



Heavy metal sensing in plant and soil solutions using carbon fiber electrode

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ABSTRACT

Analysis of trace level metals in environmental samples (e.g., soil, water, and plant samples) is important for assessing environmental quality and food safety. This paper reports a non-toxic, eco-friendly, and cost-effective sensing method, capable of in-situ detection of microgram per liter ($\mu\text{g/L}$) levels of heavy metal ions in plant and soil solutions using carbon fiber electrodes (CFEs) produced without using any microfabrication. The electrochemical behaviors of the CFEs were characterized by cyclic voltammetry (CV) and electrochemical impedance spectroscopy (EIS) measurements. As proof of principle, the CFEs were validated for sensing selected heavy metals in buffer solutions as well as in extracted plant and soil solutions using differential pulse anodic stripping voltammetry (DP-ASV). Experimental results confirm that the CFEs were able to simultaneously measure cadmium (Cd), lead (Pb), and mercury (Hg) with a detection limit of 2.10, 0.93, and 1.85 $\mu\text{g/L}$ respectively in buffer solution, showcasing good selectivity and sensitivity. The ideal pH range for heavy metal detection was also extensively investigated and was found to be between pH 4.0 and pH 5.0. These findings lay a better foundation towards long-term and stable electrochemical analysis for plant and soil solution matrices.

1. Introduction

Heavy metal pollution in the environment is widespread worldwide, resulting from natural sources (volcanic eruptions, forest fires, rock weathering, etc.) and human activities (mining and smelting, industrial emission, fossil fuel combustion, etc.) [1,2]. Generally, metals with atomic densities higher than $5\text{ g}\cdot\text{cm}^{-3}$ or five times or more greater than water density are considered heavy metals [3]. Some heavy metals are essential for life, and are not toxic in low quantities, such as iron (Fe), copper (Cu), zinc (Zn), and manganese (Mn). However, heavy metals such as cadmium (Cd), lead (Pb), and mercury (Hg) are considered toxic and biologically non-essential by the Environmental Protection Agency (EPA) [4]. Due to their toxicity, bioaccumulation, and environmental persistence, elevated levels of heavy metals in the environment pose major threats to ecosystem health and the safety of food crops grown with contaminated soil and water [5,6]. According to the World Health Organization (WHO), the human consumable limits of Cd, Pb, and inorganic Hg in bottled water are 5 $\mu\text{g/L}$, 1.5 $\mu\text{g/L}$, and 2 $\mu\text{g/L}$,

respectively [7,8]. Consuming more than these limits can cause severe health issues including cancer, cardiac arrest, hypertension, renal disorder, kidney failure, and many other diseases [9–11]. A recent report from the 2021 US House of Representatives Subcommittee on Economic and Consumer Policy found high levels of Cd, Pb, and Hg in store-bought processed infant foods (vegetables and fruits), raising serious concerns about the potential neurocognitive impairment of infants and young children exposed to these toxic metals [12,13]. Therefore, there is a critical need for sensing techniques that can determine the trace levels of heavy metals in complex environments such as soil, water, and plants.

Conventional techniques for heavy metal detection including atomic absorption spectrometry (AAS), atomic fluorescence spectroscopy (AFS), inductively coupled plasma atomic emission spectrometry (ICP-AES), and mass spectrometry (ICP-MS) are generally accurate and some of these methods are highly sensitive with part per trillion (ppt) detection limits [14–18]. However, such methods are not practical for in-situ monitoring due to their sensitivity to mechanical vibration, calibration requirements, bulkiness, power consumption, and operating costs [18,

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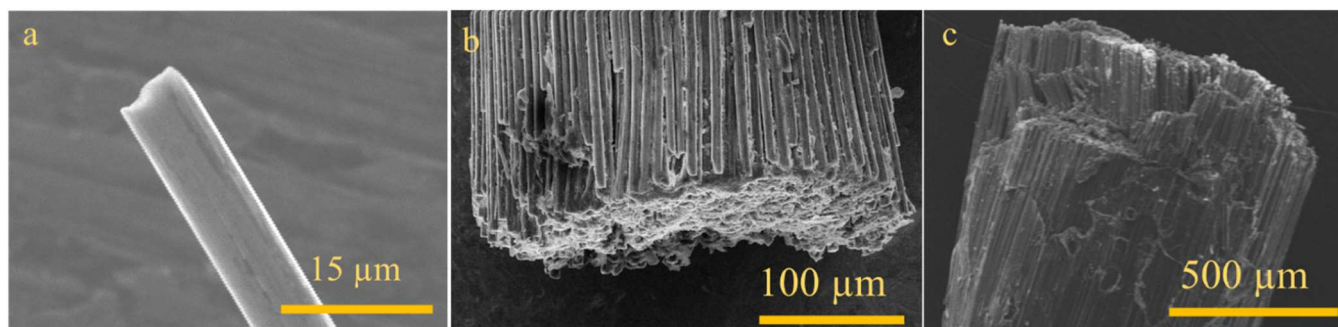


Fig. 1. SEM images of (a) 7.4 μm , (b) 0.28 mm, and (c) 0.94 mm carbon fibers.

19]. Additionally, they are laborious to use and require specifically trained personnel. Compared to conventional methods, electrochemical sensors have the advantages of reduced operational expenses, minimal power consumption, enhanced sensitivity, ease of operation, rapid analysis, portability, and applicability for field monitoring of environmental samples [20,21]. In particular, anodic stripping voltammetry (ASV) has demonstrated the capability to detect heavy metals at the sub-part per billion (ppb) level, making it a promising method for field analysis [15,22]. ASV involves two steps in the measurement sequence: a deposition step, where a negative potential is applied for a period of time, causing charged ions to become reduced at the electrode surface and form deposits. Then for the stripping step, a voltametric sweep from negative to positive potentials is applied so that deposited ions from the first step are oxidized and stripped off the electrode surface, resulting in a measured current response corresponding to each metal that was previously reduced. Liquid Hg is one of the most common electrode materials used for ASV heavy metal detection due to its ability to form homogenous, liquid metal amalgams. However, due to Hg's toxicity and environmental contamination concerns, solid metal electrodes such as bismuth (Bi), gold (Au), and platinum (Pt) have been studied by researchers as alternative electrode materials due to their low background currents, narrow stripping peaks, and low toxicity [23–26]. However, with metal electrodes, alloys may form between the analyte and electrode during the metal deposition process. As soon as metal ions are deposited, the surface properties of the electrode material change, and it is impossible to generate a defect-free pristine surface [24,27]. Alloy formation during the deposition step results in variable metal measurements, influencing both repeatability and long-term, in-situ metal monitoring systems [28–30]. Therefore, material that is chemically inert and non-metal is needed. Carbon-based materials are well known for being non-toxic, biocompatible, and resistance to alloy formation with metal, and lower background current [15,31]. Additionally, a carbon electrode's surface can be modified by synthetic chemistry methods, such as using a conductive polymer coating (i.e. Nafion), to improve sensitivity and selectivity of electrochemical analysis [32–35]. Various carbon materials including carbon nanomaterials such as carbon nanotubes (CNTs), graphene, graphene-oxides, and glassy carbons have been widely used to detect heavy metals [35–38]. However, these devices rely on sophisticated microfabrication facilities to form microfabricated electrodes, which renders the device fabrication both complex and costly. On the other hand, carbon fiber electrodes (CFEs) are less expensive, eco-friendly, and easy to fabricate without using a cleanroom fabrication facility. Moreover, the surface of CFEs can be made self-renewable by etching the outer surface [39]. This reduces surface fouling and enables prolonged sensing application by using a fresh electrode surface in each measurement. Over the past 30 years, CFEs have been popularly used for in-vivo neurochemical sensing applications by fast scan cyclic voltammetry (FSCV) [31,40,41]. A few researchers have explored using bismuth or antimony coated CFEs for heavy metal detection, but the applications of bare CFEs in environmental monitoring have been very limited [42,43].

In this study we demonstrated the use of bare CFEs as a non-toxic, eco-friendly, and cost-effective sensor for in-situ detection of microgram per liter ($\mu\text{g/L}$) levels of heavy metal ions in plant and soil solutions. The fabrication of CFEs is inexpensive and scalable and does not require sophisticated cleanroom microfabrication facilities. As a proof of principle, CFEs were tested for sensing selected heavy metals in buffer solutions as well as in 1:1 plant: buffer and soil: buffer solutions using differential pulse anodic stripping voltammetry (DP-ASV). Preliminary results confirm that the CFEs were able to simultaneously measure Cd^{2+} , Pb^{2+} , and Hg^{2+} with detection limits of 2.10, 0.93, and 1.85 $\mu\text{g/L}$, respectively, showcasing good selectivity and sensitivity. We also assessed the importance of the solution pH and found a pH range from 4.0 to 5.0 is needed for successful detection of heavy metals. Furthermore, CFE's prolonged measurement capability was tested and showed good repeatability in over 100 trials. This work will lay the foundation to develop new sensing technology for in-situ measurements of heavy metals in environmental media such as soil, plants, and water.

2. Materials

2.1. Experimental solutions and reagents

All reagents in this work were purchased from MilliporeSigma (Burlington, MA, USA), were analytical grade, and were used without purification unless otherwise noted. Heavy metal stock solutions were prepared by diluting Cd^{2+} , Pb^{2+} , and Hg^{2+} standard solutions of AAS grade ($1000 \pm 4 \text{ mg/L}$). Ferrocene carboxylic acid (FcCOOH) solution of 1 mM was prepared in 1 mM phosphate-buffered saline (PBS) (pH = 7.4). The pH of prepared solutions was determined and adjusted using a pH meter (Accumet, AB150, from Fisher Scientific, USA). The total carbon (TC) in soil and plant solutions were measured using a total organic carbon (TOC) instrument (Liquid TOC II, Elementa, Hanau, Germany). Additionally, all the aqueous solutions were prepared with deionized (DI) water with a resistivity of $18.2 \text{ M}\Omega \text{ cm}$ at around 21°C and TOC of $< 5 \text{ ppb}$ (Barnstead™ GenPure™ xCAD Plus Ultrapure Water Purification System, Thermo Scientific).

2.2. Carbon fibers

Single AS4 carbon fiber strands with a diameter of $7.4 \mu\text{m}$ were purchased from Hexcel Corporation (Hexcel, Stamford, CT) and have a resistivity of $1.7 \times 10^{-3} \text{ ohm-cm}$ and 94% carbon content. Carbon fiber composite rods with 0.28 mm and 0.94 mm diameters were purchased from CST-The Composites Store, Inc (Tehachapi, CA, USA). These composite rods were constructed by binding together multiple strands of T700S carbon fibers (resistivity $1.6 \times 10^{-3} \text{ ohm-cm}$) with a bisphenol epoxy, producing rods with a fiber volume of 63% and 60% for the 0.28 mm and 0.94 mm rods respectively. Optical microscope (NIKON Eclipse LV100ND, Nikon Corp., Tokyo, Japan) and scanning electron microscopy (SEM) (Hitachi S-4700, Hitachi Ltd., Tokyo, Japan) were used to characterize the surface morphology of the carbon fibers. Fig. 1

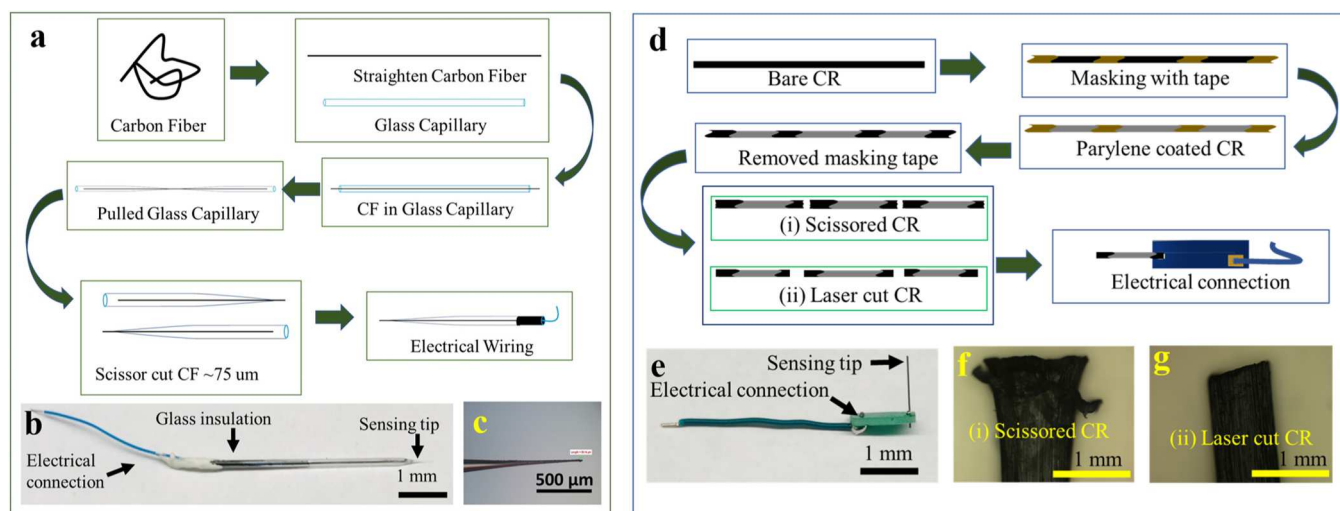


Fig. 2. Fabrication process of (a) 7.4 μm (d) 0.28 mm and 0.94 mm diameter CFE.

shows the SEM image comparison of three different carbon fibers with diameters (a) 7.4 μm , (b) 0.28 mm, and (c) 0.94 mm. Fig. 1(b) and (c) confirms that the thicker fibers are composed of a bunch of thinner carbon fibers, bound together.

2.3. Soil and plant solutions

Soil solutions for heavy metal sensing were prepared from a soil sample collected from the Michigan State University Research and Teaching Farm located in East Lansing, Michigan, USA. The soil is a sandy clay loam (pH 8.8, organic carbon 2.8%, clay 23.9%, silt 21.4%, and sand 54.7%) [44]. The plant solution was prepared using romaine lettuce leaves purchased from Whole Foods (Whole Foods Market Inc., TX, USA). The soil sample was collected from the top 15 cm depth, air-dried, ground, and then passed through a 2-mm sieve before it was used to prepare the soil solution. To prepare the plant solution, the fresh lettuce leaves were first washed with DI water to remove any soil or unwanted particulates. The leaves were then weighed and diced into small pieces. To create both the soil and plant solutions, 100 g of the soil sample or the diced lettuce leaf sample were suspended into 1 L of DI water and mixed for 24 hours. The solutions were then passed through Whatman grade 2 filter paper. The supernatant was collected and filtered using a 0.22 μm polytetrafluoroethylene (PTFE) membrane and vacuum filtration. Finally, the collected solutions were then utilized in the subsequent experiments. The soil solution was grayish, and the plant solution was greenish after processing. Graphical illustration of the preparation process is included in Figure S3.

3. Experimental methods

3.1. Carbon fiber electrode fabrication

Carbon fiber electrodes (CFEs) were fabricated in an open lab environment following two methods without using any microfabrication. The purchased CFEs were cleaned using acetone, methanol, and DI water bath for 5 minutes and then used without any modifications. In the first method, the 7.4- μm diameter single carbon fiber was used to fabricate CFEs following the procedure described elsewhere [45]. Briefly, the carbon fiber was inserted into a glass capillary (World Precision Instruments Sarasota, FL, USA) using a vacuum pump. After aspiration, the capillary was pulled on a commercial puller (Stoelting Co, Wooddale, IL), resulting in a tapered seal around the single carbon fiber. The sensing area of the electrode was controlled by the extruded carbon fiber length and cut to $\sim 100 \mu\text{m}$ from the edge of glass seal. The

other side of the fiber was electrically connected to a wire using a conductive graphite adhesive for electrical connection with the electrochemical station, as shown in Fig. 2(a). Fig. 2(b) shows the photograph of the fabricated CFE. Fig. 2(c) shows the microscopic image of sensing tip of the fabricated 7.4 μm diameter CFE.

For the second method, the 0.28 mm and 0.94 mm diameter carbon fibers were used. The CFEs were fabricated by wrapping the carbon fibers with a masking tape so that some parts of the carbon fibers were exposed, and some parts were covered with the tape. Then a 2 μm layer of parylene-C (a non-conductive coating) was conformally deposited over the carbon fibers in open lab environment using a PDS 2010 Lab-coter® 2 (Specialty Coating Systems). Later, the masking tape was removed mechanically, and the CFs were hand-cleaved or laser cut so that both sides were exposed and the middle was covered with parylene-C. Scissors were used to hand-cleave the CFs and a femtosecond (FS) laser (Astrella-USP-1 K, Coherent Corp. Santa Clara, CA, USA) with wavelength $\lambda = 800 \text{ nm}$, frequency $f = 1 \text{ kHz}$, and power $P = 5 \text{ W}$ was used to laser cut the CFs. Finally, one exposed side was connected to a printed circuit board (PCB) using the conductive carbon adhesive while the other was used as a sensing electrode as shown in Fig. 2(d). For these CFEs, the cross-sectional areas of the cleaved fibers are the electrode sensing area. Fig. 2(e) shows the photograph of the fabricated CFE. Fig. 2(f) and (g) show the microscopic image of the 0.94 mm diameter CFE sensing tip and the difference between hand cleaved and laser cut CFs. It is noted that the laser cut CF provides a smoother cutting edge compared to the hand cleaved.

3.2. Electrochemical measurements

All the electrochemical measurements were taken using CH Instruments (CHI6149E) potentiostat (CH Instruments, Inc. Austin, USA) in a three-electrode mode. The CFE was used as a working electrode (WE), an Ag/AgCl electrode (purchased from CH Instruments, Inc. Austin, USA) as a reference electrode (RE), and a Pt wire as a counter electrode (CE). In particular, DP-ASV was performed to validate the heavy metal sensing performance of the CFEs as follows: a plating deposition of -0.7 V for 120 s, followed by a voltage stripping ramp up to 0.8 V with a frequency of 60 Hz, an amplitude of 40 mV, and an increment voltage of 2 mV. These values are effectively chosen so that the targeted heavy metals can successfully detect, and carbon fibers are not over oxidized [40]. To estimate the effective sensing area of the CFEs, cyclic voltammetry (CV) was done in a 0.5 mM $\text{K}_3[\text{Fe}(\text{CN})_6]$ solution containing 0.1 M KCl with 0.1 M acetate buffer solution (pH = 5.0) with varying scan rates. Electrochemical behavior and electrical

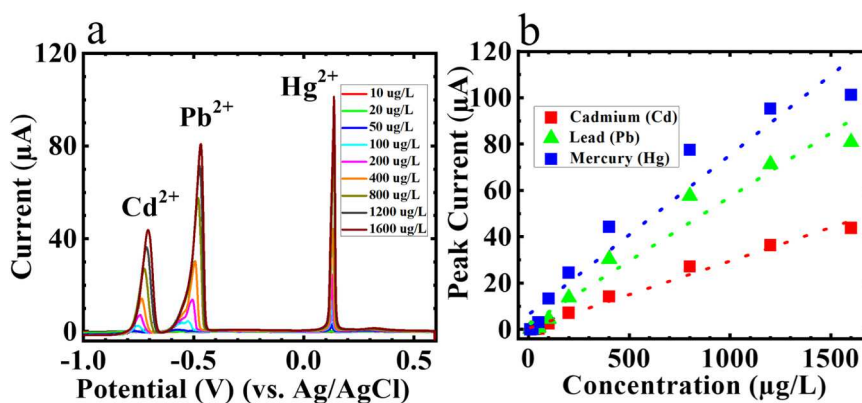


Fig. 3. (a) Detection of 10, 20, 50, 100, 200, 400, 800, 1200, and 1600 µg/L concentration of Cd²⁺, Pb²⁺, and Hg²⁺ mixture in 0.01 M acetate buffer (pH=4.97) solution containing 50 mM NaCl with CFE as WE. (b) Linear calibration curve in the mixture solution of Cd²⁺, Pb²⁺, and Hg²⁺ from 10 to 1600 µg/L (n=1).

conductivity of the CFEs were investigated by electrochemical impedance spectroscopy (EIS) using typical Nyquist plot analysis [46]. The measurements were taken at 5 mV perturbation amplitude in the frequency range of 1–10⁵ Hz in a 0.01 M acetate buffer (pH=4.97) solution containing 50 mM NaCl. All electrochemical experiments were run at room temperature inside a custom-made Faraday cage to minimize external electrical noises and all potentials reported are against the Ag/AgCl RE.

3.3. Statistical analysis

All data plots and means and standard deviations were performed using OriginLab (OriginLab Corporation, MA, USA). Limit of detection (LOD), limit of quantification (LOQ), and spider charts were constructed using Microsoft Excel (Microsoft Corporation, WA, USA).

4. Results and discussion

4.1. Sensing performance of hand cleaved CFEs

The 0.94 mm hand cleaved CFE was used to detect Cd²⁺, Pb²⁺, or Hg²⁺ individually in the 50 ml solutions of 0.01 M acetate buffer (pH = 4.97) containing 50 mM NaCl and 100–1200 µg/L of the individual metal to determine the corresponding potential with respect to Ag/AgCl RE. Distinguishable peaks at −0.75 V, −0.5 V, and +0.12 V were observed for Cd²⁺, Pb²⁺, and Hg²⁺ respectively in DP-ASV voltage vs current plots. It is important to note that adding heavy metals changed the solution pH value from 4.97 to 4.61 as the concentration increased due to the acid in the metal standards. A detailed assessment of pH changes with varying concentration and solution type was completed (Table S1). It was found that the variation of pH values in buffer solution did not influence the respective peak potentials for Cd²⁺, Pb²⁺, and Hg²⁺. However, the pH can highly influence heavy metal detection, which has been extensively analyzed in the later part of this paper.

After determining the individual metal potentials, DP-ASV was repeated on mixtures of the metals in the 0.01 M acetate buffer (pH = 4.97) containing 50 mM NaCl solution with 10–1600 µg/L of each metal. Fig. 3(a) shows that three peaks at around −0.75 V, −0.5 V, and +0.12 V were detected for Cd²⁺, Pb²⁺, and Hg²⁺, respectively, in one single DP-ASV measurement. This represents good selectivity over the range of heavy metal concentrations. The amplitude of the current peak is linearly related to the concentration with R² of 0.986, 0.964, and 0.941 for Cd²⁺, Pb²⁺, and Hg²⁺ respectively (n=1), as demonstrated in Fig. 3(b).

For the analytical process, the limit of detection (LOD) and the limit of quantification (LOQ) are two important parameters to assess the sensitivity of analytical performance of the sensors. These two parameters can be calculated using the calibration curve obtained from the DP-

Table 1

Sensitivity, LOD, and LOQ of 0.94 mm CFE in 0.01 M acetate buffer (pH=4.97) solution containing 50 mM NaCl (n=3).

Metals	Slope/ Sensitivity (µA/(µg/L))	R ² value	LOD (µg/L)	LOQ (µg/L)
Cd ²⁺	0.0289 ± 0.001	0.986	2.10	7.01
Pb ²⁺	0.055 ± 0.004	0.964	0.93	3.09
Hg ²⁺	0.069 ± 0.007	0.941	1.85	6.17

ASV's linear range response based on the following equations:

$$\text{LOD} = 3 \frac{SD}{b} \text{ and } \text{LOQ} = 10 \frac{SD}{b}$$

where S_D is the standard deviation of blank solutions and b is the slope of the calibration plot [47]. The calculated LOD and LOQ for the three metals are summarized in Table 1.

4.2. Effect of electrode area on sensing performance

Electrochemical measurements were performed using cyclic voltammetry (CV) in 0.5 mM K₃[Fe(CN)₆] containing 0.1 M KCl with 0.1 M acetate buffer solution (pH = 5.0). Voltammograms were collected at increasing scan rates of 0.01 V/s, 0.02 V/s, 0.05 V/s, 0.1 V/s, 0.2 V/s, and 0.5 V/s for a hand cleaved 0.94 mm diameter CFE (Fig. 4(a)). By plotting both the oxidation and reduction response of this CFE, it was found that the current maintained a linear relationship with scan rate (Fig. 4(b)) indicating an adsorption-controlled process. We further compared the response of Fe(CN)₆^{3−} on the three different electrode materials, the 7.4 µm, 0.28 mm, and 0.94 mm Ø CFEs, measured at a scan rate of 0.01 V/s (Fig. 4(c)). A large capacitive response was observed for the 0.94 mm Ø CFE, which is attributed to the higher electrochemical surface area compared to the other two fibers, and the increased capacitance due to the bisphenol epoxy adhering the individual fibers together for the thicker fiber. The other two CFEs showed a far smaller response in current magnitude. Impedance characterization (Fig. 4(d)) of the three electrodes showed a comparable response for the 0.28 mm and 0.94 mm diameter CFEs. However, the impedance output of the 7.4 µm Ø CFE was significantly higher, mainly because it has the smallest electroactive area and lacks the binding agent that is used in the larger CFE rods.

The effective areas of 7.4 µm, 0.28 mm and 0.94 mm Ø CFEs were calculated electrochemically by measuring the response of 0.5 mM K₃[Fe(CN)₆] at varying scan rates of 0.01 V/s, 0.02 V/s, 0.05 V/s, 0.1 V/s, 0.2 V/s, and 0.5 V/s using the Randles-Sevcik equation [48,49].

$$i_p = 2.69 \times 10^5 n^{\frac{3}{2}} A D^{\frac{1}{2}} C \nu^{\frac{1}{2}}$$

where i_p is the cathodic peak current, n is the number of transported

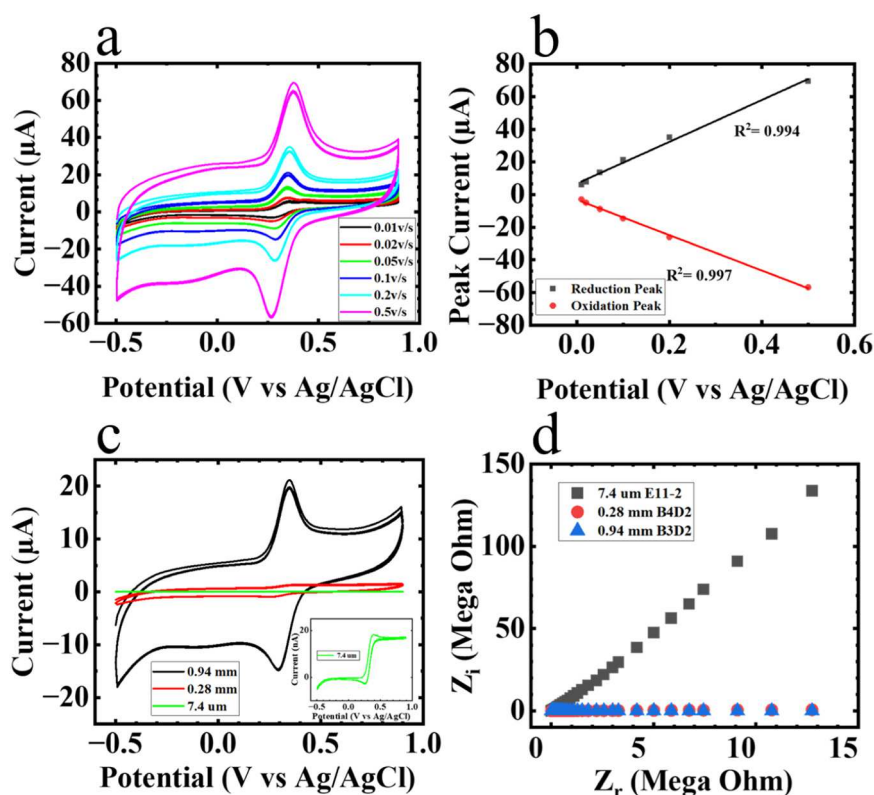


Fig. 4. Cyclic voltammograms of (a) 0.94 mm diameter CFE with scan rate of 0.01 V/s, 0.02 V/s, 0.05 V/s, 0.1 V/s, 0.2 V/s, and 0.5 V/s. (b) Peak oxidation and reduction current in varying scan rates (c) CV comparison between 7.4 μm , 0.28 mm, and 0.94 mm \varnothing CFE in 0.5 mM $\text{K}_3[\text{Fe}(\text{CN})_6]$ containing 0.1 M KCl with 0.1 M acetate buffer solution (pH=5.0) at scan rate 0.01 V/s (d) EIS spectrum comparison of 7.4 μm , 0.28 mm and 0.94 mm \varnothing CFE in 0.01 M acetate buffer (pH=4.97) solution containing 50 mM NaCl.

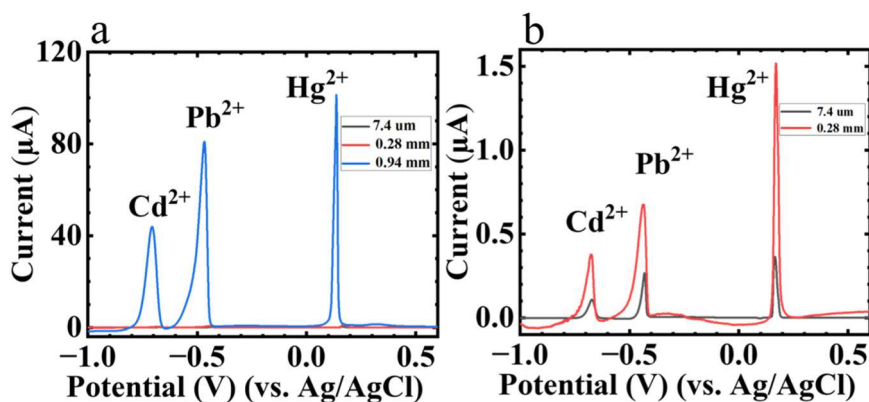


Fig. 5. (a) Peak current of 7.4 μm , 0.28 mm and 0.94 mm \varnothing CFE's at 1600 $\mu\text{g/L}$ Cd^{2+} , Pb^{2+} , and Hg^{2+} respectively in 0.01 M acetate buffer (pH=4.97) containing 50 mM NaCl. (b) Enlarged graph for the peak current response of heavy metals sensing with 7.4 μm and 0.28 mm \varnothing CFE.

electrons, A (cm^2) is the effective electrochemical surface, D ($\text{cm}^2 \cdot \text{s}^{-1}$) is the diffusion coefficient, C ($\text{mol} \cdot \text{cm}^{-3}$) is the concentration of redox species, and v (V s^{-1}) is the potential scan rate. The dependency of the anodic peak potentials on the natural logarithm of the potential scan rate was investigated and linear fit lines were generated using the cathodic peak current and the square root of the potential scan rate. Using this method, the effective areas of the 7.4 μm , a 0.28 mm and 0.94 mm diameter CFEs were estimated to be around $2.27 \times 10^{-5} \text{ cm}^2$, $8.57 \times 10^{-3} \text{ cm}^2$, and $1.23 \times 10^{-1} \text{ cm}^2$, respectively.

To study the effect of electrochemical effective area of CFEs on sensing performance, DP-ASV was performed in the buffer solution with a 1600 $\mu\text{g/L}$ concentration of Cd^{2+} , Pb^{2+} , and Hg^{2+} . As shown in Fig. 5 (a), with the increasing effective area, the peak heights for each metal

increased dramatically, indicating better sensitivity of the CFE. For example, for Cd^{2+} the sensing peak current of the 0.28 mm CFE is 3.5x and the 0.94 mm CFE is 400x higher than their 7.4 μm counterpart. Table S2 summarizes the peak currents of Cd^{2+} , Pb^{2+} , and Hg^{2+} using different diameter CFEs.

Electrochemical behaviors of all the three types of CFEs are comparable. Furthermore, due to the higher surface area, the 0.94 mm \varnothing CFE yielded higher detection current responses compared to other \varnothing CFEs. Therefore, from now on in this paper we choose to report the 0.94 mm \varnothing CFE's performances for simplicity.

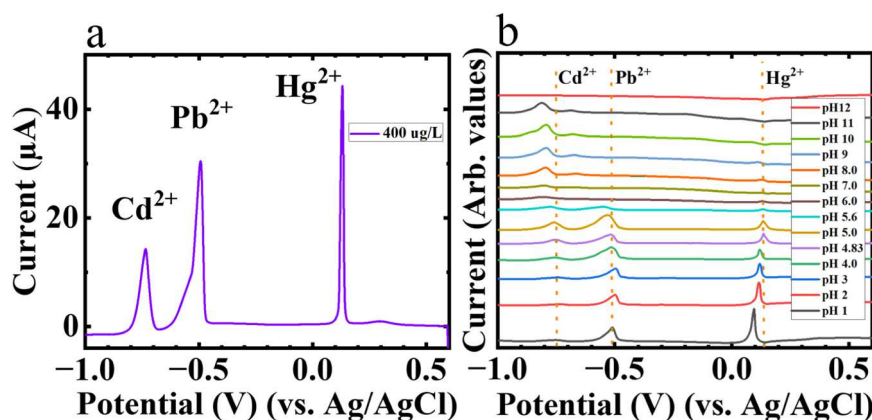


Fig. 6. (a) Detection of 400 µg/L concentration of Cd^{2+} , Pb^{2+} , and Hg^{2+} in 0.01 M acetate buffer (pH=4.83) solution containing 50 mM NaCl with CFE as WE. (b) Detection of Cd^{2+} , Pb^{2+} , and Hg^{2+} at 400 µg/L concentration solution, with varying pH from 1.0 to 12.0.

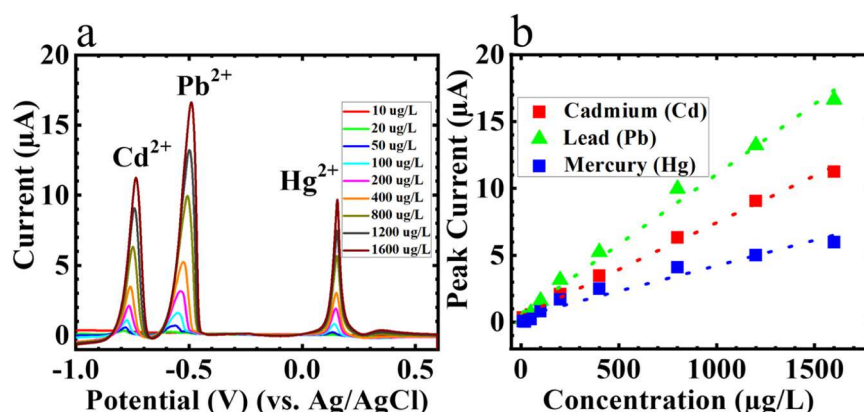


Fig. 7. (a) Detection of 10, 20, 50, 100, 200, 400, 800, 1200, and 1600 µg/L concentrations of Cd^{2+} , Pb^{2+} , and Hg^{2+} mixture in soil solution (pH=5.03) with CFE as WE. (b) Linear calibration curves in the mixture solution of Cd^{2+} , Pb^{2+} , and Hg^{2+} from 10 to 1600 µg/L ($n=1$).

4.3. Effect of pH on sensing performance

The effect of the buffer solution pH on heavy metal detection performance was investigated extensively in this work. At first, 400 µg/L of Cd^{2+} , Pb^{2+} , and Hg^{2+} were added to the acetate buffer solution (pH=4.83) and were measured using DP-ASV with the 0.94 mm hand cleaved CFE. Fig. 6(a) shows three distinct peaks for Cd^{2+} , Pb^{2+} , and Hg^{2+} at -0.75 V, -0.5 V, and $+0.12$ V respectively. Then to change the pH value of the solution, either 1 M of hydrochloric acid or 1 M of sodium hydroxide were added to adjust the solution to become more acidic or alkaline respectively. While the pH was modified in increments of 1 pH unit between pH 1.0 and pH 12.0, to investigate more closely 0.5 pH unit increments were adopted in between pH 4 and 6 with metal concentration of 400 µg/L of each metal. As the solutions became more acidic or alkaline, disappearance of peaks and changes in peak amplitude and potential were observed (Fig. 6b). At pH values below 3.0 or above 11.0, the Cd^{2+} stripping peak disappeared, but was visible otherwise. Conversely, Pb^{2+} and Hg^{2+} peaks were measurable at acidic pH values but were no longer measurable at pH 6.0 and above. At pH 12.0, none of the metal peaks were detectable. The weak stripping signal at lower pH may be due to the reduced ionization degree and thus fewer ion-exchange sites, while the decrease of the stripping signal at higher pH may be attributed to the hydrolysis of metal ions [50–52]. Interestingly, at pH 1.0 and pH 2.0, significantly greater peak currents were detected for Pb^{2+} and Hg^{2+} , while Cd^{2+} showed no response at all. This data supports the idea that pH stability is crucial for calibration and sensitivity of the sensor. This study also suggests that the ideal pH value for the co-detection of Cd^{2+} , Pb^{2+} , Hg^{2+} is between a pH value of 4.0 and

5.0, where all the three metal peaks are detectable and resolved. It is also noted that with increasing pH value the potential of the oxidation peak shifts more negatively for Cd^{2+} and Pb^{2+} or more positively for Hg^{2+} , mainly due to the reduction of hydrogen ions in the solution [15].

4.4. Metal sensing in soil and plant solutions

As a proof of concept, heavy metal measurements were conducted in plant and soil solutions using hand cleaved 0.94 mm Ø CFEs. The soil solution (TC = 22.76 mg/L) was diluted 1:1 vol% into 0.01 M acetate buffer (pH = 4.97) containing 50 mM NaCl to maintain the proper pH range of 4.0–5.0 and stirred at 2000 RPM for 5 minutes to ensure a homogenous mixture. Then heavy metals were added from 10 to 1600 µg/L. Fig. 7(a) shows measured current peaks using the DP-ASV method, where three distinct peaks for Cd^{2+} , Pb^{2+} , and Hg^{2+} were found at -0.75 V, -0.5 V, and $+0.12$ V respectively. Interestingly, even with organic carbon, clay, silt, and sand contents in the soil solution, the metal peak potentials were not shifted, showing good reproducibility between the buffer and soil solutions. However, the peak currents in the soil solution were much smaller in magnitude. As an example, Cd^{2+} has an amplitude of ~ 11 µA in the soil solution at 1600 µg/L concentration (Fig. 7(a)), whereas it was about 4 times higher to around 42 µA in the acetate buffer solution (Fig. 3(a)). In the acetate buffer solution, Hg^{2+} peaks were always dominant over the other two metal peaks. However, for the soil solution, Pb^{2+} peaks are dominant. Good linearity was observed for all three metals in the concentration range of 10–1600 µg/L with R^2 of 0.991, 0.996, and 0.957 for Cd^{2+} , Pb^{2+} , and Hg^{2+} , respectively ($n=1$) (Fig. 7(b)).

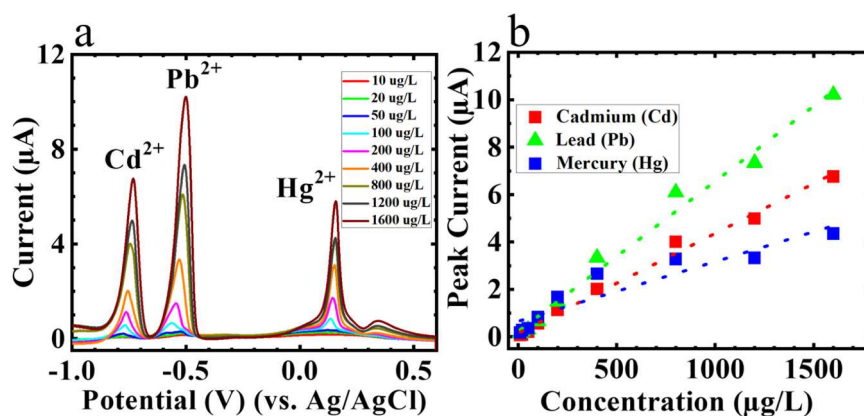


Fig. 8. (a) Detection of 10, 20, 50, 100, 200, 400, 800, 1200, and 1600 $\mu\text{g/L}$ concentrations of Cd^{2+} , Pb^{2+} , and Hg^{2+} mixture in plant solution ($\text{pH}=4.9$) with CFE as WE. (b) Linear calibration curves in the mixture solution of Cd^{2+} , Pb^{2+} , and Hg^{2+} from 10 to 1600 $\mu\text{g/L}$ ($n=1$).

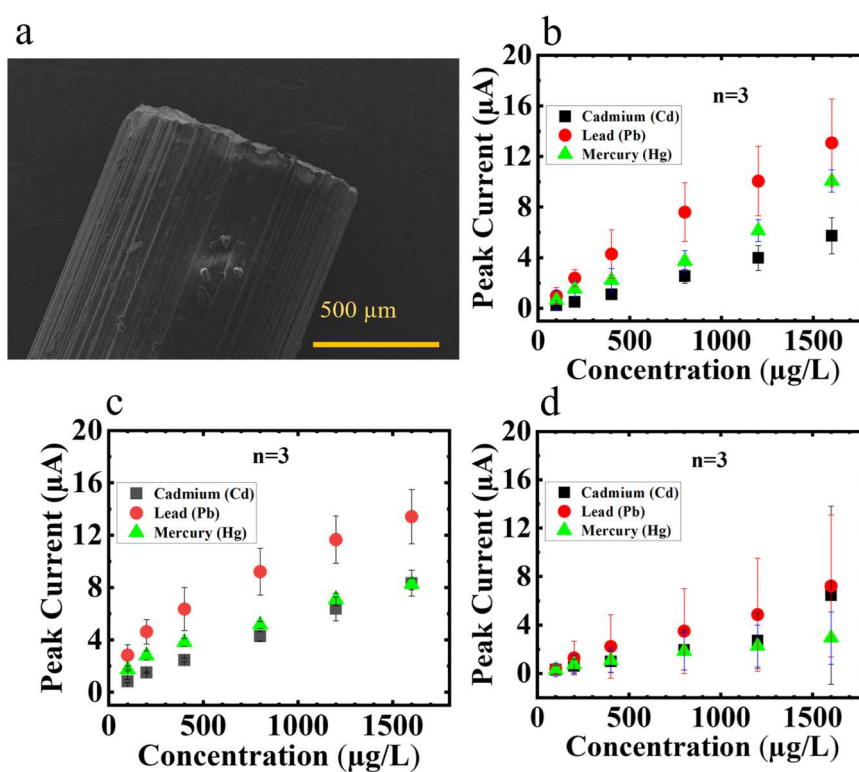


Fig. 9. Femtosecond laser cut CFE (a) SEM images of 0.94 mm CFE. Standard deviation among devices ($n=3$) for the detection of 100, 200, 400, 800, 1200, and 1600 $\mu\text{g/L}$ concentration of Cd^{2+} , Pb^{2+} , and Hg^{2+} mixture in (b) 0.01 M acetate buffer ($\text{pH}=4.97$) solution containing 50 mM NaCl (c) soil solution ($\text{pH}=5.03$), and (d) in plant solution ($\text{pH}=4.9$) with CFE as WE. Error bar: standard deviation for $n=3$.

Similar to the soil solution, the plant solution ($\text{TC} = 674.92 \text{ mg/L}$) was also diluted 1:1 vol% into 0.01 M acetate buffer ($\text{pH}=4.97$) containing 50 mM NaCl and stirred at 2000 RPM for 5 minutes to ensure a homogenous mixture. The metals were added from 10 to 1600 $\mu\text{g/L}$. Fig. 8(a) shows measured current peaks using the DP-ASV method, where three distinct peaks for Cd^{2+} , Pb^{2+} , and Hg^{2+} were found at -0.75 V , -0.5 V , and $+0.12 \text{ V}$, respectively. Here as well, the corresponding peak potentials did not change when the solution type was changed. Again, compared to the buffer and soil solutions, the current peaks in the plant solution were significantly smaller. The 1600 $\mu\text{g/L}$ concentration Cd^{2+} peak in the plant solution is $\sim 7 \mu\text{A}$ in amplitude (Fig. 8(a)), whereas for the soil solution it was $\sim 11 \mu\text{A}$ and for the buffer solution it was $42 \mu\text{A}$ (Fig. 3(a)). This reduction in the peak current is due to matrix effects in the plant solution as the solution likely

contains carbon components such as proteins, fats, and lipids. This is also attributed to the measured TC values in the prepared solutions where the plant solution has 30 times higher carbon components than the soil solution. As with the soil solution, the Pb^{2+} peaks dominate the other two. Fig. 8(b) shows good linearity in the range of 10–400 $\mu\text{g/L}$ for all three metals, beyond which the Hg^{2+} response became saturated with R^2 of 0.992, 0.988, and 0.873 for Cd^{2+} , Pb^{2+} , and Hg^{2+} , respectively ($n=1$).

4.5. Repeatability of the CFEs

The hand cleaving process is manual and delamination of the parylene-C on the CFE surface occurred frequently. Moreover, batch fabrication is cumbersome using this manual process, therefore a laser

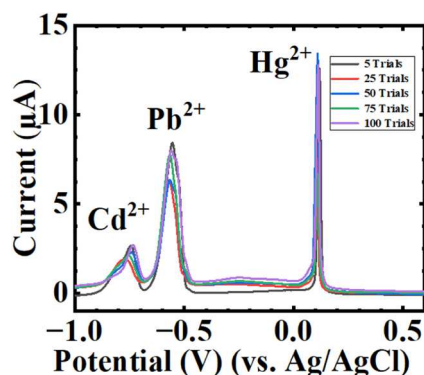


Fig. 10. Detection of 400 µg/L concentration of Cd^{2+} , Pb^{2+} , and Hg^{2+} mixture in 0.01 M acetate buffer (pH=4.97) solution over 100 trials.

cut method was introduced to check the reproducibility of the CFEs for heavy metal detection. Fig. 9(a) shows an SEM image of the sensing tip of an FS laser cut 0.94 mm Ø CFE, where a smooth cutting edge is observed compared to the earlier hand cleaved method sensing tip SEM (Fig. 1c). Using this FS laser cut 0.94 mm CFE, measurements were made from 100 to 1600 µg/L of Cd^{2+} , Pb^{2+} , and Hg^{2+} solutions using the DP-ASV buffer, soil, and plant solutions. The solutions were prepared following the same procedure described in Section 4.1 for buffer and Section 4.4 for soil and plant solutions. Similar to the hand cleaved CFEs, distinguishable stripping currents were measured for the FS cut CFEs at -0.75 V, -0.5 V, and $+0.12$ V for Cd^{2+} , Pb^{2+} , and Hg^{2+} respectively and maintained a linear response with increasing concentration measurements. Linearity among the metal peaks and the standard deviations of three CFEs are shown in the Fig. 9(b) for the buffer solutions with R^2 of 0.983, 0.981, and 0.965 for Cd^{2+} , Pb^{2+} , and Hg^{2+} , respectively, Fig. 9 (c) for the soil simulated solutions with R^2 of 0.992, 0.968, and 0.981 for

Cd^{2+} , Pb^{2+} , and Hg^{2+} , respectively, and Fig. 9(d) for the plant simulated solutions with R^2 of 0.951, 0.962, and 0.959 for Cd^{2+} , Pb^{2+} , and Hg^{2+} , respectively. To check the capability of prolonged measurements, the FS cut 0.94 mm Ø CFE was used as WE in 400 µg/L concentrations of Cd^{2+} , Pb^{2+} , and Hg^{2+} solutions for 100 repeated DP-ASV measurements in the same buffer solution. Fig. 10 shows three distinct peaks for Cd^{2+} , Pb^{2+} , and Hg^{2+} . Although there is a little variation in the metal peaks amplitude, the change is not significant from the initial run to the 100th run. Moreover, no delamination of the carbon fibers was observed in the CFEs surface after 100 repetitive runs. This test confirms the reproducibility and electrode stability in the heavy metal measurements. Moreover, electrochemical cleaning is possible in the carbon fibers to renew their surfaces. This process can be done by applying an etching potential in order to gently etch the outer surface and renew the carbon fiber electrode by oxidizing and stripping plated metal off the surface [39,40]. This process will be applied in our future study to further enhance the CFE's stability.

In contrast to alternative heavy metal sensing electrodes like mercury-based electrodes and other carbon materials-based electrodes, our custom-fabricated CFE offers a cost-effective, environmentally friendly, and straightforward manufacturing process that consistently delivers metal sensing performance. Furthermore, our CFE meets the limit of detection standards outlined by the WHO. Fig. 11 illustrates a comparative analysis between our CFE and other widely used electrodes in a spider schematic diagram.

5. Conclusion

Here, we have developed a non-toxic, eco-friendly, and cost-effective sensing method to detect microgram per liter levels of cadmium (Cd^{2+}), lead (Pb^{2+}) and inorganic mercury (Hg^{2+}) metals in buffer, plant, and soil solutions using microfabrication-free CFEs. This sensor shows good sensitivity in a variety of solutions, with a wide range of metal concentrations from 10 to 1600 µg/L. We also extensively investigated the

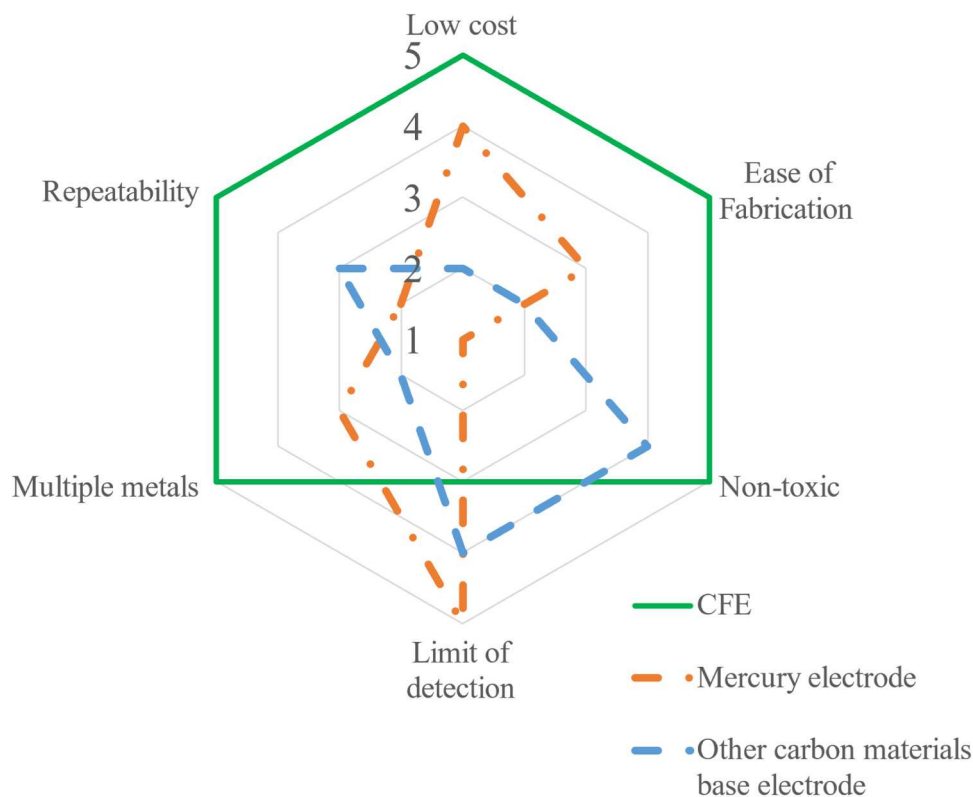


Fig. 11. Spider schematic compares toxicity, ease of fabrication, cost, repeatability, multiple metals detection ability and limit of detection performances among reported carbon fiber electrode (CFE), Hanging mercury electrode, and other carbon materials-based electrodes.

effect of solution pH and found a preferred pH range from pH 4.0–5.0 where all metal ions are stable and can be detected in a single run. For prolonged measurements, one CFE was used for 100 trials and showed good repeatability. This CFE sensor will allow non-toxic and cost-effective in-situ prolonged measurement of heavy metals in the environment. Future works involve integrating real-time data processing and wireless transmission to ensure remote monitoring applications.

CRedit authorship contribution statement

G M Hasan Ul Banna: Writing – review & editing, Writing – original draft, Visualization, Validation, Software, Resources, Project administration, Methodology, Investigation, Formal analysis, Data curation, Conceptualization. **James Siegenthaler:** Writing – review & editing, Methodology, Investigation, Funding acquisition, Conceptualization. **Antryg Benedict:** Writing – review & editing, Investigation. **Brendan Allen:** Writing – review & editing, Software, Data curation. **Raul Murillo Martinez:** Writing – review & editing, Investigation, Data curation. **Wei Zhang:** Writing – review & editing, Supervision, Methodology, Investigation, Formal analysis, Conceptualization. **Wen Li:** Writing – review & editing, Writing – original draft, Visualization, Validation, Supervision, Software, Resources, Project administration, Methodology, Investigation, Funding acquisition, Formal analysis, Data curation, Conceptualization.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data Availability

Data will be made available on request.

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Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at doi:10.1016/j.sna.2024.115232.

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