

Simple design for membrane-free microphysiological systems to model the blood-tissue barriers

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ABSTRACT

Microphysiological systems (MPS) incorporate physiologically relevant microanatomy, mechanics, and cells to mimic tissue function. Reproducible and standardized *in vitro* models of tissue barriers, such as the blood-tissue interface (BTI), are critical for next-generation MPS applications in research and industry. Many models of the BTI are limited by the need for semipermeable membranes, use of homogenous cell populations, or 2D culture. These factors limit the relevant endothelial-epithelial contact and 3D transport, which would best mimic the BTI. Current models are also difficult to assemble, requiring precise alignment and layering of components. The work reported herein details the engineering of a BTI-on-a-chip (BTI Chip) that addresses current disadvantages by demonstrating a single layer, membrane-free design. Laminar flow profiles, photocurable hydrogel scaffolds, and human cell lines were used to construct a BTI Chip that juxtaposes an endothelium in direct contact with a 3D engineered tissue. A biomaterial composite, gelatin methacryloyl and 8-arm polyethylene glycol thiol, was used for *in situ* fabrication of a tissue structure within a Y-shaped microfluidic device. To produce the BTI, a laminar flow profile was achieved by flowing a photocurable precursor solution alongside phosphate buffered saline. Immediately after stopping flow, the scaffold underwent polymerization through a rapid exposure to UV light ($<300 \text{ mJ/cm}^2$). After scaffold formation, blood vessel endothelial cells were introduced and allowed to adhere directly to the 3D tissue scaffold, without barriers or phase guides. Fabrication of the BTI Chip was demonstrated in both an epithelial tissue model and blood-brain barrier (BBB) model. In the epithelial model, scaffolds were seeded with human dermal fibroblasts. For the BBB models, scaffolds were seeded with the immortalized glial cell line, SVGP12. The BTI Chip microanatomy was analyzed *post facto* by immunohistochemistry, showing the uniform production of a patent endothelium juxtaposed with a 3D engineered tissue. Fluorescent tracer molecules were used to characterize the permeability of the BTI Chip. The BTI Chips were challenged with an efflux pump inhibitor, cyclosporine A, to assess physiological function and endothelial cell activation. Operation of physiologically relevant BTI Chips and a novel means for high-throughput MPS generation was demonstrated, enabling future development for drug candidate screening and fundamental biological investigations.

1. Introduction

Microphysiological systems (MPS) are a group of technologies that aim to mimic the structure and function of organs and organ systems to simulate human physiology better than traditional *in vitro* cell cultures.

MPS are typically microfluidic devices that contain living cells, extracellular matrix (ECM) or synthetic scaffolds, other biological components, and external stimuli, e.g., fluid flow, hydrostatic pressure, or electrical stimulation, that mimic the complexity of the natural tissue or organ. An increasing number of MPS designs are being developed as

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competitive alternatives for fundamental biological investigations and advanced drug development efforts (Leung et al., 2022). The field of microfluidic systems and microchannel fabrication has seen significant progress in the past few decades thanks to a multitude of notable researchers (Bretherton et al., 2023; Young and Beebe, 2010; Hughes et al., 2010). MPS to model both developing and pathological lung, kidney, liver, intestine, brain, placenta, skin, and others have been explored (Chen et al., 2023; Sun et al., 2021; Zhang et al., 2018; Ingber, 2022; de Mello et al., 2020; Trapecar et al., 2021). Current state of the art MPS designs aim to replicate not only human organs but systemic level “human on a chip” models (Maschmeyer et al., 2015; Kamm and Bashir, 2014). Recent advancements have also led to MPS-based products emerging on the commercial market (Zhang and Radisic, 2017).

Among the various MPS designs, accurate models of tissue barriers are particularly crucial to accelerating drug discovery and screening, disease modelling, and pathogenesis. MPS of tissue barriers mimic the function of natural microanatomies, such as the blood-brain barrier (Wong et al., 2013; Wang et al., 2017), skin (Wufuer et al., 2016), or intestinal epithelium (Kim et al., 2012; Marrero et al., 2021). The blood-tissue interface, which constitutes a complex barrier separating the blood and tissue compartments, plays a pivotal role in drug discovery and development by enabling the study of systemic transport and signaling throughout the body. High-throughput screening of transport kinetics or barrier interactions can offer significant predictive power for candidate efficacy, prior to animal or human trials. MPS can be utilized to investigate the transport of drugs across individual barriers, providing insights into how treatments can be tailored to individual patients based on their specific barrier characteristics. This approach can be especially beneficial for understanding how drugs are metabolized by different patients and how patient-specific physiology and pharmacokinetics can influence drug efficacy. Compared to traditional *in vitro* cell culture or *in vivo* animal models, MPS offer a more accurate and relevant model of the human body. For example, the highly selective blood-brain barrier (BBB) limits the transport of drugs from the bloodstream to the central nervous system, posing a significant challenge to drug development. Therefore, significant effort has been invested in developing MPS to model the BBB. Despite these efforts, many drug candidates still fail to cross the BBB (Aparicio-Blanco et al., 2016). Moreover, MPS can aid in the evaluation of the toxicity of chemicals and other compounds that may interact with the barrier, which adds value to the safety assessment of consumer products, as well as in the development of new drugs and other chemical compounds.

MPS of the blood-tissue interface typically mimic conventional Transwell® devices and consist of a layered structure of cells and extracellular matrix (ECM) materials (Henry et al., 2017; Huh et al., 2010, 2013). They are used to study the transport of molecules across the barrier and the interactions between the barrier and its surrounding environment. Tissue-level function is controlled by transport mechanisms regulated by the direct (contact-dependent) and indirect (paracrine and endocrine) signaling between cells. Thus far, MPS have achieved a high degree of physiological relevance and informative capacity by supporting communication in coculture, even when cell types are separated by a porous, synthetic barrier. To date, some MPS that mimic barrier properties are hand-crafted, multi-layer devices that do not lend themselves to rapid and scalable production or operation. Although there are some industrially produced MPS such as from Mimetas or Emulate, Inc., there is more to be explored in design iterations of new MPS for enhanced barrier simulation (Maschmeyer et al., 2015; Kamm and Bashir, 2014; Zhang and Radisic, 2017). The synthetic barrier requirement arises from the challenge to fabricate the microscale structures that are required to mimic the structure and function of the tissue barrier. This can include developing appropriate materials and techniques for creating the layered structure of the barrier, as well as incorporating the necessary microscale channels and sensors for measuring transport and other characteristics of the barrier. However, as this technology matures, it is expected that more MPS will be adopted

and on a larger scale in the pharmaceutical industry. Achieving this will be a challenge as the technology must be adapted to meet industrial requirements in terms of cost and scalability.

Innovative fabrication techniques have evolved for MPS designs, including the use of photoactivatable hydrogels based on polyethylene glycol (PEG) (Bretherton et al., 2023). These hydrogels can be patterned and crosslinked using light activation, enabling precise control over the formation of microchannels (Fairbanks et al., 2009). This approach offers the unique advantage of greater flexibility and tunability in microchannel design. By manipulating light exposure, researchers can precisely define the geometry and connectivity of the microchannels within the hydrogel. Certain MPS are designed to mimic intricate vascular networks such as the “Y-shaped” channel (Chen et al., 2016). This channel configuration offers a more sophisticated model for studying fluid flow dynamics and cellular behavior in a controlled environment. The integration of Y-shaped channels into microfluidic systems provides a valuable tool for tissue engineering and drug testing and adds value to the development of organ-on-a-chip models. The combined benefits of photoactivatable hydrogels and Y-shaped channels motivated the MPS construction methods described in our research.

Herein, we present an MPS that exploits Y-channel microfluidics and stop-flow photolithography to produce a BTI Chip by the hydrodynamic juxtaposition of blood and tissue compartments followed by *in situ* polymerization of a 3D scaffold. This design supports the formation of an endothelium in direct interface with a desired cell population of the tissue compartment while eliminating synthetic barriers or phase guide features, such as micropillars. This dramatically simplifies the fabrication process and tool requirements. The Y-shape of the channel allows alignment of opposing tissue and endothelial sections, which enables the ability to mimic the transport of drugs across the barrier. The simple microfluidic design eliminates the need for multi-step assembly, alignment, or synthetic barriers. The size of the microfluidic channels and relative compartment dimensions provided for the use of 3D printed molds. This design, as shown in Fig. 1, will eliminate the need for photolithography tools, making device manufacturing more accessible. As previously demonstrated, features in the Y-Channel can be easily scaled by controlling the fluid flow rates (Daniele et al., 2014a). These design features can improve accessibility and manufacturability throughout the models’ adoption by researchers. Upon validating this fabrication technique, we demonstrated the *in situ* formation and characterized the small molecule permeability and regulation of an endothelial-epithelial barrier and blood-brain barrier model. Simultaneous fabrication of multiple MPS was achieved as a proof-of-concept for future scale-up.

2. Results

2.1. Design and production of BTI chip

Microchannels were fabricated using soft lithography, while the BTI Chips were generated through a sequential process involving the establishment of tissue compartments using stop-flow lithography, followed by the introduction and culture of endothelial cells. The production flow is shown in Fig. 2. The Y-shaped microchannel had an inlet channel length of 5 mm and central channel length of 10 mm. The first step consisted of tissue scaffold polymerization along half of the central microchannel by stop-flow lithography. Laminar conditions and the Y shape of the microchannel facilitate a split flow profile in the central channel, so the tissue scaffold precursor and the shaping fluid, e.g., PBS, each occupy approximately 50% of the central channel. Upon stopping flow, the microchannels were immediately exposed to 5 s of UV light. UV light polymerizes the tissue gel scaffold, leaving one side of the central channel occupied by a cell-embedded gel, and the other side filled only with PBS. The flow profiles were monitored and confirmed with an inverted light microscope. Lithium phenyl (2,4,6-trimethylbenzoyl) phosphinate (LAP) was used as the photoinitiator, which has efficient

2.2. Verification of BTI chip anatomy & viability

The proof-of-concept devices consist of a microchannel with 300 μm height, shown in Fig. 1. We note that without corona wand treatment prior to addition of gel precursor, there is a tendency for gels to separate

Cell viability in the BTI Chips, with both hBMVEC-SVGP12 and HDfN-HUVEC combinations is shown in Fig. 3b. Fluorescence intensity for live and dead stained cells is plotted down the length of the channel

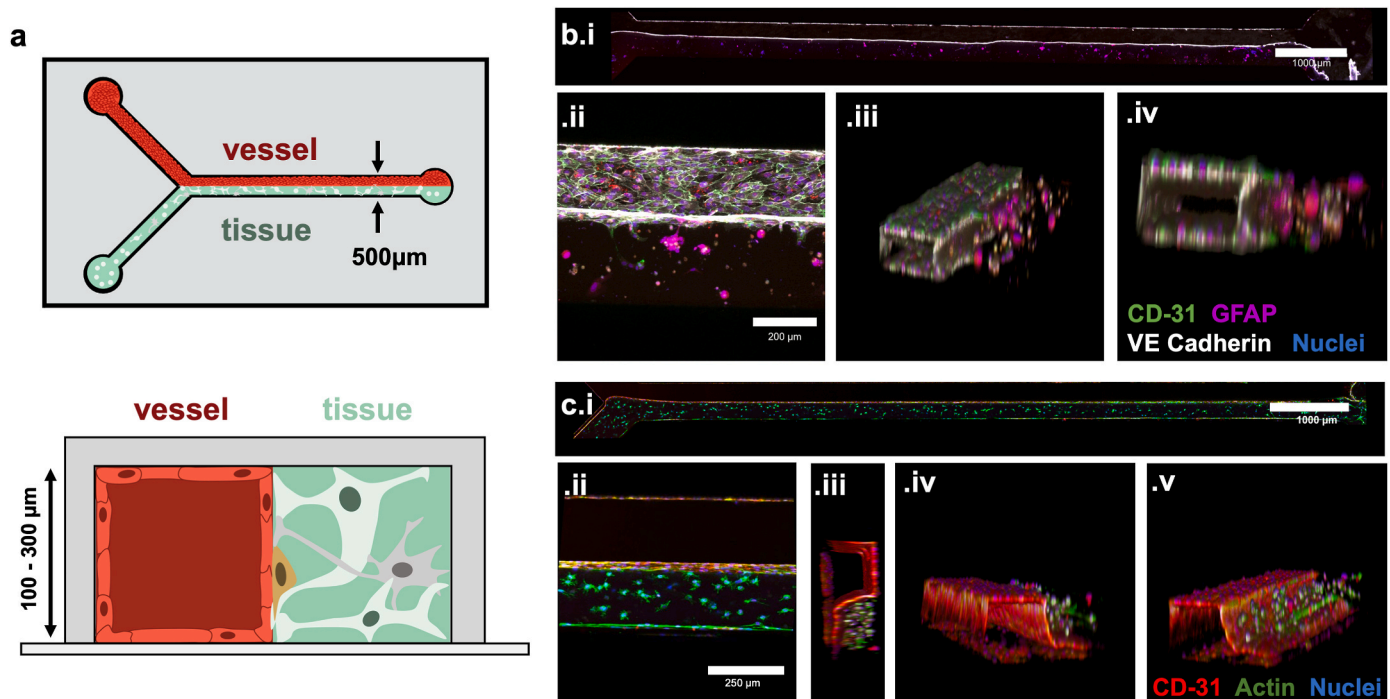


Fig. 1. Configuration of blood-tissue interfaces following bioinspiration paradigm in MPS engineering. a) The BTI Chip is a microfluidic blood-tissue interface fabricated within a PDMS microchannel to mimic *in vivo* microanatomy. A blood vessel endothelium contacts a cell-embedded GelMA-PEG hydrogel. b) Confocal micrographs reveal a blood-brain barrier with hBMVECs alongside an SVG12-embedded gel. b.i) 3D reconstruction of the SVG12-embedded gel reveals tissue alignment along the entire 1 cm channel. b.i-iv) Positive staining for endothelial markers CD-31 (green) and VE-Cadherin (white) distinguish hBMVECs from GFAP-positive SVG12 cells. c) Blood tissue interfaces are customizable. Confocal micrographs reveal an hBMVEC endothelium alongside an HDFn-embedded scaffold. CD-31 staining (red) distinguishes hBMVECs from HDFn. Actin (phalloidin, green) staining shows spreading of HDFn within the tissue scaffold. DAPI (blue) staining indicates cell nuclei. (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

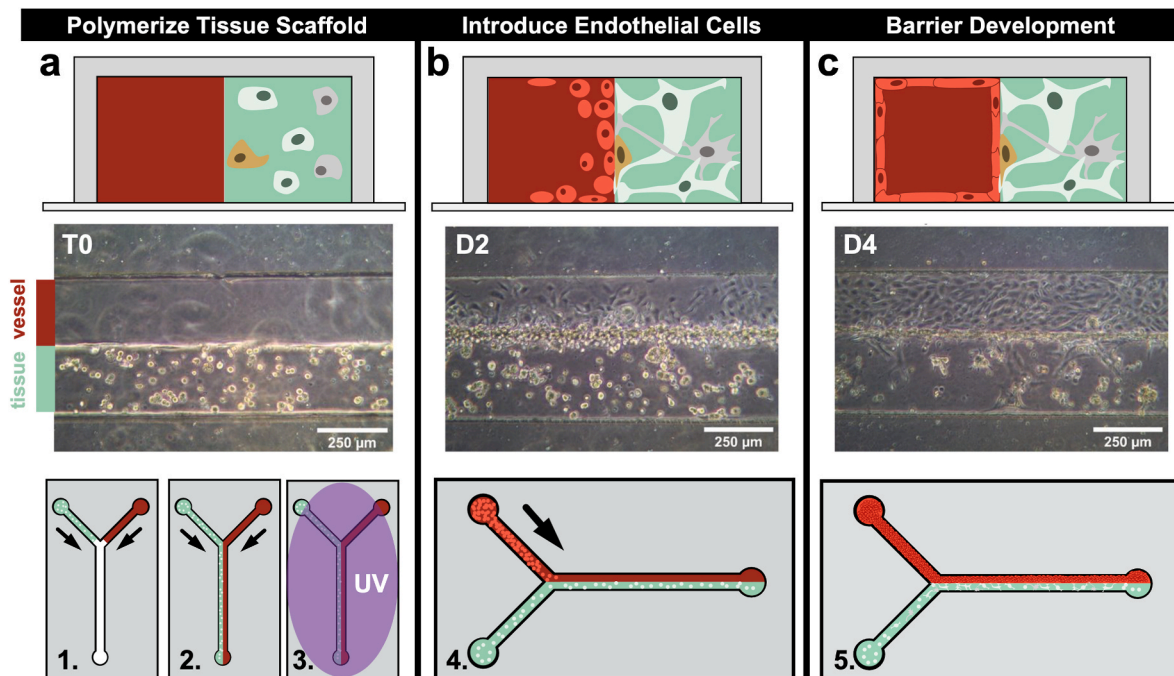


Fig. 2. Fabrication of membrane-free Blood-Tissue Interface Chip via stop-flow photopolymerization and endothelialization. a) In steps 1–3, cells suspended in a low wt% mixture of GelMA, PEG-thiol, and photoinitiator are perfused into one of two inlets. The opposing inlet is perfused with 1X PBS such that the cell suspension occupies half of the central channel. The relative split between the blood and 3D tissue compartment can be controlled by the volumetric flow ratios of the input fluids. UV light is applied for 5 s immediately after flow is stopped. Microchannels are filled with tissue cell-specific growth medium for 2 days prior to b) adding a high density plug of endothelial cells. Microdevices are temporarily placed on their side to ensure adhesion of endothelial cells to the gel scaffold. c) By day 4, endothelial cells form a complete endothelium and barrier along the tissue scaffold. Brightfield micrographs show the progression of cell culture and endothelium formation.

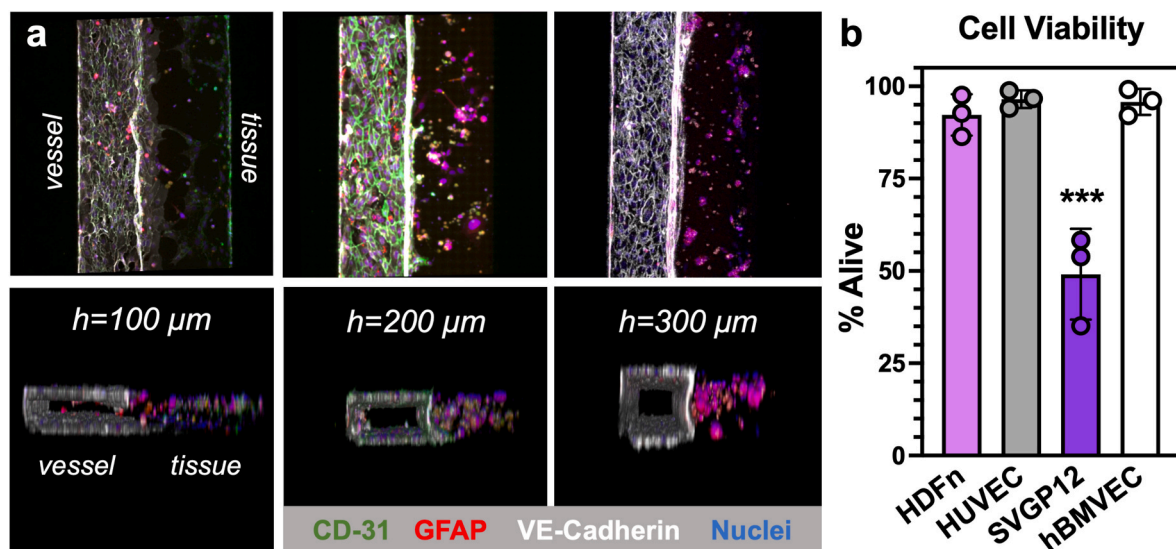


Fig. 3. Blood-Interface Chip geometries and post-production analysis of cell viability. *a*) Confocal micrographs illustrating that 500 μm wide BBB BTI Chips with maintained width of the blood compartment can be fabricated at a variety of microchannel heights (100, 200 and 300 μm). Curvature of the interface is most pronounced above and below heights of 200 μm , which may be attributed to the surface tension and wetting differences among glass PDMS, scaffold materials and media. Illustrative micrographs are BTI Chips consisting of hBMVECs and SVGP12 cells embedded in the 3D tissue scaffold. Staining for CD-31 (green) and VE-Cadherin (white) distinguishes hBMVEC from GFAP-positive (red) SVGP12 cells. All nuclei are DAPI-stained (blue). *b*) Cell viability was assessed at day 5 of BTI production, one day after addition of endothelial cells. BTI were assembled as HDFn-HUVEC or SVGP12-hBMVEC combinations and maintained under static culture. Data were analyzed via one-way ANOVA (** $p < 0.001$). (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

in arbitrary units (a.u.), with intensity values averaged along the width of the vessel or tissue structure (Supplementary Information, Fig. S3). A high live cell fluorescent signal is detected in the vascular channel, consistent along channel length, with low dead cell fluorescent intensity. High viability in the hBMVEC monolayer confirm the applied shear forces do not cause cell death in the vasculature channel. A higher intensity is observed for dead cells along the length of the scaffold, suggesting a lower viability compared to cells in the vascular channel. The sensitivity of SVGP12 to gel solutions was further explored in the Supplementary Information. Results suggest SVGP12 are especially sensitive to the fabrication process, including parameters such as time spent in gel precursor solution prior to UV polymerization.

2.3. Regulation of permeability by hBMVEC endothelium

Permeation of perfusate from the blood compartment, across the BTI, into the tissue compartment, was assessed by fluorescence microscopy. Fluorescently labelled dextran of different molecular weights was perfused into the blood compartment and the fluorescence intensity realized in the tissue compartment was measured. Experiments were conducted to measure how barrier permeability fluctuates with varying cell types and shear forces. The permeability of a 70 kDa Texas Red dextran and 20 kDa FITC dextran flowing through a BTI Chip without hBMVECs is compared to the permeability of the tracer molecule in a device with a completely developed endothelium, shown in Fig. 4. Results demonstrate two-fold greater permeability in devices without hBMVECs compared to SVGP12 and hBMVEC cocultured devices for both 20 kDa and 70 kDa dextran. These results were expected due to the absence of a barrier layer impeding the convective and diffuse transport of the tracer molecules. Permeability of MPS with SVGP12 cells embedded in the tissue matrix and hBMVECs in the open channel is compared to MPS with an acellular scaffold and hBMVECs in the open channel. No change in permeability was measured between devices with endothelium only versus those co-cultured with SVGP12 for both dextran molecular weights. This may be due to SVGP12 cells lacking key astrocytic protein expression necessary to induce a microvascular response. Previous studies have reported decreased permeability of endothelial cell line monolayers when co-cultured with the SVGP12 cell

line, though these studies involved cells adherent in 2D (Eigenmann et al., 2013; Lauranzano et al., 2019). SVGP12 cells may interact differently when in a 3D culture model, or a higher density of cells may be required to achieve the necessary secreted protein concentration for endothelial response. Representative images obtained during permeability assays are shown in Fig. 4. Low SVGP12 viability also suggests limited activity and therefore limited contribution to BBB permeability.

Molecular tracing molecules have been a valuable tool for exploring BBB mechanism of action and response to injury *in vitro* and continue to provide utility in determining physiological relevance of engineered MPS (Hawkins and Egleton, 2006; Hoffmann et al., 2011; Li et al., 2010; Booth and Kim, 2012; Adriani et al., 2017). Larger molecules tend to permeate slower across barrier systems, while molecules smaller than 500 Da easily diffuse through endothelial layers depending on charge and functionalization. In the BTI Chip, having eliminated the semi-permeable membranes, fluorescent tracer molecules can be spatially monitored by standard fluorescence microscopy to calculate permeability over time without sampling that is required in Transwell® or other MPS. In vessels with cylindrical geometries or irregular morphologies in 3D matrices, highly sensitive microscopes must be used to track perfusion in a single plane (Kim et al., 2013; Polacheck et al., 2017). Spinning disk confocal microscopy provides the speed and resolution to obtain single-plane images of fluorescent molecules diffusing into a matrix. However, this equipment is not readily available in many research labs, especially considering these assays involve live cells and therefore cannot be transported long distances from culture facilities. Instead, MPS with planar channels and optically transparent windows for imaging, such as the BTI Chip, can be monitored using standard inverted fluorescent microscopes.

2.4. Regulation of BBB MPS permeability by fluid shear, molecular size, & P-glycoprotein efflux pump activity

While static permeability characterization demonstrated a basal barrier function, the expected operation of the BTI Chip will be under controlled biomimetic perfusion. Accordingly, the permeability was evaluated during extended exposure to perfusion induced shear stress. The permeability of BTI Chips exposed to static and perfusion culture

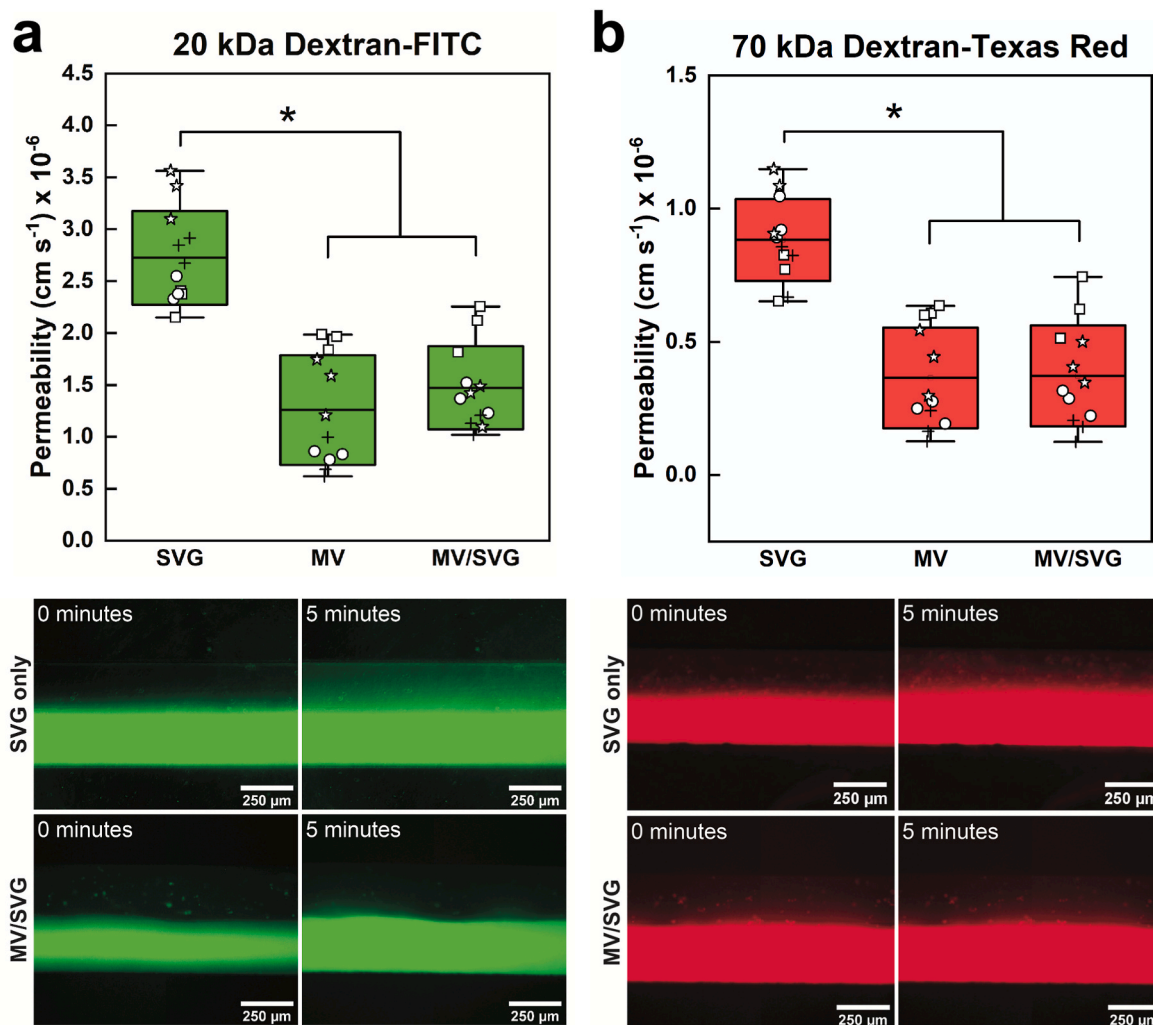


Fig. 4. Endothelial barrier was developed and regulated perfusate transport in the Blood-Interface Chip. Fluorescently labelled dextran tracers, (a) 20 kDa and (b) 70 kDa exhibited decreased permeation rate into the 3D tissue compartment when the developed endothelium is present. 20 kDa tracers permeate more rapidly than 70 kDa molecules. Regulation of permeability of the endothelial barrier by the addition of SVGP12 cells into the 3D tissue scaffold was not detected. Each data point represents one of three locations within a single device. 4 devices were used per condition. Data were compared with student's t-tests, (* $p < 0.05$).

conditions were compared as shown in Fig. 5. Endothelial cells were exposed to physiological shear stress for 24 h beginning 1 day after hBMVEC seeding. BBB MPS were exposed to approximately 0 dyn/cm^2 , 1 dyn/cm^2 , and 3 dyn/cm^2 shear stresses with 0 $\mu\text{L/min}$, 5 $\mu\text{L/min}$ and 17 $\mu\text{L/min}$ flow rates, respectively. Due to media volume and hardware constraints, cells were exposed to shear stress lower than reported physiologically, though similar shear stresses to what are tested herein have been previously reported to decrease permeability in a hBMVEC monolayer treated with astrocyte conditioned media (Siddharthan et al., 2007). The permeability of 70 kDa molecular tracers across the BBB MPS does not change with flow, shown in Fig. 5, as the maximum permeability is achieved with hBMVEC alone due to detection limits and low permeability experienced with large molecules. There is a decrease in permeability of smaller tracer molecules, at 20 kDa molecular weight, across the BBB MPS exposed to shear stresses compared to static BBB MPS, suggesting shear strengthens the junctions between cells and limits permeability, shown in Fig. 5b. Shear decreases permeability by 50% compared to BBB MPS without flow, though increasing flow rates to 3 dyn/cm^2 does not further decrease permeability. To see a further decrease in permeability of 20 kDa dextran, higher flow rates or longer culture times may be required.

As previously discussed, endothelial cells are known to polarize, elongate, and migrate when exposed to shear stress (Albuquerque et al.,

2000; Urbich et al., 2002; Wojciak-Stothard and Ridley, 2003). These key morphological changes highlight the mechanoreceptive capabilities of endothelial cells. Interestingly, microvascular cells from the brain have been reported to show a much different response. Multiple studies have demonstrated how hBMVECs are unlike other types of endothelial cells in that they do not elongate in response to flow (Ye et al., 2014; Reinitz et al., 2015). Although no cytoskeletal remodeling is observed, these studies still suggest cells are activated by shear forces. As shown in brightfield images in Fig. 5c and 5d, hBMVECs in the BBB MPS do not align in the direction of flow with applied shear stress but show alignment without shear. It has previously been reported that multiple cell types, including endothelial cells, align along the length of microchannels, with more alignment observed with decreasing channel width (Gray et al., 2002; Bade et al., 2017). Similarly, an elongated endothelial morphology is observed along the length of the microchannel in cells cultured statically, as seen in Fig. 5c. Upon exposure to flow, this elongation is reduced, and cells appear to have a more squamous morphology. This is due to the unique nature of hBMVEC, where tight junction proteins are critical to prevent intercellular mobility of molecules larger than 500 Da. Shear activated hBMVECs do not elongate to minimize tight junction length between cells, therefore conserving selectivity (Ye et al., 2014). hBMVEC reorganization from elongated to squamous morphology is observed, possibly as a mechanism to

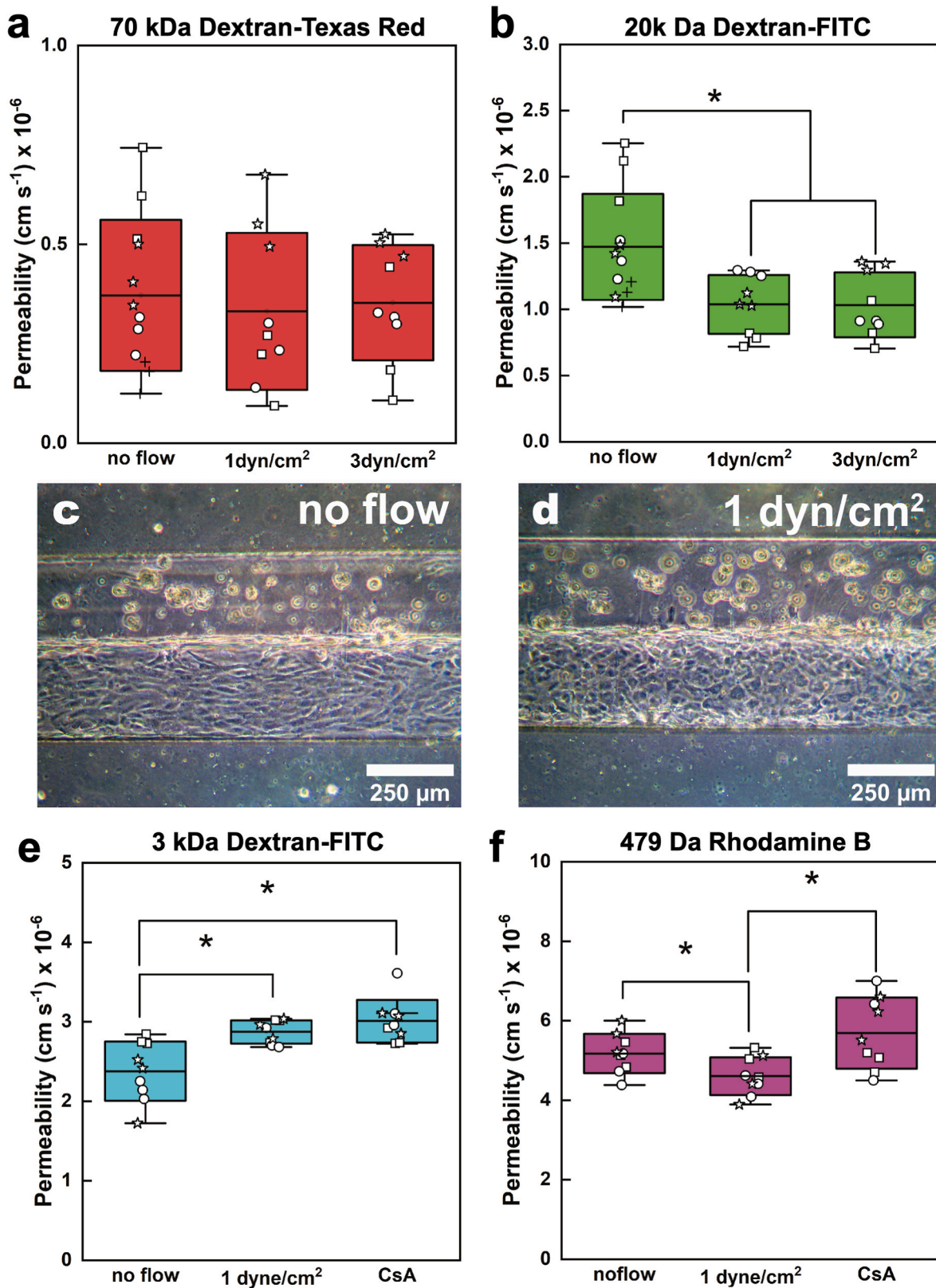


Fig. 5. Fluid shear and chemical stimuli regulated endothelial barrier permeability and P-gp efflux pump activity in the Blood-Tissue Interface Chip. *a, b*) Fluid shear positively regulates barrier integrity and decreases permeability to dextran tracers (20 kDa). *c, d*) hBMVECs do not elongate in response to shear, confirming brain microvascular endothelial cells do not follow conventional shape-change behavior in response to increased fluid shear. *e, f*) Inhibition of P-glycoprotein efflux pumps with cyclosporine-A (CsA) increases the net permeability of the endothelial barrier. For rhodamine tracers (479 Da), both shear and efflux pump activity regulated the permeability of the endothelial barrier. Each data point represents one of three locations within a single device. 3–4 devices were used per condition. Data were compared with student's *t*-tests, (**p* < 0.05).

minimize tight junction length upon shear activation.

The smallest tracer molecule used for permeability analysis was Rhodamine B, a fluorescent tracer dye that has a molecular weight of 429 Da. Molecules smaller than 500 Da can transverse the BBB *in vivo*, though many are subsequently transported back into circulation due to the activity of efflux pumps on the luminal and basal surfaces of endothelial cells. P-glycoprotein (P-gp) is an ATP-dependent efflux pump that limits molecule entry to the brain, presiding on the luminal surface of microvascular cells in the BBB. P-gp is thought to play a role in back-transport of molecules larger than 400 Da (Schinkel, 1999). Rhodamine dyes have been widely used to determine functional activity of P-gp, as these molecules are small enough to transverse the barrier to then be actively removed by P-gp efflux pumps (Saengkhae et al., 2003; Forster et al., 2012; Wang et al., 2006; Fontaine et al., 1996). *In vitro*, P-gp upregulation has been observed in hBMVECs exposed to shear forces when compared to cells cultured in static conditions (Garcia-Polite et al., 2017; Cucullo et al., 2011). A decrease in permeability of Rhodamine B was seen in BBB MPS exposed to 1 dyn/cm² shear forces when compared to BBB MPS without shear exposure (Fig. 5f) while 3 kDa dextran permeability was the same between flow and no flow conditions (Fig. 5e). This may be explained by the upregulation of P-gp on hBMVEC under shear, actively transporting molecules back into the vessel channel as they diffuse into the tissue structure. A subset of the BTI Chips perfused at 1 dyn/cm² were treated with 10 μ M of Cyclosporine-A (CsA) for 1 h before testing Rhodamine B permeability as seen in Fig. 5. Permeability of Rhodamine B is shown to increase after BBB MPS incubation with CsA, suggesting efflux pumps that were

previously activated by shear stresses are functionally inhibited. CsA is an immunosuppressant drug that has been shown to inhibit P-gp efflux pump activity. CsA is a competitive inhibitor, effectively blocking efflux pump function, leading to the accumulation of Rhodamine B in the scaffold on the basal side of the hBMVEC monolayer. The permeability of Rhodamine B in shear-exposed BBB MPS treated with CsA is the same as permeability seen in BBB MPS cultured without flow, suggesting a physiological response activated by flow is absent after CsA treatments. An alternate explanation for increased Rhodamine B permeability is that CsA treatment physically damaged the BBB. A small increase in permeability of 3 kDa dextran molecules was observed for CsA-treated BBB MPS compared to conditions with and without flow (Fig. 5e). An effect is more likely due to barrier damage rather than efflux pump inhibition, as morphological changes were realized at higher dosing of CsA.

2.5. Parallel assembly of multiple BTI chips

The described studies run in parallel could provide a wealth of data with limited user requirements, saving time and resources, as well as demonstrating the utility of MPS in settings that require high throughput. Parallel channels of equivalent size will have the same hydrodynamic resistances and pressure drops, ensuring solution will flow simultaneously through all devices. Input pressure must account for the sum of the hydrodynamic resistances across all devices, requiring higher pneumatic pump pressure during fabrication compared to a single channel. Simultaneous fabrication of multiple BTI Chips was

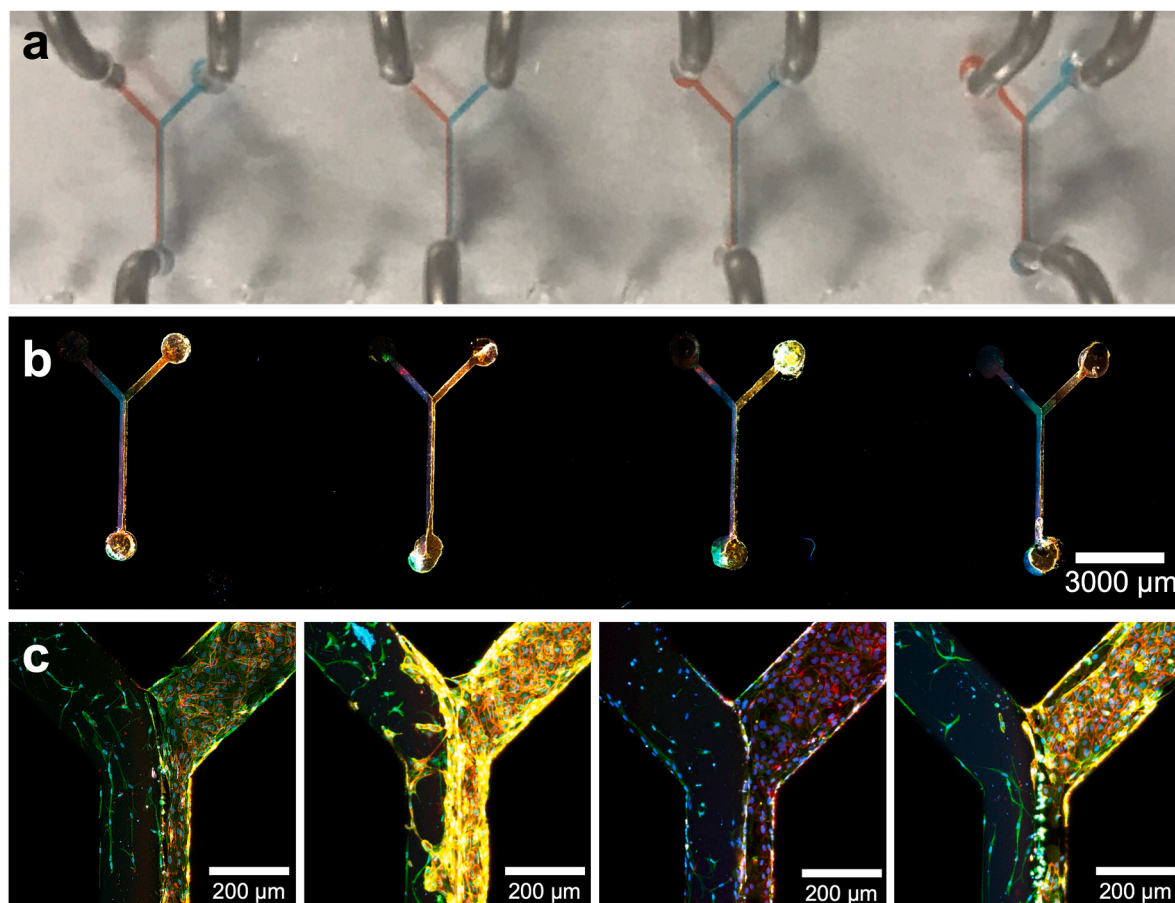


Fig. 6. Multiplexed assembly of Blood-Tissue Interface Chip. a) Parallel laminar flow profiles can be established simultaneously in multiple Y channels within the same PDMS housing. b, c) Immunofluorescence micrographs of HDFn-embedded gels and hBMVEC endothelium demonstrate successful fabrication of an array of blood-tissue interfaces. Staining for VE-Cadherin (red) distinguishes hBMVEC from HDFn (phalloidin-stained actin, green; DAPI-stained nuclei, blue). Yellow coloration is a product of red and green fluorescent overlap. All channels are simultaneously constructed and perfusable by simple splitting of the inlet conduits. (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

achieved as a proof-of-concept for future scale-up. Polymerized scaffolds with embedded HDFn are shown in Fig. 6. Fibroblasts proliferated in each parallel scaffold, forming dendritic outgrowth into the surrounding matrix, while hBMVECs proliferated to fill the remaining channel in each device. Scaffold polymerization is not uniform in all devices, and resistance differences in each channel after complete MPS fabrication prevented simultaneous perfusion. These limitations could be addressed by using a flood lamp rather than a spot lamp for more uniform UV distribution in large polymerization areas, as well as utilizing stiff, plastic microfluidic channels with PEEK tubing to limit transient fluid motion after stop flow. With this design, there were 12 Y-channels on a 25 mm × 75 mm glass slide. Four of the 12 devices available on the slide were simultaneously fabricated to demonstrate proof of concept (Fig. 6), though this fabrication can be scaled-up for production.

3. Materials & methods

3.1. Gelatin methacryloyl (GelMA) synthesis

GelMA was synthesized as previously reported (Daniele et al., 2014b). Porcine gelatin (Millipore Sigma, Type A, 300 g Bloom) was dissolved in 1X Phosphate Buffered Saline (PBS) (0.1 g/mL) at 60 °C. After the gelatin was dissolved, the solution was cooled to 50 °C and methacrylic anhydride (MilliporeSigma) was added dropwise to a ratio of 750 µL methacrylic anhydride per 1 g of gelatin. The reaction continued for 4 h at 50 °C. The reaction was stopped by adding an equivalent volume of PBS. The solution was dialyzed in deionized water (~18.2 MΩ cm) using regenerated cellulose dialysis tubing with a molecular weight cutoff of 12–14 kDa (SpectrumLabs) at 40 °C for 7 days. The dialysate was changed daily. The aqueous GelMA solution was frozen at –80 °C overnight and then lyophilized for 5 days. The final product was stored at 4 °C until used.

We opted to use GelMA (gelatin methacryloyl) instead of collagen gel for our microdevice fabrication due to its unique advantages. GelMA is a modified form of gelatin, offering greater versatility and mechanical stability compared to collagen. Its incorporation of methacryloyl groups enables the utilization of photopolymerization, transforming GelMA into a hydrogel through UV crosslinking (Tien and Dance, 2021; Liu et al., 2020). This feature allows us to precisely control the mechanical properties of the scaffold. Additionally, GelMA provides cell adhesion sites and offers adjustable degradation rates, making it an ideal choice for our specific application. While collagen gel is known for its excellent biocompatibility and bioactivity, GelMA's tunable and robust properties make it more suitable for our microdevice fabrication needs, ensuring optimal performance and longevity.

3.2. Microchannel fabrication

Microchannels were fabricated by soft lithography (Xia and Whitesides, 1998). Photolithography masks were designed in AutoCAD (Autodesk) and printed on Mylar® films at 32 kDPI resolution (FineLine Imaging). 100 mm silicon wafers were cleaned with isopropanol (VWR), dried with N₂, and O₂ plasma treated (Harrick Plasma) for 2 min prior to coating with SU-8 photoresist (MicroChem, Kayaku) using a spin-coater. SU-8 molds of various heights were created. Baking, exposure, and development times were adjusted according to manufacturer recommendations. After development, molds were hard baked at 150 °C for at least 10 min. Polydimethylsiloxane (PDMS) was cast and baked for at least 20 min at 70 °C prior to removal from the molds. Inlet and outlet holes were punched in the PDMS devices using an 18-gauge blunt-tip dispensing needle. Dust was cleaned from the PDMS devices using transparent Scotch® tape. PDMS devices and glass slides (25 × 75 mm) were O₂ plasma treated for 2 min and permanently contact-bonded. The assembled devices were stored without tubing.

3.3. Cell culture

hBMVECs were purchased from Angio-Proteomie (Catalog #CAP-0002) and cultured in microvascular endothelial cell growth media 2 (EGM-2-MV) purchased from Lonza (Catalog #CC-3202). HDFn were purchased from ATCC (Catalog # PCS-201-010) and cultured in DMEM (4.5 g/L glucose, L-glutamine, & sodium pyruvate; Corning) supplemented with 10% FBS (Genesee) and 1X penicillin/gentamicin. SVGP12 cells were purchased from ATCC (Catalog #CRL-8621) and cultured in DMEM supplemented with 10% FBS and 1X penicillin/gentamicin. Standard aseptic techniques were used for culture in an incubator with 5% CO₂ and 100% humidity at 37 °C. Cells were cultured in polystyrene culture flasks, media was changed every 2 days, and cells were passaged at approximately 80% confluency. Cells were used to fabricate the BTI Chip up to Passage 6.

3.4. Cellularization of microchannels

3.4.1. In situ polymerization of tissue compartment

To prepare the BTI Chip, blunt 19G needles (Jensen Global) were removed from plastic Luer Lock fitting by soaking in isopropanol for at least 24 h. The removed blunt needles were cut to 0.25" using side-cutting pliers and opened using needle-nosed pliers. Blunt needle tips were inserted into channel inlets and outlets, followed by connection to 0.04" ID x 0.07" OD Tygon® tubing. The inner surface of microchannels was treated with a handheld corona treater with antenna attachment for 10 s. This was done within 1 h of scaffold polymerization in the device. The devices were flushed with 70% ethanol and all tubing was clamped with pinch valves. Pinch valves (McMaster-Carr), also called plastic noncontact flow-adjustment valves, are specified for plastic tube outer diameter ranging from 0.09375" to 0.25". Before use, all tubing was primed with 1X PBS. Leaving one inlet clamped shut, scaffold precursor is introduced to the other inlet, and clamped shut. The scaffold precursor consists of 0.5 wt/wt% lithium phenyl-2,4,6-trimethylbenzoylphosphinate (LAP) (Millipore Sigma) as photo-initiator, 3 wt/wt% GelMA, 1 wt/wt% 8-arm PEG-thiol (Jenkem), and a suspension of the desired cells at 3 million cells/mL. Once the microchannels and tubing were loaded with 1X PBS and one inlet tube was loaded with precursor scaffold, each inlet tube was connected to one of the PEEK-to-conical tubing adapters, with equivalent lengths of upstream PEEK connected at a T-junction. This T-junction was connected to a flow multiplexor (Elveflow, France), which was connected to a pneumatic pressure regulator (OB-1, Elveflow, France). The pressure regulator was connected to a 50 mL conical fluid reservoir filled with 1X PBS. All tubing was primed prior to making connections. Fluids were perfused under constant pressure (~12 mbar). When the desired flow profile was achieved, stop flow and UV exposure was initiated for *in situ* polymerization of the tissue compartment. UV exposure on a conventional inverted microscope was facilitated by placement of an 8 mm liquid lightguide (Dymax). UV-A (320–390 nm) exposure was measured at ~40 mW/cm² with an ACCU-CAL 50 radiometer (Dymax). After the tissue compartment was solidified, tubing was clamped, and the device was removed from the PEEK adapters. The blood compartment was then perfused with DMEM supplemented with 10% FBS and 1X penicillin/streptomycin using a syringe pump (Harvard Apparatus) at 50 µL/min for 30 min then stopped. The media was exchanged each day leading up to the addition of endothelial cells.

3.4.2. Addition of endothelial cells and formation of endothelium

Two days after fabrication of the tissue compartment and culture, EGM-2-MV media with fibronectin (50 µg/mL) was introduced to the open channel with a syringe pump and incubated at 37 °C for 30 min hBMVECs (~30 million cells/mL) were pipetted into Tygon® tubing that was pre-sterilized with 70% ethanol. The hBMVECs were introduced to the open channel at 50 µL/min. Stop-flow was initiated, and the devices were incubated for 6 h. The channel was flushed with combined

media, 50 v/v% EGM-2-MV, 50 v/v% DMEM, 10 v/v% FBS, and 1X penicillin/gentamicin, leaving adhered hBMVECs. Devices were cultured on their sides. Media was replaced daily or perfused continuously. Device progress was monitored with an inverted light microscope. Complete endothelium formation was achieved after ~24 h of culture.

3.4.3. Multiplexing BTI chips

For the Multiplexed BTI Chip, all fabrication and characterization steps were consistent with one minor alteration, i.e., all the tissue compartment inlets were connected to one inlet and the same was done with the endothelium compartment inlets. This provided a means to produce the BTI Chips simultaneously.

3.5. Cellular viability analysis

Viability was determined using a LIVE/DEAD assay (ThermoFisher Scientific). Calcein-AM and ethidium homodimer-1 (EthD-1) were used to indicate live and dead cells, respectively. The BTI Chips were perfused with 4 μ M Calcein-AM and 2 μ M EthD-1 in media using a syringe pump at flow rates <30 μ L/min. Devices were incubated for 15 min with cellular stains and imaged using an inverted fluorescence microscope with a mechanical stage (Nikon TE-2000E). The green channel ($\lambda_{ex} \approx 480/30$ nm and $\lambda_{em} \approx 535/45$ nm) was used to measure Calcein-AM, and the red channel ($\lambda_{ex} \approx 540/25$ nm and $\lambda_{em} \approx 605/55$ nm) was used to measure EthD-1.

3.6. Immunohistochemical analysis of BTI chip

By perfusion through the BTI Chip, the resident cells were fixed, permeabilized, blocked, and stained *in situ*. The BTI Chips were fixed using 4 v/v% paraformaldehyde in PBS for 15 min at room temperature, permeabilized with 0.5 w/v% Triton-X for 10 min at room temperature, blocked with 2 w/v% bovine serum albumin for 45 min at room temperature, and stained as described below. Between each fixing, permeabilization, and blocking step a washing step with PBS was conducted. BTI Chips containing HDFn and hBMVECs were stained with phalloidin (1:2000 dilution) and a mouse anti-human primary monoclonal antibody for CD-31 (1:200) overnight at 4 °C, then washed with PBS, and incubated with a goat anti-mouse polyclonal secondary antibody labelled with AlexaFluor594 ($\lambda_{ex} = 590$ nm and $\lambda_{em} = 617$ nm) (1:500) overnight at 4 °C. BTI Chips containing SVGP12 cells and hBMVECs were stained with mouse anti-human monoclonal antibody for CD31 directly conjugated with fluorescein isothiocyanate (FITC) (1:200), a mouse anti-human monoclonal antibody for GFAP directly conjugated with an AlexaFluor594 fluorophore (1:100), and a rabbit anti-human primary monoclonal antibody for VE-Cadherin (1:200) overnight at 4 °C. The next day, these BTI Chips were washed with PBS and stained with a goat anti-rabbit polyclonal secondary antibody conjugated with an AlexaFluor 647 fluorophore (1:500) for 1 h at room temperature. Finally, for all BTI Chips, cell nuclei were labelled with DAPI nuclear stain and washed with PBS prior to imaging by laser-scanning confocal microscopy (Zeiss LSM 710).

3.7. Permeability analysis in BTI chip

For all experiments described below, tracer molecules were perfused through the BTI Chip with a syringe pump at 5 μ L/min. As a fluorescent signal appears in the blood compartment, fluorescence micrographs were recorded. Fluorescence micrographs were recorded at multiple locations every 30 s for 5 min with an inverted fluorescence microscope equipped with a custom mechanical stage and on-stage incubator. Permeability was calculated with the following equation,

$$P = \frac{\frac{dI_{gel}}{dt} \cdot l \cdot w}{I \cdot I_{lumen}}, \quad (\text{Eqn. 1})$$

where the change in intensity of the scaffold over the 5-min imaging period, $\frac{dI}{dt}$, was calculated by taking the slope of the sampled data. I_{lumen} is the intensity of the lumen at 5 min minus the intensity of the gel at $t = 0$. The length and width of the scaffold viewing area are l and w , respectively. For all permeability experiments, 3 locations were imaged per device. 3–4 devices were used for each experimental condition. Images were analyzed using ImageJ (Collins, 2007). Outcomes were compared with type 2, 2-tail student t-tests. Significance was determined as $p < 0.05$.

3.7.1. Permeability with and without endothelium

FITC-labelled dextran (20 kDa; $\lambda_{ex} = 490$ nm and $\lambda_{em} = 525$ nm) and Texas Red-labelled dextran (70 kDa; $\lambda_{ex} = 596$ nm and $\lambda_{em} = 615$ nm) in EMG-2 MV media was perfused at 12.5 μ g/mL.

3.7.2. Permeability with and without fluid shear

BTI Chips were exposed to no shear or 1 dyn/cm². To achieve the desired shear, all perfusion was initiated at a flow rate of 2 μ L/min (0.4 dyn/cm²), and the flow rate was gradually increased in a stepwise function at ~2 μ L/min every 30 min. Applied shear stress of 1 dyn/cm² was achieved after 1.5 h, while applied shear stress of 3 dyn/cm² took 3 h. Cells were exposed to shear stress for 24 h. After applying shear stress, permeability was assessed using tracer molecules, as previously described. The fluid shear stress on the endothelium was calculated with the following equation,

$$\tau = \frac{6\mu Q}{h^2 w}, \quad (\text{Eqn. 2})$$

where, μ [Pa·s] is the dynamic viscosity, Q [μ L/s] is the volumetric flow rate, h [cm] is the channel height and w [cm] is the channel width.

3.7.3. Small molecule permeability & P-glycoprotein efflux pump activity

BBB MPS were exposed to no shear or 1 dyn/cm². A subset of the MPS perfused at 1 dyn/cm² were treated with 10 μ M of Cyclosporine-A (CsA) to challenge the P-gp efflux pump for 1 h before testing Rhodamine B permeability (Fig. 5). FITC-labelled dextran (3 kDa; $\lambda_{ex} = 490$ nm and $\lambda_{em} = 525$ nm) and Rhodamine B (429 Da; $\lambda_{ex} = 553$ nm and $\lambda_{em} = 627$ nm) were introduced to the BTI Chip at 12.5 μ g/mL in media and monitored every 15 s for 5 min, due to the rapid transport of the small molecule, Rhodamine B.

4. Discussion

We have demonstrated the fabrication of a novel, microfluidic blood-tissue interface MPS. With our vision for the device, we anticipate achieving a throughput ranging from dozens to hundreds, and through the implementation of an optimized production process, we theorize that production could scale up to an industrial level comparable to Mimetas. Through the strategic use of laminar flow and photopolymerization, we have managed to embed cells in a tissue scaffold that comes into direct contact with a perfusable endothelium, without the need for any synthetic barriers. By incorporating both brain microvascular endothelial cells and model glial cells, we have successfully demonstrated that the BTI Chip can serve as a blood-brain barrier. Our experiments involving the perfusion and tracking of various sizes of fluorescent dextran molecules have shed light on the critical role played by the vascular endothelium and fluid shear response in regulating permeability across the interface. Furthermore, we have proven that permeability across the interface can be modulated via competitive inhibition of efflux pumps using cyclosporine-A. We have also managed to fabricate a parallel assembly of BTI Chips, which holds immense promise for applications in fundamental biological studies and drug development. With MPS already being used for drug toxicology testing on a large scale (Young and Beebe, 2010; Hughes et al., 2010; Maschmeyer et al., 2015; Kamm and Bashir, 2014; Fairbanks et al., 2009; Ewart et al.,

2022), the automated handling and high number of replicates offered by the BTI Chip's parallelization of fabrication via microfluidics and photopolymerization are crucial in establishing the utility of microdevices as research and development tools, especially in comparison to animal models and testing.

The geometric ratio of blood and tissue compartments investigated within the BTI Chip was 1:1. Prior work suggests that various width ratios could be achieved by varying relative inlet flow rates (Sivashankar et al., 2017). While this approach could provide for a novel method for changing fluid shear in endothelial lumen, the degree of compartment interaction or recapitulation of barrier function is more dependent on the barrier area, which is tuned primarily by height. More exciting derivatives of the BTI Chip would be comparison or combination of tissue cells, or inclusion of a third compartment.

Although UV photoactivatable gels played an important role in the development of our MPS, it is important to recognize the limitations associated with this technique, especially if working with sensitive cell types such as stem cells and some primary cells. Photoinitiators and UV exposure can cause cellular damage, significantly impacting cell viability and functionality. Already, we have seen a relatively high sensitivity of SVGP12 to gel and UV conditions, compared to HDFn. Furthermore, prolonged exposure to UV radiation can result in phototoxicity and disrupt the overall cell culture environment (Rowland et al., 2013). Therefore, careful consideration of UV exposure parameters, such as time and intensity, is crucial to minimize adverse effects. Alternative crosslinking methods should be explored to address these concerns and preserve cell functionality in future iterations.

An obstacle for many researchers who use cell suspensions of hydrogel precursor solution is the tendency of cells to settle due to gravity. This requires regular mixing of cell-gel suspensions throughout a given fabrication period. In our case, this means mixing in between polymerization of individual BTI Chip gels. Ultimately, cell settling could place a limitation on the number of simultaneously polymerized gels that could be prepared in a multiplexed BTI Chip if gel loading is not done in a single step. More BTI in a single multiplexed chip would require greater gel volume and more loading time. It might therefore be more practical to pursue higher throughput fabrication with automated fluid handling systems, rather than or in addition to multiplexing microfluidic designs. The organ chip company Emulate, Inc. has taken this approach by developing their own 'Zoë' chip-handling systems that regulate temperature and CO₂ as well as media perfusion and stretch of actuator channels. Future experiments aimed at exploring the limits of multiplexing our BTI design are warranted. It is also worth mentioning that MPS research could benefit from experiments exploring the limits of informative capacity for particular MPS dimensions. For example, it would be valuable to answer what the fundamental differences are between deriving information from 12 MPS with a particular channel length "l" versus 6 MPS with channel lengths equivalent to "2l." An interdisciplinary approach is warranted to balancing requirements, such as cell counts needed to achieve statistical relevance in a particular assay, with engineering limitations, including incorporating micro-channel dimensions that allow realization of uniform fluid shear stress, and pharmaceutical considerations, such as using the minimum necessary amount of material and cells required per device to inform drug performance.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data availability

Data will be made available on request.

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Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.ooc.2023.100032>.

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