

1 **The risk of pulmonary NTM infections and water-quality constituents among**
2 **persons with cystic fibrosis in the United States, 2010-2019**

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23 Office of Human Subjects Research Protection because data were de-identified and investigators
24 could not link back to identifiable data.
25 The water-quality dataset and the R code for the analysis are available from the first author. The
26 patient dataset cannot be made publicly available due to unique identifiers in the data.

27 **ABSTRACT**

28 **Rationale:** The prevalence of nontuberculous mycobacterial (NTM) pulmonary disease varies
29 geographically in the United States (U.S.). Previous studies indicate that the presence of certain
30 water-quality constituents in source water increase NTM infection risk.

31 **Objective:** To identify water-quality constituents that influence the risk of NTM pulmonary
32 infection in persons with cystic fibrosis (pwCF) in the U.S.

33 **Methods:** We conducted a population-based case-control study using NTM incidence data
34 collected from the Cystic Fibrosis Foundation Patient Registry (CFFPR) during 2010-2019. We
35 linked patient zip code to county and associated patient county of residence with surface water
36 data extracted from the Water Quality Portal. We used logistic regression models to estimate
37 odds of NTM infection as a function of water-quality constituents. We modeled two outcomes:
38 pulmonary infection due to *Mycobacterium avium* complex (MAC) and *Mycobacterium*
39 *abscessus* species.

40 **Results:** We identified 484 MAC cases, 222 *M. abscessus* cases and 2816 NTM-negative CF
41 controls resident in 11 states. In multivariable models, we found that for every 1-standardized
42 unit increase in the log concentration of sulfate and vanadium in surface water at the county
43 level, the odds of infection increased by 39% and 21%, respectively, among pwCF with MAC
44 compared with CF-NTM-negative controls. When modeling *M. abscessus* as the dependent
45 variable, every 1-standardized unit increase in the log concentration of molybdenum increased
46 the odds of infection by 36%.

47 **Conclusions:** These findings suggest that naturally-occurring and anthropogenic water-quality
48 constituents may influence the NTM abundance in water sources that supply municipal water
49 systems, thereby increasing MAC and *M. abscessus* infection risk.

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54 What this study adds

55

56 This study adds to our understanding of water-quality constituents which increase the risk of
57 NTM pulmonary infections. We found that across states, at a subnational level, molybdenum,
58 sulfate, and vanadium in surface water are associated with an increased risk of NTM pulmonary
59 infections. These water-quality constituents in surface water may act by influencing
60 mycobacterial growth, leading to increased risk of exposure and infection, and/or through host
61 susceptibility.

62 **1. INTRODUCTION**

63 The incidence and prevalence of nontuberculous mycobacteria (NTM) pulmonary infection
64 (NTM PI) has increased globally over the past 20 years¹. Persons with cystic fibrosis (pwCF)
65 are a susceptible population at high risk of NTM PI, which remains one of the most challenging
66 to treat infections, requiring prolonged treatment courses². NTM are environmental opportunistic
67 bacteria, widespread in both natural and engineered environments including in soil, natural
68 water, water distribution systems, and biofilms in municipal water supplies³⁻⁵. NTM infections
69 have been found to be the leading cause of drinking water-associated illnesses, ED visits,
70 hospitalizations, and the most common cause of death for all types of water exposure routes⁵.
71 Although NTM are ubiquitous, the distribution of NTM in the environment and the prevalence of
72 NTM-associated infection varies geographically in the United States (U.S.)⁶⁻¹². As NTM are
73 natural inhabitants of soil and water^{7,13-15}, certain environmental conditions likely contribute to
74 higher abundance of NTM, leading to increased exposure with an increased risk of NTM
75 infection. Some environmental factors associated with NTM pulmonary infection (NTM PI) have
76 been identified in previous studies, including evapotranspiration and geochemical soil
77 properties^{12,16}. Recent studies have demonstrated consistent and robust associations between
78 trace metals in environmental water sources and increased risk of NTM PI. These studies,
79 conducted in three U.S. states (Colorado, Oregon and Hawaii)¹⁷⁻²⁰, found that molybdenum in
80 surface water was associated with increased risk of *Mycobacteroides*
81 *abscessus* (formerly *Mycobacterium abscessus*) infection and vanadium in surface and
82 groundwater was associated with an increased risk of *Mycobacterium avium* complex (MAC)
83 infection. Molybdenum is essential for the metabolism, persistence, and pathogenesis of
84 *Mycobacterium tuberculosis*, an organism phylogenetically related to NTM. Given the genetic

85 relatedness of *M. tuberculosis* and NTM²¹⁻²⁴, and our consistently observed associations across
86 multiple geographic regions, we hypothesize that infection rates would be higher in regions with
87 high concentrations of these trace metals in the source water supply. Therefore, we tested
88 whether water-quality constituents in environmental surface water are associated with NTM PI in
89 persons with cystic fibrosis (pwCF) at a national level. Here, we describe a population-based,
90 case-control study using water-quality data from the Water Quality Portal, a water-quality
91 database sponsored by the U.S. Geological Survey, U.S. Environmental Protection Agency, and
92 the National Water Quality Monitoring Council, together with national cystic fibrosis (CF)
93 patient data extracted from the Cystic Fibrosis Foundation Patient Registry (CFFPR). We then
94 discuss geological factors, NTM high-risk areas, and plausible biological explanations of the
95 effect of specific water-quality constituents on the risk for NTM infection.

96 **2. MATERIALS AND METHODS**

97 **2.1 Data Collection**

98 *Study design and patient data.*

99 This study was a case-control study using CFFPR data²⁵, which includes data on >90% of
100 pwCF resident in the United States (U.S.). Because our study population is representative of all
101 pwCF in the U.S., we therefore describe our design as population-based. This study was
102 classified as nonhuman subjects research by the National Institutes of Health, Office of Human
103 Subjects Research Protection because data were de-identified and investigators could not link
104 back to identifiable data.

105 Our study population included all pwCF ≥ 12 years with a U.S. zip code listed in the
106 CFFPR from January 2010 through December 2019. We excluded 795 patients with invalid zip
107 codes. We abstracted data related to patient zip code, NTM cultures and patient demographics.

108 We defined incident cases in two ways: 1) pwCF who had at least one positive NTM culture
109 preceded by two negative cultures during the study period, 2) pwCF who had at least one
110 positive NTM culture preceded by two negative cultures during the study period and lived in the
111 same county for at least one year prior to their first positive culture. Controls were defined as
112 pwCF who had at least two negative cultures within a single county over a period of at least two
113 years without a history of any positive cultures. Our study population comprised 4,829 CF
114 patients across the conterminous U.S., defined as the 48 U.S. states excluding Alaska and
115 Hawai'i, referred to hereafter as the U.S.

116 *2.1.1 Water-quality data compilation*

117 We obtained water quality data from the Water Quality Portal (WQP)²⁶, a water-quality
118 database collected and hosted by the U.S. Geological Survey, the U.S. Environmental Protection
119 Agency, and the National Water Quality Monitoring Council. We accessed the WQP on 28
120 December 2021 and extracted water-quality data for the U.S. The majority of the data were
121 surface water measurements; therefore, we chose to focus the water exposure dataset on only
122 surface water samples. The cleaned dataset used in this analysis required correcting identified
123 unit errors, as well as identifying and excluding particular sampling locations and sampling types
124 that were not representative of recreational or municipal drinking water. All cleaning steps were
125 done in conjunction with a USGS scientist (WS McBride) who had unique knowledge on water
126 sampling. Appendix 1 details the cleaning steps taken to transform raw data to the cleaned
127 dataset.

128 Since our previous findings focused on trace metals¹⁷⁻²⁰, we limited our water exposure
129 dataset to states that had at least 50% of counties with trace metal water data available for

130 analysis. This narrowed our analysis to 11 states: Arizona, California, Colorado, Connecticut,
131 Maine, Massachusetts, Nevada, New Mexico, Rhode Island, Utah, Wyoming.

132 This dataset included water-quality constituents collected from sampling sites across the
133 conterminous U.S. from January 1, 2000 through December 31, 2019. All water-sample sites
134 were aggregated by county. Water-quality constituents were eliminated if data were not available
135 for more than 50 percent of counties. Following these curation steps, 29 water-quality
136 constituents remained for analysis (Supplementary Table 1). We used a natural log
137 transformation on all individual measurements. Subsequently, we calculated the median value of
138 each water-quality constituent for each county. We standardized all the water-quality constituent
139 log concentrations to have a mean of 0 and standard deviation of 1. For counties with missing
140 data, we imputed the median value for all water-quality constituents. Each patient was assigned
141 the water quality value of each constituent for his or her respective county of residence. The
142 states and counties with available data are shown in Figures 1 and 2.

143 **2.2 Statistical analysis**

144 *2.2.1 Logistic Regression Models with Backward Elimination*

145 We used logistic generalized linear models (GLMs) with backward elimination to model
146 two separate outcomes (infection due to MAC and *M. abscessus* species) as a function of water-
147 quality constituents in surface water. For each subject, county-level median values of each water-
148 quality constituent (standardized, imputed) were included. Because demographic variables,
149 including age, age of CF diagnosis, sex, chronic macrolide use, median income, are associated
150 with NTM infection risk and could also influence county of residence, we included these as
151 confounders in our models. For each outcome, we constructed a model (Table 2; Model 1) that
152 included only those water-quality constituents whose variance inflation factor was less than 10;

153 values above 10 indicate high collinearity. For these models, we sequentially removed a single
154 constituent with the highest variance inflation factor over 10. By removing these variables with
155 high variance inflation factors, we mitigated the potential impact of collinear covariates, making
156 it easier to assess the role of the remaining variables in the model. This procedure eliminated
157 magnesium and sodium, leaving the following 27 water-quality constituents as explanatory
158 variables: aluminum, arsenic, boron, beryllium, boron, cadmium, calcium, chloride, chromium,
159 cobalt, copper, iron, lead, manganese, mercury, molybdenum, nickel, nitrate, phosphorus,
160 potassium, selenium, silver, strontium, sulfate, vanadium, zinc, pH, as well as several
161 demographic variables. Next, the backwards elimination variable selection procedure was used
162 to determine a final model for both groups of NTM species. The backwards elimination
163 algorithm removes explanatory variables one-at-a-time based on which variable removal
164 minimizes the AIC selection criterion. This process continues until removing an explanatory
165 variable that results in a worse fitted model. The final models for both groups of NTM species
166 are referred to as Model 1 and shown in Table 2. The correlation matrix for all water-quality
167 constituents is shown in Supplementary Table 1. Next, we constructed separate single-
168 constituent logistic GLMs for the water-quality constituents that were significant in Model 1
169 (Table 2) to better assess their effect in the absence of other potentially correlated constituents.
170 We estimated the odds of NTM infection among pwCF given exposure to water-quality
171 constituents in surface water sources in 11 U.S. states. We present an odds ratio, 95% confidence
172 interval (CI), and p-value for each model variable. Finally, we predicted the probability of NTM
173 infection by county among pwCF based on the elemental composition of water. The results are
174 presented in probability maps across counties in the 11 U.S. states analyzed (Figures 1 & 2).

175 **3. RESULTS**

176 **3.1 Study Population Characteristics**

177 Our study population comprised 3,897 pwCF in 11 states including 2,818 NTM culture-
178 negative controls, 520 incident MAC cases, and 239 incident *M. abscessus* cases. We restricted
179 our analysis to 484 incident MAC cases and 222 incident *M. abscessus* cases who lived in the
180 same county for at least one year prior to their first positive culture. Our study participants were
181 resident in 11 states (Arizona, California, Colorado, Connecticut, Maine, Massachusetts, Nevada,
182 New Mexico, Rhode Island, Utah, Wyoming) at any point during 2010 through 2019. Regression
183 model results using all 520 MAC and 239 *M. abscessus* cases are presented in the Supplement
184 (Supplementary Table 2; Model 1 & Supplementary Table 3; Model 2).

185 Demographic characteristics of cases and controls are shown in Table 1. We observed a
186 younger mean age, younger mean age of CF diagnosis, higher proportion of chronic macrolide
187 use, and a higher proportion of males among pwCF with *M. abscessus* infection compared to
188 those with MAC infection.

189 **3.2 Logistic Regression Models**

190 For MAC, we found that sulfate, vanadium, and zinc were significantly positively
191 associated with increased odds of infection, while chromium, copper, and manganese
192 demonstrated significantly reduced odds of infection. For every 1-standardized log unit increase
193 in concentration, the odds of MAC infection increased by 39% for sulfate, 21% for vanadium,
194 and 41% for zinc. For every 1-standardized log unit increase in chromium, copper, and
195 manganese, the odds of MAC infection decreased by 26% for chromium, 23% for copper, and
196 20% for manganese. (Table 2; Model 1).

197 For *M. abscessus*, mercury, molybdenum, and phosphorus were significantly positively
198 associated with odds of infection, while arsenic, chromium, and manganese were significant

199 protective factors. For every 1- standardized log unit increase, the odds of *M. abscessus*
200 infection increased by 45% for mercury, 36% for molybdenum and 25% for phosphorus. In
201 contrast, for every 1- standardized log unit increase in the odds of *M. abscessus* infection
202 decreased by 40% for arsenic, 24% for chromium and 26% for manganese (Table 2; Model 1).

203 In separate single-constituent models, controlling for the significant demographic and
204 clinical variables (Table 3; Model 2) we found that for MAC, sulfate, vanadium, chromium, and
205 manganese remained statistically significant. For every 1-standardized log unit increase, the odds
206 of MAC infection increased by 36% for sulfate and 13% for vanadium. In contrast, for every 1-
207 standardized log unit increase in chromium and manganese concentrations in surface water, the
208 odds of MAC infection decreased by 22% for chromium and 21% for manganese. For *M.*
209 *abscessus*, only molybdenum and chromium remained statistically significant in single-
210 constituent models. For every 1-standardized log unit increase, the odds of *M. abscessus*
211 infection increased by 28% for molybdenum. In contrast, the odds of *M. abscessus* infection
212 decreased by 19% for every 1-standardized log increase in chromium (Table 3; Model 2).
213 Several explanatory variables significant at a level of 0.05 were also significant in our analysis
214 after adjusting for the multiple comparisons problem. Specifically, we used the Bonferroni
215 correction to adjust the significance level of 0.05 by the number of models considered (14
216 models) so that a variable was only considered significant when the p-value is less than $\alpha =$
217 $0.05/14 = 0.004$. Chromium remained significant in Models 1 & 2 for MAC, but not for *M.*
218 *abscessus*. In Model 1, manganese remained significant for MAC and *M. abscessus*. Although, in
219 Model 2, manganese remained significant for MAC, but not for *M. abscessus*. In Models 1 & 2,
220 vanadium was not statistically significant for MAC. In Model 1, sulfate was not statistically

221 significant for MAC, but was significant in Model 2. Molybdenum remained statistically
222 significant for *M. abscessus* in both Models 1 & 2.

223 We predicted county-level risk of MAC (Figure 1) and *M. abscessus* (Figure 2) infection
224 among pwCF based on Model 1 (Table 2). We used Model 1 here since it accounts for the
225 presence of multiple water-quality constituents that more accurately represents the natural
226 environment. Counties with the highest predicted probability of MAC infection were clustered in
227 central and southern California, central and southern Nevada, southern Arizona, central and
228 northern New Mexico as well as numerous counties throughout Colorado and Wyoming. Most
229 counties in Utah demonstrated low predicted probability of MAC infection. Two counties in
230 Massachusetts and Maine showed higher predicted probability of MAC infection compared with
231 all other northeastern counties. Counties with the highest predicted probability of *M. abscessus*
232 infection appear throughout much of Colorado and New Mexico. High predicted probability for
233 *M. abscessus* infection is also seen in central and southern counties in California. Numerous
234 counties in Nevada, Utah, and Wyoming show elevated predicted probability of *M. abscessus*
235 infection. Counties in Arizona and the 4 northeastern states show low predicted probability for
236 *M. abscessus* infection.

237 **4. DISCUSSION**

238 We found that increasing concentrations of sulfate and vanadium in surface water sources were
239 associated with an increased risk of MAC infections and that increasing concentrations of
240 molybdenum were associated with increased risk of *M. abscessus* infection among pwCF across
241 11 U.S. states. This study confirms our previous findings, and further strengthens the evidence
242 for the increased risk of NTM infection with vanadium and/or molybdenum that we have
243 observed in both CF and non-CF populations¹⁷⁻²⁰. Increasing concentrations of vanadium in

244 Oregon surface water¹⁹ and Hawai'i groundwater²⁰ were significantly associated with increased
245 risk of MAC infection, while increasing concentrations of molybdenum in surface water in both
246 Colorado^{17,18} and Oregon¹⁹ were significantly associated with increased risk of *M. abscessus*
247 infection. Interestingly, in our current study, sulfate demonstrated the strongest risk association
248 for MAC while vanadium was only borderline significant. In Hawai'i²⁰, however, we observed
249 the opposite effect, where vanadium was by far the strongest risk factor and sulfate demonstrated
250 only borderline significance. This is expected as basalt rocks, the predominant rock type on the
251 island, are not major sources of sulfate, but rather sulfate comes from sea spray aerosols
252 deposited inland on soils which then makes its way to streams and groundwater²⁷. In Oregon¹⁹,
253 we observed a strong association between vanadium and MAC infection, but we did not observe
254 a signal for sulfate. Our current findings also confirmed our previous results, conducted in
255 Colorado^{17,18} and Oregon¹⁹, demonstrating that molybdenum is a significant risk factor for *M.*
256 *abscessus* pulmonary infections. The protective effect observed with manganese may be related
257 to its ability to oxidize and precipitate, which yields black particulates, trapping NTM and
258 thereby removing it from the water²⁸. While chromium demonstrated a significant protective
259 association for both MAC and *M. abscessus*, we are much less certain of its effects in NTM and
260 our results suggest that further investigation of this metal is warranted.

261 This study focused on water-quality constituent concentrations in surface water. While
262 the database providing the patient data did not identify those individuals whose water source is
263 groundwater rather than surface water, we observed that vanadium was highly associated with
264 MAC infection in both Oregon surface water¹⁹ and Hawaiian groundwater²⁰. In both states,
265 basalt is a primary rock formation, which contains high concentrations of vanadium. Ultimately

266 as rocks weather and soil erodes, minerals, like molybdenum and vanadium, are naturally
267 released into our waterways.

268 **4.1 Geochemical Controls on Solutes**

269 In this section we review determinants of sulfate, vanadium, and molybdenum
270 concentrations in surface waters in general, followed by a discussion of selected counties where
271 the local geology appears to influence MAC infection rates. The aim of this discussion is to help
272 identify geologic determinants of high-risk areas in the U.S. and elsewhere globally.

273 Although this study concentrates on surface waters, perennial streams (those that
274 continually flow) have a baseflow (i.e., groundwater) component where waters have interacted
275 with rocks and sediments in the subsurface. Indeed, some cities rely almost entirely on
276 groundwater. For example, Tucson, Arizona relies almost entirely on groundwater derived from
277 local aquifers²⁹ and lies in a high-risk county in southern Arizona. In areas like these, we infer
278 that surface waters interact with similar materials as groundwater, although the longer water-rock
279 contact times in aquifers may result in higher solute leaching^{20,30}.

280 *Vanadium Geochemistry.* A source for elevated vanadium (V) in streams includes rocks
281 and sediments that are vanadium rich and have contact with stream waters. Such rocks include
282 basalts and shales, which can be the most enriched of any common rock type (Supplementary
283 Figure 1). Equally important may be the oxidation state or pH of the water. Vanadium solubility
284 is enhanced in basic and oxidizing waters^{31,32}.

285 *Molybdenum.* Similarly, molybdenum (Mo) depends on Mo-rich source rocks, oxidizing
286 conditions and a basic pH. Molybdenum concentrations in basalts and granite/rhyolite rocks are
287 similar and elevated in shales (Supplementary Figure 2). Highly Mo-enriched waters may occur
288 in oxidized, alkaline volcanogenic aquifers (e.g., Hawai'i)^{33,34}, as a result of reactive dissolution

289 of Mn- and Fe-oxides or the degradation of organic matter. Long aquifer residence times (>300
290 year³⁰) also produce enrichment. Hodge et al.³⁵ suggested that carbonate rocks sequester
291 molybdenum during precipitation and later release them during dissolution.

292 *Sulfate*. Sulfate, along with chloride, bicarbonate and carbonate, is one of the major
293 anions in natural waters. Sulfate is stable under a wide range of conditions, although S²⁻ (H₂S,
294 HS⁻) is common in very reducing environments.³⁶ Sulfate in continental surface and
295 groundwaters can result from the dissolution of sulfate minerals such as gypsum (CaSO₄•2H₂O)
296 and anhydrite (CaSO₄) in sedimentary rocks or by oxidation of sulfide minerals. Gypsum and
297 anhydrite are naturally occurring, soluble sulfate salts that are widespread (Figure 3).

298 Figure 3 illustrates potential sources of vanadium, molybdenum and sulfate. However,
299 some caution should be exercised in interpreting this map in fine detail: some mapping is
300 discontinuous across state boundaries, because these maps are compiled from individual state
301 survey maps that emphasize the local geology differently. For example, one state may emphasize
302 mapping unconsolidated surficial deposits over bedrock.

303 **4.2 Assessment of Selected High-Risk Counties**

304 *Utah*. Although Utah has relatively low NTM infection risks (Figures 1, 3), in depth
305 knowledge of the geology of this state allows us to make interpretations of several counties and
306 county-groups that are examined as examples of geochemical controls on MAC infection. The
307 cluster of counties in eastern and south-central Utah with MAC risks among pwCF of 0.0901 -
308 0.14 could be affected by widespread gypsum-bearing rocks in the water sources of these
309 counties. Two counties near the southwestern Wyoming border with higher MAC risks among
310 pwCF of 0.1401- 0.20 may be influenced by both gypsum-bearing rocks and vanadium-rich
311 shales (Figure 3).

312 *California*. A small cluster of counties in central California exhibits an MAC risks among
313 pwCF of 0.201 - 0.30 (Figures 1, 3). These areas may be influenced by basalt and shale bedrock,
314 as well as unconsolidated deposits in the Central Valley, where shale may be a source of both
315 sulfate and vanadium, with basalt as an additional source. Erosion of sediment ³⁷and
316 unconsolidated deposition may also be sources of sulfate and vanadium. Thus, it is not just
317 bedrock that may be important, but the material reworked and redeposited from bedrock.

318 **4.3 Water Imports and NTM Risk**

319 Nevada acts as a warning that not all risks can be attributed to local rocks. This may
320 occur when a large portion of water consumed has been imported from other drainage basins
321 rather than being locally derived. This may occur frequently in arid and semi-arid urban centers
322 where local water resources are insufficient to sustain the population and industry. Nevada's
323 most populous county, Clark County, which includes Las Vegas, has a predicted MAC risk
324 among pwCF of 0.201 - 0.30, the highest in the state (Figures 1, 3). With a county population of
325 >2.3 million³⁸, average rainfall in Las Vegas City is only 106 mm/yr³⁹. In such an arid setting,
326 most water must be imported. In fact, 90% of the water used in the city is from the Colorado
327 River ⁴⁰. Thus, water-borne NTM risks in this urban area are imparted by the entire Colorado
328 River drainage in Wyoming, western Colorado and eastern Utah. Local geology probably plays
329 little role in V, Mo and sulfate concentrations. The Colorado River drainage upstream from Clark
330 County is underlain by gypsum-bearing rocks, as well as shales that impart these aqueous species
331 to the Colorado River. A key takeaway from this is that NTM risk must be considered in terms
332 of water sources, whether they be local or imported.

333 **4.3 Role of selected trace metals on mycobacterial metabolism, pathogenicity and virulence**

334 While the distribution of minerals is consistent with the distribution of CF-NTM patients,
335 the relevance of these constituents in relation to NTM is also borne out by its relevance to
336 mycobacterial physiology and pathogenesis. ABC transporters are a major class of a bacterial
337 translocation machinery that transport a variety of substrates such as metals, nutrients, and
338 vitamins inside the cell for survival and growth functions⁴¹. In most bacteria, specific ABC
339 transporter genes, ModA, B and C, mediate high affinity uptake of molybdate (the bioavailable
340 form of molybdenum) from the environment. Sulfur uptake, in the form of sulfate is mediated by
341 an ABC transporter composed of genes CysW, T, and A. ModABC and CysWTA transport
342 system genes are present in multiple reference genomes of *M. avium* and *M. abscessus* (i.e. *M.*
343 *avium* 104 and *M. abscessus* ATCC 19977)³⁷.

344 Metals have an important effect on the intracellular growth of bacteria⁴²; specifically, for
345 *Mycobacterium tuberculosis*, metals play an important role in intracellular survival, pathogenesis
346 and virulence and are required for growth within human macrophages⁴³. Similarly to *M. avium*
347 and *M. abscessus*, *M. tuberculosis* has specific molybdate and sulfate ABC transporters,
348 ModABC and CysWTA⁴². Molybdenum, a trace metal and key component of several enzymes
349 involved in nitrogen, sulfur, and carbon metabolism, is essential for *M. tuberculosis*
350 pathogenicity and survival in the host^{41,44}. Moreover, mutations of the *modA* gene, which is
351 responsible for fixation of molybdate, resulted in reduced survival of *M. tuberculosis* in the lungs
352 of mice⁴⁵. The high conservation of the ModABC system within mycobacteria suggests a critical
353 role of molybdenum among NTM species as well.

354 The uptake and assimilation pathway of sulfate (i.e., sulfate reduction), which provides
355 the bacteria with the essential nutrient sulfur, is critical for cysteine and methionine biosynthesis.
356 In addition, sulfur-containing metabolites have been shown to be important for pathogenesis and

357 survival of *M. tuberculosis*. For example, the thiol-containing small molecule, mycothiol protects
358 *M. tuberculosis* against antimicrobial agents and oxidative stress^{42,43,46}. Sulfate binding
359 periplasmic protein SubI with the ABC transporter CysTWA system mediate sulfate uptake in *M.*
360 *tuberculosis*. Mutations in genes of this transporter affect the bacterial growth in vitro and its
361 survival in macrophages during infection⁴¹. The presence of this sulfate transporter in *M. avium*
362 and *M. abscessus* is consistent with a critical role of sulfate in survival and virulence of certain
363 NTM species.

364 An alternative mechanism for the effect of molybdenum and vanadium may be on the
365 growth of NTM in the natural and human-engineered environment. Surface waters are nutrient
366 poor and may be limited for nitrogen, an essential mineral. In oxygenated surface waters, nitrate
367 is the predominant nitrogen species. NTM are capable of utilizing nitrate (and nitrite) as the sole
368 nitrogen source through the action of nitrate reductase, a molybdenum-dependent enzyme^{47,48}.
369 The enzyme may also use vanadium in place of molybdenum. Thus, the presence of
370 molybdenum and vanadium in surface waters may provide the metal-cofactor for the use of
371 nitrate as a sole nitrogen source.

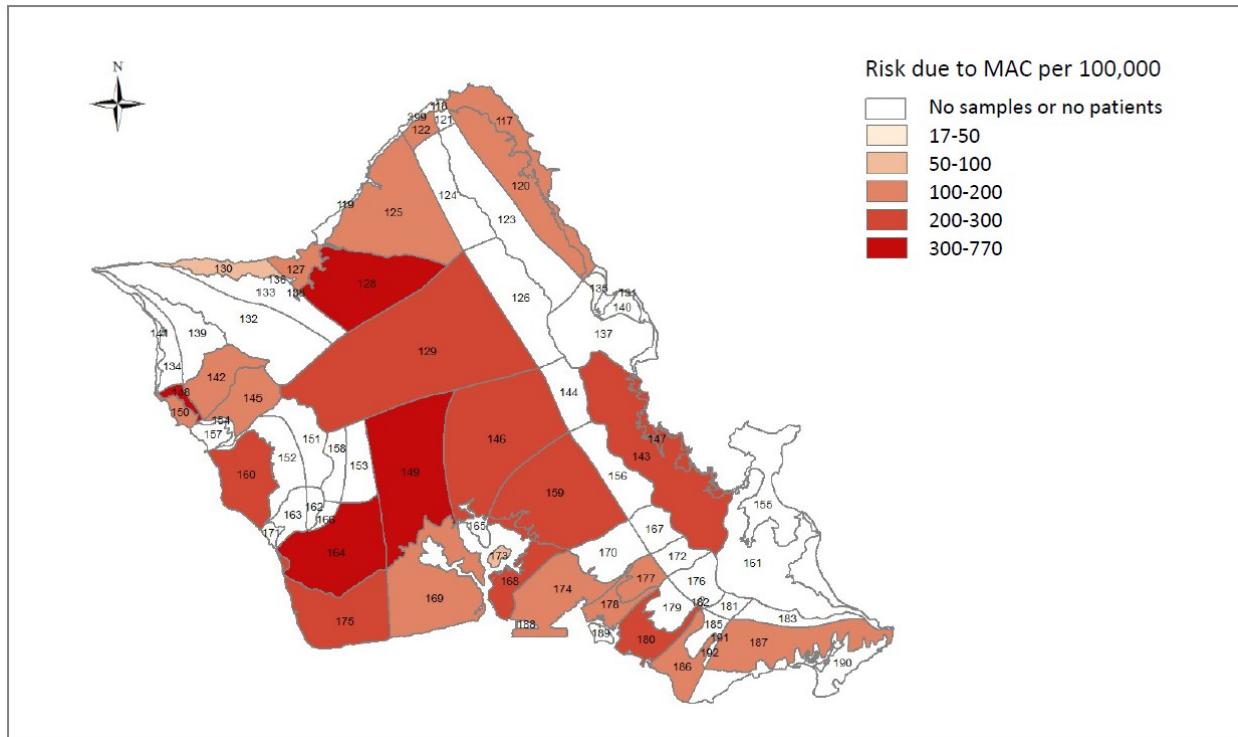
372 **5. Conclusion**

373 We hypothesize that increasing concentrations of specific water-quality constituents,
374 namely molybdenum, sulfate, and vanadium, influence the metabolism and growth of MAC and
375 *M. abscessus* species in environmental water sources. Our hypothesis assumes that increased
376 metabolism and growth leads to higher NTM abundance at specific regions, thereby increasing
377 the risk of NTM exposure and subsequent infection in humans in those same regions. In the
378 absence of environmentally measured NTM data, we used incidence of NTM infection as a
379 proxy for NTM abundance in our studies. Two studies support this approach: 1) high NTM

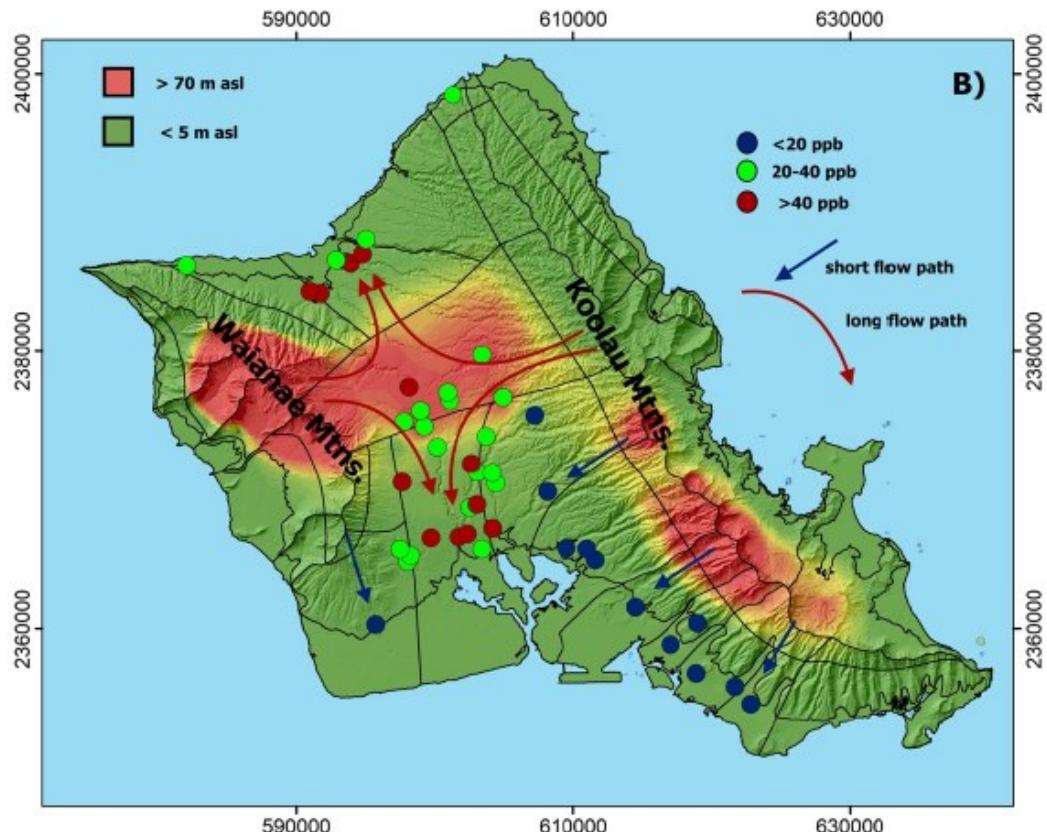
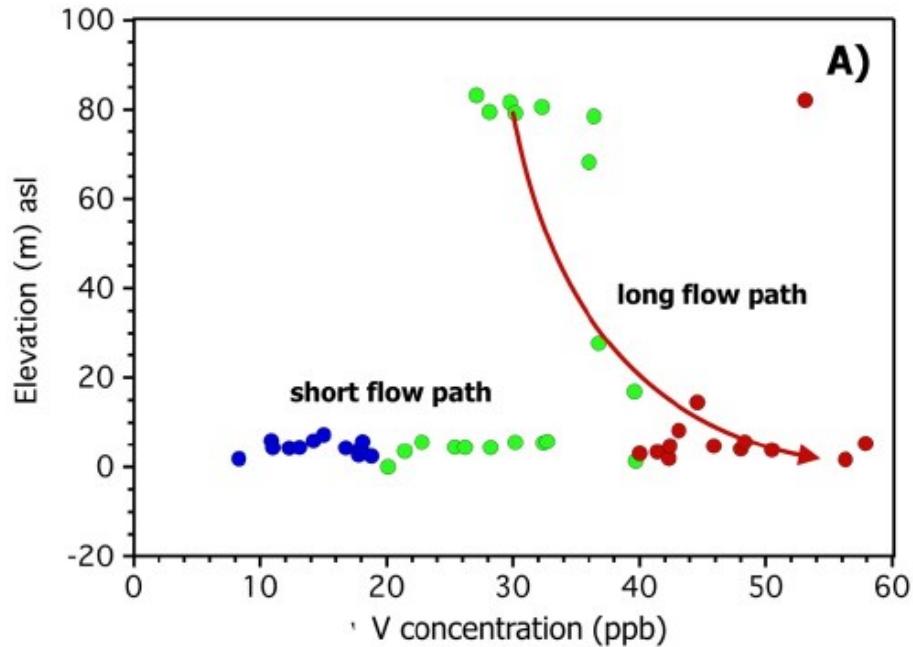
380 pulmonary disease prevalence was significantly correlated with regions of high NTM abundance
381 across the U.S. and Europe¹⁰, 2) isolation of NTM from shower aerosols was significantly
382 associated with NTM pulmonary disease in a case control study (matched for age, sex, and
383 geographic location of residence)⁴⁹. While more research is needed to confirm our results in
384 other geographic regions of the U. S., these findings may be useful to inform susceptible patients
385 of their risks in residing in specific regions.

386 While the overlap of county-specific risk estimates (Figure 1,2) and the geology of our
387 study region (Figure 3) supported our reported associations (Table 2 & Table 3), the presence of
388 dedicated sulfate and molybdate transporter genes in the NTM genome further support our
389 hypothesis of biological relevance and findings³⁷. The ABC transporters provide an
390 active mechanism for bacteria to acquire essential elements in the environment or within the host
391 to improve its survival and pathogenicity. Although little is known about the role of sulfate and
392 molybdenum in NTM metabolism and pathogenesis, the high conservation of ABC transport
393 genes within mycobacteria as well as the well documented role that sulfate and molybdenum
394 play in *M. tuberculosis* metabolism and pathogenesis, offers biologic plausibility, and lends
395 support for causality.

396 **FIGURE CAPTIONS**

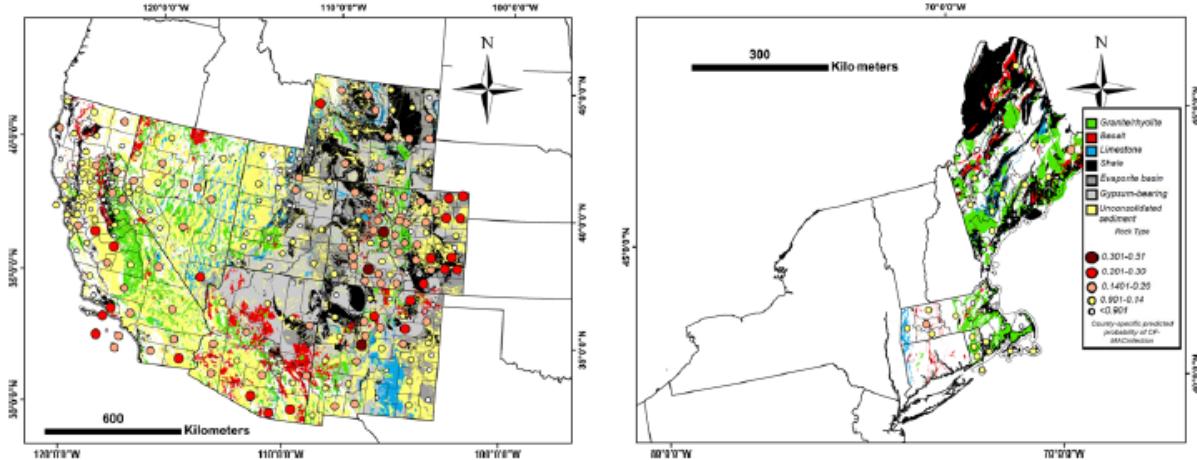


397
398
399 Figure 1. Predicted probability of MAC infection for counties where pwCF resided. Orange lines
400 indicated state line boundaries. Gray lines represent county line boundaries in the U.S. State
401 names are printed in *black*.
402



403

404 Figure 2. Predicted probability of *M. abscessus* infection for counties where pwCF resided.
 405 Orange lines indicated state line boundaries. Gray lines represent county line boundaries in the
 406 U.S. State names are printed in *black*.



407

408 Figure 3. Simplified geologic map of the states discussed, with emphasis on rocks that impart
 409 vanadium, molybdenum and sulfate to surface and groundwaters. The light gray pattern
 410 represents areas where gypsum is present at the surface and subsurface, whereas the dark gray
 411 pattern represents evaporite basins containing gypsum (Weary and Doctor, 2014). Black
 412 represents the location of shales, mudstones, clay deposits, and their metamorphic equivalents
 413 (pelitic schists). Red represents rocks of basaltic composition, including intrusive and
 414 metamorphic lithologies. Green represents granitic/rhyolitic rocks, also including their intrusive
 415 and metamorphic counterparts. Blue represents carbonate rocks, chiefly limestone and dolomite.
 416 Yellow represents unconsolidated Quaternary deposits (Horton, 2017).

417

418 Table 1. Demographic characteristics of cases and beneficiaries in Kaiser Permanente Hawaii
 419 residing in Oahu.

420

| Characteristic | MAC cases (n=402) | <i>M. abscessus</i> cases (n=136) | Beneficiaries (n=193,284) |
|--------------------------------|----------------------|--------------------------------------|------------------------------|
| Age, yr, mean±SD | 61.8±12.2 | 62.2±12.3 | 43.5±16.1 |
| Female sex, (%) | 53.0 | 58.1 | 49.4 |
| Ethnicity: | | | |
| White (%) | 24.1 | 23.5 | 19.9 |
| Asian (%) | 47.8 | 58.1 | 33.1 |
| NHOPI (%) | 4.7 | 4.4 | 9.6 |
| Neighborhood deprivation index | -0.22±0.69 | -0.24±0.74 | -0.18±0.77 |

421

422 Table 2. Model 1. Poisson regression model with backward elimination examining water-
 423 quality constituents (with VIF values less than 10) associated with NTM infection risk in Oahu,
 424 HI. Bolded estimates are statistically significant ($p < 0.05$). CI = Confidence Interval.
 425

| MAC species | | <i>M. abscessus</i> group species | |
|---------------------------|--|-----------------------------------|---|
| Variable | Relative Risk (95% CI) p-value | Variable | Relative Risk (95% CI) p-value |
| Sex: Female | 1.20 1.06, 1.34 (0.0002) | Age: (1 Year) | 1.10 0.98, 1.24 (0.104) 430 |
| Chloride (1-log unit) | 1.11 0.98, 1.27 (0.103) | Chloride (1-log unit) | 1.34 1.05, 1.72 (0.020) 433 432 |
| Potassium (1-log unit) | 0.81 0.62, 1.05 (0.114) | Nitrate (1-log unit) | 1.24 0.98, 1.56 (0.069) 435 436 |
| Sulfate (1-log unit) | 1.23 1.03, 1.47 (0.023) | Potassium (1-log unit) | 0.49 0.29, 0.83 (0.008) 438 439 |
| Vanadium (1-log unit) | 1.18 1.06, 1.33 (0.004) | Sulfate (1-log unit) | 1.52 1.09, 2.14 (0.015) 440 441 |
| | | | 442 443 |

444
 445
 446 Table 3. Model 2. Single-constituent Poisson regression model examining significant water-
 447 quality constituents from Model 1 and other covariates significantly associated with NTM
 448 infection risk for MAC species in Oahu, HI. Bolded estimates are statistically significant ($p <$
 449 0.05). CI = Confidence Interval

| Characteristic | Relative Risk 95% CI p-value | Characteristic | Relative Risk 95% CI p-value |
|-------------------------|--|--------------------------|--|
| Sex: Female | 1.28 (1.10, 1.36) (0.0003) | Sex: Female | 1.28 (1.14, 1.44) 4.6×10^{-5} 455 454 |
| Sulfate (1-log unit) | 1.12 1.004, 1.24 (0.043) | Vanadium (1-log unit) | 1.22 1.10, 1.36 (0.0003) 456 457 |
| | | | 458 |

459
 460
 461
 462
 463
 464
 465

466 Table 4. Model 3. Single-constituent Poisson regression model examining significant water-
 467 quality constituents from Model 1 and other covariates significantly associated with NTM
 468 infection risk for *M. abscessus* group species in Oahu, HI. Bolded estimates are statistically
 469 significant ($p < 0.05$). CI = Confidence Interval

| Characteristic | Relative Risk 95% CI p-value | Characteristic | Relative Risk 95% CI p-value | Characteristic | Relative Risk 95% CI p-value |
|--------------------------|------------------------------------|---------------------------|------------------------------------|-------------------------|------------------------------------|
| Age: (1 Year) | 1.00 (0.91, 1.11) 0.935 | Age: (1 Year) | 1.01 (0.92, 1.12) 0.775 | Age: (1 Year) | 1.01 (0.92, 1.11) 0.825 |
| Chloride (1-log unit) | 1.03 0.91, 1.11 (0.662) | Potassium (1-log unit) | 0.95 0.78, 1.17 (0.644) | Sulfate (1-log unit) | 1.17 0.97, 1.41 (0.113) |

470
471

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474 assistance in curating our water quality dataset, as well as Dr. Katherine Walton-Day for
475 additional assistance with selecting water source types obtained from the Water Quality Portal.

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477 Patient Registry data to conduct this study. Additionally, we would like to thank the patients,
478 care providers, and clinic coordinators at CF Centers throughout the United States for their
479 contributions to the CF Foundation Patient Registry.

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481 *of Allergy and Infectious Diseases.*

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615

616

617 **Supplementary Materials**

618

619 Supplementary Table 1. Water-quality constituents extracted from the Water Quality Portal (WQP)

620 included in the cleaned dataset [12]. <https://www.waterqualitydata.us/portal/>

621

| Metals | Nonmetals |
|------------------|-------------|
| <i>Aluminum</i> | Alkalinity |
| <i>Barium</i> | Antimony |
| <i>Beryllium</i> | Arsenic |
| <i>Bromide</i> | Bicarbonate |
| <i>Cadmium</i> | Boron |
| <i>Calcium</i> | Carbonate |
| <i>Chromium</i> | Chloride |
| Cobalt | Fluoride |
| <i>Copper</i> | Fluorine |
| <i>Cyanide</i> | Nitrate |
| Iron | Nitrite |
| <i>Lead</i> | Selenium |
| <i>Magnesium</i> | Sulfate |
| Manganese | |
| Mercury | |
| Molybdenum | |
| <i>Nickel</i> | |
| <i>Potassium</i> | |
| <i>Sodium</i> | |
| <i>Strontium</i> | |
| Thallium | |
| <i>Vanadium</i> | |
| <i>Zinc</i> | |

622 *Italicized variables were included in principal component analysis.

623

624 Supplementary Table 2. Median and standard deviation (SD) values of water-quality
625 constituents obtained from 3 datasets, the Water Quality Portal (WQP), the HI
626 Department of Health (HI DOH), and Brigham Young University (BYU), used in principal
627 component analysis (PCA) ($\mu\text{g/L}$ = micrograms per liter).

628

| Water-quality constituents | Median \pm IQR ($\mu\text{g/L}$) |
|----------------------------|--------------------------------------|
| Aluminum | 9.85 \pm 28.4 |
| Barium | 2.36 \pm 3.6 |
| Boron | 44 \pm 36.3 |
| Bromide | 190 \pm 185.5 |
| Cadmium | 0 \pm 0 |
| Calcium | 10300 \pm 7710 |
| Chloride | 49800 \pm 99400 |
| Chromium | 10 \pm 6.9 |
| Copper | 2.75 \pm 5.9 |
| Lead | 14 \pm 43.4 |
| Magnesium | 9440 \pm 7930 |
| Nickel | 0 \pm 0.33 |
| Nitrate | 4100 \pm 2075 |
| Potassium | 2100 \pm 1800 |
| Selenium | 0 \pm 0.3 |
| Sodium | 29400 \pm 26300 |
| Strontium | 72.8 \pm 67.8 |
| Sulfate | 11500 \pm 9980 |
| Vanadium | 30.2 \pm 22.6 |
| Zinc | 7.8 \pm 9.5 |

629
630
631

632 **Supplementary Table 3.** Correlation matrix (Pearson's Correlation Coefficient, ρ) for the water-
 633 quality constituents contributing to Principal Components 1 - 3.
 634

| Constituent | Al | Br | Cd | Ca | Cl | Cr | Pb | Mg | NO ₃ - | K | Na | Sr | SO ₄ ²⁻ | V |
|--|--------------|--------------|--------------|-------------|-------------|--------------|--------------|--------------|-------------------|-------------|-------------|-------------|-------------------------------|------|
| Aluminum (Al) | 1.00 | | | | | | | | | | | | | |
| Bromide (Br) | -0.19 | 1.00 | | | | | | | | | | | | |
| Cadmium (Cd) | 0.75 | -0.20 | 1.00 | | | | | | | | | | | |
| Calcium (Ca) | 0.23 | 0.78 | 0.22 | 1.00 | | | | | | | | | | |
| Chloride (Cl) | -0.20 | 0.42 | -0.17 | 0.16 | 1.00 | | | | | | | | | |
| Chromium (Cr) | 0.85 | -0.23 | 0.83 | 0.15 | -0.13 | 1.00 | | | | | | | | |
| Lead (Pb) | 0.87 | -0.15 | 0.84 | 0.21 | 0.01 | 0.95 | 1.00 | | | | | | | |
| Magnesium (Mg) | 0.19 | 0.81 | 0.27 | 0.88 | 0.30 | 0.24 | 0.28 | 1.00 | | | | | | |
| Nitrate (NO ₃ -) | -0.73 | 0.25 | -0.77 | -0.04 | 0.08 | -0.82 | -0.84 | -0.16 | 1.00 | | | | | |
| Potassium (K) | -0.08 | 0.79 | -0.02 | 0.59 | 0.60 | -0.10 | 0.07 | 0.71 | 0.05 | 1.00 | | | | |
| Sodium (Na) | -0.36 | 0.91 | -0.39 | 0.56 | 0.55 | -0.31 | -0.25 | 0.64 | 0.37 | 0.76 | 1.00 | | | |
| Strontium (Sr) | 0.23 | 0.82 | 0.19 | 0.96 | 0.21 | 0.13 | 0.21 | 0.89 | -0.09 | 0.69 | 0.63 | 1.00 | | |
| Sulfate (SO ₄ ²⁻) | -0.07 | -0.93 | -0.23 | 0.75 | 0.34 | -0.16 | -0.11 | 0.75 | 0.27 | 0.69 | 0.89 | 0.80 | 1.00 | |
| Vanadium (V) | -0.80 | 0.08 | -0.83 | -0.27 | 0.00 | -0.84 | -0.87 | -0.37 | 0.88 | -0.08 | 0.27 | -0.29 | 0.13 | 1.00 |

635
 636 Bolded estimates are statistically significant ($p<0.05$)
 637

638 **Supplementary Table 4.** Poisson regression model with backward elimination examining water-
639 quality constituents (with VIF values less than 10) associated with NTM infection risk for
640 aquifer populations greater than 150 in Oahu, HI.

641 Bolded estimates are statistically significant ($p < 0.05$). CI = Confidence Interval

642

| MAC species | |
|--|--|
| Variable | Relative Risk (95% CI) p-value |
| Sex: Female | 1.38 1.18, 1.62 (5.9×10^{-5}) |
| Mean Neighborhood deprivation index | 1.27 0.96, 1.66 (0.090) |
| Sulfate (1-log unit) | 1.10 0.99, 1.23 (0.075) |
| Vanadium (1-log unit) | 1.22 1.10, 1.36 (0.0003) |

643 Supplementary Table 5.

644 Penalized Quasi-Likelihood method (PQL).

645 Bolded estimates are statistically significant.

646

| Characteristic | Coefficient* | Bias-corrected 95% CI* |
|--|--------------|------------------------|
| Age | -0.301 | -10.8, 1.47 |
| Gender: Female | 0.137 | -1.52, 15.4 |
| Ethnicity: White | 0.00 | -3.74, 9.92 |
| Ethnicity: Native Hawaiian or Pacific Islander | 0.00 | -3.68, 21.2 |
| Neighborhood Deprivation | 0.00 | -2.39, 6.39 |
| Aluminum | 3.75 | 0.425, 11.2 |
| Barium | -1.0 | -14.3, 7.65 |
| Boron | -0.663 | -9.95, 0.364 |
| Bromide | -4.10 | -9.85, -3.00 |
| Cadmium | 0.651 | -0.545, 10.6 |
| Calcium | -3.02 | -9.19, -0.688 |
| Chloride | -0.298 | -8.60, 5.34 |
| Chromium | -0.191 | -7.52, 6.18 |
| Copper | 0.00 | -2.64, 8.26 |
| Lead | -1.86 | -16.1, 0.00 |
| Magnesium | 3.79 | 1.43, 17.7 |
| Nickel | -0.481 | -26.4, 1.55 |
| Nitrate | -0.620 | -10.7, 1.03 |
| Potassium | 0.00 | -3.03, 8.02 |
| Selenium | -0.209 | -11.1, 6.17 |
| Sodium | 3.39 | 2.26, 11.0 |
| Strontium | 2.91 | 0.0256, 12.6 |
| Sulfate | -1.01 | -18.8, 5.35 |
| Vanadium | 2.47 | 0.0314, 10.5 |
| Zinc | -1.71 | -8.97, -0.205 |

647

648 *Estimates are in the log scale

649 **Supplementary Table 6.**

650 Approximate penalized Loglikelihood method (APL).

651 Bolded estimates are statistically significant.

652

| Characteristic | Coefficient* | Bias-corrected 95% CI* |
|--|---------------|------------------------|
| Age | -0.236 | -5.48, 0.00 |
| Gender: Female | 0.085 | -0.032, 3.28 |
| Ethnicity: White | 0.00 | -0.836, 19.2 |
| Ethnicity: Native Hawaiian or Pacific Islander | 0.00 | -0.887, 14.1 |
| Neighborhood Deprivation | 0.00 | -0.370, 9.39 |
| Aluminum | 0.396 | 0.00, 7.64 |
| Barium | 0.00 | -0.409, 7.81 |
| Boron | -0.772 | -9.61, -0.015 |
| Bromide | -0.782 | -9.41, -0.010 |
| Cadmium | 0.00 | -0.467, 11.5 |
| Calcium | -0.169 | -7.47, 0.00 |
| Chloride | 0.289 | -0.224, 11.6 |
| Chromium | 0.00 | -0.388, 4.09 |
| Copper | 0.00 | -0.712, 12.5 |
| Lead | 0.00 | -0.479, 11.7 |
| Magnesium | 0.423 | 0.00, 9.56 |
| Nickel | 0.234 | 0.00, 4.47 |
| Nitrate | 0.102 | -0.043, 7.96 |
| Potassium | 0.00 | -0.363, 11.8 |
| Selenium | -0.224 | -16.4, 0.00 |
| Sodium | 0.00 | -0.363, 11.8 |
| Strontium | 0.00 | -0.323, 30.0 |
| Sulfate | 1.17 | 0.983, 3.74 |
| Vanadium | 0.653 | 0.00, 10.4 |
| Zinc | 0.00 | -0.268, 15.5 |

653

654 *Estimates are in the log scale

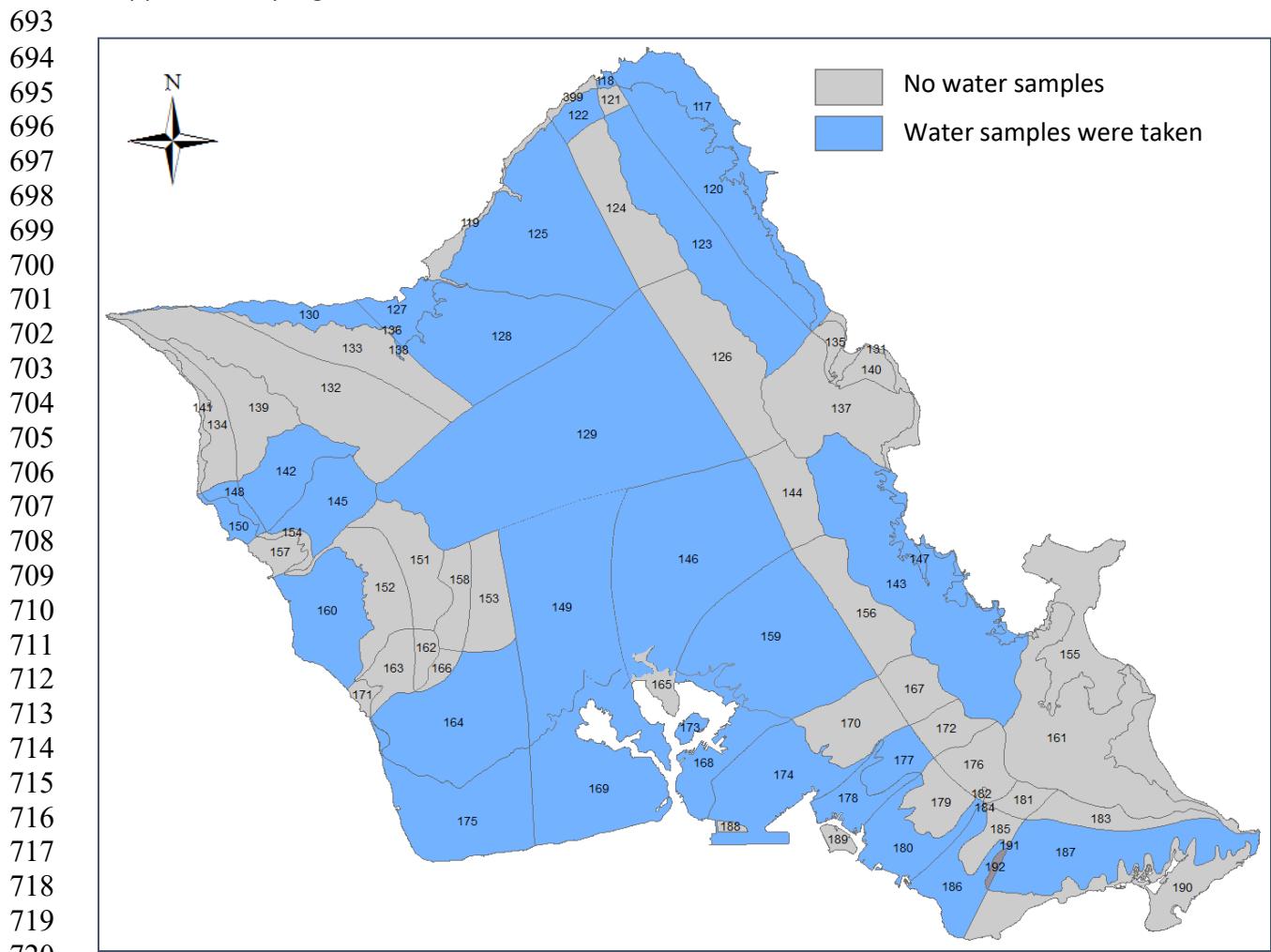
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656 Supplementary Table 7.
 657 Post hoc Poisson regression models examining water-quality constituents (significant in the Spatial VS
 658 methods) associated with NTM infection risk in Oahu, HI.
 659 Bolded estimates are statistically significant ($p < 0.05$). CI = Confidence Interval
 660
 661

| Variable* | MAC species | Relative Risk (95% CI) | p-value |
|---------------------------|---------------------------------------|---------------------------|---------|
| Aluminum (1-log unit) | 0.85 0.73, 0.99 (0.033) | 666 667 668 | |
| Boron (1-log unit) | 1.22 1.09, 1.36 (0.0004) | 669 670 671 | |
| Bromide (1-log unit) | 1.08 0.98, 1.19 (0.104) | 672 673 674 | |
| Calcium (1-log unit) | 1.06 0.97, 1.17 (0.176) | 675 676 677 | |
| Magnesium (1-log unit) | 1.06 0.95, 1.18 (0.299) | 678 679 680 | |
| Sodium (1-log unit) | 1.11 0.99, 1.26 (0.262) | 681 682 683 | |
| Strontium (1-log unit) | 1.06 0.96, 1.16 (0.081) | 684 685 686 | |
| Zinc (1-log unit) | 0.98 0.87, 1.12 (0.807) | 687 688 689 | |

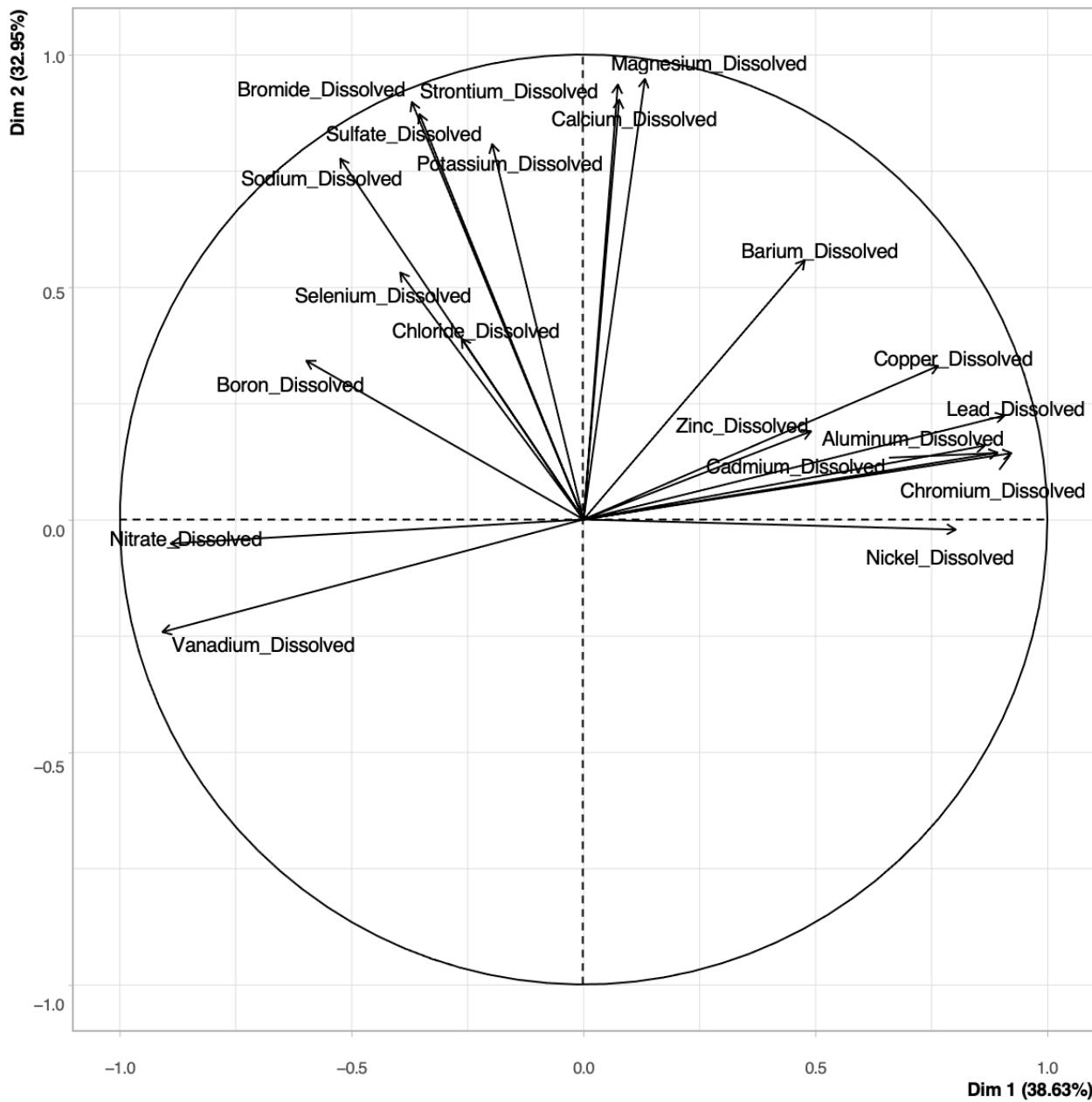
690 *Each row indicates a
 691 separate single-constituent Poisson model. All models are controlled for sex.

692 **Supplementary Figure 1.** Aquifers* with and without water samples in Oahu, HI.



721 Numbers refer to "objectid" for each aquifer (<https://geoportal.hawaii.gov/datasets/doh-aquifers-polygons/>).

723 Supplementary Figure 2.
724 Principal Components Analysis (PCA) graph of variables
725
726

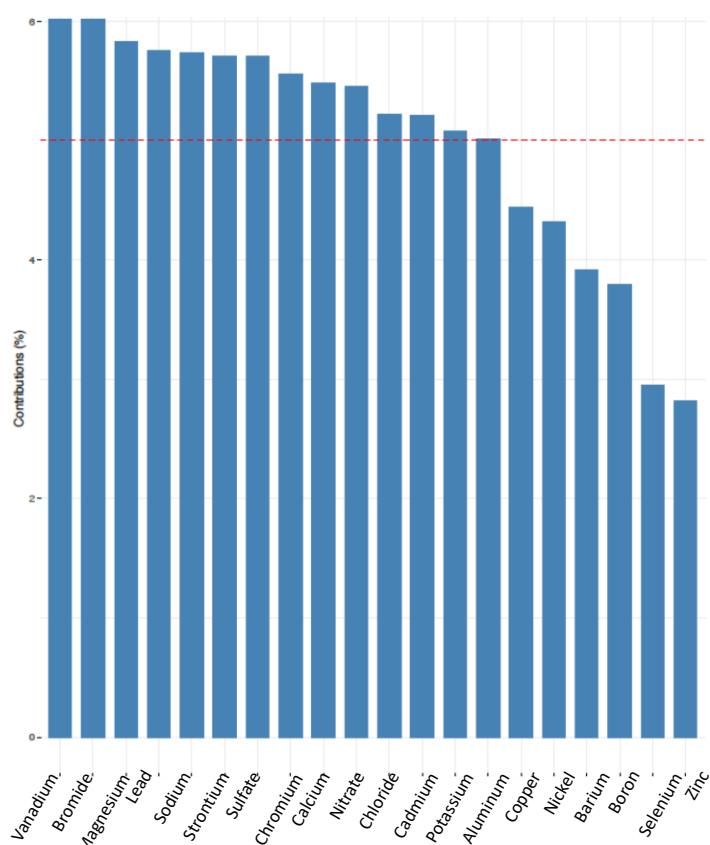


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728 **Supplementary Figure 3.**

729 Contribution of water-quality constituents to principal components 1-3.

730

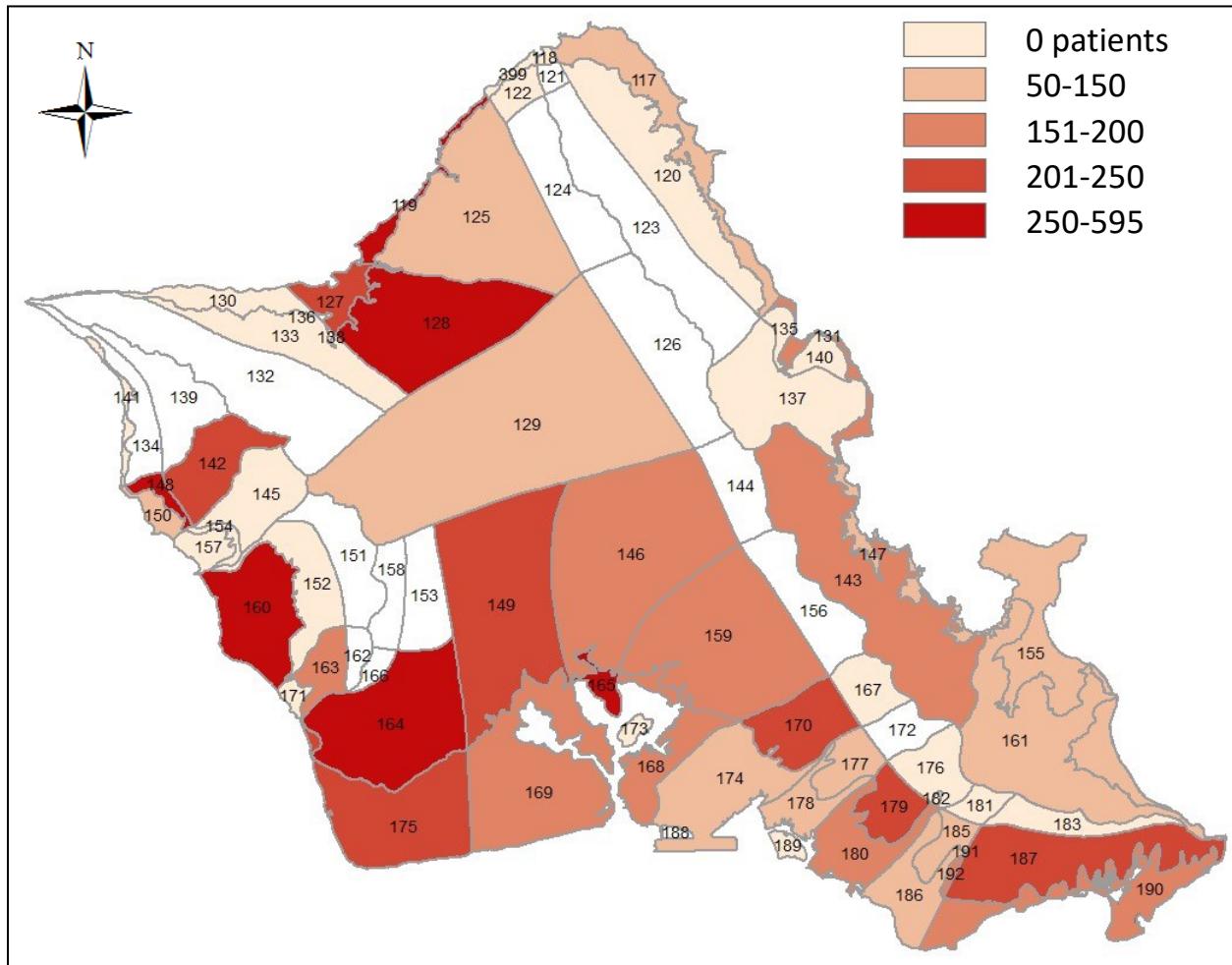


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732

733 **Supplementary Figure 4.**
734 MAC incidence/100,000 per aquifer* in Oahu, HI.

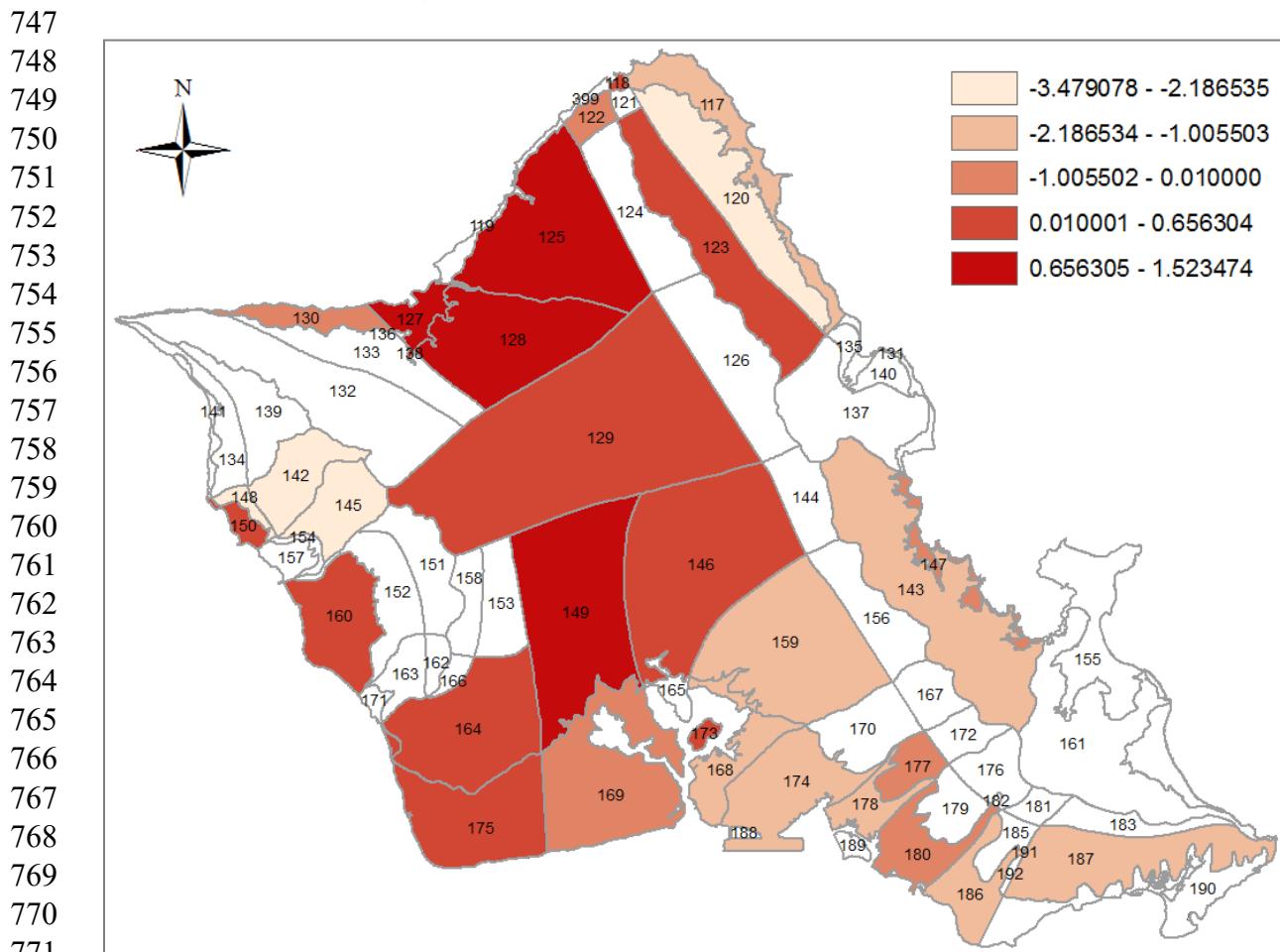
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740
741 *Numbers refer to “objectid” for each aquifer (<https://geoportal.hawaii.gov/datasets/doh-aquifers-polygons/>).
742
743
744

745 **Supplementary Figure 5.**

746 Vanadium concentrations* per aquifer[#] in Oahu, HI.



*Median concentrations are natural log transformed, standardized, and imputed (if missing).

#Numbers refer to “objectid” for each aquifer (<https://geoportal.hawaii.gov/datasets/doh-aquifers-polygons/>).