

Z-RNA biology: a central role in the innate immune response?

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ABSTRACT

Z-RNA is a higher-energy, left-handed conformation of RNA, whose function has remained elusive. A growing body of work alludes to regulatory roles for Z-RNA in the immune response. Here, we review how Z-RNA features present in cellular RNAs—especially containing retroelements—could be recognized by a family of winged helix proteins, with an impact on host defense. We also discuss how mutations to specific Z-contacting amino acids disrupt their ability to stabilize Z-RNA, resulting in functional losses. We end by highlighting knowledge gaps in the field, which, if addressed, would significantly advance this active area of research.

Keywords: adenosine deaminase acting on RNA (ADAR1); E3L; innate immune response; retroelement; Z α ; Z-D/RNA-binding protein 1 (ZBP1); Z-RNA

INTRODUCTION

The perceived relevance of left-handed double-stranded RNA (dsRNA) is currently undergoing a paradigm shift. Historical studies demonstrated that some regions within RNA molecules may adopt a left-handed conformation under certain high salt conditions (Hall et al. 1984), similarly to DNA (Jovin et al. 1987). Under more physiological conditions, this zig-zag double helix called “Z-RNA” can be achieved, for example, if the RNA is modified at certain positions (Uesugi et al. 1984; Nakamura et al. 1985; Rao and Kollman 1986; Teng et al. 1989). The overall unstable character of Z-RNA has raised concerns about its biological relevance that endure to this day.

Over time though, observations were made that have begun to lift the controversy over the existence of Z-RNA in cells. In particular, out of the many proteins recognizing nucleic acids, several recognize Z-conformations of DNA and RNA specifically using a similar winged helix Z α domain (Gajiwala and Burley 2000; Placido et al. 2007; Zhang et al. 2020). Notably, these Z-binding proteins exclusively participate in viral infections and the innate immune response (Athanasiadis 2012). RNA that binds to antibodies raised against Z-RNA was detected in the cyto-

plasm, and Z-binding proteins were reported in stress-related cytoplasmic membraneless condensates (Zarling et al. 1987; Ng et al. 2013). Most recently, altering the ability of these proteins to recognize Z-RNA in cancer cell lines and mouse models was shown to be associated with hyper-inflammation phenotypes (de Reuver et al. 2022; Hubbard et al. 2022; Zhang et al. 2022). What emerges from this collection of findings is evidence for a regulatory role of this transient conformation of RNA, particularly when cells have to defend against invaders.

In this mini-review, we assess how our knowledge of Z-RNA formation and stabilization in vitro could be applied to support the presence of Z-RNA in cellular and viral RNAs. We also examine how Z-RNA fits within innate immune response mechanisms and how certain viruses bypass these. We end by highlighting a few questions that, if addressed, could help propel this latecomer of a field even further.

WHAT DID WE LEARN FROM STUDYING Z-RNA IN VITRO?

Double-stranded Z-RNA, like Z-DNA, is a succession of nucleotides with nucleobases alternating between *syn/anti* conformations, and sugars alternating between C3'/C2'-

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endo conformations (Fig. 1A; Wang et al. 1979, 1981; Hall et al. 1984; Ho and Mooers 1997). This arrangement leads to a lone pair- π contact only found within Z geometry (involving the O4' of the C2'-endo sugar and the *syn* base, Kruse et al. 2020; Zirbel and Auffinger 2022). While most of the in vitro characterization of Z-RNA was carried out with GC-rich dsRNAs (Hall et al. 1984; Davis et al. 1990; Placido et al. 2007), Z-form geometry can also be supported by other sequences and other structural contexts. Z-RNA was, for example, proposed (Feng et al. 2011; Herbert 2019) and demonstrated (Nichols et al. 2021) to form within GU- and AU-rich dsRNAs belonging to inverted Alu repeat foldbacks and ribosomal RNA stem-loops. Furthermore, Z-RNA geometry was observed in non-GC single-stranded regions important for function within riboswitches, ribozymes and other structured RNAs with known functions (D'Ascenzo et al. 2016), as well as within atypical quadruplexes (Fig. 1A; Roschdi et al. 2022). These findings suggest that certain regions within cellular RNAs (i.e., alternating purine-pyrimidine sequences) could be prone to adopt Z conformations.

How is double-stranded Z-RNA achieved and stabilized in solution? Z-RNA is a higher-energy, and thus, unstable conformation of RNA, which requires stabilization by high salt concentrations or protein binding, for example (Hall et al. 1984; Davis et al. 1986; Brown et al. 2000; Bae et al. 2013). Single-molecule FRET studies reported that Z-conformations are sampled transiently, supporting a conformational capture model (Bae et al. 2011). However, other evidence suggests that Z-forming RNAs (and DNAs) adopt multiple intermediate states between the initial binding of a winged helix $Z\alpha$ domain to A- (or B-) form followed by Z formation (Kang et al. 2009; Lee et al. 2011, 2016, 2019). Therefore, a hybrid model may be more suitable to explain Z-RNA formation in some cases, wherein an active binding event between $Z\alpha$ and a Z-conformation-forming sequence pushes the nucleic acid into an intermediate state that $Z\alpha$ then locks into the Z-conformation (Fig. 1B; Kim et al. 2018b). The relatively wide range of dissociation constants reported (from ~ 1 nM to low μ M; Schade et al. 1999a; Kang et al. 2014; Nichols et al. 2021) between nucleic acids (DNA has been more studied than RNA) and Z-binding proteins could be accounted for by differences in sequence and structural contexts.

Z-RNA recognition requires $Z\alpha$ to make some key contacts with Z-RNA structural features (Brown et al. 2000; Placido et al. 2007). Notably, Tyr 177 (human ADAR1 numbering) is critical as it allows for the recognition of the nucleotide in the *syn* conformation (Fig. 2A,B; Schwartz et al. 1999; Placido et al. 2007). Asn 173 and Pro 193 contact the Z-RNA phosphate backbone, and they form interaction networks at the RNA-protein interface (Fig. 2A,B; Schwartz et al. 1999; Placido et al. 2007). These amino acids are all >95% conserved in $Z\alpha$ domains solved in complex with Z-DNA or Z-RNA (Fig. 2C), further hinting at their importance for Z-RNA recognition. In addition, in vitro site-directed mutagenesis of Asn 173 to Ala, or Tyr 177 to any other amino acid, causes a complete loss in the ability of $Z\alpha$ to stabilize the Z-conformation (Feng et al. 2011; Jeong et al. 2014; Kim et al. 2014; Nichols et al. 2021), while leaving the protein fold intact (Feng et al. 2011). Similar mutations in vivo alter the normal function of these proteins (see below).

If Z-RNA could be adopted by some RNAs in the cell—even transiently—its recognition by $Z\alpha$ -containing proteins

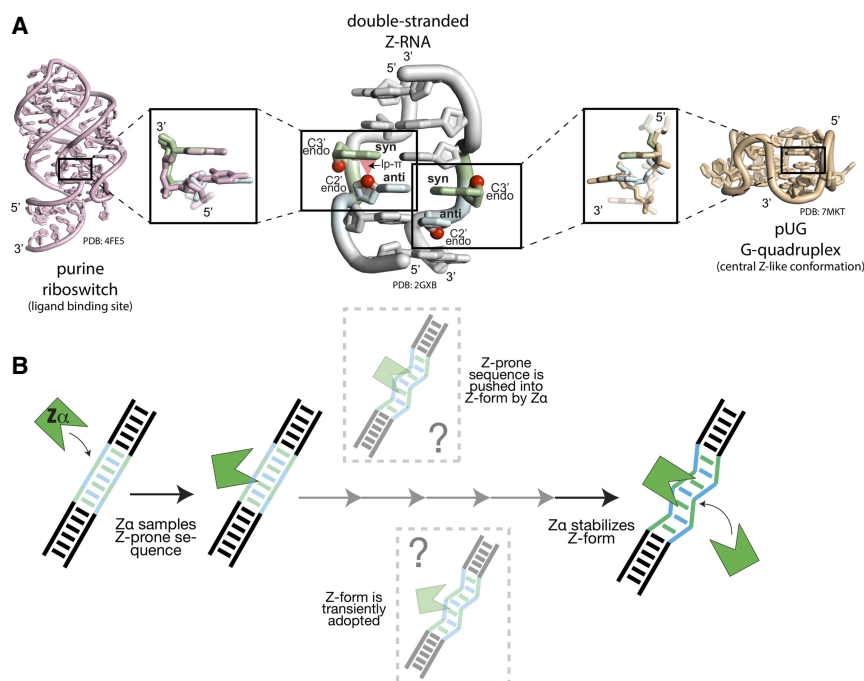


FIGURE 1. Left-handed Z-conformations can be found within a variety of RNA functional sites. (A) Double-stranded Z-RNA (middle) is best described as being composed of dinucleotide building blocks, where the nucleobase alternates between the *anti*- and *syn*-conformations, along with alternating ribose sugar puckers (C2'-endo/C3'-endo conformations). The weak but characteristic lone pair- π contact is shown as a red triangle. The particular Z-geometry with sugar pointing in opposite directions is found in other structural contexts, such as, for example, the ligand binding site of the purine riboswitch (PDB: 4FE5, Batey et al. 2004), and the core of the pUG G-quadruplex (PDB: 7MKT, Roschdi et al. 2022). (B) Potential mechanisms for Z-RNA formation and stabilization in vivo. First, $Z\alpha$ binds nonspecifically to A-RNA near a Z-prone region. From here, $Z\alpha$ may allosterically push the Z-prone region into the Z-conformation or may have to stabilize transiently sampled Z-conformations. Each of these mechanisms may involve one or more intermediate steps.

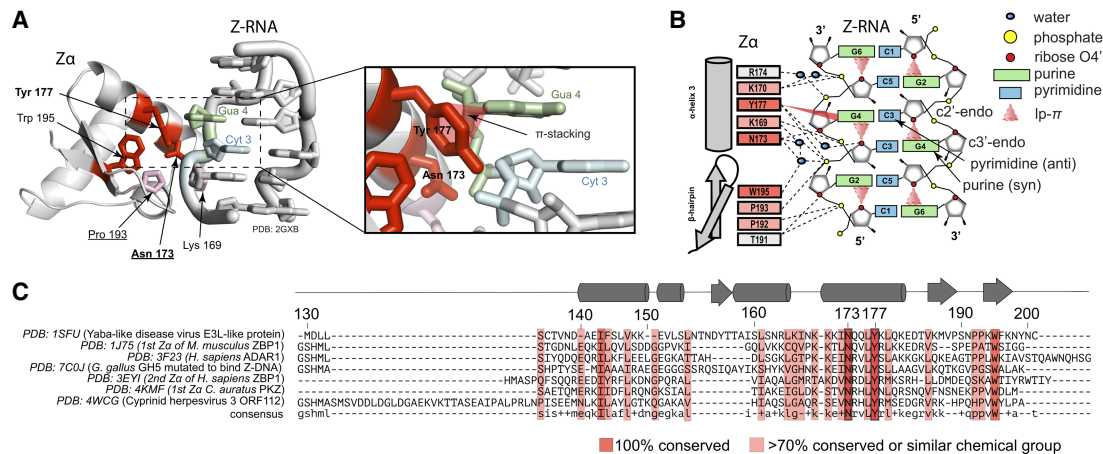


FIGURE 2. Z-RNA is a natural ligand of Z α domains. (A) Z α amino acids interacting with a (CpG) $_3$ duplex (PDB ID: 2GXB). Underlined residues are mutated in cases of Aicardi Goutières syndrome (Herbert 2019). (B) Cartoon schematic of the key residues of Z α and their interactions with the r (CpG) $_3$ duplex in the Z-conformation. (C) Sequence alignment between Z α domains from different Z α -containing proteins and species. Only sequences from Z α domains with structures solved in complex with Z-DNA or Z-RNA were used for the alignment. The residue numbering is based off ADAR1 Z α . Consensus sequence: uppercase, 100% conserved; lowercase, one letter with high frequency; +, two letters with high-frequency; –, no consensus.

like ADAR1 (adenosine deaminase acting on RNA 1) and ZBP1 (Z/D-RNA binding protein 1) would explain how it could be stabilized in vivo. Because Z α domains stabilize Z-RNA by decreasing the energetic penalties of Z-form adoption through binding to the unique left-handed shape (Fig. 2A,B; Ha et al. 2008), any cellular condition favoring sampling of Z-conformations or Z-RNA stabilization would encourage Z α -containing proteins to accumulate on those RNAs, according to the relative energy costs of the targeted sequence. Here, it is tempting to speculate that the relatively immobile RNA “tangles” due to RNA–RNA interactions within biological condensates (Anderson and Kedersha 2006; Protter and Parker 2016; Van Treeck et al. 2018) may induce Z-RNA formation through torsional and/or mechanical stress (potentially through eIF4A recruitment and activity within stress granules, Tauber et al. 2020), as widely seen for Z-DNA in other contexts (Yi et al. 2022). In general, helicase activity as generated by dsRNA sensors or viral helicases could facilitate Z-RNA adoption (Herbert 2021). Z-RNA formation in condensates is consistent with the observation that functional Z-recognition amino acids are required and sufficient to localize Z α -containing proteins to condensates (Ng et al. 2013; Gabriel et al. 2021). Finally, other factors stabilizing Z-RNA in vitro comprise methylation or oxidation, which are chemical modifications that may be relevant to also account for Z-RNA stabilization in cells. These modifications can destabilize A-form RNA and provoke translational errors (Dai et al. 2018).

Z-RNA WITHIN PAIRED RETROELEMENTS

Recent studies have begun to sort out which RNA molecules may adopt Z conformations in cells, through pull-

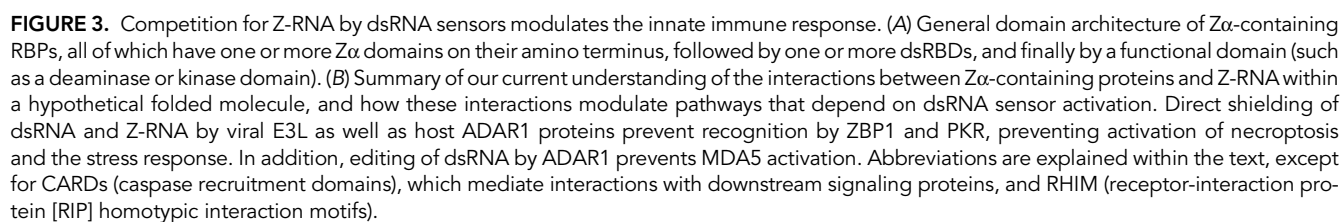
down experiments involving Z-RNA antibodies or Z α domains typically from ADAR1 and ZBP1 (Schwartz et al. 1999; Ha et al. 2008; Athanasiadis 2012). Pulldown experiments were performed using a Z-RNA antibody in mouse embryonic fibroblast cells, where ADAR1 and ZBP1 had been knocked out to prevent shielding of potential Z-RNA targets (Zhang et al. 2022). Anti-Z-DNA/RNA antibodies have not been tested for cross-reactivity to unique RNA structural folds but have been thoroughly shown to have no cross-reactivity with B-DNA or A-RNA (Zarling et al. 1990; Zhang et al. 2022). Zhang and colleagues uncovered mostly protein-coding mRNAs that contained short interspersed nuclear elements (SINE) foldbacks in their 3′ untranslated regions (3′UTRs) (Alu elements in primates [Chung et al. 2018; Sun et al. 2021]), and B1, B2, and B4 repeats in mice (de Reuver et al. 2022; Zhang et al. 2022). Another study carried out ZBP1 pulldowns, revealing endogenous dsRNAs that were speculated to be self-complementary B2 and Alu elements (Jiao et al. 2020). These experimental results gave further support to earlier reports that SINEs are heavily edited by ADAR1 (Athanasiadis et al. 2004; Levanon et al. 2004).

Pulldown approaches have also helped identify possible Z-forming RNAs in other contexts, such as putative dumbbell structures from 3′-UTRs with presumed Z α -binding sites (Zhang et al. 2022), as well as all eight segments of the influenza A virus (IAV) genome within IAV-infected cells (Thapa et al. 2016; Zhang et al. 2020). Together, these findings suggest that Z-RNA formation within certain dsRNA regions—especially belonging to paired retroelements—would help target ADAR1, ZBP1, and other potentially Z α -containing proteins to these RNAs (Balachandran and Mocarski 2021). However, binding as inferred from pulldown experiments

To further support Z-RNA adoption within retroelements as necessary for specific recognition by Z α domains, A-to-I editing profiles were compared between wild-type ADAR1 and ADAR1 point mutants in which Z-RNA binding was impaired. Consistently with prior findings that mapped editing sites to introns and untranslated regions (Athanasiadis et al. 2004; Kim et al. 2004; Levanon et al. 2004), differential editing sites localize to introns and 3'-UTRs, within SINEs and in close proximity to inverted SINEs, allowing for the formation of dsRNA foldbacks (Chung et al. 2018; de Reuver et al. 2021; Tang et al. 2021). These results are consistent with findings from the direct Z-RNA pull-down experiments. Surprisingly, Z α -dependent editing sites make up a minority (~8%) of the total ADAR1p150 editing in the cell (Tang et al. 2021), but this small number of sites appears to be crucial for preventing MDA5 (melanoma differentiation-associated protein 5) (Nakahama et al. 2021) activation, the mechanism of which is poorly understood. Furthermore, mutating the Z α domain causes an increase in editing near the predicted ends of the dsRNA regions, but a decrease in editing closer to regions predicted to form Z-RNA, which could suggest that Z-RNA forming regions recruit Z α for specific editing of certain RNAs (Nakahama et al. 2021), as predicted earlier (Koeris et al. 2005). Further work is needed to determine whether Z α binding sites overlap with known Z α -dependent editing sites, or if Z α -binding protects certain regions from editing,

A bias for Z-RNA in SINEs and other repetitive elements could be advantageous for the cell, as SINEs represent a large source of endogenous dsRNA. Targeting proteins with α domains to these RNAs could ultimately help the cell better differentiate self- from non-self RNAs (Uggenti and Crow 2018). Additionally, repeat elements may contain sequence biases which make them more prone to adopt Z-RNA as compared to other RNAs, such as the putative Z-Box (a sequence with pyrimidine-purine repeats) within Alu elements (Herbert 2020). In any case, regions switching to Z-RNA within larger RNAs would generate A-Z junctions (Z-RNA within the context of a larger A-form helix) (Kim et al. 2009; Nichols et al. 2021), in a similar fashion to the B-Z junctions observed in DNA (Kim et al. 2018a).

One of the central mechanisms of the innate immune system is the sensing of viral infection by recognizing foreign dsRNA in the cytoplasm (Hur 2019). In mammals, this is primarily carried out through dsRNA sensors (Fig. 3A,B). In particular, the retinoic acid-inducible gene-like receptors (RLR) family of dsRNA sensors, including RIG-I and MDA5, trigger the interferon (IFN) pathway after sensing dsRNA via their helicase domain (Hur 2019). In parallel, protein kinase R (PKR) senses dsRNA to initiate stress granule formation and translational shutdown (Anderson and Kedersha 2006; Protter and Parker 2016; Hur 2019). Another dsRNA sensor is ZBP1, which is unique in that it



senses dsRNA via two Z α domains (Hur 2019; Jiao et al. 2020; Balachandran and Mocarski 2021). ZBP1 initiates apoptosis and necroptosis cell death pathways (Snyder and Oberst 2021) through its RHIM domains (Fig. 3A,B). When the innate immune system needs to be turned off, ADAR1 inhibits these responses through shielding of dsRNA regions, preventing ZBP1 and PKR activation (Fig. 3B; Okonski and Samuel 2013; Chung et al. 2018; de Reuver et al. 2021, 2022; Karki et al. 2021; Zhang et al. 2022). A general consensus is that ADAR1 also helps stop MDA5 activation by converting adenosines to inosines in dsRNA regions, which weakens their helical structure (Fig. 3B; Okonski and Samuel 2013; Mannion et al. 2014; Pestal et al. 2015; Yu et al. 2015; Ahmad et al. 2018; Chung et al. 2018; de Reuver et al. 2021; Nakahama et al. 2021).

Many viruses, including those from the influenza, poxvirus and herpesvirus families, have evolved strategies to avoid the innate immune response pathways so they can successfully replicate their genomes (Balachandran and Mocarski 2021). Of particular interest, these viruses use viral proteins with their own Z α domains, including E3L (or ORF112 in fish herpesviruses, Kuš et al. 2015), whose primary function is to outcompete ZBP1's Z α domains for binding to Z-RNA (Koehler et al. 2021), thereby inhibiting the necroptosis signaling pathway (Fig. 3B; Koehler et al. 2017; Balachandran and Mocarski 2021). In fact, both E3L and ORF112 have been reported to outcompete binding of a Z-RNA antibody to its epitope (Diallo et al. 2022). E3L and E3L-like proteins are particularly important for preventing ZBP1 activation during early viral infection when viral RNAs are being heavily transcribed (Koehler et al. 2021). Interestingly, the Z α and dsRNA binding domains (dsRBDs) of E3L and E3L-like proteins act cooperatively to inhibit dsRNA sensor activation. Mutating the Z α domain but not the dsRBD causes enhanced ZBP1 activation and increased signal from a Z-RNA antibody, suggesting Z-RNA accumulation (Koehler et al. 2021).

POINT MUTATIONS TO Z α DOMAINS CAUSE ABERRANT BIOLOGICAL FUNCTIONS

Mutations to Z α prevent cells from turning off the innate immune response, and such mutations have been observed in human diseases. For example, the N173S or P193A mutations within the Z α domain of ADAR1 result in the interferonopathies known as bilateral striatal necrosis/dystonia and Aicardi Goutières syndrome (Herbert 2019; Rice et al. 2012). These diseases are characterized by a deficiency in ADAR1 function, causing MDA5-dependent interferon signaling and spontaneous ZBP1 activation, ultimately causing cell death (Rice et al. 2012; Herbert 2019; Nakahama et al. 2021). While not observed in human diseases, mutations of Tyr 177 or Trp 195 (critical for stabilizing the Z α core [Fig. 2A,B; Schade et al. 1999b;

Schwartz et al. 1999; Placido et al. 2007; Kim et al. 2014]) are also known to result in spontaneous MDA5- and ZBP1-dependent interferon production, embryonic death, and developmental defects in mice (Pestal et al. 2015; de Reuver et al. 2021, 2022; Karki et al. 2021; Nakahama et al. 2021; Tang et al. 2021; Zhang et al. 2022). Mutations of Asn 122 and Tyr 126 (analogous to Asn 173 and Tyr 177 in ADAR1) within Z α 2 of ZBP1 similarly disrupt biological function. These mutations prevent ZBP1 from binding to retroelements, whose expression is increased upon viral infection and other stressors (Wang et al. 2020; Karki et al. 2021; de Reuver et al. 2022; Zhang et al. 2022), and abolish necroptosis signaling in the presence of viral infection (Thapa et al. 2016; Zhang et al. 2020; Balachandran and Mocarski 2021). Thus, in vivo ZBP1 mutants allow certain viruses to replicate unhindered.

Point mutations within Z α domains also disrupt Z α localization to biological condensates (Ng et al. 2013; Gabriel et al. 2021). For example, mutating Z-RNA-stabilizing amino acids within ORF112 leads to a disruption of the liquid-liquid phase separation necessary for the formation of condensates (Diallo et al. 2022). Mutating Lys 169 or Tyr 177 to Ala in the Z α domain of ADAR1 or the equivalent residues in E3L (Lys 40 and Tyr 48) leads to impaired localization of ADAR1 and E3L to condensates (Ng et al. 2013). Similarly, double mutants of the two Z α domains of human ZBP1 (Asn 46/Tyr 50 and Asn 141/Tyr 145 to Ala) affect ZBP1 localization, leading to a loss of binding to other nucleic acid-binding proteins through RNA-protein mediated contacts (Gabriel et al. 2021). Although these mutations have not been observed in diseases so far, these observations hint at further biological functions associated with RNA recognition by Z α in the process of condensate formation and regulation.

Finally, point mutants within viral Z α domains disrupt viral function, usually to the benefit of the infected host. In particular, mutation of the conserved Asn and Tyr amino acids within the E3L Z α domain from Vaccinia virus results in the accumulation of available targets for ZBP1, leading to activation of necroptosis (Koehler et al. 2017, 2021; Balachandran and Mocarski 2021). Although E3L contains a dsRBD (Fig. 3B), disrupting its ability to recognize Z-RNA renders it unable to properly shield its viral RNAs, leading to a robust innate immune response through ZBP1 (Koehler et al. 2021). Thus, Z α -containing proteins require functional Z-RNA-stabilizing residues to properly function. While not direct proof, these findings are highly suggestive that the RNA targets of these proteins contain Z-RNA fragments.

WHAT'S NEXT?

The existence of winged helix proteins that specifically recognize the left-handed Z-form geometry suggests that Z-RNA plays a role in biology. These proteins compete for binding to RNA, which directly impacts the innate immune response. In particular, an imbalance between ADAR1 and

ZBP1 leads to inflammation and autoimmune diseases. However compelling the evidence for Z-RNA adoption in cells, it is important to point out that many of our current insights are indirect. Furthermore, it seems likely that stretches of dsRNAs would adopt Z-conformations in response to changes in the cellular environment. But figuring out exactly which sequence and structure would switch to Z-RNA, and under what conditions they would do so, remains an important future direction of research. We propose below a few directions for tackling these and additional aspects pertaining to a now alluring Z-RNA biology.

Do Z α domains actually bind to Z-RNA in cells?

Z-conformations have been investigated in cells through the binding of Z/D-RNA recognizing domains and antibodies, which offer an indirect read-out of Z-conformations. In addition, these proteins may be inducing a Z-conformation rather than capturing it (which would nonetheless support the hypothesis that Z-RNA can form in cells). Methodology which could directly identify Z-conformations in cells would push the field forward significantly. Currently, no direct method is available to conduct in-cell structural studies at the required resolution. Therefore, the best possible way to gain information about RNA structure in cells is to infer it from in vitro studies, as is routinely and successfully done in RNA structural biology (Cruz and Westhof 2009; Vicens and Kieft 2022; Xue et al. 2022).

What regions adopt a Z-RNA conformation?

The experiments attempting to identify Z-RNA in cells have mostly consisted of pulldowns using Z-conformation antibodies or Z α -containing proteins, which do not give the resolution needed to identify the specific sites being bound. Experiments such as HITS-CLIP-Seq or PAR-CLIP-Seq (Hafner et al. 2021) would help to identify the targeted Z-RNA regions. In addition to revealing what sequences adopt a Z-conformation in cells, such approaches would help correlate, for example, Z α binding sites to A-to-I editing events mediated by ADAR1.

What cellular conditions promote Z-RNA?

We do not fully understand the role of different cellular conditions and environments in Z-RNA adoption. Future work to explore if Z-conformations are enriched in certain areas under specific conditions (such as the stress response) would help answer this question. The creation of a Z-RNA reporter RNA that would give a particular signal when in the Z-conformation would be useful for such studies. This reporter could theoretically be localized to different cellular environments, including condensates, to monitor where Z-RNA is adopted.

What does Z-RNA look like within the context of full Z α -containing proteins?

Most of our current knowledge comes from biochemical and biophysical studies of Z α domains in isolation bound to GC-rich RNAs. However, Z α domains are not always found as the only RNA binding domain within RNA binding proteins, suggesting they may have different sequence specificities in various proteins. Additional biochemical and structural studies would be very informative to elucidate how Z α contributes to the binding of ZBP1/ADAR1 to larger RNA substrates (such as fragments of SINEs), in particular to reveal the structure of A-Z junctions.

How large is the repertoire of Z-RNA-recognizing proteins?

Additional protein families like PKZ in fish have been studied that contain Z α domains (Rothenburg et al. 2005; Kim et al. 2014; Xu et al. 2019). This finding of a PKR analog with Z α domains shows that recognition of Z-RNA is potentially an evolutionarily widespread mechanism for dealing with viral infections. Putative Z α domains have also been identified in mammals, fish and single-celled eukaryotes (Grice and Degan 2015; Bartas et al. 2022). A rigorous biochemical and structural characterization of these proteins would be worthwhile, to expose further clues about Z-RNA recognition. A wider pool of Z α domains may offer additional model systems for exploring Z-RNA biology, as exemplified most recently with a study of ORF112 from a fish herpesvirus (Diallo et al. 2022).

When does Z-RNA play a role in the innate immune response?

Host Z α -containing proteins are all interferon-induced, while those from viruses are expressed heavily during infection. So, is it that Z-RNA accumulates during the innate immune response because of the surge of Z α domains, or that innate immune response proteins contain Z α domains because Z-RNA becomes prevalent during the interferon response due to other mechanisms? Further studies would also be needed to illuminate the interplay between the editing-related and editing-unrelated roles of Z α domains.

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