

1   **The link between gene duplication and divergent patterns of gene expression across a**  
2   **complex life cycle**

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24     **Abstract**

25           The diversification of many lineages throughout natural history has frequently been  
26           associated with evolutionary changes in life cycle complexity. However, our understanding of the  
27           processes that facilitate differentiation in the morphologies and functions expressed by organisms  
28           throughout their life cycles is limited. Theory suggests that the expression of traits is decoupled  
29           across life stages, thus allowing for their evolutionary independence. Although trait decoupling  
30           between stages is well established, explanations of how said decoupling evolves have seldom  
31           been considered. Because the different phenotypes expressed by organisms throughout their life  
32           cycles are coded for by the same genome, trait decoupling must be mediated through divergence  
33           in gene expression between stages. Gene duplication has been identified as an important  
34           mechanism that enables divergence in gene function and expression between cells and tissues.  
35           Because stage transitions across life cycles require changes in tissue types and functions, we  
36           investigated the potential link between gene duplication and expression divergence between life  
37           stages. To explore this idea, we examined the temporal changes in gene expression across the  
38           monarch butterfly (*Danaus plexippus*) metamorphosis. We found that within homologous  
39           groups, more phylogenetically diverged genes exhibited more distinct temporal expression  
40           patterns. This relationship scaled such that more phylogenetically diverse homologous groups  
41           showed more diverse patterns of gene expression. Furthermore, we found that duplicate genes  
42           showed increased stage-specificity relative to singleton genes. Overall, our findings suggest an  
43           important link between gene duplication and the evolution of complex life cycles.

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47 **Lay Summary**

48 How do caterpillars and tadpoles turn into butterflies and frogs? It is well established that  
49 although the larval and adult stages have the same genome, larvae and adults up and down  
50 regulate the expression of different genes. However, knowing this only tells us how  
51 metamorphosis happens, not how it or other forms of complex life cycles evolved. Where did the  
52 different genes expressed by different life stages come from, and how did they evolve to generate  
53 the incredibly different morphologies seen between life stages? Theory suggests that an  
54 important mechanism that generates new genes is when an existing gene gets duplicated. The  
55 copies then evolutionarily diverge, resulting in genes with different functions and expression  
56 patterns. This theory has been predominately developed around the evolution of different cell  
57 and tissue types within an organism. Here, we apply this same concept towards explaining the  
58 changes in gene expression between different life stages across the monarch butterfly  
59 metamorphosis. Consistent with theory, we found that as genes duplicated and evolutionarily  
60 diverged, their patterns of gene expression across life stages became increasingly different.  
61 Overall, these findings link the evolution of complex life cycles to a more general understanding  
62 of how biological complexity evolves through gene duplication.

63

64 **Introduction**

65 Many groups of organisms undergo extensive morphological and ecological shifts  
66 throughout their life cycles. These shifts appear gradual in some organisms, as seen in the  
67 relatively continuous development from infant to adult in primates. However, these shifts seem  
68 more complex in many other organisms; a larva first must transition into an intermediate pupal  
69 stage before restructuring its morphology into the form of a butterfly. Changes in life cycle

70 complexity have been associated with the diversification of many taxa throughout natural history  
71 (Wheeler et al. 2001; Reiss 2002). Despite nearly a century of interest in the evolution of  
72 complex life cycles, we still lack a general understanding of the mechanisms that facilitate  
73 divergence in the morphologies and functions expressed by organisms throughout their lives.

74 This gap in our understanding can be partially attributed to the view that complex life  
75 cycles are divided into stages that are discrete, which is the central assumption made in  
76 foundational theoretical work (Istock 1967; Moran 1994). While this assumption can capture the  
77 punctual ecological and developmental dynamics exhibited by organisms that are considered to  
78 have complex life cycles, it has also generated the dichotomy that organisms either do or do not  
79 have complex life cycles (Moran 1994). However, considering life cycle complexity as a  
80 continuous spectrum has the potential to provide more basic insight into the processes that  
81 facilitate life cycle evolution. It is apparent that the transition from one life stage to the next  
82 requires continuous changes in the relative abundance, activity, or placement of different cells  
83 and tissues (Haldane 1932). Therefore, we propose that from an organismal perspective, life  
84 cycle evolution can be more fundamentally described by the body of theory concerning the  
85 evolution of cell and tissue differentiation, which focuses on describing the mechanisms that  
86 facilitate evolutionary change in gene function and patterns of expression.

87 The adaptive decoupling hypothesis is the most prominent explanation for the evolution  
88 of complex life cycles, and is an extension of an earlier hypothesis that different life stages adapt  
89 independently to the niches they occupy (Istock 1967; Moran 1994). The adaptive decoupling  
90 hypothesis elaborates that complex life cycles allow different stages to independently respond to  
91 natural selection by genetically decoupling the development of their traits (Moran 1994). This  
92 hypothesis predicts that genetic variation should generate phenotypic variation in certain life

93 stages but not others. Many studies have found results consistent with this prediction (Fellous  
94 and Lazzaro 2011; Aguirre et al. 2014; Goedert and Calsbeek 2019; Schott et al. 2022), and more  
95 recent studies have elucidated variation in gene expression between stages as the likely driver of  
96 said genetic independence (Herrig et al. 2021; Collet et al. 2023). However, the predictions made  
97 by the adaptive decoupling hypothesis are limited to descriptions of extant signatures of  
98 decoupled traits, which fails to provide a mechanism that explains how trait decoupling evolves.  
99 We propose that the evolution of trait decoupling can be explained by the mechanisms already  
100 established in the evolution of cell and tissue differentiation because transitions between life  
101 stages are driven by continuous turnover in cell and tissue types and functions.

102 Gene duplication is the best described mechanism that generates evolutionary change in  
103 patterns of gene expression between cells and tissues (Gu et al. 2002; Huminiecki and Wolfe  
104 2004; He and Zhang 2005; Li et al. 2005). However, other non-exclusive mechanisms, such as  
105 regulatory network evolution, are likely at play but have been more challenging to empirically  
106 study (Wagner 2001; Teichmann and Babu 2004; Zhang et al. 2004). Gene duplication can be  
107 generated through unequal crossing over, retrotransposition, and chromosomal duplication and  
108 provides a rich source of genetic variation that can facilitate major evolutionary change (Ohno,  
109 Susumu 1970; Zhang 2003). Hypotheses concerning the evolution of duplicate genes share key  
110 similarities with the adaptive decoupling hypothesis. For example, the neofunctionalization  
111 hypothesis suggests that retention of the ancestral function in one copy alleviates selective  
112 constraints on the other copy, allowing it to develop novel functions more efficiently (Ohno,  
113 Susumu 1970). However, a role of neutral evolution in generating functional divergence between  
114 duplicate genes has also been described (Force et al. 1999; He and Zhang 2005), thus offering a  
115 mechanism by which traits could diverge between stages that more comprehensively accounts

116 for the processes that drive evolutionary change. More generally, the idea that complexity is  
117 added to a genome through gene duplication is well established (Ohno, Susumu 1970; Martin  
118 1999; Lynch and Conery 2003), and empirical evidence for gene duplication resulting in more  
119 complex phenotypes has been documented in a variety of taxa (Tian et al. 2008; Rivera et al.  
120 2010; Leite et al. 2018; Chen et al. 2023). Therefore, investigating the link between gene  
121 duplication and life cycle evolution has potential to broaden our understanding of how biological  
122 complexity evolves.

123           Although there are several nuances to predicting the relationship between sequence  
124 evolution and expression pattern evolution in duplicate genes, the general expectation is that the  
125 evolution of duplicate genes leads to more divergent and (stage) specific expression patterns  
126 (Huminiecki and Wolfe 2004; Li et al. 2005). While this insight has primarily been derived from  
127 relating duplicate gene evolution to expression pattern divergence between different mammalian  
128 tissues, we hypothesize that the same patterns will emerge when examining temporal patterns of  
129 gene expression across a complex life cycle. To test the predictions that the evolution of  
130 duplicate genes corresponds with more divergent and stage-specific expression patterns (Figure  
131 1), we examined patterns of gene expression across the holometabolous life cycle of the monarch  
132 butterfly, *Danaus plexippus*. The *D. plexippus* life cycle is characterized by a non-dispersive  
133 caterpillar stage that is specialized for feeding on milkweed foliage, followed by a non-feeding  
134 pupal stage during which metamorphosis occurs, and a final highly dispersive imaginal  
135 (butterfly) stage that is specialized for reproduction and feeding on nectar. The extreme  
136 ontogenetic niche shifts and trait divergence between stages makes *D. plexippus* a promising  
137 model system for studying the evolutionary processes that generate morphological and functional  
138 divergence throughout life cycles.

139

140 **Methods**

141 *Experimental design and D. plexippus rearing*

142 To quantify changes in gene expression across the holometabolous development of *D.*  
143 *plexippus*, we sequenced mRNA extracted from third instars, fifth instars, early pupae (one day  
144 after pupation), late pupae (6-8 days after pupation), and adults (several hours after eclosion). A  
145 previous study has suggested that feeding on more toxic milkweed induces changes in gene  
146 expression during the second instar (Tan et al. 2019). Therefore, we reared larvae on both  
147 *Asclepias incarnata* (less toxic) and *Asclepias curassavica* (more toxic) to ensure that our  
148 findings are robust to a major source of environmental variation. We collected five individuals at  
149 each stage and from each plant for mRNA quantification.

150 Parental (P) *D. plexippus* butterflies were caught in St. Marks, Florida, U.S.A.  
151 (30°09'33"N 84°12'26"W) during October of 2022. Butterflies were overwintered in a 14°C  
152 incubator (to maintain a state of diapause) and were fed approximately 10%-20% honey water  
153 every ten days. During March of 2023, butterflies were mated to establish an F1 generation. F1  
154 caterpillars were reared on *Asclepias curassavica* and after maturation and mating, the F2  
155 caterpillars used in this experiment were reared on either *A. curassavica* or *A. incarnata*. To  
156 reach the necessary sample size, we used F2 caterpillars from two different lineages that did not  
157 share P or F1 ancestors. Treatments of plant species and development stage were randomly  
158 distributed to caterpillars from both lineages to minimize confounding due to genetic  
159 background. All individuals sampled in this study were reared at the same time and in the same  
160 conditions (See Appendix section 1.1-1.3 for details).

161

162 *Sample collection and preparation*

163

164 To minimize possible effects of sample handling, all caterpillars, pupae, and adults were  
165 snap frozen in liquid nitrogen before being stored at -80°C. Third instars, fifth instars, early  
166 pupae, and late pupae were all frozen in sterile centrifuge tubes, and adults were frozen in  
167 glassine envelopes several hours after eclosion (after their wings had finished expanding). For  
168 each day freezing took place, samples were stored in a polystyrene foam cooler full of dry ice  
169 until all flash freezing for that day was completed. This process took approximately one hour or  
170 less on any given day, so no sample was on dry ice for more than an hour before being  
171 transferred to the -80°C freezer. All freezing took place in the same greenhouse room that the  
172 caterpillars were reared in, and no individual left said room before being frozen throughout the  
173 duration of the experiment.

174 Because we were interested in global gene expression patterns, we collected samples by  
175 homogenizing whole bodies using a sterile porcelain mortar and pestle. Each sample for a given  
176 round of homogenization was placed in a cooler filled with dry ice. Samples were individually  
177 placed in a mortar and liquid nitrogen was constantly added throughout the homogenization to  
178 prevent samples from thawing. After a given sample was completely homogenized, homogenate  
179 was quickly collected using a sterile polypropylene spatula and stored in a fresh centrifuge tube.  
180 Twenty samples were randomly selected for each round of homogenization.

181

182 *RNA extraction and sequencing*

183

184 We used a Promega SV Total Isolation System kit to extract total RNA from *D. plexippus*  
185 homogenate. While our workflow generally followed the manufacturer's suggested protocol, we  
186 made several alterations to obtain higher quality RNA. Briefly, we doubled the recommended  
187 RNA lysis buffer, increased the relative centrifugal force in all centrifugation steps, and included  
188 an additional centrifugation step to better clear organic contaminants and improve final extract  
189 purity. The full RNA extraction protocol used can be found in Appendix Section 1.5. After each  
190 extraction, we used a NanoDrop to quantify the purity and concentration of the RNA. Samples  
191 with an A260/A280 or an A260/A230 of less than 1.95 were discarded and re-extracted. After all  
192 extractions were completed, purified RNA was packaged in dry ice and sent to Novogene  
193 (Sacramento, CA) for library preparation and sequencing. Briefly, Novogene used an Agilent  
194 5400 Fragment Analyzer System to confirm that all samples had adequate purity levels,  
195 concentrations, and volumes, as well as acceptable RNA integrity numbers (minimum = 7.9).  
196 Libraries were then prepared via poly-A tail selection and sequenced using a 150bp paired-end  
197 approach on a NovaSeq 6000 sequencing system, thus ensuring at least 20 million reads were  
198 obtained for each sample.

199

200 *Sequence processing and gene expression quantification*

201

202 Initial quality control of raw sequences was performed by Novogene, where adapter  
203 sequences, reads with ambiguous base calls in greater than 10% of the read, and reads with a  
204 phred score of less than or equal to 5 in 50% of the read were removed. After receiving the  
205 sequences from Novogene, we used FASTQC to generate additional quality reports for each

206 sample (Andrews 2010). This showed that the median phred score did not drop below 30 at any  
207 position for any sample. Therefore, no additional sequence quality control was performed.

208 To quantify transcript abundances for each gene, we used kallisto (v.0.46.2) to pseudo-  
209 align reads to the coding sequences of the *D. plexippus* reference genome (v.Dpv3, GenBank  
210 Assembly = GCA\_000235995.2) (Zhan et al. 2011). Downstream analyses were performed using  
211 transcript per million normalized read counts (automatically generated by kallisto) to minimize  
212 biases due to unequal gene lengths and varying library sizes (Wagner et al. 2012; Abrams et al.  
213 2019). Prior to analyses that involved phylogenetic-gene expression comparisons and expression  
214 specificity, transcript/million values were log transformed.

215

216 *Quantifying gene expression divergence between stages*

217

218 Our objective was to quantify the overall transcriptional dissimilarity between stages. We  
219 used Manhattan distances to quantify this dissimilarity because our data were high dimensional  
220 and because we wanted to consider the magnitudes of transcriptional changes. We first computed  
221 the Manhattan distance between each sample using the *dist* R function (R Core Team 2022). We  
222 then used the *adonis2* function from the *vegan* R package (v.2.6-4) (Oksanen et al. 2022) to  
223 perform a permutational multivariate analysis of variance (PERMANOVA) with 999  
224 permutations, where developmental stage and plant were initially considered as factors. We then  
225 performed a PERMANOVA on each set of adjacent stages, as well as between each larval stage  
226 and the adult stage. To visualize global expression divergence between stages, we performed  
227 principal coordinate analysis using the *prcomp* R function (R Core Team 2022).

228

229 *Quantifying the relationship between gene phylogenetic divergence and expression pattern*  
230 *divergence within homologous groups*

231  
232 To infer homology between genes, we first used PSI-BLAST (BLAST 2.5.0+) (Altschul  
233 1997) with five iterations to align all *D. plexippus* protein sequences to each other. Genes were  
234 then inferred to be homologous if the query sequence showed at least 30% similarity across the  
235 length of the target sequence, as well as an E-value of at least  $1 \times 10^{-10}$ . To examine how including  
236 more distant homologs could impact our analysis, we performed an additional analysis where  
237 homology was inferred based on at least 20% similarity across 70% of the target sequence and an  
238 E-value of less at least  $1 \times 10^{-5}$ . These less stringent similarly cutoffs for homology inference  
239 showed consistent results with our primary analysis (Appendix section 3.2). Homologous pairs  
240 were assembled into sets of two-node subgraphs, and subgraphs were then merged based on  
241 common node identity to assemble homologous groups.

242 To quantify the phylogenetic distance between members of inferred homologous groups,  
243 we first used MUSCLE (v.5.1) to create a multiple sequence alignment for each group (Edgar  
244 2004). We then used IQ-TREE2 (v.2.1.4) to identify the best fit sequence evolution model and  
245 infer maximum likelihood phylogenies for each multiple sequence alignment (Kalyaanamoorthy  
246 et al. 2017; Minh et al. 2020). We then used the *cophenetic.phylo* function from the *ape* R  
247 package (v. 5.7-1) (Paradis and Schliep 2019) to calculate pairwise phylogenetic distances from  
248 each homologous group tree, which we note are based on sequence divergence and not inferred  
249 divergence time. To calculate pairwise expression pattern distances we mean centered and  
250 standardized the median transcript/million value for each gene across stages by dividing the  
251 difference between the transcript/million value and the mean value for each gene by the standard

252 deviation of transcript/million values across stages. This allowed us to better capture temporal  
253 trends in expression by minimizing similarities due to expression magnitudes. We then calculated  
254 the pairwise Euclidian distance between each gene expression pattern within a given homologous  
255 group using the *dist* R function (R Core Team 2022). Finally, we used Mantel tests to calculate  
256 the correlation between phylogenetic and expression pattern distance matrices for each  
257 homologous group, which were implemented via the *mantel* function in the *vegan* R package  
258 (v.2.6-4) (Oksanen et al. 2022). We then used a t-test to test if the distribution of correlation  
259 coefficients was positively shifted from 0, which was implemented using the *t.test* R function (R  
260 Core Team 2022).

261

262 *Quantifying the relationship between phylogenetic diversity and expression pattern diversity*  
263 *across homologous groups*

264

265 The diversity ( $D$ ) of each previously described phylogenetic tree was calculated as the  
266 sum of branch lengths:  $D = \sum_{i=1}^n l_i$ , where  $n$  represents the number of branches and  $l_i$  represents  
267 the length of the  $i$ th branch. To quantify expression pattern diversity, we first used the Ward  
268 method to created hierarchical clustering graphs of the temporal expression patterns for each  
269 gene. Prior to clustering, the transcripts/million values for each gene were mean centered and  
270 standardized because hierarchical clustering will group expression patterns that show distinct  
271 temporal trends but have more similar average relative abundances across time points. For each  
272 hierarchical clustering graph, diversity was calculated as previously described for phylogenetic  
273 diversity. All hierarchical clustering graphs were constructed using the *hclust* R function and all  
274 linear models were fit using the *lm* R function (R Core Team 2022). Our data was non-linearly

275 related and both phylogenetic diversity (Shapiro-Wilk test,  $W = 0.717$ ,  $p = 2.909e-16$ ) and  
276 expression pattern diversity ( $W = 0.570$ ,  $p < 2.2e-16$ ) were non-normally distributed. Therefore,  
277 we tested that expression pattern diversity monotonically increases with phylogenetic diversity  
278 using Spearman's rank correlations, which was implemented using the *cor.test* R function (R  
279 Core Team 2022). We examined correlations across all homologous groups, as well as within  
280 homologous group sizes that had five or more groups to discern the effects of gene addition and  
281 phylogenetic diversification within groups.

282

283 *Expression specificity calculation and analysis*

284

285 Stage-specificity for each gene was calculated using the tissue specificity index  $\tau$  (Yanai  
286 et al. 2005), which ranges from 0 (equal expression across stages) to 1 (expression in a single  
287 stage):  $\tau = \frac{\sum_{i=1}^N (1-x_i)}{N-1}$ , where  $N$  is the number of stages (for our purposes) and  $x_i$  is the expression  
288 level normalized to the maximum expression value across stages. Although  $\tau$  was developed for  
289 assessing tissue specificity, it has been used to gain insight into temporal specificity as well  
290 (Cardoso-Moreira et al. 2019). We then performed a Kolmogorov–Smirnov test using the *ks.test*  
291 R function (R Core Team 2022) to assess if the distribution of  $\tau$  values was shifted in duplicated  
292 genes relative to singleton genes.

293

294 **Results**

295 *The extent of transcriptional divergence between *D. plexippus* larvae and pupae is comparable  
296 to the divergence between larvae and adults.*

297

298 Because all distinct phenotypes expressed throughout a complex life cycle are coded by  
299 the same genome, trait decoupling must be mediated through variation in gene expression across  
300 stages. Therefore, we were first interested in the extent that gene expression has diverged  
301 between stages throughout the *D. plexippus* metamorphosis.

302 Overall, we found that gene expression significantly varied by developmental stage ( $F = 61.36$ ,  $p < 0.001$ ) but not plant host ( $F = 0.88$ ,  $p = 0.47$ ) (Figure 2). We then performed pairwise  
303 comparisons to test for differences between subsequent stages, as well as between larvae and  
304 adults. Following *D. plexippus* throughout metamorphosis: the transition from third instar to fifth  
305 instar involves some, but relative few changes in gene expression (distance =  $6.97 \times 10^5$ ,  $F = 18.67$ ,  $p < 0.001$ ). Then a substantial change in gene expression occurs during the transition from  
306 fifth instar to early pupa (distance =  $1.22 \times 10^6$ ,  $F = 68.06$ ,  $p < 0.001$ ), followed by a slightly  
307 smaller but comparable change from early pupa to late pupa (distance =  $1.20 \times 10^6$ ,  $F = 62.25$ ,  $p <$   
308 0.001). Finally, the transition from late pupa to adult involves a modest change in gene  
309 expression (distances =  $9.37 \times 10^5$ ,  $F = 35.43$ ,  $p < 0.001$ ), but said change is notably less than the  
310 changes involved in the previous two transitions. It's interesting to note that the extent of  
311 divergence in gene expression between fifth instars and early pupae is comparable to the  
312 divergence between both larval stages and adults (third instar: distance =  $1.16 \times 10^6$ ,  $F = 108.08$ ,  
313  $p < 0.001$ ; fifth instar: distance =  $1.24 \times 10^6$ ,  $F = 71.65$ ,  $p < 0.001$ ). This distinction in early pupae  
314 appears to involve a decrease in metabolic investment and an increase in immune investment  
315 (Appendix Figure S7). More broadly, the transcriptional changes across stages appear to be  
316 mostly driven by differential investment in metabolism and genetic information processing,  
317 consistent with niche shifting and developmental requirements (Appendix Figure S7).

320

321 *Phylogenetic divergence between homologs generally corresponds with increased divergence in*  
322 *temporal expression pattern.*

323

324 As previously described, the general hypothesized outcome of evolutionary divergence  
325 between homologs, which we measured using phylogenetic distances based on sequence  
326 divergence, is increased divergence in their expression patterns. Consistent with this hypothesis,  
327 we generally found a positive relationship between phylogenetic distance and expression pattern  
328 distance within homologous groups (Figure 3). Specifically, a positive association was observed  
329 in approximately 72% of groups. However, we note that there is variation in the both the strength  
330 and direction of said correlations, with the remaining 28% of groups showing null or negative  
331 correlations. Nonetheless, the distribution of correlation coefficients is shifted positively from 0  
332 (mean = 0.19,  $t = 6.29$ ,  $p = 5.38 \times 10^{-9}$ ).

333

334 *Diversity in the temporal expression patterns exhibited by homologous groups increases with*  
335 *their phylogenetic diversity.*

336

337 If expression pattern diverges with phylogenetic divergence between genes within a  
338 homologous group, the predicted emergent pattern is that as a homologous groups diversifies (in  
339 both size and sequence divergence), the group as a whole should accumulate more different  
340 patterns of gene expression. This would result in increased overall expression pattern diversity in  
341 homologous groups that are more phylogenetically diverse, which we measured using sequence  
342 divergence. Consistent with this hypothesis, we found a positive relationship between  
343 phylogenetic diversity and expression pattern diversity ( $p = 0.8345$ ,  $p < 2.2e-16$ ) (Figure 4).

344 However, we also found that the increase in expression pattern diversity started to saturate at  
345 higher phylogenetic diversities, and that this relationship was better described by a quadratic  
346 model than a linear model (linear model SSE = 826.78, quadratic model SSE = 823.52).

347 The positive relationship between phylogenetic and expression pattern diversity could  
348 have been driven by the addition of genes to homologous groups, as opposed to phylogenetic  
349 diversification within the group. Therefore, we examined the relationship within each  
350 homologous group with five or more replicates. This analysis revealed positive correlations  
351 between phylogenetic and expression pattern diversification for each of the six smaller  
352 homologous group sizes (mean  $\rho = 0.30$ , 95% CI = [0.15, 0.45]), where we had statistical power  
353 to detect this positive relationship in two out of six homologous group sizes ( $p \leq 0.0185$ ).  
354 However, in the two larger group sizes, we found no associations between phylogenetic and  
355 expression pattern diversification (mean  $\rho = -0.52$ , p range = [0.825, 0.8792]). Full results for  
356 each group size can be found in Appendix Table S4. Overall, these results support a positive but  
357 saturating relationship between phylogenetic and expression pattern diversity.

358

359 *Genes within duplicated genes tend to show more stage-specific expression patterns than*  
360 *singleton genes.*

361

362 Another key prediction regarding expression pattern divergence between duplicate genes  
363 is that copies will show increased stage specificity. Consistent with this prediction, we found that  
364 genes within homologous groups tended to show increased stage specificity relative to singleton  
365 genes ( $D = 0.193$ ,  $p < 2.2 \times 10^{-16}$ ) (Figure 5).

366

367 **Discussion**

368        Although many studies have investigated the genetic decoupling of traits between life  
369    stages, the evolutionary causes and consequences of trait decoupling remain less understood.  
370    Therefore, we investigated the link between gene duplication and transcriptional divergence  
371    between stages across the *D. plexippus* metamorphosis. By examining how temporal gene  
372    expression patterns changed with phylogenetic divergence between duplicate genes, we found  
373    that more distantly related genes tended to show more diverged patterns of gene expression  
374    (Figure 3). Although the use of pairwise comparisons has been criticized for assessing the  
375    relationship between sequence and expression divergence across species (Dunn et al. 2018), as  
376    this was not a comparative study across species, distinguishing patterns of divergence between  
377    orthologs and paralogs was not central to our goals (duplications that occurred in an ancestral  
378    species or more recently could both contribute to trait decoupling between stages). We also found  
379    that more phylogenetically diverse groups generally exhibited more diverse patterns of gene  
380    expression (Figure 4) and that genes within homologous groups showed increased stage-  
381    specificity relative to singleton genes (Figure 5). As predicted, these results are consistent with  
382    studies that have examined the role of gene duplication in facilitating expression divergence  
383    between different cells and tissues (Gu et al. 2002; Huminiecki and Wolfe 2004; He and Zhang  
384    2005; Li et al. 2005; Yanai et al. 2005; Cardoso-Moreira et al. 2019). This consistency suggests  
385    that theories of evolution by gene duplication can be applied more generally towards  
386    understanding functional differentiation between stages at the organismal level.

387        Our findings significantly expand on previous findings that duplicate genes were more  
388    likely to vary in expression between larvae and pre-pupae in several *Drosophila* species than  
389    singleton genes. (Gu et al. 2004). A more nuanced pattern that we observed was a saturating

390 relationship between phylogenetic diversity and expression pattern diversity. This pattern was  
391 recapitulated across homologous group sizes, where the positive relationship between expression  
392 pattern diversity and phylogenetic diversity disappeared at larger and more diverse groups  
393 (Figure 4). Similar patterns have been documented in humans, mice, and yeasts, with expression  
394 divergence occurring more rapidly at shorter evolutionary time scales before plateauing at longer  
395 time-scales (Gu et al. 2002; Makova and Li 2003; He and Zhang 2005). Possible explanations for  
396 this pattern include decoupled rates of evolution in coding sequence and regulatory elements,  
397 dosage sensitivities/balancing, and additional complexities related to neo/sub-functionalization  
398 dynamics (Wagner 2000; Wagner 2001; Papp et al. 2003; Qian and Zhang 2008). Regardless of  
399 the specific mechanisms, which are beyond the focus of this study, finding this consistency  
400 provides stronger evidence that our results recapitulate more fundamental work on duplicate  
401 gene evolution. However, deviations from the predicted relationship between phylogenetic  
402 divergence and expression pattern divergence were also found. These deviations could likely be  
403 explained by the historical context in which specific homologous groups originated and evolved.  
404 For example, whether or not the duplication event was lineage-specific or occurred ancestrally,  
405 whether or not duplicates arose from a small-scale duplication event or a chromosomal  
406 duplication event, and relative importance of selective and neutral processes in generating  
407 sequence divergence, are all expected influence duplicate functionalization and expression  
408 divergence (Makova and Li 2003; Huminiecki and Wolfe 2004; He and Zhang 2005).

409 We interpret our results as evidence for an important link between gene duplication and  
410 life cycle evolution. However, it is important to emphasize that we do not suggest that expansion  
411 of the specific homologous groups identified in our analyses were directly involved in the origin  
412 of holometabolous development; the origin of holometabolous development was not the focus of

413 this study. Rather, our aim was to search for a general process by which traits become temporally  
414 decoupled, which would result in greater life cycle complexity when said traits are accumulated  
415 over time. Previous studies have documented the patterns that emerge from temporal trait  
416 decoupling. Genetic independence of traits expressed by different stages has been well described  
417 (see: (Cheverud et al. 1982; Aguirre et al. 2014; Goedert and Calsbeek 2019; Medina et al. 2020)  
418 for examples and (Collet and Fellous 2019) for a detailed review), and more recent studies have  
419 elucidated variation in gene expression between stages as the likely cause of said independence  
420 (Critchlow et al. 2019; Herrig et al. 2021; Schott et al. 2022; Collet et al. 2023). Our findings are  
421 consistent with this interpretation as well. However, a common theme across previous studies is  
422 that decoupling is variable and not universal to all traits or genes. Therefore, a more mechanistic  
423 understanding of how decoupling evolves is needed to understand life cycle evolution more  
424 comprehensively. Our findings suggest a role of gene duplication in the decoupling of traits and  
425 more generally in facilitating divergence in temporal gene expression patterns across stages.

426         Although our findings suggest an important link between gene duplication and life cycle  
427 evolution, we are not able to make causal inferences because gene duplication is not the only  
428 mechanism that facilitates evolutionary change in gene expression patterns. Genes are expressed  
429 through regulatory networks, and evolutionary changes to said regulatory elements may be  
430 facilitated by, but do not require gene duplication. (Wagner 2001; Zhang et al. 2004). It is  
431 possible that decoupling of traits between life stages is predominately driven by regulatory  
432 evolution. Under this hypothesis, the associations we described between sequence divergence  
433 and expression divergence could be attributed to regulatory divergence between homologous  
434 genes, as opposed to their differential functionalization. Likewise, the regulatory environment of  
435 a given stage can shape patterns of stage specificity in gene expression, which has the potential

436 to influence how duplicate genes evolve. For example, if a gene is expressed ubiquitously across  
437 stages, duplication could lead to broad deleterious effects through dosage sensitivity (Papp et al.  
438 2003). Therefore, it is possible that duplicates of genes with stage-specific expression patterns  
439 are more likely to be retained, which could explain our observation that duplicate genes show  
440 more stage-specific expression patterns. These alternative hypotheses do not necessarily exclude  
441 a role of gene duplication in facilitating life cycle evolution, and future studies that aim to  
442 quantify their relative importance will lend key insight into the evolution of life cycle  
443 complexity. One approach would be to understand how regulatory elements (such as  
444 transcription factors) and duplicate genes have evolved across lineages with varying degrees of  
445 life cycle complexity.

446 Because our samples consisted of whole bodies, the variation in gene expression  
447 observed between stages likely represents shifts in the relative abundance or activity of different  
448 cell and tissue types throughout the *D. plexippus* post-embryonic development. This, paired with  
449 the consistency of our findings with work on the role of gene duplication in generating functional  
450 differentiation between cells and tissues suggests that life cycle evolution in multicellular  
451 organisms can be more fundamentally understood through evolutionary shifts in the timing at  
452 which different cell and tissue types and functions are expressed. This echoes Haldane's earlier  
453 ideas that changes in the timings in which genes act is an important aspect of evolutionary  
454 change (Haldane 1932). From this perspective, the continuous transition from infant to adult in  
455 primates could be mechanistically linked to the extreme transition from larva to butterfly in  
456 lepidopterans.

457

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461           rearing, and the members of the de Roode lab for help in managing monarch mating. This work  
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463

464           **Author Contributions**

465           J.G.D and J.C.dR designed and performed research. J.G.D analyzed the data. J.G.D and  
466           J.C.dR wrote the paper.

467

468           **Competing interests**

469           The authors declare no competing interests.

470

471           **Data and code availability**

472           All sequences and count matrices generated for this project have been deposited in the NCBI  
473           GEO database and can be accessed with the accession number GSE253389 or the BioProject  
474           accession number PRJNA1065445. All code written for data analysis can be accessed at  
475           <https://github.com/gabe-dubose/mtstp>.

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477           **References**

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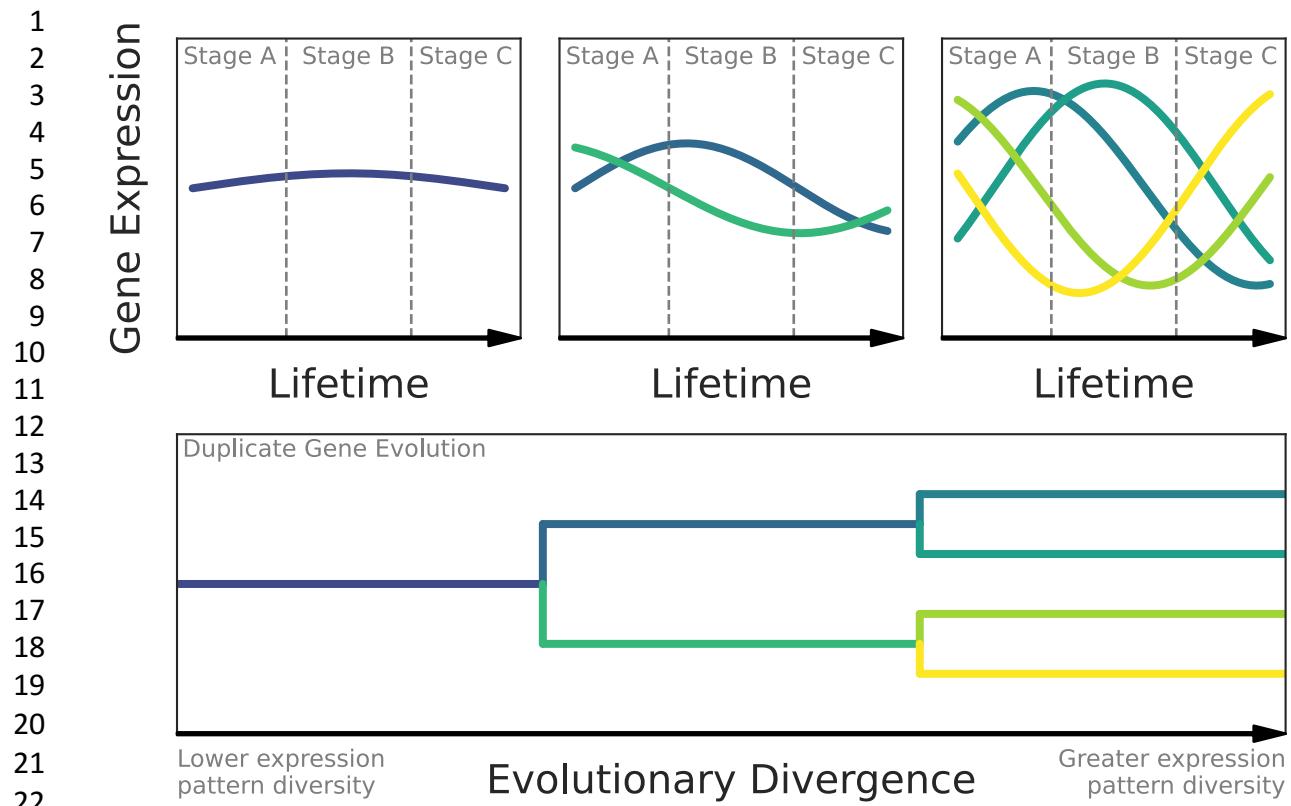
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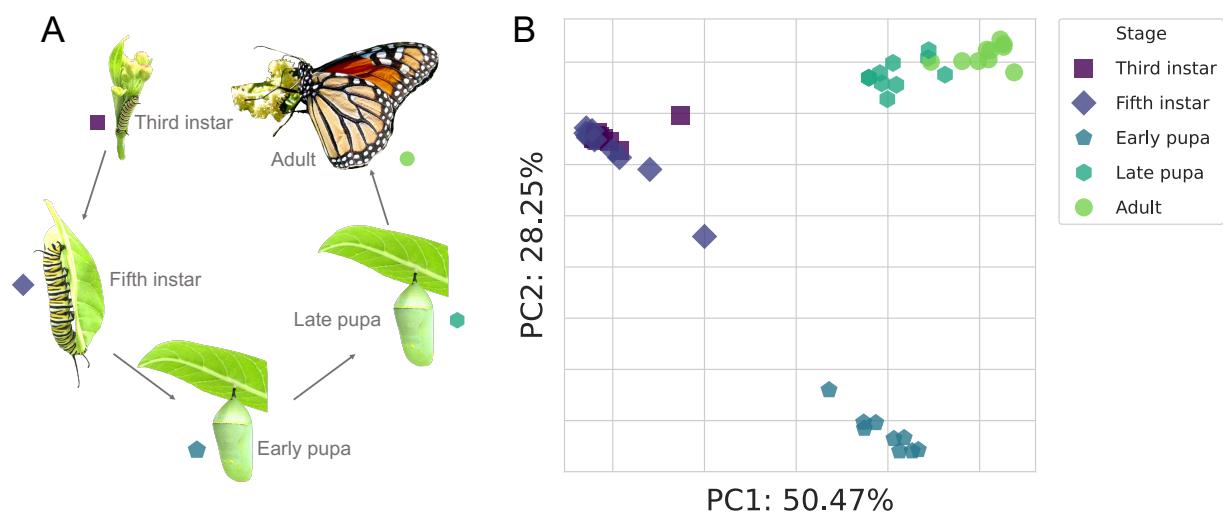
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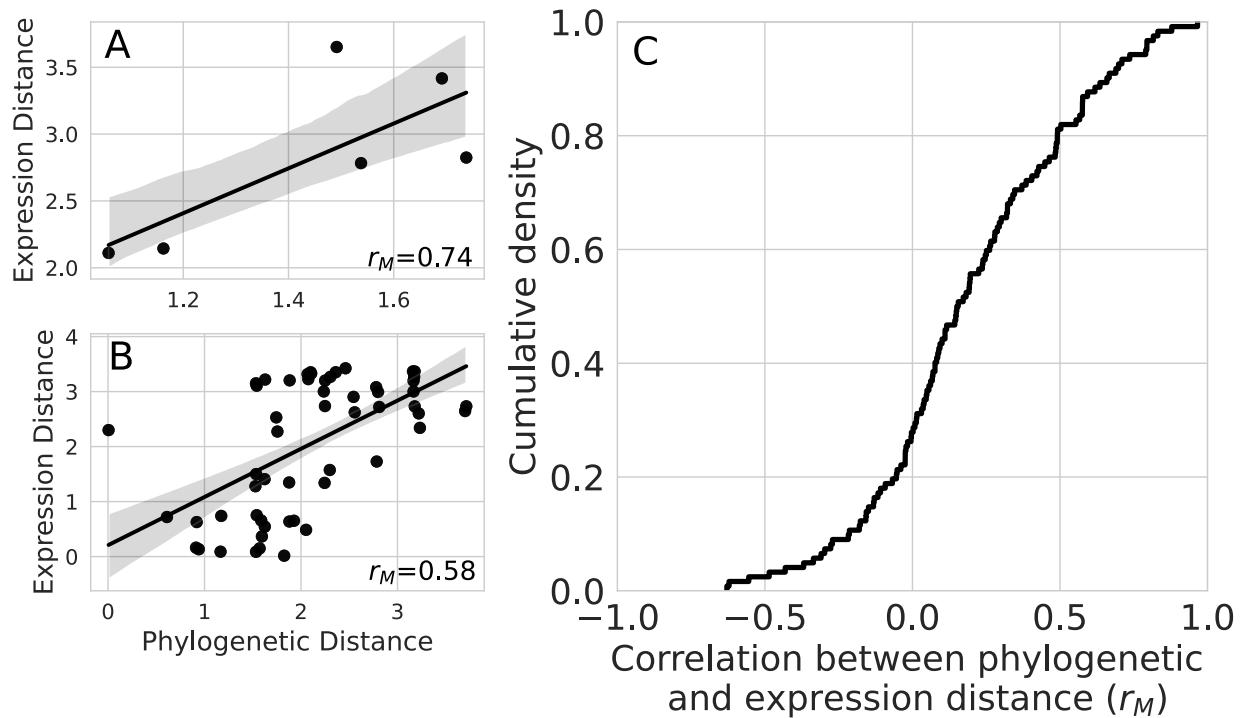


**Figure 1.** A conceptual diagram showing the hypothesized mechanism of how duplicate gene evolution could lead to divergence in gene expression (and consequently phenotypes) between perceived stages in a complex life cycle. Initially, a given gene has an expression pattern that is relatively uniform throughout an organism's lifetime. After duplication, the expression patterns of each copy tend to diverge and become more stage specific. After additional duplication and divergence, expression tends to diverge and specify even more between copies. This makes the expression at each stage substantially more distinct from other stages, which would result in greater phenotypic divergence between stages if the duplicates functionally diverged as well. This diagram does not show all possible fates of duplicate genes.

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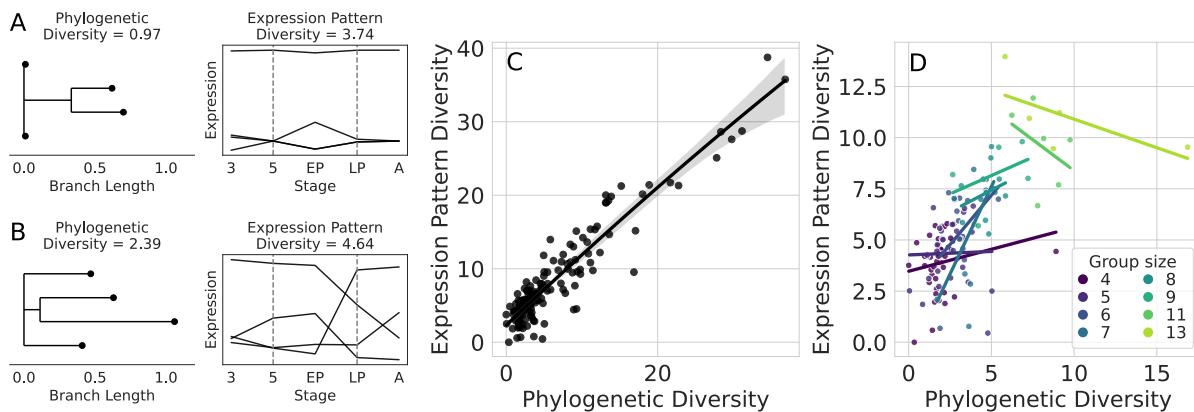


**Figure 2.** A depiction of how morphology and transcription changes across the *D. plexippus* lifecycle. A) Images of each life stage sampled in this study showing. B) A principal coordinate analysis plot showing substantial transcriptional divergence between life stages. Each point represents the global gene expression profile of an individual, and closer points indicate more similar gene expression profiles. Axis labels indicate principal coordinate rank and the proportion of variance explained.



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91 **Figure 3.** Phylogenetic distance positively correlates with expression pattern distance in most  
92 homologous gene groups. The correlation between phylogenetic and expression distances in a set  
93 of A) Hox homologs and B) Osiris homologs. In A and B, each point indicates the phylogenetic  
94 and expression distance for a pair of genes within the homologous groups. A and B are meant to  
95 contextualize the broader analysis, not to lend interpretations about the specific homologous  
96 groups used for demonstration purposes. C) The empirical cumulative density function of  
97 correlation coefficients between phylogenetic distance and expression pattern distance across all  
98 homologous groups. Values greater than 0 indicate a positive correlation and greater values  
99 indicate stronger correlations. Overall, the majority of the distribution (approximately 72%)  
100 consists of positive correlations.  
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116 **Figure 4.** More phylogenetically diverse homologous groups exhibit more diverse patterns of  
 117 expression. A) An example of a less phylogenetically diverse homologous group (a geranylgeranyl  
 118 diphosphate synthase-like group) showing less diverse patterns of expression. B) An example of a  
 119 more phylogenetically diverse group (an arrestin-like group) showing more diverse patterns of  
 120 expression. A and B are meant to contextualize the broader analysis, not to lend interpretation  
 121 about the specific homologous groups used for demonstration purposes. C) The relationship  
 122 between phylogenetic and expression pattern diversity across all homologous groups. The solid  
 123 black line depicts the fit quadratic model, and the light gray area indicates the 95% confidence  
 124 interval for said model. D) The relationship between phylogenetic and expression pattern diversity  
 125 by homologous group size. Each line represents the linear model fit to each homologous group  
 126 size (only group sizes with five or more replicates were considered in this analysis).

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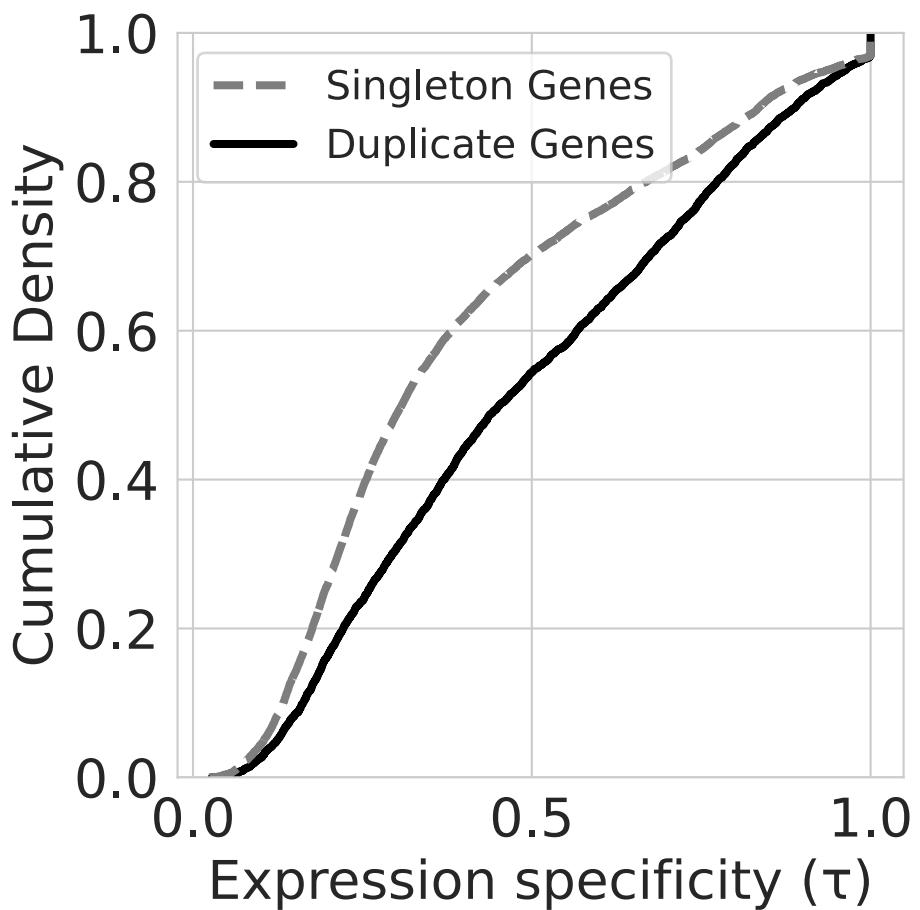
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**Figure 5.** The expression patterns of duplicate genes show increased stage-specificity relative to singleton genes. The empirical cumulative density functions of expression specificity values for duplicate (solid line) and singleton (dashed line) genes. Higher expression specificity values indicate increased stage-specificity.

Appendix for:  
*The link between gene duplication and divergent patterns of  
gene expression across a complex life cycle*

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## Contents

<b>1</b>	<b>Extended Methods</b>	<b>2</b>
1.1	Study system and experimental design . . . . .	2
1.2	Milkweed cultivation . . . . .	2
1.3	<i>D. plexippus</i> Rearing . . . . .	2
1.4	Sampling across life stages . . . . .	3
1.5	RNA extraction and sequencing . . . . .	3
1.6	Sequence processing and gene expression quantification . . . . .	4
1.7	Quantifying gene expression divergence between stages . . . . .	5
1.8	Inferring homologous gene groups . . . . .	5
1.9	Quantifying the relationship between gene phylogenetic divergence and expression pattern divergence within homologous groups . . . . .	5
1.10	Quantifying the relationship between phylogenetic and expression pattern diversity . . . . .	5
1.11	Expression specificity calculation and analysis . . . . .	6
<b>2</b>	<b>Methodological Summaries</b>	<b>6</b>
2.1	RNA quality control report . . . . .	6
2.2	RNA sequencing statistics . . . . .	7
2.3	Summary of homologous gene group inferences . . . . .	9
<b>3</b>	<b>Supporting Results</b>	<b>10</b>
3.1	Analysis of transcriptional divergence using correlation-based distances . . . . .	10
3.2	Reanalysis based on less stringent homology inference . . . . .	10
3.2.1	Correlations between phylogenetic and expression pattern diversity . . . . .	10
3.2.2	Expression pattern specificity . . . . .	13
3.3	Broad functional overview . . . . .	13

# 1 Extended Methods

## 1.1 Study system and experimental design

Holometabolous development involves the transition from a larval stage that is typically specialized for feeding and growth to a stationary or less mobile pupal stage. During the pupal stage, dramatic morphological restructuring occurs, resulting in a distinct adult stage that is typically specialized for dispersal and reproduction.

To quantify changes in gene expression across the holometabolous development of *Danaus plexippus*, we sequenced mRNA extracted from third instars, fifth instars, early pupae (one day after pupation), late pupae (6-8 days after pupation), and adults (several hours after eclosion). A previous study has suggested that feeding on more toxic milkweed induces changes in gene expression during the second instar [1]. Therefore, we reared larvae on both *Asclepias incarnata* (less toxic) and *Asclepias curassavica* (more toxic) to ensure that our findings are robust to a major source of environmental variation. We collected five individuals at each stage and from each plant for mRNA quantification. All individuals sampled in this study were reared at the same time and in the same conditions.

## 1.2 Milkweed cultivation

*A. incarnata* and *A. curassavica* seeds were purchased from Joyful Butterfly (Blackstock, SC, USA). To break cold dormancy, seeds were placed in sand-filled bags and kept at 4°C for two months prior to sowing. Approximately two months before the start of the experiment, seeds were sown into Lambert LM-GPS germination soil and placed in a temperature-controlled greenhouse room that was held between 25°C and 29.4°C. *A. incarnata* germination rates tend to be relatively low, so seed trays were topped with vermiculite to aid in moisture retention. Seedlings were fertilized with approximately 20 PPM of Jack's LX 15-5-15 with 4% Ca and 2% Mg fertilizer three times a week until the majority of plants grew two sets of true leaves. All plants were then re-potted into Pro-mix BK25 soil, moved to a new temperature-controlled room that was held between 25.6°C and 29.4°C, and fertilized three times a week as described above. Approximately one week before the start of the experiment, plants were moved into the same greenhouse room that caterpillars were reared in (described below).

## 1.3 *D. plexippus* Rearing

Monarch butterflies were caught and labeled near St. Marks, Florida, U.S.A. (30°09'33" N 84°12'26" W) between October 21st and October 23rd, 2022. Clear tape was placed on the abdomen of each butterfly and examined under a stereomicroscope to ensure they were not infected by *Ophryocystis elektroscirrha*, a common parasite of monarch butterflies. Prior to mating season, wild-caught monarch butterflies were stored in glassine envelopes at 14°C to induce a state of diapause, and were fed approximately 10-20% honey water every 10 days. Between March 6th and March 15th, 2023, wild-caught monarchs were placed in mesh cages for mating. Each cage was set up in a climate-controlled growth chamber (25°C, 16-hour/8-hour day/night cycle) and contained three male and three female butterflies. All cages were provided with a petri dish containing a sponge soaked in approximately 10-20% honey water for butterfly feeding. Mating cages were checked every 14 hours, and copulated butterflies were transferred to their own separate cage. After a copulated pair had detached the next day, the male was removed from the cage and the female was given a potted *A. curassavica* plant for oviposition, as well as honey water as described above. After a given female was done laying eggs, the plant was taken out of the growth chamber and placed in a temperature-controlled greenhouse room that was held between 23.3°C and 27.8°C for.

F1 caterpillars were reared on *A. curassavica* in the same greenhouse room previously described. After pupation, the silk attached to the end of the pupal cremaster was used to hot glue the pupae to the lid of clear solo cups, which were then taken from the greenhouse to the laboratory (22°C) for eclosion. A piece of paper towel was placed in the bottom of cups to help absorb liquids produced during the eclosion process. After eclosion, butterflies were placed in glassine envelopes and stored as previously described.

Between April 23rd and May 1st, 2023, F1 butterflies from different lineages and that were not infected with *O. elektroscirrha* were mated as previously described in the F0 generation. F1 females were given either *A. curassavica* or *A. incarnata* for oviposition, and caterpillars were collectively placed on their treatment

plant species upon hatching. Care was taken to make sure caterpillars that had taken bites of the plant they were oviposited on were placed on the same milkweed species. Likewise, only caterpillars that had not taken any bites of the plant they were oviposited on were placed on the other milkweed species. To reach the sample size needed for this experiment, we used F2 caterpillars from two different lineages that did not share F0 or F1 ancestors. Treatments of plant species and development stage were randomly distributed to caterpillars from both lineages to minimize confounding due to genetic background.

#### 1.4 Sampling across life stages

To minimize changes in transcription due to sample handling, all caterpillars, pupae, and adults were snap frozen in liquid nitrogen before being stored in -80°C. Third instar caterpillars were pulled from their feeding plant and quickly placed into a sterile 2mL microcentrifuge tube that was then dipped in liquid nitrogen. Fifth instar caterpillars were frozen in the same way but were placed in sterile 5mL centrifuge tubes. Caterpillars that ate all of the leaves off of the plant they were originally placed on were placed on another plant of the same species.

One day after pupation, early pupae were placed in 5mL centrifuge tubes and frozen in liquid nitrogen as described above. Three days after pupation, pupae assigned to late pupa and adult stages were removed from their plant and taped to the lids of clear solo cups using silk attached to the cremaster. In some cases, not enough silk detached with the pupa, and tape was applied directly to the cremaster. Solo cups were then placed on the bottom rack of the same shelf that the caterpillars were reared on, and shade was provided by placing plastic trays above and to the southeast facing side of the shelf to prevent pupae from burning. A piece of paper towel was placed in the bottom of the cups containing adult samples to absorb fluids produced during the pupation process. Since there is variation in how long it takes for a pupa to eclose, late pupae were collected 6-8 days after pupation. Care was taken to ensure the distributions of how many days after pupation late pupae were sampled were equal between plants. Adults were frozen several hours after eclosion to allow their wings to fully expand. Here, adults were removed from their solo cup and quickly placed in glassine envelopes, which were then quickly frozen in liquid nitrogen.

After flash freezing in liquid nitrogen, samples were stored in a styrofoam cooler full of dry ice until all freezing for that day was completed. This process took approximately one hour or less on any given day, so no sample was on dry ice for more than an hour before being transferred to the -80°C freezer. All freezing took place in the same greenhouse room that the caterpillars were reared in, and no monarch left said room before being frozen throughout the duration of the experiment.

#### 1.5 RNA extraction and sequencing

We use a Promega SV Total Isolation System kit to extract total RNA from the monarch homogenate. Extractions were performed in batches of 11 samples with 1 negative control (per extraction batch). After each extraction, we used a NanoDrop to quantify the purity and concentration of the RNA. Samples with an A260/A280 or an A260/A230 of less than 1.95 were discarded and re-extracted to meet purity standards. While the general workflow followed the manufacturer's suggested protocol, we made some alterations to obtain higher quality RNA extract. Briefly, we doubled the recommended RNA lysis buffer to decrease the tissue concentration in the initial lysis step. All centrifugation steps were increased to 20,000 rcf to better remove organic contaminants and performed at 17°C to avoid sample heating. We also added an additional centrifugation step after the initial tissue lysis to further clear organic contaminants and improve final extract purity. The specific protocol is as follows:

1. Add homogenate to 2mL microcentrifuge tube.
2. Immediately add 590 uL of RNA Lysis Buffer (RLA+BME) into microcentrifuge tube with homogenate
3. Use sterile micropellet to crush and lyse monarch homogenate (vigorously crush and spin pestle in tube for approximately 1 minute).
4. Centrifuge at 20,000 rcf for 10 minutes at 17°C.
5. Transfer approximately 400 uL to 500 uL of aqueous phase to a new microcentrifuge tube.

6. Centrifuge at 20,000 rcf for 20 minutes at 17°C.
7. Transfer 175uL of the cleared lysate (aqueous layer) to a new microcentrifuge tube.
8. Add 200 uL of 95
9. Transfer lysate+ethanol to Spin Basket Assembly and centrifuge for 5 minutes at 20,000 rcf and 17°C.
10. While the centrifuge is running, Prepare DNase incubation mix: 40uL of Yellow Core Buffer + 5uL MnCl<sub>2</sub> + 5uL of Dnase I (per sample). Mix gently via pipetting.
11. Discard eluate.
12. Add 50 uL of DNase incubation mix to the membrane of the Spin Basket, incubate for 15 minutes at room temperature.
13. Add 200 uL of DNase Stop Solution (DSA+ethanol) and centrifuge at 20,000 rcf for 1 minute at 17°C.
14. Discard eluate.
15. Add 600 uL of RNA Wash Solution (RWA); centrifuge at 20,000 rcf for 1 minute at 17°C.
16. Discard eluate.
17. Add 250 uL of RNA Was Solution (RWA); centrifuge at 20,000 rcf for 2 minutes at 17°C.
18. Transfer Spin Basket to Elution Tube.
19. Add 100 uL of Nuclease-Free water to the Spin Basket membrane.
20. Centrifuge at 20,000 rcf for 1 minute to elute RNA.
21. Store at -80°C.

After all extractions were completed, purified RNA was packaged in dry ice and sent to Novogene for sequencing. Briefly, Novogene used an Agilent 5400 Fragment Analyzer System to performed additional quality control. This involved reconfirming sample purity, ensuring that all samples had adequate concentrations and volumes, and checking that all sampled had acceptable RNA integrity numbers (minimum = 7.9). After additional quality assessment, mRNA was separated via poly-A tail selection, and 150bp paired-end sequencing was performed using a NovaSeq 6000 sequencing system, ensuring at least 20 million reads were obtained for each sample.

## 1.6 Sequence processing and gene expression quantification

Quality control of raw sequences was initially performed by Novogene. This entailed the removal adapter sequences, the removal of reads with ambiguous base calls in greater than 10% of the read, and the removal of reads with a phred score of less than or equal to 5 in 50% of the read. After receiving the sequences from Novogene, we used FASTQC to generate additional quality reports for each sample [2]. This showed that for each sample, the median phred score did not drop below 30 at any position along the reads. Therefore, no additional quality control was performed.

To quantify transcript abundances for each gene, we used kallisto (v.0.46.2) to pseudo-align reads to the coding sequences of the *D. plexippus* reference genome (v.Dpv3; GCA\_000235995.2) [3]. Downstream analyses were performed using transcript per million normalized read counts (automatically generated by kallisto) to minimize biases due to unequal gene lengths and varying library sizes [4, 5].

## 1.7 Quantifying gene expression divergence between stages

Given the high dimensionality of gene expression data, we first computed the Manhattan distance between each sample using the *dist* R function [6]. We then used the *adonis2* function from the *vegan* R package (v.2.6-4) [7] to perform a permutational multivariate analysis of variance (PERMANOVA) with 999 permutations, where developmental stage and plant were initially considered as factors. We then performed a PERMANOVA on each set of adjacent stages, as well as between each larval stage and the adult stage. To visualize global expression divergence between stages, we performed principal component analysis using the *prcomp* R function [6]. To ensure our findings were robust to different metrics for evaluating overall transcriptional differences, we performed the same analysis using Pearson correlation distances, which were calculated using the *cor* R function [6].

## 1.8 Inferring homologous gene groups

To infer homology between genes, we first used PSI-BLAST (BLAST 2.5.0+) [8] with five iterations to align all *D. plexippus* protein sequences to each other. Genes were then inferred to be homologous if the query sequence showed at least 30% similarity across the length of the target sequence, as well as an E-value of at least 1x10-10. To examine how including more distant homologs could impact our analysis, we performed an additional analysis where homology was inferred based on at least 20% similarity across 70% of the target sequence and an E-value of less than 1x10-5. Homologous pairs were assembled into sets of two-node subgraphs, and subgraphs were then merged based on common node identity to assemble homologous groups.

To quantify the phylogenetic distance between members of inferred homologous gene groups, we first used MUSCLE (v.5.1) to create a multiple sequence alignment for each group [9]. We then used IQ-TREE2 (v.2.1.4) to identify the best fit sequence evolution model and infer maximum likelihood phylogenies for each multiple sequence alignment [10, 11].

## 1.9 Quantifying the relationship between gene phylogenetic divergence and expression pattern divergence within homologous groups

To quantify the relationship between phylogenetic divergence and expression divergence within homologous groups, we used the *cophenetic.phylo* function from the *ape* R package (v. 5.7-1) [12] to calculate pairwise phylogenetic distances from each homologous group tree. To calculate pairwise expression pattern distances, we first mean centered and standardized the median transcripts/million value for each gene within each stage to better measure distance between temporal patterns as opposed to magnitude (which cannot be assessed with our data). We then calculated the pairwise Euclidian distance between each gene expression pattern within a given homologous group using the *dist* R function [6]. Finally, we used Mantel tests to calculate the correlation between phylogenetic and expression pattern distance matrices for each homologous group, which were implemented via the *mantel* function in the *vegan* R package (v.2.6-4) [7]. We then used a t-test to test if the distribution of correlation coefficients was positively shifted from 0, which was implemented using the *t.test* R function [6].

## 1.10 Quantifying the relationship between phylogenetic and expression pattern diversity

The diversity (D) of each tree was then calculated by summing all branch lengths:  $D = \sum_{i=1}^n l_i$ , where  $n$  represents the number of branches and  $l_i$  represents the length of the  $i$ th branch. To quantify expression pattern diversity, we first created hierarchical clustering graphs of the temporal expression patterns for each gene using the Ward method, as implemented by *hclust* R function [6]. Prior to clustering, the transcripts/million values for each gene were mean centered and standardized because hierarchical clustering will group expression patterns that show distinct temporal trends but have more similar relative abundances at each time point. For each hierarchical clustering graph, diversity was calculated as previously described for phylogenetic diversity. We then fit a linear model to examine the relationship between phylogenetic diversity and expression pattern diversity across all inferred homologous gene groups, which was implemented using the *lm* R function [6]. Because diversity was calculated additively (for each branch, diversity was added in

proportion to divergence), we also fit individual linear models to each homologous gene group size that had at least five replicates. In addition to removing the inherent positive correlation between group size and diversity, this approach also allowed us to contrast global and local patterns.

### 1.11 Expression specificity calculation and analysis

Stage-specificity for each gene was calculated using the tissue specificity index  $\tau$  [13], which ranges from 0 (broad expression) to 1 (specific expression):  $\tau = \frac{\sum_{i=1}^N (1-x_i)}{N-1}$ , where  $N$  is the number of stages (for our purposes) and  $x_i$  is the expression level normalized to the maximum expression value across stages. Although  $\tau$  was developed for assessing tissue specificity, it has been used to gain insight into temporal specificity as well [14]. We then performed a Kolmogorov–Smirnov test using the *ks.test* R function [6] to assess if the distribution of  $\tau$  values was shifted in duplicated genes relative to singleton genes.

## 2 Methodological Summaries

### 2.1 RNA quality control report

Table S1: RNA extract quality control report.

Sample Name	Concentration (ng/ul)	Volume (ul)	Total amount (ug)	RIN
mtstp3cu2	120.15	91	10.93	9.7
mtstp3cu3	435.84	93	40.53	9.6
mtstp3cu4	99.07	88	8.72	9.6
mtstp3cu5	223.96	94	21.05	9.7
mtstp3cu8	111.95	91	10.19	9.6
mtstp3iu81	211.09	92	19.42	9.8
mtstp3iu82	194.64	93	18.1	9.8
mtstp3iu83	373.28	91	33.97	9.6
mtstp3iu84	196.04	93	18.23	9.6
mtstp3iu85	136.84	90	12.32	9.7
mtstp5cu17	363.74	101	36.74	9.4
mtstp5cu18	236.69	92	21.78	9.8
mtstp5cu19	544.95	93	50.68	9.5
mtstp5cu20	130	91	11.83	9.7
mtstp5cu21	400.58	94	37.65	9.8
mtstp5iu100	377.26	91	34.33	9.7
mtstp5iu101	98.09	89	8.73	9.6
mtstp5iu97	164.64	92	15.15	9.8
mtstp5iu98	258.2	91	23.5	9.8
mtstp5iu99	139.84	91	12.73	9.8
mtstpAcu65	132.79	92	12.22	9.5
mtstpAcu66	106.76	90	9.61	9.5
mtstpAcu67	37.05	94	3.48	8.9
mtstpAcu68	94.26	91	8.58	9.4
mtstpAcu69	176.26	91	16.04	9.8
mtstpAiu145	162.84	92	14.98	9.6
mtstpAiu146	283.45	92	26.08	9.6
mtstpAiu147	51.58	92	4.75	9.2
mtstpAiu148	89.37	92	8.22	9.3
mtstpAiu149	307.63	91	27.99	9.7
mtstpEcu33	203.48	92	18.72	7.4
mtstpEcu34	244.57	91	22.26	8.7

Sample Name	Concentration (ng/ul)	Volume (ul)	Total amount (ug)	RIN
mtstpEcu35	491.84	89	43.77	7.9
mtstpEcu36	220.03	92	20.24	8.6
mtstpEcu38	220.92	93	20.55	8.6
mtstpEiu113	333.32	93	31	8.9
mtstpEiu114	446.98	91	40.68	7.9
mtstpEiu115	182.76	92	16.81	8.6
mtstpEiu116	257.7	89	22.94	8.4
mtstpEiu117	326.41	92	30.03	8
mtstpLcu49	95.18	92	8.76	9
mtstpLcu50	93.51	92	8.6	9.3
mtstpLcu52	220.52	93	20.51	8.8
mtstpLcu53	95.67	91	8.71	9.4
mtstpLcu56	399.94	89	35.59	8.2
mtstpLiu129	145.89	91	13.28	9.1
mtstpLiu130	91.59	91	8.33	8.7
mtstpLiu131	391.6	87	34.07	9.6
mtstpLiu133	85.42	89	7.6	8.4
mtstpLiu135	108.7	92	10	8.1

## 2.2 RNA sequencing statistics

After quantifying transcript counts per gene, we checked that our sequencing effort was adequate to downstream analyses. First, we examined the number and proportion of raw reads that passed quality control, as well as the number and proportion of quality-controlled reads that were pseudo-aligned to the *D. plexippus* genome (Table 2). We then generated a rarefaction plot see if our sequencing depth had sufficiently detected the expression of most transcripts that were expressed at a given stage (Figure 1).

Table S2: Sequence processing and mapping summary.

Sample	Raw PE reads	Passed QC	% Passed QC	Pseudo-aligned	% Pseudo-aligned
mtstp3cu2	21943709	2132928515	97.2	16582965.404739982	0.777474036
mtstp3cu3	22924309	2202796852	96.09	17321415.999555275	0.786337423
mtstp3cu4	24873976	2408547096	96.83	18718506.832656555	0.777170057
mtstp3cu5	27818742	2729296778	98.11	21155266.226326376	0.77511784
mtstp3cu8	21942370	2133237211	97.22	16603108.222044216	0.778305766
mtstp3iu81	25932842	2532860678	97.67	19868699.32840216	0.784437119
mtstp3iu82	22375940	2195750992	98.13	17106242.600410897	0.779061135
mtstp3iu83	23183162	2267545075	97.81	17444460.402408678	0.769310414
mtstp3iu84	23107037	2261023570	97.85	17945429.764851093	0.793686099
mtstp3iu85	21374435	2100251983	98.26	15988137.614267953	0.761248543
mtstp5cu17	24827892	2419229796	97.44	19638683.30078156	0.811774199
mtstp5cu18	23283921	2277633152	97.82	18962699.68340757	0.832561629
mtstp5cu19	20552516	1987839348	96.72	17087863.371912975	0.859619938
mtstp5cu20	22934654	2237734191	97.57	18115485.776358116	0.809545917
mtstp5cu21	23666289	2302019931	97.27	19702178.064739898	0.855864791
mtstp5iu100	31121258	3038368419	97.63	25782153.591624036	0.848552579
mtstp5iu101	21768932	2121164734	97.44	18187966.46325012	0.85745186
mtstp5iu97	23849683	2315565722	97.09	19239689.897892967	0.830885071
mtstp5iu98	21766794	2105284316	96.72	17675440.16384149	0.83957497
mtstp5iu99	23386986	2292860107	98.04	18686179.461194277	0.814972505
mtstpAcu65	23267178	2266921153	97.43	17092435.515985236	0.753993384
mtstpAcu66	26977628	2628700072	97.44	20072649.61273931	0.763596038
mtstpAcu67	24972220	2433542839	97.45	18546857.73716618	0.762134015
mtstpAcu68	22515202	2194331587	97.46	15951574.031512374	0.726944557
mtstpAcu69	21267172	2062915684	97	15662285.557752984	0.759230524
mtstpAiu145	29683116	2870950980	96.72	23068781.60188841	0.80352405
mtstpAiu146	22849815	2210262605	96.73	17606493.53499071	0.796579261
mtstpAiu147	22404070	2200079674	98.2	16188725.539826853	0.735824513
mtstpAiu148	25214198	2456367169	97.42	18462578.21672617	0.751621274
mtstpAiu149	22156963	2154321512	97.23	16710014.455382776	0.775650912
mtstpEcu33	22763953	2217664301	97.42	16862537.346874774	0.760373756
mtstpEcu34	25629454	2499384354	97.52	18633231.46842286	0.745512848
mtstpEcu35	22465556	2195109477	97.71	16842284.066866323	0.767263968
mtstpEcu36	22055561	2159239422	97.9	16253631.989667526	0.75274802
mtstpEcu38	23213904	2279605373	98.2	17463986.10284253	0.7660969
mtstpEiu113	23868417	2301870135	96.44	17119222.41677067	0.743709306
mtstpEiu114	22466254	2186865164	97.34	16425515.425250849	0.751098682
mtstpEiu115	23622008	2313067023	97.92	17237434.840021413	0.74521986
mtstpEiu116	33296616	3242424466	97.38	23547226.785158955	0.726222832
mtstpEiu117	22703490	2224942020	98	17101827.281335317	0.76864148
mtstpLcu49	27550907	2684560378	97.44	21053416.44129032	0.78424075
mtstpLcu50	27343921	2665485419	97.48	21414551.829342157	0.803401575
mtstpLcu52	26550778	2588435347	97.49	20277129.22413158	0.783373989
mtstpLcu53	21114739	2069033275	97.99	15824607.707317442	0.764830991
mtstpLcu56	36034764	3517353314	97.61	27879259.42907198	0.792620386
mtstpLiu129	20400384	1985773379	97.34	15447977.51483457	0.777932552
mtstpLiu130	34495919	3368181531	97.64	26660707.28941579	0.791546033
mtstpLiu131	22712422	2196972580	96.73	17262201.926361006	0.785726781
mtstpLiu133	22825856	2225064443	97.48	17685552.79521903	0.794833285
mtstpLiu135	24991444	2433166988	97.36	19590944.360775467	0.805162344

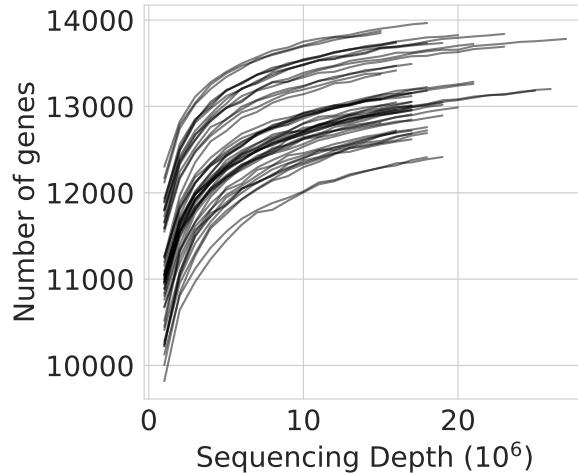


Figure S1: Rarefaction curves showing the number of genes detected on the y-axis and sequencing depth on the x-axis. Each line corresponds to an individual sample. Plateaus in the number of detected genes at higher sequencing depths suggest that our sequencing effort was sufficient.

### 2.3 Summary of homologous gene group inferences

Homologous gene group inference is described in section 1.8. The following plots show the summary histograms of homologous group size.

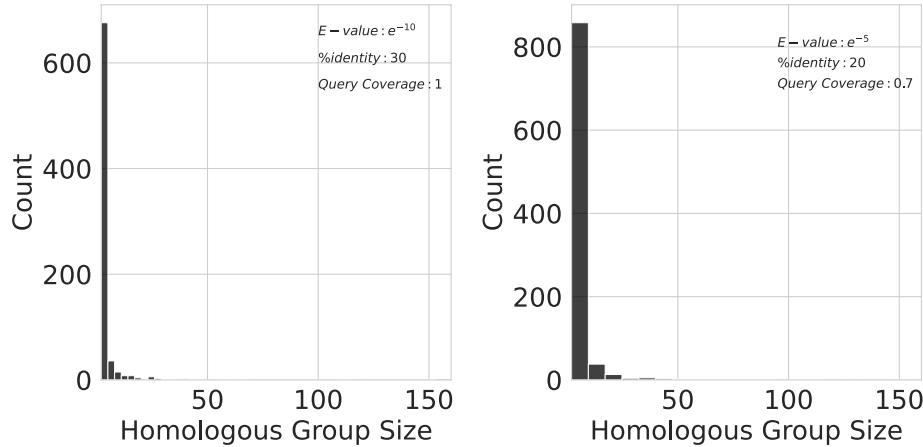


Figure S2: Histograms showing the distribution of homologous group sizes detected in the *D. plexippus* genome when using more (left) and less (right) stringent sequence similarity cutoffs.

Table S3: A table showing the number of duplicate and singleton genes identified in this study.

PSI-BLAST Parameters	n Homologs	n Singletons
e-value = $e^{-10}$ , %identity = 30, query coverage = 1	3237	11995
e-value = $e^{-5}$ , %identity = 20, query coverage = 0.7	9792	5440

## 3 Supporting Results

### 3.1 Analysis of transcriptional divergence using correlation-based distances

To ensure that our inference of transcriptional divergence between stages was robust, we performed an additional analysis using Pearson distances, as opposed to Manhattan distances (presented in the main text). We found that expression significantly varied by developmental stage ( $F = 194.94$ ,  $p < 0.001$ ) but not plant ( $F = 0.87$ ,  $p = 0.37$ ) (Figure S3). We then performed pairwise comparisons to test for differences between subsequent stages, as well as between larvae and adults. Following *D. plexippus* throughout metamorphosis: the transition from third instar to fifth instar involves some, but relatively few changes in gene expression ( $F = 40.84$ ,  $p < 0.001$ ). Then a substantial change in gene expression occurs during the transition from fifth instar to early pupa ( $F = 182.74$ ,  $p < 0.001$ ), followed by another substantial change from early pupa to late pupa ( $F = 274.12$ ,  $p < 0.001$ ). Finally, the transition from late pupa to adult involves another substantial change in gene expression ( $F = 231.28$ ,  $p < 0.001$ ). It is interesting to note that the difference between third instar and adults ( $F = 458.90$ ,  $p < 0.001$ ) is comparable to the difference between third instar larvae and early pupae ( $F = 453.98$ ,  $p < 0.001$ ). Likewise, the difference between fifth instar larvae and adults ( $F = 217.05$ ,  $p < 0.001$ ) is comparable to the difference between fifth instar larvae and early pupae. These findings are consistent with the analysis based on Manhattan distances, and highlight the same interesting point that pupae are approximately as transcriptionally diverged from larvae as adults are.

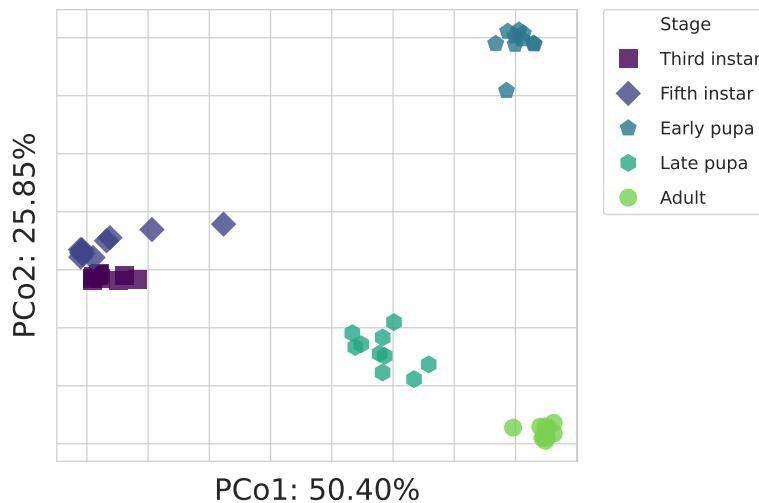


Figure S3: A principal coordinate analysis plot showing substantial transcriptional divergence between life stages. Each point represents the global gene expression profile of an individual, and closer points indicate more similar gene expression profiles. Axis labels indicate principle coordinate rank and the proportion of explained variance.

To visualize the lack of an effect of plant on transcriptional divergence, we also created a visualization of the Manhattan-distance based PCoA (Figure S4).

### 3.2 Reanalysis based on less stringent homology inference

To ensure that our findings were robust, we re-analyzed our data using less stringent sequence identity cutoffs to infer gene homology (see section 1.8). This included more divergent genes in our analysis, thus increasing the amount of phylogenetic diversity captured.

#### 3.2.1 Correlations between phylogenetic and expression pattern diversity

The overall relationships between phylogenetic and expression pattern diversity were consistent with our primary analysis (Figure S5).

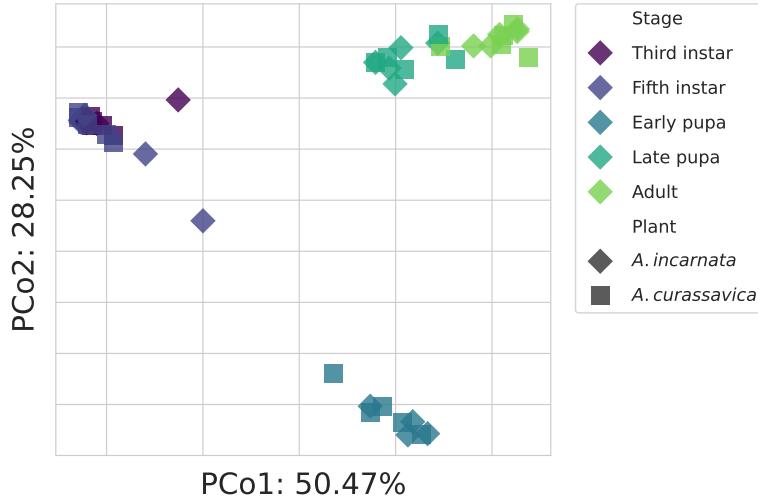


Figure S4: A principal coordinate analysis plot showing substantial transcriptional divergence between life stages, and a lack of differentiation based on which plant larvae were reared on. Each point represents the global gene expression profile of an individual, and closer points indicate more similar gene expression profiles. Axis labels indicate principle coordinate rank and the proportion of explained variance.

Table S4: A table showing the results for each correlation between phylogenetic and expression pattern diversity that were summarized in the main text.

Homologous group size	$\rho$	p-value
Total	0.8345044	$< 2.2e - 16$
4	0.3434008	0.01234
5	0.18	0.1938
6	0.1178571	0.3382
7	0.6454545	0.0185
8	0.3212121	0.1838
9	0.2	0.3917
11	-0.5428571	0.8792
13	-0.5	0.825

Table S5: A table showing the results for each correlation between phylogenetic and expression pattern diversity that were produced by our reanalysis based on less stringent similarity cutoffs for homology inference.

Homologous group size	$\rho$	p-value
Total	0.8268648	$< 2.2e - 16$
4	0.3319884	0.0007816
5	0.3084583	0.02998
6	0.03387097	0.4282
7	0.3169231	0.0614
8	0.6363636	0.02722
9	0.3818182	0.1395
10	0.04242424	0.4593
12	-0.6	0.8833
14	-0.5	0.825
16	0.3	0.3417

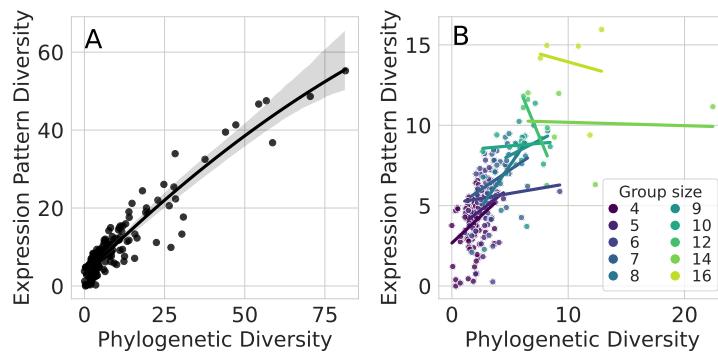


Figure S5: The relationship between phylogenetic and expression pattern diversity A) across all homologous gene groups, B) within each homologous gene group size. In A, the solid black line depicts the fit polynomial model, the light gray area indicates the 95% confidence interval for said model. In B, each line represents the linear model fit to each homologous group size (only group sizes with 5 or more replicates were considered in this analysis)

### 3.2.2 Expression pattern specificity

Our comparisons of stage-specificity between duplicate and singleton genes based on less stringent similarity cutoffs for homology inference were consistent with the analysis presented in the main text. Specifically, genes that are part of homologous groups tend to show increased stage-specificity relative to singleton genes ( $D = 0.13$ ,  $p < 2.2 * 10^{-16}$ ). Although this pattern is statistically supported, we note that the effect size is slightly smaller than the analysis presented in the main text analysis.

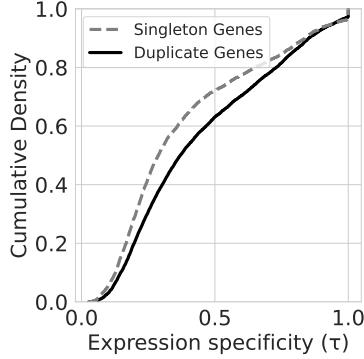


Figure S6: The empirical cumulative density functions of expression specificity values  $\tau$  for duplicate (solid line) and singleton (dashed line) genes. Higher expression specificity values indicate more stage-specific expression patterns.

### 3.3 Broad functional overview

To gain a general sense of what high level functional differences occurred between stages, we used the KEGG [15] to infer gene functions and examined the relative transcriptional investment in the highest level KEGG BRITE groupings (Figure 6). Genes that were classified to multiple high-level KEGG categories were excluded from the analysis for more conservative estimates of functional investments.

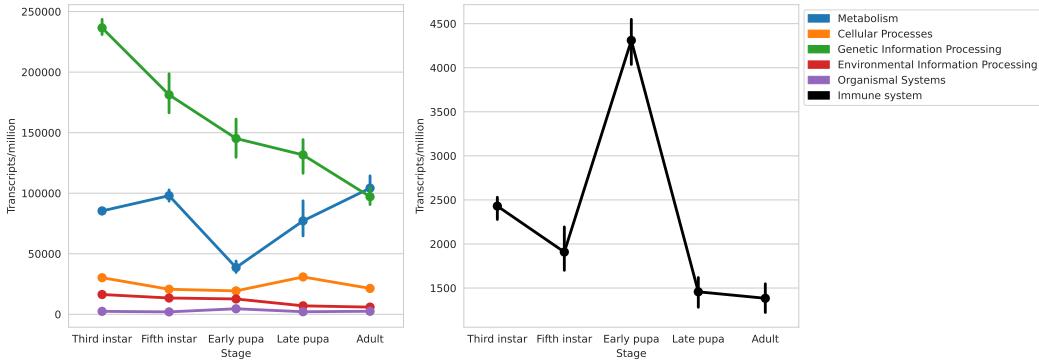


Figure S7: A line plot showing the relative transcriptional investment (transcripts per million) in each high level functional group across life stages. Note that these groupings reflect the overall transcriptional investment in each broad functional group listed, not the activity of individual pathways or genes. Therefore, each individual pathway or gene within each group is not expected to necessarily follow the exact trend exhibited by the whole group. Error bars represent 95% confidence intervals calculated across individual samples.

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