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### Key Points:

- Plio-Pleistocene changes in the hydrogen stable isotopic signature of leaf waxes from Southern Africa are linked to Benguela temperatures
- Higher frequency shifts in the record are likely driven by Indian Ocean temperatures via a mechanism observed in the modern
- Isotope-enabled simulations suggest that capturing this mechanism may be key to accurately simulating past and future regional hydroclimate

### Supporting Information:

Supporting Information may be found in the online version of this article.

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## Plio-Pleistocene Southwest African Hydroclimate Modulated by Benguela and Indian Ocean Temperatures



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**Abstract** Future projections of southwestern African hydroclimate are highly uncertain. However, insights from past warm climates, like the Pliocene, can reveal mechanisms of future change and help benchmark models. Using leaf wax hydrogen isotopes to reconstruct precipitation ( $\delta D_p$ ) from Namibia over the past 5 million years, we find a long-term depletion trend ( $-50\%$ ). Empirical mode decomposition indicates this trend is linked to sea surface temperatures (SSTs) within the Benguela Upwelling System, but modulated by Indian Ocean SSTs on shorter timescales. The influence of SSTs on reconstructed regional hydroclimate is similar to that observed during modern Benguela Niño events, which bring extreme flooding to the region. Isotope-enabled simulations and PlioMIP2 results suggest that capturing a Benguela Niño-like state is key to accurately simulating Pliocene, and future, regional hydroclimate. This has implications for future regional climate, since an increased frequency of Benguela Niños poses risk to the ecosystems and industries in the region.

**Plain Language Summary** Rainfall in southwestern Africa will likely be impacted by human-caused climate change, but climate models disagree on whether the region will get wetter or drier as the planet warms. Previous studies, which used plant pollen preserved in ocean sediment, tell us that southwestern Africa was wetter during the Pliocene, a warm period approximately 5.3 to 2.5 million-years-ago, and got drier over time as Earth cooled. This drying is thought to be caused by a concurrent decrease in temperatures within the eastern South Atlantic Ocean. In this study we measure hydrogen isotopes in ancient plant matter and use statistical tools which indicate that rainfall patterns in southwestern Africa are also impacted by changes in Indian Ocean temperatures. This combined Atlantic and Indian Ocean influence is similar to events that we observe in modern times where areas of arid southwestern Africa get short bouts of very strong rainfall when the coastal waters warm. The area that gets strong rainfall depends on where the warm water occurs along the western coast and whether there's also warmer- or colder-than-normal water in the Indian Ocean. If the Pliocene ocean temperature patterns resembled these events, we may need to do further studies to determine whether they will become more common in the future.

## 1. Introduction

Southwestern African (SWA) rainfall encompasses diverse climatological regimes, ranging from a Mediterranean winter rainfall region in the far south, to the arid Namib desert, to tropical climates near the equator (Zhao et al., 2020). This study focuses on the arid to semi-arid regions in Namibia and Angola near the northern Benguela Upwelling System (BUS, Figure 1a), where anthropogenic climate change is already impacting dryland communities (IPCC, 2014; Stringer et al., 2009). With much of SWA already seeing an upward trend in drought and flooding (Burls et al., 2019; Muller et al., 2007; Thoithi et al., 2021), and a predicted increase in extremes (Kusangaya et al., 2014), it is imperative to understand the mechanisms driving these changes.

Thermodynamic scaling suggests that anthropogenic warming will amplify patterns of wet and dry; “wet-get-wetter, dry-get-drier” (Held & Soden, 2006). However, this simple scaling cannot account for patterns of hydroclimate change over many land regions, including SWA (Byrne & O’Gorman, 2015; Seager et al., 2010). While earth system models broadly agree that the African continent will become hotter and drier over the coming century (IPCC, 2014; Kusangaya et al., 2014), there is significant disagreement about regional hydroclimate patterns as well as timescales of hydroclimate change (Baxter et al., 2023; Burls & Fedorov, 2017; Byrne & O’Gorman, 2015;

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Feng et al., 2022b; Fu et al., 2021; IPCC, 2014; Oegga et al., 2020; Seo et al., 2014; Xie et al., 2010). For southern Africa, some models indicate that current drying trends may be transient, and that long-term dynamical adjustments will compensate for initial thermodynamically-driven drying (Sniderman et al., 2019).

Past equilibrium greenhouse climate states, including the Pliocene, can serve as analogs for future climate (Burke et al., 2018). The Pliocene featured a similar-to-present continental configuration and atmospheric CO<sub>2</sub> concentrations that were above 400 parts per million (de la Vega et al., 2020; Haywood et al., 2020; Rae et al., 2021). Poleward amplified warming may have weakened meridional atmospheric circulation, driving a “wet-get-drier, dry-get-wetter” Pliocene hydroclimate response (Burls & Fedorov, 2017).

When forced with Pliocene boundary conditions, coupled models show substantial disagreement about SWA hydroclimate (Pontes et al., 2020). In addition, Pliocene Model Intercomparison Project (PlioMIP2) generally simulate drier conditions relative to present-day in Namibia and Angola (Figure S8 in Supporting Information S1), at odds with available proxy evidence. Palynological evidence from ODP Sites 1081 and 1082 (in the BUS) show that a long term aridification in SWA began during the late Miocene/early Pliocene (8–5 Ma), initiating a shift from mesic shrubland and woodland to savannah grasslands (Hoetzel et al., 2013, 2015; Zhao et al., 2020). After 5 Ma, and again after 2 Ma, progressive aridification increased semi-desert and desert taxa (Dupont, 2006; Dupont et al., 2005; Etourneau et al., 2009; Marlow et al., 2000). Long-term aridification has been attributed to cooling of sea surface temperatures (SSTs) in the BUS (Dupont, 2006; Dupont et al., 2005; Hoetzel et al., 2013, 2015). This evidence suggests that land regions near the BUS were *wetter* in the Pliocene compared to the late Pleistocene, in contrast with PlioMIP2 models' simulation of drier-than-present conditions (Pontes et al., 2020). Understanding the source of proxy-model and intermodel disagreement surrounding Pliocene hydroclimate in southwestern Africa is key to honing projections of water resources in this semi-arid region.

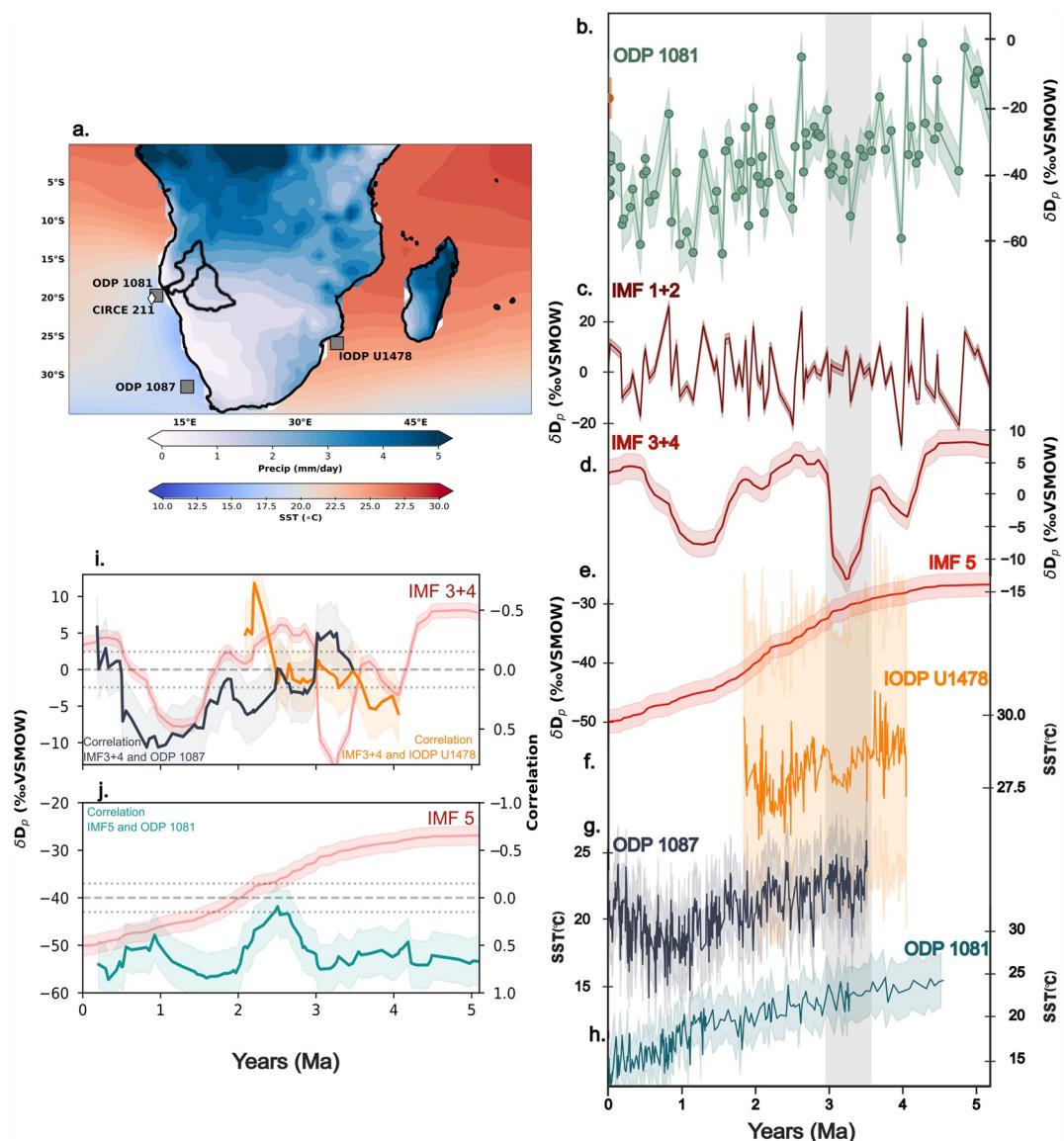
Additional proxy records can reveal causes of proxy-model disagreement. In other regions of Africa, Plio-Pleistocene records have revealed details of how orbital and greenhouse gas forcing shaped local hydroclimate (Kuechler et al., 2018; Lupien et al., 2021, 2022). However, there are relatively few sub-million year hydroclimate records spanning the Plio-Pleistocene in SWA (Cohen et al., 2022)—isotopic records of hydroclimate spanning this interval are particularly sparse. The hydrogen isotopic ratio of long-chain leaf waxes ( $\delta D_{wax}$ ) in sedimentary archives shows a strong relationship with the isotopic composition of precipitation ( $\delta D_p$ ) (Diefendorf & Freimuth, 2017; Feakins, 2013; Feakins & Sessions, 2010; Feakins et al., 2005; Gao et al., 2014; Hemingway et al., 2019; Herrmann et al., 2017; Inglis et al., 2022; Liu et al., 2023; Sachse et al., 2004, 2012; Sessions & Hayes, 2005; Smith & Freeman, 2006; Vogts et al., 2016). Changes in  $\delta D_p$  can reveal overall changes in past aridity, but may also reveal additional processes including temperature, atmospheric circulation and vapor source, as well as the characteristics of past precipitation (e.g., convective vs. stratiform, seasonality) (Belz et al., 2020; Bhattacharya et al., 2022; Collins et al., 2013; Dupont et al., 2013; Feakins, 2013; Garellick et al., 2021; Konecky et al., 2011; Kuechler et al., 2018; Li et al., 2017; Lupien et al., 2022; Taylor et al., 2021; Tierney et al., 2017; Vogts et al., 2016). Information from leaf wax reconstructions of  $\delta D_p$  can therefore provide unique insights on past reorganizations of regional atmospheric circulation.

Here, we present a new leaf wax hydroclimate record from ODP 1081, focusing on the early Pliocene through the late Pleistocene. We compare these data to SST records from the BUS and Indian Ocean to explore the physical mechanisms driving the signal in our leaf wax record. Using observational data and model simulations, we highlight the relevance of this mechanism for understanding Pliocene proxy-model disagreement in SWA, and implications for understanding present-day climate change.

## 2. Methods

### 2.1. Regional Setting

ODP 1081 (19°37.1818'S, 11°19.1598'E) is located at the northern boundary of the BUS (Figure 1a). Terrigenous sediments are sourced from the Cuvelai and Kunene watersheds via the Kunene River (Hipondoka, 2005), and via aeolian deposition (Dupont & Wyputta, 2003). SWA hydroclimate is moderated by the South Atlantic and Indian Ocean anticyclones (Hutchings et al., 2009). Southeast trade winds drive coastal upwelling, which is enhanced in the northern BUS seasonally by a transient low-level coastal jet (Nicholson, 2010). The cold waters of the BUS, the coastal jet, and dry descending air contribute to aridity (Eckardt et al., 2013; Kaseke et al., 2016; Nicholson, 2010; Zhao et al., 2020). The northern boundary of the BUS occurs at the Angola-Benguela Front (~17°S), and is sensitive to the seasonal displacement of the South Atlantic anticyclone (Rouault et al., 2007).



**Figure 1.** (a) Modern climatology of the South Africa from reanalysis data. Markers show the location of ODP and IODP drill sites in the Benguela Upwelling System and Agulhas Current (gray squares) and coretop samples (white diamond). Black outlines Kunene in the north and Cuvelai in the south drainage basins. (b) The  $\delta D_p$  record from ODP 1081 (green, this study) and CIRCE coretop 211 (tan, this study), (c) sum of the first two IMFs, (d) sum of the third and fourth intrinsic mode function (IMF), and (e) fifth IMF. (f)  $\text{TEX}_{86}$  derived sea surface temperature (SST) record for IODP U1478 (Taylor et al., 2021), (g) alkenone derived SST for ODP 1087 (Petrick et al., 2015), and (h) alkenone derived SST for ODP 1081 (Rosell-Melé et al., 2014). The gray bar highlights the mid-Piacenzian warm period. (i) Running correlation between IMF3 + 4 and the U1478 SST (orange line) as well as 1087 SST (gray line), overlain with IMF3 + 4 timeseries. (j) Running correlation between IMF5 and the 1081 SST (teal), overlain with IMF5 timeseries. The dashed line marks 0 correlation, and the dotted lines mark  $\pm 95\%$  significance bounds for correlation coefficient (note that positive is down on y axis).

During austral summer (December-January-February, DJF), climatological low-level moisture transport over Southern Africa is from the Indian Ocean, bringing relatively deuterium enriched ( $-60$  to  $0\text{‰}$ ) vapor to the continental interior (Figure S1 in Supporting Information S1) (Good et al., 2015; Reason, 2001; Reason, Landman, & Tennant, 2006). This moisture becomes progressively depleted in deuterium as it travels over the continent and rains out before it meets the Namib Desert (Kaseke et al., 2016).

## 2.2. Proxy Data

### 2.2.1. Sample Preparation and Analytical Methods

Samples were lyophilized and homogenized. Total lipid extracts (TLEs) were collected using an Accelerated Solvent Extraction (ASE 350, Dionex) system. *n*-Alkanes were separated from the TLEs with hexane over a column of 5% deactivated silica gel. *n*-Alkanes were quantified on a Thermo Scientific Trace 1310 GC with a flame ionization detector and a programmable temperature-vapourization inlet fitted with an Agilent 30-m DB5 column and H<sub>2</sub> as a carrier gas. *n*-Alkane concentrations were determined by comparing to peak areas of a known quantity of internal standard (5- $\alpha$  androstan) using the MATLAB package ORIGaMI (Fleming & Tierney, 2016). We calculated the carbon preference index (CPI) and average chain length (ACL) of our leaf waxes. CPI values averaged  $3.364 \pm 0.44$  (1- $\sigma$ ), indicating terrestrial rather than petrogenic inputs (Jeng, 2006), and ACL (Mean ACL =  $29.6 \pm 1.2$  (1- $\sigma$ )) showed very little variation over our record (Figure S2 in Supporting Information S1). Because of high concentrations of C<sub>31</sub> (mean  $40 \pm 7.24$  ng/g (1- $\sigma$ )), and because previous studies from SWA have focused on the C<sub>31</sub> alkane (e.g., Dupont et al., 2013), we report isotopic results from this chain length.

Compound-specific hydrogen and carbon isotopes were measured for the C<sub>31</sub> alkanes using a Thermo Scientific Trace 1310 Gas Chromatograph coupled via an Isolink device with combustion (carbon) and pyrolysis (hydrogen) furnace to a Delta V Plus isotope ratio mass spectrometer (GC-IRMS). Reference H<sub>2</sub> and CO<sub>2</sub> gases calibrated to an *n*-alkane standard (A7 mix provided by Arndt Schimmelmann at Indiana University) provided references for each analysis. Injections of A7 mix and an internal standard were used to monitor instrument drift. The H<sub>3</sub> factor was an average of 4.703 ppm/mV over a range of 1–8 V. Samples were run in triplicate for  $\delta D$  to obtain a precision better than 3‰, and duplicate or triplicate for  $\delta^{13}\text{C}_{\text{wax}}$  to obtain a precision better than 0.2‰. Samples that did not meet these thresholds were excluded from the results; the average standard deviation of included hydrogen and carbon measurements were 1.81 and 0.104, respectively.

### 2.2.2. Inferring $\delta D$ of Precipitation From Leaf Waxes

The hydrogen isotopic signature of leaf wax compounds,  $\delta D_{\text{wax}}$ , is offset from the hydrogen isotopic signature of the environmental source waters, generally assumed to be precipitation ( $\delta D_p$ ). This apparent fractionation,  $\varepsilon_{p-\text{wax}}$ , integrates isotopic offsets related to evapotranspiration and wax biosynthesis.  $\varepsilon_{p-\text{wax}}$  varies across plant clades (Collins et al., 2013; Freimuth et al., 2017; Griepentrog et al., 2019; Inglis et al., 2022; Sachse et al., 2012; Tipple et al., 2015). Waxes synthesized by graminoids tend to have a larger  $\varepsilon_{p-\text{wax}}$  than those of eudicots (Gao et al., 2014; Sachse et al., 2012; Vogts et al., 2016). Inferring  $\delta D_p$  requires independent knowledge of the proportion of graminoids on the landscape. To infer the grass proportions, we use measurements of  $\delta^{13}\text{C}_{\text{wax}}$ , since C<sub>4</sub> grasses have a distinct carbon isotopic signature. Then, we use modern empirically derived constraints on  $\varepsilon_{p-\text{wax}}$  from grasses and eudicots (Freimuth et al., 2017; Garcin et al., 2014; Sachse et al., 2012) to calculate an appropriate  $\varepsilon$  value. Within a Bayesian framework, we weight by the proportion of graminoids inferred from  $\delta^{13}\text{C}_{\text{wax}}$  in a sample, thereby accounting for the variable fractionation between graminoids and eudicots. We then use this new weighted  $\varepsilon$  to infer  $\delta D_p$  from  $\delta D_{\text{wax}}$  (see method and Figure S2 in Supporting Information S1).

This approach has been widely applied to infer  $\delta D_p$  from leaf wax  $\delta D$  in Africa (e.g., Garellick et al., 2021; Lupien et al., 2022; Tierney et al., 2017). We also used an alternate approach, using pollen data from ODP 1081 (Hoetzel et al., 2013) to infer the proportion of graminoids on the landscape, similar to the approach in Feakins (2013). A Student's *t*-test showed that these methods do not yield significantly different results ( $p > 0.05$ ), since both  $\delta^{13}\text{C}_{\text{wax}}$  data and pollen records imply very modest changes in the percentage of graminoids between 4 Ma and the present (Dupont et al., 2005). Because our  $\delta^{13}\text{C}_{\text{wax}}$  record is higher resolution, we use  $\delta^{13}\text{C}_{\text{wax}}$  measurements to correct the  $\delta D$  record (Figure S2 in Supporting Information S1). For brevity, subsequent uses of “ $\delta D_p$ ” refers to C<sub>31</sub> alkane-inferred values of  $\delta D$  of precipitation.

## 2.3. Model Data

We analyze pre-industrial and Pliocene climate simulations of the isotope-enabled Community Atmosphere Model version 5 (iCAMS) (Nusbaumer et al., 2017). The preindustrial control simulation features fixed SSTs and sea ice derived from the 1970–1980 climatological average (Hurrell et al., 2008). Simulated preindustrial  $\delta D_p$  patterns agree with the modern SWA isoscape (Kaseke et al., 2016; Knapp et al., 2022b). The second is an early (5–4 Ma) “Pliocene-like” simulation, with SSTs and sea ice fields taken from an idealized experiment

with perturbed cloud albedo (Burls & Fedorov, 2014). All other boundary conditions, including paleogeography, are set to modern values, allowing us to isolate the influence of SST patterns on regional hydroclimate (Knapp et al., 2022b).

### 3. Results and Discussion

#### 3.1. Late Cenozoic Southwest African Hydroclimate and Vegetation

The leaf wax carbon and hydrogen isotopic data from ODP 1081 extends from 5 Ma to present and complements previously published Cenozoic southern African climate records (Figure S3 in Supporting Information S1). Our leaf wax  $\delta^{13}\text{C}_{\text{wax}}$  record overlaps in range with the lower resolution Mio-Pliocene record presented in Hoetzel et al. (2013), and confirms a long-term shift toward more enriched values of  $\delta^{13}\text{C}_{\text{wax}}$  over the late Cenozoic.  $\delta^{13}\text{C}_{\text{wax}}$  values of the  $\text{C}_{31}$  alkanes ranged from  $-27.5$  to  $-22.5\text{\textperthousand}$  VPDB, with increasing values from  $\sim 3.5$  to  $1.8$  Ma. From  $\sim 1.8$  Ma to present,  $\delta^{13}\text{C}_{\text{wax}}$  values remain around  $-22.5\text{\textperthousand}$  VPDB. This appears at odds with pollen records indicating a decline in grass abundance after 4.5 Ma. However, Dupont et al. (2013) and Hoetzel et al. (2013) suggest that a higher  $\text{C}_4$  contribution may derive from plant waxes from desert taxa that use  $\text{C}_4$  or CAM metabolism but are underrepresented in the pollen record. However, our pollen-based and carbon isotope-based vegetation corrections do not yield statistically significantly different results for  $\delta\text{D}_p$ .

The leaf wax-inferred  $\delta\text{D}_p$  record shows a long term depletion trend, with more positive values in the Pliocene (Figure 1b). However, the record is also more variable in this interval than in the late Pleistocene, with values ranging from approximately  $-5$  to  $-60\text{\textperthousand}$  VSMOW during the early to mid-Pliocene ( $\sim 5$ – $3.3$  Ma). We do not anticipate that these trends are the result of glacial/interglacial variability, since global and local records point to a more muted glacial-interglacial variability in the Pliocene compared to the Pleistocene (Dupont et al., 2013; Etourneau et al., 2009; Lisiecki & Raymo, 2005). In addition, the long-term depletion trend in deuterium is superimposed on large, sub-million year fluctuations in  $\delta\text{D}_p$  (Figure 1b). Between  $3.5$  and  $2.9$  Ma, values of  $\delta\text{D}_p$  decrease to roughly  $-40\text{\textperthousand}$ , before increasing to more enriched values between  $2.9$  and  $2.7$  Ma. A similar reversal to more depleted values occurs around  $1$  Ma, with lowest values of  $-60\text{\textperthousand}$  VSMOW.  $\delta\text{D}_p$  inferred from a nearby coretop, which yields a median value of  $-16.32 \pm 8.5\text{\textperthousand}$  VSMOW, is consistent with modern precipitation isotopes (Kaseke et al., 2016).

In the modern climatology,  $\delta\text{D}_p$  is enriched in coastal Namibia relative to the interior of the continent, as a result of sub-cloud evaporation processes in an extremely arid environment (Kaseke et al., 2016). Water vapor  $\delta\text{D}$  exhibits a progressive depletion moving from east to west, reflecting the progressive rainout of Indian Ocean moisture (Figure S1 in Supporting Information S1). At first glance, a more enriched mid-Pliocene  $\delta\text{D}_p$  could reflect an intensification of sub-cloud evaporative processes as a result of enhanced Pliocene aridity. In addition, the traditional “amount effect” would suggest that a Pliocene enriched hydrogen isotopic signature indicates drier conditions. However, these interpretations are at odds with palynological and carbon isotope evidence that points to higher coverage of mesic taxa in the Pliocene, implying greater Pliocene moisture availability (Dupont, 2006; Dupont et al., 2005, 2013; Hoetzel et al., 2013, 2015).

Instead, the synergy between our  $\delta\text{D}_p$  records and Pliocene climate simulations imply that a more enriched Pliocene  $\delta\text{D}_p$  signature reflects changes in moisture source, as well as an increased proportion of convective rainfall. Specifically, a more positive hydrogen isotopic signature of  $\delta\text{D}_p$  may reflect a greater proportion of vapor from the tropical Atlantic (Figures 3c and 3d). An increased contribution to rainfall from local evaporation from a warmer southeastern Atlantic would result in a more enriched signature compared to vapor from the Indian Ocean that has undergone significant distillation during cross-continental transport. A higher proportion of deep convective rainfall, supplied by local and tropical Atlantic moisture sources, would also have a more enriched isotopic signature compared to more stratiform precipitation sources (Aggarwal et al., 2016; Maupin et al., 2021).

A shift in vapor source is consistent with isotope-enabled regional model simulations that show that a shift to Atlantic-sourced vapor drives increases in  $\delta\text{D}_p$  in SWA (Arnault et al., 2022). It also builds upon the interpretation of Dupont et al. (2013), who suggest that a progressive shift to more Indian Ocean sourced moisture occurred between  $7$  and  $4.5$  Ma, resulting in progressive depletion of SWA  $\delta\text{D}_p$ . Our record therefore suggests a Plio-Pleistocene shift toward an Indian Ocean vapor source, super-imposed with large sub-million year fluctuations. If this interpretation is correct, we would expect to see a strong correlation between our leaf wax inferred  $\delta\text{D}_p$  record and BUS and the Indian Ocean SSTs.

### 3.2. Empirical Mode Decomposition and Regional SST Controls on Hydroclimate

The long-term depletion trend of  $\delta D_p$  values seems to agree with the long-term aridification inferred from paleobotanical evidence, and aligns well with the long-term cooling seen in the BUS. However, the sub-million year fluctuations in  $\delta D_p$  imply a more complex dynamic may be at work over intervals greater than orbital-scale processes. To more clearly elucidate different timescales of variability in our record, we employed an empirical mode decomposition (EMD). EMD utilizes a sift algorithm to isolate the fastest (higher frequency) dynamics in a time-series by iteratively sifting out slower (lower frequency) dynamics; the algorithm continues to sift out lower frequency signals until a non-oscillatory signal remains (Quinn et al., 2021). The relative magnitude of each isolated signal, or intrinsic mode function (IMF), is calculated as part of this process (Huang et al., 1998; Quinn et al., 2021; Wu & Huang, 2004). The sum of all decomposed modes yields the original signal (Quinn et al., 2021) (see Supporting Information S1 Text).

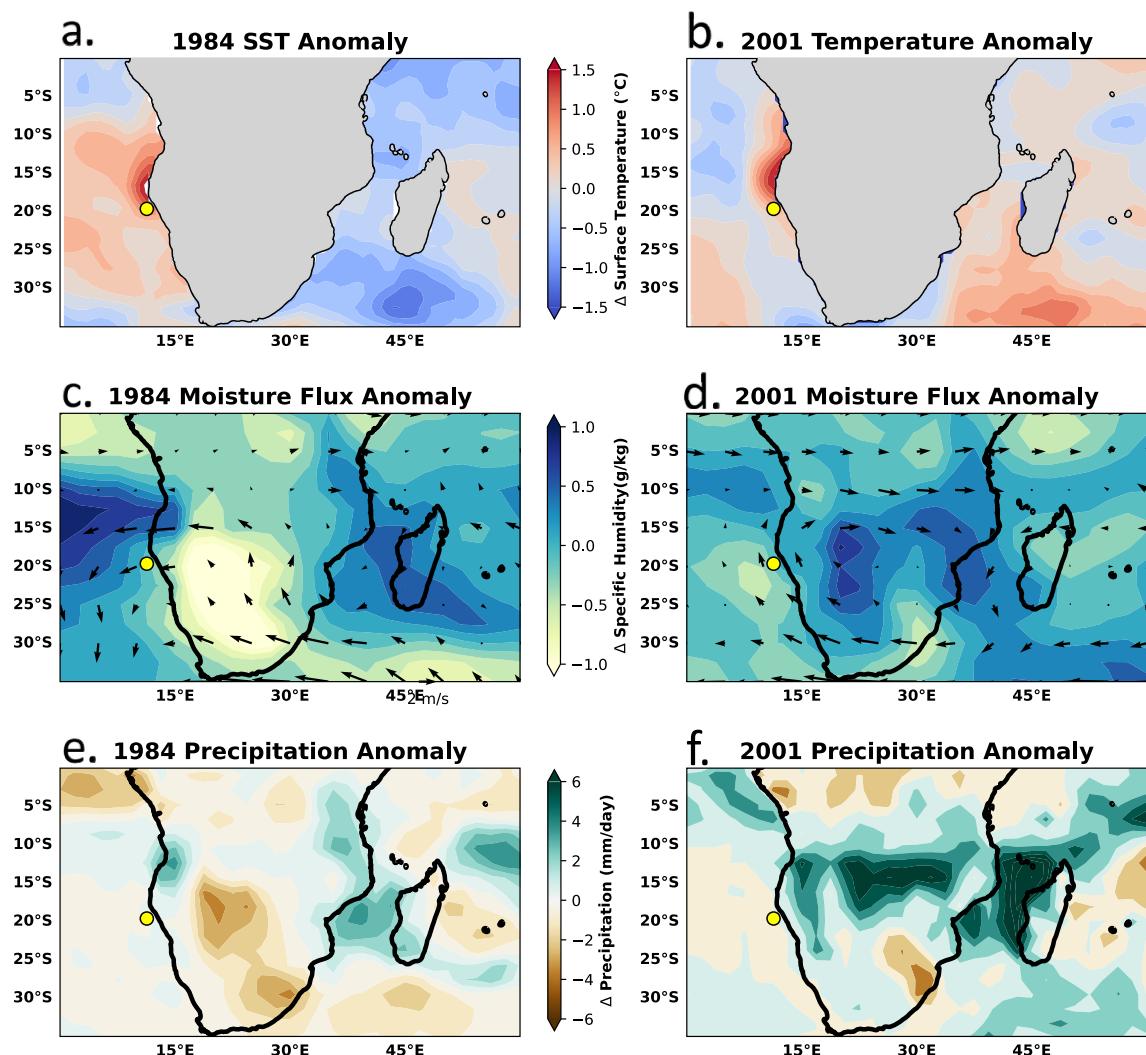
Our sampling interval does not permit the clear resolution of Milankovich-scale periodicities - a Lomb-Scargle power spectrum analysis does not indicate significant orbital variability at the current resolution (Figure S4 in Supporting Information S1) (Astropy Collaboration et al., 2022); we thus sum IMFs 1 and 2 for display (Figure 1c). These modes capture higher frequency variations in our record (Figure S5 in Supporting Information S1). Higher-resolution records are needed to probe orbital-scale hydroclimate variations, as have been done in other settings (Kuechler et al., 2018).

Our record most clearly resolves sub-million year timescales. The sum of IMFs 3 and 4 (Figure 1d) reflects sub-million year fluctuations, and captures decreases  $\delta D_p$  between 3.5 and 2.9 Ma and at 1 Ma. IMF 5 (Figure 1e) captures a long-term trend toward values more depleted in deuterium. The magnitude of IMFs 3 and 4 is on the order of 15‰ and is similar to the 20‰ depletion trend captured by IMF 5, implying that sub-million year variability drives a similar magnitude of change in  $\delta D_p$  as the long-term trend related to aridification.

Contrasting these IMFs with SST proxies provide clues about the drivers of Plio-Pleistocene hydroclimate change in SWA. The long-term depletion trend captured by IMF 5 has a statistically significant positive correlation with BUS SSTs over the entire record (Figures 1h and 1j). This is consistent with previous interpretations that BUS cooling drove a decrease in convective activity and a shift to more Indian Ocean-sourced vapor, both of which would result in progressive depletion of  $\delta D_p$  (Dupont et al., 2013; Hoetzel et al., 2013). However, a new feature of our record is the presence of strong sub-million year scale variations, which our EMD analysis indicates are of a similar magnitude to the long-term drying trend. Notably, IMF3 + 4 exhibits non-stationary correlations with Indian Ocean SSTs. These modes are significantly positively correlated with the TEX<sub>86</sub><sup>0</sup>-based SST record from IODP U1478 between 4 and 3.5 Ma, prior to an interval between 3.5 and 2.9 Ma when we observe depleted  $\delta D_p$  values at 1081 and cooler SSTs at U1478 (Figures 1f and 1i) (Taylor et al., 2021). In addition, IMF3 + 4 exhibits a statistically significant positive correlation with an alkenone-based SST record from ODP 1087, especially between 1.5 and 1 Ma (Petrick et al., 2015), a cooling interval in this record. This site is influenced by Atlantic and Indian Ocean processes via the Agulhas leakage (Figures 1g and 1i). IMF3 + 4 therefore indicates that during certain intervals,  $\delta D_p$  at 1081 is influenced by Indian Ocean SSTs. This suggests the possibility that SST gradients between the Indian and South Atlantic Ocean could drive sub-million year variations in regional hydroclimate.

### 3.3. Modern Impact of BUS and Indian Ocean SST on Local Hydroclimate

While our correlation analysis is intriguing, further evidence is needed to reveal the dynamical mechanisms by which BUS and Indian Ocean temperatures drive hydroclimate changes over Namibia. We first analyze the observational record. In the mean summertime climatology, easterly moisture flux transports water vapor from the Indian Ocean over the continent. This moisture rains out and becomes deuterium-depleted over the southwestern part of the continent. When these winds reach the Namib Desert and Angolan coast, vapor is limited, and dry berg-type winds contribute to coastal aridity (Tyson & Seely, 1980). This arid hydroclimate state is reversed during Benguela warming events, or Benguela Ni $\circ$ os (Bacheler et al., 2020; Florenchie et al., 2003; Reason, Florenchie, et al., 2006; Rouault et al., 2003, 2007), which feature SST anomalies greater than those induced by anthropogenic warming. The Benguela Ni $\circ$ os are associated with extreme convective precipitation in Namibia and Angola (Florenchie et al., 2003; Rouault et al., 2003, 2007). The location and intensity of extreme precipitation during Benguela Ni $\circ$ os is modulated by Indian Ocean SSTs (Rouault et al., 2003). This is illustrated by comparing two Benguela Ni $\circ$ o events: the 1984 Benguela Ni $\circ$ o event is associated with positive

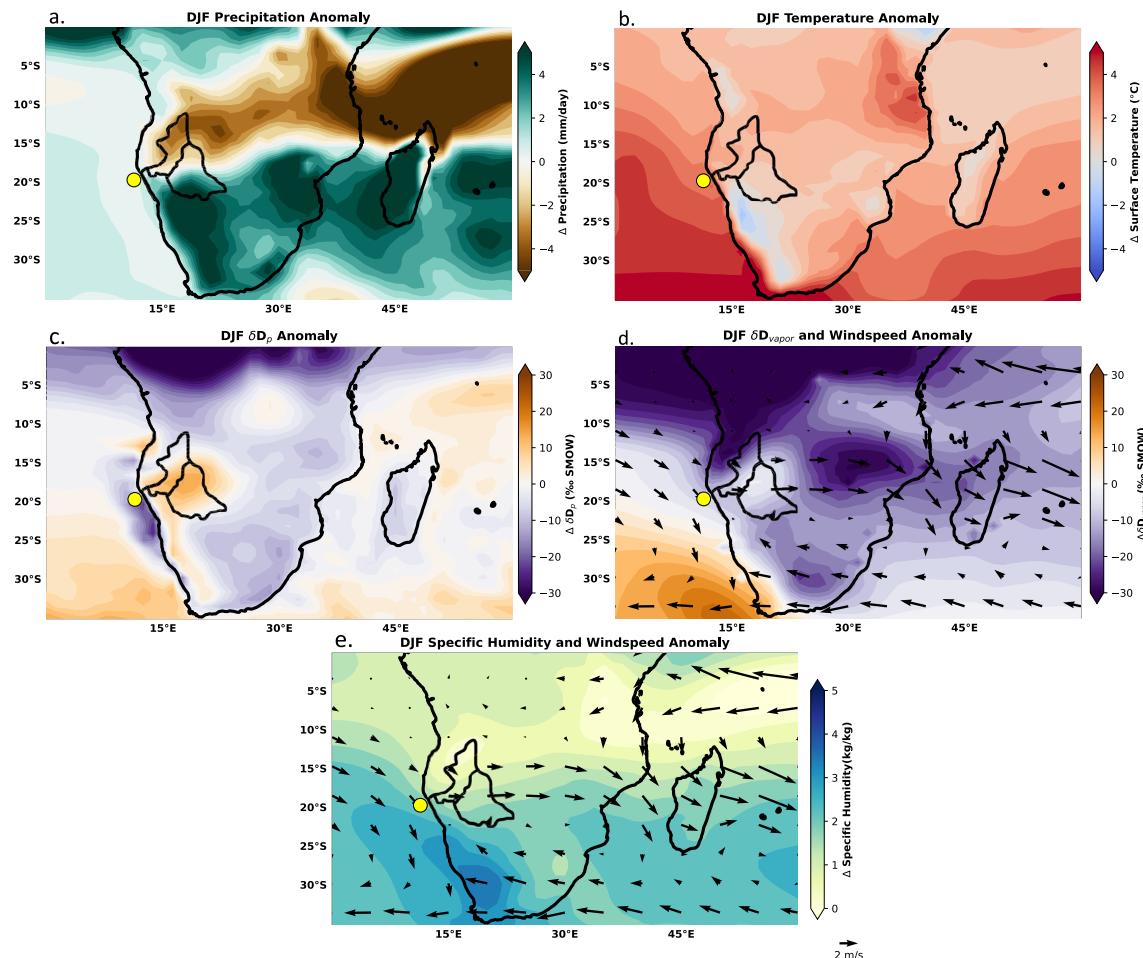


**Figure 2.** Top: Mean JFM sea surface temperature anomalies for the 1984 (a) and 2001 (b) Benguela Niño events, taken from NCEP-NCAR reanalysis data. Middle: Mean JFM integrated moisture from surface to 300 hPa flux anomalies for 1984 (c) and 2001 (d) events in kg/kg.m/s. Bottom: Mean JFM precipitation anomalies for 1984 (e) and 2001 (f) in mm/day. The yellow circles mark the location of ODP 1081.

temperature anomalies of 1.0–1.5° in the BUS, but negative temperature anomalies (−1 to −1.5°) in the Indian Ocean (Figure 2). In contrast, the 2001 Benguela Niño is associated with a similar magnitude of BUS warming, but positive temperature anomalies (0.25–0.8°) in the Indian Ocean. The contrasting patterns of low level winds, moisture flux, and precipitation highlight the modulating effect of Indian Ocean SSTs.

The 1984 Benguela Niño features a negative SST over the Indian Ocean (Figure 2) and an enhanced Botswana high pressure system (Rouault et al., 2003). This limited moisture availability and resulted in only a localized increase in precipitation over Namibia at 10°S (Hansingo & Reason, 2009; Rouault et al., 2003). In contrast, the 2001 Benguela Niño, which co-occurred with anomalously warm Indian Ocean SSTs, features a weaker Botswana high pressure system, enhanced moisture convergence, and larger precipitation increases over the continent (Rouault et al., 2003). These results cohere with idealized experiments by Hansingo and Reason (2009), which tested the sensitivity of the regional atmosphere to the location of Benguela and Indian Ocean SST anomalies. SST anomalies in the southwest Indian Ocean were shown to augment or oppose Benguela Niño impacts, though an Indian Ocean SST anomaly is not required for Benguela Niños to produce anomalous rainfall (Hansingo & Reason, 2009).

Drawing on this observational analog, we suggest that the Plio-Pleistocene depletion trend in the ODP 1081  $\delta D_p$  record reflects changes in hydroclimate related to BUS temperatures. However, sub-million year scale intervals of shifts to more depleted values (e.g., between 3.5 and 2.9 Ma and between 1.5 and 1 Ma) may reflect intervals of



**Figure 3.** Pliocene anomalies (Pliocene - PI) simulated in iCAM5 for DJF. (a) Simulated precipitation anomalies. (b) Simulated surface temperature and proxy reconstructed sea surface temperature (SST) anomalies calculated from alkenone SST records from ODP 1081, 1082, and 1084. (c) Simulated  $\delta D_p$  and proxy reconstructed  $\delta D_p$  anomalies calculated from leaf wax records for ODP 1081 and 1085, and measurements of nearby coretop samples. (d) Simulated wind speed anomalies (arrows) and  $\delta D_{vapor}$  anomalies (vertically integrated to 500 hPa). From north to south, the black outlines in each panel show the Kunene and Cuvelai Basins. The yellow circles mark the location of ODP 1081.

cooler Indian Ocean SST. The interval from 3.5 to 2.9 Ma may have resembled the 1984 event, with cooler Indian Ocean SSTs contributing to muted precipitation anomalies and relatively depleted  $\delta D_p$  values. The similarity between modern Benguela Ni<sub>i</sub> os and mid-Pliocene conditions has been noted by Rosell-Melé et al. (2014), however the physical mechanisms driving this pattern in the Pliocene have not yet been explored through the lens of climate models. It is possible that BUS and Indian Ocean SSTs interact in complex ways to modulate hydroclimate over Namibia, and fully evaluating this hypothesis would benefit from more Plio-Pleistocene records of southwestern Indian Ocean SSTs.

### 3.4. Southwest African Hydroclimate in iCAM5

When forced with Pliocene-like SSTs, iCAM5 produces a zonal shift in precipitation. A negative precipitation anomaly stretches across the continent and Indian Ocean along the  $\sim 10\text{--}20^\circ$  latitude band, with wetter conditions to the south. Modeled  $\delta D_p$  is depleted relative to the preindustrial over much of SWA (Figure 3c). However, a strip of land along the Namib coast, including the Cuvelai basin, has enriched precipitation, consistent with the signal observed in our proxy records. The spatial pattern of  $\delta D_{vapor}$  over land is similar to  $\delta D_p$  (Figure 3d). This zone of enriched precipitation could be explained by northwesterly wind anomalies off the coast of SWA that transport anomalously enriched vapor from the tropical Atlantic (Figures 3d and 3e), or may be related to localized changes in surface temperature (Figure 3b).

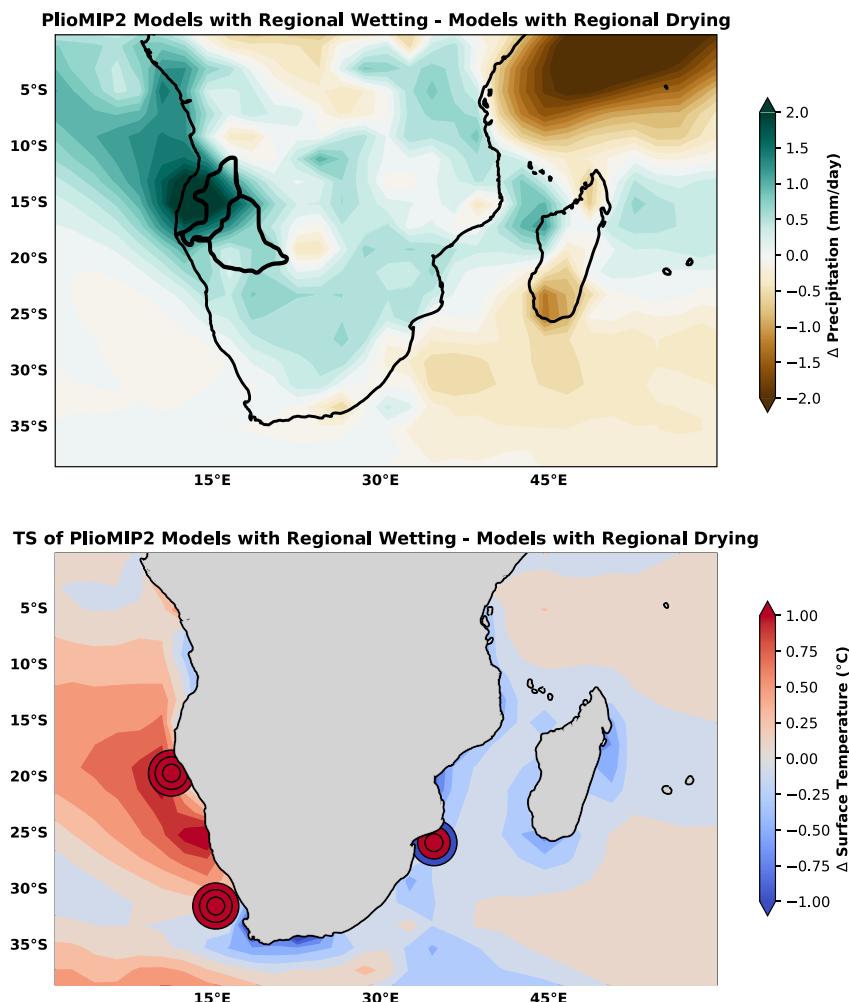
The hydroclimate changes produced by iCAM5 are broadly consistent with what we expect during a Benguela Ni<sub>i</sub> o event (e.g., 2001) featuring warming in both the BUS and southwest Indian Ocean. However, while during

the 2001 Benguela Niño positive precipitation anomalies occurred over the 15 to 20°S latitude band, the model simulation shows increased precipitation occurs south of 20°S. Additionally, where the 2001 event featured a weakened Botswana High, iCAM5 simulates a slightly enhanced Botswana High (Figure S6 in Supporting Information S1). The local zone of enriched vapor simulated over the Cuvelai basin is broadly consistent with the signal at ODP 1081. However, the simulated zonal band of drying at 10–20°S is inconsistent with available paleobotanical evidence (Dupont, 2006; Dupont et al., 2005).

### 3.5. Comparison to PlioMIP2

We next shift our focus to the PlioMIP2 ensemble, which features fully-coupled model simulations of the mid-Piacenzian warm period (MPWP), between 3.264 and 3.025 Ma. Over the BUS, PlioMIP2 models show widely varying SST changes; all but four models underestimate warming seen in the ODP 1081 SST record (Figure S7 in Supporting Information S1).

Nine of 13 PlioMIP2 models simulate a drier MPWP, at odds with our interpretation of the  $\delta D_p$  record at ODP 1081. Only four models (CESM 1.2, NorESM, IPSL-CM6, and EC-Earth 3.3) simulate a precipitation response over the ODP 1081 source area that is consistent with more mesic conditions inferred from our record and previous paleobotanical proxy data from SWA (Dupont et al., 2005). Figure 4 contrasts the average DJF precipitation



**Figure 4.** (a) DJF mean precipitation anomalies between PlioMIP2 models with positive mid-Pliocene - PI precipitation anomalies (i.e., wetting) over the ODP 1081 source area and models with negative mid-Pliocene - PI precipitation anomalies (i.e., drying) over the ODP 1081 source area. (b) Surface temperature (TS) anomalies for these same models. Sea surface temperature anomalies were calculated from proxy records and modern observations for ODP 1081, 1087 and IODP U1478. Layered circles show the 5% (outer ring), 50% (median, middle ring), and 95% confidence intervals (inner circle).

and surface temperature response of the four wet models with the average of all PlioMIP2 models, highlighting the increased precipitation over the ODP 1081 source area. Compared to the full model ensemble, CESM 1.2, NorESM, IPSL-CM6, and EC-Earth 3.3 simulate warmer SSTs in the BUS and cooler SSTs in the western Indian Ocean than the models that show drying in the ODP 1081 source region. This suggests that the temperature gradient between the BUS and western Indian Ocean determines the location and strength of the precipitation anomaly, and is an important source of intermodel disagreement. Prior analyses by Brierley et al. (2009) and Corvec and Fletcher (2017) similarly argue that warmer subtropical SSTs, especially in coastal upwelling systems, result in wetter conditions. Further interrogation of dynamical and thermodynamic components of PlioMIP2 can shed light on whether a Benguela Ni<sub>o</sub>-like mechanism is at work in those models.

#### 4. Conclusions

A new Plio-Pleistocene  $\delta D_p$  record from ODP 1081 shows a strong relationship with long-term cooling in the BUS, but with low frequency variability that most likely reflects hydroclimate modulation by Indian Ocean temperatures. The scarcity of Pliocene Indian Ocean SST records limits our ability to investigate this driver from a proxy perspective, and higher-resolution studies are needed to analyze orbital-scale variability.

Nevertheless, using observational data, we identified a mechanism by which Indian Ocean SSTs modulate the strength of convection over southern Africa, similar to what occurs during Benguela Ni<sub>o</sub>s in the present day. Our results agree with previous work demonstrating that warming of upwelling zones drove reorganizations of subtropical hydroclimate (Bhattacharya et al., 2022; Brierley et al., 2009; Corvec & Fletcher, 2017). When forced with Pliocene SSTs, iCAM5 produces a local isotopic enrichment over the Cuvelai basin, but simulates drying over the ODP 1081 leaf wax source area. This may be related to large-scale SST gradient changes in the model, and can be explored with further idealized simulations. This comparison highlights the utility of paleohydrological proxies for benchmarking model performance.

Finally, our results offer insights into PlioMIP2 model performance. Only four of 13 models simulated the correct sign of precipitation change, as implied by proxy evidence. Model analysis shows that three models performed better than the ensemble mean by capturing a reduced zonal temperature gradient between the Indian and South Atlantic oceans. While other factors like insolation and direct CO<sub>2</sub> effects may influence hydroclimate, this multi-model analysis shows that accurately capturing regional SST patterns appears to be key to simulating past hydrological variability. Understanding why certain models produce differing Atlantic-Indian ocean SST patterns could reveal the model configurations that will produce reliable predictions of future regional hydroclimate change in southwestern Africa.

#### Conflict of Interest

T. Bhattacharya is an associate editor for Geophysical Research Letters, but was recused from the review process to avoid conflict of interest. The authors declare no other conflicts of interest.

#### Data Availability Statement

Newly generated data sets from ODP 1081 are available on the NOAA/NCEI Paleoclimatology Database (<https://www.nci.noaa.gov/access/paleo-search/study/37258>) (Rubbelke et al., 2023). Model simulations used in this paper are previously published in Knapp et al. (2022b) and available at <https://doi.org/10.5281/zenodo.6953979> (Knapp et al., 2022a). The PlioMIP2 simulations analyzed in this study that are part of the Climate Model Inter-comparison Project 6 have been deposited to the Earth System Grid Federation. Processed precipitation and surface temperature data is part of Feng et al. (2022a), and can be accessed at: <https://doi.org/10.5281/zenodo.5706370>.

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