

# Targeted Vibration-Induced Necrosis in Liver Cancer Cells using Paramagnetic Microrobots

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**Abstract**—Therapeutic delivery of anti-cancer drugs is a major goal of modern medicine. However, developing methods to target cancer cells for more effective treatment and reduced side effects is a significant ongoing challenge. Microrobots have recently been studied for their ability to navigate difficult-to-reach regions in the human body to deliver therapeutics for microscopically localized interventions. Using microrobots for targeted and local therapy therefore, is a promising revolutionary treatment method. In this study, magnetic microrobots were used to target and kill cancer cells via localized magnetic oscillations, resulting in magnetolysis of the cancer cells. The magnetic microrobots were selectively moved to Hepatocarcinoma cells (HepG2 cells) using a custom magnetic system which applied rotating magnetic fields. After internalization of the microrobots by the cancer cells, magnetic oscillation of varying dosages was applied, resulting in cell death.

## I. INTRODUCTION

A significant problem with typical cancer treatments, such as chemotherapy and radiation, is the non-specific manner in which they function. This results in unwanted damage to healthy cells and many adverse side effects. Therefore, developing methods of targeted therapy that produce less harmful effects is of significant importance. Although there has been progress in producing targeted treatments using small molecule inhibitors [1], monoclonal antibodies [2], immunotherapy [3], and other methods [4], [5], [6], these treatments have their own side effects and are limited in their range of application.

There are two ways that targeted therapy can be carried out. Either a drug can be delivered systemically while only effecting cancer cells, or an indiscriminate treatment can be delivered to a specific location in the body. The latter method presents technological challenges but can afford the use of less sophisticated and more broad-spectrum treatments. A promising technology for targeted therapy is with the use of microrobots, micron-scale objects that are capable of carrying out desired tasks [7]. Microrobots are an active area of current research and much work is being done with the goal of using them in biomedical applications for tasks such as sensing, targeted drug delivery, or microsurgery [8], [9], [10], [11], [12], [13], [14]. Using microrobots for targeted treatment could provide a significant improvement in cancer or other disease therapies.

Although drug delivery using microrobots is a promising approach for targeted treatment, it requires a means of both

carrying the payload and then releasing it at the site, which presents technological challenges. A simpler approach is to use the magnetic properties of the microrobots to disrupt and kill the targeted cells. Driving microrobots with magnetic fields is a common means of control due to its practicality and safety compared to other techniques such as chemically driven microrobots which rely on toxic fuels in their medium [15], [16], [17], [18]. Therefore, microrobots that are used in biomedical applications are likely to possess magnetic properties. Utilizing the already present magnetic nature of the microrobots therefore would provide a simple and more straightforward approach to targeted therapy. Previous work has shown that various magnetic particles such as magnetic disks, iron microparticles, carbon nanotubes, and magnetized-silica spindle-shaped particles can kill cancer cells (magnetolysis) via low frequency magnetic oscillation [19], [20], [21], [22]. While the application of low frequency magnetic fields themselves is known to inhibit cell proliferation and induce apoptosis by a metabolic shift and by affecting gene expression, respectively, [23], [24] the experiments utilizing magnetic particles rely on different mechanisms (either direct cell membrane damage or mechanical stress-induced apoptosis) [22], [25]. Therefore, we sought to use magnetic microrobots, which we can move to specified cells using rotating magnetic fields, to induce cell lysis. Our results demonstrate that magnetic microrobots can be used as an effective means to both target and kill cancer cells by a straightforward application of rotating and alternating magnetic fields, respectively.

## II. MATERIALS AND METHODS

### A. Microrobots

The microrobots were made of paramagnetic polystyrene material (diameter= 4.7  $\mu\text{m}$ ), which were purchased from Spherotech (Cat. No. FCM-4052-2). Detailed characterization of beads (SEM, magnetization curve, functional group etc.) can be found on Spherotech website. These microrobots are Fluorescein isothiocyanate (FITC)-labeled. We note that although these micron-sized magnetic particles are quite simple, the ability to control and utilize them for desired tasks is what characterizes them as microrobots.

### B. Experimental Setup

Experiments were conducted on a Zeiss Axiovert 200 inverted microscope with an Amscope MU903-65 camera as well as on a Zeiss Axioplan 2 upright microscope using an Axiovert 503 mono camera. Magnetic fields were applying using custom-built magnetic control systems. We utilized two

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magnetic systems (Fig. 2). One consisted of four electromagnetic solenoids containing soft iron cores which are arranged in an array along the x and y axes, allowing for magnetic fields to be applied in any orientation in the horizontal plane (Fig. 2a). The other magnetic system consisted of three pairs of coils along three axes, thereby creating fields along any specified direction in three dimensions (Fig. 2b). The magnetic field strength at the sample was approximately 8 mT and 4 mT using the solenoid array and the 3D coil system, respectively. We measured the field strength of the solenoid array while applying the magnetic oscillation at various frequencies used in the experiments and found that it remained approximately constant. Custom python code controlled the amount and direction of current that was sent to each coil. The system is described in detail elsewhere [18]. The fluorescent microrobots were illuminated using an X-cite mini plus from excelitas technologies. Custom software was written in python to detect microrobots and plot their trajectories.

### C. Cell Culture

Hepatocellular Carcinoma cells (HepG2) cells were gifted by Richard West (Associate Scientist at Flow Cytometry Core Facility). Cells were cultured in Dulbecco's Modified Essential Medium (DMEM) (Gibco, BenchStable, USA) media with 5% CO<sub>2</sub> and maintained at 37°C in an incubator. All experiments were performed after the third passage of cells.

### D. Assessment of Cytotoxicity and Cellular uptake of microrobots

Cytotoxicity of microrobots was evaluated in HepG2 cells. Cells were seeded (2x10<sup>4</sup> cells/well) in a clear flat bottom 24-well plate (Costar, Corning, USA) and incubated in DMEM media with 5% CO<sub>2</sub> at 37°C for 24 hours. Then, cells were treated with microrobots (4.7µm size, 1 mg/mL) and incubated for 24 hours. Cells were then imaged under optical microscope to check cell morphology. Flow cytometry was also performed to quantify exact percentage of cell death after propidium iodide (PI) staining.

Cellular internalization of microrobots was assessed by flow cytometry. Samples for cellular uptake were prepared as described by the aforementioned method in HepG2 cells. 1x10<sup>5</sup> cells/well were seeded in a 6-well plate and incubated in DMEM with 5% CO<sub>2</sub> at 37°C for 24 hours. Then, 20 µL of 1% w/v microrobots solution was added to each well containing 2 mL of the media. After 24 hours, cells were washed and analyzed using a flow cytometer (BD FACS Aria III).

### E. Assessment of Cell Death from Magnetic Vibration

HepG2 cells were treated with microrobots (100 µg/mL) in a 6-well plate and incubated in DMEM media with 5% CO<sub>2</sub> at 37°C for 24 hours. After 24 hours, cells were washed and trypsinized to detach cells from the culture dish. Cells with microrobots were sorted and collected in DMEM media. Then, single HepG2 cells with internalized particles were

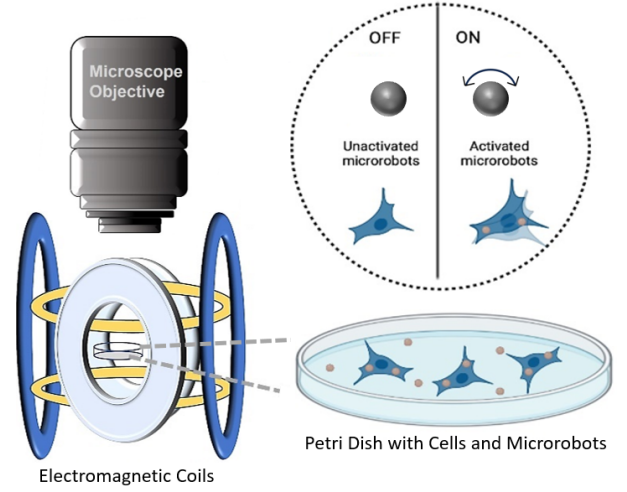


Fig. 1. Schematic representation of killing cancer cells via magnetic oscillation.

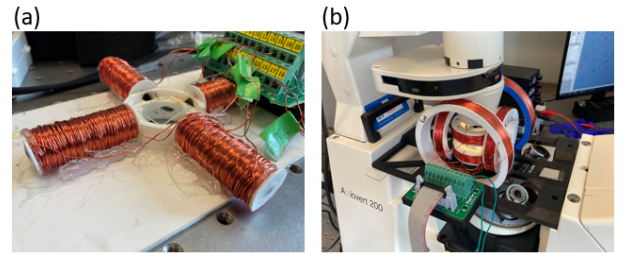


Fig. 2. Images of the electromagnetic systems used in the experiments. (a) An image of the electromagnetic solenoid array. (b) An image of the 3D coil setup for applying rotating magnetic fields.

subjected to magnetic oscillation with frequency between 5-15 Hz in xy-plane for 30 minutes.

## III. RESULTS AND DISCUSSION

### A. Control and transport of Microrobots

Experiments were carried out using our magnetic system, as shown in Fig. 1. The paramagnetic microrobots were transported using our custom-built magnetic controller. To move the microrobots, a rotating magnetic field was applied using the 3D coil system which caused the microrobots to roll along the surface of the substrate. Magnetic oscillation was created by applying a magnetic field in the xy plane and then reversing the direction of the field at various frequencies. The magnetic oscillation was carried out using the magnetic solenoid system while the magnetic rolling was performed using the 3D coil system which can apply the required rotating fields.

In this paper we first demonstrate the targeting of cells using the rolling microrobots, then we show that the cells uptake the microrobots, and lastly we apply vibrating magnetic fields and assess the amount of cell death of the cells that internalized the microrobots.

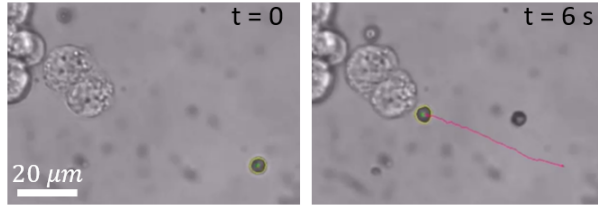


Fig. 3. Images showing a microrobot being magnetically rolled to a cell (see Vid. 1).

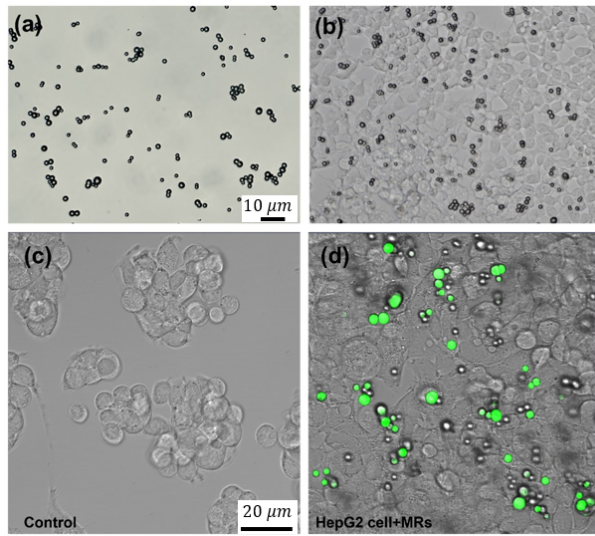


Fig. 4. (a) Microscopic image of microrobots, (b) adherent HepG2 cells with microrobots and (c) Fluorescence image without and with (d) microrobots (green) inside the cells.

### B. Cytotoxicity of Microrobots

Biocompatibility is one of the most important factors in microrobot design. Although the paramagnetic microrobots we use are made of nontoxic polystyrene material, we tested their cytotoxicity to ensure that they are not toxic to the cells. Figure 4 shows brightfield images of the microrobots (a), the cells after internalizing the microrobots (b), and fluorescent images of only the cells (c) and the cells after internalizing the microrobots (d). Cells were incubated with the microrobots for 24 hours, and changes in cell morphology was monitored using an optical and fluorescence microscope. We found that after the 24 hour period the cell monolayer was intact and did not show any effects of toxicity (Fig. 4b and d). Cells were then sorted to separate cell population with microrobots and then cultured again for 24 hours. Figure 5a and b show images of the cells after this period. The cells are adhered to the petridish without any dead suspended cells. Quantitative analysis corroborated this, showing negligible cell death of 3% when compared with untreated cells (Fig. 5c and d).

### C. Cell-Internalization of Microrobots

The microrobots were completely internalized by the HepG2 cells after 24 hours. There were often multiple

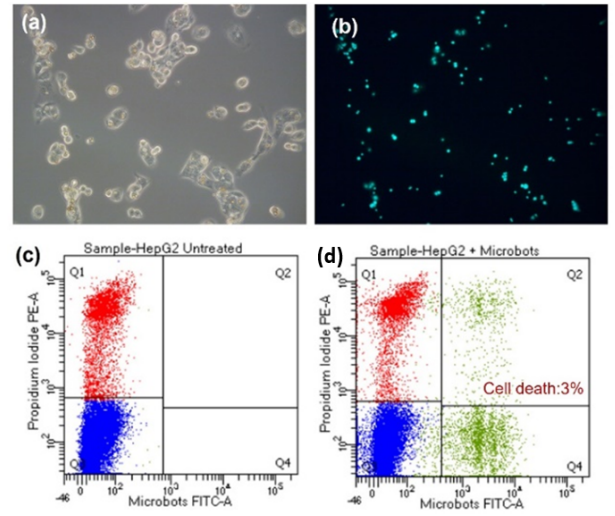


Fig. 5. Cytocompatibility of the microrobots. HepG2 Cell treated with microrobots (a) bright field image and (b) corresponding fluorescence image. Flow cytometry data showing cell death in (c) untreated and (d) microrobot-treated cells.

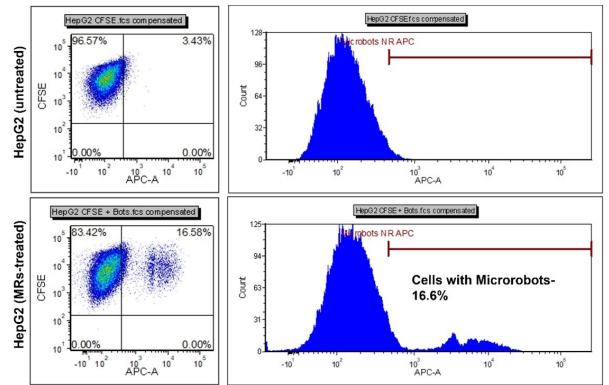


Fig. 6. Flow cytometry data showing cell internalization of the microrobots in HepG2 cells.

microrobots observed inside the cells showing high affinity of the microrobots and cells (Fig. 4b and d). Cell internalization was quantified using flow cytometry which indicates that 16.6% of the cells had microrobots inside (Fig. 6). HepG2 cells with a broad range of intensities demonstrating unequal distribution of microrobots insides the cells. This difference in cell internalization was presumably due to either the initial inhomogeneous distribution of microrobots or to the cluster forming growth pattern of HepG2 cells that limits the surface area of interaction between cells and microrobots.

### D. Targeted Delivery of Microrobots

We sought to demonstrate the microrobot's capability to target individual cells by moving them to a specific cell using a magnetic rolling mechanism. Targeting intracellular structures or organelles using microrobots could be used to not only selectively kill certain cells, but also to potentially alter or interfere with the cell's biological functionality for other applications. A video of the microrobot being



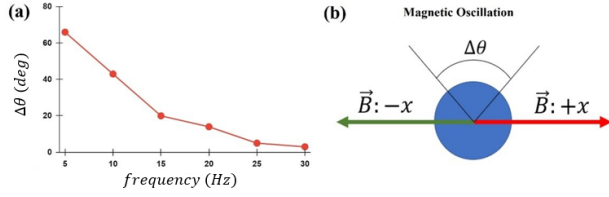


Fig. 7. (a) Graph displaying displacement angle ( $\Delta\theta$ ) versus frequency and (b) a schematic illustration of magnetic oscillation. As the frequency at which each electromagnet is pulsed increases, the resulting angular displacement of the magnetic microrobot decreases. A frequency of 5 Hz results in the microrobot rotating approximately 60 degrees whereas a frequency of 30 Hz results in very small angular displacement.

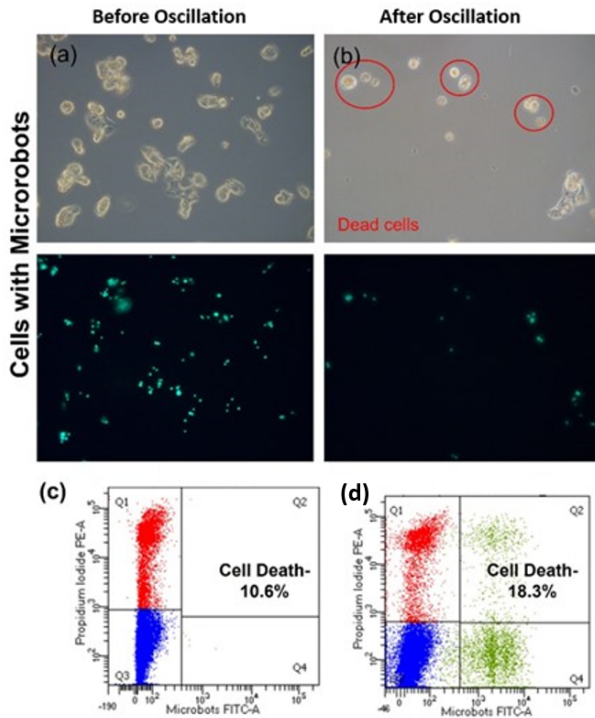


Fig. 8. Cell death after oscillation. Fluorescence microscopic images of HepG2 cells (a) before and (b) after oscillation. Cells were trypsinized and subjected to magnetic oscillation for 30 minutes and transferred to an incubator. Cells that are dead after 24 hours are highlighted with red circles. (c,d) Flow cytometry data showing cell death after culturing for 24 hours following magnetic oscillation without microrobots (c) and with microrobots (d).

magnetically rolled to the cell is given in Vid. 1, and we show images and the tracked trajectory of the microrobot in Fig. 3. We note that there remains a challenge of moving multiple microrobots to one or more cells, however these results demonstrates a proof of concept of targeting individual cells for selective treatment.

#### E. Magnetic Vibration Induced Cell Death

Once the microrobots are internalized, we applied an oscillating magnetic field of predefined frequency to opposite facing electromagnets. The electromagnets were rapidly changed from an on state to an off state asynchronously and with opposite polarity, thereby resulting in a rapid

alternating magnetic field along a chosen axis. As shown in Fig. 7 and Vid. 2, the total angular displacement,  $\Delta\theta$ , of the microrobots between these cycles of field reversal depended on the applied frequency of the oscillating magnetic field. This is presumably due to the rotational viscous drag on the microrobot which prevents it from fully aligning with the applied magnetic field prior to each field reversal. Vibration was applied for 30 minutes at two different frequencies (5 and 10 Hz) on HepG2 cells and increased cell death was observed just after one application (Fig. 8). We find that the HepG2 cells were responsive to oscillation and a greater number died after 24 hours with microrobots compared to the case without microrobots (Fig. 8c and d). The increase in cell death with magnetic oscillation (Fig. 8c) compared to the case without oscillation (Fig. 5c) indicates that the application of the magnetic oscillation does result in some degree of cell death, possibly by a similar mechanism responsible for the cell death under low-frequency magnetic fields in Refs. [23], [24]. We also observed that cells that internalized multiple microrobots tended to die at a higher rate than cells with a single microrobot. This was presumably due to the stronger force collectively generated by the greater number of microrobots. This indicates a potential relationship between internal disruption and biochemical signaling.

We assume the mechanism of internal disruption and cell death is caused by shear stress that is generated in the cytoplasm due to the magnetic oscillation. Chiew et al. have also reported similar findings that shows mechanical stress-induced cancer cell death using microparticles [26], [25]. Moreover, propidium iodide staining during flow cytometry analysis also confirmed that membrane damage could be the possible cell destruction mechanism.

#### IV. CONCLUSION AND FUTURE WORK

This work demonstrates that microrobots can be an effective means to target and kill cancer cells using simple alternating magnetic fields. Such targeted control could lead to future treatments with reduced side effects, as well as possibly being used to enhance immunotherapy by evoking immune cells activation [27].

Since an increase in temperature is unlikely to be elicited at such a low frequency, the cell death is most likely due to cell membrane or intracellular microstructure damaged-induced necrosis. In the future, we plan to conduct experiments with other cell and tissue types and in animal models as well as to study the underlying mechanism of vibration induced cell death.

Although we demonstrated the ability to move one microrobot to a particular cell, there remains a challenge of moving multiple microrobots to one or more cells. Such control strategies are the focus of much current work of our own and others in the microrobotic community. However, our present study shows promising potential for magnetic oscillation-based therapeutic approaches for cancer treatment, as well as providing a means to better understand cell behavior and related biochemical processes.

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