# Water Dynamics around T0 vs. R4 from

## Local Hydrophobicity Analysis

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#### Abstract

The local hydration around tetrameric Hb in its T<sub>0</sub> and R<sub>4</sub> conformational substates is analyzed from molecular dynamics simulations. Analysis of the local hydrophobicity (LH) for all residues at the  $\alpha_1\beta_2$  and  $\alpha_2\beta_1$  interfaces, responsible for the quaternary T→R transition and the basis for the MWC model, and comparison with earlier computations of the solvent accessible surface area (SASA) indicates that the two quantities measure different aspects of hydration. LH quantifies the presence and orientation of water molecules at the interface whereas SASA reports on the available space for solvent. For simulations with Hb frozen in its T<sub>0</sub> and R<sub>4</sub> states the correlation coefficient between LH and SASA is 0.36 and 0.44, respectively, but increases considerably if the 95 % confidence limit is accounted for. The LH with Hb frozen and flexible changes little for most residues at the interfaces but deviates for a few select ones, including Thr41 $\alpha$ , Tyr42 $\alpha$ , Tyr140 $\alpha$ , Trp37 $\beta$ , Glu101 $\beta$  (for T<sub>0</sub>) and Thr38 $\alpha$ , Tyr42 $\alpha$ , Tyr140 $\alpha$ (for  $R_4$ ). The number of water molecules at the interface increases by  $\sim 25 \%$  for  $T_0 \rightarrow R_4$  which is consistent with earlier measurements. As the local hydration during the quaternary transition changes it is concluded that hydration also plays an essential role in allostery.

## Introduction

Hydration is important for protein function. It has been reported that at least one monolayer of water is required for a protein to function. The properties of solvent water near the protein surface have been characterized experimentally - by nuclear magnetic resonance (NMR), quasi inelastic neutron scattering and Mössbauer spectroscopy and computationally with molecular dynamics (MD) simulations. In the crowded cellular environment, the average separation of macromolecules is of the order of 10 Å, which corresponds to only  $\sim 3$  layers of water molecules. From the NMR experiments and MD simulations it was found that the reorientation dynamics of water on the protein surface is slowed down by a factor of 2 to 3 compared with water in the bulk. It is notable that although it has been known for almost 60 years that the dynamics of water adjacent to a macromolecule differs from that in the bulk, as of now only little is known about the special properties of cellular water. In the bulk, as of now only little is known about the special properties of cellular water.

Hemoglobin (Hb), which is physiologically involved in oxygen (O<sub>2</sub>) storage and transport, is a widely studied protein for which a broad range of molecularly resolved studies are available. The tetramer consists of two  $(\alpha\beta)$  homodimers  $(\alpha_1\beta_1)$  and  $(\alpha_2\beta_2)$  which are referred to as "subunit 1" (S1) and "subunit 2" (S2) in the following. Functionally most relevant are the two endpoint structures  $T_0$  and  $R_4$  which correspond to the ligand-free and fully ligand-bound proteins, respectively. The monomer-monomer interfaces  $(\alpha_1\beta_1)$  and  $(\alpha_2\beta_2)$  do not change during the  $T_0 \rightarrow R_4$  transition whereas the dimer-dimer interface changes appreciably due to what can be described as a 15° rotation of S1 versus S2, although the actual transition is more complicated.<sup>5</sup> The quaternary structural transition is accompanied by a change in exposure to hydration of residues lining the protein/solvent interface and by a change in the solvent accessible surface area. This change in solvent exposure is thought to contribute to the difference in thermodynamic stability of the two conformational substates  $T_0$  and  $R_4$ .<sup>12</sup>

The change in solvent exposure is also of interest for the two unligated forms  $T_0$  and  $R_0$ .

Experimentally, the  $T_0$  state was found to be more stable than  $R_0$  by  $\sim 7$  kcal/mol when 2,3-DPG is bound to the tetramers,  $^{13}$  which is reduced to  $\sim 3.5$  kcal/mol without 2,3-DPG bound to HbA.  $^{14}$  This is in striking disagreement with a number of all-atom MD simulations that reported unstable  $T_0$  structures on the hundreds of ns time scale.  $^{6,7}$  The role of solvent in stabilizing one conformational substate over another one was already noted about 50 years ago:  $^{15}$  "A larger surface area is buried in deoxy- than in methemoglobin as a result of tertiary and quaternary structure changes. [..] This implies that hydrophobicity stabilizes the deoxy structure, the free energy spent in keeping the subunits in a low-affinity conformation being compensated by hydrophobic free energy due to the smaller surface area accessible to solvent." In other words, the "hydrophobic effect",  $^{12,15}$  which arises from the disruption of the bulk water hydrogen bond network around nonpolar groups,  $^{16,17}$  is likely to be a major driving force underlying differential stabilization of  $T_0$  over  $R_0$  and  $R_4$ . The theoretical analysis of Chandler and coworkers  $^{18,19}$  indicated that for large molecules, there was a "dewetting" phenomenon that stabilizes compact (T-state) relative to more open (R-state) structures.

Since hydration is required for a protein to function, it is clear that hydration is essential for the allosteric transition from  $T_0$  to  $R_4$  to occur. In the absence of hydration, Hb would be trapped in the  $T_0$  state, independent of the  $O_2$  concentration. The active role water plays in biological processes has been discussed previously for protein-ligand binding, in particular. With its hydrogen bond-donor and acceptor capabilities, individual water molecules are highly adaptable at interfaces. It has been found that water can act as an extension to the protein structure.  $^{20}$  At the host / water interface pronounced density fluctuations can occur which manifest themselves in time-varying occupational and orientational water dynamics. More recently, MD simulations together with machine learning analyses have been combined for a deeper understanding of water molecules at protein-ligand interfaces.  $^{21,22}$  As an example, six ligands with an octa-acid calixarene host have been considered and it was found that the relevant collective variables describing the ligand-bound and the ligand-free state

differ.<sup>22</sup> For the unbound state the solvation around the ligand to enter together with the number of water molecules in the cavity had a large weight in the machine-learned model. Conversely, for the bound state the number of water molecules around the cavity entrance are more important. These findings indicate that it is valuable to analyse explicit water motion near biological interfaces for a better understanding of biological function.

#### Results

The present work reports on the local hydrophobicity (LH) around Hb from simulations of the  $\alpha_1\beta_1$  dimer and  $\alpha_1\beta_1\alpha_2\beta_2$  tetramer of the  $T_0$  and  $R_4$  structures. The main questions quantified more precisely than in our earlier study<sup>9</sup> concern a) the comparison of the local hydrophobicities for rigid  $T_0$  and  $R_4$  in the MD simulations and its relation to the analysis of the solvent accessible surface area (SASA) by Lesk et al.;<sup>12</sup> and b) changes in LH that arise when the proteins are flexible in the MD simulations; and c) the changes in LH between isolated dimers S1 and S2 compared with those for the tetramers in the two conformational substates.

In accord with the analysis of Lesk et al.  $^{12}$  there are 10 residues (Val1, Pro37, Thr38, Lys40, Thr41, Tyr42, Pro44, Thr134, Tyr140, Arg141) that change significantly in solvent exposure from buried to exposed in the  $\alpha$  subunit interface in the transition between T and R states, and 6 residues (Val1, Trp37, Pro100, Glu101, Asn139, Tyr145) in the  $\beta$  subunit interface;  $^{12}$  see Figure 1 for the structure and labelled residues. For these residues a) the buried surface as per the analysis in the literature  $^{12}$  is larger than 10 Å<sup>2</sup> and b) the difference between the buried surface for a given residue between the oxy and the deoxy structure was found to be  $^{12}$  larger than 20 Å<sup>2</sup>. These criteria were used to select residues for analysis because for the present work the *change in exposure* between the two conformational substates is of interest.

Table 1: Position of interfacial residues inside the protein. Residues at the  $\alpha_1\beta_2$  /  $\alpha_2\beta_1$  interface are indicated with checks in the last column.

Residue	Position	Positioned at
		$\alpha_1\beta_2$ or $\alpha_2\beta_1$ Interface
$Val1\alpha$	N-terminus	
$\text{Pro}37\alpha$	$3_{10}$ -helix	$\checkmark$
Thr $38\alpha$	$3_{10}$ -helix	$\checkmark$
Lys $40\alpha$	$3_{10}$ -helix	$\checkmark$
$Thr 41\alpha$	$3_{10}$ -helix	$\checkmark$
$\text{Tyr}42\alpha$	$3_{10}$ -helix	$\checkmark$
$\text{Pro}44\alpha$	Turn	$\checkmark$
Thr134 $\alpha$	$\alpha$ -helix	
$Tyr140\alpha$	Turn	
$Arg141\alpha$	C-Terminus	
$Val1\beta$	N-terminus	
$\text{Trp}37\beta$	$3_{10}$ -helix	$\checkmark$
$\text{Pro}100\beta$	$\alpha$ -helix	$\checkmark$
$Glu101\beta$	$\alpha$ -helix	$\checkmark$
$Asn139\beta$	$\alpha$ -helix	
$Tyr145\beta$	Turn	$\checkmark$

The positions in the protein of the residues at the  $\alpha_1\beta_2$  and  $\alpha_2\beta_1$  interfaces are indicated in Table 1. Additional residues that are of potential interest but were not included in the analysis are Asp126 $\alpha$ , Lys139 $\alpha$ , Lys82 $\beta$ , Tyr145 $\beta$ , and His146 $\beta$ .

Water dynamics, which can be obtained from MD simulations, is used to quantitatively determine the role of hydrophobicity in the  $T_0$  and  $R_4$  states of Hb. For this purpose, the time-resolved displacements of water molecules at the protein-solvent interface and the coupling of these displacements with rearrangements in the protein subunits are investigated.

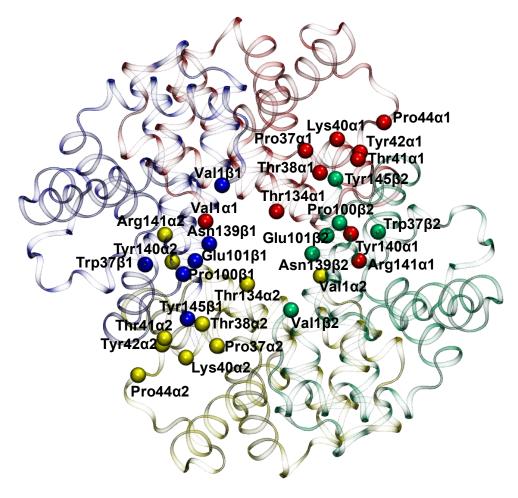


Figure 1: Representation of  $T_0$  Hb tetramer with the  $C_{\alpha}$  atoms of the studied residues as VDW spheres together with residue names. Red, blue, yellow and green ribbons and VDW spheres represent the  $(\alpha_1\beta_1)$  and  $(\alpha_2\beta_2)$  subunits S1 and S2 of Hb.

Previously, the solvent exposure of buried and exposed interfacial residues for T<sub>0</sub> and R<sub>4</sub> was analyzed by computing the solvent accessible surface area (SASA) for the available X-ray structures and was reported to correlate with protein stability. <sup>12</sup> To probe water dynamics for the native state of the protein, and to estimate the local hydrophobicity without the influence of the protein conformational degrees of freedom, simulations in which the protein degrees were fixed ("frozen") were performed. Simulations in which the protein degrees of freedom were not held fixed ("flexible") were also carried out; they include entropic contributions to local hydrophobicity due to water disorder from the displacements of the amino acids.

Figure 2 reports the root mean squared deviation (RMSD) for the  $C_{\alpha}$  atoms for flexible tetrameric  $T_0$  (cyan) and  $R_4$  (red) together with that for S1 of  $T_0$  (blue) and  $R_4$  (orange). For the most part all RMSD values are well below 2 Å except for occasional, short fluctuations for S1 of  $T_0$ . Overall, the fluctuations for the tetrameric systems are smaller than those for the dimers, except between 90 and 100 ns, where the  $T_0$  tetramer results are larger than those for the dimer. However, there is no experimental information on the thermodynamic stability of isolated  $(\alpha\beta)$  subunits (S1 or S2 in the present case) of human tetrameric Hb. Simulations for a separate subunit (S1 or S2) were carried out primarily to be able to quantify changes between the local hydrophobicity and water exposure for the subunits vs. the tetramer at the relevant association interface. For rigid tetrameric and dimeric Hb these simulations are well-defined whereas for the flexible  $(\alpha\beta)$  subunits the results cannot be independently validated vis-a-vis experiments and need to be considered with caution. The  $T_0$  and  $R_4$  tetramer structures were found to be stable in the 90<sup>3</sup> Å<sup>3</sup> box for about 500 ns for  $T_0$  and no decay was reported for the  $R_4$  state.<sup>8</sup>

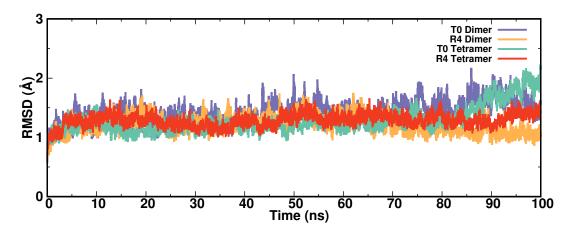


Figure 2: The structural RMSD for the  $C_{\alpha}$  atoms of the flexible  $T_0$  and  $R_4$  hemoglobin dimers and tetramers from 100 ns production runs. The RMSD is smaller for the  $T_0$  tetramer than for the  $T_0$  dimer, but for  $R_4$ , the tetramer RMSD is larger than for the dimer. However, it is noted that X-ray structures to compare with are available only for  $T_0$  and  $R_4$  but not for S1 of either of the tetramers.

Local Hydrophobicity from Simulations with Rigid and Flexible Proteins

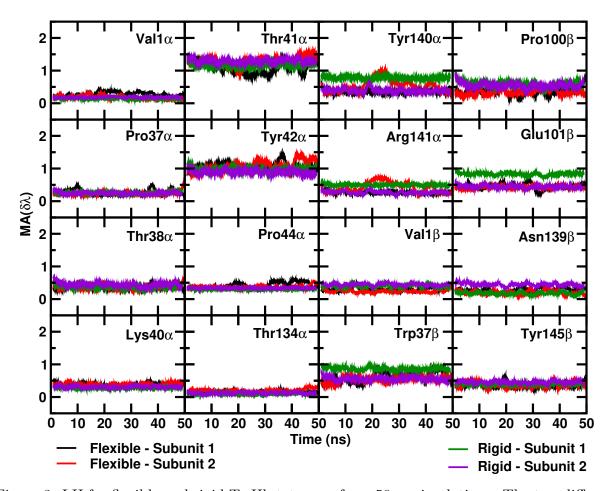


Figure 3: LH for flexible and rigid  $T_0$  Hb tetramer from 50 ns simulations: The two different subunits are represented in black  $(\alpha_1\beta_1)$  and red  $(\alpha_2\beta_2)$  for the flexible and in green  $(\alpha_1\beta_1)$  and violet  $(\alpha_2\beta_2)$  for the rigid tetramer. A window of 200 points was used for the running average.

Results for LH(t) of the residues studied for rigid and flexible tetrameric  $T_0$  are reported in Figure 3 for S1 ( $\alpha_1\beta_1$ ) in (green and black) and S2 ( $\alpha_2\beta_2$ ) in (violet and red) from simulations 50 ns in length. The LH(t) for rigid and flexible tetrameric  $R_4$  are shown in Figure S1. For the rigid tetramers the time series for many of the S1 and S2 residues are nearly identical. This is particularly true for  $R_4$  for which the only slight difference occurs for residue Tyr140 $\alpha$ . For  $T_0$  more differences arise, including Thr41 $\alpha$ , Tyr42 $\alpha$ , Tyr140 $\alpha$ , Arg141 $\alpha$ , Trp37 $\beta$ , Pro100 $\beta$ , Glu101 $\beta$ , and Asn139 $\beta$ . These differences reflect differences

in the spatial symmetry of the two tetramers. The RMSD between S1 and S2 for the  $C_{\alpha}$  atoms is 0.32 Å for  $T_0$  (2DN2) and 0.001 Å for  $R_4$  (2DN3). These differences arise because for 2DN2 the tetrameric structure is reported (and the two subunits are not perfectly aligned) and the differences between S1 and S2 correspond to the random coils connecting the alpha helices which are slightly displaced between S1 and S2, whereas for 2DN3 only one subunit is available from which the tetramer was built by applying symmetry operations.

For the flexible  $T_0$  tetramer (black and red traces for S1 and S2 in Figure 3) it is noted that almost all residues have near-identical average values for LH. This is even the case even for residues for which LH(t) differed for the rigid tetramer. Examples include residues  $Tyr140\alpha$ ,  $Arg141\alpha$ ,  $Trp37\beta$ ,  $Pro100\beta$ , and  $Glu101\beta$ . For these residues the dynamics essentially "symmetrizes" the two dimers. Two classes of residues can be distinguished: those for which the average < LH > for the rigid and the flexible tetramer is nearly the same and others for which the average differs due to the dynamics. Residues for which the average hydrophobicity for rigid and flexible tetramer is equal, include  $Val1\alpha$ ,  $Pro37\alpha$ ,  $Thr38\alpha$ ,  $(Lys40\alpha)$ ,  $Thr134\alpha$ , and  $Tyr145\beta$ . For  $Thr41\alpha$ ,  $Tyr42\alpha$ ,  $Glu101\beta$ , and  $Asn139\beta$  the differences between rigid and flexible tetramers are particularly large. They can reach values of up to 0.5 units for LH. Typically, including dynamics leads to a shift towards lower values of LH (less hydrophilic); examples are  $Tyr140\alpha$ ,  $Arg141\alpha$ ,  $Trp37\beta$ , and  $Glu101\beta$ .

The differences between rigid and flexible tetramers in the  $R_4$  state are in the opposite direction from  $T_0$ . The dynamics shifts the LHs to more positive values (more hydrophilic) for Thr38 $\alpha$ , Tyr42 $\alpha$ , Arg141 $\alpha$ , Asn139 $\beta$ ; see Figure S1. For residues Thr38 $\alpha$  and Tyr42 $\alpha$  the local hydrophobicities for rigid and flexible tetramer differ most. Interestingly, in the case of flexible  $R_4$  a few residues in S1 and S2 behave slightly differently from each other. They include Thr38 $\alpha$ , Tyr42 $\alpha$ , Tyr140 $\alpha$ , and Arg141 $\alpha$ .

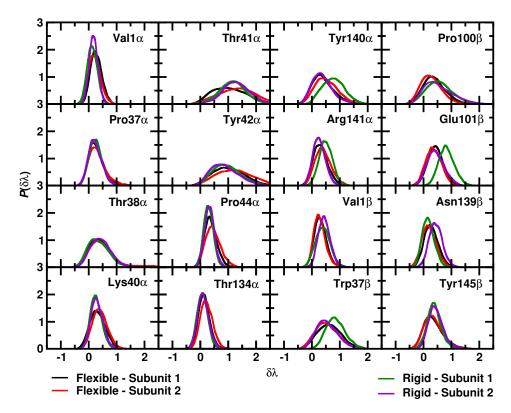


Figure 4: P(LH) for flexible and rigid  $T_0$  tetramer from 50 ns simulations. The two different subunits are represented in black  $(\alpha_1\beta_1)$  and red  $(\alpha_2\beta_2)$  for flexible and in green  $(\alpha_1\beta_1)$  and violet  $(\alpha_2\beta_2)$  for rigid tetramer.

Figure 4 shows the probability distribution functions, P(LH), of the local hydrophobicities for  $T_0$  determined from the time series in Figure 3. The distributions P(LH) display near-Gaussian (e.g.  $Pro37\alpha$ ) to non-Gaussian (e.g.  $Tyr42\alpha$ ) shapes. For this reason it was decided to consider the position of the maximum, maxP(LH), instead of the arithmetic mean in the following. Similar to what was found for LH(t) in Figure 3, the distributions overlap for the majority of residues. For residues  $Thr41\alpha$ ,  $Tyr42\alpha$ ,  $Pro44\alpha$ ,  $Tyr140\alpha$ ,  $Trp37\beta$ , and  $Pro100\beta$  there are significant differences for the flexible tetramer and for  $Tyr140\alpha$ ,  $Arg141\alpha$ ,  $Val1\beta$ ,  $Trp37\beta$ ,  $Glu101\beta$ , and  $Asn139\beta$  they differ significantly for the rigid tetramer. The probability distributions for  $R_4$ , reported in Figure S2, are overlapping for all residues if the protein structure is frozen, except for  $Tyr140\alpha$  and  $Arg141\alpha$ , for which very slight differences are found. In contrast to that and to the flexible  $T_0$  tetramer, dynamics leads to some differences between symmetry-equivalent residues in  $R_4$ ; they include residues  $Tyr42\alpha$ 

(pronounced), Tyr140 $\alpha$ , Arg141 $\alpha$ , Trp37 $\beta$ , and Glu101 $\beta$ .

The total LH for rigid  $T_0$  and  $R_4$  tetramers changes from LH( $T_0$ )= 13.7 to LH( $R_4$ )= 10.0, i.e. from more hydrophilic to less hydrophilic, see Table 2. This is reversed if the two tetramers are flexible for which LH( $T_0$ )= 12.5 and LH( $R_4$ )= 13.3 as shown in Table 3. Hence, flexibility of the protein structure influences the magnitude of LH because structural changes allow water exchange between bulk and the protein-protein interfaces.

Next, the total LH for frozen dimer and tetramer simulations is considered. Formation of the tetramer causes some interfacial residues to become buried compared with the dimers S1 and S2. This changes their local hydrophobicity due to alterations in solvent access. The values for  $\max P(\text{LH})$  in Table 2 show that for rigid  $T_0$  the total change between the dimer and the tetramer for all the residues analyzed here is -6.78 for S1 and -7.90 for S2 whereas for  $R_4$  it is -9.34 and -8.88, respectively. A positive number in the change is associated with increased hydrophilicity. Hence, upon S1/S2 association both tetramers' hydrophilicity decreases and the total effect is larger for  $R_4$  (-18.22) than for  $T_0$  (-14.68). If only residues at the  $\alpha_1\beta_2$  and  $\alpha_2\beta_1$  interfaces are considered (see Table 1) the total change between dimer and tetramer is -1.33 for  $T_0$  (if residue Asn139 is excluded because it points towards the channel, the actual change is positive.) and -13.5 for  $R_4$ . Hence, for the  $T_0$  tetramer the contribution of the interface is near-neutral (LH $\sim$  0) but it is significantly hydrophobic (LH = -13.5) for  $R_4$ .

Next, the difference in LH between the tetramer and the dimer for rigid  $T_0$  and  $R_4$  for each of the 16 residues is considered. Figure S3 shows that all residues appear approximately as pairs, as expected. Upon association, residues Thr41 $\alpha$ , Tyr42 $\alpha$  and Trp37 $\beta$  become more hydrophilic for both,  $T_0$  and  $R_4$  (+, + quadrant in Figure S3); residues Pro44 $\alpha$  and Glu101 $\beta$  become more hydrophilic for  $T_0$  but less hydrophilic for  $R_4$  (+, -); Val1 $\alpha$ , Pro37 $\alpha$ , Thr38 $\alpha$ ,

Lys40 $\alpha$ , Thr134 $\alpha$ , Val1 $\beta$ , Pro100 $\beta$ , Asn139 $\beta$  and Tyr145 $\beta$  become less hydrophilic for both T<sub>0</sub> and R<sub>4</sub> (-, -); and Tyr140 $\alpha$  and Arg141 $\alpha$  become more hydrophilic for R<sub>4</sub> and less hydrophilic for T<sub>0</sub> (-, +). These results change appreciably for the flexible dimer and tetramer simulations, see Figure S4. In this case, all differences are in the upper right quadrant (+, +), which indicates that upon association all residues become more hydrophilic for flexible T<sub>0</sub> and R<sub>4</sub>. Figures S5 and S6 compare the rigid with dynamically averaged structures for T<sub>0</sub> and R<sub>4</sub>, respectively; the RMSDs for the averaged structures are 1.65 Å for T<sub>0</sub>. and 1.77 Å for R<sub>4</sub>. The differences are small, but for both cases, it appears there is a small collapse in the averaged structures.

Next, the local hydrophobicity for the individual residues in the dimer and tetramer are compared for rigid and flexible proteins for  $T_0$  and  $R_4$ , see Figures S7 to S10. As association of S1 and S2 to form the tetramer leads to burying water-exposed parts of the protein for which (LH > 0), the net effect of association is expected to be reduced LH-values for residues involved in the association interface in the tetramer; these are the residues in Table 1. This is largely what is observed for both  $T_0$  and  $R_4$  in the rigid systems (Figures S7 and S8). There are a few exceptions for which the LH-value in the tetramer is more positive than for the same residue in S1 and S2. For  $T_0$  (Figure S7) they are residues Thr41 $\alpha$ 1, Tyr42 $\alpha$ 1, Trp37 $\beta$ 1, Glu101 $\beta$ 1 in S1 and S2 whereas for  $R_4$  (Figure S8), this is true for Tyr140 $\alpha$ 1 and Tyr140 $\alpha$ 2 and several other residues in the lower left-hand corner (e.g. Trp37 $\beta$ 2), though there is no relation to the results in Table 1. For the flexible systems (Figures S9 and S10), the LH values are larger for the tetramer than the dimer for all residues in  $R_4$  and for  $T_0$  with the exception of Thr134 $\alpha$ 1, Val $\alpha$ 2, Val $\alpha$ 2 and Asn139 $\alpha$ 2. The comparisons involving the flexible dimer need to be considered with caution because there is no experimental information on the structure and dynamics for isolated S1 in solution.

Next, the effect of protein dynamics on the  $\max P(LH)$  in the tetramers is considered by

comparing LH from rigid and flexible simulations, see Figures S11 and S12. Overall, the position of the maxima for all residues are approximately correlated in  $T_0$  and highly correlated in  $R_4$ . There are some exceptions, namely  $Thr41\alpha(1,2)$ ,  $Tyr140\alpha(1,2)$ ,  $Trp37\beta(1,2)$ , and  $Glu101\beta(1,2)$  for  $T_0$  and  $Tyr42\alpha(1,2)$ , and to a lesser extent  $Thr38\alpha(1,2)$  and  $Tyr140\alpha(1,2)$  for  $R_4$ . Residues below the diagonal are more hydrophilic in the rigid than the flexible protein whereas for those above the diagonal, protein dynamics decreases their hydrophilicity. For  $T_0$  (Figure S11) the exceptions are typically less hydrophilic when dynamics is included whereas for  $R_4$  (Figure S12) the opposite is the case.

#### Local Hydrophobicity versus Solvent Accessible Surface Area

The solvent exposure of buried and exposed interfacial residues for tetrameric  $T_0$  and  $R_4$  was determined by computing the solvent accessible surface area (SASA) for the two available high quality X-ray structures. <sup>12</sup> Thus, the most direct and meaningful comparison in the present context with these results is to use LH from simulations in which the protein is rigid. The analysis based on SASA found that the deoxy state  $(T_0)$  buries 2620 Å<sup>2</sup> of surface, 700 Å<sup>2</sup> more than the oxy  $(R_4)$  state of Hb for the  $\alpha_1\beta_2$  and  $\alpha_2\beta_1$  interfaces. The increase in the protein surface inaccessible to the solvent was found to be correlated with the increased stability of the T- versus the R-state based on the result of Chothia. <sup>12</sup>

The comparison between the local hydrophobicities from the rigid protein tetramer simulations and the buried surface from the literature<sup>12</sup> is reported in Figures 5 and S13. Figure 5 compares the SASA and  $\max P(\text{LH})$  for the  $T_0$  (panel A) and  $R_4$  states (panel B) whereas Figure S13 provides a comprehensive view of all available data. In general, increased  $\max P(\text{LH})$  correlates with larger SASA for both  $T_0$  and  $R_4$ . For both, the T- and the R-states there is a mild (for  $T_0$ ,  $R^2 = 0.36$ ) to a somewhat stronger (for  $R_4$ ,  $R^2 = 0.44$ ) correlation between  $\max P(\text{LH})$  and the amount of buried surface. Figure 5 indicates that larger values of SASA

Table 2: Comparison of LH for  $T_0$  and  $R_4$  states of rigid dimers and tetramers. LH values are reported as the maximum of the distribution (maxP(LH)). Values in parentheses are the standard deviation.  $\Delta LH_{T_0}$  and  $\Delta LH_{R_4}$  refers to (tetramer - dimer) hydrophobicity. The labels Sum, Total and Global refer to the aggregate for the  $\alpha$  and  $\beta$  subunits, for S1 and S2, and for the global sum involving all LHs.

Residue	$LH_{T_0}^{ m tetra}$	$LH_{T_0}^{dimer}$	$\Delta  ext{LH}_{ ext{T}_0}$	$ m LH^{tetra}_{R_4}$	$ m LH^{dimer}_{R_4}$	$\Delta \mathrm{LH}_{\mathrm{R}_4}$	$\Delta LH_{R_4-T_0}^{tetra}$
$\frac{\text{Val} 1 \alpha 1}{\text{Val} 1}$	0.12 (0.76)	$\frac{\text{LII}_{\text{T}_0}}{1.40 \ (0.44)}$	-1.28	0.28 (0.68)	0.42 (0.13)	-0.14	$\frac{\Delta \text{LII}_{\text{R}_4-\text{T}_0}}{0.16}$
$\frac{\text{Variar}}{\text{Pro}37\alpha 1}$	0.12 (0.16)	1.40 (0.44) $1.01 (0.29)$	-0.75	0.29 (0.69)	1.18 (0.21)	-0.89	0.10
Thr $38\alpha1$	0.20 (0.36)	$0.86 \ (0.31)$	-0.65	0.63 (0.32)	$0.76 \ (0.18)$	-0.13	0.42
Lys40 $\alpha$ 1	0.21 (0.68) $0.25 (0.68)$	0.34 (0.27)	-0.09	0.03 (0.52) $0.22 (0.55)$	1.54 (0.20)	-1.32	-0.03
Thr $41\alpha1$	1.20 (0.29)	0.27 (0.23)	0.93	0.22 (0.33) $0.29 (0.47)$	0.23 (0.18)	0.06	-0.91
Tyr $42\alpha 1$	0.83 (0.28)	0.12 (0.18)	0.71	0.51 (0.36)	0.17 (0.17)	0.34	-0.32
$\frac{1}{2}$ Pro $44\alpha 1$	0.27 (0.80)	0.13 (0.18)	0.14	0.24 (0.86)	0.59 (0.12)	-0.35	-0.03
Thr $134\alpha1$	0.09 (0.64)	$1.40 \ (0.37)$	-1.31	0.21 (0.54)	0.27 (0.12)	-0.16	0.02
Tyr $140\alpha 1$	0.79 (0.35)	1.61 (0.24)	-0.82	0.48 (0.35)	0.27 (0.12) $0.29 (0.16)$	0.19	-0.31
$Arg141\alpha1$	0.44 (0.58)	$1.52 \ (0.53)$	-1.08	0.28 (0.93)	0.24 (0.18)	0.04	-0.16
Sum:	4.46	8.66	-4.20	3.33	5.69	-2.36	-1.13
	<u> </u>						
$Val1\beta1$	0.37 (0.52)	1.92 (0.22)	-1.55	0.38 (0.50)	1.40 (0.25)	-1.02	0.01
$\text{Trp}37\beta1$	0.79 (0.40)	0.00 (0.73)	0.79	0.31 (0.30)	0.19 (0.14)	0.12	-0.48
$\text{Pro}100\beta1$	0.47 (0.26)	0.73 (0.30)	-0.26	0.02 (0.57)	1.86 (0.19)	-1.84	-0.45
Glu $101\beta1$	0.79 (0.50)	$0.36 \ (0.51)$	0.43	0.14 (0.72)	1.65 (0.18)	-1.51	-0.65
Asn $139\beta1$	0.15 (0.63)	1.81 (0.30)	-1.66	0.36 (0.47)	1.65 (0.26)	-1.29	0.21
$Tyr145\beta1$	0.37 (0.56)	$0.70 \ (0.36)$	-0.33	0.24 (0.57)	1.68 (0.25)	-1.44	-0.13
Sum:	2.94	5.52	-2.58	1.45	8.43	-6.98	-1.49
Total S1:	7.40	14.18	-6.78	4.78	14.12	-9.34	-2.62
$Val1\alpha2$	0.15 (0.87)	1.40 (0.44)	-1.25	0.32 (0.65)	0.42(0.13)	-0.10	0.17
$Pro37\alpha2$	$0.16 \ (0.57)$	1.01 (0.29)	-0.85	$0.30 \ (0.66)$	1.18 (0.21)	-0.88	0.14
Thr $38\alpha2$	0.37 (0.37)	0.86 (0.31)	-0.49	0.73 (0.32)	0.76 (0.18)	-0.03	0.36
Lys $40\alpha2$	$0.26 \ (0.64)$	$0.34 \ (0.27)$	-0.08	$0.21 \ (0.54)$	1.54 (0.20)	-1.33	-0.05
$Thr 41\alpha 2$	1.25 (0.28)	0.27 (0.23)	0.98	0.35 (0.47)	0.23 (0.18)	0.12	-0.90
$Tyr42\alpha 2$	0.80 (0.28)	0.12(0.18)	0.68	0.51 (0.39)	0.17(0.17)	0.34	-0.29
$Pro44\alpha2$	0.32(0.79)	$0.13 \ (0.18)$	0.19	0.27 (0.84)	0.59(0.12)	-0.32	-0.05
Thr $134\alpha2$	0.09(0.63)	$1.40 \ (0.37)$	-1.31	0.12 (0.57)	0.27 (0.12)	-0.15	0.03
$Tyr140\alpha 2$	0.30 (0.38)	$1.61 \ (0.24)$	-1.31	0.69 (0.33)	0.29(0.16)	0.40	0.39
$Arg141\alpha2$	0.24 (0.62)	1.52 (0.53)	-1.28	0.40 (0.90)	0.24 (0.18)	0.16	0.16
Sum:	3.94	8.66	-4.72	3.90	5.69	-1.79	-0.04
$Val1\beta2$	0.43 (0.65)	1.92 (0.22)	-1.49	0.35 (0.49)	1.40 (0.25)	-1.05	-0.08
$\text{Trp}37\beta2$	0.44 (0.36)	0.00(0.73)	0.44	0.27 (0.28)	0.19(0.14)	0.08	-0.17
$\text{Pro}100\beta2$	0.31 (0.28)	0.73(0.30)	-0.42	0.08(0.63)	1.86 (0.19)	-1.78	-0.23
$Glu101\beta2$	0.41(0.45)	0.36(0.51)	0.05	0.14(0.70)	1.65(0.18)	-1.51	-0.27
$Asn139\beta2$	0.39(0.57)	1.81(0.30)	-1.42	0.27 (0.47)	1.65(0.26)	-1.38	-0.12
$Tyr145\beta2$	$0.36\ (0.53)$	0.70(0.36)	-0.34	0.23(0.62)	1.68(0.25)	-1.45	-0.13
Sum:	2.34	5.52	-3.18	1.34	8.43	-7.09	-1.00
Total S2:	6.28	14.18 -	$_{4}$ -7.90	5.24	14.12	-8.88	-1.04
Global S1+S2:	13.68	28.36	-14.68	10.02	28.24	-18.22	-3.66

Table 3: Comparison of LH for  $T_0$  and  $R_4$  states of flexible dimers and tetramers. LH values are reported as the maximum of the distribution (maxP(LH)). Values in parentheses are the standard deviation.  $\Delta LH_{T_0}$  and  $\Delta LH_{R_4}$  refers to (tetramer - dimer) hydrophobicity. The labels Sum, Total and Global refer to the aggregate for the  $\alpha$  and  $\beta$  subunits, for S1 and S2, and for the global sum involving all LHs.

Residue	$ m LH_{T_0}^{tetra}$	$ m LH_{T_0}^{dimer}$	$\Delta  ext{LH}_{ ext{T}_0}$	$ ho_{ m LH_{R_4}^{ m tetra}}$	$ m LH^{dimer}_{R_4}$	$\Delta LH_{R_4}$	$\Delta LH_{R_4-T_0}^{tetra}$
$\overline{\text{Val}1\alpha1}$	0.21(0.67)	0.18(0.62)	0.03	0.41(0.57)	0.21(0.66)	0.20	0.20
$Pro37\alpha1$	0.17(0.5)	0.12(0.68)	0.05	0.34(0.61)	0.09(0.71)	0.25	0.17
$Thr38\alpha 1$	0.34(0.35)	0.18(0.56)	0.16	0.98(0.31)	0.18(0.59)	0.80	0.64
Lys $40\alpha1$	0.25(0.49)	0.05(0.63)	0.20	0.27(0.55)	0.03(0.64)	0.24	0.02
$Thr 41\alpha 1$	0.95(0.23)	0.13(0.67)	0.82	0.52(0.43)	0.12(0.71)	0.40	-0.43
$\mathrm{Tyr}42\alpha1$	0.86(0.24)	0.39(0.5)	0.47	1.25(0.25)	0.18(0.58)	1.07	0.39
$Pro44\alpha1$	0.32(0.61)	0.28(0.62)	0.04	0.29(0.78)	0.24(0.70)	0.05	-0.03
$Thr 134\alpha 1$	0.13(0.69)	0.16(0.6)	-0.03	0.2 (0.55)	0.07(0.65)	0.13	0.07
$Tyr140\alpha 1$	0.28(0.36)	0.22(0.56)	0.06	0.5 (0.38)	0.08(0.59)	0.42	0.22
$Arg141\alpha1$	0.28(0.51)	0.19(0.69)	0.09	0.52(0.53)	0.17(0.68)	0.35	0.24
Sum:	3.79	1.90	1.89	5.28	1.37	3.91	1.49
$Val1\beta1$	0.27(0.61)	0.29(0.60)	-0.02	0.36(0.48)	0.19(0.61)	0.17	0.09
$\text{Trp}37\beta1$	0.63(0.32)	0.13(0.71)	0.50	0.25(0.37)	0.09(0.75)	0.16	-0.38
$\text{Pro}100\beta1$	0.30(0.35)	-0.14(0.62)	0.44	0.10(0.57)	-0.02(0.61)	0.12	-0.20
$Glu101\beta1$	0.44(0.50)	-0.07(0.62)	0.51	0.15(0.58)	-0.04(0.57)	0.19	-0.29
$Asn139\beta1$	0.25(0.54)	0.17(0.54)	0.08	0.43(0.38)	0.22(0.52)	0.21	0.18
$Tyr145\beta1$	0.25(0.38)	-0.01(0.63)	0.26	0.28(0.56)	0.07(0.79)	0.21	0.03
Sum:	2.14	0.37	1.77	1.57	0.51	1.06	-0.57
Total S1:	5.93	2.27	3.66	6.85	1.88	4.97	0.92
$Val1\alpha2$	0.14(0.64)	0.18(0.62)	-0.04	0.37(0.57)	0.21(0.66)	0.16	0.23
$Pro37\alpha2$	0.23(0.47)	0.12(0.68)	0.11	0.36(0.59)	0.09(0.71)	0.27	0.13
$Thr38\alpha 2$	0.33(0.29)	0.18(0.56)	0.15	0.85(0.29)	0.18(0.59)	0.67	0.52
Lys $40\alpha2$	0.37(0.52)	0.05(0.63)	0.32	0.25(0.46)	0.03(0.64)	0.22	-0.12
$Thr 41\alpha 2$	1.41(0.21)	0.13(0.67)	1.28	0.45(0.41)	0.12(0.71)	0.33	-0.96
$Tyr42\alpha 2$	1.16(0.21)	0.39(0.50)	0.77	0.75(0.30)	0.18(0.58)	0.57	-0.41
$Pro44\alpha2$	0.42(0.52)	0.28(0.62)	0.14	0.28(0.63)	0.24(0.70)	0.04	-0.14
$Thr 134\alpha 2$	0.18(0.61)	0.16(0.60)	0.02	0.15(0.59)	0.07(0.65)	0.08	-0.03
$Tyr140\alpha 2$	0.36(0.34)	0.22(0.56)	0.14	0.49(0.38)	0.08(0.59)	0.41	0.13
$Arg141\alpha2$	0.37(0.48)	0.19(0.69)	0.18	0.54(0.62)	0.17(0.68)	0.37	0.17
Sum:	4.97	1.90	3.07	4.49	1.37	3.12	-0.48
$Val1\beta2$	0.23(0.64)	0.29(0.60)	-0.06	0.39(0.51)	0.19(0.61)	0.20	0.16
$\text{Trp}37\beta2$	0.46(0.34)	0.13(0.71)	0.33	0.47(0.34)	0.09(0.75)	0.38	0.01
$\text{Pro}100\beta2$	0.17(0.36)	-0.14(0.62)	0.31	0.17(0.54)	-0.02(0.61)	0.19	0.00
$Glu101\beta2$	0.30(0.49)	-0.07(0.62)	0.37	0.13(0.57)	-0.04(0.57)	0.17	-0.17
$Asn139\beta2$	0.15(0.53)	0.17(0.54)	-0.02	0.47(0.38)	0.22(0.52)	0.25	0.32
$Tyr145\beta2$	0.30(0.42)	-0.01(0.63)	0.31	0.28(0.57)	0.07(0.79)	0.21	-0.02
Sum:	1.61	0.37	1.24	1.91	0.51	1.40	0.30
Total S2:	6.58	2.27	15 4.31	6.40	1.88	4.52	-0.18
Global S1+S2:	12.51	4.54	7.97	13.25	3.76	9.49	0.74

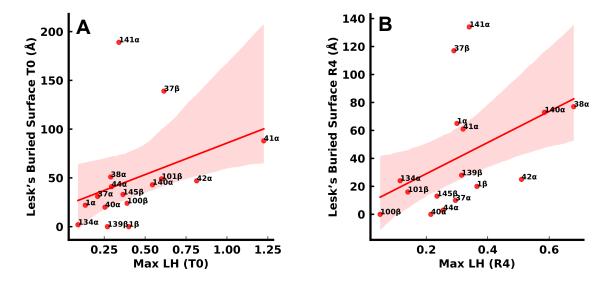


Figure 5: Comparison between the averaged MaxP(LH) for every residue and SASA for the rigid tetramer. Panel A for  $T_0$ : The correlation coefficient is 0.36 and the shaded area indicates the 95 % confidence interval. Panel B for  $R_4$ : The correlation coefficient is 0.44 and the shaded area indicates the 95 % confidence interval.

correspond to larger values of LH. Since large values of SASA indicate that there is significant hydrophobic stabilization  $^{23}$  and positive values of LH indicate a hydrophilic environment, Figure 5 and the results given above point to a weak anticorrelation between SASA and LH. If large SASA in a protein is interpreted as "the probability to find water in these areas is low" then the simulations as per Figure 6 show that this is not the case: water can access such areas even for rigid  $T_0$  and  $R_4$ . Figures 6 and S14 show water molecules within 3 Å of any residue at the  $\alpha_1\beta_2$  and  $\alpha_2\beta_1$  association interfaces for rigid  $R_4$  (77 waters) and  $T_0$  (62 waters), respectively. These water molecules can be quite strongly bound with lifetimes of several nanoseconds due to the rigidity of the protein.

There are two pronounced outliers for both analyses (SASA and LH), which are Arg141 $\alpha$  and Trp37 $\beta$ ; see Figure 5. The corresponding radial distribution functions are reported in Figure S15. For Trp37 $\beta$  the average of the maxima of LH, P(LH), for Trp37 $\beta$ 1 and Trp37 $\beta$ 2 is 0.62 for T<sub>0</sub> and 0.30 for R<sub>4</sub> (Table 2), whereas the g(r) are close to one another (see red traces in Figure S15). Hence, the difference in the maxima of LH for Trp37 $\beta$ 1 and  $\beta$ 2 is most

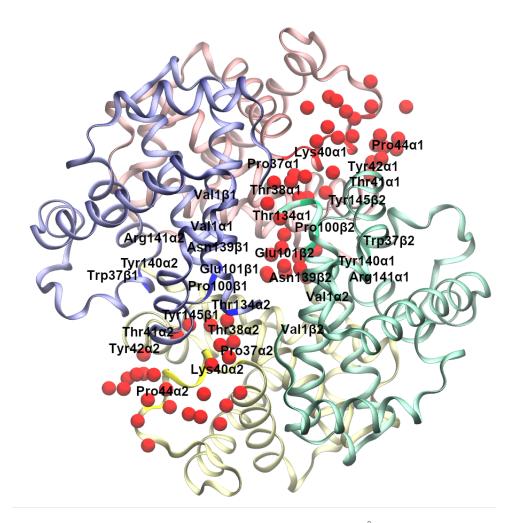


Figure 6: For  $R_4$ , the water molecules (red spheres) within 3 Å of any residue identified by the ticks in Table 1 as being at the  $\alpha_1, \beta_2/\alpha_2, \beta_1$  interface with relevant residues labelled. The blue and green secondary structures refer to S1 and S2 and the relevant residues are labelled.

likely due to water orientation around the two residues, although the effect is small. This conclusion follows from the fact that the g(r), which probes only water presence, are similar and the max P(LH), which probes both presence (g(r)) and orientation, differ. For Arg141 $\alpha$  the average of the maxima of P(LH) = 0.34 for both  $T_0$  and  $R_4$  whereas the g(r) is much larger for  $R_4$  than for  $T_0$  (see blue traces in Figure S15). As stated above, LH quantifies both the presence and the orientation of solvent, while g(r) only describes the presence of it. Consequently, the findings that the max P(LH) are the same for Arg141 imply that the orientation of the solvent for  $R_4$  are unfavourable.

The analysis based on LH for the rigid tetramers in their  $T_0$  and  $R_4$  states shows that for the residues considered here, LH is larger for T- than for R-Hb (13.7 vs. 10.0); i.e., LH is larger as a (positive) number which means more hydrophilic. For S1 the total LH for  $T_0$  is 7.40 compared with 4.78 for  $R_4$  and for S2 they are 6.28 and 5.24, respectively. If only residues at the  $\alpha_1\beta_2$  and  $\alpha_2\beta_1$  interfaces are considered (see Table 1), the total LH is 10.1 for  $T_0$  as compared with 6.0 for  $R_4$ . Hence,  $T_0$  appears to be more hydrophilic than  $R_4$  when measured by LH, again in disagreement with experiment.

## Discussion and Conclusion

The present work uses local hydrophobicity as a physically based measure for solvent exposure (and solvent orientation) around hemoglobin (Hb) to determine local hydrophilicity (LH> 0.5) and local hydrophobicity (LH< 0.5). For rigid tetrameric Hb in its  $T_0$  and  $R_4$  states it is found that the position of the maximum of the distribution, P(LH), is mildly correlated with the more conventionally used solvent accessible surface area (SASA) (see Figure 5). Large values of SASA for a given residue correlate with large values of LH, the hydrophilicity; this is the inverse of the correlation that would indicate that LH and SASA measure corresponding quantities.

It was previously concluded<sup>23</sup> that larger areas of buried surface correlate with increased hydrophobicity and stabilization of the corresponding conformational substate. Specifically, it was argued for Hb that the larger buried surfaces for the  $\alpha_1\beta_2$  and  $\alpha_2\beta_1$  association interfaces for T- versus R-states (2620 Å<sup>3</sup> vs. 1920 Å<sup>3</sup>) contribute significantly to the experimentally observed thermodynamic stabilization of the T-state relative to the R-state. The total LH for the residues at the relevant  $\alpha_1,\beta_2$  and  $\alpha_2,\beta_1$  interfaces indicate that these regions are

more hydrophilic (max P(LH) = 9.8) for the T-state compared with 5.9 for the R-state. Several factors may contribute to this result. First, analysis of SASA delineates hydrophobic regions where water access is expected to be difficult and rare. However, even for rigid R<sub>4</sub> (see Figure 6), water is found to penetrate into such regions. The existence of ordered water molecules at protein-protein interfaces is quite general. For example, this has also been reported for scapharca dimeric Hb. <sup>24,25</sup> For this system, the interface contains between 15 and 20 water molecules. Furthermore, hydration of the Hb interface was found to change in the T/R transition; experiments reported an increase by 60 water molecules in the transition. <sup>26</sup> Moreover, LH is sensitive not only to the hydrophobic areas between residues forming the interface but also to water access from the outside. In addition, LH depends on both the presence and orientation of water molecules. Hence a single, well-ordered water molecule may lead to values of LH that indicate a hydrophilic nature (LH  $\gtrsim 0.5$ ) of the residue if it is optimally oriented  $(\cos\theta$  1, see Methods). Similarly, multiple water molecules may result in a hydrophobic interface, LH $\lesssim 0$ , if they are unfavourably oriented.

For the difference in LH between tetramer and dimer in both conformational substates it is found that some residues are surprisingly hydrophilic in the tetramer compared with the dimer, see Figures S3 and S4. Thr41 $\alpha$  is a typical example: for rigid tetramers and dimers the average difference in MaxP(LH) for T<sub>0</sub> is  $\sim$  1.0 (1.18 for tetramer and 0.13 for dimer, see Table 2) whereas for R<sub>4</sub> it is  $\sim$  0.37 (0.49 vs. 0.12). For the same residue, the radial distribution functions for rigid R<sub>4</sub> in the dimer and the tetramer overlap up to a separation of  $\sim$  3 Å and differ beyond, see green and blue traces in Figure S16. If the proteins are flexible the MaxP(LH) for the dimers in both conformational substates only change marginally compared with the rigid dimers and the values for MaxP(LH) still indicate a hydrophobic character (all MaxP(LH) < 0.5). For flexible R<sub>4</sub> the average MaxP(LH) increases somewhat (by 0.1) compared with rigid R<sub>4</sub> and the corresponding radial distribution functions (orange and red traces in Figure S16) show that for both the dimer and the tetramer water can

now penetrate closer to the residue, for which g(r) has a new local maximum for separations smaller than 2 Å whereas the limiting value is reached at  $\sim 5$  Å. Since g(r) for bulk water corresponds to a limit of one, the smaller limiting values result from the presence of the protein. For flexible  $T_0$  the average MaxP(LH) remains around 1.25 but becomes more asymmetric with MaxP(LH) larger for S2 than for S1. The radial distribution function (Figure S17) for the flexible tetramer only shows a faint density for separations of 2 Å (red trace) whereas for the flexible dimer water can access 2 Å more readily (orange trace). However, in this case, the limiting value is reached for shorter separations ( $\sim 4$  Å) for the tetramer compared with much larger values (greater than 7 Å) for the dimer.

Finally, it is of interest to consider the present findings in the general context of "allostery". The term - Greek for "other site" - used in the context of controlling cellular function at a molecular level, was introduced in 1961 to describe "interaction at a distance" involving two (or multiple) binding sites in a protein. <sup>27</sup> This model evolved into the celebrated "Monod-Wyman-Changeux" (MWC) model for allostery. <sup>28</sup> Historically, the concept was introduced even earlier, by Pauling, who had proposed a model to explain positive cooperativity in binding of molecular oxygen to hemoglobin. <sup>29</sup> This model was the basis for an alternative view of cooperativity, now referred to as the "Koshland-Nemethy-Filmer" (KNF) model. <sup>30</sup> Applied to Hb, the KNF model involves exclusively structural changes at the tertiary level whereas for the MWC model only quaternary changes occur. The MWC model and its elaborations are now accepted as the mechanism of cooperativity in hemoglobin. <sup>31</sup>

In conclusion, the present work introduces local hydrophobicity (LH) as a meaningful and physically motivated measure for water exposure of conformational substates in proteins. LH is anticorrelated with SASA when both are measured for rigid Hb. Interestingly for flexible Hb, LH correlates with the rigid SASA values. Overall, it appears that LH and SASA measure different aspects of hydration. Since hydration is shown to be important for protein

function, it is essential for allostery.

## Methods

#### Molecular Dynamics Simulation

Molecular Dynamics (MD) simulations for rigid and flexible  $\mathrm{T}_0$  and  $\mathrm{R}_4$  hemoglobin tetramer and for rigid and flexible subunits S1 were performed using the  $CHARMM36^{32}$  force field with the TIP3P water model<sup>33</sup> in a cubic box of size  $(90.0)^3$  Å<sup>3</sup>. The initial structures are the 2DN2  $(t_0)$  and 2DN3  $(R_4)$  structures<sup>34</sup> solvated in a 90<sup>3</sup> Å<sup>3</sup> water box. All simulations were carried out for the protein frozen in its X-ray conformation and for flexible Hb ("regular MD"). The local hydrophobicity (LH) was analyzed for residues at the dimer-dimer interface, whose buried surface area changes significantly between T<sub>0</sub> and R<sub>4</sub> tetramer as reported by Lesk et al. 12 (see their Table 1). The OpenMM implementation 35 of C36 was used together with CMAP corrections <sup>36</sup> for these simulations. Electrostatic interactions were treated with the particle mesh Ewald method<sup>37</sup> with grid size spacing of 1 Å, characteristic reciprocal length  $\kappa = 0.34 \text{ Å}^{-1}$ , and interpolation order 6. The simulations were run for 100 ns for both  $T_0$  and  $R_4$  flexible and rigid dimer and for the flexible tetramers and 50 ns for the rigid tetramers. The LH-analysis reports the maximum of the probability distribution P(LH) because several of the distributions were found to be non-Gaussian. For the "rigid" simulations all protein atoms were frozen at their positions according to the structures from PDB. With 50 ns of dynamics for the two rigid tetramers the distributions P(LH) were converged which was verified by superimposing P(LH) from the first and second 25 ns of the simulation, respectively, which were found to be identical.

#### Analysis of Aqueous Interfacial Structure

The hydration structure of the simulated proteins was characterized following a recently developed computational method. <sup>38</sup> This method is based on the concept that deformations in water's collective interfacial molecular structure encode information about the details of surface-water interactions. <sup>39</sup> These deformations are quantified in terms of the probability distribution of molecular configurations, as specified by the three-dimensional vector,  $\vec{\kappa} = (a, \cos \theta_{\rm OH_1}, \cos \theta_{\rm OH_2})$ , where a is the distance of the oxygen atom position to the nearest point on the instantaneous water interface, as defined in Ref., <sup>40</sup> and  $\theta_{\rm OH_1}$  and  $\theta_{\rm OH_2}$  are the angles between the water OH bonds and the interface normal.

Here, this method is used to compute the time dependent quantity,  $\delta \lambda_{\text{phob}}^{(r)}(t)$ , which describes the local hydrophobicity (LH) of residue r, at time t. More specifically,  $\delta \lambda_{\text{phob}}^{(r)}(t) = \lambda_{\text{phob}}^{(r)}(t) - \langle \lambda_{\text{phob}} \rangle_0$ , where,

$$\lambda_{\text{phob}}^{(r)}(t) = -\frac{1}{\sum_{a=1}^{N_a(r)} N_w(t; a)} \sum_{a=1}^{N_a(r)} \sum_{i=1}^{N_w(t; a)} \ln \left[ \frac{P(\vec{\kappa}^{(i)}(t)|\text{phob})}{P(\vec{\kappa}^{(i)}(t)|\text{bulk})} \right]. \tag{1}$$

Here the summation over  $N_a(r)$  is over the atoms in residue r and the summation over  $N_w(t;a)$  is over the water molecules within a cut-off of 6Å of atom a at time t, and  $\vec{\kappa}^{(i)}(t)$  denotes the configuration of the ith molecule in this population.  $P(\vec{\kappa}|\text{phob})$  is the probability to find configuration  $\vec{\kappa}$  at an ideal hydrophobic surface and  $P(\vec{\kappa}|\text{bulk})$  is the probability to find that same configuration in the isotropic environment of the bulk liquid. As described in Ref. 38, these reference distributions were obtained by sampling the orientational distribution of water at an ideal planar hydrophobic silica surface and the bulk liquid, respectively. The quantity  $\langle \lambda_{\text{phob}} \rangle_0$  is the equilibrium value of  $\lambda_{\text{phob}}$  for configurational populations sampled from the ideal hydrophobic reference system.

Values of  $\delta\lambda_{\rm phob}^{(r)}$  close to zero indicate that water near residue r exhibits orientations that

eorrespond to those found at an ideal hydrophobic surface. Hydrophilic surfaces interact with interfacial water molecules and lead to configurational distributions that differ from that of an ideal hydrophobic surface. These differences are typically reflected as values of  $\delta\lambda_{\rm phob}^{(r)} > 0$ , with larger differences giving rise to larger positive deviations in  $\delta\lambda_{\rm phob}^{(r)}$ . Values of  $\delta\lambda_{\rm phob}^{(r)} \geq 0.5$  are used as indicative of hydrophilicity. For the number of unique water configurations used to compute  $\delta\lambda_{\rm phob}^{(r)}$  here, fluctuations of  $\delta\lambda_{\rm phob}^{(r)}$  are expected to fall within  $-0.24 \leq \delta\lambda_{\rm phob}^{(r)} \leq 0.27$  (95% confidence interval) at the hydrophobic reference system, making sustained values of  $\lambda_{\rm phob}^{(r)} \geq 0.5$  highly indicative of local hydrophilicity. The fluctuations in  $\delta\lambda_{\rm phob}^{(r)}$  as a function of time provide information about changes in the local solvation environment.

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