

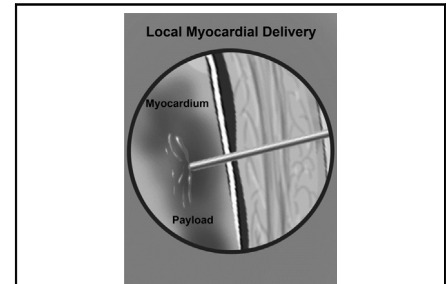
Therapeutic payload delivery to the myocardium: Evolving strategies and obstacles



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Localized delivery methods aim to achieve therapeutic payload concentrations at specific sites in the body while minimizing off-target delivery/accumulation. An emerging strategy to treat multiple cardiac pathologies is localized payload delivery to the myocardium, which has shown promise to advance treatment options for a wide range of disease states.^{1,2} Candidate payloads for cardiac therapies include pharmacological molecules/drugs, genes, cells, or a combination of these entities, all of which could be administered alone or in conjunction with implantable biomaterials that promote their localization. For example, a recent review highlighted extensive preclinical and clinical studies that support cell-based myocardial repair and regeneration in varied cardiac disease states despite challenges in delivery, with demonstrated reductions in inflammation and fibrosis, promotion of angiogenesis, and in some cases recovery of cardiac function.³ Irrespective of the specific payload, localized delivery offers better spatiotemporal control of myocardial concentrations compared with traditional oral or systemic intravenous administrations, thereby narrowing the therapeutic window by increasing payload bioavailability.⁴ Indeed, the clinical translation of the diverse myocardial payloads with manifest therapeutic potential will largely depend on the effectiveness/adoptability of the employed delivery method.

Localized myocardial delivery can be achieved by a range of approaches, including drug-loaded pumps and wafers,⁵⁻⁷ cardiac patches,^{8,9} and ultrasound-targeted microbubble cavitation.^{10,11} Although these and other approaches have distinct advantages and limitations, this review focuses on catheter- and injection-based approaches, which have potential for highly targeted payload delivery with minimal procedural invasiveness. The considered



Emerging strategies for localized payload delivery to the myocardium.

CENTRAL MESSAGE

Local myocardial delivery of biomaterial/cell-based therapeutics remains an area of active development and relevance to cardiac surgeons.

PERSPECTIVE

The successful translation of novel cardiac therapies relies on effective strategies for localized payload delivery to the myocardium. The purpose of this review is to analyze local myocardial delivery strategies currently in use, identify persistent limitations, and motivate clinically feasible directions for continued improvement of delivery technologies.

administrative routes include intracoronary delivery (ID), intrapericardial delivery (IPD), and direct intramyocardial delivery (IMD) via transepical and transendocardial routes (Figure 1). For each delivery strategy, a procedural overview, demonstrated therapeutic potential, inherent limitations, and exemplary studies are discussed. We conclude that direct IMD via the transepical route, by virtue of circumventing challenges associated with both hemodynamics and ventricular motion, represents a promising path forward for the clinical translation of injectable payloads. To support for the clinical feasibility of this approach, we describe the essential features of an enabling delivery system that could be incorporated into minimally invasive cardiac surgery with the potential to deliver a wide range of candidate payloads, including those with a biomaterial component.

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Abbreviations and Acronyms

bFGF	= basic fibroblast growth factor
BMC	= bone marrow cell
HF	= heart failure
ID	= intracoronary delivery
IMD	= intramyocardial delivery
IPD	= intrapericardial delivery
LV	= left ventricle
MSC	= mesenchymal stem cell
MI	= myocardial infarct
TED	= transendocardial delivery

ID

Overview. ID to the myocardium is a noninvasive administrative route that entails injection of the payload through the coronary arteries or veins. Selective coronary catheterization and perfusion facilitate targeted delivery, wherein the myocardial payload can be effectively directed to the left ventricle (LV) or right ventricle¹² and potentially more refined locations such as a myocardial infarct (MI) region or border zone.¹³ ID is commonly coupled with the stop-flow technique in which an angioplasty balloon is positioned and inflated at low pressures to stop coronary blood flow. During a flow arrest period of approximately 2 to 4 minutes, injectate is infused distally under controlled flow conditions that enhance both payload targeting and

myocardial retention. Although arterial catheterization is most common with ID, retrograde coronary venous infusion has been considered in preclinical¹⁴⁻²² and clinical studies, with the expectation that the low pressure coronary venous system would facilitate payload retention.²³⁻²⁸ Although it provides an alternate route in cases where coronary disease limits arterial access, a 2018 review of published studies concluded that retrograde coronary venous infusion provides inferior myocardial payload retention rates compared with arterial administration despite favorable hemodynamic status.²⁹ Retrograde delivery via coronary sinus infusion has also been explored, with pre-clinical studies showing potential for plasmid delivery and retention over a significant range of injectate volumes.³⁰ Moreover, coronary sinus infusion has been evaluated in clinical studies of autologous bone marrow delivery for patients with both ischemic and nonischemic heart failure (HF).²³ This small clinical trial (60 patients) concluded that coronary sinus infusion is a safe delivery technique and that bone marrow treatment improved LV ejection fraction in both patient populations.

Demonstrated therapeutic potential. ID is a noninvasive administrative route that is well known by interventional cardiologists, relatively simple and inexpensive, and has an extensive history of clinical use. To enable ID, diverse myocardial payloads are stabilized in low viscosity solutions, which readily flow in catheter-based injection devices. In the MI context, ID is the most popular delivery

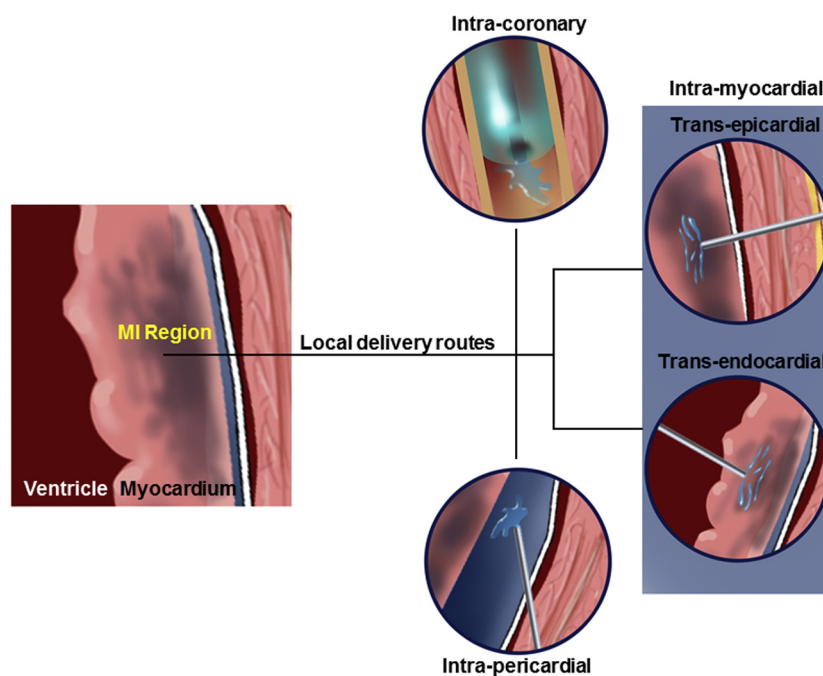


FIGURE 1. Different approaches for delivery of a payload to the myocardium, particularly targeted therapeutic delivery to the myocardial infarct (MI) region. Catheter-based approach delivers the payload via the coronary artery, whereas the pericardial approach places the payload into the pericardial space/fluid. Direct myocardial delivery would be through an endocardial or epicardial approach.

method for multiple myocardial payloads, including mitochondria,³¹ stem cells,³²⁻³⁴ drugs,^{35,36} proteins,^{37,38} and genes.³⁹ The feasibility and safety of ID-based bone marrow-derived cell therapies have been clinically established, with evidence for MI treatment efficacy.⁴⁰ Moreover, in a study evaluating ID of mesenchymal stem cells (MSCs) for treatment of chronic MI, delivery augmentation with the stop-flow technique was shown to have equivalent efficiency to transendocardial cell injection.⁴¹

Limitations. In cases of ischemic heart disease, severe stenosis of the coronary vasculature may limit ID by preventing arterial catheterization and increasing the risk of embolism. Although ID provides therapeutic benefits in patients with acute MI, efficacy is a less established in chronic clinical applications. For example, in a randomized clinical study of myocardial delivery of CD34(+) cells to 40 patients with nonischemic dilated cardiomyopathy, ID was shown to be inferior compared with transendocardial delivery (TED) at 6 months in terms of ventricular function, N-terminal pro-brain natriuretic peptide levels, and exercise tolerance.⁴² In a clinical study involving chronic ischemic myopathy with bone marrow cells (BMCs), sustained ID infusion (~10 minutes) with transient back-flow prevention was found to be well tolerated and safe, but myocardial function and patient performance were not significantly improved, raising the question targeted delivery efficiency.⁴³ ID within the coronary circulation both creates a high potential for payload washout and presents challenges in targeted delivery, such as with therapeutics that target the peri-infarct zone.⁴⁴ Indeed, ID of small molecules would be susceptible capillary clearance even with the use of a stop-flow technique.

Injectable biomaterials, endowed by various means with self-assembly characteristics and protracted gelation kinetics such that solids form shortly upon exit from the needle/catheter and entry into the myocardium, have gained significant attention as candidate payloads/platforms for myocardial delivery.^{45,46} However, administration of biomaterial-based therapies via ID introduces the inherent potential for early biomaterial polymerization within the coronary vasculature and/or biomaterial particulate generation/release within the circulation. Therefore, risks of biomaterial-based ID include both local loss of vessel patency and embolic formation. Nevertheless, recent advancements to facilitate intramyocardial biomaterial polymerization utilize shear thinning^{47,48} and environmentally responsive^{49,50} approaches, showing potential to address these risk factors and broaden the payload range for ID.

IPD

Overview. The pericardium consists of an external fibrous layer and internal serosal layer, which together enclose a fluid-filled pericardial cavity with a volume of approximately 20 to 60 mL.⁵¹ IPD entails payload injection into

the pericardial cavity, which can be accessed in both open- and closed-chest procedures. Surgical access routes include thoracotomy with either medial sternotomy access or a lateral thoracotomy in which access is through the intercostal space. Multiple devices have been proposed to facilitate IPD in minimally invasive, percutaneous procedures, including the commercial products PerDUCER (Comedius Inc.),^{52,53} AttachLifter (Developed at the Department of Internal Medicine and Cardiology of the Heart Center and the Technical Development Plant of the Medical Center and Medical Faculty of the Philipps University of Marburg, Office for Research and Technology Transfer),⁵⁴ and other subxiphoid access systems.^{55,56} Methods for both bolus and sustained IPD delivery have been proposed to treat a range of cardiovascular diseases, including MI,⁵⁷ arterial fibrillation,^{58,59} arrhythmia,^{60,61} and pericarditis.⁶²

Demonstrated therapeutic potential. IPD exploits the enclosed nature of the pericardium and the anatomical continuity with the myocardium, whereby payload injection into the pericardial cavity creates a reservoir that facilitates rapid transport and perfusion of the entire heart. Advantages of IPD are therefore due primarily to the position and structure of the pericardium, providing potential therapeutic benefits derived from both local and global enhancement of cardiac function. For example, IPD of sodium nitroprusside in a canine model of induced arrhythmia was shown to abolish cyclic flow variations, with therapeutic gains reported at lower dosing compared with intravenous administration.⁶³ Other studies have evaluated a range of payloads for neural regulation of cardiac electrophysiology in canine models in which IPD via medial sternotomy was deployed, with delivery of prostaglandins, hexamethonium, and tetrodotoxin all showing clinical feasibility.⁶⁴⁻⁶⁶ Similarly, sustained (ie, 72 hours) IPD of the oxide donor drug amiodarone resulted in equivalent/enhanced myocardial levels compared with long-term oral dosing in adult sheep.⁶⁷ In a porcine model of chronic myocardial ischemia, IPD of basic fibroblast growth factor (bFGF) exhibited higher myocardial retention and lower systemic recirculation compared with intravenous administration.³⁷ These and other^{6,68} studies support IPD as a promising delivery route to treat arrhythmias and circumvent systemic delivery limitations associated with off-target (primarily liver and kidney) drug accumulation.

Limitations. IPD inherently requires puncturing of the pericardium, which may compromise its physiological role. Whereas needle- or catheter-based IPD is safe in cases where sufficient pericardial fluid exists, diminished volume challenges delivery and elevates risk of surgical damage.⁶⁹ Compared with ID, IPD is limited by a lack of proven access methods/technologies and less familiarity among surgeons. Patient-specific obstacles, including the presence of pericardial adhesions and excess epicardial fat, may further challenge IPD. Moreover, treatment localization to a

specific myocardial territory is not possible, and in some cases adequate drug delivery to targeted regions is difficult. For example, IPD delivery of bFGF in a porcine model of chronic ischemia was noted to yield diminished subendocardial penetration compared with ID, although it did not compromise treatment efficacy.³⁷ For sustained IPD applications, including antiarrhythmia therapies, the need for prolonged patient care and associated cost increases should be considered. Due to lymphatic drainage of the pericardial fluid, soluble payloads within the pericardial space may migrate to other organs and create moderate risk of extracardiac payload delivery.⁷⁰

IMD: Transepical Route

Overview. IMD entails direct injection of a therapeutic payload into the myocardium and is therefore a direct administrative route. In open-chest procedures, epicardial access readily enables direct myocardial payload delivery, which in addition to transepical injection may be achieved via local biomaterial implantation or spraying. For example, in a clinical study of patients with ischemic heart disease that were undergoing a coronary artery bypass graft procedure, bFGF delivery via sustained-release heparin-alginate microcapsules implanted in epicardial fat was shown to be both feasible and safe.⁷¹ Multiple studies have shown that epicardial spraying of drug-loaded hydrogels is well tolerated, increases drug effectiveness over other administrative routes, and reduces the risk of extracardiac adverse drug side effects.^{36,72,73} Another clinical study of 100 patients undergoing coronary artery bypass grafting showed that diffuse epicardial spraying of the drug amiodarone loaded in a polyethylene glycol-based hydrogel reduced postoperative atrial fibrillation for a period of 14 days.³⁵

Demonstrated therapeutic potential. Advantages of IMD via the transepical route include visual access to the target site and the ability to readily control perforations or hemorrhage introduced during the procedure. Perhaps due to these practical advantages, early-stage/proof-of-concept studies involving IMD more commonly employ the transepical as opposed to transendocardial route. For example, in mice, transepical gene delivery via direct injection of modified mRNA demonstrated successful transfection and provided impetus for further development of this therapeutic approach.⁷⁴ In a preclinical sheep MI model evaluating mesenchymal precursor cells delivered via transepical injection, reported outcomes included improvement in LVEF and LV end-diastolic volume over placebo at 8 weeks postinjection.⁷⁵ Another preclinical study explored transepical delivery of commercially available dermal fillers (ie, acellular biomaterial) in an anteroapical infarct sheep model, wherein findings include a reduction in MI expansion at early post-MI times.⁷⁶ Transepical injection of MSCs into the

myocardium has been demonstrated in a range of MI models, with promising reports of postdelivery cellular differentiation into cardiomyocytes.⁷⁷⁻⁷⁹ Other combinations for the injectate (including cardiac stem cells, umbilical cord MSCs, and other cellular repair promoters) were developed and tested using the transepical delivery route for acute MI in animal models and small clinical trials.⁸⁰⁻⁸⁷ For example, in a porcine MI model, transepical delivery of human MSCs with tyrosine-protein kinase kit + human cardiac stem cells revealed a synergistic effect in scar size reduction and restoration of systolic function.⁸⁸

A multicenter randomized controlled clinical trial with 78 patients with advanced HF assessed LV augmentation via IMD of an injectable calcium alginate hydrogel (Algisyl, LoneStar Heart Inc.), which was delivered during surgery (limited left anterior thoracotomy) as 12 to 15 sequential injections to the mid-LV wall spanning the anterior to posterior intraventricular groove.^{89,90} At 1-year follow-up, biomaterial treatment was not associated with significant adverse events, supporting the clinical safety of this approach. Moreover, improvements in exercise capacity and a reduction of major adverse cardiac events were observed, although the study was not adequately powered to detect efficacy. Thus, although these clinical findings support the safety of biomaterial IMD, future studies are needed to assess the extent and governing mechanisms of conferred benefits to the patient.

Limitations. The primary limitations of transepical delivery as a stand-alone procedure include surgical invasiveness and prolonged postoperative recovery, as well as moderate risks of embolization and arterial injury.⁹¹ To prevent injection-induced injury, small caliber needles may be deployed, but this in turn introduces risk of payload damage in the case of cell (ie, MSC) delivery. However, transepical delivery is currently primarily considered as an augmentative procedure to an ongoing open-chest procedure, and therefore as deployed introduces acceptable additional risk. Another identified limitation of transepical delivery pertains to elderly post-MI patients, who may have a thin LV wall and increased risk for cardiac perforation.

IMD: Transendocardial Route

Overview. TED entails direct payload injection through a needle-tipped catheter positioned by retrograde steering across the aortic valve following percutaneous peripheral artery access. A number of injection catheters are commercially available for TED, including the Helix (BioCardia Inc.)⁹² and Myostar (Biosense Webster Inc.),^{93,94} all of which enable some location and mapping of the endocardial surface to facilitate payload targeting. These devices use different approaches to detect and engage with the endocardial surface, including fluoroscopic guidance,

ventriculography, and contouring, as well as contact-based electro-tracking. TED is a minimally invasive approach that is becoming increasingly familiar to clinicians, primarily interventional cardiologists, and has been used to deliver an array of cells⁸⁸ and genes⁹⁵ to the myocardium for treatment of various forms of cardiovascular disease.

Demonstrated therapeutic potential. TED has been examined in clinical trials to treat HF with reduced ejection fraction, chronic refractory angina with preserved EF, and MI.⁹⁶ The clinical feasibility of TED is thus well established, with evidence for enhanced myocardial payload retention compared with both systemic intravenous delivery and local ID. Clinical trials examining the effect of bone marrow-derived CD133+ cells in patients with refractory angina concluded that TED was feasible and safe.⁹⁷⁻⁹⁹ Other studies provide some evidence for the therapeutic efficacy of TED. For example, in a small cohort of patients treated with TED of autologous BMCs, the treatment group (14 patients) showed improved EF at 4 months compared with the control group (7 patients).¹⁰⁰ A randomized Phase 3 clinical trial with estimated 250 participants is currently ongoing where bone marrow MSCs are tried with a transendocardial Helix needle following demonstrated safety in Phase 1 and Phase 2 trials in a population of 20 and 30 patients, respectively.⁴

Limitations

Potential complications with TED include cardiac perforation, stroke, MI, and vascular injury, with evidence for device-specific differences in terms of adverse events.⁹⁶ Although overall complications rates are under 10% across the reviewed studies, delivery devices comprising rigid helical needles sheathed within a flexible catheter exhibit the

lowest rates of serious adverse events (1.1%), suggesting the importance of improved steering and enhanced tactility conferred by these devices. However, past reporting of procedure times and postprocedure outcomes is inconsistent and infrequent, preventing clinical consensus about the risk of TED and future directions for advanced device design. Although clinical trials suggest the feasibility and safety of TED, the therapeutic efficacy of this approach is comparatively less established. For example, TED of autologous BMCs to treat severe ischemic heart disease and LV dysfunction did not significantly improve LV end-systolic volume, maximal oxygen consumption, or reversibility on single photon emission computed tomography.¹⁰¹ Similarly, past studies report that TED-based cell therapy to treat refractory angina, although proven safe and feasible, did not improve patient quality of life⁹⁷ or reduce the occurrence of myocardial ischemia and angina versus placebo.⁹⁸

SUMMARY, FUTURE DIRECTIONS, AND CHALLENGES

Summary of Reviewed Administrative Routes

Catheter- and needle-based payload delivery to the myocardium can be advanced through strategies that leverage various administrative routes, with each route demonstrating clinical potential despite persistent challenges and limitations (Table 1).

ID is a safe, simple, and familiar method, and while commonly used to treat MI is less suitable for treatment of chronic disease states and cases of severe vascular stenosis. A primary concern with ID is low myocardial payload retention, stimulating the use of a stop-flow technique to control the coronary blood flow environment and promote myocardial payload retention. The delivery of

TABLE 1. Summary detailing advantages and disadvantages of catheter- and injection-based myocardial delivery strategies

Delivery route	Advantages	Disadvantages
Intracoronary delivery	- Minimally invasive - Established clinical history - Relatively inexpensive - Low risk of myocardial damage	- Potential for induction of arterial obstruction - Not established for chronic disease states - Limited in cases of severe vascular stenosis - Largely excludes biomaterial-based therapies
Intrapericardial delivery	- Able to facilitate payload delivery to the entire heart - Confers local and global therapeutic benefits - Limits off-target drug accumulation	- Requires puncturing the pericardium - Relatively low clinical familiarity - Diminished pericardial fluid volume elevates risk of surgical damage
Intramyocardial delivery: Transepical route	- High spatial precision/regional targeting - Facilitates surgical control of perforations or hemorrhage - Can be used to deliver in situ forming gels	- Invasive procedure requiring prolonged recovery - Risk of coronary arterial injuries - Thin left ventricle elevates risk of cardiac perforation
Intramyocardial delivery: Transendocardial route	- Enhanced myocardial payload retention compared with intracoronary delivery - Enabling technologies with enhanced steering/targeting under development by industry	- Moderate risk of cardiac perforation and stroke - Minimal demonstration of associated improvement in payload efficacy

solid-forming injectates via ID introduces additional interventional risks, including loss of vessel patency and embolic formation, and as such this payload class is typically delivered via alternate (direct) routes.

IPD is a promising administrative route to treat the entire myocardium. Although readily accessible in the context of open-chest procedures, the continued advancement of noninvasive IPD strategies is needed to fully exploit the clinical utility of this delivery approach. Limitations of IPD include diminished cardiac site-specificity (compared with other direct local delivery options), the potential for unintended systemic delivery, the need to puncture the pericardium, and compromised access due to low pericardial fluid volume.

For preclinical studies using direct IMD, the transepical route is a commonly deployed method, and as such momentum is building for new technologies to enhance the translation of this approach. In addition to direct injections into the myocardium, biomaterial implantation/epicardial spraying are alternative methods for local myocardial delivery via the epicardial route. Direct IMD has been shown to be effective in terms of achieving therapeutic payload concentrations, minimizing off-target payload accumulation, and enabling surgical mitigation of intra-procedural risk factors including perforations and hemorrhage.

TED is the alternative approach for direct IMD, with demonstrated clinical feasibility for a broad range of cardiac therapies. The efficacy of TED-based therapies is less well established, although studies report that payload retention within the myocardium is superior with TED in comparison to systemic and local intravenous injections. Although generally safe for clinical implementation, device-specific differences in the occurrence of adverse events coupled with inconsistent clinical reporting on procedural outcomes limits the understanding of the risk associated with TED.

In comparison to these (and other) current delivery options, increasingly successful strategies will be less invasive, more efficient, highly targeted, and readily amenable to a wide range of therapeutic payloads, including biomaterial-based therapies. Given the recognized criteria and the comparative performance of current delivery strategies, it is likely that future transformative approaches will adopt a direct IMD route, with technological advancements that minimize procedural invasiveness and enable enhanced surface mapping and precise spatiotemporal control of injections with a targeted volume and myocardial depth.

Future Directions for IMD

Direct IMD has the inherent advantage of circumventing the coronary circulation and therefore mitigating embolic risk, but the obvious drawback of requiring direct access to the myocardium either via a transepical or transendocardial approach. Of these 2 options, the TED approach has

generated the greatest interest from the medical industry because it can be implemented in a percutaneous procedure, resulting in a variety of TED devices currently in use. However, despite efforts to improve device steering and endocardial mapping, the fundamental challenge of catheter navigation within the dynamic environment of the LV chamber and controlled engagement with the endocardial surface remain limiting factors.

Alternatively, direct IMD via the transepical route requires open-chest surgical access to the epicardial surface and is therefore currently not feasible as a stand-alone procedure. However, it has been demonstrated in an experimental setting that this mode of IMD confers highly controllable injections into easily visualized target surfaces.^{48,50} Preclinical studies have shown that injection site patterning within specific myocardial domains is feasible and beneficial for the delivery of solid biomaterial-based payloads in a post-MI context, broadening the therapeutic potential of localized myocardial delivery.¹⁰²

IMD is the most viable approach to solid-forming biomaterial injection because it minimizes the inherent risk of biomaterial introduction into the coronary circulation and thus embolic development and vessel occlusion. Biomaterial injections, which can be delivered either alone or in conjunction with bioactive agents, are gaining increasing attention as payload systems with sustained delivery capabilities due to their biophysical properties in-situ. Moreover, in addition to the potential to better control and protract the residence time of incorporated small molecules within targeted myocardial territories, biomaterial-based approaches potentiate a fundamentally different cardiac treatment mechanism. It is becoming increasingly understood that biomaterial injections can alter the local geometry and mechanical behavior/properties of the myocardium and insomuch alter the mechanical performance of the heart.¹⁰³ Building on the general concept of controlling cardiac mechanics to attenuate HF progression (ie, with wraps, meshes, and cardiac patches), these and other studies suggest that localized biomaterial injections can alter post-MI myocardial stress/strain patterns in a manner that attenuates adverse LV remodeling.^{102,103} A clear future direction of IMD is the evolution of strategies to allow minimally invasive implantation of solid-forming biomaterials with specific mechanical properties, bulk degradation/erosion rates, payload release rates, and in strategic spatial patterns, where these variables can be tuned for specific clinical scenarios.

The Technological Gap Limiting IMD

A potential solution to the technological gaps limiting IMD would be an injection system that utilizes the transepical route but does so in a closed-chest procedure. Here we envision a semiautomated injection system in which a

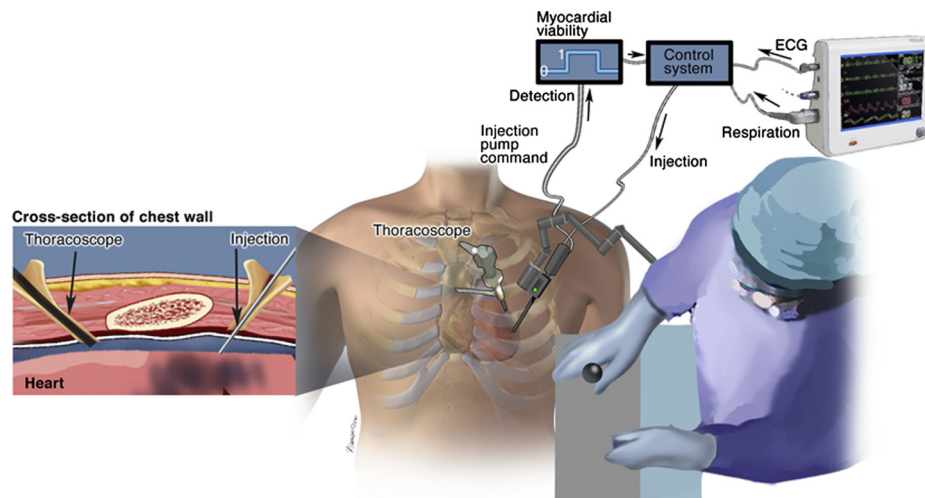


FIGURE 2. Operational schematic of semiautomated system for direct intramyocardial injection in a closed-chest setting.¹⁰⁴ Envisioned system components include a robotically controlled needle injection/sensor apparatus that is introduced through the chest wall and positioned near the myocardial surface under the guidance of a cardiac surgeon. Needle position/injection site specification could then be refined/aided by electrical monitoring of myocardial conductivity via an incorporated sensor, with feedback discriminating viable/nonviable myocardium (in a post-myocardial infarct context). A control system would integrate myocardial viability signals with echocardiogram (ECG)/respiratory data to automate small volume (~100 uL) intramyocardial injection via a positive pump, with synchronization of pump displacement and ECG signal to facilitate control of injection depth.

needle is passed directly through the chest wall and engages with the epicardial surface.¹⁰⁴ Such a system would be an extension of robotic cardiac surgery, which has been steadily evolving over the past 20 years, with the transformative feature of enabling cardiac surgeons to engage with the epicardial surface in a closed-chest setting. We envision that such an approach would at minimum demand continuous needle visualization throughout the procedure, exquisite control of needle positioning with respect to the beating heart, and automated payload injection when the needle is at a target myocardial depth. Additional system features may include control of needle position/injection actuation with simultaneously acquired electrocardiogram readings, fiber optic probes to visualize the targeted injection site, and electrosensitive components for discrimination of conducting/nonconducting myocardial regions (Figure 2).

CONCLUSIONS

Strategies for increasingly noninvasive, efficient, and targeted payload delivery to the myocardium will expand the range of available clinical interventions for multiple disease states. The safety and efficacy of catheter- and injection-based approaches have been established in multiple clinical scenarios, but challenges and risks remain. Although iterative advancements in enabling technologies will progressively improve outcomes with the considered delivery routes, novel methods for direct intramyocardial delivery of solid biomaterial-based payloads could be a transformative step in cardiac therapy.

Conflict of Interest Statement

The authors reported no conflicts of interest.

The *Journal* policy requires editors and reviewers to disclose conflicts of interest and to decline handling or reviewing manuscripts for which they have a conflict of interest. The doctors and reviewers of this article have no conflicts of interest.

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