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2 **Quantitative prediction of ensemble dynamics, shapes and contact**

3 **propensities of intrinsically disordered proteins**

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17 Short title: “Quantitative prediction of structural dynamics of IDPs”

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24 **ABSTRACT**

25 Intrinsically disordered proteins (IDPs) are highly dynamic systems that play an important role in  
26 cell signaling processes and their malfunction often causes human disease. Proper understanding  
27 of IDP function not only requires the realistic characterization of their three-dimensional  
28 conformational ensembles at atomic-level resolution but also of the time scales of  
29 interconversion between their conformational substates. Large sets of experimental data are often  
30 used in combination with molecular modeling to restrain or bias models to improve agreement  
31 with experiment. It is shown here for the N-terminal transactivation domain of p53 (p53TAD)  
32 and Pup, which are two IDPs that fold upon binding to their targets, how the latest advancements  
33 in molecular dynamics (MD) simulations methodology produces native conformational  
34 ensembles by combining replica exchange with series of microsecond MD simulations. They  
35 closely reproduce experimental data at the global conformational ensemble level, in terms of the  
36 distribution properties of the radius of gyration tensor, and at the local level, in terms of NMR  
37 properties including  $^{15}\text{N}$  spin relaxation, without the need for reweighting. Further inspection  
38 revealed that 10–20% of the individual MD trajectories display the formation of secondary  
39 structures not observed in the experimental NMR data. The IDP ensembles were analyzed by  
40 graph theory to identify dominant inter-residue contact clusters and characteristic amino-acid  
41 contact propensities. These findings indicate that modern MD force fields with residue-specific  
42 backbone potentials can produce highly realistic IDP ensembles sampling a hierarchy of nano-  
43 and picosecond time scales providing new insights into their biological function.

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46 **AUTHOR SUMMARY**

47 Accurate prediction of the conformational ensemble dynamics sans bias is shown for intrinsically  
48 disordered proteins including the transactivation domain of p53.

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51 **INTRODUCTION**

52 Intrinsically disordered proteins (IDPs) and protein regions (IDRs) are an integral part of the  
53 proteomes of many different organisms with more than 30% of all eukaryotic proteins possessing  
54 40 or more consecutive disordered residues.(1, 2) While IDPs and IDRs in isolation do not adopt  
55 well-defined three-dimensional (3D) structures, they often play important biological roles in  
56 molecular recognition processes by interacting in specific ways with binding partners that are  
57 typically well-ordered.(3-5) For instance, the human oncoprotein protein p53 possesses the N-  
58 terminal transactivation domain (p53TAD) that binds to the N-terminal domain of human  
59 MDM2 protein adopting a stable  $\alpha$ -helix.(6) Prokaryotic ubiquitin-like protein (Pup) is another  
60 IDP that is directly linked to protein degradation folding into an  $\alpha$ -helix when binding to Mpa  
61 protein.(7) In addition to binding to their target protein(s), IDPs can also be involved in liquid-  
62 liquid phase separation (LLPS).(8-11) LLPS is the segregation of molecules in solution into a  
63 condensed phase and a dilute phase with high and low biomolecular concentrations. These  
64 membraneless droplet-like compartments formed by IDPs and other biomolecules are important  
65 for cellular function. Knowledge of the structural and dynamic propensities of IDPs both in  
66 isolation and in complex biological environments is essential for understanding these processes  
67 and their role in human diseases.

68 In order to relate IDP sequences to biological function, detailed knowledge of IDP  
69 conformational ensembles is needed. The description of conformational ensembles can range  
70 from local secondary structure populations to explicit ensembles in 3D space with atomic  
71 resolution.(12) Some of the earliest approaches generate random coil conformational ensembles  
72 that are subsequently refined against a host of experimental data reflecting both local and global  
73 structural features.(13-15) These approaches continue to be successfully applied through  
74 integrative modeling provided that a large amount of high quality experimental data is available  
75 for each system under investigation.(16, 17) Even when data from various complementary  
76 experimental techniques are being used, the amount of experimental information obtainable is  
77 still sparse when compared to the information needed to uniquely characterize large, highly  
78 heterogeneous structural ensembles that are the hallmark of IDPs. As a consequence, the amount  
79 of information that can be gained and that is not directly reflected in the experimental data used  
80 to refine the ensemble is restricted to robust descriptors ranging from coarse-grained to global

81 that can be compared with predictions by polymer theory under various assumptions.(16) In  
82 addition, site-specific interaction information, such as transient inter-residue contacts, can be  
83 obtained at medium to low resolution from paramagnetic relaxation enhancement (PRE)  
84 experiments by attaching electron spin labels to selected sites.(15, 17) Because empirical  
85 ensembles generated based on such data lack a time axis, they do not include dynamics time  
86 scales of IDPs associated with interconversion rates between substates and, hence, they do not  
87 inform about an essential part of the energy landscape.

88 From a theoretical and computational perspective, all-atom molecular dynamics (MD)  
89 simulations are an attractive alternative to empirical approaches for the generation of IDP  
90 conformational ensembles, including dynamic time scale information, for the comprehensive  
91 interpretation of experimental results.(18) However, for many years limitations in computer  
92 power precluded the generation of statistically well-converged results and MD force fields  
93 primarily developed for ordered proteins turned out to be unsatisfactory for applications to IDPs.  
94 With the continuing increase in computer power, the quality of sampling has reached a level that  
95 allows rigorous validation by quantitative comparison with a rich body of experimental data. In  
96 cases where discrepancies are observed between simulation and experiment, as is commonly the  
97 case, approaches have been developed that use restraining or reweighting that bias the original  
98 simulation to obtain results that agree better with experimental data.(19-26) When not only the  
99 conformational ensemble but also the underlying dynamics time scales are of interest, suitable  
100 rescaling of the MD time step or correlation times of the dominant motional modes can be  
101 applied to improve agreement with experiment.(27-30) Because these methods can often  
102 improve the unaltered simulations only within certain boundaries, they are best suited when the  
103 original predictions are fairly close to experimental data.(31) Although these methods rarely fail  
104 to produce better agreement, at least on average for those experimental parameters directly used  
105 as restraints or for reweighting, they naturally depend on large amounts of experimental data of  
106 good quality as input for each protein system studied. This amounts to a laborious experimental  
107 effort that needs to be repeated for each new protein system as the experimental data are protein-  
108 specific rendering them non-transferrable between systems.

109 An alternative and more principled approach is to improve the MD force fields  
110 themselves enabling them to increasingly accurately predict experimental data in a way that is

111 fully transferrable between protein systems, both ordered and disordered. This premise has led to  
112 a recent proliferation of protein force field developments(32-37) and new explicit water  
113 models(38-40) specifically geared toward the improved representation of disordered proteins. In  
114 a significant development, residue-specific force fields have been introduced.(41) These force  
115 fields use in addition coil library information from the Protein Data Bank (PDB) by  
116 incorporating the individual backbone  $\varphi, \psi$  propensities of each residue type.(41-47) Such  
117 residue-specific force fields, in combination with suitable water models, can provide an  
118 improved representation of disordered states while retaining the properties of ordered proteins.  
119 With respect to water models, TIP4P-D and closely related derivatives have been notably  
120 successful in preventing overly compact conformations by favoring more extended IDP  
121 structures showing improved agreement with experiment.(38)

122 Besides global properties, such as the radii of gyration and asphericities, IDP ensembles  
123 and trajectories should also accurately reproduce local dihedral angle distributions and secondary  
124 structure propensities. Moreover, they should also replicate dynamic and kinetic IDP properties,  
125 such as librational motions and time scales of interconversion between conformational substates.  
126 Such information is important for understanding recognition events between IDPs and their  
127 binding targets, including IDP interactions with other disordered biomolecules, for example,  
128 during the formation of LLPS condensates. Experimental IDP dynamics information can be  
129 gained from fluorescence depolarization spectroscopy,(48) Förster resonance energy transfer  
130 (FRET),(16) and nuclear magnetic resonance (NMR) relaxation.(15) NMR  $^{15}\text{N}$  longitudinal  $R_1$   
131 and transverse  $R_2$  spin relaxation rates are exquisitely sensitive to the dynamics of disordered  
132 proteins and the underlying time scales.(49-51)  $R_2$  relaxation rates, for example, have been  
133 linked to residual intramolecular interactions in chemically unfolded proteins.(51-53)  $^{15}\text{N}$   $R_1$  and  
134  $R_2$  rates can be experimentally determined for each protein residue and therefore they are  
135 valuable for validating MD simulations with respect to amplitudes and time scales of IDP  
136 dynamics.(29, 54-56)

137 We recently developed the AMBER ff99SBnmr2 force field by modifying the backbone  
138 dihedral angle potentials of each amino-acid residue type to reproduce the  $\varphi, \psi$  dihedral angle  
139 distributions found in a random coil library.(57) The ff99SBnmr2 force field has been validated  
140 against experimental nuclear magnetic resonance (NMR) scalar  $^3\text{J}$ -couplings of  $\alpha$ -synuclein and

141  $\beta$ -amyloid IDPs demonstrating that this force field accurately reproduces their sequence-  
142 dependent local backbone structural propensities.(58) The primary goal of this work is to learn  
143 whether state-of-the-art replica exchange and extended MD simulations of IDPs can also  
144 realistically reproduce NMR  $R_1$ ,  $R_2$  relaxation rates with their strong and unique dependence on  
145 motional time scales without the need of any additional corrections such as constraints or  
146 reweighting. Moreover, in-depth analysis of the MD trajectories generated yields a wealth of  
147 information about the radius of gyration tensor distribution and dominant dynamics modes  
148 allowing graph-theory based identification of specific inter-residue interaction propensities and  
149 residue clusters for the better understanding of IDP behavior.

150 **RESULTS**

151 **Ensemble properties of radius of gyration tensor.** The radius of gyration  $R_g(t)$  is shown as a  
152 function of time for representative 1- $\mu$ s MD trajectories of p53TAD and Pup in **Fig. 1A,B** (see  
153 also **Fig. S1**). The trajectories exhibit predominantly stationary stochastic behavior reflecting  
154 random expansion and contraction of the overall IDP size with the mean value (blue horizontal  
155 lines) in good agreement with the experimentally determined  $\langle R_g \rangle$  (black line) or the predicted  
156  $\langle R_g \rangle$  from polymer theory (**Eq. 6**). The MD-distributions of  $R_g$  of all 10 MD trajectories are  
157 shown as histograms in **Fig. 1C,D**. The Flory exponent  $\nu$  of the polymer scaling law was  
158 determined from the REMD ensembles at 298 K. Using  $\rho_0 = 1.927 \text{ \AA}$ , we obtain a value of  $\nu =$   
159 0.601 for Pup, which closely matches the theoretical value  $\nu_{\text{theory}} = 0.588$  of a fully disordered,  
160 self-avoiding random coil.(59, 60) For p53TAD, the REMD  $\langle R_g \rangle$  value of 28.1  $\text{\AA}$  is in almost  
161 perfect agreement with experiment(61) (28.0  $\text{\AA}$ ) corresponding to  $\nu = 0.624$ , which clearly  
162 exceeds  $\nu_{\text{theory}}$ .

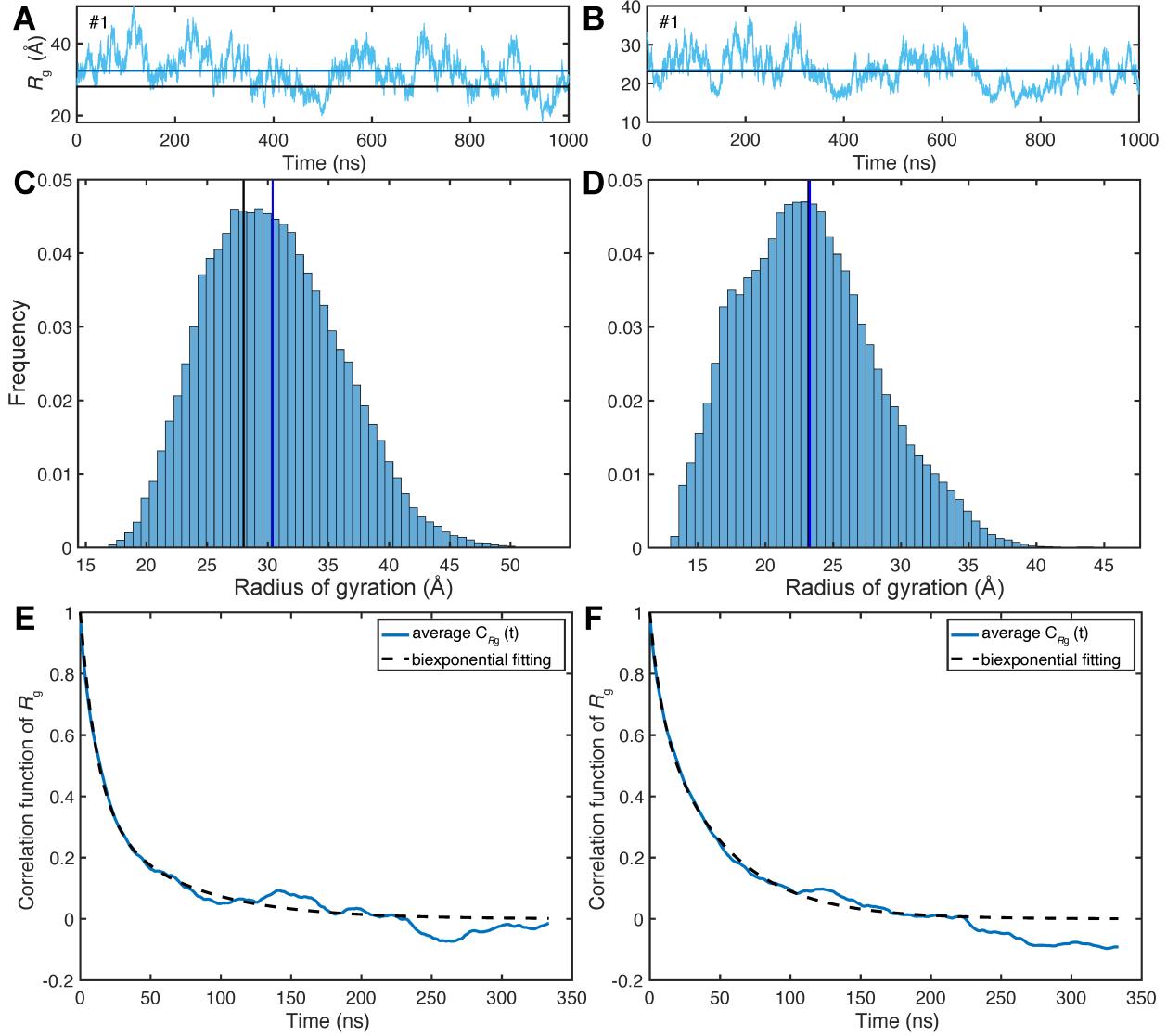
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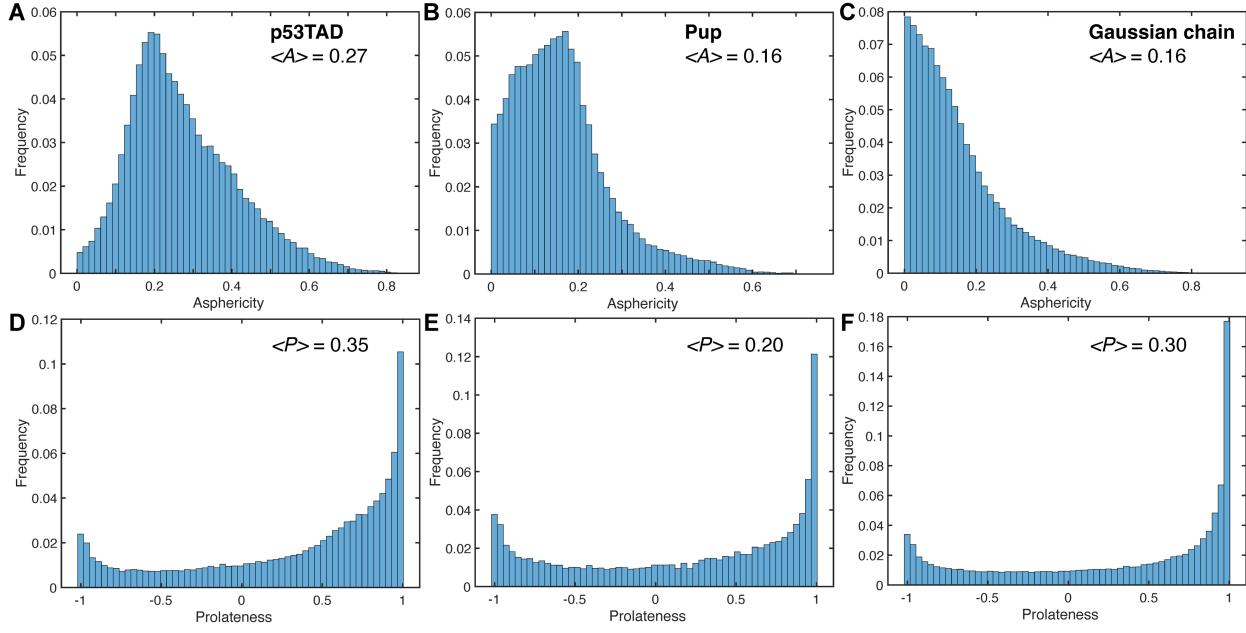
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169 **Fig. 1.** Radius of gyration,  $R_g$ , properties of two IDPs p53TAD and Pup from microsecond MD  
170 simulations. Time-dependence of  $R_g(t)$  from representative 1-μs MD trajectories (cyan) of (A)  
171 p53TAD and (B) Pup where the horizontal blue lines correspond to the mean  $R_g$  values  
172 calculated from the trajectories and the black lines correspond to the experimentally determined  
173  $R_g$  for p53TAD and the predicted  $R_g$  according to polymer theory (Eq. 6) for Pup.  $R_g$  profiles for  
174 all 10 1-μs trajectories of each protein are shown in Figure S1. Histograms of the  $R_g(t)$   
175 distributions over all 10 MD simulations are shown in Panels C, D (blue and black lines have the  
176 same meaning as in Panels A, B). The standard deviation of  $R_g$  over all 10 MD trajectories is 5.4  
177 Å for p53TAD and 5.0 Å for Pup. Offset-free time-correlation functions  $C_{Rg}(t)$  of  $R_g(t)$  averaged  
178 over all 10 1-μs MD trajectories are shown for (E) p53TAD and (F) Pup. The dashed lines  
179 belong to non-linear least squares fits of  $C_{Rg}(t)$  by biexponential functions whereby the best fits  
180 are obtained for p53TAD with  $\tau_a = 12$  ns (63% of total amplitude),  $\tau_b = 62$  ns (37%) and for Pup  
181 with  $\tau_a = 8$  ns (29%),  $\tau_b = 48$  ns (71%).

182 The characteristic time scales of  $R_g(t)$  fluctuations can be obtained from the time-  
183 correlation functions  $C_{Rg}(t)$  (**Eq. 5**), which are well-converged over the course of the 1- $\mu$ s  
184 trajectories (**Fig. 1E,F**).  $C_{Rg}(t)$  of both proteins decay in good approximation biexponentially  
185 with reconfigurational correlation times  $\tau_a \approx 10$  ns and  $\tau_b \approx 55$  ns. The normalized variance of the  
186  $R_g(t)$  fluctuations, given by

187 
$$\sigma_{Rg}^2 = 1 - \langle R_g \rangle^2 / \langle R_g^2 \rangle \quad (1)$$

188 is almost the same for p53TAD (0.03) and Pup (0.04). The ensemble distribution of the gyration  
189 tensor  $S$  (**Eq. 2**) contains information about the deviation of individual MD snapshots from  
190 spherical shape, which can be directly compared with a random Gaussian chain serving as a  
191 perfect random coil (**Fig. 2**).<sup>(62)</sup> Both proteins show unimodal asphericity distributions (**Eq. 3**)  
192 with maxima around  $A \approx 0.18$ , which qualitatively differ from the Gaussian chain model (**Fig. 2C**)  
193 peaking at  $A = 0$ . Compared to p53TAD, Pup has a higher tendency to adopt a more spherical  
194 conformation. Another useful measure of the overall shape of individual snapshots is the  
195 prolateness  $P$  (**Eq. 4**). The distribution of  $P$  is bimodal for both proteins with the global  
196 maximum corresponding to prolate-shaped (cigar-like) structures ( $P = 1$ ) and a second (local)  
197 maximum corresponding to disk-like structures ( $P = -1$ ). The distribution of the prolateness of  
198 Pup is more balanced between positive and negative values with  $\langle P \rangle = 0.2$  than for p53TAD,  
199 which has a higher tendency to adopt prolate-shaped conformers ( $\langle P \rangle = 0.35$ ), whereas the  
200 Gaussian chain distribution ( $\langle P \rangle = 0.3$ ) lies between the two IDP distributions. The distinct  
201 asphericity distribution and increased prolateness of p53TAD is at the origin of its increased  $\langle R_g \rangle$   
202 over the Gaussian random coil model.



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205 **Fig. 2.** Gyration tensor properties of IDP ensembles of p53TAD and Pup across 10 1- $\mu$ s MD  
 206 trajectories. The distributions of gyration tensor asphericities  $A$  are shown for (A) p53TAD and (B)  
 207 Pup in comparison with (C) a Gaussian chain. The distributions of gyration tensor prolateness  $P$   
 208 are shown for (D) p53TAD and (E) Pup in comparison with a (F) Gaussian chain.

209

210 **Validation against  $R_1$ ,  $R_2$  relaxation data.** Experimental and computed  $^{15}\text{N}$   $R_1$ ,  $R_2$  relaxation  
 211 rates are shown in **Fig. 3**.  $R_1$  relaxation rates determined from simulations (**Eq. 7–12**) are in close  
 212 agreement with experiment(63) evidenced by small RMSEs ( $0.10 \text{ s}^{-1}$  for p53TAD and  $0.12 \text{ s}^{-1}$  for  
 213 Pup) and Pearson correlation coefficients  $R$  of 0.78 for p53TAD and 0.86 for Pup (**Fig. 3A,B**).  
 214  $R_2$  relaxation rates determined from the simulations are also in good agreement with experiment  
 215 with correlation coefficients  $R$  of 0.88 for p53TAD and 0.70 for Pup and RMSEs of  $0.84 \text{ s}^{-1}$  for  
 216 p53TAD and  $0.81 \text{ s}^{-1}$  for Pup and (**Fig. 3C,D**). It can be seen that the simulations tend to  
 217 underestimate  $R_1$  and overestimate  $R_2$  rates, although only slightly, in a manner that is notably  
 218 uniform for the  $R_1$  values of both proteins and for the  $R_2$  values of p53TAD. The 10 N-terminal  
 219 residues of p53TAD are very flexible with small  $R_2$ 's, which closely follow the experiment. For  
 220 Pup, differences in  $R_2$  between MD and experiment display the same trend and are most  
 221 pronounced for residues 30–48. The error bars of the computed relaxation rates, which represent  
 222 the root-mean-square deviations over all 10 MD trajectories, are fairly uniform along the  
 223 polypeptide chains and systematically larger for  $R_2$  than for  $R_1$ , again with the exception of the

224 10 N-terminal residues of p53TAD. For both proteins, not all 10 1- $\mu$ s MD trajectories  
225 individually reproduce the experimental data equally well. Either 1 (p53TAD) or 2 (Pup)  
226 trajectories have more compact average IDP structures, which quantitatively affect the agreement  
227 with experiment (**Fig. S2**).

228 Correlation times of backbone N-H bond vectors in both proteins fitted from the average  
229 correlation functions range from picoseconds to about 20 ns (**Fig. 3E,F**). Consistent with the  
230 finding for other IDPs,(55, 64) the dominant contribution to the time correlation functions stems  
231 from dynamics on the intermediate time scale around 1 ns reporting about backbone  $\varphi, \psi$  jumps.  
232 Fast dynamics on the time scale of 100 ps or faster report on local  $^{15}\text{N}$ - $^1\text{H}$  bond librations, similar  
233 to those observed in secondary structures of folded proteins,(65) and slower dynamics on the  
234 time scale between 3 and 20 ns reports on collective IDP chain motions. The presence of slower  
235 modes correlate with increased  $R_2$  values most pronounced for residues 30–48 in Pup. This is  
236 consistent with relaxation theory (**Eq. 12**), which predicts that in solution transverse spin  
237 relaxation rates  $R_2$  are in good approximation proportional to the effective overall correlation  
238 time experienced by the  $^{15}\text{N}$ - $^1\text{H}$  spin pairs.

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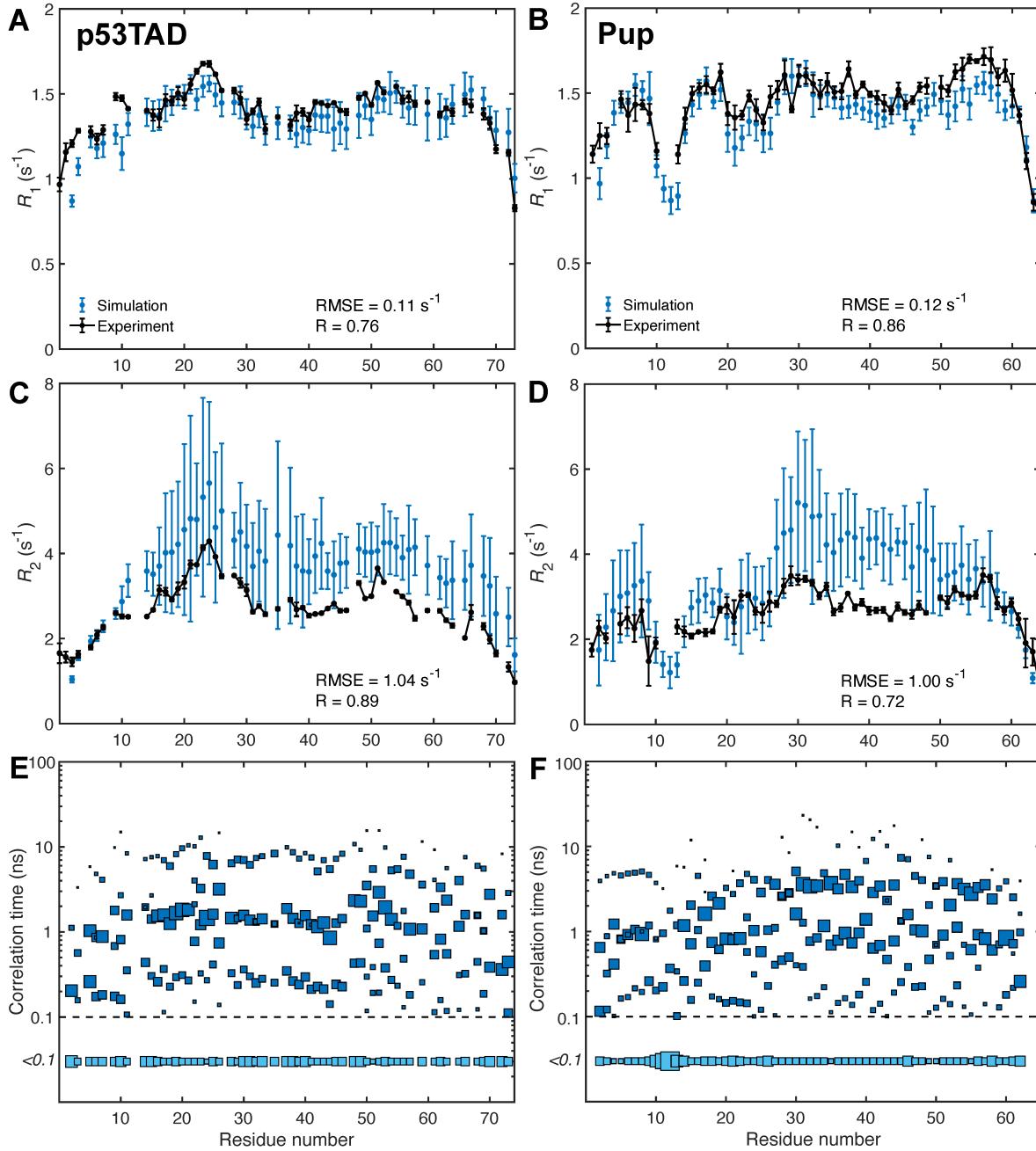
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250 **Fig. 3.** Back-calculated  $R_1$ ,  $R_2$  NMR  $^{15}\text{N}$ -spin relaxation rates in comparison with experiment  
 251 along with underlying motional time scale distributions.  $R_1$ ,  $R_2$  rates calculated from average  
 252 correlation functions are plotted in blue with error bars representing standard deviations across  
 253 individual MD trajectories. Correlation time distribution of individual  $^{15}\text{N}-\text{H}$  bonds of IDPs  
 254 extracted from correlation functions for (E) p53TAD and (F) Pup where the size of the blue  
 255 squares are proportional to the associated motional amplitudes  $A_i$ . The squares at the bottom  
 256 indicate the aggregate of dynamics contributions with correlation times faster than 100 ps.  
 257 Dominant dynamics time scales range from about 100 ps to about 10 ns depending on the residue,  
 258 with the exception of Thr12 in Pup which exhibits dominant dynamics time scales faster than  
 259 100 ps.

260 Increased transverse NMR spin relaxation is indicative of the presence of collective  
261 segmental motions in IDPs, which are modulated by the formation of transient secondary  
262 structures and inter-residue side-chain interactions. To examine these relationships,  
263 instantaneous secondary structures and average contact maps were determined from the MD  
264 trajectories (**Fig. 4**). A contact is defined in an MD snapshot when the nearest distance between  
265 atoms from two different residues is smaller than 4 Å (uninformative first-neighbor  $(i,i+1)$  and  
266 second-neighbor  $(i,i+2)$  contacts between residues were excluded (white band along diagonal in  
267 **Fig. 4A,B**)). The most frequent contacts are relatively short range, but contacts over larger  
268 distances occur for p53TAD and even more frequently for Pup. Some contacts are linked to the  
269 transient formation of short secondary structures,  $\alpha$ -helices and  $\beta$ -strands (**Fig. 4C,D**), whereas  
270 other regions display frequent contacts largely independent of secondary structure propensity  
271 often involving arginine residues, such as Arg65 of p53TAD and Arg28/29 and Arg56 of Pup.  
272 **Fig. 4C,D** also shows that selected trajectories possess regions with well above-average  
273 secondary structure propensities, such as trajectories #4 of p53TAD and trajectories #5 and #7 of  
274 Pup, which are the same trajectories that contribute to the lengthening of  $R_2$  along parts of the  
275 polypeptide sequences mentioned above. Due to their atypical (outlier) nature, not representative  
276 of the other trajectories, they were not included in the following residue-cluster analysis. For  
277 p53TAD, regions that tend to form  $\alpha$ -helices do not form  $\beta$ -strands and vice versa (except for  
278 trajectory #4). For Pup, on the other hand, a number of regions exist in its N-terminal half that  
279 can transiently switch between these two types of local secondary structures.

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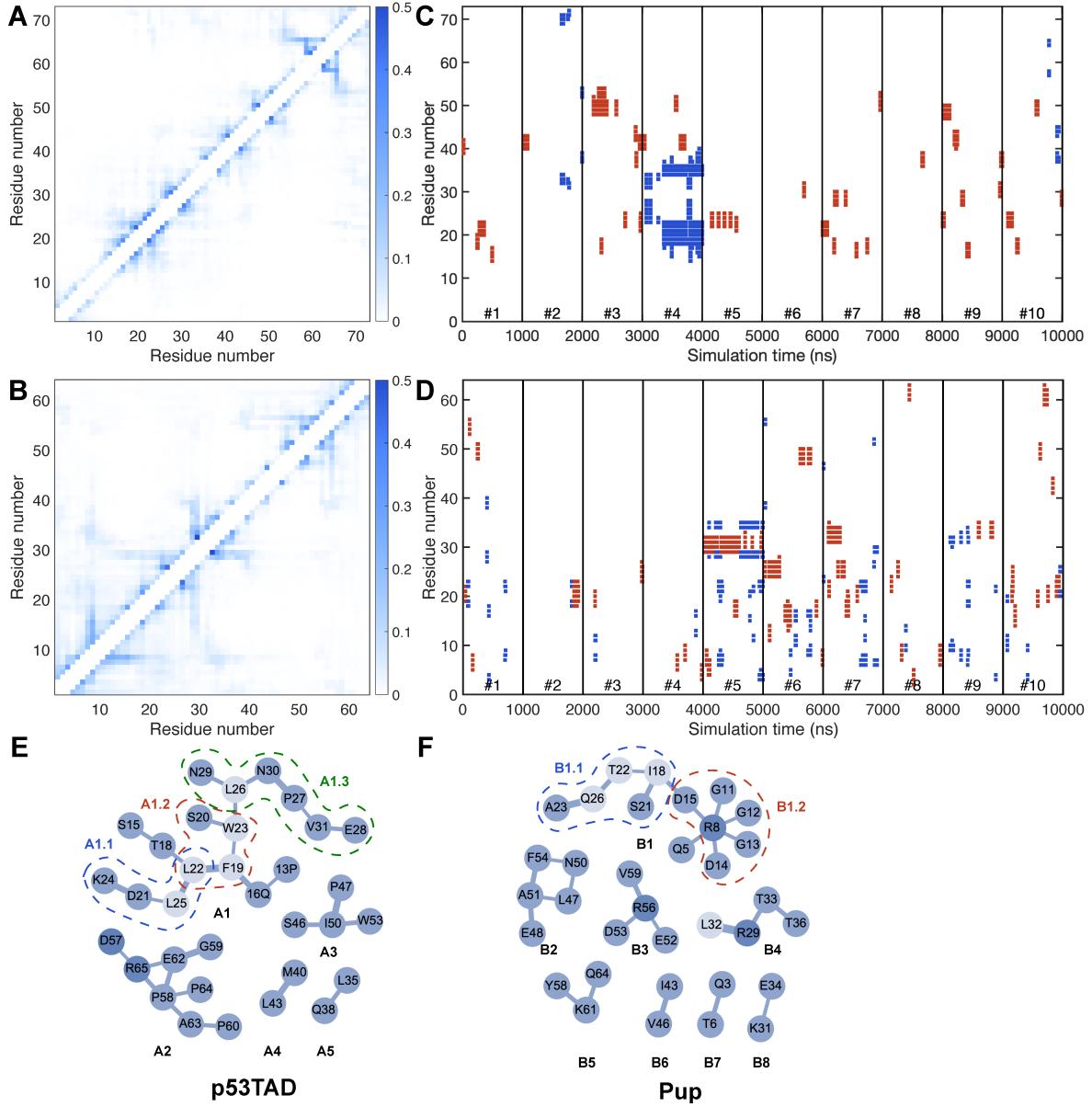
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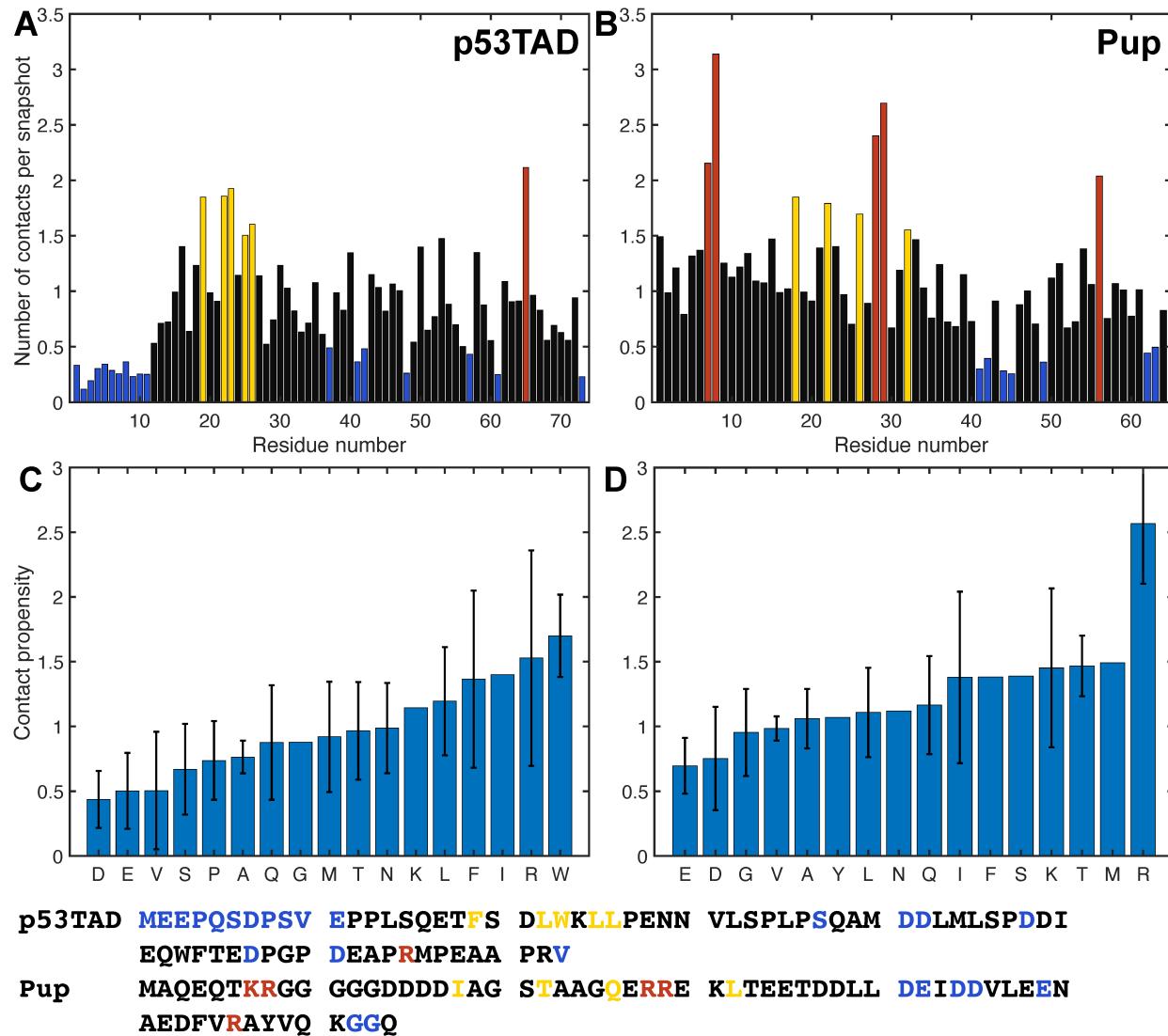


301 **Inter-residue contact propensities.** Different residues along the polypeptide chain display  
302 different tendencies to form contacts with other residues. **Fig. 5A,B** shows the average number  
303 of contacts per snapshot for each residue, which was calculated as the total number of contacts  
304 formed by a residue divided by the total number of MD snapshots. To better visualize the  
305 different behaviors, the residues were divided into four distinct groups: the majority of residues  
306 that form 0.5–1.5 contacts per snapshot (colored in black), residues that form an unusually small  
307 number of contacts (< 0.5) (colored in blue), residues that form a moderately large number of  
308 contacts (1.5–2) (colored in yellow), and residues that form a relatively large number of contacts  
309 (> 2) are colored in red. For Pup, there are three distinct regions that form the largest numbers of  
310 contacts (red) comprising residues (1) Lys7, Arg8, (2) Arg28, Arg29, and (3) Arg56. They  
311 perfectly align with the three centers of **Fig. 3** with elevated  $R_2$  values, namely (1) Arg8, (2)  
312 Arg29, and (3) Arg56. For p53TAD, the residue that forms the largest number of contacts is  
313 Arg65, which is surrounded by residues with a number of contacts below average between 0.5  
314 and 1.0. This rationalizes why  $R_2$  of Arg65 shows a local maximum that is still lower than  $R_2$  in  
315 other regions of p53TAD, such as residues 19–26 forming a residue cluster with an intermediate  
316 number of contacts. Notably, the 11 N-terminal residues of p53TAD display a lower-than-  
317 average amount of contacts, which is consistent with low  $R_2$  values observed across all 10  
318 individual MD trajectories. When the same type of contact analysis is performed with side-chain  
319 atoms only, a similar behavior is observed with only a small, systematic reduction in contacts  
320 (**Fig. S3**) reflecting that the majority of medium- to long-range inter-residue contacts are made  
321 by side-chain atoms.

322 We also grouped the number of contacts per snapshot formed by each residue according  
323 to residue type and normalized them by the number of residues of the same type. The resulting  
324 value for each amino acid residue type present in p53TAD and Pup reflects their inherent contact  
325 propensity (**Fig. 5C,D**). These profiles display the following trends: positively charged residues  
326 arginine and lysine are on average most prone to form contacts, followed by hydrophobic  
327 residues isoleucine and leucine as well as aromatic residues tryptophan and phenylalanine.  
328 Negatively charged residues aspartate and glutamate, however, are least disposed to form  
329 contacts. This may be also a consequence that both IDPs are overall negatively charged (-14e for  
330 p53TAD and -12e for Pup). When acidic residues outnumber basic residues, the former tend to  
331 repulse each other, thereby increasing  $R_g$ , while the latter have more options to interact with an

332 acidic residue than vice versa leading to an increase of the contact propensity of basic over acidic  
 333 residues.

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335

336 **Fig. 5.** Number of close contacts formed by each residue during MD simulations of p53TAD and  
 337 Pup (without outliers) along with average residue-type specific contact propensities. For each  
 338 residue, the number of contacts was normalized by the number of snapshots for (A) p53TAD and  
 339 (B) Pup. Residues with their number of contacts per snapshot below 0.5 are depicted in blue,  
 340 0.5–1.5 in black, 1.5–2 in yellow, and above 2 in red. Primary sequences of p53TAD and Pup are  
 341 given at the bottom and colored as in Panels A, B. Average contact propensities according to  
 342 amino-acid residue type, which is the number of contacts per snapshot averaged over all residues  
 343 of the same type, are shown for (C) p53TAD, (D) Pup. Error bars correspond to the standard  
 344 deviations among different residues of the same type.

345 **Contact analysis by graph theory.** To investigate the nature of some of the most frequent  
346 pairwise contacts in these IDPs, the MD snapshots were analyzed by graph theory where each  
347 snapshot is represented as an undirected graph with each residue corresponding to an edge and  
348 an inter-residue contact corresponds to an edge connecting the two residues (nodes). The  
349 resulting graphs were then analyzed in terms of clusters, which are disconnected graph  
350 components that do not have any edges to nodes outside of the cluster. On average 6.0 clusters  
351 per snapshot are found for p53TAD and 5.4 clusters for Pup. The probabilities of a cluster to  
352 have a given size are represented for both IDPs by the histograms of cluster sizes (**Fig. 6A**),  
353 which reveal that clusters consisting of 2 nodes are most abundantly present (around 40%) in  
354 both p53TAD and Pup. Moreover, the cluster size probability decreases rapidly with increasing  
355 size. For instance, the fraction of clusters with 10 or more nodes (residues) is only 2–3%. Despite  
356 their sequence independence and different lengths, the two IDPs have strikingly similar cluster  
357 size distributions. The number of edges grows on average linearly with the number nodes  
358 (straight solid line), which is much slower than the quadratic behavior of complete graphs  
359 (dashed line, **Fig. 6B**). In fact, most of the clusters formed during MD simulations are sparse  
360 graphs with a relatively small average edge-to-node ratio of 1.54, which is indicative of tree-like  
361 graphs consisting mostly of linear branches with few cross-links. **Fig. 6** also depicts residue  
362 clusters (on the right) where pairwise contacts with occupancies  $> 0.2$  are depicted as an edge  
363 connecting two nodes (residues) with edge widths proportional to the pairwise contact  
364 occupancies.

365 The graph-theoretical representation of the transient interaction network uncovers the  
366 relationship between  $R_2$  profiles and transient contact formation and the types of interactions that  
367 are prevalent in IDP structures. For p53TAD, the three centers in the sequence with an elevated  
368 experimental  $R_2$  profile are (1) Lys24, (2) Glu51, and (3) Met66, and they are involved in or are  
369 sequentially adjacent to clusters A1, A3, and A2, respectively. Electrostatic interactions are  
370 important for residue cluster formation in p53TAD, in particular in cluster A2 featuring the  
371 pairwise contacts Lys65–Asp57 and Arg65–Glu62. The largest elevation of  $R_2$ , however, is the  
372 result of the largest interaction network A1. Hydrophobic and aromatic residues Phe19, Leu22,  
373 Trp23, Leu25 and Leu26 belong to a p53TAD segment that displays increased helical  
374 propensity(66, 67) (secondary structure propensities determined from chemical shifts are shown  
375 in **Fig. S5**) and which undergoes distinct loop closure dynamics.(68) In particular, residues

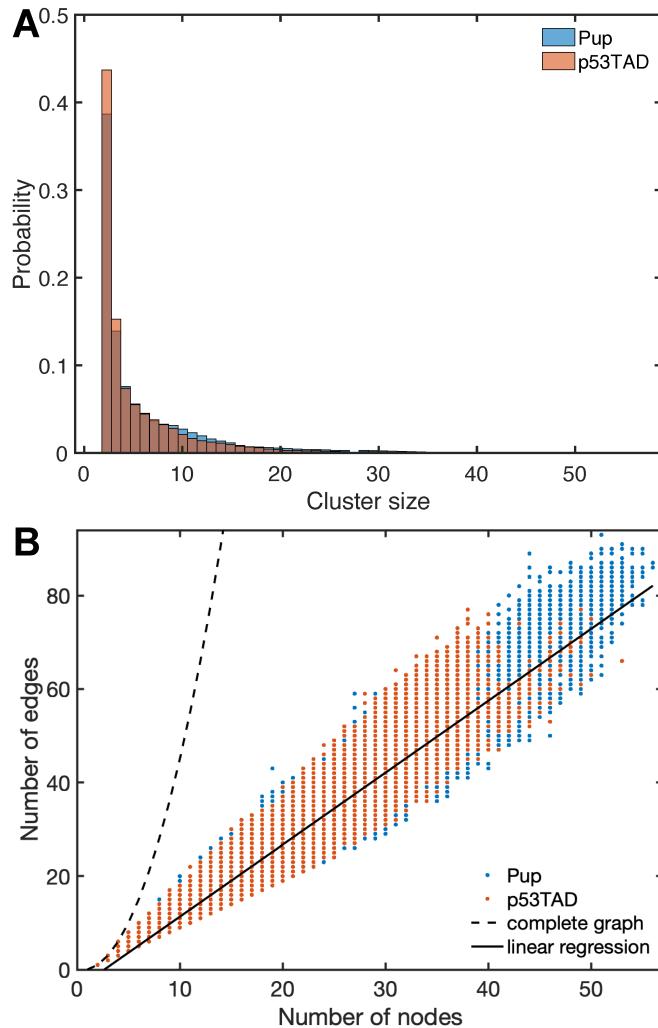
376 Phe19, Trp23, and Leu26 form the hydrophobic triad that is crucial for the binding of p53TAD to  
377 MDM2.(67) Similar to cluster A1, the smaller cluster A3 centered around Ile50 is also driven by  
378 hydrophobic interactions.

379 The regions of Pup with elevated  $R_2$  values (**Fig. 3D**) around Arg8, Ile18, Thr22, Arg29,  
380 Arg56 are all involved in clusters B1, B4, or B3 (**Fig. 4E,F**). Separate clusters can involve  
381 sequentially adjacent residues, such as clusters B2 and B3 or clusters B3 and B5 and thereby  
382 mediate cooperative behavior. The most dominant inter-residue interaction in Pup is of  
383 electrostatic nature resulting in the transient formation of salt bridges involving residue pairs in  
384 cluster B1.2 (Arg8–Asp14, Arg8–Asp15) and cluster B3 (Arg56–Asp53, Arg56–Glu52). Many of  
385 these residues appear to play the role of hubs promoting enhanced interactions also with other  
386 residues as visualized by the graphs in **Fig. 4E,F**.

387

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390

391 **Fig. 6.** Graph theoretical analysis of inter-residual interactions and transient interaction networks  
 392 of p53TAD and Pup. (A) Clusters consisting of 2 nodes (residues) dominate in the MD structures  
 393 of p53TAD and Pup (without outlier trajectories), followed by clusters of size 3, etc. (B) The  
 394 majority of the unique clusters are sparse graphs, with their number of edges much smaller than  
 395 the number of edges in complete graphs growing with  $N(N-1)/2$  where  $N$  is the number of nodes.  
 396 The average edge-to-node ratio is 1.54 (slope indicated by solid black line), indicating  
 397 predominantly tree-like graphs that sometimes have a few additional edges (cross-linked  
 398 branches).

399

400

401 **DISCUSSION**

402 Disordered proteins play a prominent role in many regulatory processes using their unique  
403 malleability to interact with their targets. Details of conformational substates of IDPs and how  
404 they are shaped by the complex interplay of inter-residue interaction networks are currently  
405 poorly understood both experimentally and computationally. In this work, we showed how the  
406 latest advances in MD force fields and computational protocols allow the nearly quantitative  
407 prediction of the complex behavior of the two IDPs p53TAD and Pup, including their dynamics  
408 time scales from site-resolved NMR spin relaxation. Both proteins have been characterized by a  
409 host of experimental techniques, including X-ray crystallography,(69, 70) NMR,(7, 63, 67, 71-  
410 73) small-angle X-ray scattering (SAXS),(61, 74) FRET,(75, 76) and fluorescence correlation  
411 spectroscopy.(68)

412 The global dimensions of IDPs can be experimentally characterized by SAXS providing  
413 information about their radius of gyration  $R_g$  for direct comparison with MD ensembles. For Pup,  
414  $\langle R_g \rangle$  from the 10 1- $\mu$ s MD simulations follows the power law of **Eq. 6** with a Flory exponent  $\nu$   
415 = 0.601, which closely mirrors the behaviour of a self-avoiding random coil ( $\nu$  = 0.598). By  
416 contrast, p53TAD is more expanded with  $\nu$  = 0.624, which is consistent with previous  
417 experimental results reported for this protein.(61) Such behaviour could be the result of stronger  
418 repulsive intra-residual forces caused by a slightly higher negative net charge (-14e of p53TAD  
419 vs. -12e of Pup) and a high percentage of prolines (18% in p53TAD vs. none in Pup) known to  
420 increase extendedness.(77) The relatively high  $\nu$  values of both proteins suggest that their  
421 interactions with water solvent are highly favorable preventing the hydrophobic collapse of their  
422 polypeptide chains.

423 The 10 1- $\mu$ s MD trajectories allow extensive sampling of the radius of gyration over time  
424 and extract characteristic time scales from its autocorrelation function (**Fig. 1**). For both proteins,  
425 the time-correlation function follows in good approximation a biexponential decay with  
426 correlation times around 10 and 55 ns. Global distance fluctuations can be studied  
427 experimentally by nanosecond fluorescence correlation spectroscopy (nsFCS), which found for 8  
428 M urea denatured ubiquitin global reconfiguration times  $\tau_r$  in the range of 50–90 ns.(16) A  
429 nsFCS study of  $\alpha$ -synuclein, which is about twice as long in sequence as the IDPs studied here,  
430 identified two reconfigurational correlation times of  $\tau_{r1} = 23$  ns and  $\tau_{r2} = 136$  ns.(30) These

431 correlation times are within a factor 2–3 of those found in the current study, although it should be  
432 kept in mind that they report about a donor/acceptor pair, i.e. S42C/T92C in the case of  $\alpha$ -  
433 synuclein, rather than about  $R_g$ .

434 Heteronuclear  $^{15}\text{N}$  relaxation offers a complementary view of IDP dynamics.  
435 Longitudinal  $R_1$  and transverse  $R_2$  relaxation rates are caused by local spin interactions, namely  
436 the magnetic dipole-dipole coupling and chemical shielding anisotropy, and they reflect  
437 reorientational dynamics amplitudes and timescales due to local conformational fluctuations as  
438 well as longer-range reorientational motional modes of the order of an IDP's persistence length  
439 and beyond. Model-free analysis is not applicable to IDP relaxation data due to the absence of a  
440 well-conserved global rotational diffusion tensor as reference frame.(27) Instead, a residue-by-  
441 residue interpretation can applied where the correlation function of each site is described as a  
442 multiexponential function of the type of **Eq. 8** with 6 exponential dynamics modes.(28, 50, 55,  
443 64, 78) The hierarchy of dynamics modes depicted in **Fig. 3** shows a broad distribution of time  
444 scales including rapid librational motions (< 100 ps) and dominant low nanosecond motions,  
445 which sample the different local energy basins of backbone  $\phi, \psi$  dihedral angles. The slowest  
446 modes with time scales in the range of 3–20 ns represent predominantly collective segmental  
447 reorientational motions. A similar hierarchy of time scales has been observed by fluorescence  
448 depolarization kinetics measurements of  $\alpha$ -synuclein.(48) These collective motions involve  
449 medium to longer-range interactions between residues that can be elucidated by graph theoretical  
450 analysis of the MD trajectories described here. For Pup, many of these slower motional modes  
451 have correlation times around 3–4 ns whereas for p53TAD they are on average twice as large.  
452 For both proteins the three distinct bands of time scales are pervasive across their polypeptide  
453 sequence (**Fig. 3E,F**).

454 MD methodology has made great strides in recent years to toward an increasingly  
455 realistic representation of disordered proteins.(26) Besides experimental scattering data,  
456 quantitative NMR has played a key role for the independent validation of MD ensembles.  
457 Because NMR spin relaxation parameters fully quantitatively reflect IDP dynamics at atomic-  
458 level resolution both in terms of motional amplitudes and time scales, their accurate reproduction  
459 by MD has been an important but also very challenging task. A recent comparison of commonly  
460 used MD force fields that do not use residue-specific backbone potentials showed for several

461 IDPs significant force-field dependences with the best results obtained when the analysis was  
462 restricted to average correlation functions of chunks of 10-ns subtrajectories.(56) The need to  
463 exclude slower time-scale motions, which are prominent in both experimental data and  
464 simulations (see for example **Fig. 3**), may reflect the lack of convergence due to limited  
465 sampling. Beneficial for all simulations was the improvement of the TIP4P-D water model over  
466 TIP3P preventing overly collapsed IDP ensembles, which is consistent with other computational  
467 studies.(38, 57) Because of the observed discrepancies between experiments and MD simulations,  
468 some studies applied *post factum* adjustments to the MD simulations in order to improve  
469 agreement, which include uniform or selective scaling of the MD time scale or correlation  
470 times(27-30) or the reweighting of sub-trajectories.(64) Here, we chose a different approach:  
471 rather than relying on *post factum* modifications, we use the residue-specific ff99SBnmr2 force  
472 field, which was specifically designed for the improved representation of IDPs without the need  
473 of any corrections.(57, 58) A correction-free MD approach has recently been reported for the  
474 intrinsically disordered SH4UD protein with the Amber ff03ws force field, which does not use  
475 residue-type independent backbone dihedral angle potentials, and no time-scale dependent data,  
476 such as NMR spin relaxation, were used for validation.(79) NMR chemical shifts were back-  
477 calculated using SHIFTX2,(80) which, besides 3D structural information, makes extensive use of  
478 protein sequence data. Here, we back-calculated NMR chemical shifts using PPM(81) (**Fig. S4**),  
479 which only uses the physical parametrization of chemical shifts with respect to 3D protein  
480 structure of each snapshot, achieving very good agreement with experiment.(73)

481 The close correspondence observed between experimental and computed  $^{15}\text{N}$  relaxation  
482  $R_1$  and  $R_2$  relaxation rates for both IDPs studied here (**Fig. 3**), without the need for *post factum*  
483 corrections, attests to the accuracy and robustness of the computational protocol used. It applies  
484 REMD for the generation of conformational ensembles belonging to different temperatures from  
485 which 10 representative structures at 300 K were randomly selected as starting structures for 1-  
486  $\mu\text{s}$  MD trajectories whereby all simulations made use of the ff99SBnmr2 force field and the  
487 TIP4P-D water model. MD-derived longitudinal  $^{15}\text{N}$   $R_1$  follow the shapes of the experimental  $R_1$   
488 profiles with a small tendency to underestimate the experimental  $^{15}\text{N}$   $R_1$  rates by 4–6% whereas  
489  $^{15}\text{N}$   $R_2$  relaxation rates overestimate the experimental values on average by 26% for Pup and  
490 34% for p53TAD. This level of agreement is significantly better than for previously reported  
491 comparisons of this type.

492 Few individual trajectories (10–20%) show systematically larger differences with respect  
493 to experiment than the rest. For the proteins studied here, they are trajectories #4 of p53TAD and  
494 #5 and #7 of Pup (**Fig. S2, Table S4**). These trajectories are characterized by the persistent  
495 formation of secondary structure (#4 of p53TAD and #5 of Pup) (**Fig. 4C,D**) or by a collapsed  
496 overall geometry with a reduced  $\langle R_g \rangle$  compared to the other trajectories (trajectory #7 of Pup)  
497 (**Table S5**). At the individual trajectory level, these outlier trajectories are in poorer agreement  
498 with experimental data and their removal from the set of 10 trajectories during the back-  
499 calculation of relaxation rates further improves the agreement with experiment (**Fig. S3**). From  
500 such diagnostic analysis it follows that these outlier trajectories are either overrepresented in the  
501 original simulations or the result of simulation artifacts, for example, caused by inaccuracies of  
502 the underlying force field. Removal of individual trajectories based on comparison with  
503 experiment should be applied with great care and be reserved primarily for diagnostic purposes,  
504 such as the analysis of shortcomings of the simulations. While *post factum* trajectory selection or  
505 reweighting can provide better agreement with experiment, it is generally unclear whether the  
506 altered ensembles are in fact consistent with an alternative, physics-based force field, thereby  
507 complicating the physical interpretation of such ensembles.

508 Although it is difficult to identify individual force field terms responsible for the IDP  
509 behaviour observed in the outlier trajectories, these results can nonetheless provide useful input  
510 to guide future force field improvements. With more computer power, it will be possible to gain  
511 better statistics by generating a larger number of trajectories for the improved sampling of  
512 conformational space allowing the more rigorous assessment of the underlying force field, the  
513 water model, and other aspects of the computational methods used. Conversely, such insights  
514 may allow the further improvement of force fields and methods for applications also to other  
515 proteins. In fact, the ff99SBnmr1 force field, which is the parent force field of ff99SBnmr2, was  
516 developed and optimized using this strategy by the systematic reweighting of MD snapshots  
517 based on many trial force fields using experimental NMR data of intact proteins.(82)

518 The good agreement of the MD simulation with experimental observables both motivates  
519 and justifies the analysis of other protein properties observed in the MD trajectories that are  
520 difficult to measure. This includes the analysis of transient inter-residue interactions. The  
521 molecular driving forces of these interactions are fundamentally similar to those of ordered  
522 proteins although average hydration properties may differ.(79) In contrast to ordered proteins,

523 inter-residue interactions between non-sequential amino acids are short-lived. Therefore, the  
524 time-averaged interaction maps (**Fig. 4A,B**) offer only partial insights as they conceal the  
525 compositions and distributions of instantaneous interaction clusters. In fact, the relatively large  
526 network reflected by the average contact map contrasts the much smaller size of graphs that exist  
527 at any given time, which attests to the very heterogeneous and transient nature of instantaneous  
528 contact clusters. The highest occupancy of pairwise contacts found is around 0.5, which mostly  
529 belong to  $(i,i+3)$  contacts. For a list of the most frequent pairwise contacts, see **Tables S2, S3**.

530 Snapshot by snapshot analysis revealed the dominance of small cluster sizes over larger  
531 ones (**Fig. 6**). For both p53TAD and Pup, clusters with 2 or 3 residues make up more than 50%  
532 of all clusters and clusters with more than 10 residues have notably low occurrence, although  
533 their formation could be functionally relevant during molecular recognition events. Because  
534 clusters consisting of residue pairs dominate intra-residual interactions in both IDPs, further  
535 analysis of the interaction network was performed based on pairwise contacts. Contact maps  
536 were generated for p53TAD and Pup averaged over all MD trajectories and pairwise contacts  
537 that have occupancies larger than 0.2 visualized as separate graphs (**Fig. 4E,F**). Instantaneous  
538 clusters can belong to such larger graphs as exemplified by clusters A1.1, A1.2, A1.3 for  
539 p53TAD and clusters B1.1 and B1.2 for Pup (**Fig. 4E,F**). The dominant clusters are  
540 characterized by a mix of hydrogen bonds, salt bridges (e.g., involving Arg65 in cluster A2,  
541 Arg8 in star-like cluster B1.2, and Arg56 in cluster B3), hydrophobic and aromatic interactions  
542 (e.g., Phe19, Leu22/25/26, and Trp23 in cluster A1). These are consistent with the driving forces  
543 attributed to liquid-liquid phase separation, namely intermolecular contacts among aromatic  
544 residues,(83-85) electrostatic interactions,(86-88) and hydrophobic interactions.(89)

545 The majority of clusters are linear graphs with few circular sub-graphs leading to the  
546 linear relationship between the number of nodes and number of edges (**Fig. 6B**). Acidic residues  
547 tend to have low cluster participation whereas arginine residues have the highest participation in  
548 both proteins (**Fig. 5A,B**). This difference in cluster participation between cationic and anionic  
549 residues is also evident in **Fig. 5C,D**. Among the neutral amino acids, those with larger side-  
550 chains are more prone to interactions with non-neighboring residues due to their intrinsically  
551 larger distance range. In fact, Pro, Val, Ser, Ala, Gly have the lowest interaction propensities  
552 among neutral residues and among pairs of chemically similar residues, such as Gln vs. Asn and  
553 Leu vs. Val, the larger residue (Gln, Leu) dominates the smaller one (Asn, Val).

554 A primary biological function of p53TAD is to negatively regulate p53 by interacting  
555 with the ubiquitin ligases MDM2 and MDMX for the degradation of p53. This interaction is one  
556 of the earliest and best studied interactions between an IDP and a folded protein both by  
557 experiment(67-69) and computation.(90) In order to better understand the molecular recognition  
558 mechanism underlying the formation of this complex, a realistic and accurate description of the  
559 free state of p53TAD is of central importance. For MD studies, the choice of the protocol,  
560 especially of the force field and water model, is consequential. A recent unbiased REMD study  
561 of free p53TAD reported the detailed comparison using five different MD force fields all without  
562 residue-specific backbone potentials. Based on 1- $\mu$ s long replicas major differences were  
563 revealed in terms of the structural propensities among them and also with respect to experimental  
564 data.(91) An even longer simulation of residues 10–39 of p53TAD for a total length of 1.4 ms  
565 analyzed by Markov state models identified substantial populations of  $\beta$ -sheets across the  
566 sequence,(92) a behavior that is at variance with the above mentioned REMD ensembles(91) as  
567 well as with experimental solution NMR data.(67) These together with many other studies show  
568 that force fields need to be chosen following extensive testing to ensure that long trajectories,  
569 generated with considerable computational effort, offer the most realistic biophysical insights  
570 about these highly complex, heterogeneous systems.

571 In addition to forming transient intramolecular contacts, IDPs can also dynamically  
572 interact with other IDPs driving the formation of liquid-liquid phase separation. With a rapidly  
573 increasing body of experimental data on LLPS condensates,(9, 10, 93) all-atom MD simulations  
574 have an important role to play for a mechanistic understanding of emerging phase separation  
575 properties. Since the molecular driving forces of LLPS are the same as for intramolecular IDP  
576 interactions,(94) such as those described here, the optimal accuracy of force fields along with  
577 adequate sampling schemes of the heterogeneous condensate environment will be key for the  
578 quantitative interpretation of experimental data, allowing the prediction of condensate formation  
579 and eventually may open the way for new interventional approaches to actively reprogram  
580 condensates and their properties.

581 Although a possible role of Pup in LLPS is not known, LLPS involving full-length p53  
582 has been documented and p53TAD has been implicated in both phase separation and oncogenic  
583 amyloid aggregation.(76, 95) Multivalent electrostatic interactions between the N-terminal

584 domain, p53TAD, and the C-terminal domain were identified as critical for LLPS, which were  
585 shown to be positively modulated through molecular crowding and negatively modulated by the  
586 addition of DNA and ATP molecules and post-translational modification. It was suggested that  
587 compartmentalization of p53 into the droplets suppresses its transcriptional regulatory function,  
588 while its release from droplets under cellular stress can activate p53.(76) These findings point to  
589 the need for the comprehensive characterization of these intermolecular interactions at residue-  
590 and atomic-level resolution. The agreement with experiment reported here clearly suggests that  
591 MD methodology has reached a level of accuracy allowing it to make critical contributions  
592 toward this goal.

593 The results of our study further advance the long-held premise of MD simulations to  
594 realistically describe IDP ensembles on their native dynamics time scales toward the better  
595 understanding of their biophysical properties and biological function. Both IDPs chosen in this  
596 study, p53TAD and Pup, undergo folding upon binding to their protein targets and it will be  
597 interesting to see how the protocol will perform for IDPs that do not fold when interacting with  
598 other proteins. For both p53TAD and Pup, the use of REMD allows the adequate sampling of  
599 conformational space for the generation of a representative set of initial structures that are then  
600 subjected to long, continuous MD simulations. The close agreement found for the extendedness  
601 of the simulated IDPs with experiment and polymer theory suggests an appropriate balance  
602 between the ff99SBnmr2 force field and the TIP4P-D water model at the global scale. It  
603 favorably complements the authentic IDP behavior achieved by this protocol on the local scale in  
604 terms of its compliance at the individual residue level with coil libraries, scalar couplings, and  
605 chemical shifts. In addition to the realistic modeling of ensemble properties, our protocol also  
606 reproduces motional amplitudes and time scales encoded in quantitative NMR spin relaxation  
607 data with near experimental accuracy suggesting that the dominant minima of the free energy  
608 surface together with their many low-lying transition states are realistically captured by this  
609 comprehensive computational framework. These results prompted a more detailed analysis of  
610 short-lived inter-residue interactions, which was achieved by graph theory revealing  
611 characteristic inter-residue contact patterns and the extraction of residue-type specific interaction  
612 propensities. The realistic IDP conformational dynamics model achieved by the protocol  
613 described here advances our increasingly mechanistic and predictive understanding of IDPs

614 along with their interactions and binding properties with ordered and disordered molecular  
615 targets ranging from regulatory pathways to emerging LLPS phenomena.

616

617 **METHODS**

618 **Molecular dynamics simulations.** Fully extended structures of p53TAD and Pup were prepared  
619 using the LEaP program in AmberTools16.(96) After equilibration, they were used to run  
620 replica-exchange MD (REMD) simulations for the sampling of conformational space (36  
621 replicas for each IDP covering a temperature range from 298–353 K for p53TAD and 298–365 K  
622 for Pup, see Supplementary Material) with each replica being 1  $\mu$ s of length. Exchange was  
623 attempted every 10 ps and the exchange probability was about 0.3. For each IDP, 10 structures  
624 were randomly selected from the room-temperature (298 K) REMD ensemble and used as initial  
625 structures to run free MD simulations for 1  $\mu$ s in the NPT ensemble at 300 K and 1 atm. The  
626 protein force field and water model used in all simulations were AMBER ff99SBnmr2 and  
627 TIP4P-D.

628 All MD simulations were performed using the GROMACS 2020.2 package.(97) The  
629 integration time step was set to 2 fs with all bond lengths containing hydrogen atoms constrained  
630 by the LINCS algorithm.  $\text{Na}^+$  or  $\text{Cl}^-$  ions were added to neutralize the total charge of the system.  
631 A 10  $\text{\AA}$  cutoff was used for all van der Waals and electrostatic interactions. Particle-mesh Ewald  
632 summation with a grid spacing of 1.2  $\text{\AA}$  was used to calculate long-range electrostatic  
633 interactions. A cubic simulation box extending 8  $\text{\AA}$  from the protein surface in all three  
634 dimensions was used. Energy minimization was performed using the steepest descent algorithm  
635 for 50,000 steps. The system was simulated for 100 ps at constant temperature and constant  
636 volume with all protein heavy atoms positionally fixed. The pressure was then coupled to 1 atm  
637 and the system was simulated for another 100 ps. The final production run of 1  $\mu$ s length was  
638 performed in the NPT ensemble at 300 K and 1 atm. For simulation details, see **Table S1**.

639 **Radius of gyration tensor calculations and derived quantities.** In order to map the global  
640 shape of p53TAD and Pup conformers, radius of gyration tensors were computed as  $3 \times 3$

641   matrices  $\mathbf{S}$  from each snapshot of the room-temperature REMD ensemble and the free MD  
 642   simulations as follows:(98)

643   

$$S_{\alpha\beta} = \frac{1}{2N^2} \sum_{i,j=1}^N (r_{\alpha}^{(i)} - r_{\alpha}^{(j)})(r_{\beta}^{(i)} - r_{\beta}^{(j)}) \quad (2)$$

644   where  $r_{\alpha(\beta)}^{(i)}$  is cartesian coordinate  $\alpha$  ( $\beta$ ) ( $= x, y, z$ ) of atom  $i$  in the coordinate system that has its  
 645   origin in the center of mass of the molecule. Diagonalization of  $\mathbf{S}$  yields three non-negative  
 646   eigenvalues  $0 \leq \lambda_1 \leq \lambda_2 \leq \lambda_3$  from which the *radius of gyration*  $R_g$  is obtained,  $R_g = (\lambda_1 + \lambda_2 + \lambda_3)^{1/2}$ ,  
 647   the *asphericity*  $A$ ,(98, 99)

648   

$$A = \frac{(\lambda_3 - \lambda_2)^2 + (\lambda_3 - \lambda_1)^2 + (\lambda_2 - \lambda_1)^2}{2(\lambda_3 + \lambda_2 + \lambda_1)^2} \quad (3)$$

649   and the *prolateness*  $P$ ,(100)

650   

$$P = \frac{(2\lambda_3 - \lambda_2 - \lambda_1)(2\lambda_2 - \lambda_3 - \lambda_1)(2\lambda_1 - \lambda_3 - \lambda_2)}{2(\lambda_3^2 + \lambda_2^2 + \lambda_1^2 - \lambda_3\lambda_2 - \lambda_3\lambda_1 - \lambda_2\lambda_1)^{3/2}} \quad (4)$$

651   The asphericity measures the degree to which the three axis lengths of the ellipsoid of inertia  
 652   (eigenvalues) are equal, whereas the prolateness  $P$  indicates whether the largest or smallest axis  
 653   length is closer to the middle axis length.  $P$  takes values between -1 and 1, quantifying the  
 654   transition from oblate to prolate shapes. Normalized time-correlation functions of  $R_g(t)$ , made  
 655   offset-free, were computed according to

656   

$$C_{Rg}(t) = \langle (R_g(t) - \langle R_g \rangle)(R_g(t+\tau) - \langle R_g \rangle) \rangle_{\tau} / \langle (R_g(t) - \langle R_g \rangle)^2 \rangle_{\tau} \quad (5)$$

657   as an average over all 1- $\mu$ s MD trajectories.

658       According to polymer theory, for an unfolded polymer the ensemble-averaged  $R_g$  scales  
 659   with the number of residues  $N$  as(62, 77)

660   

$$\langle R_g \rangle = \rho_0 N^v \quad (6)$$

661   where  $\rho_0$  is a constant reflecting the average size of a residue and the Flory exponent  
 662    $v$  determines the overall compactness of the polymer serving as a reference.

663 **Back-calculation of  $R_1$ ,  $R_2$  relaxation rates.** For IDPs, the normalized time-autocorrelation  
 664 function  $C(t)$  of the lattice part of the spin-relaxation active magnetic dipole-dipole interaction  
 665 cannot be factorized into an overall tumbling part and an internal dynamics part. Rather, we  
 666 compute the full  $C(t)$  directly from an MD trajectory using the second-order Legendre  
 667 polynomial:

668 
$$C(t) = \frac{1}{2} \langle 3[\mathbf{e}(\tau)\mathbf{e}(\tau+t)]^2 - 1 \rangle \quad (7)$$

669 where  $\mathbf{e}(t)$  is the unit vector defining the  $^{15}\text{N}-^1\text{H}$  bond orientation whereby snapshots were *not*  
 670 aligned with respect to a reference snapshot. The angular brackets indicate averaging from time  $\tau$   
 671 = 0 to  $T_{\text{MD}} - t$ , where  $T_{\text{MD}}$  is the total trajectory length. The calculation of  $C(t)$  was efficiently  
 672 performed by the fast Fourier transform (FFT) using the Wiener–Khinchin theorem. For  
 673 acceptable statistical convergence, the analysis of  $C(t)$  was limited to its initial portion from  $t = 0$   
 674 -  $T_{\text{MD}}/3$ . Next, a multiexponential decay function was fitted to  $C(t)$ : (101)

675 
$$C(t) = \sum_{i=1}^6 A_i e^{-t/\tau_i} \quad (8)$$

676 where  $A_i$  and  $\tau_i$  are the best fitting parameters subject to the conditions:

677 
$$\sum_{i=1}^6 A_i = 1 \quad A_i \geq 0, \tau_i \geq 0 \quad (9)$$

678 The spectral density function  $J(\omega)$  can be then analytically obtained via Fourier transformation of  
 679  $C(t)$ :

680 
$$J(\omega) = 2 \int_0^\infty C(t) \cos(\omega t) dt = \sum_{i=1}^6 \frac{2A_i \tau_i}{1 + (\omega \tau_i)^2} \quad (10)$$

681 NMR spin relaxation parameters  $R_1$  and  $R_2$  were then computed using the standard  
 682 expressions: (102-105)

683 
$$R_1 = d_{00} [3J(\omega_N) + J(\omega_H - \omega_N) + 6J(\omega_H + \omega_N)] + c_{00} \omega_N^2 J(\omega_N) \quad (11)$$

684 
$$R_2 = \frac{1}{2} d_{00} [4J(0) + 3J(\omega_N) + J(\omega_H - \omega_N) + 6J(\omega_H) + 6J(\omega_H + \omega_N)] + \frac{1}{6} c_{00} \omega_N^2 [4J(0) +$$
  
 685 
$$3J(\omega_N)] \quad (12)$$

686 where  $d_{00} = \frac{1}{20} \left(\frac{\mu_0}{4\pi}\right)^2 \left(\frac{h}{2\pi}\right)^2 \gamma_H^2 \gamma_N^2 \langle r_{\text{NH}}^{-3} \rangle^2$  and  $c_{00} = \frac{1}{15} \Delta\sigma^2$ .  $\mu_0$  is the permeability of vacuum,  $h$  is  
687 Plank's constant,  $\gamma_H$  and  $\gamma_N$  are the gyromagnetic ratios of <sup>1</sup>H and <sup>15</sup>N, and  $r_{\text{NH}} = 1.02 \text{ \AA}$  is the  
688 backbone N-H bond length. The <sup>15</sup>N chemical shift anisotropy was set to  $\Delta\sigma = -160 \text{ ppm}$ .

689 **Analysis of inter-residue contacts and residue clusters by graph theory.** Contact analysis was  
690 performed on all snapshots of the MD simulations of both p53TAD and Pup. A contact is  
691 considered formed when the nearest distance between atoms from two different residues is  
692 smaller than 4  $\text{\AA}$ . First-neighbor contacts (between residues  $i, i+1$ ), and second-neighbor contacts  
693 (between residues  $i, i+2$ ) were excluded since they are present for most residues. For each residue  
694 in p53TAD and Pup, the total number of contacts formed by a particular residue is determined  
695 and normalized by the number of MD snapshots. Each snapshot was converted to a graph where  
696 residues are represented as nodes and contacts between two residues are represented as edges  
697 between them. The initial graph was then decomposed into a maximal number of disconnected  
698 graph components called *clusters*, i.e. there is no edge between any node in the cluster and any  
699 node outside the cluster. The size of a cluster corresponds to the number of its nodes.

700

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705 Molecular dynamics input files (topology, parameters, and initial coordinates) and generated  
706 trajectories as well as the codes used to produce the results and analyses presented in this  
707 manuscript are available from <https://doi.org/10.5061/dryad.v9s4mw6z2>.

708

## 709 **SUPPORTING INFORMATION**

710 Fig. S1. Radius of gyration of the IDPs p53TAD and Pup in 10 1- $\mu\text{s}$  MD trajectories each at 300  
711 K with starting structures randomly chosen from replica exchange simulations.

712 Fig. S2. Mean  $R_1$ ,  $R_2$  errors from 10 1- $\mu$ s MD simulations of p53TAD and Pup in comparison  
713 with experiment.

714 Fig. S3. Back-calculated  $R_1$ ,  $R_2$   $^{15}\text{N}$  backbone spin relaxation rates from microsecond MD  
715 simulations of p53TAD and Pup excluding outlier trajectories in comparison with experiment.

716 Fig. S4. Comparisons of experimental and predicted chemical shifts of p53TAD.

717 Fig. S5. Experimental and MD-derived secondary structure propensities of p53TAD.

718 Fig. S6. Average number of contacts formed by a particular residue in p53TAD and Pup per  
719 snapshot using only side-chain atoms.

720 Fig. S7. Contact propensities according to amino-acid residue type for both proteins combined.

721 Table S1. MD and REMD simulation details for p53TAD and Pup.

722 Table S2. Most frequent pairwise residue contacts in p53TAD from MD simulations.

723 Table S3. Most frequent pairwise residue contacts in Pup from MD simulations.

724 Table S4. Chemical shift comparisons for p53TAD.

725 Table S5. Radius of gyration pf p53TAD and Pup.

726

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