

1 **Is the outflow-layer inertial stability crucial to the energy cycle and**
2 **development of tropical cyclones?**

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ABSTRACT

22 This study revisits the issue of why tropical cyclones (TCs) develop more rapidly at lower
23 latitudes, using ensemble axisymmetric numerical simulations and energy diagnostics based on the
24 isentropic analysis, with the focus on the relative importance of the outflow-layer and boundary-
25 layer inertial stabilities to TC intensification and energy cycle. Results show that although lowering
26 the outflow-layer Coriolis parameter and thus inertial stability can slightly strengthen the outflow,
27 it does not affect the simulated TC development, whereas lowering the boundary-layer Coriolis
28 parameter largely enhances the secondary circulation and TC intensification as in the experiment
29 with a reduced Coriolis parameter throughout the model atmosphere. This suggests that TC outflow
30 is more likely a passive result of the convergent inflow in the boundary layer and convective updraft
31 in the eyewall.

32 The boundary-layer inertial stability is found to control the convergent inflow in the boundary
33 layer and depth of convection in the eyewall and thus the temperature of energy sink in the TC heat
34 engine, which determines the efficiency and overall mechanical output of heat engine and thus TC
35 intensification. It is also shown that the hypothesized isothermal and adiabatic compression legs at
36 the downstream end of the outflow in the classical Carnot cycle is not supported in the
37 thermodynamic cycle of the simulated TCs, implying that the assumed TC Carnot cycle is not
38 closed. It is the theoretical maximum work of heat engine, not the energy expenditure following
39 the outflow downstream, that determines the mechanical work used to intensify a TC.

41 **1. Introduction**

42 The outflow layer in the upper troposphere generally between 100 and 300 hPa is the outward
43 branch of the secondary circulation of a tropical cyclone (TC) and is related to TC intensity changes
44 (McBride 1981; Wang 2007; Oyama 2017). There are several explanations in the literature as to
45 how the outflow-layer dynamics affect TC development. For example, the outflow may remove
46 the inner-core mass or warm air and thus maintain the inner-core convective instability (Holland
47 and Merrill 1984; Shi et al. 1990; Chen and Gray 1985; Wu and Cheng 1999) or push back against
48 the environmental winds and thus reduce the local vertical wind shear (Xu and Wang 2013;
49 Ryglicki et al. 2019; Dai et al. 2021; Shi and Chen 2021). In addition, the eddy momentum flux in
50 the outflow layer may enhance TC's secondary circulation by a deep balanced response and thus
51 favors the eyewall convection and TC intensification (Challa and Pfeffer 1980; Holland and Merrill
52 1984; Wu and Cheng 1999; Chen et al. 2015; Ditcheck et al. 2017).

53 The upper-tropospheric outflow is also part of the TC Carnot cycle (Emanuel 1986; Pauluis
54 and Zhang 2017). Emanuel (1986, 1991) succinctly divided the TC Carnot cycle into four legs. In
55 leg 1 the near-surface ambient air parcel spirals toward the TC eyewall with isothermal expansion
56 and gains enthalpy from the sea surface. In leg 2 the air parcel ascends in the TC's eyewall and
57 then flows out to large radius with moist-neutral adiabatic expansion. The term “moist-neutral
58 adiabatic” means a state in which the absolute angular momentum and saturation entropy surfaces
59 are congruent. In leg 3 the air parcel descends following the outflow downstream with isothermal
60 compression and loses entropy by infrared radiation. In leg 4 the air parcel further descends to the
61 starting point of leg 1 with moist-neutral adiabatic compression to close the cycle. For simplicity,
62 Emanuel (1986, 1991) omitted the hydrologic cycle in the hypothesized TC (Pauluis 2011) and
63 assumed the work produced by the Carnot cycle is mainly consumed to offset the mechanical
64 dissipation in the boundary layer (leg 1) by surface friction as well as at large radii in the outflow
65 layer (leg 3) by restoring the outflow's absolute angular momentum to its ambient value. This
66 framework means that the outflow layer may affect the TC Carnot cycle or TC development by
67 mechanical dissipation. The outflow-layer mechanical dissipation was omitted in the latest

68 formulation of the Carnot cycle in Emanuel (1997, 2018) and Rousseau-Rizzi and Emanuel (2019)
69 in deriving a closed expression of TC potential intensity.

70 One important factor influencing the TC outflow is the local inertial stability. A lower inertial
71 stability implies a weaker resistance to axisymmetric radial motion, with which the outflow air may
72 exhaust/ventilate at a larger radius (Rappin et al. 2011; O'Neill and Chavas 2020). Rappin et al.
73 (2011) further argued that as the outflow air exhausts at a larger radius, the work to “force”
74 subsidence in leg 3 of the Carnot cycle in Emanuel (1986, 1991) would be reduced more by
75 additional radiative cooling. Although the infrared radiative cooling-associated subsidence is often
76 comparable with the actual subsidence in the outer core of a TC (Emanuel 2004; Wang and Lin
77 2020), the work of subsidence has never been characterized in the Carnot cycle, and the “forced
78 subsidence” could not be found in previous studies as pointed out by O'Neill and Chavas (2020).
79 However, the simulations in Rappin et al. (2011) did show that with a lower latitude or weaker
80 environmental inertial stability, the TC outflow is more intense and the TC intensifies more rapidly,
81 with a lesser difference in absolute angular momentum between the defined outflow air and the
82 environmental air. They thus hypothesized that inertial stability may affect TC development by
83 modulating the outflow-layer mechanical dissipation. Emanuel (1986) also assumed that by
84 reducing the outflow-layer mechanical dissipation, more energy is available to overcome surface
85 friction in the boundary layer. Nevertheless, the role of outflow-layer mechanical dissipation on
86 the overall energy conversion and the role of inertial stability on outflow-layer mechanical
87 dissipation have not been quantified in the literature. Note that in addition to the outflow, the lower
88 inertial stability can also facilitate the boundary-layer inflow, leading to a stronger overall
89 secondary circulation (e.g., Kepert and Wang 2001; Li and Wang 2021b). Therefore, although the
90 phenomenon that a TC intensifies more rapidly with a lower latitude (or environmental inertial
91 stability) has been widely confirmed (e.g., DeMaria and Pickle 1988; Rappin et al. 2011; Li et al.
92 2011; Smith et al. 2015), it is unclear whether this dependence is dominated by inertial stability in
93 the outflow layer or the boundary layer.

94 The key to understanding the TC energy cycle and development based on the concept of
95 Carnot cycle is how a closed thermodynamic cycle is defined/assumed, as air parcel's movement
96 in the TC secondary circulation is often highly turbulent and not a closed cycle. In addition, for the
97 Carnot cycle proposed by Emanuel (1986, 1991), the isothermal compression in leg 3 is hard to be
98 found in natural TCs, because of the marked thermal stratification in the outflow layer associated
99 with the local small-scale turbulence (Emanuel and Rotunno 2011; Emanuel 2012; Molinari et al.
100 2015; Komaromi and Doyle 2017). In addition, the assumption of moist-neutral adiabatic descent
101 in the outer region (leg 4) is not confirmed in previous studies, and the state of moist neutrality is
102 often only confined in the inner core of TCs during their mature phase (Peng et al. 2018; Wang et
103 al. 2021; Wang and Lin 2021). Recently, a novel methodology based on the isentropic analysis,
104 named Mean Airflow as Lagrangian Dynamics Approximation (MAFALDA), was introduced to
105 circumvent the aforementioned issues (Pauluis and Mrowiec 2013; Pauluis 2016; Mrowiec et al.
106 2016). The main assumption of MAFALDA is that the thermodynamic cycles of actual parcel
107 trajectories can be approximated by the isolines of the streamfunction in isentropic coordinates
108 (equivalent potential temperature versus height, $\theta_e - z$), based on the conservation property of θ_e .
109 With MAFALDA, the thermodynamic cycle of an air parcel in the temperature versus specific
110 entropy diagram is consecutive, and thus the extreme isothermal or moist-neutral adiabatic
111 assumptions in the Carnot cycle hypothesized in Emanuel (1986, 1991) can be relaxed. Previous
112 studies have shown that MAFALDA can capture well the key aspects of parcel trajectories and the
113 MADALDA-based energy diagnostics can also depict well the essential characteristics of energy
114 conversion during TC development (e.g., Pauluis 2016; Pauluis and Zhang 2017; Fang et al. 2019).

115 In this study, the role of environmental inertial stability on the energy cycle and TC
116 development is revisited based on a suite of ensemble axisymmetric TC simulations and energy
117 diagnostics using MAFALDA. The main objectives are threefold: to examine whether the outflow-
118 layer inertial stability is crucial to outflow strength or TC development, to evaluate the role of
119 outflow-layer mechanical dissipation on TC energy cycle, and to provide a more complete

120 understanding of how environmental inertial stability affects TC development based on the
121 viewpoint of energetics. The remainder of the paper is organized as follows. Section 2 describes
122 the model setup and experimental design. Section 3 gives an overview of results from the ensemble
123 experiments. The MAFALDA-based energy diagnostics are detailed in section 4. Main conclusions
124 are summarized and discussed in section 5.

125 **2. Model setup and experimental design**

126 The main results in this study are based on idealized simulations using the axisymmetric cloud
127 model, CM1, version 20.3 (Bryan and Fritsch 2002). The model settings are identical to those used
128 in Li et al. (2020). The model domain is 3100 km in the radial direction with a grid spacing of 1
129 km within 100-km radius and linearly stretched to 14 km at the lateral boundary. There are 59
130 vertical levels with stretched grids below 5.5 km and 0.5 km from 5.5 to 25 km. The sea surface
131 temperature is 29°C and the corresponding atmospheric sounding is that sorted over the western
132 North Pacific as in Li et al. (2020). The cloud microphysics scheme is the Thompson et al. (2008)
133 double-moment scheme. Newtonian cooling, capped at 2 K day^{-1} , is used to mimic radiative
134 cooling as in Rotunno and Emanuel (1987) and Wang (2007). The Smagorinsky-type diffusion
135 scheme (Bryan and Fritsch 2002) is used to parameterize subgrid-scale turbulent mixing, with the
136 horizontal and asymptotic vertical mixing lengths fixed at 700 m (Zhang and Montgomery 2012)
137 and 70 m (Zhang and Drennan 2012), respectively. The surface enthalpy exchange coefficient is
138 set to 1.2×10^{-3} (Black et al. 2007), while the surface drag coefficient initially increases with
139 the 10-m wind speed up to 25 m s^{-1} and is then kept constant at 2.4×10^{-3} afterwards (Donelan
140 et al. 2004).

141 The inertial stability projected onto an axisymmetric vortex can be written as

142
$$I^2 = \frac{1}{r^3} \frac{\partial M^2}{\partial r} = (f + \frac{2v}{r})(f + \frac{\partial rv}{r \partial r}), \quad (1)$$

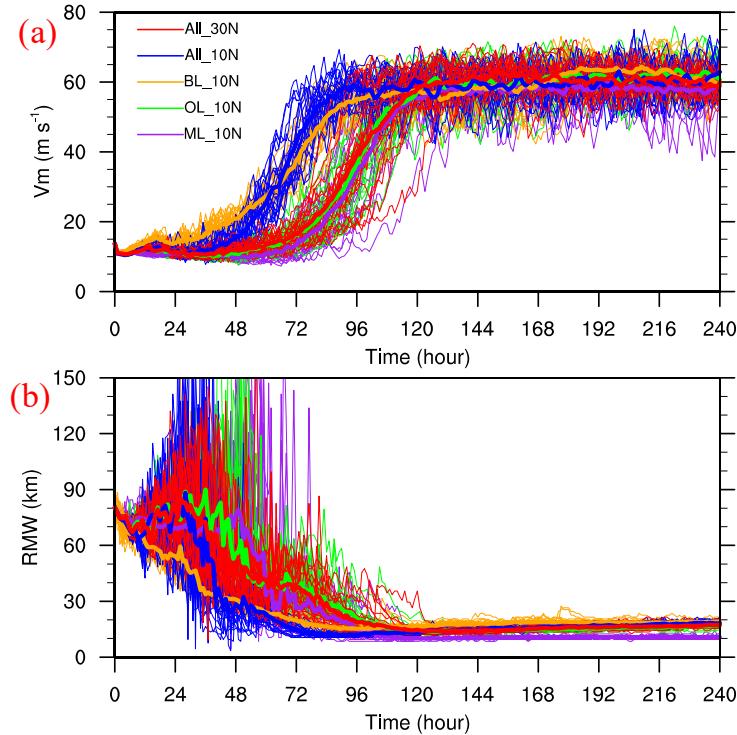
143 where r is radius, v tangential wind speed, f the Coriolis parameter at a given latitude, and M
144 the absolute angular momentum [$M = rv + (1/2)fr^2$]. Based on Eq. (1), the background inertial

145 stability in the TC environment can be modulated by changing either the Coriolis parameter
146 (namely latitude) or environmental circulation, such as the zonal westerly jet or trough from the
147 mid-latitude poleward of a TC (Black and Anthes 1971; Rappin et al. 2011), or both. Here, we
148 focus on the internal dynamics of TCs and do not consider the multiscale interactions between a
149 TC and its environment. Therefore, as in Rappin et al. (2011) and O'Neill and Chavas (2020), we
150 vary environmental inertial stability by varying f in a quiescent environment. Similar to Rappin
151 et al. (2011), two values of f correspond to the latitudes of 10°N and 30°N are used throughout
152 the model atmosphere, labeled as All_10N and All_30N, respectively. To investigate whether the
153 differences between experiments All_10N and All_30N are dominated by the difference in inertial
154 stability in the outflow layer or in the boundary layer, two sensitivity experiments are performed
155 as All_30N but with f above 10 km and below 2 km height being reduced to that at 10°N,
156 respectively, labeled as OL_10N and BL_10N. We choose the two heights because the outflow
157 layer and inflow layer in our simulated TCs are mainly above 10 km and below 2 km, respectively.
158 They are also roughly consistent with observations in intensifying and mature TCs. Our preliminary
159 tests indicate that the main conclusions from this study are insensitive to the two heights in
160 reasonable ranges. An additional experiment as All_30N but with f in the layer between 2–10 km
161 heights reduced to that at 10°N, labeled as ML_10N, is also performed to assess the effect of
162 middle-layer inertial stability on TC development.

163 For each experiment, 21 ensemble runs are performed as described in Li et al. (2020). In the
164 standard run, the initial maximum tangential wind speed is 15 m s⁻¹ at the surface with the radius
165 of maximum wind (RMW) of 80 km, and the radial profile of tangential wind speed is calculated
166 based on the algorithm in Wood and White (2011) with the radial shape parameter of 1.6. The
167 remaining 20 runs are generated by consecutively perturbing the initial maximum tangential wind
168 speed by an increment of ± 0.1 m s⁻¹ (for 10 runs) or the initial RMW by ± 0.4 km (for 10 runs).
169 Note that for a given initial tangential wind distribution, the mass field at each model level is in
170 gradient wind balance with the corresponding Coriolis parameter at the initial time. All runs are

171 integrated for 240 h with hourly output. The results discussed below are mainly based on the
172 ensemble mean to minimize the effect of model internal variability on our main conclusions.

173 **3. An overview of the simulation results**



174
175 Figure 1. Time series of (a) the maximum 10-m total wind speed and (b) the corresponding RMW with results
176 from the 21 individual simulations and the ensemble mean shown in thin and thick curves, respectively, for
177 the five experiments, All_30N, All_10N, BL_10N, OL_10N, and ML_10N.

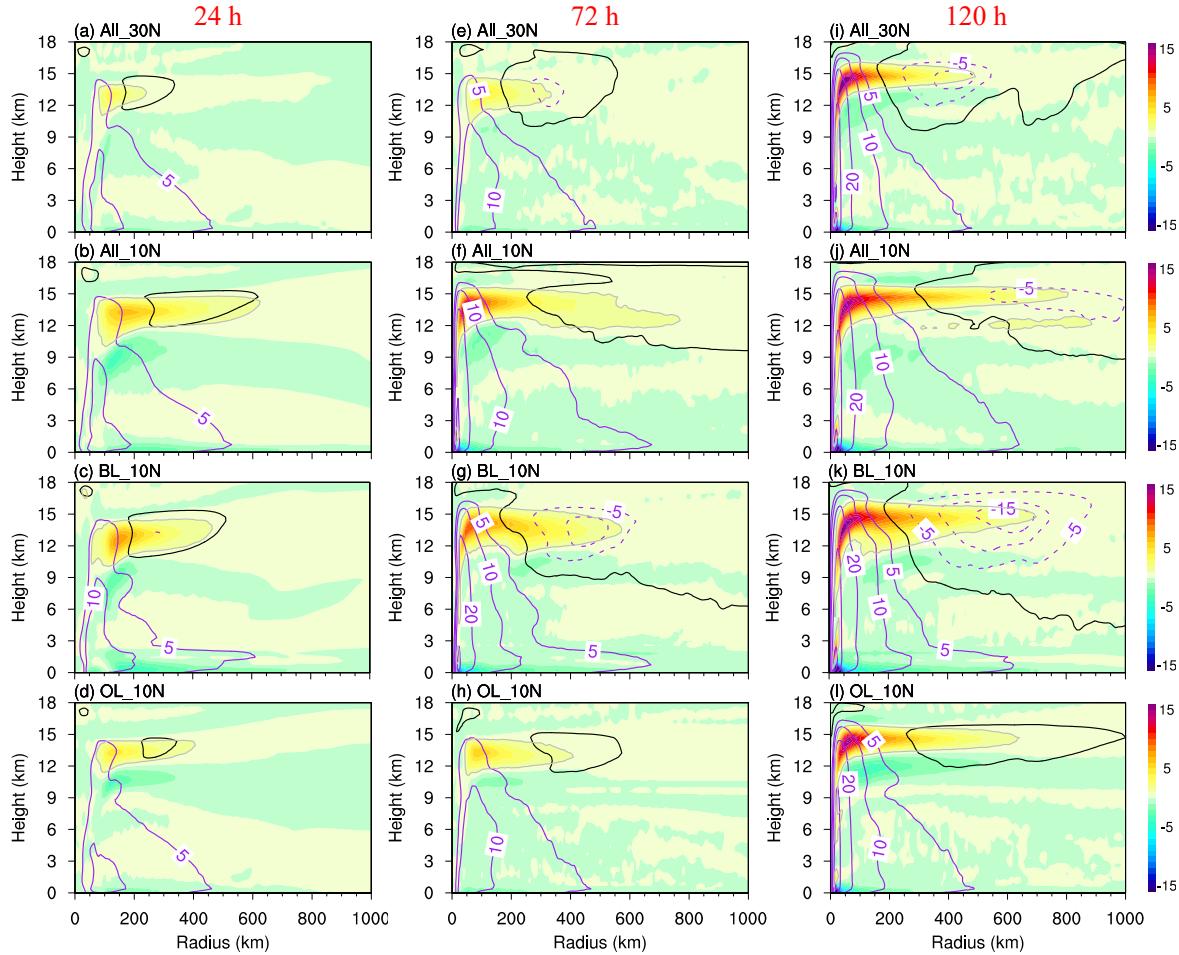
178 Figure 1 displays the time series of the maximum 10-m total wind speeds and the RMWs of
179 all individual ensemble simulations and ensemble mean for the five axisymmetric experiments
180 described in section 2. Consistent with previous studies (e.g., DeMaria and Pickle 1988; Rappin et
181 al. 2011; Li et al. 2011; Smith et al. 2015), the TC with lower global environmental inertial stability
182 (All_10N) develops more rapidly and reaches the quasi-steady state earlier than that with higher
183 global environmental inertial stability (All_30N). The TCs in All_10N and All_30N experiments
184 start to intensify rapidly around 36 h and 66 h, and reaches the quasi-steady state around 90 h and
185 120 h of simulations, respectively (Fig. 1a). The RMW also contracts earlier in All_10N than in
186 All_30N, and for all experiments, the rapid contraction precedes the rapid intensification (Fig. 1b)

187 as found in idealized numerical simulations and in observations analyzed in Li et al. (2021, 2022).

188 A new finding is that lowering the outflow-layer inertial stability has little effect on the TC
189 development (compare All_30N and OL_10N), whereas lowering the boundary-layer inertial
190 stability leads to a much earlier intensification and earlier RMW contraction (compare All_30N
191 and BL_10N), and the TC in BL_10N reaches a quasi-steady state around 90 h of the simulation,
192 similar to those in All_10N (Fig. 1). This means that although the lower inertial stability throughout
193 the atmosphere in All_10N may facilitate both the boundary-layer inflow (DeMaria and Pickle
194 1988; Rappin et al. 2011; Smith et al. 2015) and upper-layer outflow (Rappin et al. 2011), it is the
195 lower boundary-layer inertial stability that predominantly leads to the earlier TC development in
196 All_10N than in All_30N.

197 It is also found that the TC in BL_10N starts to intensify earlier than that in All_10N. The
198 earlier intensification in BL_10N can be explained by the higher inertial stability in the middle-
199 layer and thus stronger feedback between TC circulation and diabatic heating in BL_10N than in
200 All_10N as inferred from the balanced vortex dynamics as demonstrated by Schubert and Hack
201 (1982) and Vigh and Schubert (2009). As shown in Fig.1a, lowering the middle-layer Coriolis
202 parameter in ML_10N delays the onset of TC intensification but its effect on the subsequent
203 intensification of the TC is very marginal. This is mainly because the Coriolis parameter affects
204 the inertial stability more significantly when the TC vortex is at its weak stage during which vertical
205 relative vorticity is relatively small. However, after the onset of intensification, the inertial stability
206 will be largely determined by the relative vorticity and the intensification rate of the simulated TC
207 would be largely determined by the strength and radial location of eyewall heating, which is largely
208 controlled by the boundary layer dynamics (e.g., Li and Wang 2021a,b). Therefore, the results from
209 the additional experiment ML_10N further confirm that the faster development in All_10N than in
210 All_30N is primarily due to the lower boundary-layer inertial stability. In the following discussion,
211 we will focus on the four experiments, i.e., All_30N, All_10N, BL_10N, and OL_10N, to further
212 investigate the relative importance of the outflow-layer and boundary-layer inertial stabilities to

213 the TC development and energy cycle.



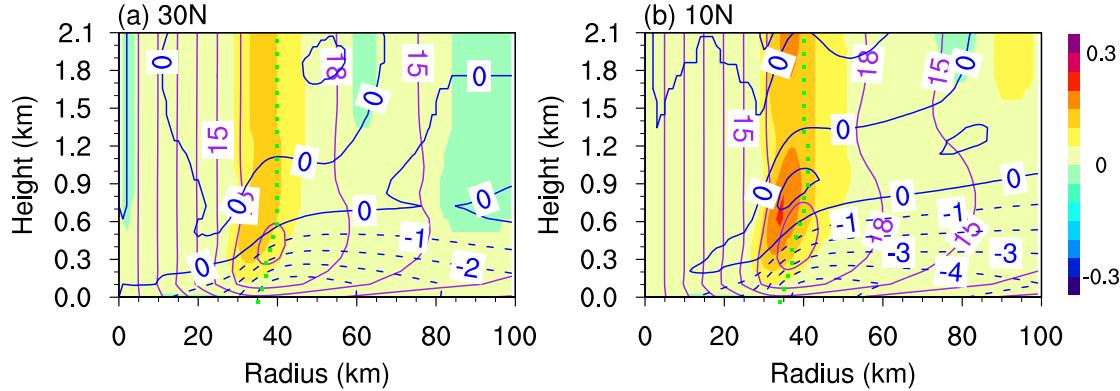
214
215 Figure 2. Radial-vertical cross sections of the ensemble-mean tangential winds (purple contours with zero contour
216 highlighted in black and negative values dashed; m s^{-1}), and radial winds (shading with 1 m s^{-1} contour
217 highlighted in grey) at 24, 72, and 120 h of simulations in experiments from the top down All_30N, All_10N,
218 BL_10N, and OL_10N.

219 To understand how inertial stability affects TC development, we first compare in Fig. 2 the
220 evolution of the ensemble-mean wind structures in the four experiments. Consistent with the results
221 in Rappin et al. (2011) and O'Neill and Chavas (2020), the outflow is more intense and expands to
222 a larger radius in All_10N than in All_30N during all development stages (Figs. 2a–b, e–f, i–j),
223 even during the initial spinup period when the TCs in the two experiments have similar intensities
224 (Fig. 1a; Figs. 2a–b). Rappin et al. (2011) ascribed the more intense outflow in the lower-latitude
225 experiment to the weaker inertial stability in the outflow layer and thus weaker resistance to the

226 outward expansion of the upper-level outflow in the simulated TC. O'Neill and Chavas (2020) also
227 showed that the outer radius of outflow in an idealized radiative-convective equilibrium state can
228 be scaled with the Rossby deformation radius, which is inversely proportional to the local inertial
229 stability. However, our results show that the more intense outflow still occurs in BL_10N even
230 with the outflow-layer inertial stability unchanged (Figs. 2c,g,k); while lowering the outflow-layer
231 inertial stability in OL_10N only slightly enhances the outflow (Figs. 2d,h,l) compared with that
232 in All_30N (Figs. 2a,e,i), but much less obvious than lowering the inertial stability in the boundary
233 layer in BL_10N (Figs. 2c,g,k). These results indicate that the stronger secondary circulation and
234 thus outflow in the lower latitude simulation or lower environmental inertial stability is mainly due
235 to the lower inertial stability in the boundary layer rather than in the outflow layer. The weak
236 resistance to convergent inflow allows for a more intense inflow in the boundary layer (DeMaria
237 and Pickle 1988; Li et al; 2012; Figs. 2a–c, 2e–g, 2i–k), which could facilitate more vigorous
238 vertical motion and convection in the eyewall, forcing a stronger outflow. As a result, the overall
239 secondary circulation is stronger and the TC intensifies earlier in the experiment with lowering
240 inertial stability in the boundary layer (Fig. 1).

241 To confirm the sequence of events described above, the multilevel TC boundary layer model
242 simplified from that in Kepert and Wang (2001) and used in Li and Wang (2021a,b) and Fei et al.
243 (2021) is used to conduct several experiments. Similar to that in our CM1 simulations, the
244 horizontal and asymptotic vertical mixing lengths are fixed at 700 m and 70 m, respectively, and
245 the wind-dependent surface drag coefficient of Donelan et al. (2004) is used in the boundary layer
246 model. The model is 2500 km in radius with a constant grid spacing of 1 km. There are 23 vertical
247 levels with stretched grids from 10 m to 2.2-km height. Figure 3 shows the steady-state response
248 of the radial wind and vertical motion to a specified TC-like vortex with a maximum tangential
249 wind speed of 20 m s^{-1} at a radius of 40 km at the model top in two experiments with the Coriolis
250 parameter at 10°N and 30°N , respectively. We can see that with the lower latitude, both the
251 boundary-layer inflow and vertical motion inside the RMW become stronger, similar to the result

252 from the slab boundary layer model in Smith et al. (2015). This further confirms that the sensitivity
 253 of the simulated secondary circulation and the onset of intensification to the latitude in CM1 shown
 254 in Figs. 1 and 2 is a result of the change of latitude in the boundary layer.



255
 256 Figure 3. Radial-vertical cross sections of the steady-state boundary layer radial wind (blue contours with
 257 negative value dashed; m s^{-1}) and vertical velocity (shading; m s^{-1}) in response to a specified TC-like vortex
 258 at the model top in the multilevel boundary layer model from runs at a latitude of (a) 30°N and (b) 10°N .

259 In addition, we can see from Fig. 2 that the anticyclone downstream of the outflow is stronger
 260 (weaker) in BL_10N (OL_10N) than in All_30N. This can be explained by the conservation of
 261 absolute angular momentum [i.e., $M = rv + (1/2)fr^2$]. Namely, as the air parcel moves radially
 262 outward in the outflow layer, the cyclonic tangential wind will decrease and turn to anticyclonic at
 263 large radii. Under a smaller outflow-layer f , the decrease of tangential wind with radius will be
 264 slower, resulting in a weaker anticyclone in OL_10N than in All_30N. With a similar outflow-
 265 layer f , the smaller boundary-layer f indicates a weaker source of M from the boundary layer,
 266 and stronger eyewall updraft and outflow as mentioned earlier (Figs. 2 and 3). Considering the
 267 conservation of M as air parcel moves out of the boundary layer into the eyewall and outflow
 268 downstream, both the weaker source of M and stronger outflow could result in the stronger
 269 anticyclone in BL_10N than in All_30N. This further suggests that the outflow is critically related
 270 to the boundary-layer inflow. Therefore, our results suggest that the TC outflow is more likely a
 271 passive result of the boundary-layer convergent inflow and eyewall updraft rather than a direct
 272 response to the local inertial stability in the outflow layer as argued in previous studies (Black and
 273 Anthes 1971; Rappin et al. 2011; Komaromi and Doyle 2018; O'Neill and Chavas 2020).

274

4. Energetics diagnostics

275 Results from section 3 indicate that the outflow-layer inertial stability has little effect on TC
276 development, which is in contrast with the hypothesis by Rappin et al. (2011). In this section, we
277 further investigate the roles of inertial stability and mechanical dissipation following the outflow
278 downstream on the simulated TC energetics, as proposed by Rappin et al. (2011) (see Introduction).

279

a. A revisit of TC Carnot's theorem

280 As described in Emanuel (1986, 1991), the TC Carnot heat engine can be formulated from
281 Bernoulli's equation and the first law of thermodynamics. Along air parcel's trajectories the former
282 can be written as

$$283 d\left(\frac{1}{2}|\mathbf{V}|^2\right) + d(\Gamma z) + \alpha_d dp + \mathbf{F} \cdot d\mathbf{l} + \Gamma r_T dz = 0, \quad (2)$$

284 where $|\mathbf{V}|$ is the total wind speed, Γ the acceleration of gravity, α_d the specific volume of dry
285 air, p the pressure, \mathbf{F} the viscous drag force per unit mass of dry air, \mathbf{l} the air parcel's
286 trajectories and r_T the mixing ratio of total water. Note that Eq. (2) is similar to Eq. (1) in Emanuel
287 (1991), but with the frictional dissipation by falling hydrometeors included, which can be estimated
288 by the work done to lift water substance (Pauluis et al. 2000; Pauluis and Held 2002a,b), i.e., the
289 last term on the lhs of Eq. (2). The first law of thermodynamics in a moist system can be written as

$$290 Tds = dh - \alpha_d dp - \sum_{w=v,l,i} g_w dr_w, \quad (3)$$

291 where T is the air temperature, s and h the moist entropy and enthalpy per unit mass of dry air,
292 g_v , g_l , and g_i the specific Gibbs free energy for water vapor, liquid water, and ice, and r_v , r_l ,
293 and r_i the mixing ratio of water vapor, liquid water, and ice, respectively. The detailed definition
294 of entropy and Gibbs free energy are given in the appendix (or see Pauluis 2011; 2016; Pauluis and
295 Zhang 2017). The inclusion of Gibbs penalty in Eq. (3) is to take into account of the work that the
296 heat engine fails to produce due to the thermodynamic irreversible processes associated with the
297 hydrological cycle such as diffusion of water vapor and phase changes (Pauluis and Held 2002a,b;
298 Pauluis 2011).

299 Eliminating $\alpha_d dp$ in Eq. (2) using Eq. (3) and integrating the resultant equation over a closed
 300 thermodynamic cycle gives

301
$$\underbrace{\oint T ds}_{W_{max}} = \underbrace{\oint \mathbf{F} \cdot d\mathbf{l}}_{W_{KE}} + \underbrace{\oint \Gamma r_T dz}_{W_P} - \underbrace{\oint \sum_{w=v,l,i} g_w dr_w}_{G_P}, \quad (4)$$

302 where W_{KE} can be obtained by integrating Eq. (2) as

303
$$W_{KE} = -\oint \alpha_d dp - W_P. \quad (5)$$

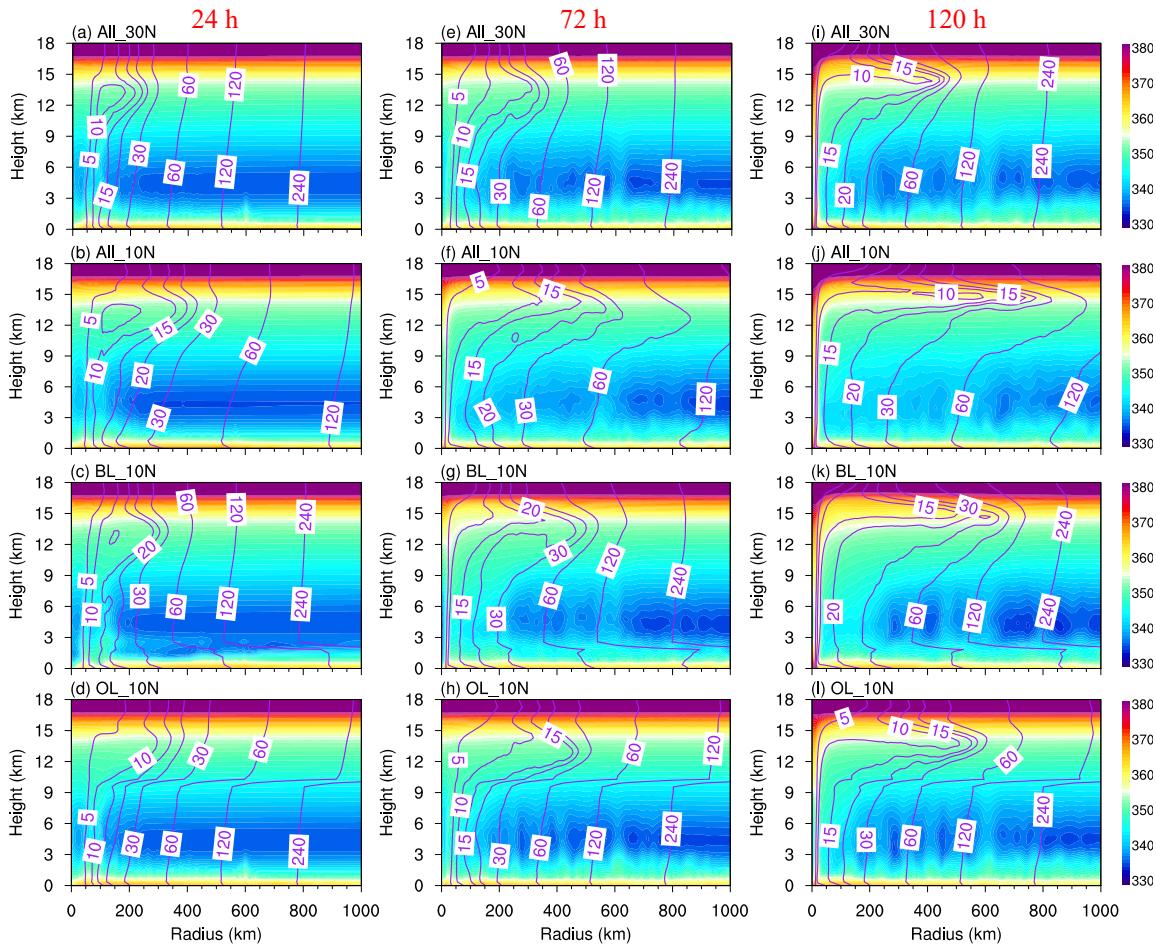
304 In (4) and (5), each term describes a work per unit mass of dry air circulating the thermodynamic
 305 cycle. W_{max} denotes the theoretical maximum work a Carnot heat engine can produce, equivalent
 306 to the net external heating from surface enthalpy flux, radiative heating or cooling, dissipative
 307 heating, and turbulent mixings. W_{KE} is the total dry air-associated mechanical dissipation in the
 308 cycle, i.e., the representation of the total kinetic energy produced by the heat engine. W_P denotes
 309 the total work done to lift water substance in the cycle. W_{KE} and W_P are the total mechanical
 310 output in the cycle. G_P is the total Gibbs penalty in the cycle. Since water added to the cycle is
 311 often unsaturated at low Gibbs free energy but the water removed from the cycle is often saturated
 312 at high Gibbs free energy (Pauluis 2011; 2016; Pauluis and Zhang 2017), G_P is positive definite
 313 (see appendix Eqs. A3a–c). Therefore, both W_P and G_P from the hydrological cycle limit the
 314 generation of kinetic energy in the Carnot cycle.

315 Emanuel (1986, 1991) qualitatively divided the TC Carnot cycle in Eulerian coordinates into
 316 four legs as mentioned in section 1 and assumed mechanical dissipation mainly occurs in both the
 317 boundary layer (leg 1) and the outflow layer (leg 3). Based on Eq. (2), considering the hydrostatic
 318 relation and omitting the frictional dissipation by falling hydrometeors, Emanuel (1986, 1991)
 319 formulated the outflow-layer mechanical dissipation in descending leg 3 as

320
$$\int_o^{o'} \mathbf{F} \cdot d\mathbf{l} \approx - \int_o^{o'} d \left(\frac{1}{2} |\mathbf{V}|^2 \right) = -\Delta \frac{1}{2} \left(\frac{M}{r} - \frac{1}{2} fr \right)^2 |_{o'}^{o'}, \quad (6)$$

321 where o and o' denote the start and end points of leg 3. Rappin et al. (2011) estimated the
 322 outflow-layer mechanical dissipation in the experiments with different latitudes using Eq. (6), with
 323 the ambient absolute angular momentum $M_{o'}$ assumed to be equal to the 500-km M near the
 324 surface. They showed that the so-defined outflow-layer mechanical dissipation is lower in the lower

325 latitude experiment, corresponding to a more rapid TC intensification. They thus argued that in a
 326 lower latitude, the outflow air ventilates at a larger radius due to the weaker outflow-layer inertial
 327 stability, which reduces the outflow-layer mechanical dissipation, and thus more energy is available
 328 to overcome frictional dissipation in the boundary layer as in Eq. (4) with W_P and G_P omitted.
 329 Although the results in section 3 have clarified that the outflow intensity mainly depends on the
 330 boundary-layer rather than the outflow-layer inertial stability, it is still unclear whether the outflow-
 331 layer mechanical dissipation can affect the TC development.



332
 333 Figure 4. Radial-vertical cross sections of the ensemble-mean equivalent potential temperature calculated using
 334 Eq. (A4) (shading; K) and absolute angular momentum (purple contours; $10^5 \text{ m}^2 \text{ s}^{-1}$) in the four experiments.

335 One important implicit assumption discussed in Rappin et al. (2011) is that the TC Carnot
 336 cycle exactly follows the four legs proposed by Emanuel (1986, 1991), i.e., isothermal expansion
 337 and compression in leg 1 and leg 3, and moist-neutral adiabatic expansion and compression in leg

338 2 and leg 4. However, there is a marked thermal stratification in temperature (not shown), as that
 339 in θ_e (Fig. 4), in the outflow layer in all experiments, indicating that the isothermal compression
 340 following the outflow downstream (leg 3) is hard to occur. The moist-neutral adiabatic compression,
 341 i.e., leg 4, is also hard to be characterized, as the M and θ_e surfaces are not congruent and are
 342 even nearly orthogonal over the outer-core regions in the troposphere (Fig. 4). Therefore, it is hard
 343 to estimate the outflow-layer mechanical dissipation from Eq. (6). In addition, without a closed
 344 Carnot cycle, the theoretical maximum work W_{max} that constrains the total mechanical
 345 dissipation W_{KE} is hard to be estimated, and it is thus hard to evaluate whether the boundary-layer
 346 mechanical dissipation depends on the outflow-layer mechanical dissipation based on the classical
 347 Carnot's theorem.

348 ***b. MAFALDA Trajectories***

349 Following previous studies (Pauluis and Mrowiec 2013; Pauluis 2016; Mrowiec et al. 2016;
 350 Pauluis and Zhang 2017), MAFALDA is applied to extract thermodynamic cycles in the simulated
 351 TCs. By MAFALDA, parcel trajectories are defined as the isolines of isentropic streamfunction in
 352 isentropic coordinates. Similar to that in Pauluis (2016), the equivalent potential temperature θ_e
 353 is defined with respect to ice (Eq. A4; Fig. 4). For any variable $a(r, z, t)$ in Eulerian coordinates,
 354 we can transform it into isentropic coordinates as $\langle a \rangle_{\theta_e}$ by

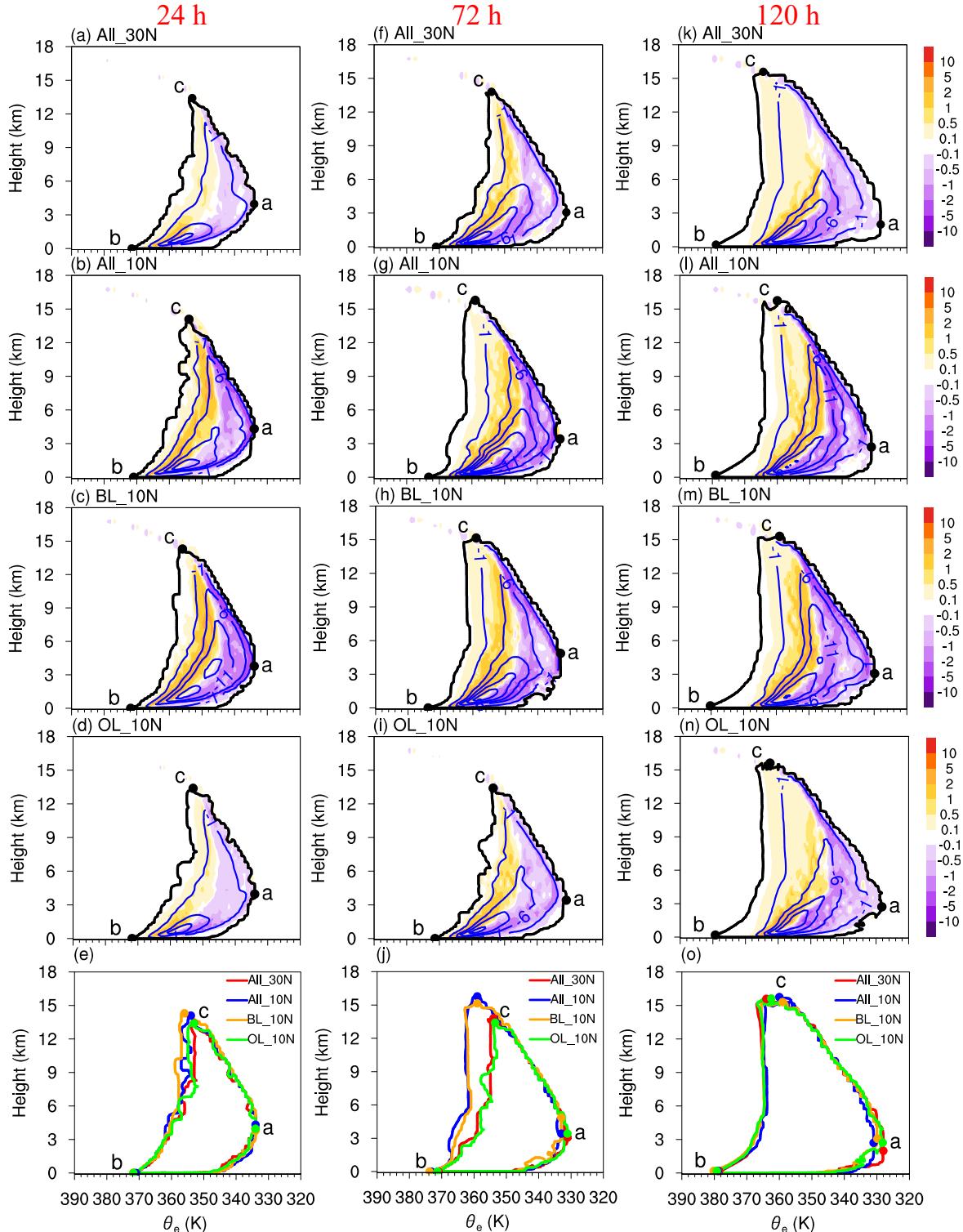
355
$$\langle a \rangle_{\theta_e}(\theta_e, z, t) = \int_0^L \langle a \rangle(\theta_e, z, r, t) dr, \quad (7)$$

356 with

357
$$\langle a \rangle(\theta_{e0}, z, r_0, t) = 2\pi r_0 \int_0^L a(r, z, t) \sigma\{\theta_{e0} - \theta_e(r, z, t)\} \sigma\{r - r_0\} dr,$$

358 where $\sigma\{\cdot\}$ is the Dirac delta function, and $L = 1000$ km is the radius used to the integral in
 359 Eulerian coordinates. The results below are qualitatively unchanged for $L = 1500$ or 2000 km.
 360 Then the isentropic streamfunction Ψ_{θ_e} in isentropic coordinates is computed as the integral of
 361 the vertical mass flux $\langle \rho w' \rangle_{\theta_e}$ (Pauluis and Mrowiec 2013; Pauluis 2016)

362
$$\Psi_{\theta_e}(\theta_e, z, t) = \int_0^{\theta_e} \langle \rho w' \rangle_{\theta_e}(\theta'_e, z, t) d\theta'_e, \quad (8)$$



363
364 Figure 5. Isentropic vertical mass flux $\langle \rho w' \rangle_{\theta_e}$ (shading; $10^9 \text{ kg s}^{-1} \text{ K}^{-1}$) and streamfunction (purple contour; 10^9 kg s^{-1}) in $\theta_e - z$ coordinates in the four experiments. The black contours in (a)–(d), (f)–(i), and (k)–(n) and
365 colored contours in (e), (j), and (o) correspond to the streamfunction of 10^7 kg s^{-1} , and the letters “a”, “b”, and
366 “c” mark the points of the lowest θ_e , the maximum near-surface θ_e , and the highest height.
367

368 with

369

$$w'(r, z, t) = w(r, z, t) - \frac{2\pi \int_0^L \rho(r, z, t) w(r, z, t) r dr}{2\pi \int_0^L \rho(r, z, t) r dr},$$

370 where ρ and w are the air density and vertical velocity, and w' is the perturbation vertical
371 velocity with the domain-averaged vertical velocity removed to ensure that the contours of Ψ_{θ_e}
372 are closed. The finite-size bins of θ_e and r in this study are in 1 K and 1 km, respectively.

373 As shown in Pauluis and Mrowiec (2013) and Pauluis (2016), the mean diabatic tendency of
374 air parcel can be expressed by the vertical derivative of Ψ_{θ_e} , and the mean parcel trajectories in
375 isentropic coordinates are along the isolines of Ψ_{θ_e} . Therefore, the isolines of Ψ_{θ_e} can be
376 regarded as the mean “parcel” trajectories with the turbulent flow filtered out. Figure 5 shows Ψ_{θ_e}
377 in the four experiments, in which the flow is clockwise and thus high- θ_e rising air parcels and low-
378 θ_e subsidizing air parcels are separated clearly, as discussed in Pauluis and Mrowiec (2013) and
379 Pauluis (2016). Pauluis and Zhang (2017) showed that the heat engine efficiency associated with
380 the deepest overturning circulation or inner-core cycle in isentropic coordinates, defined by the
381 isolines of 2.5% of the minimum of streamfunction, is more comparable with that in the Carnot
382 cycle than that with the shallower overturning circulation. Fang et al. (2019) also confirmed that
383 the deepest overturning circulation is much more pertinent to the intensification of Hurricane
384 Edouard (2014). Therefore, similar to Fang et al. (2019), we focus on the energy cycle associated
385 with the deepest overturning circulation. Considering the minimum of streamfunction varies with
386 time and experiments, to ensure a fair comparison, we define the deepest overturning circulation
387 based on the constant streamfunction isolines of 10^7 kg s^{-1} rather than the relative value to the
388 minimum streamfunction, as depicted by the contours in Fig. 5. For convenience, three letters “a”,
389 “b”, and “c” are used to denote the points of the lowest θ_e , the maximum near-surface θ_e , and
390 the highest height, and “ab”, “bc”, and “ca” denote the inflow leg, ascending leg, and descending
391 leg in the deepest cycle.

392 We can see that the deepest cycles in All_10N and BL_10N are deeper than those in All_30N
393 and OL_10N during the intensification stages (before 120 h; Figs. 5e,j), especially the ascending

394 leg (bc), consistent with the stronger secondary circulation in Eulerian coordinates and higher
 395 outflow layer, which is associated with the weak resistance to convergent inflow in the boundary
 396 layer (Fig. 2; Fig. 3). The higher ascending leg indicates that the temperature of the outflow-layer
 397 air parcel is lower, consistent with a higher heat engine efficiency (Eq. 4). We thus hypothesize
 398 that the more rapid intensification in All_10N and BL_10N than that in All_30N and OL_10N
 399 during the earlier intensification stages is largely associated with the deeper heat engine cycle,
 400 which will be detailed in the following subsection.

401 ***c. Evolution of energy conversion in the simulated TCs***

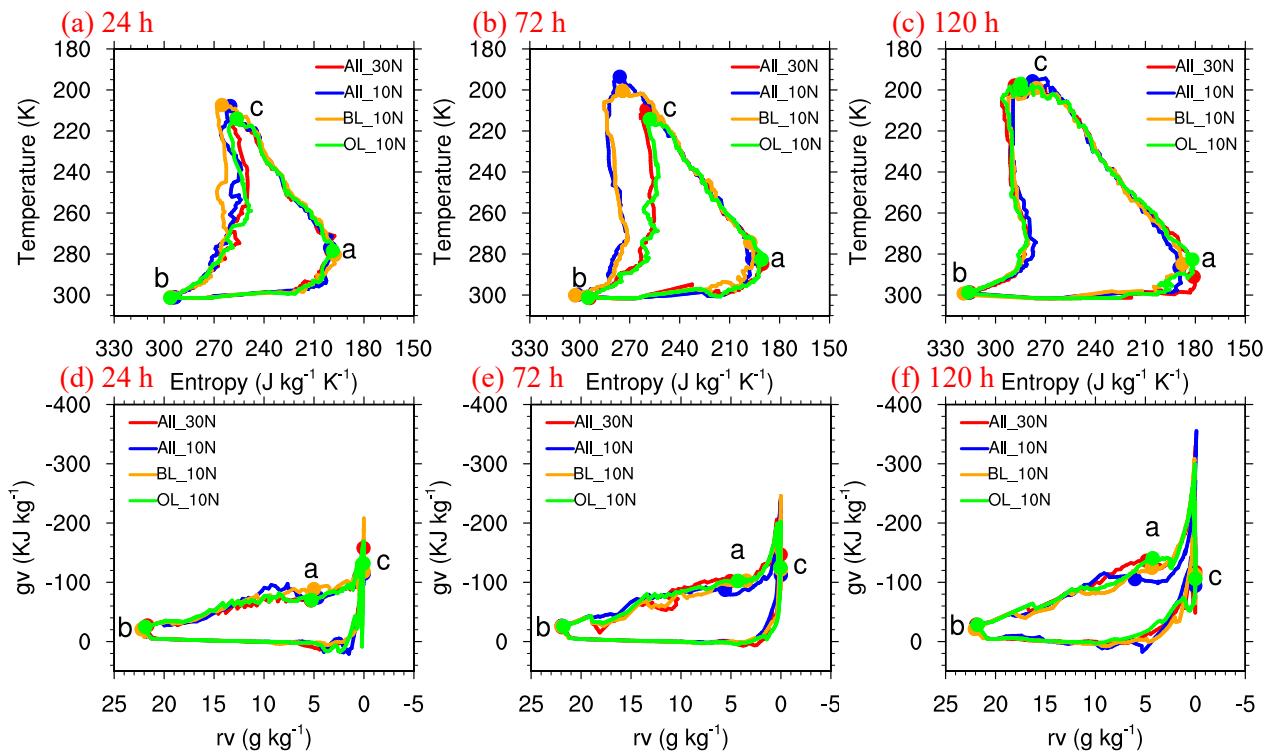
402 Based on the closed MAFALDA trajectories, i.e., the deepest overturning circulation, we can
 403 diagnose the evolution of energy conversion in the four experiments based on Eqs. (4) and (5). As
 404 in Pauluis and Mrowiec (2013) and Pauluis (2016), for each thermodynamic variable a , we use its
 405 mass-weighted conditional average to filter out fast and reversible oscillatory motions such as
 406 gravity waves by Eq. (7) and

$$407 \quad a(\theta_e, z, t) = \frac{\langle \rho a \rangle_{\theta_e}(\theta_e, z, t)}{\langle \rho \rangle_{\theta_e}(\theta_e, z, t)}. \quad (9)$$

408 Then all the conditionally averaged thermodynamic variables are interpolated along the
 409 MAFALDA trajectories for energy diagnostics.

410 The $T - s$ diagram based on the conditionally averaged T and s is shown in Figs. 6a–c.
 411 As detailed in Fang et al. (2019), the air parcel gains energy by turbulent mixing and surface heating
 412 in the inflow leg (ab), and loses energy by detrainment and mixing in the ascending leg (bc) and
 413 radiation in the descending leg (ca). The heat engine gains energy at warmer temperature and loses
 414 energy at colder temperature, and thus continuously extracting external heat energy and converting
 415 it into mechanical energy as a Carnot heat engine (Eq. 4). However, unlike the classical Carnot
 416 heat engine as proposed in Emanuel (1986, 1991), the descending leg (ca) is not isothermal nor
 417 adiabatic (Figs. 6a–c), with marked thermal stratification in the TC outer core region, as mentioned
 418 earlier. This confirms that the hypothesized classical Carnot heat engine (Emanuel 1986, 1991) is

419 not closed in the simulated TCs, and thus the corresponding energy diagnostics in Rappin et al.
420 (2011) could not be justified. The other difference from the classical Carnot heat engine is that the
421 TC heat engine efficiency is limited by the hydrological cycle (W_P and G_P in Eq. 4). As shown
422 in Pauluis and Zhang (2017), the Gibbs penalty is dominated by the cycle of water vapor, as the
423 contents of liquid water and ice and their associated variations of specific Gibbs free energy are
424 much smaller than that of water vapor. Based on the definition of Gibbs free energy of water vapor
425 ($g_v \approx R_v T \ln \mathcal{H}$; Eq. A3a), the air parcel gradually gains water vapor from mixing with external
426 clouds in the descending leg (ca) and surface evaporation in the inflow leg (ab) at unsaturated state
427 with lower g_v , but loses water vapor by condensation and precipitation in the ascending leg (bc)
428 at saturated state with lower g_v (Figs. 6d–f), implying a reduction of the mechanical output by the
429 heat engine.



430
431 Figure 6. (a)–(c) $T - s$ diagram and $g_v - r_v$ diagram for the MAFALDA trajectories in the four experiments.
432 The letters “a”, “b”, and “c” mark the corresponding points of the lowest θ_e , the maximum near-surface θ_e ,
433 and the highest height in $\theta_e - z$ coordinates. Note that r_v along all trajectories in (d)–(f) is non-negative.

434 As implied from Figs. 5e,j, the deeper cycle or higher ascending leg in All_10N and BL_10N

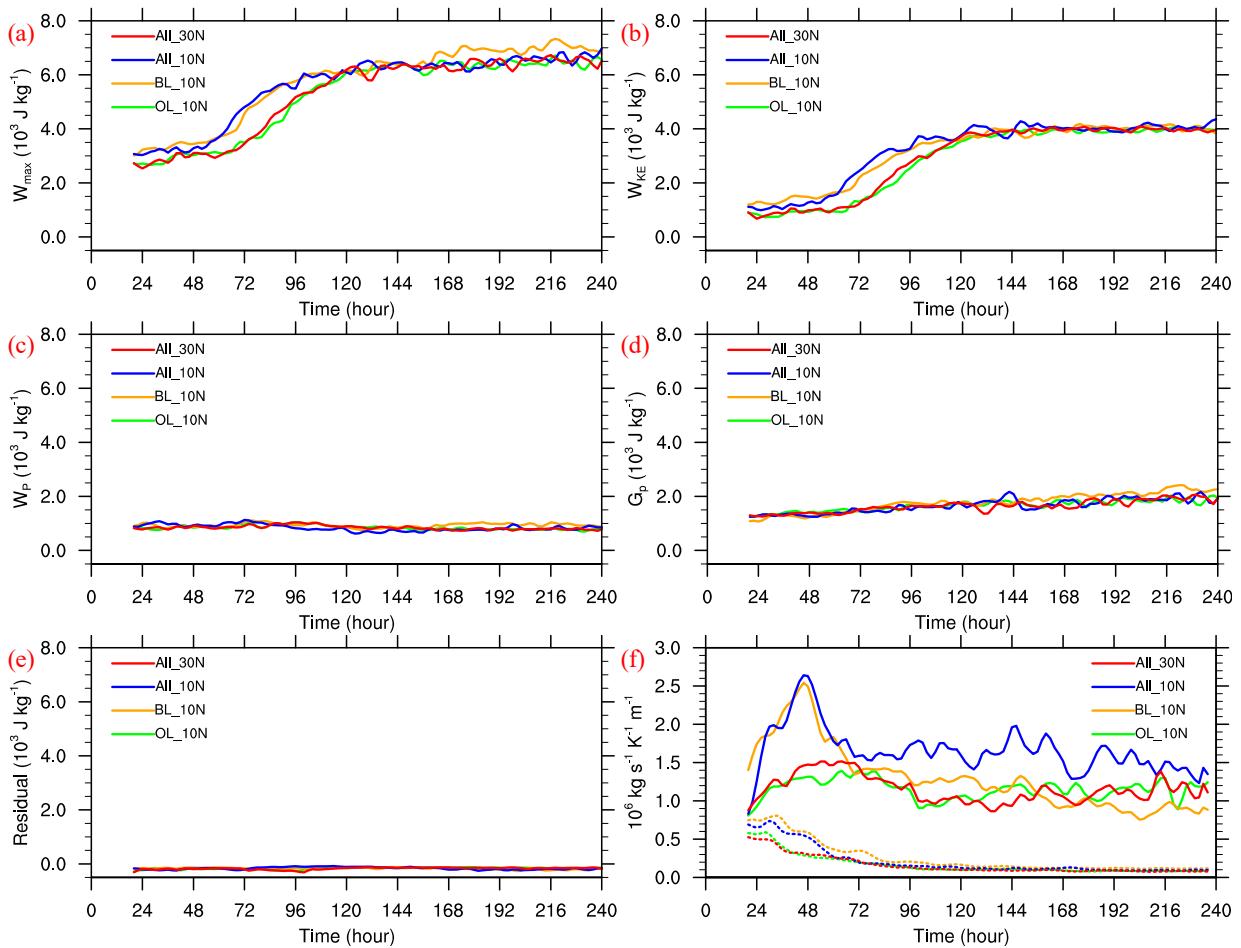
435 during the intensification stages corresponds well with a cooler temperature of the energy sink in
 436 the heat engine than that in All_30N and OL_10N (Figs. 6a,b), which indicates a higher energy
 437 ($\oint Tds$) for producing mechanical work. Figure 7 further shows the time evolutions of those
 438 energy terms in Eq. (4) with W_{KE} calculated using Eq. (5), in which results in the initial
 439 adjustment stages of the model simulations (~ 20 h) are excluded. As expected, during the
 440 intensification stages the maximum work is higher in All_10N and BL_10N than in All_30N and
 441 OL_10N (Fig. 7a), consistent with a higher generation of kinetic energy (Fig. 7b). Similar to that
 442 in Pauluis and Zhang (2017) and Fang et al. (2019), both the water lifting W_P (Fig. 7c) and Gibbs
 443 penalty G_P (Fig. 7d) reduce the generation of kinetic energy, but compared with W_{max} and W_{KE} ,
 444 W_P and G_P show smaller magnitude and variation during the TC development. Note that the
 445 residual term of Eq. 4 is much smaller than any other terms during all simulation period (Fig. 7e),
 446 indicating that MAFALDA can well capture the thermodynamic cycle in the simulated TCs almost
 447 during all stages of the TC development, although MAFALDA is based on a statistically steady
 448 system. Figure 7f also shows that in isentropic coordinates the vertical divergence of vertical mass
 449 flux ($\partial\langle\rho w\rangle_{\theta_e}/\partial z$) is much larger than the local change of the mass ($\partial\langle\rho\rangle_{\theta_e}/\partial t$) even during the
 450 intensification period (before 120 h) for all experiments, indicating that the assumption of
 451 statistically quasi-steady system may still apply to the intensification stage (Pauluis and Mrowiec
 452 2013).

453 Rappin et al. (2011) hypothesized that the mechanical dissipation in the isothermal descending
 454 leg (leg 3) of the Carnot heat engine in Emanuel (1986, 1991) affects the low-level mechanical
 455 dissipation or generation of kinetic energy. Here, the mechanical dissipation along the entire
 456 descending leg (ca) in the MAFALDA trajectories has been examined by integrating Eq. (2) as

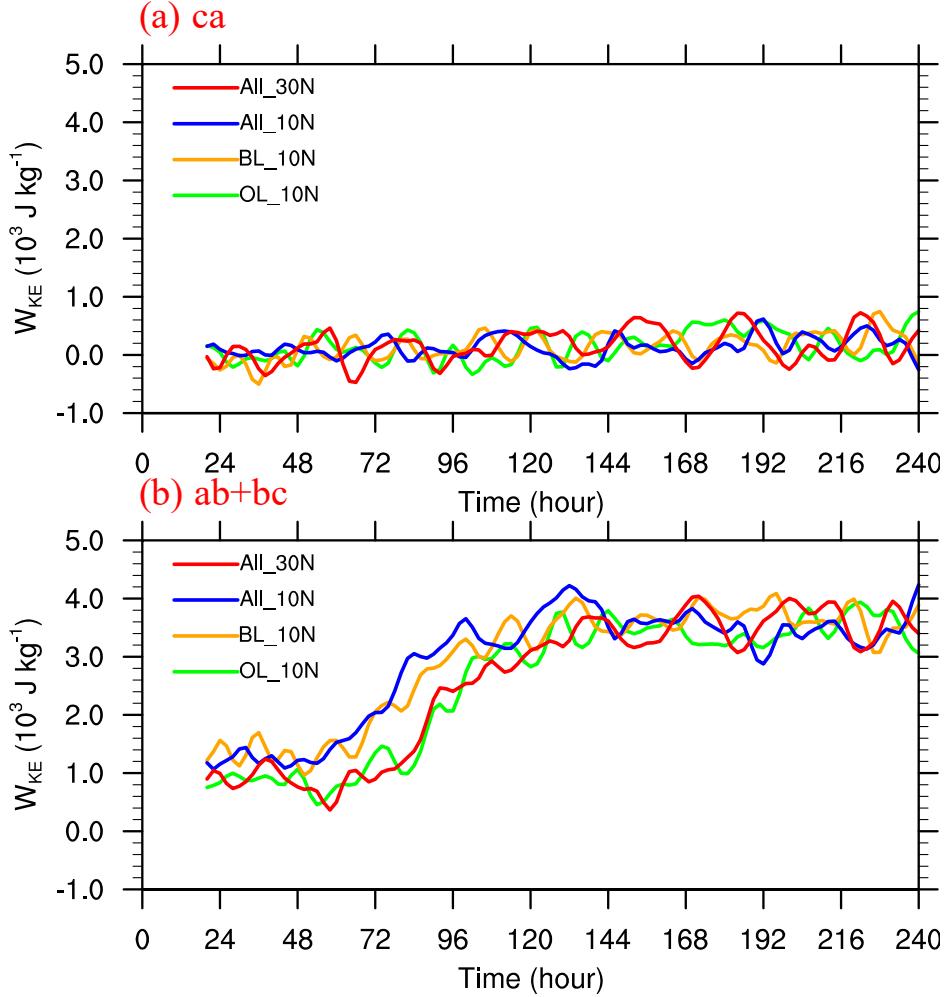
$$457 \int_c^a \mathbf{F} \cdot d\mathbf{l} = - \int_c^a [d\left(\frac{1}{2}|\mathbf{V}|^2\right) + d(\Gamma z) + \alpha_d dp + \Gamma r_T dz]. \quad (10)$$

458 As we can see from Fig. 8a, the descending-leg mechanical dissipations in all experiments are
 459 similar and close to zero with some small variations during the whole simulation period. This is
 460 understandable because the friction and mixings in the outflow and outer-core region are generally

461 much smaller than that in the boundary layer inflow and in the inner-core region (e.g., Heng et al.
462 2017). This means that the mechanical dissipation following the outflow downstream does not
463 depend on the local inertial stability and the strength of the outflow or the TC intensity, and
464 contributes little to the overall energy conversion and thus TC development, which is in contrast
465 with the hypothesis in Rappin et al. (2011). As expected, the integrated mechanical dissipation (as
466 in Eq. 10) following the inflow and ascending legs (ab+bc) dominates the evolution of the total
467 mechanical dissipation (Fig. 7b; Fig. 8b), consistent with the larger friction and mixings in the
468 boundary-layer inflow and inner-core ascending legs (Li et al. 2019; Heng et al. 2017).



469
470 Figure 7. Time series of (a) the maximum work W_{max} ($\oint T ds$), (b) the mechanical dissipation W_{KE}
471 ($-\oint \alpha_d dp - W_P$), (c) work done to lift water W_P ($\oint \Gamma_T dz$), (d) Gibbs penalty G_P ($-\oint \sum_{w=v,l,i} g_w dr_w$),
472 and (e) the residual term of Eq. 4 ($W_{max} - W_{KE} - W_P - G_P$) based on the deepest MAFALDA cycle in the
473 four experiments. (f) Time series of the absolute values of local change of the mass ($\partial \langle \rho \rangle_{\theta_e} / \partial t$; dashed lines)
474 and vertical divergence of vertical mass fluxes ($\partial \langle \rho w \rangle_{\theta_e} / \partial z$; solid lines) averaged within the deepest
475 MAFALDA cycle in the four experiments.



476
477 Figure 8. Time series of mechanical dissipation ($\int \mathbf{F} \cdot d\mathbf{l}$) along (a) the descending leg (ca) and (b) the boundary-
478 layer inflow and ascending legs (ab+bc) based on the deepest MAFALDA cycle in the four experiments.

479 **d. An energetics-based understanding**

480 Similar to that in Fang et al. (2019) but unlike in Rappin et al. (2011), we consider the
481 mechanical dissipation as a whole (i.e., W_{KE}) rather than piecewise as W_{KE} corresponds well with
482 TC intensification (Figs. 1a, 7b; Fang et al. 2019). This is because the TC intensification is
483 generally consistent with the development of the whole TC system. Based on the above results, an
484 energetics-based perspective can help understand the effect of environmental inertial stability on
485 TC development. In All_10N and BL_10N, the weaker resistance to radial motion due to lower
486 global or boundary-layer inertial stability allows a stronger boundary-layer inflow and eyewall
487 updraft than in All_30N and OL_10N (Figs. 2 and 3). The stronger eyewall updraft implies less

488 detrainment and mixing in the ascending leg (Fang and Pauluis 2019) and also a higher and stronger
 489 outflow (Figs. 2a–h; Figs. 5e,j) and thus a cooler temperature of the energy sink in the overall TC
 490 heat engine cycle (Figs. 6a–c), which results in a higher energy ($\oint T ds$) for producing mechanical
 491 work or kinetic energy (Figs. 7a,b). In addition, the higher initial boundary-layer entropy (point b)
 492 corresponding to the enhanced surface wind and heat flux in All_10N and BL_10N may also
 493 contribute to the stronger eyewall updraft during the primary intensification period than in All_30N
 494 and OL_10N (Fig. 6b).

495 To confirm that the higher theoretical maximum work ($W_{max} = \oint T ds$) in All_10N and
 496 BL_10N than in All_30N and OL_10N is dominated by the cooler temperature of the energy sink
 497 (T_{out}) in the former, budgets of T_{out} and heat engine efficiency are performed. Along the
 498 MAFALDA cycle, the net external heating increment is given by

$$499 \quad dq = T ds + \sum_{w=v,l,i} g_w dr_w. \quad (11)$$

500 As in Pauluis and Zhang (2017) and Fang et al. (2019), the total energy source Q_{in} and energy
 501 sink Q_{out} along the cycle can be estimated by

$$502 \quad Q_{in} = \oint \max(dq, 0), \text{ and} \quad (12a)$$

$$503 \quad Q_{out} = \oint \min(dq, 0). \quad (12b)$$

504 The temperatures of energy source T_{in} and sink T_{out} over the MAFALDA cycle are
 505 calculated using the equations below

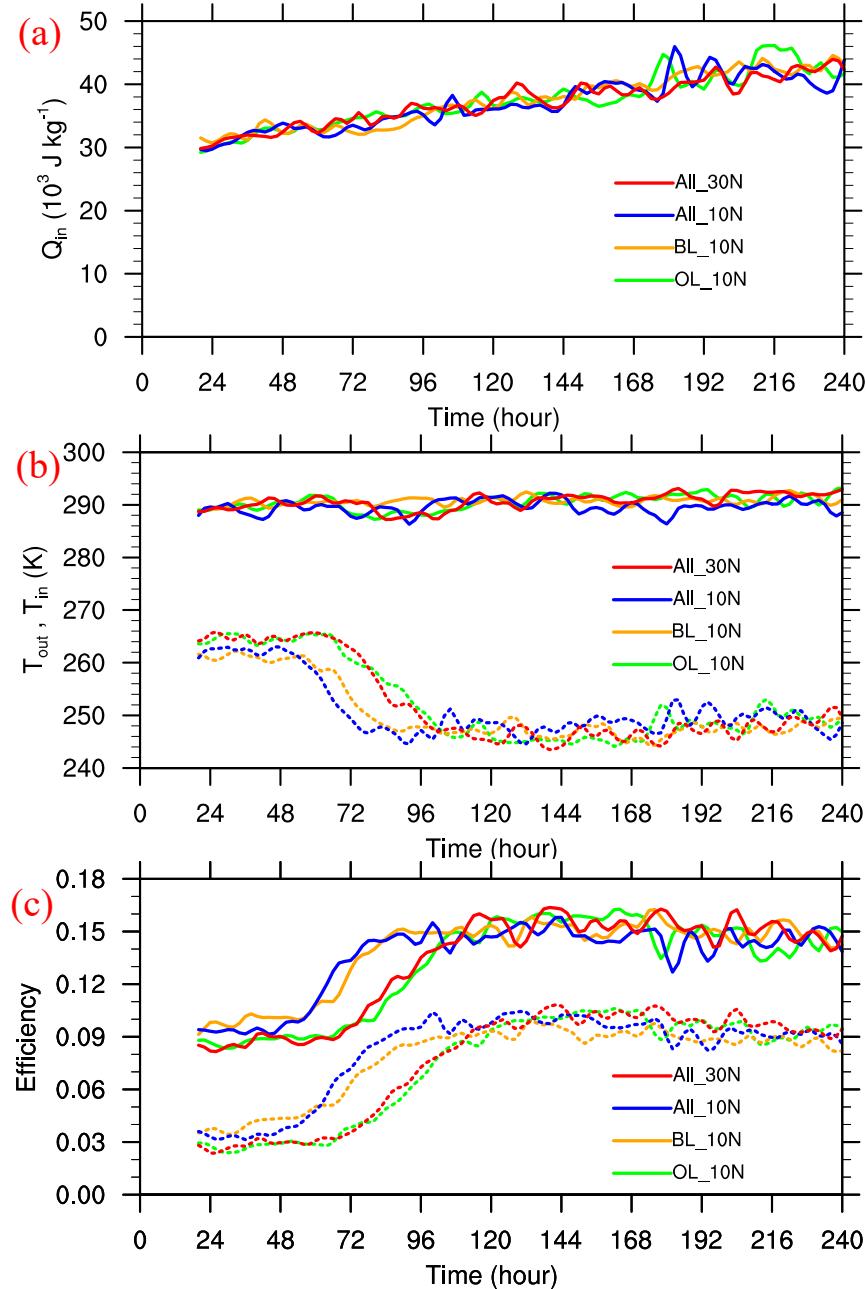
$$506 \quad \frac{Q_{in}}{T_{in}} = \oint \max\left(\frac{\delta q}{T}, 0\right), \text{ and} \quad (13a)$$

$$507 \quad \frac{Q_{out}}{T_{out}} = \oint \min\left(\frac{\delta q}{T}, 0\right). \quad (13b)$$

508 The Carnot efficiency ϵ_C and TC heat engine efficiency ϵ_T over the MAFALDA cycle are
 509 defined as

$$510 \quad \epsilon_C = \frac{T_{in} - T_{out}}{T_{in}}, \text{ and} \quad (14a)$$

$$511 \quad \epsilon_T = \frac{W_{KE}}{Q_{in}}. \quad (14b)$$



512
513 Figure 9. Time series of (a) the energy source Q_{in} , (b) the temperature of energy source T_{in} (solid) and
514 sink T_{out} (dashed), and (c) the Carnot heat engine efficiency (solid) and the TC heat engine
515 efficiency (dashed) in the four experiments.

516 Since W_{max} is determined by Q_{in} and ϵ_C by definition ($W_{max} \approx \epsilon_C Q_{in}$), we first
517 check the evolution of energy source Q_{in} in the four experiments (Fig. 9a). We can see
518 that there is no significant difference in Q_{in} among the four experiments, consistent with
519 the slight difference in the inflow leg (ab) among the four experiments (Figs. 6a–c), which

520 dominates the energy source in the MAFALDA cycle mainly by surface heating (Fang et al. 2019).
521 This means that the difference in peak boundary-layer entropy between those experiments as
522 mentioned earlier contributes little to the overall Q_{in} . Figure 9b shows the estimated T_{in} (solid)
523 and T_{out} (dashed). As expected, no obvious difference can be found in T_{in} among the
524 four experiments, whereas T_{out} is obviously cooler in All_10N and BL_10N than in
525 All_30N and OL_10N during the intensification stages, consistent with the higher ascending leg
526 (bc) in the former (Figs. 5e,j, 6a,b). The cooler T_{out} results in a higher Carnot efficiency ϵ_c
527 (Eq. 14a; solid in Fig. 9c). As a result, W_{max} ($\approx \epsilon_c Q_{in}$) and thus W_{KE} ($\approx \epsilon_c Q_{in} - W_p -$
528 G_p) are larger in All_10N and BL_10N than in All_30N and OL_10N (Figs. 7a,b), which is
529 consistent with the earlier and more rapid intensification in the earlier intensification stage in the
530 former (Fig. 1a). Figure 9c confirms that ϵ_T (dashed) follows well ϵ_c in all experiments.
531 As shown in Pauluis and Zhang (2017), the TC heat engine in the MAFALDA cycle can produce
532 $\sim 60\text{--}70\%$ as much W_{KE} as a Carnot cycle during the steady state (after ~ 120 h).

533 Note that although the outflow with a lower outflow-layer inertial stability in OL_10N was
534 enhanced and extended to a larger radius to some extent, the upward motion in the eyewall did not
535 reach the height reached in BL_10N (Figs. 2, 5, 6). Therefore, the boundary-layer inertial stability
536 plays a much more important role in TC development than the outflow-layer inertial stability, as
537 the former dominantly controls the depth of eyewall convection (Figs. 2, 5, 6) and thus the
538 temperature of energy sink (Fig. 9b), TC heat engine efficiency (Fig. 9c), and overall generation of
539 kinetic energy (Figs. 7a,b).

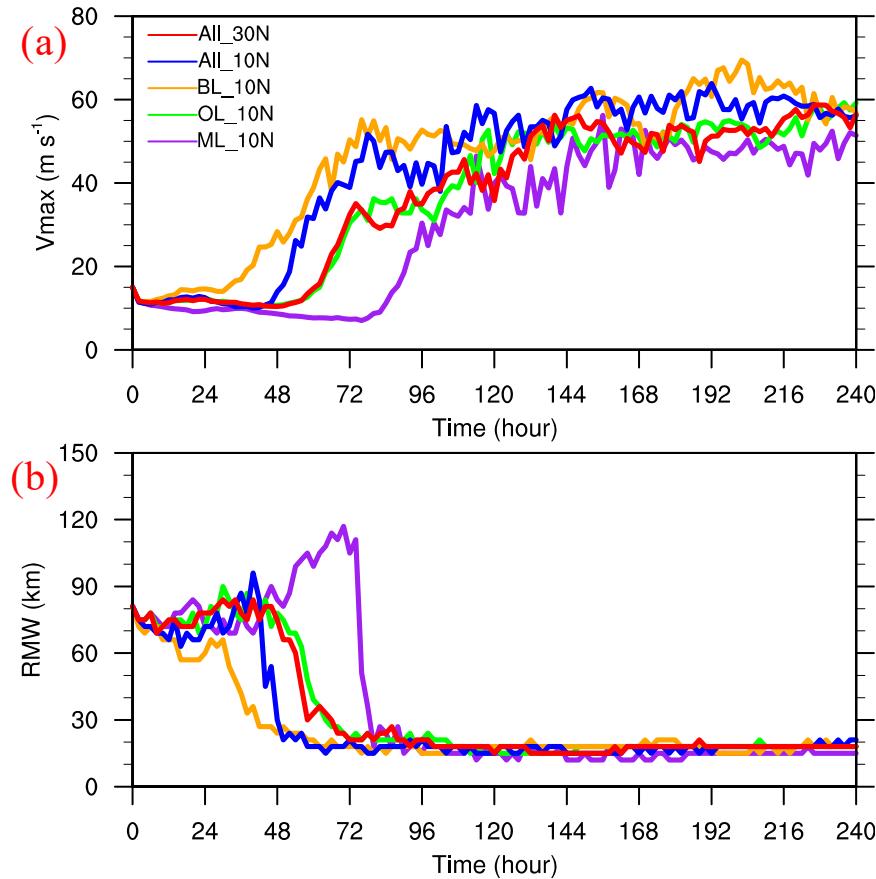
540 5. Summary and discussion

541 Previous studies have shown that TCs at a lower latitude tend to develop more rapidly in
542 idealized numerical simulations (e.g., DeMaria and Pickle 1988; Rappin et al. 2011; Li et al. 2011;
543 Smith et al. 2015). This has been explained by the weaker environmental inertial stability, which
544 has weaker resistance to radial motions in both the boundary layer and the outflow layer and thus

545 the secondary circulation. However, it is unclear whether the stronger secondary circulation and
546 more rapid intensification at a lower latitude is dominated by the boundary-layer or outflow-layer
547 dynamics. This has been addressed in this study by a series of ensemble axisymmetric simulations
548 by artificially modifying the Coriolis parameter either in the boundary layer or in the outflow layer.
549 Results show that lowering the outflow-layer Coriolis parameter has little effect on the simulated
550 TC development, whereas lowering the boundary-layer Coriolis parameter leads to much earlier
551 onset of rapid intensification, with the stronger secondary circulation, including the outflow. The
552 results suggest that TC outflow is more likely a passive response to eyewall updraft and convergent
553 inflow in the boundary layer and the local inertial stability in the outflow layer is secondary to TC
554 intensification. This is in contrast to the hypothesis in some previous studies (e.g., Rappin et al.
555 2011).

556 The TC development has been widely understood based on the energetics in the literatures
557 (e.g., Tang and Emanuel 2012; Pauluis and Zhang 2017; Fang et al. 2019). Rappin et al. (2011)
558 argued that as the outflow exhausts/ventilates at a larger radius, the energy expenditure on forced
559 subsidence following the outflow downstream may be reduced by additional radiative cooling in
560 the TC Carnot cycle proposed in Emanuel (1986, 1991), and thus more mechanical energy is used
561 against surface frictional dissipation. However, O'Neill and Chavas (2020) argued that the
562 subsidence following the outflow downstream is not “mechanical subsidence”. In addition, the
563 energy of the forced subsidence has not been explicitly characterized in the TC Carnot cycle.
564 Although the radiative cooling-induced subsidence is generally comparable with the actual
565 subsidence in the outer core of a TC (Emanuel 2004; Wang and Lin 2020), this means that the
566 change in entropy is dominated by radiative cooling (Wang and Lin 2020) but is nothing to do with
567 the values of local mechanical work. A detailed examination on the framework of the TC Carnot
568 cycle shows that the isothermal and adiabatic compression legs in the classical Carnot cycle cannot
569 be found in the TC thermodynamic cycle. This suggests that the TC Carnot cycle proposed in
570 Emanuel (1986, 1991) is not closed, implying that the argument on the outflow-layer mechanical

571 work in Rappin et al. (2011) could not be justified.



572

573 Figure 10. Time series of (a) the azimuthal-mean maximum 10-m tangential wind speed and (b) the
574 corresponding RMW as shown in Fig. 1 but from the three-dimensional version of CM1 with a single run for
575 each experiment.

576 To understand how the environmental inertial stability affects TC energy cycle and
577 development, we have performed energetics diagnostics based on the isentropic analysis technique
578 MAFALDA (Pauluis and Mrowiec 2013; Pauluis 2016; Mrowiec et al. 2016). Results show that
579 the mechanical dissipation in the descending leg of the MAFALDA cycle is rather small (around
580 zero) with negligible differences among different experiments with varying environmental inertial
581 stability. This means that the low-level or inner-core mechanical dissipation does not depend on
582 the mechanical dissipation following the outflow downstream, which is in contrast with the
583 hypothesis in Rappin et al. (2011). Rather, the overall mechanical work is dominated by the
584 theoretical maximum work in the TC heat engine associated with the energy source and

585 temperatures of energy source and sink. Based on the energetics diagnostics, an energetics-based
586 understanding on the effect of environmental inertial stability on TC development is proposed.
587 Namely, the environmental inertial stability affects TC development mainly through the boundary-
588 layer inertial stability, which controls the convergent inflow and depth of eyewall convection and
589 thus the temperature of energy sink, TC heat engine efficiency, and overall mechanical output or
590 generation of kinetic energy during the intensification stage.

591 Note that the main results discussed in this study are based on the axisymmetric model
592 simulations. To confirm the robustness of the results, additional five experiments as All_30N,
593 All_10N, BL_10N, OL_10N, and ML_10N but using the three-dimensional version of CM1 and a
594 single simulation for each experiment are conducted with the results shown in Fig. 10. The main
595 difference between in the axisymmetric (Fig. 1a) and three-dimensional (Fig. 10) simulations lies
596 in that the differences of the onset timing of intensification between All_10N and BL_10N and
597 between All_30N and ML_10N are enlarged in the three-dimensional simulations. As mentioned
598 earlier, the difference in the onset timing of intensification between All_10N and BL_10N or
599 between All_30N and ML_10N is due to the difference in the middle-layer inertial stability and
600 thus the feedback between TC circulation and diabatic heating as implied by the balanced vortex
601 dynamics. Unlike in the axisymmetric simulations, convection, and thus diabatic heating, in the
602 three-dimensional simulations is often not organized into concentric rings during the spin-up period,
603 and thus the azimuthally averaged diabatic heating rate is often weaker than that in the
604 axisymmetric simulations (Persing et al. 2013). As a result, the feedback implied by the balanced
605 vortex dynamics during the spin-up period may be more vulnerable to the detrimental effects in the
606 three-dimensional simulations than in the axisymmetric simulations, such as the reduced middle-
607 layer inertial stability in our experiments. This may partly explain the enlarged differences in the
608 three-dimensional simulations compared with those in the axisymmetric simulations. A detailed
609 analysis on the differences in the sensitivity experiments between the axisymmetric and three-
610 dimensional simulations is beyond the scope of the study. Nevertheless, results from the

611 corresponding three-dimensional experiments confirm that the main conclusion based on the
612 axisymmetric simulations, i.e., the earlier and more rapid development of TCs at a lower latitude
613 is due to the weaker inertial stability in the boundary layer rather than that in the outflow layer, is
614 robust. This suggests that more attention should be given to the boundary layer process to
615 understand TC intensity changes.

616 Finally, we should point out that although the outflow-layer structure is generally quasi-
617 axisymmetric in the idealized three-dimensional simulations with quiescent environment (Rappin
618 et al. 2011), the outflow-layer structure of TCs in reality is often highly asymmetric due to the TC-
619 environment interactions (Black and Anthes 1971; Chen and Gray 1985). Previous studies have
620 shown that the upper-tropospheric troughs or cold-core vortices may facilitate TC intensification
621 by providing asymmetric outflow channels and thus eddy momentum flux for TC development
622 (Merrill 1988; Molinari and Vollaro 1989; Leroux et al. 2016), while some troughs may introduce
623 strong vertical wind shear and thus prevent TC intensification (Hanley et al. 2001; Peirano et al.
624 2016; Komaromi and Doyle 2018). Although our results suggest that the outflow-layer inertial
625 stability is not crucial to the TC development in a quiescent environment, it may affect the intrusion
626 of environmental forcing in the outflow layer or TC-environment interaction and thus TC
627 development in nature. To further explore the effect of the outflow-layer inertial stability on TC
628 development under different environmental conditions (e.g., outflow-layer troughs) will be a topic
629 of future study.

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637 *Data Availability Statement.*

638 The CM1 source code, initial conditions, and model configuration files are available at the website:

639 <https://box.nju.edu.cn/d/00347841706d482aa58e/>.

640 APPENDIX

641 **Definition of some thermodynamic variables**

642 Following Pauluis (2016) and Pauluis and Zhang (2017), the thermodynamic reference state
 643 is defined as liquid water at the freezing temperature. The entropy per unit mass of dry air is defined
 644 as

645
$$s = s_d + s_v + s_l + s_i, \quad (A1)$$

646 where the specific entropies of dry air s_d , water vapor s_v , liquid water s_l , and ice s_i are

647
$$s_d = C_p \ln \frac{T}{T_f} - R_d \ln \frac{p}{p_0}, \quad (A2a)$$

648
$$s_v = C_l \ln \frac{T}{T_f} + \frac{L_v}{T} - R_v \ln \mathcal{H}, \quad (A2b)$$

649
$$s_l = C_l \ln \frac{T}{T_f}, \quad (A2c)$$

650
$$s_i = C_i \ln \frac{T}{T_f} - \frac{L_f}{T_f}, \quad (A2d)$$

651 where C_p , C_l , and C_i are the specific heat of dry air, liquid water, and ice at constant pressure,
 652 T_f and p_0 are the reference temperature (273.15 K) and reference pressure (1000 hPa), R_d and
 653 R_v are the gas constant for dry air and water vapor, L_v and L_f are the latent heat of vaporization
 654 at T and latent heat of fusion at T_f , and \mathcal{H} is the relative humidity.

655 The specific Gibbs free energy for water vapor, liquid water, and ice at the reference state T_f
 656 are

657
$$g_v = C_l \left(T - T_f - T \ln \frac{T}{T_f} \right) + R_v T \ln \mathcal{H}, \quad (A3a)$$

658
$$g_l = C_l \left(T - T_f - T \ln \frac{T}{T_f} \right), \quad (A3b)$$

659
$$g_i = C_i \left(T - T_f - T \ln \frac{T}{T_f} \right) - L_f \left(1 - \frac{T}{T_f} \right). \quad (A3c)$$

660 The equivalent potential temperature θ_e with respect to ice at the reference state with T_f is
 661 defined as

662
$$(C_p + C_i r_T) \ln \frac{\theta_e}{T_f} = [C_p + r_i C_i + (r_v + r_l) C_l] \ln \frac{T}{T_f} - R_d \ln \frac{p}{p_0} + (r_v + r_l) \frac{L_f}{T_f} + \frac{r_v L_v}{T} - r_v R_v \ln \mathcal{H}. \quad (A4)$$

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