

Constraining the evolution of Newton's constant with slow inspirals observed from spaceborne gravitational-wave detectors

Riccardo Barbieri,¹ Stefano Savastano¹,¹ Lorenzo Speri¹,¹ Andrea Antonelli,² Laura Sberna¹,¹ Ollie Burke,^{1,3} Jonathan Gair,¹ and Nicola Tamanini³

¹Max Planck Institute for Gravitational Physics (Albert Einstein Institute),
Am Mühlenberg 1, 14476 Potsdam, Germany

²Department of Physics and Astronomy, Johns Hopkins University,
3400 N. Charles Street, Baltimore, Maryland 21218, USA

³Laboratoire des 2 Infinis - Toulouse (L2IT-IN2P3), CNRS, UPS, F-31062 Toulouse Cedex 9, France



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Space-borne gravitational-wave (GW) detectors observing at millihertz and decihertz frequencies are expected to detect large numbers of quasimonochromatic signals. The first and second time derivative of the GW frequency ($\dot{f}_0$ and $\ddot{f}_0$) can be measured for the most favorable sources and used to look for negative post-Newtonian corrections, which can be induced by the source's environment or modifications of general relativity. We present an analytical, Fisher-matrix-based approach to estimate how precisely such corrections can be constrained. We use this method to estimate the bounds attainable on the time evolution of the gravitational constant $G(t)$ with different classes of quasimonochromatic sources observable with LISA and DECIGO, two representative space-borne detectors for millihertz and decihertz GW frequencies. We find that the most constraining source among a simulated population of LISA galactic binaries could yield $\dot{G}/G_0 \lesssim 10^{-6} \text{ yr}^{-1}$, while the best currently known verification binary will reach $\dot{G}/G_0 \lesssim 10^{-4} \text{ yr}^{-1}$. We also perform Monte Carlo simulations using quasimonochromatic waveforms to check the validity of our Fisher-matrix approach, as well as inspiralling waveforms to analyse binaries that do not satisfy the quasimonochromatic assumption. We find that our analytical Fisher matrix produces good order-of-magnitude constraints even for sources well beyond its regime of validity. Monte Carlo investigations also show that chirping stellar-mass compact binaries detected by DECIGO-like detectors at cosmological distances of tens of Mpc can yield constraints as tight as $\dot{G}/G_0 \lesssim 10^{-11} \text{ yr}^{-1}$.

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I. INTRODUCTION

One of the cornerstones of general relativity is the principle of local position invariance, according to which the outcome of a local nongravitational experiment is independent of the experiment's position in time and space [1]. Alternatives to general relativity, on the other hand, can violate local position invariance; scalar-tensor theories, for instance, introduce a new field that mediates gravitational interactions [2,3] and can lead to a time dependence in the effective gravitational constant $G(t)$ [4,5] replacing Newton's constant G_0 . Probing whether the gravitational constant is indeed constant constitutes a direct test of one of the fundamental principles of general relativity, which

could potentially provide new insights on the underlying properties of the gravitational interaction at different temporal and spatial scales.

Scalar-tensor theories have been largely employed to provide a simple explanation to the observed evolution of the Universe, in particular to describe dark energy and introduce a different dynamics with respect to the standard cosmological constant [6–8]. One of the main assumptions in these scalar-tensor cosmological models, is that the scalar field is distributed isotropically and homogeneously at cosmic distances. In some of these theories, such an assumption effectively produces a gravitational constant that is spatially constant, at least at subhorizon scales, while it is allowed to vary over cosmic time. Looking for observational signatures of a running gravitational constant over different cosmic ages is thus not only a simple way to probe some of the principles of general relativity, but also a way to test alternative cosmological models and possibly to acquire new insights on the nature of dark energy.

Several strategies have been used over the years to measure the first time derivative of the gravitational

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coupling, $\dot{G}$, assuming a linear dependence of $G(t)$ on time (see, e.g., Ref. [9]). Stringent bounds on $\dot{G}$ come from big bang nucleosynthesis (BBN) data [10–12], from which it has been estimated that $\dot{G}/G_0 \lesssim 10^{-12} \text{ yr}^{-1}$, from the cosmic microwave background (CMB) [13], and from type-IA Supernovae [14]. In the local environment, constraints come from the study of globular clusters [15] and (at distances below $\sim 1 \text{ AU}$) from lunar ranging experiments, which currently provide the most stringent bounds; $\dot{G}/G_0 \lesssim 10^{-14} \text{ yr}^{-1}$ [16].

Gravitational-wave (GW) observations have also been used to constrain the running of the gravitational constant. A key difference from previous constraints is that GW observations can probe intermediate epochs in cosmic history and are more local in time and space, while cosmological bounds need to assume that the gravitational constant evolved at a constant rate across the entire history of the Universe. In other words, GWs test the first derivative of $G(t)$ at the spatial and temporal location of the source, without requiring any assumptions on the general form of $G(t)$ at other times. On the other hand, cosmological measurements of $\dot{G}$ (such as CMB or BBN analyses) assume that $G(t)$ is varying linearly in time from the early Universe until today. Thus, GW tests of $\dot{G}$ represent a unique way to probe the local variation of $G(t)$ at cosmological distances.

Binary pulsars were the earliest GW sources used to place constraints on $\dot{G}$ [4,17,18]. Recently, measurements of component masses of binary neutron stars (NS) have also been used to constrain $\dot{G}/G_0 \lesssim 10^{-8} \text{ yr}^{-1}$ [19]. It has also been estimated that chirping massive black hole binaries (MBHBs) and extreme mass-ratio inspirals (EMRIs), which are expected to be detected with the planned LISA mission, could be used to constrain $\dot{G}/G_0 \lesssim \mathcal{O}(10^{-5}) \text{ yr}^{-1}$ and $\dot{G}/G_0 \lesssim \mathcal{O}(10^{-8}) \text{ yr}^{-1}$ respectively, assuming a $10^6 M_\odot$ central BH and optimistic SNRs of 100 for an EMRI with symmetric mass ratio of 10^{-5} and 1000 for an equal-mass MBHB [20].¹ From stellar-mass binaries, another target of space-borne GW detectors like LISA, Ref. [21] forecasts constraints in the range $\dot{G}/G_0 \lesssim 10^{-8} \text{ yr}^{-1}$ to 10^{-10} yr^{-1} , when these sources are observed both by LISA and some configurations of terrestrial detectors [see their Fig. (13)]. In Fig. 1 we summarize current constraints on the variation of the gravitational constant (in black), together with predictions for future GW observations (dashed) and predictions from this paper (in red), plotting them against the reference distance at which

those constraints have been derived. From the figure it is clear that GWs offer the best way to test local variations of $G(t)$ at cosmological distances in the late-time Universe.

The goal of this paper is to further assess what constraints stellar-mass compact binaries detected by space-borne GW interferometers can yield on the running of Newton’s constant of gravitation. The LISA mission is expected to detect tens of thousands of stellar-mass binaries from our Galaxy at millihertz frequencies, mostly double white dwarfs (DWDs) [24–27]. Some galactic binaries, known as verification binaries, are already known to emit in the LISA band, and are guaranteed detections [28–30]. At large separation, the signals from DWDs are almost monochromatic. For most of these, the first time derivatives of the signal’s frequencies can be measured and used to constrain the binary’s chirp mass. In favorable conditions, the second derivative of the frequency can also be measured, allowing us to measure relativistic effects such as tides [31–33] and putative modifications to the environment of the DWDs or of the underlying theory of gravity. Millihertz signals are particularly interesting sources to place constraints on $\dot{G}$, as the negative post-Newtonian (PN) corrections that $\dot{G}$ would induce influence the binaries’ motion at the large separations at which these signals will be observed. Note that scalar-tensor theories (or other underlying theories that would cause a variation of G) also predict other deviations in the orbital decay of binaries, e.g., due to the emission of scalar dipole radiation [34]. These effects appear at a different post-Newtonian order compared to a time-dependent gravitational constant, and therefore should not affect the constraints on $\dot{G}/G_0$ discussed in this work.

Likewise, space-borne detectors operating at decihertz frequencies are expected to detect thousands of binaries containing NS and/or stellar to intermediate-mass black holes (BHs) [35], which could provide stringent constraints to alternative theories of gravity [36]. One example of decihertz detector is DECIGO [37,38], though its actual deployment remains uncertain. In this paper we consider DECIGO as a representative space-borne decihertz detector. For low enough chirp masses and frequencies, DECIGO binaries are quasimonochromatic, which allows us to treat them similarly to LISA’s DWDs. For a larger part of the parameter space, low-mass binaries in DECIGO cannot be treated as quasimonochromatic anymore, as the chirp becomes a dominant feature of the inspiral and the frequency evolution cannot be ignored. Constraints on $\dot{G}$ from decihertz detectors’ inspiralling sources have not been estimated in the literature and will be provided here for the first time.

The paper is organized as follows. Using a Fisher matrix for quasimonochromatic signals, we derive in Sec. II an analytic estimate of the error attainable in measurements of $\dot{G}$ that includes correlations with other signal parameters. We then use this expression to forecast constraints using

¹Note that scalar-tensor theories cannot account for the evolution of Newton’s constant as measured in vacuum by binary BH observations, as the only physically evolving coupling in scalar-tensor theories is the one between gravity and matter. For an alternative theory with a running gravitational constant in the purely gravitational sector, see Appendix A of Ref. [20].

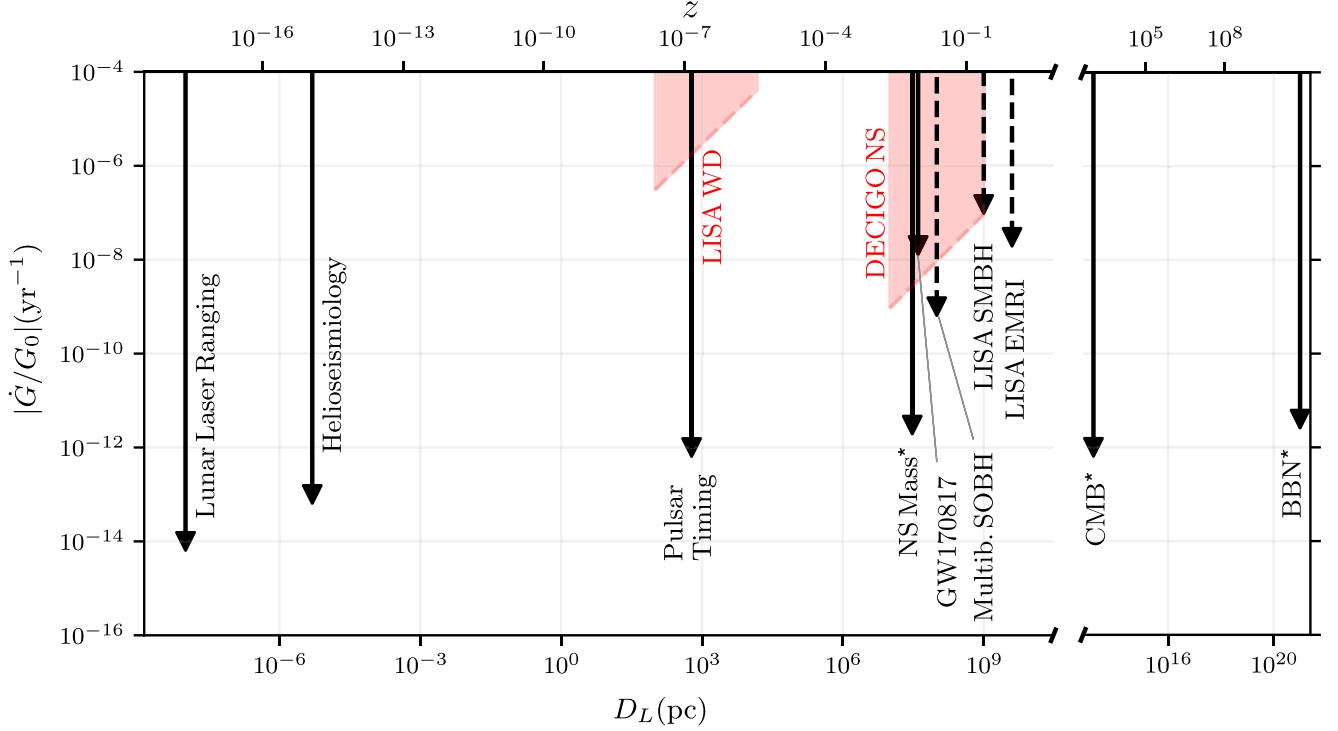


FIG. 1. Constraints on $\dot{G}/G_0$ from current data [12,13,16,17,19,22] (in black, full lines) together with predictions for future GW detections from [21,23] (black, dashed) and from this paper (red bands). The CMB, BBN, and NS mass constraints assume a linear evolution of $G(t)$ across all cosmological time and their localization in redshift/distance is only approximate (for these reasons we mark them with an asterisk). The estimates from GWs use as reference typical parameters of their respective sources as reported in [21,23]. These parameters include the value of the distance used in the figure, but the reader should keep in mind that GW constraints can in fact come at different distances and should more properly be represented as a distance/redshift band, similar to the predictions from this paper (in red). The horizontal axes show the distance/redshift (assuming a Λ CDM cosmology with $H_0 = 70$ km/s/Mpc and $\Omega_m = 0.3$) of the sources used in the constraints, while the vertical axis shows the constraint on the magnitude of $\dot{G}$, expressed as a fraction of the value of G_0 at the present time (in units of yr^{-1}). The LISAWD constraint band is obtained via the Fisher matrix as described in Sec. III for an equal mass DWD with total mass $M = 2M_\odot$, initial frequency $f_0 = 0.01$ Hz, and distances ranging from 100 pc to 15 kpc. The DECIGO NS constraint band is similarly obtained by considering a typical equal mass BNS with a total mass of $M = 2.8M_\odot$, initial frequency $f_0 = 0.1$ Hz, and distances between 10 Mpc and 1 Gpc, and accounting for the NS sensitivity, see Sec. II C.

LISA and DECIGO's quasimonochromatic binaries in Sec. III. We first estimate the lowest possible $\dot{G}/G_0$ constraints attainable from currently known verification DWDs for LISA [28–30], and then survey the parameter space of low-chirp mass galactic binaries in LISA. We further estimate the constraints from a population study with realistic DWD catalogs. We finally survey the parameter space of almost monochromatic binaries in DECIGO. We find that the loudest known LISA verification binary (ZTF J1539 + 5027) can be used to constraint $\dot{G}/G_0 \lesssim 10^{-4} \text{ yr}^{-1}$, while the loudest sources in the simulated DWD population improve this constraint to $\dot{G}/G_0 \lesssim 10^{-6} \text{ yr}^{-1}$ (thanks to their higher SNR). In Sec. IV, we perform full Bayesian analyses and employ chirping waveforms to explore the parameter space where the quasimonochromatic approximation fails. We find that LISA could bring constraints down to $\dot{G}/G_0 \lesssim 10^{-11} \text{ yr}^{-1}$, if we were to observe stellar-mass BBHs in our Galaxy emitting at the

upper end of its sensitivity band. Likewise, DECIGO could use chirping stellar-mass binaries at cosmological distances to constrain $\dot{G}/G_0 \lesssim 10^{-11} \text{ yr}^{-1}$. We discuss our results and other prospects in Sec. V.

II. PRECISION MEASUREMENTS OF $\dot{G}$: AN ANALYTICAL APPROACH

In this section we present an original approach to derive an analytical expression for the constraints on $\dot{G}$ for almost monochromatic GW sources. This expression will then be used in Sec. III to assess the potential of LISA and DECIGO to bound $\dot{G}$.

A. The analytic Fisher matrix

The data stream d observed by a GW detector is assumed to be a superposition of weakly stationary zero-mean Gaussian noise $n(t)$, intrinsic to the detector, and a GW signal $h(t; \theta)$ with parameters $\theta = \{\theta_1, \theta_2, \dots\}$,

$$d = h(t; \boldsymbol{\theta}) + n(t). \quad (1)$$

Stationary Gaussian noise implies the likelihood is [39]

$$\log p(d|\boldsymbol{\theta}) = -\frac{1}{2}(d - h(t; \boldsymbol{\theta})|d - h(t; \boldsymbol{\theta})), \quad (2)$$

with the inner product in the Fourier domain defined as [40]

$$(a|b) = 2 \int_0^\infty \frac{\hat{a}(f)\hat{b}^*(f) + \hat{a}^*(f)\hat{b}(f)}{S_n(f)} df, \quad (3)$$

where $S_n(f)$ is the detector's one-sided power spectral density (PSD) [41,42], and hatted quantities stand for the continuous Fourier transform. From this, one obtains the (optimal matched-filtering) signal-to-noise ratio (SNR) and the Fisher matrix as, respectively, $\rho = \sqrt{(h|h)}$ and $\Gamma_{ij} = (\partial_i h | \partial_j h)$ (with $\partial_i \equiv \partial/\partial\theta^i$). This latter quantity is of particular interest since it provides an indication of how well parameters can be measured.

In this work, we mostly consider time-domain signals that are quasimonochromatic (namely, whose frequencies evolve slowly in time). We model these with a sinusoid

$$h(t; \boldsymbol{\theta}) = A \cos(2\pi t \tilde{f} + \phi). \quad (4)$$

For compactness, we have gathered the Taylor expansion of the phase into $\tilde{f} \equiv f_0 + \dot{f}_0 t/2 + \ddot{f}_0 t^2/6 + \mathcal{O}(\ddot{f}_0^3)$. This is a good approximation as long as $\ddot{f}_0 T_{\text{obs}} \ll \ddot{f}_0$, with T_{obs} the observation time of the signal. We take the signal to depend on parameters $\boldsymbol{\theta} = \{\ln A, f_0, \dot{f}_0, \ddot{f}_0, \phi\}$. Following Seto and Takahashi [43,44], we define the (time-domain) inner product for quasimonochromatic sources as

$$(a|b)|_{\text{TD}} = \frac{2}{S_n(f_0)} \int_0^{T_{\text{obs}}} a(t)b(t)dt, \quad (5)$$

with f_0 the starting frequency bin. The PSD can be moved out of the integral as the PSD in Eq. (5) is essentially constant across the frequencies spanned by the evolution of quasimonochromatic sources. With these definitions, the expressions for the SNR and Fisher matrix become

$$\rho^2 = \frac{2}{S_n(f_0)} \int_0^{T_{\text{obs}}} h(t; \boldsymbol{\theta})^2 dt, \quad (6)$$

$$\Gamma_{ij} = \frac{2}{S_n(f_0)} \int_0^{T_{\text{obs}}} \partial_i h(t; \boldsymbol{\theta}) \partial_j h(t; \boldsymbol{\theta}) dt. \quad (7)$$

Using Eqs. (4) and (6), an expression for the SNR can be obtained

$$\rho^2 = \frac{2A^2}{S_n(f_0)} \int_0^{T_{\text{obs}}} \cos^2(2\pi \tilde{f}t + \phi) dt \approx \frac{A^2 T_{\text{obs}}}{S_n}, \quad (8)$$

where we assumed sufficiently long observation times $f_0 T_{\text{obs}} \gg 1$ [44]. Equation (8) provides a relation between the amplitude A and SNR ρ of the signal. Using this relation and performing the integrations, use of Eq. (7) yields the Fisher matrix for the signal up to $\mathcal{O}(\ddot{f})$ [45]

$$\Gamma \approx \rho^2 \begin{pmatrix} 1 & 0 & 0 & 0 & 0 \\ 0 & \frac{4\pi^2 T_{\text{obs}}^2}{3} & \frac{\pi^2 T_{\text{obs}}^3}{2} & \frac{2\pi^2 T_{\text{obs}}^4}{15} & \pi T_{\text{obs}} \\ 0 & \frac{\pi^2 T_{\text{obs}}^3}{2} & \frac{\pi^2 T_{\text{obs}}^4}{5} & \frac{\pi^2 T_{\text{obs}}^5}{18} & \frac{\pi T_{\text{obs}}^2}{3} \\ 0 & \frac{2\pi^2 T_{\text{obs}}^4}{15} & \frac{\pi^2 T_{\text{obs}}^5}{18} & \frac{\pi^2 T_{\text{obs}}^6}{63} & \frac{\pi T_{\text{obs}}^3}{12} \\ 0 & \pi T_{\text{obs}} & \frac{\pi T_{\text{obs}}^2}{3} & \frac{\pi T_{\text{obs}}^3}{12} & 1 \end{pmatrix}. \quad (9)$$

The measurement precision on the parameter θ_i is then given by the square root of the diagonal elements of the covariance matrix, namely the inverse of the Fisher matrix; $\Delta\theta_i = \sqrt{(\Gamma^{-1})_{ii}}$.

In general relativity and in vacuum, measuring the chirp $\dot{f}_0$ of quasimonochromatic binaries allows one to break the degeneracy between distance and chirp mass $\mathcal{M}_c$ of the source, and it thus gives access to physical parameters of interest [46]. The measurement of $\ddot{f}_0$, while comparatively harder to obtain for quasimonochromatic sources, would give access to potential tidal interactions in the binary [29]. If gravity is described by an alternative theory, or if we take into account the binary's environment, these effects can also be accessed through the measurement of $\ddot{f}_0$, assuming they dominate over potential tidal interactions.

Let us start with a general derivation on how well an additional parameter can be constrained from measurements of $\dot{f}_0$ and $\ddot{f}_0$. Consider the case in which the chirp $\dot{f}_0$ and second derivative $\ddot{f}_0$ depend on two parameters θ_1 (such as the chirp mass) and θ_2 (any modification to general relativity or the binary's environment). Using the chain rule, we can swap the $\dot{f}_0$ and $\ddot{f}_0$ entries in the Fisher matrix Γ with θ_1 and θ_2 . The new Fisher matrix $\tilde{\Gamma}$ has parameters $\theta = \{\log A, f_0, \theta_1, \theta_2, \phi\}$ and is given by

$$\tilde{\Gamma} = J_\theta^T \Gamma J_\theta, \quad (10)$$

where $(\cdot)^T$ denotes the transpose operation and J_θ is the Jacobian

$$J_\theta = \begin{pmatrix} 1 & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 \\ \frac{\partial \dot{f}_0}{\partial \ln A} & \frac{\partial \dot{f}_0}{\partial f_0} & \frac{\partial \dot{f}_0}{\partial \theta_1} & \frac{\partial \dot{f}_0}{\partial \theta_2} & \frac{\partial \dot{f}_0}{\partial \phi} \\ \frac{\partial \ddot{f}_0}{\partial \ln A} & \frac{\partial \ddot{f}_0}{\partial f_0} & \frac{\partial \ddot{f}_0}{\partial \theta_1} & \frac{\partial \ddot{f}_0}{\partial \theta_2} & \frac{\partial \ddot{f}_0}{\partial \phi} \\ 0 & 0 & 0 & 0 & 1 \end{pmatrix}. \quad (11)$$

The estimates of measurement precision, $\Delta\theta_1$ and $\Delta\theta_2$, can then be obtained by inverting $\tilde{\Gamma}$ and reading off the diagonal

elements. For sufficiently simple first and second chirp derivatives, the expressions are analytical and therefore cheap to evaluate, but still automatically incorporate correlations between parameters.

B. Time-varying gravitational constant: A nonperturbative model for the GW frequency

We now demonstrate how to use the analytical approach for quasimonochromatic sources reported above to place constraints on the time variation of the gravitational constant $G(t)$.

We first expand $G(t) = G_0 + \dot{G}(t - t_0) + \mathcal{O}[(t - t_0)^2]$ about Newton's gravitational constant G_0 at the initial time of observation t_0 , with $\dot{G} \equiv \dot{G}(t_0)$. Previously, waveforms accounting for the running of Newton's constant had been presented in Ref. [20]. That analysis focused on chirping binaries, for which an expansion of $G(t)$ around the time of coalescence of the binary (rather than the initial time) is more appropriate. Waveforms in Ref. [20] were also only valid up to leading order in $\dot{G}$. This approximation breaks down in some of the parameter space we explore; higher orders in $\dot{G}$ can only be safely neglected at sufficiently high frequencies, for which $\dot{G}/G_0 \ll f_0^{8/3} G_0^{5/3} \mathcal{M}_c^{5/3} c^{-5}$ [as seen comparing the first and second terms in Eq. (13) below]. In this work, we derive quasimonochromatic waveforms valid to all powers in a constant $\dot{G}$ in the phase.

We start by solving the balance equation $\dot{E} = -\mathcal{L}_{\text{GW}}$, with E and $\mathcal{L}_{\text{GW}}$ the binary's binding energy and GW emission power, respectively, at leading PN order [47]

$$E = -\left[\frac{\pi^2}{8} \mathcal{M}_c^5 G(t)^2 f(t)^2\right]^{1/3},$$

$$\mathcal{L}_{\text{GW}} = \frac{32}{5} \frac{c^5}{G(t)} \left[\frac{\pi \mathcal{M}_c}{c^3} G(t) f(t)\right]^{10/3}. \quad (12)$$

These determine the evolution of the frequency as a function of time. Defining $f_0 \equiv f(t_0)$, the expressions for $\dot{f}_0 \equiv \dot{f}(t_0)$ and $\ddot{f}_0 \equiv \ddot{f}(t_0)$ from the balance law are

$$\dot{f}_0 = \frac{96\pi^{8/3}}{5c^5} G_0^{5/3} \mathcal{M}_c^{5/3} f_0^{11/3} - \left(\frac{\dot{G}}{G_0}\right) f_0,$$

$$\ddot{f}_0 = \frac{33792\pi^{16/3}}{25c^{10}} f_0^{19/3} G_0^{10/3} \mathcal{M}_c^{10/3} - \frac{288\pi^{8/3}}{5c^5} f_0^{11/3} G_0^{5/3} \left(\frac{\dot{G}}{G_0}\right) \mathcal{M}_c^{5/3} + 2\left(\frac{\dot{G}}{G_0}\right)^2 f_0. \quad (13)$$

From the expression for $\dot{f}_0$, it is apparent that $\dot{G}$ formally enters at -4PN order, i.e., its correction scales as $f^{2n/3}$ with $n = -4$ relative to the leading-order general relativistic term. This is also true for $\ddot{f}_0$ and all other higher derivatives

of the frequency, assuming an expansion in $\dot{G}$ to linear order. Note that with respect to the analysis in Ref. [20] we are keeping all terms in Eq. (13), in particular the first and last term on the right hand side respectively of the first and second line of Eq. (13), since we are not assuming the condition $\dot{G}/G_0 \ll f_0^{8/3} G_0^{5/3} \mathcal{M}_c^{5/3} c^{-5}$.

In the LISA band, for instance, for galactic binaries of $\mathcal{M}_c = 0.5 M_\odot$ at frequencies $f_0 = 10^{-2}$ Hz the first term in $\dot{f}_0$ dominates for values $\dot{G}/G_0 > 10^{-5} \text{ yr}^{-1}$, and must therefore be included. Note that for low-enough frequencies, the terms of $\dot{G}$ in both $\dot{f}_0$ and $\ddot{f}_0$ may imply that $\ddot{f}_0 T_{\text{obs}} > \ddot{f}_0$, thus breaking the quasimonochromatic assumption. We take into account this limitation in our analysis.

The expressions (13) provide $\dot{f}_0(\mathcal{M}_c, \dot{G})$ and $\ddot{f}_0(\mathcal{M}_c, \dot{G})$ in terms of two new parameters of interest, the chirp mass $\theta_1 \equiv \mathcal{M}_c$ and the parameter $\theta_2 \equiv \dot{G}$: ultimately, we want to extract information about the latter, keeping track of correlations with the former (along with those with A , f_0 , and ϕ). Using Eqs. (11) and (13), we can recast the Fisher matrix (10) in terms of the $\mathcal{M}_c$ and $\dot{G}$ parameters using the results derived in Sec. II A. The measurement error on $\dot{G}$ can then be obtained through $\Delta \dot{G}_{\text{full}} = \sqrt{(\tilde{\Gamma}^{-1})_{\dot{G}\dot{G}}}$. The expression we obtain is rather cumbersome, but it can be shown to be well-approximated by a simpler expression. Defining the quantities

$$\epsilon_1 \equiv \frac{\dot{G}}{G_0} T_{\text{obs}} = 0.01 \left(\frac{\dot{G}/G_0}{10^{-2} \text{ yr}^{-1}} \right) \left(\frac{T_{\text{obs}}}{1 \text{ yr}} \right), \quad (14)$$

$$\epsilon_2 \equiv \frac{\pi^{8/3}}{c^5} f_0^{8/3} G_0^{5/3} \mathcal{M}_c^{5/3} T_{\text{obs}}$$

$$\approx 0.01 \left(\frac{f_0}{10^{-2} \text{ Hz}} \right)^{8/3} \left(\frac{\mathcal{M}_c}{10^2 M_\odot} \right)^{5/3} \left(\frac{T_{\text{obs}}}{1 \text{ yr}} \right), \quad (15)$$

the measurement error reads

$$\Delta \dot{G}_{\text{full}}^2 = \Delta \dot{G}_{\text{app.}}^2 \left[1 - 3\epsilon_1 + \frac{88}{35} \epsilon_1^2 - \frac{9}{28} \epsilon_1^3 + \frac{1}{84} \epsilon_1^4 \right. \\ + \frac{704}{5} \epsilon_2 - \frac{42944}{175} \epsilon_1 \epsilon_2 + \frac{2112}{35} \epsilon_1^2 \epsilon_2 - \frac{352}{105} \epsilon_1^3 \epsilon_2 \\ + \frac{4697088}{875} \epsilon_2^2 - \frac{447744}{175} \epsilon_1 \epsilon_2^2 + \frac{5632}{21} \epsilon_1^2 \epsilon_2^2 \\ \left. + \frac{17842176}{875} \epsilon_2^3 - \frac{3964928}{875} \epsilon_1 \epsilon_2^3 + \frac{95158272}{4375} \epsilon_2^4 \right], \quad (16)$$

where

$$\Delta \dot{G}_{\text{app}}^2 = \frac{630000 c^{10} G_0^4}{\pi^2 f_0^2 T_{\text{obs}}^6 \rho^2 (5c^5 \dot{G} + 416\pi^{8/3} f_0^{8/3} G_0^{8/3} \mathcal{M}_c^{5/3})^2}. \quad (17)$$

Since ϵ_1 and ϵ_2 remain generally small for the sources we are interested in—see values in Eqs. (14) and (15)—we find that $\Delta \dot{G}_{\text{app}}$ is a good and simple approximation to estimate the error on $\dot{G}$. However, we use $\Delta \dot{G}_{\text{full}}$ in the analytical estimates below for completeness.

C. A note on the impact of a varying gravitational constant on the mass of compact bodies

Our constraint on the variation of the gravitational constant, namely Eqs. (16) and (17) is computed assuming that the only impact of $\dot{G}$ on the binary is through the energy balance of Eq. (12). However, the mass of compact stars will also vary in time at a rate proportional to any time variation of the gravitational constant G [48,49]. A change in the orbital binding energy (or equivalently, in the orbital period) can therefore be due not exclusively to the explicit action of $G(t)$ in Eq. (12), but also to the implicit action of $G(t)$ in the chirp mass $\mathcal{M}_c$. To estimate the impact of this effect on our constraint on $\dot{G}$ we can use Eq. (18) of Ref. [48],

$$\left. \frac{\dot{E}}{E} \right|_{\dot{G}} = -\frac{4}{3} \left(1 - \frac{2q+3}{2q+2} s_1 - \frac{3q+2}{2q+2} s_2 \right) \frac{\dot{G}}{G}, \quad (18)$$

where q is the mass ratio, and s_1 and s_2 are the sensitivities of the primary and secondary components of the binary, defined by [49]

$$s_i = \frac{\partial \ln m_i}{\partial \ln G}. \quad (19)$$

In this paper, we consider exclusively equal-mass systems, so that Eq. (18) simplifies to

$$\left. \frac{\dot{E}}{E} \right|_{\dot{G}} = -\frac{4}{3} \left(1 - \frac{5}{2} s \right) \frac{\dot{G}}{G}. \quad (20)$$

The factor in parenthesis represents the impact of $\dot{G}$ on the variation of the binding energy through its impact on the component masses.

If the binary components have zero sensitivity, we recover our Eq. (16) for the constrain on $\dot{G}$. In the remainder of this work, following Ref. [20], we assume BHs have zero sensitivity. For WDs, scalar-tensor theories predict sensitivities of the order 10^{-4} , and their effect can be safely neglected [50]. The same cannot be said for NSs, where a typical value is $s_{\text{NS}} = 0.15$ and as high as $s_{\text{NS}} = 0.39$, depending on the equation of state [48]. In the following, whenever quoting quantitative results

for NSs, we will account for this effect using the typical value of 0.15, which translates to a factor of $1/(1 - 5/2 \times 0.15) = 1.6$ in our constraint on $\dot{G}$. In general, the interpretation of our constraints will depend (generally by less than an order of magnitude) on the underlying theory of gravity and its predictions for the component sensitivities.

D. Some remarks on the physical units used to measure a varying gravitational constant

Another important issue concerning the measurement of $\dot{G}$ with the methodology exposed above, is that the gravitational constant G is a dimensionful quantity which can only be measured by comparison with a suitable operational definition of physical units. In many theories beyond general relativity, and especially in theories where the gravitational constant is promoted to a scalar field, such as the well-known Brans-Dicke theory [3,51], one can always reduce a varying gravitational constant to an actual constant, in vacuum, via a conformal transformation. Since our main theoretical motivations for a time-varying G are based on similar theories, this feature may constitute a problem for our proposed measurement strategy with space-borne GW detectors, which in practice provide a measurement between free-falling test masses in vacuum. If G can simply be reduced to a constant in vacuum, such measurement is meaningless since the physical units with which we compare our observations, say the distance between the free-falling masses or the light-travel time between them, may change as G changes, leaving measured distances or time periods invariant.

In order to set up a well-defined measurement of G , or in our case of $\dot{G}/G$, we must compare observable quantities with standard units defined operationally in a gravity-free environment, i.e., where the effects of G and its possible variation are negligible. In other words, we must first spell out how we compare the time variation of G with a time-independent definition of time units, for example the SI unit system definition of second based on a Cs atom hyperfine transition frequency. This can be done with the clocks on-board the LISA or DECIGO spacecrafts, or with an atomic clock on Earth after the data have been transferred from the spacecrafts to Earth. In the second case, we must take into account the gravitational redshift between LISA/DECIGO and the Earth's surface, where time flows slower due to the Earth's gravitational field. The effect is however negligible for all our purposes. In the case of LISA, this redshift is of the order of 10^{-10} , which is orders of magnitude below the best frequency measurements that LISA can obtain, which can reach a relative accuracy around 10^{-6} [52,53]. By comparing $\dot{G}/G$ with the standard SI definition of second on the Earth we have a well-defined operational way to compare the gravity-dominated measurement of $\dot{G}/G$ with

the gravity-free definition of second based on a suitable atomic energy transition.

E. Some remarks on the direct effect of a varying gravitational constant on LISA

Here we quickly explore what is the direct effect of a time-varying G on LISA measurements. In other words, we would like to assess whether a nonvanishing $\dot{G}$ affects the orbit and readout of the LISA spacecrafts, even in the absence of a gravitational-wave signal. We will focus on LISA in this subsection, but similar arguments apply to DECIGO.

First of all, we notice that LISA's orbit around the Sun is affected by the evolution of G . To estimate this effect, we can simply apply the first of Eq. (13), ignoring the first term on the right-hand side, which is due to GW emission and negligible for the LISA-Sun system. LISA's orbit will then change over the same time scale over which G changes, implying that the distance between the spacecrafts, which can always be seen as a fraction of the full orbit, will change by the same relative amount. For example, if $\dot{G}/G \sim 10^{-5}$ 1/yr, then the armlength of LISA will change by 10^{-5} of its nominal value. Such a value is huge if compared with the pm resolution with which LISA measures the distance between the test masses on board the spacecrafts. One may then wonder if such an effect could spoil the measurement strategy that we presented above, or on the other hand could be used to measure a time-varying G directly in the Solar System.

However, because the effect of $\dot{G}$ amounts to a linear-in-time motion between the LISA spacecrafts, it does not affect the interferometric measurements of LISA. In fact, this is an effect that enters at zero frequency in the Fourier domain, and consequently cannot be measured by LISA, which is optimized to measure around the millihertz frequency band and is completely insensitive to any variation at frequencies lower than 10^{-5} Hz. Consequently, our measurement strategy outlined above is not influenced by the direct effect of $\dot{G}$ on the LISA spacecrafts.

It remains to be addressed whether auxiliary measurements on board the LISA spacecrafts can be used to obtain complementary information useful to test $\dot{G}$. This may notably be the case with Doppler interspacecraft distance measurements, which in the case of LISA can reach an accuracy of cm over millions of km, or in other words a relative accuracy of 10^{-11} [54]. One could then hope to use these measurements to constrain $\dot{G}$ at a similar level, which would be competitive with current results obtained in the Solar System. However, at low frequencies one must take into account all slowly varying Newtonian perturbations in the Solar System, as well as other possible disturbances that cause variations on similar time scales (orbital manoeuvres, thermal variations, Solar radiation, interplanetary magnetic

fields, ...). It is not straightforward to assess the impact of such disturbances and whether they can be modelled and subtracted from the data. For this reason we leave the question on whether LISA can measure a nonzero $\dot{G}$ directly from the effect on its spacecraft to future investigations.

III. CONSTRAINTS ON $\dot{G}$ FROM THE ANALYTIC FISHER MATRIX

By using the analytical expression Eq. (16), in this section we explore the constraints on $\dot{G}$ across the whole parameter space of low-mass, quasimonochromatic binaries detected by LISA and decihertz detectors, using DECIGO as an example.

Following Cornish [55], we define the angle-averaged gravitational-wave amplitude of a quasimonochromatic source,

$$A = \frac{8}{\sqrt{5}} \frac{(G_0 \mathcal{M}_c / c^2)^{5/3}}{D_L} \left(\frac{\pi f_0}{c} \right)^{2/3}, \quad (21)$$

for D_L the luminosity distance to the source. For the amplitude in Eq. (21), we approximate $G \simeq G_0$, as GW detectors are in any case less sensitive to modulations of the amplitude compared to modulations of the phase. We compute LISA SNRs with the noise PSD from Ref. [55], and DECIGO SNRs using the noise PSD from Ref. [56].

In the present section, we consider $\dot{G}$ to be measurable if its 1σ relative error reaches a 50% precision or lower [45], $\Delta \dot{G}_{\text{full}} / \dot{G} < 0.5$. For quasimonochromatic sources, this condition can be analytically evaluated using Eq. (16), allowing us to cheaply survey the parameter space. We will quote measureable values of $\dot{G}$ corresponding to the minimum $\dot{G}$ we can detect for a given set of parameters. Values lower than those quoted would imply a degradation in the precision of the measurement; higher values would imply an even better detection of $\dot{G}$.

We limit our survey to regions of parameter space where the quasimonochromatic approximation applies by requiring that the third time derivative of the frequency $\ddot{f}_0$ is such that its contribution to the Taylor-expanded frequency evolution is negligible, namely $\ddot{f}_0 T_{\text{obs}} \ll \dot{f}_0$. The third time derivative can easily be found from $\dot{f}$ and $\ddot{f}$ in Eq. (13). Constraining the parameter space in this way singles out two source classes of interest; binaries with NSs, BHs or DWDs in our galaxy (observable with LISA), and NS or BH binaries at cosmological distances of tens of Mpc (observable with DECIGO).

A. LISA

The first sources we consider are ultra-compact binaries in our Galaxy. These are short-period ($P \lesssim 1$ hour) binaries generally composed of white dwarves, NSs and compact

TABLE I. Forecast constraints on $\dot{G}$ from LISA verification (detached) binaries. The values refer to 4.5 years of continuous observation.

Source	References	f_0 [mHz]	m_1 [$M_\odot$]	m_2 [$M_\odot$]	D_L [kpc]	$\dot{G}/G_0$ [yr^{-1}]
ZTF J1539 + 5027	[52,57]	4.8	0.61	0.21	2.34	2.05×10^{-4}
ZTF J0538 + 1953	[57]	2.3	0.45	0.32	0.68	2.76×10^{-4}
PTF J0533 + 0209	[57]	1.6	0.65	0.17	1.74	9.56×10^{-4}
ZTF J2029 + 1534	[57]	1.6	0.32	0.30	2.02	1.05×10^{-3}
ZTF J0722 – 1839	[57]	1.5	0.38	0.33	0.93	7.20×10^{-4}
ZTF J1749 + 0924	[57]	1.3	0.40	0.28	1.55	1.27×10^{-3}
ZTF J2243 + 5242	[58]	3.8	0.35	0.38	2.12	2.44×10^{-4}
SDSS J0651 + 2844	[59]	2.6	0.26	0.51	1.00	2.86×10^{-4}
SDSS J0935 + 4411	[60]	1.7	0.32	0.14	0.66	7.54×10^{-4}
SDSS J2322 + 0509	[61]	1.7	0.27	0.24	0.76	6.85×10^{-4}
SDSS J1630 + 4233	[62]	0.8	0.30	0.30	0.70	2.41×10^{-3}
SDSS J1235 + 1543	[63]	0.6	0.35	0.17	0.39	3.61×10^{-3}
SDSS J0923 + 3028	[64]	0.5	0.28	0.76	0.28	2.62×10^{-3}

helium-stars, which we expect to detect in the tens of thousands with LISA [24–27]. Some of these binaries are so loud that they will be detectable within the first few weeks of mission operation. Others have already been detected by EM telescopes and will act as verification binaries for the detector’s performance.

Using the frequencies, masses and distances quoted in Refs. [28–30], we can estimate the lowest measurement of $\dot{G}$ attainable with LISA verification binaries. We focus on detached binaries, namely those that are not undergoing mass transfer (which would modify the chirp more than any expected effect from $\dot{G}$), and on systems where the two binary stars are clearly distinguishable in EM observations, implying negligible tidal effects. The results are reported in Table I, where we assumed 4.5 years of continuous observations by LISA. The shortest-period verification binary known to date, ZTF J1539 (with angle-averaged SNR = 138), yields the most stringent constraint for $\dot{G}$ at $\dot{G}/G_0 \lesssim 10^{-4} \text{ yr}^{-1}$. In general, currently known verification binaries lead to constraints between $\dot{G}/G_0 \lesssim 10^{-3} \text{ yr}^{-1}$ and 10^{-4} yr^{-1} .

While the constraints from verification binaries fall short of prospective constraints from chirping massive BH binaries with LISA [21,23], these constraints are guaranteed. Moreover, the strength of galactic DWDs lies in numbers. We therefore explore how well a full, realistic population of galactic DWDs will constrain $\dot{G}$. Analyzing a dataset produced by the population synthesis code *seBa* used in [65–67] (assuming four years of observations), we find that the best constraint LISA could obtain from a single DWD in the population is

$$\left. \frac{\dot{G}}{G_0} \right|_{\text{best DWD}} \lesssim 3.0 \times 10^{-6} \text{ yr}^{-1}. \quad (22)$$

Assuming for simplicity that LISA’s DWD observations are independent,² and assuming that $\dot{G}$ takes the same value across the Galaxy, we can combine all constraints in the population and improve slightly over the best event. Requiring $\Delta\dot{G} = (\sum_{\text{pop}} \Delta\dot{G}_{\text{full}}^{-2})^{-1/2} < 0.5\dot{G}$, we find

$$\left. \frac{\dot{G}}{G_0} \right|_{\text{DWD pop}} \lesssim 2.8 \times 10^{-6} \text{ yr}^{-1}. \quad (23)$$

This marks a significant improvement from the constraints one can set with verification binaries alone, but only a minor improvement with respect to the most significant binary in the population which yields the constraint (22). The constraints attainable with a realistic population of DWDs are in fact competitive with those achievable with massive BH binaries and EMRIs observed by LISA [21,23].

We also perform a parameter-space survey of all galactic sources potentially detectable by LISA, with masses that encompass both DWDs and other more massive populations of nearby compact-object binaries. In Fig. 2 we show results for frequencies and chirp masses within $f_0 = [10^{-4}, 3 \times 10^{-2}] \text{ Hz}$ and $\mathcal{M}_c = [0.1, 100] M_\odot$, respectively. We further assume that all binaries are equal mass, as the results do not depend on the mass ratio, see Eqs. (16) and (17). The high end of the mass spectrum corresponds to intermediate-mass BHs that might be present in the Milky Way’s globular clusters, see e.g., Ref. [68] for discussions about this scenario, or Ref. [69] for an example of the potential compact object population of a Galactic

²In reality, DWDs will be observed simultaneously in LISA and there could be small correlations between their inferred parameters, which would degrade measurements of other common parameters.

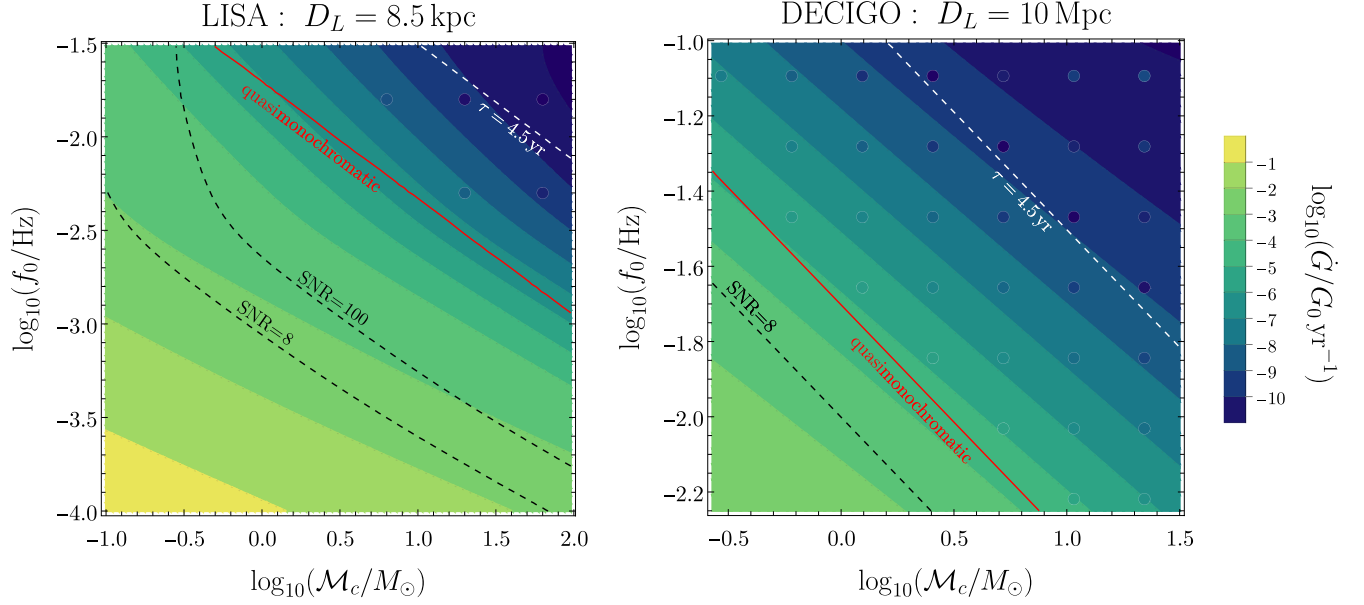


FIG. 2. The color maps display the smallest $\dot{G}/G_0$ observable with 50% precision as a function of the chirp mass of the source, $\mathcal{M}_c$, and frequency f_0 . In the regions in the top-right corners above the solid red line, the quasimonochromatic approximation is not valid. In the LISA plot, the quasimonochromatic approximation also breaks down in the bottom-left corner, where the value of $\dot{G}$ increases significantly and its effect dominates over radiation backreaction. Dashed black lines mark SNR levels, while sources above the dashed white lines merge within the observational time of 4.5 yrs. The colored dots display bounds sampled through an MCMC analysis using chirping waveforms.

globular cluster. Throughout the parameter space we fix the observation time to $T_{\text{obs}} = 4.5$ yr and the distance to $D_L = 8.5$ kpc, which corresponds to the Milky Way's Galactic center where the majority of DWDs are expected to reside. The SNR varies with the source's chirp mass, as indicated by the black dashed lines in Fig. 2.

The survey confirms that in the LISA band, for the small masses of Galactic binaries and small values of $\dot{G}$, most signals are quasimonochromatic and can constrain values down to $\dot{G}/G_0 \lesssim 10^{-7} \text{ yr}^{-1}$. This constraint will be achieved with massive sources at low frequencies (Galactic intermediate-mass BH binaries) or lighter sources at higher frequencies. The quasimonochromatic, analytic estimates in the upper right corner of Fig. 2 suggest that LISA could achieve even better constraints if it detects stellar-mass BH binaries in our Galaxy. We explore this scenario further in Sec. IV using chirping waveforms.

We have also explored the constraints LISA could obtain from extra-Galactic ($D_L = 100$ Mpc) stellar- and intermediate-mass BHs. At these distances, however, LISA could provide only modest constraints $\dot{G}/G_0 \lesssim 10^{-2} \text{ yr}^{-1}$ for a restricted region of parameter space. We conclude that for more massive binaries at cosmological distances, chirping sources work best to constrain $\dot{G}$, as argued in Ref. [20].

B. DECIGO

Decihertz detectors are sensitive to NS and BH binaries up to redshift $z \sim 10$ [35,44]. Those observed at large

separations may be approximated as quasimonochromatic signals. We can therefore perform a similar parameter-space survey for these sources. We investigate sources detected by DECIGO at a fixed cosmological distance $D_L = 10$ Mpc, and assume equal-mass sources and an observation time of 4.5 yrs.

In the right panel of Fig. 2 we see that, in the DECIGO frequency band, only binaries with chirp masses (and roughly equal component masses) $\lesssim 15M_\odot$ are quasimonochromatic. These include binaries containing low-mass stellar-origin BHs or NSs, or one of each. For these, the best constraints are around $\dot{G}/G_0 \lesssim 10^{-4} \text{ yr}^{-1}$.

Figure 2 shows that, for essentially all source masses, observing the chirping phase will be crucial to obtain good constraints on $\dot{G}$. Note that the rates of NS binaries (the observable quasimonochromatic sources in the right panel of Fig. 2) so close to us are uncertain; however, even for those that are further away than what is suggested here, observing the chirping phase will improve bounds by orders of magnitude [19].

IV. FULL BAYESIAN ANALYSIS

The predictions obtained with the Fisher matrix formalism are particularly useful to quickly estimate the constraints on $\dot{G}$ over the parameter space. However, this formalism is known to provide a reliable estimate of the measurement precision only in the regime where the linear signal approximation is valid, which requires the SNR to

be high. Therefore, in this section we use Markov Chain Monte Carlo (MCMC) methods to sample from the posterior distribution and check the predictions of the Fisher matrix formalism. For sampling, we use the EMCEE package [70].

We also want to compare the Fisher Matrix analysis and the full Bayesian analysis in the region of parameter space where the quasimonochromatic approximation fails, since we also expect that fully chirping binaries provide the tightest constraints. In the full Bayesian analysis, we use either quasimonochromatic waveforms of the kind defined by Eq. (4) or chirping waveforms, depending on the parameters of the source. The “chirping” waveform we employ has an IMRPhenomD phase [71,72] modified to include the effect of the running of G to leading order in $\dot{G}$. The latter is analogous to the leading phase contribution due to mass accretion [73] (replacing the accretion parameter f_{Edd}/τ with $\dot{G}_0/G_0$) or peculiar acceleration [74].

A. Quasimonochromatic LISA sources

In this section, we use the quasimonochromatic waveforms of Eq. (4) in the Bayesian analysis, as these are the ones that can be directly compared to the Fisher estimates, which was also obtained assuming the signal model given in Eq. (4). Here, we check the measurement of $\dot{G}$ for one of the best performing verification binaries, ZTF J1539 + 5027. As predicted by the Fisher matrix (see Table I), any value above $\dot{G}/G_0 > 2.05 \times 10^{-4} \text{ yr}^{-1}$ will be measured with a relative precision larger than 50%. Therefore, we use $\dot{G}/G_0 = 1 \times 10^{-3} \text{ yr}^{-1}$, above the detection limit, and use the frequency, mass and distance parameters of ZTF J1539 + 5027 [52,57] to inject the signal. The resulting parameter values are $A = 1.77 \times 10^{-22}$, $f_0 = 4.8 \times 10^{-3} \text{ Hz}$, $\dot{f}_0 = -1.5 \times 10^{-13} \text{ Hz s}^{-1}$, $\ddot{f}_0 = 9.7 \times 10^{-24} \text{ Hz s}^{-2}$, and $\phi = 0.2 \text{ rad}$.

We first transform the waveform (4) to the Fourier domain with the first-order stationary-phase approximation (valid for the system we selected). We sample over the parameters $\theta = \{A, f_0, \dot{f}_0, \ddot{f}_0, \phi\}$ as commonly done in the literature [52,53]. The posterior samples from the MCMC are then converted into posterior samples in $f_0, \dot{G}, \mathcal{M}_c$ through Eq. (13).

We show the marginalized posterior for the ZTF-like binary in Fig. 3. The derivative of Newton’s constant is measured as $\dot{G}/G_0 = 0.001^{+2.3e-5}_{-2.1e-5} \text{ yr}^{-1}$. Most importantly, the width of the posterior distribution agrees with the Fisher matrix prediction with a ratio of the two uncertainties approximately equal to 1.02. This validates the results presented in the previous section, and in particular in Fig. 2, within the limits of validity of the monochromatic approximation.

B. Chirping LISA sources

In order to assess the limitations of the quasimonochromatic approximation, we perform full Bayesian analysis

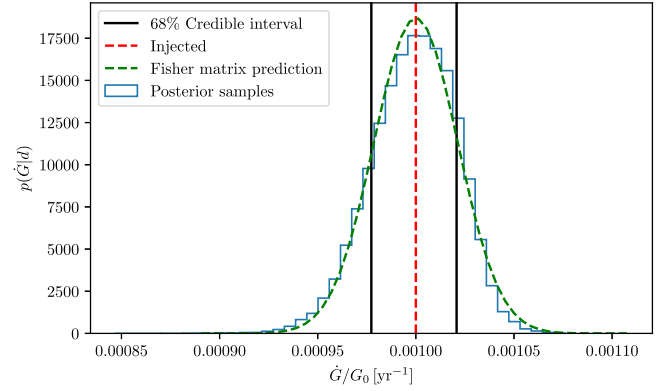


FIG. 3. Marginalized posterior distribution (blue) of $\dot{G}$ for a binary with the frequency and distance of ZTF J1539 + 5027, observed by LISA. For a true value of $\dot{G}/G_0 = 1 \times 10^{-3} \text{ yr}^{-1}$ (red), we predict a measurement of $\dot{G}/G_0 = 0.001^{+2.3e-5}_{-2.1e-5} \text{ yr}^{-1}$ (68% credible interval, in black). The Fisher matrix prediction for the posterior (dashed green) is in good agreement with the result of MCMC sampling, with the width of the posterior agreeing with the Fisher matrix estimate to within 2%.

with a chirping waveform model for sources in the upper right corner of the parameter space in Fig. 2. Sources falling in this region of parameter space would be BH or NS binaries residing in our Galaxy and with rapid frequency evolution, see Ref. [75].

We aim to find the constraint on $\dot{G}$ using the same technique employed in the Fisher Matrix analysis: find the smallest $\dot{G}$ measurable at 50% precision at 1σ . We perform several MCMC runs with different injected values of $\dot{G}$, and identify as our constraint the value that produces a 1σ relative error between 40% and 50%. When using the chirping waveform, convergence is easier when sampling on $\mathcal{M}_c, \eta, f_0, \phi, D_L$, and $\dot{G}$.

We find that LISA could actually achieve constraints comparable to the ones predicted by our quasimonochromatic approximation everywhere in the upper right corner of Fig. 2. The best constraint that we identified was $\dot{G}/G_0 = 8.5 \times 10^{-12} \text{ yr}^{-1}$, achieved with a binary emitting at a frequency $f_0 \simeq 0.0158 \text{ Hz}$ and with a chirp mass $\mathcal{M}_c \simeq 60 M_\odot$. These results clearly show that the monochromatic analytical estimate of $\dot{G}$ can be considered as a good rough approximation for all Galactic binaries detectable by LISA, even for high-mass, high-frequency binaries where the most reliable results are obtained using a chirping waveform as the frequency evolution cannot be ignored. We will now see that this is not the case for the parameter space of DECIGO.

C. Chirping DECIGO sources

For DECIGO, the right hand panel of Fig. 2 shows that the quasimonochromatic approximation breaks down in the same region where the Fisher matrix predicts interesting

constraints on $\dot{G}$. We show that competitive constraints can indeed be achieved with these sources.

We perform a series of MCMC analyses with the same techniques described in the previous subsection in the area to the right of the red line in the right panel of Fig. 2. We find that chirping waveform models applied to DECIGO binaries can achieve constraints down to $\dot{G}/G_0 \lesssim 10^{-11} \text{ yr}^{-1}$ with the most favorable binaries in the sampled parameter space.

Even though the monochromatic approximation breaks down at higher frequencies and masses, we see that the quasimonochromatic analytical Fisher matrix always predicts the true constraints within approximately an order of magnitude. Our quasimonochromatic Fisher matrix analysis is more optimistic in the top-right corner of parameter space, while it perfectly matches the MCMC chirping-waveform results close to the red line, where the quasimonochromatic approximation starts to be valid. This is expected, as in the delimiting region the chirping waveform model effectively resembles the Taylor-expanded model. We also note that, while usually higher masses and higher frequencies produce better constraints, that is not always the case; for example, binaries with a chirp mass of $\log_{10}(\mathcal{M}_c/M_\odot) = 1.4$ and a starting frequency of $\log_{10}(f_0/\text{Hz}) = -1.1$ perform worse than binaries with a chirp mass of $\log_{10}(\mathcal{M}_c/M_\odot) = 1$ and a starting frequency of $\log_{10}(f_0/\text{Hz}) = -1.4$. This is due to the fact that higher-mass, higher-frequency binaries spend less time inside the DECIGO frequency band since they quickly chirp out of band. This provides an effectively lower SNR with respect to the quasimonochromatic analysis which assumes that the binary is observed for the full duration of the DECIGO mission (4.5 years). Combining this effect with the usual trend dictating that higher masses and higher frequency provides better constraints, we find a sweet line a little below the top-right corner of the right panel of Fig. 2 where DECIGO constraints on $\dot{G}$ will be the most stringent. Such a region corresponds to binaries whose time to coalescence at the start of observations matches the total time duration of observations, i.e. to the higher frequency, higher mass binaries that can be observed the longest. As expected the bounds obtained in this region, as shown by the darker blue points along the white dashed line in the right panel of Fig. 2, represent in fact the best estimates we obtain in this paper.

V. DISCUSSION AND CONCLUSIONS

In this work, we forecast how well space-borne GW detectors could constrain the time evolution of the gravitational constant, G , with low-mass binaries. The bounds we forecast are in some sense guaranteed, since sources like double WDs, binary NSs and binary stellar-mass BHs have already been observed either by EM surveys (DWDs) or by ground-based GW detectors (binary BHs and NSs). This is

not the case for other GW sources that can be used to forecast similar constraints on $\dot{G}$, such as massive BH binaries or EMRIs [23].

According to our results, LISA will achieve the best constraints if our Galaxy hosts just one stellar-mass BH binary emitting at the upper end of LISA's frequency sensitivity range, for which we estimate to reach bounds of the order of $\dot{G}/G_0 \lesssim 10^{-11} \text{ yr}^{-1}$. Recent simulations predict that LISA will detect tens to hundreds of binary BHs and NSs in the Milky Way [75], some of which might fall in the most constraining region of parameter space. Lower-mass galactic binaries, in particular DWDs which LISA will detect in the tens of thousands, provide weaker constraints. The most promising currently known DWD emitting GWs in the LISA band (usually referred to as verification binary) will give a bound $\dot{G}/G_0 \lesssim 10^{-4} \text{ yr}^{-1}$. If, however, LISA detects at least one DWD at higher frequency, as predicted by population synthesis studies, then the bound is brought down to $\dot{G}/G_0 \lesssim 10^{-6} \text{ yr}^{-1}$.

The quasimonochromatic assumption is quite restrictive for the parameter space covered by decihertz detectors. The region in which the assumption is valid does not yield competitive constraints for stellar-mass binaries detected with DECIGO at cosmological distances, the main target population of decihertz detectors. For this reason, we have decided to include forecasts based on chirping waveforms within the stationary-phase approximation, analogously to what was done in Ref. [23]. We find that indeed these give the best constraints overall in this paper, namely $\dot{G}/G_0 \lesssim 10^{-11} \text{ yr}^{-1}$, for binaries at $D_L \sim 10 \text{ Mpc}$ which merge towards the end of the mission duration (i.e. for which $\tau \simeq T_{\text{obs}}$, with τ the time to coalescence).

The constraints forecast in this paper complement other analyses in the literature. The analytical approach developed here is comparable to the one used to find constraints on $\dot{G}$ with pulsar timing, since they both target target deviations in the GW emission at low-frequency and at Galactic distances. Although pulsar-timing constraints are already surpassing the expectations from LISA [17], this space-borne detector expected to fly in the 2030s will have access to GW sources all over the Milky Way and will test whether G_0 is indeed constant at different Galactic locations, with a method complementary to EM observations. Note that at galactic distances only pulsar timing and GWs are known to give competitive constraints on $\dot{G}$ (cf. Fig. 1). The situation is different at cosmological distances, where competitive constraints can be achieved with other binary sources detectable by space-borne GW detectors (e.g. SOBH, EMRIs, or SMBHs) or Earth-based GW detectors (SOBHs or NSs). At those distances, decihertz detectors such as DECIGO are expected to provide constraints comparable to (if not better than) the ones forecast with other GW sources. Multiband GW sources, detectable by space-borne and then Earth-based interferometers, are expected to provide even more

stringent constraints, as recent analyses combining LISA and third-generation Earth-based detectors suggest [21]. Such multiband analyses are outside the scope of our present work, and are left for future considerations.

Our results fall short of existing constraints obtained with very different methods and at very different distances. Solar System tests, for instance, already constrain $\dot{G}/G_0 \lesssim 10^{-14} \text{ yr}^{-1}$ [16]. Although orders of magnitude better than achievable with GW observations, this constraint is only valid locally, and obtained in a very different environment than the Galactic and cosmological ones probed by GWs. Cosmological measurements from the early Universe are also obtained in a completely different environment and with very different techniques. Moreover, cosmological constraints are sensitive to the global change in the value of $G(t)$ from the early Universe to today, rather than the local time derivative of $G(t)$ at the time of GW emission. This is also true for tests of the running of G based on NS masses [19], which probe similar cosmological distances compared to binary coalescences, but can only measure the global variation of the value of G from the time of merger to today. GW inspiralling binaries, on the other hand, offer a method to test localized time variation of G at any Galactic and cosmological distance, up to Gpc scales.

We stress that to reach our results we have performed an extensive study of the parameter space of quasimonochromatic binaries, for both millihertz and decihertz sources, and we have confirmed the results with targeted MCMC analyses. Such an approach allowed us to identify the most constraining region in parameter space, and consequently to identify the best GW source population to use to search for variations in G .

While we have focused here on the upcoming LISA mission and the proposed DECIGO detector, our study could be easily extended to other low-frequency detector designs, such as TianQin [76], μAres [77], ALIA [78] or other decihertz designs [79]. The analytical framework outlined in Sec. II could also be applied to explore a wide range of effects that might influence binary inspirals at

large separations. Further corrections to the phase of the GWs at -4PN are predicted to arise from binaries' peculiar accelerations [80–84], matter accretion [85–88], dynamical friction [88] and enhanced black hole evaporation due to extra dimensions [89,90]. These effects are all degenerate to a first approximation, so any of these effects can only be detected individually if we can assume it dominates over the others (depending, e.g., on the astrophysical configuration of the binary), or if it can be discerned using a population of binaries for which the same effect may be different for different binaries, as expected for example for peculiar accelerations. Note also that here we find that the binaries yielding the best constraints are the one merging around the time GW observations stops, namely for which $\tau = T_{\text{obs}}$. This is in agreement with what found in previous work targeting similar -4PN effects [80,81].

To conclude our results show that stellar-mass GW binaries detectable with future space-borne detectors can offer new, complementary and possibly competitive constraints on the local time-evolution of Newton's constant at distances ranging from Galactic to cosmological scales. Testing the constancy of G , and more in general the validity of general relativity, at different scales and with different methods will definitely help us better understand the behavior of the gravitational interaction in our Universe.

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