

Prenatal Neural Responding to Infant Emotional Cues and Postpartum Observed Sensitivity

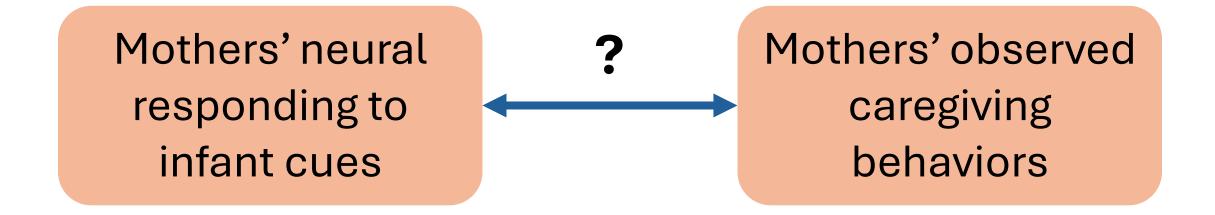
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Significance of Neural Responding for Caregiving

- Mothers' processing of their infants' cues contributes to caregiving behaviors (Fuths et al., 2017; Leerkes et al., 2015)
- Event-related potentials (ERPs) are time-locked brain responses implicated in stimulus processing, and thus, are useful for examining processing of infant cues
 - The N170 an ERP implicated in facial encoding is larger for infant distress (v. happy, neutral) expressions, which is reflective of prioritized processing of infant distress, thought to support parenting behavior (Kuzava et al., 2019)



Current Study



Purpose: This study examined the longitudinal significance of expectant women's neural responding to infant emotional cues for sensitive parenting in the postpartum.

Participants & Procedure

Participants

- 63 primiparous expectant mothers (M age = 29.6 years; SD = 4.7)
- Sample primarily White (91.8%), middle SES (\$80,000/year) & educate (39.3% bachelor's degree)

Emotional Categorization Task & EEG Recording

- Infant facial expressions (distress, happy, neutral) presented randomly
- Time-locked EEG activity to each image extracted for each emotion
- The N170 defined as average activity at temporal-parietal sites (P7, P8) 150-190 ms post stimulus

Parenting

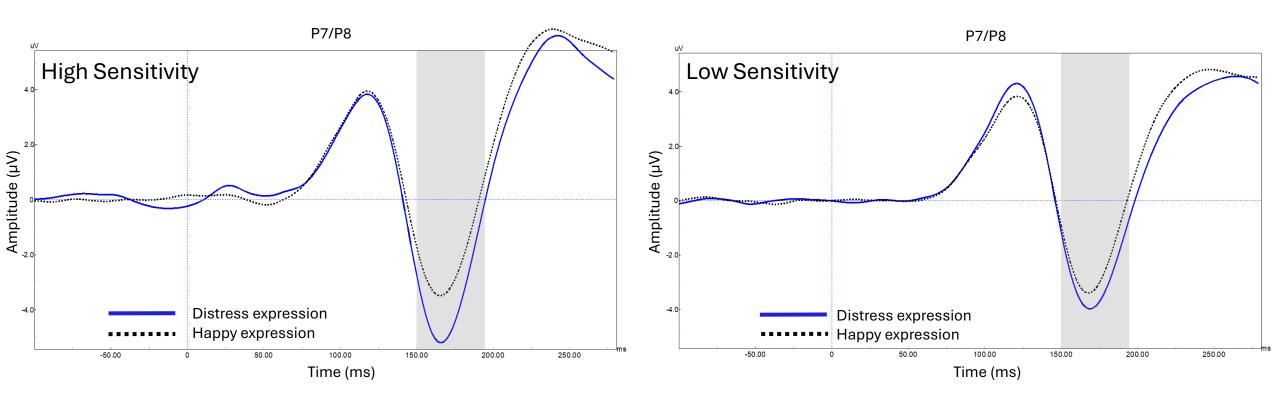
- Observed in the laboratory when infants were 4 months during a free play and toy play
- <u>Sensitivity to distress</u>: prompt & effective responding to infant distress
- Sensitivity to non-distress: awareness of needs, moods, interests, & capabilities of the infant

Emotion Categorization Task: 1000 ms (+/- 500) ms 2000 ms 1000 (+/- 500) ms 1000 (+/- 500) ms

 $2000 \, \mathrm{ms}$

Expectant Mothers' N170 to Infant Emotions & Postpartum Observed Sensitivity

	Sensitivity to Distress	Sensitivity to Non-Distress
N170 to Distress v. Happy	0.34*	0.03



Conclusion

- Expectant mothers' heightened N170 amplitude to infant distress (v. happy) expressions was predictive of their more sensitive responding to their infant's distress postpartum
- Thus, even prior to infant birth, women's neural processing of infant emotional expressions holds significance for their sensitive parenting postpartum
- Interventions aimed at promoting mothers' awareness of infant emotional signals prior to the birth of their infant might enhance subsequent parenting outcomes



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