# Regularity of Free Boundary Minimal Surfaces in Locally Polyhedral Domains

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#### Abstract

We prove an Allard-type regularity theorem for free-boundary minimal surfaces in Lipschitz domains locally modeled on convex polyhedra. We show that if such a minimal surface is sufficiently close to an appropriate free-boundary plane, then the surface is  $C^{1,\alpha}$  graphical over this plane. We apply our theorem to prove partial regularity results for free-boundary minimizing hypersurfaces, and relative isoperimetric regions. © 2022 Wiley Periodicals LLC.

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#### 1 Introduction

We are interested in the regularity of free-boundary minimal hypersurfaces M inside piecewise-smooth domains  $\Omega$ . These surfaces M arise variationally as critical points of area or capillary-type functions among surfaces in  $\Omega$  whose boundaries lie in  $\partial\Omega$  but are otherwise free to vary. The existence and regularity of free-boundary minimal surfaces has been extensively studied by Courant [6], Lewy [25, 26], Hildebrandt [17], Nitsche [18, 31], Gruter [13] and Jost [15], Taylor [38, 39], and Struwe [37], among others.

When  $\partial\Omega$  is at least  $C^2$ , Gruter-Jost [15] proved an Allard-type regularity theorem that says that if M is sufficiently varifold close to a free-boundary plane (or, equivalently in this case, when the density ratio of M near a boundary point is sufficiently close to 1/2), then nearby M is a  $C^{1,\alpha}$  graph over this plane. Gruter [13] used this regularity theorem to prove that the (optimal) dimension of the singular set at the free-boundary for area-minimizing hypersurfaces satisfies the same codimension 7 bound as in the interior (contrast this with Hardt-Simon's [16] result that showed every area-minimizing hypersurface is entirely regular near its Dirichlet boundary).

In this paper we prove an Allard-type regularity for M when  $\Omega$  is locally modeled on any convex polyhedral cone, and hence is only piecewise  $C^2$ . The archetype of such a domain is a  $C^2$  perturbation of a convex wedge (i.e., intersection of two half-spaces). Existence and regularity of a free-boundary minimal M in non-smooth  $\Omega$  has a history dating back to the 19th century, when Gergonne [11] and Schwartz [32] formulated and solved the question of determining minimal surfaces with partially free boundary in a standard cube in  $\mathbb{R}^3$ . Since then, there has been a rich history of investigation into free boundary minimal surfaces in various geometric and physical scenarios, where polyhedral domains naturally arise. For instance, when  $\Omega$  is a wedge region in  $\mathbb{R}^3$ , with opening angle  $\theta_0$ , a range of geometric and regularity properties of free boundary minimal surfaces were studied in [19–22]. See also [18], where  $\theta_0 = 2\pi$ .

In these past results, as well as in [14,23], it was observed that boundary regularity of minimal surfaces depends on the local structure of  $\Omega$ . For instance, if  $\Omega$  is a wedge in  $\mathbb{R}^3$  as above, and  $\theta_0=2\pi$ , then an area-minimizing surface M may have branch points at its free boundary (see [18]). More generally, as pointed out in [20], when  $\theta_0 \in (\pi, 2\pi)$ , an area-minimizing surface in  $\Omega$  may contain an interval on the edge  $\{0\}\times\mathbb{R}$ , and thus fail to be a regular surface meeting  $\partial\Omega$  orthogonally (called the edge-creeping phenomenon). For a beautuful local description of two-dimensional minimal surfaces in wedges using the Weierstrass representation, see [3].

In polyhedral domains, similar regularity questions also naturally appear in geometric problems with other types of boundary conditions, including capillary surfaces [33, 38] as well as general soap bubbles [12]. These surfaces are crucial in

Gromov's geometric comparison principle for scalar curvature proved by the second named author [27,28].

Simon [33] implemented tools of geometric measure theory in the investigation of capillary surfaces in domains with corners. For a free boundary minimal surface, he noted that *local convexity* of the model domain is a sufficient condition for the existence of a nontrivial tangent cone at the corner. On the other hand, cusp-type singularities may occur at the corner if local convexity is violated (see [4,5,33] and the references therein).

Our main result is a local Allard-type regularity theorem, which says loosely that if  $\Omega \cap B_1$  is a sufficiently small  $C^2$  perturbation of a convex polyhedral cone  $\Omega^{(0)}$ , and if  $M \, \lfloor B_1$  is sufficiently varifold close to an appropriate free-boundary plane in  $\Omega^{(0)}$ , then spt  $M \cap B_{1/2}$  is a  $C^{1,\alpha}$  perturbation of this plane.

THEOREM 1.1. Let  $\Omega^{n+1} = \Omega_0 \times \mathbb{R}$  be a polyhedral cone domain: a dilation-invariant intersection of finitely many closed half-spaces, with nonempty interior. Let  $F_i: B_1 \to B_1$  be a sequence of  $C^2$  diffeomorphisms that limit to  $\operatorname{Id}$  in  $C^2(B_1)$ . Let  $M_i$  be a sequence of integral varifolds in  $B_1$  that are stationary free-boundary in  $F_i(\Omega)$  (or have bounded mean curvature tending to 0) such that  $M_i \to [\Omega_0 \times \{0\}]$  as varifolds in  $B_1$ .

Then for  $i \gg 1$ , we can write  $F_i^{-1}(\operatorname{spt} M) \cap B_{1/2}$  as  $C^{1,\alpha}$  graphs over  $\Omega_0 \times \{0\}$ , with  $C^{1,\alpha}$  norm tending to zero.

Theorem 1.1 is stated for codimension-1 varifolds in Euclidean space, but versions hold for higher-codimension varifolds and other ambient manifolds; see Section 8.

We note that there are two classes of free-boundary planes: if  $\Omega = W^2 \times \mathbb{R}^{n-1}$  is a wedge, then one has "horizontal" planes containing  $W^2 \times \{0\}$ , and "vertical" planes containing  $\{0\} \times \mathbb{R}^{n-1}$ . Our theorem holds only for horizontal planes, and in general an Allard-type regularity fails for vertical planes (Example 3.6). Likewise, regularity as in Theorem 3.1 can fail when  $\Omega$  is nonconvex (Example 3.7).

We also remark that, by considering the corresponding linear Neumann problem, we expect  $C^{1,\alpha}$  regularity to be sharp for general  $\Omega$ . For example, when  $\Omega$  is a wedge with opening angle  $\theta_0$ , then we would expect no better regularity than  $C^{1,\alpha}$  for  $\alpha = \frac{\pi}{\theta_0} - 1$ . If the opening angle is  $\leq \pi/2$ , then one might expect  $C^{2,\alpha}$  regularity. In the special case when  $\Omega = W^2 \times \mathbb{R}$  is a 3-dimensional wedge, then Theorem 1.1 was proven for minimal graphs over the free-boundary plane  $W^2 \times \{0\}$  by [22].

Our regularity theorem implies a partial regularity for codimension-1 minimizing currents in domains which are locally modeled on polyedral cone domains. The interior dimension bound of course follows from classical interior regularity—our contributions are the estimates on the boundary. See Section 9 for exact definitions and the proof.

THEOREM 1.2 (Partial regularity). Let  $\Omega$  be a locally polyhedral  $C^2$  domain in a complete  $C^3$  Riemannian manifold  $N^{n+1}$ . Suppose  $T=T_{\perp}$  int  $\Omega$  is a free-boundary area-minimizing integral current in  $\Omega$ , or that  $T=\partial[U]_{\perp}$  int  $\Omega$  is a solution to the relative isoperimetric problem; i.e., T is area-minimizing in the class of  $T'=\partial[U']_{\perp}$  int  $\Omega$  where U' is relatively open in  $\Omega$  and |U'|=|U|.

Then  $\dim(\operatorname{sing} T \cap \operatorname{int} \Omega) \leq n - 7$ , and:

- (1)  $\dim(\operatorname{sing} T \cap \partial \Omega) \leq n 2$ , for general  $\Omega$ ;
- (2) dim(sing  $T \cap \partial \Omega$ )  $\leq n-3$ , if the dihedral angles of  $\Omega$  are  $\leq \pi/2$  (in which case  $\Omega$  is actually a domain-with-corners);
- (3)  $\dim(\operatorname{sing} T \cap \partial \Omega) \leq n 7$ , if the dihedral angles of  $\Omega$  are  $= \pi/2$ .

We emphasize that  $\Omega$  need only be locally a  $C^2$  perturbation of a convex polyhedral domain, and does not need not be (locally) convex itself.

We think it should be true that  $\dim(\operatorname{sing} T \cap \partial\Omega) \leq n-7$  when the dihedral angles are  $\leq \pi/2$ . The stumbling block is proving an appropriate Neumann eigenvalue bound for domains contained in an octant of  $S^2$ . In this spirit, when the dihedral angles of  $\Omega$  are  $\leq \pi/2$  our proof in fact gives  $\dim(\operatorname{sing} M \setminus \partial_{n-2}\Omega) \leq n-7$ , where  $\partial_{n-2}\Omega$  consists of points where  $\Omega$  is locally modelled on domains with at least n-2 dimensions of symmetry. On the other hand, it is plausible that the n-2 bound for general  $\Omega$  is sharp, as there are free-boundary planes in 3-dimensional polyhedral cone domains which we think may be minimizing (Example 9.6).

Our strategy is to prove a certain "excess decay" inequality (3.5). The two key difficulties we encounter are a lack of reflection principle, and a lack of a single boundary model. This means that, unlike regularity with smooth boundaries (such as Allard [2] and Gruter [13]), we do not have any easy characterization of low-density tangent cones, nor do we have a nice monotone quantity defined at all scales and all points along the boundary. Our proof therefore relies comparatively little on monotonicity, in contrast to [2, 13], who used it as a key tool to obtain among other things good effective graphical approximations.

Instead, we prove a trace-like inequality for the first variation, and use Moser iteration to prove good lower Ahlfors regularity and nonconcentration estimates. The key to make our excess decay argument work is a sharp  $L^{\infty}$ - $L^2$  bound, which implies that, even at the scale of the excess, the  $L^2$  norm cannot "accumulate" near the boundary. The main technical challenge is establishing a first-variation control, and the corresponding trace-like inequality. To do this we induct on the dimension of the cone, basing our argument on work of Simon [33] who considered 2-dimensional capillary surfaces in a 3-dimensional wedge.

While  $\Omega$  resembles a fixed-cone-type, we can prove excess decay by comparison with the linear problem, in the spirit of DeGiorgi's original proof of interior regularity. However, inevitably at certain finite scales  $\Omega$  will cease to look like a given cone, and here this argument breaks down (e.g., in a wedge, every big ball looks like the wedge, but as the radius shrinks it may look like a half-space, or an interior point). By an inductive argument on the strata, we show that  $\Omega$  looks

like one of finitely many cone types, away from finitely many scales. By giving up some constant, we can chain together our excess decays at each cone model to obtain a global excess decay down to 0. This last step is very general, and would apply to any regularity problem in a "stratified" model.

It would be interesting to see if any of our techniques carry over to regularity problems with other boundary conditions, for example the capillary problem. De Philippis-Maggi [8] proved a (partial-)regularity theorem for energy-minimizing capillary surfaces in  $C^{1,1}$  domains, and the second author [28] proved regularity of energy-minimizing 2-dimensional capillary surfaces in locally polyhedral Lipschitz domains. However very little is known for capillary surfaces that are only stationary for area, nor is the sharp regularity known for energy-minimizing capillary surfaces in higher dimensions. We mention here that recently Kagaya-Tonegawa [24] proved a monotonicity formula for stationary capillary surfaces.

#### 2 Notation and Preliminaries

#### 2.1 Notation

We work in  $\mathbb{R}^{n+1}$ . Given a subset  $A \subset \mathbb{R}^{n+1}$ , we define  $d_A(x) = \inf_{a \in A} |x-a|$  to be the usual Euclidean distance to A. If  $A = \emptyset$ , we define  $d_A(x) = \infty$ . Write  $B_r(A) = \{x : d_A(x) < r\}$  for the open r-tubular neighborhood of A, and write  $\overline{A}$  for the closure of A.  $B_r(x)$  is the open r-ball centered at x. We write  $B_r^p(x) \equiv B_r(x) \cap \mathbb{R}^p \times \{0^{n+1-p}\}$ , and  $S^{p-1} \equiv \partial B_1^p$  for the unit sphere in  $\mathbb{R}^p \times \{0^{n+p-1}\}$ . Define the dilation/translation operator  $\eta_{y,r}(x) = (x-y)/r$ . Given a subset  $\Omega \subset \mathbb{R}^{n+1}$ , write  $\Omega_{y,r} = \eta_{y,r}(\Omega)$ .

Given vectors  $v, w \in \mathbb{R}^{n+1}$ , then  $v \cdot w$  denotes the usual Euclidean inner product, and  $|v| = \sqrt{v \cdot v}$  is the usual Euclidean length. Given linear maps  $A, B : \mathbb{R}^{n+1} \to \mathbb{R}^{n+1}$ , we define the inner product  $A \cdot B = \sum_i A(e_i) \cdot B(e_i)$ , summed over any choice of orthonormal basis  $e_i$  of  $\mathbb{R}^{n+1}$ , and correspondingly set  $|A|^2 = A \cdot A$ . Unless otherwise stated,  $e_i$  will denote the standard basis of  $\mathbb{R}^{n+1}$ .

 $|A|^2 = A \cdot A$ . Unless otherwise stated,  $e_i$  will denote the standard basis of  $\mathbb{R}^{n+1}$ . Given a subspace  $V \subset \mathbb{R}^{n+1}$ , we let  $\pi_V$ ,  $\pi_V^{\perp}$  be the orthogonal projections to V,  $V^{\perp}$ , respectively. Given subpsaces V, W (not necessarily of the same dimension), then we set  $V \cdot W = \pi_V \cdot \pi_W$ . We remark that if V and W do have the same dimension, then

$$\frac{1}{2}|\pi_V - \pi_W|^2 = V^{\perp} \cdot W = V \cdot W^{\perp}.$$

If  $U \subset p+V$  and  $f: U \to V^{\perp}$ , we write  $\operatorname{graph}_{p+V}(f) = \{x+f(x) : x \in U \subset p+V\}$ . For ease of notation, if  $p+V = \mathbb{R}^n \times \{0\}$ , and  $g: U \subset \mathbb{R}^n \times \{0\} \to \mathbb{R}$ , then we interpret  $\operatorname{graph}_{\mathbb{R}^n \times \{0\}}(g) \equiv \operatorname{graph}_{\mathbb{R}^n \times \{0\}}(ge_{n+1})$ .

Every constant written as c or  $c_i$  will be  $\geq 1$ , and every constant  $\delta_i$  or  $\epsilon_i$  will be  $\leq 1$ . Unindexed constants may change line to line.

#### 2.2 Polyhedral cone domains

Here we define our model domains.

DEFINITION 2.1. A polyhedral cone domain  $\Omega$  in  $\mathbb{R}^{n+1}$  is a closed, dilation-invariant domain with nonempty interior, that can be written as the intersection of finitely many closed half-spaces.

Take a polyhedral cone domain  $\Omega$  as defined above, and write  $\Omega = \bigcap_{j=1}^N H_j$  for  $H_j = \{x : x \cdot v_j \leq 0\}$  being closed half-spaces and  $v_j$  unit vectors. Here  $\bigcap_{\varnothing}$  is understood to be all of  $\mathbb{R}^{n+1}$ . If  $\Omega$  contains a line L, then  $L \perp v_j$  for each j, and hence after a rotation we can write  $\Omega = \Omega' \times \mathbb{R}$ , where  $\Omega'$  is a polyhedral cone domain in  $\mathbb{R}^n$ . We can therefore repeat this process and find a maximal integer  $m \in \{0, \ldots, n+1\}$  so that we can write

$$(2.1) \Omega = O(\Omega_0^l \times \mathbb{R}^m)$$

for some  $O \in SO(n+1)$  and l+m=n+1. Equivalently, we have  $O(\{0\} \times \mathbb{R}^m) = \bigcap_j \partial H_j$  and  $O(\Omega_0 \times \{0\}) = (\bigcap_j \partial H_j)^{\perp}$ . Under this decomposition  $\Omega$  is said to be *m-symmetric*. Note that  $\Omega_0$  is 0-symmetric in the sense that it contains no lines.

We say  $\Omega$  has dihedral angles  $\leq \pi/2$  (resp.,  $= \pi/2$ ) if: given any pair of half-spaces  $H_i$ ,  $H_j$  such that  $\partial H_i \cap \partial H_j \cap \Omega$  is a relatively open subset of  $\partial H_i \cap \partial H_j$ , then we have  $v_i \cdot v_j \leq 0$  (resp., = 0). We may refer to  $\Omega$  having dihedral angles  $\leq \pi/2$  as *nonobtuse*.

Example 2.2. If  $L: \mathbb{R}^{n+1} \to \mathbb{R}^{n+1}$  is a linear isomorphism, then  $L([0,\infty)^l \times \mathbb{R}^m)$  is a polyhedral cone domain. In fact, [7, theorem 1.1] implies that any nonobtuse polyhedral cone domain is a simplicial prism, and hence takes the form  $L([0,\infty)^l \times \mathbb{R}^m)$  for some l, m, and L as above.

Example 2.3. When l=0,  $\Omega=\mathbb{R}^{n+1}$ . When l=1,  $\Omega$  is a half-space. When l=2,  $\Omega$  is a wedge  $W^2\times\mathbb{R}^{n-1}$  with interior angle  $<\pi$ . The convex wedge  $W^2\times\mathbb{R}^{n-1}$  is the archetype of the polyhedral cone domain, and  $W^2\times\mathbb{R}^{n-2}$  is the archetype of a free-boundary minimal surface in this domain.

Given  $x \in \Omega = \bigcap_{j=1}^{N} H_j$ , there are indices  $I \subset \{1, ..., N\}$  so that we can write

(2.2) 
$$x \in \bigcap_{j \in I} \partial H_j \cap \bigcap_{j \notin I} \operatorname{int} H_j.$$

If we let  $r < d(x, \bigcup_{i \notin I} \partial H_i) \equiv \inf\{|x \cdot v_i| : i \notin I\}$ , then

(2.3) 
$$\Omega \cap B_r(x) = \bigcap_{i \in I} H_i \cap B_r(x) = (x + \bigcap_{i \in I} H_i) \cap B_r(x).$$

We therefore define the polyhedral cone domain  $T_x\Omega:=\bigcap_{i\in I}H_i$  to be the *tangent domain* of  $\Omega$  at x. Alternatively, one could realize  $T_x\Omega$  as the limit (in the local Hausdorff sense) of dilations  $\lim_{r\to 0}\frac{1}{r}(\Omega-x)$ . Trivially  $T_0\Omega=\Omega$ .

We define the *i-th stratum*  $\partial_i \Omega$  to be the set of points  $x \in \Omega$ , such that the tangent domain  $T_x \Omega$  is *at most i-symmetric*. Equivalently, if x and I are as in

$$\partial_0 \Omega \subset \ldots \subset \partial_n \Omega = \partial \Omega \subset \partial_{n+1} \Omega = \Omega.$$

For notational convenience define  $\partial_{-1}\Omega = \emptyset$ . If  $\Omega$  is m-symmetric, in which case  $\Omega = O(\Omega_0 \times \mathbb{R}^m)$  for some 0-symmetric  $\Omega_0$ , then we have  $\partial_m \Omega = O(\{0\} \times \mathbb{R}^m)$ ,  $\partial_i \Omega = \emptyset$  for all i < m, and  $T_X \Omega = \Omega$  for all  $x \in \partial_m \Omega$ .

We shall use the following quantification of (2.3):

LEMMA 2.4. Given  $\Omega$  a polyhedral cone domain, there is a number  $B(\Omega) \in (0, 1/4)$  so that given  $x \in \partial_i \Omega$ , we have

$$B_{2Bd}(x) \cap \Omega = B_{2Bd}(x) \cap (x + T_x \Omega), \quad d = d(x, \partial_{i-1} \Omega).$$

PROOF. Write  $\Omega = \bigcap_{j=1}^N H_j$  as before, with  $H_j = \{x : x \cdot v_j \leq 0\}$ . Fix an i. Let  $\Im_i$  be the set of subcollections  $I \subset \{1, \ldots, N\}$  with the property that  $V_I := \bigcap_{j \in I} \partial H_j$  is an i-dimensional plane, and such that I is "maximal" in the sense that  $\partial H_k \cap V_I$  is (i-1)-dimensional for every  $k \notin I$ . Take  $I \in \Im_i$ . Let

$$\alpha_I = \min\{|\pi_{V_I}(v_i)| : j \notin I\}.$$

We have  $\alpha_I > 0$ , as otherwise  $\nu_k \perp V_I$  for some  $k \notin I$ , contradicting maximality of I

Given  $x \in V_I$  such that  $d(x, V_I \cap \partial H_k) \ge 1$  for every  $k \notin I$ , we have

$$\min_{k \notin I} d(x, \partial H_k) = \min_{k \notin I} |x \cdot v_k|$$

$$\geq \alpha_I \min_{k \notin I} \frac{|x \cdot \pi_{V_I}(v_k)|}{|\pi_{V_I}(v_k)|}$$

$$= \alpha_I \min_{k} d(x, V_i \cap \partial H_k)$$

$$\geq \alpha_I.$$

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Let  $\alpha_i = \min_{I \in \mathcal{I}_i} \alpha_I$ , which is positive since  $\mathcal{I}_i$  is finite.

When i=0 there is nothing to show, likewise if  $d(x, \partial_{i-1}\Omega)=0$ . Take  $x \in \partial_i \Omega \setminus \partial_{i-1}\Omega$ , and after scaling we can without loss of generality suppose that  $d(x, \partial_{i-1}\Omega) \geq 1$ . Write

$$(2.4) x = \bigcap_{x \in I} \partial H_j \cap \bigcap_{x \notin I} \operatorname{int} H_j$$

as in (2.2). By our choice of x we have that  $\bigcap_{j \in I} \partial H_j$  is i-dimensional. If  $k \notin I$ , then necessarily  $\partial H_k \cap (\bigcap_{j \in I} \partial H_j)$  is (i-1)-dimensional, as otherwise we would have  $\partial H_k \cap (\bigcap_{j \in I} \partial H_j) = \bigcap_{j \in I} \partial H_j \ni x$ , contradicting our decomposition (2.4). This implies that if  $y \in \partial H_k \cap (\bigcap_{j \in I} \partial H_j)$ , then  $y \in \partial_{i-1} \Omega$ , and hence

$$\min_{k \neq I} d(x, V_I \cap \partial H_k) \ge d(x, \partial_{i-1} \Omega) \ge 1.$$

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Therefore  $I \in \mathcal{I}_i$ , and  $x \in V_I$  satisfies  $d(x, V_I \cap \partial H_k) \ge 1$  for every  $k \notin I$ . We deduce by our earlier computations

$$\min_{k \notin I} d(x, \partial H_k) \ge \alpha_i,$$

and hence

$$B_{\alpha_i}(x) \cap \Omega = B_{\alpha_i}(x) \cap (\bigcap_{j \in I} H_j) = B_{\alpha_i}(x) \cap (x + T_x \Omega)$$

as in (2.3). Taking  $B = \frac{1}{2} \min_{i=1,\dots,n+1} \alpha_i$  proves the lemma.

Let us define the density of  $\Omega$  as

$$(2.5) \qquad \Theta_{\Omega} = \omega_{n+1}^{-1} \mathcal{H}^{n+1}(\Omega \cap B_1) \equiv \omega_l^{-1} \mathcal{H}^l(\Omega_0 \cap B_1),$$

where  $\omega_n = \mathcal{H}^n(B_1(0^n))$  is the *n*-dimensional volume of the unit *n*-ball. By convexity, we have the monotonicity

(2.6) 
$$\Theta_{T_x\Omega} \ge \frac{\mathcal{H}^{n+1}(\Omega \cap B_r(x))}{\omega_{n+1}r^{n+1}} \quad \forall r > 0,$$

and hence we have the following lower-semicontinuity: if  $x_i \rightarrow x$ , then

(2.7) 
$$\liminf_{i} \Theta_{T_{x_i}} \Omega \ge \Theta_{T_x} \Omega.$$

Let  $\mathcal{N}_{\Omega}$  be the cone consisting of *outer normals* for  $\Omega$ :

$$\mathcal{N}_{\Omega} = \bigcup \{ \nu \in \mathbb{R}^{n+1} : \Omega \subset \{ y : y \cdot \nu \le 0 \} \}.$$

By convexity,  $\mathcal{N}_{\Omega} \neq \emptyset$ .

If we decompose  $\Omega = O(\Omega_0^l \times \mathbb{R}^m)$  as in (2.1), then define  $\mathcal{P}_{\Omega}$  to be the collection of *horizontal n-planes* of the form  $O(\mathbb{R}^l \times W^{m-1})$  for  $W^{m-1}$ , an (m-1)-plane in  $\mathbb{R}^m$ . We observe the trivial inclusion

$$\mathcal{P}_{\Omega} \subset \mathcal{P}_{T_{x}\Omega} \quad \forall x \in \Omega.$$

In particular, if  $x \in \partial_i \Omega$  and  $y \in \Omega \cap B_{2Rd(x,\partial_{i-1}\Omega)}(x)$ , then

$$\mathfrak{P}_{T_x\Omega} \subset \mathfrak{P}_{T_y\Omega}.$$

#### 2.3 Curved polyhedral cones

Since a general polyhedral domain will at finite scales only look like the perturbation of a polyhedral cone domain, in our local regularity we must allow for domains with a little bit of curvature (captured by the map  $\Phi$ ). Moreover, since the model polyhedral cone will in general change as one moves along any given stratum, we allow for small changes in the model domain itself (captured by  $\Psi$ ).

DEFINITION 2.5. Let  $\Omega^{(0)}$  be a polyhedral cone domain in  $\mathbb{R}^{n+1}$ , as per Definition 2.1. Given  $\epsilon \in (0, 1)$ , we define  $\mathcal{D}_{\epsilon}(\Omega^{(0)})$  as the set of domains  $\Omega$  satisfying

$$\Omega \cap B_1 = \Phi(\Psi(\Omega^{(0)})) \cap B_1,$$

where  $\Psi$  is a linear isomorphism satisfying  $|\Psi - \mathrm{Id}| \le \epsilon$ , and  $\Phi : B_2 \to \mathbb{R}^{n+1}$  is a  $C^2$  diffeomorphism satisfying

(2.9) 
$$\Phi(0) = 0, \quad D\Phi|_{0} = \mathrm{Id}, \quad |\Phi - \mathrm{Id}|_{C^{2}(B_{2})} \le \epsilon.$$

Let us call any such  $\Omega$  a *curved polyhedral cone domain*.

Remark 2.6. Since  $\epsilon < 1$ , we have  $\Phi(B_2) \supset B_1$ . In fact, we could equivalently have asked for  $\Phi$  to be a diffeomorphism  $B_1 \to B_1$ , but we shall see our definition is slightly more convenient to work with.

Take  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1$  as in Definition 2.5, and given  $x \in \Omega$  let us write  $x = \Phi(\Psi(z))$ . We define  $\partial_i \Omega = \Phi(\Psi(\partial_i \Omega^{(0)})) \cap B_1$ , so that  $\partial_i \Omega$  consists of the points near which  $\Omega$  is diffeomorphic to some polyhedral cone that is at most i-symmetric.

There is a well-defined polyhedral cone domain  $T_x\Omega = \lim_{r\to 0} \frac{1}{r}(\Omega - x)$  that we will call the tangent domain. In fact, we can write  $T_x\Omega = (D\Phi|_{\Psi(z)} \circ \Psi)T_z\Omega^{(0)}$ . It follows by scaling that if  $\Omega \in \mathcal{D}_{\epsilon}(\Omega^{(0)})$ , then  $\frac{1}{R}\Omega \cap B_1 \in \mathcal{D}_{\epsilon}(\Omega^{(0)})$  for every  $R \geq 1$ , and hence  $T_0\Omega \in \mathcal{D}_{\epsilon}(\Omega^{(0)})$  also.

Since  $T_x\Omega$  is a polyhedral cone domain, we can define density  $\Theta_{T_x\Omega}$  and cone of outer normals  $\mathcal{N}_{T_x\Omega}$  as before. We say a vector field X is tangential to  $\Omega$  if  $X(x) \cdot V = 0$  for all  $V \in \mathcal{N}_{T_x\Omega}$ , and for all  $x \in \Omega$ . Similar to (2.7),  $\Theta$  obeys the following lower-semicontinuity:

LEMMA 2.7. Suppose  $x_i \to x \in B_1$  and  $\Omega_i \in \mathcal{D}_{\delta_i}(\Omega^{(0)})$  for some  $\delta_i \to 0$ . Then we have

(2.10) 
$$\liminf_{i} \Theta_{T_{x_i} \Omega_i} \ge \Theta_{T_x \Omega^{(0)}}.$$

PROOF. Write  $\Omega_i = \Phi_i(\Psi_i(\Omega^{(0)})) \cap B_1$  as per Definition 2.5. Let  $z_i = \Psi_i^{-1}(\Phi_i^{-1}(x_i))$ . We have  $T_{x_i}\Omega_i = (D\Phi_i|_{\Psi_i(z_i)} \circ \Psi_i)(T_{z_i}\Omega^{(0)})$ , and therefore

$$\Theta_{T_{x_i}\Omega} \ge \omega_{n+1}^{-1} (1 - c(n)\delta_i) \mathcal{H}^{n+1} \left( T_{z_i}\Omega^{(0)} \cap B_{1-c(n)\delta_i} \right)$$
  
 
$$\ge (1 - c(n)\delta_i) \Theta_{T_{z_i}\Omega^{(0)}}.$$

(2.10) then follows from the lower-semicontinuity (2.7).

#### 2.4 Varifolds

Our notion of weak surface will be a varifold. For a more detailed background, see [34] or [1]. Recall that an integral n-varifold in an open set U is a Radon measure M on  $U \times Gr(n, n+1)$  of the form

$$M(\phi(x,S)) = \int_{\widetilde{M}} \phi(x,T_x M)\theta(x) d\mathcal{H}^n$$

for some countably n-rectifiable set  $\widetilde{M}$ , and some nonnegative Borel-measurable function  $\theta: \widetilde{M} \to \mathbb{Z}$ . Here Gr(n, n+1) denotes the set of unoriented n-planes in  $\mathbb{R}^{n+1}$ . We write  $\mathcal{IV}_n(U)$  for the space of integral n-varifolds in U. If S is an

*n*-dimensional,  $C^1$  submanifold of  $\mathbb{R}^{n+1}$ , we write [S] for the obvious varifold induced by S.

Given  $M \in \mathcal{IV}_n(U)$ , the mass measure  $\mu_M = \pi_\sharp M$  is the pushforward under the projection  $\pi: U \times Gr \to U$ , so that  $\mu_M = \mathcal{H}^n \, \lfloor \, \theta \, \lfloor \, \widetilde{M} \, \rfloor$ . Given a  $C^1_c(U)$  vector field X, generating a 1-parameter family of diffeomorphisms  $\phi_t: U \to \mathbb{R}^{n+1}$ , the first variation of M along X is the derivative

$$\delta M(X) := \frac{d}{dt} \bigg|_{t=0} (\phi_t)_{\sharp} M = \int \operatorname{div}_{M}(X) d\mu_{M},$$

where  $\operatorname{div}_{M}(X) = \sum_{i} e_{i} \cdot D_{e_{i}} X$ , for any choice of ON basis  $\{e_{i}\}_{i}$  of  $T_{x}\widetilde{M}$ . Relatedly, given a function  $h \in C_{c}^{1}(U)$ , we write  $\nabla h = \pi_{T_{x}\widetilde{M}}(Dh)$  for the tangential derivative of a function h along M.

M is said to have locally finite first variation if  $\delta M$  is a bounded operator on every  $W \subseteq U$ . In this case we may decompose

$$\delta M(X) = -\int X \cdot H \, d\mu_M + \int X \cdot \eta \, d\sigma$$

where H is the generalized mean curvature of M,  $\sigma$  the generalized boundary measure, and  $\eta$  the generalized boundary conormal.

We define the density ratio of M in a ball  $B_r(x) \subset U$  as

$$\theta_M(x,r) := \frac{\mu_M(B_r(x))}{\omega_n r^n}.$$

If M has locally finite first variation, zero generalized boundary, and bounded mean curvature  $\|H_M\|_{L^\infty(U;\mu_M)} \leq \Lambda$ , then  $e^{\Lambda r} \theta_M(x,r)$  is increasing for  $r \in (0,d(x,\partial U))$  [1]. In particular, the density at a point

$$\theta_{M}(x) := \lim_{r \to 0} \theta_{M}(x, r)$$

is a well-defined upper-semicontinuous function, satisfying  $\theta_M(x) \ge 1$ .

Given a curved polyhedral cone domain  $\Omega \subset \mathbb{R}^{n+1}$ , we define the set of *integral* varifolds in  $B_1$  with free boundary in  $\Omega$ , denoted  $\mathcal{IVT}_n(\Omega, B_1)$ , to be the set  $M \in \mathcal{IV}_n(B_1)$  satisfying the conditions that  $M = M \perp \pi^{-1}(\operatorname{int}\Omega)$ , and

$$\delta M(X) = -\int X \cdot H_M^{\text{tan}} d\mu_M$$

for all  $X \in C_c^1(B_1)$  tangential to  $\Omega$ , for some  $H_M^{\tan} \in L^1_{loc}(B_1, \mathbb{R}^{n+1}; \mu_M)$ . In other words, M has mean curvature but no boundary "tangential" to  $\partial \Omega$  (made precise in Theorem 4.3).

#### 2.5 Excess

Our mechanism to establish regularity is the decay of an appropriate excess quantity. Given  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1$  as in Definition 2.5, and an *n*-plane V, the

$$\begin{split} E_{\delta}(\Phi, M, p + V, x, r) \\ &= \max \left\{ r^{-n-2} \int_{B_r(x)} d_{p+V}^2 \, d\mu_M, \\ \delta^{-1} r^2 \|H_M\|_{L^{\infty}(B_1; \mu_M)}^2 + \delta^{-1} r^2 |D^2 \Phi|_{C^0(B_{2r}(x))} \right\}. \end{split}$$

We will often abbreviate

$$E(\Phi, M, p + V, x, r) = E_1(\Phi, M, p + V, x, r),$$

and may also omit the  $\Phi$  or M when there is no ambiguity. At scales for which  $\Omega$  resembles a fixed model cone  $\Omega^{(0)}$ , we will prove decay on  $E_{\delta}$  by reducing the problem to a decay estimate of the linearized problem.

When traversing cone types, we will find it convenient to work with the "total" excess:

$$E^{\infty}(M, p + V, x, r) = r^{-2} \sup_{z \in \text{spt } M \cap B_{r}(x)} d_{p+V}(z)^{2}$$

$$\equiv r^{-2} \sup_{z \in \text{spt } M \cap B_{r}(x)} |\pi^{\perp}_{V}(z - p)|^{2},$$

$$E^{W}(M, V, x, r) = r^{-n} \int_{B_{r}(x)} |\pi_{T_{z}M} - \pi_{V}|^{2} d\mu_{M}(z)$$

$$E^{W}(M, V, x, r) = r^{-n} \int_{B_{r}(x)} |\pi_{T_{z}M} - \pi_{V}|^{2} d\mu_{M}(z)$$

$$E^{tot}t(\Phi, M, p + V, x, r) = \max\{E^{\infty}(M, p + V, x, r),$$

$$E^{W}(M, V, x, r), E(\Phi, M, p + V, x, r)\}.$$

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Implicit in the definition of excess is the requirement that  $\Phi(0) = 0$ ,  $D\Phi|_0 = \text{Id}$ , so even though E is formally scale invariant, one must be a little careful: in a general ball  $B_r(x) \cap \Omega$  will not look like a cone, and even when it does, if  $x \neq 0$  then  $\Phi$  will no longer be the right map. This is made precise in the following section.

#### 2.6 Changing cone type

The key fact that we will use in our regularity theorem is that at any point, and at any appropriately small scale,  $\Omega$  looks like one of finitely many polyhedral cone domains.

LEMMA 2.8. Let  $\Omega^{(0)}$  be a polyhedral cone in  $\mathbb{R}^{n+1}$ . There is a finite set of polyhedral cone domains  $\mathfrak{T}(\Omega^{(0)}) := \{T_z\Omega^{(0)} : z \in \Omega^{(0)}\}$ , and constants  $B(\Omega^{(0)}) \in (0, 1/4)$ ,  $\epsilon_B(n)$ ,  $c_B(n)$ , so that the following holds:

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Given any  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\epsilon}(\Omega^{(0)})$ , for  $\epsilon \leq \epsilon_B$  and  $x = \Phi(\Psi(z)) \in \partial_i \Omega$ , take  $r \leq \min\{Bd(x, \partial_{i-1}\Omega), 1 - |x|\}$ , and define  $\Omega_{x,r} = \frac{1}{r}(\Omega - x)$ . Then the following holds:

(1) We have

$$(2.11) (1 - c_B \epsilon) d(x, \partial_{i-1} \Omega) \le d(z, \partial_{i-1} \Omega^{(0)}) \le (1 + c_B \epsilon) d(x, \partial_{i-1} \Omega).$$

- (2) Given  $y \in \Omega \cap B_r(x)$ , then for every  $V \in \mathcal{P}_{T_x\Omega}$  there is a  $W \in \mathcal{P}_{T_y\Omega}$  such that  $|\pi_V \pi_W| \le c(n)|D^2\Phi|_{C^0(B_2)}|x-y|$ .
- (3) There is a  $T_z\Omega^{(0)} \in \mathcal{T}$ , a linear isomorphism  $\beta : \mathbb{R}^{n+1} \to \mathbb{R}^{n+1}$ , and a  $C^2$  diffeomorphism  $\alpha : B_2 \to \mathbb{R}^{n+1}$ , satisfying

(2.12) 
$$|\beta - \operatorname{Id}| \le c_B \epsilon,$$
 and  $\alpha(0) = 0$ ,  $D\alpha|_0 = \operatorname{Id}$ , and

 $(2.13) \quad (1 - c_B \epsilon) |D^2 \alpha|_{C^0(B_2)} \le r |D^2 \Phi|_{C^0(B_{2r}(x))} \le (1 + c_B \epsilon) |D^2 \alpha|_{C^0(B_2)},$ 

(2.14) 
$$\Omega_{x,r} \cap B_1 = \alpha(\beta(T_z \Omega^{(0)})) \cap B_1,$$

In particular,  $\Omega_{x,r} \in \mathcal{D}_{c_B \epsilon}(T_z \Omega^{(0)})$ .

(4) In the notation of part (3),

(2.15) 
$$\frac{1}{2}E(\Phi, M, p + V, x, r) \leq E(\alpha, (\eta_{x,r})_{\sharp}M, \eta_{x,r}(p) + V, 0, 1) \leq 2E(\Phi, M, p + V, x, r),$$

and the same with  $E^{\text{tot}}$  in place of E.

Remark 2.9. If x = 0, then for any  $r \le 1$  we have  $r^{-1}\Omega \cap B_1 = \Phi_{0,r}(\Psi(\Omega^{(0)})) \cap B_1$ , where  $\Phi_{0,r}(y) = r^{-1}\Phi(ry)$ , and therefore we have the exact scaling

$$E(\Phi, M, p + V, 0, r) = E(\Phi_{0,r}, (\eta_{0,r})_{\sharp} M, r^{-1} p + V, 0, 1).$$

PROOF. For  $\epsilon_B(n)$  sufficiently small,  $\Phi \circ \Psi$  is a  $(1 + c(n)\epsilon)$ -bi-Lipschitz equivalence:

$$|\Phi(\Psi(y)) - \Phi(\Psi(y')) - (y - y')| \le c(n)\epsilon|y - y'|,$$

from which (1) follows directly. In particular,

$$\Psi^{-1}\Phi^{-1}B_r(x) \subset B_{2Bd(z,\partial_{i-1}\Omega^{(0)})}(z)g.$$

We prove (2). Observe that for a fixed subspace  $U^n$  and linear isomorphisms  $A, B : \mathbb{R}^{n+1} \to \mathbb{R}^{n+1}$ , the map  $A \mapsto \pi_{A(U)}$  is well-defined and analytic in A, and satisfies

$$(2.16) |\pi_{A(U)} - \pi_{B(U)}| \le c(n)|A - B|$$

for A, B satisfying  $|A - \mathrm{Id}| + |B - \mathrm{Id}| < \epsilon(n)$ . Write  $y = \Phi(\Psi(w))$ . From (1) and the inclusion (2.8), we have

$$\mathcal{P}_{T_z\Omega^{(0)}}\subset \mathcal{P}_{T_w\Omega^{(0)}},$$

and therefore we can take  $W = D\Phi|_{w} \circ D\Phi^{-1}|_{x}V$ . We then estimate, provided  $\epsilon_{B}(n)$  is sufficiently small,

$$|\pi_{V} - \pi_{W}| \le c(n) |D\Phi|_{W} \circ D\Phi^{-1}|_{x} - \mathrm{Id}| \le c(n) |D\Phi^{-1}|_{x} - D\Phi^{-1}|_{y}|$$
  
$$\le c(n)|x - y||D^{2}\Phi|_{C^{0}(B_{1})}.$$

This proves 2.

We prove now (3) and (4). Let  $\mathfrak{T} = \{T_z\Omega^{(0)}\}_{z\in\Omega^{(0)}}$  and B be as in Lemma 2.4. Let us define

$$\beta = D\Phi|_{\Psi(z)} \circ \Psi, \quad \alpha(y) = \frac{1}{Rr} (\Phi(x + rD\Phi^{-1}|_{x}y) - x).$$

The bound (2.12) and  $\alpha(0) = 0$ ,  $D\alpha|_0 = \text{Id follow trivially.}$  The Hessian bound in (2.13) follows from our definition of  $\alpha$  and the estimate  $(1 - c(n)\epsilon)|v| \le |D\Phi|_{\mathcal{V}}v| \le (1 + c(n)\epsilon)|v|$ . Ensuring  $\epsilon_B(n)$  is small, we have

$$r \leq 2Bd(z, \partial_{i-1}\Omega^{(0)}),$$

and therefore

$$(\alpha \circ \beta)(B_2 \cap T_x \Omega^{(0)}) \cap B_1 = (\alpha \circ \beta)(B_2 \cap \Omega^{(0)}_{x,r}) \cap B_1$$
  
=  $\Omega_{x,r} \cap B_1$ .

This proves (3). Lastly, (4) follows by (2.13) and scaling, ensuring  $\epsilon_B(n)$  is sufficiently small.

#### 3 Main Theorem

Our main Theorem 3.1 is the following Allard-type regularity result, which says loosely that whenever an integral varifold M has free boundary in  $\Omega = \Phi(\Omega^{(0)} = \Omega_0^{(0)} \times \mathbb{R})$  and  $\Phi$  is sufficiently close to the identity, M has sufficiently small mean curvature, and M is sufficiently varifold close to the "horizontal" plane  $\mathbb{R}^n \times \{0\}$ , then spt M is a  $C^{1,\alpha}$  perturbation of  $\Omega_0^{(0)}$ .

In general,  $\Omega$  is curved, and so spt M will not be graphical over a particularly

In general,  $\Omega$  is curved, and so spt M will not be graphical over a particularly "nice" subdomain of  $\mathbb{R}^n$ . Instead, it is more convenient and precise to look at  $\Phi^{-1}(\operatorname{spt} M)$ , which will be a graph over  $\mathbb{R}^n \cap \Omega^{(0)} \cap B_{1/32}$ . We do not lose anything in our estimates by doing this, as even before this transformation we must use  $|D^2\Phi|_{C^0}$  to control the tilting of tangent planes of spt M.

For various reasons we in fact want to allow not only the diffeomorphism  $\Phi$  to change, but also the reference domain  $\Omega^{(0)}$  (mainly because different points in  $\Phi(\Omega^{(0)})$ ) will be modeled on different polyhedral cone domains, even when staying in the same stratum; see Section 2.6). For this reason we in fact consider domains of the form  $\Phi(\Psi(\Omega^{(0)}))$ , where  $\Phi$  is a diffeomorphism close to Id, and  $\Psi$  is a linear map close to Id. Our constants  $\delta$ , c,  $\alpha$  will be uniform in  $\Phi$ ,  $\Psi$ , but in each particular case our "reference" polyhedral domain will be  $\Psi(\Omega^{(0)})$ . It may be easier to parse Theorem 3.1 by considering the case when  $\Psi = \operatorname{Id}$ , p = 0, and  $V = \mathbb{R}^n$ , in which case q = 0,  $W = \mathbb{R}^n$ ,  $T_0\Omega = \Omega^{(0)}$ .

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THEOREM 3.1 (Allard-type regularity). Let  $\Omega^{(0)}$  be a polyhedral cone domain. There are constants  $\delta(\Omega^{(0)})$ ,  $c(\Omega^{(0)})$ , and  $\alpha(\Omega^{(0)})$  so that the following holds: Let  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\delta}(\Omega^{(0)})$ , and take  $M \in \mathcal{IVT}(\Omega, B_1)$ . Assume there is a  $V \in \mathcal{P}_{T_0\Omega}$ ,  $p \in V^{\perp}$ , so that

(3.1) 
$$E := \int_{B_1} d_{p+V}^2 d\mu_M + \|H\|_{L^{\infty}(B_1;\mu_M)}^2 + |D^2\Phi|_{C^0(B_2)}^2 \le \delta^2$$

and

(3.2) 
$$\theta_M(0,1) \le (3/2)\Theta_{T_0\Omega}, \text{ spt } M \cap B_{1/512} \ne \emptyset.$$

Then if we set  $q = \Phi^{-1}(p)$ ,  $W = D\Phi^{-1}|_{p}V$ , we can find a function

$$f: (q+W) \cap \Psi(\Omega^{(0)}) \cap B_{1/128}(q) \to W^{\perp}$$

satisfying

$$(3.3) |f|_{C^{1,\alpha}} \le cE^{1/2}$$

so that

(3.4) 
$$\Phi^{-1}(\operatorname{spt} M) \cap B_{1/256} \subset \Phi^{-1}(\operatorname{spt} M) \cap B_{1/128}(q) = \operatorname{graph}_{q+W}(f) \cap B_{1/128}(q).$$

Some comments are in order.

*Remark* 3.2. Even though  $\Omega^{(0)}$  is convex,  $\Omega$  need not be.

Remark 3.3.  $\alpha$  can in fact be chosen to be anything in some interval (0, e-1) (where  $e=e(\Omega^{(0)})>1$  as in Proposition 5.3 is determined by the Neumann eigenvalue expansion of  $\Omega_0^l\cap\partial B_1$ ), provided  $\delta$  and c are taken to depend on  $\alpha$ . For example, when  $\Omega^{(0)}$  is  $\mathbb{R}^{n+1}$  or a half-plane, then any  $\alpha\in(0,1)$  is admissible. When  $\Omega^{(0)}=W^2\times\mathbb{R}^{n-1}$  is a wedge with angle  $\gamma<\pi$ , then we can take  $\alpha\in(0,\min\{1,\pi/\gamma-1\})$ . See Remark 5.4 for more details.

Remark 3.4. We state and prove Theorem 3.1 in codimension-one Euclidean space. However when l=1 our proof carries over verbatim to higher codimension and ambient manifolds, giving an alternate proof of [15]. When  $l \geq 2$ , the proof carries over except for two estimates in Section 4, which continue to hold if one knows a priori that spt M is contained in some (n+1)-dimensional submanifold. See Section 8 for details.

Remark 3.5. If one assumes  $\theta_M(0,1) \leq (1+\delta)\Theta_{T_0\Omega}$  then Theorem 3.1 holds for varifolds that are only rectifiable but have a lower density bound  $\theta_M \geq 1~\mu_M$ -a.e. This requires only minor modifications of the proof. (Specifically, in the contradiction arguments of Proposition 6.4 and Lemma 7.2, the choice of constant  $\delta_1$  in Corollary 6.2, and the choice of constants in the induction argument of Theorem 7.1.) In a similar vein, Theorem 3.1 also holds if we assume  $H_M \in L^p(\mu_M)$  for p > n instead of  $p = \infty$ . In this case our constants would depend on p also.

Our regularity Theorem 3.1 requires V to be "horizontal," in the sense that if  $\Psi(\Omega^{(0)}) = \Omega_0^{(0)} \times \mathbb{R}$ , then  $V \supset \Omega_0^{(0)}$ . When V is instead "vertical" in the sense that  $V \supset \{0\} \times \mathbb{R}$ , then regularity as in Theorem 3.1 can fail. Below is an example illustrating this.

Example 3.6. Let  $W \subset \mathbb{R}^2$  be the wedge  $\{re^{i\theta}: r \in [0, \infty), -\pi/6 \le \theta \le \pi/6\}$ , and let  $\mathbf{Y} \subset \mathbb{R}^2$  be the cone over  $\{1, e^{i2\pi/3}, e^{-i2\pi/3}\}$  consisting of three rays meeting at the origin at  $120^\circ$ . Then for every  $\epsilon > 0$ , the integral varifold  $M_\epsilon$  given by integrating over  $(\epsilon + \mathbf{Y}) \cap W$  is stationary with free boundary in W. As  $\epsilon \to 0$ , then  $M_\epsilon$  converges as varifolds to the "vertical" plane  $P = \{x \ge 0, y = 0\}$ , but none of the  $M_\epsilon$  are  $C^1$  perturbations of P.

One can construct a similar example by restricting the tetrahedal cone to a 0-symmetric domain in  $\mathbb{R}^3$  consisting of the intersection of 4 half-spees.

Example 3.6 is a little contrived, but we expect one should be able to construct smooth counterexamples. However, we would not expect these examples to be minimizing (in the sense of integral currents). Relatedly, when  $\Omega^{(0)}$  is a wedge or has dihedral angles  $\leq \pi/2$ , then the vertical planes are not minimizing (Lemma 9.5). For more general convex  $\Omega^{(0)}$ , or when  $\Omega^{(0)}$  is a nonconvex wedge, this may fail (see Examples 3.7 and 9.6).

When  $\Omega$  is nonconvex, Theorem 3.1 can fail also, even when M is in some sense minimizing.

Example 3.7. [21, theorem 1] implies the following: Suppose  $\Omega = W^2 \times \mathbb{R}$ , where  $W^2$  is a wedge with angle  $> \pi$  and  $\Gamma$  is any smooth curve in int  $\Omega \cap \{x^2 + y^2 = 1\}$  such that  $\Gamma$  meets  $\partial \Omega$  only at its endpoints  $\{p_1, p_2\}$ , and the height function  $x_3|_{\Gamma}$  has no maxima away from the endpoints. Let  $B_+ = \{(x, y) \in \mathbb{R}^2 : x^2 + y^2 < 1, y > 0\}$ . Then there is a map  $F \in C^0(\overline{B_+}, \Omega) \cap W^{1,2}(\overline{B_+}, \Omega)$  such that:

- (1) F minimizes the Dirichlet energy, and  $F(B_+)$  is a smooth minimal surface:
- (2) F maps the semicircle  $\partial B_+ \cap \{y > 0\}$  monotonically to  $\Gamma$ ,  $\pi_{\mathbb{R}^2 \times \{0\}} \circ F$  maps the interval [-1, 1] monotonically into to  $\partial W$ , and  $\pi_{\mathbb{R}^2} \circ F$  maps  $B_+$  diffeomorphically to int  $\Omega \cap B_1$ ;
- (3) writing  $F(\overline{B_+}) \cap \{0\} \times \mathbb{R} = \{q\}$ , then  $F^{-1}(q) = [a_1, a_2]$  is an interval of positive length, and F extends smoothly to  $\overline{B_+} \setminus \{-1, 1, a_1, a_2\}$ ;
- (4) on  $(-1, 1) \setminus [a_1, a_2]$ , F meets  $\partial \Omega$  orthogonally;
- (5) on  $(a_1, a_2)$ , the unit normal of F is horizontal.

These items imply that  $M=[F(\overline{B_+})]\in \mathcal{IVT}_2(\Omega,\mathbb{R}^3\setminus\Gamma)$  and has zero mean curvature. By choosing  $\Gamma$  to be contained in a very thin slab  $\mathbb{R}^2\times[-\epsilon,\epsilon]$ , the maximum principle implies  $F(\overline{B_+})$  is contained in this slab also. Therefore we can arrange  $M \, {}_{\!\!\!\!\perp}\, B_{1/2}$  to be arbitrarily varifold close to the multiplicity-1 horizontal plane  $[\mathbb{R}^2] \, {}_{\!\!\!\perp}\, B_{1/2}$ , but spt M will never be graphical over  $\mathbb{R}^2$  at 0.

#### 3.1 Outline of proof

Our strategy to prove Theorem 3.1 is to show the following excess decay estimate: for all  $x \in \operatorname{spt} M \cap B_{1/16}$  there is a plane  $V_x \in \mathcal{P}_{T_x\Omega}$  so that

(3.5) 
$$\sup_{z \in B_r(x) \cap \operatorname{spt} M} r^{-2} d(z, x + V_x)^2 \le c(\Omega^{(0)}) r^{2\alpha} E \quad \forall 0 < r < 1/4,$$

where  $\alpha(\Omega^{(0)}) \in (0, 1)$ . From (3.5) it follows easily that spt  $M \cap B_{1/32}$ , and hence  $\Phi^{-1}(\operatorname{spt} M) \cap B_{1/64}$ , is a  $C^{1,\alpha}$  graph with norm controlled by  $cE^{1/2}$ .

We prove (3.5) in two steps. In step one (Section 6), given any fixed model cone  $\Omega^{(0)}$ , we prove a decay like (3.5) with x=0. Loosely speaking, we show that spt  $M \cap B_1$  resembles a  $W^{1,2}$  harmonic function in  $\Omega^{(0)}$  with Neumann boundary conditions. By understanding these linear solutions (by a Fourier expansion and an eigenvalue estimate), we can prove  $C^{1,\alpha}$  decay. This basic idea goes back to DeGiorgi, who proved interior regularity by a similar "excess decay" strategy and is implemented in a fashion closer to our style in [1, 10, 35].

In step two (Section 7), we exploit the polyhedral structure of  $\Omega^{(0)}$  to show that for every  $x \in B_{1/4}$  and 0 < r < 1/4, we can find radii  $r = r_0^+ \ge r_0^- \ge r_1^+ \ge r_1^- \ge \cdots \ge r_{n+1}^+ \ge r_{n+1}^- = 0$  such that when  $s \in [r_i^-, r_i^+]$ , then  $\Omega \cap B_s(x)$  is modeled on some  $T_{z_i}\Omega^{(0)}$  and  $r_i^-/r_{i-1}^+ \ge 1/c(\Omega^{(0)})$ . In other words, outside of finitely many scales (controlled only by  $\Omega^{(0)}$ ),  $\Omega \cap B_s(x)$  is modeled on some polyhedral cone of the form  $T_z\Omega^{(0)}$ . Since there are only finitely many tangents  $T_z\Omega^{(0)}$ , we can therefore inductively prove decay by our first step in each interval  $[r_i^-, r_i^+]$  and extend decay from one interval to the next by enlarging our constant c in (3.5) by a controlled amount.

The key technique hurdle in proving both steps is to show that M has controlled first variation  $\delta M$ . Our hypotheses imply  $\delta M$  is only bounded in directions tangential to  $\Omega$ , but we need to establish both that  $\delta M$  is bounded in all directions, and an a priori tracelike estimate for  $\|\delta M\|$  in terms of  $\|M\|$  (Theorem4.3). This is the main point where we use convexity of  $\Omega^{(0)}$ .

A priori control on  $\delta M$  gives good compactness for sequences of such M, and allows us to prove a sharp  $L^\infty-L^2$  estimate and a uniform lower density bound. The  $L^\infty$  estimate is crucial in Step 1 to show that M doesn't "concentrate" near  $\partial\Omega$  at the scale of excess (and therefore can be well approximated by the interior "graphical" region). The lower density bound means that in various (blowup) limits the varifolds do not disappear, as they might in the nonconvex case.

We elaborate on these steps below. For simplicity, in our outline we will assume  $\Omega = \Omega^{(0)}$  and H = 0.

Step 1. Decay towards a single cone model. We wish to prove an excess decay of the following type: if M is sufficiently varifold close in  $B_1$  to a horizontal plane

 $(p+V)\cap\Omega$ , then there is a new horizontal plane p'+V' and a  $\theta(\Omega)$  so that

(3.6) 
$$E(M, p' + V', 0, \theta) \le \frac{1}{2} E(M, p + V, 0, 1).$$

Here  $E(M, p + V, x, r) = r^{-n-2} \int_{B_r(x)} d_{p+V}(z)^2 d\mu_M(z)$ . (Proposition 6.1 is phrased in terms of the  $L^2$  excess, which is a little more convenient, but in this setting the  $L^{\infty}$  and  $L^2$  excesses are the same; see 4.7). By iterating (3.6), we obtain an estimate like

$$E(M, p'' + V'', 0, r) \le c(\Omega)r^{2\alpha}E^{\infty}(M, p + V, 0, 1) \quad \forall d(\operatorname{spt} M, 0) \le r \le 1.$$

This is our main decay estimate in Step 1.

We prove (3.6) by contradiction. We assume there is a sequence of  $M_i$  such that  $M_i \to [(p+V) \cap \Omega]$  in  $B_1$  as varifolds such that

$$\inf_{p'+V'} E(M_i, p'+V', 0, \theta) \ge \frac{1}{2} E(M_i, p+V, 0, 1/2) =: E_i \quad (\to 0 \text{ as } i \to \infty).$$

On larger and larger sets  $U_i \in \operatorname{int} \Omega \cap (p+V)$  (for  $U_i \to \operatorname{int} \Omega \cap (p+V)$ ), we can write spt  $M_i \cap U_i = \operatorname{graph}_{p+V}(u_i)$ , where  $u_i$  satisfy the minimal surface equation. By setting  $v_i = E_i^{-1/2}u_i$ , then the  $v_i$  are locally bounded in  $L^{\infty}$ , and after passing to a subsequence we get convergence

$$v_i \rightarrow v$$

where the Jacobi field v satisfies

$$\Delta v = 0, \quad \partial_n v = 0, \quad \int_{B_1(0) \cap (p+V) \cap \Omega} v^2 \le 1.$$

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We now prove two key technical facts: First, by the sharp  $L^{\infty}$  bound (4.20), we have strong convergence

$$E_i^{-1} E(M_i, p + V, 0, r) \to r^{-n-2} \int_{B_r(0) \cap (n+V) \cap \Omega} v^2 \quad \forall 0 < r < 1/4.$$

Second, using the  $W^{1,2}$  estimate of (4.21), a sharp eigenvalue estimate for convex domains in the sphere (Theorem 5.1), and a standard Fourier-type decomposition, we can expand v as above like

$$v = a + b \cdot x + O(r^{1+\alpha}),$$

where b lies in some direction of translational symmetry of  $\Omega$ . In other words, the eigenvalue bound of Theorem 5.1 implies that any free-boundary plane is integrable through rotations.

We can now repeat the blowup argument with

$$p_i + V_i = \operatorname{graph}_{p+V}(E_i a + E_i b \cdot x)$$

in place of p + V, and obtain the Jacobi field

$$v' = v - a - b \cdot x = O(r^{1+\alpha}).$$

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Hence for  $i \gg 1$  we have

$$E_i^{-1}E(M_i, p_i + V_i, 0, r) \le 2r^{-n-2} \int_{B_r(0) \cap (p+V) \cap \Omega} v^2 \le c(\Omega)r^{2\alpha},$$

which is a contradiction for  $r(\Omega)$  small.

This general strategy is very robust and has been implemented in many other contexts. However, in any given situation there are typically two key technical issues to address: strong convergence in norm of the nonlinear problem to the linear problem and decay of the linear problem. We handle these in our situation by our sharp  $L^{\infty}$  bound and our sharp eigenvalue estimate.

Step 2. Decay across cone models. We prove the general decay (3.5) by using Step 1 and an inductive argument on the strata. We first observe (Lemma 2.8) that every point in  $\Omega$  is locally modeled on some (other) polyhedral cone. Precisely, there is a  $B(\Omega)$  so that if  $x \in \partial_i \Omega$  and  $r \leq d(x, \partial_{i-1} \Omega)$ , then

$$B_{Br}(x) \cap \Omega = B_{Br}(x) \cap (x + T_x \Omega).$$

(When  $\Omega \in \mathcal{D}_{\delta}(\Omega^{(0)})$  is only a perturbation of a polyhedral cone, a similar statement holds.)

Now given  $x \in \partial_i \Omega$ , we choose points  $\tilde{x}_i \in \partial_{i} \Omega$  and radii

$$1 = r_{J+1}^- \ge r_J^+ \ge r_J^- \ge \dots \ge r_0^+ \ge r_0^- = 0,$$

so that  $\Omega \cap B_r(\widetilde{x}_j)$  is modeled on some fixed polyhedral cone  $T_{z_j}\Omega^{(0)}$  when  $r \in [r_j^-, r_j^+]$  and  $r_j^-/r_{j-1}^+ \ge 1/c(\Omega^{(0)})$ . The degree of symmetry  $i_j$  is strictly decreasing as j increases, so  $J \le n$ . We will apply Step 1 to get decay  $r_j^+ \to r_j^-$  and then give up a controlled number of scales to "decay"  $r_j^- \to r_{j-1}^+$ .

Some care must be taken in constructing these points/radii, since for each j we need that:

- (1)  $r_j^+ \leq Bd(\widetilde{x}_j, \partial_{i_j-1}\Omega)$ , so that  $\Omega \cap B_{r_j^+}(\widetilde{x}_j)$  looks close to a polyhedral cone;
- (2)  $|x \tilde{x}_j| \le r_j^-$ , so that we can apply Step 1 in  $B_{r_j^+}(x_j)$  to get decay down to  $r_i^-$ ;
- (3)  $B_{r_j^+}(\tilde{x}_j) \subset B_{r_{j+1}^-/2}(\tilde{x}_{j+1})$  but  $r_j^+ \geq cr_{j+1}^-$ , so that we can control the mass and excess in  $B_{r_{j+1}^+}(\tilde{x}_j)$  in terms of the mass/excess in  $B_{r_{j+1}^-}(\tilde{x}_{j+1})$ .

Once we construct these  $\tilde{x}_j$  and  $r_j^{\pm}$ , we inductively prove a statement of the form: for each j, there is a  $V_j \in \mathcal{P}_{T_{\bar{x}_j}\Omega}$  so that

$$E(M, p_j + V_j, \widetilde{x}_j, r) \leq \Lambda_j E r^{2\alpha} \quad \forall r_j^- \leq r \leq 1/4,$$

and

$$\theta_{M}(\widetilde{x}_{j}, r) \leq (7/4)\Theta_{T_{\widetilde{x}_{j}}\Omega} \quad \forall r_{j}^{-} \leq r \leq r_{j}^{+}.$$

The excess control ensures  $M \, \llcorner \, B_r(\widetilde{x}_j)$  looks like a plane with some multiplicity, the mass control ensures this multiplicity is  $\leq 1$ , and the fact that  $x \in B_{r_j^-/2}(\widetilde{x}_j)$  ensures this multiplicity is  $\geq 1$ . The proof of this statement follows in a fairly

straightforward way from Lemma 2.8 and Step 1. An extra argument by contradiction (Lemma 7.2) is required to ensure that the mass control at scale  $B_{r_j^-}(\tilde{x}_j)$  carries over to scale  $B_{r_{j-1}^+}(\tilde{x}_{j-1})$ .

**Minimizers**. Here we apply our regularity theorem to minimizing currents and isoperimetric sets of finite perimeter. We classify low-dimensional minimizing cones and prove a compactness theorem, which together with our regularity result implies a partial regularity theorem by standard dimension-reducing techniques.

The compactness is fairly straightforward—we just need to adapt an argument of Gruter [13] to ensure mass cannot accumulate near the boundary. The main step is classifying low-dimensional minimizing cones, which we prove by induction on the number of symmetries of  $\Omega$ . The idea is as follows: Assume that any minimizing T in  $\Omega_0 \times \mathbb{R}^{m-1}$  is a horizontal plane. Then if T is minimizing in  $\Omega_0 \times \mathbb{R}^m$ , by induction and our regularity theorem T is a  $C^{1,\alpha}$  surface away from 0. Under certain circumstances, we can boost this to  $C^{2,\alpha}$  regularity and thereby adapt Simons' classical argument to prove T must be planar. Then, again in certain circumstances, a cut-and-paste argument implies this plane must be horizontal.

Unfortunately, even in low dimensions we start running into issues. The barrier to adapting Simons' argument when  $\Omega_0$  is more than 3 dimensional is the lack of  $C^{2,\alpha}$  regularity in 3-dimensional cones. We suspect this holds if the dihedral angles are at most  $\pi/2$ , but this requires a Neumann eigenvalue estimate for spherical domains that is not known. On the flip side, for general dihedral angles it is not clear that every minimizing plane need be horizontal—when  $\Omega_0$  is only an intersection of 3 half-spaces in  $\mathbb{R}^3$ , it is plausible there are nonhorizontal minimizers. Taken together, we get a codimension-2 bound for the singular set in general domains, a codimension-3 bound in domains with dihedral angles  $\leq \pi/2$ , and the (sharp) codimension-7 bound in certain special cases (e.g., when all dihedral angles are  $= \pi/2$ ).

## 4 First Variation, Mass Control

In this section, we prove that the mass and total first variation of an  $M \in \mathcal{IVT}_n(\Omega, B_1)$  are controlled by the mass, tangential mean curvature of M, and geometry of  $\Omega$ . We must first prove monotonicity and the mass control by cooking up an appropriate tangential vector field, and then we use this to prove control on the first variation. Two important consequences are lower Ahlfors regularity of M (Corollary 4.6), and  $L^{\infty} - L^2$ ,  $W^{1,2} - L^2$  bounds on excess (Corollary 4.7).

In this section we fix  $\Omega^{(0)}$ , a polyhedral cone domain (as per Definition 2.1), and after a rotation there is no loss in assuming  $\Omega^{(0)} = \Omega_0^{(0)} \times \mathbb{R}^m$ . Note for the reader: in this section (and occasionally in Section 9), we will allow m = 0, but in all other sections we will assume  $m \ge 1$ . See also Example 3.6 and Lemma 9.5.

LEMMA 4.1. There are constants  $\epsilon_{mn}(n)$ ,  $c_{mn}(n)$ , so that if

$$\Omega \in \mathcal{D}_{\epsilon}(\Omega^{(0)}), \quad M \in \mathcal{IVT}_{n}(\Omega, B_{1}), \quad \|H_{M}^{\tan}\|_{L^{\infty}(B_{1}; \mu_{M})} \leq \epsilon,$$

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for  $\epsilon \leq \epsilon_{mn}$ , then

$$(4.1) \qquad (1+c_{mn}(n)\epsilon\rho)^{n+1}\theta_{M}(0,\rho)$$

is increasing in  $\rho < 1$ . If  $\epsilon = 0$  and  $\sigma < \rho$ , then we have the sharp monotonicity

(4.2) 
$$\theta_{M}(0,\rho) - \theta_{M}(0,\sigma) = \int_{B_{\rho}(0)\backslash B_{\sigma}(0)} \frac{|\pi_{M}^{\perp}(z)|^{2}}{|z|^{n+2}} d\mu_{M}(z).$$

PROOF. Define  $Y(x) = D\Phi|_{\Phi^{-1}(x)}(\Phi^{-1}(x))$ . Then Y is a  $C^1$  vector field tangential to  $\Omega$ . An easy computation, using (2.9) and taking  $\epsilon_{mn}(n)$  small, shows that

$$(4.3) |Y(x) - x| \le c(n)\epsilon |x|^2, |DY|_x - \operatorname{Id}| \le c(n)\epsilon |x|.$$

Let  $\zeta$  be a smooth, decreasing approximation to  $1_{(-\infty,1)}$  such that spt  $\zeta \subset (-\infty,1)$ . Take  $\rho \in (0,1)$ , plug in the vector field  $X(x) = \zeta(|x|/\rho)Y(x)$  into the first variation, and use (4.3), to deduce

(4.4) 
$$\rho \frac{d}{d\rho} \int \zeta d\mu_{M} - n \int \zeta d\mu_{M} - \rho \frac{d}{d\rho} \int \zeta |x^{\perp}|^{2} /|x|^{2} d\mu_{M}$$
$$\geq -c(n)\epsilon \int \zeta |x| d\mu_{M} - c(n)\epsilon \rho^{2} \frac{d}{d\rho} \int \zeta d\mu_{M}.$$

Notice that the last terms on both the RHS and LHS are nonpositive. Setting  $I(\rho) = \int \zeta \, d\mu_M$  and discarding the last term on the left, we get

$$(1 + c\epsilon\rho)\rho I' - (n - c\epsilon\rho)I \ge 0,$$

where without loss of generality both constants c=c(n) are the same. This implies

$$\frac{d}{d\rho}((1+c\epsilon)^{n+1}\rho^{-n}I(\rho)) \ge 0.$$

Integrate in  $\rho$ , then take  $\zeta \to 1_{(-\infty,1]}$ , to obtain the required conclusion (4.1).

If  $\epsilon = 0$ , then in fact (4.4) is an equality (with no errors on the right-hand side). Integrating up as before, but without discarding terms, gives (4.2).

COROLLARY 4.2. Given any  $\theta \in (0, 1)$ , there are constants  $\epsilon_m(\Omega^{(0)})$  and  $c_m(\Omega^{(0)}, \theta)$  so that if

$$\Omega \in \mathcal{D}_{\epsilon_m}(\Omega^{(0)}), \quad M \in \mathcal{IVT}_n(\Omega, B_1), \quad \|H^{\mathrm{tan}}_M\|_{L^\infty(B_1; \mu_M)} \leq \epsilon_m,$$

then for every  $x \in B_{\theta}$  and 0 < r < 1 - |x|, we have

$$\theta_{\mathbf{M}}(x,r) \le c_{\mathbf{m}} \theta_{\mathbf{M}}(0,1).$$

PROOF. Let  $\sigma_n = \theta$  and set  $\sigma_{i-1} = 1/4 + (3/4)\sigma_i \in (\sigma_i, 1)$  for i = 1, ..., n. We prove by induction on i that there is a  $c_{m0}(\theta, \Omega^{(0)})$  so that given  $x_i \in \partial_i \Omega \cap B_{\sigma_i}$ , then we have

(4.6) 
$$\theta_{M}(x_{i}, r) \leq c_{m0}^{i+1} \mu_{M}(B_{1}) \quad \forall 0 < r < 1 - |x_{i}|.$$

This will establish (4.5) with  $c_m = c_{m0}^{n+1}$ .

Take  $B(\Omega^{(0)})$  as in Lemma 2.8, and let us ensure that  $\epsilon_m(\Omega^{(0)})$  is sufficiently small so that  $\epsilon_m \leq \epsilon_B$  and  $c_B \epsilon_m \leq \epsilon_{mn}$ . Take  $x_i \in \partial_i \Omega \cap B_\theta$  and set  $d_i = d(x_i, \partial_{i-1}\Omega)$ ,  $R_i = \min\{Bd_i, 1 - |x_i|\}$ . For  $0 < r \leq R_i$ , we have by Lemma 2.8 and monotonicity (4.1) that

$$\theta_{M}(x_{i},r) \leq c(n)\theta_{M}(x_{i},R_{i}).$$

First assume  $R_i = 1 - |x_i|$ . Then we have

$$\theta_M(x_i, R_i) \le (1 - \sigma_i)^{-n} \mu_M(B_1) \le c(n, \theta) \mu_M(B_1),$$

and we are done. Notice that if i = m, then  $d_i = \infty$ , and so this proves the inductive base case.

Assume now  $R_i = Bd_i$ . If  $d_i \ge (1/4)(1-|x_i|)$ , then we can similarly estimate for  $R_i \le r \le 1-|x_i|$ :

$$\theta_{M}(x_{i},r) \leq \left(\frac{4}{B(1-\sigma_{i})}\right)^{n} \mu_{M}(B_{1}) \leq c(\Omega^{(0)},\theta)\mu_{M}(B_{1}),$$

and we are done. Let us assume now  $d_i \leq (1/4)(1-|x_i|)$ . Since

$$|x_i| + d_i \le 1/4 + (3/4)|x_i| \le \sigma_{i-1}$$

we can find an  $x_{i-1} \in \partial_{i-1}\Omega \cap B_{\sigma_{i-1}}$  realizing  $d_i \equiv d(x_i, \partial_{i-1}\Omega)$ . Now by inductive hypothesis we have for  $R_i \leq r \leq 1 - |x_{i-1}| - d_i$ :

$$\theta_M(x_i, r) \le (1 + 1/B)^n \theta_M(x_{i-1}, r + d_i) \le c(\Omega^{(0)}) c_{m_0}^i \mu_M(B_1).$$

On the other hand, since

$$|x_{i-1}| + d_i \le |x_i| + 2d_i \le 1/2 + (1 - 1/2)\sigma_i \le 1 - 1/c(n, \theta),$$

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if  $r \ge 1 - |x_{i-1}| - d_i$ , then we have

$$\theta_{\mathbf{M}}(x_i, r) \leq c(n, \theta) \mu_{\mathbf{M}}(B_1).$$

This proves the inductive claim (4.6) and finishes the proof of Corollary 4.2.

THEOREM 4.3. There is an  $\epsilon(\Omega^{(0)})$  so that if

$$\Omega \in \mathcal{D}_{\epsilon}(\Omega^{(0)}), \quad M \in \mathfrak{IVT}_{n}(\Omega, B_{1}), \quad \|H_{M}^{\tan}\|_{L^{\infty}(B_{1}; \mu_{M})} \leq \epsilon, \quad \mu_{M}(B_{1}) < \infty,$$

then  $\|\delta M\|$  is a Radon measure on  $B_1$ , and for any  $X \in C_c^1(B_1, \mathbb{R}^{n+1})$  we can write

(4.7) 
$$\delta M(X) = -\int H_M^{\tan} \cdot X \, d\mu_M + \int \eta \cdot X \, d\sigma,$$

where  $\sigma \perp \mu_M$  is a nonnegative Radon measure supported in  $\partial \Omega$ ;  $\eta(x) \in \mathbb{N}_{T_x\Omega}$  for  $\sigma$ -a.e. x, and  $\|\delta M\|(\partial_i \Omega) = 0$  for all  $i \leq n-2$ .

Moreover, we have

(4.8) 
$$\int \phi d \|\delta M\| \le c(\Omega^{(0)}) \int |H_M^{\tan}| \phi + |\nabla \phi| d\mu_M$$

for all  $\phi \in C_c^1(B_1)$  nonnegative.

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Remark 4.4. Notice that (4.8) is scale-invariant.

We prove Theorem 4.3 inductively on l. The cases l=1, l=2, and  $l\geq 3$  are handled separately. We shall use several times the following relation.

Let Q be a  $C^2$  closed p-manifold, with  $p \le n$ , and suppose the distance function d to Q is smooth on  $B_1 \setminus Q$ . Suppose  $\delta M$  is a Radon measure in  $B_1 \setminus Q$ , and we decompose  $\delta M$  as in (4.7) for X supported away from Q. Let  $\tau$  be any constant vector, and  $h \in C_c^1(B_1)$  a compactly supported, nonnegative function. Then we have for any  $\rho > 0$ :

$$(4.9) \quad \frac{1}{\rho} \int_{B_{\rho}(Q)} (\nabla d \cdot \tau) h - \int \min(d/\rho, 1) h \eta \cdot \tau \, d\sigma$$

$$= -\int \left( H_M^{\tan} h + \nabla h \right) \cdot \tau \, \min(d/\rho, 1) d\mu_M.$$

PROOF WHEN l=0,1. When l=0 there is nothing to show. Take l=1. Assume  $\epsilon(n)$  is sufficiently small so that the distance function to  $\partial\Omega\equiv\Phi(\Psi(\{0\}\times\mathbb{R}^m))\cap B_1$  is smooth in  $\Omega$ . From Theorem A.1, we get that  $\delta M$  is a Radon measure on  $B_1$ , and we can write  $\delta M$  as in (4.7), where  $\sigma$  satisfies our conclusions and  $\eta=\pm\nu_{\Omega}$ . It suffices to verify that  $\eta=+\nu_{\Omega}$ .

Let d be the distance function to  $\partial\Omega$ , and  $\widetilde{d}$  the signed distance function so that  $\widetilde{d}=d$  in  $\Omega$ . Let  $X=\phi D\widetilde{d}$  for  $\phi\in C^1_c(B_1)$  nonnegative. From Theorem A.1, we have

$$\int \eta \cdot (-\nu_{\Omega}) \phi \, d\sigma = \int \eta \cdot D \, \tilde{d} \phi \, d\sigma = -\Gamma_1(\phi |Dd|^2) \le 0.$$

Since  $\phi$  is arbitrary, we deduce  $\eta \cdot \nu_{\Omega} \ge 0$  for  $\sigma$ -a.e. x.

Therefore  $\eta = \nu_{\Omega}$ , and (using Theorem A.1) we in fact have

$$\int \phi \, d\sigma = \Gamma_1(\phi |Dd|^2) \leq \int \big|H_M^{\rm tan}\big|\phi + |\nabla\phi| d\mu_M.$$

Since  $\|\delta M\| = |H_M^{\text{tan}}|\mu_M + \sigma$ , we obtain (4.8).

PROOF WHEN l=2. In this case  $\Omega_0^{(0)}\subset\mathbb{R}^2$  is simply a wedge, with angle  $<\pi$ . For ease of notation let us write  $\partial\Omega_0^{(0)}=L_1\cup L_2$  for  $L_1,L_2$  rays extending from 0, and correspondingly let us decompose

$$\partial\Omega = F_1 \cup F_2$$

where  $F_i = \Phi(\Psi(L_i \times \mathbb{R}^m)) \cap B_1$ , so that  $\partial_m \Omega = F_1 \cap F_2$ .

Away from  $F_1 \cap F_2$ , the outer normal  $\nu_{\Omega}$  is well-defined on  $\partial \Omega$ . Write  $\nu_i$  for the outward normal on  $F_i$ . Observe that for each  $x \in F_1 \cap F_2$ , we have

$$\mathcal{N}_{T_x\Omega} = \{a_1 v_1(x) + a_2 v_2(x) : a_1, a_2 \in (0, \infty)\}.$$

Write  $d_0$ ,  $d_1$ ,  $d_2$  for the distance functions to  $F_1 \cap F_2$ ,  $F_1$ ,  $F_2$ , respectively. Convexity of  $\Omega_0^{(0)}$  (and int  $\Omega_0^{(0)} \neq \emptyset$ ) implies that by taking  $\epsilon(\Omega_0^{(0)})$  sufficiently small,

we can ensure that the  $d_i$  are smooth in int  $\Omega \cap B_1$ , and that

$$(4.10) Dd_i \cdot Dd_j \ge 0 on int \Omega \cap B_1.$$

Also by convexity, taking  $\epsilon(\Omega_0^{(0)})$  small, we can choose a vector  $\tau \in \mathbb{R}^2 \times \{0^m\}$  and an  $\epsilon_0(\Omega_0^{(0)}) > 0$  so that

$$\tau \cdot Dd_i \ge \epsilon_0 > 0$$
 on int  $\Omega \cap B_1$ .

This of course implies that

$$(4.11) \tau \cdot \nu_{\Omega} \leq -\epsilon_0 \text{on } \partial\Omega \cap B_1 \setminus F_1 \cap F_2.$$

The upper bounds (4.5) imply that for every  $\theta < 1$  and any  $x \in F_1 \cap F_2 \cap B_\theta$ , we have

$$\mu_{\mathbf{M}}(B_{\rho}(x)) \le c(\Omega^{(0)}, \theta)\mu_{\mathbf{M}}(B_1)\rho^n.$$

In particular, we get

(4.12) 
$$\mu_{M}(B_{\rho}(F_{1} \cap F_{2}) \cap B_{\theta}) \leq c(\Omega^{(0)}, \theta)\mu_{M}(B_{1})\rho.$$

From the l=1 case,  $\|\delta M\|$  is a Radon measure on  $B_1\setminus (F_1\cap F_2)$ . Take  $\theta<1$  and  $h\in C_c^1(B_\theta)$  nonnegative. Let us apply formula (4.9) with our choice of  $\tau$ , and  $d_0$  in place of d, and make use of (4.10), (4.11), and (4.12) to obtain:

$$\epsilon_{0} \int \min(d_{0}/\rho, 1) h \, d\sigma$$

$$\leq \epsilon \int h + |\nabla h| d\mu_{M} + \frac{1}{\rho} \int_{B_{\rho}(F_{1} \cap F_{2})} h \, d\mu_{M}$$

$$\leq c |h|_{C^{1}} \mu_{M}(B_{\theta}) + |h|_{C^{0}} \frac{1}{\rho} \mu_{M}(B_{\rho}(F_{1} \cap F_{2}) \cap B_{\theta})$$

$$\leq c |h|_{C^{1}}$$

for  $c = c(\Omega^{(0)}, \theta, \mu_M(B_1))$ . Taking  $\rho \to 0$ , we get that

$$\|\delta M\|(B_{\theta}\setminus (F_1\cap F_2))<\infty$$

for all  $\theta$  < 1.

We can now apply Theorem A.2 to deduce that  $\|\delta M\|$  is a Radon measure on  $B_1$ , and we can decompose  $\delta M$  as in (4.7), where  $\sigma \perp \mu_M$  is nonnegative, supported in  $\partial \Omega$ ; and for  $\sigma$ -a.e. x, we have  $|\eta(x)| = 1$ , and

- (1)  $\eta(x) = v_i(x)$  if  $x \in F_i \setminus (F_1 \cap F_2)$  and
- (2)  $\eta(x) \perp T_x(F_1 \cap F_2)$  if  $x \in F_1 \cap F_2$ .

To verify the first half of our theorem, it will suffice to show that  $\eta(x) \cdot \nu_i(x) \ge 0$  when  $x \in F_1 \cap F_2$ .

Let  $\widetilde{d}_i$  be the signed distance function to  $F_i$ , which coincides with  $d_i$  on int  $\Omega \cap B_1$ . Take  $\phi \in C_c^1(B_1)$ , and let  $X = \phi D\widetilde{d}_i$ . By Theorem A.2 and (4.10) we get

$$\int_{F_1\cap F_2} \eta \cdot (-\nu_i) \phi \, d\sigma = \int_{F_1\cap F_2} \eta \cdot D\widetilde{d}_i \phi \, d\sigma = -\Gamma_2(\phi D d_0 \cdot D d_i) \leq 0.$$

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Since  $\phi$  is arbitrary, we deduce  $\eta \cdot v_i \geq 0$ .

To prove the second part, we observe that by our choice of  $\tau$  and characterisation above, we have  $\eta(x) \cdot \tau \le -\epsilon_0$  for  $\sigma$ -a.e. x. Therefore by the first variation,

$$egin{aligned} \epsilon_0 \int \phi \ d\sigma & \leq -\int \eta \cdot au \phi \ d\sigma = \int -H_M^{ an} \cdot au \phi - 
abla \phi \cdot au \ d\mu_M \ & \leq \int \left| H_M^{ an} \middle| \phi + |
abla \phi \middle| d\mu_M 
ight. \end{aligned}$$

This completes the proof of case l = 2.

PROOF WHEN  $l \geq 3$ . By convexity of  $\Omega_0^{(0)}$  and since int  $\Omega_0^{(0)} \neq \emptyset$ , ensuring  $\epsilon(\Omega_0^{(0)})$  is sufficiently small, we can find a vector  $\tau \in \mathbb{R}^{n+1}$  and  $\epsilon_0(\Omega_0^{(0)}) > 0$  so that

$$\tau \cdot \nu \leq -\epsilon_0 \quad \forall \nu \in \mathcal{N}_{T_{\nu}\Omega}, \ \forall x \in \partial \Omega \cap B_1.$$

Suppose by inductive hypothesis Theorem 4.3 holds for  $1, 2, \ldots, l-1$  in place of l. Since (using Lemma 2.8) any point of  $\partial \Omega \setminus \partial_m \Omega$  is locally modeled on some  $\Omega_0^{(0)'} \times \mathbb{R}^{m+1}$  for  $\Omega_0^{(0)'} \subset \mathbb{R}^{l-1}$ , we have by induction that  $\|\delta M\|$  is a Radon measure in  $B_1 \setminus \partial_m \Omega$ , and a have a decomposition of  $\delta M$  as in (4.7) for any X supported away from  $\partial_m \Omega$ .

Ensuring  $\epsilon(\Omega_0^{(0)})$  is sufficiently small, we can assume the distance function d to  $\partial_m \Omega$  is smooth in int  $\Omega \cap B_1$ . Analogous to the proof when l=2, the mass bounds (4.5) imply that

(4.13) 
$$\mu_{\boldsymbol{M}}(B_{\rho}(\partial_{m}\Omega) \cap B_{\theta}) \leq c(\Omega^{(0)}, \theta)\mu_{\boldsymbol{M}}(B_{1})\rho^{2}$$

for all  $\theta < 1$ . Therefore, as before, if  $h \in C_c^1(B_\theta)$  is nonnegative, we can apply (4.9) with our choice of  $\tau$  and d to deduce

$$\epsilon_0 \int \min(d/\rho, 1) h \, d\sigma \le c |h|_{C^1}$$

independently of  $\rho$ , which implies  $\|\delta M\|(B_{\theta}\setminus\partial_{m}\Omega)<\infty$ .

Let  $X \in C_c^1(B_\theta, \mathbb{R}^{n+1})$  for any  $\theta < 1$ . Let  $\phi(x) = \zeta(d/\rho)$  for  $\zeta$  a smooth, compactly supported approximation to  $1_{(-\infty,1]}$ . We compute

$$\left| \int \operatorname{div}(\phi X) d\mu_{M} \right| \leq \int |\phi'||X| + |\phi||DX|d\mu_{M}$$

$$\leq c|X|_{C^{1}} \frac{1}{\rho} \mu_{M} (B_{\rho}(\partial_{m}\Omega) \cap B_{\theta})$$

$$\leq c\rho \to 0 \quad \text{as } \rho \to 0.$$

Therefore, since  $\|\delta M\|_{\perp}(\partial_m \Omega)^C$  is a Radon measure on  $B_1$ , we deduce that

$$\begin{split} \delta M(X) &= \lim_{\rho \to 0} \left( \delta M(\phi X) + \delta M((1 - \phi) X) \right) \\ &= - \int_{B_1 \setminus \partial_m \Omega} H_M^{\tan} \cdot X + \int_{B_1 \setminus \partial_m \Omega} \eta \cdot X \ d\sigma. \end{split}$$

So in fact  $\|\delta M\|$  is a Radon measure on  $B_1$ , and  $\|\delta M\|(\partial_m \Omega) = 0$ , so that same decomposition (4.7) holds for all X. The inequality (4.8) follows by the same computation as in the l=2 case.

Inequality (4.8) is important for ensuring good compactness, but even more importantly it implies a Sobolev inequality, which allows us to prove a mean value inequality for subharmonic functions.

THEOREM 4.5. Let  $M \in \mathcal{I}_n(B_1)$  satisfy (4.8) for all nonnegative  $\phi \in C_c^1(B_1)$ , and additionally assume that

(4.14) 
$$\mu_{M}(B_{1}) \leq A < \infty, \quad \|H_{M}^{\tan}\|_{L^{\infty}(B_{1};\mu_{M})} \leq 1.$$

Then the following holds: if  $u \in C^1(B_1)$  is a nonnegative function, and a is a constant such that

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(4.15) 
$$\int \nabla \zeta \cdot \nabla u d\mu_{M} \leq a \int \zeta u + |\nabla \zeta| u + \zeta |\nabla u| d\mu_{M}$$
$$\forall \zeta \in C_{c}^{1}(B_{1}) \text{ nonnegative},$$

then for every  $\sigma < 1$  we have the inequality

(4.16) 
$$\sup_{\operatorname{spt} \mu_M \cap B_{\sigma}} u \le c(\Omega^{(0)}, A, a, \sigma) \int_{B_1} u d\mu_M.$$

PROOF. By the same argument as in [30] (see Appendix B for more details), inequality (4.8) implies the Sobolev inequality: for all  $h \in C_c^1(B_1)$  nonnegative, then

(4.17) 
$$\sup h \le c(\Omega^{(0)}) \int |H_M^{\tan}| h + |\nabla h| d\mu_M$$

if n = 1, and

(4.18) 
$$\left( \int h^{n/(n-1)} d\mu_M \right)^{(n-1)/n} \le c(\Omega^{(0)}) \int |H_M^{\tan}| h + |\nabla h| d\mu_M$$

for  $n \ge 2$ . The bound (4.16) then follows from (4.14), (4.18) (or (4.17) if n = 1), and (4.15) by standard iteration methods.

An immediate consequence is lower Ahlfors regularity in every ball centered on the support of  ${\it M}$  .

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COROLLARY 4.6. There is an  $\epsilon(\Omega^{(0)})$  so that given

$$\Omega \in \mathcal{D}_{\epsilon}(\Omega), \quad M \in \mathcal{IVT}_{n}(\Omega, B_{1}), \quad \|H^{\tan}_{M}\|_{L^{\infty}(B_{1}; \mu_{M})} \leq \epsilon, \quad \theta_{M}(0, 1) \leq A,$$

then for any  $\theta < 1$ ,  $x \in \operatorname{spt} M \cap B_{\theta}$ , and 0 < r < 1 - |x|, we have

(4.19) 
$$\mu_{M}(B_{r}(x)) \geq r^{n}/c(\Omega^{(0)}, A, \theta).$$

PROOF. By Theorem 4.3 M satisfies the scale-invariant inequality (4.8), and therefore if  $M' = (\eta_{x,r})_{\sharp} M$ , then M' satisfies (4.8) also. From (4.5) and scaling we have the bounds

$$\mu_{\mathbf{M}'}(B_1) \leq c(\Omega, A, \theta), \quad \|H_{\mathbf{M}'}^{\mathrm{tan}}\|_{L^{\infty}(B_1; \mu_{\mathbf{M}'})} \leq r\epsilon \leq 1.$$

Therefore we can apply Theorem 4.5 to M' with u = 1,  $\sigma = 1/2$ , to get

$$1 \leq c(\Omega, A, \theta) \mu_{\mathbf{M}'}(B_1),$$

which implies the required estimate (4.19).

Another important consequence of first variation control and Theorem 4.5 are the following  $L^{\infty}$  and  $W^{1,2}$  estimates, which will be important in the blowup argument to ensure good convergence to the linear problem.

COROLLARY 4.7. Given any  $\theta \in (0, 1)$ , there are constants  $\epsilon_e(\Omega^{(0)})$ ,  $c_e(\Omega^{(0)}, A, \theta)$ , so that if

$$\Omega \in \mathcal{D}_{\epsilon_e}(\Omega^{(0)}), \quad M \in \mathcal{IVT}_n(\Omega, B_1), \quad \|H_M^{\tan}\|_{L^{\infty}(B_1, \mathcal{U}_{M})} \le \epsilon_e, \quad \theta_M(0, 1) \le A,$$

then given any  $V \in \mathcal{P}_{T_0\Omega}$  and  $p \in V^{\perp}$ , we have the height bound

(4.20) 
$$\sup_{z \in B_{\theta} \cap \text{spt } M} d(z, p + V)^{2} \leq c_{e} E(\Phi, M, p + V, 0, 1)$$

and  $W^{1,2}$  bound

(4.21) 
$$\int_{B_a} |\pi_{T_z M} - \pi_V|^2 d\mu_M(z) \le c_e E(\Phi, M, p + V, 0, 1).$$

PROOF. Since  $V \in \mathcal{P}_{T_0\Omega}$ , we can assume after rotation that  $V = \mathbb{R}^n \times \{0\}$ . Write  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1$ , and set  $\tilde{e}_{n+1} = D\Phi_{\Phi^{-1}(x)}(e_{n+1})$ . Then  $\tilde{e}_{n+1}$  is tangential to  $\Omega$ , and an easy computation gives that, for  $x \in B_1$  and  $\epsilon_e(n)$  sufficiently small,

$$(4.22) |\widetilde{e}_{n+1} - Dx_{n+1}| \le c(n)|D^2\Phi|_{C^0(B_2)}, |D\widetilde{e}_{n+1}| \le c(n)|D^2\Phi|_{C^0(B_2)}.$$

Ensure also that  $\epsilon_e \leq \epsilon$ , the constant from Theorem 4.3.

Given  $\phi \in C^1(B_1)$ , plug the vector field  $X = \phi \tilde{e}_{n+1}$  into the first variation to obtain

$$\int \nabla (x_{n+1} - p_{n+1}) \cdot \nabla \phi$$

$$\leq c(n) (\|H_M^{\tan}\|_{L^{\infty}(B_1; \mu_M)} + |D^2 \Phi|_{C^0(B_2)}) \int |\phi| + |\nabla \phi| d\mu_M.$$

Now if we assume  $\phi \geq 0$  and let

$$u = (x_{n+1} - p_{n+1})^2 + \|H_M^{\tan}\|_{L^{\infty}(B_1; \mu_M)}^2 + |D^2 \Phi|_{C^0(B_2)}^2,$$

then we can compute

$$\int \nabla u \cdot \nabla \phi \, d\mu_{M} 
= \int 2\nabla (x_{n+1} - p_{n+1}) \cdot \nabla ((x_{n+1} - p_{n+1})\phi) - 2\phi |\nabla x_{n+1}|^{2} \, d\mu_{M} 
\leq \int c(n) (\|H_{M}^{\tan}\|_{L^{\infty}} + |D^{2}\Phi|_{C^{0}(B_{2})}) (|(x_{n+1} - p_{n+1})\phi| 
+ |\nabla ((x_{n+1} - p_{n+1})\phi)|) - 2|\nabla x_{n+1}|^{2}\phi \, d\mu_{M} 
\leq c(n) \int u\phi + u|\nabla \phi| d\mu_{M}.$$

We can then use Theorem 4.5 to get the required (4.20).

To prove (4.21), we plug in the field  $X = \phi^2(x_{n+1} - p_{n+1})\tilde{e}_{n+1}$  into the first variation and use (4.22) to obtain:

$$\int \phi^{2} |\nabla x_{n+1}|^{2} d\mu_{M}$$

$$\leq \int c(n)(\phi^{2} + \phi |\nabla \phi|)(|\nabla x_{n+1}| + |x_{n+1} - p_{n+1}|)$$

$$\cdot (\|H_{M}^{tan}\|_{L^{\infty}(B_{1})} + |D^{2}\Phi|_{C^{0}(B_{1})})d\mu_{M}$$

$$+ 2\phi \nabla \phi \cdot \nabla x_{n+1}|x_{n+1} - p_{n+1}|d\mu_{M}.$$

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Rearranging, we get

$$\int \phi^{2} |\nabla x_{n+1}|^{2} d\mu_{M} 
\leq \int c(n) (\phi^{2} + |\nabla \phi|^{2}) 
\cdot (\|H_{M}^{\tan}\|_{L^{\infty}}^{2} + |D^{2}\Phi|_{C^{0}(B_{2})}^{2} + |x_{n+1} - p_{n+1}|^{2}) d\mu_{M}.$$

Choosing any fixed  $\phi$  satisfying  $\phi \equiv 1$  on  $B_{\theta}$ , and using the relation

$$|\nabla x_{n+1}|^2|_Z = (T_Z M) : V^{\perp} = \frac{1}{2} |\pi_{T_Z M} - \pi_V|^2,$$

we deduce (4.21).

The height bound (4.20) with the upper-Ahlfors regularity (4.5) imply that mass cannot accumulate near the boundary of our domain.

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COROLLARY 4.8. Given  $\tau, \theta \in (0, 1)$ , there is an  $\epsilon(\Omega^{(0)}, \theta, A, \tau) \leq \epsilon_{\ell}(\Omega^{(0)})$  so that under the assumptions of Corollary 4.7, if M additionally satisfies

$$E(\Phi, M, \Omega, p + V, 0, 1) \le \epsilon^2$$

for some  $V \in \mathcal{P}_{T_0\Omega}$ ,  $p \in V^{\perp}$ , then we have the nonconcentration estimate

PROOF. There is no loss in assuming  $\tau < (1 - \theta)/4$ . From the height bound (4.20), ensuring  $\epsilon(\Omega^{(0)}, \theta, A, \tau)$  is sufficiently small, we have

spt 
$$M \cap B_{\theta} \cap B_{\tau}(\partial \Omega) \subset B_{2\tau}(\partial [\Omega \cap (p+V)])$$
.

We can cover  $B_{\theta} \cap B_{2\tau}(\partial[\Omega \cap (p+V)])$  with balls  $\{B_{\tau}(x_i)\}_{i=1}^{Q}$  such that  $Q \leq c(\Omega^{(0)})\tau^{1-n}$ , and each  $B_{\tau}(x_i) \subset B_{(1+\theta)/2}$ . Therefore by the mass bounds (4.5)

$$\mu_{M}(B_{\theta} \cap B_{\tau}(\partial \Omega)) \leq \sum_{i=1}^{Q} \mu_{M}(B_{\tau}(x_{i})) \leq c(\Omega^{(0)}, A, \theta)\tau. \qquad \Box$$

## 5 Eigenvalues and the Linearized Operator

Let us fix here a polyhedral cone domain  $\Omega^{(0)} = \Omega_0^{(0)^l} \times \mathbb{R}^m \subset \mathbb{R}^{n+1}$  with  $m \ge 1$ . We prove in this section appropriate decay of the linearized problem on the *n*-dimensional planar wedge  $\Omega_0^{(0)} \times \mathbb{R}^{m-1} \subset \mathbb{R}^n$ . Recall that if D is a manifold with possible Lipschitz boundary  $\partial D$ , then  $\phi$  is said to be a Neumann eigenvalue of D with eigenvalue  $\mu$  if it solves

(5.1) 
$$\int_{D} \nabla \phi \cdot \nabla \zeta + \mu \phi \zeta = 0 \quad \forall \zeta \in W^{1,2}(D).$$

Provided D is compact and  $\partial D$  Lipschitz, then standard elliptic theory guarantees the existence of a countable sequence of Neumann eigenvalues  $0 = \mu_0 < \mu_1 \le$  $\cdots \to \infty$ , and corresponding eigenfunctions  $\phi_i \in W^{1,2}(D)$ , so that the  $\phi_i$  form an  $L^2(D)$ -ON basis.

We require the following Lichnerowicz eigenvalue bound for piecewise-convex domains in the sphere. For smooth domains this is classical, while the resulting piecewise-smooth domains follows from a straightforward approximation.

THEOREM 5.1 (Lichnerowicz eigenvalue bound). Let D be a piecewise-smooth, convex domain of  $S^{n-1} \subset \mathbb{R}^n$  (n > 1), and let  $\mu_1$  be the first (nonzero) Neumann eigenvaue,  $\phi$  the first Neumann eigenfunction. Then  $\mu_1 \geq n-1$  and  $\mu_1 = n-1$ if and only if the 1-homogenous extension of  $\phi$  is linear.

PROOF. First assume D is smooth and weakly-convex (in the sense that the second fundamental form of the boundary is  $\geq 0$ ). Let  $\mu$  be a Neumann eigenvalue for D in the sense of (5.1) and u be the corresponding eigenfunction. By standard elliptic regularity,  $u \in C^{\infty}(\overline{D})$  and satisfies  $\partial_n u = 0$  along  $\partial D$ . Therefore we can integrate the Bochner formula

$$\frac{1}{2}\Delta |\nabla u|^2 \ge (n-2)|\nabla u|^2 + \frac{1}{n-1}(\Delta u)^2 - \mu |\nabla u|^2,$$

using the convexity of D and boundary condition on u, to obtain

$$(\mu - (n-1))\frac{n-2}{n-1}\int_{D}|\nabla u|^{2} \ge \int_{D}|\nabla^{2}u|^{2} - \frac{1}{n-1}(\Delta u)^{2}.$$

This proves  $\mu \ge n-1$ . If  $\mu = n-1$ , then we have  $\nabla_{ij}^2 u + u g_{ij} = 0$  ( $g_{ij}$  being the spherical metric), which implies that if we set  $\tilde{u}(x) = |x| u(x/|x|)$  to be the 1-homogenous extension of u, then  $D^2 \tilde{u} = 0$ . This proves Theorem 5.1 in the case when D is smooth.

Now take D to be convex and piecewise-smooth. Let  $\mu$  be the first nonzero Neumann eigenvalue of D, and u the corresponding eigenfunction. Write  $\partial D = \partial^r D \cup \partial^s D$ , where  $\partial^r D$  is smooth. Take any sequence  $\epsilon_i \to 0$ . We can find smooth, weakly convex domains  $D_i \subset D_{i+1} \subset \cdots \subset D$  such that  $D_i = D$  outside  $B_{\epsilon_i}(\partial^s D)$ . Let  $\mu_i$  be the first Neumann nonzero eigenvalues of  $D_i$ , and  $u_i$  the eigenfunctions.

Normalize u,  $u_i$  such that  $||u||_{L^2(D)} = ||u_i||_{L^2(D_i)} = 1$ . It's easy to check, using the Raliegh quotient and standard Sobolev theory, that  $\mu_i \to \mu$  and  $u_i \to u$  in  $L^2(D')$  for every  $D' \subset D$  such that  $D' \cap \partial^s D = \emptyset$ . In fact, by standard elliptic regularity  $u_i \to u$  in  $C^k(D')$ . We deduce that

$$(\mu - (n-1))\frac{n-2}{n-1}\mu \ge \int_{D\setminus\partial^s D} |\nabla^2 u|^2 - \frac{1}{n-1}(\Delta u)^2,$$

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and the rest of the proof follows as in the smooth case.

For general Lipschitz cones, we have the following standard Fourier-type expansion.

LEMMA 5.2. Let D be a Lipschitz subdomain of  $S^{n-1} \subset \mathbb{R}^n$   $(n \geq 2)$ , and let CD be the cone over D. Let  $\mu_i$ ,  $\phi_i$  be the Neumann eigenvalues, eigenfunctions of  $D \subset S^{n-1}$ . Suppose  $u \in W^{1,2}(CD \cap B_1)$  solves

(5.2) 
$$\int Du \cdot D\zeta = 0 \quad \forall \zeta \in C^1(CD) \cap C_c^1(B_1^n).$$

Then we have the expansion in  $W^{1,2}(CD \cap B_1)$ :

$$u(x = r\omega) = \sum_{i=0}^{\infty} a_i r^{\gamma_i} \phi_i(\omega), \quad \gamma_i = -(n-2)/2 + \sqrt{((n-2)/2)^2 + \mu_i}.$$

Here we write r = |x|, and  $\omega = x/|x| \in D$ .

If n = 1 and u satisfies (5.2) for  $CD = \mathbb{R}$  or  $[0, \infty)$ , then u is linear or constant (resp.).

PROOF. This is standard, however for the reader's convenience, and to emphasize that we require no further regularity of u beyond  $W^{1,2}$ , we give a proof in Appendix C.

Combining Theorem 5.1 with Lemma 5.2 gives the following characterization of the linear problem of our model.

PROPOSITION 5.3. Let  $D_0 = \Omega_0^{(0)} \cap S^{l-1}$  and  $D = (\Omega^{(0)} \times \mathbb{R}^{m-1}) \cap S^{n-1}$ . If  $l \geq 2$  let  $\mu_1(D_0)$  be the first Neumann eigenvalue of  $D_0$ ; otherwise let us define  $\mu_1(D_0) = 2$ .

Suppose  $u \in W^{1,2}((\Omega_0^{(0)} \times \mathbb{R}^{m-1}) \cap B_1)$  solves

(5.3) 
$$\int_{\Omega_0^{(0)} \times \mathbb{R}^{m-1}} Du \cdot D\zeta = 0 \quad \forall \zeta \in C_c^1(B_1^n).$$

Then there is an increasing sequence  $\{\alpha_i\}_{i=1}^{\infty}$ , and constants  $b \in \mathbb{R}$ ,  $A \in \{0^l\} \times \mathbb{R}^{m-1}$ ,  $a_i \in \mathbb{R}$ , and  $L^2(D)$ -orthonormal Neumann eigenfunctions  $\psi_i$ , so that we have the expansion in  $W^{1,2}((\Omega_0^{(0)} \times \mathbb{R}^{m-1}) \cap B_1)$ :

$$u(x = r\omega) = b + A \cdot x + \sum_{\alpha_i \ge e}^{\infty} a_i r^{\alpha_i} \psi_i(\omega),$$

which for every fixed r is  $L^2(D)$ -orthogonal, and where

$$e \ge \min \left\{ -(l-2)/2 + \sqrt{((l-2)/2)^2 + \mu_1(D_0)}, 2 \right\} > 1.$$

Remark 5.4. When l=0,1, so  $\Omega^{(0)}$  is  $\mathbb{R}^n$  or a half-space, then  $|\alpha_i| \geq 2$ . When l=2, in which case  $\Omega^{(0)}$  is a wedge formed by two hyperplanes, then  $|\alpha_i| \geq \min\{2, \pi/\gamma\}$ , where  $\gamma$  is the angle of the wedge.

PROOF. If l=0 then u is harmonic in the entire ball  $B_1$ , and then Proposition 5.3 follows by the usual Fourier expansion. Consider now  $l \ge 1$ . Let

$$u(x = r\omega) = \sum_{i=0}^{\infty} a_i r^{\gamma_i} \phi_i(\omega) =: \sum_{i=0}^{\infty} u_i(x)$$

be the expansion of Lemma 5.2. It suffices to show that if  $\gamma_i < e$ , then  $u_i$  is either constant or of the form  $A \cdot x$  for some  $A \in \{0^l\} \times \mathbb{R}^{m-1}$ .

We have  $\mu_0 = \gamma_0 = 0$  and  $\phi_0 = \text{const}$ , so the first term  $u_0$  is a constant. Since D is convex,  $\gamma_1 \ge 1$ .

Suppose  $\gamma_1=1$ , so that  $u_1$  is 1-homogenous. Given  $v\in\{0^l\}\times\mathbb{R}^{m-1}$ , then  $v\cdot Du_1$  is a 0-homogenous solution to (5.3), and hence by the previous paragraph must be constant. We deduce that  $u_1=A\cdot x+\widetilde{u}_1(x)$  for some  $A\in\{0^l\}\times\mathbb{R}^{m-1}$  and some 1-homogenous  $\widetilde{u}_1(x):\Omega_0^{(0)}\cap B_1\to\mathbb{R}$  solving

(5.4) 
$$\int_{\Omega_0^{(0)} \cap B_1} Du_i \cdot D\zeta = 0 \quad \forall \zeta \in C_c^1(B_1^l).$$

However, since  $D_0$  is 0-symmetric, by Lemma 5.2 there are no 1-homogenous solutions to (5.4), and so  $\tilde{u}_1 = 0$ .

Suppose  $\gamma_i \in (1,2)$ . Then for each v as above,  $v \cdot Du_i$  is a  $\gamma_i - 1 \in (0,1)$ -homogenous solution to (5.3), and hence by the previous two paragraphs must be zero. We deduce  $u_i(x) = u_i(\pi_{\mathbb{R}^l \times \{0^{m-1}\}}(x))$  is a function of  $\mathbb{R}^l$  only, and hence solves (5.4). If l = 1, then  $u_i$  must be constant, which is impossible since  $\gamma_i > 1$ . If  $l \geq 2$ , then applying Lemma 5.2 to  $u_i$ , we deduce

$$\gamma_i \ge -(l-2)/2 + \sqrt{((l-2)/2)^2 + \mu_1(D_0)}.$$

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## 6 $L^2$ Excess Decay

In this section we work towards an excess decay theorem (Proposition 6.1), which gives a decay estimate of the  $L^2$  excess E when M looks close to planar, and  $\Omega$  looks close to a cone. At a general point x, for most scales  $\Omega$  will look like one of only finitely many cones, and so in the next section we will be able to use Corollary 6.2 on each model cone to prove decay on all scales. As before, in this section we fix  $\Omega^{(0)}$  a polyhedral cone domain of the form  $\Omega_0^{(0)l} \times \mathbb{R}^m$ , where we assume  $m \geq 1$ .

PROPOSITION 6.1. Let  $e(\Omega_0^{(0)})$  be the exponent bound of Proposition 5.3. For any  $\theta \leq 1/10$ , there are constants  $\delta_0(\Omega^{(0)}, \theta)$ ,  $c_0(\Omega^{(0)})$ , so that the following holds: Let  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\delta_0}(\Omega^{(0)})$  and  $M \in \mathcal{IVT}_n(\Omega, B_1)$  satisfy

(6.1) 
$$E_{\delta_0}(\Phi, M, p + V, 0, 1) \le E \le \delta_0^2, \\ \theta_M(0, 1) \le (7/4)\Theta_{T_0\Omega}, d_{\text{spt}M}(0) \le \delta_0,$$

for some  $p \in V^{\perp}$ ,  $V \in \mathcal{P}_{T_0\Omega}$ .

Then there are  $V' \in \mathfrak{P}_{T_0\Omega}$ ,  $p' \in V'^{\perp}$ , satisfying

$$(6.2) |p - p'| + |\pi_V - \pi_{V'}| \le c_0 E^{1/2},$$

so that

(6.3) 
$$E_{\delta_0}(\Phi, M, p' + V', 0, \theta) \le c_0 \theta^{2(e-1)} E.$$

By iterating Proposition 6.1, we obtain the direct corollary. As a technical aside, instead of using the monotonicity formula (4.1) to iterate Proposition 6.1, one could use Lemma 7.2.

COROLLARY 6.2. There are constants  $\delta_1(\Omega^{(0)})$ ,  $c_1(\Omega^{(0)})$ , and  $\beta(\Omega^{(0)})$  so that the following holds: Let  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\delta_1}(\Omega^{(0)})$ ,  $M \in \mathcal{IVT}_n(\Omega, B_1)$ , and suppose that

(6.4) 
$$E(\Phi, M, p + V, 0, 1) \le E \le \delta_1^2, \\ \theta_M(0, 1) \le (3/2)\Theta_{T_0\Omega}, \ d_{\text{spt }M}(0) \le \rho,$$

for some  $p \in V^{\perp}$ ,  $V \in \mathcal{P}_{T_0\Omega}$ , and some  $0 \le \rho \le 1/2$ .

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Then there are  $V' \in \mathcal{P}_{T_0\Omega}$ ,  $p' \in V'^{\perp} \cap B_1$ , satisfying

$$(6.5) |p-p'| + |\pi_V - \pi_{V'}| \le (c_1 E)^{1/2},$$

such that

(6.6) 
$$E^{\text{tot}}(\Phi, M, p' + V', 0, r) \le c_1 E r^{2\beta} \quad \forall \rho \le r \le 1/2.$$

Remark 6.3. The exact form of the upper bound  $\Theta_{T_0\Omega}$  is flexible. One could equally well use  $\Theta_{\Omega^{(0)}}$  or  $\omega_{n+1}^{-1}\mathcal{H}^{n+1}(\Omega)$ , provided we take  $\delta_1$  sufficiently small. However, in the following section we will find it convenient to use  $T_0\Omega$ .

PROOF OF COROLLARY 6.2. Choose  $\theta(\Omega^{(0)})$  sufficiently small so that  $c_0\theta^{2(e-1)} \le 1/2$ . Ensure  $\delta_1(\Omega^{(0)})$  is sufficiently small so that

$$\delta_1 \le \min\{\epsilon_{mn}, \epsilon_e\}, \quad (3/2)(1 + c_{mn}\delta_1)^{n+1} \le 7/4 \quad c_e\delta_1 \le 1/4,$$

and  $\delta_1 \leq \delta_0^2$  with our choice of  $\theta$ . Here  $\epsilon_{mn}(n)$ ,  $c_{mn}(n)$  are the constants from Lemma 4.1;  $c_e(\Omega^{(0)}, \theta = 1/2, A = 2)$ ,  $\epsilon_e(\Omega^{(0)})$  are from Corollary 4.7, and  $\delta_0(\Omega^{(0)}, \theta)$ ,  $c_0(\Omega^{(0)})$  are from Proposition 6.1.

First suppose  $\rho > \delta_1$ . Then take p' = p, V' = V, and we have trivially

$$E(\Phi, M, p' + V', 0, r) \le \delta_1^{-n-4} r^{2\alpha} E \quad \forall \rho \le r \le 1.$$

Provided we take  $c_1 \ge \delta_1^{-n-4}$ , this proves the theorem.

Let us therefore assume  $\rho \leq \delta_1$ . Define  $r_i = \theta^i$ , and let I be the maximal nonnegative integer for which  $\rho \leq r_I \delta_1$ . If  $\rho = 0$ , then we set  $I = \infty \equiv I + 1$ . For  $i = 0, 1, \ldots, I + 1$ , we define inductively a sequence  $p_i \in B_1, V_i \in \mathcal{P}_{T_0\Omega}$ , so that

(6.7) 
$$r_i^{-1} |p_{i+1} - p_i| + |\pi_{V_{i+1}} - \pi_{V_i}| \le c_0 2^{-i/2} \delta_0^{-1} E^{1/2}$$

and

(6.8) 
$$E_{\delta_0}(\Phi, M, p_i + V_i, 0, r_i) \le 2^{-i} \delta_0^{-2} E.$$

We take  $p_0 = p$ ,  $V_0 = V$ . Suppose, by inductive hypothesis, we have constructed  $p_i$ ,  $V_i$  satisfying (6.8) and (if  $i \ge 1$ ) (6.7). By our choice of I and  $\delta_1$ , Remark 2.9, and monotonicity (4.1), we can apply Proposition 6.1 to the rescaled varifold  $(\eta_{0,r_i})_{\sharp}M$  in  $\Omega_{0,r_i}$  to obtain a  $\tilde{p}_{i+1}$ ,  $\tilde{V}_{i+1}$ . Setting  $p_{i+1} = r_i \tilde{p}_{i+1}$  and  $V_{i+1} = \tilde{V}_{i+1}$ , the required estimates (6.7), (6.8) hold by scaling. This proves the inductive step, and therefore the existence of the required  $p_i$ ,  $V_i$ .

If  $I < \infty$ , then set  $p' = p_I$ ,  $V' = V_I$ . Otherwise, if  $I = \infty$ , then observe that (6.7) implies the  $p_i$ ,  $V_i$  form Cauchy sequences, and so we can take  $p' = \lim_{i \to \infty} p_i$ ,  $V' = \lim_{i \to \infty} V_i$ . For each (finite)  $i \le I$ , we have

(6.9) 
$$r_i^{-1} |p' - p_i| + |\pi_{V'} - \pi_{V_i}| \le c(\Omega^{(0)}) 2^{-i/2} E^{1/2}.$$

In particular, taking i = 0 gives (6.5).

Given  $\rho < r \le 1$ , either  $r \ge \delta_1$ , in which case we set i = 0, or we have a maximal  $i \le I$  for which  $r \le \delta_1 r_i$ . Using (6.9) and (4.5), we compute

$$E(\Phi, M, p' + V', 0, r)$$

$$\leq (\theta \delta_1)^{-n-2} E(\Phi, M, p' + V', 0, r_i)$$

$$\leq c E(\Phi, M, p_i + V_i, 0, r_i) + c |\pi_{V'} - \pi_{V_i}|^2 + c r_i^{-2} |p' - p_i|^2$$

$$\leq c E 2^{-i} = c E r_i^{2\beta} \leq c(\Omega^{(0)}) E r^{2\alpha},$$

where  $\beta = \log(1/2)/\log(\theta)$ . This proves the required  $L^2$  decay of (6.6) for  $\rho \le r \le 1$ . To deduce the decay of  $E^{\text{tot}}$  we use Remark 2.9 to apply Corollary 4.7 at each scale  $\rho \le r \le 1/2$ .

The rest of the section is devoted to proving Proposition 6.1. We first require a definition and some helper theorems.

PROPOSITION 6.4 (Fine graphical approximation). Given any  $\tau$ ,  $\beta$ , there exist constants  $\delta(\tau, \beta, \Omega^{(0)})$  and  $c(\Omega^{(0)})$  so that the following holds: Let  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\delta}(\Omega^{(0)})$ ,  $M \in \mathcal{IVT}_n(\Omega, B_1)$ , satisfy

(6.10) 
$$E(\Phi, M, p + V, 0, 1) \le E \le \delta^{2}, \\ \theta_{M}(0, 1) \le (7/4)\Theta_{T_{0}\Omega}, \quad d_{\text{spt}M}(0) \le \delta,$$

for some  $p \in V^{\perp}$  and  $V \in \mathcal{P}_{T_0\Omega}$ . Then the following holds:

(1) There is a domain  $U \subset p + V$  and  $C^1$  function  $u: U \to V^{\perp}$  satisfying

(6.11) 
$$(p+V) \cap \Omega \cap B_{1/4} \setminus B_{2\tau}(\partial \Omega) \subset U, \quad r^{-1}|u| + |Du| \leq \beta,$$
 and

(6.12) 
$$M \, {}_{\perp} B_{1/2} \setminus B_{\tau}(\partial \Omega) = [\operatorname{graph}(u)].$$

(2) We have the estimates

(6.13) 
$$\sup_{U} |u|^2 + \int_{U} |Du|^2 \le cE$$
 and  $\sup_{z \in \operatorname{spt} \mu_M \cap B_{1/2}} d(z, p + V)^2 \le cE;$ 

(3) for any 
$$\zeta \in C_c^1(p+V, V^{\perp}) \cap C_c^1(B_{1/4})$$
, we have

$$\left| \int_{U} Du \cdot D\zeta \right| \leq c |\zeta|_{C^{1}} (\|H\|_{L^{\infty}(B_{1};\mu_{M})} + |D^{2}\Phi|_{C^{0}(B_{2})} + \tau^{1/2} E^{1/2}).$$

PROOF. Suppose, towards a contradiction, there is a sequence  $\delta_i \to 0$ ,  $p_i \in V_i^\perp$ ,  $V_i \in \mathcal{P}_{T_0\Omega_i}$ ,  $\Omega_i = \Phi_i\left(\Psi_i(\Omega^{(0)})\right) \cap B_1 \in \mathcal{D}_{\delta_i}\left(\Omega^{(0)}\right)$ , and  $M_i \in \mathcal{IVT}_n\left(\Omega_i, B_1\right)$ , satisfying (6.10), but failing conclusion (1). By the height bound (4.20) and our assumption spt  $M_i \cap B_{\delta_i} \neq \emptyset$ , we have  $d(p_i + V_i, 0) \to 0$ , and by Theorem 4.3 we have that  $\|\delta M_i\|$  is uniformly bounded on compact subsets of  $B_1$ . We can therefore find a  $V \in \mathcal{P}_{\Omega^{(0)}}$  and an  $M \in \mathcal{IV}_n(B_1)$ , so that after passing to a subsequence, we get  $p_i \to 0$ ,  $V_i \to V$ , and  $M_i \to M$  on compact subsets of  $B_1$ . Since  $|\Phi_i - \operatorname{Id}|_{C^2(B_2)} \to 0$ ,  $|\Psi_i - \operatorname{Id}| \to 0$ , we have  $\Theta_{T_0\Omega_i} \to \Theta_{T_0\Omega^{(0)}}$ .

Since  $E(\Phi_i, M, p_i + V_i, 0, 1) \rightarrow 0$ , we have

spt 
$$M \subset p + V$$
 and  $\|\delta M\|$  (int  $\Omega^{(0)} \cap B_1$ ) = 0.

Therefore by the constancy theorem  $M \, \lfloor \, \operatorname{int} \Omega^{(0)} = k[p+V] \, \rfloor \, (\operatorname{int} \Omega^{(0)} \cap B_1)$  for some constant k. By the nonconcentration estimate (4.23),  $\mu_M(\partial \Omega^{(0)}) = 0$ , and trivially spt  $\mu_M \subset \Omega^{(0)}$ , and so in fact  $M = k[p+V] \, \rfloor \, (\operatorname{int} \Omega^{(0)} \cap B_1)$ . From lower-regularity (4.19),  $\mu_{M_i}(B_{1/2}) \geq 1/c(\Omega^{(0)})$ , and hence  $\mu_M(B_1) \geq 1/c(\Omega^{(0)})$ . This implies  $k \geq 1$ . On the other hand,

$$\mu_{M}(B_{1}) \leq \liminf_{i} \mu_{M_{i}}(B_{1}) \leq (3/2) \lim_{i} \Theta_{T_{0}\Omega_{i}} = (3/2)\Theta_{T_{0}\Omega^{(0)}},$$

and so  $k \leq 1$ . We deduce k = 1. Since for every  $W \in \operatorname{int} \Omega^{(0)}$  and  $i \gg 1$  the  $M_i \cup W$  have bounded mean curvature (tending to zero) and zero boundary, Allard's theorem [1] implies the convergence is  $C^1$  on compact subsets of  $\operatorname{int} \Omega^{(0)} \cap B_1$ . This proves conclusion (1).

Let us now fix a  $\tau$ , U, and prove conclusions (2) and (3). Ensuring  $\delta(\Omega^{(0)})$  is sufficiently small, there is no loss in assuming  $p+V=\mathbb{R}^n\times\{0\}$ . Given a function  $f:D\subset (p+V)\to V^\perp$ , we can extend f to be defined in  $D\times V^\perp$  by setting  $\tilde{f}(x)=f(p+\pi_V(x-p))$ . Given  $f,g:D\to V^\perp$ , then at  $\mu_M$ -a.e.  $x\in\operatorname{spt} M\cap (D\times V^\perp)$  we have the bound

$$(6.14) |\nabla \widetilde{f} \cdot \nabla \widetilde{g} - D \widetilde{f} \cdot D \widetilde{g}| \le |\pi_{T_x M} - \pi_V|^2 |D \widetilde{f}| |D \widetilde{g}|.$$

In the special case when f = u as defined on U, then

(6.15) 
$$|\nabla \widetilde{u}|^2 = |\nabla x_{n+1}|^2 \le |\pi_{T_x M} - \pi_V|^2.$$

Combining (6.14) and (6.15) with (4.21), and (without loss of generality) ensuring  $\beta \leq \beta(n)$ , we get

$$\int_{U} |Du|^{2} \leq (1 + c(n)\beta^{2}) \int_{B_{1/2}} |D\widetilde{u}|^{2} d\mu_{M}$$

$$\leq c(n) \int_{B_{1/2}} |\pi_{T_{z}M} - \pi_{V}|^{2} d\mu_{M}(z) \leq c(\Omega^{(0)}) E.$$

This completes the  $W^{1,2}$  estimate of conclusion 2; the  $L^{\infty}$  estimates both follow from the sharp height bound (4.20).

We prove conclusion (3). Take  $\zeta \in C_c^1(p+V,V^\perp) \cap C_c^1(B_{1/4})$ . Let  $\phi$  be any function that is 1 on  $B_{1/2}$  and is supported in  $B_1$ . By the height bound (4.20) we can assume that spt  $M \cap \operatorname{spt} \widetilde{\zeta} \subset B_{1/2}$ . Plugging the field  $X = \widetilde{\zeta} \phi \widetilde{e}_{n+1}$  into the first variation (where  $\widetilde{e}_{n+1}$  is defined as in the proof of Corollary 4.7), and noting that X is tangential to  $\Omega$ , we obtain

(6.16) 
$$\left| \int_{B_{1/2}} \nabla \widetilde{\zeta} \cdot \nabla x_{n+1} \, d\mu_{M} \right| \\ \leq c(n) |\zeta|_{C^{1}} ( \|H_{M}^{\tan}\|_{L^{\infty}(B_{1};\mu_{M})} + |D^{2}\Phi|_{C^{0}(B_{2})} ).$$

Let us make some remarks. First, provided  $\beta(n)$  is sufficiently small, the Jacobian Ju of u satisfies the bounds

$$(6.17) 1 \le Ju \le 1 + c(n)|Du|^2.$$

Second, ensuring that  $\delta(\tau, \Omega^{(0)})$  is sufficiently small, by the nonconcentration estimate (4.23) we have

$$\mu_{\mathbf{M}}(B_{\tau}(\partial\Omega)\cap B_{1/2})\leq c(\Omega^{(0)})\tau.$$

Last, using (4.21), this implies that

$$\left| \int_{B_{1/2} \cap B_{\tau}(\partial \Omega)} \nabla \widetilde{\zeta} \cdot e_{n+1} \, d\mu_{M} \right|$$

$$\leq c(\Omega^{(0)}) |\zeta|_{C^{1}} \tau^{1/2} \left( \int_{B_{1/2}} |\pi_{T_{z}M} - \pi_{V}|^{2} \, d\mu_{M}(z) \right)^{1/2}$$

$$\leq c(\Omega^{(0)}) |\zeta|_{C^{1}} \tau^{1/2} E^{1/2}$$

Using conclusions (1) and (2), and equations (6.16), (6.17), and (6.18), we obtain

$$\begin{split} & \left| \int_{U} D\zeta \cdot Du \right| \\ & \leq c\beta |\zeta|_{C^{1}} \int_{U} |Du|^{2} + \left| \int_{B_{1/2} \setminus B_{\tau}(\partial \Omega)} D\widetilde{\zeta} \cdot D\widetilde{u} \, d\mu_{M} \right| \\ & \leq c|\zeta|_{C^{1}} \int_{U} |Du|^{2} + c|\zeta|_{C^{1}} \int_{B_{1/2}} |\pi_{T_{z}M} - \pi_{V}|^{2} \, d\mu_{M}(z) \\ & + \left| \int_{B_{1/2} \setminus B_{\tau}(\partial \Omega)} \nabla \widetilde{\zeta} \cdot e_{n+1} \, d\mu_{M} \right| \\ & \leq c|\zeta|_{C^{1}} E + c|\zeta|_{C^{1}} \tau^{1/2} E^{1/2} + c|\zeta|_{C^{1}} (\|H\|_{L^{\infty}(B_{1};\mu_{M})} + |D^{2}\Phi|_{C^{0}(B_{2})}) \\ & \leq c|\zeta|_{C^{1}} \tau^{1/2} E^{1/2} + c|\zeta|_{C^{1}} (\|H\|_{L^{\infty}(B_{1};\mu_{M})} + |D^{2}\Phi|_{C^{0}(B_{2})}), \end{split}$$

for  $c = c(\Omega^{(0)})$ . The last inequality follows because we can of course assume  $\delta^2 \leq \tau$ . This completes conclusion (3) and the proof of Proposition 6.4.

DEFINITION 6.5. Given sequences  $\beta_i, \delta_i \in \mathbb{R}, \Omega_i = \Phi_i(\Psi_i(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\delta_i}(\Omega^{(0)}), V_i \in \mathcal{P}_{T_0\Omega_i}, p_i \in V_i^{\perp}$ , and  $M_i \in \mathcal{IVT}_n(\Omega, B_1)$ , we say

$$(\Omega^{(0)}, \Omega_i, M_i, p_i + V_i, \beta_i, \delta_i)$$

is a blowup sequence if:

- (1)  $p_i \to 0, V_i \to \mathbb{R}^n \times \{0\}, \beta_i \to 0, \delta_i \to 0$ ;
- (2)  $\mu_{M_i}(B_1) \leq (7/4)\Theta_{T_0\Omega_i}$  and  $d_{\text{spt }M_i}(0) \to 0$ ;
- (3)  $\limsup_{i} \beta_{i}^{-2} E_{\delta_{i}}(\Phi_{i}, M_{i}, p_{i} + V_{i}, 0, 1) < \infty.$

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PROPOSITION 6.6. Let  $(\Omega^{(0)}, \Omega_i, M_i, p_i + V_i, \beta_i, \delta_i)$  be a blowup sequence. Let us write  $p_i + V_i = \operatorname{graph}_{\mathbb{R}^n \times \{0\}} (q_i + \phi_i \cdot x)$  for  $q_i \in \mathbb{R}$  and  $\phi_i \in \{0^l\} \times \mathbb{R}^{m-1}$ . Then there is a  $W^{1,2}$  function  $v : (\Omega_0^{(0)} \times \mathbb{R}^{m-1}) \cap B_{1/4} \to \mathbb{R}$  such that:

(1) v is weakly harmonic with Neumann boundary:

(6.19) 
$$\int_{(\Omega_0^{(0)} \times \mathbb{R}^{m-1}) \cap B_{1/4}} Dv \cdot D\zeta = 0 \quad \forall \zeta \in C_c^1(B_{1/4} \cap (\mathbb{R}^n \times \{0\}));$$

(2) v has the  $W^{1,2}$  bound

(6.20) 
$$\int_{(\Omega_0^{(0)} \times \mathbb{R}^{m-1}) \cap B_{1/4}} v^2 + |Dv|^2 \\ \leq c(\Omega) \Big( \limsup_{i} \beta_i^{-2} E_{\delta_i}(\Phi_i, M_i, p_i + V_i, 0, 1) x \Big);$$

(3) on any compact set  $U \in B_{1/4} \cap (\Omega_0^{(0)} \times \mathbb{R}^{m-1}) \setminus \partial \Omega^{(0)}$ , we have  $L^2$  convergence

(6.21) 
$$\beta_i^{-1} u_i(x + q_i + \phi_i \cdot x) \to v(x);$$

(4) for any  $\rho \leq 1/4$ , we have the  $L^2$  convergence

(6.22) 
$$\beta_i^{-2} \int_{B_{\rho}} d_{p_i + V_i}^2 d\mu_M \to \int_{B_{\rho} \cap (\Omega_0^{(0)} \times \mathbb{R}^{m-1})} v^2.$$

PROOF. Let  $\tau_i \to 0$  sufficiently slowly so that for each i large we can apply Proposition 6.4 to deduce

$$M_i \cap B_{1/2} \setminus B_{\tau_i}(\partial \Omega^{(0)}) = \operatorname{graph}_{p_i + V_i}(u_i),$$

where  $u_i$  is defined on some domain  $U_i$  satisfying

$$(p_i + V_i) \cap B_{1/4} \setminus B_{2\tau_i}(\partial \Omega^{(0)}) \subset U_i \subset p_i + V_i.$$

Write  $E_i = E_{\delta_i}(\Phi_i, M_i, p_i + V_i, 0, 1)$ .

Fix any  $U \in B_{1/4} \cap (\Omega_0^{(0)} \times \mathbb{R}^{m-1}) \setminus \partial \Omega^{(0)}$ . Then for sufficiently large i,  $x \mapsto w_i(x) := u_i(x + q_i + \phi_i \cdot x)$  is well-defined, and parametrizes a subset of spt  $M_i$ . For  $x \in U$ , we have

$$Dw_i(x) = (1 + o(1))Du_i(x + q_i + \phi_i \cdot x), \quad 1 \le J(x) \le 1 + o(1),$$

where J(x) is the Jacobian of  $x \mapsto x + q_i + \phi_i \cdot x$ . It follows from Proposition 6.4 that

(6.23) 
$$\int_{U} |w_{i}|^{2} + |Dw_{i}|^{2} \le cE_{i}, \quad \sup_{U} |w_{i}|^{2} \le cE_{i},$$

and for any  $\zeta \in C_c^1(B_{1/4})$ ,

(6.24) 
$$\left| \int_{U} D\zeta \cdot Dw_{i} \right| \leq o(1)|\zeta|_{C^{1}} E_{i}^{1/2}.$$

If  $v_i = \beta_i^{-1} w_i$ , then (6.23) (and our definition of blowup sequence) shows that the  $v_i$  are bounded in  $W^{1,2}(U)$ , with a bound independent of either i or U. A diagonalization argument implies there is a  $v \in W^{1,2}(B_{1/4} \cap (\Omega_0^{(0)} \times \mathbb{R}^{m-1}))$  satisfying the bound (6.20), so that for every U as above  $v_i \to v$  strongly in  $L^2(U)$  and weakly in  $W^{1,2}(U)$ .

From (6.23) we have

(6.25) 
$$\sup |v|^2 \le c(\Omega^{(0)}),$$

and from (6.24) we get that v satisfies the required (6.19). The strong  $L^2$  convergence (6.22) follows from the  $L^\infty$  bounds (6.25), (6.13), and (4.23) and the fact

$$\int_{B_{\rho} \setminus B_{\tau_{i}}(\partial \Omega^{(0)})} d_{p_{i}+V_{i}}^{2} d\mu_{M} = (1+o(1)) \int_{U_{i}} |u_{i}|^{2}.$$

DEFINITION 6.7. Let us call any v as obtained in Proposition 6.6 a *Jacobi field* on  $\Omega_0^{(0)} \times \mathbb{R}^{m-1}$ .

We are now ready to prove Proposition 6.1.

PROOF OF PROPOSITION 6.1. Suppose, towards a contradiction, there is a sequence  $\delta_i \to 0$ ,  $V_i \in \mathcal{P}_{T_0\Omega_i}$ ,  $p_i \in V_i^{\perp}$ ,  $\Omega_i = \Phi_i(\Psi_i(\Omega^{(0)})) \in \mathcal{D}_{\delta_i}(\Omega^{(0)})$ , and  $M_i \in \mathcal{IVT}_n(\Omega_i, B_1)$  such that

$$E_i := E_{\delta_i}(\Phi_i, M_i, p_i + V_i, 0, 1) \le \delta_i^2,$$
  
$$\mu_{M_i}(B_1) \le (7/4)\Theta_{T_0\Omega_i}, \text{ spt } M_i \cap B_{\delta_i} \ne \emptyset,$$

but for which

$$E_{\delta_i}(\Phi_i, M_i, p' + V', 0, \theta) \ge c_0 \theta^{2(e-1)} E_i$$

for all p' + V' satisfying (6.2). Here  $c_0$  is a constant depending only on  $\Omega^{(0)}$  that we will choose later.

Let  $\beta_i^2 = E_{\delta_i}(\Phi_i, M_i, p_i + V_i, 0, 1)$ , so of course  $\beta_i \to 0$  also. From the height bound (4.20), we can assume  $p_i \to 0$ , and after passing to a subsequence and rotating as necessary, we can assume  $V_i \to \mathbb{R}^n \times \{0\}$ . Then  $(\Omega^{(0)}, \Omega_i, M_i, p_i + V_i, \beta_i, \delta_i)$  is a blowup sequence, and we can apply Proposition 6.6 to obtain a Jacobi field v satisfying

$$\int_{\Omega_0^{(0)} \times \mathbb{R}^{m-1}} Dv \cdot D\zeta = 0 \quad \forall \zeta \in C_c^1(B_{1/4} \cap (\mathbb{R}^n \times \{0\})),$$

and the  $W^{1,2}$  estimate

$$\int_{(\Omega_0^{(0)} \times \mathbb{R}^{m-1}) \cap B_{1/4}} |v|^2 + |Dv|^2 \le c(\Omega^{(0)}).$$

From Proposition 5.3, we can expand in  $W^{1,2}$ 

(6.26) 
$$v(x = r\omega) = b + A \cdot x + \sum_{i} a_{i} r^{\alpha_{i}} \phi_{i}(\omega)$$

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for some  $A \in \{0^l\} \times \mathbb{R}^{m-1}$  and  $\alpha_i \ge e > 1$  for  $e(\Omega_0^{(0)})$  as in 5.3. Using the  $L^2((\Omega_0^{(0)} \times \mathbb{R}^{m-1}) \cap S^{n-1})$ -orthogonality of this expansion for every fixed r, we get

(6.27) 
$$|b|^2 + |A|^2 + \sum_{i} \frac{a_i^2 (1/4)^{2\alpha_i + n}}{2\alpha_i + n} \le c(\Omega^{(0)}).$$

Let us write

$$p_i + V_i = \operatorname{graph}_{\mathbb{R}^n \times \{0\}} (q_i + \phi_i \cdot x)$$

for  $q_i \in \mathbb{R}$  and  $\phi_i \in \{0^l\} \times \mathbb{R}^{m-1}$ . Now define the new affine planes

$$p'_i + V'_i = \operatorname{graph}_{\mathbb{R}^n \times \{0\}} (q_i + \beta_i b + (\phi_i + \beta_i A) \cdot x).$$

Since  $A \in \{0^l\} \times \mathbb{R}^{m-1}$ , we have  $V_i' \in \mathcal{P}_{\Omega^{(0)}}$ , and we can take  $p_i' \in {V_i'}^{\perp}$ . By definition of the  $p_i', V_i'$ , and by considering the analytic maps

$$\phi \mapsto \pi_{\phi} := \pi_{\operatorname{graph}_{\mathbb{R}^n \times \{0\}}(\phi : X)} \quad (q, \phi) \mapsto \pi_{\phi}^{\perp}(qe_{n+1}),$$

we have

$$(6.28) |p_i - p_i'| + |\pi_{V_i} - \pi_{V_i'}| \le c(n)\beta_i(|b| + |A|) \le c_{d,1}(\Omega^{(0)})\beta_i.$$

Therefore,  $(\Omega^{(0)}, \Omega_i, M_i, p_i' + V_i', \beta_i, \delta_i)$  is a blowup sequence also, and we can again use Proposition 6.6 to obtain a new Jacobi field v' (with, a priori, a slightly worse  $W^{1,2}$  bound than v).

There is a sequence  $\tau_i \to 0$  so that we can write

(6.29) 
$$M_i \cap B_{1/2} \setminus B_{\tau_i}(\partial \Omega^{(0)}) = \operatorname{graph}_{p_i + V_i}(u_i) = \operatorname{graph}_{p'_i + V'_i}(u'_i),$$

where, for any compact subset  $U \subseteq B_{1/4} \cap (\operatorname{int} \Omega_0^{(0)} \times \mathbb{R}^{m-1})$ , we have

(6.30) 
$$|u_i(x+q_i+\phi_i\cdot x)|_{C^1(U)} + |u_i'(x+q_i+\beta_i b + (\phi_i+\beta_i A)\cdot x)|_{C^1(U)} \to 0$$
  
and (from Proposition 6.6.3)

(6.31) 
$$\beta_i^{-1} u_i(x + q_i + \phi_i \cdot x) \to v$$
,  $\beta_i^{-1} u_i'(x + q_i + \beta_i p + (\phi_i + \beta_i A) \cdot x) \to v'$ , in  $L^2(U)$ .

From (6.29) and (6.30) and since  $|p_i| + |\phi_i| \to 0$ , we have that for every  $x \in U$ ,

(6.32) 
$$|u_i'(x + q_i + \beta_i p + (\phi_i + \beta_i A) \cdot x) - u_i(x + q_i + \phi_i \cdot x) - \beta_i p - \beta_i A \cdot x|$$

$$\leq o(1)\beta_i,$$

where  $o(1) \to 0$  as  $i \to \infty$ . By (6.31) and (6.32), we deduce that

$$v'(x) = v(x) - b - A \cdot x = \sum_{i} a_i r^{\alpha_i} \phi_i(x),$$

where  $a_i$  as in equation (6.26).

$$\int_{B_{\theta} \cap (\Omega_0^{(0)} \times \mathbb{R}^{m-1})} |v'|^2 = \sum_i \frac{a_i^2 \theta^{2\alpha_i + n}}{2\alpha_i + n} \le c_{d2}(\Omega^{(0)}) (4\theta)^{n + 2e}.$$

Provided we take  $c_0$  larger than  $c_{d1}$  and  $8^{4+n}c_{d2}$ , then by the strong  $L^2$  convergence

$$\beta_i^{-2} \int_{B_{\theta}} d_{p_i' + V_i'}^2 d\mu_M \to \int_{B_{\theta} \cap (\Omega_0^{(0)} \times \mathbb{R}^{m-1})} |v'|^2,$$

we obtain a contradiction (we remind the reader that the H and  $\Phi$  terms of E decay gratuitously). This completes the proof of Proposition 6.1.

# 7 Regularity

The main theorem of this section is the following decay estimate, which we shall prove by induction on the boundary strata  $\partial_i \Omega$ . The idea is that we can use the decay of Proposition 6.1 (or rather Corollary 6.2) whenever  $\Omega$  resembles a polyhedral cone. If we hit a radius at which  $\Omega$  stops resembling a cone, then by recentering on a lower stratum and dropping a controllable number of scales,  $\Omega$  will start looking like a cone.

Although the  $L^2$ ,  $W^{1,2}$ , and  $L^{\infty}$  distances to planes are all effectively comparable when  $\Omega$  resembles a cone (and the plane lies in the "good" space  $\mathcal{P}_{T_0\Omega}$ ), as we traverse scales and cone types, it will be convenient to prove a decay on the  $L^2$ ,  $W^{1,2}$ , and  $L^{\infty}$  excesses simultaneously. The proof is no more involved than proving a decay on the  $L^2$  by itself.

As in the previous sections, we fix here a polyhedral cone domain  $\Omega^{(0)} = \Omega_0^{(0)l} \times \mathbb{R}^m$  having  $m \ge 1$ .

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THEOREM 7.1. There are constants  $c_3(\Omega^{(0)})$ ,  $\delta_3(\Omega^{(0)})$ ,  $\alpha(\Omega^{(0)})$  so that the following holds. Let  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\delta_3}(\Omega^{(0)})$ ,  $M \in \mathcal{IVI}_n(\Omega, B_1)$  satisfy

(7.1) 
$$E(\Phi, M, p + V, 0, 1) \le E \le \delta_3^2, \quad \theta_M(0, 1) \le (3/2)\Theta_{T_0\Omega},$$

for some  $p \in V^{\perp}$ ,  $V \in \mathcal{P}_{T_0\Omega}$ .

Then for every  $x \in \operatorname{spt} M \cap B_{1/16}$ , there is plane  $V_x \in \mathcal{P}_{T_x\Omega}$  so that

$$|\pi_V - \pi_{V_x}| \le c_3 E^{1/2},$$

and for all 0 < r < 1/4,

(7.3) 
$$E^{\text{tot}}(\Phi, M, x + V_x, x, r) \le c_3 r^{2\alpha} E.$$

We require first a helper lemma.

LEMMA 7.2. Given any  $\epsilon > 0$ , there is a  $\delta_4(\Omega^{(0)}, \epsilon)$  so that the following holds. Let  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\delta_4}(\Omega^{(0)})$  and  $M \in \mathcal{IVT}_n(\Omega, B_1)$  satisfy

(7.4) 
$$E(\Phi, M, p + V, 0, 1) \le \delta_4^2, \quad \theta_M(0, 1) \le (7/4)\Theta_{T_0\Omega},$$

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for some  $p \in V^{\perp}$ , and some  $V \in \mathcal{P}_{T_0\Omega}$ . Then given any  $x \in \Omega \cap B_1$  and  $r \geq \epsilon$ , so that  $B_r(x) \subset B_{1-\epsilon}$ , we have

(7.5) 
$$\theta_{\mathbf{M}}(x,r) \le (3/2)\Theta_{T_x\Omega}.$$

PROOF BY CONTRADICTION. Suppose there is a sequence  $\delta_i \to 0$ , domains  $\Omega_i = \Phi_i(\Psi_i(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\delta_i}(\Omega^{(0)})$ , and varifolds  $M_i \in \mathcal{IVT}_n(\Omega_i, B_1)$ , so that

$$E(\Phi_i, M_i, p_i + V_i, 0, 1) \to 0, \quad \theta_{M_i}(0, 1) \le (7/4)\Theta_{T_0\Omega_i},$$

for some sequence  $V_i \in \mathcal{P}_{T_0\Omega_i}$ ,  $p_i \in V_i^{\perp}$ , but there are points  $x_i \in \Omega_i \cap B_1$  and radii  $r_i \geq \epsilon$  such that

$$B_{r_i}(x_i) \subset B_{1-\epsilon}, \quad \theta_{M_i}(x_i, r_i) \geq (3/2)\Theta_{T_{x_i}\Omega_i}.$$

By the height bound (4.20) there is no loss in assuming the  $p_i$  are bounded, as otherwise we would have spt  $M_i \cap B_1 = \emptyset$  for large i. We can therefore pass to a subsequence and get convergence  $p_i \to p' \in \mathbb{R}^{n+1}$ ,  $V_i \to V' \in \mathcal{P}_{T_0\Omega^{(0)}}$ ,  $x_i \to x \in B_1$ ,  $r_i \to r \ge \epsilon$ , so that  $B_r(x) \subset B_{1-\epsilon}$ , and  $M_i \to M'$  for some  $M' \in \mathcal{IV}_n(B_1)$ . As in the proof of Proposition 6.4, we must have  $M' = [p' + V'] \cup (\operatorname{int} \Omega^{(0)} \cap B_1)$ .

For a.e.  $1 - |x| > \rho > r$  we have by the lower-semicontinuity (2.10):

$$\mu_{\boldsymbol{M}}(B_{\rho}(x)) = \lim_{i} \mu_{\boldsymbol{M}_{i}}(B_{\rho}(x))$$

$$\geq \lim_{i} \sup \mu_{\boldsymbol{M}_{i}}(B_{r_{i}}(x_{i})) \geq (3/2)\Theta_{T_{x}\Omega^{(0)}}\omega_{n}r^{n}.$$

On the other hand, since  $V \in \mathcal{P}_{\Omega^{(0)}}$ , we can use monotonicity (2.6) to get

$$\mu_{M}(B_{\rho}(x)) = \mathcal{H}^{n}((p+V) \cap \Omega^{(0)} \cap B_{\rho}(x))$$

$$\leq \mathcal{H}^{n}((x+V) \cap \Omega^{(0)} \cap B_{\rho}(x)) \leq \Theta_{T_{\nu}\Omega^{(0)}}\omega_{n}\rho^{n},$$

which is a contradiction for  $\rho$  sufficiently close to r.

PROOF OF THEOREM 7.1. There is no loss in assuming  $p \in B_1$ . Let  $B(\Omega^{(0)})$  be as in Lemma 2.8. Observe that since the set  $\{T_z\Omega^{(0)}\}_z$  is finite, any constant that depends on some  $T_z\Omega^{(0)}$  can be made to depend only on  $\Omega^{(0)}$ . In particular, let us choose  $\alpha$  by setting

$$\alpha = \min\{\beta(T_z\Omega^{(0)})\}_z$$

where  $\beta$  as in Corollary 6.2. In the following c will denote a generic constant  $\geq 1$  depending only on  $\Omega^{(0)}$ , which may increase from line to line.

Take  $x \in \partial_{m+i}\Omega \cap B_{1/16}$  (note  $i \geq 0$ ). Let  $x_i = x$ , and then for  $j = i, \ldots, 1$  define  $x_{j-1} \in \partial_{m+j-1}\Omega$  to be the point realizing  $d(x_j, \partial_{m+j-1}\Omega)$ . Let us formally define  $(B/2)|x_0 - x_{-1}| = 1/8$ .

Let  $i_0 = i$ . If i = 0, let J = 0. Otherwise, define inductively j = 0, 1, ..., J by the conditions that  $0 \le i_{j+1} < i_j$ , and

$$|x_{i_j} - x_{i_{j+1}}| + B|x_{i_j} - x_{i_{j-1}}| \le (B/2)|x_{i_{j+1}} - x_{i_{j+1}-1}|,$$

$$|x_{i_j} - x_k| + B|x_{i_j} - x_{i_j-1}| > (B/2)|x_k - x_{k-1}| \quad \forall k = i_{j+1} + 1, \dots, i_j - 1.$$

Note that since  $|x| \le 1/16$ ,  $0 \in \partial_m \Omega$ , and by Lemma 2.8(1) we have (by taking  $\delta_3(n)$  small)

$$|x_{i_i} - x_k| + B|x_{i_i} - x_{i_i-1}| \le (3/2)|x_{i_i}| \le (3/2)(1 + c_B\delta_3)|x| \le 1/8$$

for every  $k \le i_j - 1$ , and in particular we have  $i_J = 0$ .

Let  $r_0^- = 0$ . Define

$$r_j^+ = B|x_{i_j} - x_{i_j-1}| \quad (j = 0, ..., J),$$
  
 $r_i^- = 2r_{i-1}^+ + 2|x_{i_{j-1}} - x_{i_j}| \quad (j = 1, ..., J).$ 

Note that since  $i_J = 0$ , we have  $r_J^+ = 1/4$ . By construction we have the inclusions

$$(7.6) x \in B_{r_{j-1}}(x_{i_{j-1}}) \subset B_{r_{j-1}}(x_{i_{j-1}}) \subset B_{r_{j}}(x_{i_{j}}) \subset B_{1}(0).$$

Now for  $j = 0, 1, \dots, J - 1$  we have

$$|x_{i_{j}} - x_{i_{j+1}}| \leq |x_{i_{j}} - x_{i_{j+1}+1}| + |x_{i_{j+1}+1} - x_{i_{j+1}}|$$

$$\leq |x_{i_{j}} - x_{i_{j+1}+1}| + (2/B)(|x_{i_{j}} - x_{i_{j+1}+1}| + B|x_{i_{j}} - x_{i_{j-1}}|)$$

$$\leq 2|x_{i_{j}} - x_{i_{j-1}}| + (1 + 2/B)|x_{i_{j}} - x_{i_{j+1}+1}|$$

$$\leq 2(1 + (1 + 2/B))|x_{i_{j}} - x_{i_{j-1}}| + (1 + 2/B)^{2}|x_{i_{j}} - x_{i_{j+1}+2}|$$

$$\vdots$$

$$\leq c(n, B)|x_{i_{j}} - x_{i_{j-1}}|.$$

Therefore

$$\frac{r_{j}^{+}}{r_{j+1}^{-}} = \frac{B|x_{i_{j}} - x_{i_{j}-1}|}{2|x_{i_{j}} - x_{i_{j}+1}| + 2B|x_{i_{j}} - x_{i_{j}-1}|} 
= \frac{1}{(2/B)\frac{|x_{i_{j}} - x_{i_{j}+1}|}{|x_{i_{j}} - x_{i_{j}-1}|} + 1} 
\geq \frac{1}{c(\Omega^{(0)})}.$$
(7.7)

For ease of notation let us set  $\tilde{x}_j = x_{i_j}$ . Then we shall prove for j = J  $J - 1, \ldots, 0$  the following statement, which we call  $(\dagger_j)$ : There is a  $\Lambda_j(\Omega^{(0)})$ ,  $V_j \in T_{\tilde{x}_j}\Omega$ , and  $p_j \in V_j^{\perp}$  so that

(7.8) 
$$E^{\text{tot}}(M, p_j + V_j, \widetilde{x}_j, r) \leq \Lambda_j r^{2\alpha} E \quad \forall r_j^- \leq r \leq 1/4,$$

and

(7.9) 
$$\theta_{M}(\widetilde{x}_{j}, r) \leq (7/4)\Theta_{T_{\widetilde{x}_{j}}\Omega} \quad \forall r_{j}^{-} \leq r \leq r_{j}^{+}$$

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and

$$(7.10) |p_j - p| + |\pi_{V_j} - \pi_V| \le \Lambda_j^{1/2} E^{1/2} (r_j^+)^{\alpha}.$$

Observe that (7.8) implies that

$$d(x, p_j + V_j) \le c(r_i^-)^{\alpha},$$

and hence when j=0, we have  $p_0+V_0=x+V_0$ . Since  $x=\widetilde{x}_0$ , we have  $V_0\in T_x\Omega$ , and (7.10) implies that

$$|\pi_{V_x} - \pi_V| \le c(\Omega^{(0)}) E^{1/2}.$$

Therefore when j = 0,  $(\dagger_0)$  implies our theorem.

To prove  $(\dagger_j)$  we induct downwards on j. If j = J, then let us set  $\widetilde{x}_{J+1} = 0$ ,  $r_{J+1}^- = 1/4$ ,  $\Lambda_{J+1} = 4^{n+4}$ ,  $p_{J+1} = p$ ,  $V_{J+1} = V$ , and proceed as below. Otherwise, let us assume by hypothesis that  $(\dagger_{j+1})$  holds. We prove  $(\dagger_j)$ .

We have

(7.11) 
$$E^{\text{tot}}(\Phi, M, p_{j+1} + V_{j+1}, \tilde{x}_{j+1}, r) \le \Lambda_{j+1} r^{2\alpha} E$$

for all  $r_{i+1}^- \le r \le 1/4$ , and

$$\theta_{M}(\widetilde{x}_{j+1}, r_{j+1}^{-}) \leq (7/4)\Theta_{T_{\widetilde{x}_{j+1}}\Omega}.$$

Since  $B_{r_j^+}(\widetilde{x}_j) \subset B_{r_{j+1}^-/2}(\widetilde{x}_{j+1})$  and  $r_j^+/r_{j+1}^- \ge 1/c(\Omega^{(0)})$ , we can use (7.15) and apply Lemma 7.2 to deduce

$$\theta_{M}(\widetilde{x}_{j}, r_{j}^{+}) \leq (3/2)\Theta_{T_{\widetilde{x}_{j}}\Omega},$$

and hence by monotonicity (4.1) we get

(7.12) 
$$\theta_{M}(\widetilde{x}_{j}, r) \leq (7/4)\Theta_{T_{\widetilde{x}_{j}}}\Omega \quad \forall r \leq r_{j}^{+}.$$

(7.11) implies we can find a  $q'_j \in p_{j+1} + V_{j+1}$  so that

$$|x - q_j'| \le \Lambda_{j+1}^{1/2} E^{1/2} (r_{j+1}^-)^{1+\alpha} \le r_{j+1}^-$$

for  $\delta_3(\Lambda_{j+1},\Omega^{(0)})$  sufficiently small. In particular, we have  $|\widetilde{x}_j-q_j'|\leq c\,r_j^+$ . As per Lemma 2.8, choose  $V_j'\in\mathcal{P}_{T_{\widetilde{x}_j}\Omega}$  such that

$$(7.13) |\pi_{V_{j+1}} - \pi_{V_j'}| \le c(\Omega^{(0)}) E^{1/2} |\widetilde{x}_j - \widetilde{x}_{j+1}| \le c E^{1/2} r_j^+.$$

Then, using (7.6) and (7.7), we have

(7.14) 
$$E^{\infty}(M, q'_{j} + V'_{j}, \widetilde{x}_{j}, r_{j}^{+})$$

$$= (r_{j}^{+})^{-2} \sup_{z \in B_{r_{j}^{+}}(\widetilde{x}_{j})} |\pi^{\perp}_{V'_{j}}(z - q'_{j})|^{2}$$

$$= c|\pi_{V'_{j}} - \pi_{V_{j+1}}|^{2} + cE^{\infty}(\Phi, M, p_{j+1} + V_{j+1}, \widetilde{x}_{j+1}, r_{j+1}^{-})$$

$$\leq c(1 + \Lambda_{j+1})(r_{j}^{+})^{2\alpha} E,$$

$$E^{W}(M, V'_{j}, \widetilde{x}_{j}, r_{j}^{+}) + E(\Phi, M, q'_{j} + V'_{j}, \widetilde{x}_{j}, r_{j}^{+})$$

$$\leq c(1 + \Lambda_{j+1})(r_{j}^{+})^{2\alpha} E.$$

By Lemma 2.8, there is a  $z \in \Omega^{(0)}$ , a linear isomorphism  $\beta : \mathbb{R}^{n+1} \to \mathbb{R}^{n+1}$ , and a  $C^2$  mapping  $\alpha : B_2 \to \mathbb{R}^{n+1}$  such that  $\Omega_{\widetilde{\chi}_j, r_j^+} \in \mathcal{D}_{c\delta_3}(T_x\Omega^{(0)})$  and

$$E^{\text{tot}}(\alpha, (\eta_{\widetilde{x}_{j}, r_{j}^{+}})_{\sharp} M, \eta_{\widetilde{x}_{j}, r_{j}^{+}}(q_{j}'), V_{j}', 0, 1) \leq 2E^{\text{tot}}(\Phi, M, q_{j}' + V_{j}', \widetilde{x}_{j}, r_{j}^{+})$$

$$(7.15) \qquad \leq c(1 + \Lambda_{j+1})(r_{j}^{+})^{2\alpha} E.$$

By (7.12) and (7.15), provided  $\delta_3(\Omega^{(0)}, \Lambda_{j+1})$  is sufficiently small, we can apply Corollary 6.2 to deduce: there is a  $V_j \in T_{\widetilde{x}_j}\Omega$ ,  $p_j \in V_j^{\perp}$  so that

(7.16) 
$$E^{\text{tot}}(\Phi, M, p_j + V_j, \widetilde{x}_j, r) \le c(1 + \Lambda_{j+1})r^{2\alpha}E \quad \forall r_j^- \le r \le r_j^+,$$
 (recall that  $|x - \widetilde{x}_j| \le r_j^-$ ) and

$$(7.17) |\pi_{V_j} - \pi_{V_j'}| \le (c(1 + \Lambda_{j+1})E)^{1/2} (r_j^+)^{\alpha}.$$

Combining (7.13) and (7.17) we get

$$(7.18) |\pi_{V_j} - \pi_{V_{j+1}}| \le (c(1 + \Lambda_{j+1}))^{1/2} E^{1/2} (r_j^+)^{\alpha},$$

which with (7.10) implies

$$(7.19) |\pi_{V_j} - \pi_V| \le (c(1 + \Lambda_{j+1}))^{1/2} E^{1/2}.$$

On the other hand, we can estimate

$$|p_{j} - p| \leq |\pi_{V_{j}}^{\perp}(x - p_{j})| + |\pi_{V}^{\perp}(x - p)| + |\pi_{V_{j}} - \pi_{V}|$$

$$\leq r_{j}^{+}E(M, \Phi, p_{j} + V_{j}, \widetilde{x}_{j}, r_{j})^{1/2} + E(M, \Phi, p + V, 0, 1)^{1/2}$$

$$+ (c(1 + \Lambda_{j+1}))^{1/2}E^{1/2}$$

$$\leq (c(1 + \Lambda_{j+1}))^{1/2}E^{1/2}.$$
(7.20)

Finally, we must show decay (7.16) for  $r \ge r_j^+$ . (7.16) implies that we can find a  $q_j \in p_j + V_j$  such that

$$|x - q_j| \le (c(1 + \Lambda_{j+1}))^{1/2} E^{1/2} (r_j^+)^{1+\alpha} \le r_j^+$$

and hence

$$(7.21) |q_j - q_j'| \le (c(1 + \Lambda_{j+1}))^{1/2} E^{1/2} (r_j^+)^{1+\alpha}, \quad \text{and} \quad |\tilde{x}_j - q_j| \le c r_j^+.$$

Therefore, using (7.18), (7.21), (7.6), and (7.7), we have for  $r_i^+ \le r \le (1/4)(r_i^+/r_{i+1}^-)$ :

$$E^{\infty}(\Phi, M, p_j + V_j \equiv q_j + V_j, \widetilde{x}_j, r)$$

$$= r^{-2} \sup_{z \in B_r(\widetilde{x}_j) \cap \operatorname{spt} M} |\pi_{V_j}(z - q_j)|^2 \le$$

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$$\leq c |\pi_{V_{j}} - \pi_{V_{j+1}}|^{2} + r^{-2}|q_{j} - q'_{j}| + cE^{\infty}(\Phi, M, q'_{j} + V_{j+1}, \widetilde{x}_{j+1}, rr_{j+1}^{-}/r_{j}^{+}) \leq c(1 + \Lambda_{j+1})Er^{2\alpha}.$$

On the other hand, when  $(1/4)r_j^+/r_{j+1}^- \le r \le 1/4$ , then we have  $r \ge 1/c(\Omega^{(0)})$ , and hence we can estimate using (7.19), (7.20):

$$E^{\infty}(\Phi, M, p_j + V_j, \tilde{x}_j, r)$$

$$\leq c |\pi_{V_j} - \pi_V|^2 + c |p_j - p|^2 + E^{\infty}(\Phi, M, p + V, 0, 1)$$

$$\leq c (1 + \Lambda_{j+1}) E \leq c (1 + \Lambda_{j+1}) E r^{2\alpha}.$$

Bounds on  $E^W$  and E follow by similar computations.

Provided we take  $\Lambda_j \geq c(1+\Lambda_{j+1})$  sufficiently big, depending only on  $c(\Omega^{(0)})$  and  $\Lambda_{j+1}$ , this proves  $(\dagger_j)$ .

PROOF OF THEOREM 3.1. Take  $\delta(\Omega^{(0)})$  sufficiently small so that we can apply Theorem 7.1. Given  $x \in \operatorname{spt} M \cap B_{1/16}$ , let  $V_x \in \mathcal{P}_{T_x\Omega}$  be as in Theorem 7.1. Given  $x, y \in \operatorname{spt} M \cap B_{1/16}$ , using (4.19) and (7.3) we can estimate

$$\begin{split} &\frac{1}{c\left(\Omega^{(0)}\right)}|\pi_{V_{x}}-\pi_{V_{y}}|^{2} \\ &\leq |x-y|^{-n}\mu_{M}(B_{|x-y|}(x))|\pi_{V_{x}}-\pi_{V_{y}}|^{2} \\ &\leq 2|x-y|^{-n}\int_{B_{|x-y|}(x)}|\pi_{V_{x}}-\pi_{T_{z}M}|^{2}+|\pi_{V_{y}}-\pi_{T_{z}M}|^{2}d\mu_{M} \\ &\leq 2E^{\text{tot}}(\Phi,M,x+V_{x},x,|x-y|)+2E^{\text{tot}}(\Phi,M,y+V_{y},y,2|x-y|) \\ &\leq c\left(\Omega^{(0)}\right)|x-y|^{2\alpha}E, \end{split}$$

and hence

$$(7.22) |\pi_{V_x} - \pi_{V_y}| \le c(\Omega^{(0)}) E^{1/2} |x - y|^{\alpha}.$$

This effectively shows that spt M lies inside some  $C^{1,\alpha}$  graph. We must show that spt M fills out this entire graph, and the same holds true for  $(\Phi^{-1})_{\sharp}M$ . We first prove two auxiliary claims.

Claim 1. For all  $x \in \operatorname{int} \Omega \cap \operatorname{spt} M \cap B_{1/16}$ , we have

$$\frac{1}{r}d_H(\operatorname{spt} M \cap B_r(x), (x+V_x) \cap B_r(x)) \to 0 \quad \text{as } r \to 0.$$

We prove this by contradiction. Otherwise, suppose there is a sequence  $r_i \to 0$  and  $\epsilon > 0$  so that

(7.23) 
$$\frac{1}{2r_i}d_H(\operatorname{spt} M \cap B_{r_i}(x), (x + V_x) \cap B_{r_i}(x))$$

$$\equiv d_H(\operatorname{spt} M_i \cap B_{1/2}, V_x \cap B_{1/2})$$

$$\geq \epsilon \quad \forall i$$

where  $M_i = (\eta_{x,r_i})_{\sharp} M$ . Since  $E^{\infty}(M_i, V_x, 0, 1) \to 0$  as  $r \to 0$ , we can argue as in Proposition 6.4, using Theorem 4.3 and Corollary 4.8, to deduce that (after passing to a subsequence)

$$M_i \rightarrow [V_x]$$

as varifolds in  $B_1$ . The lower bound (4.19) then implies that spt  $M_i \cap B_{1/2} \to V_x \cap B_{1/2}$  in the Hausdorff distance, which is a contradiction for large i. This proves Claim 1.

Claim 2. We have spt  $M \cap B_{1/512} \cap \operatorname{int} \Omega \neq \emptyset$ .

On the one hand, by (4.19) we have  $\lim_{r\to 0} r^{-n} \mu_M(B_r(x)) > 0$  for every  $x \in \operatorname{spt} M$ . On the other hand, for every  $x \in \operatorname{spt} M \cap B_{1/16} \cap \partial \Omega$  the decay bound (7.3) and nonconcentration estimate (4.23) imply

$$\limsup_{r\to 0} r^{-n} \mu_{M}(B_{r}(x) \cap \partial\Omega) = 0.$$

Since spt  $M \cap B_{1/512} \neq \emptyset$ , this proves Claim 2.

Let  $M_{\Phi} = (\Phi^{-1})_{\sharp} M$ . Since  $1/c \leq \theta_M(x) \leq c$  for every  $x \in \operatorname{spt} M \cap B_{\theta}$ ,  $c = c(\theta, \Omega^{(0)})$ , we can write

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$$\mu_{M} = \mathcal{H}^{n} \sqcup \operatorname{spt} M \sqcup \theta_{M},$$

where spt M is countably n-rectifiable. By the area formula we can therefore write

$$\mu_{M_{\Phi}} = \mathcal{H}^n \, \, \llcorner \, \, \Phi^{-1}(\operatorname{spt} M) \, \, \llcorner \, \, (\theta_M \circ \Phi).$$

This implies (for  $\delta(n)$  sufficiently small) that  $\Phi(\operatorname{spt} M) \cap B_{1/32} = \operatorname{spt} M_{\Phi} \cap B_{1/32}$ ,

$$\Phi(\operatorname{spt} M_{\Phi} \cap B_{1/32}) \subset \operatorname{spt} M \cap B_{1/16},$$

and 
$$T_{\Phi^{-1}(x)}M_{\Phi} = D\Phi^{-1}|_{x}T_{x}M$$
 for  $\mu_{M}$ -a.e.  $x \in B_{1/16}$ .

We aim to show decay estimates like (7.3) and (7.22) for  $\Phi^{-1}(\operatorname{spt} M) \equiv \operatorname{spt} M_{\Phi}$ . This is essentially a direct consequence of the fact that  $\Phi$  is a  $C^2$  diffeomorphism. Define  $q = \Phi^{-1}(p)$ ,  $W = D\Phi^{-1}|_p V$  for p, V as in our hypotheses. For  $z \in \operatorname{spt} M_{\Phi} \cap B_{1/32}$ , define  $W_z = D\Phi^{-1}|_{\Phi(z)} V_{\Phi(z)}$ .

Let us recall that  $\Phi$  is a bi-Lipschitz equivalence: for every  $x, y \in B_1$  we have

$$|\Phi(x) - \Phi(y) - (x - y)| \le c(n)\delta|x - y|,$$

and we have the bound

$$|D\Phi^{-1}|_{x} - D\Phi^{-1}|_{y}| \le c(n)|D^{2}\Phi|_{C^{0}(R_{1})}|x-y|.$$

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Claim 3. Take  $a \in B_{1/16}$ , V an n-plane,  $y \in \operatorname{spt} M \cap B_r(a)$  for r < 1/4, and  $x \in (a + V) \cap B_r(a)$ . Then we can find a  $\widetilde{x} \in (\Phi^{-1}(a) + D\Phi^{-1}|_a(V)) \cap B_{(1+c(n)\delta)r}(\Phi^{-1}(a))$  such that

$$|\Phi^{-1}(y) - \tilde{x}| \le 2|y - x| + c(n)|D^2\Phi|_{C^0(B_2)}r^2.$$

To prove this, let  $\tilde{x} = \Phi^{-1}(a) + D\Phi^{-1}|_a(x-a)$ . Then

$$|\Phi^{-1}(x) - \widetilde{x}| = |\Phi^{-1}(x) - \Phi^{-1}(a) - D\Phi_a^{-1}(x - a)| \le c(n)|D^2\Phi|_{C^0(B_2)}|x - a|^2,$$

and

$$|\Phi^{-1}(y) - \Phi^{-1}(x)| \le (1 + c\delta)|y - x|.$$

This proves Claim 3.

Claim 3 and our definition of  $W_{\widetilde{a}}$  implies that for every  $\widetilde{a} = \Phi(a) \in \operatorname{spt} M_{\Phi} \cap B_{1/32}$  and r < 1/8 we have

$$\sup_{z \in \operatorname{spt} M_{\Phi} \cap B_{r}(\widetilde{a})} d(z, \widetilde{a} + W_{\widetilde{a}}) \leq 2 \sup_{y \in \operatorname{spt} M \cap B_{2r}(a)} d(y, a + V_{a}) + c(n)|D^{2}\Phi|r^{2}$$

$$\leq c(n)E^{\infty}(\Phi, M, a + V_{a}, a, 2r)^{1/2}r$$

$$< c(\Omega^{(0)})E^{1/2}r^{1+\alpha}.$$
(7.24)

and by the same reasoning

(7.25) 
$$\sup_{z \in \text{spt } M_{\Phi} \cap B_{1/32}} d(z, q + W) \le c(\Omega^{(0)}) E^{1/2}.$$

Similarly, combining Claim 1 with Claim 3 we have that

(7.26) 
$$\lim_{r \to 0} \frac{1}{r} d_H(\operatorname{spt} M_{\Phi} \cap B_r(\widetilde{a}), (\widetilde{a} + W_{\widetilde{a}}) \cap B_r(\widetilde{a})) = 0$$

for every  $\tilde{a} \in \operatorname{spt} M_{\Phi} \cap B_{1/32} \cap \operatorname{int} \Omega$ .

As in the proof of Lemma 2.8, we have the bounds

$$|\pi_{A(V)} - \pi_{B(V)}| \le c(n)|A - B|, \quad |\pi_{A(V)} - \pi_{A(W)}| \le c(n)|\pi_V - \pi_W|,$$

for linear maps A, B satisfying  $|A - \mathrm{Id}| + |B - \mathrm{Id}| \le \epsilon(n)$ . Therefore for  $\delta(n)$  sufficiently small, we can estimate

$$|\pi_{W_{\widetilde{a}}} - \pi_{W_{\widetilde{b}}}| \leq c(n)|D\Phi^{-1}|_{a} - D\Phi^{-1}|_{b}| + c(n)|\pi_{V_{a}} - \pi_{V_{b}}|$$

$$\leq c(n)|D^{2}\Phi|_{C^{0}(B_{1})}|a - b| + c(\Omega^{(0)})E^{1/2}|a - b|^{\alpha}$$

$$\leq c(\Omega^{(0)})E^{1/2}|\widetilde{a} - \widetilde{b}|^{\alpha},$$
(7.27)

where  $\tilde{a} = \Phi(a)$ ,  $\tilde{b} = \Phi(b)$  both lie in spt  $M_{\Phi} \cap B_{1/32}$ . The same proof gives us the bound

$$|\pi_{W_{\widetilde{a}}} - \pi_{W}| \le c(\Omega^{(0)}) E^{1/2}.$$

(7.29) 
$$|\pi_{W}^{\perp}(y-z)| \le c(\Omega^{(0)}) E^{1/2} |x-y|,$$

$$|\pi_{W_{z}}^{\perp}(y-z)| \le c(\Omega^{(0)}) E^{1/2} |y-z|^{1+\alpha},$$

$$|\pi_{W_{y}} - \pi_{W_{z}}| \le c(\Omega^{(0)}) E^{1/2} |y-z|^{\alpha}$$

for all  $y, z \in \operatorname{spt} M_{\Phi} \cap B_{1/32}$ .

Let  $U_0 = \Omega' \cap (q+W) \cap \overline{B_{1/128}(q)}$ , int  $U_0 = \operatorname{int} \Omega' \cap (q+W) \cap B_{1/128}(q)$ , and  $U = (U_0 \times W^{\perp}) \cap B_{1/64}(q)$ . For  $\delta(\Omega^{(0)})$  sufficiently small we have  $|q| \leq 1/300$ , and hence

$$(7.30) B_{1/256} \subset U \subset B_{1/32}.$$

Further, by (7.25) we can assume that

$$(7.31) spt  $M_{\Phi} \cap B_{1/32} \subset B_{1/300}(q+W),$$$

and therefore spt  $M_{\Phi} \cap U$  is a closed subset of  $\mathbb{R}^{n+1}$ .

By (7.29) and (7.31) the projection mapping  $F(x) = \pi_W(x) + \pi_W^{\perp}(q)$  induces a  $(1 + c\delta)$ -bi-Lipschitz equivalence between spt  $M_{\Phi} \cap U$  and some closed subset  $\tilde{U}_0 \subset U_0$ , and in particular by (7.26)  $\tilde{U}_0$  satisfies the property that

$$\lim_{r\to 0} d_H(B_r(y)\cap \widetilde{U}_0, B_r(y)\cap U_0) = 0 \quad \forall y\in \widetilde{U}_0\cap \operatorname{int} U_0.$$

It follows by an elementary argument that we must have either  $\widetilde{U}_0 \cap \operatorname{int} U_0 = \operatorname{int} U_0$  or  $\widetilde{U}_0 \cap \operatorname{int} U_0 = \varnothing$ . By Claim 2 spt  $M_\Phi \cap \operatorname{int} \Omega' \cap B_{1/256} \neq \varnothing$ , so  $\widetilde{U}_0 \cap \operatorname{int} U_0 \neq \varnothing$ , and hence  $\widetilde{U}_0 = U_0$ .

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This proves F is a  $(1 + c\delta)$ -bi-Lipschitz equivalence between spt  $M \cap U$  and  $U_0$ . We can therefore find a Lipschitz function  $u: U_0 \to \mathbb{R}$  so that spt  $M_\Phi \cap U = \operatorname{graph}(u)$ . It follows easily from (7.29), (7.25) that u is  $C^{1,\alpha}$  and satisfies the bound  $|u|_{C^{1,\alpha}(U_0)} \le c(\Omega^{(0)})E^{1/2}$ .

#### 8 Higher Codimension and Ambient Manifolds

The only part of our regularity theorem that requires codimension-1 is in obtaining the estimates (4.12), (4.13). If l=1, or one can otherwise verify these estimates, then we get corresponding regularity in higher codimension. The most obvious situation in which (4.12) and (4.13) continue to hold is when we know a priori that spt M is contained in some closed (n+1)-submanifold with controlled geometry. Beyond these estimates the proofs are verbatim to the codimension-1 case. To avoid excess notational clutter, we outline this here rather than integrate it into the original proof.

Suppose we are in  $\mathbb{R}^{n+1+k}$ . In analogy to the original definitions, we now let  $\Omega^{(0)} = \Omega_0^{(0)^l} \times \mathbb{R}^{m+k}$  be a finite union of half-spaces such that  $\Omega_0^{(0)^l}$  is 0-symmetric. Define  $\mathcal{P}_{\Omega^{(0)}}$  to be the collection of *n*-planes of the form  $\mathbb{R}^l \times W^{n-l}$  for some (n-l)-plane in  $\{0\} \times \mathbb{R}^{m+1+k}$ . Given  $\Phi, \Psi : B_2 \to B_2$  as in Defintion

2.5, we let  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\delta}(\Omega^{(0)})$  analogously to the codimension-1 case

Then we have the following extension of our results to higher codimension. We point out that since any complete  $C^3$  (n+1)-manifold N can be locally isometrically embedded into some  $\mathbb{R}^{n+1+k}$  space, Theorem 8.1 implies our regularity can be extended to codimension-1 varifolds in general ambient manifolds.

THEOREM 8.1. Let  $\Omega^{(0)} = \Omega_0^{(0)^l} \times \mathbb{R}^{m+k}$  be a polyhedral cone domain in  $\mathbb{R}^{n+1+k}$ , and let  $\Omega = \Phi(\Psi(\Omega^{(0)})) \cap B_1 \in \mathcal{D}_{\epsilon}(\Omega^{(0)})$ . Write  $N = \Phi(\Psi(\Omega^{(0)}) \times \mathbb{R}^m \times \{0^k\}) \cap B_1$ , so that N is a closed  $C^2$  (n+1)-submanifold of  $B_1$ . Let  $M \in \mathcal{I}_n(B_1)$ .

If  $l \geq 2$ , assume that M satisfies spt  $M \subset N$  and

$$\delta M(X) = -\int H_{M,N}^{ an} \cdot X \, d\mu_M, \quad \|H_{M,N}^{ an}\|_{L^{\infty}} \le \epsilon,$$

for all  $X \in C_c^1(B_1)$  that are tangential to  $\Omega$  and  $X(x) \in T_x N$  for all  $x \in N$ . If l = 1, it suffices to assume that  $M \in \mathcal{IVT}_n(\Omega, B_1)$ , with  $\|H_M^{\tan}\|_{L^{\infty}} \leq \epsilon$ .

Then provided  $\epsilon(\Omega^{(0)})$  is sufficiently small, the theorems of Sections 3–7 continue to hold for M.

#### 9 Minimizers

In this section we use Theorems 3.1 and 8.1 to prove the partial regularity Theorem 1.2 for codimension-1 area-minimizing free-boundary currents in a manifold N. We will use the Nash embedding theorem and reduce our problem to one in Euclidean space, as in Section 8. We prove some technical lemmas, establishing appropriate nonconcentration (9.2) and compactness (9.4) for almost-area-minimizing currents. We then classify low-dimensional minimizing cones with free-boundary (Lemmas 9.5 and 9.7), and use a standard-dimension-reducing argument to get our partial regularity bound.

First, we establish some notation. Given an open set  $U \subset \mathbb{R}^{n+1+k}$ , we let  $\mathfrak{I}_n(U)$  be the set of integer-multiplicity rectifiable n-currents in U with locally finite mass. Given  $T \in \mathfrak{I}_n(U)$ , we will write  $\|T\|$  for the mass measure, and spt  $T \subset U$  for the support of T. Note that associated to every such T there is an integral varifold that we will often denote by T also such that  $\mu_T = \|T\|$ . Given an open set  $E \subset U$ , we write [E] for the (n+1)-current in U obtained by integrating the standard orientation over E. We say E is a set of locally finite perimeter in U if  $\partial[E] \in \mathfrak{I}_n(U)$ .

Given a domain  $\Omega \subset \mathbb{R}^{n+1+k}$  and  $T \in \mathcal{I}_n(U)$ , we say T is minimizing with free boundary in  $\Omega$  if  $T = T \, \lfloor \, \operatorname{int} \Omega \, \,$  and satisfies

$$(9.1) ||T||(W) \le ||T + S||(W)$$

for all  $W \in U$  and all  $S \in \mathcal{I}_n(U)$  satisfying spt  $S \subset \overline{\Omega} \cap W$  and  $\partial S \sqcup \operatorname{int} \Omega = 0$ .

Given  $A \geq 0$ ,  $\alpha \geq 0$ ,  $\delta > 0$ , we say T is  $(A, \alpha, \delta)$ -almost-minimizing with free-boundary in  $\Omega$  if  $T = T \, \lfloor \, \text{int} \, \Omega$ , and given W, S as above with  $\text{diam}(W) \leq \delta$ , then we have the inequality

$$||T||(W) \le ||T + S||(W) + Ar^{n+\alpha}, \quad \text{diam}(W) \le \min\{\delta, r\}.$$

instead of (9.1).

Let  $\Omega^{(0)} = \Omega_0 \times \mathbb{R}^{m+k}$  be a polyhedral cone domain in  $\mathbb{R}^{n+1+k}$ ,  $\Omega \in \mathcal{D}_{\epsilon}(\Omega^{(0)})$ . Recall that  $\Omega$  is closed in  $B_1$ ,  $\overline{\operatorname{int}\Omega} = \Omega$ , and we have the natural stratification

$$\partial_0 \Omega \subset \partial_1 \Omega \subset \cdots \subset \partial_{n+1+k} \Omega = \Omega,$$

where  $\partial_i \Omega$  consists of the points near which  $\Omega$  is diffeomorphic to a polyhedral cone domain having at most i dimensions of translational symmetry.

Given  $T \in \mathcal{I}_n(B_1)$  with  $T = T \sqcup \operatorname{int} \Omega$ , we define  $\operatorname{reg} T$  to be the set of points  $x \in \operatorname{spt} T \subset \Omega$  with the following property: there is an r > 0, a  $C^2$  diffeomorphism  $\phi : B_r(x) \to B_r(x)$ , a  $V \in \mathcal{P}_{T_x\Omega}$ , and a  $C^{1,\alpha}$  function  $u : B_{2r}(x) \cap (x+V) \to V^{\perp}$  so that

$$\phi(\operatorname{spt} T \cap B_r(x)) = \operatorname{graph}_{x+V}(u) \cap B_r(x).$$

Note that this implies  $\partial_0 \Omega \cap \operatorname{reg} T = \emptyset$  (but also recall that  $\partial_i \Omega = \emptyset$  for i < m + k). Note further that if  $x \in \operatorname{reg} T$ , then the tangent plane of T at x lies in  $\mathfrak{P}_{T_x\Omega}$ . We define  $\operatorname{sing} T = \operatorname{spt} T \setminus \operatorname{reg} T$ .

The global domains we are interested in are locally polyhedral domains, defined precisely here.

DEFINITION 9.1. Let  $N^{n+1}$  be a complete manifold. A *locally polyhedral domain* is a closed domain  $\Omega \subset N$  with nonempty interior that is locally diffeomorphic to some polyhedral cone domain at every point. Precisely, for every  $x \in \Omega$  there is a radius r > 0, a polyhedral cone domain  $\Omega^{(0)}$ , and a diffeomorphism  $\phi : B_1(0^{n+1}) \to B_r(x \in N)$  so that  $\phi(B_1 \cap \Omega^{(0)}) = \Omega \cap B_r(x)$  and  $\frac{1}{r}D\phi|_0$  is an isometry. We say  $\Omega$  is  $C^k$  if the associated diffeomorphism is  $C^k$ .

In the special case when every model polyhedral cone  $\Omega^{(0)}$  takes the form  $L(\mathbb{R}^i \times [0,\infty)^{n-i})$  for some i and linear isomorphism L, then  $\Omega$  is said to be a *domain with corners*. We say  $\Omega$  has dihedral angles  $\leq \pi/2$  (resp.,  $= \pi/2$ ) if every model  $\Omega^{(0)}$  as above has dihedral angles  $\leq \pi/2$  (resp.,  $= \pi/2$ ). As before, we may call  $\Omega$  with dihedral angles  $\leq \pi/2$  nonobtuse.

The following two lemmas prove the required compactness and closure theorems for our (almost-)area-minimizing currents.

LEMMA 9.2 (Boundary nonconcentration). Let  $\Omega^{(0)}$  be a polyhedral cone domain in  $\mathbb{R}^{n+1+k}$ . Let  $\Omega \in \mathcal{D}_{\epsilon}(\Omega^{(0)})$  and  $T \in \mathcal{I}_n(B_1)$  be (A, 0, 1)-almost-minimizing with free-boundary in  $\Omega$  such that  $\partial T \mid \text{int } \Omega = 0$ .

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Then for  $\epsilon \leq \epsilon(\Omega^{(0)})$ , there is a continuous function  $\eta(\tau) : [0,1] \to [0,1]$  depending only on  $\theta$ ,  $\Omega^{(0)}$ , satisfying  $\eta(0) = 0$ , such that

$$||T||(B_{\tau}(\partial\Omega)\cap B_{\theta})\leq ||T||(B_1)\eta(\tau)+2A.$$

Remark 9.3. We speculate that it should be true for minimizers that  $\|\partial T\|(B_{\theta}) \le C(\theta, \Omega^{(0)}, \|T\|(B_1))$  (cf. [13]). However, the above weaker statement is easier to prove in our more singular setting, and suffices for our purposes.

PROOF. Fix any unit vector  $\tau \in \operatorname{int} \Omega$ , and let H be the half-space with outer normal given by  $-\tau$ . Then for  $\epsilon(\Omega^{(0)})$  sufficiently small,  $\Omega \subset H$ , and we can write  $\partial\Omega$  as a Lipschitz graph over  $\partial H$ . Given  $R \geq 2$ ,  $\epsilon(\Omega^{(0)})$  small and  $x \in B_1 \cap \Omega$ , there is a unique  $\zeta(x) \in \partial\Omega$  such that  $\zeta(x) - R\tau = \lambda_x(x - R\tau)$  for some  $\lambda_x \geq 1$ . Provided we fix  $R(\theta, \Omega^{(0)})$  to be sufficiently large, then  $\zeta$  is a Lipschitz function satisfying

(9.2) 
$$\zeta(B_{\theta}) \subset B_{(1+\theta)/2}, \quad |x - \zeta(x)| \le c(\Omega^{(0)}) d(x, \partial \Omega),$$

$$\|D\zeta\|_{L^{\infty}(B_1)} \le c(\Omega^{(0)}).$$

Since  $T = T \, \lfloor \operatorname{int} \Omega$ , let us view  $T \in \mathcal{I}_n(\operatorname{int} \Omega \cap B_1)$ , in which case  $\partial T = 0$ . Define  $f(x) = d(x, \partial \Omega) + g(|x|)$ , where g = 0 on  $B_{\theta}$ , g is increasing, g = 1 on  $B_{(1+\theta)/2}$ , and  $|Dg| \leq 4/(1-\theta)$ . Then for all  $h \leq 1$ ,  $T \, \lfloor \{f < h\} \in \mathcal{I}_n(\operatorname{int} \Omega \cap B_{(1+\theta)/2})$ .

Let  $T_h = \langle T, f, h \rangle$  be the slice (see [34, sec. 28]) of T at f = h, defined for a.e. h, and let m(h) = ||T| ||f| ||f||. By the coarea formula, we have

for a.e. h < 1. On the other hand, again for a.e. h, by slicing we have

$$T_h = \partial (T \perp \{f < t\}).$$

Therefore if we define

$$F(t,x) = tx + (1-t)\zeta(x), \quad t \in [0,1], \ x \in B_{\theta},$$

then  $\partial F_{\sharp}([0,1] \times T_h) \perp \operatorname{int} \Omega = T_h$  and spt  $F_{\sharp}([0,1] \times T_h) \subset \Omega \cap B_{(1+\theta)/2}$ , and so by area comparison and the homotopy formula [34, sec. 26.22] we have

$$(9.4) m(h) \le ||F_{\sharp}T_h||(B_1) + A \le c(\Omega^{(0)})h||T_h||(B_1) + A,$$

having used (9.2) and the fact that  $|x - \zeta(x)| \le cd(x, \partial\Omega) \le cf(x)$ . Together, (9.3) and (9.4) imply that for a.e. h < 1 we have

$$m(h) \leq c(\Omega^{(0)}, \theta)hm' + A,$$

and therefore since m is increasing there is an  $\alpha > 0$  so that  $h^{-\alpha}(m(h) - A)$  is increasing for  $h \in (0, 1)$ . Letting  $\eta(h) = h^{\alpha}$  proves the lemma.

Then after passing to a subsequence, there is a  $T \in \mathcal{I}_n(B_1)$  that is area-minimizing with free boundary in  $\Omega$  such that  $T_i \to T$  as currents in  $B_1$  and  $||T_i|| \to ||T||$  as Radon measures on  $B_1$ .

If  $T_i$  as varifolds lie in  $\mathfrak{IVT}(\Omega_i, B_1)$  with  $\|H_{T_i}^{\tan}\|_{L^{\infty}(B_1)} \to 0$ , then  $T \in \mathfrak{IVT}(\Omega, B_1)$ ,  $T_i \to T$  as varifolds,  $\|H_{T_i}^{\tan}\|_{L^{\infty}(B_1)} = 0$ .

Write  $\Omega_i = \Phi_i(\Psi_i(\Omega)) \cap B_1$ , and let  $N_i = \Phi_i(\Psi_i(\Omega_0 \times \mathbb{R}^m \times \{0^k\})) \cap B_1$ . Suppose, additionally to the previous two paragraphs, there are relatively open sets  $E_i \subset N_i \cap B_1$  so that  $T_i = \partial[E_i] \perp \operatorname{int} \Omega_i$ . Then T is multiplicity- $1 \parallel T \parallel$ -a.e. and for every  $x \in \operatorname{reg} T \cap B_1$ , there is a neighborhood  $B_r(x)$  such that  $\operatorname{sing} T_i \cap B_r(x) = \emptyset$  for all  $i \gg 1$ .

PROOF. By assumption we have  $|\Phi_i - \mathrm{Id}|_{C^2(B_2)} \to 0$ ,  $|\Psi_i - \mathrm{Id}| \to 0$ . We can find  $C^2$  functions  $F_i : B_2 \to B_2$  functions satisfying

$$\Omega_i = F_i(\Omega) \cap B_1, \quad |F_i - \mathrm{Id}|_{C^2(B_2)} \to 0,$$

such that for every  $U \in \operatorname{int} \Omega \cap B_1$ , we have  $F_i|_U = \operatorname{Id}$  for all  $i \gg 1$ .

By a diagonalization argument, after passing to a subsequence, we can find a  $T \in \mathcal{I}_n(\operatorname{int}\Omega)$  so that  $T_i(\omega) \to T(\omega)$  for any smooth n-form compactly supported in  $B_1 \cap \operatorname{int}\Omega$ . We have  $\|T\|(\operatorname{int}\Omega \cap B_1) < \infty$ , so extend T to be an element of  $\mathcal{I}_n(B_1)$  by restriction  $T := T \cup \operatorname{int}\Omega$ . Because of our definition of T and convergence  $T_i \to T$  as currents on compact subsets of  $\operatorname{int}\Omega \cap B_1$ , we can also assume that the  $\|T_i\|$  limit to some Radon measure on  $B_1$ , which is  $\geq \|T\|$ .

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By slicing theory and (9.5), and after passing to a further subsequence, we can find  $d_i \to 0$ ,  $r_k \to 1$  so that if  $D_{ik} = B_{r_k} \cap \{d_{\partial\Omega} > d_i\}$ , then

for  $C_{jk}$  independent of i. Since, for any fixed  $j, k, T_i \, \lfloor \, D_{jk} \, \rightarrow \, T \, \lfloor \, D_{jk}$ , we have  $\partial(T_i \, \lfloor \, D_{jk}) \, \rightarrow \, \partial(T \, \lfloor \, D_{jk})$  and hence

also.

By Lemma 9.2, we have

(9.8) 
$$||T_i||(B_{r_k} \setminus D_{jk}) \le \eta_k(d_j) + 2A_i$$

for some continuous function  $\eta_k$  independent of i, j that satisfies  $\eta_k(0) = 0$ . Lower semicontinuity and our hypothesis  $A_i \to 0$  implies

$$(9.9) ||T||(B_{r_k} \setminus D_{jk}) \leq \eta_k(d_j).$$

Inequalities (9.8) and (9.9) imply that  $T_i \to T$  as currents in  $B_1$ .

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Fix  $S \in \mathcal{I}_n(B_1)$  with spt  $S \subset \Omega \cap B_1$  and  $\partial S \sqcup \operatorname{int} \Omega = 0$ . We wish to prove that

$$||T||(B_1) \leq ||T + S||(B_1).$$

Since  $T = T \perp \operatorname{int} \Omega$ , there is no loss in assuming  $S = S \perp \operatorname{int} \Omega$  also. Define  $S_i = (F_i)_{\sharp} S$ , so that for  $i \gg 1$ : spt  $S_i \subset \Omega_i \cap B_1$ ,  $\partial S_i \perp \operatorname{int} \Omega_i = 0$ ,  $S_i = S_i \perp \operatorname{int} \Omega_i$  and  $\|S - S_i\|(B_1) \to 0$ .

Fix a k such that spt  $S \subset B_{r_k}$  for all i large, and fix any j arbitrary. By (9.6), (9.7), slicing theory, and the deformation theorem (see, e.g., [34, theorem 7.2.4]), we can find  $P_i \in \mathcal{I}_{n+1}(B_1)$ ,  $R_i \in \mathcal{I}_n(B_1)$  such that

$$(T_i - T) \mathrel{\sqsubseteq} D_{ik} = \partial P_i + R_i$$

and

$$\operatorname{spt} P_i, \operatorname{spt} R_i \subset \overline{D_{i+1,k}}, \quad \|P_i\|(B_1) + \|R_i\|(B_1) + \|\partial P_i\|(\partial B_{r_k}) \to 0.$$

Since  $T_i$  is  $(A_i, 0, 1)$ -almost-minimizing with free boundary in  $\Omega_i$  and  $\partial P_i$  is an admissible competitor, we have

$$||T_i||(B_r) < ||T_i + \partial P_i + S_i||(B_r) + A_i \quad \forall r_k < r < 1,$$

and hence taking  $r \to r_k$ , we get

$$||T_{i}||(B_{r_{k}}) \leq ||T_{i} + \partial P_{i} + S_{i}||(B_{r_{k}}) + ||\partial P_{i}||(\partial B_{r_{k}}) + A_{i}$$

$$\leq (||T \cup D_{jk} + S|| + ||S - S_{i}|| + ||R_{i}||)(B_{r_{k}})$$

$$+ ||\partial P_{i}||(\partial B_{r_{k}}) + A_{i}$$

Let  $i \to \infty$ ; then by lower-semicontinuity we get

(9.10) 
$$||T||(B_{r_k}) \leq ||T \perp D_{jk} + S||(B_{r_k}) \\ \leq ||T + S||(B_{r_k}) + ||T||(B_{r_k} \setminus D_{jk}) \\ \leq ||T + S||(B_{r_k}) + \eta_k(d_j).$$

Since (9.10) holds for every j (k fixed), we can take  $j \to \infty$  to get

$$||T||(B_{r_k}) \leq ||T + S||(B_{r_k}),$$

which proves that T is minimizing. If we apply the same argument to S=0, then we get  $\|T\|(B_{r_k})=\lim_i\|T_i\|(B_{r_k})$ , which by lower-semicontinuity implies  $\|T_i\|\to \|T\|$ . This proves the first part of the lemma.

Abusing notation, let us write  $T_i$ , T for the underlying varifolds associated to the n-currents, and assume as in our hypothesis that  $T_i \in \mathcal{IVT}(\Omega_i, B_1)$ . By Theorem 4.3, the  $T_i$  have uniformly bounded first variation, and hence after passing to a further subsequence we can assume  $T_i$  converge as varifolds in  $B_1$ . Since  $T_i$ , T are both integral varifolds, and  $||T_i|| \to ||T||$ , then we must have  $T_i \to T$  as varifolds.

$$|\delta T_i(X)| \le C(\Omega)|X|_{C^0(B_1)} ||H_{T_i}^{\tan}||_{L^{\infty}(B_1)} ||T_i||(B_{\theta}) + C(\Omega)|X_i - X|_{C^0(B_1)} ||\delta T_i||(B_{\theta}),$$

and hence  $\delta T(X) = 0$ . This implies  $T \in \mathcal{IVT}(\Omega, B_1)$  and  $H_T^{tan} = 0$ .

Suppose  $T_i = \partial[E_i] \perp \operatorname{int} \Omega_i$  for some relatively open sets  $E_i \subset N_i \cap B_1$ . Then, after passing to a further subsequence as necessary, we can assume  $[E_i] \to E \subset \Omega_0 \times \mathbb{R}^m \times \{0^k\}$ , and hence  $T = \partial[E] \perp \Omega_0 \times \mathbb{R}^m$  has multiplicity-1  $\|T\|$ -a.e. If  $x \in \operatorname{reg} T$ , then at sufficiently small scales  $T \perp B_r(x)$  is varifold-close to a multiplicity-1 plane in  $\mathcal{P}_{T_x\Omega}$ , and hence the  $T_i \perp B_r(x)$  lie close to this plane also. For r sufficiently small and i sufficiently large, we deduce by Theorems 3.1 and 8.1 that  $\operatorname{sing} T_i \cap B_r(x) = \emptyset$ .

We now work towards classifying low-dimensional tangent cones.

LEMMA 9.5. Let  $\Omega^{n+1}$  be a 0-symmetric polyhedral cone domain. If  $n \geq 2$ , assume  $\Omega$  is nonobtuse. Then  $\Omega$  is a domain with corners, and given any  $T \in J_n(\mathbb{R}^{n+1})$  a free-boundary minimizing cone in  $\Omega$  such that spt T is contained in a plane, then T=0.

It is plausible Lemma 9.5 fails in higher dimensions when  $\Omega$  does not satisfy the dihedral angle condition.

Example 9.6. Let  $\Omega^3$  be the intersection of the half-spaces with outer normals given by

$$(1,0,1), (-1,0,1), (0,\epsilon,1).$$

Then when  $\epsilon > 0$  is relatively small, it may be the case that the plane y = 0 is not minimizing with free boundary in  $\Omega$ .

PROOF OF LEMMA 9.5. By the constancy theorem,  $T = k[P \cap \text{int } \Omega]$  for some integer  $k \ge 0$  and some oriented plane P.

We perform induction on n. First assume n=1:  $\Omega=W^2$  is a 2-dimensional wedge with interior angle  $\beta<\pi$  and  $P\cap W$  is a ray. If we write  $\partial W=L_1\cup L_2$  where  $L_i$  are the two rays meeting at angle  $\beta$ , then after relabeling as necessary the rays P and  $L_1$  meet at some angle  $<\pi/2$ . Take any point  $q\in P$ , and let  $q_1=\operatorname{proj}_{L_1}q$ . Then  $|qq_1|<|oq|$ , so P is not length-minimizing. We therefore must have k=0 and hence T=0.

Assume the statement holds for all positive integers less than n. Since  $\Omega^{n+1}$  is 0-symmetric and nonobtuse by [7, theorem 1.1],  $\Omega$  is simplicial. In other words, there exists n+1 half-spaces  $H_1, H_2, \ldots, H_{n+1}$  such that  $\Omega = \bigcap_{i=1}^{n+1} H_i$ , and if  $F_i = \partial \Omega \cap \partial H_i$ , then each  $F_i$  and  $F_j$  meet along some (n-1)-dimensional set. Let

 $v_i$  denote the outer unit normal vector of  $\partial H_i$ . Since  $\Omega$  is nonobtuse,  $v_i \cdot v_j \leq 0$ , and

$$\Omega = \{x \in \mathbb{R}^n : x \cdot v_i \leq 0, i = 1, 2, \dots, n+1\}.$$

Suppose, for the sake of contradiction, that  $k \neq 0$ . We first observe that spt  $T \cap \partial_{n-1}\Omega = \{0\}$ . Otherwise, let  $q \in \operatorname{spt} T \cap \partial_{n-1}\Omega$ . Then  $\operatorname{Tan}_q T = T' \times \mathbb{R}^{n+1-j}$ ,  $T_q\Omega = \Omega'^j \times \mathbb{R}^{n+1-j}$  for some  $2 \leq j \leq n$ ,  $\Omega'$  is 0-symmetric, and T' is free-boundary minimizing in  $\Omega'$ , contradicting the induction hypothesis.

Therefore spt  $T \cap \partial \Omega$  only in the smooth part of  $\partial \Omega$ , and thus spt T meets  $\partial \Omega$  orthogonally. Denote  $\Omega_0 = P \cap \Omega$ . Note that  $\Omega_0$  is a 0-symmetric n-dimensional polyhedral cone. Thus by dimension counting, P intersects exactly n faces, say  $F_1, F_2, \ldots, F_n$  orthogonally. After a rotation if necessary, we may assume that  $P = \{x_{n+1} = 0\}$  and  $e_n \in P \cap \operatorname{int} \Omega$ . Since  $e_n \in \operatorname{int} \Omega \subset H_{n+1}$ , we have  $e_n \cdot v_{n+1} \leq 0$ . On the other hand, regarded as a convex polyhedron in  $P \cong \mathbb{R}^n$ ,  $\Omega_0$  has outer unit normals  $v_1, v_2, \ldots, v_n$ , and  $e_n \in \operatorname{int}(\Omega_0)$ . Therefore there exists a linear combination

$$e_n = \sum_{j=1}^n \lambda_j \, v_j$$

with  $\lambda_j \leq 0$ . Hence

$$e_n \cdot \nu_{n+1} = \sum_{j=1}^n \lambda_j \nu_j \cdot \nu_{n+1} \ge 0.$$

As a result,  $e_n \cdot v_{n+1} = 0$ , and hence  $e_n \in \partial H_{n+1}$ . This implies that  $P \cap F_{n+1} \neq \{0\}$ , a contradiction.

LEMMA 9.7. Let  $T \in \mathcal{I}_n(\mathbb{R}^{n+1})$  be a dilation-invariant minimizing current with free boundary in a polyhedral cone domain  $\Omega^{n+1}$ . Then T is entirely regular if:

- (1) n = 1,
- (2) n = 2 and  $\Omega$  is nonobtuse,
- (3)  $n \leq 6$  and  $\Omega = [0, \infty)^l \times \mathbb{R}^{n+1-l}$

PROOF. Suppose  $n \leq 6$  and  $\Omega = [0, \infty)^l \times \mathbb{R}^{n+1-l}$ . When l = 0, then T is minimizing without boundary in  $\mathbb{R}^{n+1}$ , and hence T is planar by Simons' theorem [36]. For general l, we can assume by induction that sing  $T \subset \{0\}$ . Otherwise, if  $x \in \operatorname{sing} T \setminus \{0\}$ , then by (4.19) and Lemma 9.4 we would be able to find a nonzero singular tangent cone  $T' \times [\mathbb{R}]$  at x which is minimizing with free boundary in some  $[0, \infty)^{l-1} \times \mathbb{R}^{n-l}$ .

Now by reflection we can obtain a cone  $\widetilde{T}$  in  $\mathbb{R}^{n+1}$  that is  $C^{1,\alpha}$  away from 0, and smooth and stable away from finitely many (n-2)-planes. By standard interior elliptic regularity and a cutoff argument it follows that  $\widetilde{T}$  is smooth and stable on all of  $\mathbb{R}^{n+1}\setminus\{0\}$ , and hence by Simons' theorem  $\widetilde{T}$  is planar.

Suppose n=1. By the previous characterization, we can without loss of generality assume  $\Omega=W^2$  is a nonobtuse wedge. Then T is a cone over finitely many

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points, and hence is a union of minimizing rays (with possible multiplicity) in  $W^2$ . But then by Lemma 9.5 T=0. This completes the n=1 case.

Suppose n=2 and  $\Omega$  is nonobtuse. We claim that spt  $T \cap (\partial_1 \Omega \setminus \{0\}) = \emptyset$ . Otherwise, if there were an  $x \in \operatorname{spt} T \cap (\partial_1 \Omega \setminus \{0\})$ , then by (4.19) and Lemma 9.4 (and a rotation as necessary), we could obtain a nonzero tangent cone  $T' \times [\mathbb{R}]$  in some cone  $W^2 \times \mathbb{R}$ , where  $W^2$  is a wedge. But T' is minimizing in  $W^2$ , and hence by our n=1 case we would have T'=0, which is a contradiction.

Therefore spt  $T \setminus \{0\}$  meets  $\partial \Omega$  only where  $\partial \Omega$  is planar, and hence by reflection and interior regularity spt T is smooth away from 0. Moreover, by the free-boundary condition spt T satisfies the usual stability inequality

$$\int_{\operatorname{spt} T} |A|^2 \zeta^2 \le \int_{\operatorname{spt} T} |\nabla \zeta|^2 \quad \forall \zeta \in C_c^1(\mathbb{R}^{n+1} \setminus \{0\}),$$

and  $\partial_n |A| = 0$  along spt  $T \cap \partial\Omega \setminus \{0\}$ . (Here A is the second fundamental form of spt T.) It then follows by the usual proof of Simons' theorem that spt T is a finite union of disjoint free-boundary planes in int  $\Omega$ .

As before we can assume without loss of generality that  $\Omega$  is either  $W^2 \times \mathbb{R}$  or 0-symmetric. If  $\Omega = W^2 \times \mathbb{R}$ , then since spt T is planar and spt  $T \cap (\{0\} \times \mathbb{R}) \subset \{0\}$ , we must have spt  $T = W^2 \times \{0\}$ , and hence T is regular. If  $\Omega$  is 0-symmetric, then by Lemma 9.5 we must have T = 0.

Using the previous results and the Nash embedding theorem, partial regularity is now a standard argument.

PROOF OF THEOREM 1.2. Since N is a complete, Riemannian  $C^3$  (n+1)-manifold, we can by Nash's theorem isometrically embed it in some  $\mathbb{R}^{n+1+k}$  space (for k=k(n)). Without loss of generality assume  $0 \in \partial \Omega \cap \operatorname{spt} T$ ,  $T_0N = \mathbb{R}^{n+1} \times \{0^k\}$ , and by dilating N as necessary we can assume that the map  $\exp_{T^{\perp}N}(x,v)$  that takes  $x \in N$ ,  $v \in T_x^{\perp}N$  to x+v is a diffeomorphism onto its image for  $x \in B_2$ ,  $|v| \leq 2$ , and  $\exp_{T^{\perp}N}(B_2, B_2) \supset B_1$ . Let  $\Omega' = \exp_{T^{\perp}N}(\Omega, B_2) \cap B_1$ , and then  $\Omega' \in \mathcal{D}_{\epsilon}(T_0\Omega \times \mathbb{R}^k)$ , where  $\epsilon$  can be made arbitrarily small by dilating N.

Suppose T is area-minimizing with free-boundary in  $\Omega$ . Then T is (A, 1, 1)-almost-area-minimizing in  $B_1$  with free-boundary in  $\Omega'$ , where A depends only on the curvature of N. Since T has zero tangential mean curvature in  $\Omega \subset N$ , then T has bounded tangential mean curvature in  $\Omega' \subset B_1$  (again controlled by the curvature of N). By standard codimension-1 theory we can reduce to the case when  $T = \partial[E] \sqcup \operatorname{int} \Omega'$  for  $E \subset N$  relatively open.

Suppose  $T = \partial[E]_{\perp}$  int  $\Omega$  is an isoperimetric region. Then T is  $(A, 1, \delta)$ -almost-area-minimizing in N with free boundary in  $\Omega$  for some constants  $A, \delta$  (depending on the volume |E|; see [29, example 21.3]), and hence as above T is  $(A', 1, \delta/2)$ -almost-area-minimizing in  $B_1$  with free boundary in  $\Omega'$ . Similarly, since T has bounded tangential mean curvature in  $\Omega \subset N$ , then T has bounded tangential mean curvature in  $\Omega' \subset B_1$  also.

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In either case, if we consider a sequence of dilations  $T_i = (\eta_{0,r_i})_{\sharp} T$ , then by (4.19), (4.1), and Lemma 9.4, the  $T_i$  will subsequentially converge as currents and varifolds to some nonzero area-minimizing cone T'' with free boundary in  $\Omega''$ , where  $\Omega'' = T_0 \Omega \subset T_0 N$ . Moreover, if  $x \in \operatorname{reg} T''$ , then  $\operatorname{sing} T_i \cap B_r(x) = \emptyset$  for all i large.

Lemma 9.7 implies that:

- (1) if T'' is (n-1)-symmetric, then T'' is regular;
- (2) if T'' is (n-2)-symmetric and  $\Omega$  is nonobtuse, then T'' is regular;
- (3) if T'' is (n-6)-symmetric and  $\Omega$  has dihedral angles  $=\pi/2$ , then T'' is regular.

The partial regularity of Theorem 1.2 then follows from a standard dimension-reducing argument.  $\Box$ 

# **Appendix A Tangential First Variation**

Let Q be a  $C^2$ , closed p-submanifold in  $\mathbb{R}^{n+k}$ . Suppose that the nearest point projection  $\zeta(x): B_1 \to Q$  is smooth in  $B_1$ . Define the subspaces

$$\tau(x) = T_{\xi(x)}M$$
,  $\iota(x) = \operatorname{span}\{x - \zeta(x)\}$ ,  $\sigma(x) = \tau(x) \oplus \iota(x)$ .

Write  $r = |x - \zeta(x)|$ .

We consider a rectifiable *n*-varifold  $M \in \mathcal{IV}(B_1 \subset \mathbb{R}^{n+k})$  such that  $\mu_M(Q) = 0$  and  $\mu_M(B_1) < \infty$ .

### A.1 Free boundary

Let Q be a hypersurface, so that p = n + k - 1. Let  $\delta M^{\tan}$  be  $\delta M$  restricted to vector fields X that are tangential to Q, i.e., those  $X \in C_c^1$  for which  $X(x) \in T_x Q$  for all  $x \in Q$ .

Assume  $\|\delta M^{\tan}\|(B_1) < \infty$ , so in particular we can write

$$\delta M^{\tan}(X) \equiv \delta M(X) = \int X \cdot \mu^{\tan} d \|\delta M^{\tan}\|, \quad |\mu^{\tan}| = 1 \|\delta M^{\tan}\| - \text{a.e.}$$

for all tangential X, and some  $\|\delta M^{\tan}\|$ -integrable, unit-vector-valued function  $\mu^{\tan}$ . If  $\|\delta M^{\tan}\| \gg \mu_M$ , then let us write

$$\delta M^{\tan}(X) = -\int H_M^{\tan} \cdot X \, d\mu_M.$$

THEOREM A.1 ([15] or [9]). Assuming the above setup on Q, M, then we can conclude the following:

(1) For any nonnegative  $h \in C_c^1(B_1)$ , we have that

$$\Gamma_{1}(h) := \lim_{\rho \to 0} \frac{1}{\rho} \int_{B_{\rho}(Q)} (M \cdot \iota) h$$

$$= \int h Dr \cdot \mu^{\tan} d \|\delta M^{\tan}\| + \int (M \cdot D^{2}r) h - \nabla h \cdot \nabla r \, d\mu_{M}$$

is a Radon measure on  $B_1$ , and for any  $X \in C_c^1(B_1, \mathbb{R}^{n+1})$  (not necessarily tangential) we have

$$\delta M(X) = \int X \cdot \mu^{\tan} d \|\delta M^{\tan}\| - \Gamma_1(X \cdot Dr).$$

(2) In particular,  $\delta M$  is a Radon measure in  $B_1$ , and if we write

$$\delta M(X) = \int X \cdot \mu \, d \|\delta M\|, \quad |\mu| = 1, \|\delta M\| - a.e.,$$

then  $\|\delta M^{\tan}\| = |\mu^{TQ}| \|\delta M\|$ , where

$$\mu^{TQ}(x) = \begin{cases} \mu(x), & x \notin Q \\ \pi_{T_x Q}(\mu(x)), & x \in Q \end{cases}$$

(3) If  $\|\delta M^{\tan}\| \gg \mu_M$ , then we can write

$$\delta M(X) = -\int H_{M}^{ an} \cdot X \, d\mu_{M} + \int \eta \cdot X \, d\sigma,$$

where  $\sigma \perp \mu_M$  is a nonnegative Radon measure supported in Q, and for  $\sigma$ -a.e. x we have  $|\eta(x)| = 1$ ,  $\eta(x) \in (T_x Q)^{\perp}$ .

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### A.2 Prescribed boundary

Let Q be an (n-1)-manifold. Assume that  $\|\delta M\|(B_1\setminus Q)<\infty$  so that for every  $X\in C^1_c(B_1\setminus Q,\mathbb{R}^{n+k})$ , we can write

$$\delta M(X) = \int X \cdot \mu d \|\delta M\|, \quad |\mu(x)| = 1 \|\delta M\| \text{-a.e. x.}$$

If  $\delta M \perp (B_1 \setminus Q) \gg \mu_M$ , then let us write

$$\delta M(X) = -\int H \cdot X \, d\mu_M.$$

THEOREM A.2 ([2]). Assuming the above on Q, M, then we can conclude the following:

(1) For any nonnegative  $h \in C_c^1(B_1)$ , we have that

$$\begin{split} \Gamma_2(h) &:= \lim_{\rho \to 0} \frac{1}{\rho} \int_{B_{\rho}(Q)} h \\ &= \int_{B_1 \setminus Q} h Dr \cdot \mu \, d \, \|\delta M \, \| \\ &- \int \nabla h \cdot \nabla r + (M \cdot \sigma^{\perp}) h / r + (M \cdot (\tau \circ \zeta - D\zeta)) h / r \, d\mu_M \end{split}$$

is a Radon measure on  $B_1$ , and for any  $X \in C_c^1(B_1, \mathbb{R}^{n+1})$ , we have

$$\delta M(X) = \int_{B_1 \setminus O} X \cdot \mu \, d \| \delta M \| - \Gamma_2 (X \cdot Dr).$$

In particular,  $\delta M$  is a Radon measure on  $B_1$ .

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(2) We have

$$\lim_{\rho \to 0} \frac{1}{\rho} \int_{B_{\rho}(Q)} |\nabla r - Dr|^2 d\mu_M = 0.$$

(3) If  $\delta M \perp (B_1 \setminus Q) \gg \mu_M$ , then for any X we can write

$$\delta M(X) = -\int H \cdot X \, d\mu_M + \int \eta \cdot X \, d\sigma,$$

where  $\sigma \perp \mu_M$  is a nonnegative Radon measure supported in Q, and for  $\sigma$ -a.e. x we have  $|\eta(x)| = 1$ ,  $\eta(x) \in (T_x Q)^{\perp}$ .

#### A.3 Higher codimension boundary

Assume now  $p \le n-2$ . Assume  $\|\delta M\|(B_1 \setminus Q) < \infty$ , and additionally, assume that there is some constant C such that

$$\mu_{\mathbf{M}}(B_{\rho}(x)) \leq C \rho^n \quad \forall x \in Q \cap B_1.$$

THEOREM A.3. Assuming the above on Q, M, then  $\|\delta M\|$  is a Radon measure on  $B_1$  and  $\|\delta M\|(Q) = 0$ .

PROOF. Follows directly from the fact that, for any  $\theta < 1$ , we have

$$\frac{1}{\rho}\mu_{M}(B_{\rho}(Q)\cap B_{\theta}) \leq c'(\theta,C)\rho \to 0 \quad \text{as } \rho \to 0.$$

# **Appendix B** First Variation and Sobolev Inequalities

Here we sketch a proof of the inequalities (4.17) and (4.18) for a rectifiable n-varifold M satisfying the first-variation bound (4.8) and the condition  $\theta_M \geq 1$   $\mu_M$ -a.e.

PROOF OF (4.17), (4.18). Combining the isoperimetric bound of [1, theorem 7.1] (see also the [30, lemma 2.3]) with (4.8), we get

(B.1) 
$$\int_{h>1} h \, d\mu_{M} \leq c(\Omega^{(0)}) \left( \int h \, d\mu_{M} \right)^{1/n} \int |H_{M}^{\tan}| h + |\nabla h| d\mu_{M}$$

for all nonnegative  $h \in C_c^1(B_1)$ . Take  $\gamma_{\epsilon} : \mathbb{R} \to \mathbb{R}$  a  $C^{\infty}$  function that is 0 on  $(-\infty, 0]$  and 1 on  $[\epsilon, \infty)$ , and then plug in  $\gamma_{\epsilon}(h - t)$  into (B.1) in place of h, to obtain

$$\mu_M(h > t + \epsilon)$$

$$(B.2) \leq c(\Omega^{(0)})\mu_{\boldsymbol{M}}(h>t)^{1/n}\left(\int_{h>t}|H_{\boldsymbol{M}}^{tan}|-\frac{d}{dt}\int\gamma_{\epsilon}(h-t)|\nabla h|d\mu_{\boldsymbol{M}}\right).$$

If n = 1, then we can integrate (B.2) to obtain

$$\int_0^{\sup h} \frac{\mu_M(h>t+\epsilon)}{\mu_M(h>t)} dt \le c(\Omega^{(0)}) \int |H_M^{\tan}|h+|\nabla h| d\mu_M.$$

Since for a.e. t the integrand  $\mu_M(h > t + \epsilon)/\mu_M(h > t) \to 1$  as  $\epsilon \to 0$ , we obtain (4.17) by the dominated convergence theorem.

If  $n \ge 2$ , then we multiply (B.2) by  $(t + \epsilon)^{1/(n-1)}$  to get

$$\mu_M(h > t + \epsilon)(t + \epsilon)^{1/(n-1)}$$

$$\leq c \left( \int_{h>0} (h+\epsilon)^{n/(n-1)} d\mu_{\boldsymbol{M}} \right)^{1/n} \left( \int_{h>t} |H_{\boldsymbol{M}}^{\tan}| d\mu_{\boldsymbol{M}} - \frac{d}{dt} \int \gamma |\nabla h| d\mu_{\boldsymbol{M}} \right).$$

Now integrate in  $t \in [0, \infty)$ :

$$\int (h+\epsilon)^{n/(n-1)} - \epsilon^{n/(n-1)} d\mu_{M}$$

$$\leq c \left( \int_{h>0} (h+\epsilon)^{n/(n-1)} d\mu_{M} \right)^{1/n} \left( \int |H_{M}^{\tan}|h+|\nabla h| d\mu \right),$$

and let  $\epsilon \to 0$  to get (4.18).

# **Appendix C** Fourier Expansion in Cones

PROOF OF LEMMA 5.2. First, since  $u \in W^{1,2}(CD \cap B_1)$ , we have that  $\omega \mapsto u(r\omega) \in L^2(D)$  for every 0 < r < 1, and hence for each such r we can expand in  $L^2(D)$ :

(C.1) 
$$u(r\omega) = \sum_{i} c(r)\phi_{i}(\omega), \quad c_{i}(r) = \int_{D} u(r\omega)\phi_{i}(\omega).$$

By Fatou's lemma, this expansion holds in  $L^2(CD \cap B_1)$ .

It's easy to check that

$$c_i'(r) = \int_D (\partial_r u) \phi_i$$

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weakly, and so  $c_i(r)\phi_i(\omega) \in W^{1,2}_{loc}(CD \cap B_1 \setminus \{0\})$ . Using that the  $\phi_i$  are Neumann eigenfunctions, we can bound

$$\int_{CD \cap B_s \setminus B_r} \left| \sum_{i=0}^N D(c_i \phi_i) \right|^2 \le \int_{CD \cap B_1} |Du|^2 \quad \forall 0 < r < s < 1, \ \forall N,$$

and hence the expansion (C.1) holds in  $W^{1,2}(CD \cap B_1)$  also.

Using equation (5.2) and the definition of  $\phi_i$ , one can verify that

$$0 = \int_0^1 c_i(r) r^{n-1} (\eta'' + (n-1)\eta'/r - \mu_i \eta/r^2) dr \quad \forall \eta \in C_c^2(0,1).$$

Setting  $f(t) = c_i(e^t)e^{(n-2)t}$ , then this implies that f solves the linear equation  $f'' - (n-2)f' - \mu_i f = 0$  in the weak sense, and hence in the strong sense. Therefore, when  $n \ge 3$ , we have

(C.2) 
$$c_i(r) = A_i r^{\gamma_i^+} + B_i r^{\gamma_i^-}, \quad \gamma_i^{\pm} = -((n-2)/2) \pm \sqrt{((n-2)/2)^2 + \mu_i},$$

for some constants  $A_i$ ,  $B_i$ . If n = 2, then (C.2) holds for  $i \ge 1$ , but when i = 0 then

$$c_0(r) = A_0 + B_0 \log(r).$$

We just need to show each  $B_i = 0$ . Suppose otherwise, that  $B_i \neq 0$  for some i. Since  $\lambda_i^+ \geq 0$  and  $\lambda_i^- \leq -(n-2)$ , we can find a radius  $0 < r_0 < 1$  so that for  $r < r_0$  we have

$$|A_i|\lambda_i^+ r^{\lambda_i^+} \leq \frac{1}{4}|B_i||\lambda_i^-|r^{\lambda_i^-}.$$

Therefore we have

$$\int_{B_1} |Du|^2 \ge \int_0^1 (c_i')^2 r^{n-1} dr \ge \frac{1}{4} |B_i|^2 \int_0^{r_0} r^{2\gamma_i^- + n - 3} dr$$
$$\ge \frac{1}{4} |B_i|^2 \int_0^{r_0} r^{-n+1} dr = \infty$$

which is a contradiction. If n = 2 and i = 0, then we have the similar contradiction

$$\int_{B_1} |Du|^2 \ge |B_0|^2 \int_0^1 dr/r = \infty.$$

This shows every  $B_i = 0$ , and hence proves Lemma 5.2 for  $n \ge 2$ . The n = 1 case is trivial.

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