

1 **Direct observation of phase transitions in truncated tetrahedral microparticles under**  
2 **quasi-2D confinement**

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## ABSTRACT

8 Colloidal crystals are used to understand fundamentals of atomic rearrangements in condensed  
9 matter and build complex metamaterials with unique functionalities. Simulations predict a  
10 multitude of self-assembled crystal structures from anisotropic colloids, but these shapes have  
11 been challenging to fabricate. Here, we use two-photon lithography to fabricate Archimedean  
12 truncated tetrahedrons and self-assemble them under quasi-2D confinement. These particles self-  
13 assemble into a hexagonal phase under an in-plane gravitational potential. Under additional  
14 gravitational potential, the hexagonal phase transitions into a quasi-diamond two-unit basis. In-  
15 situ imaging reveal this phase transition is initiated by an out-of-plane rotation of a particle at a  
16 crystalline defect and causes a chain reaction of neighboring particle rotations. Our results  
17 provide a framework of studying different structures from hard-particle self-assembly and  
18 demonstrates the ability to use confinement to induce unusual phases.

## INTRODUCTION

19 Colloidal particles can self-assemble into ordered crystals with extraordinary nano and  
20 mesoscale complexity<sup>1</sup> and unique optical, electronic, and magnetic properties<sup>2,3</sup>. These emergent  
21 properties depend on the properties of the constituent particle and the crystal phase of the final  
22 ordered structures. The phase behavior of self-assembled colloidal structures depend on a variety  
23 of factors, such as shape, surface interactions, and external fields<sup>1</sup>. Two-dimensional (2D), hard-  
24 particle colloidal systems are of interest because they are entropically driven, and their final  
25 assembly state solely depends on the shape and packing fraction of the particles. Previous  
26 computational<sup>4</sup> and experimental studies have shown interesting crystallization behavior (from  
27 liquid to solid) and crystal structures in 2D systems consisting of spherical colloids<sup>5,6</sup>, ellipses<sup>7,8</sup>,  
28 rods and rectangles<sup>9-11</sup>, squares<sup>12,13</sup>, triangles<sup>14,15</sup>, and hexagons<sup>16</sup>. Hard or nearly hard spheres are  
29 commonly observed to form face-centered cubic structures. Complex three-dimensional (3D)  
30 structures such as diamond, space-filling polyhedral packing, and porous lattices have been  
31 formed by using patchy DNA interactions, shape-dependent entropic forces, or magnetic,  
32 gravitational, and capillary forces<sup>17-22</sup>. A wide range of hard-particle 3D assemblies have been  
33 extensively predicted in simulation<sup>23</sup>, but are challenging to experimentally achieve and image.  
34

35 Colloidal crystals are often described as programmable materials<sup>24</sup> but typically form static  
36 structures that cannot be reconfigured into different crystals once assembled, or can only be  
37 disassembled and re-assembled into the same structure<sup>25</sup>. The ability to directly switch between  
38 distinct crystal structures is analogous to solid-solid phase transitions in atomic matter and has  
39 previously been studied in different colloidal self-assembled systems<sup>26</sup>. Phase transition kinetics  
40 in soft spherical colloids have been previous studied under electric fields<sup>27</sup>. Phase transitions that  
41 maintain crystal symmetry can be induced in DNA-functionalized nanoparticle superlattices by  
42 inserting additional nanoparticles or DNA linkers<sup>28,29</sup>. Phase transitions have also been  
43 investigated with hard-particle spherical colloids<sup>30,31</sup>. The majority of the studies have been in  
44 2D systems that require complicated external fields. 3D phase transitions (e.g. from FCC phase  
45 to AuCu phase) have been observed using X-ray scattering<sup>32-34</sup> and confocal techniques<sup>35-37</sup>. In  
46 hard-particle systems, one strategy is to change the colloidal shape to an anisotropic, or higher  
47 order polygon, which can result in complex phase behavior such as crystal-crystal or solid-solid  
48 phase transitions. Colloidal squares<sup>13</sup> that were assembled in 2D have shown complex phase  
49 behavior as a function of packing fraction. Superballs<sup>38</sup> that have been assembled in 3D have also  
50 shown solid-solid phase transition under different osmotic pressures. However, these superball  
51 assemblies show similar phase behavior as those found in 2D systems<sup>12,13</sup>. In addition to shape  
52 change, an external potential, such as confinement or boundary conditions, can also play a large  
53 role in the possible accessible crystal phases<sup>39-42</sup>.  
54

55 In general, these previous hard-particle phase transitions lack complex phase transformations,  
56 such as those in which the “atoms” change coordination number, or transform between crystal  
57 lattice systems. Further progress in this field of work could lead to metamaterials with rapidly  
58 switchable properties and functional structures. Elucidating the kinetics of colloidal phase  
59 transitions could also provide understanding of solid-solid phase transitions in atomic solids,  
60 which remain controversial even for elemental materials due to the challenges of observing  
61 dynamic behavior at the atomic scale<sup>43,44</sup>. The advantage of these colloidal systems is that they  
62 can be imaged at a spatial and temporal resolution that cannot be achieved in real atomic  
63 systems, even with state-of-the-art experimental tools such as transmission electron microscopy<sup>45</sup>  
64 or ultrafast X-ray diffraction<sup>46-48</sup>.

65 In this work, we assemble lithographed Archimedean truncated tetrahedrons (ATT) at an  
66 interface to achieve quasi-2D confinement. This strategy takes advantage of the high dependence  
67 of shape on the phase behavior of the final assembled state, in addition to subjecting the system  
68 to a boundary condition that has been previously shown to induce rich phase behavior in  
69 polygons. The Archimedean truncated tetrahedron was chosen because simulations of truncated  
70 tetrahedrons in 3D show rich phase behavior that is highly dependent on the truncation  
71 parameter,  $t$ , (see Methods for more details) with crystalline structures that are analogous to  
72 important atomic crystals. For example, ATTs ( $t = 2/3$ ), which have four regular hexagonal  
73 faces and four regular triangular faces with all the same edge lengths, are predicted to form  
74 diamond structure at lower packing densities ( $\approx 0.6$ ), with  $\alpha$ -arsenic as the densest packing  
75 structure ( $\approx 1$ )<sup>49</sup>. Simulations of truncated polyhedrons (i.e. cubes, octahedrons) constrained to a  
76 2D plane has been previously explored<sup>41</sup>, but truncated tetrahedrons have yet to be studied. ATTs  
77 have also been studied in simulation under spherical and wall confinements<sup>40</sup>, but their 2D  
78 behavior on a surface was not further explored. Although the behavior of these types of  
79 polyhedrons are of interest, the main experimental limitation is the ability to fabricate such  
80 geometries with high monodispersity.

81

## 82 RESULTS

### 83 Hexagonal Phase induced at low gravitational potential

84 To overcome the synthetic challenges of forming polyhedral particles with high monodispersity,  
85 two-photon lithography is used to fabricate ATT microparticles with a side length of 3.5  $\mu\text{m}$   
86 (Figure 1a). Approximately 50,000 particles are fabricated with  $\leq 5\%$  variation in particle size<sup>50</sup>.  
87 Other tetrahedral particles, such as regular tetrahedrons ( $t = 0$ ) and truncated tetrahedrons ( $t =$   
88 7/10), are also easily fabricated using this method (see Supplementary Fig. 1). After fabrication,  
89 the particles are dispersed in water and deposited in a well plate for assembly. Initially, the  
90 particles randomly sediment on the substrate and are dispersed across the substrate with low  
91 packing density. We observe that the particles are generally oriented with a hexagonal side  
92 facing the substrate, with a triangular face pointing upward, referred to as the ‘upright’ position.  
93 This is due to the center of gravity of the particle being weighed towards the hexagonal face.

94

95 The substrate is then tilted to apply an in-plane (x/y direction) gravitational potential field. This  
96 gravitational field leads to an induced osmotic pressure and density gradient along the direction  
97 of tilt. After several days ( $\approx 144$  hours), the particles aggregate to one side of the well plate which  
98 increases the local packing density and causes ordered regions to form.

99

100 At a  $\approx 5$  degree tilt angle, the ATTs form a hexagonal phase (Figure 1b). In this phase, the  
101 particles, which are oriented with their hexagonal face in contact with the substrate, have 6  
102 nearest neighbors. For this geometry to form, three of the triangular faces of each particle are in  
103 face-to-face contact with the hexagonal faces of its neighboring particles as shown in Figure 1c.  
104 This effectively ‘locks’ the particle into place by preventing the neighboring particle from  
105 moving in the z-direction. The grain size and rotational order is analyzed using a bond  
106 orientational order parameter that accounts for the 6-fold symmetry of the assembled structures  
107 (see Methods for more details)<sup>49</sup>. This order parameter is represented as colors in Figure 1d.  
108 Using this analysis, grains are identified as particles with the same color and found to be  $\approx 30$   $\mu\text{m}$   
109 or 30-40 particles in size. Grains are separated by vacancies (missing particles) and point defects  
110 (disordered particles). The spatial pair distribution function,  $g(r)$ , is used to quantify the  
111 translational packing order (Figure 1e). The  $g(r)$  plot shows a first peak at  $\approx 6.6$   $\mu\text{m}$  followed by a

112 double peak. This is indicative of a hexagonal phase, which has been observed in 2D assemblies  
113 of spherical colloids on a surface<sup>51</sup>. The corresponding Fourier transform shows bright spots in a  
114 hexagonal geometry, which is indicative of a hexagonal phase.  
115

### 116 **Quasi-diamond phase induced at higher gravitational potential**

117 The ATTs are then tilted by an additional  $\approx 5$  degrees to an angle of  $\approx 10$  degrees and allowed to  
118 assemble over 48 hours. This results in a phase that is drastically different than the previous  
119 hexagonal phase. This is reflected in the optical images as triangular shapes that are arranged  
120 with 3 nearest neighbors. Because of the drastically different particle shape in the optical  
121 microscope, the particle orientations are elucidated by using confocal imaging at different z-  
122 planes (Figure 2a-c). These images show alternating triangular and hexagonal faces near the  
123 substrate. As we focus away from the substrate, the triangular faces become larger, and the  
124 hexagonal faces become more triangular (Figure 2b-c). This demonstrates that the ATTs form a  
125 nearly space-filling structure made up of a two-particle unit cell that consists of one ‘upright’  
126 facing ATT and one ‘upside-down’ facing ATT. This structure, which we refer to as quasi-  
127 diamond, is equivalent to a two-atom basis in diamond cubic structure. This has been predicted  
128 to form from ATTs that self-assemble under an entropic driving force at packing fractions above  
129 0.50<sup>49</sup>.  
130

131 The bond orientational order parameter is calculated for the quasi-diamond structure (Figure 2e).  
132 These images are obtained at a focal plane near the center of the particle which cause the ATTs  
133 to appear as triangular shapes under these imaging conditions. Grains are shown as regions of  
134 alternating colors and are approximately half the size ( $\approx 20$  um) of the hexagonal grains. The  
135 spatial pair distribution function,  $g(r)$ , and corresponding Fourier transform show a first peak at  
136  $\approx 4.4$  um, a weaker second peak, and no additional peaks (Figure 2f). This indicates the formation  
137 of a 3-fold symmetric phase with short range order, small grains, and a higher density of defects  
138 as compared to the hexagonal phase. This  $g(r)$  and bond orientational order is similar to that of  
139 self-assembled triangular plates that form 3-fold, 2D structures<sup>14</sup>, as well as self-assembled, two-  
140 photon lithographed regular tetrahedrons (see Supplementary Fig. 2).  
141

142 Here, we consider the thermodynamics of self-assembly. For hard particle systems, this behavior  
143 can be examined through the lens of entropy maximization<sup>52</sup>. In these systems, self-assembly is  
144 dominated by an entropic driving force due to the gain in free volume when the particles form an  
145 ordered arrangement. Generally, the free volume is maximized when particles are in face-to-face  
146 arrangements<sup>53</sup>. For the disordered (right after deposition) to hexagonal phase transition, the  
147 increase in face-to-face area is due to the contact of the three of the triangular faces of the ATT  
148 with the hexagonal faces of its neighboring particles. The hexagonal to quasi-diamond phase  
149 transition results in further gains in entropy because the face-to-face contact increases by  $>100\%$ .  
150 The free volume change between hexagonal and quasi-diamond phase can also be computed  
151 directly. The total volume of the system is considered as an x-y box that fits  $N$  particles, with a z-  
152 height of one particle unit. Using this as the total volume accessible to the particles, the  
153 hexagonal phase has a maximum packing fraction of  $\approx 64\%$  while the quasi-diamond structure is  
154 a nearly space-filling structure at  $\approx 99\%$ . Therefore, the relative change in volume density  
155 between hexagonal phase and the quasi-diamond phase is  $\approx 50\%$ . This indicates that there is a  
156 large driving force towards the quasi-diamond phase from the hexagonal phase. Other truncated  
157 tetrahedrons ( $t = 7/10$ ) form even smaller quasi-diamond grains because of a lower change in  
158 free volume and lower driving force for self-assembly (see Supplementary Fig. 3).  
159

160 **Free energy calculations suggest kinetic barriers lead to initial hexagonal phase**

161 An approximate single-cell occupancy model is used to estimate free energy ( $F$ ) as a function of  
162 packing fraction ( $\phi$ ) (Figure 3a)<sup>54,55</sup>. This model is one of the several methods to analytically  
163 calculate the free energy of a hard-particle system and has only been used to model hard spheres  
164 in different phases<sup>56-60</sup>. Other similar cell methods have also been developed to calculate the  
165 densest packing states of polygons, and subsequently, the free volume of certain packing  
166 structures<sup>61,62</sup>. Cell models use the phase of interest (for spheres, face-centered cubic or  
167 hexagonal closed-packed) at the highest packing fraction and partitions each particle center  
168 inside Voronoi polyhedrons, known as cells. For spheres packed in a face-centered cubic or  
169 hexagonal closed-packed phase, the corresponding Voronoi polyhedron would be a  
170 dodecahedron. This model assumes that each particle is constrained within its own cell and can  
171 only access the volume associated with its own cell. The Voronoi cell can then be scaled equally  
172 in 3D to decrease the packing fraction, and effectively increase the volume accessible to each  
173 particle. The total accessible volume of each cell can then be used to estimate the free energy of  
174 the system as a function of packing fraction,  $\phi$ :

175

$$176 F(\phi)/Nk_B T \approx \ln(V_{\text{free}}(\phi)) \quad (1)$$

177 The single-cell occupancy model is most accurate at higher packing fractions when the  
178 assumptions are more likely to be satisfied. For lower packing fractions, this error is associated  
179 with a “communal entropy”<sup>59</sup>. For our system, which consists of polyhedron shapes and is quasi-  
180 2D, a slightly different procedure is taken. Instead of constructing Voronoi cells and dilating in  
181 3D, self-similar cells are constructed around each particle from their phase (either hexagonal or  
182 quasi-diamond) and then dilated in two dimensions (Figure 3a) (also see Supplementary Fig. 4).  
183 That is, the single-cell is constructed to be in a shape of an ATT, and then stretched only in the x-  
184 y dimension. Because of the shape of the cell, the volume of the single cell,  $V_{\text{cell}}$ , can be  
185 calculated analytically for different dilated states. The accessible free volume,  $V_{\text{free}}$ , is then taken  
186 as  $V_{\text{cell}} - V_{\text{ATT}}$ , where  $V_{\text{cell}}$  varies as a function of the dilation and  $V_{\text{ATT}}$  is constant.

187 We find that the quasi-diamond phase has a slightly lower free energy than the hexagonal phase  
188 at all packing fractions. However, this difference becomes larger when packing fraction  
189 increases, especially when it approaches the maximum hexagonal packing density. As the  
190 packing fraction reaches the theoretical maximum packing fraction of its phase, the free energy  
191 approaches this limit at a packing fraction of  $\approx 0.64$ , the quasi-diamond phase is not accessible  
192 until there is sufficient energy to overcome the thermodynamic or kinetic barrier of this  
193 transition. We attribute this barrier to the effects of the quasi-2D confinement, which prevents  
194 particle out-of-plane rotation. A thermodynamic barrier exists due to the gravitational potential at  
195 low tilt angles. A hexagonal to quasi-diamond phase transition would require 50% of the  
196 particles to flip from an ‘upright’ orientation to an ‘upside-down’ orientation. The flipping of a  
197 particle corresponds to an increase in gravitational potential energy. The gravitational energy  
198 required to flip a particle upside down is calculated as  $\Delta E = mg\Delta h$ , where  $\Delta h$  is the change in  
199 height of the center of gravity of the particle in its “upright” (hexagonal face is adjacent to the  
200 substrate) vs “upside down” (triangular face is adjacent to the substrate) position. The energy  
201 needed to flip the particles is  $\approx 10 k_B T$ , which suggests that it is very unlikely that out of plane  
202 rotation can occur spontaneously at room temperature without external energy input (see  
203 Supplementary Movie 1). In addition, a kinetic barrier also exists due to the free volume required

206 to mediate the rotation of a particle out-of-plane from its locked hexagonal phase to the quasi-  
207 diamond phase.

208  
209 We can test the hypothesis that the phase transition energy barrier is related to an out-of-plane  
210 particle rotation by using hard particle Monte Carlo simulations (**Figure 3b-c**) (also see  
211 Supplementary Movie 2). ATTs are first confined to a 2D plane such that the particles cannot  
212 rotate out-of-plane and can only move in the x-y directions. The particles are laterally  
213 compressed until they approach the maximum theoretical packing fraction. This leads to the  
214 formation of an hexagonal structure, with some defects (Figure 3b) as seen in experiments. This  
215 2D constraint is then removed, which allows out-of-plane rotation. Once this constraint is  
216 removed, the particles almost immediately form the quasi-diamond phase under continued lateral  
217 compression (Figure 3c).

218  
219 In-situ optical microscopy reveals the kinetics of phase transition. First, a hexagonal sample is  
220 assembled through a small tilt angle ( $\approx 5$  degrees) as previously described. This sample is then  
221 tilted by an additional  $\approx 5$ -10 degrees and moved to the microscope stage. By the time that  
222 imaging begins ( $\approx 10$  min after tilting to  $\approx 5$ -10 degrees), many hexagonal regions have already  
223 transformed to quasi-diamond. However, the transition of the remaining hexagonal phase can be  
224 observed.

225  
226 **Phase transitions are initiated by defects**

227 These in-situ experiments show that the phase transition is mediated by defects and that these  
228 defects allow for out-of-plane particle rotation. Figure 4 shows specific instances of these defect  
229 induced phase transitions (see Supplementary Movies 3 and 4). Figure 4a-h show a vacancy  
230 mediated phase transition. Initially, a hexagonal grain is surrounded by the quasi-diamond phase  
231 with a vacancy present near the phase boundary. The hexagonal particle adjacent to the vacancy  
232 rotates out-of-plane and is ‘upside-down’, in which a triangular face is adjacent to the substrate  
233 (Figure 4i). This leads to a chain reaction in which the next particle rotates and transforms, and  
234 then the next particle, until the hexagonal phase has fully transformed into a quasi-diamond  
235 phase. The presence of the vacancy seems to facilitate an out-of-plane rotation of the ATT  
236 particle by providing the free volume to accommodate an out-of-plane rotation.

237  
238 Direct observation of a phase transition is also observed at an anti-phase boundary between two  
239 hexagonal grains which have particles oriented in different directions (Figure 4i-l). The two rows  
240 above (orange hexagonal grain) and the row below (pink hexagonal grain) the anti-grain  
241 boundary (dashed blue line) undergo a phase transition to the quasi-diamond phase. The  
242 transition occurs rapidly for half the particles, while the remaining particles in these rows begin  
243 to rotate into a transition state (begin flipping out-of-plane) (Figure 4j). This is followed by the  
244 transition of the remaining particles at the anti-phase boundary into the quasi-diamond phase  
245 (Figure 4k) and further growth of the quasi-diamond phase until two smaller, isolated hexagonal  
246 grains remain (Figure 4l).

247  
248 In Figure 4, the propagation of the phase transformations is perpendicular to the tilt direction  
249 with the transition proceeding in a linear direction. However, this is not always the case.  
250 Supplementary Movie 5 shows a randomly proceeding phase transition for ATTs. Multiple  
251 particle flipping events occur and propagate inward, transforming the structure from a hexagonal  
252 to quasi-diamond phase. This suggests that while a mechanical driving force is necessary to

253 induce the phase transition, entropy does in fact play a role. Likely, the phase transition is driven  
254 by a combination of mechanical and thermodynamic driving forces.

255  
256 Without these defects, the hexagonal to quasi-diamond phase transitions is kinetically  
257 improbable: an ATT particle would need to escape from its “locked” hexagonal configuration,  
258 and then rotate out-of-plane. This kinetic pathway is unlikely, given that the “locked” hexagonal  
259 configuration geometrically prevents out-of-plane motion. However, once a particle successfully  
260 rotates into a quasi-diamond phase, the local packing density of the particles around it is lowered  
261 because the quasi-diamond phase is  $\approx$ 50% denser than the hexagonal phase. This allows  
262 neighboring particles to also have more free space to rotate out-of-plane and continue  
263 propagating the phase transition. This type of defect mediated transition is also seen in the  
264 simulations, right after the removal of the 2D constraint (see Supplementary Movie 2). By  
265 analyzing a hexagonal to quasi-diamond phase transition, the phase transition rate was found to  
266 follow Avrami’s solid-solid phase kinetic theory in 2D<sup>63,64</sup> (see Supplementary Fig. 5).

267  
268 In summary, we have assembled Archimedean truncated tetrahedrons under quasi-2D  
269 confinement and shown a hexagonal phase that has not been previously reported in literature for  
270 this shape. We directly imaged a novel phase transition from a hexagonal phase, which has 6  
271 nearest neighbors, into a quasi-diamond phase, which has 3 nearest neighbors. We determined  
272 the thermodynamics and kinetic mechanism of this phase transition using analytical and  
273 computational methods. Other 3D polyhedral geometries can be easily fabricated using 3D  
274 nanoprinting methods, such as two-photon lithography, to access a huge phase space of  
275 additional crystal phases, especially when under quasi-2D confinement. While the size of the  
276 current lattices is too large for optical frequency photonic crystals or metamaterials, two-photon  
277 lithographed structures can be shrunk up to  $\approx$ 20% of their original size to form sub-micron scale  
278 particles through pyrolysis<sup>65</sup>. In addition, chemistries exist for directly printing high dielectric  
279 materials such as silica, which is also necessary for optical applications<sup>66</sup>. Magnetic, plasmonic  
280 and luminescent nanoparticles can be incorporated into photoresists to impart further  
281 functionality and enable self-assembly under external stimuli. This could be used to generate a  
282 novel class of programmable matter in which dynamic phase transitions are used to switch  
283 between structures and properties.

## 284 METHODS

### 285 Fabrication of tetrahedrons and truncated tetrahedrons

286 Microscale tetrahedrons, truncated tetrahedrons ( $t = 7/10$ ) and ATTs ( $t = 2/3$ ) are fabricated  
287 using two-photon lithography on the Nanoscribe Photonic GT (Nanoscribe, GmbH). Three-  
288 dimensional models of tetrahedrons and ATTs are generated in Solidworks 2021 and then  
289 exported to STL files. These STL files are then imported into slicing software (DeScribe 2019,  
290 Nanoscribe, GmbH), to control printing conditions. The particles are printed in 10x10 arrays,  
291 resulting in a total of  $\approx$ 50,000 particles for a single print. IP-Dip resist (Nanoscribe, GmbH), and  
292 a high magnification objective (63x NA 1.4 Zeiss) are used to fabricate the particles on a quartz  
293 coverslip (0.25 mm, SPI Supplies). After fabrication, the particles are developed in SU-8  
294 developer (Kayaki Advanced Materials) for 10 min and then 2-propanol (>99.5%, J.T. Baker) for  
295 1 min. The particles are placed under a UV lamp for 30 min to improve surface roughness and  
296 cure any remaining surface monomers. The particles are treated with 1% w.t. Pluronic F127 to  
297 stabilize the particles in solution. The substrate is then placed in a beaker filled with Milli-Q  
298 water and sonicated for < 30 s to remove the particles from the substrate. The solution is then

299 transferred to a centrifuge tube and centrifuged at  $\sim 7,500 \times g$  for 20 min to aggregate the  
300 particles. The supernatant is removed, and the remaining solution is sonicated for 5-10 min to  
301 redisperse the particles.

302

### 303 **Colloidal assembly**

304 The colloidal solution is deposited into a glass bottom well plate (Sensoplate, Greiner). The well  
305 plate is placed on an orbital shaker plate (Troemner Talboys, Fisher Scientific) at a setting of 5.  
306 This well plate is placed at an angle ( $\approx 15$  degrees for the tetrahedrons and  $\approx 5$  degrees for the  
307 truncated tetrahedrons) to allow the particles to aggregate at the edge of the well plate. The  
308 particles sediment and assemble for several days (3-5 days) before imaging. To induce a phase  
309 transition, the particles are tilted at a higher angle for several days (3-5 days) before imaging.  
310

### 311 **Microscopy**

312 Bright-field optical images are captured using a Nikon Eclipse Ti2 with a CCD camera. Confocal  
313 images are taken using a Zeiss LSM 780 microscope. For high magnification images, an index  
314 matching oil is used between the objective and the glass bottom of the well plate. SEM images  
315 are taken on a FEI Helios NanoLab 600i Dual Beam SEM/FIB. For in-situ videos, particles are  
316 imaged over several hours using a Nikon Eclipse Ti2 with a CCD camera (0.2 fps).  
317

### 318 **Monte Carlo simulations**

319 Three-dimensional models of ATTs are generated in Solidworks 2021, and the vertex  
320 coordinates are referenced with the origin (0,0,0) coincident with the center of mass. HOOMD  
321 hard particle Monte Carlo package (v3.2.0) is used to simulate the assembly of ATTs. For the  
322 hexagonal structure, two impenetrable planes are placed at the top and bottom of the simulation  
323 box to constrain motion to a 2D plane (to prevent out-of-plane rotation). Particles ( $N = 400$ ) are  
324 initialized in a simple array and Monte Carlo steps are run to randomize the initial configuration.  
325 After this, the simulation box is compressed in  $x$ - $y$ . The final hexagonal phase is used as the  
326 initial configuration for the simulation of the quasi-diamond structure. The top impenetrable  
327 plane is raised to allow out-of-plane rotation. The simulation box is then compressed in all  
328 directions. These simulations are stopped once the simulation box dimensions converge, and the  
329 structure is stable.  
330

### 331 **Truncation parameter**

332 The truncation parameter describes the level of truncation of a tetrahedron. The truncation  
333 parameter,  $t$ , can range from 0 to 1, and corresponds to a regular tetrahedron when  $t = 0$  and a  
334 regular octahedron when  $t = 1$ . A truncated tetrahedron with truncation parameter of  $t$  will have 4  
335 equilateral triangles with edge length  $a(t/2)$  and four hexagons with two edge lengths of  $a(1-t)$   
336 and  $a(t/2)$  as described by Damasceno et al<sup>49</sup>.  
337

### 338 **Bond order analysis**

339 The bond orientational order parameter describes the angular positions of neighboring particles.  
340 The bond orientational order parameter,  $\psi_{k,p}$ , is defined as:  
341

$$342 \psi_{k,p}^a = \frac{1}{p} \sum_b e^{ik\alpha_{ab}} \quad (2)$$

343

344 where  $a$  is the reference particle,  $b$  is a neighboring particle,  $k$  is the fold symmetry,  $p$  is the  
345 number of expected neighboring particles, and  $\alpha_{ab}$  is the angle between  $a$  and  $b$  in the global  
346 frame. This is calculated for neighboring particles,  $b$ , a certain radius away from the reference  
347 particle. This radius is equal to the first valley after the first peak in the  $g(r)$ . For a quasi-diamond  
348 phase,  $k = p = 3$ . For a hexagonal phase,  $k = p = 6$ . The resulting  $\psi_{k,p}$  is a complex number that  
349 can be represented on a color wheel, in which the x-axis (real) is normalized to the average bond  
350 order,  $\langle \psi_{k,p} \rangle$ .

351

## 352 **DATA AVAILABILITY**

353 The data that support the findings of this study is deposited in Dryad<sup>#</sup> and are available from  
354 the corresponding author upon request. (<https://doi.org/10.5061/dryad.sbcc2frdf>).

355

## 356 **CODE AVAILABILITY**

357 Code for simulation and analysis are deposited in Dryad<sup>#</sup> and are available from the  
358 corresponding author upon request. <https://doi.org/10.5061/dryad.sbcc2frdf>.

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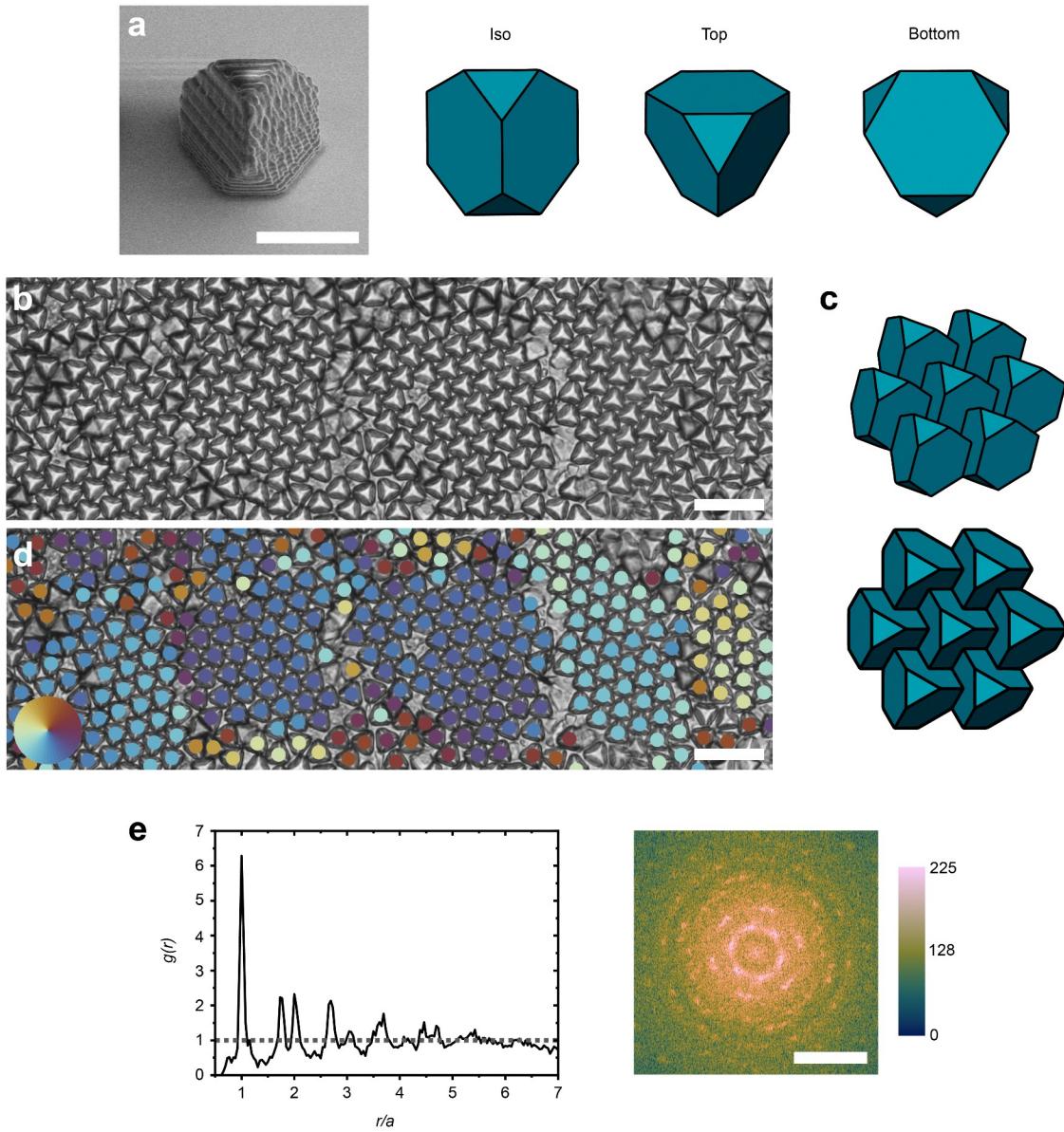
512 **AUTHOR CONTRIBUTIONS**

513 D.D. and J.K. performed experiments, analyzed data, and wrote the manuscript. D.D. performed  
514 Monte Carlo simulations. J.K. wrote codes for bond-order analysis. D.D., J.K., and X.W.G.  
515 commented on and edited the manuscript. X.W.G. oversaw the project.

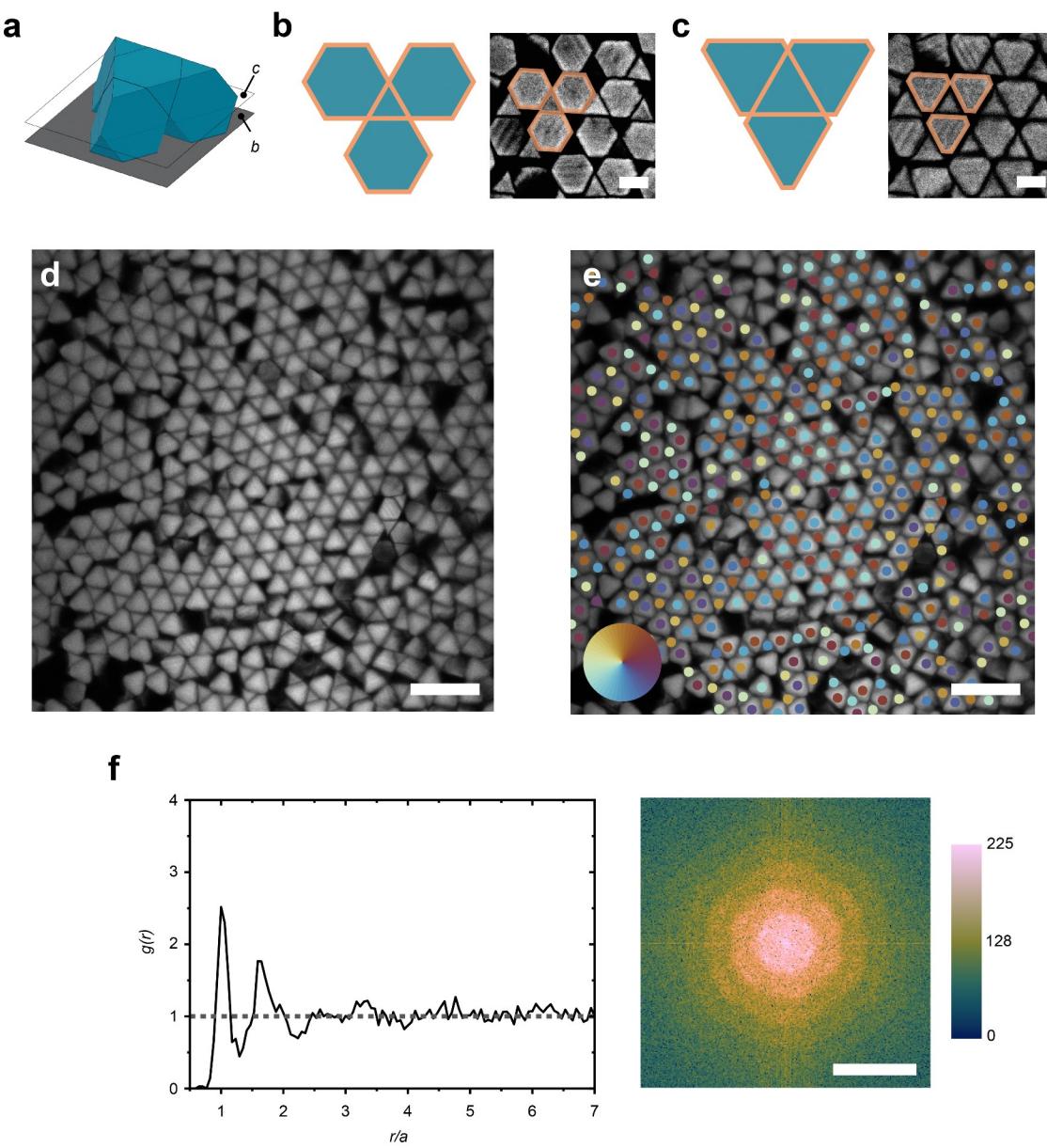
516 **COMPETING INTERESTS**

517 The authors declare no competing interests.

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523 Figure 1. **Hexagonal phase.** (a) SEM image and 3D model of ATT (left to right: isometric, top,  
524 bottom view). Scale bar is 5  $\mu\text{m}$ . (b) Optical image of self-assembled hexagonal structure. Scale  
525 bar is 20  $\mu\text{m}$ . (c) 3D model of self-assembled structure (isometric and top view). (d) Bond  
526 orientational order parameter of the particles represented as different colors. Particles with  
527 similar colors have similar rotational orientation. Particles with opposite colors on the color  
528 wheel are rotated by 30°. Scale bar is 20  $\mu\text{m}$ . (e) Pair distribution function,  $g(r)$  and Fourier  
529 transform of image (b). Scale bar is 0.5  $\mu\text{m}^{-1}$ .

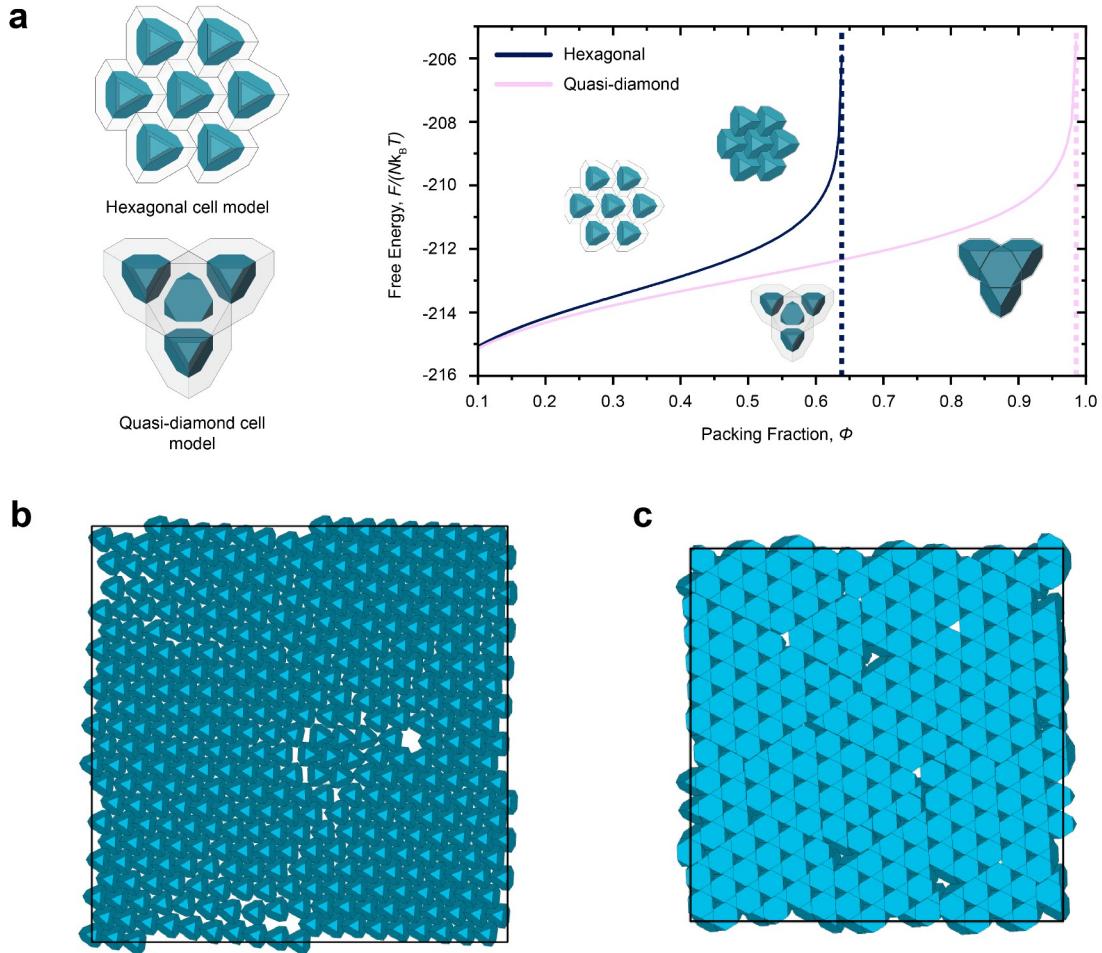


531  
532 Figure 2. **Quasi-diamond phase.** (a) 3D model of self-assembled structure. The planes that  
533 correspond to images b and c are marked. (b-c) Confocal images and 2D models of the same  
534 quasi-diamond structure at different focal planes. (b) is focused at the substrate (gray) and (c) is  
535 focused at the middle of the particle. The peach outline shows the analogous geometry between  
536 the model and the confocal images. Scale bars are 5 μm. (d) Confocal image of a large region of  
537 the sample. Scale bar is 20 μm. (e) The bond orientational order parameter of the particles is  
538 represented as different colors. Adjacent particles with opposite colors on the color wheel  
539 indicate the quasi-diamond structure (e.g. blue and brown). Scale bar is 20 μm. (f) Pair  
540 distribution function,  $g(r)$ , and Fourier transform of image (d). Scale bar is 0.5 μm<sup>-1</sup>.

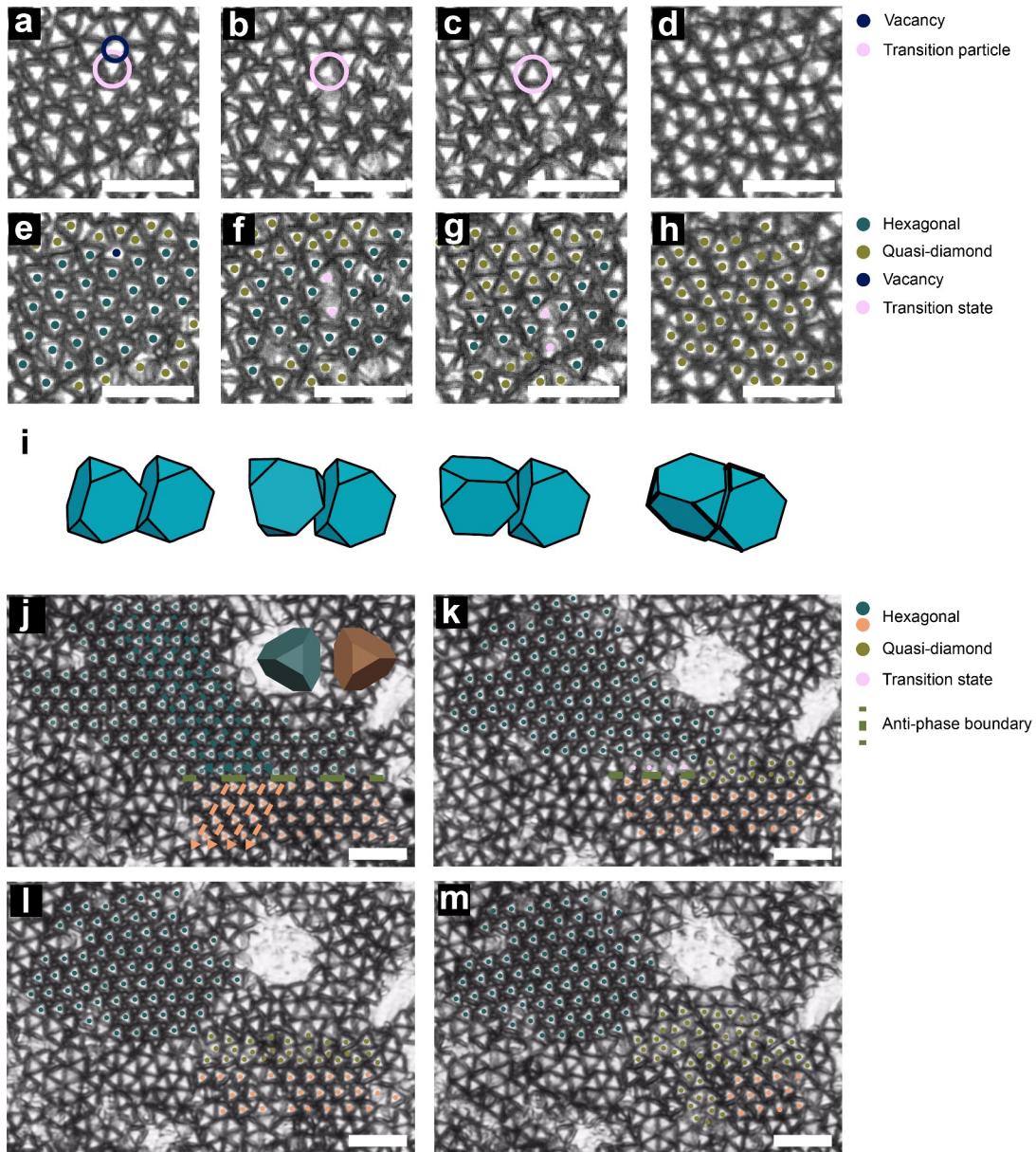
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545 **Figure 3. Analytical model and hard particle Monte Carlo simulation. (a)** Geometric models  
546 of self-assembled particles within volumetric cells and the resulting single-cell occupancy free  
547 energy calculations as a function of packing fraction of the hexagonal state (navy blue) and the  
548 quasi-diamond state (pink). **(b)** Monte Carlo simulation of ATTs constrained to a 2D plane and  
549 laterally compressed results in the formation of a hexagonal phase. **(c)** Monte Carlo simulation of  
550 ATTs after removal of the 2D constraint. Continued lateral compression leads to the formation of  
551 the quasi-diamond phase.



552  
553 Figure 4. **Direct imaging of defect mediated phase transitions.** In-situ optical images of the  
554 (a) initial hexagonal grain and vacancy, (b) first particle rotation, (c) propagation of the phase  
555 transition through the hexagonal grain, (d) final quasi-diamond state. The vacancy is marked by  
556 a navy-blue circle. The adjacent ATT is marked by a pink circle, which is the first particle to  
557 transform. (e-h) The same images with colors that indicate the hexagonal phase (green), quasi-  
558 diamond phase (mustard yellow), particle in transition (pink), and vacancy (navy-blue). (i)  
559 Illustration of the kinetics of a particle rotation from an 'upright' to 'upside-down' position. (j)  
560 Two hexagonal grains with different orientations are shown in green and peach-orange with  
561 corresponding 3D models. These grains are separated by an anti-phase boundary (army-green  
562 dashed line). **Green and peach-range** arrows show the alignment of the particles and point in the  
563 direction of a triangular vertex. (k) Transition of hexagonal grains (green or peach-peach-orange)  
564 to quasi-diamond (mustard yellow) at the anti-phase boundary is preceded by the rotation of  
565 particles into a transition state (pink) along these rows. (l) The anti-phase boundary is replaced

566 by the quasi-diamond phase (mustard yellow) which separates the two remaining hexagonal  
567 grains (green or peach-**orange**). (m) The phase transition begins to propagate in the lower grain  
568 and transform the hexagonal phase (peach-**orange**) to the quasi-diamond phase (mustard yellow).  
569 All scale bars are 25  $\mu\text{m}$ .