

# Dynamic Continuum of Nanoscale Peptide Assemblies Facilitates Endocytosis and Endosomal Escape

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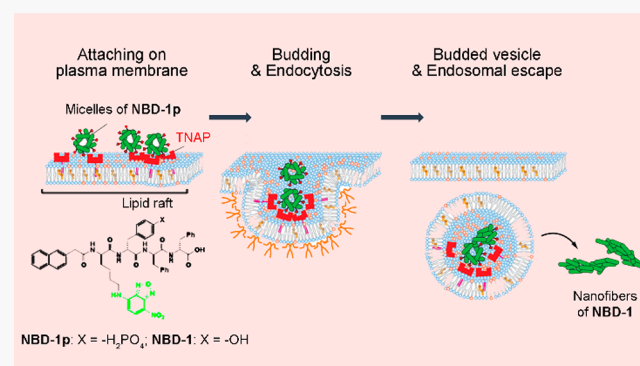
Supporting Information

**ABSTRACT:** Alkaline phosphatase (ALP) enables intracellular targeting by peptide assemblies, but how the ALP substrates enter cells remains elusive. Here we show that nanoscale phosphopeptide assemblies cluster ALP to enable caveolae-mediated endocytosis (CME) and endosomal escape. Specifically, fluorescent phosphopeptides undergo enzyme-catalyzed self-assembly to form nanofibers. Live cell imaging unveils that phosphopeptides nanoparticles, coincubated with HEK293 cells overexpressing red fluorescent protein-tagged tissue-nonspecific ALP (TNAP-RFP), cluster TNAP-RFP in lipid rafts to enable CME. Further dephosphorylation of the phosphopeptides produces peptidic nanofibers for endosomal escape. Inhibiting TNAP, cleaving the membrane anchored TNAP, or disrupting lipid rafts abolishes the endocytosis. Decreasing the transformation to nanofibers prevents the endosomal escape. As the first study establishing a dynamic continuum of nanoscale assemblies for cellular uptake, this work illustrates an effective design for enzyme-responsive supramolecular therapeutics and provides mechanism insights for understanding the dynamics of cellular uptake of proteins or exogenous peptide aggregates.

**KEYWORDS:** Self-Assembly, Endocytosis, Endosomal Escape, Tissue-Nonspecific Alkaline Phosphatase

## INTRODUCTION

Because many drug targets identified by molecular cell biology are inside cells, considerable efforts have focused on engineering molecules for intracellular delivery of various cargo.<sup>1–3</sup> Besides the use of cationic molecules for enhancing cellular uptake of therapeutics,<sup>4–6</sup> one of the most explored approaches for intracellular delivery is to engineer molecules to be responsive to chemical or physical stimuli, such as redox,<sup>7–10</sup> pH,<sup>11–13</sup> enzymes,<sup>14–23</sup> or light.<sup>24,25</sup> Among the enzymatic approach, alkaline phosphatase (ALP)-instructed self-assembly of peptides is particularly effective to facilitate the cellular uptake of the peptide assemblies.<sup>14–18,26–28</sup> However, the mechanism of this phenomenon is largely unknown. Coincidentally, viruses also use a responsive motif for cell entry. For example, the life cycle of a virus (e.g., SARS-CoV-2)<sup>29</sup> begins at the attachment to the plasma membrane of the host cells<sup>30</sup> to clustering plasma membrane-bound receptors, followed by viral proteolytic priming (VPP)<sup>31,32</sup> for endocytosis and endosomal escape. Prompted by the mechanism of viral cell entry, we hypothesize that the assemblies of phosphopeptides, as the substrate of ALP, act as a dynamic continuum<sup>33</sup> to cluster the ALP to facilitate endocytosis and to undergo an enzymatic morphological transition that enables the endosomal escape (Scheme 1). This hypothesis is also based on several additional rationales: (i)



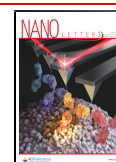
ALP is a GPI-anchor protein, and its clustering enables caveolae-mediated endocytosis;<sup>30</sup> (ii) ALP, locating in lipid rafts, plays a key role in the cellular uptake of aberrant protein aggregates; and (iii) ALP-catalyzed dephosphorylation enables morphological transition (e.g., nanoparticles to nanofibers) and generates artificial intracellular filaments.<sup>17</sup>

To prove our hypothesis, we synthesize a phosphopeptide, which, above its critical micelle concentration (CMC), self-assembles to form nanoparticles, which transform into nanofibers upon the dephosphorylation catalyzed by ALP. The phosphopeptide molecules initially aggregate on the plasma membrane to cluster tissue-nonspecific alkaline phosphatase (TNAP) in lipid rafts of HEK293 cells that overexpress TNAP, then enable caveolae-mediated endocytosis (CME). The assemblies of the phosphopeptides gradually change their morphology from nanoparticles to nanofibers depending on the extent of dephosphorylation. Abolishing the interaction between the TNAP and the phosphopeptides

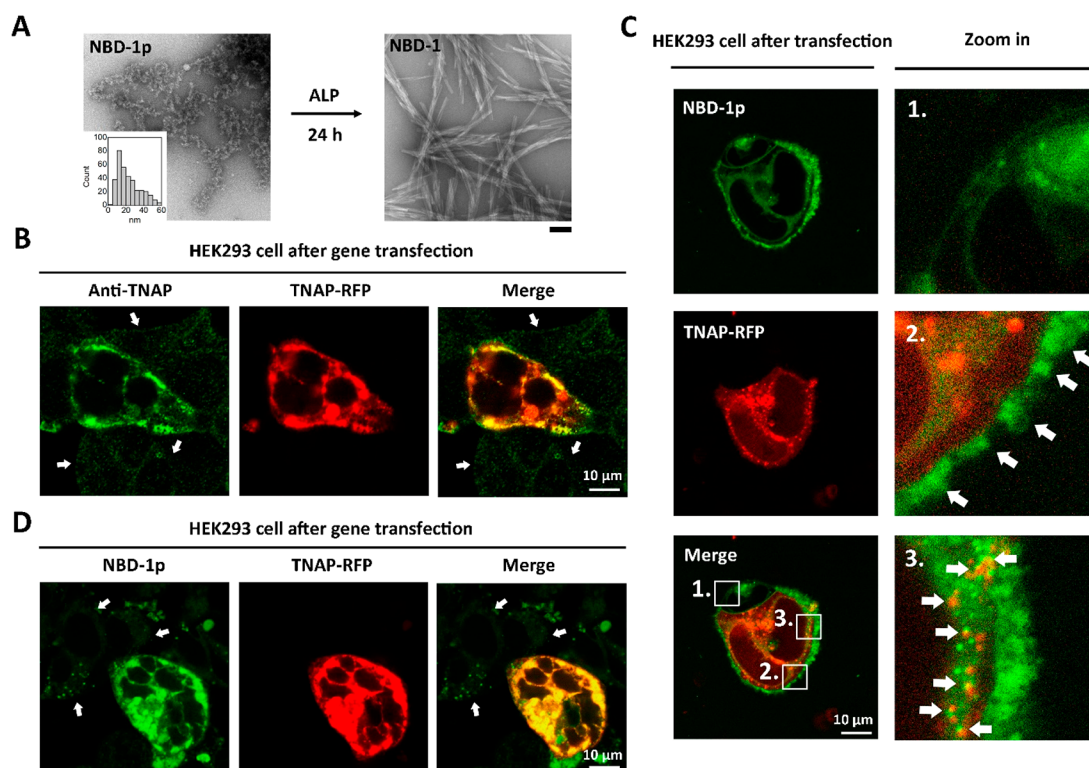
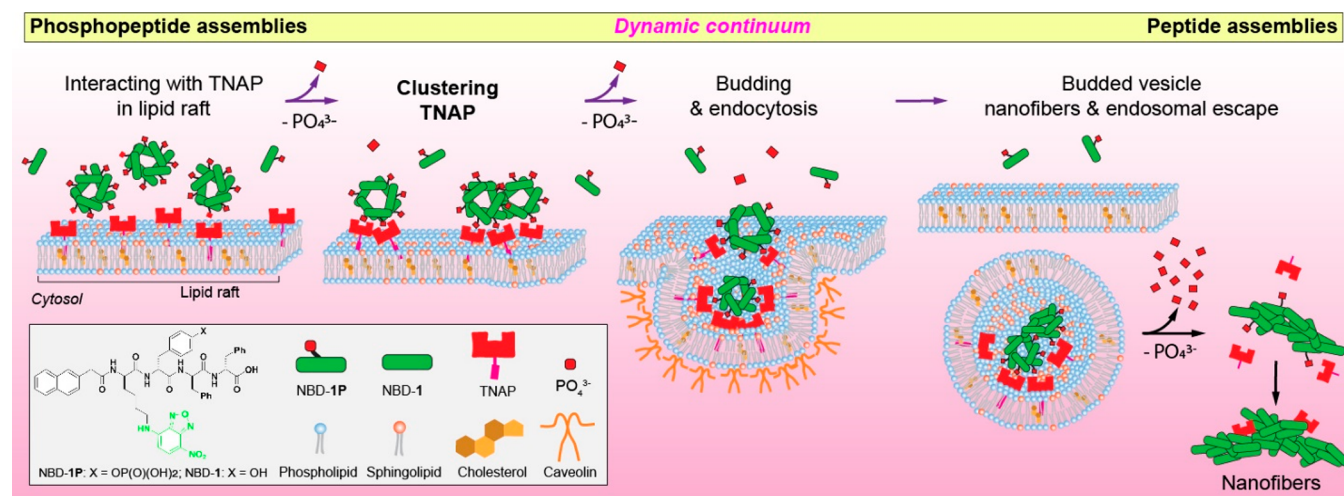
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## Scheme 1. Illustration of a Dynamic Continuum of Peptide Assemblies for Endocytosis and Endosomal Escape



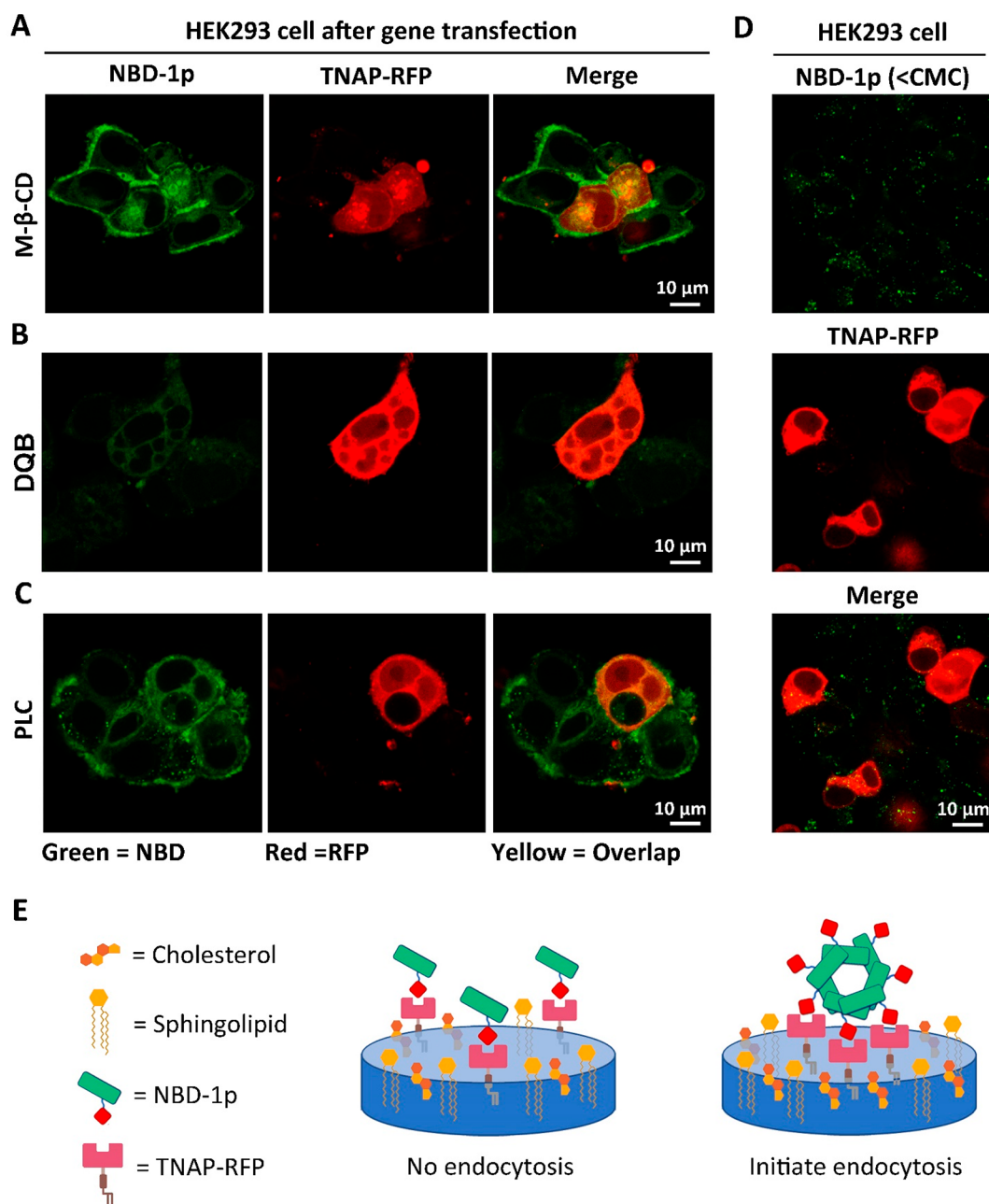
**Figure 1.** Upregulation of TNAP promotes the endocytosis of phosphopeptide assemblies. (A) TEM images of NBD-1p (200  $\mu$ M) before and after the addition of ALP (0.1 U/mL, 37  $^{\circ}$ C) for 24 h. The inset is the diameter distribution of the nanoparticles formed by NBD-1p. Scale bar = 100 nm. (B) Immunofluorescence staining of TNAP in the transfected HEK293 cell. The nontransfected cells (pointed by arrows) show little TNAP. (C) Confocal fluorescence images of HEK293\_TNAP-RFP cells coincubated with NBD-1p (200  $\mu$ M, 5 min, no washing). To visualize NBD-1p at an early stage, the laser power here is 5 times stronger than that used in panel D. (D) Confocal fluorescence imaging of TNAP-RFP transfected HEK293 cells treated by NBD-1p (200  $\mu$ M, 12 h, washed). The nontransfected cells (indicated by arrows) show little intracellular NBD fluorescence.

significantly decreases the endocytosis. The TNAP, which remained in the endosome, catalyzes the further dephosphorylation of the phosphopeptides, generating peptide nanofibers to facilitate endosomal escape. As the first study that illustrates the intracellular peptide assemblies resulted from dynamic peptide assemblies rather than from a monomeric peptide or static assemblies, this work not only provides insights for understanding the cellular uptakes of proteins or exogenous peptide aggregates but also offers the guidance for designing

enzyme-responsive supramolecular assemblies as intracellular targeting therapeutics.<sup>34</sup>

## RESULTS AND DISCUSSION

Scheme 1 shows the structure of the fluorescent phosphopeptide (NBD-1p). For studying the cellular uptake of the phosphopeptides, a nitrobenzoxadiazole (NBD), as the fluorophore, conjugates to the side chain of the D-lysine in a naphthyl capped D-phosphotetrapeptide (D-Lys-D-pTyr-D-Phe-



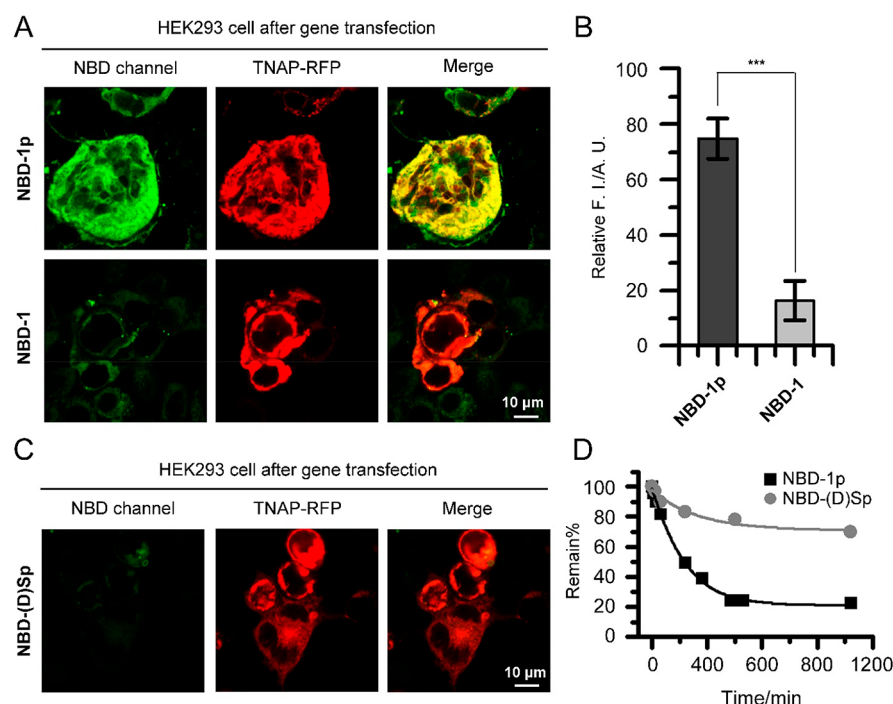
**Figure 2.** NBD-1p nanoparticles associate with the TNAP in lipid rafts followed by CME. (A–C) Confocal fluorescence images of HEK293\_TNAP-RFP cells incubated with NBD-1p (200  $\mu$ M, 12 h) after the pretreatment of (A) caveolin-dependent endocytosis inhibitors (M- $\beta$ -CD), (B) a TNAP inhibitor (DQB), and (C) phospholipase C which removes the GPI-anchored TNAP on plasma membrane. (D) Confocal fluorescence images of HEK293\_TNAP-RFP cells incubated with NBD-1p (50  $\mu$ M, 12 h) below CMC. (E) Illustration of that the assemblies of phosphopeptide rather than individual molecules initiate CME.

D-Phe). Using an Fmoc-based solid-phase peptide synthesis, we first produced this naphthyl capped D-phosphopeptide and then conjugated it to NBD. Then, the purification by high performance liquid chromatography (HPLC) produces the designed NBD-1p. Transmission electron microscopy (TEM) reveals that NBD-1p monomers primarily self-assemble into nanoparticles ( $22.4 \pm 7.2$  nm in diameter, Figure 1A) at 200  $\mu$ M (PBS, pH = 7.4), which is above its critical micelle concentration (CMC, 159  $\mu$ M, Figure S1). Upon the addition of ALP for catalytically dephosphorylating NBD-1p, the nanoparticles formed by NBD-1p transform into short nanofibers ( $21.9 \pm 3.7$  nm in diameter and about 300–1000 nm in length) made of NBD-1 (Figure 1A and Scheme S1).

This result confirms that NBD-1p undergoes enzyme-instructed self-assembly.<sup>35</sup>

We choose HEK293 cells for testing our hypothesis because of their constitutively low expression of ALP, reliable growth, and propensity for transfection.<sup>36</sup> Treating HEK293 cells with the polyethylenimine (PEI)<sup>37</sup> carrying the DNA plasmid encoding red fluorescent protein-tagged TNAP (TNAP-RFP), we generate a cell population consists of the HEK293 cells that overexpress TNAP-RFP (Figure 1B, the transfected cells are denoted as HEK293\_TNAP-RFP) and the HEK293 cells without gene transfection (Figure 1B, indicated by arrows). To observe the fluorescence of NBD-1p at the early stage of endocytosis, we used high laser strength for imaging. Co-





**Figure 3.** Phosphotyrosine is critical for rapid cellular uptake. (A) Confocal fluorescence images of HEK293\_TNAP-RFP cells incubated with NBD-1p or NBD-1 (200 μM, 12 h, washed), respectively. (B) ImageJ analysis of intracellular fluorescence intensity of HEK293\_TNAP-RFP cells in panel A. Data is presented as mean ± standard deviation, \*\*\* means  $p < 0.001$ . (C) Confocal fluorescence images of HEK293\_TNAP-RFP cells incubated with NBD-(D)Sp (400 μM, 12 h, washed). (D) Dephosphorylation rate of NBD-1p and NBD-(D)Sp by ALP (0.1 U/mL, 37 °C).

incubating NBD-1p (above CMC) with the HEK293 cells, after the transfection, reveals that, initially (5 min), NBD-1p mainly accumulates on the plasma membrane of HEK293\_TNAP-RFP cells in a discrete pattern (Figure 1C, region 2, indicated by arrows), although the phosphopeptides barely interact with the plasma membrane of the nontransfected control (Figure 1C, region 1). The cell selective aggregation of NBD-1p on the plasma membrane of HEK293\_TNAP-RFP cells indicates that the nanoparticles formed by NBD-1p associate with the plasma membrane-bound TNAP<sup>38,39</sup> for dephosphorylation. The interaction between TNAP and the nanoparticles (made of mainly NBD-1p and small amount of NBD-1) spatially induces the clustering of TNAP on the plasma membrane (Scheme 1). Monomers of NBD-1p, being dephosphorylated rapidly, would likely interact with TNAP only briefly. Moreover, we observed not only the formation of more endocytic vesicles in HEK293\_TNAP-RFP cells than in the nontransfected control (Figure 1C, regions 1 and 3), but also some vesicles containing TNAP-RFP and NBD-1p in HEK293\_TNAP-RFP cells (Figure 1C, region 3, and Movie S1). These results suggest that the TNAP-participating endocytosis of NBD-1p nanoparticles is enhanced in HEK293\_TNAP-RFP cells. While some NBD fluorescence exists in some nontransfected HEK293 cells and the endosomal vesicles lacking TNAP in the transfected HEK293 cells, these NBD signals may originate from the cellular uptake of NBD-1p via other endocytosis pathways (e.g., macropinocytosis, a nonspecific endocytosis) and the enhanced intracellular NBD fluorescence or autofluorescence under high laser strength. Nonetheless, other endocytosis pathways, like macropinocytosis, are less likely act as the main path for the phosphopeptide assemblies (Figure S2). Additionally, NBD-1p can still enter the nontransfected HEK293 cells via CME, although inefficiently due to low TNAP expression. The

intracellular fluorescence from NBD increases significantly over time in the HEK293\_TNAP-RFP cells, while remaining mostly unchanged in the nontransfected HEK293 cells (Figure 1D, Figure S3, and Movie S2). Trypan blue hardly stains the HEK293\_TNAP-RFP cells with NBD-1p (Figure S4), confirming an intact cell membrane. Additionally, after the incubation with NBD-1p, the TNAP gene transfected HEK293 cells exhibit lower cell viability than that of the wild type (Figure S5). The cytotoxicity may originate from the formation of intracellular NBD-1 nanofibers after dephosphorylation. These results confirm that the overexpression of TNAP in the HEK293 cell promotes the cellular uptake of the assemblies of NBD-1p.

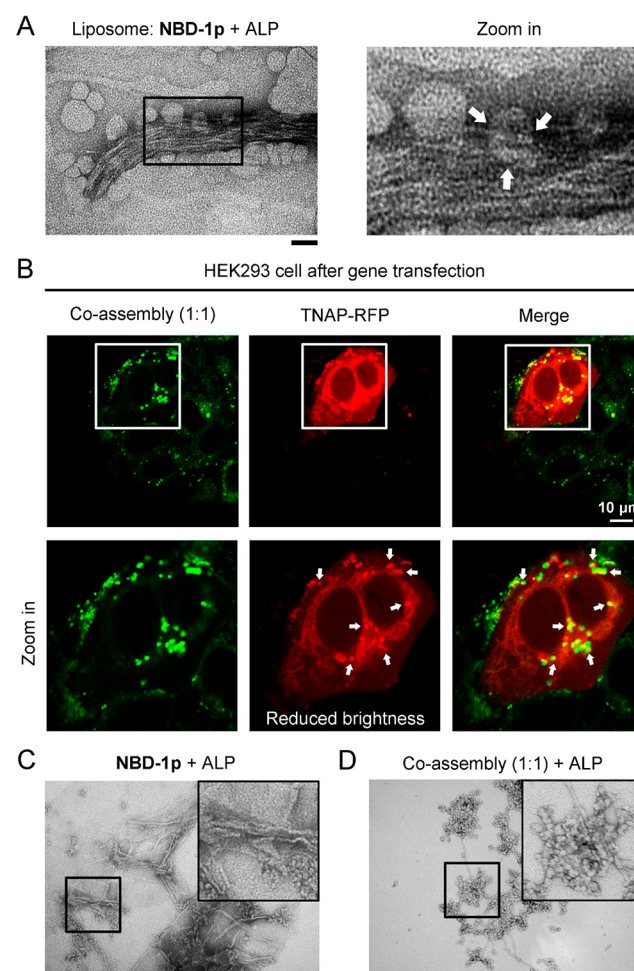
Further study on the endocytosis of NBD-1p nanoparticles shows that pretreating the HEK293 cells (after TNAP transfection) with methyl-β-cyclodextrin (M-β-CD), a CME inhibitor via dissipating lipid rafts on a plasma membrane,<sup>40,41</sup> at the cell compatible concentration (2.5 mM), drastically reduces the cellular uptake efficiency of NBD-1p (Figure 2A) compared to the control (Figure 1D). This result indicates that (i) M-β-CD decreases the CME efficiency at that working concentration, and (ii) CME contributes to the cell entry of NBD-1p which adheres on the plasma membrane of HEK293\_TNAP-RFP cells (Figure 1C, region 2). Since TNAP is enriched in the lipid rafts on the plasma membrane,<sup>42</sup> this result also suggests that the assemblies of NBD-1p on the plasma membrane (Figure 1C, region 2) associate with the TNAP in lipid rafts and then cluster the TNAP, which signals the endocytosis of NBD-1p through CME<sup>30</sup> (Scheme 1). The CME of NBD-1p nanoparticles triggered by TNAP aggregation agrees with the formation of endocytic vesicles containing TNAP-RFP and NBD-1p (Figure 1C, region 3). Using 2,5-dimethoxy-N-(quinolin-3-yl)-benzenesulfonamide (DQB), a noncompetitive inhibitor of TNAP with an allosteric

inhibition mechanism,<sup>43</sup> to inhibit the enzymatic reaction (i.e., TNAP catalyzing the dephosphorylation of **NBD-1p**) or the removal of plasma membrane-bound TNAP via phospholipase C (PLC) which cleaves the GPI anchors<sup>44</sup> that link TNAP to plasma membrane also substantially decreases the cellular uptake of **NBD-1p** into HEK293\_TNAP-RFP cells (Figure 2B,C). These results further support that the interaction between TNAP and the nanoparticles of **NBD-1p** is important for signaling CME. Below the CMC, the individual **NBD-1p** molecules neither aggregate on the plasma membrane of HEK293\_TNAP-RFP cells (Figure S6 and Movie S3) nor enter the cells efficiently (Figure 2D), although the monomeric phosphopeptides may still associate with the TNAP on the cell surface as the substrate of TNAP (Figure 2E). These results indicate that the clustering of TNAP in lipid rafts by the nanoparticles formed by the self-assembly of **NBD-1p** is essential for signaling the CME of the assemblies of **NBD-1p** (Figure 2E).

To further validate that the interactions between TNAP and the D-pTyr in the nanoparticles of **NBD-1p** initiate the CME, we incubated the HEK293\_TNAP-RFP cells with **NBD-1** (i.e., the dephosphorylated **NBD-1p**, Scheme S1). Clearly, the HEK293\_TNAP-RFP cells treated by **NBD-1** exhibit significantly less intracellular fluorescence intensity than those treated by **NBD-1p** (Figure 3A,B). This result suggests that the interaction between TNAP and D-pTyr plays a role in the CME of the **NBD-1p** assemblies. Replacing the D-pTyr by D-pSer, we generated a derivative of **NBD-1p**, named **NBD-(D)Sp**. The HEK293\_TNAP-RFP cells incubated with **NBD-(D)Sp** show drastically reduced cellular uptake of the phosphopeptide compared to the incubation with **NBD-1p** (Figure 3C). The dephosphorylation assay reveals that ALP dephosphorylates **NBD-1p** much faster than **NBD-(D)Sp** at the same concentration (Figure 3D), indicating that ALP exhibits a higher affinity for **NBD-1p** than **NBD-(D)Sp**. The results above suggest that the interaction between ALP and its substrate is necessary for the CME of the phosphopeptides. Moreover, a sequence-scrambled phosphopeptide derivative of **NBD-1p**, denoted as **NBD-2p** (with the sequence of D-Phe-D-Phe-D-Lys(*ε*-NBD)-D-pTyr, Scheme S1), also enters the HEK293\_TNAP-RFP cells more efficiently than the non-transfected HEK293 cells (Figure S7). This result indicates that the cellular uptake of the phosphopeptide assemblies containing D-pTyr depends more on the interactions between TNAP and the enzyme triggers than on the binding between receptors and specific peptide sequences.<sup>45–47</sup>

The dispersive fluorescence of **NBD-1p** in HEK293\_TNAP-RFP cells (Figures 1D and 3A) confirms not only the endocytosis of **NBD-1p** but also the endosomal escape of the peptide assemblies. Considering the cell entry mechanism of SARS-CoV-2, in which the proteolytic cleavage of S proteins by endosomal proteases (e.g., cathepsin B and cathepsin L) promotes the release of the viral genome from endosome to cytosol,<sup>48</sup> we reckon that, after the CME of the assemblies of **NBD-1p**, further dephosphorylation catalyzed by the TNAP in endosomal compartments induces a phase transition of the peptide assemblies, which facilitates the endosomal escape of **NBD-1** into cytosol. Liquid chromatography–mass spectrometry (LC–MS) analysis of the cell lysate of HEK293\_TNAP-RFP cells that are preincubated with **NBD-1p** confirms the dephosphorylation of the peptide inside cells (Figure S8). Additionally, TEM images of liposomes encapsulating **NBD-1p** and ALP exhibit the generation of nanofibers that rupture

the liposomes (Figure 4A). These results imply that the TNAP in endocytic vesicles converts the **NBD-1p** nanoparticles to



**Figure 4.** Coassembly of **NBD-1p** and **NBD-(D)Sp** shows less efficient endosomal escape. (A) TEM image of liposomes carrying **NBD-1p** and ALP (1 U/mL, 37 °C, 6 h). Broken liposomes are indicated by arrows. Scale bar = 100 nm. (B) Confocal fluorescence images of HEK293\_TNAP-RFP cells incubated with the mixture of **NBD-1p** (100 μM) and **NBD-(D)Sp** (100 μM) for 12 h. The peptides trapped in endosome are indicated by arrows. (C) TEM images of **NBD-1p** (200 μM) and (D) the coassemblies of **NBD-1p** (100 μM) and **NBD-(D)Sp** (100 μM) after the addition of ALP (0.1 U/mL, 37 °C, 3 h) for partial dephosphorylation. ALP yields more nanofibers in panel C than in panel D. Scale bar = 100 nm.

nanofibers (**NBD-1**), which break the membrane of endocytic vesicles for escaping into cytosol. More TEM images reveal that the **NBD-1p** assemblies mixed with ALP initially remain as nanoparticles until a certain dephosphorylation ratio that triggers the particle-to-fiber phase transition (Figure S9 and Figure 3). This result implies that although dephosphorylation begins once TNAP binds to **NBD-1p** assemblies on the plasma membrane, the assemblies likely are maintained as nanoparticles (which consist of mainly **NBD-1p** and small amount **NBD-1**) during internalization until being further dephosphorylated in endosomal vesicles where nanofibers form for endosome rupturing. This observation also agrees with the reports that filamentous nanostructures have much reduced/limited cellular uptake ability relative to their spherical counterparts.<sup>49,50</sup>

To further prove the above assumption of endosomal escape, we incubate HEK293 cells, after TNAP-RFP gene transfection, with the mixture of NBD-1p and NBD-(D)Sp (total peptide concentration is 200  $\mu$ M). The HEK293\_TNAP-RFP cells incubated with the mixture of NBD-1p and NBD-(D)Sp at a 1:1 or 1:3 ratio mainly generate fluorescent puncta colocalizing with TNAP-RFP inside the cells (Figure 4B and Figure S10A), although the cells incubated with NBD-1p (100 or 50  $\mu$ M) or NBD-(D)Sp (100 or 150  $\mu$ M), respectively, below CMC exhibit little fluorescence (Figure S11). This result indicates that NBD-1p and NBD-(D)Sp form coassemblies in solution, and the coassemblies of NBD-1p and NBD-(D)Sp (1:1 or 1:3) are primarily retained in the endocytic vesicles containing TNAP-RFP after the endocytosis. Our results also indicate that phosphopeptide assemblies exhibit emergent properties, which are absent in monomeric phosphopeptides. The nanoparticles formed by NBD-1p transform into nanofibers for endosomal rupturing after partial dephosphorylation by ALP (Figure 4C,D). Thus, the remaining phosphopeptides, after being released into cytosol, get further dephosphorylated by intracellular TNAP. This process produces networks of peptidic nanofibers that encapsulate intracellular TNAP (Figures 1D and 3A, TNAP colocalizes with NBD). However, the coassemblies of NBD-1p and NBD-(D)Sp (1:1 or 1:3) mixed with ALP mostly remain as nanoparticles (Figure 4D and Figure S10B) because NBD-(D)Sp is a poor substrate for ALP (Figure 3D). When the mixture has the ratio of NBD-1p and NBD-(D)Sp as 3:1, the coassemblies behave similarly to the assemblies of NBD-1p (Figure S10). Moreover, a phosphopeptide derivative (NBD-3p) carrying D-pTyr and pSer (Scheme S1) also ends up in the endosomal compartments of HEK293\_TNAP-RFP cells after incubation (Figure S12). Like the coassemblies of NBD-1p and NBD-(D)Sp with a 1:1 or 1:3 ratio, NBD-3p, being treated by ALP, inefficiently undergoes the nanoparticle-to-nanofiber transition (Figure S13). This derivative also exhibits minimal cytotoxicity compared to other phosphopeptides (Figure S5). These results suggest that the particle-to-fiber transition of the phosphopeptide assemblies catalyzed by the ALP in the endosomes is critical for the endosomal escape of the peptide assemblies, likely via rupturing the endosome by the formation of nanofibers.

## CONCLUSIONS

In conclusion, this work demonstrates that the continuous morphological transformation of peptide assemblies, catalyzed by ALP, is responsible for the endocytosis, mainly through the caveolae-mediated endocytic pathway, and endosomal escape of the peptide assemblies. Although other endocytosis pathways, such as macropinocytosis, may contribute to the cellular uptake of phosphopeptide assemblies, they are less likely to act as the main path for the phosphopeptide assemblies. Here, TNAP catalytically controls a dynamic morphological transition, thus enabling endocytosis and endosomal escape of peptide assemblies, in an analogy to the cell entry of the virus. Because NBD-1p mainly exists as nanoparticles at the concentration above the CMC, the effects of monomeric NBD-1p likely are insignificant. We suggest this type of cell uptake as “enzyme primed endocytosis (EPE)”. While the contribution of VPP in the cell entry of the virus has been extensively studied, little research elucidates how EPE controls the cellular uptake of other molecular assemblies. In analogy to the ligand–receptor-mediated endocytosis that

require tight binding, the clustering of enzymes in lipid rafts and the enzymatic reaction of supramolecular assemblies require rapid enzyme kinetics because NBD-(D)Sp hardly enters the cells. This study also provides a mechanistic understanding of the role of peptide assemblies for context-dependent signaling.<sup>51,52</sup> Although this work focuses on ALP and peptides, the mechanism revealed likely is applicable for the endocytosis of the substrates of esterase<sup>53</sup> or proteases,<sup>54</sup> including nonpeptide substrates of enzymes.

## ASSOCIATED CONTENT

### Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acs.nanolett.1c01029>.

Experimental procedures, molecular structures, and additional results such as CMC values, viability assays, fluorescence imaging, LC–MS analysis, and TEM images (PDF)

Movie S1 showing the adherence of phosphopeptide assemblies on the plasma membrane of HEK293\_TNAP-RFP cells, and the formation of more endocytic vesicles in HEK293\_TNAP-RFP cells than in the nontransfected control (MP4)

Movie S2 showing intracellular fluorescence from NBD increasing significantly over time in the HEK293\_TNAP-RFP cells, while remaining mostly unchanged in the nontransfected HEK293 cells (AVI)

Movie S3 showing that, below the CMC, the individual NBD-1p molecules do not aggregate on the plasma membrane of HEK293\_TNAP-RFP cells (AVI)

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### Author Contributions

B.X. and H.H. designed the study. H.H. performed the experiment and generated the data. J.G. and J.X. assisted in the synthesis of peptides. J.W. and S.L. assisted in cell culture. B.X. and H.H. wrote the manuscript.

### Notes

The authors declare no competing financial interest.



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