

# The Accumulation of Antifreeze Proteins on Ice is Determined by Adsorption

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## Abstract

Antifreeze proteins (AFPs) facilitate the survival of diverse organisms in frigid environments by adsorbing to ice crystals and suppressing their growth. The rate of AFP accumulation on ice is determined by an interplay between AFP diffusion from the bulk solution to the ice-water interface and the subsequent adsorption of AFPs to the interface. To interrogate the relative importance of these two processes, here we combine non-equilibrium fluorescence experiments with a reaction-diffusion model. We find that as diverse AFPs accumulate on ice, their concentration in the aqueous solution does not develop a gradient but remains equal to its bulk concentration throughout our experiments. These findings lead us to conclude that AFP accumulation on ice crystals, which are smaller than 100 microns in radius, is not limited by the diffusion of AFPs, but by the kinetics of AFP adsorption. Our results imply that mass transport limitations do not hinder AFPs from performing their biological function.

## INTRODUCTION

A wide variety of organisms, such as fish, insects, fungi, bacteria and plants, which live in sub-freezing temperatures, have evolved a unique class of biomolecules known as antifreeze proteins (AFPs) which facilitate the survival of their host organisms by suppressing ice growth in their cells and body fluids<sup>1,2</sup>. Optical microscopy experiments using aqueous solutions of fluorescently-tagged AFPs have shown that for AFPs to function, they must adsorb to ice crystals and accumulate at the ice-water interface<sup>3–10</sup>. At low supercooling, i.e., close to the melting temperature of the crystal,  $T_m$ , small surface AFP fractions are sufficient to arrest ice growth; however, as the supercooling ( $\Delta T = T_m - T$ ) is increased, adsorbed AFPs are eventually engulfed by ice, resulting in a burst of sudden ice growth<sup>11</sup> at a critical supercooling,  $\Delta T^*$ . The supercooling,  $\Delta T^*$ , represents the range of temperatures over which an AFP suppress the growth of ice crystals, and is known as the thermal hysteresis activity of the AFP<sup>12,13</sup>.

Theory, molecular simulations and experiments have all shown that  $\Delta T^*$  increases with the surface concentration,  $n$ , of AFPs adsorbed to the ice-water interface<sup>3,5,14,15</sup>; at higher surface concentrations, AFPs are more effective at resisting engulfment by ice. Therefore,  $\Delta T^*$  depends on the rate at which AFPs accumulate on the ice crystal<sup>4,16</sup>, which in turn, is determined by an interplay between the diffusion of AFPs from bulk water to the ice-water interface and their subsequent adsorption to the interface (Figure 1a). Thus, the relative rates of AFP diffusion and adsorption, and whether one of these processes is rate-limiting, dictates not just the surface AFP concentration,  $n$  (and therefore the  $\Delta T^*$ ), but also how  $n$  depends on quantities, such as the size and shape of the AFP, the viscosity of the solution, and the radius of the ice crystal.

Molecular simulations of the hyperactive antifreeze protein, *Tm*AFP, using the mW water model<sup>17</sup> suggest that AFP binding to ice is fast and occurs over timescales of tens of nanoseconds. Assuming that the intrinsic kinetics of AFP-ice binding are fast, Kamat *et al.*<sup>18,19</sup> elucidated how the overall rate of AFP adsorption is influenced by the restricted orientational relaxation of rod-like AFP molecules as they approach the ice surface, and concluded that for micron-sized ice crystals, rates of diffusion and adsorption become comparable. In contrast, in analyzing their fluorescence experiments, Drori and co-workers assumed that the accumulation of AFPs was determined by the intrinsic kinetics of adsorption<sup>3,4,8</sup>. However, a definitive determination of whether the accumulation of AFPs at the ice-water interface is limited by diffusion or adsorption remains elusive.

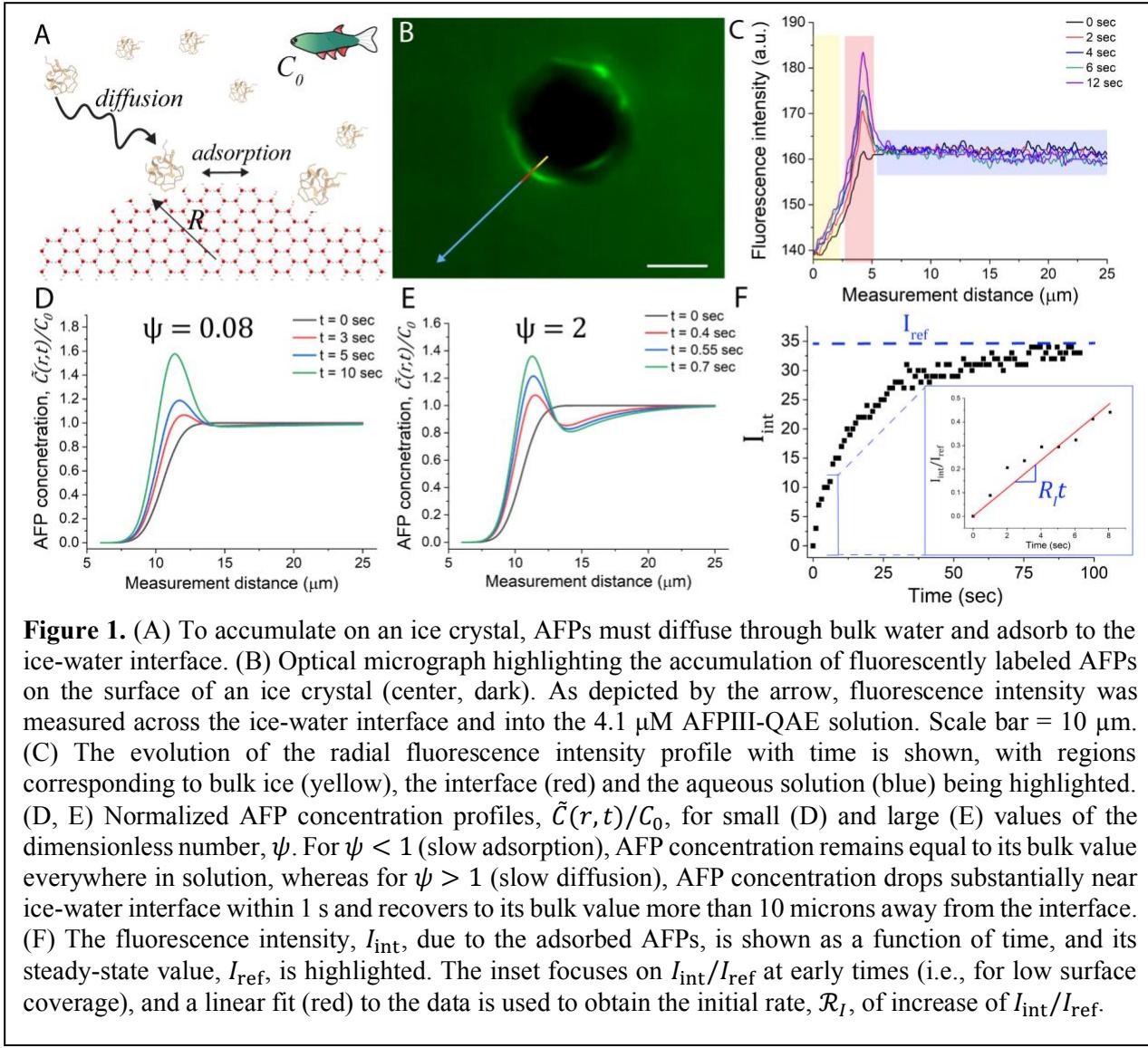
To uncover the relative importance of AFP diffusion and adsorption in determining the accumulation of AFPs on ice, here we employ non-equilibrium fluorescence experiments, which enable us to obtain the spatial variation of AFP concentration away from the ice-water interface and its evolution with time. By using a reaction-diffusion model to analyze the process, we show that when AFP accumulation is diffusion-limited, AFP concentration near the ice-water interface must be depleted relative to the bulk, whereas when AFP accumulation is limited by adsorption, no gradients in AFP concentration are expected. By characterizing the spatial concentration profiles for a variety of AFPs near ice crystals that are roughly 10 microns in radius, we find that AFP concentration is not depleted near the ice-water interface. Our results suggest that AFP diffusion is fast relative to adsorption and that the accumulation of diverse AFPs on ice crystals that are smaller than 100 microns in radius is limited by the kinetics of adsorption.

## RESULTS and DISCUSSION

To characterize the kinetics of AFP accumulation on ice, we performed non-equilibrium experiments using a wide variety of fluorescently tagged AFPs. As described in detail previously<sup>3,4</sup>, a single ice crystal was grown from the AFP solution of interest by first freezing the entire sample and slowly melting the bulk ice to obtain a single crystal. To study different AFP concentrations, the above process was repeated. The temperature was then raised by roughly 0.01 °C above  $T_m$  for a few seconds to melt the ice crystal and achieve an AFP-free ice-water interface. After the ice-water interface retreated by 3-5  $\mu\text{m}$  and no fluorescence intensity was observed at the interface, the temperature was lowered by roughly 0.02 - 0.03 °C until crystal melting ceased. At this point, the AFPs in solution started to accumulate at the ice-water interface; this point was considered to be the start of our experiment (i.e.,  $t = 0$ ), and the fluorescence intensity across the ice-water interface was then recorded for up to 2000 seconds. Additional experimental details are included in the SI.

In Figure 1, spatiotemporal fluorescence intensity profiles are shown for the 4.1  $\mu\text{M}$  QAE isoform of AFPIII tagged with a green fluorescence protein (GFP)<sup>20</sup>. At the start of the experiment, the fluorescence intensity across the prism plane of the ice crystal was found to vary in a sigmoidal manner over a distance of roughly a micron. We note that although intrinsic width of ice-water interface is expected to be in nanometers, the precise location of the ice-water interface varies across the illuminated region, giving rise to a variation in our intensity profiles over a few microns.

As AFPIII molecules adsorb to, and accumulate at, the ice-water interface, the fluorescence intensity displays a peak in the interfacial region that grows with time.



To better understand the spatiotemporal fluorescence intensity profiles shown in Figure 1, and their implications for the relative rates of AFP diffusion and adsorption, we employ a reaction-diffusion model to describe the accumulation of AFPs onto a spherical ice crystal of radius  $R$ . The AFP concentration,  $C(r,t)$ , at a distance  $r$  from the center of the ice crystal at any time  $t$  must follow the transient diffusion equation:

$$\frac{\partial C}{\partial t} = \frac{D}{r^2} \frac{\partial}{\partial r} \left( r^2 \frac{\partial C}{\partial r} \right), \quad (1)$$

where  $D$  is the diffusion coefficient of AFPs in water. At the start of our non-equilibrium experiment, the AFP concentration profile obeys the initial condition that  $C(r > R, t = 0) = C_0$ , where  $C_0$  is the bulk AFP concentration in solution. The AFP concentration profile must also obey the boundary conditions that: (i) far from the ice crystal, the AFP concentration approaches its bulk value, i.e., as  $r \rightarrow \infty$ ,  $C = C_0$ ; and that: (ii) at the ice-water interface, the diffusive AFP flux is matched by the net rate of AFP adsorption per unit interfacial area,  $\mathcal{R}_{\text{ads}}$ , i.e.,

$$\text{at } r = R, \quad D \frac{\partial C}{\partial r} = \mathcal{R}_{\text{ads}} \equiv \frac{\partial n}{\partial t} = k_{\text{on}} C(n_{\text{sat}} - n) - k_{\text{off}} n, \quad (2)$$

where adsorption and desorption are assumed to obey Langmuir kinetics with the corresponding rate constants,  $k_{\text{on}}$  and  $k_{\text{off}}$ , encompassing both AFP orientation and binding;  $n_{\text{sat}} = L_{\text{sat}}^{-2}/N_{\text{Avo}}$  is the surface concentration of AFPs when the ice-water interface is saturated,  $L_{\text{sat}}$  is corresponding separation between bound AFPs, and  $N_{\text{Avo}}$  is Avogadro's number.

When AFP surface coverage,  $\theta \equiv n/n_{\text{sat}}$ , is small, the net adsorption flux can be approximated to be independent of  $n$ , i.e.,  $\mathcal{R}_{\text{ads}} \approx k_{\text{on}} n_{\text{sat}} C$ . In fact, as shown by Miura and Seki<sup>21</sup>, such an approximation is reasonable until  $\theta \approx 0.4$ . Under this approximation, the solution to the spatiotemporal AFP concentration profile,  $C(r, t)$ , is independent of the precise form of adsorption/desorption kinetics (i.e., the dependence of  $\mathcal{R}_{\text{ads}}$  on  $n$ ), and is given by:

$$\frac{C(\hat{r}, \hat{t})}{C_0} = 1 - \left( \frac{\psi}{\hat{r} + 1 + \psi} \right) \left[ \text{erfc} \left( \frac{\hat{r}}{2\sqrt{\hat{t}}} \right) - e^{\hat{r} + \hat{t}} \text{erfc} \left( \frac{\hat{r}}{2\sqrt{\hat{t}}} + \sqrt{\hat{t}} \right) \right], \quad (3)$$

where  $\psi = (k_{\text{on}} n_{\text{sat}})/(D/R)$  is a dimensionless number that quantifies the relative rates of AFP adsorption and diffusion (akin to a Damköhler number),  $\hat{r} \equiv (1 + \psi)(r - R)/R$  is a dimensionless

radial coordinate,  $\hat{t} \equiv t/\tau_{\text{tr}}$  is a dimensionless time,  $\tau_{\text{tr}} \equiv \tau_{\text{diff}}/(1 + \psi)^2$  is the transient time required for the development of concentration gradients, and  $\tau_{\text{diff}} \equiv R^2/D$  is the characteristic time for AFP diffusion. The corresponding rate of accumulation of bound AFPs per unit ice-water interfacial area can be obtained from the diffusive flux at the interface as:

$$\frac{\partial n}{\partial t} = D \frac{\partial C}{\partial r} \Big|_{r=R} = \frac{DC_0}{R} \left( \frac{\psi}{1+\psi} \right) \left[ 1 + \psi e^{\hat{t}} \operatorname{erfc} \left( \sqrt{\hat{t}} \right) \right] \quad (4)$$

The AFP surface concentration,  $n(t)$ , can then be obtained by integrating Equation 4 from the initial condition,  $n(t = 0) = 0$ . To account for the dispersion of the ice-water interface in our experiments, we convolute the AFP concentration (both in solution and at the interface) using a Gaussian smearing function,  $G(r; \sigma) = e^{-r^2/2\sigma^2}/\sqrt{2\pi\sigma^2}$ , with a width,  $\sigma = 1 \mu\text{m}$ , according to:

$$\tilde{C}(r, t) = \int_{-\infty}^{\infty} G(r - r'; \sigma) [C(r', t) + n(t)\delta(r' - R)] dr'. \quad (5)$$

To interpret our experiments using the theoretical framework laid out in Equations 3 – 5, we note that the typical radius of our ice crystals is roughly  $R = 10 \mu\text{m}$ , and use the Stokes-Einstein relationship,  $D = \frac{k_B T_m}{6\pi\eta R_{\text{AFP}}}$ , to estimate the diffusion coefficient of AFPs in water;  $k_B$  is Boltzmann's constant,  $\eta$  is the viscosity of water, and  $R_{\text{AFP}}$  is the hydrodynamic radius of AFP. We note that at strong supercooling, as water approaches its glass transition temperature, its viscosity increases sharply, and the Stokes-Einstein relationship breaks down; however, for temperatures pertinent to AFP function (up to 5 K below  $T_m$ ), deviations of less than 10% from the Stokes-Einstein relationship are expected and  $\eta$  increases by less than 15% relative to  $T_m$ <sup>22</sup>. Assuming  $R_{\text{AFP}}$  to be 3 nm for our GFP-tagged AFPs<sup>7</sup>, and noting that  $\eta(T_m) \approx 1.8 \text{ cP}$ , we estimate  $D$  to be roughly  $3.3 \times 10^{-11} \text{ m}^2/\text{s}$ . In contrast, obtaining an estimate of the intrinsic adsorption rate coefficient,  $k_{\text{on}}$  (and correspondingly of  $\psi$ ), is not straightforward. By combining

our experimental measurements with the theoretical framework described above, we now seek to uncover whether AFP accumulation at the ice-water interface is limited by slow adsorption kinetics ( $\psi \ll 1$ ) or by slow diffusion ( $\psi \gg 1$ ).

To this end, we first consider the limiting cases of adsorption kinetics being slow relative to diffusion (low  $k_{\text{on}}$  and  $\psi \ll 1$ ) and that of adsorption being fast (high  $k_{\text{on}}$  and  $\psi \gg 1$ ). The corresponding smeared concentration profiles,  $\tilde{C}(r, t)$ , which correspond closely to the experimentally measured fluorescent intensities, are shown in Figures 1D and 1E. In both cases,  $\tilde{C}(r, t)$  displays a peak at the ice-water interface, which grows with time as AFPs adsorb to, and accumulate at, the interface. When the intrinsic kinetics of adsorption are slower than the diffusive flux, i.e.,  $\psi \ll 1$ , diffusion rapidly replaces AFPs that adsorb to the ice-water interface, resulting in  $\tilde{C}(r, t) \approx C_0$  away from the interfacial region, i.e., AFP concentration is equal to its bulk value everywhere in the solution (Figure 1D). In contrast, when AFP adsorption kinetics are faster than their diffusive supply, i.e., when  $\psi > 1$ , the solution concentration,  $\tilde{C}(r, t)$ , drops below  $C_0$  with the decrease being most pronounced closest to ice-water interface (Figure 1E).

In particular, as described in detail in the SI, the solution AFP concentration adjacent to the ice-water interface,  $C(R, t) \equiv C_{\text{surf}}$ , decreases asymptotically to  $C_0/(1 + \psi)$  over a transient timescale,  $\tau_{\text{tr}} = \tau_{\text{diff}}/(1 + \psi)^2$ , where  $\tau_{\text{diff}} = R^2/D$  is roughly equal to 3 s for our experiments. For  $\psi \gg 1$ , we thus expect  $C_{\text{surf}}$  to decrease from its initial value of  $C_0$  to a small fraction of  $C_0$  over a transient time of a fraction of a second. Moreover, the length scale over which  $C(r, t)$  varies from its interfacial value,  $C_{\text{surf}}$ , to its bulk value,  $C_0$ , grows as  $\sqrt{Dt}$  and is expected to be roughly  $2R/(1 + \psi)$  at  $t = \tau_{\text{tr}}$ . We note that when the concentration profiles are smeared, the signals from the depletion of the AFPs in the solution (near the interface) and from their accumulation at the

interface cancel to some extent; a minimum in the smeared concentration profiles is nevertheless observed for  $\psi > 1$  (Figure 1E).

The stark differences in the expected AFP concentration profiles for  $\psi \ll 1$  and  $\psi \gg 1$  can be exploited to determine whether AFP accumulation on ice is limited by adsorption or by diffusion. In particular, if AFP accumulation were diffusion-limited, i.e.,  $\psi > 1$ , we would expect to observe a notable decrease in fluorescence intensity (below its bulk value) near the ice-water interface (for  $t > \tau_{\text{tr}} \sim$  seconds) with this decrease extending out over a distance that scales with the radius of the ice crystal, i.e., 10  $\mu\text{m}$ . In contrast, we find that although AFPs continue to accumulate at the ice-water interface, the solution AFP concentration remains equal to its bulk value at all times (Figure 1C). These observations strongly suggest that AFP accumulation is limited by the intrinsic kinetics of adsorption, i.e.,  $\psi \ll 1$ .

To obtain experimental estimates of  $\psi$  and  $k_{\text{on}}$ , we now make use of the fluorescence intensity,  $I_{\text{int}}$ , at the ice-water interface (corrected for the background intensity, as described in the refs. 3,4) which is proportional to the AFP surface concentration,  $n$  (Figure 1F). According to Equation 4 (and as detailed in the SI), the rate of interfacial AFP accumulation is approximately constant for  $t > \tau_{\text{tr}}$  and is given by:  $\frac{\partial n}{\partial t} \approx \frac{DC_0}{R} \left( \frac{\psi}{1+\psi} \right)$ . Correspondingly, the rate,  $\mathcal{R}_I$ , at which the normalized fluorescence intensity at the ice-water interface increases at early times (i.e., for small  $\theta$ ) is:

$$\mathcal{R}_I \equiv \frac{\partial}{\partial t} \left( \frac{I_{\text{int}}}{I_{\text{ref}}} \right) = \frac{\partial}{\partial t} \left( \frac{n}{n_{\text{ref}}} \right) \approx \frac{DC_0}{Rn_{\text{ref}}} \left( \frac{\psi}{1+\psi} \right), \quad (6)$$

where the reference intensity  $I_{\text{ref}}$  that is used to normalize  $I_{\text{int}}$  is chosen to be its long-time (or steady state) plateau value,  $n_{\text{ref}} = L_{\text{ref}}^{-2}/N_{\text{Avog}}$  is the corresponding AFP surface concentration,

and  $L_{\text{ref}}$  is the corresponding separation between bound AFPs. Thus, by combining our experimental estimate of  $\mathcal{R}_I = 0.06 \text{ s}^{-1}$  (inset of Figure 1F) and the experimental values of bulk AFP concentration  $C_0 = 4.1 \mu\text{M}$  and ice crystal radius  $R = 11 \mu\text{m}$  with our estimate of the AFP diffusion coefficient  $D = 3.3 \times 10^{-11} \frac{\text{m}^2}{\text{s}}$  and an upper bound on the reference AFP surface concentration  $n_{\text{ref}} \lesssim 3 \times 10^{-8} \frac{\text{mol}}{\text{m}^2}$  (assuming  $L_{\text{ref}} \gtrsim 15 \text{ nm}$ , as was shown in ref. <sup>5</sup>), Equation 6 enables us to obtain:  $\frac{\psi}{1+\psi} \approx \mathcal{R}_I \left( \frac{R n_{\text{ref}}}{D C_0} \right) \lesssim 0.037$ , which then yields the experimental estimate,  $\psi \lesssim 0.04$ . This analysis conclusively shows that  $\psi \ll 1$  and that AFP accumulation at the ice-water interface is limited by the kinetics of adsorption. Moreover, it highlights that for adsorption and diffusion rates to comparable (i.e.,  $\psi \approx 1$ ), the radius of the ice crystal would have to be larger than the threshold value,  $R^* = 250 \mu\text{m}$ .

To obtain an experimental estimate of the adsorption rate coefficient, we recognize that  $k_{\text{on}}$  is proportional to  $\mathcal{R}_I$ , and by following Equation 6, we obtain:

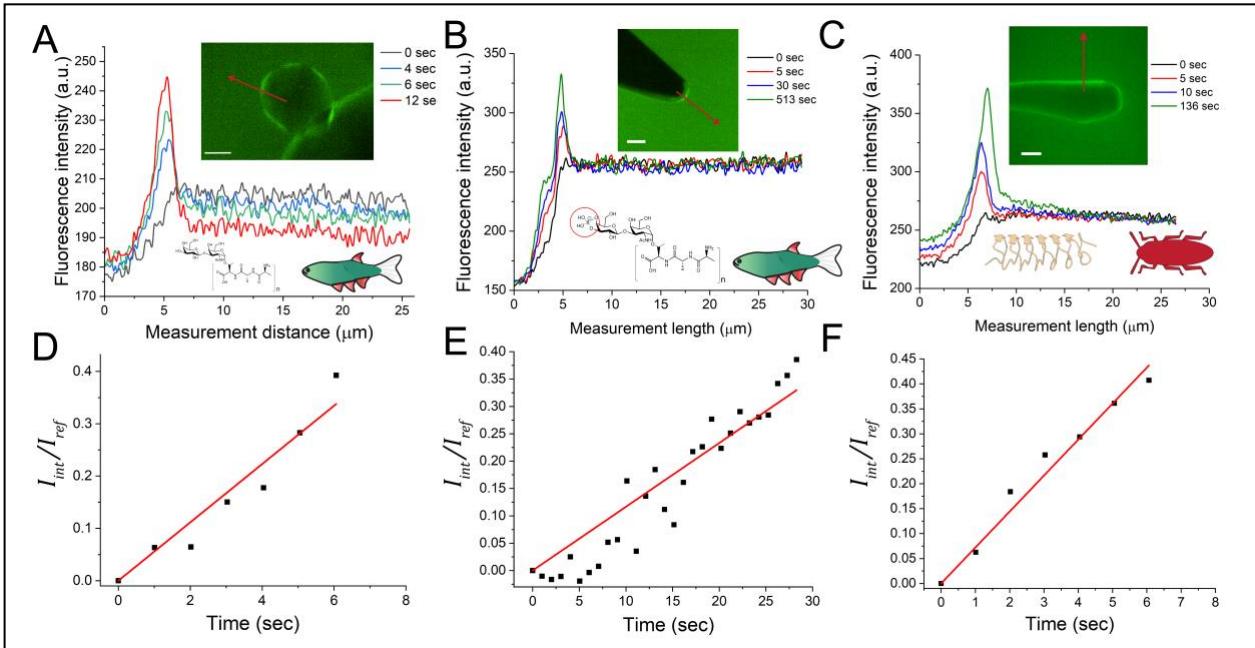
$$\mathcal{R}_I \approx \frac{D C_0}{R n_{\text{ref}}} \left( \frac{\psi}{1+\psi} \right) = \frac{D C_0}{R n_{\text{sat}}} \left( \frac{\psi}{1+\psi} \right) \left( \frac{n_{\text{sat}}}{n_{\text{ref}}} \right) = \frac{k_{\text{on}} C_0}{1+\psi} \left( \frac{L_{\text{ref}}}{L_{\text{sat}}} \right)^2, \quad (7)$$

so that  $k_{\text{on}} \approx (L_{\text{sat}}/L_{\text{ref}})^2 (1 + \psi) \mathcal{R}_I / C_0$ . We note that for  $\psi \ll 1$ , our estimate of  $k_{\text{on}}$  is relatively insensitive to the approximations made in estimating  $\psi$ . Moreover, as  $L_{\text{sat}} \leq L_{\text{ref}}$ ,  $k_{\text{on}} \leq (1 + \psi) \mathcal{R}_I / C_0$ , and  $(1 + \psi) \mathcal{R}_I / C_0 = 0.016 \mu\text{M}^{-1} \text{s}^{-1}$  represents an experimental upper bound for  $k_{\text{on}}$ . Another important consequence of the accumulation of AFPs being limited by adsorption is that AFP concentration near the ice-water interface,  $C_{\text{surf}}$ , remains equal to the bulk AFP concentration,  $C_0$ , at all times, and the time evolution of AFP surface concentration,  $n(t)$ , is decoupled from the spatiotemporal AFP concentration profile,  $C(r, t)$ . Thus, when adsorption follows Langmuir kinetics, i.e.,  $\mathcal{R}_{\text{ads}} \approx k_{\text{on}} C_0 (n_{\text{sat}} - n) - k_{\text{off}} n$ , we can integrate  $\frac{dn(t)}{dt} = \mathcal{R}_{\text{ads}}$

to obtain  $\theta(t) = \frac{n(t)}{n_{\text{sat}}} = k_{\text{on}} C_0 \tau \left[ 1 - \exp \left( -\frac{t}{\tau} \right) \right]$ , where the relaxation time,  $\tau = (k_{\text{on}} C_0 + k_{\text{off}})^{-1}$ .

Because fluorescence intensity at the ice-water interface,  $I_{\text{int}}$ , is proportional to  $n$ , one can indeed fit the experimental  $I_{\text{int}}(t)$  to an exponential function and estimate  $\tau$ . Such estimates were obtained previously for different AFPs<sup>4,5</sup> over a range of bulk AFP concentration,  $C_0$ ; the variation of  $\tau^{-1}$  with  $C_0$  was then fit to a straight line and the slope was reported as  $k_{\text{on}}$ . In particular, Drori *et al.*<sup>3</sup> reported a value of  $k_{\text{on}} = 0.008 \pm 0.001 \mu\text{M}^{-1}\text{s}^{-1}$  for AFPIII, which is consistent with our upper bound of  $0.016 \mu\text{M}^{-1}\text{s}^{-1}$ .

Figure 2 presents the time evolution of the fluorescence intensity profiles for an antifreeze glycoprotein (AFGP<sub>1-5</sub>) and a hyperactive AFP (*Tm*AFP). We also study AFGP<sub>1-5</sub> in the presence of borate, which interacts with the vicinal diols of the AFGP disaccharide moiety and lowers both the TH activity<sup>23</sup> of the AFGP as well as the rate of its adsorption to ice<sup>4</sup>. For all proteins, we



**Figure 2:** Spatio-temporal evolution of the fluorescence intensity for AFGP<sub>1-5</sub>-FITC (A), AFGP<sub>1-5</sub>-FITC with 0.3 M borate (B), and *Tm*AFP-GFP (C). Scale bar = 10  $\mu\text{m}$ . For all proteins, the fluorescence intensity in the aqueous solution is independent of the distance from the ice-water interface at all times, whereas the peak intensity, which corresponds to the surface concentration of adsorbed proteins, increases monotonically with time. Time evolution of normalized fluorescence intensity at the ice-water interface is shown for AFGP<sub>1-5</sub>-FITC (D), AFGP<sub>1-5</sub>-FITC in 0.3 M borate (E), and *Tm*AFP-GFP (F).

observe that although the fluorescence intensity at the ice-water interface increases with time, the intensity in the aqueous solution does not fall below its bulk value. Thus, in contrast with the AFP concentration at the ice-water interface, which increases with time, the AFP concentration in the aqueous solution remains equal to its bulk value at all times. These observations were found to be independent of the bulk AFP concentration (Figures S1 and S2 present experiments with 8.4 and 3.1  $\mu\text{M}$  AFPIII-QAE, respectively) and the crystal plane to which the proteins adsorb (Figure S3 presents experiments with *Tm*AFP adsorbing to the prism and basal planes of ice). The absence of a decrease in the solution AFP concentration below its bulk value over length scales comparable to the radius of the ice crystal strongly suggests that AFP accumulation at the ice-water interface is limited by adsorption and not by diffusion. Moreover, our estimates of  $\psi$  and  $k_{\text{on}}$ , included in Table 1 for all proteins studied here, confirm our key finding that the accumulation of diverse AFPs on ice is limited by the intrinsic kinetics of AFP adsorption. Although we do not focus on obtaining accurate estimates of  $k_{\text{on}}$  here, we note that our approximate estimates of  $k_{\text{on}}$  can be refined by performing experiments over a wide range of bulk AFP concentrations. Interestingly, our results suggest that the adsorption rate coefficient,  $k_{\text{on}}$ , of the flexible glycoprotein (AFGP<sub>1-5</sub>), is quite similar to that of *Tm*AFP, which binds to ice via a relatively rigid beta-sheet. Moreover, a chemical modification of the AFGP<sub>1-5</sub> binding site (through the addition of borate) results in a substantial decrease in the corresponding  $k_{\text{on}}$ , highlighting the sensitivity of AFP adsorption kinetics to the chemistry of the binding site<sup>4</sup>. Finally, we note that our estimate of  $k_{\text{on}}$  for *Tm*AFP is roughly two orders of magnitude smaller than the prediction of Kamat et al.<sup>18</sup>, which accounts for entropic barriers that stem from orientational restrictions faced by an AFP as it approaches the ice crystal; this difference suggests that additional barriers, which depend on the binding site chemistry, may be important in determining the overall adsorption kinetics.

**Table 1:** Experimental and calculated values for the adsorption of different AF(G)Ps to ice.

AF(G)P	$C_0$	$R$ ( $\mu\text{m}$ )	$\mathcal{R}_I$ ( $\text{s}^{-1}$ )	$\psi$	$R^*$ ( $\mu\text{m}$ )	$k_{\text{on}}$ ( $\mu\text{M}^{-1}\text{s}^{-1}$ )	$k_{\text{on}}^{\text{lit}}$ ( $\mu\text{M}^{-1}\text{s}^{-1}$ )
AFPIII-QAE	4.1	11	0.06	0.039	285	0.015	0.008
AFGP <sub>1-5</sub>	2.2	12	0.06	0.072	167	0.025	0.013
AFGP <sub>1-5</sub> + borate	8	10	0.01	0.003	3070	0.001	0.005
<i>Tm</i> AFP	2.9	9	0.07	0.052	172	0.025	-

## CONCLUSIONS

In this article, we interrogate the relative importance of diffusion and adsorption in determining the rate of AFP accumulation on ice crystals by combining non-equilibrium fluorescence experiments with a reaction-diffusion model. We find that as diverse AFPs accumulate on ice crystals, which are roughly 10 microns in radius, their concentration in the aqueous solution is not depleted (relative to their bulk concentration), suggesting that the diffusion of AFPs is fast relative to their adsorption. By further analyzing the time-evolution of the surface concentration of adsorbed AFPs, we are able to quantify the relative rates of AFP adsorption and diffusion to be in the range of 0.003 to 0.07, leading us to conclude that the accumulation of diverse AFPs on ice is limited by the kinetics of AFP adsorption for ice crystals that are smaller than 150  $\mu\text{m}$  in radius. Due to their small size, most insects do not have to contend with ice crystals that are larger than 100  $\mu\text{m}$ . The internal ice crystals in fish, which are bipyramidal in shape<sup>24</sup>, can be as large as 25  $\mu\text{m}$  in radius and 100  $\mu\text{m}$  in length<sup>25</sup>. Although larger crystals can form on the integument and gill epithelium of the fish<sup>26</sup>, very large crystals with radii exceeding 150  $\mu\text{m}$  have not been observed

inside fish, suggesting that in most biological contexts, the accumulation of AFPs on ice is not limited by diffusion, but by the kinetics of adsorption.

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### ASSOCIATED CONTENT

Supporting Information (PDF) includes additional experimental details, theoretical derivations that elaborate upon the implications of Equations 3 and 4 in certain limits, and Figures S1 – S3 containing supporting experimental results.

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