

¹ Stability and Growth Kinetics of {112} Twin Embryos in β -Ti
² Alloys

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Abstract

$\{112\}\langle\bar{1}\bar{1}\bar{1}\rangle$ deformation twin, shortened as $\{112\}$ twin, is usually the dominant twinning mode in transition metal alloys in a body-centered cubic (BCC) lattice except for many BCC β titanium (Ti) alloys. To understand this twin-mode variation, we investigate stability and early-stage growth kinetics of $\{112\}$ twin embryos with multiple atomic layers in a series of β -Ti alloys by applying density functional theory (DFT) and classical atomistic simulations. Both simulation methods demonstrate that, as average valence electron concentration (VEC measured in a unit of e/a) of Ti alloys decreases, $\beta \rightarrow \omega$ phase transformations at $\{112\}$ twin boundaries, which are confirmed by our transmission electron microscopy characterizations, increase the critical thickness of $\{112\}$ layers as stable twin embryos, possibly raising $\{112\}$ twin nucleation energy barriers. In simulations of twin embryo growths under applied shear stress on $\{112\}$ planes, when VEC (or temperature) values are low ($\sim 4.25\ e/a$ at 300 K), the applied shear stress results in β twin $\rightarrow \alpha'/\alpha''$ phase $\rightarrow \beta$ matrix phase transformations through an anti-twinning mechanism inside the existing twin embryos; concurrently, ω phases strongly impede the twin boundary migration; these combined effects result in eliminations of $\{112\}$ twin embryos. However, when VEC increases slightly ($\sim 4.34\ e/a$ at 300 K), ω phases at twin boundaries reduce the required stress for $\{112\}$ twin embryo growth compared with the cases with high VEC values (e.g., $\sim 4.50\ e/a$ at 300 K). These changes of ω effects on $\{112\}$ twin embryo growth kinetics could originate from free energy landscape variations of β matrix $\rightarrow \omega$ phase $\rightarrow \beta$ twin phase transformations.

1 Introduction

β titanium (Ti) alloys in body-centered cubic (BCC) lattice are important for many industrial applications [1-5], such as aerospace, healthcare, and power generations [3,4,6,7]. Depending on thermomechanical processes, phases with different crystal structures can be observed in β -Ti alloys, e.g., β phase in BCC lattice, α' phase in hexagonal close-packed (HCP) structure, α'' phase in an orthorhombic lattice, and ω phase in a hexagonal lattice, plotted in Figure 1 (a-b). The diffusionless transformations between β and other phases can induce large plastic strain, which is the underlying mechanism of the shape memory effect and superior plasticity in some β -Ti alloys [8-12]. There are also multiple types of deformation twinning modes in β -Ti alloys that may play different roles in plastic deformation depending on alloy compositions and deformation conditions [8,9]. For example, $\{112\}\langle11\bar{1}\rangle$ twin (shortened as $\{112\}$ twin in the following sections), commonly observed as the major deformation twinning mode in conventional BCC transition metals [13], is not the leading twinning mode in many β -Ti alloys [14-18]. Meanwhile, twinning modes with highly-indexed (Miller indices larger than 2) twin-boundary planes (so-called highly-indexed twinning), especially $\{332\}\langle11\bar{3}\rangle$ twin (shortened as $\{332\}$ twin in the following sections), can be activated and act as the dominate twinning mode in many β -Ti alloys [17,19,23]. Extensive studies have shown the exceptional performances of highly-indexed twinning in improving mechanical properties of β -Ti alloys [17,19,24-27]. For example, Hanada et al. reported that the $\{332\}$ twin can produce high work hardening rate and further significantly improve the ductility of slip-dominated β -Ti alloys [19]. Min et al. found that $\{332\}$ twin combined with dislocation slip can effectively improve the yield strength and greatly enhance uniform elongation [24].

However, a lack of clear understanding of the origin and the mutual competitions of $\{112\}$, $\{332\}$, and other highly-indexed twins impedes the efforts to improve the mechanical properties of β -Ti alloys. Recently, many studies reported hierarchical twin structures, which are composed of multiple types of twinning modes with different volumetric ratios, at the early stage of $\{332\}$ twin formation. Mantri et al. observed a secondary $\{112\}$ twin inside $\{332\}$ twin by a tensile tested Ti-12 wt.% Mo alloy samples [28]. Sun et al. carried out experiments to show that both $\{112\}$ and $\{332\}$ twins are activated simultaneously in Ti-12 wt.% Mo alloy in the early deformation stage (uniaxial tensile loading) [17]. However, how to control the volume fraction of $\{112\}$ twin and $\{332\}$ twin in the hierarchical twin structure is still unclear. Current studies agree that twin system selection is controlled by the Schmid factor [8,9,29-31], but it is still unclear how materials properties (e.g., composition) and external conditions (e.g., temperature, engineering strain rate) affect the critical resolved shear stress for a particular twin mode. Meanwhile, there is a lack of quantitative investigations on the role of $\{112\}$ twin in the formation mechanism of the hierarchical twin structures and how these hierarchical twin structures further affect the mechanical behavior of β -Ti alloys. Thus, to fully understand the variation of deformation twin modes and the related impacts on the mechanical behavior of β -Ti alloys, it is critical to first uncover the physical mechanisms of the $\{112\}$ twin nucleation and early-stage growth kinetics in β -Ti alloys. These mechanisms may result in the rare appearances of $\{112\}$ twins and promote the alternative highly-indexed twins in β -Ti alloys depending on alloy compositions and deformation conditions.

In many BCC transition metals and alloys, $\{112\}$ twin nucleation and growth can be explained

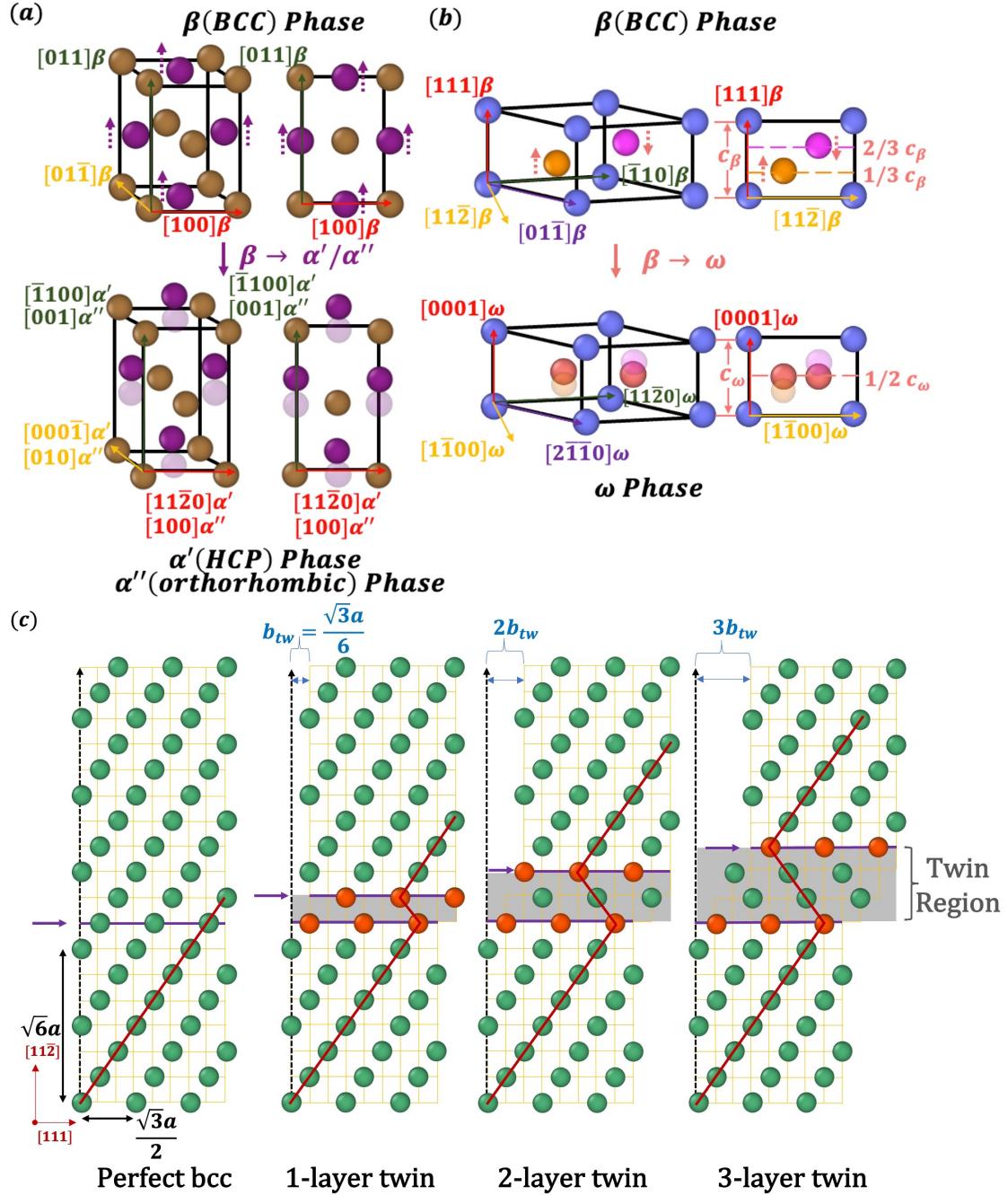


Figure 1: Illustrations of atomistic structures related to possible diffusionless phase transformation and twinning in BCC lattice. (a) Schematic draw for crystal structures of β (BCC), α' (HCP), α'' (Orthorhombic) phases and the corresponding diffusionless transformation pathways. Brown and purple atoms are at A and B stacking of $\{011\}$ layers in BCC lattice, respectively. (b) The schematic draw for β to ω phase diffusionless transformation. Blue, orange, and magenta atoms are at A, B, and C stacking of $\{01\bar{1}\}$ layers in BCC lattice, respectively. Blue and rose atoms are at A and B stacking of $\{0001\}$ layers in ω phase, respectively. (c) $\{112\}$ twin formation through a layer-by-layer twin dislocation slip mechanism. Grey shape indicates the $\{112\}$ twin region. Green and red atoms are in BCC lattice and at $\{112\}$ twin boundaries, respectively. Here a is the lattice constant and $b_{tw} = \frac{1}{6} \langle 111 \rangle$ is the $\{112\}$ twin Burgers vector.

1 by the formation and glide of twin dislocations [32–35]. The first dislocation model for {112} twin in
2 BCC metals is called the Cottrell–Bilby model [32], which proposed that a stress-assisted dissociation
3 of a sessile $\frac{1}{2}\langle 111 \rangle$ screw dislocation on {112} planes results in a $\frac{1}{3}\langle 112 \rangle$ sessile and a $\frac{1}{6}\langle 111 \rangle$ glissile
4 partial dislocations, and the twin further nucleates from this monolayer fault nucleus. Later, it was
5 realized that the dissociation process in the Cottrell–Bilby model is not energetically favourable [36].
6 Meanwhile, Mahajan et al. conducted experiments to prove that twins should be nucleated by screw
7 dislocations [37]. Based on this observation, Sleeswy et al. modified the Cottrell–Bilby pole model
8 and proposed that a {112} twin nucleus can be formed by dissociation of a $\frac{1}{2}\langle 111 \rangle$ screw dislocation
9 into three $\frac{1}{6}\langle 111 \rangle$ partial dislocations located on {112} planes [36]. This model is widely accepted and
10 the formation of twin embryos can be achieved by the glide of $\frac{1}{6}\langle 111 \rangle$ partial dislocations on adjacent
11 {112} planes under applied shear stress to generate {112} atomic layer faults [38,39]. Furthermore,
12 Vitek confirmed that in order to form a metastable {112} twin embryo, the minimum number of
13 {112} atomic layer faults should be three [40]. Once the twin embryo is stabilized, it can further grow
14 through a layer-by-layer mechanism by slipping more {112} planes along the $\langle 111 \rangle$ direction [41]. The
15 corresponding twin growth process is illustrated in Figure 1 (c). Ogata et al. used DFT calculations
16 to evaluate {112} twin embryos for BCC Mo metals by calculating the twinning energy landscape,
17 suggesting that Mo twin can grow in a layer-by-layer fashion after the twin embryo reaches five {112}
18 layers [42]. Ojha et al. adopted similar theoretical methods and further provided both computational
19 and experimental results for twin embryos of other metals and alloys, e.g., Fe, V, Nb, Ta, W, Fe-Si
20 alloys, Fe-Ni alloys, and Fe-V alloys, showing the minimum thickness of twin embryos indeed changing
21 with alloy types and compositions [43].

22 Structures and growth kinetics of {112} twins in β -Ti alloys are more complex than those in
23 other BCC transition metals and alloys. The local stress and strain accumulated at twin boundaries
24 can activate the metastable phase transformations [16], which can play an important role in the
25 nucleation and growth of {112} twins. It is widely acknowledged that β to ω phase transformation
26 is activated at {112} twin boundaries [14,16,44–54]. Recently, many studies indicate that reversible
27 phase transformations between β and ω phases have a close relationship with {112} twin nucleation
28 and growth [14,44,46,50], but they are still in a debate on the detailed mechanisms. Wu et al.
29 proposed that ω phase can promote {112} twin formation and growth in β -Ti alloys. They suggested
30 that switch between β phase and ω phase could be the driving force for {112} twin nucleation and
31 growth [46], since they observed {112} twins nucleate and grow inside the nanoscale ω phase in Ti-
32 30Nb-3Pd (wt.%) (VEC=4.275) alloy. Meanwhile, they argued that structurally ω phase has an equal
33 probability to transfer back to BCC matrix or BCC twin, indicating that ω phase can serve as an
34 intermediate state for twin growth. However, Chen et al. [45] argued that ω may not promote {112}
35 growth, and the probability of transformation of ω phase to BCC twin is less than 0.5 because distorted
36 ω phase prefers to transform back to the BCC matrix rather than to BCC twin. Moreover, Wu et al.
37 observe a high density of ω phases in Ti-30Nb (wt.%) (VEC=4.18) after quenching from solid-solution
38 treatment condition at 900 °C for 1h but no {112} twins can be found [46], which suggests that ω
39 phase does not promote {112} formation and growth in this alloy.

40 To reconcile the above debates, the aim of this study is to enhance our understanding of how
41 diffusionless phase transformations affect the stability and growth kinetics of {112} twin embryos in

¹ β -Ti alloys. To achieve this goal, we employ both density functional theory (DFT) calculations
² and atomistic simulations based on classical interatomic potentials to determine the stability of
³ twin configurations in various compositions and elements. Additionally, we investigate the growth
⁴ kinetics of stable twin embryos under applied shear stress on $\{112\}$ twin planes in β -Ti alloys
⁵ at different temperatures using atomistic simulations. Both DFT and atomistic simulation results
⁶ demonstrate that, as the valence electron concentration (VEC) of Ti alloys decreases with varying alloy
⁷ compositions, the $\beta \rightarrow \omega$ phase transformations at $\{112\}$ twin boundaries increase the critical thickness
⁸ of $\{112\}$ layers as stable twin embryos, possibly raising energy barriers of $\{112\}$ twin nucleation events.

⁹ In addition, our atomistic simulations show that, as the thermodynamic stability of β phase is
¹⁰ reduced as the VEC and/or temperature is below critical values (~ 4.25 e/a at 300 K), the applied
¹¹ shear stress that should drive the $\{112\}$ twin growth can result in β twin $\rightarrow \alpha'/\alpha'' \rightarrow \beta$ matrix phase
¹² transformations inside the existing twin embryo and ω phases at the twin boundaries impede the twin
¹³ boundary migration simultaneously, leading to the detwinning behavior to eliminate the $\{112\}$ twin
¹⁴ embryos. When the VEC value increases gradually at a constant temperature (300 K), the applied
¹⁵ shear stress can drive the normal $\{112\}$ twin growth through twin boundary migrations, but ω phases
¹⁶ at $\{112\}$ twin boundaries can first reduce and then increase the required stress for the growth of the
¹⁷ existing stable twin embryo; the minimum required stress for $\{112\}$ twin embryo growth is observed
¹⁸ in a Ti-Nb alloy with an intermediate VEC value (~ 4.34 e/a at 300 K). We explain the changes
¹⁹ of ω effects on $\{112\}$ twin embryo growth kinetics by using the free energy landscape variations of
²⁰ β matrix $\rightarrow \omega$ phase $\rightarrow \beta$ twin phase transformations. These findings are useful for understanding
²¹ the thermodynamic and kinetic factors that result in the rare appearances of $\{112\}$ twins in many
²² β -Ti alloys. These thermodynamic and kinetic factors can provide effective strategies to manipulate
²³ the chemical compositions to tune the $\{112\}$ twin activities. Similar investigations on the correlations
²⁴ between metastable phase stability and highly indexed twinning modes will be conducted in the future.
²⁵ The generated knowledge together will be utilized to tune the types and ratios of deformation twin
²⁶ modes to improve the mechanical properties of β -Ti alloys.

²⁷ 2 Methods

²⁸ 2.1 DFT calculations

²⁹ Three steps were applied to construct the supercells of β -Ti alloys that contain $\{112\}$ twin embryos
³⁰ with different thicknesses for investigations of their atomistic structures and energetic stability at 0K.
³¹ In the first step, we constructed 108-atoms supercells in perfect BCC lattice with orthogonal basis
³² vectors, namely $\frac{3}{2}[111] \times 2[\bar{1}10] \times 3[11\bar{2}]$, based on the conventional BCC lattice vectors. There are 18
³³ atomic layers along $[11\bar{2}]$ direction, so each $\{112\}$ layer contains 6 atoms. Meanwhile, the special quasi-
³⁴ random structure (SQS) method was employed to generate lattice occupations of different chemical
³⁵ elements at given compositions [55, 56]. This method optimizes the correlation function of lattice
³⁶ occupations in finite periodic supercells for simulations of random solid-solution alloys. Figure 2(a)
³⁷ shows an example of such an SQS supercell for Ti₃Nb alloy in a perfect BCC lattice before structural
³⁸ relaxation by DFT calculations. For all 18 $(11\bar{2})$ layers in a supercell, we assigned a number from 1
³⁹ to 18 as its layer index from the bottom to the top of the supercell along $[11\bar{2}]$ direction plotted in

1 Figure 2(a). We can also shift one atomic $(11\bar{2})$ plane along the $[11\bar{2}]$ direction periodically to generate
2 a "new" supercell with the same SQS-optimized lattice occupations but different layer index numbers
3 (an original Layer n becomes a new Layer $n + 1$ (or Layer $n - 17$ due to the periodic condition),
4 where n is an integer from 1 to 18). For each SQS-optimized lattice configuration, we can generate
5 18 supercells with different layer indexes. Correspondingly, we can deform all these supercells to
6 generate twin layers at the same locations (between Layer i and Layer j , where i and j are integers
7 between 1 and 18) in the same SQS-optimized supercell but with different local alloy compositions
8 and occupations.

9 In the second step, we generated an n -layer $\{112\}$ twin embryo in the middle of the supercell based
10 on a layer-by-layer mechanism [40]. Starting from Layer $9 - \frac{n}{2}$ (or Layer $9 - \frac{n+1}{2}$ if n is an odd integer),
11 we shifted the upper $(11\bar{2})$ planes along the $[111]$ direction by the length of one twin Burgers vector
12 b_{tw} , which is equivalent to $\frac{1}{6}[111]$, then we shifted all the upper $(11\bar{2})$ planes above Layer $10 - \frac{n}{2}$ (or
13 Layer $10 - \frac{n+1}{2}$ if n is an odd integer) by two b_{tw} . We repeated this layer-by-layer process until all
14 the upper $(11\bar{2})$ planes above Layer $9 + \frac{n}{2}$ (or Layer $9 + \frac{n-1}{2}$ if n is an odd integer) by $n b_{tw}$. Thus,
15 a n -layer twin growth fault was created at the middle of the supercell on successive $(11\bar{2})$ planes as
16 the twin embryo region marked in grey color in Figure 1(c). However, there is still one twin growth
17 fault between the top and bottom layers on the boundary of the supercell along $[11\bar{2}]$ direction. So
18 our third step was to change the supercell by tilting its $[11\bar{2}]$ axis along $[111]$ direction by $n b_{tw}$ to
19 avoid the mismatch at the supercell boundary.

20 In this study, we generate three different types of twinned supercells with 3, 6, and 9 $(11\bar{2})$ layers of
21 twin embryos in the middle of each supercell. We chose these numbers of layers because Vitek suggested
22 that the minimum number of $\{112\}$ layer faults to form a metastable $\{112\}$ twin embryo should be
23 three in pure BCC metals [40]; We also preferred to choose to tilt $3m b_{tw}$ (m is an integer) of the $[11\bar{2}]$
24 supercell axis since $3m b_{tw}$ equal to m full Burgers vector in a perfect BCC lattice. The final supercells
25 with these twin embryos are shown in Figure 2(c), (d), and (e) for 3, 6, and 9 $(11\bar{2})$ layers of twin
26 embryos, respectively. We also provide the schematic draw of this three-step supercell construction
27 process in Supplemental Section S1. In addition, for each SQS-optimized lattice occupation of a given
28 alloy composition, 18 different configurations of n -layer twin embryo were generated by using all 18
29 supercells with different layer indexes as mentioned in the first step. Thus, each n -layer twin embryo
30 has different local alloy compositions and occupations, and the average concentrations of all 18 n -layer
31 twin embryos are guaranteed to be equal to the alloy composition in its perfect BCC lattice.

32 All DFT calculations were performed using the Vienna Ab Initio Simulation Package (VASP)
33 software [57,58]. We performed Brillouin zone (BZ) k-point sampling using the Γ -centered algorithm
34 with $3 \times 3 \times 2$ grids, with a first-order Methfessel-Paxton smearing of 0.2 eV for Brillouin zone integration
35 [59]. Pseudopotentials based on the projector augmented wave (PAW) method were employed
36 for the elemental constituents, with the generalized gradient approximation (GGA) of Perdew-Burke-
37 Ernzerhof (PBE) for exchange-correlation energy functional [57,60-62]. The electronic configurations
38 of pseudopotentials for Ti, Nb, V, and Mo were Ti_pv, Nb_sv, V_pv, and Mo_pv, respectively.
39 The corresponding electron configuration is $([Ar])3s^23p^63d^2$, $([Kr])4s^24p^64d^35s^2$, $([Ar])3s^23p^63d^2$,
40 $([Kr])4s^64d^45s^2$, respectively. We set the energy convergence threshold for all calculations at 10^{-5} eV
41 and used a plane-wave cutoff energy of 350 eV. The methods used for data visualization and analyses

¹ for DFT results on structures and energies are from Seaborn, a Python data visualization library [63].

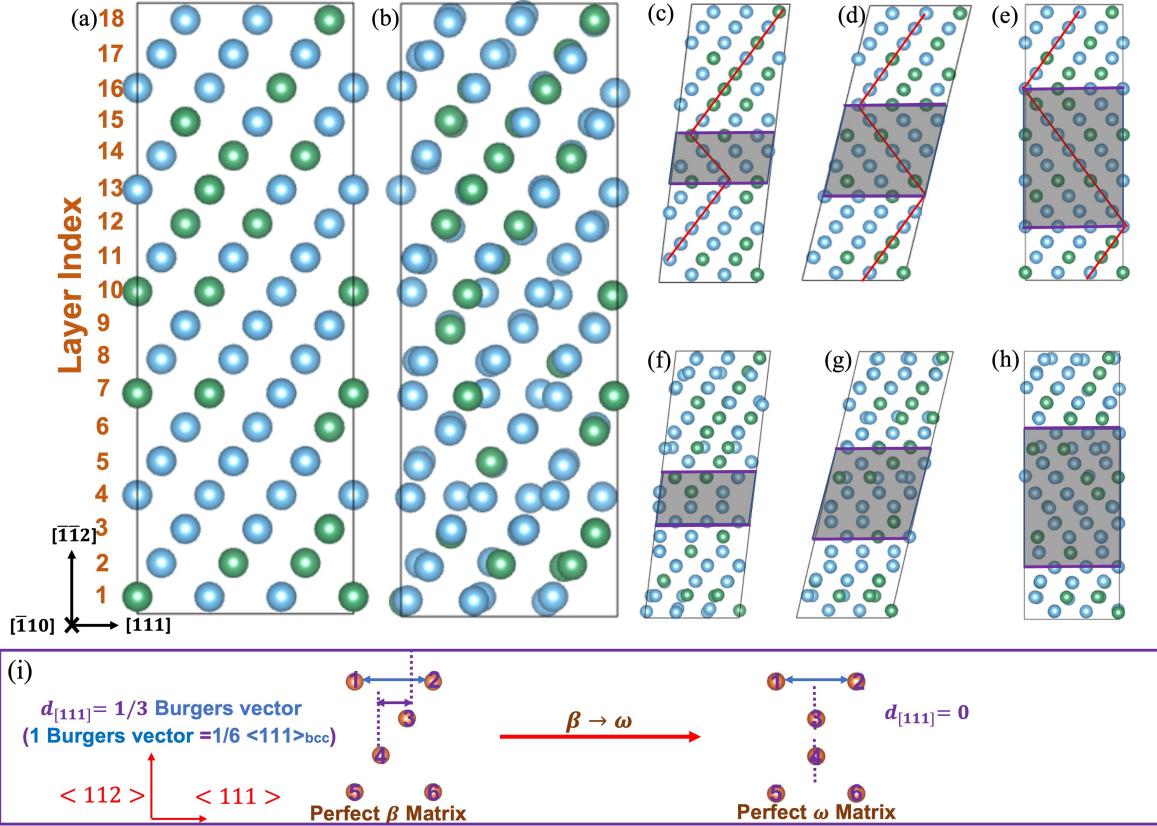


Figure 2: Illustrations of $\{112\}$ twin embryo structures in a 108-atom Ti_3Nb supercell ((a)-(h)) and quantitative analyses for β (BCC) to ω (hexagonal) phase transformation in DFT-relaxed supercell based on values of a structural descriptor((i)). (a), (c), (d), and (e) show a perfect 18-layer BCC matrix, 3-layer twin embryo, and 9-layer twin embryo in unrelaxed structures, respectively; (b) and (f)-(h) are the corresponding DFT-relaxed structures. The coordination system is the same as Figure 1(c). Numbers at the left side of (a) are the layer indexes for the atomic layer along the $[11\bar{2}]_\beta$ direction. Red lines in (c), (d), and (e) indicate the crystal orientations. Grey shapes in (c) to (h) indicate the $\{112\}$ twin embryo region. Blue and green atoms are Ti and Nb, respectively. (i) Explanations of the definition of a structural descriptor $d_{[111]}$ to distinguish between individual atoms in β phase and those in ω phase quantitatively. $d_{[111]}$ is the shortest distance projection along $[111]_\beta$ direction between one atom and its first-nearest neighbors of all the atoms in the supercell defined in (a).

² 2.2 Choices of alloy compositions based on phase stability

³ In this study, we investigated how $\{112\}$ twin boundaries may induce $\beta \rightarrow \omega$ diffusionless phase
⁴ transformation and how ω phase could further affect the $\{112\}$ twin embryo stability and growth
⁵ kinetics. Thus, we should investigate the composition region where β phase is thermodynamically
⁶ (meta)stable so that the $\beta \rightarrow \omega$ transformation would not spontaneously occur. Meanwhile, phase
⁷ stability in Ti alloys is highly related to VEC: $\beta \rightarrow \omega$ transformation can be easily induced by local
⁸ chemical concentration fluctuations and local lattice distortion when the average VEC is low (close

1 to 4.0 e/a , where e/a means electron per atom) [14, 64]. Here we define the VEC for pure Ti, pure
 2 Nb, pure V, and pure Mo as 4.0, 5.0, 5.0, and 6.0 e/a , respectively, although some core electrons
 3 of these chemical elements are included in their electronic configurations of pseudopotentials. We
 4 first generated around 100 supercells in perfect BCC lattice with different VEC values ranging from
 5 4.0625 to 4.5 e/a . As we show in Figure 1 (b), β to ω phase transformation is achieved by atomic
 6 displacements along one of preferred $\langle 111 \rangle_\beta$ directions. Meanwhile, if no external stress/strain is
 7 applied and ω phase forms after DFT relaxations, the preferred $\langle 111 \rangle_\beta$ directions can be random
 8 locally. To quantify the displacement direction preference and further evaluate the ratio of ω phase in
 9 the DFT-relaxed supercell, we employed the approach developed by Ikeda et al. [64]. In each relaxed
 10 supercell, we first calculated and averaged all atomistic displacements from the perfect lattice sites
 11 projected along four distinct directions: $[111]_\beta$, $[1\bar{1}\bar{1}]_\beta$, $[\bar{1}\bar{1}1]_\beta$, and $[\bar{1}1\bar{1}]_\beta$, respectively. The averaged
 12 displacement magnitudes of four $\langle 111 \rangle_\beta$ directions are normalized by c_ω , which is the distance between
 13 the first nearest neighbors in the corresponding BCC lattice. Secondly, the four averaged displacement
 14 magnitudes along four $\langle 111 \rangle_\beta$ directions are sorted as P_1 , P_2 , P_3 , and P_4 in the order of decreasing
 15 magnitudes, respectively. Thirdly, the structural descriptor P_1 - P_2 is defined as the value to quantify
 16 the ratio of ω phase in the relaxed supercell. If P_1 - P_2 of the supercell is smaller than 0.04 c_ω , this
 17 supercell is regarded to stay the in BCC lattice from the statistically average aspect [64]. Otherwise,
 18 the relaxed supercell is considered to be transferred into ω phase. The calculated P_1 - P_2 for all the
 19 supercells are shown in Section S2.

20 Based on the scatter plot presented in Section S2, when VEC is equal or greater than 4.25 e/a
 21 for a series of Ti alloys, the BCC lattice can be preserved and does not spontaneously transfer to
 22 ω phase after DFT relaxations. These results of the critical VEC value (4.25 e/a) are generally
 23 consistent with previous Ikeda's results [64]. So we only investigated the supercells with VEC no less
 24 than 4.25. We conducted DFT calculations to investigate the atomic configurations and stability of
 25 twin embryos without any external stress at zero K. Thus, the supercells for DFT calculations of twin
 26 embryo stability in Section 2.1 were made up of six different compositions: $Ti_{81}Nb_{27}$ (VEC=4.25 e/a),
 27 $Ti_{81}V_{27}$ (VEC=4.25 e/a), $Ti_{72}Nb_{36}$ (VEC = 4.33 e/a), $Ti_{72}Nb_{18}V_{18}$ (VEC = 4.33 e/a), $Ti_{81}Mo_{27}$
 28 (VEC = 4.5 e/a), and $Ti_{72}Nb_{18}Mo_{18}$ (VEC = 4.5 e/a). Hence average VEC values for the alloys
 29 we constructed here range from 4.25 to 4.5 e/a . However, it should be emphasized that the critical
 30 VEC value for ω phase should depend on both types of chemical elements and temperatures. In the
 31 following sections, we ignore the unit of e/a for VEC values for convenience.

32 2.3 ω phase identification in twinned supercells

33 To quantitatively identify the ω phase formed after the DFT relaxation in the twinned supercells,
 34 we propose a structural descriptor $d_{[111]}$ to distinguish the phases (ω and β) for different twinned
 35 supercells. Here we do not employ P_1 - P_2 illustrated in the previous section to identify the ω phase
 36 for the following reasons [64]. β to ω phase transformation has the preference of atomic displacement
 37 direction in twinned supercells constructed following the orientations plotted in Figure 2. On the
 38 other hand, the descriptor of P_1 - P_2 is only suitable for the bulk β phase and it fails to work for those
 39 twinned supercells. Based on the orientations of supercells defined in Figure 2, the smallest distance
 40 projected along $[111]_\beta$ between one atom and its nearest-neighbor atoms on the adjacent $(11\bar{2})$ layers

1 is $\frac{1}{3}$ of $\frac{1}{2}[111]_{\beta}$ in β phase. However, this projection distance is 0 in a perfect ω phase. The detailed
2 illustration is shown in Figure 2 (i).

3 2.4 MD calculations

4 Molecular dynamics (MD) simulations were performed by Large-scale Atomic/Molecular Massively
5 Parallel Simulator (LAMMPS) [65] to investigate Ti-Nb binary alloys using Modified Embedded Atom
6 Method (MEAM) potential developed by Ehemann et al. [66]. As for the simulation box setting,
7 32400 atoms were included in a supercell with basis vectors of $15[111] \times 20[\bar{1}10] \times 9[11\bar{2}]$ in the unit of
8 conventional BCC lattice vectors. For examinations of twin embryo stability at room temperature,
9 MD simulations were performed on the supercells at a constant temperature of 300K under the
10 isothermal-isobaric (NPT) ensemble ($P = 0$) for 200 ps. The time step was set to be 1 fs. The energy
11 and structure of the system were calculated every 1 ps. For chemical compositions of Ti alloys, we chose
12 five different compositions: Ti_3Nb (VEC = 4.25), Ti_2Nb (VEC = 4.33), TiNb (VEC = 4.5), TiNb_3
13 (VEC = 4.75), and pure Nb (VEC = 5). Besides, each composition was applied to generate 4 different
14 structures: perfect BCC, 3-layer twin embryo, 6-layer twin embryo, and 9-layer twin embryo, which
15 are all consistent with the structures setting of DFT calculations plotted in Figure 2. Furthermore, we
16 deformed the supercells that contain the stable twin embryos by applying shear stress with a constant
17 engineering shear strain rate of $4 \times 10^8 \text{ s}^{-1}$ along [111] direction on $(11\bar{2})$ plane at 300 K. The time step
18 for the deformation simulation was also 1 fs. An MD simulation of 30 ps at 300 K in an NPT ($P = 0$)
19 ensemble was performed for equilibrium before each deformation operation. To analyze the atomistic
20 structures generated by MD simulations, we used the polyhedral template matching (PTM) [67] and
21 the grain segmentation method to identify BCC matrix, BCC twin, and α'/α'' phase [68]. In addition,
22 we also applied OVITO to visualize all the MD results [69].

23 2.5 Calculations of a twinning pathway through homogeneous displace- 24 ments in Ti-Nb alloys

25 To evaluate the energy landscape for both the twinning and anti-twinning deformation that may
26 occur to a pre-existing twin embryo observed in our MD simulations, we define a twinning pathway
27 through homogeneous displacements between different parts of a crystal near an existing $\{112\}$ twin
28 boundary to generate a type of defects named as “twin growth faults” and calculate the related energy
29 variations. The simulation box used for calculations of the twinning pathway and the related twin
30 growth fault energies is shown in Figure 3 (a). Here, we construct an orthogonal supercell with basis
31 vectors of $30[111] \times 30[\bar{1}10] \times 12[11\bar{2}]$ (72 atomic layers along $[11\bar{2}]$ direction) in the unit of conventional
32 BCC lattice vectors. The supercell contains $\{112\}$ twin boundary located in the middle (viewing along
33 $[\bar{1}10]$ direction). The location of the initial twin boundary is marked in red dashed line. We use the
34 Common Neighbor Analysis (CNA) method in OVITO [69] [71] for phase identifications. Green and
35 light brown atoms are both in the BCC phase; white atoms are at/near the twin boundary and are
36 classified as the “Other” phase by the CNA method. Green atoms are in the same orientation as the
37 BCC twin region in Figure 2 (c)-(e) while light brown atoms are in the same orientation as the BCC
38 matrix in Figure 2 (c)-(e). The color correspondences (light brown color for the BCC matrix and

1 green color for the BCC twin) are consistent with the following sections of this paper.

2 To generate twin growth faults at the twin boundary, we displace the atoms in the BCC matrix (the
3 upper crystal above the twin boundary) with certain fault displacements in the way of homogeneous
4 displacements. Figure 3 (b) shows an example of the creation of a 2-layer twin growth fault. We
5 shift the upper atomic layer adjacent to the twin boundary (the red dashed line) along [111] direction
6 by the magnitude of $\lambda \times \frac{1}{2}[111]$ relative to the bottom crystal; we also shift all the upper layers
7 (except the atomic layer that is adjacent to the twin boundary and is already shifted) along [111]
8 direction with the magnitude of $2\lambda \times \frac{1}{2}[111]$ relative to the bottom crystal, where λ ranging from
9 0 to 1 in the interval of 0.01. So the maximum fault displacement is the length of one or two full
10 Burgers vectors in BCC lattice (when λ approaches 1), which is the smallest unit length of structure
11 periodicity along [111] direction in BCC lattice. The method of twin growth faults energy calculation
12 is similar to the twinning pathway designed by Ogata et al. [42] and also recently applied by Gröger
13 et al. [72] to investigate the energy landscape of deformation twinning in BCC metals. However, the
14 difference is that the two-layer displacements were applied in a perfect BCC lattice to generate a two-
15 layer stacking fault in previous studies [42, 72], but we apply the two-layer homogeneous displacement
16 mechanism near an existing {112} twin boundary in a bicrystal structure to simulate the twinning
17 and anti-twinning deformation during the twin growth process. So the defects generated during this
18 homogeneous displacement process are not simply stacking faults in a perfect crystal. Thus, we name
19 this type of defect generated in Figure 3 (b) as “twin growth fault”.

20 To calculate the energy profile along the twinning pathway by the twin growth fault generation, we
21 use the conjugated gradient (CG) minimization method [73]. The relaxation convergence for force is
22 1×10^{-6} eV/Å and the energy tolerance is 1×10^{-6} . During the relaxation minimization, the bottom
23 and top regions along [112̄] direction in the supercell are frozen (grey regions in Figure 3) to ensure
24 that only atoms near the twin boundary are included in the calculation and no energy contribution
25 from extra surfaces. Meanwhile, the thicknesses of the frozen part should be large enough to avoid the
26 interactions between movable atoms and atoms in the top/bottom frozen regions. As for the unfrozen
27 part of the supercell, atoms are only relaxed along [112̄] direction perpendicular to the (112̄) twin
28 boundary plane after the homogeneous displacements are applied. Here, we define the energy of twin
29 growth faults induced by homogeneous displacements, $\gamma_{\text{TGF}}^n(\lambda)$, using Eq. 1 below:

$$\gamma_{\text{TGF}}^n(\lambda) = \frac{E_\lambda^n - E_0}{A} \quad (1)$$

30 Here E_λ^n is the relaxed energy of the supercell that contains n -layer twin growth faults with the
31 magnitude of $\lambda \times \frac{1}{2}[111]$ of homogeneous displacements as described in Figure 3(b) (Here $n = 2$).
32 E_0 is the relaxed energy of the supercell without any twin growth faults. A is the area of one fault
33 plane defined by the supercell size. In the following sections, we simplify the name of energy of the
34 twin growth fault as γ_{TGF} for convenience because we always study 2-layer twin growth faults. A key
35 reason for presenting the results of 2-layer twin growth faults is that the energy barriers in 2-layer
36 twin growth faults are smaller than those in other n -layer ($n = 1, 2$ and 3) twin growth faults cases
37 based on our calculations. Similarly, 2-layer stacking faults are also found to be the pathway with the
38 minimum energy barriers for the stacking fault generation in many BCC transition metals (Nb, Ta,
39 etc.) according to a recent computational study by Gröger et al. [72]

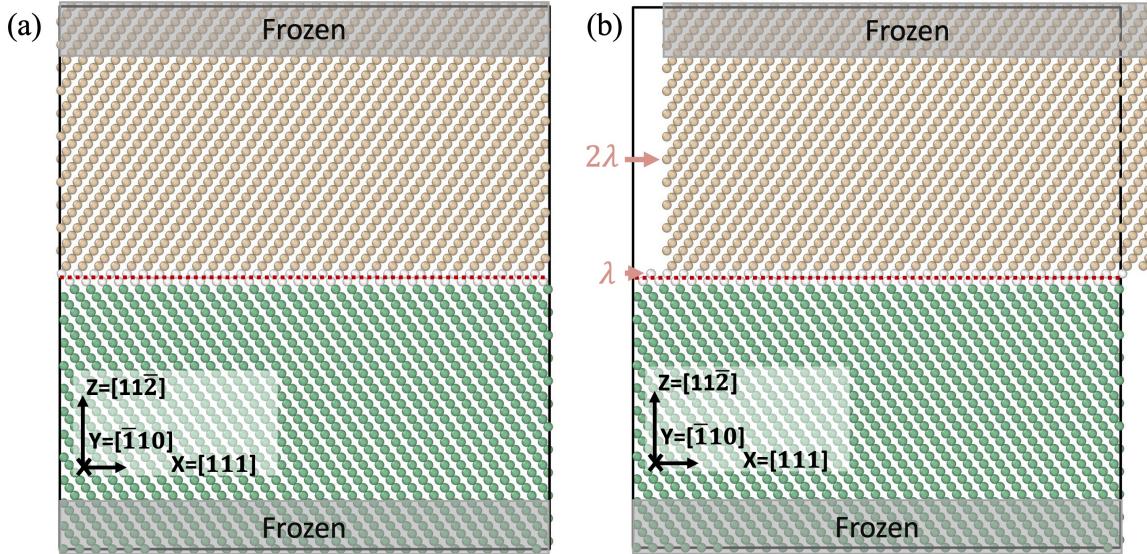


Figure 3: Schematic illustration for a twin pathway through homogeneous displacement mechanism near an existing $\{112\}$ twin boundary in a bicrystal structure. Here we present the twin structure of pure Nb as an example. (a) is the bicrystal structure that contains a $(11\bar{2})$ twin boundary in the middle, viewing along $[1\bar{1}0]$ direction. A red dashed line is plotted to mark the location of the initial twin boundary. We use the Common Neighbor Analysis (CNA) method in OVITO [69,71] to identify phases. Green and light brown atoms are both in the BCC phase; white atoms are at/near the twin boundary and are classified as the “Other” phase by the CNA method. Green atoms are in the same orientation as the BCC twin region in Figure 2(c)-(e) while light brown atoms are in the same orientation as the BCC matrix in Figure 2(c)-(e). The color correspondences are consistent with the following sections of this paper. (b) is the bicrystal structure under a twinning pathway created by homogeneous displacements between different parts of the upper crystal. Atoms in the first $(11\bar{2})$ atomic layer adjacent to the twin boundary shift together by $\lambda \times \frac{1}{2}[111]$ relative to the lower crystal. Atoms above the first $(11\bar{2})$ atomic layer adjacent to the twin boundary shift together by $2\lambda \times \frac{1}{2}[111]$ relative to the lower crystal. λ ranges from 0 to 1 at the interval of 0.01. Atoms in grey shade regions are fixed during the energy minimization and the atoms out of the grey regions are only allowed to be relaxed in the Z direction normal to $(11\bar{2})$.

1 **2.6 Experimental characterizations of twin boundary structures**

2 To verify the structures of twin boundaries obtained from the above atomistic simulations, the atom
3 configurations at the $\{112\}\langle11\bar{1}\rangle$ type twin boundary were characterized in the β Ti-24Nb-4Zr-8Sn
4 (wt. %, Ti-2448) alloy. Since we want to investigate how $\{112\}$ twin-induced ω phase affects the $\{112\}$
5 stability and configurations and so pre-existing athermal ω phase should be avoided. Here, we carefully
6 choose this composition and the additive Zr and Sn can help suppress the quenched-in athermal ω
7 phase [74] [76]. We use conventional transmission electron microscopy (TEM) and aberration-corrected
8 z-contrast high angle annular dark field-scanning transmission electron microscopy (HAADF-STEM)
9 for characterization. Ti-2448 was β solution treated at 1000°C for 30 min followed by water quenching
10 to room temperature, and then cold-rolled by 20% reduction in thickness. The β solution treated
11 and cold rolled Ti-2448 was cross-sectioned, mounted, and ground for characterization following
12 conventional routes. Site-specific TEM lift-out lamella for TEM and HAADF-STEM was prepared
13 across the $\{112\}$ twin boundary using Thermo Scientific Scios 2 dual-beam focus ion beam (DB-
14 FIB), and further cleaned using Fischione 1040 nanomill. Conventional TEM was performed using
15 FEI Talos F200s transmission electron microscope at 200kV, and atomic resolution HAADF-STEM
16 imaging was performed using aberration-corrected Thermo Scientific Themis Z scanning transmission
17 electron microscope at 300kV.

18 **3 Results**

19 **3.1 Structures and stability of $\{112\}$ twin embryos at 0K**

20 Examples of atomistic structures in DFT-relaxed supercells are shown in Figure 2 (b), (f), (g), and
21 (h), respectively, for the perfect BCC lattice and twin embryos of Ti_3Nb (108-atom supercell, VEC
22 = 4.25). More snapshots of fully relaxed twin embryo structures for Ti_3Nb (VEC=4.25) and Ti_3Mo
23 (VEC=4.5) can be found in Section S3. By comparing Figure 2 (a) and (b), we do not observe a
24 perfect ω matrix in the relaxed supercell, which initially was in an ideal BCC lattice. This is consistent
25 with the conclusion that spontaneously β to ω phase transformation hardly occurs when VEC is equal
26 to or greater than 4.25, as discussed in Section 2.2. However, in supercells that contain twin embryos
27 before relaxations, local atomistic structures with the structural features of ω phase can be identified
28 at locations where twin embryos were generated. The structural features for the atomistic structure
29 of ω phase are clearly shown in Figure 1 (b). Generally, if two adjacent atoms on two nearest neighbor
30 ($11\bar{2}$) layers align in a line parallel to $[11\bar{2}]$ from the view of $[\bar{1}10]$ direction in a relaxed supercell, we
31 can regard the local atomistic structures of these two atoms have the structural features of ω phase.
32 When the number of ($11\bar{2}$) layers of the original twin embryo in the unrelaxed structure equals 3 or 6,
33 most atoms in the twin regions (grey shape areas in Figure 2 (f) and (g)) have the structural features
34 of ω phase by aligning to adjacent atoms along $[11\bar{2}]$ direction. Even when the number of ($11\bar{2}$) layers
35 of the original twin embryo increases to 9, a large portion of atoms in the twin region (grey shape
36 areas in Figure 2 (h)) still have the structural features of ω phase. However, when VEC increases to
37 4.5, the structural features of ω phase are hardly observed in the relaxed supercells. The snapshots
38 of relaxed supercells (VEC = 4.5 cases) are shown in Supplementary Section S3.

1 We also quantitatively estimated the energy costs of these twin embryos in all the DFT relaxed
 2 supercells by using twin boundary (TB) energy γ_{TB} defined as the follow [77]:

$$\gamma_{\text{TB}} = \frac{E_{\text{twin}} - E_{\text{perfect}}}{2A} \quad (2)$$

3 Here, E_{twin} is the energy of a relaxed twinned supercell, E_{perfect} is the energy of the corresponding
 4 relaxed supercell in the perfect BCC lattice, and A here represents the supercell area parallel to
 5 (112) twin boundary plane. Typically, γ_{TB} is greater than 0 and this parameter can indicate the
 6 energy cost to form a twin embryo. The calculated γ_{TB} values for different Ti alloys are plotted in
 7 Figure 4. The "violin" plots here are implemented by the Python package from Seaborn [63]. Each
 8 sub-figure in Figure 4 contains γ_{TB} calculated by using all the fully relaxed twinned supercells at a
 9 given composition (indicated at the top of each sub-figure).

10 As we discussed in Section 2.1, we generated 18 different supercells for each SQS-optimized lattice
 11 occupation of a given composition with a fixed number of twin layers in the middle of the supercell.
 12 Therefore, in each sub-figure of Figure 4, each column has 18 different data points, each of which
 13 corresponds to different local chemical compositions and lattice occupations in an alloy with the same
 14 average chemical composition. These data points are marked as black dots in the middle of each
 15 "violin" graph. Meanwhile, the width of the "violin" graph features a kernel density estimation of the
 16 data distribution. In this case, the widest location is where the most data is distributed. The dots
 17 linked by solid lines mark the location where the mean value of γ_{TB} distribution for the corresponding
 18 alloy composition.

19 Clearly shown by different alloy compositions in Figure 4, the average γ_{TB} increases as the VEC
 20 increases. This trend coincides with the fact that the β phase becomes stable relative to other phases
 21 (α' , α'' , and ω) as the VEC increases [14, 64], so there should be less energetic driving forces of
 22 spontaneous β to ω phase transformation at twin boundaries. In addition, as for γ_{TB} distribution of
 23 different twinned supercells for each composition, especially when VEC is equal or greater than 4.33,
 24 we can see that the γ_{TB} variation becomes smaller as the number of (112) layer in the twin embryo
 25 increases. This indicates that a 3-layer twin embryo may not be stable and spontaneously disappear
 26 by diffusionless transformation. This is consistent with the observations of atomistic structures in
 27 Supplementary Section S3. For example, when VEC = 4.5, ω phase can still be observed in the
 28 configurations of 3-layer twin cases, while ω phase totally disappeared when (112) layer of the twin
 29 embryo increases to 6.

30 Moreover, γ_{TB} distributions for two alloy compositions of VEC equal to 4.25 (Figure 4 (a) and
 31 (d)) are mainly distributed at values that close or even less than 0. This indicates that the initially
 32 constructed twin embryos spontaneously induce a large portion of β phase in both the matrix and
 33 twin regions transforming into a lower energy state, more specifically, ω phase depending on the local
 34 chemical compositions. Even a 9-layer twin embryo plotted in Figure 4(a) and (d) is not thick enough
 35 to survive for low VEC cases because the calculated γ_{TB} are still close to 0. Compared with higher
 36 VEC cases, we can conclude that for β -Ti alloys, the existing {112} twin embryos can induce the β to
 37 ω phase transformation depending on both the average alloy compositions (VEC) and the local lattice
 38 occupations, and vice versa, twin-induced ω phase impede the formation of stable twin embryos with

1 a small number of $(11\bar{2})$ layers.

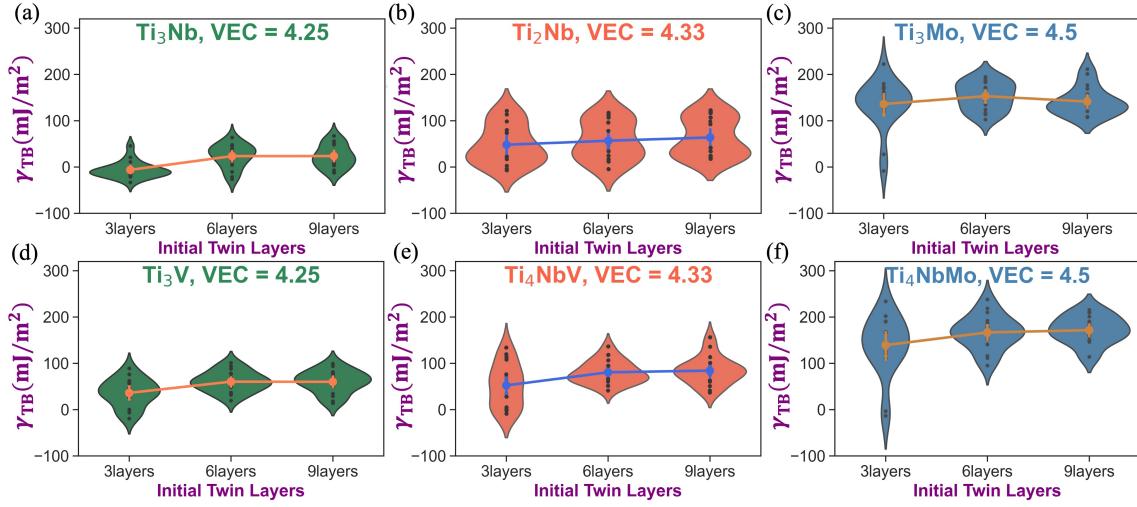


Figure 4: Twin boundary energy γ_{TB} defined in Equation 2 vs. the number of $(11\bar{2})$ layers of twin embryos for alloys with different VEC values. All cases were calculated by DFT using a supercell of 108 atoms plotted in Figure 2 (a). For each type of twin embryo structure at a given alloy composition, there are 18 possible cases to locate the twin embryo with different $(11\bar{2})$ layer indexes plotted in Figure 2 (a). So the "violin" plots of these 18 data points are used to illustrate the distribution and the mean value of γ_{TB} for each twin embryo structure at a given alloy composition. The detailed alloy compositions and the corresponding VEC values are shown at the top of each subfigure.

2 To confirm our conclusion on the quantitative correlation between twin embryo stability and phase
 3 stability, we employ the structure descriptor $d_{[111]}$ defined in Figure 2 (i) to distinguish atoms in ω
 4 phases and those in β phases. Here, We calculate the $d_{[111]}$ for all atoms in all supercells we generated
 5 so far. The histogram plots of $d_{[111]}$ for all atoms in different supercells are shown in Figure 5.
 6 Because all the supercells contain 108 atoms and there are 18 different atomic configurations for each
 7 composition with a given number of twin layers, each subfigure in Figure 5 is the histogram for the
 8 $d_{[111]}$ values of $18 \times 108 = 1944$ atoms (except those in Figure 5(a) and (e) for the perfect BCC lattices
 9 with twin embryos, which are histograms for the $d_{[111]}$ values of 108 atoms).

10 As explained in Figure 2 (i) and Section 2.3, since the value of $d_{[111]}$ is normalized by the value
 11 of $\frac{1}{2}[111]_{\beta}$, so if the peak of the histogram is located at 0.333 and no data points drop at 0, then
 12 statistically we can claim that the corresponding supercells are in β phase with a BCC lattice and ω
 13 phase does not appear. If there is a peak in the histogram located at 0, there are a significant amount
 14 of local ω phases in these supercells. In Figure 5 (a)-(h), we present histograms for two compositions:
 15 Ti_3Nb (VEC=4.25) and Ti_3Mo (VEC=4.5). The histograms for the other compositions can be found
 16 in Supplementary Section S4. As far as Ti_3Mo is concerned (Figure 5 (e)-(h)), there are no evident
 17 peaks near $d_{[111]} = 0$ in neither perfect lattice nor twinned supercells. Nevertheless, we can still
 18 observe a small portion of data points near the $d_{[111]} = 0$ region for 3-twin supercells (Figure 5 (f)).
 19 This is consistent with the energy data shown in Figure 4 (f), where we can see a large variation of γ_{TB}
 20 distribution for those 3-layer twin supercells. This indicates that the 3-layer twin embryo is not thick
 21 enough to stabilize for Ti_3Mo and collapses to ω phase. Meanwhile, as for other supercells for Ti_3Mo ,

1 there are almost no data points less than 0.1. In contrast, when VEC = 4.25 (Figure 5 (a)-(d)), there
 2 are two comparable peaks for all the supercells except no-twin lattices: one is near $d_{[111]} = 0$ and the
 3 other one is near $d_{[111]} \approx 0.3$, suggesting that a large portion of β phase can transform to ω phase
 4 because of the low stability of β phase when the VEC value is low. Compared to the perfect lattice
 5 in Figure 5 (a), the peaks near $d_{[111]} = 0$ increase significantly for the twinned supercells in Figure 5
 6 (b)-(d), suggesting the introductions of twin embryo enhance $\beta \rightarrow \omega$ transformation remarkably. In
 7 addition, the case of the 9-layer twin embryo in Figure 5 (d) still has slightly stronger peaks near the
 8 $d_{[111]} = 0$ region compared with the case of 6-layer twin embryo in Figure 5 (c), suggesting that the
 9 twin embryos are still unstable when there are 9 (112) layers in the twin region.

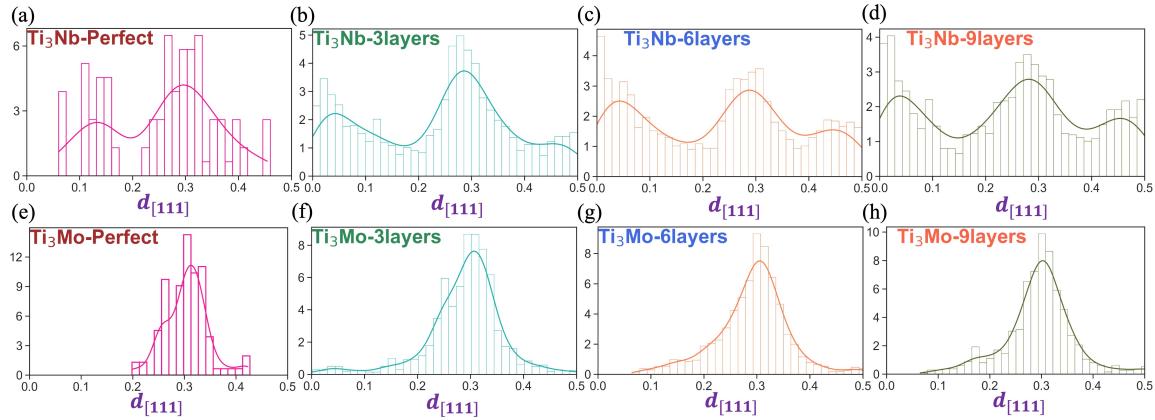


Figure 5: Histograms of $d_{[111]}$ values (normalized in the unit of the length of $\frac{1}{2}[111]_{\beta}$) for DFT-relaxed supercells of different alloy compositions and twin embryo structures. From left to right the subfigures in each row are for the perfect BCC matrix, 3-layer twin, 6-layer twin, and 9-layer twin embryo structure for a specific composition, respectively. (a)-(d) are for Ti_3Nb (VEC=4.25); (e)-(h) are for Ti_3Mo (VEC=4.5).

10 To conclude, both our energetic descriptor (γ_{TB}) and structural descriptor ($d_{[111]}$) indicate that
 11 the minimum thickness of a stable twin embryo varies with the VEC value of Ti alloy; a thicker
 12 twin embryo is required for be stable in β -Ti alloy a lower VEC; {112} twin boundaries can induce
 13 the β to ω phase transformation at low VEC and thus increase the difficulty of forming a stable
 14 twin embryo. However, these DFT supercell sizes are still too small to include the effects of local
 15 concentration fluctuations, and we have not investigated the stability and growth kinetics of twin
 16 embryos at different temperatures under external loading conditions. These size/temperature effects
 17 and growth kinetics are discussed in the following sections.

18 3.2 Stability of {112} twin embryos at room temperature

19 First, we investigated the stability of twin embryos at room temperature based on MD simulations
 20 using Ti-Nb MEAM potential [66]. The MD settings are described in Section 2.4. The snapshots for
 21 supercells after 200 ps of MD simulations under the NPT ensemble ($P = 0$ and $T = 300$ K) are plotted
 22 in Figure 6. Subfigures in each column from left to right in Figure 6 stand for supercells that initially
 23 (before MD relaxations) have the perfect BCC lattice, 3-layer twin embryo, 6-layer twin embryo, and
 24 9-layer twin embryo, respectively, in different alloy systems. The light brown color represents the BCC

1 matrix while the green color represents the BCC twin identified based on the Polyhedral Template
2 Matching (PTM) method [67]. Figure 6 (a)-(d) show atomistic structures of the unrelaxed supercells
3 for all the alloy cases, where twin embryos are always added to the middle of a supercell through a
4 layer-by-layer mechanism, and all supercells are constructed in the same way as described in Section
5 2.1).

6 Figure 6 (e)-(h) are MD-relaxed supercells of Ti_3Nb (VEC=4.25). It clearly shows that both 3-
7 layer and 6-layer twin embryos disappear while the 9-layer twin embryo survives after MD relaxations.
8 In addition, the boundaries between twin and matrix regions in Figure 6 (h) are not as flat as those
9 in the unrelaxed supercell in Figure 6 (d). Figure 6 (i)-(l) and Figure 6 (m)-(p) are MD-relaxed
10 supercells of Ti_2Nb (VEC=4.33) and $TiNb$ (VEC=4.5), respectively. For both alloy cases, 3-layer
11 twin embryos disappear, but both 6-layer and 9-layer twin embryos survive after MD relations. In
12 addition, twin boundaries in both the relaxed Ti_2Nb and $TiNb$ become more flat compared to those
13 of Ti_3Nb . Figure 6 (q)-(t) are MD-relaxed supercells of Pure Nb (VEC=5), where all twin embryos
14 survive and all twin boundaries are almost as flat as those in the unrelaxed supercells. In summary,
15 the critical thickness of a stable twin embryo increases as the VEC value decreases: 3 atomic layers for
16 Pure Nb (VEC=5), 6 atomic layers for $TiNb$ (VEC=4.5) and Ti_2Nb (VEC=4.33), 9 atomic layers for
17 Ti_3Nb (VEC=4.25). This trend is also consistent with DFT results in Section 3.1: alloy compositions
18 with low VEC values increase the difficulty of identifying stable twin embryos with BCC lattice due
19 to the local $\beta \rightarrow \omega$ transformation. This transformation usually is intensified on twin boundaries.
20 Thus, the ultra-thin twin embryos with two twin boundaries too close to each can not survive after
21 MD relaxations because ω phases on two twin boundaries can interact with each other, transforming
22 almost all atoms inside the twin region into ω phase.

23 To further confirm the effects of ω phases on twin embryo stability in these MD simulations, we
24 applied quantitative methods to identify the ω phases on twin boundaries in the relaxed supercells
25 that contain stable twin embryos with the minimum number of atomic layers (6 atomic layers for $TiNb$
26 (VEC=4.5) and Ti_2Nb (VEC=4.33), 9 atomic layers for Ti_3Nb (VEC=4.25)). We employed the same
27 descriptor $d_{[111]}$ defined in Figure 2 (i) to quantitatively define the extent of $\beta \rightarrow \omega$ transformation of
28 each atom according to its first-nearest-neighbor environment in these selected supercells. In addition,
29 for each relaxed supercell after MD simulations, we first run 10 steps of conjugated gradient (CG)
30 minimization to remove the noises due to thermal vibrations [73]. Here, even though ω phases and
31 α'/α'' phase have some similarities viewing from $[\bar{1}10]$ direction (both of them have 0 projection
32 distance of two adjacent $(11\bar{2})$ planes), occurrence of $\beta \rightarrow \alpha'/\alpha''$ phase needs external shear stresses [10]
33 and α'/α'' phase can not survive without external stresses. Hence, $d_{[111]}$ is still an efficient structural
34 descriptor to identify ω phases in the supercells if they are free of external stresses. Figure 7 (a)-(c)
35 are snapshots of some selected supercells after the CG minimization. We calculated $d_{[111]}$ for all the
36 atoms in these supercells. Similar to the distribution shown in Figure 5, the $d_{[111]}$ values have a
37 continuous distribution. In order to distinguish the local ω phase, here we assign two discrete values
38 (0 and 1) to each atom based on the corresponding $d_{[111]}$. Value 0 indicates ω phase while 1 indicates
39 β phase. If $d_{[111]}$ of the atom is less or equal to 0.1, then we assume this atom is in the ω phase.
40 Otherwise, we treat the atom as β phase. Here, we make $d_{[111]} = 0.1$ as the cutoff value for phase
41 identification is based on the histogram plot in Figure 5 (h). In 9-layer twinned supercells of Ti_3Mo

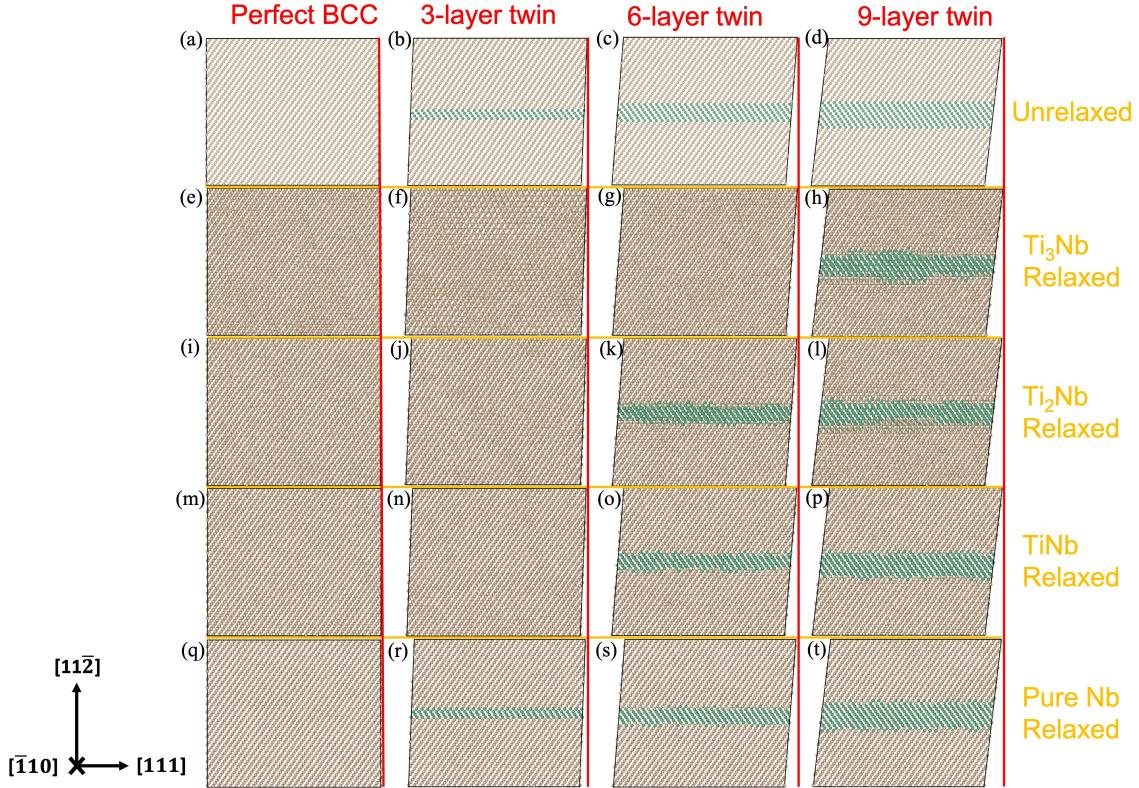


Figure 6: Configurations of $\{112\}$ twin embryos in Ti-Nb alloys after MD simulations (200 ps and the NPT ensemble ($P = 0$ and $T = 300$ K)). Subfigures of each column from left to right are supercells that initially (before MD relaxations) have the perfect BCC lattice, 3-layer twin embryo, 6-layer twin embryo, and 9-layer twin embryo, respectively, in different alloys. Subfigures of each row are supercells for different alloys. (a)-(d): Unrelaxed supercells of all alloy cases before MD relaxations. (e)-(h): Relaxed Ti_3Nb supercells. (i)-(l): Relaxed Ti_2Nb supercells. (m)-(p): Relaxed TiNb supercells. (q)-(t): Relaxed pure Nb supercells. The light brown color represents the BCC matrix while the green color represents the BCC twin. Phase identification is conducted by Polyhedral template matching (PTM) [67] and phase variants identification (BCC matrix and BCC twin) is conducted by Grain segmentation method [68] in the current version of OVITO [69].

1 (VEC= 4.5), β phase should be stable, and $\{112\}$ twin boundaries should not induce $\beta \rightarrow \omega$ phase
2 transformations, so the corresponding 9-layer twin embryo supercells should do contain almost zero
3 atoms with local atomistic structures with the structural features of ω phase. Also, we notice that
4 there are almost no distributions of $d_{[111]}$ value less than 0.1 in Figure 5(h). So 0.1 can be a valid and
5 efficient cut-off to separate ω -like phase and β -like phase by considering the local atomistic structures.
6 Here, we do not choose a histogram of perfect BCC lattice of Ti_3Mo as a reference to decide the
7 cutoff value (in Figure 5(e), there are almost no distributions of $d_{[111]}$ value less 0.2). The reason is
8 that twin boundary structures can trigger local lattice distortion and change the value of $d_{[111]}$, so we
9 should allow a large variation of $d_{[111]}$ values for atoms in β phase that contains twin boundaries.

10 Figure 7(d)-(f) is the heatmap of supercells shown in Figure 7 in (a)-(c) based on assigned two-
11 phase identification values of $d_{[111]}$. When VEC equals 4.25, we can see 4 to 5 layers of ω phases
12 (marked in black color in Figure 7(d)) stacking along the top and bottom twin boundaries (enclosed
13 in red and green dashed lines). Also, the twin boundaries in Figure 7(d) are not homogeneous and we
14 can see some kinks and steps along the twin boundaries (marked in green color) due to the variations of
15 ω phase locations. This is why the twin phase (green region) in Ti_3Nb shown in Figure 7(a) are thick
16 and rough compared with those in Ti_2Nb and TiNb shown in Figure 7(b) and (c). The structural
17 features are consistent with those observed in the aberration-corrected high-angle annular dark field
18 scanning transmission electron microscopy (HAADF-STEM) images shown in Figure 7(g) and (h).
19 In Figure 7(g), the twin boundaries are composed of stacked ω structures ranging from 2 to 4 atomic
20 layers in thickness. These structures (both simulation results in Figure 7(d) and experimental results
21 in Figure 7(g)) are also consistent with the findings in Section 3.1 that $\{112\}$ twins activate the β
22 to ω structural transformation. In addition, in Figure 7(d), we can observe that a part of the twin
23 regions is collapsed to a 4-layer of ω phase; we can also find some ω phases locate away from the twin
24 embryo in Figure 7(d). These features of ω phases distributions are because the local VEC is much
25 less than 4.25 due to local concentration fluctuations and the original local β phase can spontaneously
26 transfer to ω phase. When VEC increases in Figure 7(e) and (f), the portion of atoms in ω phase
27 (marked in black color) significantly reduces. We can see atoms in ω phase along each of the two
28 twin boundaries form a thin and discontinuous line in Ti_2Nb (Figure 7(e)), and almost no atoms in
29 ω phase are identified in TiNb (Figure 7(e)).

30 Meanwhile, we also measure the thicknesses of ω phase at twin boundaries in different VEC
31 cases from this study and several published papers. [44-46, 54, 78-80], as shown in Figure 7(i). The
32 methods for thickness measurement are presented in Supplementary Section S5. Here, the solid circles
33 in Figure 7(i) represent the average thickness of local ω phases weighted by the lengths that parallel to
34 the $\{112\}$ twin planes. The error bars in solid lines are estimated by the weighted standard deviations
35 of thicknesses of local ω phases in the experiment data. Generally, based on these experimental results,
36 the average thicknesses of ω phase at twin boundaries decrease with the increase of VEC values of
37 alloy compositions, especially in the Ti-Nb alloy system, which is consistent with our observations
38 in our DFT calculations in Figure 5 and MD simulations Figure 7(d)-(f). The only outlier is Ti-12Mo wt.% [44], which has a relatively small average thickness of ω phases at low VEC (VEC=4.13).
40 This indicates that, although VEC is still the dominant factor, it is not the only factor that affects
41 β to ω phase transformations at $\{112\}$ twin boundaries. These factors may include oxygen effects

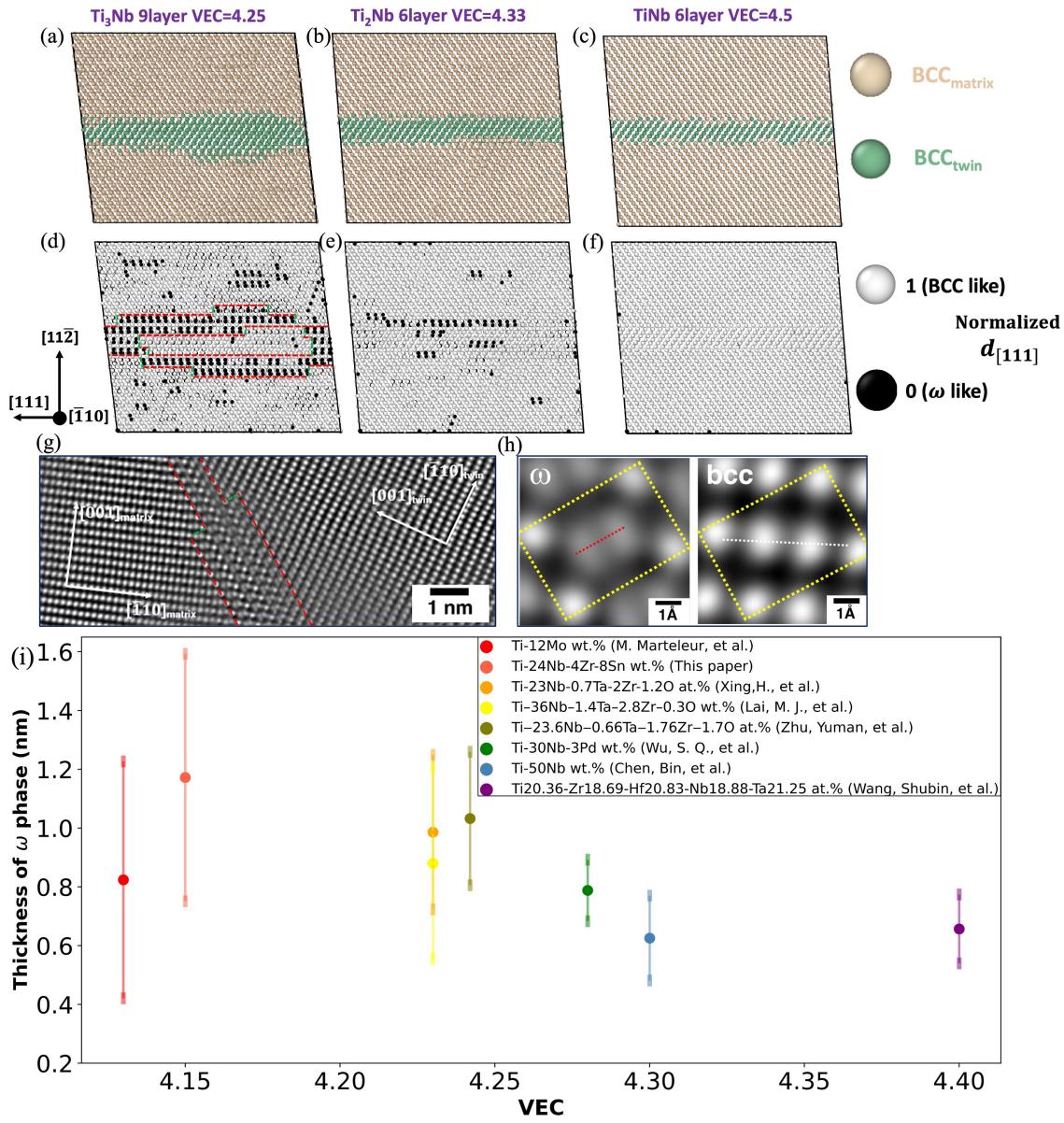


Figure 7: Detailed descriptions of twin boundary atomistic structures in both MD and experimental results. (a)-(c) are the snapshots of the relaxed supercells that contain stable twin embryos with the minimum number of atomic layers ((a) 9 atomic layers for Ti_3Nb (VEC=4.25), (b) 6 atomic layers for Ti_2Nb (VEC=4.33), and (c) 6 atomic layers for TiNb (VEC=4.5)). The brown color represents the BCC matrix while the green color represents the BCC twin. (d)-(f) are corresponding snapshots of (a)-(c) after phase identification (to distinguish ω phase and β (BCC) phase) by using the algorithm explained in Figure 2 (i) and Section 2.3. According to this algorithm, white color atoms are in the β phase and black atoms are in the ω phase. Both the top and bottom boundaries in (d) are enclosed by red and green dotted lines to highlight the thick twin boundary regions due to the formation of ω phase. Here red color lines mark the twin boundaries that are aligned with the twinning plane while green color lines mark the steps of the twin boundaries. (g) and (h) are aberration-corrected high-angle annular dark field scanning transmission electron microscopy (HAADF-STEM) images showing the hexagonal ω phase formed at $\{112\}$ deformation twin boundary in the 20% cold-rolled Ti-24Nb-4Zr-8Sn alloy. (g) HAADF-STEM image showing the nanoscale hexagonal ω phase layer formed at $\{112\}$ deformation twin boundary, marked by red and green color dashed lines; (h) HAADF-STEM images showing the unit cell of hexagonal ω phase and BCC β phase. (i) is the distribution of thicknesses of ω phase at twin boundaries in different VEC cases from published papers. [44] [46] [54] [78] [80]. The solid points in the middle of the lines indicate the value of average thickness of local ω phases at the twin boundaries weighting by the length. Error bar is based on the weighted standard deviation of the data points

1 and thermomechanical processing procedures, which are not in the scope of this paper but will be
2 explored in the future. Besides, as indicated by the error bar magnitudes, the fluctuations of ω phase
3 thicknesses also decrease as VEC increases, which means that twin boundaries are rough in low VEC
4 cases due to the fluctuations of many local ω phases on the boundaries, while they become flat as
5 VEC increases. This trend is also consistent with observations in our MD simulations in Figures 6
6 and 7 (d)-(f).

7 Above all, the experimental observations of the morphology of ω phases at the twin boundaries
8 and the VEC effect on ω phases formation behavior at twin boundaries are generally consistent with
9 the observations in DFT and MD simulation results. However, it should be emphasized that the above
10 analyses are based on the results of electron microscopy characterizations from different sources. The
11 accuracy of these results depends on the quality of characterizations and the sampling of different
12 locations in alloy samples. These factors are difficult to control. Thus, the results in Figure 7(i) can
13 only be used as supportive evidence of our conclusions about $\{112\}$ twin boundary structures in β -Ti
14 alloys.

15 3.3 Growth of $\{112\}$ twin embryos

16 So far, our DFT calculations and MD simulations reveal the correlation between the stability of
17 $\{112\}$ twin embryos and $\beta \rightarrow \omega$ phase transformation at $\{112\}$ twin boundaries. In the next step,
18 we deformed the twinned supercells by applying the shear loading to examine the growth kinetics of
19 the stable twin embryo with the minimum $\{112\}$ -layer thickness for each composition identified from
20 Figure 6 (3 layers for pure Nb, 6 layers for TiNb and Ti_2Nb , and 9 layers for Ti_3Nb). Thus, after
21 the MD relaxations in Section 3.2, we deformed the supercells with the stable twin embryos using a
22 constant engineering shear strain rate along [111] direction on $(11\bar{2})$ plane at 300 K. The corresponding
23 shear stress-strain curves are plotted in Figure 8. As shown in Figure 8 (b), (c), and (d), the twin
24 embryos in pure Nb, TiNb, and Ti_2Nb can smoothly grow under the applied shear loading. From the
25 inserted snapshots in the plots of Figure 8 (b)-(d), the twin regions all become much thicker than the
26 initial twin embryos when the shear strain increases to 0.20. Another interesting finding is that the
27 shear stress needed for twin boundary migration in pure Nb is around 0.7 GPa, which is much larger
28 than the other two alloys (Ti₂Nb and TiNb). The increase in the critical stress for twin migration
29 is likely related to the high twin boundary energy of pure Nb (278.7 mJ/m² from our calculation)
30 compared with those of Ti₂Nb and TiNb shown in Figure 4.

31 In addition, the stress-strain curve in pure Nb in Figure 8 (d) behaves like periodic peaks and each
32 peak has almost the same maximum stress. It suggests the twin migration in pure Nb is triggered by
33 just one type of mechanism with the same critical stress, such as the twin boundary step nucleation.
34 However, the stress-strain curves for Ti₂Nb and TiNb in Figure 8 (b) and (c) have more fluctuations
35 on the maximum value of each local peak, especially for Ti₂Nb where there are still some ω phases
36 on twin boundaries as shown in Figure 7 (e). Since each peak of the stress-strain curve corresponds
37 to the critical stress to trigger the twin boundary migration, these fluctuations suggest the variations
38 of local chemical concentrations may change the detailed mechanism of the rate-limiting step of twin
39 migration. Since there are stronger fluctuations in the stress-strain curve of Ti₂Nb (Figure 8 (b)) than
40 those for TiNb (Figure 8 (c)), ω phases on twin boundaries of Ti₂Nb could affect the critical stress

1 that triggers the rate-limiting step of twin migration by considering that there are much more ω phase
 2 or ω -like structures on twin boundaries of Ti_2Nb (Figure 7(e)) than those on twin boundaries of TiNb
 3 (Figure 7(f)). In Supplementary Materials, we also provide twin embryo growth movies for Ti_3Nb
 4 (Supplementary Movie 1), Ti_2Nb (Supplementary Movie 2), and pure Nb (Supplementary Movie 3).
 5 The effects of ω phases on twin boundary migration and twin embryo growth kinetics will be further
 6 discussed in the following sections.

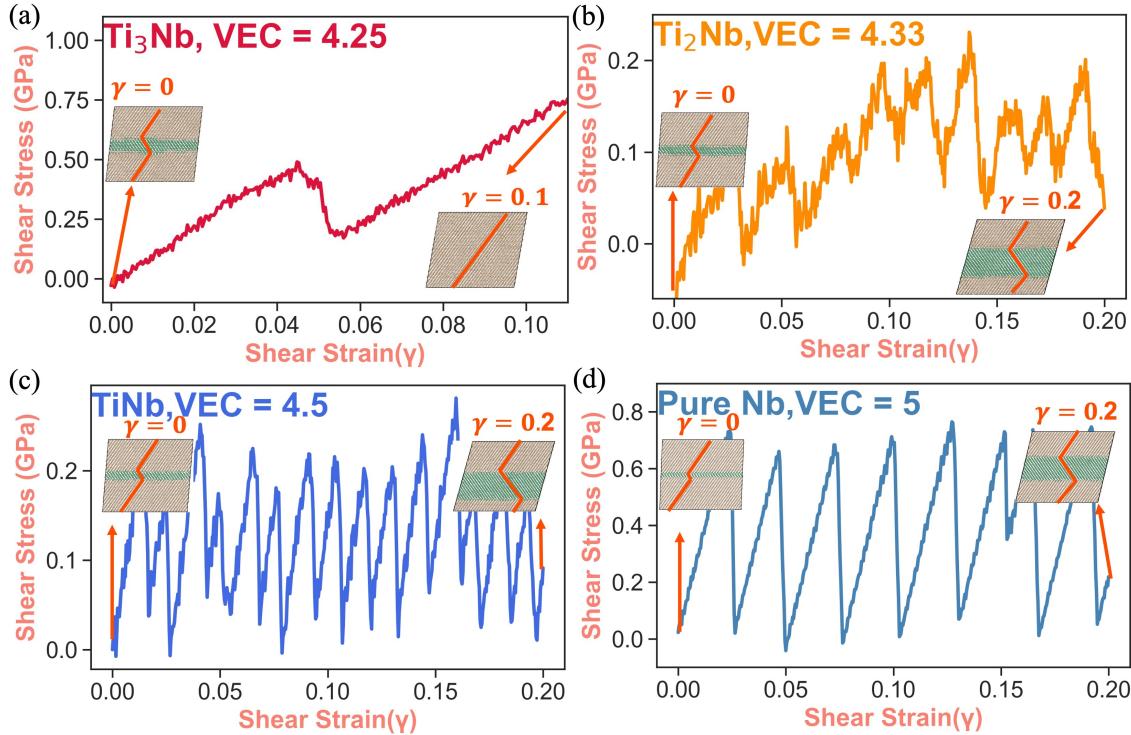


Figure 8: Stress-strain curves and atomistic structure changes when constant shear loading is applied to supercells that contain stable twin embryos with the minimum $\{112\}$ -layer thickness for different Ti alloys. Inserted graphs in each subfigure are the snapshots at the initial state and the final state of the shear process. (a) Ti_3Nb starting from a relaxed 9-layer twin embryo. (b) Ti_2Nb starting from a relaxed 6-layer twin embryo. (c) TiNb starting from a relaxed 6-layer twin embryo. (d) Pure Nb starting from a relaxed 3-layer twin embryo. Atoms marked in light brown color in the inserted figures are in the BCC matrix while atoms marked in green color in the inserted figures are in the BCC twin. The orange solid lines in the inserted figures indicate the crystal orientations of the BCC phase.

7 In contrast, the stress-strain curve and the corresponding twin embryo evolution for Ti_3Nb shown
 8 in Figure 8 (a) are abnormal compared with all other alloys in Figure 8. Even though a 9-layer
 9 twin can survive after a long-time MD relaxation at room temperature, its twin boundaries do not
 10 move and the twin embryo does not grow as the shearing strain increases from zero. This low twin
 11 boundary mobility could be related to the high ratio of ω phases on twin boundaries shown in Figure 7
 12 (a) and (d), which could significantly increase the roughness of twin boundary energy landscape and
 13 the energy barriers for twin boundary migration. When the shear strain is above ~ 0.03 , a slope
 14 change of the stress-strain curve occurs due to some internal structural variations, which are found

1 to be diffusionless phase transformation inside the twin embryo as analyzed in the following section.
2 This twin embryo even starts to shrink when the shear strain increases above 0.0448 and completely
3 disappears when the shear strain reaches ~ 0.06 . Then the shear stress continues to increase with the
4 shear strain without further twinning behavior. When the shear strain approaches 0.1, we can only
5 see a single crystal without a twin embryo according to the right inserted graph in Figure 8(a).

6 Figure 9 demonstrates the detailed evolution of atomistic structures during the shrinkage of the
7 twin embryo for Ti_3Nb shown in Figure 8(a). As shown in Figure 9(a), we present several snapshots
8 of the twin region at/near some critical points of this detwinning process. We can observe α'/α''
9 phases (purple color atoms) accumulate in the twin region and then disappear during the detwinning
10 process. Here, we use the PTM method to identify different phases, but the PTM method cannot
11 distinguish the difference between α' (HCP) and α'' (orthorhombic) phases due to their similar
12 atomistic structures (PTM simply identifies α' and α'' phase as HCP phase). In the following sections,
13 to more rigorously elaborate and avoid any misunderstanding, we use the α'/α'' phase to represent the
14 PTM-identified HCP phase. We also provide a total number of atoms in α'/α'' phases for each time
15 step in Supplementary Movie 1. In this movie, the number of atoms in α'/α'' phases continuously
16 increases and approaches a maximum value when the time step is 112000 (corresponding shear strain
17 γ is 0.0448.). This indicates BCC twin $\rightarrow \alpha'/\alpha''$ phase requires the accumulation of enough stress
18 inside the twin embryo. When shear strain further increases, based on the stress-strain curve in
19 Figure 8(a) and the snapshots in Figure 9(a), the sudden stress drop together with the detwinning
20 behavior should be related to the α'/α'' phase \rightarrow BCC matrix within the twin embryo. Meanwhile, we
21 can observe low mobility of twin boundary (specifically lower twin boundary) both in Supplementary
22 Movie 1 and Figure 9(a) during the detwinning process, which is for the sake of pinning effect from
23 ω phase at the twin boundary. In Supplementary Movie 4, we also show the video of the detwinning
24 process from the top view (along $[1\bar{1}2]_\beta$ direction normal to the twin plane).

25 To more thoroughly analyze the phase transformation behaviors during the detwinning process
26 in the twin region, we compare the structures of twin regions at some critical states of detwinning
27 process, as shown in Figure 9(a). Red dashed lines mark the initial locations of twin boundaries
28 before shear is applied. When shear strain γ is 0.0384, there are some small local α'/α'' phases mainly
29 distributed at the upper twin boundary and the volume of the twin region has a tendency to decrease
30 compared to the initial state (γ equals to 0). As the shear strain γ increases to 0.05, the twin region
31 further shrinks. Compared to the structure of the twin region when γ is 0.0384, the initial α'/α''
32 phases (purple color) have transformed to BCC matrix (light brown) and more atoms in the middle
33 part of twin region (green color) becomes α'/α'' phases. Further, when shear strain γ slightly increases
34 to 0.056, the twin region disappears and totally transforms into BCC matrix, and the intermediate
35 α'/α'' phases no longer survive. Based on this boundary to interior detwinning process within the twin
36 region, we propose an α'/α'' phases-assisted detwinning mechanism, and we illustrate the step-by-step
37 process in Figure 9(b)-(f).

38 As shown in Figure 9(b), to illustrate the detwinning process in Ti_3Nb more clearly, we start from
39 the perfect single crystal. Here we assign the label index for each atomic layer along $[11\bar{2}]$ direction,
40 ranging from -9 to 14 shown on the left side of Figure 9(b). Then we construct a 4-layer twin embryo
41 in the middle of the supercell following the layer-by-layer twin dislocation slip mechanism, as shown

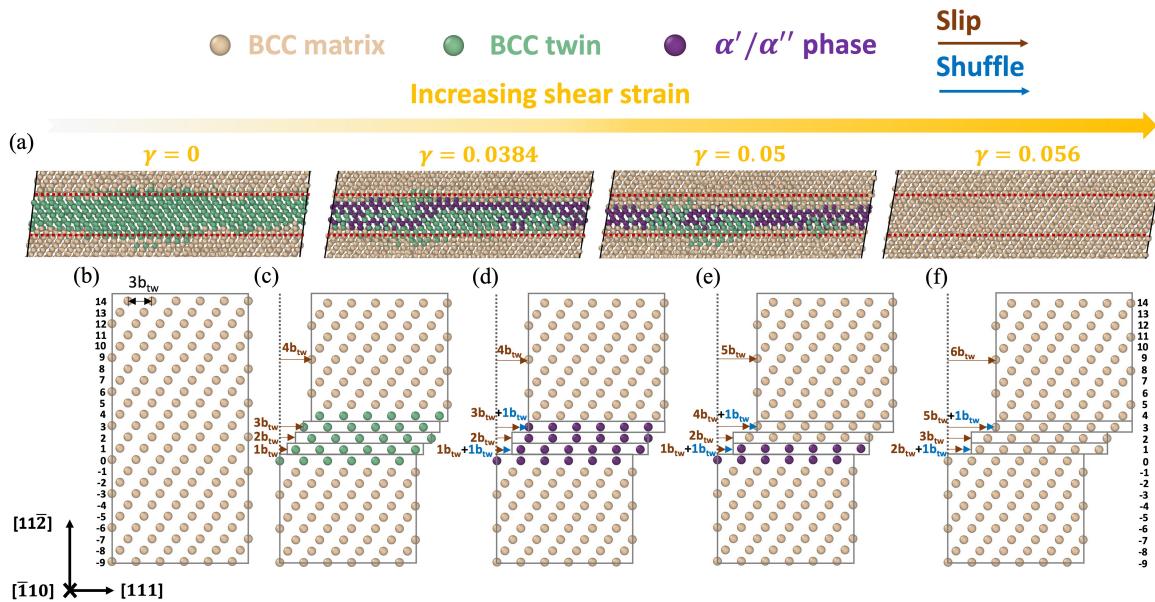


Figure 9: Evolution of atomistic structures during the shrinkage of the twin embryo in Ti_3Nb under the increasing shear strain along the twinning direction. (a) shows the snapshots of the twin region (green color) at/near some critical points of this detwinning process during the MD simulations. (b)-(f) are schematic illustrations for the whole process of the initial twinning from a perfect single crystal and the later detwinning process in Ti_3Nb assisted by reversible β (BCC twin variant) to α'/α'' phase to β (BCC matrix variant) phase transformation. Here BCC matrix is in light brown color, α'/α'' phase is in purple color, and BCC twin is in green color. During the twinning and detwinning process, atomic displacements by slip are marked in dark brown arrows, while atomic displacements by shuffle are marked in blue arrows. The magnitudes of atomic displacements shown in (c)-(f) are calculated in reference to the initial state of the perfect crystal in (b). The label index of each atomic layer along $[11\bar{2}]$ direction is shown on the left side of (b) and the right side of (f). Here one twin Burgers vector $b_{\text{tw}} = \frac{1}{6}[111]$.

1 in Figure 9 (c). Even though $\{112\}$ twin nucleation in Ti_3Nb and other metastable β -Ti alloys may
 2 not follow this slip mechanism, the net relative fault displacements in the twinned region compared
 3 to the initial perfect crystal state should be independent of the specific twin formation pathways. At
 4 the stage in Figure 9 (c), when the twin embryo is hard to grow even under external shear along the
 5 twinning direction (possibly due to the pinning effect of ω phase at the twin boundaries), α'/α'' phase-
 6 assisted detwinning behavior happens inside the twin region. As shown in Figure 9 (d), by shuffling
 7 Layer 1 and Layer 3 along $[111]$ direction in the magnitude of one twin Burgers vector ($b_{\text{tw}} = \frac{1}{6}[111]$),
 8 four atomic layers of the distorted α'/α'' phase form (purple atoms). This stage corresponds to the
 9 stage when γ is 0.0384 in Figure 9 (a). Further, Layer 3 to Layer 14 undergo a rigid slip in the
 10 magnitude of 1 b_{tw} , approaching the stage shown in Figure 9 (e). Compared to Figure 9 (d), the
 11 upper twin region (Layer 2 and Layer 4) has transformed back to BCC matrix from the intermediate
 12 α'/α'' phase, which is similar to the stage when γ is 0.05 in Figure 9 (a). Similarly, from Figure 9
 13 (e) to Figure 9 (f), the lower part of α'/α'' phase totally transforms into the BCC matrix by slipping
 14 Layer 1 to Layer 14 for 1 b_{tw} , and finally all twin region disappears as shown in Figure 9 (f). In total,
 15 compared to the original perfect structure (Figure 9 (b)), atoms in Layer 1 and Layer 2 have a total
 16 displacement of 3 b_{tw} (equivalent to one full Burgers vector), while atoms in Layer 3 and above part
 17 are displaced by 6 b_{tw} (equivalent to two full Burgers vectors). The magnitudes of net displacements
 18 are also consistent with our MD results by analyzing the average atomic displacements.

19 Here, for simplicity, we use a 4-layer twin embryo structure for illustration. Moreover, the smallest
 20 thickness to identify α'/α'' phase along $[\bar{1}10]_{\beta} \parallel [010]_{\alpha''} \parallel [000\bar{1}]_{\alpha'}$ direction is a length of 4 atomic
 21 layers as shown in Figure 1 (a). Indeed, the whole detwinning process presented in Figure 9 (c)-(f)
 22 can be assumed as the detwinning process of the upper twin region of 9-layer twinned supercell in
 23 Ti_3Nb . In general, the detwinning process for a stable twin embryo in metastable β Ti alloys can
 24 happen by repeating the steps from stage in Figure 9 (d) to stage in Figure 9 (f), starting from a twin
 25 boundary to the interior of the twin region.

26 Even though the detwinning behavior can happen with the assistance of α'/α'' phase, it needs
 27 the premise of low mobility of the twin boundaries even under loading conditions. In other words,
 28 twin boundaries in Ti_3Nb are relatively hard to move along the twinning direction. Meanwhile, the
 29 extra displacements within the twin region induced by shuffle illustrated in Figure 9 (d) and (e) have
 30 the anti-twinning sense, which indicates that twinning in BCC matrix region and anti-twinning in
 31 BCC twin region become competitive in metastable β Ti alloys. Direct investigation of twinning and
 32 anti-twinning behaviors in metastable β Ti alloys under loading conditions is difficult, but we can
 33 indirectly compare the twinning and anti-twinning preference by investigating the energy barriers of
 34 twin growth fault generation at twin boundaries by applying homogeneous displacements as described
 35 in Section 2.5. The corresponding results and detailed discussion are shown in the following part.

36 Figure 10 shows the results of energy barriers and stability of 2-layer twin growth faults vs the
 37 magnitude of the homogeneous displacements for pure Nb and different Ti-Nb alloys. Detailed
 38 illustrations for the twin growth faults generation and twin growth fault energy calculation are
 39 explained in Section 2.5. Figure 10 (a) shows the structure snapshots at some critical points during the
 40 2-layer twin growth faults generation process in pure Nb. Green color represents BCC twin and light
 41 brown color represents BCC matrix. The orientations of the BCC twin and BCC matrix are consistent

1 with those defined in Figure 3. White atoms, which are identified as the “Other” phase by the CNA
2 method in OVITO [69-71], are at the twin boundary or in the twin growth faults. Snapshot *A* is the
3 initial structure before twin growth faults generation. Snapshot *B*, *C*, and *D* are atomistic structures
4 at the transition state of the first energy barrier, the local energy minimum, and the transition state
5 of the second energy barrier in the twin growth fault energy profile, respectively. Snapshot *E* is
6 the structure containing 2-layer twin growth faults with one full Burgers vector displacement fault
7 magnitude. From the crystallography view, Structure *A* and structure *E* should be the same for pure
8 metals and the energy states should also be similar for alloys as long as the area of stacking planes
9 defined by the supercell is large enough.

10 Figure 10 (b) is the energy profile of 2-layer twin growth faults by homogeneous displacements
11 as described in Figure 3 along the twinning directions for Ti-Nb alloys and pure Nb. Theoretically,
12 based on the classical layer-by-layer twin dislocation slip mechanism, there is a local energy minimum
13 when λ is $\frac{1}{3}$ (equivalent to the magnitude of one twin Burgers vector b_{tw}), indicating twin growth
14 by one $\{112\}$ atomic layer (From stage *A* to stage *C*). However, because of an isosceles feature of
15 $\{112\}$ twin boundaries [40,72,81,82], the positions of local energy minimum may vary. If we continue
16 to increase the magnitude of fault displacements along the twinning direction after the local energy
17 minimum, the twin growth fault structure first increases and then decreases to approach stage *E*,
18 so the structure evolution through *C* to *E* can be regarded as the detwinning behavior of the twin
19 region through slip along the twinning direction. Meanwhile, since stage *E* is structurally equivalent
20 to stage *A*, twin growth can be achieved either by shearing one twin Burgers vector along the twinning
21 direction (from stage *A* to stage *C*) or two twin Burgers vectors along the opposite direction (anti-
22 twinning direction) (from stage *E* to stage *C*). In pure Nb and other BCC transition metals, the
23 energy barrier for twin growth along the anti-twinning direction (from stage *E* to stage *C*), which is
24 close to the energy barrier for detwinning behavior (from stage *C* to stage *E*), is much larger than
25 the energy barrier along the twinning direction (from stage *A* to stage *C*) [72]. This indicates that
26 in most BCC transition metals, $\{112\}$ twins prefer to grow by shearing along the twinning direction,
27 and the anti-twinning or detwinning phenomenon is hard to observe under loading conditions.

28 As we compare the energy profiles of 2-layer twin growth faults in Ti_3Nb with pure Nb and other
29 Ti-Nb alloys shown in Figure 10 (b), it is evident that the difference of the energy barrier for anti-
30 twinning (marked by star symbols) and the energy barrier for twinning (marked by hexagon symbols)
31 greatly reduces. The ratio of the energy barriers for anti-twinning ($\gamma_{\text{TGF}}^{\text{AT}}$) and twinning ($\gamma_{\text{TGF}}^{\text{TW}}$) is
32 around 17 in pure Nb, and the values of $\gamma_{\text{TGF}}^{\text{AT}}/\gamma_{\text{TGF}}^{\text{TW}}$ decrease as the VEC of the alloys decreases:
33 8.5 for TiNb , 3.4 for Ti_2Nb and 1.48 for Ti_3Nb . Clearly, the small difference of energy barriers for
34 twinning and anti-twinning in Ti_3Nb alloy means that twin growth behavior in the BCC matrix and
35 anti-twinning in BCC twin (alternately speaking, detwinning behaviors) are competitive given the
36 applied shear strain along the twinning direction, making the detwinning behavior through the anti-
37 twinning mechanism through *C* to *E* in Figure 10(a) much more likely to occur. In summary, the
38 energy profile for 2-layer twin growth faults can indicate the intrinsic energetic preference of twinning
39 behavior in the BCC matrix and anti-twinning behavior in the BCC twin (or detwinning behavior).
40 When energy barriers are comparable, and intermediate α'/α'' phases in Figure 9 can further promote
41 the detwinning event and so the twin embryos do not grow even though applying shear along twinning

1 directions.

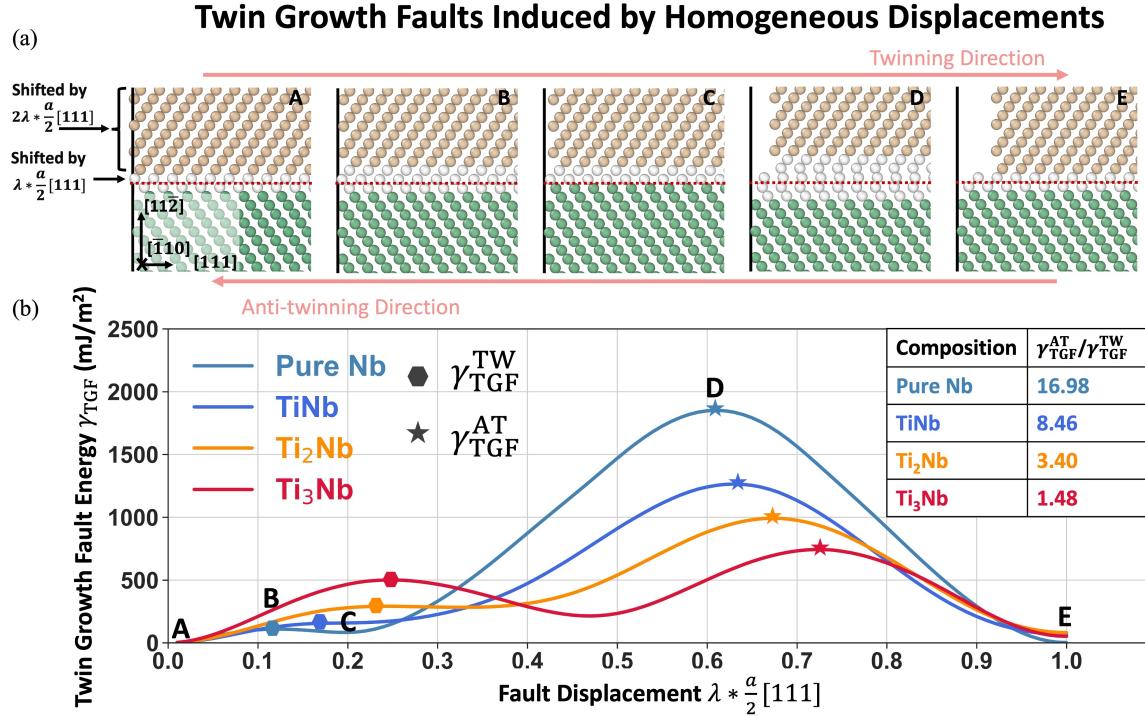


Figure 10: The energy profiles of 2-layer twin growth faults induced by $\lambda \times \frac{1}{2}[111]$ homogeneous displacements (described by Section 2.5) in Ti-Nb alloys and pure Nb. (a) shows the structure snapshots at some critical stages during the 2-layer stacking twin growth faults generation process in pure Nb. The colors of atoms and the red dashed line have the same meaning as those defined in Figure 3. Stage A is the initial state before twin growth faults generation ($\lambda=0$). Stage B, C, and D are at the transition state of the first energy barrier, the local energy minimum, and the transition state of the second energy barrier of the twin growth fault energy profile, respectively. Stage E is the state when the displacement fault magnitude equals one full Burgers vector ($\lambda=1$). (b) shows the plots of the energy profile of 2-layer twin growth faults for different Ti-Nb alloys and pure Nb as a function of $\lambda \times \frac{1}{2}[111]$ displacements. The star symbols in the plots mark the stage D location of energy barriers for anti-twinning ($\gamma_{\text{TGF}}^{\text{AT}}$), while the hexagon symbols indicate the stage B location of energy barriers for twinning ($\gamma_{\text{TGF}}^{\text{TW}}$). The inserted table shows the value of $\gamma_{\text{TGF}}^{\text{AT}}/\gamma_{\text{TGF}}^{\text{TW}}$ in metal/alloys with different compositions.

2 Based on the detwinning phenomena for Ti_3Nb described above, two different reversible phase
 3 transformations occur: $\beta \leftrightarrow \omega$ transformations at twin boundaries and $\beta \leftrightarrow \alpha'/\alpha''$ transformations
 4 inside twin embryos. A large amount of $\beta \rightarrow \omega$ transformations on $\{112\}$ twin boundaries for Ti_3Nb
 5 reduce the twin mobility and increase the stress level that can be reached inside the twin embryos.
 6 Such high stress and relative low β phase stability for Ti_3Nb at 300 K together induce the β twin \rightarrow
 7 $\alpha'/\alpha'' \rightarrow \beta$ matrix transformations inside twin embryos. In addition, the close distances between two
 8 $\{112\}$ twin boundaries in this 9-layer twin embryo also play a role in activating the final detwinning
 9 behavior. We also constructed an 18-layer twinned supercell for Ti_3Nb and performed the same
 10 shear loading. The twin embryo does not smoothly grow as well (only locally grow/shrink) under
 11 the applied stress, confirming $\beta \rightarrow \omega$ transformations on $\{112\}$ twin boundaries for Ti_3Nb reduce the
 12 twin mobility independent of the twin embryo size. Meanwhile, α'/α'' -phase-like structures frequently

1 form locally but they would not continue to grow to bulk α'/α'' phase and disappear shortly. In all,
2 the 18-layer twin growth behavior compared to the 9-layer twin detwinning behavior indicates that
3 total detwinning is conditional and requires a narrow twin embryo in these MD simulations with high
4 strain rates.

5 3.4 Controlling $\{112\}$ twin growth by tuning β phase stability

6 By analyzing the MD results thus far, we have investigated how different phase transformations affect
7 the $\{112\}$ twin embryo growth. The next question is whether we can control the growth of $\{112\}$ twin
8 by tuning the thermodynamics of phase transformations. Reversible phase transformations are highly
9 related to relative phase stability, which can be tuned by both temperature and alloy compositions.
10 Therefore, we investigate how temperature and alloy compositions affect the detwinning/twinning
11 phenomena of a 9-layer twin embryo in alloys with compositions similar to Ti_3Nb .

12 The detailed results are in Figure 11 (all compositions in Figure 11 are in the atomic fraction). As
13 for the temperature factor for a Ti-Nb alloy with fixed 25% Nb composition, by comparing the shear
14 stress-strain curves of Figure 11 (a)-(d), we find that the detwinning behavior is suppressed and the
15 twin embryo can smoothly grow when the temperature increase to 400K. Based on the fitting results
16 of interatomic potential [66] we use in our study, β phase is thermodynamically stable in Ti_3Nb when
17 temperature greater than 410 K. Meanwhile, we find that when the temperature approaches 400 K,
18 there are fewer ω structures along twin boundaries compared to those in 300 K. The increase of BCC
19 phase stability can suppress the formation of the local ω phase inside twin boundaries. Without too
20 many local ω -like structures forming along the twin boundaries, though we can still observe stress-
21 induced α'/α'' nuclei frequently form within the twin embryo, α'/α'' phase nuclei are hard to grow.
22 This is because the local stress within the twin embryo is hard to accumulate but would be released
23 by fast $\{112\}$ twin boundary migration.

24 Moreover, we also investigate how compositions affect detwinning behavior at a constant temper-
25 ature (e.g., 300 K). Based on the fitting results of Ti-Nb MEAM potential [66], Ti_3Nb is very close to
26 the critical composition where ω phase is relatively unstable compared to β phase at 0 K. Hence, we
27 gradually increase the Nb concentration and observe the stress-strain curves and the corresponding
28 twin embryo evolution kinetics at 300 K. When Nb concentration equals 26 % in Figure 11 (e),
29 an interesting partial detwinning behavior occurs, with the snapshots of the supercells at different
30 shear strains viewed from the twin Burgers vector direction [111] in Figure 11 (i)-(l). As we can see
31 from Figure 11 (j) and (e), when shear strain approaches 0.05, the stress drops and the partial twin
32 embryo becomes the α'/α'' phase. Thereafter, the twin boundary has a tendency to migrate locally
33 (green color outside the red rectangle that defines the initial twin embryo region in Figure 11(i)).
34 The reduced stress when the strain is larger than 0.05 is achieved by both for local BCC twin \rightarrow
35 α'/α'' phase transformation and local twin migration. With the further increase of shear strain to
36 0.114 (Figure 11 (e)), the partial detwinning occurs since the local α'/α'' phase Figure 11 (i) totally
37 transforms into a BCC matrix as plotted in Figure 11 (k). Then the twin boundaries of the surviving
38 twin embryo migrate slowly. Compared to Ti_3Nb , twin boundaries in $Ti_{0.74}Nb_{0.26}$ have a slightly
39 higher twin mobility. Hence, local stress within the twin embryo can be partially released when twin
40 boundaries migrate locally. At this stage, the local stress concentration can not be satisfied for a

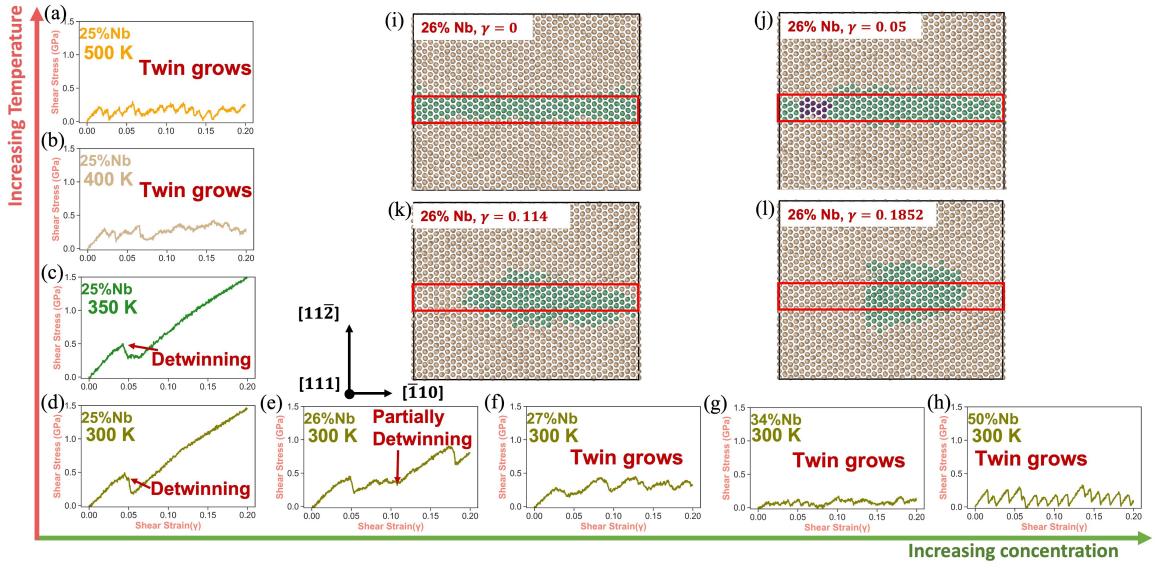


Figure 11: Shear stress-strain curves for 9-layer twin embryo for different compositions under different temperatures. (a)-(d) are all for Ti_3Nb but at different temperatures. (d)-(h) are all at 300K but at different compositions. (i)-(l) are the snapshots for $\text{Ti}_{0.74}\text{Nb}_{0.26}$ during deformation viewed from the shear direction [111]. The red rectangle in the (i)-(l) represents the twin boundary of the stable twin embryo before applying the shear loading. Light brown color in (i)-(l) represents BCC matrix, purple color represents α'/α'' phase, and green color is for BCC twin. The phase identification is completed by Polyhedral template matching (PTM) [67] and Grain segmentation method [68].

1 complete BCC twin $\rightarrow \alpha'/\alpha''$ phase \rightarrow BCC matrix phase transformation.

2 As shown in Figure 11 (d)-(g), when the Nb concentration approaches 27 % and above, the twin
3 can smoothly migrate under the applied shear stress. It is worth noticing that the critical stress
4 for twin migration has a tendency to drop as Nb concentration increases initially by comparing the
5 case with 27 % Nb in Figure 11 (f) (~ 0.4 GPa for twin migrations) to the case with 34 % Nb in
6 Figure 11 (g) (~ 0.1 GPa for twin migrations). Then the critical stress for twin migration increases
7 when the Nb concentration further increases as shown in the case with Nb concentration equal to
8 0.5 in Figure 11 (h) (~ 0.3 GPa for twin migrations). This trend would be further kept with the
9 increasing Nb concentration since the critical stress for twin migration in pure Nb in Figure 8(d)
10 reaches ~ 0.7 GPa. (In Section S6 of Supplementary Materials, we provide stress-strain curves of
11 more compositions in the region of Nb atomic concentrations from 27% to 50% (VEC value of the
12 Ti-Nb alloy increases from 4.27 to 4.5, correspondingly). Since the increases of Nb concentrations
13 can reduce the stability and amount of ω phases on twin boundaries as shown in Figures 5-7, these
14 variations of Nb effects suggest that there could be multiple factors that determine the roles of ω
15 phases on $\{112\}$ twin migration kinetics, which will be discussed in the next section.

4 Discussions

In this study, we shed light on the role of ω phase in the $\{112\}$ twin growth in β -Ti alloys, and the results uncover the fact that it may highly depend on the ω phase stability compared to the β phase. Many previous studies have observed that $\{112\}$ twins in β -Ti alloys have close relationships with structural phase transformation between ω and β phase [14, 44, 54]. Nevertheless, there is a long debate on whether ω phase can promote or impede $\{112\}$ twin growth. In this study, shear stress-strain curves shown in Figures 8 and 11 combined with twin boundary configurations shown in Figure 7(d)-(f) indicate that both promotion and impediment behaviors of ω phase can happen under different conditions as described in Section 3.4. These opposite effects indicate that the kinetics of $\{112\}$ twins in β -Ti alloys may be related to complex mechanisms of diffusional phase transformations between ω and β phase that are decided by multiple factors and parameters.

A schematic illustration of the possible mechanism to explain the above concentration-dependent ω phase effects is shown by the free energy landscape for the homogeneous diffusionless β matrix \rightarrow ω phase \rightarrow β twin transformations in Figure 12. In this plot, as the VEC decreases from Figure 12 (a) to (c), ω phase becomes more stable, so the free energy of ω phase at its ground state goes down, and it is reasonable to assume that the local curvature of the free energy curve (the reciprocal of the local curvature radius) at its ground state may also increase because the energy cost to break its ground-state symmetry structure generally arises with its enhanced stability; meanwhile, under the same trend of VEC changes from Figure 12 (a) to (c), the free energy of β phase at its ground state goes up relative to that of ω phase, and the local curvature of the free energy curve may also decrease at the ground state of β phase because the energy cost to break its ground-state symmetry structure generally drops with its weakened stability. Because of the existence of ω phases on the $\{112\}$ twin boundaries in many β -Ti alloys, we can assume the free energy landscape of the homogeneous diffusionless transformation of β matrix \rightarrow ω phase \rightarrow β twin is strongly correlated to the kinetics of $\{112\}$ twin boundary migration, so a low/high energy barrier along the free energy landscape of this homogeneous transformation can correspond to the fast migration kinetics. As shown in Figure 12, there is an energy barrier of ΔG_a from the ground state of β matrix to the ground state of ω phase, and there is another energy barrier ΔG_b from the ground state of ω phase to the ground state of β twin. Thus, the overall twin migration kinetics could be related to the larger value of ΔG_a and ΔG_b in this whole transformation path from β matrix to β twin.

Due to the changes in the positions and shapes (local curvatures near the ground states) of free energy curves of both β and ω phases illustrated in Figure 12, we can see the variations of the larger value of ΔG_a and ΔG_b can be used to explain the role of ω phase on the $\{112\}$ twin growth kinetics. When VEC is large (~ 4.5 at 300 K), ΔG_a is much larger than ΔG_b (Figure 12 (a)), indicating there could be large barriers to achieve the transformation path from β matrix to β twin through ω phase as the intermediate phase, and the twin migration can be achieved by other mechanisms (such as the twin dislocation mechanisms [40]). When VEC decreases (~ 4.33 at 300 K), ΔG_a decreases and ΔG_b is also relatively not large (Figure 12 (b)), indicating ω phase as the intermediate phase can provide a low-barrier transformation path from β matrix to β twin. When VEC further decreases (~ 4.25 at 300 K), both ΔG_a and ΔG_b can increase again compared with those in Figure 12 (b), indicating the twin migration kinetics is slowed down again. Meanwhile, as ω phase become stable at low VEC

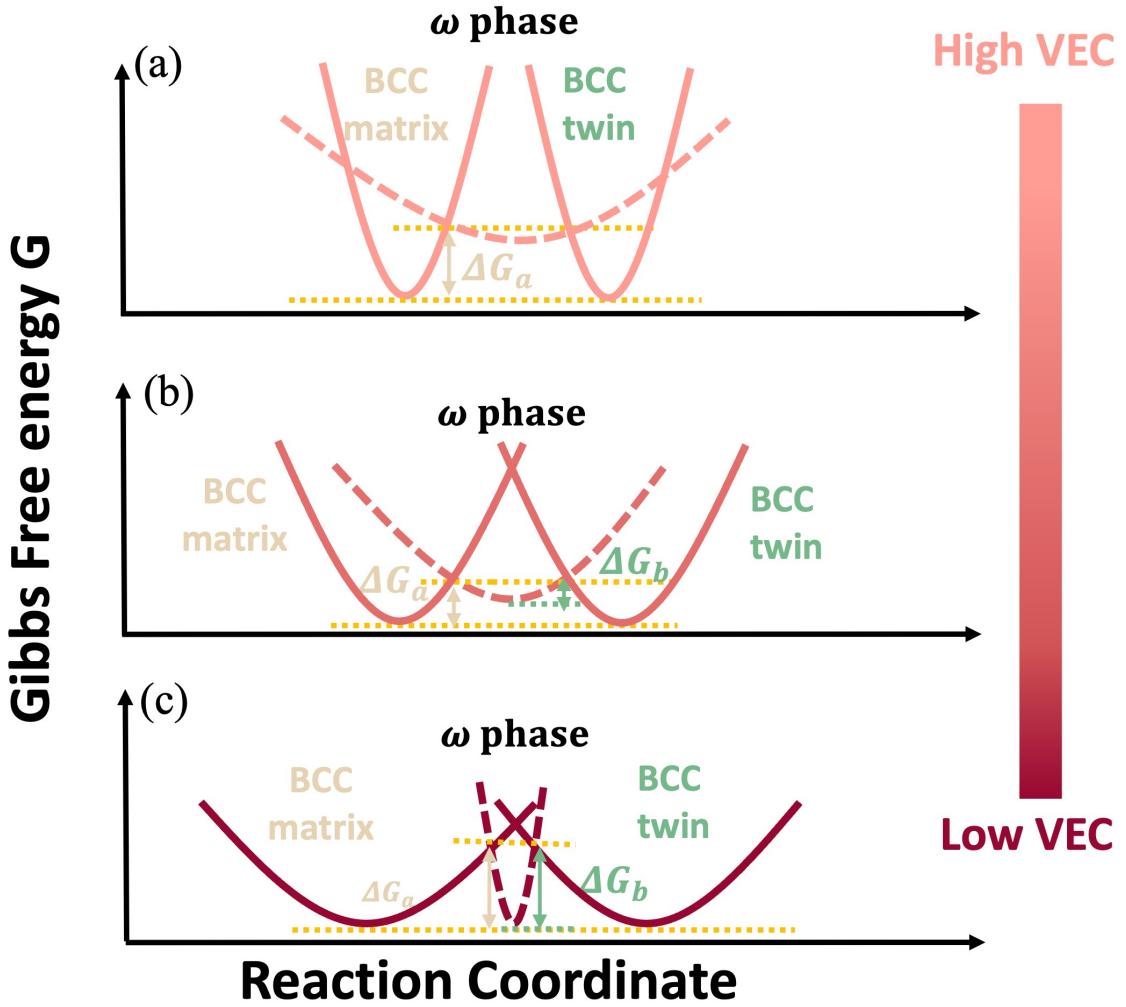


Figure 12: Schematic draw of the free energy landscape variations for the homogeneous diffusionless transformations to indicate the variation of twin boundary migration kinetics. In each subfigure, solid curves represent the BCC matrix and BCC twin (left and right), respectively; the dashed curve in the middle is for the ω phase. The color bar for the free energy landscape curves is shown on the right of the figure. Darker red is for lower VEC Ti alloys while lighter red is for higher VEC Ti alloys. ΔG_a in the plots represents the energy barrier of BCC matrix \rightarrow ω phase transformation and ΔG_b represents the energy barrier of ω phase \rightarrow BCC twin transformation. Since ΔG_b in (a) is very small, we do not mark it there.

1 conditions, they can locally form in different orientations and can grow or shrink in different directions
2 under loading conditions, which further complicates the $\{112\}$ twinning pathways. Here we have to
3 emphasize that the plots of free energy landscape are used for illustration purposes only. They should
4 not only be governed by VEC but also other factors, such as chemical composition variations beyond
5 the d-band filling effects, temperature, applied stress, etc. An accurate free energy landscape of
6 metastable phases in Ti alloys will be investigated in future work to provide quantitative guidance on
7 manipulations of twin activities based on thermodynamic phase stability. In addition, the quantitative
8 correlation between the free energy landscape in the homogeneous diffusionless transformation and the
9 twin migration kinetics through heterogeneous mechanisms (e.g., twin boundary step formation and
10 migration) should also be studied in detail. A possible strategy is to investigate how the free energy
11 landscape in the homogeneous diffusionless transformation affects the energy profiles of twin growth
12 faults in Figure 10, which can be regarded as simplified mechanisms of the realistic twin boundary
13 migration kinetics. The free energy landscape of reversible phase transformations can be accurately
14 explored for complex alloy compositions based on atomistic simulations and CALPHAD (CALculation
15 of PHAse Diagrams) methods, and twin growth fault energy profiles can also be calculated by atomistic
16 simulations with accurate interatomic potentials or direct first-principles calculations.

17 Though our results illustrate that the stability and growth kinetics of the pre-existing $\{112\}$ twin
18 embryos are highly related to the diffusionless transformation between metastable phases in β Ti
19 alloys, we did not investigate the correlation between phase transformation and $\{112\}$ twin nucleation
20 in this study. In experiments, $\{112\}$ twin nuclei were observed inside the ω nano-particles in β Ti
21 alloys, so it was proposed that $\{112\}$ twins were nucleated from the ω phase 46, but the real
22 dynamics of twin nucleation is difficult to be captured experimentally. In this work, we do not intend
23 to extensively investigate the relationship of phase transformations and $\{112\}$ twins nucleation in
24 various types of Ti alloys. Instead, we apply MD simulations to demonstrate that $\{112\}$ twins in
25 Ti_3Nb prefer to nucleation from grain boundaries instead of local ω clusters or particles. Specifically,
26 we compare the twin nucleation behaviors in Ti_3Nb alloy under three different conditions: 1) shearing
27 along the twinning direction for a perfect single crystal, 2) shearing along the anti-twinning direction
28 for a perfect single crystal, and 3) shearing a bicrystal containing twist grain boundaries 83. The
29 detailed description of twist grain boundary construction is in Supplementary Section S7.1. According
30 to the stress-strain curves shown in Supplementary Section S7.2, $\{112\}$ twins can nucleate either by
31 shearing along twinning or anti-twinning directions with a comparable critical shear stress, which is
32 consistent with the results of $\gamma_{TGF}^{AT}/\gamma_{TGF}^{TW}$ for Ti_3Nb in Figure 10(c). In addition, compared to the twin
33 nucleation behaviors in single crystals, twins can nucleate more easily under relatively smaller shear
34 stress and much smaller shear strain from grain boundaries in the bicrystal case. In Supplementary
35 Section S7.3, we also present the snapshots of the whole process of twin nucleation and evolution. The
36 results show twins directly nucleate from the grain boundaries and then annihilate under the increased
37 strain, consistent with the detwinning behavior of the twin embryo in Ti_3Nb plotted in Figure 8(a)
38 and Figure 9(a). Meanwhile, we do not observe a significant amount of local ω phases before twin
39 nucleation in all three cases, but we can observe thick ω phases form around the twin boundaries from
40 the cross-section views after twin nucleation. The formed thick ω phases do not promote the twin
41 growth and totally disappear once the twin totally shrinks. These MD simulations suggest that, at

1 least for Ti alloys with VEC values ~ 4.25 or higher at 300 K, the local ω phases are more likely to
2 be products of $\{112\}$ twins formed from grain boundaries and other defects, which are preferred twin
3 nucleation sites compared with local ω phases. However, for Ti alloys with even lower VEC values and
4 a large amount of athermal ω phases, $\{112\}$ twin nucleation promoted by ω phases could be possible.

5 Besides effects of ω phase and defects like grain boundaries on $\{112\}$ twinnability, oxygen is
6 also an important factor controlling the $\{112\}$ twinnability, which is not mentioned in this study.
7 In experiments, oxygen is highly soluble in Ti alloys and solubility of oxygen is inevitable during
8 mechanical processing [3]. Meanwhile, it is widely acknowledged that oxygen content plays important
9 roles in deformation mechanisms and phases stability in β -Ti alloys [84-89], especially ω phase stability,
10 α'/α'' phase stability, and phase transformation between multiple metastable phases [84, 86, 87, 90-
11 92]. Generally, it is widely observed that high-level oxygen content can suppress the formation of ω
12 phase [86, 90] and increase the stability of β phase in the β -Ti alloys [84, 87]. Hence, oxygen can also
13 affect the free energy landscape of ω phase and β phase and so further control the $\{112\}$ twin growth.
14 Meanwhile, the solubility of oxygen can reduce the volume fraction of stress-induced α'/α'' phase in
15 β phase and so increase the difficulty of β phase $\rightarrow \alpha'/\alpha''$ phase transformation [87, 93]. Therefore, it
16 is necessary to include oxygen effects in the future twinnability investigation in Ti alloys.

17 Our MD results reveal the α'/α'' phase-assisted detwinning of $\{112\}$ twin (Figure 9). However,
18 this detwinning behavior may be hard to be observed in experiments. As illustrated in the above
19 discussion, one possible reason is that the solubility of oxygen in real experiments can suppress the β
20 phase $\leftrightarrow \alpha'/\alpha''$ phase and so α'/α'' phase may not serve as the intermediate state for reversible β phase
21 transformations in $\{112\}$ twins as explained in Figure 9(b). Other possible reasons are that the shear
22 strain rates in MD simulations are much larger than those in experiments and microstructures of alloy
23 in real experiments contain complex defects that change the free energy landscape of twin nucleation
24 and growth. As illustrated in Section 3.4, detwinning behavior is decided by competition between
25 BCC phase $\leftrightarrow \alpha'/\alpha''$ phase inside twin embryo and BCC phase $\leftrightarrow \omega$ phase along twin boundaries. So
26 detwinning behavior happens at the condition of low twin mobility of twin boundaries and large stress
27 accumulating inside the twin embryo in a short time. In experiments, the samples contain various
28 types of defects to release external stress and/or trigger the twin migration under much lower shear
29 strain rates compared with MD simulations. Moreover, twin propagation and growth are generally
30 in the intersonic speed [94] and in-situ techniques are hard to capture the intermediate phase for
31 twinning and detwinning. Despite these inconsistent conditions for the $\{112\}$ twin embryo growth
32 kinetics between atomistic simulations and experiments, our MD simulations indeed confirm that
33 $\{112\}$ twin embryo growth can become much more difficult when the VEC is below a critical value
34 (~ 4.25 at 300 K).

35 5 Conclusions

36 In summary, we conduct DFT calculations and classical MD simulations to investigate the $\{112\}$ twin
37 embryo stability and growth behaviors in β -Ti alloys comprehensively by varying twin embryo sizes,
38 alloy compositions, and temperatures. Our findings are listed below:

39 1) Dependent on alloy compositions and the related VEC values, $\{112\}$ twin boundary structures

1 would activate the local β to ω phase transformations along the twin boundaries. As the VEC value
2 decreases, ω phases on twin boundaries become thicker and increase the roughness of twin boundary
3 planes. These tendencies are generally in agreement with experimental characterizations of $\{112\}$
4 twin boundary structures in different β -Ti alloys from this study and literature [44-46, 54, 78-80].
5 Consistent with tendencies, both DFT results at 0 K and MD results at 300 K reveal that stable
6 stacked ω structures would destabilize the twin embryo in low VEC cases (equal or less than 4.25 in
7 this study), so the twin embryo should be much thicker (at least 9 atomic layers of $\{112\}$ twin planes)
8 for survival than those β -Ti alloys with high VEC values (6 or 3 atomic layers of $\{112\}$ twin planes
9 when VEC equal or greater than 4.5). This stability requirement for twin embryos can significantly
10 reduce the $\{112\}$ twin nucleation kinetics/rates in certain β -Ti alloys, where both β phase and ω
11 phase have similar thermodynamic stability.

12 2) Besides twin embryo nucleation, β to ω phase transformations in β -Ti alloys can also affect the
13 $\{112\}$ twin growth under the applied shear stress and the effects vary with alloy compositions. In
14 low VEC cases (equal or less than 4.25 at 300K in this study), ω phase transferred from metastable
15 β phase at twin boundaries can greatly impede the twin migration; meanwhile, BCC twin $\rightarrow \alpha'/\alpha''$
16 phase \rightarrow BCC matrix phase transformations can also be triggered within the $\{112\}$ twin embryos
17 by the external shear stress and result in twin embryo eliminations. The occurrence of this α'/α''
18 phase-mediated detwinning behavior may benefit from a small difference between the energy barrier
19 of the twinning behavior in BCC matrix and the energy barrier of the anti-twinning behavior in BCC
20 twin region, where both barriers are calculated by the twin growth fault energy profiles defined by a
21 twinning pathway through homogeneous displacements near the pre-existing twin boundary (details
22 in Figure 10). When we further increase VEC (around 4.34 at 300 K), ω phases at twin boundaries
23 behave beneficially and they reduce the critical resolved shear stress (only ~ 0.1 GPa along twin
24 Burgers vector on twin planes) for twin boundary migration and $\{112\}$ twin embryos can smoothly
25 grow. When VEC further increases (greater than 4.5 at 300K), β to ω phase transformations are
26 not favorable at twin boundaries, and $\{112\}$ twin embryos can grow by standard twin dislocation
27 formation/migration mechanism with relatively large critical stress (~ 0.3 GPa for VEC equal to 4.5
28 and ~ 0.7 GPa for VEC equal to 5.0 (pure Nb)).

29 3) The effects of β to ω phase transformations on $\{112\}$ twin embryo growth also depend on
30 temperature. An increase in temperature can enhance the relative stability of β phase compared
31 to other metastable phases, which can suppress the transformations detrimental to twin embryo
32 growth, such as β to ω phase transformations at twin boundaries and reversible β to α'/α'' phase
33 transformations within the twin embryo. For example, a 9-layer twin embryo in Ti alloys with VEC
34 equal to 4.25 can grow smoothly under small critical stress (only $0.2 \sim 0.33$ GPa) at 400 K.

35 4) The composition-and-temperature-dependent effects of ω phase on $\{112\}$ twin embryo growth
36 kinetics may originate from the free energy landscape of the homogeneous diffusionless β matrix $\rightarrow \omega$
37 phase $\rightarrow \beta$ twin transformations illustrated in Figure 12.

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⁹ **Conflict of interest**

¹⁰ The authors declare that they have no conflict of interest.

¹¹ **Data availability**

¹² Data will be made available on reasonable request.

¹³ **References**

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