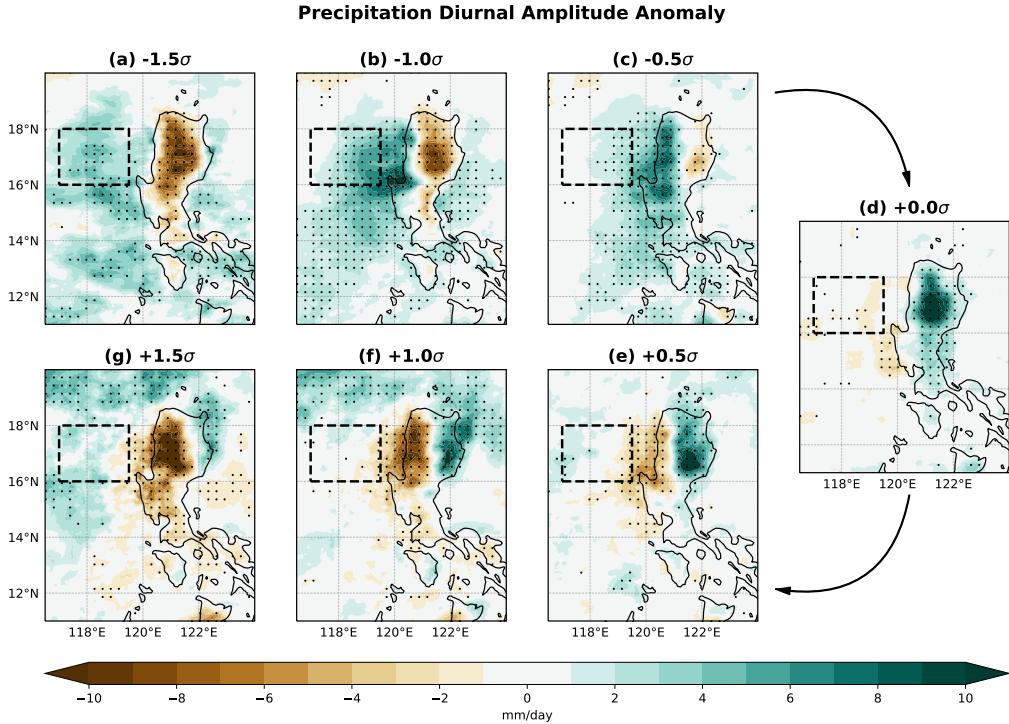
318 with stronger westerly winds (e.g. $+1.5$, $+1.0\sigma$) experience elevated precipitation over the SCS,
 319 windward of the highest topography of Luzon. Similarly, the strongest easterly bins tend to exhibit
 320 reduced precipitation on the west (leeward) side of the island, but enhanced precipitation on the
 321 east (windward) side. Some counter-intuitive features are apparent in the middle three bins. For
 322 example, there is elevated precipitation on the east side of Luzon in the $+0.5\sigma$ bin despite being on
 323 the leeward side of the island. As will be detailed in the next subsection, this may be explained by
 324 variability in the diurnal cycle that is enhanced on the leeward side of topography (Virts et al. 2013;
 325 Natoli and Maloney 2019, 2021; Qian 2020). This effect can be substantial enough to dominate
 326 the daily mean precipitation anomalies when the background wind is light.



327 FIG. 4. Daily mean precipitation anomaly (mm/day) from CMORPH (JJAS, 1998-2020) averaged by bins of
 328 zonal wind EOF index. Anomalies are from the average precipitation rate on all JJAS days. Increasing zonal
 329 wind rotates clockwise around the figure. The +/- 2σ bins are not shown due to heavy tropical cyclone influence.

330 *b. Diurnal Cycle*

331 Many important aspects of diurnal precipitation variability in Luzon can be captured by com-
 332 posing days according to the environmental wind alone. While the focus here is on the wind,
 333 ongoing research will attempt to address the relative importance of wind compared to other aspects
 334 of the environment that may co-vary with wind, such as moisture and insolation. In this study,
 335 the amplitude of the diurnal cycle is defined as the amplitude of the first harmonic of a composite
 336 diurnal cycle, as in Natoli and Maloney (2019). While there is some higher order variability, the
 337 first diurnal harmonic contributes about 60-90% of the intradiurnal variance over land and coastal
 338 waters as measured by the fit of the harmonic to the JJAS composite diurnal cycle. Thus, we
 339 will focus on this harmonic and ignore higher order modes for the purposes of this study. The
 340 diurnal amplitude of the JJAS composite diurnal cycle is shown in Figure 3b. Very high diurnal



351 FIG. 5. Anomaly in the diurnal cycle amplitude (defined by the first harmonic of the composite diurnal cycle)
 352 composed by bin of the zonal wind EOF index for JJAS 1998-2020. Anomalies are from the amplitude of the
 353 full JJAS composite diurnal cycle. Increasing zonal wind rotates clockwise around the figure. The $+\text{-}2\sigma$ bins
 354 are not shown due to heavy tropical cyclone influence.

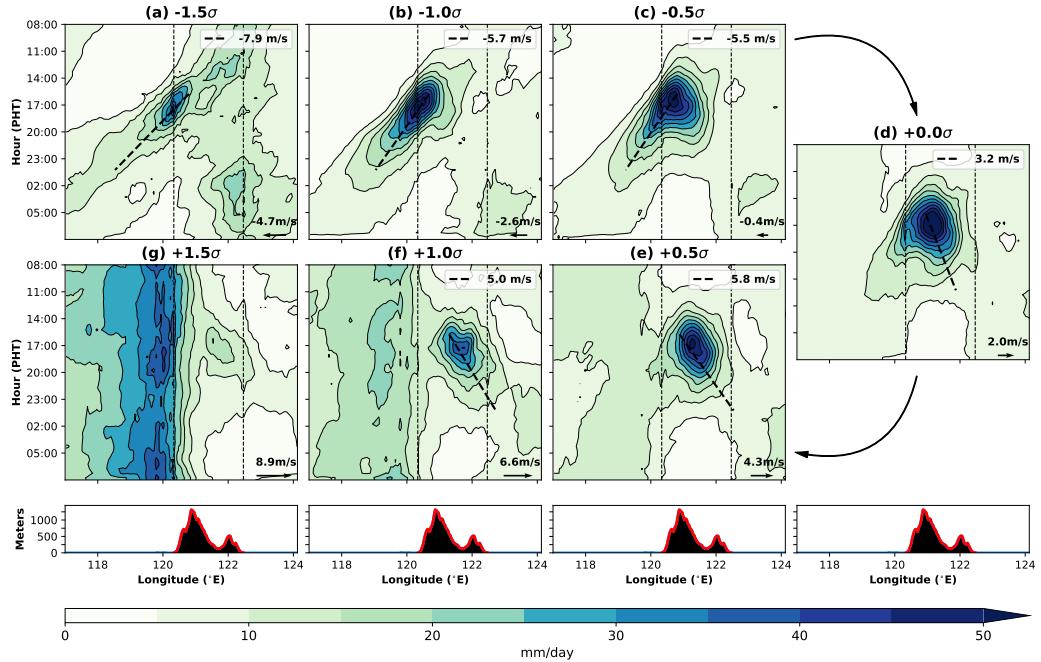
341 amplitudes, exceeding the daily mean precipitation rate, are found over most of Luzon. The diurnal
 342 amplitude decreases to the west of Luzon.

343 Figure 5 shows the difference between the diurnal amplitude in the composite of days in each
 344 environmental wind bin, and the diurnal amplitude in the composite of all JJAS days. Statistical
 345 significance at the 95% level is again shown after the amplitude of the bin composite diurnal
 346 cycle is compared to the amplitude of the composite diurnal cycle in the 1000 random composites
 347 made for each bin. Details on the mean state of the boreal summer precipitation patterns near
 348 Luzon can be found in Natoli and Maloney (2019). The anomalies in diurnal amplitude binned
 349 by environmental wind alone are generally stronger over portions of Luzon than was found to be
 350 associated with large-scale modes like the BSISO (e.g. Figure 6 of Natoli and Maloney 2019).

355 Over land, the diurnal cycle is generally strong when the low-level zonal wind is weak (e.g.
356 -0.5σ , 0.0σ , and $+0.5\sigma$ bins), and weak when the low-level wind is strong (e.g. -1.5σ and $+1.5\sigma$),
357 consistent with Shige et al. (2017). In addition, there is a noticeable preference for a strong diurnal
358 cycle in the lee of the island. For example, days in the -1.0σ and -0.5σ bins (which have low-level
359 easterly winds) tend to have a strong diurnal cycle on the west side of the island, and a weak diurnal
360 cycle on the east side. The opposite behavior is apparent in the $+1.0\sigma$ and $+0.5\sigma$ composites. This
361 is consistent with prior studies examining other MC islands with observations (e.g. Virts et al.
362 2013; Liang and Wang 2017; Qian 2020; Sakaeda et al. 2020). A clear shift is seen as westerly
363 wind increases, starting with a weak diurnal cycle across all of Luzon during strong easterlies (e.g.
364 -1.5σ), followed by a stronger diurnal cycle progressing across the island from west to east as weak
365 to moderate easterlies transition to weak to moderate westerlies (e.g. -1.0σ to $+1.0\sigma$), leading to
366 a strong suppression during strong westerlies (e.g. $+1.5\sigma$)

367 The offshore propagation of the diurnal cycle is also strongly associated with the vertical profile
368 of zonal wind. Figure 6 shows Hovmöller diagrams of the composite diurnal cycle for each bin,
369 latitudinally averaged from $16\text{--}18^\circ$ in Box L (Fig. 1). The black line superimposed estimates
370 the average propagation speed by finding a line of best fit between the longitudes of maximum
371 precipitation rate at each 30-minute time step between 16:00 and 01:00 local time.

381 Fig. 6 clearly shows that while westward propagation of convection is prominent during the
382 westerly monsoon season (e.g. Aves and Johnson 2008), this occurs largely on days in which
383 the wind is more easterly than average (e.g. -1.5σ , -1.0σ , and -0.5σ days). In fact, days with
384 near average or westerly zonal wind exhibit little westward propagation, but do display some
385 preference for eastward propagation. On strong easterly days (-1.5σ), a weak enhancement of
386 precipitation occurs on the western coastline in the late afternoon, that then propagates offshore
387 overnight. This behavior is more obvious on weak to moderate easterly days (-1.0 and -0.5σ),
388 where heavy precipitation forms over the high topography during the late afternoon, and then
389 migrates predominantly to the west during the evening and overnight, propagating at roughly 5-6
390 m/s. When the wind is near the JJAS mean (0.0σ), strong precipitation is observed closer to the
391 center of the island, with weak evening propagation in both directions. Observations in two field
392 campaigns near Sumatra indicated similar dependence of offshore diurnal propagation on the wind
393 profile normal to the coastline (Yokoi et al. 2017, 2019). While the timing is difficult to ascertain



372 FIG. 6. Hovmöller diagrams of CMORPH composite precipitation rate (mm/day) on days binned by zonal
 373 wind EOF index averaged across latitude inside Box L (Fig. 1a). Time starts at 08:00 local time in each panel,
 374 and increases downward. dashed lines are estimates for a line of best fit between 16:00 and 01:00 of the longitude
 375 with the maximum precipitation rate at each time. This calculation only includes longitudes on the side of the
 376 island (east or west) that contains the maximum precipitation rate at 16:00. The estimated speed of propagation
 377 following this line of best fit is noted in the legend for each panel. This is not shown for the $+1.5\sigma$ bin since
 378 little offshore propagation can be discerned. Increasing zonal wind rotates clockwise around the figure, with the
 379 composite 850-hPa zonal wind shown as a vector in each panel. The $+\/- 2\sigma$ bins are not shown due to heavy
 380 tropical cyclone influence.

394 from Fig. 6, closer analysis (not shown) indicates that the precipitation rate over land peaks about
 395 30 minutes to one hour earlier on easterly wind days compared to moderate westerly wind days.
 396 This difference is subtle, but consistent with prior studies showing an later precipitation peak in
 397 the presence of onshore wind (e.g. Zhong and Takle 1993; Chen et al. 2017).

398 The westward branch disappears in weak to moderate westerlies ($+0.5$ and $+1.0\sigma$). Precipitation
 399 develops over the east side of the highest topography (near the center of the island), and then

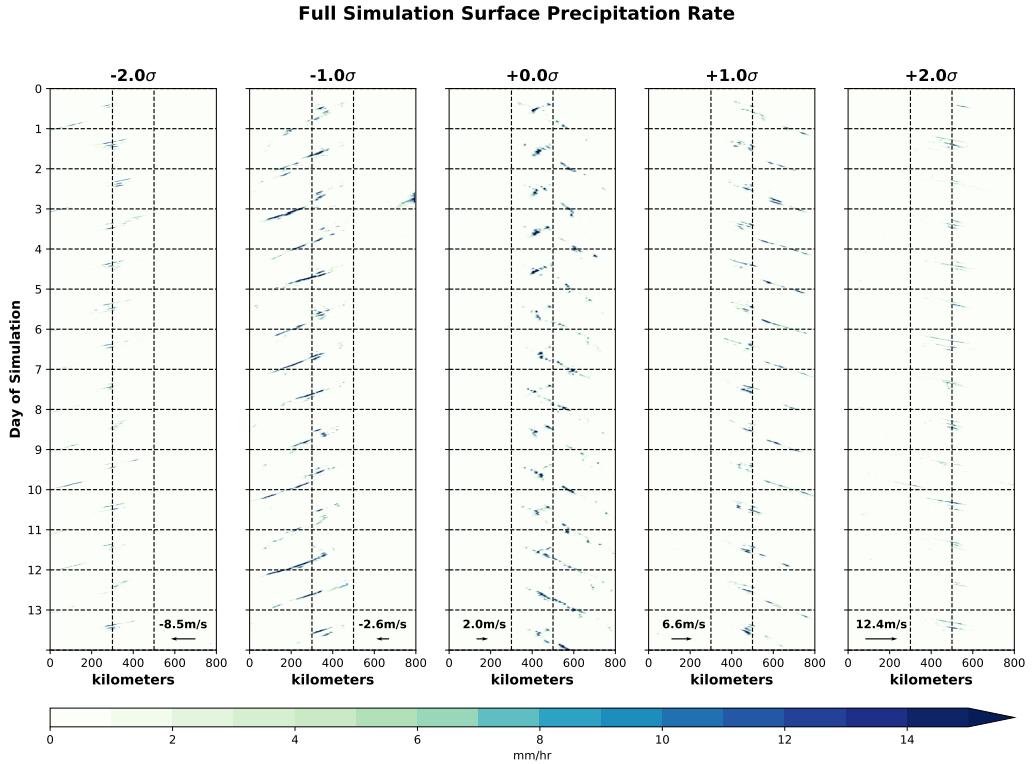
400 propagates to the east in the evening at roughly 5-6 m/s. However, convection moving to the east on
401 these days does not tend to last as long or propagate as far when compared to westward propagating
402 convection in the -1.0σ and -0.5σ bins. We speculate this may be due to the secondary mountain
403 range on the eastern coast interfering with land-breeze and cold pool propagation, but this is
404 beyond the scope of this study and could be a caveat of the modeling results below. During strong
405 westerlies ($+1.5\sigma$), little precipitation is observed over the central and eastern part of Luzon, but
406 very heavy rainfall is apparent over the SCS and western slope of the highest mountains throughout
407 the day. These results are consistent with Ho et al. (2008), who also examined the Philippines, and
408 an analysis of Sumatra island by Yanase et al. (2017). This behavior is also consistent with what
409 many prior studies have shown regarding the relationship between large-scale modes of variability
410 like the MJO (which impacts the wind profile) and the local diurnal cycle (e.g. Ichikawa and
411 Yasunari 2006, 2008; Vincent and Lane 2016; Wu et al. 2017; Natoli and Maloney 2021). These
412 observational results will be used as a benchmark against which to evaluate the successive model
413 experiments.

414 4. CM1 Experiments

415 The CM1 simulations will be described in detail in this section. First, the general behavior of
416 precipitation in each experiment will be discussed. Then in Section 4b, the sea-breeze circulation
417 will be explored in more detail in order to explain why the diurnal cycle is stronger in the weak
418 wind simulations. Section 4c will evaluate the extent to which gravity waves are important for
419 determining the existence and speed of offshore propagation. Lastly, this section will conclude
420 with a discussion of the sensitivity experiments that are designed to elucidate more information
421 about the controls on propagation direction in the model.

422 a. *Simulation Overview*

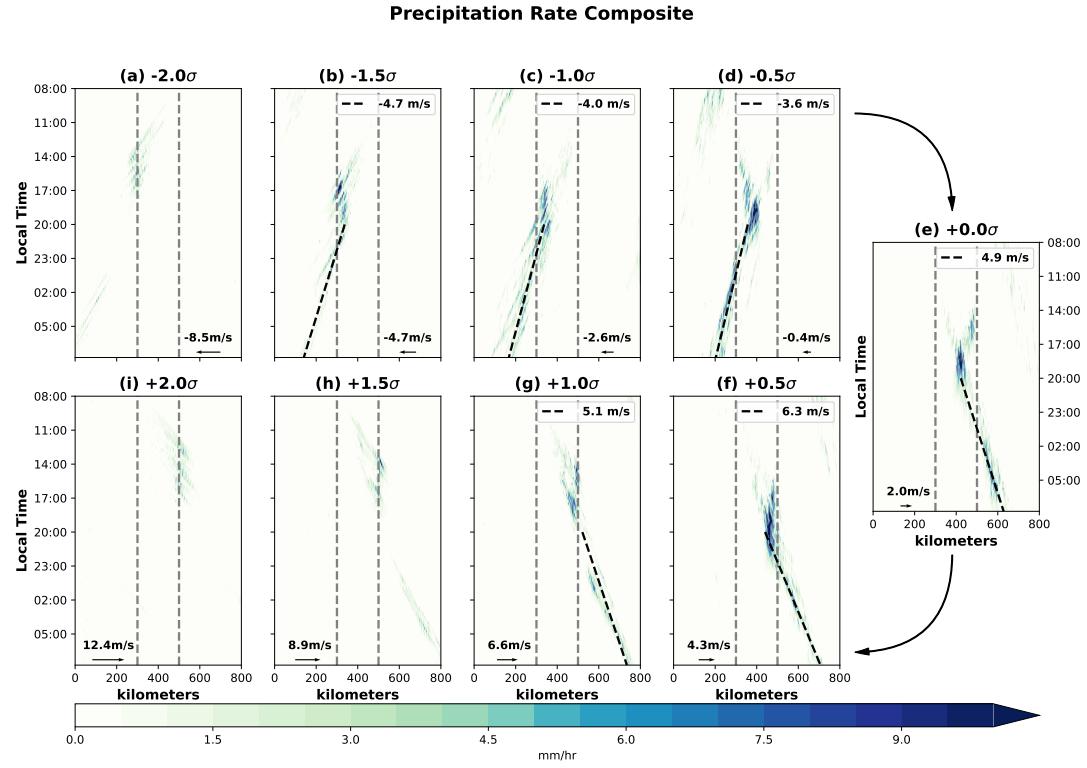
423 Figure 7 shows the modeled precipitation rate for the full 14-days of the CM1 simulations
424 (showing every other experiment for brevity). Precipitation develops nearly every day in all
425 simulations, and relatively consistent behavior is seen from one day to the next. Notably, convection
426 that develops over land (marked by the vertical dashed lines) propagates in the same direction
427 on every day in the same simulation. This justifies our use of a composite of all 14 days for



435 FIG. 7. Precipitation rate (mm/hr) for the full 14-day simulation of every other Cloud Model 1 (CM1)
 436 experiments. The x-axis in each is in km, with the coastlines marked as vertical dashed black lines. 05:00 on
 437 each day is noted as a horizontal dashed black line. The base-state 850-hPa zonal wind is shown as a labelled
 438 vector in each panel.

428 the remainder of this study, as some internal day-to-day variability in the diurnal cycle may be
 429 smoothed over, while highlighting signals present every day. Figure 8 shows the daily composite
 430 surface precipitation rate, found by averaging across all 14-days for every time step (i.e. 96 time
 431 steps at 15 minute intervals). For experiments that exhibit coherent offshore propagation, the best
 432 fit line connecting the longitude of maximum smoothed (to a 5-km grid) precipitation rate at each
 433 time step between 20:00 and 08:00 local time is shown as a dashed black line with its average
 434 propagation speed noted in the panel legend.

446 Remarkably, the idealized 2D simulation can capture several important aspects of the diurnal
 447 cycle in observations shown in Fig. 6. The easterly experiments (e.g. -1.5σ , -1.0σ , -0.5σ)



439 FIG. 8. Daily composite of the 14-day CM1 simulations showing precipitation rate by longitude at 1-km
 440 resolution. Each simulation varies the base state with the wind and moisture profile bins shown in Fig. 2 (as well
 441 as surface variables and thermal profiles, which are not shown). Dashed gray lines note the coastlines, and the
 442 dashed black line follows a line of best fit connecting the longitude of maximum precipitation rate at each time
 443 between 20:00 and 08:00. This is calculated based on precipitation rate smoothed to 8-km resolution. Increasing
 444 zonal wind in the base state rotates clockwise around the figure, with the base-state 850-hPa zonal wind shown
 445 as a labelled vector in each panel.

448 demonstrate mainly westward propagation, consistent with CMORPH observations. Similarly, the
 449 weak to moderate westerly experiments (e.g. $+0.0\sigma$, $+0.5\sigma$, $+1.0\sigma$) all exhibit eastward nocturnal
 450 propagation. The model propagates convection offshore at around 4-7 m/s, with some variability
 451 between the experiments. These speeds are consistent with land-breeze or cold pool propagation
 452 speeds (Finkele 1998; Vincent and Lane 2016; Hassim et al. 2016). The easterly experiments tend
 453 to initiate deep convection in the late afternoon over the west (leeward) side of the island, as in
 454 observations. The opposite is evident in the westerly experiments. These results complement prior

modeling studies showing similar diurnal cycle behavior (Saito et al. 2001; Liang et al. 2017). Very strong background winds (e.g. the $\pm 2.0\sigma$ experiments) suppress the diurnal cycle, as was also seen in observations. Since most of the modeled precipitation comes from the diurnal cycle, convection is suppressed altogether in the strong background wind simulations. Precipitation tends to develop earlier in the day, reaches a weaker maximum, and dissipates faster in the strong wind experiments, consistent with other modeling studies (Zhong and Takle 1993; Chen et al. 2017; Wang and Sobel 2017).

Deep convection appears to develop closer to the eastern coastline in the $+0.5\sigma$ and $+1.0\sigma$ simulations than in the corresponding observations. In addition, storm longevity is symmetric between eastward and westward observations in the model, unlike observations, possibly because of the lack of topography in the model. This can be explained by invoking the results of Riley Dellaripa et al. (2020), who showed that the presence of topography in a simulated diurnal cycle over Luzon focused precipitation over the mountains in suppressed BSISO conditions (analogous to our easterly experiments). However, it is worth noting that Riley Dellaripa et al. (2020) found a relatively modest change in diurnal cycle behavior without topography, which was partial motivation for incorporating the simplification of flat topography in our simulations. The asymmetry in observations that is not present in the flat model may be explained by the concentration of the highest peaks near the western coast (Fig. 1) and the lower mountains near the east coast interfering with eastward propagation. Additionally, the flat topography may contribute to timing differences between the model and observations. The modeled precipitation rate over land (Fig. 8) peaks slightly later than in observations (Fig. 6). This is again consistent with the results of Riley Dellaripa et al. (2020), who showed that the presence of topography leads to an earlier diurnal cycle peak during suppressed MJO conditions, which would be roughly analogous to the weak wind simulations here where this timing difference is most evident.

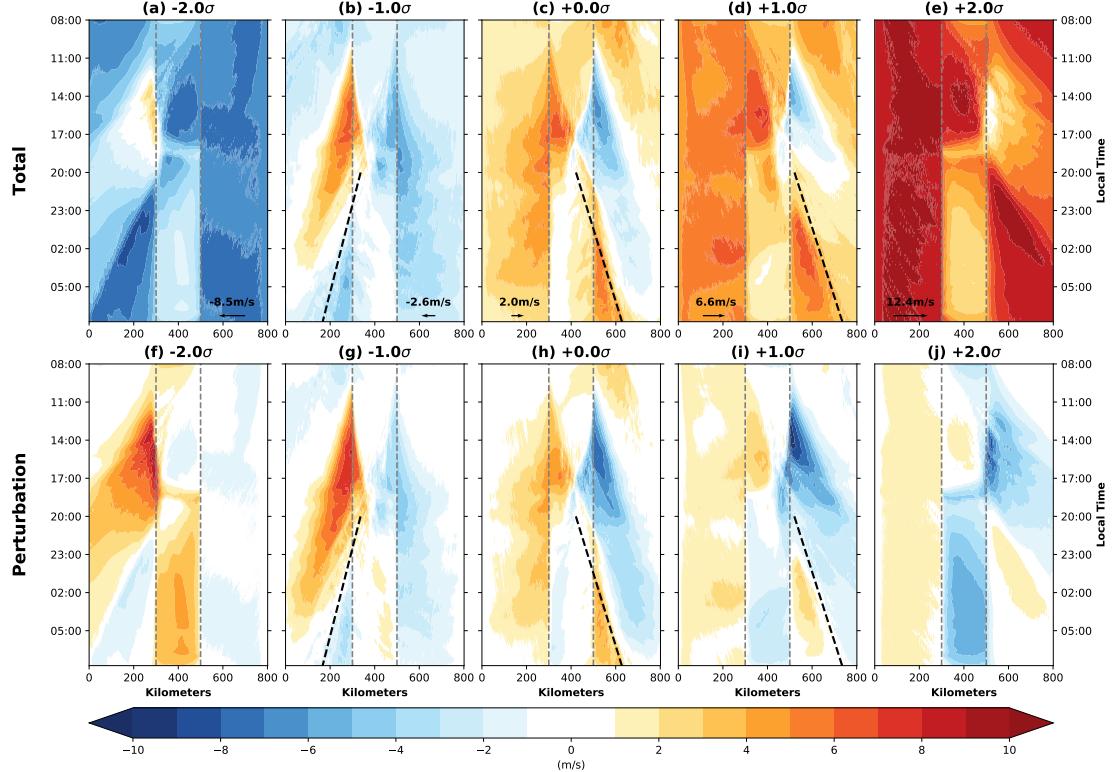
479 *b. Land-Sea-Breeze Circulation*

480 Much of the variability in precipitation behavior over land during the day between background
481 wind experiments can be attributed to the modulation of the strength of the sea-breeze circulation.
482 While the discussion surrounding propagating sea-breeze fronts may not be directly applicable
483 to our example case of Luzon due to the lack of topography in the model, this is still useful to

484 understand the processes governing the model behavior. Figure 9 shows composite zonal wind
485 at the lowest model level (25m) for every other simulation. The top row (a-e) shows the total
486 wind, while the bottom row (f-j) shows the perturbation from the base state. In the simulations
487 with a weaker wind speed (e.g. -1.0σ and 0.0σ , Fig. 9b-c, g-h), a roughly symmetric sea-breeze,
488 indicated by an onshore wind, begins to develop around 08:00, and then expands offshore and
489 propagates inland from both coastlines. The sea-breeze front can be identified as the transition
490 zone from near zero perturbation zonal wind to anomalous onshore flow (i.e. westerly flow on
491 the west coast or easterly flow on the east coast) over the landmass during the day. In the 0.0σ
492 experiment, some weak precipitation is visible between about 11:00 and 17:00 along each sea-
493 breeze front, but strong convection doesn't develop until the two sea-breeze fronts converge, at
494 around 17:00 (Fig. 8). The asymmetry in which side of the island experiences stronger convection
495 is also illustrated in the sea-breeze front. The sea-breeze front appears to propagate inland faster
496 on the windward side (e.g. towards the lee), leading to initial convergence between the two fronts
497 on the leeward side (e.g. Saito et al. 2001). In the strong wind experiments, the sea-breeze is
498 much weaker, with little diurnal change in the wind on the windward side, and anomalous onshore
499 flow in the afternoon on the leeward side that temporarily cancels the prevailing offshore flow (Fig.
500 9a,e,f,j).

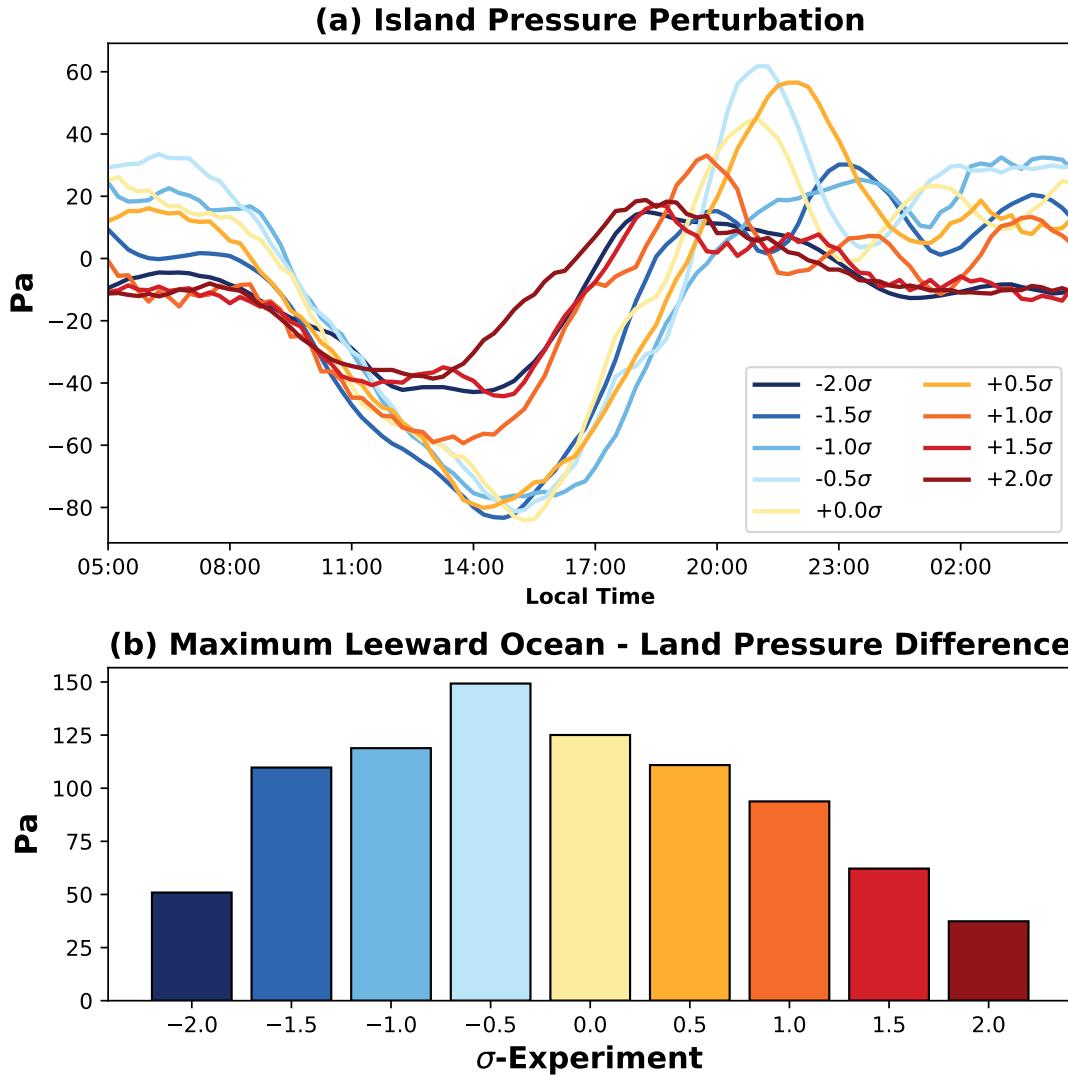
506 The sea-breeze arises from a sea-to-land oriented pressure gradient force caused by differential
507 heating between the land surface and the ocean with a much greater thermal inertia. While the
508 general behavior of the low-level wind is shown in Fig. 9, Figure 10 shows the pressure gradients
509 that would propel such behavior. The average perturbation pressure over land reaches a minimum
510 around 15:00 and a maximum around 20:00 to 23:00. This leads to the maximum acceleration
511 in the onshore low-level zonal wind during the mid afternoon hours (Fig. ??). The pressure
512 gradient is measured in Fig. 10b by the maximum difference between lowest model level pressure
513 over land and over ocean on the leeward side in order to clearly extract the differences between
514 simulations. As expected, the maximum pressure gradient occurs in the -0.5σ simulation, which
515 has the weakest low level background wind (Fig. 2a). As the background wind increases in both the
516 westerly and easterly directions, the pressure gradient decreases, leading to a weakening sea-breeze
517 with stronger wind.

Lowest Model Level Zonal Wind Composite



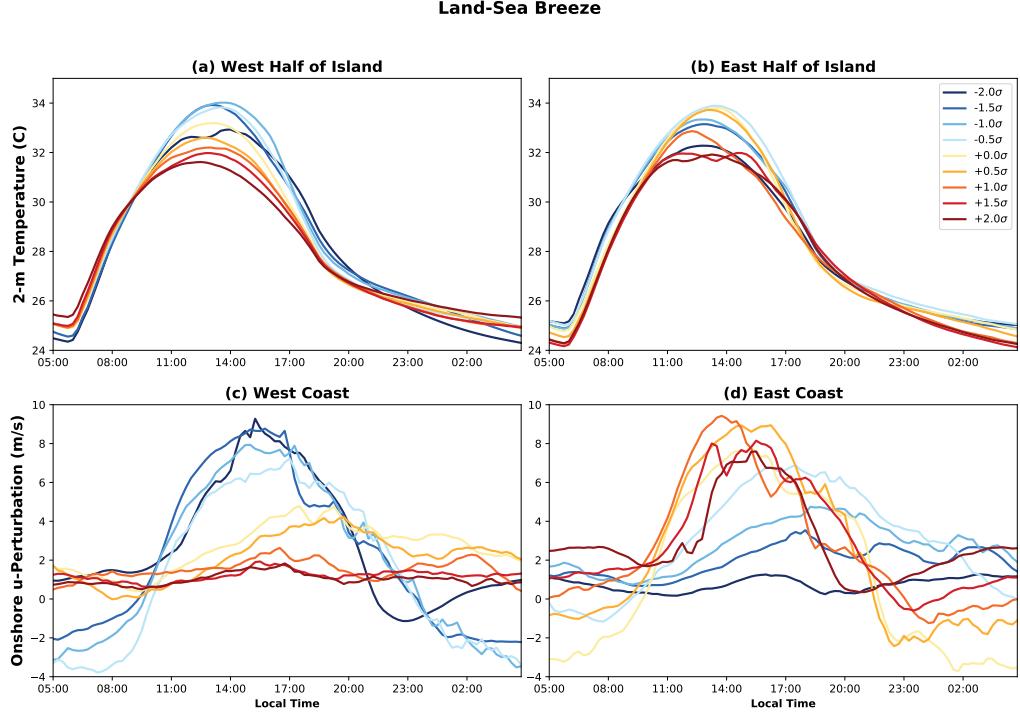
501 FIG. 9. Lowest model level zonal wind (in m/s) Hovmöller diagrams for every other experiments. The total
 502 zonal wind is shown on the top, and the perturbation from the base-state is shown on the bottom. The line of best
 503 fit for the maximum precipitation rate shown in Fig. 8 for the corresponding experiment is shown as a dashed
 504 black line. Coastlines are denoted with dashed gray lines. The base-state 850-hPa zonal wind is shown as a
 505 labelled vector in each panel in the top row.

522 Figure 11 demonstrates the impact of the prevailing wind on the thermal properties of the land
 523 surface and the onshore wind. Marked variability can be discerned depending on the background
 524 wind. On the western half of the island in the strong westerly experiments, the amplitude of the
 525 diagnosed 2-m temperature (T2m) perturbation is much smaller than in the weak to moderate
 526 easterly experiments (Fig. 11a). The $+2.0\sigma$ simulation, for example, has a nocturnal minimum
 527 temperature of around 25.5°C , and a daily maximum of around 31°C . The -1.0σ experiment
 528 conversely drops to 24.5°C at night, and warms to nearly 34° during the day. Inverse behavior is



518 FIG. 10. (a) 14-Day composite perturbation pressure (in Pa) on the lowest model level averaged over the island
 519 and smoothed with a one-hour running mean for each of the experiments. (b) Maximum difference between
 520 average lowest model level pressure over the island and over the ocean on the leeward side in the composite (west
 521 side for -2.0 through -0.5σ experiments, east side for $+0.0$ through $+2.0\sigma$ experiments).

529 seen over the eastern half of the island, with weak thermal contrast in -2.0σ and the strongest T2m
 530 diurnal cycle in 0.0σ (Fig. 11b). The strongest wind experiments reduce the afternoon maximum



535 FIG. 11. (a) Diagnosed 2-m temperature (C) for each experiment averaged for each time across the western
 536 half of the island. (b) As in (a), except averaged over the eastern half of the island. (c) Onshore (i.e. westerly
 537 positive) perturbation zonal wind (m/s) at the lowest model level (25m) for each experiment averaged for each
 538 time between the western coast and 25-km offshore. (d) As in (c), except with easterly winds defined as positive,
 539 averaged between the eastern coast and 25-km offshore.

531 temperature even on the leeward side. This is more obvious on the west half of the island, likely
 532 due to the asymmetry in wind speeds through all simulations (e.g. the magnitude of the wind in the
 533 $+2.0\sigma$ experiment is greater than the -2.0σ experiment). Thus, the amplitude of the T2m diurnal
 534 cycle appears to maximize during weak to moderate offshore prevailing winds.

535 The alterations in surface thermal contrast also affect the coastal low-level wind (Fig. 11c-d).
 536 The onshore perturbation- u (u') is dramatically stronger on the leeward side on both coasts. u' is
 537 around 6-9 m/s during the afternoon hours on the leeward coast, but generally much weaker (0-5
 538 m/s) with a peak later in the afternoon on the windward coast. These results support the hypotheses
 539 of many prior observational studies arguing that a strong prevailing wind can alter the diurnal cycle

545 by ventilating the land surface, reducing the land-sea thermal contrast, and thus the sea-breeze
546 circulation on the windward coast (e.g. Shige et al. 2017; Natoli and Maloney 2019, 2021; Qian
547 2020).

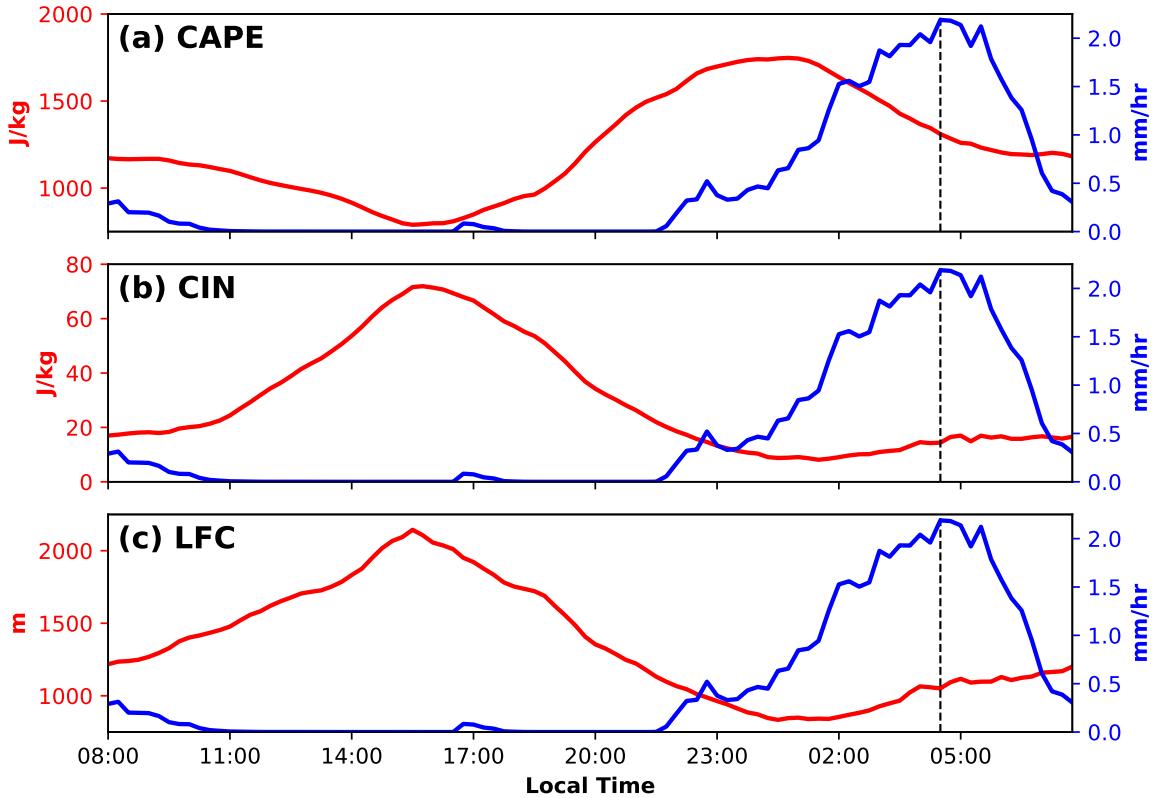
548 There are also substantial differences in nocturnal land-breeze behavior and the offshore prop-
549 agation of precipitation. In Fig. 11, onshore prevailing wind leads to essentially no development
550 of a land-breeze on the windward coast, as indicated by the lack of onshore perturbation-u below
551 zero in the 0.0σ through $+2.0\sigma$ experiments on the west coast (Fig. 11c) and in the -2.0σ through
552 -0.5σ experiments on the east coast (Fig. 11d). On the lee-side, weak offshore flow develops in
553 the late evening, supporting enhanced convergence and thus nocturnal precipitation. It is worth
554 noting when considering Figs. 9 and 11 together that the spatial average in Fig. 11c-d only
555 includes ocean points within 25-km of the coast. In Fig. 9, the land-breeze is identified by the
556 development of an offshore wind on the leeward coast (e.g. easterly wind on the west coast in the
557 -1.0σ experiment, and westerly wind on the east coast in the 0.0σ and $+1.0\sigma$ experiments), that
558 then propagates offshore in the leeward direction with precipitation. In the weak wind experiments
559 (Fig. 9g,h,i), a land-breeze develops around 20:00. The composite precipitation signal propagating
560 offshore (Fig. 8 and dashed line in Fig. 9) generally follows the maximum convergence associated
561 with the land-breeze front (not shown), which can be inferred from the gradient of low-level zonal
562 wind overnight in Fig. 9. Interestingly, the strong wind experiments exhibit nocturnal leeward
563 propagation of low-level offshore winds that are stronger than the background wind (i.e. negative
564 perturbation moving westward overnight in Fig. 9f and positive perturbation moving eastward
565 overnight in Fig. 9j). This signal is mostly uncoupled from convection, although precipitation
566 does form on this boundary on a few days in the simulation (Fig. 7a). We speculate that this is
567 related to the timing of precipitation. Convection has already largely dissipated in the strong wind
568 experiments by the time the land-breeze initiates. While it is possible that the apparent land-breeze
569 in the weak wind simulations (Fig. 9g,h,i) is simply the low-level wind contributed by the outward
570 spread of rain-cooled air in the convective cold pool, the fact that a similar signal appears in
571 the strong wind experiments in the absence of convection allows for a hypothesis regarding the
572 causal direction. This behavior seems to indicate that the land-breeze zonal wind signal is driving
573 precipitation in these simulations rather than the other way around.

574 The relationship between the offshore propagation of precipitation and convectively generated
575 gravity waves was also explored. Gravity waves have frequently been shown to be important
576 for the propagation of diurnally generated tropical convection (Grant et al. 2018), either through
577 direct coupling of convection to propagating gravity waves (e.g. Mapes et al. 2003; Lane and
578 Zhang 2011), or by destabilizing the offshore environment in advance of convection propagating
579 with the land breeze or cold pool (e.g. Love et al. 2011; Hassim et al. 2016; Yokoi et al. 2017;
580 Vincent and Lane 2018). While gravity waves of multiple orders that likely develop in response to
581 different convective heating profiles are apparent in these simulations, offshore propagation cannot
582 be convincingly tied to any one gravity wave mode. However, there is evidence of destabilization
583 of the offshore environment in advance of offshore propagation convection that could be related to
584 gravity waves.

585 Figure 12 shows the 14-day composite convective available potential energy (CAPE), convective
586 inhibition (CIN), and the level of free convection (LFC) averaged across the nearest 100-km of
587 coastal waters on the eastern side of the island in the 0.0σ simulation. The offshore environment
588 is most stable around 16:00, as indicated by a minimum in CAPE and maximum in CIN and
589 the LFC. The environment then gradually destabilizes through the evening hours, with instability
590 peaking after midnight as precipitation starts to ramp up offshore. The late afternoon and evening
591 destabilization time period corresponds to the peak and decay of land-based precipitation. Further
592 analysis of the potential temperature budget (not-shown) leads to speculation that gravity waves
593 initiated by different diabatic heating profiles relating to convection could contribute some of this
594 destabilization. However, establishing this conclusively is beyond the scope of this paper. Further
595 analysis of the gravity wave behavior in these simulations can be found in (Natoli 2022).

596 To summarize, a stronger background wind in our simulations leads to a reduction in the thermal
597 differential between land and water (Fig. 11a, b), which then leads to a reduced land-sea pressure
598 gradient (Fig. 10b), and produces a weaker land-sea breeze circulation especially on the windward
599 coast (Figs. 9 and 11c,d). The sea breeze fronts propagate inland from both shores with weak to
600 moderate wind, but tend to converge and initiate convection on the leeward side of the island due to
601 the windward front propagating faster. A signal resembling a land breeze can be seen propagating
602 off the leeward coast in all simulations, but this has a stronger coupling to precipitation in the weaker
603 wind simulations. These results add support to the hypothesis that surges of the monsoon lead to

+0.0 σ Experiment: East Side Coastal Waters



596 FIG. 12. 14-day composite CAPE (a; J/kg), CIN (b; J/kg), and LFC (c; m) averaged across the nearest 100-km
 597 of coastal waters on the eastern side of the simulated island in red, with composite precipitation rate (mm/hr)
 598 averaged in the same region in blue.

607 a reduced land-sea temperature contrast, and thus a weaker sea-breeze and precipitation diurnal
 608 cycle. Offshore propagation in these simulations appears to be driven by low-level convergence
 609 associated with the land-breeze, with a potential contribution by gravity waves towards offshore
 610 destabilization, consistent with (Bai et al. 2021).

611 *c. Direction of Propagation Sensitivity Experiments*

612 In this section, the sensitivity of the direction of precipitation propagation to the details of the
 613 zonal wind profile will be considered. Fig. 8 shows that modeled precipitation exhibits clear
 614 westward propagation in -0.5σ , but clear eastward propagation in 0.0σ . There is still a fairly large

615 gap between these two wind profiles, particularly considering the depth of the low-level westerlies
616 (Fig. 2). Weak easterlies cover the entire profile in the -0.5σ base-state, while weak westerlies
617 reach up to nearly 600-hPa in the 0.0σ base-state. Thus, additional sensitivity experiments were
618 designed to fill in these gaps, while also testing the response to different low-level shear profiles.
619 These experiments were divided into three sets of 8 each, run for 7 days with the moisture and
620 thermodynamics of the 0.0σ experiment, but with adjustments made to the vertical structure of the
621 zonal wind profile to assess the importance of flow at different levels diurnal precipitation behavior.

622 Specifically, Experiment Set 1 will fill in the gaps between the -0.5σ and 0.0σ experiments to
623 see how deep low level westerly flow needs to be to initiate eastward propagation of precipitation.
624 Experiment Set 2 tests whether a narrow layer of westerlies in the lower free troposphere can
625 lead to eastward propagation under constant low-level westerly shear. Finally, Experiment Set 3
626 tests if a different depth of the westerly layer is required to initiate eastward propagation when
627 under constant low level easterly shear. The results in this section will show that, at least in these
628 CM1 simulations, the zonal wind in the lower free troposphere appears to be the primary factor
629 determining whether convection will propagate to the east or the west, while the boundary layer
630 wind determines which side of the island diurnal precipitation will develop on before propagating
631 in one direction or the other. The differences between each experiment set are displayed graphically
632 in Figure 13.

633 Some prior papers on tropical squall lines have broached similar subjects, and will be briefly
634 discussed here. Observations by Keenan and Carbone (1992) indicated that monsoon-break season
635 squall lines appeared to propagate in the direction of the 700-hPa winds. Peters and Hohenegger
636 (2017) noted that convection initially propagates in the direction of the background wind (vertically
637 unidirectional in their experiments). Others have implicated the wind shear as an important factor
638 determining convective organization and propagation direction (e.g. Rotunno et al. 1988; Nicholls
639 et al. 1988; Liu and Moncrieff 1996; Tulich and Kiladis 2012). Tropical squall lines may also act to
640 reduce the wind shear through vertical mixing which homogenizes the zonal wind profile (LeMone
641 et al. 1984). However, the shear profile used in the experiments discussed so far not as strong
642 as that used in most of these studies, so other processes may be more important for determining
643 propagation direction in this environment (Grant et al. 2020). These ideas will be relevant to the
644 discussion of the next several figures.

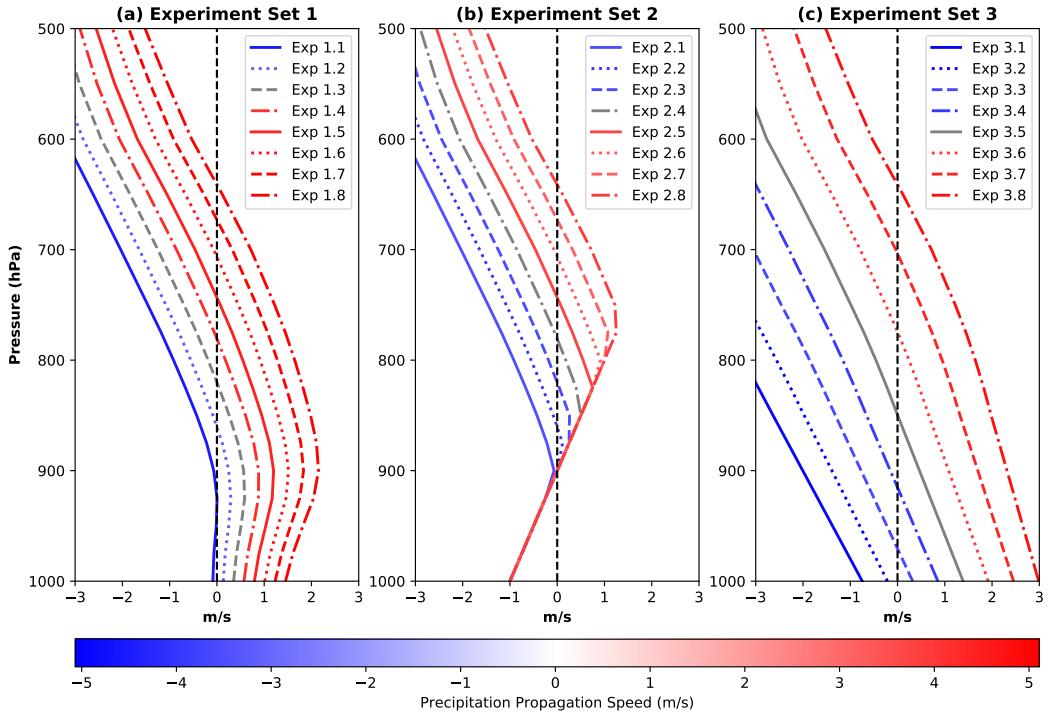
645 Figure 13 shows the base-state zonal wind profiles for each of the sensitivity tests described in
646 this section. The color coding for each line indicates the propagation velocity, where red is eastward
647 propagation and blue is westward propagation. The gray profiles either had visible propagation
648 in both directions, or unclear propagation that caused the objective algorithm to fail. The first set
649 (Fig. 13a) labeled Exp. 1.1 through 1.8 is simply a linear interpolation between the -0.5σ and
650 0.0σ simulations (where 1.1 is identical to the -0.5σ experiment and 1.8 is identical to the $+0.0\sigma$
651 experiment). Set 1 shows that once westerlies extend to a depth of about 800-hPa or deeper in
652 CM1, precipitation will propagate eastward.

663 The idea for set 2 (labeled Exp. 2.1 through 2.8) stemmed from these results, and aims to
664 address whether a layer of westerlies centered in the lower free troposphere could lead to westward
665 propagation when the surface winds are easterly also. To accomplish this, a new profile was
666 created in which the low-level winds of set 1 are modified. If the set 1 profile is more westerly than
667 extrapolation of a line connecting a 1000-hPa wind of -1 m/s and an 900-hPa wind of 0 m/s the wind
668 is set to the value of the extrapolated line instead (Fig. 13b). When the westerly layer is thicker
669 than about 150-hPa (as in Exps. 2.5 to 2.8), eastward propagation ensues despite the easterlies
670 below 900-hPa. We then wanted to address the role of the boundary layer shear, which inspired
671 set 3 (labelled Exp. 3.1 to 3.8). This is done by extending the average shear between 800-hPa
672 and 850-hPa of the original profile (interpolated between the -1.0σ and 0.0σ) to the surface (Fig.
673 13c). The propagation direction in each of these shows relatively similar results to set 1. Once
674 the westerlies extend deeper than about 800-hPa (Exps. 3.6 through 3.8), precipitation starts to
675 propagate eastward despite the easterly shear. This indicates that the depth of the westerlies is
676 likely more important than the shear included at the magnitude in this study.

677 These sensitivity tests can also address some questions regarding the speed of propagation. In all
678 of these experiments, the propagation speed is generally between 3 and 5 m/s in either direction,
679 although the environmental wind is only greater than 3 m/s below 600-hPa in a handful (easterly
680 winds in Exps. 3.1 through 3.4). Westerly environmental winds of greater than 3 m/s are found
681 nowhere in any profile. Thus, it is unlikely that the precipitation propagation seen in the model is
682 simply advection by the wind. Rather, these are propagating disturbances that move faster than the
683 environmental wind (Lafore and Moncrieff 1989).

684 ***** Cold Pool Speeds *****

**Propagation Direction Sensitivity Experiments:
Base-State Zonal Wind Profiles**



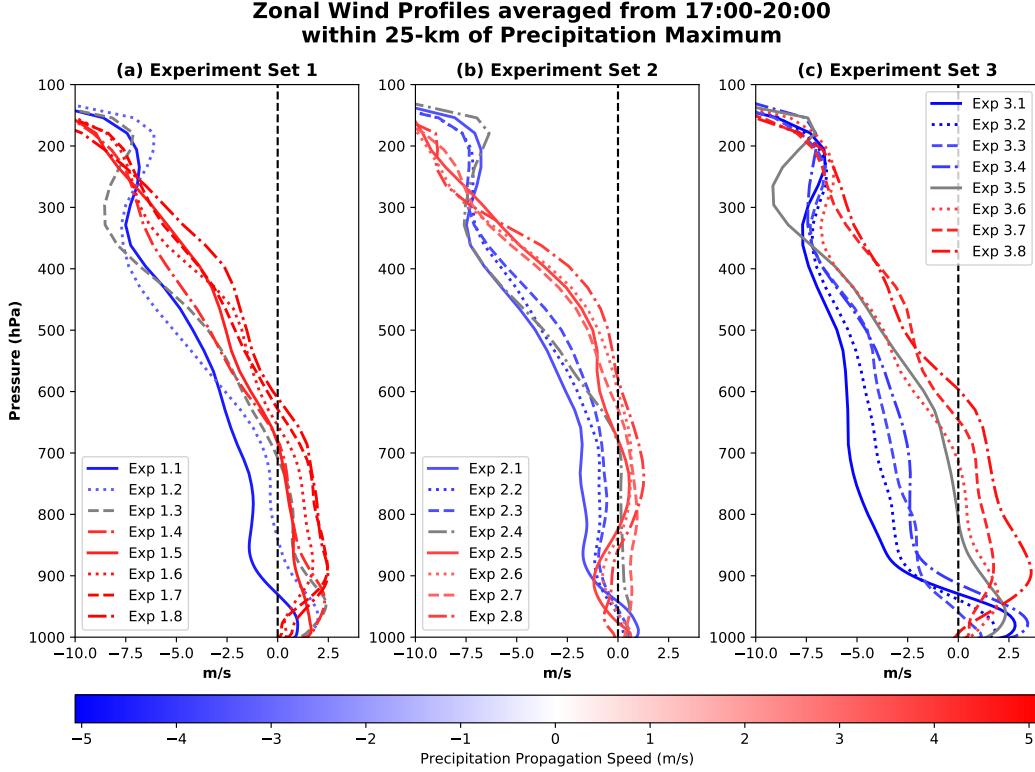
653 FIG. 13. (a) Idealized base-state zonal wind profiles in the lower troposphere for sensitivity experiments set
 654 1, based on linear interpolation between the -0.5σ and $+0.0\sigma$ experiments shown in Fig. 2a. (b) As in (a) but
 655 for sensitivity experiments set 2, which are taken from set 1, but forced to a line (in pressure-wind coordinates)
 656 connecting a wind of -1 m/s at 1000-hPa and 0 m/s at 900-hPa if the set 1 profile is more westerly than the
 657 ideal line profile at a given height. (c) As in (a) but for sensitivity experiments set 3, which are interpolated
 658 between the -1.0σ and 0.0σ experiments, with the shear profile between 800-hPa and 850-hPa extended to the
 659 surface. Profiles are color coded by the propagation velocity of the smoothed (to 5-km spacing) maximum
 660 precipitation rate between 20:00 and 08:00 in each experiment, with red indicating eastward propagation, and
 661 blue indicating westward propagation. The gray profiles are chosen subjectively as experiments with weak or
 662 inconsistent offshore propagation in which the objective algorithm to calculate propagation speed failed.

685 Figure 14 shows the zonal wind averaged within 25-km of the smoothed precipitation maximum
 686 between 17:00 and 20:00. Eastward propagating experiments have fairly well-mixed westerly winds
 687 between 900-hPa and 700-hPa, with the converse in the westward propagating experiments. The
 688 vertical profile in the lower free troposphere is much more homogeneous in these profiles compared

689 to the base-state profile (Fig. 13), indicating that convection could be mixing horizontal momentum
690 vertically (e.g. LeMone et al. 1984). During the convective maximum, the vertical wind shear is
691 greatly reduced, and the resulting more uniform vertical wind profiles are generally quite consistent
692 with the direction (but not speed) of offshore propagation. This leads to the hypothesis that the
693 propagation direction is determined by the average base-state momentum through roughly the
694 700-hPa to 900-hPa layer which is mixed and homogenized by convection. It is unclear why the
695 mixing does not appear to extend to the PBL below 900-hPa in these simulations, since Fig. 14
696 still shows some substantial shear in the lowest levels.

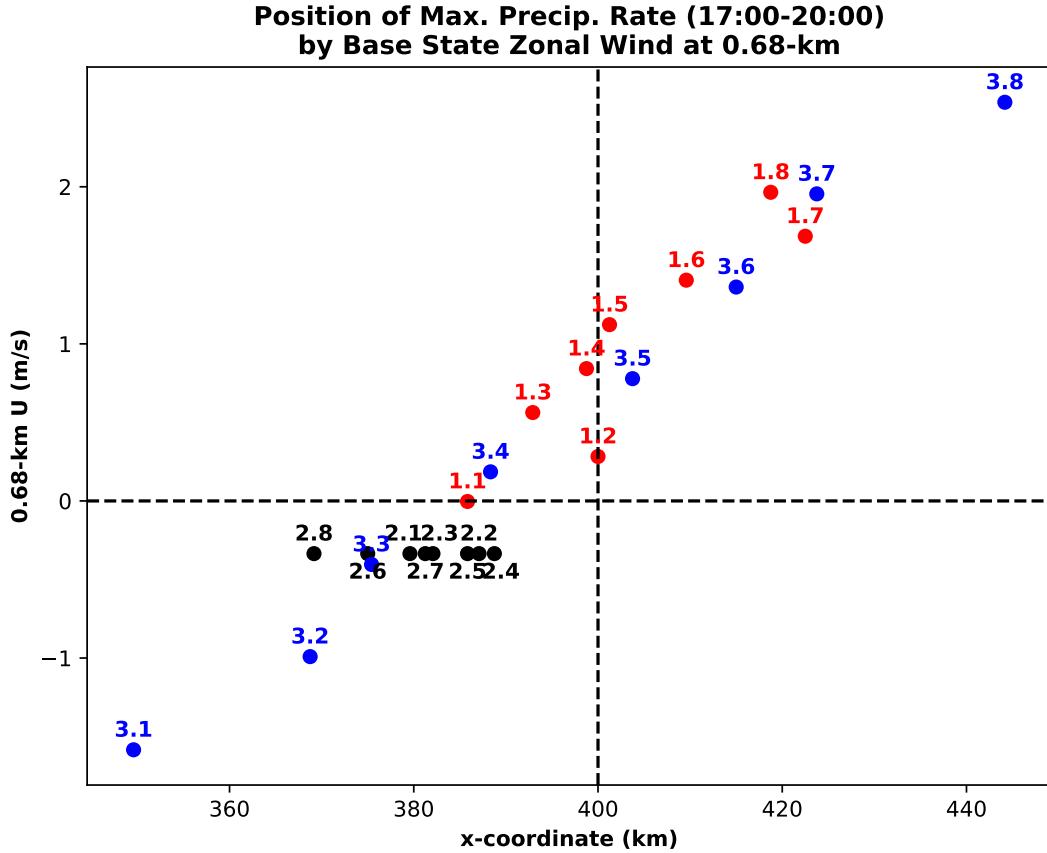
704 While the flow in the lower free-troposphere appears to be important for determining propagation
705 direction, the PBL background flow is likely important for determining where within the island the
706 heaviest precipitation falls. Figure 15 shows a scatter-plot of the average x-coordinate of maximum
707 precipitation rate between 17:00 and 20:00 with the base-state wind at 0.68-km for each of the 24
708 sensitivity tests. This level yields the highest correlation coefficient of 0.97, which drops off to
709 0.84 when the lowest model level wind is used, and to 0.69 with the 1.98-km wind. The correlation
710 coefficient of the location of maximum precipitation rate with the average wind in the roughly
711 700-900-hPa layer is 0.78. The mechanism involved here appears to be that the PBL background
712 flow modifies the speed of the sea-breeze fronts, and leads to their convergence on the leeward side
713 of the island. This behavior can be seen in Fig. 9 for the main set of experiments in this study,
714 in which the afternoon sea-breezes on each side of the island converge on the leeward side. For
715 example, in the -1.0σ experiment (Fig. 9b,g), the easterly sea-breeze propagates further inland
716 than the westerly sea-breeze on the west (leeward) coast, and the convergence and precipitation
717 maximum occurs on the west side of the island (Fig. 8b). When the wind is westerly as in the
718 $+1.0\sigma$ experiment (Fig. 9d,i) the sea-breeze fronts converge on the east (leeward) side of the island.

719 The variability in the location of maximum precipitation rate in experiment Set 2 shows roughly
720 the amount of random spread that could be expected, since all of these have the same low-level
721 wind. Comparing these locations to the wind aloft (Fig. 13b) does not reveal any relationship
722 between the location of maximum precipitation in set 2 and the wind higher in the atmosphere.
723 This supports the idea that this is just what can be expected with random variability. An interesting
724 observations from the set 2 experiments can be identified invoking some previous work. Carbone
725 et al. (2000) proposed that the ideal condition for long-lived diurnally forced convection is a flow-



697 FIG. 14. (a) Zonal wind profiles averaged from 17:00-20:00 within 25-km of the average location of maximum
 698 precipitation between 17:00 and 20:00 in the composite, for sensitivity experiments set 1. (b) As in (a) but for
 699 sensitivity experiments set 2. (c) As in (a) but for sensitivity experiments set 3. Profiles are color coded by the
 700 propagation velocity of the smoothed (to 5-km spacing) maximum precipitation rate between 20:00 and 08:00
 701 in each experiment, with red indicating eastward propagation, and blue indicating westward propagation. The
 702 gray profiles are chosen subjectively as experiments with weak or inconsistent offshore propagation in which the
 703 objective algorithm to calculate propagation speed failed.

726 reversal in the lower free troposphere, such that surface winds are in opposition to the low-level
 727 shear vector. In such an environment, storms could initiate on the leeward side of the island
 728 (relative to the low-level wind) and then propagate entirely across the island. This occurred in our
 729 experiments 2.5-2.8 and can be seen based on the location of precipitation initiation on the west
 730 side of the island in the early evening in Fig. 15, and the eastward propagation denoted in Fig. 13b.



731 FIG. 15. The average longitudinal position of the maximum precipitation rate (after smoothing to 5-km spacing)
 732 between 17:00 and 20:00 is shown on the x-axis (in kilometers), with the base-state zonal wind (in m/s) at the
 733 0.68-km above the surface on the y-axis. Dashed black lines indicate the center of the island (vertical) and 0 m/s
 734 (horizontal). The dots are color-coded by experiment set, with Set 1 in red, Set 2 in black, and Set 3 in blue.
 735 Each dot is also labelled with the corresponding experiment name.

736 **5. Conclusions**

737 This study has explored the impact of the environmental wind profile associated with different
 738 states of the monsoon-background on the diurnal cycle of precipitation. We have used Luzon Island
 739 in the northern Philippines as an observational test case to compare idealized modeling results of
 740 a 200-km wide island. It is shown that consideration of the environmental wind alone can explain
 741 many features in the observed variability of the diurnal cycle. These results complement the

742 findings of many prior studies exploring the link between the diurnal cycle and large-scale modes
743 of variability such as the MJO (e.g. Vincent and Lane 2016; Natoli and Maloney 2019; Short et al.
744 2019; Riley Dellaripa et al. 2020; Sakaeda et al. 2020), and also add to the general understanding
745 of the diurnal cycle and offshore propagation of convection (Hassim et al. 2016; Kilpatrick et al.
746 2017; Yokoi et al. 2017, 2019). The main findings of this study are summarized as follows:

- 747 • Observed composite diurnal cycles conditioned on the environmental wind alone can capture
748 distinct variability in diurnal cycle behavior. Strong diurnal cycles tend to occur with weak,
749 offshore prevailing wind (Fig. 5b-f). Strong wind in either direction appears to be associated
750 with a suppressed diurnal cycle (Fig. 5a,g).
- 751 • While westward propagation of diurnally generated convection is apparent in an observed
752 composite of all days in the JJAS monsoon season (e.g. Natoli and Maloney 2019; Lee et al.
753 2021), this occurs primarily on days with the background wind more easterly than average
754 (-1.5, -1.0, -0.5 σ bins in Fig. 6a-c).
- 755 • A simple, 2-D idealized simulation using CM1 can replicate the direction of propagation and
756 qualitative strength of diurnally generated convection as impacted by the background wind
757 that is seen in observations (Figs. 6 and 8)
- 758 • Strong background winds can ventilate the land surface and reduce the land-sea contrast,
759 particularly on the windward side of the island, and greatly reduce the sea-breeze strength
760 (Figs. 9 and 11). A sea-breeze can still be identified on the leeward side of the island, but
761 even this is reduced under the strongest winds.
- 762 • Convection propagates offshore during the overnight hours in the direction of the wind between
763 700-900-hPa, but moves at a speed of 3-6 m/s, consistent with density current speeds (Figs. 8
764 and 13).

765 These results improve understanding of the large-scale controls on the diurnal cycle in and near
766 tropical islands, and are applicable to the study of the MJO/BSISO-diurnal cycle relationship. We
767 have shown that the background wind alone can explain several aspects of diurnal cycle variability
768 attributed to the MJO. For example, the direction of offshore propagation appears to be determined
769 by the wind in the lower free-troposphere (Figs. 8 and 13), consistent with Ichikawa and Yasunari

770 (2006, 2008), Fujita et al. (2011), and Ruppert and Zhang (2019). Light, offshore winds appear
771 to be associated with the strongest diurnal cycles both in observations (Fig. 5) and our idealized
772 CM1 simulations (Figs. 8 and 2), favoring strong diurnally generated convection on the leeward
773 side of an island (Fig. 15). This supports findings by Virts et al. (2013), Natoli and Maloney
774 (2019), Sakaeda et al. (2020), and Qian (2020), among others, who have identified heavy diurnal
775 precipitation during the transition from suppressed to active MJO state, particularly on the west side
776 of large islands (which is in the lee before the westerly wind burst arrives later in the active phase).
777 The reduction in land-sea contrast shown in Fig. 11 supports the hypothesis that the onshore wind
778 during active phases of the MJO is an important reason why the diurnal cycle is suppressed (Short
779 et al. 2019; Yokoi et al. 2019).

780 It is worth noting that many of these features from observations can be described in a 2-D model
781 without topography. This is consistent with recent work that has suggested that topography is
782 not vital in determining qualitative behavior of diurnally generated convection, although it can
783 modestly increase the intensity of precipitation and modulate the timing of the diurnal cycle (Riley
784 Dellaripa et al. 2020; Ruppert et al. 2020). Topography may also alter the precise location where
785 convection forms on the island through interactions with the propagating sea breeze.

786 While the simplifications made in this study are attractive for getting to the base of the problem,
787 there are some caveats that could affect interpretation of these results. These will be briefly outlined,
788 along with some suggestions for avenues of future research. Offshore propagation of convection
789 is symmetric between westward and eastward propagation (Fig. 8), while westward propagation
790 is clearly dominant over eastward propagation in observations (Fig. 6). Since this cannot be
791 replicated in these simulations, we are unable to test the mechanism producing this asymmetry.
792 However, it is hypothesized that this is related to the asymmetry in the topography of Luzon, with
793 the highest mountains concentrated near the west coast, and a much shorter mountain range on
794 the east coast. The enhanced convergence contributed by the mountains concentrates precipitation
795 near the west coast in the real atmosphere, and it is possible that the east coast range interferes with
796 cold-pool and land-breeze dynamics, thus limiting eastward propagation. Additionally, Peatman
797 et al. (2021) found that there can be some differences in diurnal cycle behavior associated with
798 ambient wind between different islands, suggesting that the unique geography of an island may
799 need to be considered when generalizing these results. In particular, the difference in diurnal cycle

800 behavior on small islands has not been differentiated from that over the coasts of larger landmasses,
801 such as the coast of Southeast Asia or Colombia. There is a possibility that some of the conclusions
802 made in this dissertation are unique to CM1 and may not generalize to other more complex models
803 such as WRF or RAMS. Our simulations are also unable to produce any oceanic precipitation
804 not associated with offshore propagation, unlike the real atmosphere where the SCS experiences
805 substantial rainfall around the clock during a monsoonal surge. Thus, our representation of the
806 active phase may not be entirely realistic without temporal mean moisture convergence. Many of
807 these caveats could be addressed with future research.

808 We have shown that prevailing wind speed and direction is vital to understanding the large-scale
809 controls on tropical island diurnal cycle behavior, and the wind alone can explain many aspects
810 of the widely studied MJO-diurnal cycle relationship. However, we have not yet addressed the
811 effects of other aspects of the environment modulated by large-scale modes of variability. Model
812 sensitivity tests are ongoing to explore the contributions of several environmental background
813 conditions, such as the ambient moisture and morning insolation, to diurnal cycle variability on
814 tropical islands such as Luzon. We expect this will provide additional insight on the importance
815 of the background wind relative to other variables in determining the behavior of the diurnal cycle
816 on tropical islands and its offshore propagation.

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825 *Data availability statement.* CMORPH bias-corrected precipitation data as described in Xie
826 et al. (2017) can be downloaded at <https://www.ncei.noaa.gov/data/cmorph-high-resolution-global-precipitation-estimates/access/30min/8km/>. ERA5 data as described in Hersbach et al. (2020) can
827 be download at <https://www.ecmwf.int/en/forecasts/datasets/reanalysis-datasets/era5>. The code for
828

829 CM1 can be downloaded from <https://www2.mmm.ucar.edu/people/bryan/cm1/>. Output from the
830 simulations described in this study will be made available upon request to the authors.

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