

Quasi-Biweekly Extensions of the Monsoon Winds and the Philippines

Diurnal Cycle

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ABSTRACT

8 The impact of quasi-biweekly variability in the monsoon southwesterly winds on the precipitation
9 diurnal cycle in the Philippines is examined using CMORPH precipitation, ERA5 reanalysis, and
10 outgoing longwave radiation (OLR) fields. Both a case study during the 2018 Propagation of
11 Intraseasonal Tropical Oscillations (PISTON) field campaign and a 23-year composite analysis are
12 used to understand the effect of the QBWO on the diurnal cycle. QBWO events in the west Pacific,
13 identified with an extended EOF index, bring increases in moisture, cloudiness, and westerly
14 winds to the Philippines. Such events are associated with significant variability in daily mean
15 precipitation and the diurnal cycle. It is shown that the modulation of the diurnal cycle by the
16 QBWO is remarkably similar to that by the boreal summer intraseasonal oscillation (BSISO). The
17 diurnal cycle reaches a maximum amplitude on the western side of the Philippines on days with
18 average to above average moisture, sufficient insolation, and weakly offshore prevailing wind. This
19 occurs during the transition period from suppressed to active large-scale convection for both the
20 QBWO and BSISO. Westerly monsoon surges associated with QBWO variability generally exhibit
21 active precipitation over the South China Sea (SCS), but a depressed diurnal cycle. These results
22 highlight that modes of large-scale convective variability in the tropics can have a similar impact
23 on the diurnal cycle if they influence the local scale environmental background state similarly.

²⁴ **1. Introduction**

²⁵ The Philippines and its surrounding waters are prone to numerous types of atmospheric phe-
²⁶ nomena that make it highly vulnerable to climate risks (Yusef and Francisco 2009). During boreal
²⁷ summer (June-September, JJAS), the islands generally experience the southwest monsoon, which
²⁸ brings much of the region's annual precipitation (Moron et al. 2009; Matsumoto et al. 2020).
²⁹ While the agricultural sector relies on monsoon moisture, it can also bring devastating flooding
³⁰ (Cruz et al. 2013). The southwest monsoon is not always consistent throughout the season, rather,
³¹ it is subject to numerous active and break cycles (Annamalai and Slingo 2001; Olaguera et al.
³² 2020). These alternating periods of relatively enhanced activity and quiescence are modulated by
³³ several other modes of variability in the tropics, including the Madden-Julian Oscillation (MJO;
³⁴ or its boreal summer counterpart, the boreal summer intraseasonal oscillation (BSISO); Madden
³⁵ and Julian 1971; Krishnamurti et al. 1985; Lau and Chan 1986; Lawrence and Webster 2002), the
³⁶ quasi-biweekly oscillation (QBWO; Krishnamurti and Bhalme 1976; Krishnamurti and Ardanuy
³⁷ 1980; Chen and Chen 1995), equatorial waves (Ferrett et al. 2019), and tropical cyclones (Cayanan
³⁸ et al. 2011; Bagtasa 2019).

³⁹ On a much shorter time scale than the aforementioned modes of precipitation variability is the
⁴⁰ diurnal cycle, which is of critical importance to the distribution of rainfall in the region (Bergemann
⁴¹ et al. 2015; Zhu et al. 2017). The Maritime Continent (MC) region is home to complex topography,
⁴² very warm sea surface temperatures (SSTs), and abundant heavy rainfall, all of which make for
⁴³ a complex diurnal cycle on each island (Ramage 1968). Islands generally observe an afternoon
⁴⁴ to evening peak in precipitation rates, instigated by land-sea breezes and mountain-valley breezes
⁴⁵ caused by differential heating between the land and surrounding waters (Houze et al. 1981; Qian
⁴⁶ 2008). Convection can become organized over large islands and then propagate offshore overnight

47 (Sakurai et al. 2005; Ichikawa and Yasunari 2006), assisted by convectively-generated gravity waves
48 destabilizing the offshore environment (Mapes et al. 2003; Mori et al. 2004; Love et al. 2011; Hassim
49 et al. 2016), and downslope mountain breezes, land breezes, and cold pools propagating storms
50 offshore (Ohsawa et al. 2001; Ichikawa and Yasunari 2008; Wu et al. 2009; Fujita et al. 2011).

51 One of the most widely studied controls on the MC diurnal cycle is the MJO. Many studies
52 have used various datasets to identify a preference for strong diurnal cycles to occur during the
53 suppressed phase of the MJO (Sui and Lau 1992; Rauniyar and Walsh 2011; Oh et al. 2012).
54 Others have more precisely illustrated a preference for the strongest diurnal cycles and offshore
55 propagation in particular to occur in the transition from suppressed to active phase (Peatman et al.
56 2014; Natoli and Maloney 2019). In particular, recent field data from Sumatra has indicated a
57 strong, propagating diurnal cycle as the MJO convective envelope approaches that then ceases once
58 the westerly wind burst arrives (Wu et al. 2017, 2018).

59 While the BSISO has received less attention than its wintertime counterpart, evidence suggests
60 that the above pattern of an enhanced diurnal cycle in the large-scale suppressed state or transition
61 from suppressed to active states also holds true over the Asian summer monsoon region. Over the
62 Philippines, the diurnal cycle appears to reach a maximum during the BSISO suppressed state (Ho
63 et al. 2008; Park et al. 2011; Xu and Rutledge 2018; Xu et al. 2021), although the typical afternoon
64 maximum is still present in the active state (Chudler et al. 2020). Recently, Natoli and Maloney
65 (2019) examined the impact of the BSISO on the Philippine diurnal cycle in detail, and noted a
66 maximum in the diurnal amplitude over land and coastal waters of the South China Sea (SCS)
67 during the transition from suppressed to active BSISO state when the mid-tropospheric moisture
68 begins to increase, but prior to the arrival of strong westerly monsoon winds.

69 A consensus on the mechanisms involved in this interaction remains out of reach. Some studies
70 such as Peatman et al. (2014) have suggested that frictional moisture convergence associated with

71 the Kelvin wave to the east of MJO convection (Gill 1980) contributes to the early increase in the
72 diurnal cycle, although this mechanism is not relevant in off-equatorial regions. Lu et al. (2019)
73 more recently indicated that moisture convergence is indeed an important factor to the diurnal
74 cycle development, but it is the diurnal scale wind (i.e. land-sea breeze) converging the MJO scale
75 moisture that is most important, consistent with Natoli and Maloney (2019).

76 The relationship between the diurnal cycle and other modes of tropical variability has also
77 been recently getting more attention. Notably, Sakaeda et al. (2020) took a thorough look at the
78 impact of various equatorial wave modes on the MC diurnal cycle during boreal winter, noting
79 important differences in behavior between various wave modes and individual islands. They also
80 distinguished diurnal cycle behavior within an individual island related to the position relative to
81 the wind (leeward vs. windward), and aspect of topography. Specifically, the diurnal cycle was
82 found to be enhanced on the leeward side of MC islands for the MJO and $n=1$ equatorial Rossby
83 (R1) waves, consistent with Virts et al. (2013) and Qian (2020). Leeward enhancement of the
84 diurnal cycle has also been identified in the Philippines (Natoli and Maloney 2019; Riley Dellaripa
85 et al. 2020).

86 As the BSISO (or MJO) can be manifest as active and break periods in the southwesterly monsoon
87 over the SCS (Chen and Chen 1995; Bagtasa 2020), other modes of variability that similarly
88 modulate the monsoonal flow over the Philippines may also impact the diurnal cycle. Differences in
89 how another mode impacts the monsoon background may be insightful in ascertaining the primary
90 controls on the diurnal cycle itself. Variance in boreal summer outgoing longwave radiation (OLR)
91 shows the global maximum of the quasi-biweekly (10-20 day) time scale occurring in the South
92 China and Philippine Seas (Qian et al. 2019). The importance of this mode in determining monsoon
93 activity has been a subject of research for decades, first identified in the Indian monsoon region
94 (Krishnamurti and Bhalme 1976; Krishnamurti and Ardanuy 1980; Chen and Chen 1993), before

95 being later explored in the west Pacific and east Asian monsoon regions (Chen and Chen 1995;
96 Chen et al. 2000).

97 This mode has often been described as the quasi-biweekly oscillation (QBWO), consisting of
98 a northwestward propagating region of anomalous moisture, convection, westerly winds, and
99 cyclonic vorticity (Kikuchi and Wang 2009; Tao et al. 2009; Li et al. 2020). Disturbances tend to
100 emerge in the equatorial western Pacific and propagate through the Philippine Sea, South China
101 Sea, and into Asia, frequently impacting the Philippines (Chen and Sui 2010; Yan et al. 2019).

102 Many of these studies refer to the QBWO in a statistical rather than physical sense, but there is
103 evidence that multiple phenomena can contribute to quasi-biweekly variability, and thus project
104 onto various QBWO indices. The westward propagating mode ubiquitous in the west Pacific is
105 often traced to a moist, R1 wave (Matsuno 1966) that is modified by the monsoon background
106 state (Chatterjee and Goswami 2004). In addition to its modulation of the monsoon onset and
107 persistence (Qian et al. 2019), the QBWO has noteworthy impacts on tropical cyclones (Zhou et al.
108 2018; Han et al. 2020), extreme rainfall (Liu et al. 2014), and heatwaves in China (Chen et al.
109 2016; Gao et al. 2018).

110 Research on the relationship between the QBWO and the diurnal cycle remains sparse. The
111 present study aims to explore this relationship in detail, and determine how well the ideas presented
112 for the MJO/BSISO-diurnal cycle interaction apply to a different mode of tropical convective
113 variability that has received less attention. Specifically, if another large-scale feature impacts
114 the environmental background conditions (e.g. lower tropospheric wind and mid-tropospheric
115 moisture) in a similar way to the BSISO, will the diurnal cycle respond similarly? The first
116 goal is to describe west Pacific variability on the 10-20 day timescale and its importance to the
117 Philippine archipelago. This includes examination of prominent variability on this timescale that
118 occurred during a recent major field program (Sobel et al. 2021). Second, an index for the QBWO

119 will be described that can be used to composite precipitation and other variables. Third, we
120 aim to establish the impact of the quasi-biweekly mode on the diurnal cycle of the Philippines
121 and its offshore propagation. The final goal is to compare and contrast the QBWO-diurnal cycle
122 relationship with the MJO-diurnal cycle relationship over the Philippines to help reveal important
123 controls on diurnal convection and the mechanisms involved.

124 The next section will describe the data and methods used, followed by a description of the QBWO
125 index used in this study. In Section 3, results will be discussed, starting with a case study during
126 the 2018 PISTON field campaign, then leading into a composite analysis for the period 1998-2020
127 from the large scale to the island scale. Section 4 includes a discussion of the mechanisms and a
128 comparison with the BSISO, with a summary and major conclusions outlined in section 5.

129 **2. Data and Methods**

130 *a. Data Description*

131 This study employs several datasets to analyze quasi-biweekly variability in the monsoon and
132 the diurnal cycle of precipitation. First, precipitation data comes from version one of the Climate
133 Prediction Center (CPC) Morphing Technique (CMORPH; Joyce et al. 2004; Xie et al. 2017).
134 The data is available as 30-minute total precipitation accumulation estimates at 8-km spatial
135 resolution, covering 60°S-60°N. The CMORPH method takes precipitation rate estimates from
136 passive microwave satellite retrievals and then uses cloud-motion vectors derived from infrared
137 satellites to morph and interpolate through space and time to other passive microwave estimates.
138 Thus, infrared information is only used to predict storm motion, and is not directly used to estimate
139 precipitation rates. These initial estimates are bias-corrected against gauge data and the Global
140 Precipitation Climatology Project (Adler et al. 2003) to yield the final product. Other studies have

141 shown that this bias-corrected CMORPH technique removes most of the bias over land in warm
142 climates (as in this study), and performs favorably when compared with the commonly used TRMM
143 3B42 precipitation dataset (Xie et al. 2017). CMORPH also demonstrates similar skill compared
144 against the IMERG product (Huffman et al. 2015; Sahlu et al. 2016). The same analysis described
145 below was performed for IMERG during the available period of 2000-2020 and the results remain
146 robust.

147 Complementing the precipitation data, the 5th Generation Reanalysis from the European Centre
148 for Medium-Range Weather Forecasting (ERA5; Hersbach et al. 2020; Copernicus Climate Change
149 Service (C3S) 2017) is used for JJAS, 1998-2020. Variables analyzed here include total column
150 water vapor, surface downwelling shortwave radiation, and 850-hPa wind. Each of these fields are
151 considered at 1-hour temporal resolution and 0.25° spatial resolution. In this study, the purpose
152 of the ERA5 data is to contextualize the precipitation results and elucidate potential mechanisms.
153 Additional variables were examined on numerous pressure levels through the troposphere, but
154 these did not add further insight and are not included in this discussion.

155 In addition, interpolated outgoing longwave radiation (OLR) data from the Advanced Very High
156 Resolution Radiometer (AVHRR) is analyzed at daily temporal and 2.5° spatial resolution for JJAS,
157 1979-2020 (Liebmann and Smith 1996). OLR is used to calculate the QBWO index used in this
158 study, as well as track large-scale convection associated with it. Zonal wind data from balloon
159 soundings in the 2018 PISTON field campaign are also used at 3-hourly resolution from the R/V
160 Thomas G. Thompson and 12-hourly resolution from Yap Island (Sobel et al. 2021). Processing
161 and quality control for sounding data follows Ciesielski et al. (2014). These locations relative to
162 the Philippines are shown in Figure 1. Lastly, topographic data from the National Oceanic and
163 Atmospheric Administration's (NOAA) ETOPO2 dataset are incorporated to provide geographic
164 context for the results (National Geophysical Data Center 2006). The BSISO index used in this

₁₆₅ study for comparison to the QBWO results is that by Lee et al. (2013), which we used in Natoli and
₁₆₆ Maloney (2019). The QBWO index used will be described below.

₁₆₇ *b. Methods*

₁₆₈ The compositing method in this study follows that of Natoli and Maloney (2019), in which a
₁₆₉ single composite diurnal cycle is created for CMORPH precipitation for all days in JJAS in the
₁₇₀ analysis period, defined here as the boreal summer composite diurnal cycle. In addition, separate
₁₇₁ composite diurnal cycles are created by averaging measurements from only days in that period
₁₇₂ in which an index of intraseasonal variability (e.g. QBWO or BSISO) was considered active and
₁₇₃ in a certain phase (one of eight). An anomaly in this study refers to the difference between the
₁₇₄ composite of interest and the JJAS mean. Statistical significance of the precipitation results also
₁₇₅ follows Natoli and Maloney (2019) using a bootstrapping method, where the composite diurnal
₁₇₆ cycle in an ISO phase was compared against 1000 composite diurnal cycles taken from random
₁₇₇ days in the study period, with a Poisson distribution used to account for the fact that ISO active
₁₇₈ days tend to come in non-independent groups of several days. More details can be found in Natoli
₁₇₉ and Maloney (2019).

₁₈₀ This study also calculates power spectra for a few different time series. This is done by calculating
₁₈₁ the spectrum for each season individually (e.g. JJAS 1998, 1999, etc.) after applying a Hanning
₁₈₂ window to reduce the Gibbs phenomenon. Then, spectra are averaged from all years to increase
₁₈₃ degrees of freedom, only considering the relevant season (boreal summer). The theoretical red
₁₈₄ noise spectra follow equation 5 of Gilman et al. (1963), which provides an estimate for how a power
₁₈₅ spectrum of a pure red noise process with the same autocorrelation as the time series of interest
₁₈₆ would appear. An F-test is employed to determine if the calculated power spectrum is significantly
₁₈₇ different from its corresponding theoretical red noise spectrum. OLR data is also bandpass filtered

188 to 10-20 days in this study to prepare the data for calculation of the QBWO index, and highlight
189 variability on relevant timescales for analysis of the 2018 PISTON period. This is done by applying
190 a Lanczos filter with 93 weights to detrended OLR data at each grid point (Duchon 1979).

191 *c. QBWO Index*

192 An index was created to track the QBWO in the west Pacific and facilitate analysis of its
193 relationship to the Philippine diurnal cycle. Many prior studies have created indices for this
194 features, but a consensus has yet to emerge on the best method (Kikuchi and Wang 2009; Han
195 et al. 2020; Yan et al. 2019; Qian et al. 2019). The timescale studied for the QBWO also differs
196 in the literature, but most include the 10-20 day period, with some extending to 25 or 30 days on
197 the low frequency end, and others extending to 5 or 7 days on the high frequency end. Here, we
198 attempt to exclude both timescales more characteristic of synoptic scale variability (5-10 days),
199 as well as the longer time scales approaching the BSISO mode (20-30 days), and select a band of
200 10-20 days upon which to base our index. This timescale was found to display consistent westward
201 propagating activity in the region of interest that also resembles the QBWO behavior documented in
202 previous studies (Chatterjee and Goswami 2004; Chen and Sui 2010; Li et al. 2020). Additionally,
203 the 10-20 day band well-captures the spectral peak in lower tropospheric wind variability near the
204 Philippines.

205 Figure 2a shows the power spectrum calculated from 850-mb ERA5 zonal wind averaged over
206 northern Luzon (box L in Fig. 1) during JJAS 1998-2020. A statistically significant spectral peak
207 is identified around 10-15 days. This peak is robust across averaging domains that vary in both
208 size and shape surrounding the Philippine archipelago. Thus, the 10-20 day band encompasses
209 the spectral peak in the region of interest, produces the structure outlined in previous studies, and
210 excludes other time scales that may muddy results (Chen and Sui 2010; Yan et al. 2019). Fig. 2b

211 shows the same for Mindanao over box M, indicating a weaker but noticeable peak in the 10-15
212 day band that does not reach statistical significance.

213 The architecture of our index is most similar to that of Qian et al. (2019), only differing in
214 temporal and spatial domain, and filtering time scale that improve variance explained by the index.
215 EEOFs are calculated from the 10-20 day OLR anomalies inside the domain of 0-35N, and 115-
216 165W for JJAS 1979-2020, with information included at lags 0, 2, and 4 days prior. The spatial
217 patterns associated with the two leading modes of variability in 10-20 day OLR are shown in Fig.
218 3, which explain 16.67% and 16.31% of the variance respectively. They are well separated from
219 the other EOFs (not shown) and represent a propagating wave-like signal based on a lag correlation
220 analysis of their unfiltered principal components (described below in more detail) that maximizes
221 at 3-4 days. The coherence squared between the two PCs averaged inside the 10-20 day band is
222 0.81. The patterns are presented in Figure 3 such that time progresses going downward, and the
223 pattern at lag 4 of EEOF 2 is roughly equivalent to the lag 0 pattern of EEOF 1. Thus, the time
224 progression continues through EEOF 1 first, and then through the lags of EEOF 2. The spatial
225 patterns shown here were not highly sensitive to choice of domain, filtering timescale (as long as
226 10-20 day band was included), lag timescale, and months analyzed. Other periods in addition to
227 JJAS were considered, but precipitation patterns over the northern Philippines appear somewhat
228 distinct in May or October (not shown), which motivated the choice for the shorter season.

229 To calculate the principal component (PC) time series, the *unfiltered* OLR anomalies (with the
230 seasonal cycle removed) are projected back onto the EEOF patterns in Fig. 3. Since unfiltered OLR
231 anomalies make up the PCs, it must be assured that they still capture the 10-20 day timescale well,
232 as we do allow for other time scales to project on the index. Spectra for both PC1 and PC2 (Fig.
233 3d, h) show strong, statistically significant peaks in spectral power on 10-20 day timescales. While
234 there is some bleeding to both higher and lower frequencies, no distinct peak can be seen elsewhere

235 in the spectrum, which provides confidence that this index is picking up westward propagating
236 signals that oscillate on roughly 10-20 day time scales.

237 The use of an EEOF index also allows for more direct comparison to MJO or BSISO studies
238 that employ the commonly-used RMM index for the MJO (Wheeler and Hendon 2004), or the Lee
239 et al. (2013) index for the BSISO. We can split the phase space into 8 phases according to the sign
240 and magnitude of the corresponding PC time series for each day. Since the choices of the sign of
241 each PC and which PC to make the x-axis or y-axis in the phase space are arbitrary, we defined
242 them in this study such that the “active” phases for the Philippines most closely correspond to the
243 “active” phases of the Lee et al. (2013) index for the BSISO. In other words, phases 2-4 generally
244 correspond to suppressed convection and low-level easterly winds over Luzon for both indices,
245 while phases 6-8 generally indicate enhanced convection and strong westerlies. This allows for the
246 direct comparison of the precipitation behavior and background conditions over the Philippines
247 later in this manuscript.

248 It is important to verify that our QBWO index is reasonably independent from the Lee et al.
249 (2013) BSISO index before composites for each are directly compared in the subsequent sections.
250 Fig. 4 shows the number of days in a certain Lee et al. (2013) BSISO phase classified by each
251 QBWO phase. The vast majority (between 71 and 80%) of active QBWO days have an inactive
252 BSISO, and there is no preference for a day to be classified as the same numbered phase in each
253 index. This percentage is consistent with BSISO activity across the entire study period, as the index
254 is inactive about 75% of the JJAS days between 1998 and 2020. Anti-correlation between QBWO
255 and BSISO activity has also been found on interannual timescales (Yang et al. 2008). The third
256 and fourth multivariate EOF identified by Lee et al. (2013), which are by definition independent
257 from the first two EOFs which make up the BSISO index, have been shown to capture some QBWO

variability (Qian et al. 2019). Thus, the QBWO index appears to be randomly selecting from BSISO activity, and we can assume that they are independent.

3. Results

a. 2018 PISTON Case Study

The operational period of the 2018 PISTON field campaign (14 August - 14 October 2018) is used as a case study to assess this index and 10-20 day variability for a specific time period, before leading into a more general composite analysis in the next subsection. This time period was selected because prominent 10-20 day variability was apparent in raw data during a major field campaign (Sobel et al. 2021). One of the original goals of the 2018-19 PISTON project was to sample lower frequency intraseasonal oscillations, like the BSISO. However, the 2018 leg of the experiment witnessed minimal BSISO activity during the two month long cruise, only sampling a suppressed phase of an MJO-like disturbance in early October. While exploration of the tropical QBWO was not an original goal, the noteworthy variability observed on this timescale described below presents an opportunity to learn more about this feature (Sobel et al. 2021).

Figure 5 shows a time-height diagram of zonal wind observations from radiosondes released during PISTON. The top panel shows 12-hourly soundings released from the Yap island, while the bottom shows the 3-hourly soundings released aboard the R/V Thomas G. Thompson, with white space when the ship was in port or in transit (see Fig. 1 for locations). Both locations in the west Pacific observed significant variability in zonal wind on 10-20 day timescales. Roughly every two or three weeks, the region experienced surges of fairly strong westerly winds in the low levels, extending through much of the troposphere and lasting about 7-10 days. Westerly winds tapped into deep monsoonal flow bringing increased moisture and increased mesoscale convective system

280 activity (Chudler and Rutledge 2021; Sobel et al. 2021). Such monsoon surges were often caused
281 by and/or enhanced by tropical cyclones (TCs) passing northeast of the study domain, similar
282 to events described in Cayanan et al. (2011) and Bagtasa (2017). These were interspersed with
283 tranquil periods of weak trade easterlies. The identification of enhanced QBWO activity during the
284 2018 boreal summer season is consistent with prior work suggesting a preference for such activity
285 during El Niño years (the late summer of 2018 featured a strengthening El Niño event) and during
286 periods of decreased BSISO activity (Yang et al. 2008; Yan et al. 2019).

287 Fig. 6 shows both the total OLR anomalies from the seasonal cycle averaged from 0-25N,
288 and the anomalies on the 10-20 day time scale (note the difference in color-scale) during the
289 2018 west Pacific monsoon season and PISTON period. Superimposed on these anomalies are
290 the longitudinal positions of TC storm centers that entered the 0-25N latitude band during the
291 period (Knapp et al. 2018, 2010). It can be seen that the TCs do occasionally project onto this
292 timescale, but the 10-20 day band does include more than just propagating TCs (Ko and Hsu 2006,
293 2009). 10-20 day filtered anomalies during this period are generally westward-propagating, and
294 consistently active throughout the monsoon season. This holds true when other years are selected,
295 but only 2018 is shown here. Thus, the 2018 field campaign observed notable 10-20 variability
296 in lower tropospheric winds (Fig. 5), which corresponds to westward propagating signals in OLR
297 when filtered to this band (Fig. 6).

298 The evolution of our QBWO index through the field campaign is shown in Figure 7. It can be seen
299 that prominent 10-20 day variability consistently projected onto the index during the two month
300 period. QBWO activity generally moved through each of the phases in order, and remained in a
301 single phase for 1-2 days. According to this index, the strongest period of activity that progressed
302 through a complete cycle occurred from roughly 11 September to 23 September, with days at

303 least one day in each phase and an amplitude ($a = \sqrt{PC1^2 + PC2^2}$) greater than 1.0 throughout the
304 period.

305 CMORPH precipitation estimates averaged across latitude in Box M (Fig. 1) over Mindanao are
306 shown for this highlighted 13-day period in Figure 8. Fig. 8b shows total column water vapor and
307 850-hPa zonal wind anomalies from the JJAS composite mean diurnal cycle from ERA5 averaged
308 inside box M. Mindanao is shown here rather than Luzon because Typhoon Mangkhut made a
309 direct landfall on 14 September. From 11 Sep to 15 Sep, Mindanao experienced strong westerly
310 winds at 850-hPa with increased moisture. Concurrently, there was relatively little precipitation
311 over the main island, with some heavy precipitation occurring over the Moro Gulf (Box D in Fig. 1)
312 to the west. As the QBWO index moved through phases 7-8 on 15-16 September, drier conditions
313 moved over Mindanao, and there was relatively little precipitation anywhere in the domain. Then
314 from 17-20 September, the main island exhibited pronounced diurnal precipitation over the high
315 topography, with westward propagation into the evening and overnight each day (most prominent
316 on 17 Sep). Moisture was slightly higher than normal during this period, while winds started with
317 easterly anomalies and transitioned to westerly anomalies by the 20th.

318 The end of the cycle from 21-23 September, during phases 4-5 in our index, displayed markedly
319 different diurnal precipitation behavior. With weakly positive moisture anomalies and westerly
320 wind anomalies, the diurnal cycle was relatively inactive over the Moro Gulf and western Mindanao
321 (although there was some nocturnal precipitation on 22 Sep in the Moro Gulf), while the eastern
322 coastline experienced strong evening precipitation each day, with some indication of propagation
323 to the east into the Philippine Sea. Even from a short case study, these results are consistent with
324 other studies pointing to high moisture and offshore lower tropospheric wind as environmental
325 background conditions favoring a strong diurnal cycle, which here is related to 10-20 day variability
326 (Vincent and Lane 2017; Natoli and Maloney 2019; Sakaeda et al. 2020).

327 The PISTON period is used in this study to show that 10-20 variability and its impact on the
328 diurnal cycle can show up in raw data during a major field campaign and test our index during a
329 real event. However, a two month period is not sufficient to draw robust conclusions. Thus, we
330 will discuss a composite analysis based on the index described above in the following sections.

331 *b. Large Scale*

332 Variables are composited by each of the 8 phases of this index, with days on which the index
333 amplitude is less than 1 excluded. The total number of days included in each composite can be
334 found in Fig. 4. Figure 9 shows the large scale structure of the QBWO as captured by this index,
335 with every other phase shown. Daily unfiltered OLR anomalies with ERA5 850-hPa vector wind
336 anomalies superimposed are shown on the left, with ERA5 total column water vapor anomalies
337 and total wind (not anomalies) on the right. The index captures the northwestward propagation
338 of alternating zones of suppressed and enhanced convection, associated with anti-cyclonic and
339 cyclonic wind anomalies respectively, consistent with QBWO structure observed in prior studies
340 (Chen and Sui 2010; Qian et al. 2019; Yan et al. 2019).

341 Suppressed convection dominates much of the tropical western Pacific in phase 1, with anomalous
342 easterly winds and dry air pushing across the region. The remnant of a westerly monsoon surge
343 can be seen with southwesterly winds and moist conditions over the northern South China Sea and
344 Taiwan. By phase 3, the suppressed convection and easterly anomalies are maximized over the
345 northern Philippines, along with a significant dry anomaly. In total wind, this phase is characterized
346 by trade easterlies dominating the entire domain outside of the mid-latitude westerlies on the
347 northern fringes. Some indications of weakly enhanced convection begins to emerge in this phase
348 around 10N, 145E. In phase 5, the enhanced convection becomes much more prominent, with a
349 well defined anomalously cyclonic circulation centered over the Philippine Sea. Monsoon westerly

350 winds start to strengthen over the Philippines and nearby waters, collocated with increasing moisture
351 content. Enhanced convection, total column water, and westerly winds are maximized over the
352 northern Philippines in phase 7, with an obvious monsoon surge penetrating deep into the Pacific.
353 Overall, these structures are very similar to QBWO structures depicted in prior work (Chen and
354 Sui 2010; Qian et al. 2019).

355 Figures 10 and 11 show the impact of the QBWO on precipitation across the Philippine
356 archipelago. Daily mean precipitation anomalies generally follow the anomalies in column mois-
357 ture shown in Fig. 9, consistent with many other studies highlighting the importance of moisture,
358 particularly in the lower to middle free troposphere, for maintaining convection and precipitation
359 (Bretherton et al. 2004; Holloway and Neelin 2009, 2010; Kuo et al. 2017; Vincent and Lane
360 2017). Enhanced precipitation is manifest in a southwest to northeast band that moves to the
361 northwest. The vast majority of these points are statistically significant at the 95% confidence level
362 determined via a bootstrapping method. An interesting exception is Mindanao in the southern
363 Philippines (see Fig. 1), which generally does not follow the precipitation pattern of neighboring
364 seas. There is some evidence that surges of the monsoon do not provide as significant a modulation
365 of oceanic convection near and south of this island when compared to islands further north (Natoli
366 and Maloney 2019; Xu et al. 2021).

367 The variability of the amplitude of the diurnal cycle through the QBWO cycle is noted in Fig.
368 11. Diurnal amplitude is defined in this study as the amplitude of the first diurnal harmonic of
369 the composite diurnal cycle. A strong diurnal cycle begins to emerge over Mindanao in phase 2,
370 peaking there in phase 3. This signal is also present in the Moro Gulf, the small body of water to the
371 southwest of Mindanao, likely indicating offshore propagation from land-based convection (Natoli
372 and Maloney 2019). The central Philippines and Luzon see strong diurnal cycles maximizing in
373 Phases 4 and 5, still about 1/4 cycle ahead of the moisture maximum which occurs around phase

374 7. As in many prior studies examining the impact of the BSISO on the diurnal cycle in the 8-phase
375 framework, the amplitude of the diurnal cycle over the northern Philippines (Figure 11) is not
376 in phase with the daily mean precipitation (Peatman et al. 2014; Xu and Rutledge 2018; Natoli
377 and Maloney 2019; Chudler et al. 2020). Despite widespread oceanic convection and abundant
378 moisture in phase 7, the amplitude of the diurnal cycle is strongly suppressed over large islands of
379 the Philippines. The strongest diurnal cycle tends to occur several phases before the maximum in
380 daily mean precipitation and column moisture, when winds are still weakly easterly (Fig. 9f,g).
381 Generally, this is consistent with the impact of the BSISO on the diurnal cycle. In subsequent
382 sections, the differences between the diurnal cycle behavior associated with the QBWO and the
383 BSISO are examined in detail with the goal of elucidating the mechanisms important to diurnal
384 cycle regulation.

385 *c. Luzon*

386 Luzon is the largest and most populous island of the Philippines, and presents an excellent case
387 for examining the diurnal cycle due to the north to south orientation of its coastline and mountain
388 ranges (Fig. 1). Fig. 12 shows Hovmöller plots of composite diurnal cycles from each QBWO
389 phase to better interpret offshore propagation. CMORPH precipitation rate is averaged across
390 latitude inside box L (Fig. 1), which covers northern Luzon, and shows a strong diurnal cycle over
391 land peaking in the late afternoon for all phases. While the diurnal cycle is present in all, there
392 is variability in its prominence and behavior. Phase 3, for example, has a weaker precipitation
393 maximum and some initial propagation offshore both east and west, but precipitation dissipates
394 rather quickly. In phases 4 and 5 (which have the strongest diurnal cycle amplitude anomalies in
395 Fig. 11), precipitation rate maximizes over the highest topography and then persists much later into
396 the night while propagating offshore, with the westward direction favored. Oceanic precipitation

397 increases further in phase 6, while phases 7-8 shows a constantly elevated precipitation rate offshore
398 (particularly west of Luzon), with lesser diurnal variation. There still some evidence of a diurnal
399 cycle over the highest elevations of the island.

400 While the diurnal cycle over western Luzon and the South China Sea appears to peak around
401 phase 5, there is a notable asymmetry. The diurnal cycle on the eastern part of the island appears
402 stronger in phase 1, with some weak propagation into the Philippine Sea. This asymmetry has
403 also been noted for the impact of both the BSISO/MJO and some convectively coupled equatorial
404 waves on the diurnal cycle (Ichikawa and Yasunari 2006, 2008; Sakaeda et al. 2017, 2020; Natoli
405 and Maloney 2019), and warrants a closer look.

406 Figure 13 shows the diurnal cycle over certain subsets of the island, with boxes of spatial averaging
407 shown in Fig. 1. Fig. 13a-c show the composite diurnal cycles in these boxes for select phases
408 of the QBWO and the BSISO, according to the Lee et al. (2013) index. The orange lines show
409 the phase with the largest diurnal range (difference between daily maximum and daily minimum
410 precipitation rate) in the composite, while the blue lines show the phase with the smallest. These
411 results were also considered for the diurnal amplitude, and the conclusions are similar. The right
412 column shows the progression of the diurnal range and daily mean precipitation rate through each
413 of the 8 phases of both indices.

414 The daily mean precipitation rates track together very closely between the BSISO and QBWO
415 in Fig. 13d-f for each region. This indicates that the phase numbers are approximately equivalent
416 in terms of proximity to the peak of the large scale convection associated with the feature of
417 interest. Generally, daily mean precipitation varies slightly more strongly with QBWO phase than
418 with BSISO, but the differences are modest. The diurnal range is also remarkably similar. Over
419 northwest Luzon (Fig. 13e) and the coastal South China Sea (Fig. 13d), the largest range of the
420 diurnal cycle leads the daily mean precipitation by about 1/4 cycle in both the QBWO index and

421 the BSISO index. The magnitude of the change in diurnal range appears similar for both indices
422 despite the slightly stronger modulation of the daily mean precipitation by the QBWO.

423 The details of the diurnal cycle (Fig. 13a-c) look remarkably similar as well. Over land in
424 northwest Luzon (Fig. 13b), the highest amplitude phases have a sharply enhanced afternoon peak
425 compared to the JJAS mean, but precipitation is strongly suppressed at all other times of the day.
426 In the smallest diurnal range phases for each index, northwest Luzon sees consistently elevated
427 precipitation rates throughout the day, with a slight bump during the evening peak that doesn't quite
428 reach the JJAS mean precipitation rate at that time. The behavior over the South China Sea (Fig.
429 13b) is also similar, with phase 5 in each index exhibiting heavier precipitation during the typical
430 peak of around 2100 when westward propagating precipitation arrives. Phase 1 in each index has
431 a fairly constant precipitation rate all day, indicating that little convection that initiates over land is
432 propagating offshore (as also seen in Fig. 12a).

433 The two modes also exhibit the same east/west asymmetry, with the largest diurnal ranges coming
434 after the convective maximum for each index in the eastern part of the island. Over land in northeast
435 Luzon (Fig. 13f), the strongest diurnal cycle occurs after the peak in daily mean precipitation,
436 in phases 8 and 1 for the BSISO, and phases 1 and 2 for the QBWO. Precipitation rate over
437 this region throughout the day (Fig. 13c) exhibits similar behavior at the end of the convective
438 maximum (phases 8, 1, 2) compared with northwest Luzon (Fig. 13b) in the phases leading up to
439 the convective maximum (phases 3-5) in both indices. This is consistent with conclusions drawn by
440 Sakaeda et al. (2020) on diurnal cycle asymmetry through the passage of a large scale disturbance
441 like the MJO or an R1 wave. Overall, the diurnal cycle behavior over Luzon associated with the
442 QBWO index strongly resembles the results previously seen for the BSISO. This motivates the
443 hypothesis that the impact on the diurnal cycle is not unique to either mode, rather, that each mode
444 impacts the background state near Luzon similarly, leading to congruent diurnal cycle behavior.

445 *d. Mindanao*

446 In Mindanao, the diurnal cycle contributes much more to variability in daily mean precipitation
447 than it does over Luzon (Natoli and Maloney 2019). As such, the disconnect between the diurnal
448 range and daily mean precipitation is not as distinct as for Luzon. Figure 14 demonstrates that
449 the amplitude of the diurnal cycle is more closely aligned with daily mean precipitation over
450 Mindanao, whereas the diurnal amplitude leads the daily mean by about 1/4 cycle over Luzon.
451 Daily mean precipitation in Mindanao is not in phase with the large-scale convective maximum
452 over surrounding waters, as it is over Luzon. This discrepancy likely results from the fact that
453 there is very little precipitation overnight over Mindanao in any phase, as the island appears to not
454 receive as much oceanic precipitation during surges of the monsoon (Natoli and Maloney 2019 and
455 their Figures 7 and 9). Xu et al. (2021) and their Figure 1 also shows that the difference between
456 daily mean precipitation in the active BSISO compared to suppressed BSISO is much greater over
457 the waters west of Luzon than near Mindanao.

458 While explaining the difference in oceanic precipitation is beyond the scope of this paper, we
459 offer some hypotheses that the greater modulation of total column water vapor (Fig. 9) near Luzon
460 compared to Mindanao may be responsible for this since ambient moisture is a strong control
461 on tropical precipitation (Bretherton et al. 2004; Holloway and Neelin 2009, 2010). It is further
462 speculated that the location of Borneo upstream of Mindanao during the active southwesterly
463 monsoon flow may inhibit the moisture flux. This idea is consistent with recent work by Tan et al.
464 (2021), who showed a systematic increase in precipitation downwind of an MC island when it
465 was removed in a WRF simulation. Future experiments could follow the methods of Tan et al.
466 (2021) applied to the boreal summer monsoon. The behavior of the diurnal cycle for both Luzon
467 and Mindanao is quite similar, but the diurnal cycle appears to determine daily mean precipitation

⁴⁶⁸ much more strongly over Mindanao considering its relative lack of nearby oceanic precipitation
⁴⁶⁹ that could impact the island itself.

⁴⁷⁰ One interesting feature in Fig. 14 is that the BSISO has a noticeably stronger impact than the
⁴⁷¹ QBWO on both the diurnal range and (likely as a consequence) the daily mean precipitation rate
⁴⁷² in Mindanao. However, beyond the magnitude disparity, the diurnal cycle amplitude varies as a
⁴⁷³ function of each index similarly here as in Luzon. It should be emphasized that due to its location
⁴⁷⁴ further south, both the active QBWO and BSISO impact Mindanao in an earlier phase than Luzon,
⁴⁷⁵ thus the phase numbers of an active event do not exactly align between the two islands. Over the
⁴⁷⁶ central portion of the island (Box E in Fig. 1), a strong diurnal cycle is prominent in phase 3 for
⁴⁷⁷ both modes of intraseasonal variability (ISV) (Fig. 14b,e), which is about 1/4 cycle before the
⁴⁷⁸ large scale convective maximum in QBWO phase 5 (Fig. 6c). Fig. 14a,d shows that the timing of
⁴⁷⁹ the strongest diurnal cycle in the Moro Gulf (Box D in Fig. 1) with respect to phase of the ISV
⁴⁸⁰ mode follows that over land on the western shore, indicating likely offshore propagation.

⁴⁸¹ The maximum diurnal cycle over eastern Mindanao Fig. 14c,f occurs in phases 4-5 for the
⁴⁸² QBWO and phase 8 for the BSISO, while the minimum occurs in phase 2 for both. BSISO phases 4
⁴⁸³ and 5 do experience a slight bump in the range of the diurnal cycle, but it is smaller than the QBWO
⁴⁸⁴ increase in these phases, and smaller than the range in BSISO phase 8. In summary, the diurnal
⁴⁸⁵ cycle behavior in Mindanao and Luzon progresses qualitatively similarly through a life cycle of
⁴⁸⁶ both the QBWO and BSISO, with an elevated diurnal range occurring about 1/4 cycle before the
⁴⁸⁷ large-scale convective maximum on the western side of the archipelago and over neighboring seas.

488 **4. Discussion**

489 *a. Overview*

490 In this section, we will compare and contrast the environmental background conditions associated
491 with the QBWO and the BSISO in an effort to understand the mechanisms through which these
492 large scale features regulate the diurnal cycle. We aim to support a hypothesis that the type of ISV
493 mode itself is of secondary importance, and its impact on the background state through initiation
494 of a monsoon surge is what helps determine the strength of the diurnal cycle. In other words, if two
495 large-scale modes impact the local environmental background conditions in the same way, similar
496 diurnal cycle behavior should be expected.

497 Figure 15 shows three environmental variables from ERA5 averaged in box L (northern Luzon,
498 Fig. 1) for the left column, and in box M (Mindanao) for the right column. These variables were
499 cited by (Natoli and Maloney 2019) to explain much of the variability in the diurnal cycle. Figure 16
500 shows maps for phases 3 and 7 (roughly corresponding to the convective minimum and maximum
501 over Luzon shown in Fig. 9) to provide context. Results are composited by QBWO/BSISO phase,
502 with the JJAS mean shown as the dotted black line. As defined by these indices, it is evident that
503 the environmental conditions are modulated similarly by both modes, over both islands.

504 Environmental moisture, particularly in the lower to middle free troposphere, has been shown
505 to be a primary control the strength and longevity on tropical convection (Bretherton et al. 2004;
506 Holloway and Neelin 2009). A rich supply of moisture in the environment will promote heavy
507 rainfall, and longer-lived convection that propagates further offshore overnight. Dry conditions
508 may weaken convection through entrainment, resulting in weaker rain rates and thus a weaker
509 diurnal cycle that dissipates more rapidly (Kuo et al. 2017). The second variable considered is
510 surface downwelling shortwave radiation, which is primarily modulated by cloud cover. Some

511 studies have identified higher insolation as being responsible for stronger diurnal cycles occurring
512 in the suppressed phase of the MJO (Rauniyar and Walsh 2011; Peatman et al. 2014; Bergemann
513 et al. 2015; Birch et al. 2016). During large-scale suppressed convection, the sky is relatively clear
514 and the increased insolation promotes a stronger sea-breeze circulation, which then leads to an
515 enhanced diurnal cycle. The last key variable is the lower tropospheric wind, considered in this
516 study at 850-hPa. Onshore wind tends to inhibit the diurnal cycle on the windward side of an
517 MC island, and enhance it on the leeward side, while also promoting leeward offshore propagation
518 (Ichikawa and Yasunari 2006, 2008; Oh et al. 2012; Yanase et al. 2017; Sakaeda et al. 2020). A
519 sufficiently strong background wind may ventilate the land surface and reduce the land-sea thermal
520 contrast, leading to a weakened diurnal cycle (Shige et al. 2017; Wang and Sobel 2017; Qian 2020).
521 Thus, sufficient ambient moisture, increased solar radiation, and weakly offshore winds each are
522 proposed to promote a strong diurnal cycle over land (Vincent and Lane 2016). Propagation
523 offshore to the west may be more sensitive to moisture content, given that afternoon convection
524 develops over land (Hassim et al. 2016; Coppin and Bellon 2019).

525 *b. QBWO and BSISO Similarities*

526 Each mode strongly modulates total column water vapor (TCWV) over the Philippines (Figs.
527 15a,d, 16a-b,g-h). This is roughly in line with the large-scale convective maximum tracked by
528 OLR (Figs. 9, 16c-d,i-j). Surface downwelling solar radiation is anti-correlated with TCWV,
529 maximizing during the large-scale suppressed period, and minimizing on the cloudy days of the
530 active state (Fig. 15b,e). The strongest diurnal cycles appear to occur when none of the above
531 variables are strongly unfavorable, which materializes during the transition from suppressed to
532 active large-scale convection for both modes. TCWV and insolation have competing influences,
533 with the active phases of each mode exhibiting high TCWV, which supports diurnal precipitation

534 (Vincent and Lane 2016), and low insolation, which inhibits the diurnal cycle (Rauniar and Walsh
535 2011; Peatman et al. 2014; Birch et al. 2016). Lower tropospheric wind perpendicular to the
536 coast (zonal wind in this case, since the coastline is oriented north to south), can be invoked to
537 explain why the transition from inactive to active is associated with stronger diurnal cycles than
538 the opposite transition (Figs. 15c,f, 16e-f,k-l)

539 Both the QBWO and BSISO strongly modulate low-level wind over the Philippines. Over Luzon,
540 both indices capture easterly wind anomalies at 850-hPa in phases 3-5, and westerly wind anomalies
541 in phases 7, 8, and 1. The phases (4 and 5 in each index) with the strongest diurnal cycles over
542 northwest Luzon are associated with easterly wind anomalies, and weak total easterly offshore
543 winds. In the opposite transition (phase 1 of each index), Luzon experiences near average moisture
544 and near average shortwave radiation, but the diurnal cycle amplitude is much weaker than phase 5
545 on the western coast and the SCS, associated with continued westerly wind anomalies (Figs. 11a,e,
546 12a,e, and 13d,e,). Thus, high amplitude diurnal cycles appear to occur on the leeward side of the
547 island when neither moisture or insolation are strongly unfavorable, consistent with other studies
548 exploring the MJO-diurnal cycle relationship (Virts et al. 2013; Qian 2020).

549 Offshore propagation is also similarly influenced by each mode. The phase numbers refer to the
550 corresponding conditions for Luzon for both modes, but the mechanism is still valid for Mindanao
551 approximately 2 phases earlier. When large-scale convection is strongly suppressed and winds
552 are slightly anomalously easterly (phases 2-3, Fig. 9), precipitation still forms over land during
553 the afternoon, but it dissipates quickly rather than propagating offshore (Figs. 12b,c, 13e). This
554 section of the cycle is likely too dry for the most robust offshore propagation. The transition from
555 suppressed to active (phases 4-5) exhibits continued strong diurnal cycles over land associated with
556 easterly low-level wind anomalies, neutral insolation anomalies, and increasing moisture content.
557 Offshore propagation to the west is most robust here (Figs. 12, 13d), as more moist air is entrained

558 into developing convection (Hassim et al. 2016; Coppin and Bellon 2019). During the large-scale
559 convective maximum (phases 6-7), moisture is plentiful, but strong onshore westerly winds and
560 cloudy conditions inhibit the diurnal cycle despite abundant oceanic precipitation in the SCS. The
561 opposite transition in both modes (phases 8, 1) experiences continuing westerly winds despite
562 insolation becoming more favorable. The onshore wind reduces the diurnal cycle on the west
563 (windward) side, but strong diurnal cycles can still be found on the east (leeward) side with weak
564 leeward propagation into the Philippine Sea (Ichikawa and Yasunari 2006; Virts et al. 2013).

565 *c. QBWO and BSISO Differences*

566 There are also some subtle differences in diurnal cycle behavior for the QBWO versus the BSISO
567 life cycles, possibly due to subtle differences in modulation of the environmental background
568 conditions. The diurnal cycle amplitude over Mindanao in phases 3 and 4 of the QBWO is smaller
569 than phases 3 and 4 of the BSISO (Fig. 14a-b,d-e) despite rather similar values of environmental
570 moisture and isolation in each (Fig. 15d-e). However, the 850-hPa zonal wind appears to be more
571 precisely in phase with the increase in moisture and cloudiness during a QBWO life cycle, with all
572 three maximizing in phase 5 and minimizing in phase 1. For the BSISO, the increase in low level
573 wind appears to lag the increase in moisture and cloudiness by one phase, resulting in more a more
574 westerly wind in phases 3-5. Mindanao thus experiences more anomalously westerly winds during
575 QBWO phases 3-5, corresponding to a weaker diurnal cycle compared to BSISO phases 3-5, and
576 less anomalously westerly winds during QBWO phases 6-8, corresponding to a stronger (i.e. less
577 suppressed) diurnal cycle compared to BSISO phases 6-8.

578 Moreover, despite the stronger modulation of moisture and insolation, the QBWO appears to
579 modulate lower tropospheric zonal wind more weakly (Fig. 16e-f,k-j) over both islands. Such
580 behavior could hint at a possible stronger diurnal cycle regulation by the low-level wind compared

581 to the other variables, as the diurnal cycle amplitude varies similarly or even slightly less with
582 QBWO phase compared to BSISO phase. It is also worth noting here that the spectral power
583 of 850-hPa wind over Mindanao in the 10-15 day band cannot be statistically distinguished from
584 red noise at the 90% confidence level (Fig. 2b). This is consistent with Mindanao observing
585 noticeably greater maximum diurnal amplitude in the BSISO composites compared to the QBWO
586 composites. The subtle difference in the timing and strength of the wind variability with the QBWO
587 life cycle could present a plausible explanation for some of the differences in precipitation behavior.
588 However, more work, particularly model sensitivity tests, would be required to address this more
589 directly.

590 5. Conclusions

591 This study has examined the variability of the Philippine diurnal cycle on the quasi-biweekly
592 (10-20 day) time scale. To the knowledge of the authors at the time of writing, this is the first study
593 to explore the relationship between the quasi-biweekly oscillation (QBWO), a northwestward prop-
594 agating mode of variability in tropical convection and wind in the northwest tropical Pacific, and
595 the diurnal cycle of precipitation in this region. While the MJO/BSISO-diurnal cycle relationship
596 has received considerable attention, comparatively little has been dedicated to the quasi-biweekly
597 mode despite accounting for a similar or even larger slice of the variance in convection (Kikuchi
598 and Wang 2009; Qian et al. 2019). These findings complement and are generally consistent with
599 that of Sakaeda et al. (2020) who examined the variability in the diurnal cycle associated with
600 several other large-scale modes of tropical variability. This study also extends some of their ideas
601 to the Asian and west Pacific summer monsoon region. The main findings are summarized as
602 follows:

- The Philippines and surrounding waters experience noteworthy variability in convection and wind on the 10-20 day timescale (Figs. 2, 6, and 8), and this was observed in the field during the 2018 campaign Propagation of Intraseasonal Tropical Oscillations (PISTON; Figs. 5 and 6; Sobel et al. 2021).
- A QBWO index is described that captures a northwestward propagating area of enhanced convection on 10-20 day timescales, associated with increased moisture, cyclonic vorticity, and a surge of southwesterly monsoon winds (Fig. 9).
- Daily mean precipitation over the Philippines and coastal waters tracks with the large-scale convective envelope, except over Mindanao (Fig. 10). This is similar to results seen for the BSISO (Natoli and Maloney 2019; Chudler et al. 2020; Xu et al. 2021), but the QBWO appears to have a slightly stronger impact over Luzon.
- The amplitude of the diurnal cycle on the west side of the Philippines is maximized during the late-suppressed stage and transition from suppressed to active convection (Figs. 11, 13, and 14).
- Prominent offshore propagation to the west into the South China Sea occurs when moisture and insolation are sufficiently high, and the low-level wind points offshore, which occurs during the transition to active convection (Figs. 12, 13a,d, 14a,d, 15). This is also consistent with findings for the BSISO, but the diurnal modulation by the QBWO appears to be slightly weaker over Mindanao (Fig. 14).
- The increase in moisture, cloudiness, and westerly winds arrive more or less in phase for the QBWO, while moisture leads by one phase for the BSISO (Fig. 15). This, combined with the slightly weaker modulation of low-level wind by the QBWO (Fig. 16) is hypothesized to

625 explain why the QBWO does not modulate the amplitude of the diurnal cycle more strongly
626 than the BSISO, particularly in Mindanao (Fig. 14).

627 These results show that the widely studied impact of the MJO/BSISO on the tropical diurnal
628 cycle (e.g. Peatman et al. 2014; Vincent and Lane 2016, 2017; Sakaeda et al. 2017; Lu et al.
629 2019) is not unique to this phenomenon, complementing several other studies exploring distinct
630 modes of variability and their impacts on local scale precipitation (Ferrett et al. 2019; Sakaeda
631 et al. 2020). We hypothesize that the large scale mode is rather unimportant beyond its impact
632 on the environmental background conditions to the island of interest, namely, low-level wind, free
633 tropospheric moisture, and insolation.

634 Heavy daily mean precipitation (Fig. 10), unsurprisingly, appears to closely follow total column
635 water vapor (Fig. 9; Bretherton et al. 2004; Holloway and Neelin 2009, 2010; Kuo et al. 2017), with
636 some orographic adjustments based on prevailing wind. The amplitude of the diurnal cycle and its
637 longevity when propagating offshore appear to be strongly related to competing the influences of
638 insolation and moisture (which support the diurnal cycle but are out of phase with one another),
639 and onshore wind (which inhibits the diurnal cycle and offshore propagation by decreasing the
640 land-sea thermal contrast and thus the sea-breeze; e.g. Wang and Sobel 2017; Qian 2020). The
641 strongest diurnal cycles with most pronounced offshore propagation generally occur on days with
642 average to above average moisture, sufficient insolation, and weakly offshore prevailing wind. This
643 is found for both the QBWO and the BSISO.

644 Testing the relative contributions of each of these key variables identified here is the subject of
645 ongoing analysis. While we have hypothesized a possible connection between these key variables
646 and the diurnal cycle behavior based on observations of very similar modulation by both the QBWO
647 and the BSISO, this analysis is insufficient to make more definitive statements and determine

648 causality. Consequently, we anticipate that our ongoing work isolating the response of the diurnal
649 cycle to these variables in high resolution models will provide additional insight.

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656 *Data availability statement.* Sounding data from the PISTON field campaign can be found at
657 <https://www-air.larc.nasa.gov/cgi-bin/ArcView/camp2ex>. CMORPH bias-corrected precipitation
658 data as described in Xie et al. (2017) can be downloaded at <https://www.ncei.noaa.gov/data/cmorph->
659 high-resolution-global-precipitation-estimates/access/30min/8km/. ERA5 data as described in
660 Hersbach et al. (2020) can be download at <https://www.ecmwf.int/en/forecasts/datasets/reanalysis->
661 datasets/era5. OLR data as described in Liebmann and Smith (1996) can be downloaded at
662 https://psl.noaa.gov/data/gridded/data.interp_OLR.html. IBTrACS data as described in Knapp
663 et al. (2010) can be found at <https://www.ncdc.noaa.gov/ibtracs/>.

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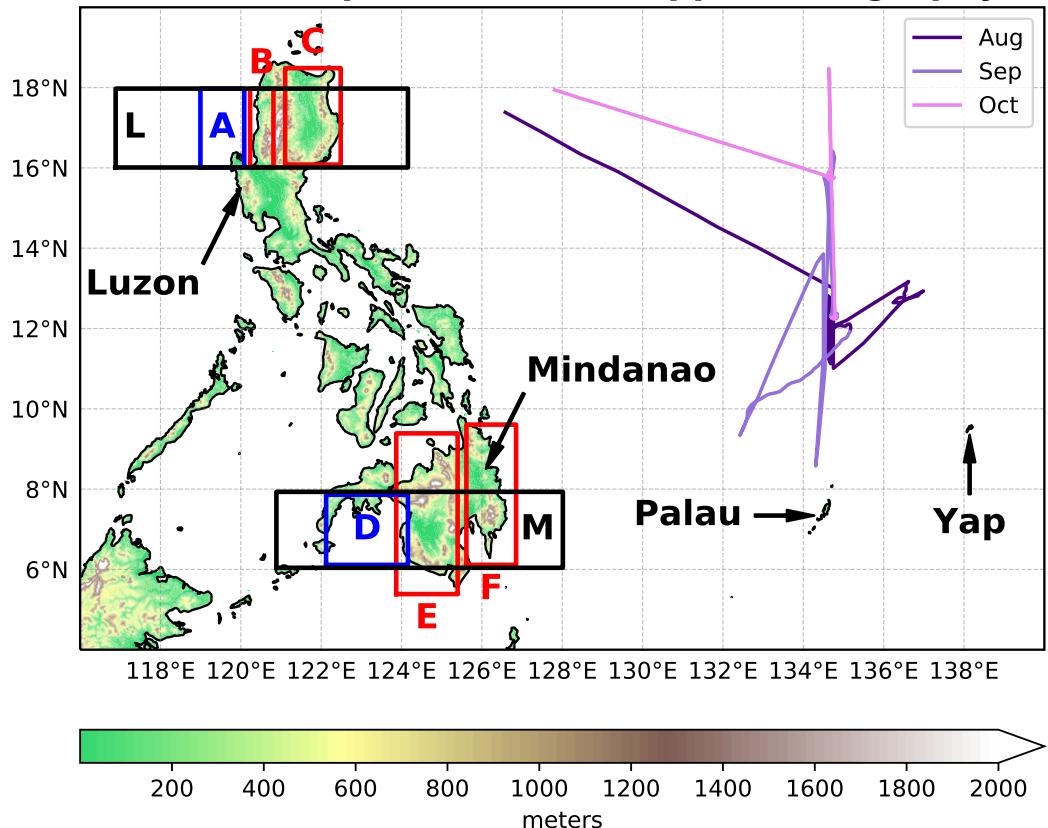
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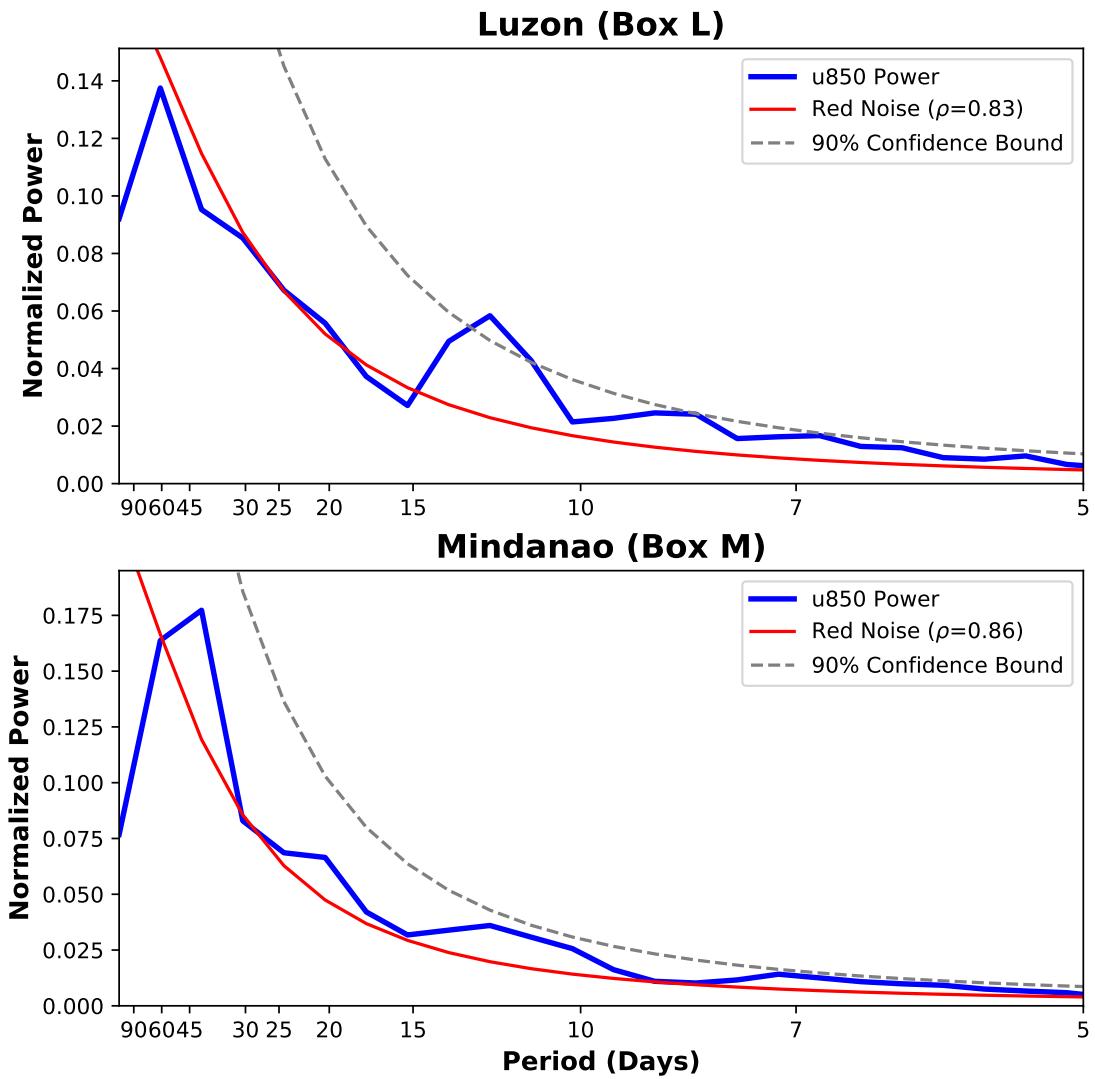
LIST OF FIGURES

946	Fig. 9. Composite maps by select QBWO phase over the West Pacific ocean of anomalies of OLR (W m ⁻²) and vector anomalies of 850-mb wind from ERA5 (left column), and anomalies of ERA5 total column water vapor (kg m ⁻²) with total 850-mb vector wind (right column). The total number of days in each composite can be ascertained from Figure 4	52
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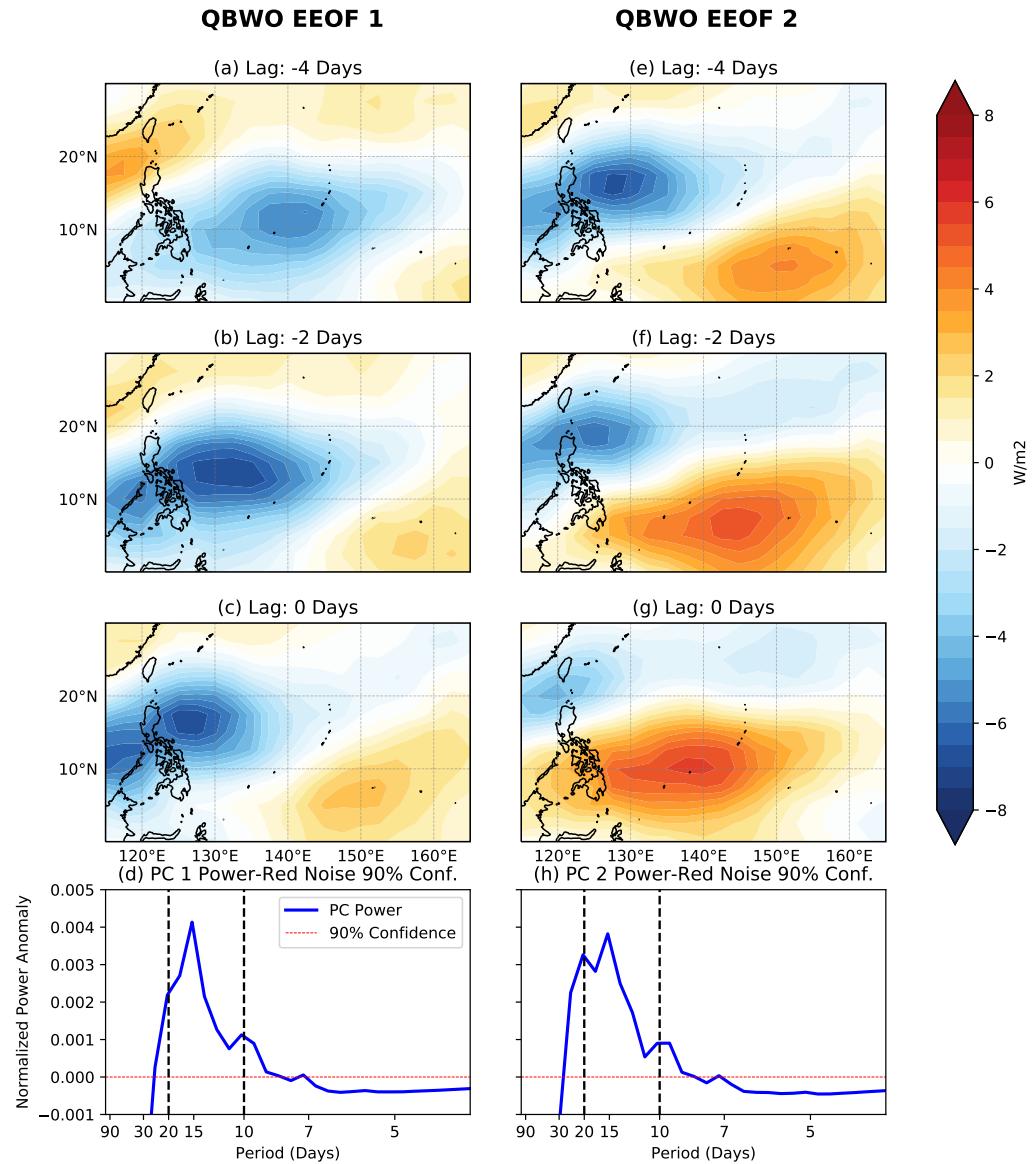
PISTON Ship Track and Philippine Geography



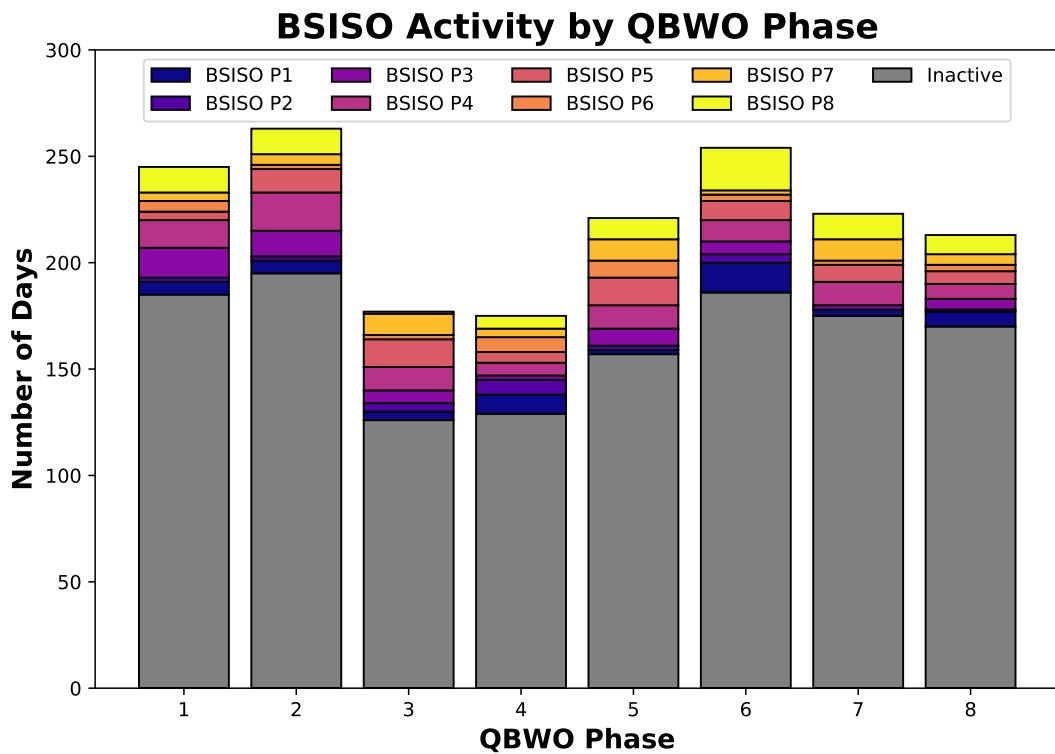
991 FIG. 1. NOAA ETOPO2 Topography (in meters) over the Philippines, with boxes of spatial averaging and
 992 important geographic features noted. The track of the R/V Thomas G. Thompson during the August-October
 993 2018 PISTON field campaign is also shown in purple, with August in the darkest color and October in the lightest.



994 FIG. 2. (a) Power spectrum of ERA5 850-mb zonal wind averaged inside box L in Fig. 1 during June-September
995 (JJAS) 1998-2020 (blue), with theoretical red noise spectrum (red; Gilman et al. 1963), and its 90% confidence
996 bound calculated with an F-test (gray, dotted). (b) As in (a) but for Mindanao, averaged inside box M.

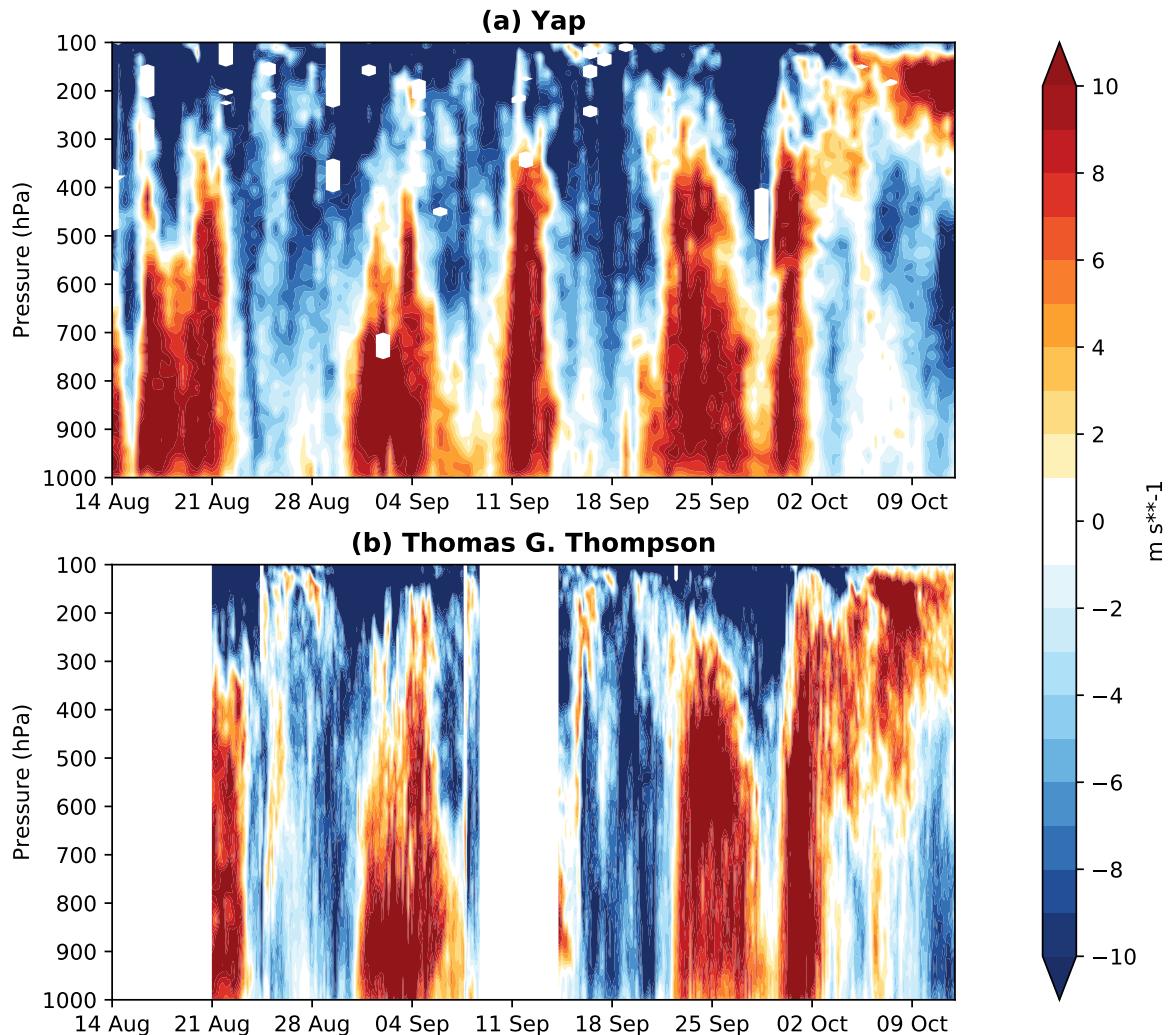


997 **FIG. 3.** Spatial pattern at -4 (top), -2 (middle), and 0-day (bottom) lags from extended EOFs 1 (left) and 2 (right)
998 of 10-20 day bandpass filtered AVHRR OLR anomalies in physical units (W m^{-2}). The bottom row shows the
999 difference between power spectra of each corresponding principal component time series and the corresponding
1000 90% confidence bound of a theoretical red noise spectrum with the same autocorrelation as the PC time series.
1001 Values above zero (dotted red line) can be considered statistically significant at the 90% confidence level.



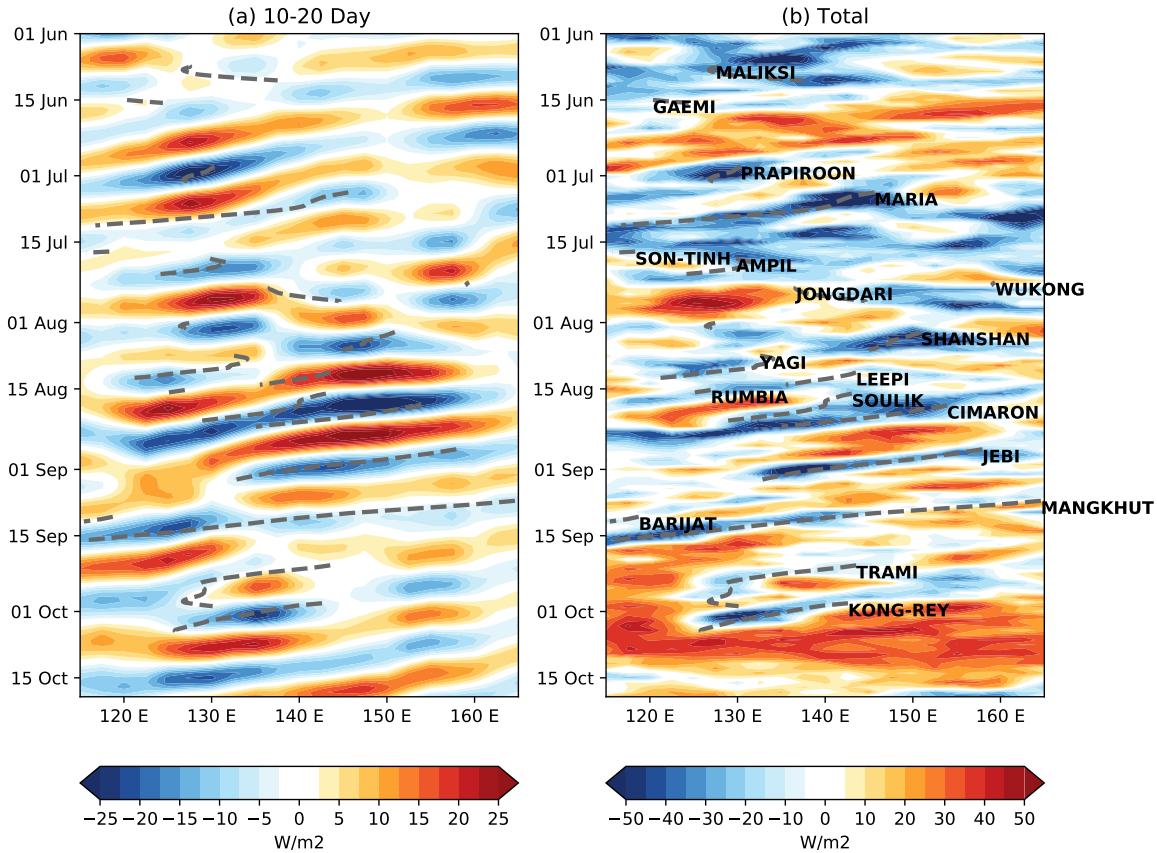
1002 FIG. 4. Number of days in a certain Lee et al. (2013) BSISO phase distributed by active QBWO phase. The
 1003 BSISO is considered to be inactive when the amplitude of the index is less than one. The darker color in the
 1004 stacked bar chart indicates days that are classified as the same phase number in both indices.

PISTON 2018 Soundings of Zonal Wind

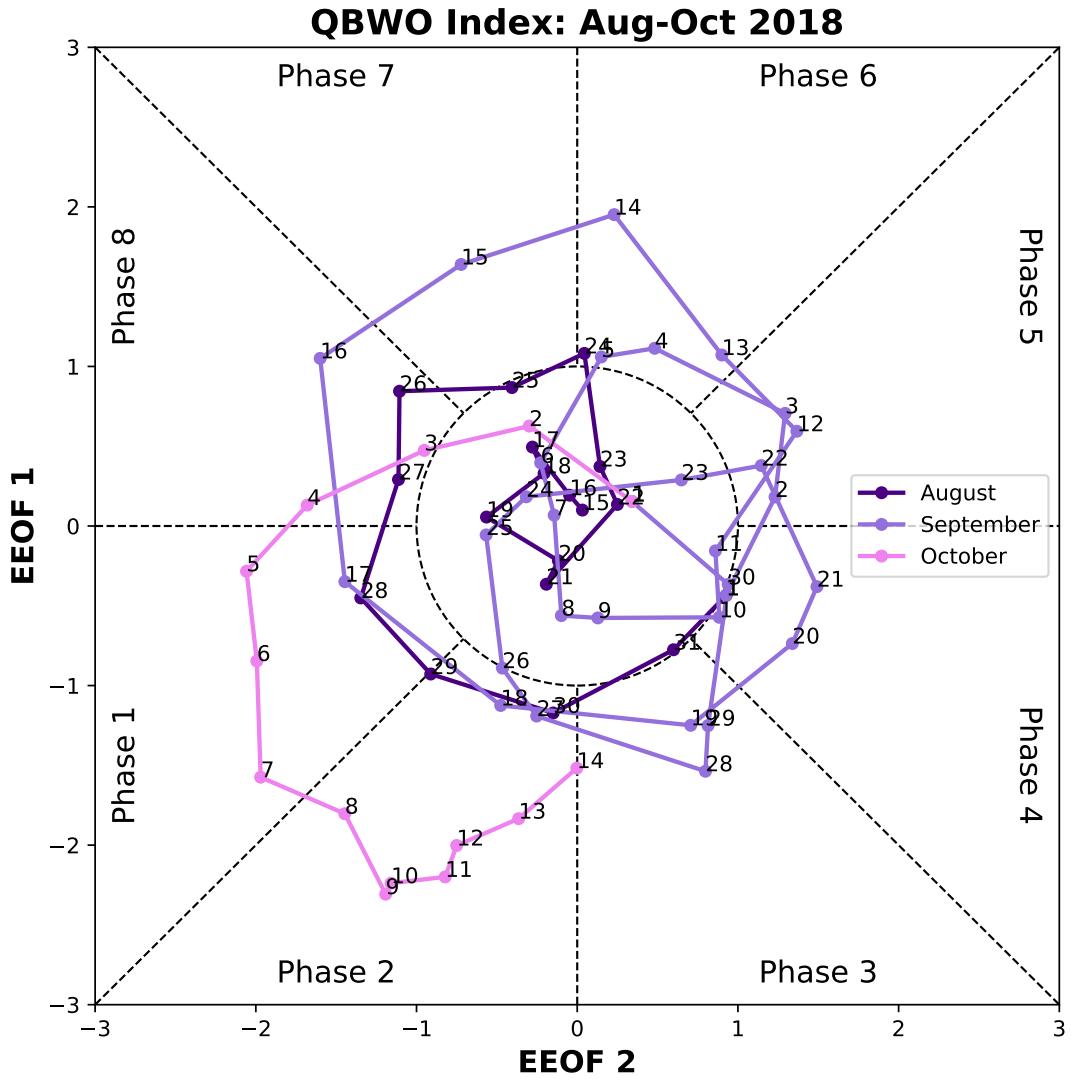


1005 FIG. 5. Time-height diagram of zonal wind from each sounding taken as part of the PISTON field campaign
1006 between 14 August 2018 and 13 October 2018. Soundings were taken every 12 hours from the island of Yap
1007 (top) and every 3 hours from the R/V Thomas G. Thompson during operational periods (bottom).

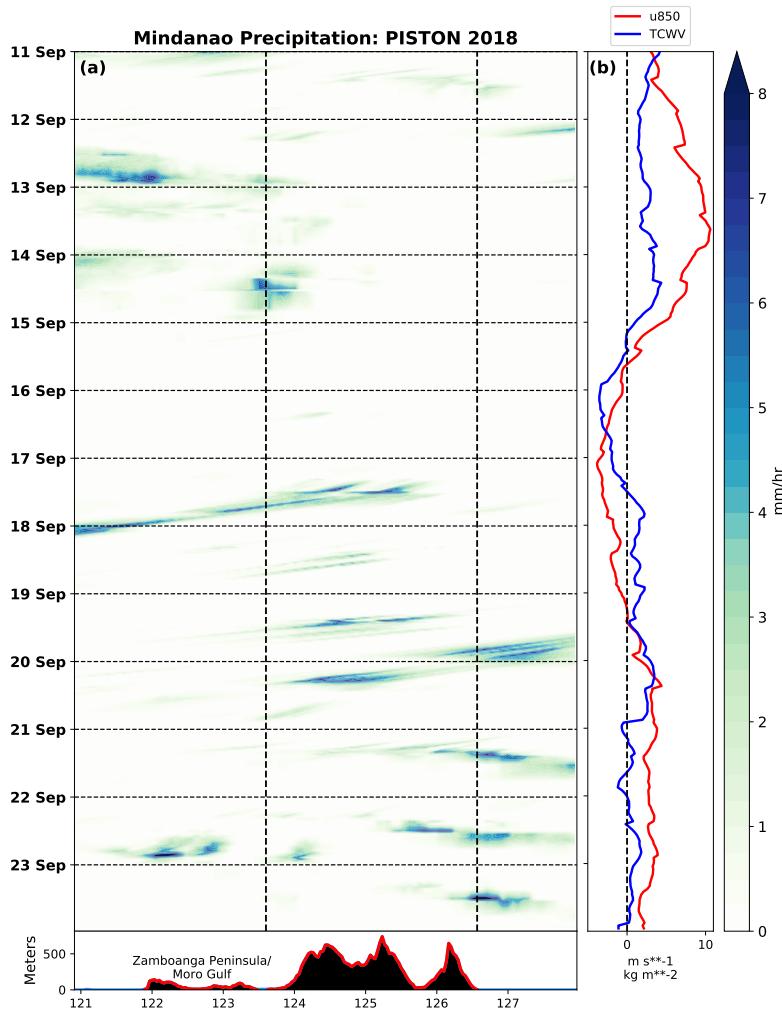
OLR Anomalies on Various Timescales: PISTON 2018



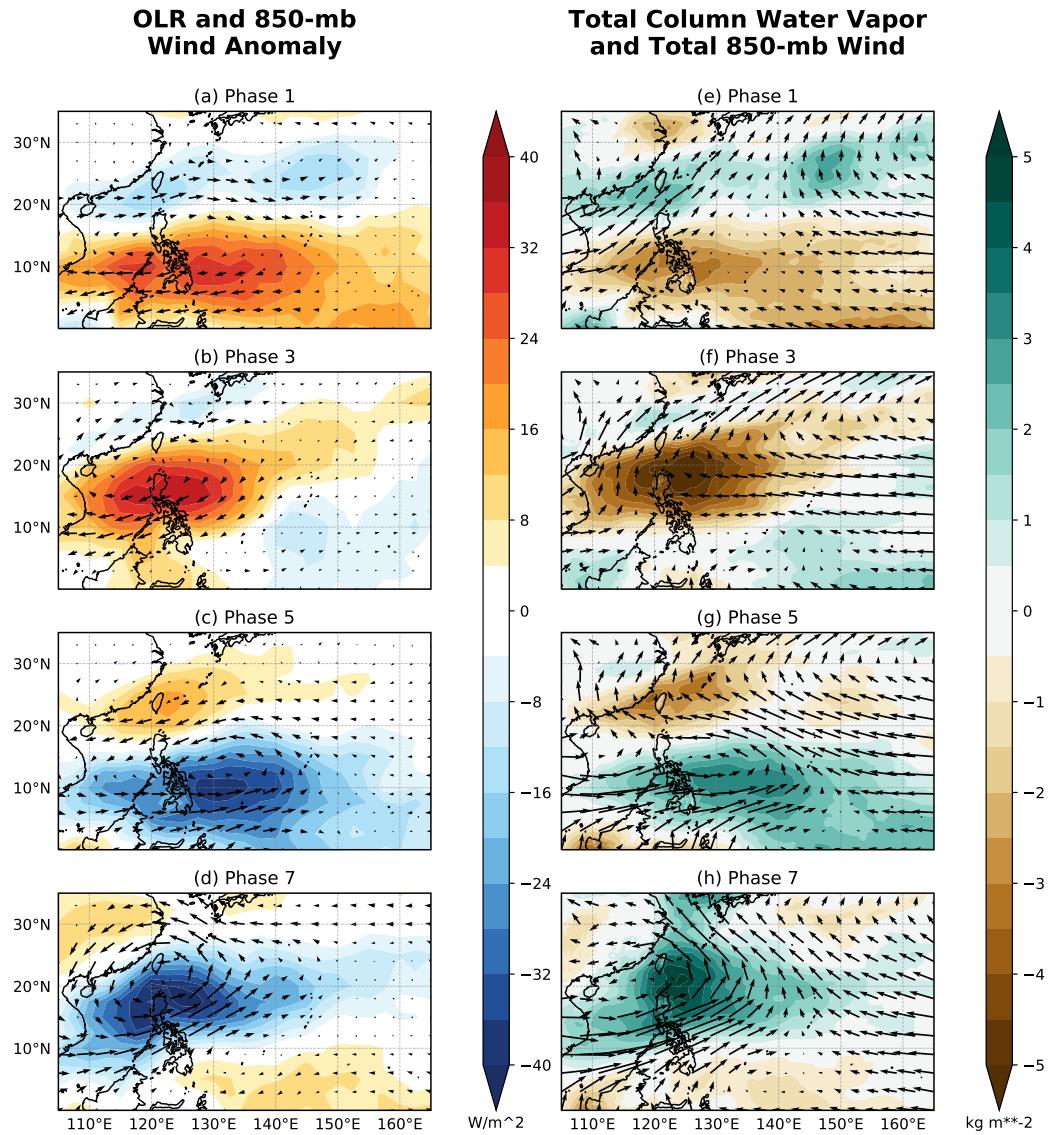
1008 FIG. 6. Hovmöller plot of AVHRR OLR averaged between 0 and 25N at each longitude during 1 June-20
 1009 October 2018, bandpass filtered to the 10-20 day timescale using a Lanczos filter with 93 weights in W m^{-2}
 1010 (left), and OLR anomalies from the seasonal cycle defined by the average daily climatology smoothed with a
 1011 7-day running mean (right). Named tropical cyclone tracks from IBTrACS are superimposed with gray dotted
 1012 lines when the storm center was inside 0-25N.



1013 FIG. 7. Phase space diagram of the QBWO index activity from 14 August-14 October 2018 (the PISTON field
 1014 campaign period), with the first principal component on the y-axis and the second principal component on the
 1015 x-axis. The split between the 8 phases is denoted with black dotted lines, while days with an amplitude less than
 1016 1 (inside the center circle) are considered inactive, and not part of any phase. August is shown in the darkest
 1017 color, with October in the lightest pink. The corresponding numbers indicate the date of each month.

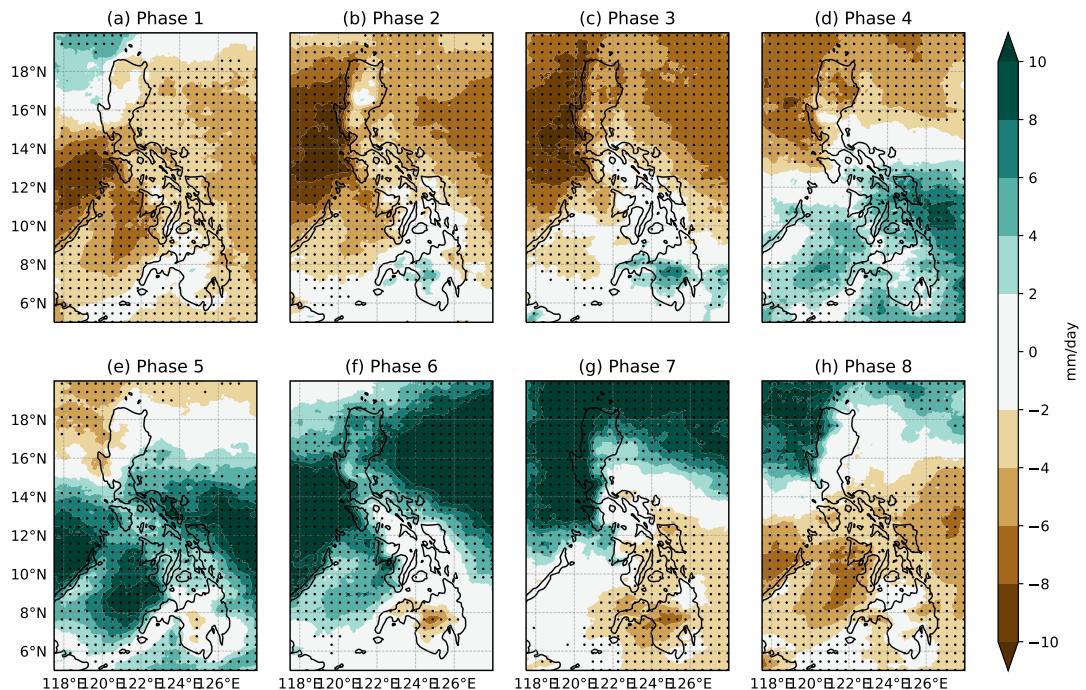


1018 FIG. 8. (a) CMORPH precipitation rate estimates (mm/hr) averaged from 6N-8N across Mindanao (Box M,
 1019 Fig. 1) from 11 September 2018 to 23 September 2018, during one full cycle of the QBWO index. The average
 1020 topography in this box from NOAA ETOPO2 is shown on the bottom, with the coastlines drawn as vertical dashed
 1021 black lines. Note that there are some land points west of the western coastline here, part of the Zamboanga
 1022 Peninsula. The horizontal dashed black lines correspond to 00 UTC, or 0800 local time. (b) Zonal wind at
 1023 850-hPa averaged across both latitude and longitude in Box M (red line) and total column water vapor (blue line)
 1024 from ERA5, with the JJAS composite diurnal cycle removed at each hour.



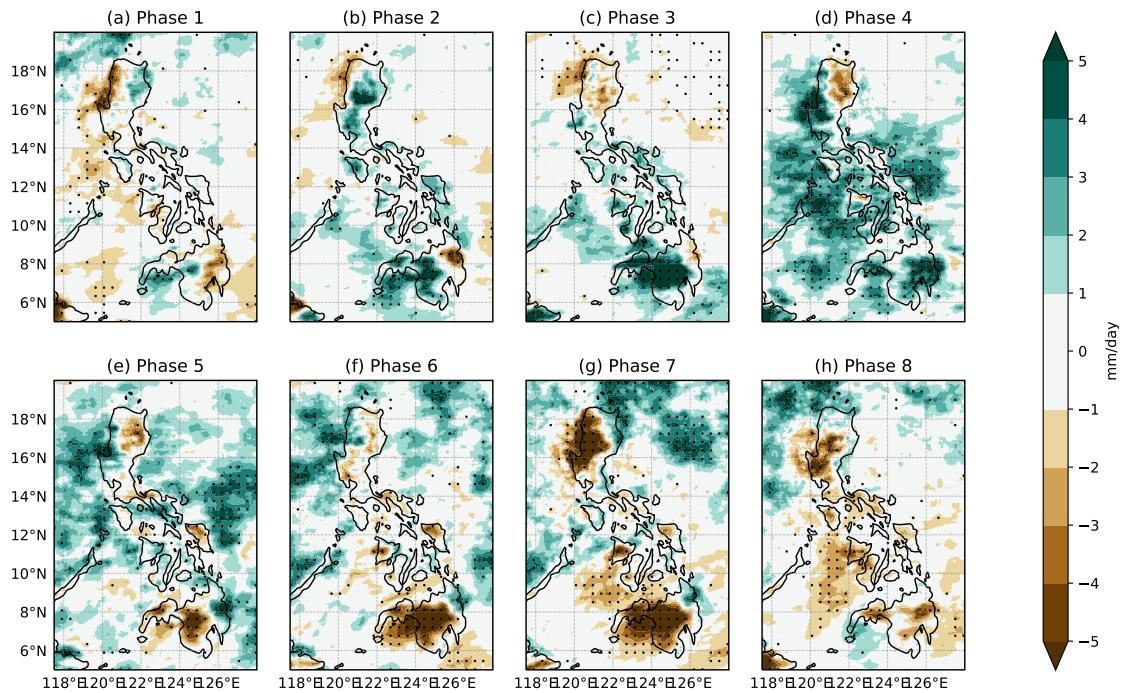
1025 FIG. 9. Composite maps by select QBWO phase over the West Pacific ocean of anomalies of OLR (W m^{-2})
 1026 and vector anomalies of 850-mb wind from ERA5 (left column), and anomalies of ERA5 total column water
 1027 vapor (kg m^{-2}) with total 850-mb vector wind (right column). The total number of days in each composite can
 1028 be ascertained from Figure 4

Daily Mean Precipitation Rate Anomaly (QBWO)



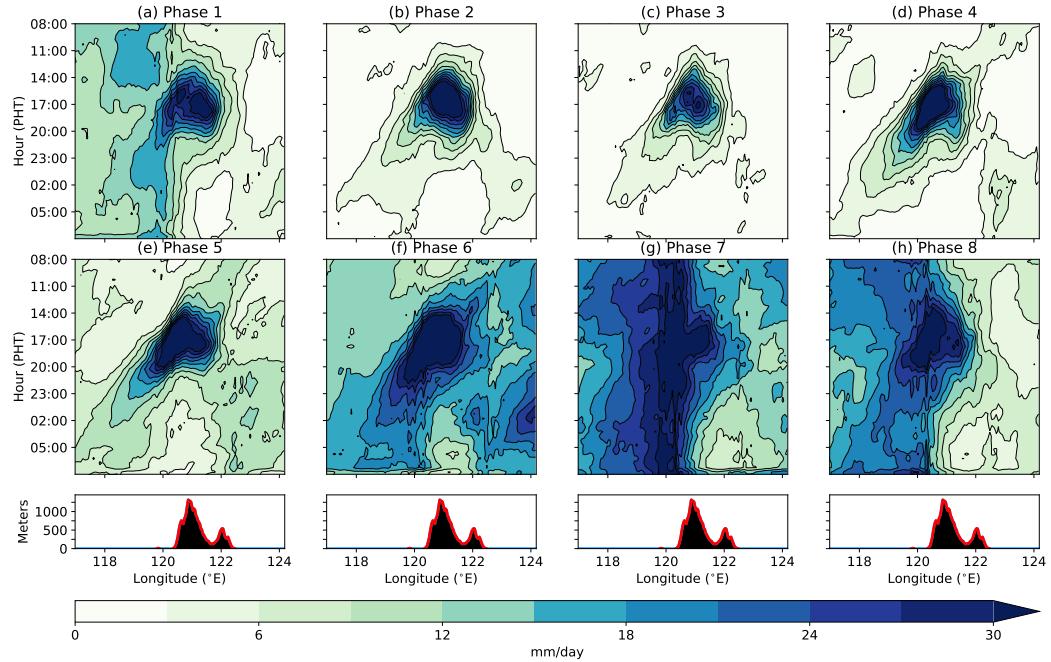
1029 FIG. 10. Anomalies in daily mean CMORPH precipitation rate composed by QBWO phase, with statistical
1030 significance at the 95% confidence level shown as dots.

Precipitation Diurnal Cycle Amplitude Anomaly (QBWO)



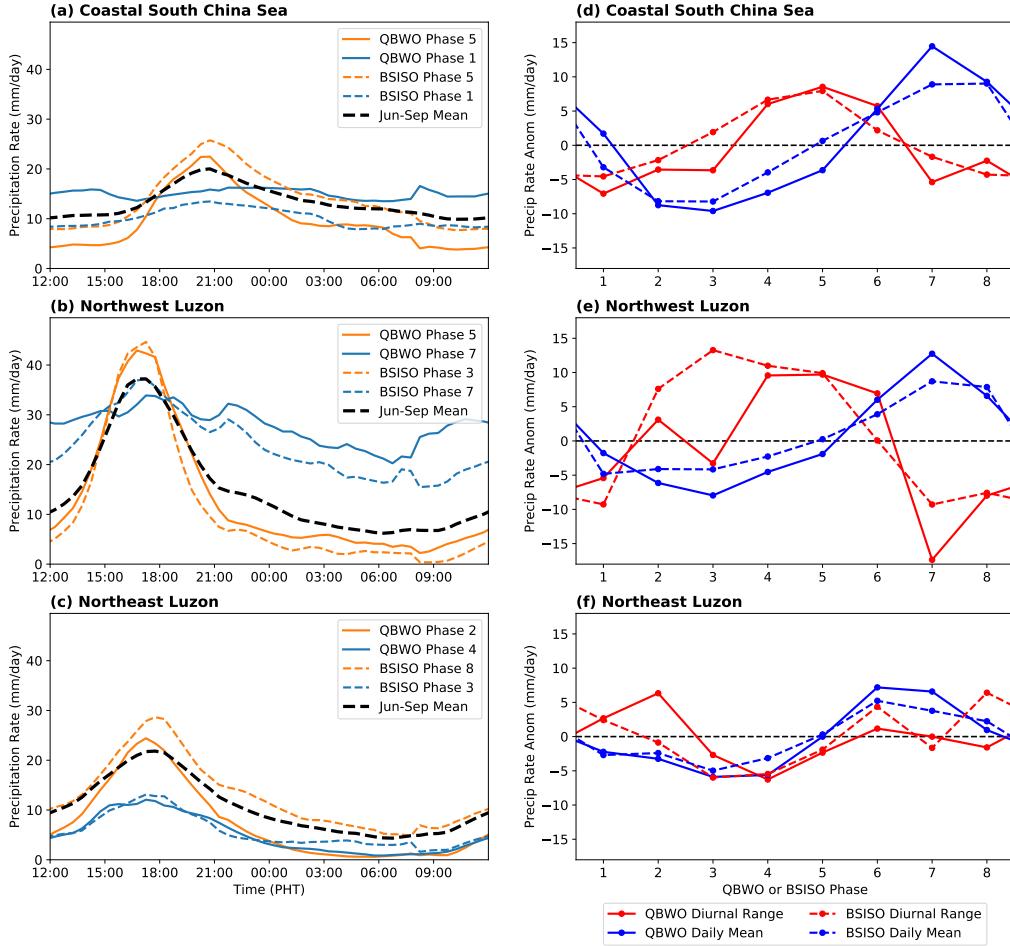
1031 FIG. 11. Anomalies in the amplitude of the CMORPH precipitation rate diurnal cycle by QBWO phase.
 1032 Anomalies are calculated as the difference in diurnal amplitude between each phase composite, and amplitude
 1033 of the JJAS composite diurnal cycle. Statistical significance at the 95% confidence level is shown as dots.

Diurnal Propagation by QBWO phase



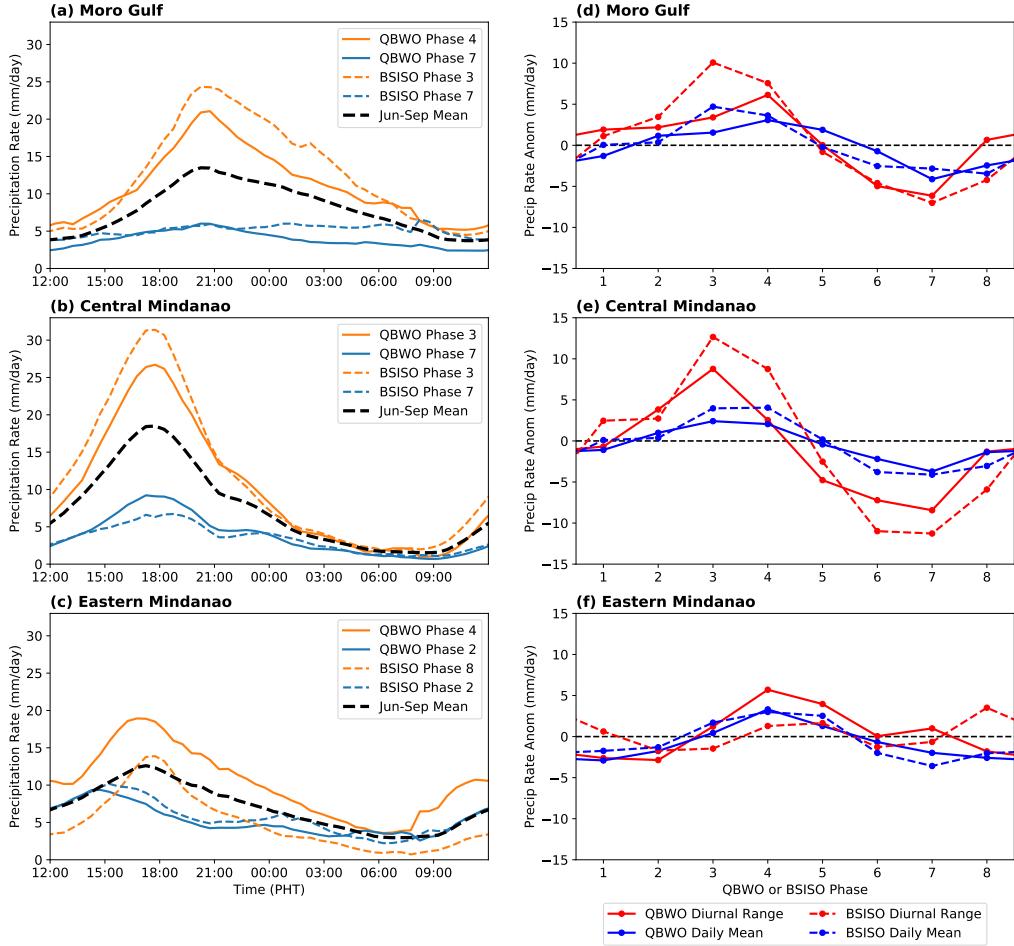
1034 FIG. 12. Hovmöller diagrams of the composite diurnal cycle of CMORPH precipitation rate (mm/day) for select
 1035 phases of the QBWO index calculated by projecting unfiltered OLR anomalies onto the EEOF spatial patterns
 1036 shown in Fig. 3 (top), and the index calculated by projecting 10-20 day bandpass filtered OLR anomalies onto
 1037 the same EEOF patterns (bottom). Precipitation rates are averaged across latitude in box L (Fig. 1), with
 1038 corresponding longitude noted below. The average elevation of topography from NOAA ETOPO2 inside box L
 1039 is shown at the bottom for reference.

QBWO vs. BSISO Diurnal Cycles



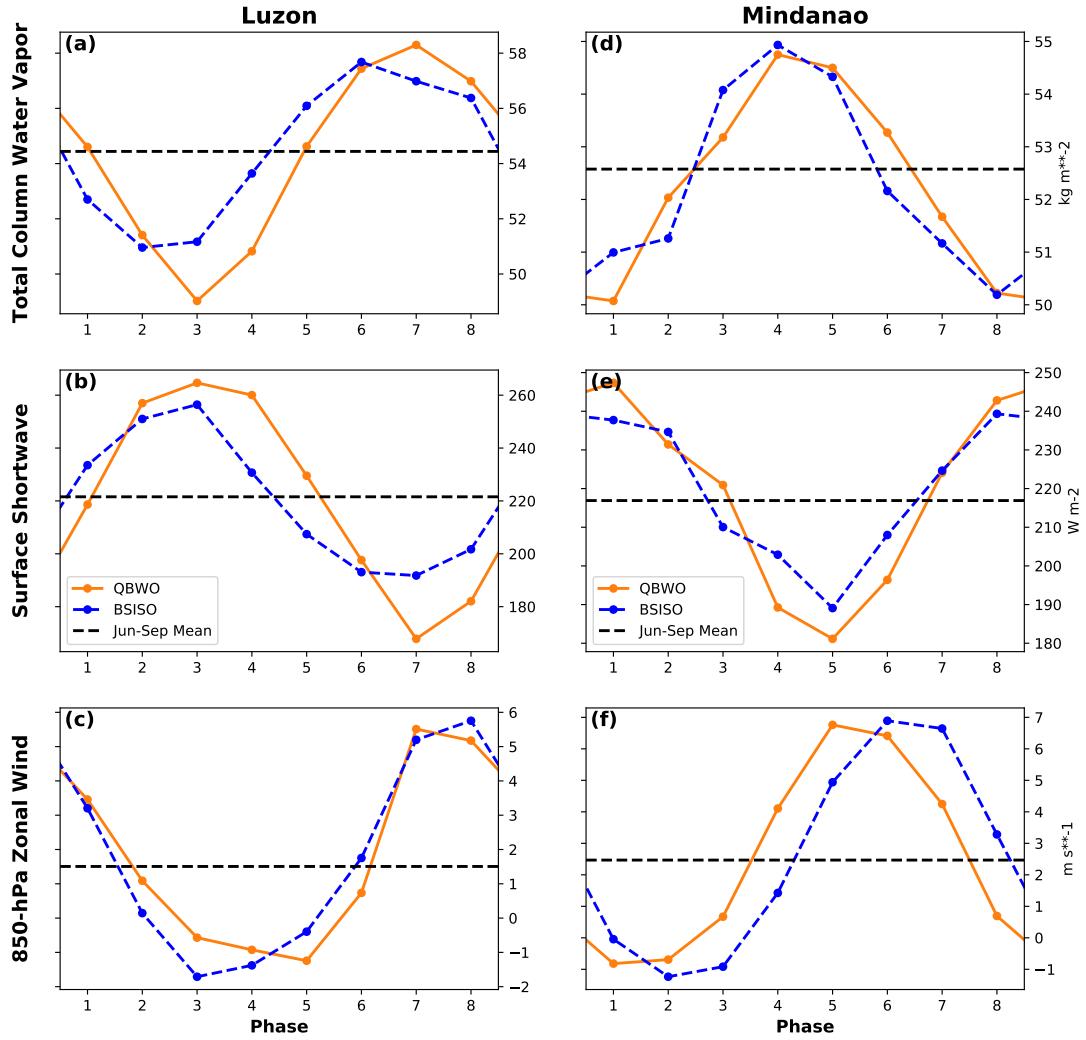
1040 FIG. 13. (a-c) Composites of the spatially averaged diurnal cycle of CMORPH precipitation rate (mm/day)
 1041 in the QBWO (solid) and Lee et al. (2013) BSISO (dotted) phase with the highest diurnal range (orange), the
 1042 QBWO/BSISO phase with the smallest diurnal range (blue), and the full JJAS composite (dotted black). Spatial
 1043 averaging is done over ocean points inside box A (a), and land points inside boxes B (b) and C (c). (d-f)
 1044 The corresponding daily mean precipitation (blue) and diurnal range (red) in mm/day of each phase's spatially
 1045 averaged composite diurnal cycle, by QBWO phase (solid) and BSISO phase (dotted). Each box covers a domain
 1046 near Luzon.

QBWO vs. BSISO Diurnal Cycles

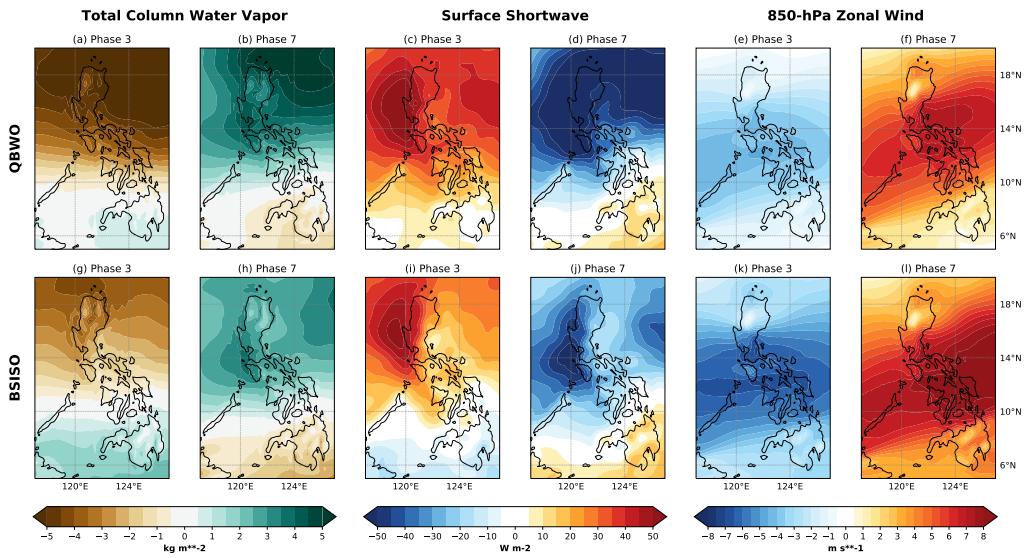


1047 FIG. 14. (a-c) Composites of the spatially averaged diurnal cycle of CMORPH precipitation rate (mm/day)
1048 in the QBWO (solid) and Lee et al. (2013) BSISO (dotted) phase with the highest diurnal range (orange), the
1049 QBWO/BSISO phase with the smallest diurnal range (blue), and the full JJAS composite (dotted black). Spatial
1050 averaging is done over ocean points inside box D (a), and land points inside boxes E (b) and F (c). (d-f)
1051 The corresponding daily mean precipitation (blue) and diurnal range (red) in mm/day of each phase's spatially
1052 averaged composite diurnal cycle, by QBWO phase (solid) and BSISO phase (dotted). As in Fig. 13 but for
1053 Mindanao.

ERA5 Daily Averaged Variables, QBWO vs. BSISO



1054 FIG. 15. Daily mean values of select variables from ERA5 composited by QBWO phase (solid, orange) and
 1055 BSISO phase (dotted, blue), averaged over box L covering Luzon (left) and box M covering Mindanao (right).
 1056 Total column water vapor (kg m^{-2}) is shown on top (a, d), downwelling shortwave radiation (W m^{-2}) at the
 1057 surface in the middle row (b, e), and 850-hPa zonal wind (m s^{-2}) at the bottom (c, f). Corresponding JJAS mean
 1058 values for each variable on each island are shown as a horizontal dotted black line.



1059 FIG. 16. Daily mean anomalies from JJAS average of select variables from ERA5 composed by QBWO phase
 1060 (top) and BSISO phase (bottom) over the Philippines. For each variables, phase 3 of each index is shown at the
 1061 left, and phase 7 at the right. The grouping of 4 panels at the left shows total column water vapor (kg m^{-2}), the
 1062 middle grouping shows downwelling shortwave radiation (W m^{-2}) at the surface, and the right grouping shows
 1063 850-hPa zonal wind (m s^{-2}).