

# The MOSDEF survey: properties of warm ionized outflows at $z = 1.4\text{--}3.8$

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## ABSTRACT

We use the large spectroscopic data set of the MOSFIRE Deep Evolution Field survey to investigate the kinematics and energetics of ionized gas outflows. Using a sample of 598 star-forming galaxies at redshift  $1.4 < z < 3.8$ , we decompose [O III] and H  $\alpha$  emission lines into narrow and broad components, finding significant detections of broad components in 10 per cent of the sample. The ionized outflow velocity from individual galaxies appears independent of galaxy properties, such as stellar mass, star formation rate (SFR), and SFR surface density ( $\Sigma_{\text{SFR}}$ ). Adopting a simple outflow model, we estimate the mass-, energy-, and momentum-loading factors of the ionized outflows, finding modest values with averages of 0.33, 0.04, and 0.22, respectively. The larger momentum- than energy-loading factors, for the adopted physical parameters, imply that these ionized outflows are primarily momentum driven. We further find a marginal correlation ( $2.5\sigma$ ) between the mass-loading factor and stellar mass in agreement with predictions by simulations, scaling as  $\eta_m \propto M_{\star}^{-0.45}$ . This shallow scaling relation is consistent with these ionized outflows being driven by a combination of mechanical energy generated by supernovae explosions and radiation pressure acting on dusty material. In a majority of galaxies, the outflowing material does not appear to have sufficient velocity to escape the gravitational potential of their host, likely recycling back at later times. Together, these results suggest that the ionized outflows traced by nebular emission lines are negligible, with the bulk of mass and energy carried out in other gaseous phases.

**Key words:** galaxies: evolution – galaxies: kinematics and dynamics – galaxies: ISM – ISM: jets and outflows.

## 1 INTRODUCTION

Large-scale galactic outflows have long been recognized as a key process in galaxy evolution. Early theoretical models of galaxy formation required outflows of mass and energy to prevent gas from excessively cooling, causing overly efficient star formation and an overproduction of stellar mass (White & Rees 1978; Dekel & Silk 1986; White & Frenk 1991). Modern models of galaxy evolution and simulations rely on intense, galactic-scale outflows to suppress star formation and reproduce observed properties of galaxies, such as the galaxy mass function and the sizes of galactic discs and bulges (e.g. Davé, Finlator & Oppenheimer 2011; Guedes et al. 2011). Beyond suppressing star formation, outflows modulate the metallicity within galaxies, enriching the circumgalactic medium (CGM) and possibly the intergalactic medium (IGM) with metals (e.g. Tremonti et al. 2004; Dalcanton 2007; Finlator & Davé 2008). At late-times,  $z \lesssim 1$ , recycled gas from past outflows may fuel a significant fraction of star formation in galaxies (Oppenheimer et al. 2010; Henriques et al. 2013; Anglés-Alcázar et al. 2017). Outflows also appear to be an important factor in the creation of low column density channels in

the ISM, allowing for the escape of ionizing photons (e.g. Gnedin, Kravtsov & Chen 2008; Leitet et al. 2013; Ma et al. 2016; Reddy et al. 2016; Gazagnes et al. 2018; Reddy et al. 2022).

Despite advances in numerical modelling, a complete description of galactic-scale outflows and their impacts on galaxy evolution is challenging for simulations due to the wide-scale range of outflows. Large-scale cosmological hydrodynamical suites such as EAGLE (Schaye et al. 2015) and Illustris TNG (Pillepich et al. 2018) do not resolve the small scales required to capture relevant feedback processes that generate outflows. Instead, these models employ subgrid processes for feedback, which vary between simulations. On the other hand, high-resolution ‘local patch’ simulations capture the interaction between stellar feedback and the multiphase ISM but lack the size needed to track the long-term evolution of outflows (e.g. Girichidis et al. 2016; Li, Bryan & Ostriker 2017; Girichidis et al. 2018; Kim & Ostriker 2018; Kim et al. 2020). In either case, observational constraints on how the properties of outflows scale with the stellar mass, star formation rate (SFR), and other properties of their host across galaxy populations are essential.

Quantifying the impact of outflows on galaxy evolution based on observational data has been an active area of research for well over a decade. Multiwavelength observations have shown that galactic outflows have a multiphase structure, with outflows detected in hot

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X-ray ( $\sim 10^{6-7}$  K) emitting gas, from emission and absorption lines tracing warm ( $\sim 10^4$  K) and cool ( $\sim 10^3$  K) gas, and down to cold ( $\lesssim 100$  K) molecular and dust outflows in radio observations (see reviews by Heckman & Thompson 2017; Rupke 2018; Veilleux et al. 2020). In typical star-forming galaxies, outflows are theorized to be driven by energy injected into the ISM by supernovae; radiation pressure acting on cool, dusty material; cosmic rays; or a combination of these mechanisms (Ipavich 1975; Chevalier & Clegg 1985; Murray, Quataert & Thompson 2005; Murray, Ménard & Thompson 2011). Galactic-scale outflows are then expected to play a major role in galaxy evolution at  $z \sim 1-3$ , during the peak of the cosmic SFH ('Cosmic Noon'; Madau & Dickinson 2014), when feedback from star formation and AGN was maximized.

At these redshifts, outflows are a common feature of star forming galaxies, with blueshifted rest-UV interstellar absorption lines tracing cool, neutral/low-ionization outflows (e.g. Shapley et al. 2003; Steidel et al. 2010; Weldon et al. 2022) and broad components of rest-optical emission lines tracing warm, ionized outflows (hereafter ionized outflows; e.g. Genzel et al. 2011; Newman et al. 2012; Genzel et al. 2014; Freeman et al. 2019; Concas et al. 2022). Observations of cool outflows have found that outflow velocity increases with several galactic properties, such as stellar mass, SFR, and SFR surface density ( $\Sigma_{\text{SFR}}$ ) (e.g. Rubin et al. 2010; Steidel et al. 2010; Martin et al. 2012; Rubin et al. 2014; Chisholm et al. 2015; Weldon et al. 2022). Absorption lines are sensitive to gas along the entire line of sight, including both high- and low-density gas from current and past outflows, thus they likely trace material ejected over long time-scales. Estimates of mass outflow rates from absorption lines will then depend on the metallicity of the outflowing gas, the outflow geometry, and the absorption contribution from the ISM and faint satellite galaxies, which are often unconstrained by absorption line observations (e.g. Weiner et al. 2009; Heckman et al. 2015). On the other hand, the underlying broad components of strong rest-optical emission lines likely trace denser outflowing gas near the launching points of the outflows, providing a snapshot of current outflow activity. The mass outflow rates traced by emission lines depend on similar unconstrained (e.g. outflow geometry) and other properties that may be estimated from emission lines (e.g. the electron density of the outflowing gas). However, due to the difficulty of detecting faint broad components in typical  $z \gtrsim 1$  galaxies, studies are primarily limited to local galaxies, small samples, gravitationally lensed galaxies, or high S/N composite spectra to infer average outflow properties (Newman et al. 2012; Davies et al. 2019; Förster Schreiber et al. 2019; Freeman et al. 2019; Swinbank et al. 2019; Concas et al. 2022; Reichardt Chu et al. 2022a, b).

The mass-loading factor ( $\eta_m$ ) is a key characteristic of outflows, which represents the amount of mass they remove normalized by the galaxy's SFR and, in star-forming galaxies, is thought of as a proxy for outflow efficiency. Simple analytical arguments and numerical simulations predict an anticorrelation between the mass-loading factor and outflow velocity or stellar mass of galaxies, which scales steeper if the outflows are energy-driven and shallower if they are momentum-driven (e.g. Murray et al. 2005; Oppenheimer & Davé 2008; Muratov et al. 2015). Observations of ionized outflows in local galaxies find such trends, suggesting that outflows are more efficient at removing material from the shallower potential wells of lower-mass galaxies (e.g. Heckman et al. 2015; Chisholm et al. 2017; McQuinn, van Zee & Skillman 2019; Marasco et al. 2023). In addition to the mass-loading factor, outflows are characterized by the amount of energy and momentum they carry with respect to the amounts generated by supernovae and stellar winds. However, at high

redshifts, there are few constraints on the mass-, energy-, and momentum-loading factors of outflows in typical star-forming galaxies.

In this paper, we expand upon the work of Freeman et al. (2019) to characterize the properties of ionized gas outflows from individual star-forming galaxies at  $z \sim 2$  using the complete MOSFIRE Deep Evolution Field survey (MOSDEF; Kriek et al. 2015). The MOSDEF survey obtained rest-optical spectra for  $\sim 1500$  high-redshift galaxies, most with multiple emission lines for which we can investigate outflows in several emission lines (i.e.,  $\text{H}\beta$ ,  $[\text{O III}]$ ,  $\text{H}\alpha$ , and  $[\text{N II}]$ ) from a large sample of galaxies. Our goals for this study are to constrain the kinematics and loading factors of ionized gas outflows and to explore how these properties are related to galactic properties, such as stellar mass, SFR, and  $\Sigma_{\text{SFR}}$ . The outline of this paper is as follows. In Section 2, we introduce the sample, measurements of galaxy properties, and the methodology of fitting galaxy spectra to characterize the presence of outflows. Section 3 presents our main results on the correlations between measured galaxy properties, ionized outflow velocities, and mass-loading factors. We discuss the physical context behind these results in Section 4 and summarize our conclusions in Section 5. Throughout this paper, we adopt a standard cosmology with  $\Omega_\Lambda = 0.7$ ,  $\Omega_M = 0.3$ , and  $H_0 = 70 \text{ km s}^{-1}\text{Mpc}^{-1}$ . All wavelengths are presented in the vacuum frame.

## 2 DATA AND MEASUREMENTS

### 2.1 MOSDEF survey

Galaxies analysed in this paper were drawn from the MOSDEF survey, which targeted  $\approx 1500$   $H$ -band selected galaxies and AGNs at redshifts  $1.4 \leq z \leq 3.8$  in the CANDELS fields (Grogan et al. 2011; Koekemoer et al. 2011). The survey obtained moderate-resolution ( $R \sim 3000-3600$ ) rest-optical spectra using the Multi-Object Spectrometer for Infra-Red Exploration (MOSFIRE; McLean et al. 2012) on the Keck I telescope. Galaxies were targeted for spectroscopy based on pre-existing spectroscopic, grism, or photometric redshifts that placed them in three redshift ranges ( $z = 1.37-1.70$ ,  $z = 2.09-2.61$ , and  $z = 2.95-3.80$ ). This selection optimized the coverage of several strong rest-frame optical emission lines ( $[\text{O II}]\lambda\lambda 3727, 3730$ ,  $\text{H}\beta$ ,  $[\text{O III}]\lambda\lambda 4960, 5008$ ,  $\text{H}\alpha$ ,  $[\text{N II}]\lambda\lambda 6550, 6585$ , and  $[\text{S II}]\lambda\lambda 6717, 6732$ ) that lie in the YJHK transmission windows. The final MOSDEF sample spans ranges of SFR ( $1 < \text{SFR} < 200 \text{ M}_\odot \text{ yr}^{-1}$ ) and stellar mass ( $10^9 < M_\star < 10^{11} \text{ M}_\odot$ ) typical for galaxies at  $z \sim 1.4-3.8$ , with the majority of galaxies having detections of multiple rest-frame optical emission lines. For full details regarding the MOSDEF survey (targeting, data reduction, and sample properties), we refer readers to Kriek et al. (2015).

Emission-line fluxes were measured by simultaneously fitting a line with the best-fitting SED model for the continuum and a Gaussian function for the line (see Reddy et al. 2022 for a complete description of the SED modelling). For multiple lines that lie in close proximity, multiple Gaussians were fit, such as the  $[\text{O II}]$  doublet and  $\text{H}\alpha$  and the  $[\text{N II}]$  doublet, which were fitted with two and three Gaussians, respectively. Systemic redshifts were derived from the strongest emission line, usually  $\text{H}\alpha$  or  $[\text{O III}]\lambda 5008$ , and were used to fit the other rest-frame optical nebular emission lines. Further details on emission-line measurements and slit loss corrections are given in Kriek et al. (2015) and Reddy et al. (2015).

Galaxy sizes and inclinations were estimated from the effective radius ( $R_E$ ), within which half the total light of the galaxy is contained, and the axis ratio ( $b/a$ ), respectively, measured by van der

Wel et al. (2014)<sup>1</sup> using GALFIT (Peng et al. 2010) on *HST*/F160W images from the CANDELS survey.

## 2.2 Sample selection

In our analysis, we search for underlying, broad rest-optical emission components from star-forming galaxies, tracing ionized outflowing gas. The parent MOSDEF sample contains 878 galaxies with [O III] and 759 with H $\alpha$  detections. Several criteria are applied to the parent MOSDEF sample to create a sample conducive for measuring broad emission. First, 94 [O III] and 104 H $\alpha$  detections from active galactic nuclei (AGNs) identified by IR colours, X-ray emission, and/or the [N II]/H $\alpha$  line ratio were removed (Coil et al. 2015; Azadi et al. 2017, 2018; Leung et al. 2019). Next, we removed: detections with S/N < 10; detections that were affected by bright skylines; and detections that lay close to the edge of their spectra, reducing the sample to 431 galaxies with [O III] and 514 with H $\alpha$  detections. Finally, galaxies may have broad line components simply from rotation and velocity dispersion. As such, to isolate outflowing broad emission, we limit the narrow emission to full width at half-maximum (FWHM) < 275 km s $^{-1}$  (see Section 2.4) and remove detections with FWHM > 275 km s $^{-1}$  from a single Gaussian fit. These criteria result in a final sample of 598 galaxies (hereafter the ‘MOSDEF-ionized’ sample), of which 391 (435) have [O III] (H $\alpha$ ) detections. There are 228 galaxies with both an [O III] and H $\alpha$  detection.

## 2.3 Galaxy properties

In this study, we investigate the properties of ionized outflows against several global galaxy properties (e.g. stellar mass, SFR, SFR surface density). Stellar masses ( $M_*$ ), SFRs, ages, and colour excesses were derived from spectral energy distribution (SED) modelling. Here, we briefly describe the models used and refer readers to Reddy et al. (2015) for more details. The models were created adopting a Bruzual & Charlot (2003, hereafter BC03) stellar population synthesis model, Chabrier (2003) initial mass function, constant star formation histories (SFH), Small Magellanic Cloud (SMC) attenuation curve (Fitzpatrick & Massa 1990; Gordon et al. 2003), and subsolar metallicity ( $Z_* = 0.28Z_\odot$ ). A lower age limit of 50 Myr was imposed, based on the typical dynamical timescale of  $z \sim 2$  galaxies (Reddy et al. 2012). The combination of the steeper SMC attenuation curve, which has been found to best reproduce the dust obscurations of typical star-forming galaxies at  $z \sim 2$  based on far-infrared data (Reddy et al. 2018a), and subsolar metallicity provide self-consistent SFRs with those derived using other methods (Reddy et al. 2018b; Theios et al. 2019). The best-fitting stellar population parameters and their errors were obtained by perturbing the photometry, refitting the models, and taking the median and dispersion in the resulting parameters, respectively.

Blueshifted interstellar absorption lines tracing cool, neutral/low-ionization gas outflows are ubiquitous in  $z \gtrsim 2$  star-forming galaxies (e.g. Shapley et al. 2003; Steidel et al. 2010). Observations suggest that the velocity of cool outflows increases with the SFR and  $\Sigma_{\text{SFR}}$  of a galaxy (e.g. Steidel et al. 2010; Martin et al. 2012; Rubin et al. 2014; Weldon et al. 2022). As the broad components of rest-optical emission lines likely trace denser outflowing gas near the launching points of the outflows, they provide a snapshot of current outflow activity, thus their velocity may also scale with SFR and  $\Sigma_{\text{SFR}}$ . We calculate H $\alpha$  SFRs (SFR[H $\alpha$ ]) from H $\alpha$  and H $\beta$  flux measurements

corrected for dust using the Balmer decrement. Following the methodology presented in Reddy et al. (2015), H $\alpha$  luminosities are corrected for attenuation assuming a Cardelli, Clayton & Mathis (1989) Galactic extinction curve and converted to SFRs using the conversion factor from Reddy et al. (2018b),  $3.236 \times 10^{-42} M_\odot \text{ yr}^{-1} \text{ erg}^{-1} \text{ s}$ , for a BC03 stellar population synthesis model and subsolar metallicity adopted for the SED fitting. SFR [H $\alpha$ ] is calculated for objects with significant detections ( $\text{S/N} > 3$ ) of H $\alpha$  and H $\beta$ . As discussed in previous studies, there is a general agreement between SFR [SED] and SFR [H $\alpha$ ] for MOSDEF galaxies (e.g. Reddy et al. 2015; Shavvai et al. 2016; Azadi et al. 2018; Reddy et al. 2022).

When an ionized outflow is detected, SFR [H $\alpha$ ] should be derived from the narrow flux component tracing gas within the galaxy. The H $\alpha$  SFRs above are then overestimates as they use H $\alpha$  and H $\beta$  fluxes measured from single-Gaussian fits. As the stellar continuum is unlikely affected by emission from an outflow, SFR[SED] should be insensitive to the presence of outflowing gas. On the other hand, when detected in H $\alpha$ , we can correct SFR[H $\alpha$ ] by multiplying it by the narrow-to-single H $\alpha$  flux ratio. For these reasons, in our analysis, we have chosen to focus on SFR[SED] when discussing outflows detected in [O III] and SFR[H $\alpha$ ] when detected in H $\alpha$ .

Along with the SFR, the mechanisms that drive outflows may be enhanced in regions of compact star formation. We define the SFR surface density as  $\Sigma_{\text{SFR}} = \text{SFR}/(2\pi R_E^2)$ . Additionally, at a given  $\Sigma_{\text{SFR}}$ , outflows may be more effectively launched from a shallow galaxy potential (i.e. low stellar mass) relative to a deep potential (Pucha et al. 2022; Reddy et al. 2022). To examine the frequency of galaxies with observed outflows on both  $\Sigma_{\text{SFR}}$  and the galaxy potential, we define the specific SFR surface density as  $\Sigma_{\text{sSFR}} = \text{SFR}/(2\pi R_E^2 M_*)$ .

## 2.4 Searching for broad emission lines

### 2.4.1 Fitting individual galaxies

We search for ionized gas outflows by decomposing H $\beta$ , [O III] $\lambda\lambda 4960, 5008$ , and H $\alpha$ , [N II] $\lambda\lambda 6550, 6585$  into narrow Gaussian components, tracing virial motions within the galaxy, and broad Gaussian components tracing the ionized outflowing gas. In the most general case, simultaneously fitting narrow and broad Gaussians to each set of three emission lines would require 19 free parameters. Motivated by previous studies (e.g. Genzel et al. 2011; Newman et al. 2012; Genzel et al. 2014), we adopt the following assumptions: (1) the narrow components of each line share the same FWHM (FWHM<sub>na</sub>) and redshift, (2) the broad components of each line share the same FWHM (FWHM<sub>br</sub>) and velocity offset from the narrow component ( $\Delta v_{\text{br}}$ ), and (3) the [O III] $\lambda 5008$ /[O III] $\lambda 4960$  and [N II] $\lambda 6585$ /[N II] $\lambda 6550$  flux ratios are 2.98 and 2.93, respectively (Osterbrock 1989). Therefore, each fit has nine free parameters; five shared by each line (FWHM<sub>na</sub>, FWHM<sub>br</sub>,  $\Delta v_{\text{br}}$ , narrow component redshift, and constant background) and four controlling the narrow and broad component amplitudes ( $A_{\text{na}}$  and  $A_{\text{br}}$ ).

For each set of lines, we perform two preliminary fits and one final fit. The first preliminary fit uses a linear continuum and single Gaussians to fit the emission lines using `curve fit`, a non-linear least squares fitting routine from the `SCIPY.OPTIMIZE` subpackage. We use this fit to subtract off the linear continuum and normalize the spectra by the peak of the brightest line for each set of lines ([O III] or H $\alpha$ ). Next, using the normalized spectra, we fit each emission line with a narrow and broad Gaussian with `curve fit`. The resulting values of the second fit are used as initial values for the final fit, which is done using `EMCEE`, a `PYTHON` Markov chain Monte Carlo

<sup>1</sup><https://users.ugent.be/~avdrwel/research.html>

(MCMC) Ensemble sampler (Foreman-Mackey et al. 2013). We take the median values of the resulting posterior probability distributions for all the model parameters. The errors on the parameters are estimated using the 16th and 84th percentiles.

In order to properly study ionized outflows, we must be certain that the broad components trace a kinematically distinct feature from the rotation of the host galaxy, thus we place physically motivated restrictions on the free parameters. In particular, we restricted the  $\text{FWHM}_{\text{na}}$  to values between 80 and 275 km s $^{-1}$  and  $\text{FWHM}_{\text{br}}$  to values between 300 and 800 km s $^{-1}$ . The lower limit on  $\text{FWHM}_{\text{na}}$  is the average skyline FWHM of the MOSDEF-ionized galaxies, while a majority of galaxies (90 per cent) exhibit an  $\text{FWHM} < 275 \text{ km s}^{-1}$  when fitting [O III] or H $\alpha$  with a single Gaussian component. The additional 25 km s $^{-1}$  separation between  $\text{FWHM}_{\text{na}}$  and  $\text{FWHM}_{\text{br}}$  helps ensure that the broad component is not an artefact from a better fit to the narrow emission by using two Gaussian components. Typical values of  $\text{FWHM}_{\text{br}}$  for ionized outflows from star-forming galaxies are 300–600 km s $^{-1}$  (Genzel et al. 2011; Newman et al. 2012; Wood et al. 2015). The centroids of the narrow and broad components are limited to within  $\pm 100 \text{ km s}^{-1}$  of their initial values, as found by similar studies (Newman et al. 2012; Wood et al. 2015; Davies et al. 2019; Concas et al. 2022).

To determine whether a broad component is detected, we evaluate the improvement over a single Gaussian fit using the Bayesian Information Criterion (BIC; Schwarz 1978) and the amplitude of the broad component. Following a similar procedure as for the double Gaussian fit, we fit each set of lines with single Gaussians: the spectra are first normalized using an initial fit, then refitted, the results of which serve as the initial values for a MCMC fitting process.<sup>2</sup> The BIC is defined as

$$\text{BIC} = \chi^2 + k \ln(n), \quad (1)$$

where  $\chi^2$  is the chi squared of the fit,  $k$  is the number of parameters used in the fit, and  $n$  is the number of points used in the fit. Following similar studies, we adopt  $\Delta\text{BIC} = \text{BIC}_{\text{single}} - \text{BIC}_{\text{double}} > 10$  as ‘very strong’ evidence against a single Gaussian fit (e.g. Swinbank et al. 2019; Avery et al. 2021; Concas et al. 2022). Additionally, to ensure that the broad component is not an artefact, we require that the broad component amplitude of [O III] or H $\alpha$  is robustly measured ( $A_{\text{br}} - 3\sigma_{A_{\text{br}}} > 0$ ) as evidence for the detection of a broad component. Fig. 1 presents fits for six galaxies that show strong evidence for a broad component.

#### 2.4.2 Detectability of broad components

The detection of an underlying broad component depends on several factors. A broad component may be indistinguishable from that of H II regions at low velocities and small velocity offsets. At the same time, low S/N could prevent the detection of a broad component in the faint, high-velocity wings of an emission line, where the broad component may be the strongest. To quantify the detectability of a broad component, we create simulated H $\alpha$  emission lines where we can control the parameters of the broad component and signal-to-noise ratio (SNR) of the line.

For this test, we considered two cases with fixed values for  $\Delta v_{\text{br}}$  and line SNR. In the first case (‘conservative’), the broad component had a small velocity offset,  $\Delta v_{\text{br}} = 10 \text{ km s}^{-1}$ , and line SNR = 25, the average value of galaxies in the MOSDEF-ionized sample. In the

<sup>2</sup>For the single fits there are five free parameters: constant background, redshift, FWHM, and two amplitudes ( $A_{\text{H}\beta}$  and  $A_{[\text{O III}]}$  or  $A_{\text{H}\alpha}$  and  $A_{[\text{N II}]}$ ).

second case (‘ideal’), the broad component had a large velocity offset,  $\Delta v_{\text{br}} = 90 \text{ km s}^{-1}$  and line SNR = 100. For each case, 110 single H $\alpha$  emission lines were simulated, with 11 different  $\text{FWHM}_{\text{br}}$  between 300 and 500 km s $^{-1}$  and 10 normalized  $A_{\text{br}}$  between 0.05 and 0.5, which span the range of measured broad components from individual detected galaxies. The values for the simulated narrow components are randomly selected between the measured narrow component values of individual detected galaxies. We adopt the same resolution and wavelength as a H $\alpha$  line of a  $z \sim 2.3$  galaxy. Following the same fitting process and selection criteria as for individual galaxies in Section 2.4.1, we fit the simulated lines with two Gaussians and a single Gaussian and determined which simulated spectra have a detected broad component.

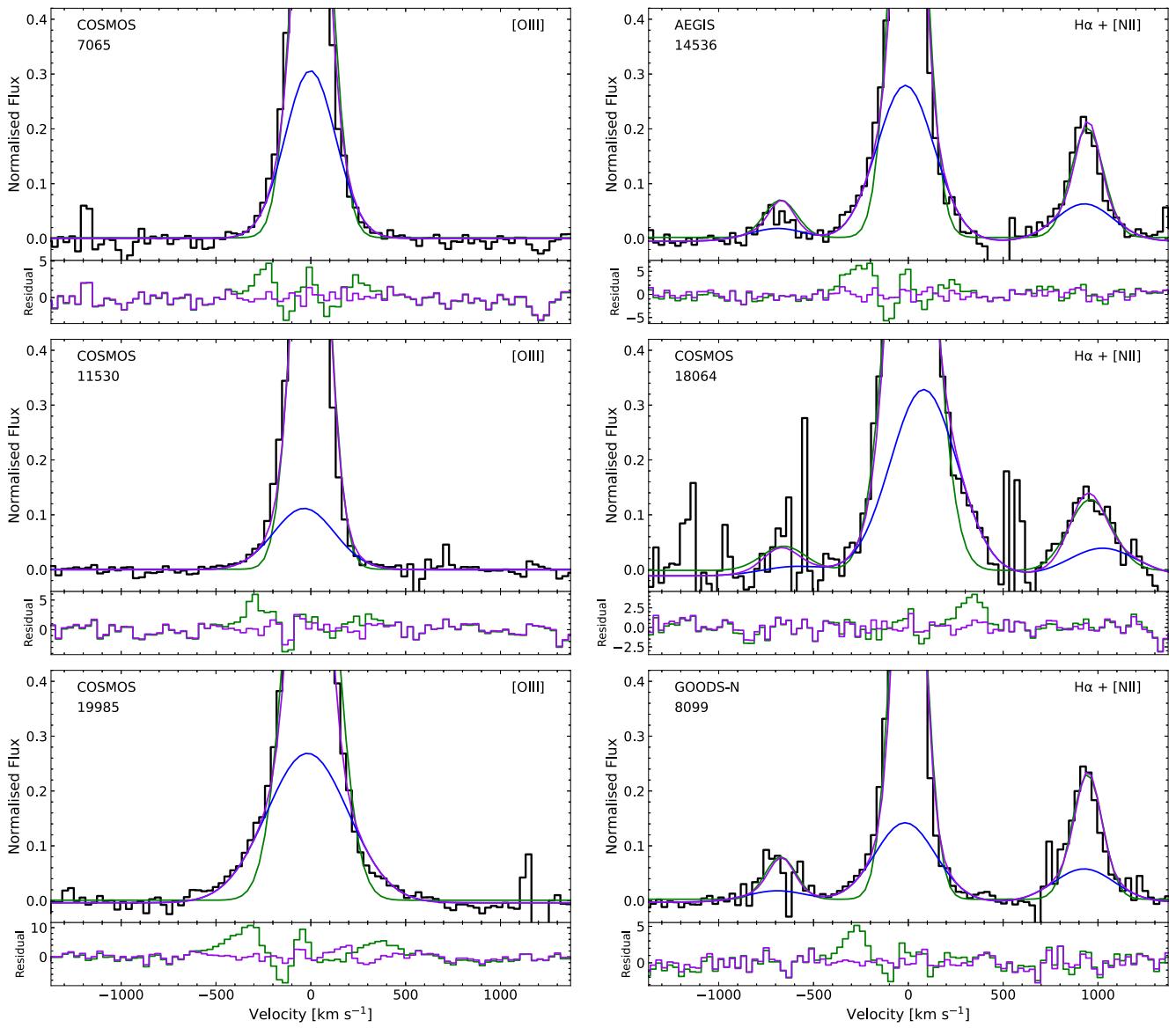
The results of these tests are shown in Fig. 2. We find the lowest detectable broad component has an integrated flux  $0.10 \times (0.38 \times)$  smaller, FWHM  $1.4 \times (2.5 \times)$  larger, and amplitude  $0.05 \times (0.12 \times)$  smaller than the narrow component for the ‘ideal’ (‘conservative’) case. Unsurprisingly, the broad component properties of galaxies with a detected H $\alpha$  broad component, shown in blue, generally lie above these limits. For individual detections, their broad-to-narrow component flux, FWHM, and amplitude ratios are greater than the ‘ideal’ limit, while 75 per cent, 33 per cent, and 91 per cent are above the ‘conservative’ limit, respectively. We note, however, that the detection of the broad component is also a function of  $\Delta v_{\text{br}}$  and line SNR. Here, we explored two extreme cases, but varying the values may lead to different limits.

#### 2.4.3 Composite spectra

Decomposing emission lines into narrow and broad components is often limited by the S/N of a galaxy’s spectra. The high-velocity wings of an emission line, where the broad component may be the strongest, are typically dominated by noise. In order to investigate ionized outflows across a wide range of properties, we construct high S/N composite spectra in bins of several galactic properties. We follow a similar method as Weldon et al. (2022) for constructing composite spectra. In brief, galaxies in the MOSDEF-ionized sample were grouped together into equal-number bins based on various physical properties (e.g. stellar mass, SFR,  $\Sigma_{\text{SFR}}$ ). The science and error spectra of individual galaxies were shifted to the rest frame, converted to luminosity density, interpolated onto a grid with a wavelength spacing of  $\Delta\lambda = 0.5 \text{ \AA}$ , and normalized by either the [O III] or H $\alpha$  luminosity, depending on the line of interest, measured from the science spectrum. The composite spectrum at each wavelength point was computed as the weighted average with  $3\sigma$  outlier rejection of the luminosity densities of individual spectra at the same wavelength point, where the weights are  $1/\sigma(\lambda)^2$  and  $\sigma(\lambda)$  is the value of the error spectrum at wavelength  $\lambda$ . The line-fitting process for the composite spectra is the same as for individual galaxies. The spectra are first normalized using an initial fit, then refitted, the results of which serve as the initial values for an MCMC fitting process. However, when fitting the H $\alpha$  and [N II] doublet, we include the faint [S II] $\lambda\lambda 6716, 6731$  doublet (see Section 3.3).

## 3 RESULTS

With the decomposition of rest-optical emission lines into narrow and broad components for individual galaxies and stacked spectra in hand, we are in a position to investigate the properties of the ionized outflows against galactic physical properties. The occurrence of ionized outflows is discussed in Section 3.1. Section 3.2 focuses



**Figure 1.** Examples of fits for individual spectra with large  $\Delta\text{BIC}$  values. The field and 3D-*HST* v4.1 catalogue ID is given in the upper left. Each line is normalized such that the strongest line peak is unity. The single Gaussian fit is shown in green, the overall fit for the narrow+broad components is shown in purple, and the broad component is shown in blue. The bottom plot in each panel shows the residuals after subtracting the best-fitting single (green) and narrow + broad fit (purple) from the spectrum. The ‘wave’ pattern, an underestimation flux at the peak and overestimation in the wing(s), in the residuals shows that a single Gaussian does not fit the observed line profiles well.

on trends between ionized outflow velocity and galactic properties. Section 3.3 discusses the mass-loading factor of the ionized outflows and its relations with galactic properties. The energetics of the ionized outflows are discussed in Section 3.4. Tables B1 and B2 list broad component properties for galaxies with a significantly detected broad component.

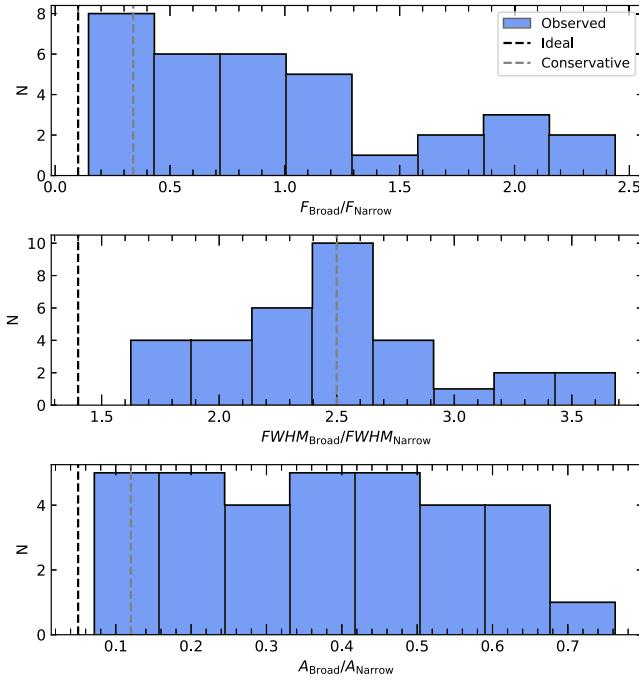
### 3.1 Occurrence

As discussed in Section 2.2, the MOSDEF-ionized sample consists of 598 galaxies, with 392 [O III] and 435 H $\alpha$  detections. Of these, there is significant evidence for broad emission in 39 of the 391 (10 per cent) [O III] detections and in 33 of the 435 (7 per cent) H $\alpha$  detections. Overall, a broad component is detected in 62 (10 per cent)

of the MOSDEF-ionized galaxies. The lack of a detection in 90 per cent of the sample suggests that their broad components are weak ( $A_{\text{br}} < 0.05A_{\text{na}}$ ) or narrow ( $\text{FWHM}_{\text{br}} < 1.4\text{FWHM}_{\text{na}}$ ), depending on their spectral S/N and broad component velocity offset. Galaxies with a detected broad component typically have a  $\text{S/N} > 50^3$ , highlighting the difficulty of decomposing rest-optical emission lines into multiple components.

In Fig. 3, we show the distributions of various galactic properties for the subset of galaxies with evidence of ionized outflows and the remaining MOSDEF-ionized galaxies. To quantitatively test whether

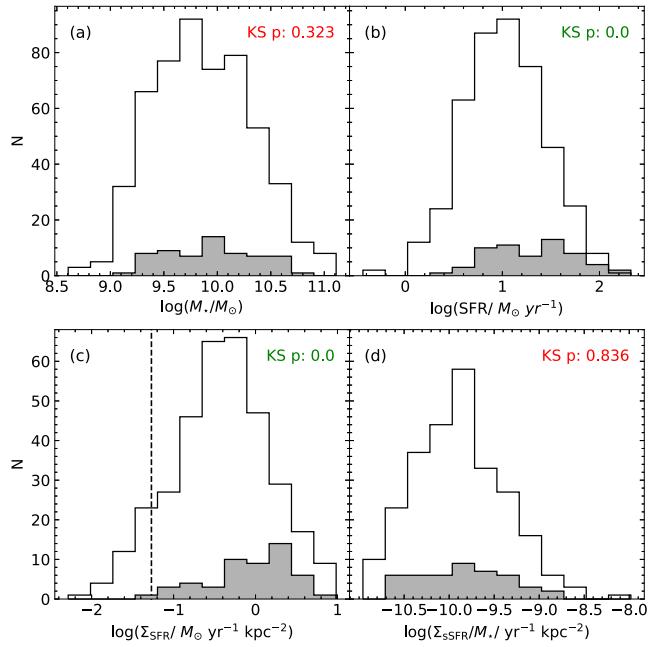
<sup>3</sup>We take the S/N as the flux of a single Gaussian divided by the error in the flux for either [O III] or H $\alpha$ .



**Figure 2.** Distribution of the broad-to-narrow component H $\alpha$  flux (top), FWHM (middle), and amplitude (bottom) for galaxies with a detected broad H $\alpha$  emission component. The grey (black) vertical dashed lines are the minimum ratios required for a broad component to be detected using the fitting procedure in Section 2.4.1 for a mock H $\alpha$  emission line with a broad component offset of  $\Delta v_{\text{br}} = 10 \text{ km s}^{-1}$  ( $\Delta v_{\text{br}} = 90 \text{ km s}^{-1}$ ) and a H $\alpha$  signal-to-noise ratio of 25 (100).

the galaxies with detected ionized outflows are drawn from the same parent distribution as the remaining galaxies, we perform a Kolmogorov–Smirnov (KS) test. Unsurprisingly, the detection of ionized outflows is strongly tied to signatures of elevated star formation activity (SFR and  $\Sigma_{\text{SFR}}$ ). This connection is expected as, in star-forming galaxies, the injection of energy and momentum associated with the late stages of massive stellar evolution are theorized to drive galactic-scale outflows. Additionally, nearly all of the galaxies with ionized outflows have an  $\Sigma_{\text{SFR}}$  above the  $\sim 0.05 \text{ M}_\odot \text{ yr}^{-1} \text{ kpc}^{-2}$  threshold [the dashed-line in panel (c) of Fig. 3] proposed by Heckman (2002)<sup>4</sup>, which is interpreted as the point where energy and momentum can overcome the gravity of the galaxy disc and launch an outflow. Alternatively, the apparent difference between the galactic properties of the outflowing and remaining galaxies may reflect limitations in our fitting technique. Outflows from galaxies with lower SFR or  $\Sigma_{\text{SFR}}$  could be missed if their velocity is low ( $\text{FWHM}_{\text{br}} < 300 \text{ km s}^{-1}$ ), such that the emission from the broad component is indistinguishable from that of H II regions. Likewise, the detection of a distinct broad emission component likely requires a high SNR of the desired line, and galaxies with strong rest-optical emission lines are also associated with higher star formation properties. We explore possible dependencies of ionized gas outflow properties on galactic properties in the following sections.

<sup>4</sup>Heckman (2002) propose a  $0.1 \text{ M}_\odot \text{ yr}^{-1} \text{ kpc}^{-2}$  threshold based on local starbursts galaxies. For a Chabrier (2003) IMF assumed in our study, this threshold becomes  $0.05 \text{ M}_\odot \text{ yr}^{-1} \text{ kpc}^{-2}$ .

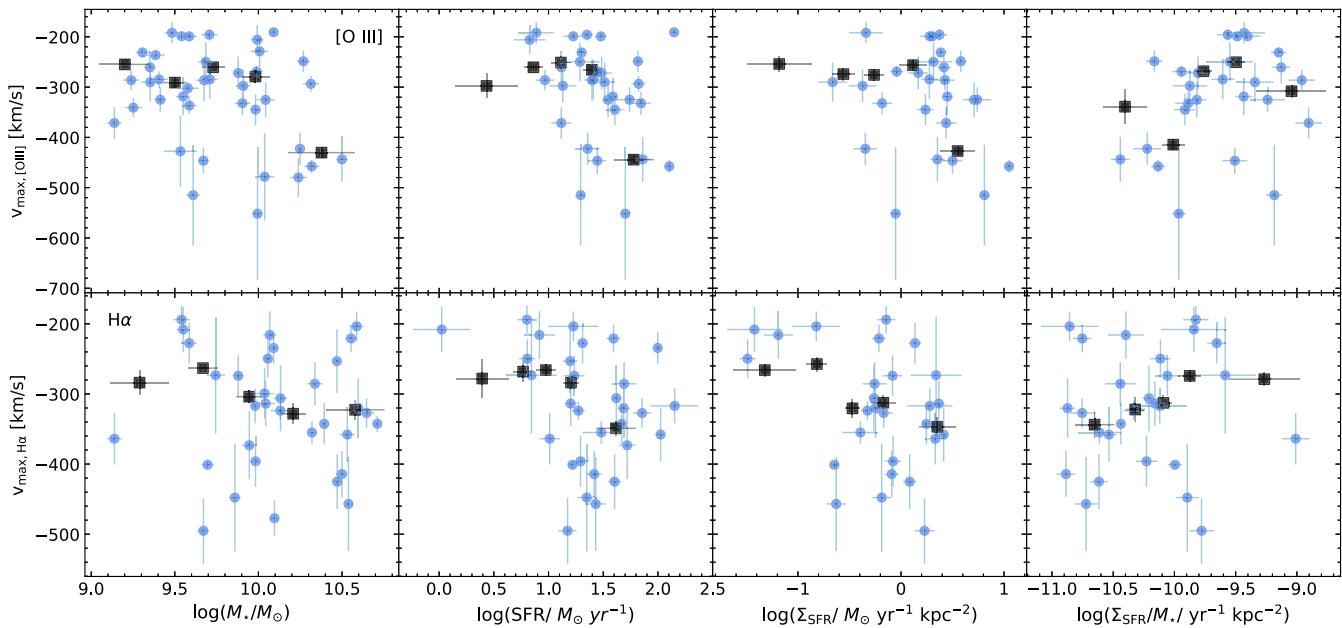


**Figure 3.** The distribution of various galactic properties. Panel (a): stellar mass; panel (b): SFR; panel (c):  $\Sigma_{\text{SFR}}$ ; panel (d):  $\Sigma_{\text{ssfr}}$ . Solid grey and open bars represent the 62 galaxies with detected broad components and the remaining galaxies, respectively. The  $p$ -value of a KS test between galaxies with a broad component and the remaining galaxies is shown in the upper corners of each panel. The vertical dashed line in panel (c) marks the  $\Sigma_{\text{SFR}}$  threshold proposed by Heckman (2002) for launching an outflow.

### 3.2 Outflow velocity

A fundamental property of outflowing gas is its velocity. As stellar feedback in star-forming galaxies likely drives their outflows, correlations between outflow velocity and star formation properties should naturally arise. Several studies have found that the velocity of cool, neutral gas outflows traced by low-ionization UV absorption lines increases with the SFR and SFR surface density of the host galaxy (e.g. Chen et al. 2010; Steidel et al. 2010; Martin et al. 2012; Rubin et al. 2014; Chisholm et al. 2015; Heckman et al. 2015; Bordoloi et al. 2016; Weldon et al. 2022). However, fewer studies have explored how the velocity of warm ionized gas outflows varies with SFR,  $\Sigma_{\text{SFR}}$ , and other properties of the host galaxy (Davies et al. 2019; Swinbank et al. 2019; Avery et al. 2021; Couto et al. 2021; Davis et al. 2023).

We estimate the maximum outflow velocity from the broad component following previous studies as  $V_{\text{max}} = \Delta v_{\text{br}} - 2\sigma_{\text{br}}$ , where  $\sigma_{\text{br}}$  is the Gaussian sigma value of the broad component (see Genzel et al. 2011, 2014; Wood et al. 2015). Fig. 4 presents  $V_{\text{max}}$  derived from [O III] and H $\alpha$  as a function of stellar mass, SFR,  $\Sigma_{\text{SFR}}$ , and  $\Sigma_{\text{ssfr}}$ . Considering individual galaxies (blue circles), we find no significant correlations between  $V_{\text{max}}$  and properties of the host galaxy, which may be due to limitations in our fitting technique (Section 4.3.2). On the other hand, the composite spectra (black squares) exhibit clear trends with velocity. The highest stellar mass, SFR, and  $\Sigma_{\text{SFR}}$  bins appear to have gas at significantly larger  $V_{\text{max}, [\text{O III}]}$  compared to the lowest bins. Similarly,  $V_{\text{max}, \text{H}\alpha}$  appears faster in the higher (lower)  $\Sigma_{\text{SFR}}$  ( $\Sigma_{\text{ssfr}}$ ) bin compared to the lowest (highest) bin. The sudden increase in  $V_{\text{max}, [\text{O III}]}$  in the highest galactic properties bins may reflect different initial conditions of the outflowing gas. The [O III]-emitting zone is likely more compacted compared to the H II region,



**Figure 4.** Maximum outflow velocity versus various galactic properties. *left*: stellar mass, *left centre*: SFR, *right centre*:  $\Sigma_{\text{SFR}}$ , *right*:  $\Sigma_{\text{sSFR}}$ . Top (bottom) rows are plotted versus [O III] (H  $\alpha$ )  $V_{\text{max}}$ . Individual galaxies are shown as blue circles, while results from composite spectra are shown as black squares.

due to the higher ionization potential of O II than H I – 35 eV and 13.6 eV, respectively. Removing the [O III] gas from a smaller, more tightly bound region then likely requires more extreme conditions (i.e. higher SFR,  $\Sigma_{\text{SFR}}$ ). The trend of galaxies with higher SFR and  $\Sigma_{\text{SFR}}$  hosting faster outflows agrees with the picture of outflows driven by feedback from star formation. Although, these global trends are quite weak, with  $V_{\text{max}, \text{H}\alpha} \propto \Sigma_{\text{SFR}}^{0.07 \pm 0.03}$ . On smaller 1–2 kpc scales, Davies et al. (2019) measured broad H  $\alpha$  components in composites of IFU H  $\alpha$  observations from  $28 z \sim 2.3$  galaxies and found  $\Sigma_{\text{SFR}}$  and outflows are closely, with  $v_{\text{out}} \propto \Sigma_{\text{SFR}}^{0.34 \pm 0.10}$ . Conversely, the  $V_{\text{max}, \text{H}\alpha}$  trend with  $\Sigma_{\text{sSFR}}$  suggests that – at a fixed  $\Sigma_{\text{SFR}}$  – faster outflows are launched from high-mass galaxies relative to low-mass ones. However, the observed trend is quite weak, with  $V_{\text{max}, \text{H}\alpha}$  increasing only by  $\sim 80$  km s $^{-1}$  across the roughly 1.5 dex range in  $\Sigma_{\text{sSFR}}$  for the composite spectra.

### 3.3 Mass-loading factor

In this section, we turn towards estimating the mass-loading factor of the ionized outflows, focusing on galaxies with a detected broad H  $\alpha$  component. While a similar analysis is possible for the [O III] line, there are additional dependencies (i.e. the chemical enrichment of the outflowing gas) that further complicate the derived values. Previous studies have found that the mass-loading factor derived from [O III] is consistent with but systematically lower than values derived from H  $\alpha$  (see Carniani et al. 2015; Marasco et al. 2020; Concas et al. 2022).

Adopting the simple outflow model described in Genzel et al. (2011) and Newman et al. (2012), we estimate the mass outflow rate ( $\dot{M}_{\text{out}}$ ) of the galaxies. This model is based on three main assumptions: (1) the geometry of the outflow is multiconical or spherical with constant velocity and mass-loss, (2) the gas in the broad component is photoionized and in case B recombination with an electron temperature of  $T_{\text{e}} = 10^4$  K, and (3) the electron density of

the broad component does not vary significantly with radius. Under these conditions the mass outflow rate can be calculated as

$$\dot{M}_{\text{out}} = \frac{1.36m_{\text{H}}}{\gamma_{\text{H}\alpha}n_{\text{e}}} (L_{\text{H}\alpha, \text{Broad}}) \frac{V_{\text{out}}}{R_{\text{out}}}, \quad (2)$$

where  $m_{\text{H}}$  is the atomic mass of hydrogen,  $\gamma_{\text{H}\alpha}(T_{\text{e}}) = 3.56 \times 10^{-25} T_4^{-0.91}$  erg cm $^{-3}$  s $^{-1}$  is the H  $\alpha$  emissivity at an electron temperature  $T_4 = 10^4$  K,  $n_{\text{e}}$  is the electron density of the outflow,  $L_{\text{H}\alpha, \text{Broad}}$  is the extinction corrected H  $\alpha$  luminosity of the broad component,  $V_{\text{out}}$  is the velocity of the outflow, and  $R_{\text{out}}$  is the radial extent of the outflow.

We adopt this model as the observations are not resolved and to facilitate comparisons with similar studies in the literature. However, varying the assumptions of the model can have noticeable effects on  $\dot{M}_{\text{out}}$ . For example, the inverse dependence of  $\gamma_{\text{H}\alpha}$  on electron temperature creates a temperature dependence for  $\dot{M}_{\text{out}}$ . Sanders et al. (2020) performed direct measurements of  $T_{\text{e}}$  from the [O III] $\lambda 4363$  line for four star-forming galaxies in the MOSDEF survey. They found an ISM  $T_{\text{e}}$  of  $\sim 14000$ – $17000$  K, with a value of 15 400 K for a composite of the four galaxies. If we assume this higher electron temperature for the outflowing gas,  $\dot{M}_{\text{out}}$  would increase by a factor of 1.5. At higher temperatures, the gas responsible for the broad component may be dominated by collisional ionization, rather than photoionized. Genzel et al. (2011) considered collisional ionization at  $T_{\text{e}} = 2 \times 10^4$  K and found that the inferred  $\dot{M}_{\text{out}}$  decreased by a factor of 2, with the difference decreasing at lower temperatures.

In principle, the electron density of the outflowing gas can be calculated from the broad [S II] $\lambda 6717$ /[S II] $\lambda 6732$  line ratio (Osterbrock 1989; Sanders et al. 2016). Using the composite spectra, we attempt to measure this ratio directly. However, the broad components of the [S II] doublet are not well constrained in any of the composite spectra. Instead, we follow a similar approach as Förster Schreiber et al. (2019) and search for broad components in a composite spectrum of the 33 galaxies with detected broad H  $\alpha$  components. In this

new composite, the broad components of the [S II] doublet are well constrained. Using the relationship from Sanders et al. (2016), we estimate an electron density of  $420^{+260}_{-200} \text{ cm}^{-3}$ , consistent within the large uncertainties of the 300–500  $\text{cm}^{-3}$  range of  $n_{\text{e},\text{broad}}$  reported for ionized outflows in local and high- $z$  star-forming galaxies (e.g. Arribas et al. 2014; Ho et al. 2014; Förster Schreiber et al. 2019; Fluetsch et al. 2021). The intrinsic  $\text{H}\alpha$  luminosity of the broad component is measured individually for each galaxy by scaling the total corrected  $\text{H}\alpha$  luminosity by the broad-to-single  $\text{H}\alpha$  ratio ( $F_{\text{broad}}/F_{\text{Single}}$ ). For  $V_{\text{out}}$ , we adopted the maximum velocity from Section 3.2. We take the radial extent of the outflows to be their hosts’ effective radii,  $R_{\text{out}} = R_{\text{E}}$ , motivated by high-resolution adaptive optics SINFONI observations of ionized gas outflows in high redshift star-forming galaxies indicating that outflows typically extend over the half-light radius (Newman et al. 2012; Förster Schreiber et al. 2014).

The mass-loading factor ( $\eta_{\text{m}}$ ) represents the amount of mass removed by an outflow per stellar mass formed, and, for star formation driven outflows, is thought of as a diagnostic of outflow efficiency. Specifically,  $\eta_{\text{m}}$  is defined as the outflow rate normalized by the SFR:  $\eta_{\text{m}} = \dot{M}_{\text{out}}/\text{SFR}$ . An estimate of the SFR can be obtained from the narrow Gaussian component of  $\text{H}\alpha$  tracing the ongoing star formation activity in the galaxy disc:

$$\text{SFR}_{\text{Narrow}} = 3.236 \times 10^{-42} \left( L_{\text{H}\alpha} \frac{F_{\text{Narrow}}}{F_{\text{Single}}} \right) [\text{M}_{\odot} \text{ yr}^{-1}] \quad (3)$$

where the first term is the conversion factor between  $\text{H}\alpha$  luminosity and SFR from Reddy et al. (2018b) (Section 2.3) and  $F_{\text{Narrow}}/F_{\text{Single}}$  is the fraction of the total flux in the narrow component. When divided by the narrow component  $\text{H}\alpha$  SFR and simplified, equation (2) can be written as

$$\eta_{\text{m}} \approx 3.05 \left( \frac{100 \text{ cm}^{-3}}{n_{\text{e}}} \right) \left( \frac{V_{\text{max}}}{300 \text{ km s}^{-1}} \right) \left( \frac{\text{kpc}}{R_{\text{E}}} \right) \left( \frac{F_{\text{Broad}}}{F_{\text{Narrow}}} \right), \quad (4)$$

where  $F_{\text{Broad}}/F_{\text{Narrow}}$  is the broad-to-narrow flux ratio.

Table B2 lists the mass-loading factor for galaxies with a detected broad  $\text{H}\alpha$  component, finding  $\eta_{\text{m}}$  ranging from 0.02 to 1.44, with a median of 0.23. Uncertainties on  $\eta_{\text{m}}$  are taken as the dispersion of 1000 realizations after perturbing  $V_{\text{max}}$ ,  $R_{\text{E}}$ , and  $F_{\text{Broad}}/F_{\text{Narrow}}$  by their errors.<sup>5</sup> We do not include errors in the electron density and temperature assumed, and including these errors would increase the error on  $\eta_{\text{m}}$  by  $\sim 0.2$  dex.

The values we estimate for  $\eta_{\text{m}}$  are similar to those of other recent studies of ionized outflows. Swinbank et al. (2019) stacked  $\text{H}\alpha$  emission of  $\sim 530$  star-forming galaxies at  $z \sim 1$  and found  $\eta_{\text{m}} \sim 0.1\text{--}0.4$ . Similarly, at  $z \sim 2$ , Davies et al. (2019) and Förster Schreiber et al. (2019) stacked  $\text{H}\alpha$  emission from star-forming galaxies finding  $\eta_{\text{m}} \sim 0.3\text{--}0.5$  and  $\eta_{\text{m}} \sim 0.1\text{--}0.2$ , respectively. Recently, Llerena et al. (2023) investigate ionized outflows in a sample of low-mass ( $7.8 < \log(M_{\star}/\text{M}_{\odot}) < 10.2$ ) star-forming galaxies at  $z \sim 3$  and found a wide range of  $\eta_{\text{m}}$ , from 0.1 to 4.9. However, there is debate about the typical value of  $\eta_{\text{m}}$  in star-forming galaxies, with some studies reporting values less than 0.1 (Concas et al. 2022; Marasco et al. 2023). The tension in  $\eta_{\text{m}}$  between various studies is likely due to different assumptions when estimating  $\dot{M}_{\text{out}}$ , or differences in the methodology used to measure ionized outflows (see discussion in Concas et al. 2022).

<sup>5</sup>The measurement uncertainty of  $R_{\text{E}}$ , adopted as the radial extent of the outflows, is likely smaller than the true uncertainty in  $R_{\text{out}}$ .

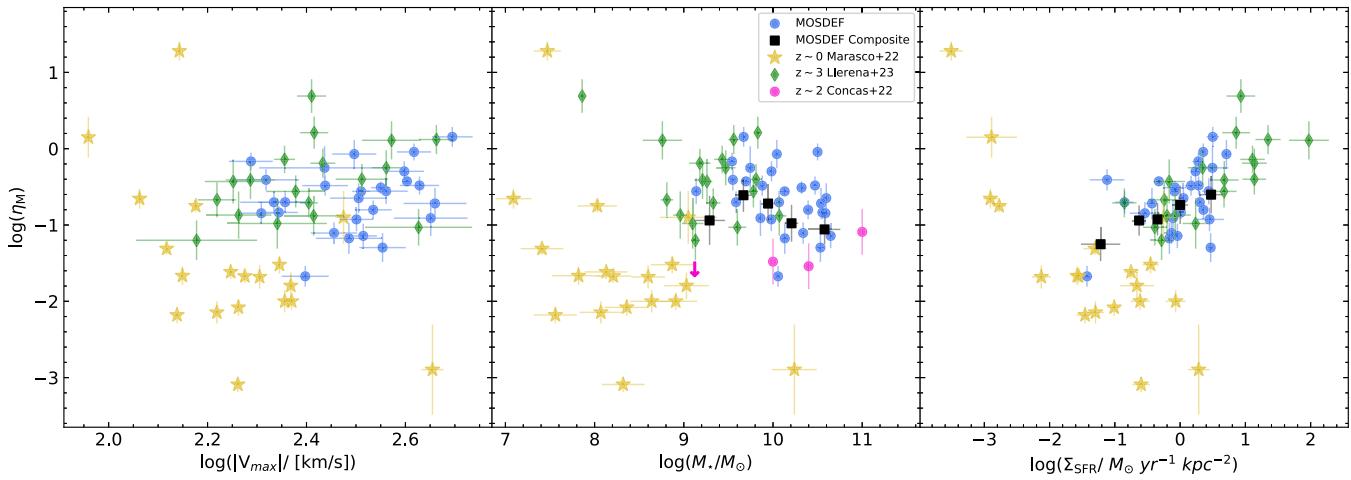
### 3.3.1 Trends

In this section, we explore which, if any, internal galaxy properties correlate with the mass-loading factor. Of particular interest is how  $\eta_{\text{m}}$  potentially scales with the (1) ionized outflow velocity, (2) stellar mass, and/or (3)  $\Sigma_{\text{SFR}}$ . Regarding the first two properties, simple analytical arguments and numerical simulations predict an anticorrelation between the mass-loading factor and the outflow velocity or stellar mass of galaxies, suggesting that outflows are more efficient at removing material from the shallower potential wells of lower-mass galaxies (Murray et al. 2005; Oppenheimer & Davé 2008; Muratov et al. 2015). Additionally, the scaling relation between  $\eta_{\text{m}}$  and outflow velocity or stellar mass is predicted to depend on the driving mechanism of the outflow, which scales steeper if the outflows are energy-driven and shallower if they are momentum driven (see Section 4.1). At the same time, one might expect a correlation with  $\Sigma_{\text{SFR}}$ , which traces the concentration of star formation in a galaxy, as regions with higher  $\Sigma_{\text{SFR}}$  will be more efficient at injecting energy and momentum into the ISM from overlapping supernovae or stellar winds from massive stars, resulting in conditions amenable for outflows.

Fig. 5 presents the variation of the mass-loading factor as a function of  $V_{\text{max}}$ , stellar mass, and  $\Sigma_{\text{SFR}}$  with similar results from the literature. In the MOSDEF-ionized sample, we find that  $\eta_{\text{m}}$  is not significantly correlated with  $V_{\text{max}}$ , while marginally correlated with both stellar mass ( $2.5\sigma$ ) and  $\Sigma_{\text{SFR}}$  ( $2.2\sigma$ ). Galaxies with lower masses appear to have larger  $\eta_{\text{m}}$  than higher mass galaxies, with  $\eta_{\text{m}}$  decreasing by a factor of 0.6 over a mass range  $\log(M_{\star}/\text{M}_{\odot}) = 9\text{--}10.7$ . Although, at a fixed stellar mass, there is a large range in  $\eta_{\text{m}}$ , which may reflect the variation in outflow efficiency amongst different outflow phases for individual galaxies. On the other hand, galaxies with *higher*  $\Sigma_{\text{SFR}}$  appear to have larger  $\eta_{\text{m}}$  than lower  $\Sigma_{\text{SFR}}$  galaxies, with  $\eta_{\text{m}}$  increasing 1.8 dex over an  $\Sigma_{\text{SFR}}$  range  $\log(\Sigma_{\text{SFR}}/\text{M}_{\odot} \text{ yr}^{-1} \text{ kpc}^{-2}) = -1.4\text{--}0.7$ .

A negative relation between  $\eta_{\text{m}}$  and stellar mass is predicted by analytical arguments and simulations. Observations, however, have yielded ambiguous results, as shown in Fig. 5. Studies that measure ionized outflows in composite spectra tend to find a roughly constant relation between  $\eta_{\text{m}}$  and stellar mass, while studies of individual galaxies generally find the expected negative correlation between  $\eta_{\text{m}}$  and stellar mass. At  $z \sim 2$ , Concas et al. (2022) reported relatively low mass-loading factors that exhibit little variation among three stellar mass bins below  $10^{11} \text{ M}_{\odot}$ , but increases  $\sim 0.2$  dex towards the highest mass bin – likely due to increased AGN activity in more massive systems. Meanwhile, Llerena et al. (2023) and Marasco et al. (2023) found that  $\eta_{\text{m}}$  decreases with stellar mass for individual  $z \sim 3$  star-forming and local dwarf starburst galaxies, respectively. However, the mass-loading factors of Marasco et al. (2023) are offset towards significantly lower values compared to the MOSDEF-ionized sample. This discrepancy may be due to differing methodologies used to parametrize the outflow velocity, varying assumptions about the outflow geometry, or it may suggest a possible redshift evolution of the mass-loading factor.

The correlation between  $\eta_{\text{m}}$  and  $\Sigma_{\text{SFR}}$  agrees with the simple outflow picture: galaxies with higher  $\Sigma_{\text{SFR}}$  are more effective in driving outflows. However, this relation is likely caused by an underlying correlation between  $\Sigma_{\text{SFR}}$ ,  $\eta_{\text{m}}$ , and  $R_{\text{E}}$ . With our adopted definitions,  $\Sigma_{\text{SFR}} \propto R_{\text{E}}^{-2}$  and  $\eta_{\text{m}} \propto R_{\text{E}}^{-1}$ , thus a positive relation would naturally arise. A similar positive relationship is found by Llerena et al. (2023) who also derived  $\Sigma_{\text{SFR}}$  and  $\eta_{\text{m}}$  using effective



**Figure 5.** Mass-loading factor versus various galactic properties, compared with values from the literature. Left:  $\log(|V_{\max}|)$ , centre:  $\log(M_*)$ , right:  $\log(\Sigma_{\text{SFR}})$ . Individual MOSDEF galaxies are shown as blue circles, while results from composite spectra are shown as black squares. Markers show observational results including low-mass star-forming galaxies at  $z \sim 3$  from Llerena et al. (2023, green diamond), local starburst dwarf galaxies from Marasco et al. (2023, yellow stars), and composites of  $z \sim 2$  star-forming galaxies from Concas et al. (2022, pink circles).

radii. Conversely, Marasco et al. (2023) derived  $\eta_m$  with outflow radii measured directly from their sample – independent of the effective radius – and found a strong negative correlation between  $\eta_m$  and  $\Sigma_{\text{SFR}}$ .

### 3.4 Outflow energetics

In addition to mass, outflows are characterized by the amount of energy and momentum they remove from the ISM. In Appendix A, we present a derivation for the energy and momentum outflow rates and reference rates of energy and momentum produced within galaxies. Briefly, the energy and momentum outflow rates are calculated from the mass outflow rate (equation 2). Reference rates are calculated following similar analytic arguments as Murray et al. (2005), focusing on the injection of energy and momentum from type Ia supernovae. Dividing the outflow rates by the reference rates and simplifying, the energy- and momentum-loading factors of the outflowing ionized gas are given by

$$\eta_E = 0.27 \left( \frac{100 \text{ cm}^{-3}}{n_e} \right) \left( \frac{V_{\max}}{300 \text{ km s}^{-1}} \right)^3 \left( \frac{\text{kpc}}{R_E} \right) \left( \frac{F_{\text{Broad}}}{F_{\text{Narrow}}} \right), \quad (5)$$

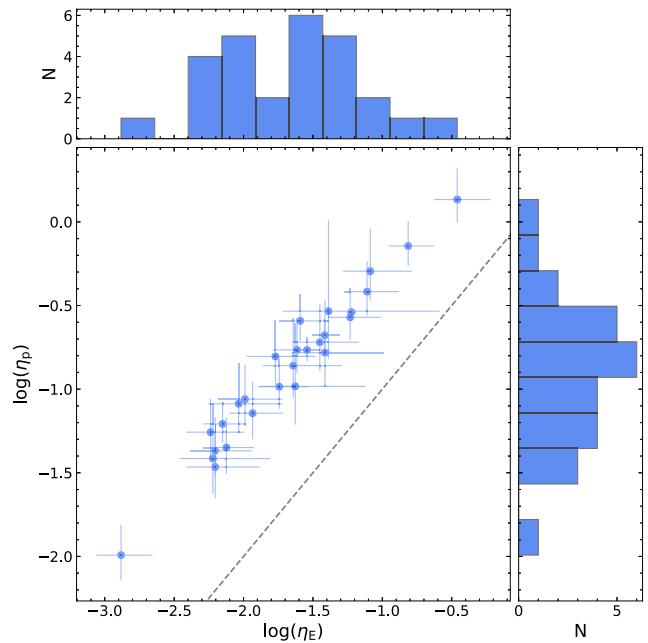
$$\eta_p = 1.76 \left( \frac{100 \text{ cm}^{-3}}{n_e} \right) \left( \frac{V_{\max}}{300 \text{ km s}^{-1}} \right)^2 \left( \frac{\text{kpc}}{R_E} \right) \left( \frac{F_{\text{Broad}}}{F_{\text{Narrow}}} \right). \quad (6)$$

Directly comparing equation (5) and (6), we find that the ratio of the momentum- to energy-loading factor is simply

$$\frac{\eta_p}{\eta_E} = 6.5 \left( \frac{300 \text{ km s}^{-1}}{V_{\max}} \right). \quad (7)$$

For the sample,  $V_{\max}$  ranges between  $\sim 200$  and  $500 \text{ km s}^{-1}$ , suggesting that these ionized outflows carry away more momentum than kinetic energy from the ISM, with  $\eta_p/\eta_E$  ranging from  $\sim 4$  to  $10$ . We further test this result by varying the various physical parameters within a factor of 2 from their adopted values (see Appendix A). Considering the most favourable case,  $\eta_p$  remains larger than  $\eta_E$  by about a factor of 2.

Taken at face value, the larger momentum-loading factors suggest that the ionized outflows are primarily momentum driven. However,



**Figure 6.** Momentum-loading factor versus energy-loading factor. The dashed line marks the one-to-one line. In all of the galaxies, the outflows appear to carry away more momentum than kinetic energy from the ISM.

the comparison between momentum- and energy-loading factors is highly model dependent. There are other sources of energy and/or momentum within the galaxy not accounted in our analytic reference rates (e.g. cosmic rays, winds from massive stars), such that  $\eta_E$  and  $\eta_p$  are likely upper limits. For example, in Fig. 6, there are a few galaxies with abnormally high energy- and momentum-loading factors ( $\eta_E > 0.1$ ,  $\eta_p \sim 1$ ), which would suggest that their ionized outflows remove nearly all of the energy and momentum

produced.<sup>6</sup> Additionally, the assumptions made in our calculations may be incorrect. Based on high-resolution ‘local patch’ simulations of supernovae in the ISM, Kim & Ostriker (2015) argue that the momentum injected by supernovae is better represented by the spherical momentum at the end of the Sedov–Taylor stage when an SN blast wave cools and a shell forms, rather than the initial injected momentum. If we adopted this convention,  $\eta_p$  decreases by  $\sim 0.72$  dex, such that  $\eta_p$  and  $\eta_E$  are about equal. In Section 4.1, we further investigate the primary driving mechanism of the ionized outflows.

## 4 DISCUSSION

### 4.1 Driving mechanism

While there is a general picture of the origin of outflows and their role in galaxy evolution, the physical mechanism(s) that generates and sustains outflows remains an open question. In star-forming galaxies, outflows could be launched by momentum injected into the ISM by supernovae, or by radiation pressure acting on dust grains accelerating gas coupled to the dust (‘momentum–driven’; Murray et al. 2005; Murray et al. 2011). In addition to injecting momentum, mechanical energy released from multiple, overlapping supernovae thermalizes a large fraction of nearby gas forming a hot over-pressured bubble that sweeps up ambient ISM material until it is ejected from the galaxy (‘energy–driven’; Chevalier & Clegg 1985). Finally, cosmic rays produced by supernovae can transfer momentum to gas after scattering off of magnetic inhomogeneities in the ISM as they diffuse out of a galaxy (see discussions in Heckman & Thompson 2017; Zhang 2018). Simple analytic arguments predict that for purely momentum-driven outflows the mass-loading factor scales as  $\eta_m \propto V_{\text{out}}^{-1}$  and  $\eta_m \propto M_{\star}^{-1/3}$ . Similarly, for purely energy-driven outflows:  $\eta_m \propto V_{\text{out}}^{-2}$  and  $\eta_m \propto M_{\star}^{-2/3}$  (Murray et al. 2005). As these mechanisms are likely dominate under different galactic conditions, outflows could be driven by a combination of mechanical energy, radiation pressure, and cosmic rays.

Here, we investigate the marginally-correlated trend of  $\eta_m$  with stellar mass. Fig. 7 presents the best-fitting linear regression in logarithmic space for galaxies with detected H $\alpha$  outflows:

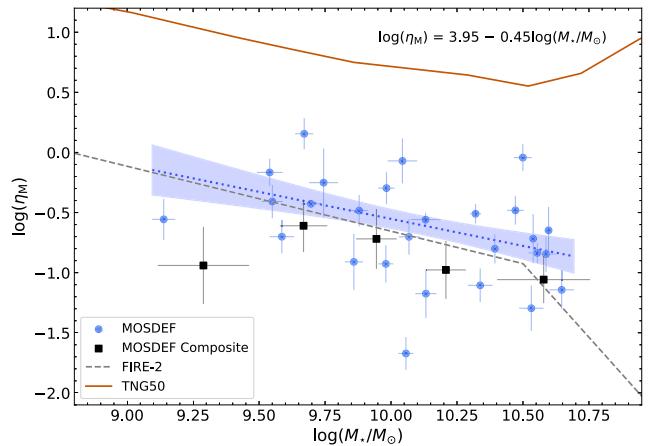
$$\log(\eta_m) = (3.95 \pm 0.54) - (0.45 \pm 0.06)\log(M_{\star}/M_{\odot}). \quad (8)$$

The power-law index of  $-0.45$  is intermediate between the  $M_{\star}^{-2/3}$  and  $M_{\star}^{-1/3}$  dependence predicted for energy- or momentum-driven outflows, suggesting that these ionized outflows are driven by a combination of mechanical energy and radiation pressure.

In Fig. 7, we also show the comparison between our derived  $\eta_m$ – $M_{\star}$  relation to theoretical predictions from Illustris TNG50 (Nelson et al. 2019; Pillepich et al. 2019) and Feedback in Realistic Environments (FIRE; Hopkins et al. 2014, 2018, 2023) cosmological simulations. In particular, we focus on the TNG50 values derived from outflowing gas at a fixed distance of 10 kpc from the galaxy with a radial velocity  $> 0$  km s $^{-1}$  and the FIRE-2 values for warm ( $10^3 < T < 10^5$  K) outflowing gas at a fixed thickness of 0.1–0.2 $R_{\text{vir}}$ <sup>7</sup> (Pandya et al.

<sup>6</sup>High-resolution hydrodynamical simulations find that the energy from supernovae is rapidly thermalized and radiated away, with effectively  $\sim 10$  per cent transferred to the ISM to drive outflows (Creasey, Theuns & Bower 2013).

<sup>7</sup>The average  $R_{\text{vir}}$  of our sample is 100 kpc – estimated using the stellar-to-halo mass relation of Behroozi et al. (2019).



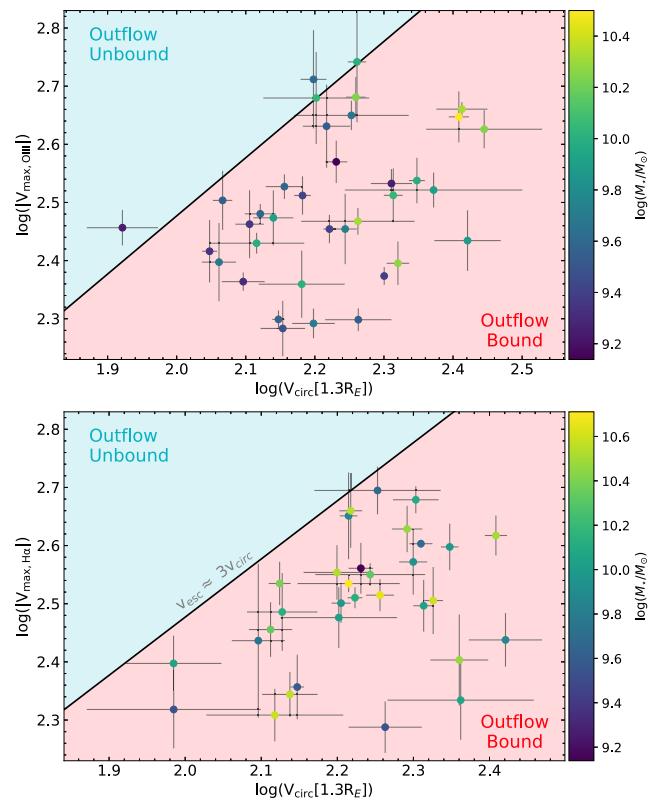
**Figure 7.** Mass-loading factor as a function of stellar mass, compared with predictions from simulations. Individual MOSDEF galaxies are shown as blue circles, while results from composite spectra are shown as black squares. The dotted blue line and shaded region (68 per cent confidence intervals) is the best-fitting line to the MOSDEF-ionized galaxies. The functional form of the line is listed in the upper right corner. Lines show theoretical predictions from the FIRE-2 Pandya et al. (2021, dashed grey) and Illustris TNG50 Nelson et al. (2019, solid orange) cosmological simulations.

2021). We note that this is not a direct comparison, as the simulations measure  $\eta_m$  at  $\sim 4 \times$  larger distances than the effective radii used in our derivation of  $\eta_m$ . As the properties of the outflowing gas (e.g. density, velocity) change with distance,  $\eta_m$  would also vary with distance. For example, Nelson et al. (2019) measured lower  $\eta_m$  at larger distances (see Fig. 5).

Below  $\log(M_{\star}/M_{\odot}) \approx 10.5$ , there is general agreement of a negative correlation between stellar mass and  $\eta_m$ . Unsurprisingly, the theoretical values from TNG50 are larger than the observed MOSDEF-ionized mass-loading factors. In these types of large-volume simulations, small scales are not resolved, instead relying on subgrid recipes to describe stellar feedback, which may overpredict the efficiency of stellar feedback. Additionally, the TNG50 values represent the total mass-loading factor of all phases, rather than our values which only trace ionized outflows from rest-optical emission lines. On the other hand, there is remarkable ( $\sim 1\sigma$ ) agreement between our derived relation and the theoretical prediction from FIRE-2. Pandya et al. (2021) reported a broken power law dependence between  $\eta_m$  and stellar mass, with a shallower ( $-0.54 \pm 0.05$ ) slope below and steeper ( $-2.45 \pm 0.3$ ) slope above  $\log(M_{\star}/M_{\odot}) \sim 10.5$ . Although, at  $\log(M_{\star}/M_{\odot}) \sim 10.5$ , we do not see strong evidence for a sudden drop in  $\eta_m$ . The broken power-law relation may be due to decreasing ISM resolution in the FIRE-2 simulations towards higher stellar masses, such that  $\eta_m$  is underestimated. However, we caution our derived relation is determined from a *marginal* correlation between  $\eta_m$  and stellar mass.

### 4.2 Fate and impact of ionized outflows

The impact of outflows on their hosts’ evolution is directly related to the amount of material that escapes from the gravitational potential well of their host. Here, we investigate whether the ionized outflows have sufficient speeds to escape the gravitational potential of their host or whether the gas is retained and likely recycled as a part of a galactic fountain. For an isothermal gravitational potential truncated



**Figure 8.** Maximum ionized outflow velocity as a function of circular velocity. *Top:* [O III]. *Bottom:* H  $\alpha$ . The line denotes the gas velocity required to escape the gravitational potential assuming an isothermal gravitational potential that extends to a maximum radius of  $r_{\max}$ , see equation (9). Outflowing gas above  $3v_{\text{circ}}$  ( $r_{\max}/r = 33$ ) likely has enough velocity to escape, while below  $3v_{\text{circ}}$  the gas is likely retained. Objects are colour coded according to their stellar mass.

at  $r_{\max}$ , the escape velocity at radius  $r$  is

$$v_{\text{esc}}(r) = v_{\text{circ}} \sqrt{2 [1 + \ln(r_{\max}/r)]}, \quad (9)$$

where  $v_{\text{circ}}$  is the circular velocity of the galaxy, taken from Price et al. (2020). Briefly, for galaxies with resolved and detected rotation measured from their 2D spectra, circular velocities are calculated as  $v_{\text{circ}}(1.3R_E) = \sqrt{V(1.3R_E)^2 + 4.4\sigma_{V,0}^2}$ , where  $\sigma_{V,0}$  is the intrinsic galaxy velocity dispersion.<sup>8</sup> Otherwise, circular velocities are inferred using integrated velocity dispersions and the best-fitting ensemble  $V/\sigma$  from galaxies without detected rotation.

Fig. 8 shows the maximum ionized outflow velocity as a function of circular velocity. To gauge whether the gas escapes, we adopt a rather conservative threshold of  $r_{\max}/r = 33$  ( $v_{\text{esc}} = 3v_{\text{circ}}$ ), such that outflowing gas likely has enough velocity to escape or is retained (Veilleux, Cecil & Bland-Hawthorn 2005; Veilleux et al. 2020). In the top panel, we find that outflows detected in [O III] appear to escape from four and are retained by 32 galaxies, while outflows detected in H  $\alpha$  are retained in all of the galaxies. In addition, we do not find that outflows from shallower potential wells lie closer to the  $v_{\text{esc}} = 3v_{\text{circ}}$  line (i.e. more easily removed) compared to outflows from deeper potential wells. It thus seems that the ionized outflows

<sup>8</sup>We take  $r = 1.3R_E$  for the radius for galaxy's circular velocity as a conservative choice, as this is the radius where an exponential rotation curve peaks.

studied in this work are predominantly retained, recycling back onto the galaxy as part of a galactic fountain, rather than escaping into the IGM. However, these outflows could still potentially contribute to heating the CGM, reducing the rate at which gas can accrete and suppressing star formation.

Multiwavelength observations and multiphase simulations have investigated the contribution of ionized outflows to the total mass and energy outflow rates. On the observation side, studies on molecular, neutral, and ionized outflows in local AGNs, ULIRGs, and starburst galaxies (e.g. Cicone et al. 2014; Carniani et al. 2015; Leroy et al. 2015; Rupke, Gultekin & Veilleux 2017; Fluetsch et al. 2019, 2021) have found that the molecular and neutral phases typically dominate the mass outflow rate. Similarly, local patch and zoom-in simulations predict that the majority of outflowing energy (mass) is carried in the hot (cold) phase (Kim & Ostriker 2018; Kim et al. 2020; Pandya et al. 2021). In the MOSDEF-ionized sample, the high fraction of warm, ionized outflows retained and their modest mass-, energy-, and momentum-loading factors suggest their contribution may be negligible, even during the peak of cosmic star formation. However, without observations of other outflow phases (i.e. hot, neutral, molecular), we cannot constrain the contribution of these outflows to the total mass, energy, and momentum outflow rates.

### 4.3 Significance of outflow velocity and galactic properties

As discussed in Section 3.1, in individual galaxies, neither the maximum ionized outflow velocity derived from broad [O III] or H  $\alpha$  emission components appear to correlate significantly with any galactic property. In particular, the lack of a relation between outflow velocity and star formation properties appears to be in tension with the picture of stellar feedback driven outflows, as the level of star formation activity should set the amount of energy and momentum injected into the ISM. However, this apparent lack of observed relations may be due to contributions to the broad component from turbulent motions and/or the limited dynamic range of properties probed by galaxies with detected broad components in the MOSDEF sample.

#### 4.3.1 Turbulence

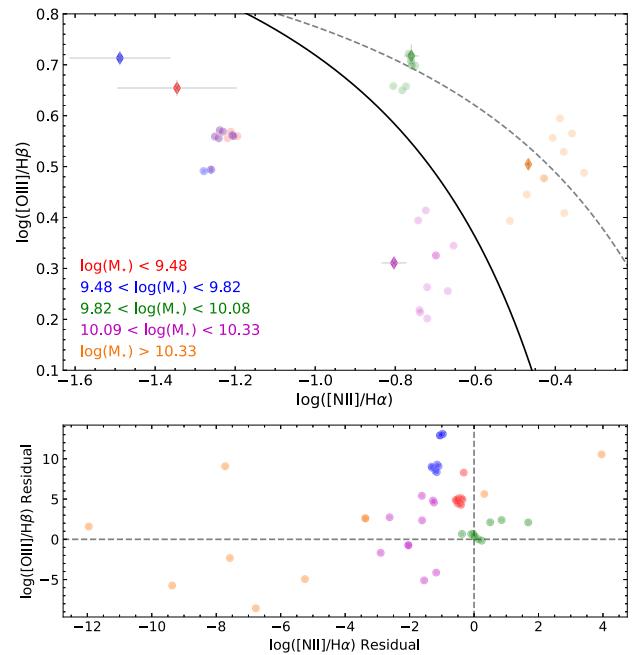
Throughout this paper, we have adopted the interpretation that the broad component of rest-optical emission lines is a tracer of ionized gas entrained in star formation driven outflows. However, the broad emission component may originate from other sources. Here, we consider whether shocks can explain the observed broad emission components within the sample.

Outflows can produce widespread shocks throughout a galaxy by injecting mechanical energy into the ISM. As shocked regions have high electron temperatures and ionization states (e.g. Dopita & Sutherland 1996), collisional excitation and ionization from shocks can produce a variety of optical emission lines, creating broad emission line components. In slow shocks ( $V < 200 \text{ km s}^{-1}$ ), the shock front moves faster than the photoionization front, producing relatively weak high ionization lines, but strong low ionization lines. Conversely, in fast shocks ( $V > 200 \text{ km s}^{-1}$ ) a supersonic photoionization front pre-ionizes the gas – known as a precursor – which produces strong high ionization lines. The emission line ratios of shocked gas differ from those of gas photoionized in H II regions, often with higher [N II]/H  $\alpha$  and [O III]/H  $\beta$  ratios similar to gas photoionized by AGN (e.g. Allen et al. 2008; Alarie & Morisset 2019).

If the broad components arise from shocked gas, the width of the broad component would trace the velocity of the shock rather than the velocity of outflowing material. To investigate whether shocks can explain the broad components, we consider MAPPINGS V (Sutherland & Dopita 2017; Sutherland et al. 2018) fully radiative shock models from the 3MdBs<sup>9</sup> data base (Alarie & Morisset 2019). This data base provides simulated emission-line ratios for shock gas, the precursor, and a combination of shock and precursor for multiple grids. To facilitate comparisons between our observations and the models, we use the low metallicity grid, matched to the broad range of metallicities,  $6.64 < 12 + \log(\text{O/H}) < 9.28$ , used by Gutkin, Charlot & Bruzual (2016). This grid spans a large range in shock parameters – for each metallicity – with shock velocities of  $V_s = 100\text{--}1000 \text{ km s}^{-1}$ , magnetic field parameters of  $B_o = 10^{-4}\text{--}10^{-3} \mu\text{G}$ , and pre-shock densities of  $n_o = 1\text{--}10000 \text{ cm}^{-3}$ .

For this analysis, we focus on the composite spectra binned by stellar mass, as the broad components of  $\text{H}\beta$  and  $[\text{N II}]$  are not robustly detected in individual galaxies, and mass is estimated independently from the  $\text{H}\alpha$  line, thus unlikely influenced by broad emission. The widths of the broad components for each mass bin are larger than  $200 \text{ km s}^{-1}$ , thus we consider the shock + precursor models. Additionally, we restrict the models to those that have a pre-shock density  $\leq 100 \text{ cm}^{-3}$  and to shock velocities within  $50 \text{ km s}^{-1}$  of the broad component width of a mass bin.

To determine whether shocks can explain the observed broad components in the composite spectra, we consider their (1) broad emission-line ratios, (2) inferred electron density, and (3) emitting areas. We first compare the measured broad emission-line ratios –  $[\text{O III}]/\text{H}\beta$  and  $[\text{N II}]/\text{H}\alpha$  – from each mass bin to the predicted shocked + precursor model ratios, keeping the ten models per bin, which best match the observations. Fig. 9 shows the BPT diagram for the five stellar mass bins and their best-matched models. A majority of the best-matched models for the lowest, second-lowest, and highest mass bins (red, blue, and orange diamonds) are inconsistent with the observed line ratio(s) by  $\geq 3\sigma$ . On the other hand, there are models that can reproduce the observed line ratios of the middle and second-highest mass bins (green and purple diamonds) within their uncertainties. In addition to directly comparing line ratios, we can use them to infer other physical properties. If the broad emission arises due to shocks, the electron density measured from the broad  $[\text{S II}]\lambda 6717/[\text{S II}]\lambda 6732$  line ratio would come from the post-shock recombination regions where the gas densities are expected to be higher than the pre-shock densities (e.g. Allen et al. 2008). We measure the electron density from the  $[\text{S II}]$  ratio of the ten best-matched models for each mass bin using the relationship from Sanders et al. (2016). For the upper three mass bins, the inferred electron densities from the models span over two orders of magnitude, with a majority of the models within  $1.5\sigma$  of  $n_e = 420 \text{ cm}^{-3}$  derived in Section 3.3. Conversely, the inferred electron densities in the two lowest mass bins are consistently larger – ranging from  $\sim 4000$  to  $7000 \text{ cm}^{-3}$ . Finally, the database also provides the predicted  $\text{H}\beta$  luminosity per unit area for the different models. Using the best-matched models, we calculate the emitting area required to produce the observed broad component  $\text{H}\beta$  luminosity. For the two lowest mass bins, the required emitting areas are  $\sim 2 \text{ kpc}^2$ , consistently smaller than the average size of the galaxies in the composite – 8 and  $13 \text{ kpc}^2$ , respectively. On the other hand, for the three upper mass bins, the emitting areas are larger, ranging from 4 to  $20 \times$  than their average sizes.



**Figure 9.** BPT diagram for composite spectra binned by stellar mass and shocked + precursor models from the 3MdBs data base (Alarie & Morisset 2019). The broad component and ten best shocked + precursor model emission-line ratios are shown as diamonds and transparent circles. The solid black line separates star-forming galaxies and AGNs (Kauffmann et al. 2003). The dashed grey line is the ‘maximum starburst’ line, where above this line lie AGN from Kewley et al. (2001). The bottom panel shows the residuals after subtracting the shocked + precursor models from the observed broad component line ratios.

These comparisons show that no shock model simultaneously agrees with the observed broad component line ratios, sample electron density, or the average area of the composite spectra. The best-matched  $[\text{O III}]/\text{H}\beta$  or  $[\text{N II}]/\text{H}\alpha$  model line ratios are inconsistent with the observed broad line ratios in the lowest, second lowest, and highest mass bins, the inferred model electron densities for the lowest and second-lowest mass bins are  $\gtrsim 15 \times$  higher than the value we derived in Section 3.3, and the emitting area to reproduce the broad  $\text{H}\beta$  luminosity is  $\gtrsim 4 \times$  the average area of galaxies in the middle, second-highest, and highest mass bins. We therefore conclude that shocks alone cannot produce the broad emission components observed in this study.

This analysis, however, does not rule out other possible origins for the broad emission component. The broad emission may be a mixture of outflowing gas, shocked gas, and other turbulent motions, such as turbulent mixing layers between hot and cold outflow phases. Recent studies that trace outflows using both blueshifted rest-UV absorption lines and broad components of rest-optical emission lines in individual galaxies have found that the two tracers are kinematically similar, thus the broad components can measure the kinematics of outflowing gas (Perrotta et al. 2021; Avery et al. 2022).

#### 4.3.2 Other physical origins of scatter

In addition to effect of turbulent motions, the lack of correlations between ionized outflow velocity and galactic properties may be due to line-of-sight effects or the small dynamic range probe by the sample (see discussion in Davies et al. 2019). If the observations are not well aligned with the outflowing material, then the derived velocities

<sup>9</sup><http://3mdb.astro.unam.mx/>

would not capture the true velocities. This in turn would increase the scatter between outflow velocity and galaxy properties and mask any potential correlations. Similarly, if relationships between outflow velocity and properties are weak, then they may not be captured over the small dynamic range probe by our sample. Decomposing rest-optical emission lines into separate narrow and broad components is challenging, with the detection of a broad component requiring high signal-to-noise in the desired line. However, galaxies with strong nebular emission lines are also associated with elevated star formation properties. Outflows from galaxies with low star formation properties would be missed if their velocity is low ( $\text{FWHM}_{\text{br}} < 300 \text{ km s}^{-1}$ ), such that the emission from the broad component is indistinguishable from that of HII regions. As shown in Fig. 3, the galaxies with a detected broad component appear to be biased toward higher SFR and  $\Sigma_{\text{SFR}}$  compared to the remaining MOSDEF-ionized galaxies. In comparison, at low redshifts, Arribas et al. (2014) measured ionized outflows in luminous and ultraluminous infrared galaxies and found that outflow velocity scales weakly with both SFR and  $\Sigma_{\text{SFR}}$ , covering three order of magnitude in SFR and  $\Sigma_{\text{SFR}}$ . Similarly, Xu et al. (2022) found the ionized outflow velocity scales weakly with SFR in local low-mass ( $10^4\text{--}10^7 M_{\odot}$ ) galaxies. In addition to probing larger dynamic ranges, both of these studies detect broad components in lower SFR ( $\Sigma_{\text{SFR}}$ ) galaxies, with a majority below  $10 M_{\odot} \text{ yr}^{-1}$  ( $1 M_{\odot} \text{ yr}^{-1} \text{ kpc}^{-2}$ ). However, the weak scaling relations found by these studies suggest that the outflows are primarily energy-driven, as opposed to the mix of energy- and momentum-driven found for our sample (Section 4.1). In this case, the scaling between ionized outflow velocity and star formation properties should be steeper than for a pure energy-driven outflow, thus a relation between ionized outflow velocity and star formation properties may be captured over a smaller dynamic range. If the outflows are driven by a mix of energy and momentum, then the dynamic range probed by our sample is unlikely the reason why we find no correlation between outflow velocity and star formation properties.

## 5 CONCLUSIONS

We have presented an analysis on the kinematics and energetics of ionized gas outflows within a sample of 598 typical star-forming galaxies at  $z = 1.4\text{--}3.8$ . Using the extensive spectroscopic data set of the MOSDEF survey, we decompose strong nebular emission lines of individual galaxies and composite spectra into narrow and broad Gaussian components, tracing virial motions within the galaxy and outflowing gas. Maximum ionized outflow velocities are derived from the FWHM of the broad components, with a mean  $V_{\text{max}} = -320 \pm 90 \text{ km s}^{-1}$ . Using  $V_{\text{max}}$  in the outflow model described in Genzel et al. (2011), we estimate the mass-, energy- and momentum-loading factors of the ionized gas outflows. Our main conclusions are as follows:

- (i) There is significant evidence for broad emission components in 10 per cent (7 per cent) of [O III] ( $\text{H}\alpha$ ) detections, with their incidence becoming more prevalent among systems with higher SFR and  $\Sigma_{\text{SFR}}$ .
- (ii) In individual galaxies, the maximum ionized outflow velocity is not significantly correlated with any galactic property. Composite spectra binned by stellar mass, SFR, and  $\Sigma_{\text{SFR}}$  show clear trends with  $V_{\text{max}}$ , such that faster outflows are found in bins of higher galactic properties.
- (iii) The ionized outflows appear to remove more momentum than kinetic energy from the ISM, with  $\eta_p/\eta_E \approx 6.5$ , suggesting that the outflows are primarily momentum driven. However, these results

are model-dependent, and it is likely that there are non-negligible contributions from mechanical energy.

(iv) The mass-loading factor is marginally correlated ( $2.5\sigma$ ) with stellar mass, scaling as  $\eta_m \propto M_{\star}^{-0.45}$ . This scaling is intermediate between the  $M_{\star}^{-2/3}$  and  $M_{\star}^{-1/3}$  dependence predicted for energy- or momentum-drive outflows, suggesting that these ionized outflows are driven by a combination of these mechanisms, with a larger contribution from radiation pressure acting on cool, dusty material.

(v) We find  $\sim 1\sigma$  agreement between our derived  $\eta_m$ – $M_{\star}$  relation and the theoretical prediction from the FIRE-2 simulations for warm outflowing gas, measured at a larger radial distance.

(vi) 11 per cent (0 per cent) of [O III] ( $\text{H}\alpha$ ) maximum outflow velocities are larger than the escape velocity from the gravitational potential of their host, suggesting that the ionized outflows are often retained and likely set up a galactic fountain.

Obtaining robust constraints on the properties of outflows across different phases is crucial to understand their impact on galaxy evolution. Here, we have studied ionized outflows from typical  $z \sim 2$  galaxies traced by broad components of rest-optical emission lines, finding that these outflows appear to play a negligible role, even during the peak of cosmic star formation activity. A majority of the ionized outflows likely remain bound to the host galaxy, and their properties (e.g.  $V_{\text{max}}$ ,  $\eta_m$ ) are independent or weakly correlated with galactic properties. However, these results are based upon simple models and assumptions on the geometry and physical condition of the outflowing gas. To build a better understanding of outflows, higher resolution spectroscopic data and spatially resolved imaging is necessary to constrain the geometry, extent, and conditions of outflowing gas. Future progress will greatly benefit from such observations, probing both a wider dynamic range of galaxy properties and tracers of other outflow phases.

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## DATA AVAILABILITY

In this work, we use 1D spectra and rest-frame optical line measurements from MOSFIRE Deep Evolution Field (MOSDEF) survey (Kriek et al. 2015). This data are publicly available and can be obtained at <http://mosdef.astro.berkeley.edu/for-scientists/data-releases/>.

<sup>10</sup><http://www.astropy.org>

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## APPENDIX A: DERIVATION OF ENERGY AND MOMENTUM RATES

In this section, we derive equations for the energy- and momentum-loading factors of an outflow. A loading factor is the ratio of how much of a quantity (mass, energy, momentum, etc.) is carried out in an outflow relative to the amount produced within a galaxy, thus we define loading factor ( $\eta$ ) as

$$\eta_X = \frac{\dot{X}_{\text{out}}}{\dot{X}_{\text{ref}}}, \quad (\text{A1})$$

where ‘out’ and ‘ref’ refer to the outflow rate and reference rate of the galaxy, respectively.

The energy and momentum outflow rates are easily calculated from the mass outflow rate (Section 3.3) as:

$$\dot{E}_{\text{out}} = \frac{1}{2} \dot{M}_{\text{out}} V_{\text{out}}^2 \dot{p}_{\text{out}} = \dot{M}_{\text{out}} V_{\text{out}}. \quad (\text{A2})$$

On the other hand, estimating the reference energy and momentum rates is non-trivial due to the wide range of physical processes that can generate energy and momentum. Focusing on type IIa supernovae, the total energy injected into the ISM from supernovae is

$$\dot{E}_{\text{ref}} = \dot{E}_{\text{SN}} = \dot{N}_{\text{SN}} E_{\text{SN}} \approx 3.17 \times 10^{41} \left( \frac{\text{SFR}_{\text{narrow}}}{\text{M}_\odot \text{ yr}^{-1}} \right) [\text{erg s}^{-1}], \quad (\text{A3})$$

where  $\dot{N}_{\text{SN}}$  is the supernova rate, taken as one SN occurs per  $100 \text{ M}_\odot$  formed, and  $E_{\text{SN}} = 10^{51} \text{ erg}$  is the mechanical energy released by a Type IIa SN.

Following the analytical arguments of Murray et al. (2005), for star-forming galaxies, we consider momentum injection from supernovae and a central starburst:

$$\begin{aligned} \dot{p}_{\text{ref}} \rightarrow \dot{p}_{\text{SN}} + \dot{p}_{\text{starburst}} &\approx \sqrt{2 E_{\text{SN}} M_{\text{ej}}} \dot{N}_{\text{SN}} + L_{\text{bol}}/c \\ &\approx 3.285 \times 10^{33} \left( \frac{\text{SFR}_{\text{narrow}}}{\text{M}_\odot \text{ yr}^{-1}} \right) [\text{cm g s}^{-2}], \end{aligned} \quad (\text{A4})$$

where  $M_{\text{ej}} = 10 \text{ M}_\odot$  is the mean ejected mass from a Type II SN, and  $L_{\text{bol}}$  is the bolometric luminosity of the galaxy. We assume that  $L_{\text{bol}} \sim \text{SFR} \times 10^{10} \text{ L}_\odot$  (Kennicutt 1998).

Alternatively, based on high resolution ‘local path’ simulations of supernovae in the ISM, Kim & Ostriker (2015) argue that the  $\dot{p}_{\text{sn}}$  is better represented by the spherical momentum at the end of the Sedov-Taylor stage when an SN blast wave cools and a shell forms, rather than the initial injected momentum as in equation (A4). If this convention is adopted, then

$$\begin{aligned} \dot{p}_{\text{ref}} \rightarrow \dot{p}_{\text{SN}} + \dot{p}_{\text{starburst}} &\approx \dot{N}_{\text{SN}} \frac{E_{\text{SN}}}{v_{\text{cool}}} + L_{\text{bol}}/c \\ &\approx 1.71 \times 10^{34} \left( \frac{\text{SFR}_{\text{narrow}}}{\text{M}_\odot \text{ yr}^{-1}} \right) [\text{cm g s}^{-2}], \end{aligned} \quad (\text{A5})$$

where  $v_{\text{cool}} = 200 \text{ km s}^{-1}$  is the terminal velocity of the supernova remnant after it has shocked and swept up ambient ISM material.

## APPENDIX B: RESULTS

In this Appendix, we provide tables of the ionized gas outflow properties detected in [O III] and H $\alpha$ .

**Table B1.** Properties of the ionized gas based on [O III] modelling.

FIELD	V4ID	$z$	$\log(M_*/M_\odot)$	$\log(\text{SFR[SED]})$	$\log(\Sigma_{\text{SRF[SED]}})$	$\text{FWHM}_{\text{br}}$ ( $\text{km s}^{-1}$ )	$V_{\text{off}}$ ( $\text{km s}^{-1}$ )	$V_{\text{max}}$ ( $\text{km s}^{-1}$ )
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
AEGIS	3668	2.19	$9.99 \pm 0.04$	$1.38 \pm 0.03$	$-0.12 \pm 0.03$	$305.60^{+9.17}_{-4.20}$	$-9.56^{+8.80}_{-10.33}$	$-269.11^{+11.75}_{-10.93}$
AEGIS	4711	2.18	$9.31 \pm 0.04$	$0.76 \pm 0.03$	$-0.15 \pm 0.04$	$303.21^{+5.34}_{-2.43}$	$26.40^{+8.43}_{-7.14}$	$-231.12^{+9.58}_{-7.43}$
AEGIS	6315	2.23	$9.48 \pm 0.04$	$0.87 \pm 0.04$	$-0.36 \pm 0.06$	$326.70^{+23.51}_{-17.53}$	$85.45^{+9.94}_{-13.54}$	$-192.02^{+22.31}_{-20.12}$
AEGIS	10832	2.30	$9.59 \pm 0.05$	$0.98 \pm 0.03$	$-0.60 \pm 0.05$	$307.94^{+13.57}_{-5.97}$	$-75.15^{+14.24}_{-14.03}$	$-336.70^{+18.32}_{-14.91}$
AEGIS	12311	2.13	$9.99 \pm 0.04$	$0.87 \pm 0.03$	...	$325.64^{+34.51}_{-18.84}$	$70.63^{+18.28}_{-19.42}$	$-205.95^{+34.54}_{-25.16}$
AEGIS	12512	2.32	$10.25 \pm 0.01$	$0.84 \pm 0.01$	$-0.87 \pm 0.02$	$424.79^{+33.49}_{-30.55}$	$-61.81^{+16.20}_{-17.32}$	$-422.60^{+32.73}_{-31.20}$
AEGIS	14957	2.30	$9.91 \pm 0.04$	$0.68 \pm 0.03$	$-0.83 \pm 0.06$	$338.23^{+42.29}_{-25.36}$	$-10.28^{+14.97}_{-15.03}$	$-297.55^{+38.91}_{-26.26}$
AEGIS	15737	2.30	$9.59 \pm 0.05$	$1.06 \pm 0.03$	$-0.11 \pm 0.05$	$302.44^{+3.77}_{-1.83}$	$57.84^{+7.07}_{-6.31}$	$-199.03^{+7.76}_{-6.50}$
AEGIS	18543	2.14	$9.35 \pm 0.03$	$0.93 \pm 0.04$	$0.23 \pm 0.05$	$327.0^{+48.10}_{-20.22}$	$17.06^{+15.20}_{-12.50}$	$-260.67^{+43.59}_{-21.24}$
AEGIS	22931	2.30	$9.41 \pm 0.03$	$1.00 \pm 0.03$	$0.00 \pm 0.05$	$334.46^{+31.09}_{-21.55}$	$-41.02^{+9.32}_{-11.68}$	$-325.08^{+28.0}_{-21.71}$
AEGIS	22935	2.37	$9.71 \pm 0.05$	$0.90 \pm 0.03$	$-0.08 \pm 0.06$	$304.97^{+8.30}_{-3.73}$	$63.15^{+10.96}_{-9.66}$	$-195.87^{+13.03}_{-10.16}$
AEGIS	25817	2.29	$9.68 \pm 0.05$	$0.95 \pm 0.03$	...	$371.98^{+47.02}_{-41.06}$	$29.60^{+18.67}_{-15.98}$	$-286.33^{+44.08}_{-38.36}$
AEGIS	30758	2.13	$9.24 \pm 0.05$	$0.63 \pm 0.03$	$0.08 \pm 0.06$	$317.29^{+26.89}_{-13.04}$	$-16.65^{+10.07}_{-11.66}$	$-286.14^{+24.96}_{-16.08}$
AEGIS	35056	1.65	$9.25 \pm 0.05$	$0.50 \pm 0.05$	...	$314.73^{+18.56}_{-10.59}$	$-73.53^{+14.88}_{-15.19}$	$-340.84^{+21.68}_{-17.65}$
COSMOS	3626	2.32	$9.61 \pm 0.04$	$1.20 \pm 0.02$	$0.72 \pm 0.04$	$563.13^{+129.91}_{-97.07}$	$-36.57^{+26.09}_{-28.79}$	$-514.85^{+113.38}_{-87.33}$
COSMOS	6283	2.22	$9.55 \pm 0.04$	$1.02 \pm 0.03$	$-0.11 \pm 0.04$	$333.73^{+54.21}_{-25.29}$	$-35.38^{+12.33}_{-19.14}$	$-318.82^{+47.66}_{-28.77}$
COSMOS	6750	2.13	$9.99 \pm 0.03$	$1.08 \pm 0.02$	$-0.67 \pm 0.03$	$555.26^{+170.20}_{-137.63}$	$-80.12^{+22.35}_{-14.34}$	$-551.71^{+146.27}_{-117.77}$
COSMOS	7065	3.26	$9.41 \pm 0.05$	$1.29 \pm 0.03$	$0.28 \pm 0.08$	$325.84^{+20.15}_{-15.56}$	$-7.90^{+4.77}_{-5.29}$	$-284.64^{+17.77}_{-14.24}$
COSMOS	9971	2.41	$10.27 \pm 0.04$	$1.46 \pm 0.02$	$0.23 \pm 0.04$	$327.87^{+22.75}_{-16.37}$	$29.92^{+15.03}_{-12.01}$	$-248.55^{+24.48}_{-18.37}$
COSMOS	10550	3.59	$9.53 \pm 0.10$	$0.93 \pm 0.04$	$-0.14 \pm 0.19$	$487.81^{+88.40}_{-67.77}$	$-13.33^{+20.69}_{-26.04}$	$-427.64^{+77.88}_{-63.17}$
COSMOS	11530	2.10	$9.14 \pm 0.04$	$0.93 \pm 0.04$	$0.25 \pm 0.06$	$391.85^{+38.19}_{-31.46}$	$-38.60^{+8.88}_{-11.0}$	$-371.40^{+33.63}_{-28.90}$
COSMOS	12476	1.51	$9.98 \pm 0.03$	$1.06 \pm 0.04$	$-0.31 \pm 0.04$	$397.88^{+37.68}_{-31.78}$	$-6.93^{+9.13}_{-10.11}$	$-344.80^{+33.28}_{-28.82}$
COSMOS	18064	1.65	$9.88 \pm 0.03$	$1.06 \pm 0.03$	$-0.25 \pm 0.03$	$431.96^{+38.40}_{-37.31}$	$94.97^{+3.63}_{-7.50}$	$-271.91^{+32.82}_{-32.57}$
COSMOS	19439	2.47	$10.31 \pm 0.05$	$0.90 \pm 0.02$	...	$314.28^{+20.70}_{-10.47}$	$-26.56^{+8.20}_{-8.30}$	$-293.49^{+19.40}_{-12.17}$
COSMOS	19985	2.19	$10.32 \pm 0.05$	$1.61 \pm 0.03$	$0.55 \pm 0.03$	$525.70^{+14.50}_{-14.14}$	$-11.07^{+3.68}_{-4.0}$	$-457.56^{+12.86}_{-12.66}$
COSMOS	22576	3.26	$9.38 \pm 0.06$	$1.27 \pm 0.04$	$0.40 \pm 0.06$	$307.98^{+10.55}_{-5.77}$	$25.22^{+4.81}_{-4.63}$	$-236.36^{+10.17}_{-6.74}$
COSMOS	22838	3.36	$10.24 \pm 0.05$	$1.12 \pm 0.02$	$0.20 \pm 0.07$	$474.56^{+45.50}_{-37.63}$	$-76.70^{+15.30}_{-14.57}$	$-479.75^{+41.56}_{-35.12}$
COSMOS	22862	3.12	$10.01 \pm 0.05$	$1.70 \pm 0.03$	...	$353.63^{+34.33}_{-28.37}$	$71.54^{+15.63}_{-14.0}$	$-228.81^{+33.08}_{-27.87}$
GOODS-N	1975	2.36	$9.69 \pm 0.05$	$1.17 \pm 0.03$	$0.20 \pm 0.05$	$340.86^{+54.59}_{-29.14}$	$39.82^{+16.69}_{-13.81}$	$-249.68^{+49.28}_{-28.34}$
GOODS-N	16060	1.52	$10.04 \pm 0.06$	$1.12 \pm 0.05$	$0.29 \pm 0.05$	$381.20^{+44.41}_{-32.01}$	$-1.54^{+12.62}_{-11.78}$	$-325.30^{+39.78}_{-29.63}$
GOODS-N	22065	3.13	$9.58 \pm 0.06$	$1.17 \pm 0.03$	$0.13 \pm 0.04$	$306.93^{+11.35}_{-5.13}$	$-41.61^{+8.93}_{-10.22}$	$-302.29^{+13.14}_{-11.11}$
GOODS-N	22235	2.43	$9.54 \pm 0.05$	$1.12 \pm 0.03$	$0.17 \pm 0.04$	$304.05^{+6.11}_{-3.01}$	$59.46^{+8.46}_{-7.72}$	$-198.78^{+9.93}_{-8.13}$
GOODS-N	24328	2.41	$9.35 \pm 0.05$	$1.24 \pm 0.04$	$-0.94 \pm 0.11$	$380.65^{+43.42}_{-40.67}$	$33.14^{+16.66}_{-14.98}$	$-290.16^{+40.46}_{-37.65}$
GOODS-N	27035	2.42	$9.67 \pm 0.03$	$1.06 \pm 0.03$	$0.12 \pm 0.05$	$416.74^{+30.97}_{-27.45}$	$-92.45^{+9.60}_{-5.44}$	$-446.40^{+28.0}_{-23.94}$
GOODS-N	30053	2.25	$10.50 \pm 0.03$	$1.08 \pm 0.02$	$-0.42 \pm 0.03$	$510.27^{+52.94}_{-47.01}$	$-10.41^{+14.81}_{-13.81}$	$-443.80^{+47.34}_{-42.25}$
GOODS-N	34699	2.20	$10.04 \pm 0.06$	$1.43 \pm 0.03$	$0.21 \pm 0.04$	$567.82^{+104.20}_{-90.32}$	$4.06^{+29.38}_{-25.61}$	$-478.21^{+93.25}_{-80.88}$
GOODS-N	35924	2.43	$9.90 \pm 0.05$	$0.98 \pm 0.03$	$-1.05 \pm 0.04$	$353.50^{+25.66}_{-22.43}$	$-31.95^{+10.21}_{-11.01}$	$-332.18^{+24.07}_{-22.0}$
GOODS-S	40768	2.30	$10.09 \pm 0.02$	$1.58 \pm 0.01$	...	$302.48^{+4.12}_{-1.85}$	$65.98^{+8.98}_{-7.66}$	$-190.92^{+9.64}_{-7.82}$
GOODS-S	45531	2.31	$9.71 \pm 0.05$	$0.90 \pm 0.02$	$-0.24 \pm 0.04$	$352.36^{+56.27}_{-32.24}$	$14.60^{+12.66}_{-12.54}$	$-284.67^{+49.44}_{-30.12}$

*Notes.* (1) CANDELS field. (2) 3D-HST v4 catalogue ID. (3) Redshift measured by MOSDEF Survey. (4) Stellar mass. (5) SFR from SED fitting. (6) SFR surface density. (7) Full width at half-maximum of the broad [O III] component. (8) Velocity offset between the broad and narrow [O III] components. (9) Maximum outflow velocity.

<sup>a</sup>Galaxy does not have a robust  $R_E$  measurement.

**Table B2.** Properties of the ionized gas based on H $\alpha$  modelling.

FIELD	V4ID	$z$	$\log(M_*/M_\odot)$	$\log(\text{SFRH}\alpha)$	$\log(\Sigma \text{SRFH}\alpha)$	$\text{FWHM}_{\text{br}}$ (km s $^{-1}$ )	$V_{\text{off}}$ (km s $^{-1}$ )	$V_{\text{max}}$ (km s $^{-1}$ )	$M_{\text{out}}$ ( $M_\odot \text{yr}^{-1}$ )	$\log(\eta_M)$	$\log(\eta_E)$	$\log(\eta_P)$
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
AEIS	3658	2.17	9.86 $\pm$ 0.03	1.43 $\pm$ 0.08	-0.11 $\pm$ 0.08	461.69 $\pm$ 95.90	-56.21 $\pm$ 25.92	-447.83 $\pm$ 85.47	2.53 $\pm$ 1.38	-0.6 $\pm$ 0.27	-1.63 $\pm$ 1.51	82.0 $\pm$ 86.2
AEIS	8907	1.59	10.06 $\pm$ 0.03	0.87 $\pm$ 0.07	-1.43 $\pm$ 0.08	314.60 $\pm$ 24.10	17.53 $\pm$ 25.49	-249.68 $\pm$ 32.69	0.13 $\pm$ 0.61	-1.67 $\pm$ 1.41	-2.88 $\pm$ 2.32	81.0 $\pm$ 66.7
AEIS	10386	1.67	10.60 $\pm$ 0.01	1.99 $\pm$ 0.05	0.05 $\pm$ 0.06	392.99 $\pm$ 50.06	13.55 $\pm$ 17.51	-320.25 $\pm$ 45.98	10.32 $\pm$ 3.11	-0.65 $\pm$ 0.32	-1.64 $\pm$ 0.35	86.0 $\pm$ 67.6
AEIS	11930	1.57	9.70 $\pm$ 0.04	1.54 $\pm$ 0.04	-0.33 $\pm$ 0.05	359.54 $\pm$ 6.60	-95.68 $\pm$ 44.42	-401.04 $\pm$ 6.88	5.58 $\pm$ 0.58	-0.43 $\pm$ 0.02	-1.22 $\pm$ 0.03	-0.54 $\pm$ 0.13
AEIS	14536	1.57	10.13 $\pm$ 0.06	1.51 $\pm$ 0.06	-0.09 $\pm$ 0.06	357.73 $\pm$ 15.25	-19.90 $\pm$ 4.54	-323.82 $\pm$ 13.72	4.74 $\pm$ 0.74	-0.56 $\pm$ 0.06	-1.54 $\pm$ 0.09	-0.77 $\pm$ 0.07
AEIS	15737	2.30	9.59 $\pm$ 0.05	1.48 $\pm$ 0.05	0.30 $\pm$ 0.06	327.22 $\pm$ 36.76	50.46 $\pm$ 18.61	-227.42 $\pm$ 36.35	3.81 $\pm$ 1.06	-0.70 $\pm$ 0.15	-1.99 $\pm$ 0.27	-1.06 $\pm$ 0.21
AEIS	17556	1.40	10.13 $\pm$ 0.04	1.72 $\pm$ 0.03	-0.16 $\pm$ 0.03	360.59 $\pm$ 65.82	40.65 $\pm$ 13.64	-245.10 $\pm$ 43.04	11.97 $\pm$ 2.98	-0.48 $\pm$ 0.13	-1.25 $\pm$ 0.22	-0.57 $\pm$ 0.17
AEIS	26886	1.64	10.07 $\pm$ 0.04	1.26 $\pm$ 0.14	-0.85 $\pm$ 0.14	344.91 $\pm$ 39.11	77.06 $\pm$ 13.47	-215.88 $\pm$ 36.64	1.28 $\pm$ 0.48	-0.70 $\pm$ 0.16	-2.04 $\pm$ 0.31	-1.09 $\pm$ 0.24
AEIS	27627	1.67	10.54 $\pm$ 0.01	1.63 $\pm$ 0.10	-0.43 $\pm$ 0.10	437.90 $\pm$ 85.75	-84.99 $\pm$ 16.10	-456.90 $\pm$ 74.59	4.52 $\pm$ 1.89	-0.72 $\pm$ 0.23	-1.41 $\pm$ 0.23	-0.78 $\pm$ 0.20
AEIS	35764	2.37	10.47 $\pm$ 0.03	1.80 $\pm$ 0.07	0.28 $\pm$ 0.08	392.37 $\pm$ 48.92	91.85 $\pm$ 11.25	-425.10 $\pm$ 43.04	5.11 $\pm$ 2.75	-0.48 $\pm$ 0.13	-1.25 $\pm$ 0.22	-0.57 $\pm$ 0.17
AEIS	39567	1.58	10.55 $\pm$ 0.03	1.82 $\pm$ 0.07	0.01 $\pm$ 0.07	320.71 $\pm$ 14.97	51.56 $\pm$ 11.30	-220.82 $\pm$ 12.34	5.11 $\pm$ 1.05	-0.84 $\pm$ 0.09	-2.15 $\pm$ 0.17	-1.21 $\pm$ 0.13
COSMOS	3185	2.17	9.74 $\pm$ 0.06	1.01 $\pm$ 0.26	0.50 $\pm$ 0.28	397.59 $\pm$ 117.34	64.47 $\pm$ 23.33	-273.22 $\pm$ 102.35	3.03 $\pm$ 3.43	-0.25 $\pm$ 0.34	-1.39 $\pm$ 0.30	-0.53 $\pm$ 0.54
COSMOS	6754	2.12	9.55 $\pm$ 0.04	0.33 $\pm$ 0.24	-1.12 $\pm$ 0.25	329.68 $\pm$ 37.72	71.90 $\pm$ 18.00	-208.05 $\pm$ 36.75	0.30 $\pm$ 0.19	-0.41 $\pm$ 0.15	-1.77 $\pm$ 0.29	-0.80 $\pm$ 0.72
COSMOS	11530	2.10	9.14 $\pm$ 0.04	1.12 $\pm$ 0.10	0.44 $\pm$ 0.10	337.50 $\pm$ 46.48	-77.23 $\pm$ 23.74	-363.88 $\pm$ 46.06	2.78 $\pm$ 1.16	-0.56 $\pm$ 0.28	-1.45 $\pm$ 0.28	-0.72 $\pm$ 0.23
COSMOS	12476	1.51	9.98 $\pm$ 0.03	1.61 $\pm$ 0.08	0.24 $\pm$ 0.08	449.34 $\pm$ 47.37	-14.34 $\pm$ 8.65	-395.98 $\pm$ 11.16	9.97 $\pm$ 2.60	-0.30 $\pm$ 0.14	-1.11 $\pm$ 0.23	-0.42 $\pm$ 0.18
COSMOS	13701	2.17	10.65 $\pm$ 0.05	1.98 $\pm$ 0.09	-0.04 $\pm$ 0.09	308.53 $\pm$ 15.82	-65.10 $\pm$ 17.09	-327.14 $\pm$ 21.74	4.80 $\pm$ 1.82	-1.14 $\pm$ 0.17	-2.12 $\pm$ 0.17	-1.35 $\pm$ 0.18
COSMOS	18064	1.65	9.88 $\pm$ 0.03	1.49 $\pm$ 0.09	0.17 $\pm$ 0.09	420.22 $\pm$ 33.58	82.91 $\pm$ 11.18	-274.01 $\pm$ 30.64	5.20 $\pm$ 1.54	-0.48 $\pm$ 0.14	-1.61 $\pm$ 0.24	-0.77 $\pm$ 0.19
COSMOS	27945	2.02	10.10 $\pm$ 0.03	...	...	447.48 $\pm$ 28.44	-97.20 $\pm$ 20.09	-477.26 $\pm$ 24.78	...	...	...	...
GOODS-N	328	2.27	10.53 $\pm$ 0.05	2.08 $\pm$ 0.04	0.47 $\pm$ 0.04	322.53 $\pm$ 66.75	-83.90 $\pm$ 17.43	-357.92 $\pm$ 59.31	5.24 $\pm$ 2.19	-1.30 $\pm$ 0.21	-2.20 $\pm$ 0.23	-1.47 $\pm$ 0.11
GOODS-N	7652	2.27	10.59 $\pm$ 0.04	1.51 $\pm$ 0.20	-0.54 $\pm$ 0.20	315.10 $\pm$ 25.55	64.12 $\pm$ 14.21	-203.50 $\pm$ 25.94	2.00 $\pm$ 1.17	-0.85 $\pm$ 0.23	-2.24 $\pm$ 0.24	-1.76 $\pm$ 0.15
GOODS-N	8099	1.49	10.39 $\pm$ 0.01	1.78 $\pm$ 0.04	0.36 $\pm$ 0.04	377.52 $\pm$ 33.72	-21.98 $\pm$ 11.24	-342.62 $\pm$ 28.03	6.79 $\pm$ 1.62	-0.80 $\pm$ 0.13	-1.74 $\pm$ 0.15	-0.99 $\pm$ 0.13
GOODS-N	12345	2.27	10.34 $\pm$ 0.05	1.82 $\pm$ 0.11	-0.13 $\pm$ 0.11	331.89 $\pm$ 43.44	-3.62 $\pm$ 12.67	-285.50 $\pm$ 39.01	3.52 $\pm$ 1.37	-1.11 $\pm$ 0.15	-2.21 $\pm$ 0.27	-1.37 $\pm$ 0.15
GOODS-N	16060	1.52	10.04 $\pm$ 0.06	1.54 $\pm$ 0.05	0.71 $\pm$ 0.06	367.17 $\pm$ 45.56	-1.86 $\pm$ 9.93	-313.71 $\pm$ 39.51	13.52 $\pm$ 3.59	-0.29 $\pm$ 0.25	-1.01 $\pm$ 0.36	-0.61 $\pm$ 0.19
GOODS-N	22235	2.43	9.54 $\pm$ 0.05	1.23 $\pm$ 0.09	0.28 $\pm$ 0.09	313.61 $\pm$ 20.69	72.38 $\pm$ 15.0	-193.97 $\pm$ 22.97	4.18 $\pm$ 1.64	-0.17 $\pm$ 0.10	-1.55 $\pm$ 0.20	-0.59 $\pm$ 0.16
GOODS-N	23869	2.24	10.32 $\pm$ 0.02	1.80 $\pm$ 0.16	-0.08 $\pm$ 0.16	317.01 $\pm$ 15.23	-85.73 $\pm$ 12.80	-354.98 $\pm$ 18.19	8.58 $\pm$ 3.54	-0.51 $\pm$ 0.09	-1.14 $\pm$ 0.10	-0.68 $\pm$ 0.08
GOODS-N	27035	2.42	9.67 $\pm$ 0.03	1.45 $\pm$ 0.09	0.50 $\pm$ 0.10	474.07 $\pm$ 58.06	-92.57 $\pm$ 10.62	-495.20 $\pm$ 50.44	16.43 $\pm$ 4.28	-0.46 $\pm$ 0.16	-0.31 $\pm$ 0.14	-0.31 $\pm$ 0.14
GOODS-N	28061	2.20	9.98 $\pm$ 0.03	2.32 $\pm$ 0.20	0.45 $\pm$ 0.21	317.56 $\pm$ 38.75	-47.24 $\pm$ 14.18	-316.96 $\pm$ 28.34	15.37 $\pm$ 10.42	-0.93 $\pm$ 0.17	-1.14 $\pm$ 0.16	-0.60 $\pm$ 0.16
GOODS-N	30053	2.25	10.50 $\pm$ 0.03	1.86 $\pm$ 0.07	0.35 $\pm$ 0.07	452.85 $\pm$ 37.16	-29.71 $\pm$ 13.36	-414.32 $\pm$ 34.37	21.43 $\pm$ 4.18	-0.04 $\pm$ 0.12	-0.81 $\pm$ 0.18	-0.14 $\pm$ 0.15
GOODS-N	30564	2.48	10.47 $\pm$ 0.01	1.62 $\pm$ 0.07	...	382.87 $\pm$ 33.60	72.10 $\pm$ 17.68	-253.08 $\pm$ 48.84	...	...	...	...
GOODS-N	34699	2.20	10.04 $\pm$ 0.06	...	...	382.97 $\pm$ 43.54	25.95 $\pm$ 11.46	-299.32 $\pm$ 48.72	...	...	...	...
GOODS-S	40768	2.30	10.09 $\pm$ 0.02	2.15 $\pm$ 0.03	...	320.96 $\pm$ 30.98	38.31 $\pm$ 12.31	-234.29 $\pm$ 28.81	...	...	...	...
GOODS-S	46938	2.33	9.95 $\pm$ 0.04	1.95 $\pm$ 0.07	...	446.84 $\pm$ 38.20	6.37 $\pm$ 16.21	-373.14 $\pm$ 52.02	...	...	...	...
UDS	16873	1.47	10.71 $\pm$ 0.01	...	...	304.89 $\pm$ 7.96	-83.58 $\pm$ 11.19	-342.52 $\pm$ 13.07	...	...	...	...

Notes. (1) CANDELS field, (2) 3D $HST$  v4 catalogue (D, 3) Redshift measured by MOSDEF Survey, (4) Stellar mass (M, 5) SFR from SED fitting, (6) SFR surface density, (7) Full width at half maximum of the broad H $\alpha$  component, (8) Velocity offset, (9) Galaxies with broad and narrow H $\alpha$  component, (10) Mass loading factor, (11) Mass outflow velocity, (12) Energy loading factor, (13) Momentum loading factor. Properties could not be measured due to lack of SFR or  $R_E$ . Galaxy does not have a significant detection of H $\beta$ , N  $\alpha$  measurement.

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