

1 **IMPORTANCE OF MESOSCALE CURRENTS IN AMOC PATHWAYS**
2 **AND TIMESCALES**

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ABSTRACT

The Atlantic Meridional Overturning Circulation (AMOC) plays a key role in climate due to uptake and redistribution of heat and carbon anomalies. This redistribution takes place along several main pathways that link the high-latitude North Atlantic with mid-latitudes and the Southern Ocean and involves currents on a wide range of spatial scales. This numerical study examines the importance of mesoscale currents (“eddies”) in these AMOC pathways and associated timescales, using a highly efficient offline tracer model. The study uses two Boundary Impulse Response (BIR) tracers, which can quantify the importance of the Atlantic tracer exchanges with the high-latitude atmosphere in the north and with the Southern Ocean in the south. The results demonstrate that mesoscale advection leads to an increase in the overall BIR inventory during the first 100 years and results in a more efficient and spatially uniform ventilation of the deep Atlantic. Mesoscale currents also facilitate meridional spreading of the BIR tracer and thus assist the large-scale advection. The results point toward the importance of spatial inhomogeneity and anisotropy of the eddy-induced mixing in several mixing “hot spots”, as revealed by an eddy diffusivity tensor. Conclusions can be expected to assist evaluations of eddy-permitting simulations, that stop short of full resolution of mesoscale, as well as development of eddy parameterization schemes.

41 1 INTRODUCTION

42 Because of their enormous storage capacity, the oceans redistribute vast amounts of
43 anomalous heat and carbon in the climate system and regulate long-term climate change. Model
44 simulations further suggest that, on timescales of decades to centuries, the large-scale warming
45 patterns are in large part controlled by the oceanic circulation, rather than the atmospheric
46 processes (e.g., Marshall et al. 2015). The Atlantic Meridional Overturning Circulation (AMOC),
47 defined here as an overall meridional flow in the Atlantic Ocean, plays a particularly important
48 role in the Earth’s climate and its variability (e.g., Broecker 1997; Stouffer et al. 2006). AMOC
49 determines a large part of the oceanic uptake of heat and carbon and controls the depth to which
50 these heat anomalies penetrate (e.g. Kuhlbrodt and Gregory 2012; Kostov et al. 2014). Studies
51 further demonstrate that AMOC is different from a large-scale stationary “conveyor belt”, but is
52 rather a complex three-dimensional pattern (e.g. Lumpkin and Speer 2007), characterized by
53 variability on a wide range of spatial and time scales (e.g. Smeed et al. 2014; Yeager and
54 Danabasoglu 2014). In this paper, we will use high-resolution model simulations of dynamically
55 passive tracers to [better characterize the role](#) of mesoscale currents (O[10-100 km] or “eddies”
56 hereafter) in advective AMOC pathways and associated timescales.

57 Distribution of heat and anthropogenic carbon anomalies by AMOC is governed by complex
58 interactions between the along- and cross-isopycnal advection and small-scale mixing. Diapycnal
59 mixing can influence the mid-latitude stratification and high-latitude deep-water formation (e.g.
60 Munk 1966; Gnanadesikan 1999), which is manifested in strong sensitivity of AMOC to vertical
61 mixing in numerical simulations (e.g. Bryan 1987). In an alternative, semi-adiabatic regime
62 (Marshall and Radko 2003), the water is moving strictly along isopycnals, forced by mass
63 exchanges with the surface mixed layer. Several model-based studies suggest significance of a
64 semi-adiabatic AMOC branch (Gnanadesikan 1999; Samelson 2004; Sevellec and Fedorov 2011;
65 Toggweiler and Samuels 1998; Wolfe and Cessi 2010). Radko et al. (2008) describe this branch
66 as a “push-pull mode” of AMOC and demonstrate that it explains most of the total AMOC
67 transport and its variability (see also Grist et al. 2009; Han et al. 2013). The deep portion of the
68 Atlantic push-pull mode is driven by the mass exchanges with the Southern Ocean and the deep
69 mixed layer in the Northern high latitudes (Kamenkovich and Radko 2011; Radko et al. 2008).

70 The share of the semi-adiabatic component can be expected to be even larger in nature, since
71 numerical simulations used in AMOC studies tend to have high values of diapycnal diffusivity,
72 which are not supported by direct observational estimates (Ledwell et al. 1993; Toole et al.
73 1994).

74 The advective pathways outside of the mixed layer and convective sites are determined by
75 interactions between large-scale currents and mesoscale eddies. Lateral transfer of buoyancy by
76 mesoscale eddies have indeed been shown to play an active role in maintaining midlatitude
77 stratification (Cessi and Fantini 2004; Henning and Vallis 2004; Radko and Marshall 2004) and
78 propagation of the transient tracers (Booth and Kamenkovich 2008; Kamenkovich et al. 2017).
79 In non-eddy-resolving simulations, the distributions of tracers and density is highly sensitive to
80 horizontal resolution and parameterization of eddy-induced transports (e.g. Doney et al. 2004;
81 Dutay et al. 2002; Gnanadesikan et al. 2013; Gnanadesikan et al. 2004; Sen Gupta and England
82 2004). Specifically, numerical simulations show strong sensitivity of the oceanic uptake of heat
83 (e.g. Huang et al. 2003) and anthropogenic carbon (Gnanadesikan et al. 2015) to the horizontal
84 and isopycnal eddy mixing.

85 The evolution of tracer anomalies entering the Atlantic from the surface and the Southern
86 Ocean can be described as a response to the corresponding surface and lateral boundary forcing.
87 A convenient way of calculating such a response involves the Boundary Impulse Response (BIR)
88 function (Haine and Hall 2002; Holzer and Hall 2000; Khatiwala et al. 2001). For example, if the
89 BIR is calculated from a response to an instant impulse at a given time and infinitely small
90 surface area, it is equivalent to a Green's function. Such a Green function can in theory be
91 calculated for all possible surface impulses. The concentration of an arbitrary tracer that enters
92 the ocean through the surface and has no internal sources and sinks can then be derived from the
93 tracer distribution at the surface and a complete set of BIRs. In practice, however, both the
94 duration of the impulse and the source region area are made finite (e.g. Haine and Hall 2002;
95 Khatiwala et al. 2001; Peacock and Maltrud 2006). For example, Khatiwala et al. (2009) used
96 this approach to reconstruct the spatial distribution of anthropogenic carbon inventory. Mixing
97 by eddies and small-scale processes can substantially modify the propagation of a pulse. Waugh
98 and Hall (2005) used an idealized model of a deep western boundary current to demonstrate that

99 the arrival of the BIR peak value (the “pulse”) can be significantly delayed by the mixing
100 between the boundary current and the oceanic interior. Time scales in their model also strongly
101 depend on the tracer time history at the origin, particularly in the intermediate mixing regime
102 with comparable advective and mixing time scales (Peclet number of $O(1)$). Simulations of an
103 ensemble of BIRs in a realistic global eddy-resolving model by Maltrud et al. (2010) exhibit
104 vigorous mesoscale variability in BIR distributions but also demonstrate a remarkable agreement
105 between ensemble members, especially at long timescales. In this paper, we will extend the
106 previous studies and seek to isolate the importance of mesoscale eddies in AMOC advection by
107 comparing two specific BIR simulations with and without mesoscale currents. A complete set of
108 BIRs will not, however, be calculated.

109 The eddy-induced mixing of oceanic tracers is spatially inhomogeneous and anisotropic (e.g.
110 Abernathey and Marshall 2013; Bachman et al. 2020; Kamenkovich et al. 2021; Rypina et al.
111 2012), which has been shown to be important for tracer distributions. For example, Booth and
112 Kamenkovich (2008) used high-resolution simulations of the chloroflourocarbon-11 (CFC-11)
113 with and without eddies to demonstrate the importance of eddy mixing in several key locations
114 and show that eddies fill the interior of the Atlantic subpolar gyre with CFC-11, dispersing the
115 tracer away from the mean pathways of the North Atlantic and Labrador currents; the eddies also
116 act to limit vertical penetration of the tracer and decrease the convective removal of CFC-11
117 from the surface. Kamenkovich et al. (2017) used high-resolution simulations of a BIR tracer to
118 study the interactions between the mean and eddy-induced advection in the Southern Ocean and
119 show that the eddies spread the ventilation signal away from the mean pathways, which inhibits
120 the removal of tracers from the Atlantic into the Indian Ocean and enhances the ventilation of the
121 Atlantic southern subtropical gyre. Finally, the anisotropy of the mesoscale currents and the
122 resulting eddy-induced transport are also important for tracer distribution within subtropical and
123 subpolar gyres (Kamenkovich et al. 2015).

124 In this paper, we will use an offline tracer model of the Atlantic basin, whose high spatial
125 resolution and numerical efficiency enables a direct inquiry into the importance of eddies in
126 tracer distributions. We use BIR tracers, propagating from the North Atlantic surface and from
127 the lateral southern boundary, to study the pathways and timescales associated with AMOC. We

128 do not calculate Transient Time Distribution (TTD) or ideal age of AMOC waters in this study,
129 because it would require multiple simulations in a global domain. Instead, we focus on the
130 importance of eddies in one realization of BIR evolution, assuming the results are representative
131 (see Maltrud et al. 2010). The model is described in Section 2. The intensity of the eddy-induced
132 stirring is quantified by a time-mean, but space-dependent diffusivity tensor in Section 3. Section
133 4 will compare the results in simulations with the full flow (hereafter FULL_ADV) and mean
134 (large scale, hereafter, MEAN_ADV) flow only, which serves to isolate the direct importance of
135 the eddy-induced tracer transports. Conclusions are drawn in Section 5.

136 **2 ATLANTIC OFFLINE TRACER MODEL (AOTM)**

137 The Atlantic Offline Tracer Model (AOTM) uses pre-calculated velocities, layer thicknesses
138 and vertical diffusivities to solve the tracer equation. The formulation is similar to the one used
139 in the Southern Ocean model by Kamenkovich et al. (2017) and will be only briefly described
140 here. The physical variables are calculated in a separate “online” simulation with the HYbrid
141 Coordinate Ocean Model (HYCOM; Bleck 2002; Chassignet et al. 2003; Halliwell 2004).
142 HYCOM was originally based on the Miami Isopycnic Ocean Model (MICOM; Bleck et al.
143 1992) and uses isopycnal coordinates in the open ocean and below the mixed layer. The online
144 simulation used by the AOTM has a global domain with $1/12^\circ$ spatial resolution; the horizontal
145 grid is rectilinear south of 47°N (being equatorial Mercator except in the high southern latitudes)
146 followed by an Arctic bipolar patch. The vertical grid has 41 hybrid layers: isopycnal in the deep
147 ocean, z-levels in the ocean interior near the surface, and sigma coordinates near the coasts. The
148 horizontal resolution ($\sim 3.2\text{--}8\text{km}$ at $70^\circ\text{S}\text{--}30^\circ\text{S}$) is among the highest available today, but still
149 falls short of accurate resolution of the small-scale eddies of the size of the first internal Rossby
150 deformation radius ($\sim 10\text{--}20\text{ km}$ at these latitudes; Chelton et al. 1998). Our focus is, therefore, on
151 eddies with scales of larger than approximately $20\text{--}50\text{ km}$. The potential density is referenced to
152 the 20-MPa surface (Chassignet et al. 2003; Sun et al. 1999). The model employs the KPP
153 vertical mixing scheme (Large et al. 1994), whose diapycnal/vertical coefficients are saved and
154 used in AOTM.

155 The spinup for the base calculation was completed at the Naval Research Laboratory (NRL)
156 starting from the observed stratification. The model was forced with monthly ECMWF (ERA40)

157 forcing fields plus 3 or 6-hourly anomalies obtained from NOGAPS. The ocean model is coupled
 158 with the Los Alamos Sea Ice model (CICE). At this resolution, the model has been used
 159 extensively at the NRL. Typically, a climatological spin up is used to initialize inter-annual
 160 simulations; see <http://www.hycom.org> for more detail. The present climatological simulation
 161 was spun up at NRL for 15 years and used for their Global Ocean Forecast System. This
 162 simulation was run for additional 5 years and 16 days in order to save all the required fields,
 163 including instantaneous horizontal mass fluxes and vertical diffusivities.

164 Off-line tracer simulations were originally formulated by R. Bleck (personal
 165 communication); early off-line tracer simulations are presented in Sun and Bleck (2001). The
 166 off-line tracer model solves the prognostic equation for the tracer concentration c within a layer
 167 of thickness $\Delta z(x,y,t)$ (Kamenkovich et al. 2017):

$$168 \quad \frac{\partial(c\Delta z)}{\partial t} = -\nabla \cdot (\mathbf{U}c) - \partial(\omega c) + \nabla \cdot A_h \Delta z \nabla c + \mathfrak{D}(c) \quad (1)$$

169 where $\mathfrak{D}(c)$ is the diapycnal/vertical mixing; $\partial(\omega c)$ is the difference between the vertical fluxes
 170 through the top and bottom of each layer. The layer volume flux is diagnosed from the continuity
 171 equation by

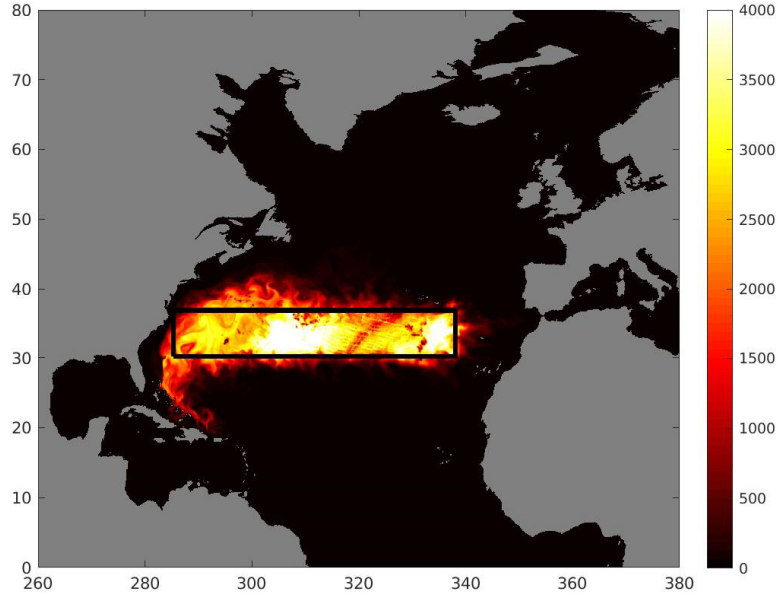
$$172 \quad \partial(\omega) = -\left\{ \nabla \cdot \mathbf{U} - \frac{\partial \Delta z}{\partial t} \right\} \quad (2)$$

173 Daily-mean mass fluxes are used to compute the first term on the right-hand sides of (1) and
 174 (2), whereas the change in the layer thickness (second term on the right-hand side of eq. 2) is
 175 calculated from the instantaneous layer thicknesses. The conservation of mass is, therefore, exact
 176 in the daily mean sense. $\mathfrak{D}(c)$ is calculated from daily-mean diffusivities saved in the online
 177 simulation. A_h is the horizontal/isopycnal Laplacian diffusivity required for numerical stability;
 178 its value is $0.01\Delta x$ in the control simulation, with Δx being the horizontal grid spacing. The
 179 explicit diffusivity is significantly smaller than the eddy-induced diffusivity discussed in Section
 180 3. Eq. 1 is solved using a three-dimensional, fourth-order advection scheme with flux-corrected
 181 transport (Zalesak 1979). The time step is 1 hour. AOTM is forced with 5 years of data, which
 182 are repeated every five years. To smooth a transition from the end of each 5-year cycle to the
 183 beginning of the next one, blended values are used for all forcing fields for the first 16 days of

184 year 1. These blended values are calculated as a weighted average between first 16 days of year 1
 185 and year 6.

186 To estimate the error due to the use of daily values in the offline calculations of the advective
 187 and vertical-mixing terms, we carried out online and offline simulations of the same tracer. The
 188 tracer is initialized to unity on the first day of year 4 in the region between longitudes 74.6W-
 189 21.9W, latitudes 30.2N-36.8N and below the model layer 24; this layer depth varies between
 190 approximately 300 and 1000 meters. At the end of year 4, these results are visually
 191 indistinguishable from the offline simulations with AOTM simulations initialized in the same
 192 way (Fig.1). We define the spatial standard deviation of a quantity g in a model layer as follows:

193



194

195 **Figure 1:** An idealized tracer used in the test of the offline approach, shown at the end of the
 196 two-year integration. The black frame shows the initial distribution.

$$197 \quad SD(g) = \left[\frac{1}{V} \int g^2 \Delta z \, dx dy - \left(\frac{1}{V} \int g \Delta z \, dx dy \right)^2 \right]^{1/2} \quad (3)$$

198 where $V = \int \Delta z \, dx dy$ is the volume of the layer and g is smoothed by the running-mean 1° by 1°
 199 filter (to remove grid-scale errors). A relative bias $e = SD(c_{offline} - c_{online}) / SD(c_{online})$

200 remains between 2 and 9 percent in all layers. For the depth-integrated tracer values (tracer
201 inventory), which will be the main variable discussed in this study, the errors are significantly
202 smaller, with the relative bias e less than 0.6 per cent. Since even a small error in the position of
203 the center of mass of a tracer patch could lead to large values of e , we also compared the tracer
204 variance in both simulations. In the offline simulation, $SD(c_{offline})$ remains within 4 percent of
205 the online value $SD(c_{online})$ in each layer below layer 24. Similar to Kamenkovich et al. 2017,
206 we conclude that the errors due to the use of daily fields are sufficiently small to warrant the use
207 of AOTM for simulations of passive tracers.

208 **3 MESOSCALE VARIABILITY**

209 The main goal of this study is to establish the importance of mesoscale stirring in tracer
210 distribution. We begin with the eddy-induced transport tensor \mathbf{K} in the FULL_ADV simulation
211 which will serve as a measure of eddy activity and its significance for tracer stirring and mixing.
212 In the following part of the study, we will examine the importance of the eddy-induced advection
213 by using separate experiments MEAN_ADV, in which the mesoscale variability is removed from
214 the lateral volume fluxes and layer thickness.

215 Both approaches require a meaningful definition of the mesoscale. The definition is,
216 however, not unique, because a clear scale separation between the mesoscale and seasonally
217 varying large-scale fields does not exist. It is hard to design a method that would guarantee a
218 complete removal of mesoscale processes from the 5 years of our model simulations. After a
219 careful comparison of several approaches, we settled on a combination of time and spatial
220 averaging: The data are first averaged in time and then smoothed spatially with a 25-by-25 point,
221 moving area average filter, which is aligned with the latitude-longitude grid. Our analysis shows
222 that this method removes the mesoscale variability more effectively than, for example, spatial
223 smoothing alone, time averaging or smoothing in time. For example, our attempts to retain the
224 climatological annual cycle by low-pass filtering all fields in time failed to remove a significant
225 portion of mesoscale eddies, most notably, the Agulhas rings. Note that, although the spatial
226 smoothing we use in this simulation broadens the Deep Western Boundary Current (DWBC) and
227 reduces its peak speed, the DWBC volume transport is conserved.

228 The treatment of the diapycnal/vertical mixing in MEAN_ADV is even more challenging.
 229 Although the main focus of this study is on semi-adiabatic pathways below the surface mixed
 230 layer, the injection of the BIR tracer into these pathways depends on the vertical mixing in the
 231 upper ocean. Since the vertical diffusion within the mixed layer tends to be particularly strong in
 232 isolated regions of the North Atlantic, spatial or temporal smoothing would artificially increase
 233 these injection rates. To avoid this bias, we chose to use the full, unfiltered vertical/diapycnal
 234 mixing. We also tested two filtered values of the vertical diffusivity: (i) time-mean and spatially
 235 smooth diffusivity; (ii) diffusivity that is smoothed in time, but not in space. Although the main
 236 conclusions from these two tests remain the same as in our main MEAN_ADV simulation, these
 237 two settings resulted in a noticeably faster decline in the global BIR inventory.

238 *3.1 Eddy diffusivity tensor*

239 The calculation of the eddy transport tensor is based on the flux-gradient relationship
 240 between the lateral eddy-induced tracer flux \mathbf{F}_e and the large-scale tracer gradient:

$$241 \quad \overline{\mathbf{F}_e} = -\overline{\mathbf{K}\Delta z\nabla\langle c \rangle} \quad (4)$$

242 where $\langle \dots \rangle$ denote the 25-point running-mean 2D filter and the overbar stands for the 5-year
 243 average. The lateral direction is defined as horizontal in the surface mixed layer and isopycnal in
 244 the oceanic interior below it. The 2x2 transport tensor \mathbf{K} is calculated in each model layer
 245 separately and stands for the lateral transport coefficient tensor; the tensor depends on location
 246 (i.e. is inhomogeneous) but is constant in time by definition. The methods used in this section are
 247 the same as in Kamenkovich et al. (2021) except that they used the time-dependent \mathbf{F}_e in (4).
 248 The use of time-independent transport tensor here simplifies the discussion and reduces
 249 numerical errors, but ignores potentially important temporal fluctuations in the tensor.

250 The eddy flux \mathbf{F}_e is the difference between the full flux and the flux due to the large-scale
 251 advection (used in MEAN_ADV):

$$252 \quad \overline{\mathbf{F}_e} = \overline{\mathbf{U}c} - \langle \mathbf{U} \rangle \overline{\langle c \rangle}, \quad \text{where } \mathbf{U}' = \mathbf{U} - \langle \mathbf{U} \rangle \text{ and } c' = c - \langle c \rangle \quad (5)$$

253 Note that in the isopycnal model layers, the large-scale layer thickness flux $\overline{\langle \mathbf{U} \rangle}$ includes the
 254 eddy-induced layer thickness fluxes, which represents the effects of eddies on density (Gent and
 255 McWilliams 1990). These fluxes are not discussed in this paper.

256 The flux-gradient relation (4) can be solved exactly for a given pair of tracers. Kamenkovich
 257 et al. (2021), however, found that in this case the tensor depends on the tracers used for the
 258 calculations; see also Bachman et al. (2020) and Sun et al. (2021) for the same conclusion. This
 259 tracer dependence makes the solution non-unique and casts doubts on applicability of the eddy
 260 diffusivity tensor, which is assumed to be tracer-independent in (4). A practical approach to this
 261 problem is to use multi-tracer ensemble-averaged estimates of eddy diffusivity (Abernathey et al.
 262 2013; Bachman et al. 2020; Bachman et al. 2017). In this study, we follow the same logic and
 263 calculate the transport tensor in (4) as a least-square fit for four independent tracers, which are
 264 initially vertically uniform but have different horizontal profiles (see Appendix). Eighteen
 265 overlapping 110-day long simulations are carried out, with each consecutive segment starting 10
 266 days before the end of the previous one; only the last 100 days of each simulation are used in the
 267 calculations.

268 Prior to solving (4), we remove the non-divergent (“rotational”) flux component (Haigh et al.
 269 2020; Jayne and Marotzke 2002; Marshall and Shutts 1981) which does not affect tracer
 270 distribution but tends to dominate \mathbf{F}_e . The rotational component is calculated for each tracer flux
 271 separately, using the Helmholtz decomposition (Lau and Wallace 1979):

$$272 \quad \nabla \cdot \mathbf{F}_e = \nabla^2 \Phi, \quad \nabla \times \mathbf{F}_e = \nabla^2 \Psi,$$

$$273 \quad \mathbf{F}_e = \mathbf{F}_{div} + \mathbf{F}_{rot}, \tag{6}$$

$$274 \quad \mathbf{F}_{div} = \nabla \Phi, \quad \mathbf{F}_{rot} = \nabla \times \Psi.$$

275 In the above equations, Φ is the potential that corresponds to the divergent flux component
 276 \mathbf{F}_{div} , and Ψ is the streamfunction that corresponds to the rotational component \mathbf{F}_{rot} . The
 277 separation of \mathbf{F}_e into the rotational and divergent components via the Helmholtz decomposition
 278 is, unfortunately, not unique and depends on the boundary conditions (Fox-Kemper et al. 2003;
 279 Jayne and Marotzke 2002; Maddison et al. 2015; Roberts and Marshall 2000), which are known
 280 for the total \mathbf{F}_e but not for its rotational and divergent components, separately. The ambiguity in

281 boundary conditions leads to uncertainty in the transport tensor estimates (e.g. Kamenkovich et
 282 al. 2021). Because of the open boundaries in our domain, we chose to use the optimization
 283 technique with Tikhonov regularization (Li et al. 2006), which minimizes those components in
 284 \mathbf{F}_{div} and \mathbf{F}_{rot} that are both non-rotational and non-divergent; see Appendix. These opposing
 285 components cancel each other in \mathbf{F}_e but cause ambiguity in defining \mathbf{F}_{div} and \mathbf{F}_{rot} (Maddison et
 286 al. 2015). Note that for an exact solution of (4), the divergence of \mathbf{F}_{div} and \mathbf{F}_e are the same $\nabla \cdot$
 287 $\mathbf{F}_{div} = \nabla \cdot \mathbf{F}_e$ regardless of the boundary conditions used in the Helmholtz decomposition. The
 288 transport tensor \mathbf{K} will, however, be sensitive to the particular definition of \mathbf{F}_{div} .

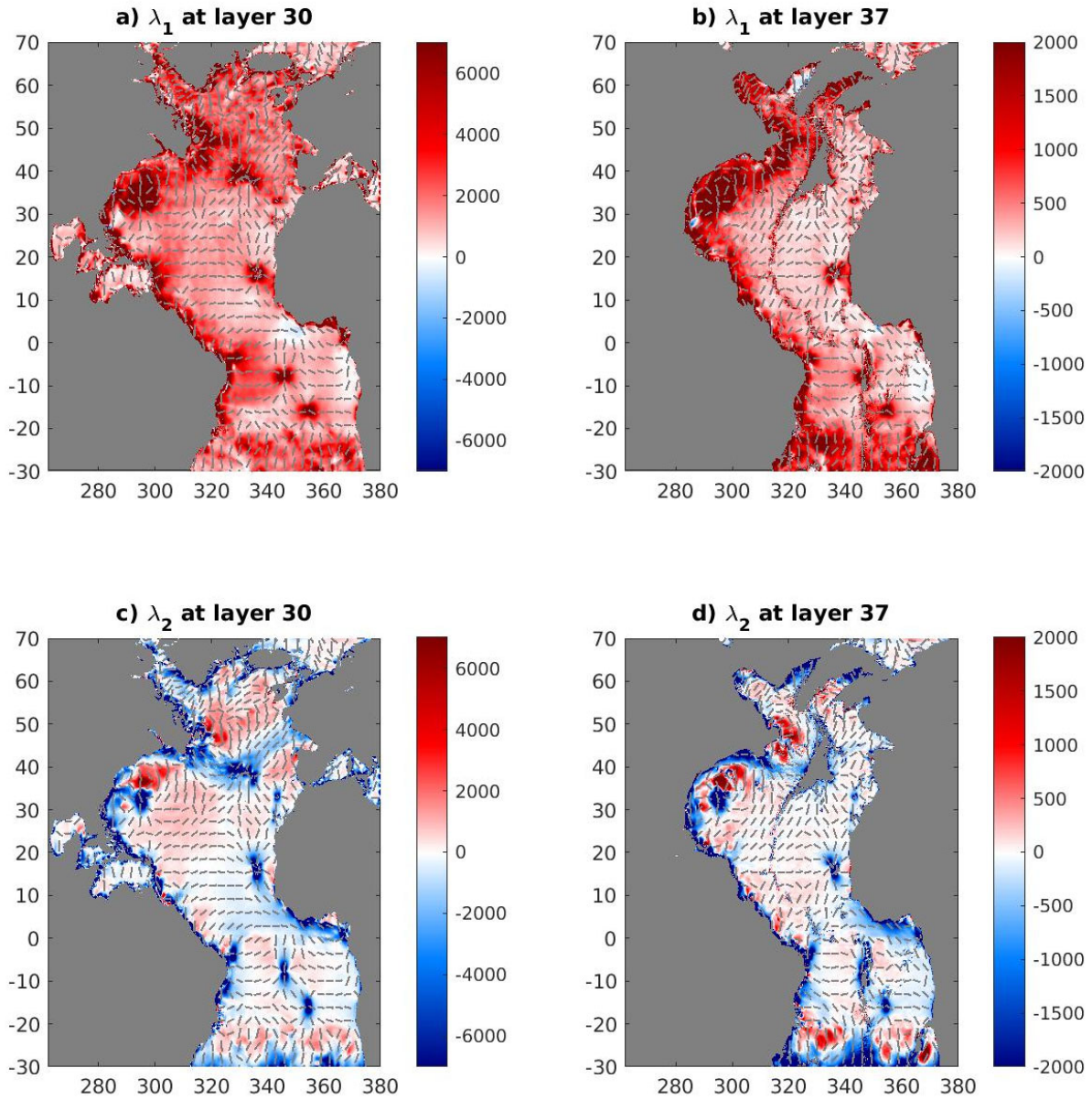
289 The transport tensor \mathbf{K} can be separated into the symmetric and antisymmetric components,
 290 which have different physical meanings. The symmetric part, \mathbf{S} , stands for a diffusive process
 291 affecting the tracer variance, while the antisymmetric component \mathbf{A} represents advective effects.
 292 Note that the corresponding fluxes $\mathbf{S}\Delta z\nabla c$ and $\mathbf{A}\Delta z\nabla c$ will both have divergent and rotational
 293 components, unless the eddy-induced stirring is isotropic and homogeneous (Kamenkovich et al.
 294 2021).

295 The diffusion tensor \mathbf{S} can be further modified to show the preferred direction and efficiency
 296 of diffusion,

$$297 \quad \mathbf{S} = \begin{bmatrix} S_{11} & S_{12} \\ S_{12} & S_{22} \end{bmatrix} = \mathbf{I}_R \begin{bmatrix} \lambda_1 & 0 \\ 0 & \lambda_2 \end{bmatrix} \mathbf{I}_R^T, \quad (7)$$

298 where $\mathbf{I}_R = \begin{bmatrix} \cos \theta & -\sin \theta \\ \sin \theta & \cos \theta \end{bmatrix}$ is a rotation matrix, θ defines the direction of the maximal
 299 diffusion and $\lambda_{1,2}$ are the corresponding eigenvalues (diffusivities). We define λ_1 as the largest
 300 diffusivity and λ_2 – as the smallest diffusivity.

301



302

303 **Figure 2:** Eigenvalues of the diffusivity tensor S : λ_1 (largest, top row) and λ_2 (smallest,
 304 bottom row) eigenvalues of the diffusivity tensor (color shading) and the direction of the first
 305 eigenvector (lines, at every 40th point in each direction). Two model layers are shown: layer 30
 306 (left column, zonal-mean depth of 388 m - 1307 m) and layer 37 (right column, zonal-mean depth
 307 of 1,280 m - 3,430 m); the zonal average depths of these layers are also shown in Fig.5. Units are
 308 m^2s^{-1} .

309

310 Similar to the time-dependent diffusion tensor diagnosed from the same flow (Kamenkovich
311 et al. 2021), the time-mean diffusion tensor in this study exhibits pairs of positive and negative
312 eigenvalues, $\lambda_1 > 0$ and $\lambda_2 < 0$, in the oceanic interior (Fig. 2). This “polarity” results from
313 eddies acting to bring tracer contours closer together in one direction while stretching the
314 contours in the direction perpendicular to it (Haigh et al. 2021b; Sun et al. 2021). Although this
315 eddy-induced filamentation can still correspond to net down-gradient transfer of variance (Haigh
316 and Berloff 2021) or be balanced by large-scale advection in the full flow, negative λ_2 can lead
317 to numerical instability if implemented in numerical models. In addition, the numerical stability
318 is compromised by isolated extreme values in λ_1 , resulting from weak tracer gradients $\nabla\langle c \rangle$. For
319 these two reasons, our attempts to use tensor \mathbf{K} and its isotropic approximation in MEAN_ADV
320 led to numerical instability and unphysical results. The investigation of the utility of representing
321 eddies by the comprehensive tensor \mathbf{K} is left for future studies with coarse-resolution models,
322 and the analysis here is restricted to the description of the spatial inhomogeneity in the transport
323 tensor.

324 Both eigenvalues decrease in magnitude with depth (Fig.2), which is expected, given the
325 decrease in the eddy kinetic energy (not shown). The lateral variability is even stronger, and the
326 magnitude of λ_1 changes by two orders of magnitude from the relatively quiet eastern part of the
327 domain to very energetic western regions. Not surprisingly, the diffusivity is large around the
328 path of the Gulf Stream and Deep Western Boundary Current. A particularly strong local
329 maximum in the eddy-induced tracer stirring is found around approximately 35°N in the deep
330 western part of the domain, which will have important implications for the propagation of the
331 BIR tracer from the north. Another region of elevated diffusivity λ_1 is the South Atlantic, which
332 will be important for meridional spreading of the BIR tracer from the south boundary of the
333 domain. Similarly strong spatial variations were reported in the previous estimates of the lateral
334 diffusivity (e.g. Bachman et al. 2020; Haigh et al. 2020). Explanation of the origins of this
335 variability is challenging because of the complexity of the flow and is beyond the scope of this
336 paper, although large diffusivities can be expected in the regions where the isopycnals are steep,
337 such as vicinity of the western boundary and Southern Ocean.

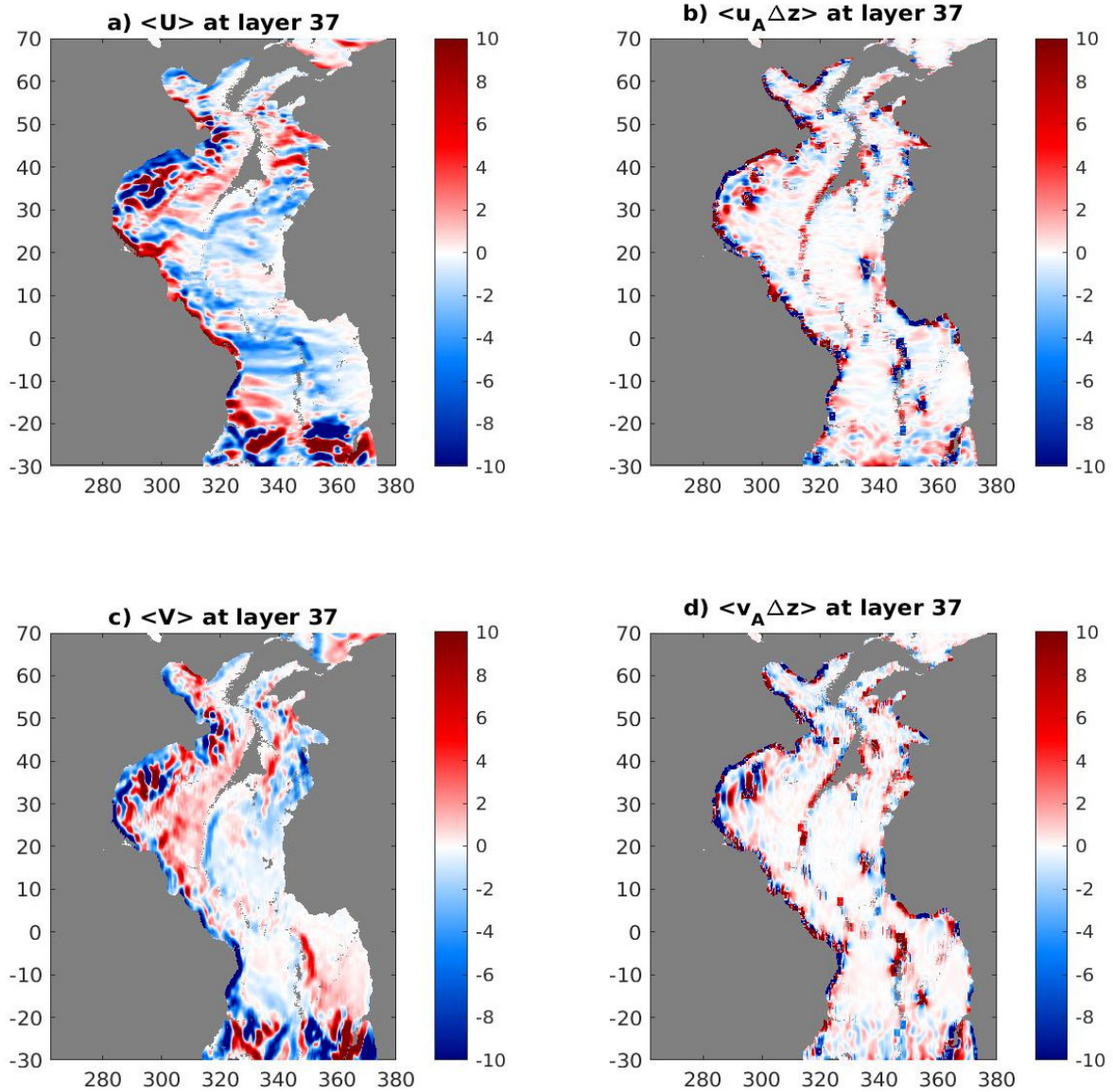
338 Another important characteristic of the diffusivity tensor \mathcal{S} is the direction of the maximal
339 eddy-induced dispersion (with the diffusivity λ_1), shown by the gray lines in Fig.2. This
340 direction tends to be zonal in the oceanic interior between approximately 20S-30N, away from
341 the coasts and major topographic features (Fig.2a). This predominantly zonal direction of the
342 eddy-induced transport is consistent with previous Lagrangian estimates of the diffusivity tensor
343 (Kamenkovich et al. 2015; Rypina et al. 2012). The direction of the maximal dispersion is, in
344 contrast, nonzonal in most of the domain, especially north of 35N and south of 20S, near the
345 “mixing hot spot” at 35°N and in the vicinity of the western boundary (Fig. 2). In particular, deep
346 layers tend to correspond to mostly nonzonal transport. The reported direction of the maximal
347 dispersion will have two important implications for BIR distributions. Consistent with the
348 idealized “leaky pipe” model, the eddies will spread the tracers zonally away from the western
349 boundary, and these effects will be particularly important in the interior and far from topography.
350 Secondly, the eddies will also facilitate meridional propagation of BIR tracers from both the
351 north and south source regions, and these effects will be particularly important in the subpolar
352 region, South Atlantic and near the western boundary.

353 The antisymmetric component \mathbf{A} of the transport tensor corresponds to advective effects of
354 eddies on tracers, with the streamfunction A_{12} and eddy-induced tracer velocities (EITV) $\mathbf{u}_A =$
355 (u_A, v_A) :

$$356 \quad \mathbf{A} = \begin{pmatrix} 0 & -A_{12} \\ A_{12} & 0 \end{pmatrix}, \quad u_A = -\frac{\partial A_{12}}{\partial y}, \quad v_A = \frac{\partial A_{12}}{\partial x} \quad (8)$$

357 EITV multiplied by the large scale layer thickness $\overline{\langle \Delta z \rangle}$ are shown in Fig.3, together with the
358 large-scale layer volume fluxes $\overline{\langle \mathbf{U} \rangle}$. EITV are smaller in magnitude than $\overline{\langle \mathbf{U} \rangle}$ in most of the
359 domain, except the mixing hotspot near 35N and western boundary region. In the latter locations,
360 v_A tends to be southward, which means that eddies will facilitate southward spread of BIR tracers
361 in the deep layers. Note that EITV and $\overline{\langle \mathbf{U} \rangle}$ have different physical meaning and properties. $\overline{\langle \mathbf{U} \rangle}$
362 represents the the actual large-scale transport of water within each layer, both due to the large-
363 scale velocities and eddies; divergence of this transport leads to changes in the layer thickness
364 and generate diapycnal exchanges. In contrast, EITV describe the advective part of the tracer
365 transport, do not affect density and are non-divergent (e.g. Haigh et al. 2021a). The relative

366 importance of the advective (tensor \mathbf{A}) and diffusive (tensor \mathbf{S}) processes depends on the large-
 367 scale tracer structure. For example, consider a highly idealized case of a linear tracer profile with
 368 constant $\nabla\langle c \rangle$. Since all second derivatives in $\langle c \rangle$ are zero, the advective transport by EITV can
 369 be expected to dominate the tracer distribution.



370

371 **Figure 3:** Large-scale layer volume flux $\overline{\langle U \rangle}$ and EITV multiplied by the large scale layer
 372 thickness $\overline{\langle \Delta z \rangle}$ at layer 37 (zonal-mean depth of 1,280 m - 3,430 m): a) zonal flux $\langle U \rangle$; b) eddy
 373 induced zonal velocity times layer thickness $\langle u_A \overline{\langle \Delta z \rangle} \rangle$; c) meridional flux $\langle V \rangle$; b) eddy induced
 374 meridional velocity times layer thickness $\langle v_A \overline{\langle \Delta z \rangle} \rangle$. Units are m^2s^{-1} .

375 4 SIMULATIONS OF THE BIR TRACERS

376 In this study we consider two BIR tracers, one originating from the surface area in the North
377 Atlantic (north of 50°N, NBIR hereafter), and another coming from the southern lateral boundary
378 of the domain (at 30°S, SBIR hereafter). These BIR tracers correspond to propagation of pulses
379 from the corresponding boundaries, but do not constitute a complete set of Green functions.
380 During year 1, NBIR is set to unity at the surface north of 50°N and to zero south of this latitude;
381 starting at year 2, the tracer is set to zero over the entire surface boundary. Similarly, SBIR is set
382 to unity at the southern boundary of the model domain during year 1 and to zero starting at year
383 2. Surface fluxes of SBIR are always zero. There are no other sources and sinks in the rest of the
384 domain. Both tracers are nondimensional. We carried out only one simulation for each tracer and
385 use it to describe the propagation of a boundary forced signal within AMOC.

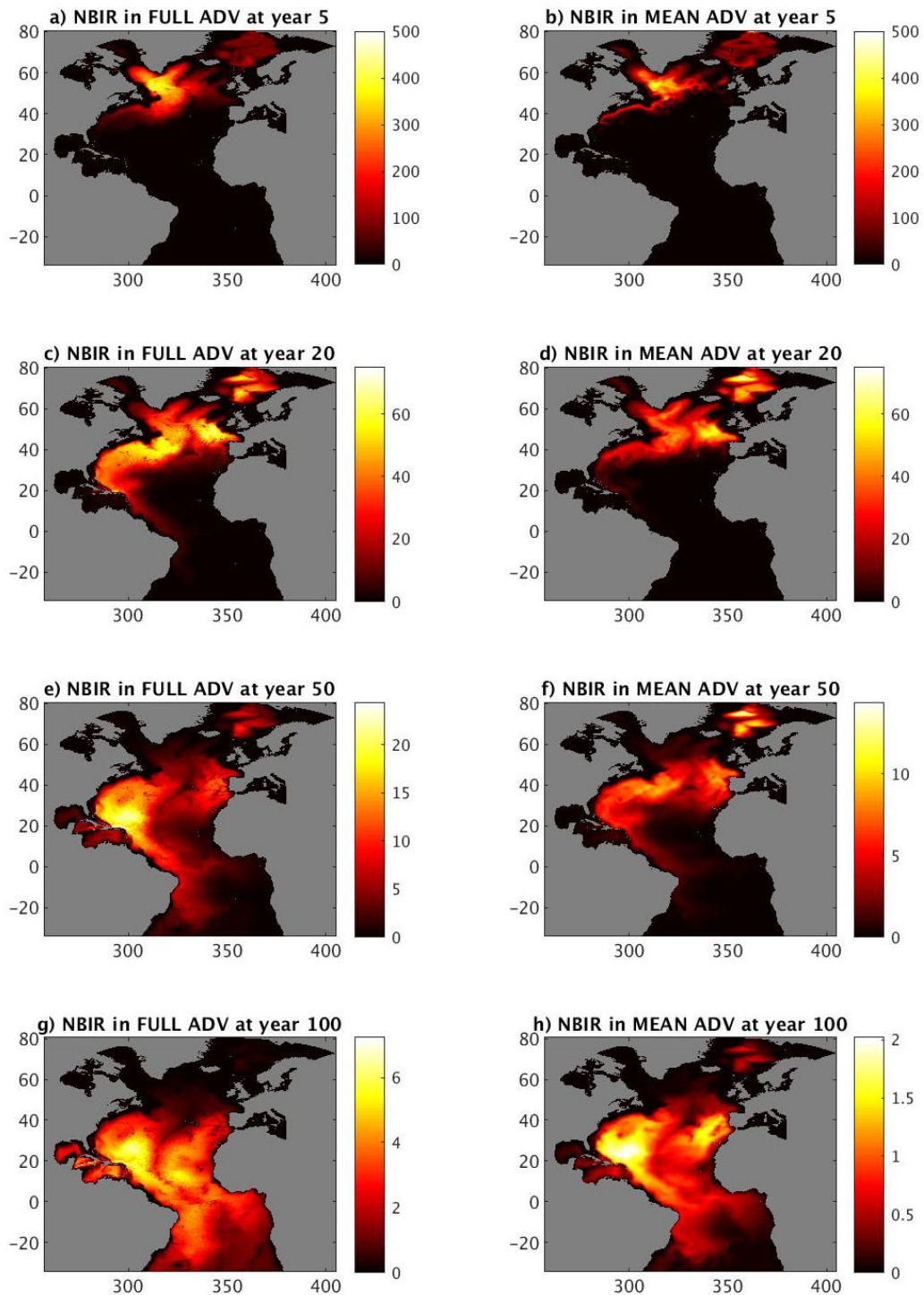
386 4.1 NBIR simulations

387 During the first year, when the NBIR tracer is set to unity at the surface north of 50°N, the
388 tracer quickly fills the mixed layer and begins spreading into the rest of the domain. As the tracer
389 is being removed from the surface starting at year 2, the total tracer inventory begins to decline
390 while the tracer also spreads around the entire domain. The decrease in the inventory is fast
391 initially, but then slows down as less and less tracer-rich waters come in contact with the surface.
392 If we neglect tracer exchanges with regions outside of the model domain, the change in the total
393 tracer inventory will be determined by the tracer loss from the surface. The tracer removal rate
394 from the surface can be assumed to be proportional to the tracer concentrations c_{ML} within the
395 surface mixed layer,

$$396 \quad \frac{\partial}{\partial t} \iiint c dV \approx -\alpha \iint c_{ML} dS, \quad (8)$$

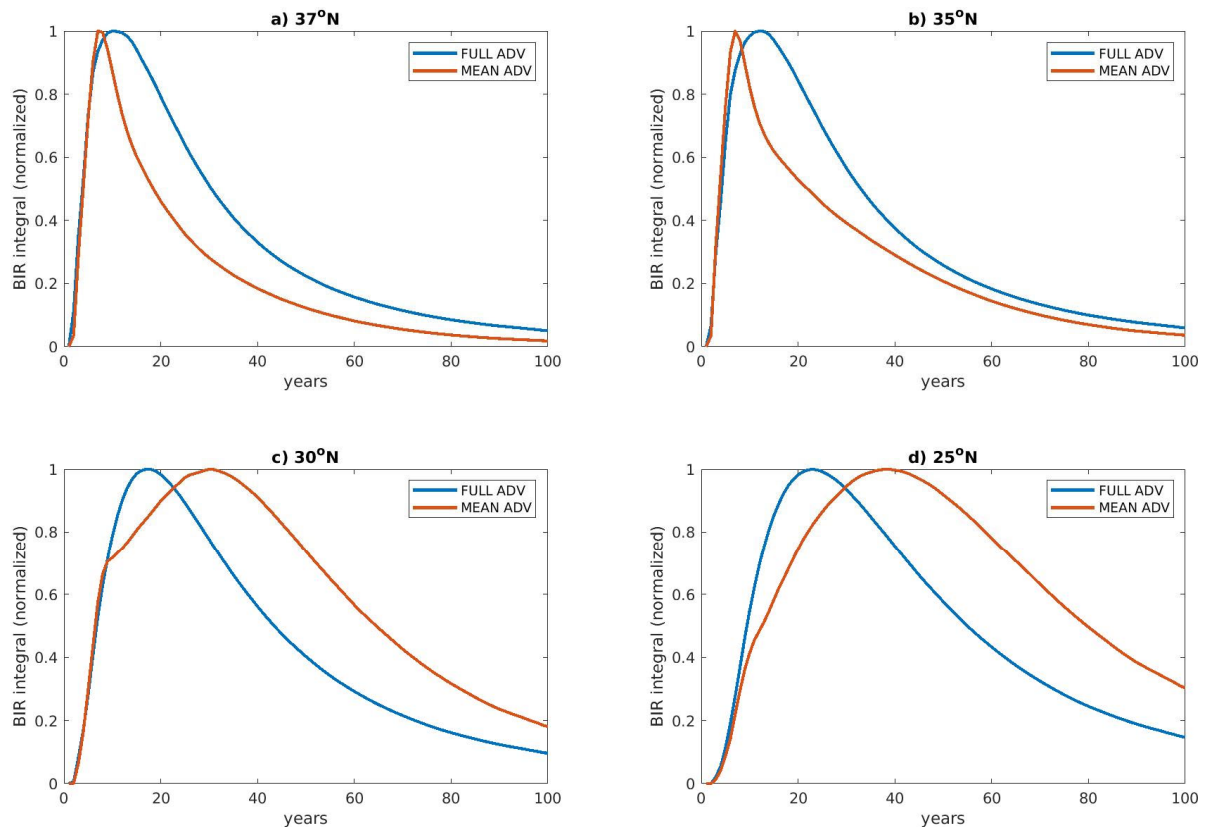
397 The parameter α in the above relation is the removal speed that depends on how fast the
398 tracer within the mixed layer is re-supplied to the surface due to vertical mixing and advection.
399 In the limit of very strong vertical mixing, the tracer is instantly homogenized within the mixed
400 layer and $\alpha = \Delta z / \Delta t$, where Δz is the thickness of the topmost model layer (1 m) Δt is the time
401 step (1 hour). In the absence of lateral advection and stirring, the tracer stays within the mixed
402 layer and $c = c_{ML}$. Assuming that the mixed layer has a uniform thickness of $h=300$ m, the tracer

403 concentration is then decaying exponentially with an e-folding time of $\Delta t \frac{h}{\Delta z} = O(10 \text{ days})$. The
404 tracer response in this case is indeed a short-lived pulse that quickly dissipates with time. The
405 advection decreases c_{ML} reducing the removal rate, the right-hand side of (8). The resulting
406 decline in the total inventory is significantly slower than in the case with no advection and is
407 different from exponential. For example, the time scale $T_r = \iiint c dV \left\{ -\frac{\partial}{\partial t} \iiint c dV \right\}^{-1}$, which
408 would be an e-folding time scale $1/\alpha$ if the decay were purely exponential, changes from
409 approximately 2.5 years to almost 34 years from year 1 to year 25 for FULL_ADV. The decay
410 time scale T_r is also very sensitive to the lateral advection. In MEAN_ADV, the lack of eddy-
411 induced stirring increases the surface removal rate and the parameter T_r is shorter than in
412 FULL_ADV, varying from 2 years to approximately 22 years. As the result, the total inventory
413 of NBIR in MEAN_ADV is noticeably smaller than in FULL_ADV, with the ratio between two
414 inventories being as large as almost 4.0 by the end of the 100-year simulation.



415

416 **Figure 4:** Annual-mean inventory (vertical integral) of the NBIR tracer in FULL_ADV (left
 417 column) and MEAN_ADV (right column). Note different color scales in panels. The tracers are
 418 nondimensional and the units of the inventory are meters.



419

420 **Figure 5:** Annual-mean zonal integrals of NBIR inventories at four different latitudes as
 421 functions of time. The integrals are calculated over 200 grid points (15.9 degrees longitude) from
 422 the western boundary. For presentation purposes, each curve is divided by its maximum and
 423 smoothed in time by a 5-point running-mean filter.

424 With time, the BIR pulse in both simulations leaves the mixed layer in the high latitudes and
 425 propagates southward within the WBC (Fig. 4a-b). The horizontal distribution and associated
 426 timescales are, however, different between the two runs. The tracer is subject to lateral mixing by
 427 mesoscale eddies in the FULL_ADV simulation, which removes the BIR tracer from the mean
 428 pathway and spreads it into the interior (Maltrud et al. 2010; Waugh and Hall 2005). The eddy-
 429 induced diffusivities (Fig.2) indeed show predominantly zonal downgradient tracer transport in
 430 large parts of the mid- and low-latitude interior. According to an idealized “leaky pipe” model in
 431 Waugh and Hall (2005), the zonal exchange between the WBC and the deep interior broadens
 432 the BIR pulse and slows its southward propagation. How different is AMOC in our study from
 433 the idealized leaky-pipe solution?

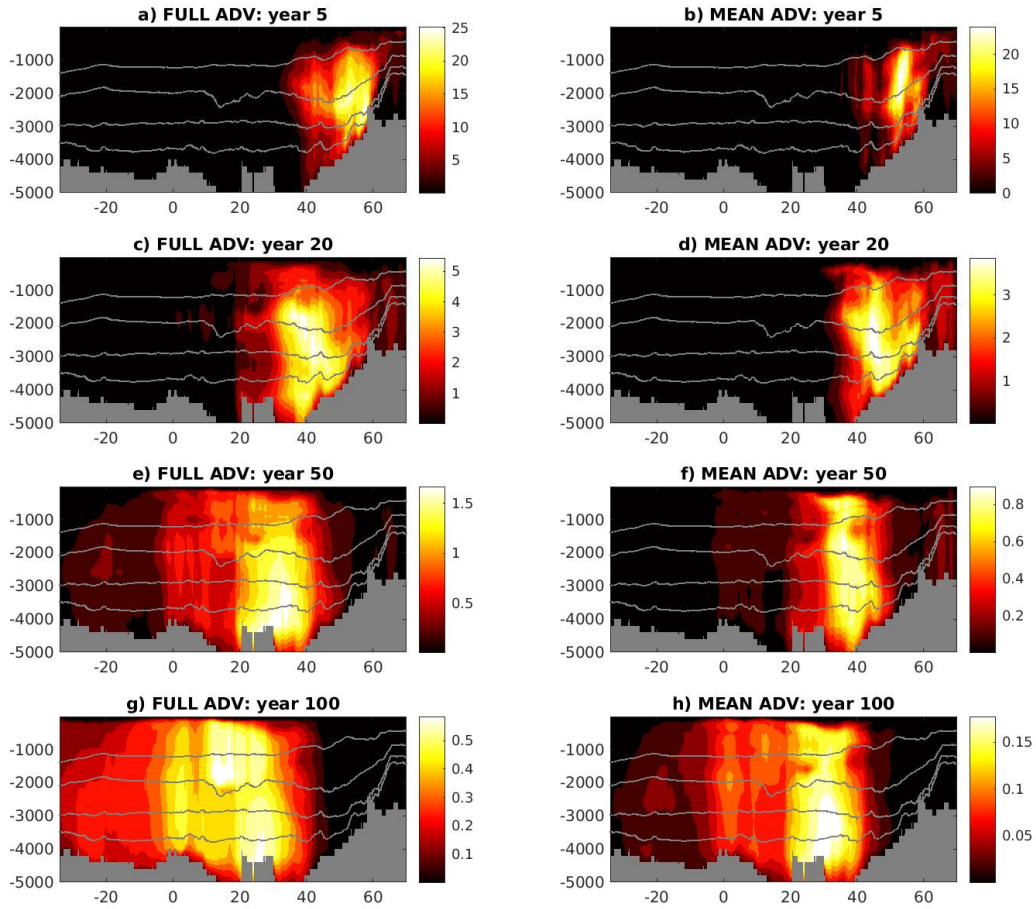
434 Propagation of the pulse in the FULL_ADV case is indeed slower than in MEAN_ADV
435 north of the Gulf Stream. For example, the NBIR pulse arrives at the Cape Hatteras (35°N)
436 during year 6 in MEAN_ADV (Fig.5a), which implies a propagation speed of approximately
437 0.01 m s^{-1} , whereas the NBIR peak in the FULL_ADV case arrives at this latitude later, during
438 year 10. For comparison, the speed of DWBC in MEAN_ADV is between $0.02\text{-}0.05 \text{ ms}^{-1}$, and
439 peak speeds are even faster in FULL_ADV. According to the leaky-pipe model, the difference
440 between the WBC and NBIR propagation speeds can be explained by lateral tracer spreading in
441 the vicinity of the western boundary, which is driven by the eddy-induced mixing in
442 FULL_ADV and large-scale recirculation in FULL_ADV and MEAN_ADV. The peak passage
443 is also more spread out in time in FULL_ADV (Fig.5a-b), which is qualitatively consistent with
444 the analytical TTD derived for the leaky-pipe model (Waugh and Hall 2005).

445 After reaching the Cape Hatteras, the southward propagation of the tracer pulse slows down
446 in both simulations (Fig.4a-b), which is possibly explained by the interaction of the DWBC with
447 the northeastward flowing Gulf Stream. At the same time, this region is a “hot spot” of eddy-
448 induced mixing, according to our analysis of the eddy diffusion and advective tensors (Figs.2 and
449 3), since both tensors exhibit large meridional spreading in this region. The eddies thus facilitate
450 propagation of the NBIR pulse southward of 35°N in FULL_ADV, and their absence explains a
451 much slower propagation of the pulse in MEAN_ADV. As a result, the NBIR pulse arrives at
452 25°N during year 22 in FULL_ADV and only during year 40 in MEAN_ADV (Fig.5c-d). On
453 later stages, the tracer fills the Abyssal Plain, and the region corresponds to a local maximum in
454 the BIR inventory in both simulations (Figs.4g-h).

455 The spreading of the NBIR tracer to the east of the mid-Atlantic ridge is slower than in the
456 west and the difference between FULL_ADV and MEAN_ADV simulations is less pronounced
457 there (Fig.4e-h). At the depths shallower than the top of the ridge, the tracer is advected eastward
458 from the western Atlantic within multiple zonal jets (Fig.3a; Kamenkovich et al. 2009;
459 Maximenko et al. 2008) and by mesoscale eddies (Figs.2 and 3). The signature of the jet
460 advection is mostly observed in MEAN_ADV in the model layers 1 to 34, which correspond to
461 the average depth of approximately 1900-2200 m (not shown), but is also visible in Figs.4c-f.
462 The eddy-induced transport is also predominantly zonal at these depths, south of approximately

463 30°N (Fig.2a). Other pathways include the eastward deep Equatorial current (Fig.4e-f). In the
464 deeper layers, eastward propagation of the tracer is impeded by the mid-Atlantic Ridge, although
465 the tracer can still get through multiple fracture zones. Once the tracer ends up in the eastern part
466 of the basin, it slowly spreads southward, forming a secondary pulse. This secondary pulse in
467 FULL_ADV moves noticeably faster than in MEAN_ADV and reaches the Tropics by year 100,
468 whereas the eastern pulse stays north of approximately 25°N in MEAN_ADV. The NBIR
469 distribution south of the Equator by year 100 are qualitatively similar between the FULL_ADV
470 and MEAN_ADV simulations (Fig. 4g-h).

471 The broad NBIR pulse in the FULL_ADV case extends farther south than in MEAN_ADV at
472 most depth levels, as is evident in the depth-latitude (zonally integrated) plots (Fig.6). The
473 difference becomes particularly large by year 100, when 30 per cent of the total NBIR inventory
474 is found south of the Equator in FULL_ADV, compared to only 17 per cent in MEAN_ADV.
475 These depth-latitude plots also exhibit a two-layer structure of the NBIR pulse. The position of
476 the maximum in NBIR concentrations below the 2000-m depth is similar between the two cases,
477 does not change with time and is associated with the deep Abyssal Plain. The difference between
478 the two simulations is most pronounced near the 2000 m depth (layer 34): The FULL_ADV
479 simulation exhibits a strong NBIR pulse near approximately 15°N, whereas the MEAN_ADV
480 pulse is much weaker and is located farther north.

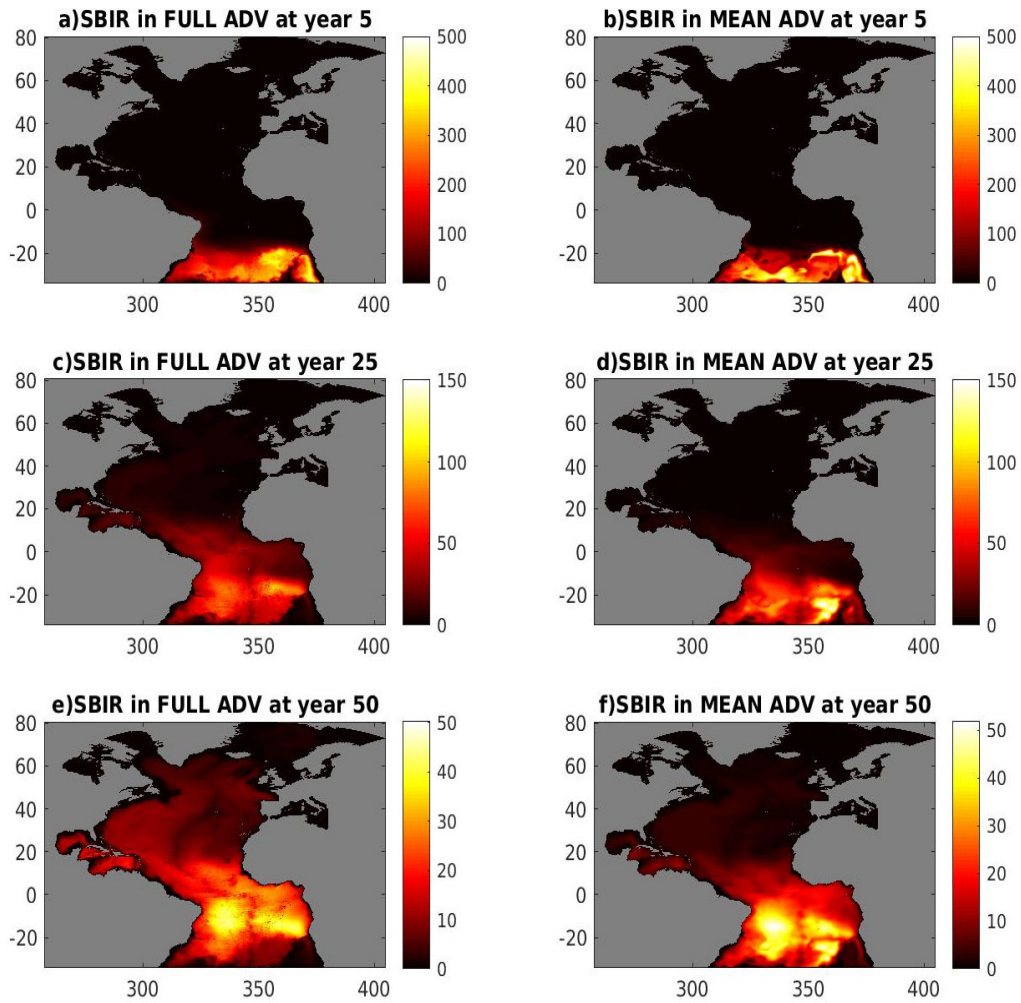


481
 482 **Figure 6:** Annual-mean zonal integral of the NBIR concentrations on the latitude-depth
 483 plane in FULL_ADV (left column) and MEAN_ADV (right column). The tracer concentration is
 484 first integrated in the zonal direction and within each layer and then interpolated to z-coordinates
 485 using zonal mean layer depth. The lines show the mid-depth of model layers 30, 34, 36 and 37,
 486 zonally and time averaged. Note differences in the color contour intervals; units are 10^4 m.

487
 488 **4.2 Southern BIR tracer**

489 Using the same concept as NBIR, the SBIR tracer quantifies the advective timescales and
 490 pathways of the signal propagation from the Southern Ocean into the Atlantic. Similar to the
 491 NBIR tracer, the SBIR pulse separates from the boundary, where it is being removed beginning
 492 at year 2, and moves with AMOC currents. The total SBIR inventory is, however, significantly
 493 less sensitive to the presence of mesoscale eddies, and the difference between the FULL_ADV
 494 and MEAN_ADV inventories at year 50 is only 17 per cent. The main SBIR pathways are

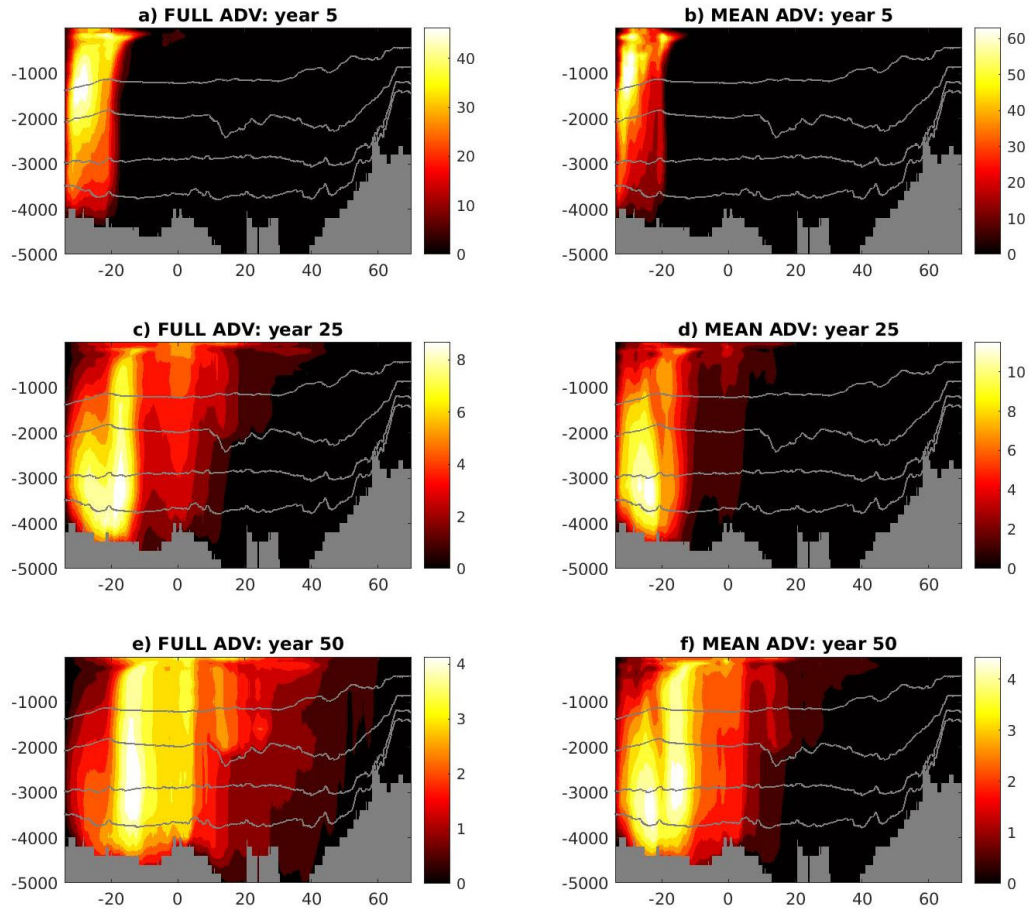
495 associated with the northward spread of the Antarctic Intermediate water (AAIW) in the
496 southwestern Atlantic, the Agulhas leakage in the southeastern Atlantic and the propagation of
497 the Antarctic Bottom Water (AABW) in the deepest layers. In our discussion, we will, therefore,
498 distinguish between the upper 2000 m (layers 1-34) and deep layers below. Most of the SBIR
499 tracer is found in the deep layers by the end of simulations: 53 percent in FULL_ADV and 56
500 percent in MEAN_ADV.



501

502 **Figure 7:** Annual-mean inventory (vertical integral) of the SBIR tracer in FULL_ADV (left
503 column) and MEAN_ADV (right column). Note different color scales in panels. The tracers are
504 nondimensional and the units of the inventory is meters.

505



506

507 **Figure 8:** Annual-mean zonal integral of the SBIR concentrations on the latitude-depth plane in
 508 FULL_ADV (left column) and MEAN_ADV (right column). The tracer concentration is first
 509 integrated in the zonal direction and within each layer and then interpolated to z-coordinates
 510 using the zonal mean layer depth. The lines show the mid-depth of model layers 30, 34, 36 and
 511 37, zonally and time averaged. Note differences in the color contour intervals; units are 10^4 m.

512 Propagation of the SBIR tracer in the deep layers is steered by major topographic features:
 513 the mid-Atlantic ridge, the Rio Grande Rise in the west, and the Walvis Ridge in the east. The
 514 SBIR tracer first enters the Atlantic domain in the southeast. The tracer initially fills the region
 515 south of the Walvis Ridge (Fig.7a,b), within the eastern boundary, but is gradually transported
 516 out of the Atlantic due to the continuing water exchange with the Southern Ocean. These
 517 exchanges are facilitated in FULL_ADV by eddy-induced diffusive fluxes, which are nearly
 518 meridional in the southernmost part of the model domain (Fig.2) and which explain smaller
 519 inventories of SBIR compared to MEAN_ADV. Starting at approximately year 10, we observe

520 two deep pulses moving northward, one to the west and another to the east of the mid-Atlantic
521 ridge. Assisted by the eddy-induced stirring, these deep tracer pulses propagate faster in
522 FULL_ADV than in MEAN_ADV, although the overall difference is less pronounced than in the
523 case of NBIR (Fig. 7c-f). Despite relatively large magnitudes of the eddy diffusivity in the South
524 Atlantic, the direction of the eddy-induced stirring is primarily zonal north of 20°S (Fig.2) and
525 the position of the center of these deep tracer pulses is similar between the two simulations.

526 The SBIR tracer pulse is more spread out meridionally in the FULL_ADV simulation. By the
527 end of the simulation, 40 percent of the tracer is found in the Northern Hemisphere, compared to
528 only 20 percent in MEAN_ADV. The tracer moves faster in the upper layers, and the northward
529 extent of the SBIR pulse is significantly larger in the upper 2000 meters (Fig.8). By the end of
530 the FULL_ADV simulation, most of the tracer (58 percent) is found in the Northern Hemisphere.
531 The distribution is more uniform vertically in MEAN_ADV, with 36 percent of the tracer found
532 north of the Equator.

533 **5 DISCUSSION AND CONCLUSIONS**

534 Redistribution of tracer anomalies takes place along AMOC pathways that link the high-
535 latitude North Atlantic with the mid-latitudes and the Southern Ocean. Within the most basic
536 schematic of a semi-adiabatic AMOC, these tracer anomalies enter and leave the Atlantic Ocean
537 from the surface in the northern high latitudes and through lateral exchanges with the Southern
538 Ocean. The “conveyor belt” concept, however, hides underlying complexity of a three-
539 dimensional system of currents on a wide range of spatial scales. Our numerical study evaluates
540 the importance of mesoscale currents (“eddies”) in these AMOC pathways and associated
541 timescales. The contribution of eddies remains poorly understood, mainly because of challenges
542 in studying these effects over large distances and long times. The offline tracer model used in
543 this study overcomes this technical difficulty because it permits extended simulations at the
544 relatively low computational cost. More important for the study is, however, the unique ability of
545 offline simulations to isolate the direct contribution of eddies to the large-scale distribution of
546 oceanic tracers. This task is achieved by a sensitivity run with a synthetic time-averaged and
547 spatially smoothed currents. The study considers two Boundary Impulse Response (BIR) tracers,
548 which can be used to quantify the importance of the Atlantic tracer exchanges with the high-

549 latitude atmosphere in the north and with the Southern Ocean in the south. The results are
550 interpreted using eddy-induced transport tensors, which are derived from lateral distributions of a
551 separate set of idealized tracers.

552 The results provide several examples of the importance of eddies in propagation of BIR
553 tracers. During the early stages of the simulation, eddy advection allows for more tracer to
554 remain in the ocean and, thus, increases the overall BIR inventory. This effect can be interpreted
555 as the eddy-induced enhancement of the overall ventilation. Specifically, eddies facilitate the
556 removal of BIR away from the North Atlantic surface, where the waters are being continuously
557 renewed and BIR tracer concentrations are being depleted by the atmosphere. It is not, however,
558 easy to quantify this potentially important effect of eddies in our study. The stratification in the
559 sensitivity simulation MEAN_ADV is different from the control run FULL_ADV and it would
560 be difficult to claim that the difference in tracer inventories observed here is due solely to
561 mesoscale advection, despite the same vertical diffusivities in both simulations. In addition, at
562 time scales longer than those considered in this study, the eddy-induced mixing can be expected
563 to expose more tracer to the surface and thus facilitate tracer removal.

564 In agreement with an idealized leaky-pipe model, the eddies spread the tracer away from the
565 main DWBC pathway, which increases the advective timescale within AMOC at the early
566 stages. Zonal eddy-induced transports move the tracer over the mid-Atlantic Ridge to the eastern
567 part of the domain, which helps to achieve a more spatially uniform ventilation of the Atlantic
568 interior. The eddy effects are not, however, limited to the eastward spreading of the tracer from
569 the western boundary. The mesoscale currents also facilitate the meridional spreading of the
570 NBIR tracer south of the eastward Gulf Stream extension and across the deep Equatorial current
571 farther south. In this sense, the eddies assist the large-scale advection, and the resulting
572 meridional propagation of the NBIR pulse is noticeably faster in the presence of mesoscale
573 currents. Similarly, the meridional propagation of the SBIR tracer from the southern boundary of
574 the Atlantic is also facilitated by mesoscale eddies.

575 The results also demonstrate the importance of spatial inhomogeneity and anisotropy of
576 eddy-induced mixing, demonstrated by the eddy-induced diffusion and advection tensors. The
577 anisotropy of the eddy diffusivity and the direction of the maximal eddy-induced dispersion are

578 clearly important for the propagation of tracers within AMOC. For example, the eddy-induced
579 stirring is primarily zonal in the mid- and low-latitude interior, far from the coasts and
580 topographic features. Zonal mixing is also very strong in the South Atlantic (north of 20°S), and
581 the resulting re-distribution of temperature and salinity anomalies will help to establish a basin-
582 wide west-east density contrast, which is particularly important for the AMOC dynamics
583 (Kamenkovich and Radko 2011). Nevertheless, the eddy-induced diffusion and advection have
584 significant meridional components near the western boundary and in deep ocean layers, which
585 assists the meridional propagation of the pulse. For example, a mixing “hot spot” in the vicinity
586 of the eastward Gulf Stream extension helps to move the NBIR pulse southward of this location.
587 An accurate calculation of the transport tensors is, however, challenging, due to uncertainty in
588 tracer-based estimates of the eddy diffusivity revealed by previous studies (e.g., Bachman et al.
589 2020; Kamenkovich et al. 2021; Sun et al. 2021) and should be interpreted with caution.

590 Eddy-induced diffusivities and the corresponding tracer transports are complex, but the
591 significance of this complexity for large-scale tracer distributions remains unclear. This study
592 combines an analysis of eddy-induced transport tensor and a direct inquiry into the importance of
593 eddy-induced advection for tracer distribution. The time-independent transport tensor discussed
594 in this study still lacks important temporal fluctuations (Haigh et al. 2020; Kamenkovich et al.
595 2021). The attempts to use the diagnosed eddy-induced diffusivities in place of eddies in our
596 study was, however, unsuccessful due to numerical instability. The instability was most likely
597 caused by negative and large positive values of diffusivity and the presence of sharp gradients in
598 high-resolution simulations. An alternative approach of using coarse-resolution simulations with
599 parameterized tracer transports would involve different large-scale circulation, leading to
600 additional challenges with interpretation.

601 Most notable challenge in any analysis of mesoscale dynamics is the lack of a clear scale
602 separation between the large-scale AMOC and mesoscale currents. Time-based definitions of
603 mesoscale variability complicate its separation from the seasonal cycle in the large-scale fields,
604 and the simple 5-year time average used in this study assumes that seasonal anomalies in AMOC
605 are weaker than the mesoscale currents. On the other hand, definitions based on a spatial scale,
606 also used in this study, result in additional eddy-induced terms in the tracer budgets (e.g. Sun et

607 al. 2021). At the same time, a spatial scale-based approach seems as a natural way to define
608 mesoscale anomalies missing in coarse-resolution ocean models.

609 This study focuses on the direct contribution of eddy-induced tracer fluxes, by assuming that
610 the large-scale circulation is the same in both simulations. The important effects of eddies on
611 large-scale currents are, therefore, outside the scope of this study. For example, the eddies have
612 been shown to play a key role in the dynamics of western boundary currents and their eastward
613 extensions (e.g., Shevchenko and Berloff 2015; Waterman et al. 2011) and mid-latitude
614 stratification (Henning and Vallis 2004). In addition, eddy-induced zonal jets (Kamenkovich et
615 al. 2009; Maximenko et al. 2008) are shown to be important for spreading of the ventilation
616 signal to the eastern part of the deep Atlantic. The absence of these eddy-driven currents in
617 coarse-resolution models will, therefore, further increase their biases in tracer distributions.
618 Finally, mesoscale and submesoscale currents can also be expected to play a role in the
619 variability of the mixed-layer depth which has been shown to modulate the air-sea heat
620 exchanges (Tozuka and Cronin 2014; Gao et al. 2021, in press), and submesoscale currents,
621 which are missing in our study, can be particularly important for ventilation (Callies et al. 2015).
622 Studies of the importance of eddy-induced advection for tracer distribution should clearly be
623 continued, as they are needed for evaluation of eddy-permitting simulations, that stop short of
624 full resolution of mesoscale, as well as for development of eddy parameterization schemes.

625

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631 Foundation.

632

633 **Data Availability Statement** Data used for the main analysis and figures in the paper will be
 634 openly available from a public repository. Complete data from numerical simulations will be
 635 made available upon request. There are no restrictions on the data use.

636

637 **APPENDIX A**

638 Eighteen overlapping 110-day long simulations are carried out, with each consecutive
 639 segment starting 10 days before the end of the previous one. Four idealized conservative tracers
 640 were initialized with the following analytical horizontal profiles:

$$\begin{aligned}
 c_1 &= 1 - \frac{n_x}{N_x}, & c_2 &= 1 - \frac{n_y}{N_y} \\
 c_3 &= \left(\frac{n_x - N_x/2}{N_x/2}\right)^2 + \left(\frac{n_y - N_y/2}{N_y/2}\right)^2, & c_4 &= \cos\left(\frac{\pi n_x}{720}\right) \cos\left(\frac{\pi n_y}{720}\right)
 \end{aligned}
 \tag{A1}$$

642 where $n_x = 1, \dots, N_x$ and $n_y = 1, \dots, N_y$ are grid indices in the zonal and meridional directions
 643 and $N_x = 1475$ and $N_y = 1950$ are the total number of grid points in each corresponding
 644 direction. Each of these profiles is multiplied by the following “hat function” $h(n_y)$, in order to
 645 minimize the effects of the open boundaries:

$$h(n_y) = \begin{cases} \exp\left[-\left(\frac{n_y - 925}{700}\right)^6\right], & 50 < n_y < 1800 \\ 0, & \text{otherwise} \end{cases}
 \tag{A2}$$

647 The initial tracer concentrations (A1)-(A2) are uniform vertically. The tracers do not have
 648 internal sources and sinks, and their surface fluxes are zero.

649 We use the optimization technique with Tikhonov regularization (Li et al. 2006) to extract
 650 the divergent component in eddy fluxes. The method minimizes the opposing non-rotational and
 651 non-divergent components in \mathbf{F}_{div} and $(\mathbf{F}_e - \mathbf{F}_{div})$. These components cancel each other in the
 652 sum \mathbf{F}_e but cause ambiguity in defining \mathbf{F}_{div} and \mathbf{F}_{rot} . The main advantage of this method for
 653 our study is that it avoids the need for boundary conditions, which are particularly ambiguous at
 654 the open boundaries. Note that the decomposition preserves boundary conditions for \mathbf{F}_e .

655 The finite-difference form of the equation (6) is first written in the following matrix form

656
$$\mathbf{y} = \mathbf{A}\mathbf{x}, \quad \text{where } \mathbf{y} = \begin{pmatrix} F_x \\ F_y \end{pmatrix} \text{ and } \mathbf{x} = \begin{pmatrix} \Phi \\ \Psi \end{pmatrix} \quad (\text{A3})$$

657 The solution for \mathbf{y} is then obtained by minimizing the objective functional

658
$$J_\alpha(\mathbf{x}) = \frac{1}{2}(\mathbf{y} - \mathbf{A}\mathbf{x})^T(\mathbf{y} - \mathbf{A}\mathbf{x}) + \alpha \frac{1}{2}\mathbf{x}^T\mathbf{x} \quad (\text{A4})$$

659 where “T” stands for the transpose, and the regularization parameter $\alpha = 10^{-15} \text{ m}^{-2}$.
 660 Minimization of the regularization term (second term on the right-hand side) is equivalent to
 661 minimizing the opposing irrotational, nondivergent components of flux that cause uncertainty in
 662 the decomposition (Li et al. 2006). We use the quasi-Newton method with limited memory
 663 Broydon – Fletcher – Goldfarb – Shanno (BFGS) updating (a built-in Matlab function). The
 664 equation (4) is solved locally by matrix division function in Matlab, which determines the
 665 solution in the least square sense to the overdetermined system of equation.

666

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