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Computational multiphase micro-periporomechanics for dynamic shear banding and fracturing of unsaturated porous media

Hossein Pashazad | Xiaoyu Song

Engineering School of Sustainable Infrastructure and Environment, University of Florida, Gainesville, Florida, USA

Correspondence

Xiaoyu Song, Engineering School of Sustainable Infrastructure and Environment, University of Florida, Gainesville, FL, USA. Email: xysong@ufl.edu

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Abstract

Dynamic shearing banding and fracturing in unsaturated porous media are significant problems in engineering and science. This article proposes a multiphase micro-periporomechanics (μ PPM) paradigm for modeling dynamic shear banding and fracturing in unsaturated porous media. Periporomechanics (PPM) is a nonlocal reformulation of classical poromechanics to model continuous and discontinuous deformation/fracture and fluid flow in porous media through a single framework. In PPM, a multiphase porous material is postulated as a collection of a finite number of mixed material points. The length scale in PPM that dictates the nonlocal interaction between material points is a mathematical object that lacks a direct physical meaning. As a novelty, in the coupled μPPM , a microstructure-based material length scale is incorporated by considering micro-rotations of the solid skeleton following the Cosserat continuum theory for solids. As a new contribution, we reformulate the second-order work for detecting material instability and the energy-based crack criterion and J-integral for modeling fracturing in the μ PPM paradigm. The stabilized Cosserat PPM correspondence principle that mitigates the multiphase zero-energy mode instability is augmented to include unsaturated fluid flow. We have numerically implemented the novel µPPM paradigm through a dual-way fractional-step algorithm in time and a hybrid Lagrangian-Eulerian meshfree method in space. Numerical examples are presented to demonstrate the robustness and efficacy of the proposed μ PPM paradigm for modeling shear banding and fracturing in unsaturated porous media.

KEYWORDS

fracturing, micropolar, periporomechanics, shear banding, unsaturated porous media

1 | INTRODUCTION

Dynamic shearing banding and fracturing in unsaturated deformable porous media (e.g., geomaterials and human tissues) are significant problems in engineering and science. The coupled shear banding/cracking and fluid flow processes can significantly deteriorate the integrity of civil infrastructure and damage soft/hard human tissues under certain

circumstances. 4-6,8-12 For instance, fault propagation triggered by earthquakes involves coupled shear banding/cracking and fluid flow in geomaterials. 13-16 Landslides and embankment failure could be triggered by shear banding or cracking in geomaterials. 17-21 Computational coupled poromechanics is an essential tool in studying the coupled localization or fracturing and fluid flow processes in porous materials. 1,2,7,12,22 Coupled periporomechanics (PPM)^{23–32} is a strong nonlocal reformulation of classical poromechanics.^{33,34} In PPM, the coupled motion equation and mass balance equation are formulated in terms of integral-differential equations (integration in space and differentiation in time) instead of partial differential equations²⁹ through the peridynamic state and effective force state concepts.^{27,35,36} For comparison between PPM and other continuum-based numerical methods, we refer to the literature.²⁹ Through the stabilized multiphase correspondence principle, classical constitutive models and physics laws can be incorporated in PPM for modeling the coupled deformation, shear banding/fracturing, and fluid flow processes in porous media. 30,37 In PPM, a multiphase porous medium is postulated as a collection of a finite number of mixed material points. The length scale in PPM that dictates the nonlocal interaction between material points is a mathematical object that lacks a clear physical meaning. In the present study, as a new contribution, we formulate a robust multiphase micro-periporomechanics (μ PPM) for modeling localized failure and fracturing in unsaturated porous media in which the length scale is related to micro-rotations of material points. In this new coupled μ PPM, different from the previously formulated PPM, the length scale is associated with the micro-structure of porous media in line with the classical micro-polar continuum theory^{38,39} and thus the non-locality has a rational physical meaning.

It is noted that the micro-polar/Cosserat continuum mechanics^{38,39} was applied to model shear banding in solids and porous media by the computational geomechanics community several decades ago. The pioneering work on the subject can be found in the distinguished literature.^{40–45} For instance, the micro-polar continuum theory was adopted to regularize the finite element solution of strain localization in granular materials.^{41,42,46} The micro-polar poromechanics has been developed to model strain localization in saturated porous media.^{43,44} Meanwhile, the micro-polar continuum theory has been used to model fracture in solids.⁴⁵ For instance, in,⁴⁵ the authors formulated a micro-polar J-integral^{47,48} for modeling cracking. Recently, the micro-polar continuum theory^{38,39} has been used in peridynamics to model fracturing in solids.^{49,50} For stance, a state-based elastic PD model was proposed in⁵⁰ to model cracks in brittle materials. For a review of the micro-polar PD for solids, we refer to.⁵¹ In,⁵¹ the authors formulated a viscous-plastic Cosserat PPM for modeling dynamic shear bands and crack branching in single-phase porous media in which the micro-polar length scale was incorporated following the Cosserat continuum theory for solids.^{38,39} This study extends the single-phase Cosserat PPM in⁵¹ to formulate a coupled μ PPM paradigm for dynamic shear banding and fracturing in multiphase porous media. In this new formulation, it is assumed that the solid skeleton is a micro-polar material while the fluid phases are non-polar following the classical micro-polar poromechanics.^{43,44}

An attractive and salient feature of PPM is that the multiphase discontinuities (i.e., discontinuities in displacement and fluid pressure) can develop naturally based on field equations and material models. For instance, fracture forms naturally when sufficient bonds break at a material point. Here in PPM, the bond means the poromechanics interactions in porous media, which is different from its original definition in PD for solids. An energy-based bond-breakage criterion based on the effective force concept has been formulated to detect bond breakage in PPM.^{29,32} Meanwhile, the J-integral can be used in PD for modeling crack propagation in solids.^{52–54} In the present study, as the new contributions, we reformulate the J-integral and the energy-based bond breakage criteria incorporating the micro-rotation of material points. As an instability problem, the formation of shear bands in porous media can be detected by the second-order work for multiphase porous media.²⁸ The classical second-work criterion^{55,56} has been used in PPM through the multiphase correspondence principle to detect shear bands in porous media.²⁹ In the present study, a nonlocal second-order work for the μ PPM paradigm is formulated for the first time directly using the effective force state and moment state.²⁷ Furthermore, the stabilized Cosserat PPM correspondence principle⁵¹ is used to incorporate the classical micro-polar constitutive models for the solid skeleton, and the stabilized multiphase PPM correspondence principle³⁰ is used to modeling fluid flow through the classical non-polar fluid flow model.

We have numerically implemented the novel μ PPM paradigm through an explicit two-way fractional-step algorithm in time²⁹ and a hybrid Lagrangian–Eulerian meshfree method in space with Open MPI⁵⁷ for high-performance computing. It is noted that the two-way fractional-step algorithm splits the coupled problem into a deformation/fracture problem and an unsaturated fluid flow problem in parallel. We refer to the celebrated literature on fractional-step/staggered and monolithic algorithms for numerically implementing the coupled poromechanics in time, ^{58–62} among others. Representative numerical examples are presented to validate the implemented μ PPM paradigm and demonstrate its efficacy and robustness in modeling dynamic failure and fracturing in unsaturated porous media. We note that the new Cosserat length scale acting on the solid phase in the μ PPM paradigm contributes to alleviating the dispersion problem linked in general

to PD models 63,64 as implied by the results of the numerical examples. It is worth mentioning that for low permeability and situations close to the fully saturated one in the FEM fluid models the dispersion problem should be taken care of for the coupled model through Darcy's law and the mass balance equation of the fluid phase. 64 As a brief summary, the original contribution of the present study consists of (i) the formulation of a multiphase micro-polar periporomechanics assuming a micro-polar solid skeleton and a non-polar fluid, (ii) the formulation of a nonlocal micro-polar second-work for detecting shear bands and nonlocal micro-polar energy-based bond breakage criteria and J-integral for fracture propagation in porous media, and (iii) the computational implementation through an explicit parallel staggered meshfree algorithm and the validation of the implemented μ PPM paradigm.

The outline of this article is as follows. Section 2 deals with the mathematical formulation of the μ PPM paradigm that includes the governing equations, the micro-polar J-integral, the energy-based bond breakage criterion, the micro-polar second-work, and the stabilized coupled micropolar PPM constitutive correspondence principle. Section 3 presents the numerical implementation of the proposed μ PPM paradigm through an explicit double-way staggered algorithm. Section 4 presents numerical examples to validate the implemented μ PPM paradigm and demonstrate its efficacy and robustness in modeling dynamic shear banding and fracturing in unsaturated porous media, followed by a closure in Section 5. For sign convention, the assumption in continuum mechanics is adopted, that is, the tensile force and deformation under tension are positive, and for pore fluid pressure, compression is positive, and tension is negative.

2 | MATHEMATICAL FORMULATION

This section presents the mathematical formulation of the proposed μ PPM. It consists of four parts. Part I deals with the balance equations for the fully coupled fracturing unsaturated μ PPM by assuming passive pore air pressure (i.e., zero pore air pressure^{1,2}). Part II presents the fracture and failure criteria, including the micro-polar J-integral, energy-based bond breakage criteria, and the second-order work considering the micro-rotational degree of freedom. Part III deals with the μ PPM constitutive correspondence principle with stabilization through which classical micro-polar material models can be incorporated into the μ PPM paradigm. Part IV introduces the classical micro-polar elastic and plastic models for the solid skeleton.

2.1 | Balance equations for the fully coupled fracturing unsaturated μ PPM paradigm

This part concerns the balance equations of the proposed unsaturated micro-periporomechanics paradigm. In line with non-polar periporomechanics, the multiphase porous media is assumed to be represented by a finite number of mixed material points (i.e., solid and fluid material points superimposed). The kinematics of the mixed material points are described in the relative-Eulerian Lagrangian framework, that is, the solid material points in Lagrangian and the fluid material points in the Eulerian relative to the Lagrangian for solid material points. The μ PPM paradigm postulates that the solid skeleton is micro-polar and the fluid phase is non-polar. Thus, each mixed material point has three types of degrees of freedom, that is, displacement, micro-rotation, and pore fluid pressures. Following the classical poromechanics, the density of the unsaturated porous media assuming weightless pore air can be written as follows:

$$\rho = (1 - \phi)\rho_{\rm S} + S_r \phi \rho_{\rm W},\tag{1}$$

where ρ_s is the intrinsic density of solid phase, ρ_w is the intrinsic density of fluid phase, ϕ is the porosity, and S_r is the degree of saturation. In what follows, we first present the kinematics of an unsaturated material through the μ PPM paradigm. Secondly, we present the balance equations for material points in the bulk (i.e., non-fracturing zone). Thirdly, we present the balance equations for material points in the fracture zone.

2.1.1 | Kinematics of unsaturated μ PPM materials

In μ PPM, it is postulated that a material point interacts with material points within its family. In this study, the family is assumed as a sphere centered at the material point under consideration. The sphere's radius is called the horizon,

 δ , a positive number. In other words, it is assumed that two material points at a finite distance have poromechanical interactions, and the horizon is the maximum distance of such two material points.

Let x and x' be the position vectors of two solid material points x and x', respectively, in the reference configuration (Figure 1). Let y and y' be the position vectors of the two solid material points in the deformed configuration, respectively. For notation simplicity, in the remaining presentation, a variable with no prime is associated with material point x while a variable with a prime is associated with material point x'. The reference position state of the bond $\underline{\xi}$ between x and x' in the reference configuration is written as follows:

$$\xi = x' - x. \tag{2}$$

The deformation state and the relative displacement state in the current configuration read

$$\underline{Y} = y' - y, \tag{3}$$

$$\mathscr{U} = \mathbf{u}' - \mathbf{u}. \tag{4}$$

Let $\hat{\omega}$ and $\hat{\omega}'$ be the micro-rotations of the two solid material points in the current configuration. Assuming null initial micro-rotations, the relative micro-ration state reads

$$\mathbf{\Omega} = \hat{\boldsymbol{\omega}}' - \hat{\boldsymbol{\omega}}.\tag{5}$$

Let $\overline{\Omega}$ be the average rotation state that is defined as follows

$$\underline{\underline{\Omega}} = \frac{1}{2} (\hat{\boldsymbol{\omega}}' + \hat{\boldsymbol{\omega}}). \tag{6}$$

The composite deformation and relative displacement states can be defined as:

$$\widetilde{\mathbf{y}} = \underline{\mathbf{Y}} - \underline{\overline{\mathbf{\Omega}}} \times \boldsymbol{\xi},\tag{7}$$

$$\widehat{\underline{\mathcal{U}}} = \underline{\mathcal{U}} - \overline{\underline{\Omega}} \times \xi. \tag{8}$$

Let p_w and p'_w be the water pressures of the two solid material points in the current configuration. The fluid pressure state can be defined as

$$\Phi = p_w' - p_w. \tag{9}$$

Next, we present the field equations for the coupled μ PPM.

2.1.2 Governing equations in the bulk space

Through the effective force state concept²⁷ and following,⁵¹ the equation of motion and the moment balance equation for unsaturated micro-polar porous media can be written as follows:

$$\rho \ddot{\boldsymbol{u}} = \int_{\mathcal{H}} \left(\underline{\overline{\mathcal{T}}} - \underline{\overline{\mathcal{T}}}' \right) d\mathcal{V}' - \int_{\mathcal{H}} \left(S_r \underline{\mathcal{T}}_w - S_r' \underline{\mathcal{T}}_w' \right) d\mathcal{V}' + \rho \boldsymbol{g}, \tag{10}$$

$$\mathcal{F}^{s}\ddot{\hat{\boldsymbol{\omega}}} = \int_{\mathcal{H}} \left(\underline{\boldsymbol{\mathcal{M}}} - \underline{\boldsymbol{\mathcal{M}}'} \right) d\mathcal{V}' + \frac{1}{2} \int_{\mathcal{H}} \underline{\boldsymbol{\mathcal{Y}}} \times \left[\left(\underline{\overline{\boldsymbol{\mathcal{T}}}} - S_r \underline{\boldsymbol{\mathcal{T}}}_w \right) - \left(\underline{\overline{\boldsymbol{\mathcal{T}}}'} - S_r' \underline{\boldsymbol{\mathcal{T}}'}_w \right) \right] d\mathcal{V}' + \boldsymbol{l}, \tag{11}$$

where $\ddot{\boldsymbol{u}}$ is acceleration, $\overline{\boldsymbol{\mathcal{T}}}$ is the effective force state, $\underline{\boldsymbol{\mathcal{T}}}_w$ is the fluid force state, \boldsymbol{g} is gravitational acceleration, $\boldsymbol{\mathcal{T}}^s$ is micro-inertia of solid phase, $\ddot{\boldsymbol{o}}$ is angular acceleration, $\underline{\boldsymbol{\mathcal{M}}}$ is the moment state, \boldsymbol{l} refers to body couple density, and S_r is the degree of saturation, which can be determined from the soil-water retention curve. In this study, the soil-water retention curve of unsaturated porous media assuming passive pore air pressure^{2,65-69} is written as follows:

$$S_r = \left[1 + \left(\frac{-p_w}{s_a}\right)^n\right]^{-m},\tag{12}$$

where s_a is the scaling factor, and m and n are fitting parameters. We refer to ⁵¹ for deriving (10) and (11) from a free energy function for dry micro-polar porous media.

In geomechanics, $\mathcal{I}^s \hat{\boldsymbol{\omega}}$ is the angular momentum of a spinning grain. By considering the mean grain size in porous media as the Cosserat length scale l, ⁴¹ the micro inertia can be written as follows:

$$\mathcal{F}^s = \frac{\pi}{2} (1 - \phi) \rho_s l^2. \tag{13}$$

Assuming an incompressible solid phase and a non-polar fluid phase, the mass balance equation of the mixture²⁷ is written as follows:

$$\phi \frac{dS_r}{dt} + S_r \dot{\mathcal{V}}_s + \frac{1}{\rho_w} \int_{\mathcal{H}} \left(\underline{\mathcal{Q}} - \underline{\mathcal{Q}}' \right) d\mathcal{V}' + \mathcal{Q}_s = 0, \tag{14}$$

where $\dot{\mathcal{V}}_s$ is the solid volume change rate, $\underline{\mathcal{Q}}$ and $\underline{\mathcal{Q}}'$ are the fluid flow states at \mathbf{x} and \mathbf{x}' , respectively, and \mathcal{Q}_s is a source term. It should be noted that the micro-rotation of the solid phase does not affect the volume change rate of the solid phase.⁴⁴

Next, we cast the governing equations for material points in the fracturing zone.

2.1.3 | Governing equations for material points in the fracturing zone

Following (10) and (11), we can write out the equation of motion and the moment balance equation for a fracturing material point as

$$\rho \ddot{\mathbf{u}} = \int_{\mathcal{X}} (\overline{\underline{\mathcal{T}}} - \overline{\underline{\mathcal{T}}}') d\mathcal{V}' - \int_{\mathcal{X}} (S_l \underline{\mathcal{T}}_l - S_l' \underline{\mathcal{T}}_l') d\mathcal{V}' + \rho \mathbf{g}, \tag{15}$$

$$\mathcal{F}^{s}\ddot{\hat{\boldsymbol{o}}} = \int_{\mathcal{H}} \left(\underline{\boldsymbol{\mathcal{M}}} - \underline{\boldsymbol{\mathcal{M}}'} \right) d\mathcal{V}' + \frac{1}{2} \int_{\mathcal{H}} \underline{\boldsymbol{\mathcal{Y}}} \times \left[\left(\overline{\underline{\mathcal{T}}} - S_{l} \underline{\boldsymbol{\mathcal{T}}_{l}} \right) - \left(\overline{\underline{\mathcal{T}}'} - S_{l}' \underline{\boldsymbol{\mathcal{T}}_{l}'} \right) \right] d\mathcal{V}' + \boldsymbol{l}, \tag{16}$$

where

$$S_{l}\underline{\mathcal{T}}_{l} = \begin{cases} S_{r,f}\underline{\mathcal{T}}_{f}, & \text{if } \underline{D} > \underline{D}_{cr} & \& \underline{D}' > \underline{D}_{cr}, \\ S_{r}\underline{\mathcal{T}}_{w}, & \text{otherwise,} \end{cases}$$
(17)

and $S_{r,f}$ is the degree of saturation of the fracturing mixed material point, which can be determined from the soil-water retention curve, \underline{D} is the damage state variable, and \underline{D}_{cr} is the critical value of the damage state variable.

Assuming a non-polar fluid phase, the mass balance equation in the fracturing space²⁷ can be written as follows:

$$\frac{\partial S_{r,f}}{\partial t} + \frac{1}{\rho_{vv}} \int_{\mathcal{A}_{v}} \left(\underline{\mathcal{Q}}_{f} - \underline{\mathcal{Q}}_{f}' \right) d\mathcal{V}' - \mathcal{Q}_{s} = 0, \tag{18}$$

where \mathcal{Q}_f is the fluid flow state at a fracturing mixed material point. It is noted that the third term in (14) and the second term in (18) could be equivalent to Laplacians in the mass balance equations of classical poromechanics. Nonetheless, both terms are nonlocal due to applying the nonlocal Darcy's law in (52) and (53) to compute the fluid flow states. Their potential role in alleviating the dispersion problem linked to PD models deserves a dedicated study.

The fluid flow from the fracturing pore space to the continuous pore space can be determined, assuming that the fluid flows from the pore space into the fracture space. It is assumed that the direction of unsaturated fluid flow is normal to the fracture surface. Thus, following the generalized Darcy's law, 29 \mathcal{Q}_s can be written as

$$\mathscr{Q}_{s} = -\frac{k^{r} k_{w}}{\mu_{w}} \left(\frac{p_{f} - p_{w}}{l_{x}}\right) \mathscr{A} / \mathscr{V}, \tag{19}$$

where p_w is pore water pressure in the bulk and p_f is pore water pressure in the fracture space, \mathscr{A} is the cross-sectional area, \mathscr{V} is the volume of the material point, $l_x = d/2$, and d is the side dimension of a cubic material point. ²⁹ In (19), it is assumed that porosity $\phi = 0$ and the volume coupling term vanishes in the fracture pore space.

2.2 μ PPM fracturing and instability criteria for unsaturated porous media

In this subsection, in the μ PPM framework, we reformulate the micro-polar J integral and energy-based bond breakage criterion for fracturing and the micro-polar second-order work criterion for instability in porous media.

2.2.1 μ PPM J-integral for unsaturated porous media

In this part, we present the micro-polar J integral in the coupled μ PPM paradigm following the lines in. ^{35,45,47} The effective force state concept is used to express the force state on the solid skeleton. Figure 2 shows a subregion \mathcal{B}_1 in the reference configuration \mathcal{B} . As shown in Figure 2, for a bounded subregion \mathcal{B}_1 with a constant shape that moves with velocity $\dot{\boldsymbol{u}}$ in the x direction (parallel to the crack line) in the reference configuration \mathcal{B} , there is a flux of material through the boundary $\partial \mathcal{B}_1$. By assuming a steady-state motion, ⁵² the deformation position and micro rotation of each material point inside the subregion \mathcal{B}_1 are written as follows:

$$y = x + u|_{x = \underline{u}t},\tag{20}$$

$$\hat{\boldsymbol{\omega}} = \hat{\boldsymbol{\omega}}|_{\mathbf{x} - \dot{\boldsymbol{u}}t}.\tag{21}$$

We note that in this study the assumption of the steady state condition is for the motion of the solid skeleton. The fluid flow effect on the solid skeleton's motion is taken into account through the effective force concept and the fully

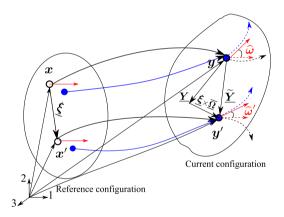


FIGURE 1 Kinematics of the solid skeleton (black) and pore fluid (blue) material points.

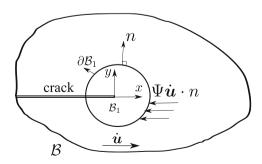


FIGURE 2 Subregion \mathcal{B}_1 with a constant shape around the crack tip moves with the velocity $\dot{\boldsymbol{u}}$ in the x direction and a flux of material $\Psi \dot{\boldsymbol{u}} \cdot \boldsymbol{n}$ through the boundary $\partial \mathcal{B}_1$.

coupled governing equations. Nonetheless, the assumption could be relaxed in a further formulation along this line of research.

For simplicity, we neglect the body force, kinetic energy, heat transport, and heat sources and assume an isothermal process. Thus, the rate form of the free energy $\Psi(\widetilde{\boldsymbol{y}}, \Omega, D)$ for the solid phase can be written as

$$\dot{\Psi} = \Psi_{\widetilde{\mathbf{y}}} \bullet \underline{\hat{\mathbf{y}}} + \Psi_{\underline{\Omega}} \bullet \underline{\hat{\Omega}} + \Psi_{\underline{D}} \bullet \underline{\hat{D}}, \tag{22}$$

where • is the dot product of two vector states, 35 \underline{D} is the damage scalar state as mentioned previously that cannot decrease over time, and $\Psi_{(\cdot)}$ is the Fréchet derivative of Ψ to its state variables. 35 It follows from (22) and assuming an elastic deformation that the effective force state and the moment state 27,51 can be defined as

$$\overline{\underline{\mathscr{T}}} = \Psi_{\widetilde{\mathscr{Y}}},\tag{23}$$

$$\underline{\mathscr{M}} = \Psi_{\Omega}. \tag{24}$$

Substituting (23) and (24) into (22), the rate form of the free energy reads

$$\dot{\Psi} = \overline{\underline{\mathscr{T}}} \bullet \left(\underline{\mathscr{Y}} - \underline{\dot{\Omega}} \times \underline{\xi} \right) + \underline{\mathscr{M}} \bullet \underline{\dot{\Omega}} + \Psi_{\underline{D}} \bullet \underline{\dot{D}}. \tag{25}$$

We note that by considering the steady state motion, the total time derivative of each quantity over \mathcal{B}_1 vanishes. Thus, applying the nonlocal Reynolds transport theorem⁵² to the free energy $\Psi(\widetilde{\mathbf{y}}, \underline{\Omega}, \underline{D})$ we have

$$\frac{d}{dt} \int_{\mathcal{B}_1} \Psi d\mathcal{V} = \int_{\mathcal{B}_1} \dot{\Psi} d\mathcal{V} + \int_{\partial \mathcal{B}_1} \Psi \dot{\bar{u}} \cdot n d\mathcal{A} = 0, \tag{26}$$

where $\dot{\bar{u}}$ is the constant velocity, n is the outward unit normal to the boundary $\partial \mathcal{B}_1$, and \mathcal{A} is the area of the boundary $\partial \mathcal{B}_1$ (see Figure 2). With (25), the first term on the right-hand side of (26) can be written as

$$\int_{\mathcal{B}_{1}} \dot{\Psi} d\mathcal{V} = \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left(\overline{\underline{\mathcal{T}}} \cdot \dot{\mathbf{y}}' - \overline{\underline{\mathcal{T}}}' \cdot \dot{\mathbf{y}} \right) d\mathcal{V}' d\mathcal{V}
+ \frac{1}{2} \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left[\underline{\boldsymbol{\xi}} \times \left(\overline{\underline{\mathcal{T}}} \cdot \dot{\hat{\boldsymbol{\omega}}}' - \overline{\underline{\mathcal{T}}}' \cdot \dot{\hat{\boldsymbol{\omega}}} \right) \right] d\mathcal{V}' d\mathcal{V}
+ \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left(\underline{\boldsymbol{\mathcal{M}}} \cdot \dot{\hat{\boldsymbol{\omega}}}' - \underline{\boldsymbol{\mathcal{M}}}' \cdot \dot{\hat{\boldsymbol{\omega}}} \right) d\mathcal{V}' d\mathcal{V} + \int_{\mathcal{B}_{1}} \left(\Psi_{\underline{D}} \bullet \dot{\underline{D}} \right) d\mathcal{V}.$$
(27)

Substituting (27) into (26), we obtain the expression for the damage energy dissipation as

$$\int_{\mathcal{B}_{1}} \left(\Psi_{\underline{D}} \bullet \underline{\dot{D}} \right) d\mathscr{V} = \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left[\left(\underline{\overline{\mathcal{T}}} \cdot \boldsymbol{u}_{x}' - \underline{\overline{\mathcal{T}}}' \cdot \boldsymbol{u}_{x} \right) \cdot \dot{\overline{\boldsymbol{u}}} \right] d\mathscr{V} d\mathscr{V}
+ \frac{1}{2} \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left[\underline{\boldsymbol{\xi}} \times \left(\underline{\overline{\mathcal{T}}} \cdot \hat{\boldsymbol{\omega}}_{x}' - \underline{\overline{\mathcal{T}}}' \cdot \hat{\boldsymbol{\omega}}_{x} \right) \cdot \dot{\overline{\boldsymbol{u}}} \right] d\mathscr{V}' d\mathscr{V}
+ \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left[\left(\underline{\mathcal{M}} \cdot \hat{\boldsymbol{\omega}}_{x}' - \underline{\mathcal{M}}' \cdot \hat{\boldsymbol{\omega}}_{x} \right) \cdot \dot{\overline{\boldsymbol{u}}} \right] d\mathscr{V} d\mathscr{V} - \int_{\partial \mathcal{B}_{1}} (\Psi \dot{\overline{\boldsymbol{u}}} \cdot \boldsymbol{n}) d\mathcal{A}, \tag{28}$$

where $(.)_x$ is the directional derivative in the direction of the steady state motion. Here, it is assumed that the steady flow is in the x direction for simplicity. The relation between the \mathcal{J} integral and the rate of energy dissipation⁵² can be written as

$$\mathcal{J} \cdot \dot{\overline{\boldsymbol{u}}} = -\int_{\mathcal{B}_1} \Psi_{\underline{D}} \bullet \underline{\dot{D}} d\mathcal{V}. \tag{29}$$

It follows from (28) and (29) that the \mathcal{J} integral for the μ PPM paradigm reads

$$\mathcal{J} = \int_{\partial \mathcal{B}_{1}} (\Psi \boldsymbol{n}) d\mathcal{A} - \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left(\underline{\overline{\mathcal{T}}} \cdot \boldsymbol{u}_{x}' - \underline{\overline{\mathcal{T}}}' \cdot \boldsymbol{u}_{x} \right) d\mathcal{V}' d\mathcal{V}
- \frac{1}{2} \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left[\underline{\xi} \times \left(\underline{\overline{\mathcal{T}}} \cdot \widehat{\boldsymbol{\omega}}_{x}' - \underline{\overline{\mathcal{T}}}' \cdot \widehat{\boldsymbol{\omega}}_{x} \right) \right] d\mathcal{V}' d\mathcal{V}
- \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left(\underline{\mathcal{M}} \cdot \widehat{\boldsymbol{\omega}}_{x}' - \underline{\mathcal{M}}' \cdot \widehat{\boldsymbol{\omega}}_{x} \right) d\mathcal{V}' d\mathcal{V}.$$
(30)

We note that (30) is the μ PPM equivalent of the $\mathcal J$ integral in the standard micro-polar continuum theory. Different from the $\mathcal J$ integral for peridynamic solids,⁵² the μ PPM $\mathcal J$ integral incorporates the micro-rotations of material points. We note that $\mathbf u$ and $\hat{\boldsymbol \omega}$ are differentiable only in the directions of motion and rotation that are used. Thus, it is permissible to have discontinuities parallel to the direction of crack propagation. Furthermore, $\mathcal J$ is "path independent" in the sense that $\mathcal B_1$ under deformation can include any number of additional material points in which there is no energy dissipation (i.e., the value of $\mathcal J$ not changing).

The energy dissipation per unit crack area G can be determined from \mathcal{J} . For simplicity, let the body be a plate with a crack through its thickness that propagates along the x direction. The energy dissipated per unit crack area can be written as

$$G = \mathcal{J} \cdot \hat{n}/h,\tag{31}$$

where \hat{n} is the unit vector parallel to the crack surface and h is the plate thickness. Substituting (30) into (31) generates

$$\mathcal{G} = \int_{\partial \mathcal{B}_{1}} (\Psi \boldsymbol{n} \cdot \hat{\boldsymbol{n}}) d\mathcal{A}/h - \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left[\left(\underline{\overline{\mathcal{T}}} \cdot \boldsymbol{u}_{x}' - \underline{\overline{\mathcal{T}}}' \cdot \boldsymbol{u}_{x} \right) \cdot \hat{\boldsymbol{n}} \right] d\mathcal{V} d\mathcal{V}/h
- \frac{1}{2} \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left[\underline{\boldsymbol{\xi}} \times \left(\underline{\overline{\mathcal{T}}} \cdot \hat{\boldsymbol{\omega}}_{x}' - \underline{\overline{\mathcal{T}}}' \cdot \hat{\boldsymbol{\omega}}_{x} \right) \cdot \hat{\boldsymbol{n}} \right] d\mathcal{V} d\mathcal{V}/h
- \int_{\mathcal{B}_{1}} \int_{\mathcal{B}/\mathcal{B}_{1}} \left[\left(\underline{\mathcal{M}} \cdot \hat{\boldsymbol{\omega}}_{x}' - \underline{\mathcal{M}}' \cdot \hat{\boldsymbol{\omega}}_{x} \right) \cdot \hat{\boldsymbol{n}} \right] d\mathcal{V} d\mathcal{V}/h.$$
(32)

It is noted that from the linear elastic fracture mechanics⁴⁸ the critical energy release rate per unit crack area G_{cr} for mode I crack reads

$$\mathcal{G}_{cr} = \mathcal{K}_I^2 \frac{1 - v^2}{E},\tag{33}$$

where K_I is the fracture toughness of mode I crack, E is Young's modulus, and v is Poisson's ratio. Next, we present the energy-based μ PPM bond breakage criterion for micro-polar unsaturated porous media.

2.2.2 | Energy-based μ PPM bond breakage criterion

This part presents an energy-based bond breakage criterion through the effective force state concept for unsaturated porous media.²⁷ The bond-breakage criterion depends on the deformation energy in a bond. The effective force and moment states that are the energy conjugates to the composite state and relative rotation state, respectively, are used to determine the deformation energy of a bond.²⁹ Thus, the energy density in the bond ξ of porous media can be obtained as

$$\mathcal{W} = \int_{0}^{t} \left[\left(\underline{\overline{\mathcal{T}}} + S_{r} \underline{\overline{\mathcal{T}}}_{w} \right) - \left(\underline{\overline{\mathcal{T}}}' + S_{r}' \underline{\overline{\mathcal{T}}}_{w}' \right) \right] \underline{\hat{\mathcal{U}}} dt
+ \int_{0}^{t} \left(\underline{\mathcal{M}} - \underline{\mathcal{M}}' \right) \underline{\hat{\Omega}} dt,$$
(34)



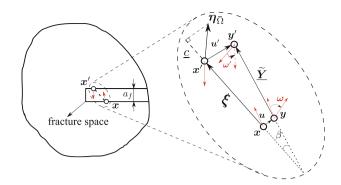


FIGURE 3 Kinematics of a bond across fractured space.

where *t* is the loading time. The bond breakage is modeled through the influence function at the material point level. The influence function of the broken bond will be updated by $\varrho\underline{\omega}$, where ϱ is determined by

$$\underline{\varrho} = \begin{cases} 0 & \text{if } \mathcal{W} \geqslant \mathcal{W}_{cr}, \\ 1 & \text{otherwise,} \end{cases}$$
 (35)

where W_{cr} is the critical bond energy density. The critical energy density for bond breakage can be determined from the critical energy release rate as

$$\mathcal{W}_{cr} = \frac{4\mathcal{G}_{cr}}{\pi\delta^4}.\tag{36}$$

In μ PPM, the damage of the solid skeleton material point is tracked through a local scalar damage variable $\hat{\varphi}$. This damage variable is defined as the fraction of broken bonds at a material point

$$\widehat{\varphi} = 1 - \frac{\int_{\mathcal{H}} \underline{\varphi}\underline{\omega}d^{\gamma}}{\int_{\mathcal{H}} \underline{\omega}d^{\gamma}}.$$
(37)

As in,²⁹ the space between material points x and x' is assumed fractured when $W \ge W_{cr}$ and $\underline{D} \ge \underline{D}_{cr}$ and $\underline{D}' \ge \underline{D}_{cr}$ hold for both material points. The two material points are defined as fracture mixed points. The fracture mixed material points have bulk fluid pressure and fracture fluid pressure. These fluid pressures are utilized to model unsaturated fluid flow in fractured space. Figure 3 plots the kinematics of a bond across fractured space. As shown in Figure 3, the micro-polar relative displacement vector is decomposed into two components^{29,70} where the first component represents the opening displacement and the second one is the dislocation of the crack. The crack aperture c, which is related to the opening displacement, can be written as

$$\underline{c} = \widetilde{\mathbf{y}} \cos \beta - \underline{x},\tag{38}$$

where angle β is shown in Figure 3. Therefore, the crack width at fracture point x can be approximated by the average of bond apertures of all broken bonds as

$$a_f = \frac{\int_{\mathscr{H}} \underline{\omega c} d\mathscr{V}}{\int_{\mathscr{H}} \omega d\mathscr{V}}.$$
 (39)

2.2.3 | Nonlocal μ PPM second-order work

The second-order work criterion can be used to detect material instability, including shear banding in porous media. 55,56 It states that the material loses stability if the second-order work is negative. We have formulated the nonlocal second-order

work for the micro-polar PPM paradigm through the Cosserat PPM correspondence principle in. 51 The second-order work d^2W can be written as

$$d^2 \mathcal{W} = d\overline{\sigma} : d\varepsilon + d\mathbf{m} : d\kappa. \tag{40}$$

In this study, we express the μ PPM second-order work from the internal energy rate of the skeleton through the effective force and relative moment states. The rate of the internal energy density of the solid skeleton $\mathscr{E}(\hat{\underline{\mathscr{U}}},\underline{\Omega})^{51}$ can be written as

$$\dot{\mathcal{E}} = \overline{\mathcal{T}} \bullet \dot{\hat{\mathcal{U}}} + \mathcal{M} \bullet \dot{\Omega}. \tag{41}$$

Thus, following the lines in 56 the μ PPM second-order work $d^2\mathscr{E}$ in terms of the effective force state and relative moment state can be written as

$$d^{2}\mathscr{E} = \int_{\mathscr{U}} \left(\Delta \underline{\overline{\mathscr{T}}} \cdot \Delta \underline{\hat{\mathscr{U}}} + \Delta \underline{\mathscr{M}} \cdot \Delta \underline{\mathscr{Q}} \right) d\mathscr{V}'. \tag{42}$$

We note that (42) and (40) are equivalent for the μ PPM correspondence material model. Next, we present the stabilized multiphase μ PPM correspondence principle.

2.3 | Stabilized multiphase μ PPM correspondence principle

The constitutive models for both the solid phase and fluid phase are needed to close the governing equations presented in Sections 2.1.2 and 2.1.3, e.g., the relationships between the effective force state and the composite deformation state, the moment state and the relative micro-rotation state, and the fluid flow state and the relative fluid pressure state. We note that the new constitutive models for μ PPM can be cast following the lines in.^{27,35} However, it would require extensive experimental tests to validate the constitutive models for their practical applications, which is beyond the scope of the present study. In this study, we adopt the micro-polar constitutive correspondence principle in⁵¹ and the multiphase constitutive principle in³⁰ to incorporate the classical micro-polar constitutive model for the solid skeleton and the classical non-polar fluid flow model for the fluid phase. Next, we introduce the multiphase μ PPM correspondence principle, followed by a multiphase stabilization scheme.

2.3.1 | Multiphase μ PPM correspondence principle

This part presents the multiphase μ PPM constitutive correspondence principle. Firstly, we determine the effective force and moment states through the Cosserat PPM constitutive principle for the solid phase. We note that the Cosserat PPM constitutive correspondence principle was proposed in⁵¹ by equating the deformation energy of the Cosserat PPM and the strain energy of the classical micropolar continuum for the solid skeleton. In this study, for conciseness, we omit the derivation and refer to⁵¹ for the detailed derivation for the solid skeleton. Following the effective force state concept for unsaturated porous media,²⁷ the total force state and the moment state can be written as

$$\underline{\mathscr{T}} = \underline{\omega} \sigma \mathscr{K}^{-1} \underline{\xi},\tag{43}$$

$$\underline{\mathcal{M}} = \underline{\omega} \mathbf{m} \mathcal{K}^{-1} \underline{\xi},\tag{44}$$

where σ is the total stress of unsaturated porous media, $\underline{\omega}$ is the unit weighting function, m is the couple stress tensor, and \mathcal{X} is the shape function, which is defined as follows:

$$\mathcal{K} = \int_{\mathscr{X}} \underline{\omega}\underline{\xi} \otimes \underline{\xi} d\mathscr{V}'. \tag{45}$$

The total stress state of the classical unsaturated poromechanics² assuming passive pore air pressure can be written as

$$\sigma = \overline{\sigma} - S_r p_w \mathbf{1},\tag{46}$$

where $\overline{\sigma}$ is the effective stress and **1** is the second-order identity tensor. Note that in (46) the pore water pressure is negative in unsaturated porous media. In PPM, the total force state of unsaturated porous media²⁸ can be written as

$$\underline{\mathscr{T}} = \overline{\underline{\mathscr{T}}} + S_r \underline{\mathscr{T}}_w. \tag{47}$$

Then, it follows from (43), (46), and (47) that the effective force state and the fluid force state can be written as

$$\overline{\underline{\mathcal{T}}} = \underline{\omega} \overline{\sigma} \mathcal{K}^{-1} \xi, \tag{48}$$

$$\underline{\mathscr{T}}_{w} = -\underline{\omega}(p_{w}\mathbf{1})\mathscr{K}^{-1}\boldsymbol{\xi}.\tag{49}$$

From the classical micro-polar poromechanics, the effective stress and the couple stress tensor can be determined from the classical micro-polar constitutive models given the strain tensor ε and the wryness tensor κ .^{42–44,71} The nonlocal versions of ε and κ are written as follows:

$$\boldsymbol{\varepsilon} = \widetilde{\boldsymbol{V}}\underline{\hat{\boldsymbol{\mathcal{U}}}} = \left[\int_{\mathcal{X}} \underline{\omega} \left(\underline{\hat{\boldsymbol{\mathcal{U}}}} \otimes \underline{\boldsymbol{\xi}} \right) d\mathcal{V}' \right] \mathcal{K}^{-1}, \tag{50}$$

$$\kappa = \widetilde{\mathbf{V}}\underline{\Omega} = \left[\int_{\mathcal{H}} \underline{\omega} \left(\underline{\Omega} \otimes \underline{\boldsymbol{\xi}} \right) d\mathcal{V}' \right] \mathcal{K}^{-1}. \tag{51}$$

Next, we determine the fluid flow states in the bulk and fracturing porous space through the constitutive correspondence principle for fluid flow in unsaturated porous media.

Following the constitutive correspondence principle for fluid flow, ²⁸ the fluid flow states $\underline{\mathcal{Q}}$ and $\underline{\mathcal{Q}}_f$ in the bulk space and the fracture space can be written as

$$\underline{\mathcal{Q}} = \underline{\omega} (\rho_{w} \mathbf{q}_{w}) \mathcal{K}^{-1} \boldsymbol{\xi}, \tag{52}$$

$$\underline{\mathcal{Q}}_f = \underline{\omega} (\rho_w \mathbf{q}_f) \mathcal{K}^{-1} \boldsymbol{\xi}, \tag{53}$$

where q_w and q_f are the fluid flux vectors in the bulk and fracture spaces, respectively.

The fluid flow vectors can be obtained from the generalized Darcy's law for unsaturated fluid flow as

$$\boldsymbol{q}_{w} = -\frac{k_{w}^{r} k_{w}}{u_{w}} \widetilde{\nabla \Phi}, \tag{54}$$

$$\mathbf{q}_f = -\frac{k_f^r k_f}{\mu_w} \widetilde{\nabla \Phi_f},\tag{55}$$

where k_w is the intrinsic permeability of the bulk space, k_w^r is the relative permeability of the bulk space, μ_w is the water viscosity, $\widetilde{\nabla \Phi}$ is the non-local fluid pressure gradient of the bulk space, k_f^r is the relative permeability of the fracture space, and $\widetilde{\nabla \Phi}_f$ is the intrinsic permeability of the fracture space, and $\widetilde{\nabla \Phi}_f$ is the fluid pressure gradient in the fracture space.

The relative permeabilities are determined by

$$k_w^r = S_r^{1/2} \left[1 - \left(1 - S_r^{1/m} \right)^m \right]^2, \tag{56}$$

$$k_f^r = S_{rf}^{1/2} \left[1 - \left(1 - S_{rf}^{1/m} \right)^m \right]^2,$$
 (57)

where S_{rf} is the degree of saturation of fluid phase in fracturing space and m is the same material parameter as defined in (12). The intrinsic permeability of the fracture can be determined by the so-called cubic law^{7,28} as

$$k_f = \frac{a_f^2}{12}, (58)$$

where a_f is the crack aperture.

The nonlocal fluid pressure gradients are written as follows:

$$\widetilde{\nabla \Phi} = \left(\int_{\mathscr{X}} \underline{\omega \Phi} \underline{\xi} d\mathscr{V}' \right) \mathscr{X}^{-1}, \tag{59}$$

$$\widetilde{\nabla \Phi_f} = \left(\int_{\mathcal{H}} \underline{\omega \Phi_f} \underline{\xi} d \mathscr{V}' \right) \mathscr{K}^{-1}, \tag{60}$$

where the fluid pressure state in the fracture space is

$$\underline{\Phi}_f = p_f' - p_f. \tag{61}$$

2.3.2 | Multi-phase stabilization scheme

The energy method is used to eliminate the zero-energy mode instability in the correspondence constitutive principle.³⁰ We first present the residuals (i.e., nonuniform parts) of the composite deformation and relative rotation states as follows:

$$\underline{\mathcal{R}}_{1} = \underline{\mathcal{U}}_{\overline{\Omega}} - \varepsilon \xi, \tag{62}$$

$$\underline{\mathcal{R}}_2 = \underline{\Omega} - \kappa \xi. \tag{63}$$

Then, the stabilized force and moment states³⁰ can be written as

$$\underline{\overline{\mathscr{T}}} = \underline{\omega}\overline{\sigma}\mathscr{K}^{-1}\underline{\xi} + \underline{\alpha}_{1}\underline{\mathscr{R}}_{1},\tag{64}$$

$$\underline{\mathcal{M}} = \underline{\omega} \mathbf{m} \mathcal{K}^{-1} \underline{\xi} + \underline{\alpha}_2 \underline{\mathcal{R}}_2, \tag{65}$$

where $\underline{\alpha}_1$ and $\underline{\alpha}_2$ are two scalar states. The two scalar states can be written as

$$\underline{\alpha}_{1} = \frac{\mathscr{G}\mathscr{C}_{1}}{\omega_{0}}\underline{\omega},\tag{66}$$

$$\underline{\alpha}_2 = \frac{\mathscr{G}\mathscr{C}_2}{\omega_0}\underline{\omega},\tag{67}$$

where

$$\omega_0 = \int_{\mathscr{X}} \underline{\omega} d\mathscr{V}', \tag{68}$$

 \mathscr{G} is a number between 0 and 1, and \mathscr{C}_1 and \mathscr{C}_2 are two material parameters. For the three dimensional case, these two material parameters are written as follows:

$$\mathscr{C}_1 = \frac{12\mathscr{D}}{|\xi|^3},\tag{69}$$

$$\mathscr{C}_2 = \frac{\mathscr{D}}{|\xi|},\tag{70}$$

where \mathcal{D} is a parameter that depends on the length scale. In three-dimensions it reads

$$\mathcal{D} = \frac{E(1 - 4\nu)}{4\pi\delta^2 (1 - \nu - 2\nu^2)}. (71)$$



Similarly, for the fluid phase, we define the residuals (i.e., the nonuniform parts) of the fluid pressure states as

$$\underline{\mathcal{R}}_{w} = \underline{\mathbf{\Phi}} - \widetilde{\nabla \underline{\mathbf{\Phi}}} \xi, \tag{72}$$

$$\underline{\mathcal{R}}_f = \underline{\mathbf{\Phi}}_f - \widetilde{\nabla \underline{\mathbf{\Phi}}_f} \boldsymbol{\xi}. \tag{73}$$

Then, the fluid flow states with stabilization can be written as

$$\underline{\mathcal{Q}} = \underline{\omega} \Big(\mathbf{q}_w \mathcal{K}^{-1} \boldsymbol{\xi} + \underline{\alpha}_3 \underline{\mathcal{R}}_w \Big), \tag{74}$$

$$\underline{\mathcal{Q}}_{f} = \underline{\omega} \Big(\mathbf{q}_{f} \mathcal{K}^{-1} \underline{\xi} + \underline{\alpha}_{4} \underline{\mathcal{R}}_{f} \Big). \tag{75}$$

In (74) and (75),

$$\underline{\alpha}_3 = \frac{\mathscr{G}\mathscr{C}_3}{\omega_0}\underline{\omega},\tag{76}$$

$$\underline{\alpha}_4 = \frac{\mathscr{G}\mathscr{C}_4}{\omega_0}\underline{\omega},\tag{77}$$

where \mathscr{C}_3 and \mathscr{C}_4 are the micro-conductivities. For the three-dimensional case, they are written as follows:

$$\mathscr{C}_3 = \frac{6k_w}{\pi\delta^4},\tag{78}$$

$$\mathscr{C}_4 = \frac{6k_f}{\pi \delta^4}.\tag{79}$$

Next, we present the classical micro-polar elastic and plastic constitutive models adopted in this study.

2.4 | Classical micro-polar material models

2.4.1 | Micropolar linear elastic model

For the micropolar elastic model for the porous media, the effective stress tensor $\overline{\sigma}_{ij}$ and the couple stress tensor m_{ij}^{39} can be written as

$$\overline{\sigma}_{ij} = \lambda \varepsilon_{kk}^e + (\mu + \mu_c) \varepsilon_{ij}^e + (\mu - \mu_c) \varepsilon_{ji}^e, \tag{80}$$

$$m_{ij} = \frac{1}{2}\mu l^2 \kappa_{ij}^e,\tag{81}$$

where i, j, k = 1, 2, and 3, ϵ_{ij}^e is the elastic strain tensor, κ_{ij} is the elastic wryness tensor, λ is L'ame's first elastic constant, μ is the shear modulus, μ_c is the micro-polar shear modulus, and l is the micro-polar length scale. We note that the micro-polar length scale can depend on the porous media's micro-structure. How to determine the micro-polar length scale from the microstructure of granular materials is beyond the scope of the present study. We refer to the distinguished literature on the subject. 40,41

2.4.2 | Micropolar plastic model

In this section, the micropolar plastic model with a Drucker-Prager type yield criterion. ^{42,71} The strain tensor ε_{ij} and the wryness tensor κ_{ij} are additively decomposed into elastic and plastic parts as

$$\varepsilon_{ij} = \varepsilon_{ij}^e + \varepsilon_{ij}^p, \tag{82}$$

$$\kappa_{ij} = \kappa_{ii}^e + \kappa_{ii}^p, \tag{83}$$

where ε_{ij}^e is the elastic strain tensor, ε_{ij}^p is the plastic strain tensor, κ_{ij}^e is the elastic wryness tensor, and κ_{ij}^p is the plastic wryness tensors. The effective stress tensor $\overline{\sigma}_{ij}$ and couple stress tensor m_{ij} can be calculated from elastic components of

strain and wryness tensors.

$$q = \sqrt{\frac{1}{2} \left(\overline{\sigma}_{ij} \widetilde{\sigma}_{ij} + \frac{3m_{ij} m_{ij}}{l^2} \right)}, \tag{84}$$

$$\overline{p} = \frac{1}{3}\overline{\sigma}_{kk},\tag{85}$$

where

$$\widetilde{\sigma}_{ij} = -\overline{\sigma}_{kk} + \frac{3}{2} (\overline{\sigma}_{ij} + \overline{\sigma}_{ji}). \tag{86}$$

The yield function and the plastic potential are written as follows:

$$f = q + \sqrt{3}a_1\overline{p} + a_2,\tag{87}$$

$$g = q + \sqrt{3}a_3\overline{p} + a_2,\tag{88}$$

where

$$a_1 = \frac{2\sin\varphi}{\sqrt{3}(3-\sin\varphi)},\tag{89}$$

$$a_2 = -\frac{6c\cos\varphi}{\sqrt{3}(3-\sin\varphi)},\tag{90}$$

$$a_{1} = \frac{2\sin\varphi}{\sqrt{3}(3-\sin\varphi)},$$

$$a_{2} = -\frac{6c\cos\varphi}{\sqrt{3}(3-\sin\varphi)},$$

$$a_{3} = \frac{2\sin\psi}{\sqrt{3}(3-\sin\psi)},$$
(99)

and φ is the frictional angle, ψ is the dilatancy angle, and c is the linear isotopic hardening parameter. The parameter c is defined as follows:

$$c = c_0 + \hat{h}\hat{\varepsilon}^p,\tag{92}$$

where c_0 is the initial cohesion, \hat{h} is the linear hardening modulus, and $\hat{\varepsilon}^p$ is the internal plastic variable. The non-associative plastic flow rule can be written as

$$\dot{\varepsilon}_{ij}^p = \dot{\lambda} \frac{\partial g}{\partial \overline{\sigma}_{ii}},\tag{93}$$

$$\dot{\kappa}_{ij}^{P} = \dot{\lambda} \frac{\partial g}{\partial m_{ij}},\tag{94}$$

where $\dot{\lambda}$ is the plastic multiplier, which is obtained from consistency condition $\dot{f} = 0$. The internal plastic variable⁷² is defined as follows:

$$\dot{\hat{\varepsilon}}^p = \sqrt{\frac{1}{3}\dot{\varepsilon}_s^p : \dot{\varepsilon}_s^p + \frac{1}{3}\dot{\varepsilon}_s^p : \dot{\varepsilon}_s^{p,T} + \frac{2}{3}\dot{\kappa}^p : \dot{\kappa}^p},\tag{95}$$

where ε_s^p is the deviatoric part of the plastic strain tensor.

In the following section, we present the numerical implementation of the coupled μ PPM paradigm.

NUMERICAL IMPLEMENTATION 3

This section deals with the numerical implementation of the coupled µPPM paradigm through a hybrid Lagrangian-Eulerian meshfree method in space and an explicit-explicit dual-direction fractional-step algorithm in time.²⁹

The dual-direction fractional-step algorithm splits the fully coupled poromechanics problem into a deformation/fracture problem (i.e., the solid solver) and an unsaturated fluid flow problem (i.e., the fluid solver) in parallel. We refer to the distinguished literature, ^{58–62} among others) on fractional-step/staggered and monolithic algorithms for numerically implementing coupled poromechanics problems in time. Here, the dual-direction staggered algorithm means that the solid solver or the fluid solver can be called first, given the coupled poromechanics problem. For instance, for a fluid-driven cracking problem, the program will first call the unsaturated fluid flow solver, assuming no deformation. Then, the fluid pressure will be passed to the deformation solver.

3.1 | Spatial discretization

The coupled governing equations are spatially discretized by the hybrid Lagrangian-Eulerian meshfree scheme, that is, Lagrangian for the solid phase and Eulerian (relative to the solid) for the fluid phase. Consistent with the mathematical formulations in Section 2, a porous material body is discretized into a finite number of mixed material points (i.e., the solid skeleton and the pore fluid). Each mixed material point is endowed with three types of degrees of freedom, that is, displacement, rotation, and fluid pressure. The boundary conditions are imposed through the boundary layer method. Let $\mathscr P$ be the number of total mixed material points in the problem domain and $\mathscr N_i$ be the number of material points in the horizon of material point i. The spatial discretizations of the motion equation and the balance of moment are written as follows:

$$\mathbf{0} = \mathcal{A}_{i=1}^{\mathcal{P}} \Big(\mathcal{M}_i \ddot{\mathbf{u}}_i - \overline{\mathcal{T}}_i + \mathcal{T}_{w,i} - \mathcal{M}_i \mathbf{g} \Big), \tag{96}$$

$$\mathbf{0} = \mathcal{A}_{i=1}^{\mathcal{P}} \left(\mathcal{L}_i \ddot{\hat{\boldsymbol{\omega}}}_i - \mathcal{M}_i - \overline{\mathcal{M}}_i - \boldsymbol{l}_i \mathcal{V}_i \right), \tag{97}$$

where

$$\mathcal{M}_i = \left[\rho_s (1 - \phi_i) + \rho_w S_{r,i} \phi_i \right] \mathcal{V}_i, \tag{98}$$

$$\overline{\mathcal{T}}_{i} = \sum_{i=1}^{\mathcal{N}_{i}} \left(\overline{\underline{\mathcal{T}}}_{ij} - \overline{\underline{\mathcal{T}}}_{ji} \right) \, \mathcal{V}_{j} \, \mathcal{V}_{i}, \tag{99}$$

$$\mathcal{T}_{w,i} = \sum_{j=1}^{\mathcal{N}_i} (1 - \Gamma_{ij}) \left(S_{r,i} \underline{\mathcal{T}}_{w,ij} - S_{r,j} \underline{\mathcal{T}}_{w,ji} \right) \, \mathcal{V}_j \mathcal{V}_i + \sum_{j=1}^{\mathcal{N}_i} \Gamma_{ij} \left(S_{rf,i} \underline{\mathcal{T}}_{f,ij} - S_{rf,j} \underline{\mathcal{T}}_{f,ji} \right) \, \mathcal{V}_j \mathcal{V}_i, \tag{100}$$

$$\mathcal{L}_i = \mathcal{J}_i^s \mathcal{V}_i, \tag{101}$$

$$\mathcal{M}_{i} = \sum_{j=1}^{\mathcal{N}_{i}} (\underline{\mathcal{M}}_{ij} - \underline{\mathcal{M}}_{ji}) \mathcal{V}_{j} \mathcal{V}_{i}, \tag{102}$$

$$\overline{\mathcal{M}}_{i} = \frac{1}{2} \sum_{j=1}^{\mathcal{N}_{i}} \left[\underline{\mathbf{Y}}_{ij} \times \left(\underline{\overline{\mathbf{T}}}_{ij} - \underline{\overline{\mathbf{T}}}_{ji} \right) \right] \mathcal{V}_{j} \mathcal{V}_{i} - \frac{1}{2} \sum_{j=1}^{\mathcal{N}_{i}} \left\{ \underline{\mathbf{Y}}_{ij} \times \left[(1 - \Gamma_{ij}) \left(S_{r,i} \underline{\mathbf{T}}_{w,ij} - S_{r,j} \underline{\mathbf{T}}_{w,ji} \right) \right] \right\} \mathcal{V}_{j} \mathcal{V}_{i}
- \frac{1}{2} \sum_{j=1}^{\mathcal{N}_{i}} \left[\underline{\mathbf{Y}}_{ij} \times \Gamma_{ij} \left(S_{rf,i} \underline{\mathbf{T}}_{f,ij} - S_{rf,j} \underline{\mathbf{T}}_{f,ji} \right) \right] \mathcal{V}_{j} \mathcal{V}_{i},$$
(103)

 \mathcal{A} is a linear global assembly operator, \mathcal{Y}_i and \mathcal{Y}_j are the volumes of material points i and j, respectively, and Γ_{ij} is the indicator of the fracture point.

$$\Gamma_{ij} = \begin{cases} 1 & \text{if } i \text{ and } j \text{ are fracture points,} \\ 0 & \text{otherwise.} \end{cases}$$
 (104)

In (99), (100), and (103), the effective force states and the fluid force states are written as follows:

$$\overline{\underline{\mathcal{F}}}_{ij} = \underline{\omega}_{ij} \Big(\overline{\sigma}_i \mathcal{K}_i^{-1} \underline{\xi}_{ji} + \underline{\alpha}_{1,ij} \underline{\mathcal{R}}_{1,ij} \Big), \tag{105}$$

$$\overline{\underline{\mathcal{T}}}_{ji} = \underline{\omega}_{ji} \Big(\overline{\sigma}_j \mathcal{K}_j^{-1} \underline{\xi}_{ji} + \underline{\alpha}_{1,ji} \underline{\mathcal{R}}_{1,ji} \Big), \tag{106}$$

$$\underline{\mathcal{F}}_{w,ij} = \underline{\omega}_{ij} p_{w,i} \mathbf{1} \mathcal{K}_i^{-1} \underline{\boldsymbol{\xi}}_{ij}, \tag{107}$$

$$\underline{\mathcal{F}}_{w,ji} = \underline{\omega}_{ji} p_{w,j} \mathbf{1} \mathcal{K}_{j}^{-1} \boldsymbol{\xi}_{ji}, \tag{108}$$

$$\underline{\mathcal{T}}_{f,ij} = \underline{\omega}_{ij} p_{f,i} \mathbf{1} \mathcal{K}_i^{-1} \underline{\xi}_{ii}, \tag{109}$$

$$\underline{\mathcal{F}}_{f,ji} = \underline{\omega}_{ji} p_{f,j} \mathbf{1} \mathcal{K}_j^{-1} \underline{\xi}_{ji}. \tag{110}$$

In (102), the moment states are written as follows:

$$\underline{\mathcal{M}}_{ij} = \underline{\omega}_{ij} \Big(\mathbf{m}_i \mathcal{K}_i^{-1} \underline{\xi}_{jj} + \underline{\alpha}_{2,ij} \underline{\mathcal{R}}_{2,ij} \Big), \tag{111}$$

$$\underline{\mathcal{M}}_{ji} = \underline{\omega}_{ji} \Big(\mathbf{m}_j \mathcal{K}_j^{-1} \underline{\xi}_{ji} + \underline{\alpha}_{2,ji} \underline{\mathcal{R}}_{2,ji} \Big). \tag{112}$$

Similarly, the discretized mass balance equations can be written as follows:

$$\mathbf{0} = \mathcal{A}_{i=1}^{\mathcal{P}} \Big(\mathcal{X}_i + \mathcal{Q}_i + \widetilde{\mathcal{V}}_i + \mathcal{Q}_{s,i} \Big), \tag{113}$$

$$\mathbf{0} = \mathcal{A}_{i-1}^{\mathcal{P}_f} (\mathcal{X}_{f,i} + \mathcal{Q}_{f,i} - \mathcal{Q}_{s,i}), \tag{114}$$

where \mathcal{P}_f is the number of fracture points,

$$\mathcal{X}_{i} = -\phi_{i} \frac{\partial S_{r,i}}{\partial p_{w,i}} \dot{p}_{w,i} \mathcal{Y}_{i}, \tag{115}$$

$$\mathcal{Q}_{i} = \frac{1}{\rho_{w}} \sum_{i=1}^{\mathcal{N}_{i}} (\underline{\mathcal{Q}}_{ij} - \underline{\mathcal{Q}}_{ji}) \mathcal{V}_{j} \mathcal{V}_{i}, \tag{116}$$

$$\widetilde{\mathcal{V}}_i = S_{r,i} \sum_{i=1}^{\mathcal{N}_i} \mathcal{V}_i \mathcal{V}_j \mathcal{V}_i, \tag{117}$$

$$\mathcal{Q}_{s,i} = \mathcal{A}_i \left[-\frac{k^r k_w}{\mu_w} \left(\frac{p_{w,i} - p_{f,i}}{l_{x,i}} \right) \right] / \mathcal{Y}_i, \tag{118}$$

$$\mathcal{X}_{f,i} = -\phi_i \frac{\partial S_{r,fi}}{\partial p_{f,i}} \dot{p}_{f,i} \mathcal{V}_i, \tag{119}$$

$$\mathcal{Q}_{f,i} = \frac{1}{\rho_w} \sum_{i=1}^{\mathcal{N}_i} \Gamma_{ij} (\underline{\mathcal{Q}}_{f,ij} - \underline{\mathcal{Q}}_{f,ji}) \mathcal{V}_j \mathcal{V}_i.$$
 (120)

In (116) and (120), the fluid flow states are written as follows:

$$\underline{\underline{\mathcal{Q}}}_{ij} = \underline{\omega}_{ij} \left(\rho_w \mathbf{q}_{w,i} \mathcal{K}_i^{-1} \underline{\boldsymbol{\xi}}_{ij} \right) + \underline{\alpha}_{3,ij} \underline{\mathcal{R}}_{w,ij}, \tag{121}$$

$$\underline{\mathcal{Q}}_{ji} = \underline{\omega}_{ji} \left(\rho_w \mathbf{q}_{w,j} \mathcal{K}_i^{-1} \underline{\boldsymbol{\xi}}_{ji} \right) + \underline{\alpha}_{3,ji} \mathbf{\mathcal{R}}_{w,ji}, \tag{122}$$

$$\underline{\mathcal{Q}}_{f,ij} = \underline{\omega}_{ij} \left(\rho_w \mathbf{q}_{f,i} \mathcal{K}_i^{-1} \underline{\boldsymbol{\xi}}_{ij} \right) + \underline{\alpha}_{4,ij} \underline{\boldsymbol{\mathcal{M}}}_{f,ij}, \tag{123}$$

$$\underline{\mathcal{Q}}_{f,ji} = \underline{\omega}_{ji} \left(\rho_w \mathbf{q}_{f,j} \mathcal{K}_j^{-1} \underline{\boldsymbol{\xi}}_{ji} \right) + \underline{\alpha}_{4,ij} \underline{\mathcal{R}}_{f,ij}. \tag{124}$$

3.1.1 | Jintegral

In this part, we compute the J-integral 47,48 in the μ PPM paradigm for a mode-I crack in two dimensions. Figure 4 presents a schematic of the discrete processing zone of a mode-I crack along the x direction and the path for the J-integral. It

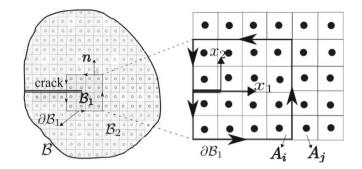


FIGURE 4 Schematic of the integration of J-integral of the μ PPM paradigm for a mode-I crack.

follows from (30) that the J-integral in the spatially discretized form can be written as

$$\mathcal{J} = \sum_{j=1}^{n_{\partial \mathcal{B}_{1}}} \Psi_{j} n_{1} \mathcal{A}_{j} - \sum_{i=1}^{n_{\mathcal{B}_{1}}} \sum_{j=1}^{n_{\mathcal{B}_{2}}} \left(\underline{\underline{\mathcal{F}}}_{ij} \frac{\partial \mathbf{u}_{j}}{\partial \mathbf{x}_{1}} - \underline{\underline{\mathcal{F}}}_{ji} \frac{\partial \mathbf{u}_{i}}{\partial \mathbf{x}_{1}} \right) \mathcal{V}_{i} \mathcal{V}_{j}
- \frac{1}{2} \sum_{i=1}^{n_{\mathcal{B}_{1}}} \sum_{j=1}^{n_{\mathcal{B}_{2}}} \underline{\xi}_{ij} \times \left(\underline{\underline{\mathcal{F}}}_{ij} \frac{\partial \widehat{\mathbf{\omega}}_{j}}{\partial \mathbf{x}_{1}} - \underline{\underline{\mathcal{F}}}_{ji} \frac{\partial \widehat{\mathbf{\omega}}_{i}}{\partial \mathbf{x}_{1}} \right) \mathcal{V}_{i} \mathcal{V}_{j}
- \sum_{i=1}^{n_{\mathcal{B}_{1}}} \sum_{i=1}^{n_{\mathcal{B}_{2}}} \left(\underline{\mathcal{M}}_{ij} \frac{\partial \widehat{\mathbf{\omega}}_{j}}{\partial \mathbf{x}_{1}} - \underline{\mathcal{M}}_{ji} \frac{\partial \widehat{\mathbf{\omega}}_{i}}{\partial \mathbf{x}_{1}} \right) \mathcal{V}_{i} \mathcal{V}_{j}, \tag{125}$$

where $n_{\partial B_1}$ is the number of material points on the boundary ∂B_1 , n_{B_1} is the number of material points in the subregion B_1 at a distance of δ from the integral path, n_{B_2} is the number of material points in the subregion B_2 at a distance of δ from the integral path, h is the thickness of crack, and n is the unit normal to the path ∂B_1 (see Figure 4).

Similarly, from (32) the energy dissipation from the J-integral for the mode-I crack can be computed as follows:

$$\mathcal{G} = \sum_{j=1}^{n_{\partial \mathcal{B}_{1}}} \Psi_{j} n_{1} \Delta x_{j} - \sum_{i=1}^{n_{\mathcal{B}_{1}}} \sum_{j=1}^{n_{\mathcal{B}_{2}}} \left(\underline{\underline{\mathcal{F}}}_{ij} \frac{\partial \mathbf{u}_{j}}{\partial \mathbf{x}_{1}} - \underline{\underline{\mathcal{F}}}_{ji} \frac{\partial \mathbf{u}_{i}}{\partial \mathbf{x}_{1}} \right) \mathcal{V}_{i} \mathcal{V}_{j} / h$$

$$- \frac{1}{2} \sum_{i=1}^{n_{\mathcal{B}_{1}}} \sum_{j=1}^{n_{\mathcal{B}_{2}}} \underline{\xi}_{ij} \times \left(\underline{\underline{\mathcal{F}}}_{ij} \frac{\partial \widehat{\mathbf{\omega}}_{j}}{\partial \mathbf{x}_{1}} - \underline{\underline{\mathcal{F}}}_{ji} \frac{\partial \widehat{\mathbf{\omega}}_{i}}{\partial \mathbf{x}_{1}} \right) \mathcal{V}_{i} \mathcal{V}_{j} / h$$

$$- \sum_{i=1}^{n_{\mathcal{B}_{1}}} \sum_{j=1}^{n_{\mathcal{B}_{2}}} \left(\underline{\underline{\mathcal{M}}}_{ij} \frac{\partial \widehat{\mathbf{\omega}}_{j}}{\partial \mathbf{x}_{1}} - \underline{\underline{\mathcal{M}}}_{ji} \frac{\partial \widehat{\mathbf{\omega}}_{i}}{\partial \mathbf{x}_{1}} \right) \mathcal{V}_{i} \mathcal{V}_{j} / h. \tag{126}$$

In the section of numerical examples, (125) is used to compute the J-integral in the μ PPM paradigm, which is compared with the closed-form solution for the J-integral in the classical micro-polar continuum model, and (126) is used to compute the mode-I crack propagation.

3.2 | Discretization in time

In this study, the fractional step/staggered explicit Newmark scheme^{1,73–75} is adopted to discretize the coupled μ PPM paradigm in time. The fractional-step algorithm splits the coupled μ PPM problem into a parallel deformation/fracturing model and an unsaturated/fracturing fluid flow problem (see Figure 5 and Algorithm 1). The energy balance check⁷⁵ is utilized to ensure the numerical stability of this algorithm for each solver in time. In what follows, we present the double-way staggered algorithm by introducing the solid deformation/fracturing solver, followed by the unsaturated/fracturing fluid flow solver. We note that, as stated at the beginning of this section, either the solid deformation/fracturing solver or the unsaturated/fracturing fluid flow solver can be called first, given the physical problem at hand.

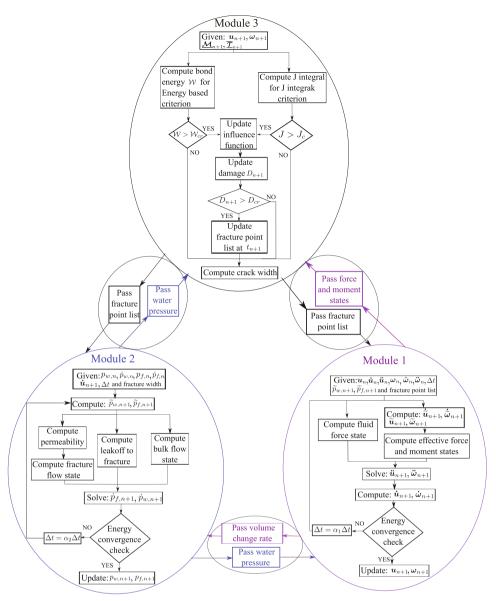


FIGURE 5 Flowchart of the fractional-step explicit–explicit algorithm for the unsaturated μ PPM paradigm (*Note*: α_1 and α_2 are time reduction factors).

3.2.1 | Solid deformation/fracturing solver under undrained conditions

Let u_n , \dot{u}_n and \ddot{u}_n be the displacement, velocity, and acceleration vectors at time step n and $\hat{\omega}_n$, $\dot{\omega}_n$ and $\ddot{\omega}_n$ be the mirco rotation, angular velocity, and angular acceleration vectors at time step n. The predictors of displacement, micro-rotation, velocity, and angular velocity in a general Newmark scheme read

$$\dot{\tilde{\boldsymbol{u}}}_{n+1} = \dot{\boldsymbol{u}}_n + (1 - \beta_1) \Delta t \ddot{\boldsymbol{u}}_n, \tag{127}$$

$$\dot{\hat{\boldsymbol{\alpha}}}_{n+1} = \dot{\hat{\boldsymbol{\alpha}}}_n + (1 - \beta_1) \Delta t \dot{\hat{\boldsymbol{\alpha}}}_n, \tag{128}$$

$$\widetilde{\boldsymbol{u}}_{n+1} = \boldsymbol{u}_n + \Delta t \dot{\boldsymbol{u}}_n + (1 - 2\beta_2) \frac{\Delta t^2}{2} \ddot{\boldsymbol{u}}_n, \tag{129}$$

$$\hat{\hat{\boldsymbol{\omega}}}_{n+1} = \hat{\boldsymbol{\omega}}_n + \Delta t \dot{\hat{\boldsymbol{\omega}}}_n + (1 - 2\beta_2) \frac{\Delta t^2}{2} \ddot{\hat{\boldsymbol{\omega}}}_n, \tag{130}$$

where β_1 and β_2 are numerical integration parameters. Given (127), (129), (128), and (130), $\tilde{\overline{\mathcal{T}}}_{n+1}$, $\tilde{\mathcal{T}}_{w,n+1}$, $\tilde{\mathcal{M}}_{n+1}$, and $\tilde{\overline{\mathcal{M}}}_{n+1}$ are determined from (129) and (130) using the classical local constitutive models introduced in Section 2.4 through

Algorithm 1. Fractional-step explicit-explicit algorithm for the μ PPM paradigm

```
1: Given: \mathbf{u}_n, \dot{\mathbf{u}}_n, \ddot{\mathbf{u}}_n, \hat{\boldsymbol{\omega}}_n, \hat{\boldsymbol{\omega}}_n, \hat{\boldsymbol{\omega}}_n, p_{w,n}, p_{w,n}, p_{t,n}, p_{f,n}, p_{f,n}, t_n, \Delta t
 2: Compute: \mathbf{u}_{n+1}, \dot{\mathbf{u}}_{n+1}, \ddot{\mathbf{u}}_{n+1}, \hat{\boldsymbol{\omega}}_{n+1}, \hat{\boldsymbol{\omega}}_{n+1}, \hat{\boldsymbol{\omega}}_{n+1}, p_{w,n+1}, p_{w,n+1}, p_{f,n+1}, p_{f,n+1}
 3: Update time t_{n+1} = t_n + \Delta t
 4: while t_{n+1} \leq t_{final} do
          Compute the velocity predictor \hat{\vec{u}}_{n+1} using (127)
 5:
          Compute the micro rotation rate predictor \hat{\omega}_{n+1} using (128)
 6:
 7:
          Apply boundary conditions
          Compute displacement predictor \tilde{\boldsymbol{u}}_{n+1} using (129)
 8:
         Compute micro rotation predictor \hat{\omega}_{n+1} using (130)
 9:
          Compute effective force, fluid force and moment vectors via Algorithm (2)
10:
          Compute \mathcal{M}_{n+1} and \mathcal{L}_{n+1}
11:
         Solve the accelerations \ddot{\boldsymbol{u}}_{n+1} using (131) and \hat{\boldsymbol{\omega}}_{n+1} using (132)
12:
          Update velocity \dot{\boldsymbol{u}}_{n+1} using (133) and micro rotation rate \hat{\boldsymbol{\omega}}_{n+1} using (134)
13:
          Update displacement u_{n+1} using (135) and micro rotation \hat{\omega}_{n+1} using (136)
14:
          Compute kinematic energy \widehat{W}_{kin,n+1} using (139)
15:
          Compute internal energy \widehat{W}_{\text{int }n+1} using (137) and external energy \widehat{W}_{\text{ext }n+1} using (138)
16:
          Check energy balance
17:
          Compute J integral for J integral criterion
18:
          Update the list of broken bonds fracture points via Algorithm (3)
19:
          Compute bond energy for energy based bond breakage criterion
20:
          Update the list of broken bonds and fracture points via Algorithm (4)
21:
          Compute water pressure predictor \tilde{p}_{w,n+1} using (141)
22:
          Compute fracture pressure predictor \tilde{p}_{f,n+1} using (142)
23:
          Compute the fluid flow in the bulk and fracture points via Algorithm (5)
24:
         Solve water pressure rate \dot{p}_{w,n+1} using (143)
25:
         Solve fracture pressure rate \dot{p}_{f,n+1} using (144)
26:
          Update water pressure p_{w,n+1} using (145) and fracture pressure p_{f,n+1} using (146)
27:
         Compute internal energy \widehat{W}_{int,n+1} using (147) and external energy \widehat{W}_{ext,n+1} using (148)
28:
         Check energy balance
29:
30: end while
31: n \leftarrow n + 1
```

Algorithm 2. Compute effective force, fluid force and moment states

```
1: Given: displacement predictor \widetilde{\boldsymbol{u}}_{n+1}, micro rotation predictor \widetilde{\widehat{\boldsymbol{\omega}}}_{n+1}, water pressure predictor at
    bulk point \widetilde{p}_{w,n+1} and at fracture point \widetilde{p}_{f,n+1}, \underline{\omega}_n, \Gamma_n
 2: Compute: effective force vector, moment vectorand fluid force vector
 3: for all points do
          Compute composite state for solid phase
 4:
          Compute relative rotation state for solid phase
 5:
          Compute shape tensor K
 6:
          Compute effective stress \bar{\sigma} and couple stress m
 7:
          Compute force states \overline{\underline{\mathcal{T}}} using (105), \underline{\mathcal{T}}_w using (107) and \underline{\mathcal{T}}_f using (109)
 8:
          Compute moment state <u>M</u> using (111)
 9:
          Compute effective force vector \overline{\mathcal{T}}_{n+1} using (99)
10:
          Compute fluid force vector \widetilde{\mathcal{T}}_{w,n+1} using (100)
11:
          Compute moment vector \widetilde{\mathcal{M}}n + 1 using (102) and \widetilde{\mathcal{M}}_{\mathscr{T}} using (103)
12:
13: end for
```

Algorithm 3. Compute J Integral and update the fracture point

```
1: Given: \underline{\bar{\mathscr{T}}}_{n+1}, \boldsymbol{u}_{n+1}, \underline{\mathscr{M}}_{n+1} and \widehat{\boldsymbol{\omega}}_{n+1}
 2: Compute J integral and update influence function \omega and update fracture points list
 3: Define crack path direction x_1
 4: Define the integral contour path
   for all points along the contour do
        Compute strain energy density
 6:
        Compute the first term of J integral in (125)
 7:
 8: end for
   for all points in regions \mathcal{B}_1 and \mathcal{B}_2 do
        Compute the second, third and 4th terms of J integral in (125)
10:
11: end for
12: Compute J integral
13: if J > J_{cr} then
        for all points do
14:
            for each neighbour do
15:
                if the bond cross the new crack surface then
16:
                     Update influence function \omega
17:
                 end if
18:
            end for
19:
            Update damage variable D
20:
            if D > D_{cr} then
21:
                 Set material point as fracture point
22:
            end if
23:
        end for
24:
25: end if
```

Algorithm 4. Compute bond energy and update the fracture points

```
1: Given: \underline{\bar{\mathscr{T}}}_{n+1}, \Delta \underline{\mathscr{U}}, \underline{\mathscr{M}}_{n+1} and \Delta \underline{\varOmega}
 2: Compute bond energy and update influence function \omega and update fracture points list
   for all points do
 3:
        for each neighbor do
 4:
             Compute bond energy W
 5:
             if W > W_{cr} then
 6:
                  Update influence function \omega
 7:
                  Update damage variable D
 8:
                  Sum the energy in the bond to total energy dissipated at the point
 9:
             end if
10.
        end for
11:
        if D > D_{cr} then
12:
             Set material point as fracture point
13:
        end if
14:
15: end for
```

Algorithm 5. Compute fluid flow in the bulk and fracture

- 1: Given: $\dot{\boldsymbol{u}}_{n+1} \, \widetilde{p}_{w,n+1}, \, \widetilde{p}_{f,n+1}, \, \Gamma_{n+1}$
- 2: Compute: bulk fluid flow and fracture fluid flow vectors
- 3: for all points do
- 4: Compute pressure potential state
- 5: Compute shape tensor K
- 6: Compute pressure gradient state $\widetilde{\nabla \Phi}$
- 7: Compute relative permeability k^r
- 8: Compute flux vector \boldsymbol{q}_{w}
- 9: Compute flow state \mathcal{Q}
- 10: Compute bulk fluid flow $\widetilde{\mathcal{Q}}_{n+1}$ using (116)
- 11: end for
- 12: for all points do
- 13: Compute fracture width a_f
- 14: Compute fracture permeability k_f
- 15: **for** each neighbor **do**
- 16: Compute fracture pressure states
- 17: Compute fracture pressure gradient state $\nabla \Phi_f$
- 18: Compute fracture flow state $\underline{\mathscr{Q}}_f$
- 19: end for
- 20: Compute fracture fluid flow $\widetilde{\mathcal{Q}}_{f,n+1}$ using (120)
- 21: Compute source term $\widetilde{\mathcal{Q}}_{s,n+1}$ using (118)
- 22: end for

the μ PPM correspondence principle. Then, the acceleration and angular acceleration at n+1 are determined by

$$\ddot{\boldsymbol{u}}_{n+1} = \mathcal{M}_{n+1}^{-1} \left(\widetilde{\widetilde{\mathcal{T}}}_{n+1} - \widetilde{\mathcal{T}}_{w,n+1} - \mathcal{M}_{n+1} \mathbf{g} \right), \tag{131}$$

$$\ddot{\hat{\boldsymbol{\omega}}}_{n+1} = \mathcal{L}_{n+1}^{-1} \left(\widetilde{\mathcal{M}}_{n+1} + \widetilde{\overline{\mathcal{M}}}_{n+1} + \boldsymbol{l}_{n+1} \boldsymbol{V} \right), \tag{132}$$

From (131) and (132), the velocity, angular velocity, displacement, and micro-rotation at time step n+1 can be obtained as

$$\dot{\boldsymbol{u}}_{n+1} = \dot{\tilde{\boldsymbol{u}}}_{n+1} + \beta_1 \Delta t \ddot{\boldsymbol{u}}_{n+1},\tag{133}$$

$$\dot{\hat{\boldsymbol{\alpha}}}_{n+1} = \dot{\tilde{\boldsymbol{\alpha}}}_{n+1} + \beta_1 \Delta t \dot{\tilde{\boldsymbol{\alpha}}}_{n+1},\tag{134}$$

$$\mathbf{u}_{n+1} = \widetilde{\mathbf{u}}_{n+1} + \beta_2 \Delta t^2 \ddot{\mathbf{u}}_{n+1},\tag{135}$$

$$\hat{\boldsymbol{\omega}}_{n+1} = \tilde{\hat{\boldsymbol{\omega}}}_{n+1} + \beta_2 \Delta t^2 \ddot{\hat{\boldsymbol{\omega}}}_{n+1}. \tag{136}$$

In this study, we adopt the explicit central difference solution scheme,⁷³ that is, $\beta_1 = 1/2$ and $\beta_2 = 0$. We note that the explicit method is efficient and robust to model dynamic problems.⁷³

The energy balance check is used to ensure numerical stability of the solid deformation/fracturing solver in time. The internal energy, external energy, and kinetic energy of the solid deformation/fracturing process at time step n + 1 are defined as follows:

$$\widehat{\mathcal{W}}_{\text{int},n+1} = \widehat{\mathcal{W}}_{\text{int},n} + \frac{\Delta t}{2} \left(\dot{\boldsymbol{u}}_n + \frac{\Delta t}{2} \ddot{\boldsymbol{u}}_n \right) \left[\left(\overline{\mathcal{T}}_n - \mathcal{T}_{w_n} \right) + \left(\overline{\mathcal{T}}_{n+1} - \mathcal{T}_{w_{n+1}} \right) \right] + \frac{\Delta t}{2} \left(\dot{\hat{\boldsymbol{\omega}}}_n + \frac{\Delta t}{2} \ddot{\hat{\boldsymbol{\omega}}}_n \right) \left[\left(\mathcal{M}_n + \overline{\mathcal{M}}_n \right) + \left(\mathcal{M}_{n+1} + \overline{\mathcal{M}}_{n+1} \right) \right],$$
(137)

$$\widehat{\mathscr{W}}_{\text{ext},n+1} = \widehat{\mathscr{W}}_{\text{ext},n} + \frac{\Delta t}{2} \left(\dot{\boldsymbol{u}}_n + \frac{\Delta t}{2} \ddot{\boldsymbol{u}}_n \right) (\mathcal{M}_n \boldsymbol{g} + \mathcal{M}_{n+1} \boldsymbol{g})$$

$$+ \frac{\Delta t}{2} \left(\dot{\hat{\boldsymbol{o}}}_n + \frac{\Delta t}{2} \ddot{\hat{\boldsymbol{o}}}_n \right) (\boldsymbol{l}_n \mathscr{V} + \boldsymbol{l}_{n+1} \mathscr{V}),$$
(138)

$$\widehat{\mathcal{W}}_{kin,n+1} = \frac{1}{2} \dot{\boldsymbol{u}}_{n+1} \mathcal{M}_{n+1} \dot{\boldsymbol{u}}_{n+1} + \frac{1}{2} \dot{\hat{\boldsymbol{o}}}_{n+1} \mathcal{L}_{n+1} \dot{\hat{\boldsymbol{o}}}_{n+1}.$$
(139)

Then, it follows from the energy conservation criterion that

$$|\widehat{\mathcal{W}}_{kin,n+1} - \widehat{\mathcal{W}}_{ext,n+1} + \widehat{\mathcal{W}}_{int,n+1}| \le \hat{\varepsilon}_1 \max \left(\widehat{\mathcal{W}}_{kin,n+1}, \widehat{\mathcal{W}}_{int,n+1}, \widehat{\mathcal{W}}_{ext,n+1}\right), \tag{140}$$

where $\hat{\varepsilon}_1$ is a small tolerance on the order of 10^{-2} . 31,75

3.2.2 Unsaturated/fracturing fluid flow solver in the updated deformed configuration

The fluid pressure predictors at time step n + 1 through the general Newmark scheme⁷³ can be written as

$$\tilde{p}_{w,n+1} = p_{w,n} + (1 - \beta_3) \Delta t \dot{p}_{w,n},\tag{141}$$

$$\tilde{p}_{f,n+1} = p_{f,n} + (1 - \beta_3) \Delta t \dot{p}_{f,n},\tag{142}$$

where β_3 is a numerical integration parameter. Given (141) and (142), the fluid flow states can be determined. Then, $\dot{p}_{w,n+1}$ and $\dot{p}_{f,n+1}$ can be computed by

$$\dot{p}_{w,n+1} = -\left(\phi \frac{\partial \tilde{s}_{r,n+1}}{\partial \tilde{p}_{w,n+1}}\right)^{-1} \left(\tilde{\mathcal{Q}}_{n+1} + \mathcal{V}_{n+1} + \tilde{\mathcal{Q}}_{s,n+1}\right),\tag{143}$$

$$\dot{p}_{f,n+1} = \left(\phi \frac{\partial \tilde{s}_{rf,n+1}}{\partial \tilde{p}_{f,n+1}}\right)^{-1} \left(\tilde{\mathcal{X}}_{f,n+1} + \tilde{\mathcal{Q}}_{f,n+1} - \tilde{\mathcal{Q}}_{s,n+1}\right). \tag{144}$$

It follows from (141), (142), (143), and (144), and the general Newmark scheme⁷³ that $p_{w,n+1}$ and $p_{f,n+1}$ can be written as

$$p_{w,n+1} = \tilde{p}_{w,n+1} + \beta_3 \Delta t \dot{p}_{w,n+1},\tag{145}$$

$$p_{f,n+1} = \tilde{p}_{f,n+1} + \beta_3 \Delta t \dot{p}_{f,n+1}. \tag{146}$$

In this study, the explicit Newmark scheme, that is, $\beta_3 = 0$, is adopted for the fluid flow solver.

Similar to the deformation/fracturing solver, the energy convergence criterion is used to ensure the numerical stability for the fluid flow solver. The internal energy, external energy, and kinetic energy of the fluid flow process at time step n + 1 are defined as follows:

$$\widehat{\widehat{\mathcal{W}}}_{\text{int},n+1} = \widehat{\widehat{\mathcal{W}}}_{\text{int},n} + \frac{\Delta t}{2} \dot{p}_{w,n+1} \left[\left(\mathcal{Q}_n + \overline{\mathcal{V}}_n \right) + \left(\mathcal{Q}_{n+1} + \overline{\mathcal{V}}_{n+1} \right) \right] + \frac{\Delta t}{2} \dot{p}_{f,n+1} \left[\left(\mathcal{X}_{f,n} + \mathcal{Q}_{f,n} \right) + \left(\mathcal{X}_{f,n+1} + \mathcal{Q}_{f,n+1} \right) \right], \tag{147}$$

$$\widehat{\widehat{\mathcal{W}}}_{\text{ext},n+1} = \widehat{\widehat{\mathcal{W}}}_{\text{ext},n} + \frac{\Delta t}{2} \dot{p}_{w,n+1} (\mathcal{Q}_{s,n} + \mathcal{Q}_{s,n+1}) - \frac{\Delta t}{2} \dot{p}_{f,n+1} (\mathcal{Q}_{s,n} + \mathcal{Q}_{s,n+1}). \tag{148}$$

Then, it follows from the energy conservation criterion that

$$|\widehat{\widehat{\mathcal{W}}}_{\text{int},n+1} - \widehat{\widehat{\mathcal{W}}}_{\text{ext},n+1}| \le \hat{\varepsilon}_2 \max \left(\widehat{\widehat{\mathcal{W}}}_{\text{int},n+1}, \widehat{\widehat{\mathcal{W}}}_{\text{ext},n+1}\right), \tag{149}$$

where $\hat{\epsilon}_2$ is a small tolerance on the order of 10^{-2} . 31,75 It is worth noting that following the lines in, 29 a fractional-step implicit-implicit algorithm can be formulated to solve the coupled μ PPM paradigm in time, which is beyond the scope of the present study. For the numerical implementation algorithm for micro-polar plasticity models, we refer to the celebrated literature on the subject. 42,44,71,76,77

4 | NUMERICAL EXAMPLES

In this section, we present four numerical examples to evaluate the implemented μ PPM paradigm and to demonstrate its efficacy and capability of modeling shear banding and cracking in porous media. Example 1 deals with the mode I crack driven by fluid pressure or solid deformation. Example 2 validates and verifies the proposed μ PPM J integral for the mode I and II cracks. Example 3 deals with the shear banding of unsaturated porous media under the biaxial compression test. Example 4 deals with the propagation of the mode-I crack in unsaturated porous media under displacement controlled loading.

4.1 | Example 1: Mode I crack

This example simulates the mode I crack driven by either fluid pressure or solid deformation. We first present the case driven by fluid pressure, followed by the case driven by solid deformation.

4.1.1 | Case 1: Fluid-driven crack

This example simulates the fluid pressure-driven crack in a saturated elastic porous material. Figure 6 plots the model setup for case 1. The initial crack length is 0.05 m. The fluid flow rate $q = 5 \times 10^{-5}$ m 2 /s is imposed on the left end of the crack. The water pressure is prescribed zero on the top, bottom, and right boundaries of the specimen. The horizontal displacement is fixed on the right boundary. The displacement in the vertical direction is fixed on the top and bottom boundaries. The elastic micro-polar constitutive model for the solid introduced in Section 2.4.1 is adopted. Following, ⁷⁸ the input material parameters are: bulk modulus K = 270.83 MPa, shear modulus $\mu = 220.33$ MPa, micropolar shear modulus $\mu_c = 100$ MPa, micropolar length scale $l = 7.5 \times 10^{-3}$ m, solid density $\rho_s = 2000$ kg / m 3 , initial porosity $\phi_0 = 0.2$, water density $\rho_w = 1000$ kg / m 3 , and hydraulic conductivity $k_w = 2.78 \times 10^{-9}$ m/s. The pore water is assumed incompressible. The stabilization parameter $\mathcal{G} = 0.5$ is used. For this case, $\mathcal{G}_{cr} = 95$ N/m is used for the energy-based bond breakage criterion. ⁷⁸ The loading time t = 0.5 s, and the time increment $\Delta t = 5 \times 10^{-6}$ s. In what follows, we present the numerical results.

Figure 7 plots the snapshots of the damage variable contour on the deformed configuration at three loading times. Figure 8 compares the contours of water pressure on the deformed configuration at three loading times with the results in. The contours of water pressure and the damage variable are similar to the numerical results in (see Figures 7 and 8). Figure 9 presents the snapshots of micro rotation on the deformed configuration at the three loading times. As shown in Figure 9, the micro-rotation of material points is concentrated on the crack tip, and the magnitude of the micro-rotation of those material points increases as the crack propagates.

Next, we present the results of the simulations with two spatial discretizations. For the two cases, the specimen is discretized into 66×66 uniform points ($\Delta x_1 = 3.75 \times 10^{-3}$ m) and 100×100 uniform points ($\Delta x_2 = 2.5 \times 10^{-3}$ m), respectively. The same micro-length scale and horizon, that is, $\delta = 7.5 \times 10^{-3}$ m, is assumed. The other conditions remain the same. Figure 10 plots the contours of the damage variable on the deformed configuration at loading $\overline{\sigma} = 1$ MPa for both

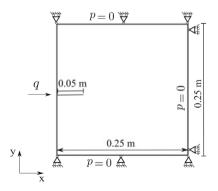


FIGURE 6 Problem setup for the case of fluid pressure-driven crack.

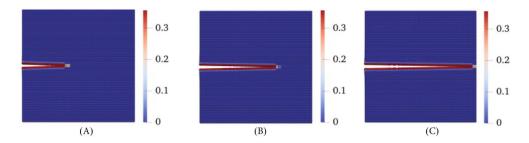


FIGURE 7 Contours of the damage variable on the deformed configuration (magnification factor (MF) =100) at (A) $t_1 = 0.3$ s, (B) $t_2 = 0.4$, and s (C) $t_3 = 0.5$ s.

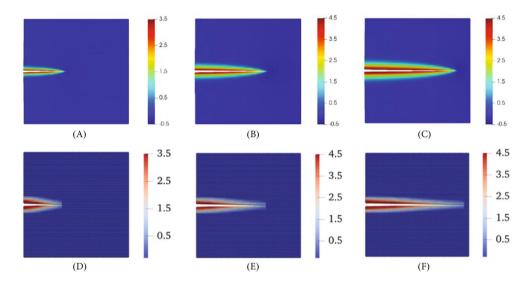


FIGURE 8 Contours of water pressure (MPa) on the deformed configuration (MF = 100) from ⁷⁸ at (A) $t_1 = 0.3$ s, (B) $t_2 = 0.4$ s, and (C) $t_3 = 0.5$ s and from our numerical model at (D) $t_1 = 0.3$ s, (E) $t_2 = 0.4$ s, and (F) $t_3 = 0.5$ s.

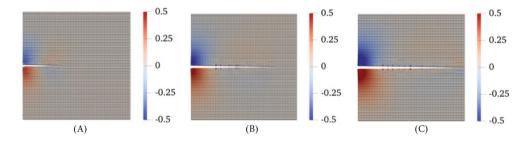


FIGURE 9 Contours of the micro-rotation (degree) on the deformed configuration (MF = 100) at (A) $t_1 = 0.3$ s, (B) $t_2 = 0.4$ s, and (C) $t_3 = 0.5$ s.

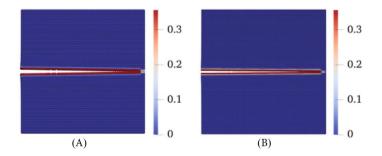


FIGURE 10 Contours of the damage variable on the deformed configuration (MF = 100) at loading $\overline{\sigma} = 1$ MPa for cases ($\delta = 7.5 \times 10^{-3}$ m): (A) $\Delta x_1 = 3.75 \times 10^{-3}$ m and (B) $\Delta x_2 = 2.5 \times 10^{-3}$ m.

discretizations. Figure 11 shows the contours of the water pressure on the deformed configuration at loading $\overline{\sigma} = 1$ MPa for both discretizations. Figure 12 plots the contours of the micro rotation of material points at loading $\overline{\sigma} = 1$ MPa for the two discretizations. The results in these figures have demonstrated that with the same horizon, the numerical results are less influenced by the spatial discretization scheme.

4.1.2 | Case 2: Deformation-driven crack

Case 2 deals with the deformation-driven crack in the saturated elastic porous material, as assumed in case 1. Figure 13 plots the dimensions, boundary, and loading conditions for case 2. We note that the dimensions of the specimen and the initial crack are the same as in case 1, except for the loading condition. All boundaries are impervious. The input

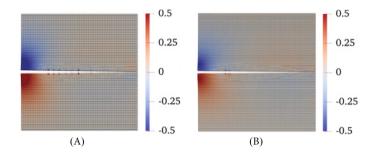


FIGURE 11 Contours of water pressure (MPa) on the deformed configuration (MF = 100) at loading $\overline{\sigma} = 1$ MPa for cases $(\delta = 7.5 \times 10^{-3} \text{ m})$: (A) $\Delta x_1 = 3.75 \times 10^{-3} \text{ m}$ and (B) $\Delta x_2 = 2.5 \times 10^{-3} \text{ m}$.

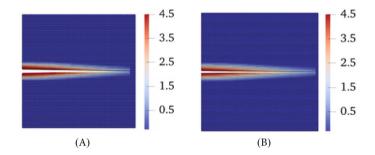


FIGURE 12 Contours of micro rotation (degree) on the deformed configuration (MF = 100) at loading $\overline{\sigma} = 1$ MPa for cases $(\delta = 7.5 \times 10^{-3} \text{ m})$: (A) $\Delta x_1 = 3.75 \times 10^{-3} \text{ m}$ and (B) $\Delta x_2 = 2.5 \times 10^{-3} \text{ m}$.

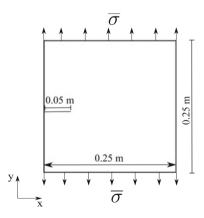


FIGURE 13 Problem setup for the deformation driven crack.

material parameters are the same as in case 1. The vertical load is applied on the top and bottom boundaries through a ramp function from 0 to 1 MPa. The specimen is discretized into 100×100 uniform material points with $\Delta x = 2.5 \times 10^{-3}$ m. The horizon size is the same as the micro-polar length scale, that is, $\delta = 3.05 \ \Delta x$. The simulation time $t = 5 \times 10^{-3}$ s. The time increment $\Delta t = 5 \times 10^{-7}$ s.

Figure 14 plots the snapshots of the damage variable at $\overline{\sigma} = 0.6$, 0.8, and 1 MPa, respectively. As shown in Figure 14, at the load $\overline{\sigma} = 0.6$ MPa, the crack starts to grow, and at the load $\overline{\sigma} = 1$ MPa, the crack length reaches 0.1975 m. Figure 15 shows the snapshots of water pressure at the same three loading stages. Figure 15 shows that the maximum water pressure is at the crack tip. It is implied from Figure 15 that the water pressure of the material points around the crack path is zero due to fluid flow to the fracture points. Figure 16 presents the snapshots of micro rotation at three loading stages of the simulation. Figure 9 shows that the micro rotation of material points at the crack tip is the maximum. It is implied from the results that the magnitude of the micro rotation of material points increases as the crack propagates.

Next, we present the results of the simulations with two spatial discretizations assuming the same length scale. For the two cases, the specimen is discretized into 66×66 uniform points ($\Delta x_1 = 3.75 \times 10^{-3}$ m) and 100×100 uniform points ($\Delta x_2 = 2.5 \times 10^{-3}$ m), respectively. The same micro-length scale and horizon are assumed, that is, $\delta = 7.5 \times 10^{-3}$ m. The

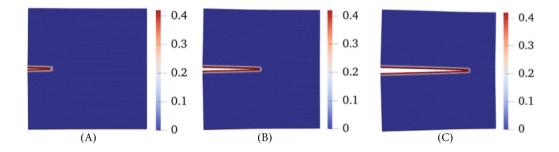


FIGURE 14 Contours of the damage variable on the deformed configuration (MF = 100) at (A) $\overline{\sigma}_1 = 0.6$ MPa, (B) $\overline{\sigma}_2 = 0.8$ MPa, and (C) $\overline{\sigma}_3 = 1$ MPa.

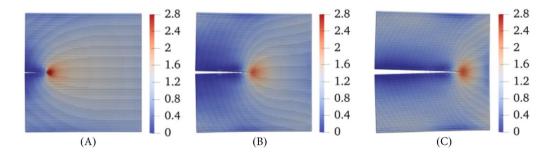


FIGURE 15 Contours of water pressure (MPa) on the deformed configuration (MF = 100) at (A) $\overline{\sigma}_1 = 0.6$ MPa, (B) $\overline{\sigma}_2 = 0.8$ MPa, and (C) $\overline{\sigma}_3 = 1$ MPa.

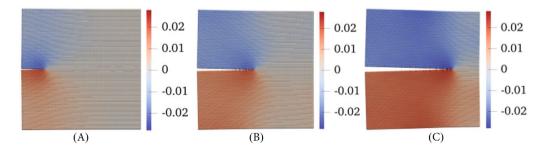


FIGURE 16 Contours of the micro rotation (degree) on the deformed configuration (MF = 100) at loading (A) $\overline{\sigma}_1 = 0.6$ MPa, (B) $\overline{\sigma}_2 = 0.8$ MPa, and (C) $\overline{\sigma}_3 = 1$ MPa.

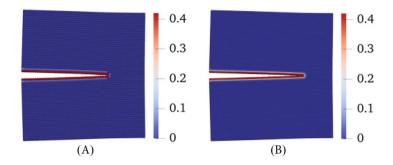


FIGURE 17 Contours of the damage variable on the deformed configuration (MF = 100) at loading $\overline{\sigma} = 1$ MPa for cases ($\delta = 7.5 \times 10^{-3}$ m): (A) $\Delta x_1 = 3.75 \times 10^{-3}$ m and (B) $\Delta x_2 = 2.5 \times 10^{-3}$ m.

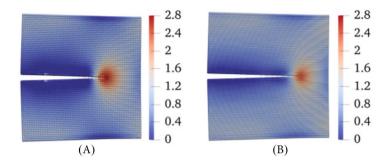


FIGURE 18 Contours of water pressure (MPa) on the deformed configuration (MF = 100) at loading $\overline{\sigma} = 1$ MPa for cases $(\delta = 7.5 \times 10^{-3} \text{ m})$: (A) $\Delta x_1 = 3.75 \times 10^{-3} \text{ m}$ and (B) $\Delta x_2 = 2.5 \times 10^{-3} \text{ m}$.

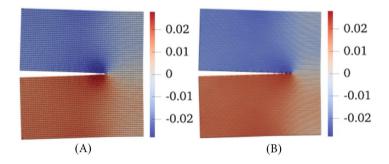


FIGURE 19 Contours of the micro rotation (degree) on the deformed configuration (MF = 100) at loading $\overline{\sigma} = 1$ MPa for cases $(\delta = 7.5 \times 10^{-3} \text{ m})$: (A) $\Delta x_1 = 3.75 \times 10^{-3} \text{ m}$ and (B) $\Delta x_2 = 2.5 \times 10^{-3} \text{ m}$.

other conditions are the same. Figure 17 plots the contours of the damage variable on the deformed configuration at loading $\overline{\sigma}=1$ MPa for both discretizations. Figure 18 shows the contours of water pressure on the deformed configuration at loading $\overline{\sigma}=1$ MPa for both discretizations. Figure 19 demonstrates the contours of the micro rotation of material points on the deformed configuration at loading $\overline{\sigma}=1$ MPa for both discretizations. It can be implied from the results that with the same horizon, the numerical results are less influenced by spatial discretization.

4.2 | Example 2: Validation of J-integral

This example deals with the J-integral computation in the μ PPM framework for the mode I and II cracks in an elastic porous material. In this example, we compare our numerical results of J-integral with the classical micropolar

solution. ^{45,79} Furthermore, we study the impact of the micropolar length scale, horizon, and spatial discretization schemes on the J-integral computation.

4.2.1 | J-integral: Mode I crack

In this part, we compute the J-integral of the mode I crack. Figure 20 plots the model setup. The initial crack length is 0.05 m. A tensile stress $\sigma=1$ MPa is applied on the top and bottom boundaries through a ramp function. The elastic material properties are: bulk modulus K=60 GPa, shear modulus $\mu=27.7$ GPa, micropolar shear modulus $\mu_c=14$ GPa, solid density $\rho_s=3000$ kg / m³, and initial porosity $\phi_0=0.3$. The stabilization parameter $\mathscr{G}=0.5$ is used. The specimen is discretized into 100×100 material points with a uniform grid size $\Delta x=1\times10^{-3}$ m. The simulation time $t=1\times10^{-2}$ s and the time increment $\Delta t=2.5\times10^{-7}$ s.

We first show the results of a base simulation. Figure 21 plots the contour of the damage variable, the micro rotation, and the displacement norm superimposed on the deformed configuration at the final loading step. As shown in Figure 21, the magnitude of micro rotation at the crack tip is very small for the mode I crack.

The micropolar length scale is hypothesized to affect the J integral for the mode I crack. To test this hypothesis, we compute the J-integral with three micropolar length scales, $l=3\times 10^{-3}$, 4×10^{-3} , and 5×10^{-3} m. The horizon size is the same as the micropolar length scale. Table 1 summarizes the results from μ PPM and the classical micropolar solution. ^{45,79} In Table 1, we also present the translational and micro-rotational parts of the J integral of our numerical results for each micro-polar length scale. The results in Table 1 show that our numerical solution is slightly greater than the closed-form solution of the classical micro-polar formulation. With the increase of the micro-polar length scale, the J-integral of the mode I crack decreases for both the μ PPM and classical micro-polar solutions. Table 1 shows that the micro rotational part of the J integral is much smaller than the translational displacement part due to the mode I crack.

Next, we study the impact of the grid size on the J-integral result. For this purpose, we present the results of J integral with four spatial discretization schemes, that is, $\Delta x = 1.33 \times 10^{-3}$, 1×10^{-3} , 0.8×10^{-3} , and 0.67×10^{-3} m. The same

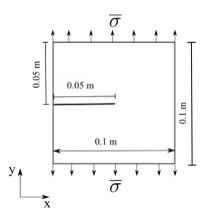


FIGURE 20 Model setup for the mode I crack of Example 2.

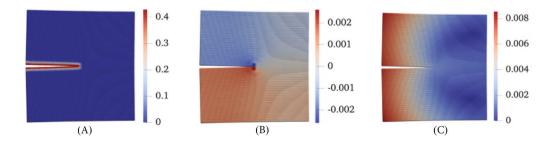


FIGURE 21 (A) Contour of the damage variable, (B) contour of micro rotation (degree), and (C) contour of the displacement norm $(\times 10^{-3} \text{ m})$ on the deformed configuration (MF = 200) at the final load step.

TABLE 1 Comparison of the J-integral from the μ PPM solution and the classical micro-polar solution for the mode I crack assuming three micro-polar length scales.

	J integral (P	J integral (Pa. m)			
$l (\times 10^{-3} \text{ m})$	$\mu \mathrm{PPM}$	Translational part	Micro-rotational part	Classical micropolar	
3	21.64	21.73	0.21	19.81	
4	20.48	20.3	0.18	19.7	
5	20.04	19.89	0.15	19.66	

TABLE 2 Summary of the J-integrals from μ PPM with 4 grid sizes for the mode I crack.

$\Delta x (\times 10^{-3} \text{ m})$	l (×10 ⁻³ m)	Jintegral (Pa. m)
1.33	4	21.24
1	4	20.48
0.8	4	20.01
0.67	4	19.93

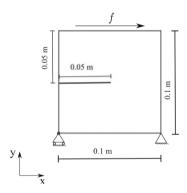


FIGURE 22 Model setup for the mode II crack of Example 2.

horizon $\delta = 4 \times 10^{-3}$ m and the same internal length scale $l = 4 \times 10^{-3}$ m are adopted. Table 2 presents the results of the J-integral obtained from the four grid sizes. Table 2 shows that the grid size slightly impacts the J-integral. This impact may be decreased using a smaller grid size under the same micro-polar length. In the following part, we present the results of J-integral for the mode II crack.

4.2.2 | J-integral: Mode II crack

We compute the μ PPM J-integral of the mode II crack in this part. Figure 22 plots the model setup for the mode II crack. The initial crack length is 0.05 m. A shear force is applied on the top boundary through a ramp function from zero to 1 kN. The material parameters are the same for the mode I crack in this example. The specimen is discretized into 100×100 material points with a uniform grid size $\Delta x = 1 \times 10^{-3}$ m. The simulation time $t = 1 \times 10^{-2}$ s and $\Delta t = 2.5 \times 10^{-7}$ s. We first present the base simulation. Figure 23 plots the contour of the damage variable, the micro rotation, and the displacement magnitude on the deformed configuration at the final load step. Figure 23 shows that the micro-rotation magnitude at the crack tip is more significant for the mode II crack than that for the mode I crack case. This could be due to the micro-rotation caused by the shear loading on the top boundary.

Similarly to the mode I crack, it is postulated that the micro-polar length affects the J-integral of the mode II crack. To test this postulation, we compute the J-integral of the mode II crack with three micro-polar length scales, $l = 3 \times 10^{-3}$, 4×10^{-3} , and 5×10^{-3} m. The horizon equals the micropolar length scale. Table 3 summarizes the results from μ PPM and

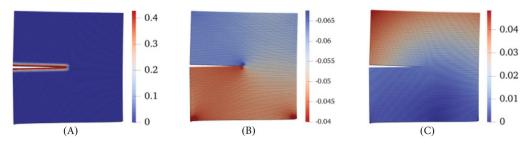


FIGURE 23 (A) Contour of the damage variable, (B) contour of micro rotation (degree), and (C) contour of the displacement norm $(\times 10^{-3} \text{ m})$ on the deformed configuration (MF = 100) at the last loading step.

TABLE 3 Comparison of J-integral from µPPM and the classical micropolar model for the mode II crack.

	J integral (Pa. m)				
l (×10 ⁻³ m)	μ PPM	Translational part	Micro-rotational part	Classical micro-polar	
3	11.76	7.14	4.62	10.26	
4	10.51	6.49	4.02	9.94	
5	10.21	6.32	3.69	9.71	

TABLE 4 Summary of the J-integrals from μ PPM with 4 grid sizes for the mode II crack.

$\Delta x \ (\times 10^{-3} \text{ m})$	l (×10 ⁻³ m)	J-integral (Pa. m)
1.33	4	11.21
1	4	10.51
0.8	4	10.12
0.67	4	10.05

the classical micro-polar solution.^{45,79} Table 3 also presents the translational and micro-rotational parts of the J-integral of the mode II crack for different micro-polar length scales. The results show that our numerical solutions are close to the solution of the classical micropolar formulation. Moreover, the results in Table 3 show that the micro-rotational part of the J integral could play a more important role in the J-integral of the mode II crack than that of the mode I crack (Table 3).

Next, we present the results of the J-integral computed from four spatial discretization schemes, that is, $\Delta x = 1.33 \times 10^{-3}$, 1×10^{-3} , 0.8×10^{-3} , and 0.67×10^{-3} m with the same internal length scale and horizon, that is, $\delta = l = 4 \times 10^{-3}$ m. Table 4 summarizes the results. The results show that the J-integral value converges with decreasing the grid size.

4.3 | Example 3: Conjugate shear banding under bi-axial loading

This example deals with the conjugate shear banding in unsaturated plastic porous media under dynamic loading conditions. Figure 24 plots the model setup for this example. A vertical displacement $u_y = 10 \times 10^{-3}$ m is applied on the top boundary with the rate $\dot{u}_y = 0.1$ m/s. The constant lateral confining pressure of 0.1 MPa is applied on the left and right boundaries. All boundaries are impervious to fluids. The micro-plastic model in Section 2.4.2 is adopted for this example. For the base simulation, the input material parameters are as follows: solid phase density $\rho_s = 2000 \text{ kg/m}^3$, bulk modulus K = 27.8 MPa, shear modulus $\mu = 20.8$ MPa, micropolar shear modulus $\mu_c = 40.6$ MPa, micropolar length scale $l = 5 \times 10^{-3}$ m, initial porosity $\phi_0 = 0.35$, water viscosity $\mu_w = 1 \times 10^{-3}$ Pa s, hydraulic conductivity $k_w = 1 \times 10^{-9}$ m/s, n = 1.8, $s_a = 50$ kPa, initial cohesion $c_0 = 0.8$ MPa, residual cohesion $c_r = 0.25$ MPa, linear softening modulus h = -10 MPa, dilatation angle $\psi = 35^\circ$, and frictional angle $\varphi = 35^\circ$. The stabilization parameter $\mathcal{G} = 0.1$. The initial water pressure $p_0 = -25$ kPa. The specimen is discretized into 60×120 material points through a uniform grid with $\Delta x = 1.67 \times 10^{-3}$

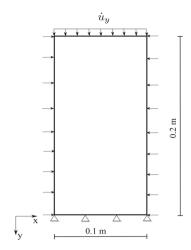


FIGURE 24 Model setup for Example 3.

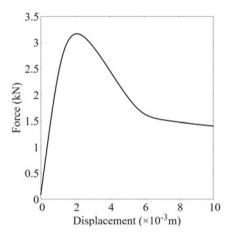


FIGURE 25 Loading curve on the top boundary.

m. The micro-polar length scale and the horizon size are the same, that is, $\delta = 3.05\Delta x$. The simulation time t = 0.1 s and the time increment $\Delta t = 2.5 \times 10^{-6}$ s.

We first present the results of the base simulation in Figures 25–30. Figure 25 plots the loading curve on the top boundary of the sample. Figure 26 plots the contours of the equivalent plastic shear strain on the deformed configuration at three displacements, that is, $u_y = 3 \times 10^{-3}$, 4.5×10^{-3} , and 6×10^{-3} m. Figure 27 presents the contours of the plastic volumetric strain at the same loading stages. The positive sign of plastic volumetric strain denotes dilatation. Figure 28 plots the contours of the micro-rotation at the three loading stages. The results in Figures 26–28 have demonstrated the formation of two conjugate shear bands in the sample and that the shear band instability nucleates from the sample's geometrical center. It is noted that no weak element, in contrary to the classical finite element method, is needed to trigger the shear banding due to the strong nonlocal formulation in this study.⁴⁰ As shown in Figure 28, the micro rotation of material points is localized within the shear band. Figure 29 shows the snapshots of water pressure on the deformed configuration at the three loading stages.

In this study, the second-order work formulated in the framework of μ PPM (see Section 2.2.3) is used to validate the shear band zones. Based on the second-order work criterion, material instability (e.g., shear banding) occurs when the second-order work becomes non-positive. We note that the non-positive second-order work is a necessary but not sufficient condition for shear banding formation in that other types of instability could happen under this condition (e.g., diffusive instability). Figure 30 shows the contours of the second-order work on the deformed configuration. Figure 30 shows that the second-order work within the shear band is negative. It is implied from this that the nonlocal second-order work criterion is useful for detecting the formation of shear bands. We note that in this study, the nonlocal length

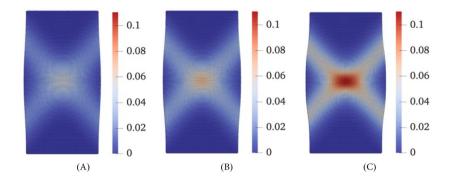


FIGURE 26 Contours of the equivalent plastic shear strain on the deformed configuration at (A) $u_{y,1} = 3 \times 10^{-3}$ m, (B) $u_{y,2} = 4.5 \times 10^{-3}$ m, and (C) $u_{y,3} = 6 \times 10^{-3}$ m.

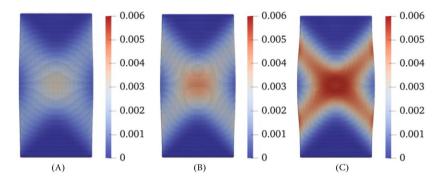


FIGURE 27 Contours of the plastic volumetric strain on the deformed configuration at (A) $u_{y,1} = 3 \times 10^{-3}$ m, (B) $u_{y,2} = 4.5 \times 10^{-3}$ m, and (C) $u_{y,3} = 6 \times 10^{-3}$ m.

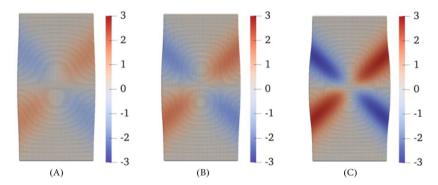


FIGURE 28 Contours of the micro rotation (degree) on the deformed configuration at (A) $u_{y,1} = 3 \times 10^{-3}$ m, (B) $u_{y,2} = 4.5 \times 10^{-3}$ m, and (C) $u_{y,3} = 6 \times 10^{-3}$ m.

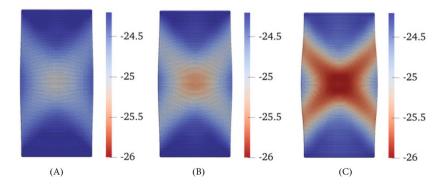


FIGURE 29 Contours of water pressure (kPa) on the deformed configuration at (A) $u_{y,1} = 3 \times 10^{-3}$ m, (B) $u_{y,2} = 4.5 \times 10^{-3}$ m, and (C) $u_{y,3} = 6 \times 10^{-3}$ m.

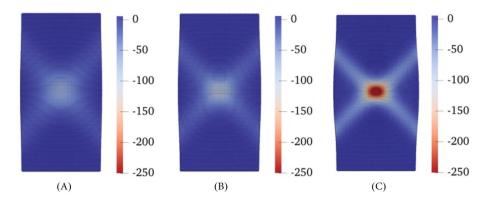


FIGURE 30 Contours of the second-order work (N/m²) on the deformed configuration at (A) $u_{y,1} = 3 \times 10^{-3}$ m, (B) $u_{y,2} = 4.5 \times 10^{-3}$ m, and (C) $u_{y,3} = 6 \times 10^{-3}$ m.

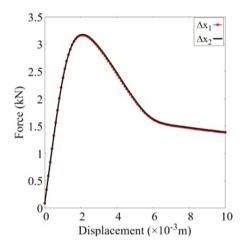


FIGURE 31 Comparison of the loading curves from the simulations with two spatial discretizations.

scale—the horizon is assumed to be equal to the micro-polar length scale. Therefore, the nonlocal length scale in μ PPM is a physically meaningful length scale. This could explain the consistency of the results between Figures 26 and 28. In what follows, we study the influence of the spatial discretization schemes, the dilation angle, and the micro-polar length scale on the shear banding instability in this example.

4.3.1 | Influence of spatial discretizations

In this part, we investigate the influence of spatial discretizations on the results under the same conditions. For this purpose, we consider two spatial discretization schemes, that is, 60×120 points with $\Delta x = 1.67 \times 10^{-3}$ m and 80×160 points with $\Delta x = 1.25 \times 10^{-3}$ m. The same horizon $\delta = 5 \times 10^{-3}$ m is chosen for both cases. All other conditions assumed in the base simulation remain the same. Figure 31 compares the loading curves of the simulations with the two spatial discretization schemes. The results show that the two loading curves are almost identical due to the same length scale adopted. Figure 32 compares the contours of the equivalent plastic shear strain at the displacement $u_y = 6 \times 10^{-3}$ m from the two simulations. Figure 33 compares the contours of the plastic volumetric strain at the same displacement. Figure 34 compares the contours of micro rotations at the displacement $u_y = 6 \times 10^{-3}$ m from the two simulations. Figure 35 compares the contour of water pressure at $u_y = 6 \times 10^{-3}$ m. Figure 36 compares the contours of the second-order work at the displacement $u_y = 6 \times 10^{-3}$ m from both simulations. The results in Figures 32–36 have demonstrated that the numerical results are not dependent on the spatial discretization scheme due to the same nonlocal length scale adopted. Next, we present the results of the influence of the micro-polar length on shear banding.

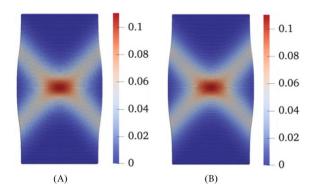


FIGURE 32 Contours of the equivalent plastic shear strain on the deformed configuration at $u_y = 6 \times 10^{-3}$ m: (A) $\Delta x_1 = 1.67 \times 10^{-3}$ m, and (B) $\Delta x_2 = 1.25 \times 10^{-3}$ m.

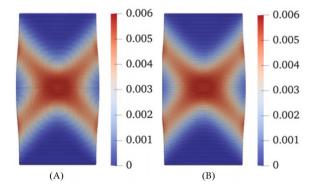


FIGURE 33 Contours of the plastic volumetric strain on the deformed configuration at $u_y = 6 \times 10^{-3}$ m: (A) $\Delta x_1 = 1.67 \times 10^{-3}$ m, and (B) $\Delta x_2 = 1.25 \times 10^{-3}$ m.

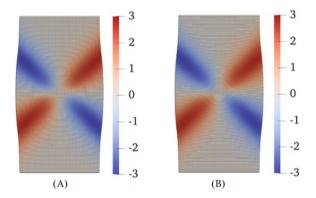


FIGURE 34 Contours of micro rotation (degree) on the deformed configuration at $u_y = 6 \times 10^{-3}$ m for the cases: (A) $\Delta x_1 = 1.67 \times 10^{-3}$ m, and (B) $\Delta x_2 = 1.25 \times 10^{-3}$ m.

4.3.2 | Influence of the micro-polar length scale

In this part, we evaluate the influence of the micropolar length scale on the shear band formation. For this purpose, we adopt three micropolar length scales, that is, $l = 3.3 \times 10^{-3}$, 5×10^{-3} , and 6.6×10^{-3} m. The horizon δ is the same as the micropolar length scale for each case. The dilatation and frictional angles are the same, that is, 35°. All other conditions in the base simulation remain the same. The results are shown in Figures 37–42. Figure 37 plots the loading curves on the

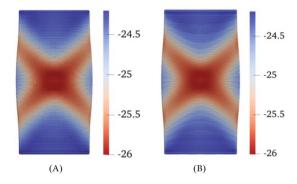


FIGURE 35 Contours of water pressure (kPa) on the deformed configuration at $u_y = 6 \times 10^{-3}$ m: (A) $\Delta x_1 = 1.67 \times 10^{-3}$ m, and (B) $\Delta x_2 = 1.25 \times 10^{-3}$ m.

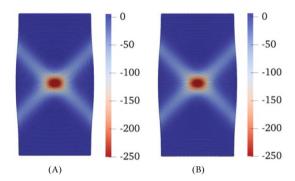


FIGURE 36 Contours of the second order work (N/m²) on the deformed configuration at $u_y = 6 \times 10^{-3}$ m: (A) $\Delta x_1 = 1.67 \times 10^{-3}$ m, and (B) $\Delta x_2 = 1.25 \times 10^{-3}$ m.

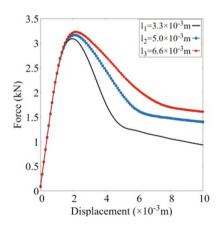


FIGURE 37 Loading curves on the top boundary from the simulations with the three micropolar length scales, $l = 3.3 \times 10^{-3}$ m, 5×10^{-3} m, and 6.6×10^{-3} m.

top boundary from the three simulations. The results show that the micro-polar length scale affects the peak load and the post-localization stage. Specifically, the simulations with a large micro-polar length scale generate a relatively large peak load and a higher post-localization loading curve. We note that in the present study, the horizon equals the micro-polar length scale, which is different from the previous study assuming a horizon without a clear physical meaning. Figure 38 plots the contours of the equivalent plastic shear strain on the deformed configuration at $u_y = 6 \times 10^{-3}$ m from the three simulations. Figure 39 presents contours of the plastic volumetric strain from the three simulations at $u_y = 6 \times 10^{-3}$ m.

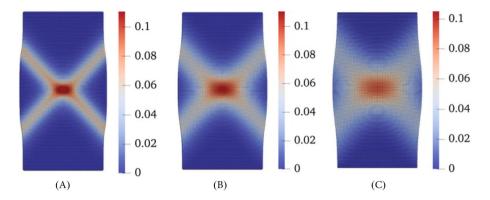


FIGURE 38 Contours of the equivalent shear plastic strain on the deformed configuration at $u_y = 6 \times 10^{-3}$ m from the simulations: (A) $l_1 = 3.3 \times 10^{-3}$ m, (B) $l_2 = 5 \times 10^{-3}$ m, and (C) $l_3 = 6.6 \times 10^{-3}$ m.

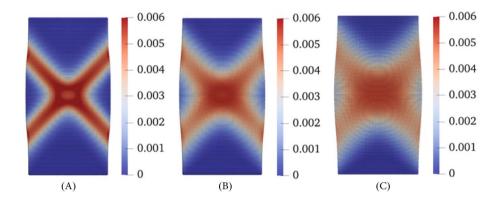


FIGURE 39 Contours of the plastic volume strain on the deformed configuration at $u_y = 6 \times 10^{-3}$ m from the simulations: (A) $l_1 = 3.3 \times 10^{-3}$ m, (B) $l_2 = 5 \times 10^{-3}$ m, and (C) $l_3 = 6.6 \times 10^{-3}$ m.

Figure 40 plots the contours of micro rotation from the three simulations. Figure 41 compares the contours of water pressure from the three simulations at the same loading stage.

The results in Figures 38–41 demonstrate that the micro-polar length scale affects the shear band width but not the shear band inclination. Specifically, the shear band width may decrease in the numerical simulations by decreasing the micro-polar length scale. It is implied from this finding that the experimental data on shear band width can be used to calibrate the micro-length scale and the nonlocality of the μ PPM. Comparison of the results in Figures 38 and 40 demonstrates that the shear band width manifested in both the equivalent plastic shear strain and the micro-rotation of material points are consistent. What is implied from this finding is that the micro-rotation of material points is concentrated into the banded zoned, as found in the laboratory testing of shear bands.⁴¹ Figure 42 shows that the second-order work on the deformed configuration from the three simulations at $u_y = 6 \times 10^{-3}$ m. The negative second-order work within the shear band for all three cases corroborates the shear band instability in the sample.

4.3.3 | Influence of the dilation angle

It is known that the dilation angle could impact the shear band angle. Thus, in this part, we investigate the influence of the dilatation angle on the inclination angle of the shear band through the coupled μ PPM. For this purpose, we run simulations with three dilatation angles, that is, $\psi = 15^{\circ}$, 25°, and 35°. The same frictional angle $\varphi = 35^{\circ}$ is assumed for the three simulations. All the other conditions in the base simulation are the same. The results are reported in Figures 43–48. Figure 43 plots the loading curves on the top boundary from the three simulations with different dilation angles. The results in Figure 43 imply that the dilation angle does not affect the pre-localization load curve and the peak load, while it may slightly affect the post-localization load curve. Figure 44 plots the contours of the equivalent plastic shear strain

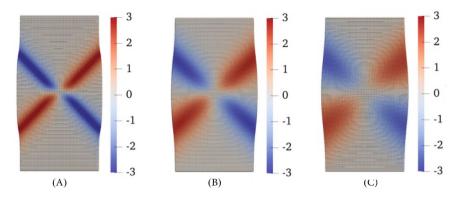


FIGURE 40 Contours of the micro rotation (degree) on the deformed configuration at $u_y = 6 \times 10^{-3}$ m from the simulations: (A) $l_1 = 3.3 \times 10^{-3}$ m, (B) $l_2 = 5 \times 10^{-3}$ m, and (C) $l_3 = 6.6 \times 10^{-3}$ m.

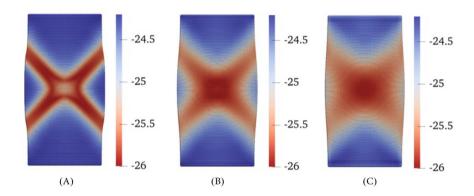


FIGURE 41 Contours of water pressure (kPa) on the deformed configuration at $u_y = 6 \times 10^{-3}$ m from the simulations: (A) $l_1 = 3.3 \times 10^{-3}$ m, (B) $l_2 = 5 \times 10^{-3}$ m, and (C) $l_3 = 6.6 \times 10^{-3}$ m.

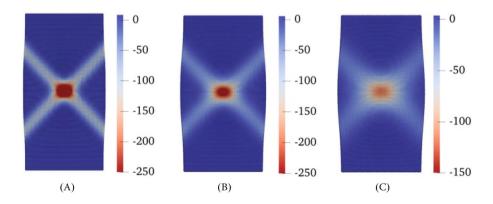


FIGURE 42 Contours of the second order work (N/m²) on the deformed configuration at $u_y = 6 \times 10^{-3}$ m from the simulations: (A) $l_1 = 3.3 \times 10^{-3}$ m, (B) $l_2 = 5 \times 10^{-3}$ m, and (C) $l_3 = 6.6 \times 10^{-3}$ m.

on the deformed configuration at $u_y = 6 \times 10^{-3}$ m from the simulations with three different dilation angles. Similarly, Figure 45 presents the contours of the plastic volumetric strain on the deformed configuration at $u_y = 6 \times 10^{-3}$ m from the three simulations. Figure 46 plots the contours of micro rotation on the deformed configuration at $u_y = 6 \times 10^{-3}$ m. Figure 47 shows the water pressure contours on the deformed configuration at $u_y = 6 \times 10^{-3}$ m from the three simulations. Figure 48 plots the second-order work contour on the deformed configuration at $u_y = 6 \times 10^{-3}$ m. Next, we briefly discuss the impact of dilation angles on the shear banding formation, as implied by the results in the aforementioned figures. Firstly, the results in Figures 44–48 show that the shear band inclination angle can be affected by the dilation angle.

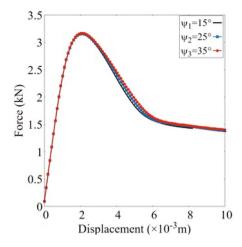


FIGURE 43 Loading curves on the top boundary from the simulations with $\psi = 15^{\circ}, 25^{\circ}$, and 35°.

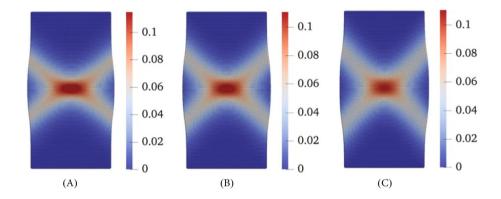


FIGURE 44 Contours of the equivalent plastic shear strain on the deformed configuration at $u_y = 6 \times 10^{-3}$ m: (A) $\psi_1 = 15^{\circ}$, (B) $\psi_2 = 25^{\circ}$, and (C) $\psi_3 = 35^{\circ}$.

Specifically, the shear band inclination angle with respect to the horizontal direction increases with the dilation angle increase. This observation agrees with Roscoe's solution for the shear banding at a material point, that is, a homogeneous specimen. 41,51

Secondly, as shown in Figure 45, the dilatation angle affects the plastic volumetric strain and variation of fluid pressure in the development of shear bands. For example, for the simulation with the dilatation angle $\psi=35^\circ$, the plastic volumetric strain is positive (i.e., dilative), while the plastic volumetric strain from the simulations with $\psi=15^\circ$ and $\psi=25^\circ$ are negative (i.e., compaction). Accordingly, the results in Figure 47 show that the matric suction (i.e., negative fluid pressure) in the banded zone increases for the simulation with $\psi=35^\circ$ due to the solid skeleton dilation while the matric suction in shear bands from the simulations with $\psi=15^\circ$ and $\psi=25^\circ$ decreases due to the solid skeleton compaction. In summary, these findings show that the dilation angle of the porous media affects the shear band angle and impacts the fluid pressure in shear bands under certain loading conditions. In the following section, we present the numerical simulation of a forward-running crack in unsaturated porous media.

4.4 | Example 4: Forward running crack propagation

This example deals with forward-running crack propagation in an unsaturated elastic porous material. The proposed micro-polar J-integral bond-breakage criterion is adopted to model crack propagation. In this example, we will study the impact of micro-polar length scales on crack growth. Figure 49 plots the geometry, the initial crack location, and the loading condition for this example. The initial horizontal crack along the center line of the sample is 0.05 m in length, as

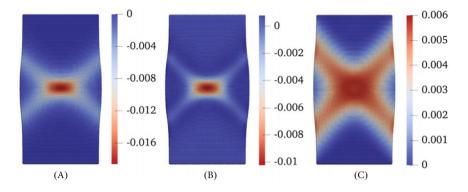


FIGURE 45 Contours of the plastic volumetric strain on the deformed configuration at $u_y = 6 \times 10^{-3}$ m: (A) $\psi_1 = 15^{\circ}$, (B) $\psi_2 = 25^{\circ}$, and (C) $\psi_3 = 35^{\circ}$.

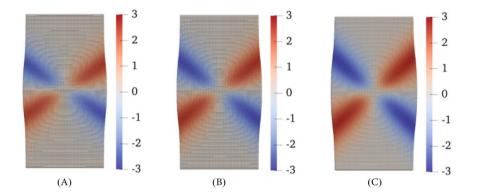


FIGURE 46 Contours of micro rotation (degree) on the deformed configuration at $u_y = 6 \times 10^{-3}$ m: (A) $\psi_1 = 15^{\circ}$, (B) $\psi_2 = 25^{\circ}$, and (C) $\psi_3 = 35^{\circ}$.

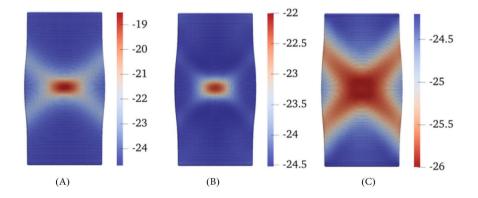


FIGURE 47 Contours of water pressure (kPa) on the deformed configuration at $u_y = 6 \times 10^{-3}$ m: (A) $\psi_1 = 15^{\circ}$, (B) $\psi_2 = 25^{\circ}$, and (C) $\psi_3 = 35^{\circ}$.

shown in Figure 49. The vertical displacement load of $u_y = 1.5 \times 10^{-5}$ m is imposed on the top and bottom boundaries. The left and right boundaries are free to deform. All fluid boundaries are impervious. The initial water pressure $p_0 = 1$ MPa. The material parameters are: solid density $\rho_s = 2650 \, \text{kg/m}^3$, initial porosity $\phi_0 = 0.35$, bulk modulus $K = 16.67 \, \text{GPa}$, shear modulus $\mu = 10 \, \text{GPa}$, micropolar shear modulus $\mu_c = 5 \, \text{GPa}$, micropolar length scale $l = 2 \times 10^{-3}$ m, water viscosity $\mu_w = 1 \times 10^{-9} \, \text{MPa}$, water density $\rho_w = 1000 \, \text{kg/m}^3$, hydraulic conductivity $k_w = 1 \times 10^{-8} \, \text{m/s}$, n = 1.8, and $s_a = 10 \, \text{MPa}$. For this example, $G_{cr} = 100 \, \text{N/m}$ is adopted for the J-integral bond breakage criterion. The stabilization parameter

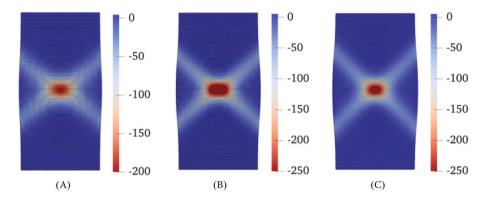


FIGURE 48 Contours of the second order work (N/m²) on the deformed configuration at $u_y = 6 \times 10^{-3}$ m: (A) $\psi_1 = 15^{\circ}$, (B) $\psi_2 = 25^{\circ}$, and (C) $\psi_3 = 35^{\circ}$.

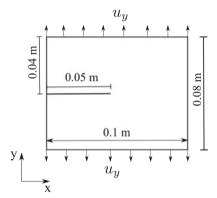


FIGURE 49 Model setup for example 4.

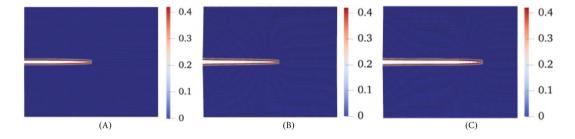


FIGURE 50 Contours of the damage variable on the deformed configuration (MF = 100) at three loading stages: (A) $u_{y,1} = 0.9 \times 10^{-5}$ m, (B) $u_{y,2} = 1.2 \times 10^{-5}$ m, and (C) $u_{y,3} = 1.5 \times 10^{-5}$ m.

 $\mathcal{G}=0.5$. The problem domain is discretized into 200×150 uniform material points with $\Delta x=5\times10^{-4}$ m. The horizon $\delta=4.05\Delta x$. The simulation time $t=6.25\times10^{-5}$ s, and the time increment $\Delta t=2.5\times10^{-8}$ s.

Firstly, we present the results of the base simulation. Figure 50 plots the snapshots of the damage variable on the deformed configuration at three loading steps, that is, $u_y = 0.9 \times 10^{-5}$, 1.2×10^{-5} , and 1.5×10^{-5} m. As shown in Figure 50, the crack growth starts at $u_y = 0.9 \times 10^{-5}$ m and the crack length reaches 0.078 m at $u_y = 1.5 \times 10^{-3}$ m. Figure 51 presents the contour of water pressure at these three loading stages. It is implied from Figure 51 that the crack propagation increases the water pressure at the crack tip and decreases the water pressure at the crack path. This result is due to the water flow from bulk to fracture space during crack propagation. Nonetheless, it is worth noting that fluid lag may happen if the fracture advancement speed is such that the water cannot flow fast enough and the water pressure decreases at the fracture tip. Figure 52 presents the contours of the micro rotation of material points at these three loading stages. Figure 52

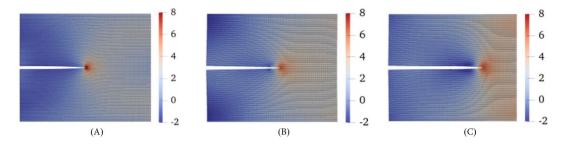


FIGURE 51 Contours of water pressure (MPa) on the deformed configuration (MF = 100) at three loading stages: (A) $u_{y,1} = 0.9 \times 10^{-5}$ m, (B) $u_{y,2} = 1.2 \times 10^{-5}$ m, and (C) $u_{y,3} = 1.5 \times 10^{-5}$ m.

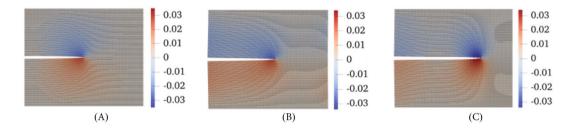


FIGURE 52 Contours of micro rotation (degree) on the deformed configuration (MF = 100) at three loading stages: (A) $u_{y,1} = 0.9 \times 10^{-5}$ m, (B) $u_{y,2} = 1.2 \times 10^{-5}$ m, and (C) $u_{y,3} = 1.5 \times 10^{-5}$ m.

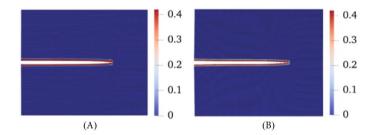


FIGURE 53 Contours of the damage variable on the deformed configuration (MF = 100) at the same loading stage (i.e., $u_y = 1.5 \times 10^{-5}$ m): (A) $\Delta x_1 = 6.7 \times 10^{-4}$ m and (B) $\Delta x_2 = 5 \times 10^{-4}$ m.

shows that the micro rotation of material points is concentrated on the crack tip as the crack propagates forward. The magnitude of micro rotations increases with the crack growth.

Secondly, we study the sensitivity of the numerical results to the spatial discretization schemes in this example. For this purpose, we present the results of the simulations with two uniform grids. The same micro-polar and horizon are adopted, that is, $\delta = l = 2 \times 10^{-3}$ m. For the two cases, the specimen is discretized into 150×120 uniform material points ($\Delta x_1 = 6.7 \times 10^{-4}$ m) and 200×150 uniform material points ($\Delta x_2 = 5 \times 10^{-4}$ m), respectively. The other material parameters remain the same. The results are presented in Figures 53–55. Figure 53 plots the contours of the damage variable on the deformed configuration at the same loading stage, that is, $u_y = 1.5 \times 10^{-5}$ m, from both simulations. Figure 54 shows the contours of water pressure at $u_y = 1.5 \times 10^{-5}$ m from the two simulations. Figure 55 plots the contours of the micro rotation at $u_y = 1.5 \times 10^{-5}$ m from the two simulations. The results have demonstrated that with the same micro-polar length scale, the numerical results are insensitive to the spatial discretization scheme.

Thirdly, we investigate the impact of the micropolar length scale on the J-integral. For this purpose, we compare the numerical results assuming three micro-polar length scales, that is, $l=1\times 10^{-3}$, 2×10^{-3} , and 4×10^{-3} m. The other parameters and conditions are the same as the base simulation. The horizon equals the micropolar length scale. Figure 56 plots the contours of the damage variable on the deformed configuration at $u_y=1.5\times 10^{-5}$ m from the simulations with three micro-polar length scales. As shown in Figure 56 at the same displacement load $u_y=1.5\times 10^{-3}$ m the crack length

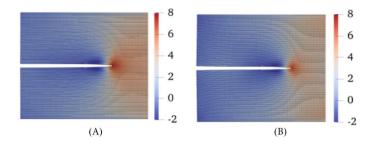


FIGURE 54 Contours of water pressure (MPa) on the deformed configuration (MF = 100) at $u_y = 1.5 \times 10^{-5}$ m: (A) $\Delta x_1 = 6.7 \times 10^{-4}$ m and (B) $\Delta x_2 = 5 \times 10^{-4}$ m.

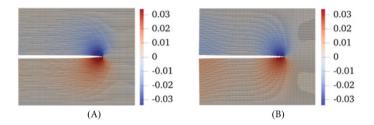


FIGURE 55 Contours of micro rotation (degree) on the deformed configuration (MF = 100) at $u_y = 1.5 \times 10^{-5}$ m: (A) $\Delta x_1 = 6.7 \times 10^{-4}$ m and (B) $\Delta x_2 = 5 \times 10^{-4}$ m.

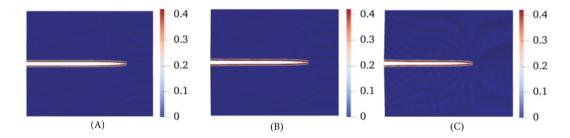


FIGURE 56 Contours of the damage variable on the deformed configuration (MF = 100) at $u_y = 1.5 \times 10^{-5}$ m: (A) $l_1 = 1 \times 10^{-3}$ m, (B) $l_2 = 2 \times 10^{-3}$ m, and (C) $l_3 = 4 \times 10^{-3}$ m.

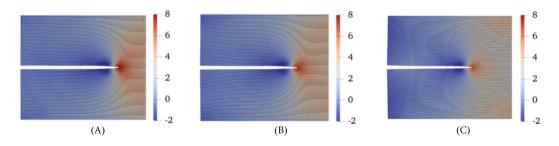


FIGURE 57 Contours of water pressure (MPa) on the deformed configuration (MF = 100) at $u_y = 1.5 \times 10^{-5}$ m: (A) $l_1 = 1 \times 10^{-3}$ m, (B) $l_2 = 2 \times 10^{-3}$ m, and (C) $l_3 = 4 \times 10^{-3}$ m.

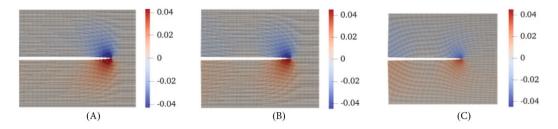


FIGURE 58 Contours of micro rotation (degree) on the deformed configuration (MF = 100) at $u_y = 1.5 \times 10^{-5}$ m; (A) $l_1 = 1 \times 10^{-3}$ m, (B) $l_2 = 2 \times 10^{-3}$ m, and (C) $l_3 = 4 \times 10^{-3}$ m.

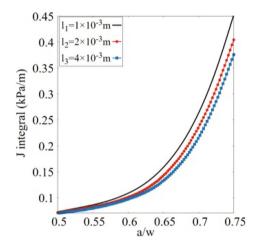


FIGURE 59 Comparison of the J-integral-a/w curves from the three simulations with $l = 1 \times 10^{-3}$, 2×10^{-3} , and 4×10^{-3} m.

reaches 0.08, 0.078, and 0.075 m from the three simulations with $l_1 = 1 \times 10^{-3}$, $l_2 = 1 \times 10^{-3}$, and $l_3 = 4 \times 10^{-3}$ m, respectively. Figure 57 shows the contours of water pressure at $u_y = 1.5 \times 10^{-5}$ m from the three simulations. Figure 58 plots the contours of the micro rotation on the deformed configuration at $u_y = 1.5 \times 10^{-5}$ m. Figures 57 and 58 show that the water pressure and micro-rotation at the crack tip increase by decreasing the micropolar length scale. Figure 59 plots the variation of the J-integral with a/w from the three simulations. Here a is the crack length, and w is the width of the specimen. Figure 59 shows that the micro-polar length scale affects the J-integral in this example. The simulation with a larger micro-polar length scale has a larger value of the J-integral at the same loading stage. This finding may imply that the micro-polar length scale can be determined from the crack energy release rate as an inverse problem given the latter from the physical testing.

5 | CONCLUSION

In this article, we have developed a multiphase μ PPM paradigm for modeling dynamic shear banding and fracturing in unsaturated porous media. As a novelty, in the coupled μ PPM, a microstructure-based material length scale is incorporated by considering micro-rotations of the solid skeleton in line with the Cosserat continuum theory for solids. As a new contribution, we reformulate the second-order work for detecting material instability and the energy-based crack criterion and J-integral for modeling fracturing in the μ PPM paradigm. The stabilized Cosserat PPM correspondence principle augmented to include unsaturated fluid flow is adopted to circumvent the multiphase zero-energy mode instability in the proposed μ PPM. We have numerically implemented the novel μ PPM paradigm through a fractional-step explicit-explicit algorithm in time that splits the coupled problem into a deformation/fracture problem and an unsaturated fluid flow problem. A hybrid Lagrangian-Eulerian meshfree method is utilized to discretize the problem domain in space. Numerical examples are presented to evaluate the numerical implementation and demonstrate the efficacy of the proposed μ PPM paradigm for modeling shear banding and fracturing in unsaturated porous media. The numerical results have shown that

this fully coupled μ PPM paradigm is robust to model shear band instability and fracturing in variably saturated porous media.

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CONFLICT OF INTEREST STATEMENT

The authors declare no potential conflict of interest.

DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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