

# Growing out of your own mind: Reexamining the development of the self-other difference in the unexpected contents task<sup>☆</sup>

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## ARTICLE INFO

### Keywords:

Unexpected contents  
Theory of mind  
False belief  
Representational change

## ABSTRACT

The unexpected contents task is a well-established measure for studying young children's developing theory of mind. The task measures whether children understand that others have a false belief about a deceptive container and whether children can track the representational change in their own beliefs about the container's contents. Performance on both questions improves between the ages of 3 and 4. A previous meta-analysis (Weffman, Cross, & Watson, 2001) found little evidence for a difference in children's responses on these questions, but did not investigate the weak effect size that was reported for the interaction between age and question type. The two meta-analyses reported here update the literature review, and find a more robust interaction between question type and age. Three-year-olds showed better performance on questions about their own representational change than others' false belief, while older children showed the reverse pattern. A meta-analysis of a sample of over 1200 children between the ages of 36–60 months then showed the same result. This response pattern requires novel theoretical interpretations, which include reframing the development of children's understanding of false belief.

For over 40 years, researchers have been interested in how children develop a *theory of mind* – an understanding of their own and others' mental states (e.g., Flavell, 1999; Perner, 1991; Premack & Woodruff, 1978; Weffman, 1990). Research in theory of mind has emphasized the different ways children develop knowledge of individual mental states, the interconnections among mental states, and how mental states relate to action, both for understanding themselves and others. Perhaps the most common way theory of mind has been studied is through the understanding of false belief. Understanding false belief allows children to appreciate why individuals act or think in ways that are inconsistent with the actual state of the world.

To illustrate how false belief has been studied, consider the *unexpected contents* task (Gopnik & Astington, 1988; Perner, Leekam, & Wimmer, 1987). In this task, children (usually preschoolers) are introduced to a familiar container, which is revealed to be deceptive, such as a crayon box that contains birthday candles. This measure can be used to consider what children will understand about another's belief state, given that it can differ from the actual state of the world. In such questions (referred to here as *other* questions), children are asked what a

person who is not present, and thus lacks the knowledge that the container is deceptive, will think is in the container. But children can also be asked about their understanding of their own mental states, and that revealing the unexpected contents licenses representational change. These questions (referred to here as *self* questions), ask children about changes to their own mental states, for instance, “But what did you <the child> think was in here <the deceptive container>?” (Wording taken from Perner et al., 1987).

Perhaps the most dominant view of theory of mind development, which has been called *theory theory*, involves describing the development of a representation theory of mind. This view suggests that children have intuitive theories of mental states that apply broadly – both to themselves and to others (see e.g., Gopnik, 1993; Gopnik & Weffman, 1994; Gopnik & Meltzoff, 1997; Perner, 1988, 1991, 1996; Weffman, 1990, 2014, among many others). Successful performance on the false belief task indicates the development of the domain-specific conceptual knowledge relevant to understanding the representational nature of mental states. Although the ability to demonstrate that representational understanding is affected by the demand characteristics of the

<sup>☆</sup> Author Note: This research was supported by NSF (1917639 and 2033368). I would like to thank David Kamper, Yuyi Taylor and Hasiba Zandfi who assisted with compiling papers and coding, and Paul Harris, Tamar Kushnir, Mark Sabbagh, and Jessica Sommerville for helpful discussion.

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<https://doi.org/10.1016/j.cognition.2023.105403>

Received 16 August 2021; Received in revised form 3 February 2023; Accepted 6 February 2023

Available online 21 February 2023

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procedure, evidenced for example, by individual differences with children's developing inhibitory control (e.g., Carlson & Moses, 2001; see also Benson, Sabbagh, Carlson, & Zelazo, 2013; Weffman, 2014), development of the domain-specific knowledge required to succeed on a false belief task occurs from observation and interaction with the world (Weffman & Liu, 2004). Crucial to the discussion here, that domain-specific knowledge allows children to reason successfully on both the self and other questions equivalently.

Although the initial studies that asked children both the self and other questions found conflicting results,<sup>1</sup> strong evidence in favor of this view came from a meta-analysis of over 50 studies conducted by Weffman et al. (2001). This analysis showed that performance on the self and other questions did not significantly differ. Weffman et al. (2001) highlighted this finding as particularly contrastive to another theoretical account of theory of mind development – *simulation theory* – following research in philosophy of mind (e.g., Goldman, 2006; Gordon, 1992; see also Harris, 1992). Simulation theory suggests that inferences about others' mental states are made by accessing and reasoning about one's own mental states.

There are numerous philosophical descriptions of this approach to understanding theory of mind, including the possibility that the two theories reduce to one another (see e.g., Perner & Brandl, 2009), but the one specifically taken up by Weffman et al. regarded the primacy of one's own mental access (Harris, 1992). In particular, children's understanding of their own mental states is salient and necessary to understand similar mental states in others. Weffman et al. (2001), however, argue that the null result between performance on the self and other questions was meaningful for distinguishing between these two accounts: "... simulation accounts emphasizing the primacy of self-experience suggest that self understanding should develop first." And, later in on that page, they write, "on the surface, the fact that children ever systematically err in reporting their own false beliefs seems problematic for simulation accounts." (both p. 678).

Recent evidence, however, suggests that young children do have some first-person access to their mental states, particularly their knowledge states. Harris, Yang, and Qiu (2017) demonstrated that 2- and 3-year-olds (children who typically do not succeed on the unexpected contents task) were more likely to deny possessing knowledge (i.e., saying "I don't know") than point out that another person does not know something (i.e., saying "You don't know"). These same children were also more likely to ask questions about whether others know something as opposed to whether they do. The former finding suggests that children might be aware of their own ignorance before that of others, while the latter suggests that children recognize their own lack of knowledge, and that others might be sources of knowledge that they themselves do not possess. These data suggest that although young children might not behave differently on self and other questions on a false belief task, they show differences in their understanding of their own and others' knowledge.

These data suggest the importance of reconsidering developmental findings on the difference between the self and other questions, and in particular the findings from the Weffman et al. (2001) analysis. In particular, while the difference between the self and the other questions was not significant, the interaction between the type of question asked and children's age was the level of a statistical trend ( $p > .07$ ) with a small effect size ( $f = 0.12$ ).<sup>2</sup> Typically, small effects are not investigated in developmental science because of limits on data collection or

argumentation dismissing them as unimportant. However, small effects may be meaningful if they have important theoretical consequences (Eisen, 2010). Here, the theoretical implications of recent research suggesting children have first-person access to their mental states, warrants a re-investigation of this finding. Doing so also allows us to address a methodological limitation of method used by Weffman et al. (2001), which is that their findings did not directly consider the sample size of each condition they analyzed.

The rest of this paper presents three analyses that reconsider and update the relation between performance on self and other questions about false belief through meta-analysis and a quasi-mega-analysis<sup>3</sup> of performance on the unexpected contents task. Analysis 1 presents a meta-analysis that follows a similar strategy used by Weffman et al. (2001). The goal of this analysis is not to replicate all aspects of Weffman et al. (2001), but rather focus specifically on the self-other difference. To that end, the analysis relies on papers that presented data from the unexpected contents task, which specifically asked either the self or other question. The papers collected for this analysis report how children performed on the self or other questions individually or how children performed on both questions (not combined into a single datum). Analysis 1 uses the same analysis strategy used by Weffman et al. (2001), but also uses a second measure of effect size, which takes the size of the samples into account to ensure the reproducibility of results.

A limitation of this first analysis is that some researchers who administer an unexpected contents task only ask the self question, while other researchers only ask the other question, while still other researchers ask both questions. Combining these between-subject data might not be as robust an analysis as one that contrasts results using a within-subject design. Analysis 2 replicates the meta-analytic strategy on the subset of studies from Analysis 1 that present data from the self and other questions from the same participant.

Analysis 3 uses a similar within-subjects approach by considering a dataset of over 1200 preschoolers administered the unexpected contents task. These data were collected in a single lab with similar materials and the same procedure. This mega-analytic strategy not only generalizes and extends the results of the two meta-analyses, but also considers why small effects might be robust and meaningful, even if they are difficult to describe in individual empirical papers.

## 1. Analyses 1 and 2

The goal of these analyses is to examine whether there are differences in how children respond to questions about changes in their own previously erroneous belief states (self questions) and measures of others' possessing a false belief (other questions). We considered papers that reported the results of studies that use the unexpected contents task on children between the ages of 36 and 60 months, based on the assumption that the majority of children will eventually succeed on both questions at later ages. Analysis 1 uses a meta-analytic technique similar to that used by Weffman et al. (2001), updating the literature considered as well as extending the analysis to include a more robust measure of effect size. Analysis 2 then considers a subset of the conditions/experiments used in Analysis 1, which specifically contrast performance by the same child on both measures.

## 2. Literature review

To determine papers to analyze, the papers used in the Weffman et al. (2001), as well as a more recent analysis that exclusively considered studies reporting the unexpected contents task (Sobel & Austerweil,

<sup>1</sup> Perner et al. (1987) found that children performed better on the self than other question, whereas Gopnik and Gopnik and Astington (1988) found the opposite, that children performed better on the other question than the self question.

<sup>2</sup> The implication of reporting  $p > .07$  is that the significance level of this analysis is between  $p = .07$  and  $p = .08$ . The effect size of this analysis was not reported, but was calculated based on the reported  $F$ -statistic.

<sup>3</sup> A mega-analysis is a reanalysis of raw data from multiple sources (Eisenhauer, 2021). Here, the raw data are all taken from a single lab, hence the "quasi."

2016) were examined. All the papers from those analyses that reported data from the unexpected contents task, which met the inclusion criteria (described below) were included. Google Scholar searches were also performed for the terms “unexpected content task,” “representational change task” and “theory of mind scales”. The first two are commonly used names for the measure. The latter was included because the scales (Weffman & Lfu, 2004) present children with the unexpected contents task. The author also put out a call on the COGDEVSOCLISTSERV (March 2021) for unpublished datasets and recently published data. Fig. 1 shows a flowchart of the literature review process. Because of the intention to include data from the author's published work separately in the mega-analysis presented in Study 3, none of the author's own papers were included in these studies (to reduce the possibility of bias in reproduction).

To summarize this process, after duplicate entries were removed from the initial search, there were 917 entries under consideration. One hundred fifty-two of those entries could be eliminated without review because (a) they were written by the author (8), (b) Google Scholar indicated they were books, book chapters, or published in journals that exclusively published review, and not empirical articles (88), and (c) Google Scholar indicated they were unavailable in English (56). Nine additional entries were removed because they were inaccessible.

The remaining 756 full-text articles and datasets were read by the author to determine whether the paper reported the age of an individual sample and performance on the self and other questions of the unexpected contents task individually (or if only one question was asked, performance on that question). Papers that only reported a composite score of performance on the self and other questions, or “false belief” scores that reported the results of an unexpected content task combined with other measures of false belief (such as the unexpected transfer task or the unexpected identity task) were not included unless the separate scores on the self and other questions of the unexpected contents task could be determined. Moreover, only samples of neurotypical children with a mean age between 36 and 60 months were considered. If the paper reported a longitudinal or training study, only pretest data was used; these kinds of studies were only included if they reported all pretest data as opposed to only including data from children who failed the measure. If the paper contrasted conditions in which deception was and was not used, only cases in which the motive of the study was not to deceive another person were considered (because there are well-known main effects of deceptive motive, see Weffman et al., 2001, and our supplemental materials). Fig. 1 shows the distribution of exclusions.

Following Weffman et al. (2001) and Glass, McGaw and Smith (1981), condition (or age group within a condition where possible) was used as the unit of analysis, instead of individual participant or a full study or paper. This resulted in including 91 papers/datasets used in Analysis 1, which represented 244 age groups/conditions within experiments (9201 data points in total). Analysis 2 focused on the subset of these 91 papers/datasets that asked both the self and other question of the same child participant to consider a within-subject analysis. This resulted in an analysis of the results of 37 papers/datasets (70 unique age groups/conditions, 2466 data points). The papers/datasets used in both analyses are reported in Table 1, as well as the number of conditions each entry contributed to the overall analysis.

### 3. Coding

Analyses 1 and 2 focused on extracting performance on the self and other question of the unexpected contents task, as well as the mean age and sample size of the reported sample. Each condition within each experiment was coded for performance on the test question as well as whether the measure was a self or other question and whether both questions were asked of the same child in the same procedure. If both questions were asked, we reported whether the order of these questions was counterbalanced. Finally, we only included whether the paper reported the mean age of the condition under consideration and the

number of participants in that condition.

The goal of this analysis was not to reproduce all of the analyses performed by Weffman et al. (2001). Many of the analyses that were significant there, which might interact or affect the main result presented here, however, are described in the Supplemental Materials. This includes country of origin, whether a deceptive condition was included in the study, whether the deceptive object was really present in the container when the test question was asked, and whether temporal markers were used when asking the self question. One additional factor – the way in which researchers scored the task – was also considered in the Supplemental Materials, as previous work has shown that the developmental trajectory of children's performance is affected by how the measure is scored (Sobel & Austerweil, 2016).

To investigate differences between the self and other question on the unexpected contents measure, we conducted the same logit analysis as presented in Weffman et al. (2001). The proportion correct on each question ( $p$ ) was transformed via a logit transformation in which the logit score =  $\ln(p/1-p)$ ,<sup>4</sup> which became the dependent variable in the analyses. This analysis, however, does not take the sample size of the condition/age group into account. To account for this, we supplemented this analysis with a second transformation on the data, following the meta-analytic strategy used by Tong, Wang, and Danovitch (2020). Where possible (i.e., if the standard deviation of performance was reported or could be calculated), we transformed performance in each condition/age group to a Hedges'  $g$  value, based on the proportion correct and standard deviation of that condition/age group. This was done by assuming that the comparison value of chance had a Mean and Standard Deviation of 0.5 (an idealized representation of chance responding), via the formula:

$$g = \frac{(\text{Proportion Correct} - 0.5)}{\frac{\text{StdDev}^2 + .25}{2}}$$

Two readers, blind to the hypotheses of the study coded a subset of 10 of the papers in the same manner. Agreement between these two readers was 100%. Agreement between these readers and the author was 90%. Disagreement was resolved through discussion.

### 4. Results

All data sets described in this manuscript (as well as a list of all articles that were considered) are available at <https://osf.io/624av>. We first consider the overall dataset (Analysis 1) and then a subset of the papers we considered, which presented both the self and other questions to the same child, using within-subject analyses (Analysis 2).

#### 4.1. Analysis 1: Papers reporting findings from either self or other questions on the unexpected contents task

Fig. 2 shows the logit values for the self and other questions across age. A set of hierarchical linear regressions were conducted, with logit scores and  $g$ -values as the dependent variable. Each first considered age (defined by the mean age of the condition as reported in each paper) and question type (self vs. other). Then the interaction value between age and question type was added in a second model.

For the logit scores, the first model explained a significant amount of

<sup>4</sup> One condition presented a proportion of 0, while another presented a proportion of 1, both with standard deviations of 0. These resulted in an undefined logit score and values of  $g$ . We entered proportions of 0.01 and 0.99 and standard deviations of 0.0001 for each, which set minimal and maximal values for the dependent variables without skewing the data too greatly. The results presented in the main text are similar if these two entries are not included in the analyses. Please note that the formula used is  $\ln(p/1-p)$  and that the value is not raised to the fourth power.

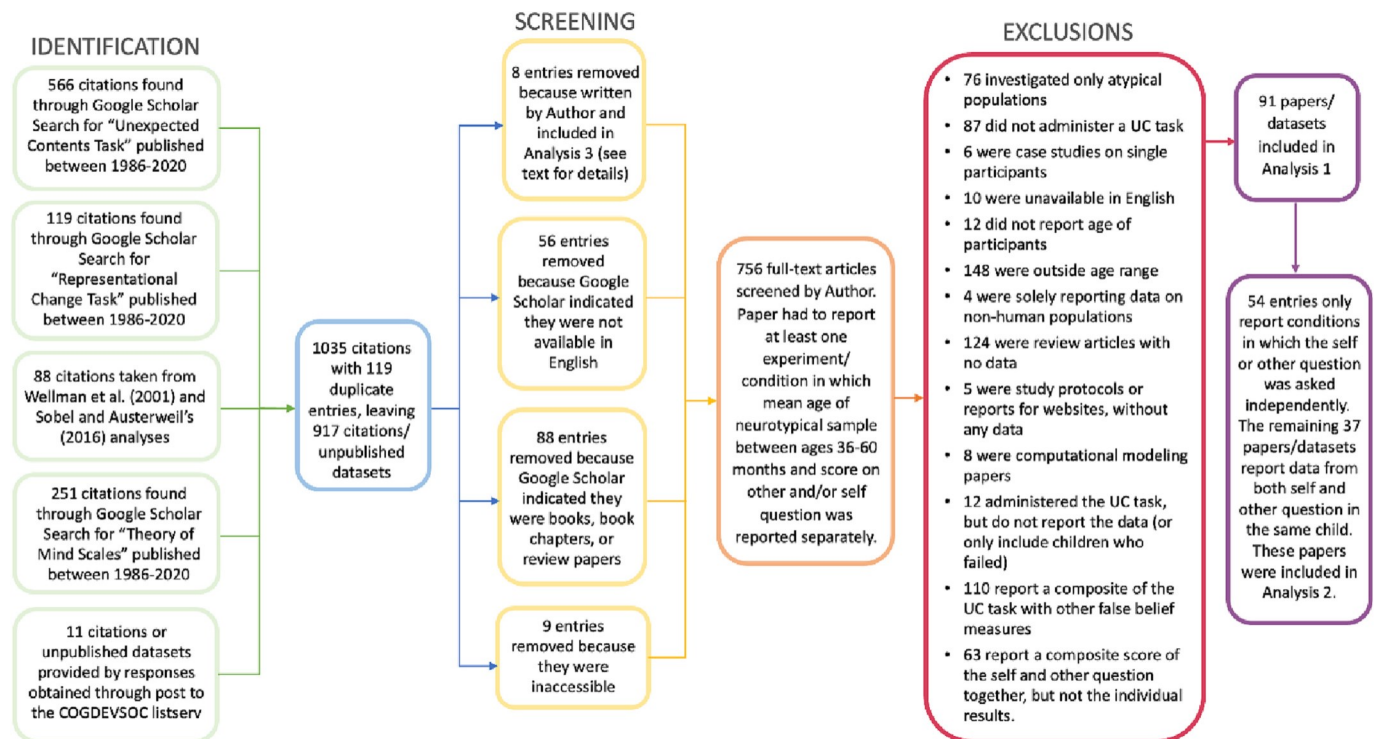


Fig. 1. Flowchart representing procedure used for literature identification, screening, and exclusions for Analyses 1–2.

the variance in the  $\log_{10}$  values over an intercept-only model,  $R^2 = 0.28$ ,  $F(2, 241) = 46.21$ ,  $p < .001$ . The second model, which added the interaction between age and question type, predicted a significant increase in the amount of variance in the  $\log_{10}$  values,  $\Delta R^2 = 0.01$ ,  $F(1, 240) = 4.07$ ,  $p = .04$ . This final model predicted a significant amount of variance over an intercept-only model,  $R^2 = 0.29$ ,  $F(3, 240) = 32.56$ ,  $p < .001$ . In this final model, age positively predicted performance,  $B = 0.07$ ,  $SE = 0.02$ , 95% CI [0.04, 0.10],  $t = 4.72$ ,  $p < .001$ . There was also a significant effect of question type, with performance on the self question higher overall than performance on the other question,  $B = 2.42$ ,  $SE = 1.00$ , 95% CI [1.43, 3.45],  $t = 2.42$ ,  $p = .02$ . There was also a significant interaction between question type and age,  $B = 0.04$ ,  $SE = 0.02$ , 95% CI [0.00, 0.08],  $t = 2.02$ ,  $p = .04$ .

A similar analysis for the  $g$ -values generated by each condition was conducted. The first model (age and question type), explained a significant amount of the variance over an intercept-only model,  $R^2 = 0.30$ ,  $F(2, 227) = 49.32$ ,  $p < .001$ . The second model, which added the interaction between age and question type, predicted a significant increase in the amount of variance in the  $\log_{10}$  values,  $\Delta R^2 = 0.01$ ,  $F(1, 226) = 4.23$ ,  $p = .04$ . This final model predicted a significant amount of variance over an intercept-only model,  $R^2 = 0.32$ ,  $F(3, 226) = 34.76$ ,  $p < .001$ . In this final model, age positively predicted performance,  $B = 0.03$ ,  $SE = 0.01$ , 95% CI [0.02, 0.05],  $t = 4.84$ ,  $p < .001$ ,  $OR = 1.03$ . There was also a significant effect of question type, with performance on the other question lower overall than performance on the self question,  $B = 1.12$ ,  $SE = 0.45$ , 95% CI [0.20, 2.03],  $t = 2.50$ ,  $p = .01$ ,  $OR = 0.33$ , and a significant interaction between question type and age,  $B = 0.02$ ,  $SE = 0.01$ , 95% CI [0.00, 0.04],  $t = 2.06$ ,  $p = .04$ ,  $OR = 1.04$ .

#### 4.2. Analysis 2: Papers reporting findings from both self and other questions on the unexpected contents measure

The second analysis looked at a subset of the papers from Analysis 1 that reported results of the self and other questions for the same children. Table 1 indicates the papers included in this analysis. As in the previous analysis, the  $\log_{10}$  value and the  $g$  value for performance on the

self and other questions in each condition/age groups were considered. These data are shown in Fig. 3. A Generalized Estimating Equation was constructed to control for within-subject effects, with a robust correlation matrix, assuming a linear distribution on the dependent variables with age and question type as independent variables. For both analyses, a factorial model was considered.

Looking at the  $\log_{10}$  scores, the model revealed a significant effect of age,  $B = 0.12$ ,  $SE = 0.02$ , 95% CI [0.08, 0.16], Wald  $\chi^2(1) = 31.26$ ,  $p < .001$ ,  $OR = 1.13$ , and question type,  $B = 2.91$ ,  $SE = 0.87$ , 95% CI [1.21, 4.61], Wald  $\chi^2(1) = 11.28$ ,  $p = .001$ ,  $OR = 18.36$ , with children performing better overall on the self questions than the other questions. There was also a significant interaction between age and question type,  $B = 0.06$ ,  $SE = 0.02$ , 95% CI [0.09, 0.02], Wald  $\chi^2(1) = 11.25$ ,  $p = .001$ ,  $OR = 0.94$ . As with the previous analysis, the younger children in this sample initially performed better on the self question than the other question, but as the age of children in the sample increased, performance on the other question started to exceed performance on the self question.

The same pattern of results was obtained when the Hedges'  $g$  scores were analyzed. There was a significant effect of age,  $B = 0.05$ ,  $SE = 0.01$ , 95% CI [0.03, 0.07], Wald  $\chi^2(1) = 34.70$ ,  $p < .001$ ,  $OR = 1.05$ , and question type,  $B = 1.15$ ,  $SE = 0.32$ , 95% CI [0.52, 1.78], Wald  $\chi^2(1) = 12.91$ ,  $p < .001$ ,  $OR = 3.16$  as well as interaction between age and question type,  $B = 0.02$ ,  $SE = 0.01$ , 95% CI [0.03, 0.01], Wald  $\chi^2(1) = 10.82$ ,  $p = .001$ ,  $OR = 0.98$ .

## 5. Discussion

Both the more inclusive analysis (Analysis 1) and the within-subject analysis (Analysis 2) of the self and other questions showed two findings of note. First, in addition to the expected main effects of age, there was a significant difference between performance on the self and other question, with children performing better on the former over the latter overall. The second was a significant interaction between children's age and question type, which potentially explains the first finding. Younger children performed better on the self question than the other question. However, as children increased in age from 36 to 60 months,

**Table 1**

List of papers/Datasets used in Anaflysis 1 (and Anaflysis 2, shown with an \*).

Authors	Date of publication	Number of age groups/ Conditions used in Anaflysis 1
Afltvater-Mackensen*	Unpublished	4
Amado, Serrat & Sidera*	2014	2
Appleton & Reddy*	1996	2
Arreckx	2007	1
Atance	2001	1
Atance, Metcalf & Thriessen	2017	2
Atance & Onofri	2004	4
Bafird & Moses	2001	2
Barreto, Osorio, Baptista, Fearon, & Martins*	2018	2
Befiort, Muflvey & Kiffen	Unpublished	2
Befilagamba, Addressfi,	2015	4
Focarofli et al.*		
Benson, Sabbagh, Carlson, & Zeflazo	2017	1
Bernstefin	2009	1
Bernstefin*	Unpublished	2
Bozbfyik	2016	1
CarlsonMoses*	2001	4
Cassidy	1998	2
Causey & Bjorklund*	2014	2
Conry-Murray	2013	1
Dafke	1995	2
Davis*	2001	2
Fabrificius & Khatfi	2003	1
Flynn*	2006	4
Flynn, O'Maflley and Wood	2004	1
Freeman & Lacohee	1995	6
Frye, Zeflazo, and Pafifi*	1995	8
Gopnfik & Astfington*	1988	8
Gopnfik & Rosatfi*	2001	2
Gopnfik & Slaughter	1991	2
Guajardo, Parker & Turfley-Ames	2009	1
Guajardo & Turfley-Ames	2004	2
Gut, Haman, Gorbaniuk, & Chyflfinskia*	2020	4
Hafla, Hug & Henderson	2003	2
Hansen	2010	2
Hanson & Atance	2014	2
Hasnfi	2015	1
Hiffler, Weber & Young	2014	1
Hogrefe, Wfimmer, & Perner	1986	3
Hoflmes, Bflack & Miffler*	1996	2
Hong*	2016	4
Hughes	1998	1
Jackson	2001	1
Juffien	2018	1
Kaffish, Wefisman & Bernstefin	2000	4
Kammermefier & Paulus	2018	2
Keenan, Ofson and Marfinfi*	1998	4
Krachun, Carpenter, Calfi, and Tomasefflo	2010	3
Kuntoro, Peterson & Slaughter	2017	2
Lackner, Bowman & Sabbagh	2010	1
Lesflie & Thafiss*	1992	3
Lewis, Huang & Rooksby*	2006	4
Lewis & Osborne*	1990	18
Liffland	1993	3
Loke	2010	1
Mahy, Bernstefin, Gerrad & Atance*	2017	8
Major, Franco, and Zotovfc	2010	1
Metcalf	2015	2
Mfitcheffi & Lacohee	1991	2
Moflzhon	2016	1
Moore, Pure & Furrow*	1990	2
Moses & Flavelfi	1990	1
Muflfer, Miffler, Mfichalczyk, & Karapfinka	2007	2
Muflfer, Zeflazo, & Imrfisek*	2005	2
Nafito, Komatsu, and Fuke*	1994	4

**Table 1 (continued)**

Authors	Date of publication	Number of age groups/ Conditions used in Anaflysis 1
Nawaz, Hanfif & Lewfis*	2015	4
Pecora, Addressfi, Paofletfi & Befilagamba*	2017	2
Perner, Leekam, & Wfimmer*	1987	2
Pesch, Semenov & Carlson	2020	1
Peterson & Sfiegafi	1999	1
Qufistberg	2018	1
Repachofli & Trapoflfinfi*	2004	2
Rfiggs and Robfinson	1995	2
Rfiggs, Robfinson & Samuefi	1996	4
Rubfio-Fernandex	2019	2
Ruffman, Ofson, Ash, and Keenan	1993	5
Sabbagh, Bowman, Evrafire, and Ito	2009	1
Safitmarsh, Mfitcheffi, and Robfinson*	1995	4
Shehaefian, Nfiefen, Peterson, & Sflaughter	2014	4
Sflaughter*	1998	2
Sflaughter & Gopnfik*	1996	4
Stanzfione	2015	1
Sufflivan & Wfinner*	1993	4
Tardfif, Weflflman, & Cheung	2004	2
Tayflor & Carlson*	1997	4
Weflflman & Lfiu	2004	1
Wfiffians & Happe*	2009	2
Wfiffians & Happe*	2010	4
Wfimmer & Hartfi*	1991	7
Woflfe, McLaughlfin and Hefiphetz	2021	1
Yueng, Muflfer & Carpendafle*	2019	2
Zfiv, Zakafi-Mashfiach, Afli-Yagon, & Dromfi	2014	2

Notes. All published references are provided in the supplemental materials section.

performance on the other question caught up to, and then overtook performance on the self question.

This reanalysis of the literature on the unexpected contents task indicates that children's ability to infer others' false belief and their own representational change have different developmental trajectories. Before discussing the implications of these data, we want to consider whether these findings are also present in a large-scale dataset. This will provide estimates of the power of both the difference between the two types of questions and the interaction between the questions and age. Moreover, investigating a large-scale data set can provide insight into why these effects might have not previously been described in the literature.

## 6. Analysis 3

To consider the robustness of these findings, these analyses were also considered on a dataset of preschool-aged children who participated in an unexpected contents procedure administered by the author's lab. These data were collected between 2001 and 2012. There was little variance in experimenter and materials. All parents of children who participated consented to the procedure, in accordance with Brown University IRB (#0111991083, *Development of causality and intentionality*, #0503991803, *Children's causal learning and developing knowledge of mechanisms* and #1007000219, *Children's developing inferences from others' experiences*). This dataset has been described in a previous investigation (Sobel & Austerweil, 2016), but the analyses presented here are novel.

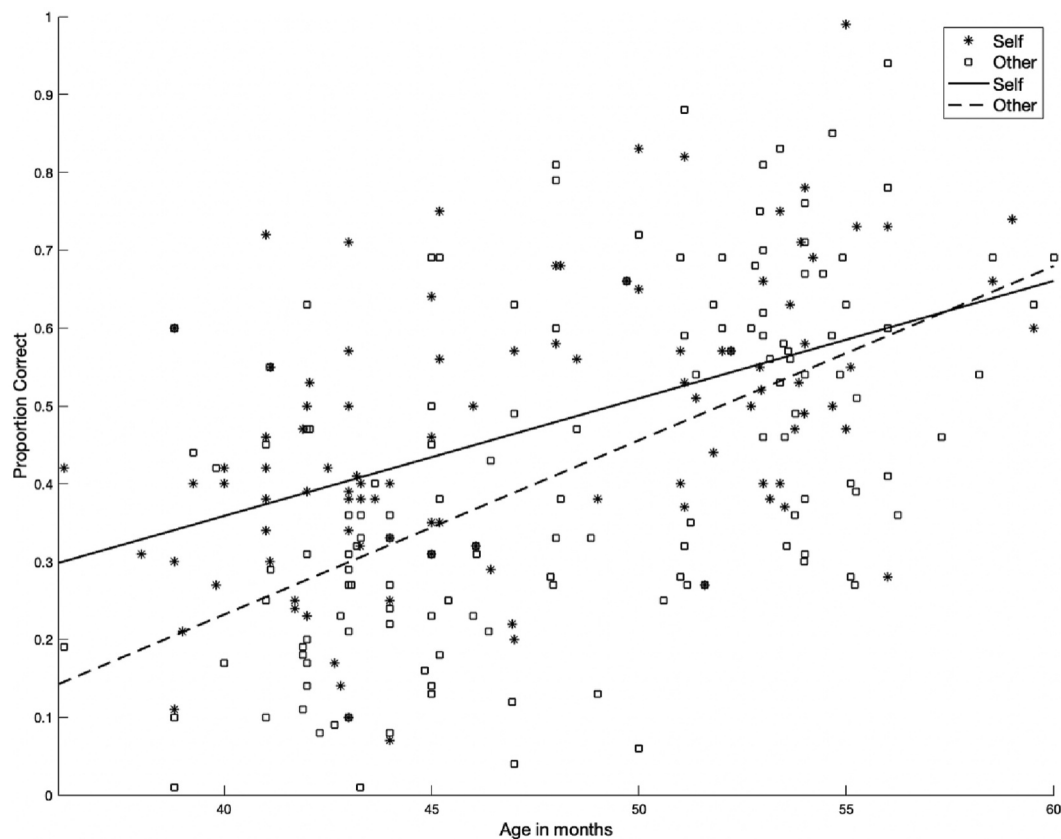


Fig. 2. Distribution of Performance on Representational Change (Self) and False Belief (Other) Questions in Analysis 1. Each point in the graph represents one age group/condition.

## 7. Method

### 7.1. Participants

The final sample contained the results of 1231 children between the ages of 36–60 months (Mean Age = 50.90 months,  $SD = 6.08$  months<sup>5</sup>). The sample was skewed towards older children with more 4-year-olds in the sample ( $N = 892$ , Mean age = 54.08 months,  $SD = 3.27$ ) than 3-year-olds in the sample ( $N = 339$ , Mean age = 42.53 months,  $SD = 3.08$  months). Three additional children were tested in this sample, but not included because they failed to respond to one of the three questions used in the procedure (see below).

#### 7.1.1. Materials

The majority of children were shown a deceptive Crayola crayons container that contained small birthday candles shown in Fig. 4. A small number of children were given the same procedure using a Band Aids box that contained crayons.

#### 7.1.2. Procedure

Children were seated across from the experimenter at a table. They were shown the closed deceptive container and asked what they thought was inside the box. Children typically responded appropriately, (e.g., “crayons” or a similar, plausible response, such as “markers” “colors” “pencils”). Children were then shown the actual contents of the box (in this case, the birthday candles), which were taken out of the box and shown to the child. These contents were then placed back into the box and the box was closed.

<sup>5</sup> Unfortunately, the gender breakdown of the sample could not be reported because in some cases, children's gender was not recorded.

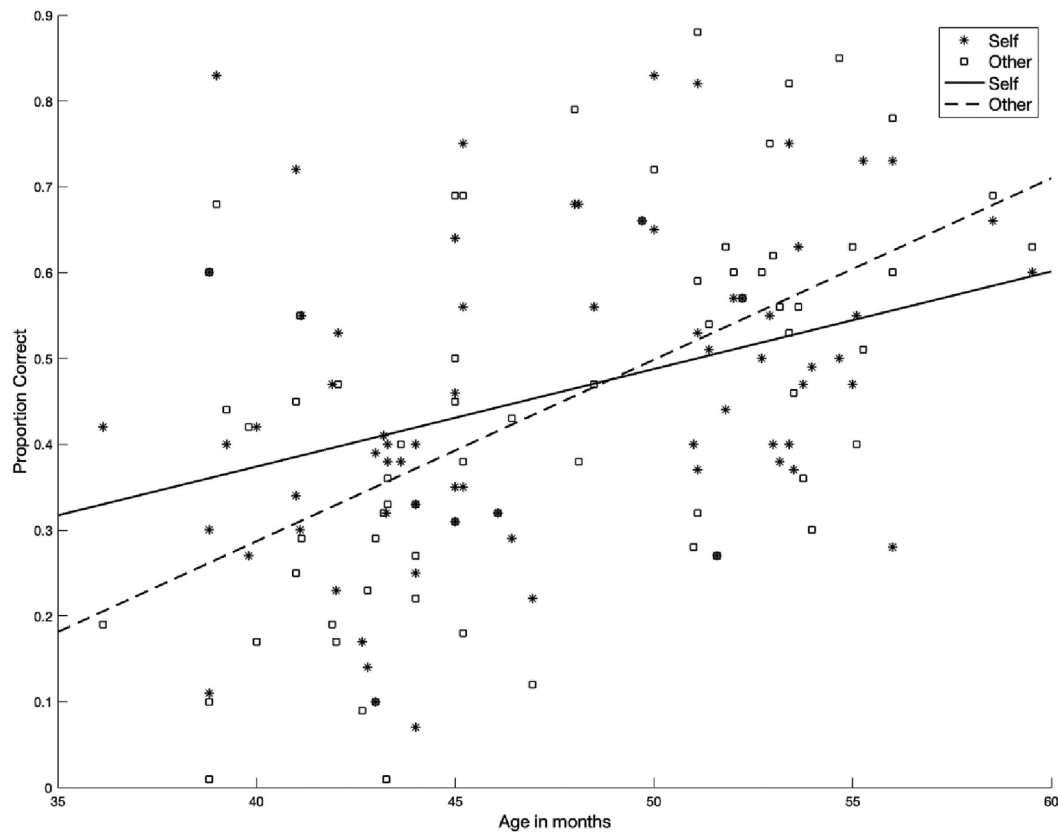
The experimenter then asked the *other* question in which children were asked about the belief state of another person (a caregiver like Daddy or a friend of the child, who had been mentioned before the box was brought out, and who was not present during the time of the test). Specifically, “Let's say <person> comes in here. <Person> has never seen this box before. What will <person> think is in the box? If the child did not respond or said “I don't know”, the experimenter would ask the child to make a guess.

After children generated their response to the other question, the experimenter then asked the *self* question: “Before I showed you what was in the box, what did you think was in the box?” Again, if the child did not respond or said, “I don't know”, the experimenter would ask the child to make a guess. Finally, the experimenter asked the *control* question: “What is really in the box?”

## 8. Results and discussion

Fig. 5 shows performance on the self and other question in the sample overall, as well as the Spearman correlations with age. A Generalized Estimating Equation was constructed to control for within-subject effects, assuming a binomial distribution for performance on each question. Age and question type were the independent variables, assuming a factorial model. This model revealed a main effect of age,  $B = 0.12$ ,  $SE = 0.01$ , 95% CI [0.10, 0.14], Wald  $\chi^2(1) = 120.65$ ,  $p < .001$ ,  $OR = 1.12$ , and a main effect of question type,  $B = 1.63$ ,  $SE = 0.67$ , 95% CI [0.31, 2.95], Wald  $\chi^2(1) = 5.89$ ,  $p = .02$ ,  $OR = 5.11$ .

Note that unlike Analyses 1–2, here, the overall performance on the other question (55% accurate) outperformed performance on the self question (52% accurate). This difference is potentially caused by the skew in the age range of the sample as the interaction between age and question type was also significant,  $B = -0.03$ ,  $SE = 0.01$ , 95% CI [-0.06,



**Fig. 3.** Distribution of Performance on Representational Change (Self) and False Belief (Other) Questions in Analysis 2. Each point in the graph represents one age group/condition.



**Fig. 4.** Crayon box and candles used in unexpected contents task administered to children.

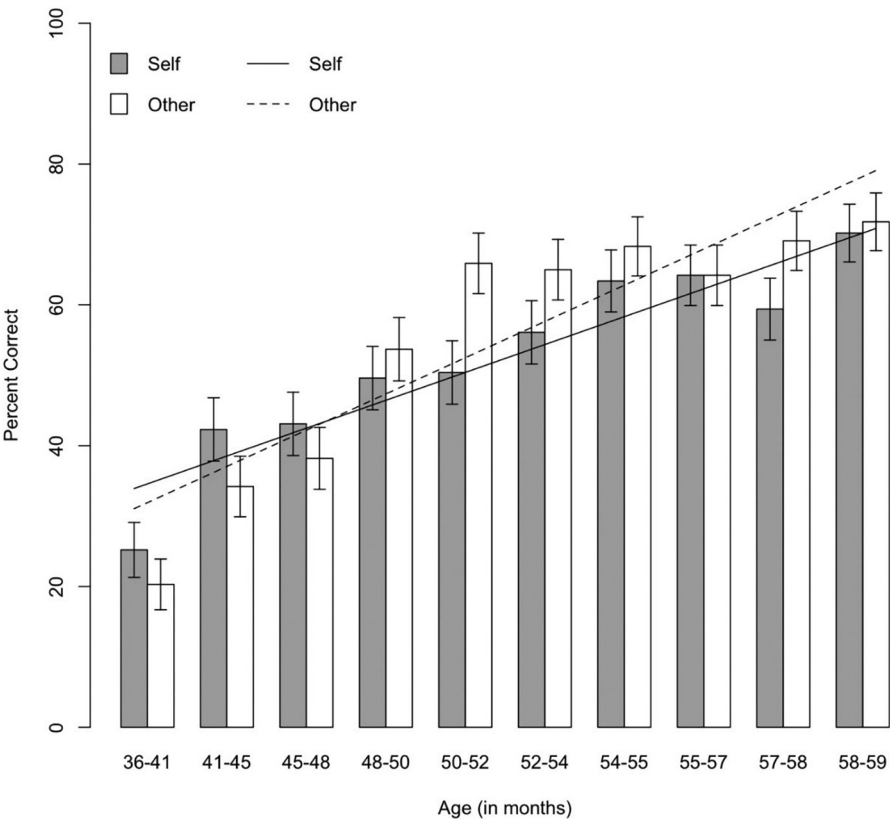
0.01], Wald  $\chi^2(1) = 6.82, p = .009, OR = 0.96$ . The mean age of the sample here is 50.90 months, compared with 47.89 months in Analysis 1 and 47.46 months in Analysis 2.

To consider the relation between the self and other questions, a binary logistic regression was conducted on performance on the other question with age and performance on the self question as predictors, as well as the interaction. The overall model was significant,  $\chi^2(3) = 200.72, p < .001$ , but only age was a significant predictor,  $B = 0.10, SE = 0.02$ , Wald  $\chi^2(1) = 48.25, p < .001$ , Odds Ratio = 1.11 95% CI [1.08, 1.14]. Neither performance on the self question,  $B = 1.20, SE = 1.12$ , Wald  $\chi^2(1) = 1.15, p = .28$ , or the interaction,  $B = 0.004, SE = 0.02$ ,

Wald  $\chi^2(1) = 0.03, p = .86$ , was significant. Removing the interaction from this analysis did not result in a significant increase in the model's predictive power, indicated by a change in  $-2 \log \text{Likelihood} = 0.03, p = .86$ . However, without the interaction term (which shows the relation between self and other has been analyzed), performance on the self question was now a significant predictor,  $B = 1.00, SE = 0.13$ , Wald  $\chi^2(1) = 63.77, p < .001$ , Odds Ratio = 2.72 95% CI [2.13, 3.48]. This further suggests the possibility that the self and other question have different developmental trajectories.

Analysis of this sample also sheds light on why this interaction may have been particularly difficult to uncover in previous studies using the unexpected contents task. A Monte-Carlo simulation was built, which constructed 10,000 samples of equal numbers of 3-year-olds and 4-year-olds of different sample sizes from this group of 1231 children. For each sample, the same GEE model described above was run to analyze the effects of age (in months), question type, and their interaction. The mean  $p$ -values and the number of samples (out of 10,000) where  $p < .05$  for the main effects of age and question type, and the age  $\times$  question type interaction for each sample size are shown in Table 2. The effect of age was often detected in this simulation, while the effect of question type or the interaction would not often be detected. Even with large sample sizes ( $N = 200$ ), those effects would be significant less than half the time. Given that the mean sample size used in Analysis 2 (the analysis in which we examined findings that compared performance on the self and other question from the same children) was  $N = 35$ , it is possible that this finding has gone unnoticed in the literature.

A concern with the present analysis is that it might have revealed a simple explanation for the interaction we have observed. The unexpected contents task in Analysis 3 used a fixed question order, always asking the other question first and the self question second. It is possible that children simply switch their answer from one question to the other given the similarity between the other and self questions. This



**Fig. 5.** Proportion of children who responded to the self and other questions correctly across ages, dividing the sample by ten age percentiles (Error bars show standard error). The solid and dashed lines represent the best fitting Spearman correlations between performance and age for the self and other questions respectively.

**Table 2**  
Probability of detecting significant effects of age, question type, and interaction for simulated experiments with different sample sizes (N = number of children in each age group).

	Mean p-value	Number of samples where $p < .05$ (out of 10,000)
Age, N = 30	0.04	8310
Age, N = 60	0.003	9907
Age, N = 100	0.00008	10,000
Age, N = 200	<0.00000001	10,000
Question Type, N = 30	0.43	1061
Question Type, N = 60	0.37	1501
Question Type, N = 100	0.29	2219
Question Type, N = 200	0.14	4319
Question Type x Age Interaction, N = 30	0.43	1054
Question Type x Age Interaction, N = 60	0.37	1513
Question Type x Age Interaction, N = 100	0.29	2275
Question Type x Age Interaction, N = 200	0.15	4373

explanation seems unlikely, however, for several reasons. First, the logic of this explanation is that younger children were more likely to respond incorrectly on the first (other) question, and then switch their answer to the correct response on the second (self) question. As children get older, the likelihood that they respond correctly on the first question increases, hence the interaction. In the procedure used in Analysis 3 (similar to all

papers considered in Analysis 2), children were given no feedback to the response to the first question. While children might interpret this as indicating they should switch their answer, it is equally likely that they infer that because they did not get corrective feedback, their response was correct and they should respond in the same manner. Moreover, children were not more likely to switch their answer if they responded correctly to the first question (36% of these children) than if they did not (34% of these children),  $\chi^2(1) = 0.45, p = .50$ .

Second, even if this explanation held for the results of Analysis 3, the interaction was observed in Analyses 1 and 2. In Analysis 1, the data mostly came from independent sources (i.e., conditions that only asked one of the self or other questions). In Analysis 2 (like Analysis 3), both questions were asked of the same child, but different labs used different methods for administering the procedure. Analysis 2 was reexamined to consider how the self and other question were counterbalanced in these conditions. Thirty-seven of the 70 conditions used a fixed order *opposite* to what was presented in Analysis 3 (i.e., self question first, other question second). Reanalyzing just those conditions demonstrated an identical pattern of results to what was reported in Analysis 2 above, specifically significant main effects of age and question type, as well as a significant interaction between age and question type.

9. General discussion

The three analyses presented here show a reproducible interaction between preschoolers' performance on the self and other questions of the unexpected contents measure and their age. Young 3-year-olds were more accurate at keeping track of their own representational change than inferring another's false belief, while older 4-year-olds show the reverse pattern. This interaction produced a significant difference between the two question types overall, with performance on the self

question exceeding that of performance on the other question in both Analysis 1 and 2. The reverse was true in Analysis 3, presumably due to the sample in Analysis 3 being older on average (the average ages in the first two analyses were both below 48 months, while the average age of the sample in the third analysis was over 50 months).

In each analysis, the size of the interaction effect was small, but consistent throughout the ways the data were considered. Given the small effect size, one might ask how these findings shed light on the way children develop inferences about false belief. In the next section, I try to discuss a possible interpretation and implications of this pattern of data.

## 10. Early privileged access, but later memory errors?

One possible interpretation of these data is that they support the possibility that children do have early privileged access to their own knowledge, as performance on the self question exceeds performance on the other question for the younger children examined in each analysis presented here. But one should not conclude from this (as potentially suggested by Piaget, 1932) that young children have a conceptual form of egocentrism, and simply used their privileged access to their own mental states for inferences about others. Rather, one might suggest the present analyses build on arguments made by Harris (2018), who suggested that children might have “privileged conscious access only to those beliefs and emotions that we assume to be based on a valid picture of reality. Once that picture of reality is shown to be mistaken, our beliefs and emotions will be revised and it will require an act of reconstruction to identify and explicate what we once thought and felt.” (p. 94). Critically, Harris’s suggestion rested around children’s understanding of their own ignorance, which develops earlier than their understanding of others’ false belief (e.g., Pratt & Bryant, 1990; Wellman & Liu, 2004), but there is a similarity between knowing one is ignorant and knowing one is believing falsely. It seems likely that children might first appreciate their own ignorance, and then use that knowledge to learn that they are wrong about the world.

On this view, early in development, children do not understand that seeing candles in the crayon box requires them to change their belief about what is in the box. And given this, children might privilege their own beliefs about the actual contents, and retain that information over any inference they make about others’ mental states (leading to better performance on the self question). Once, however, children appreciate that the container’s contents being different from the expectations that are in common ground (i.e., the label on the box) requires a change in their own representation of the contents, the act of remembering their past belief might become more difficult than judging what another will believe. That is, the self question is no longer a question about children’s own introspective access, but rather now becomes a memory question – specifically whether children remember their previous belief state (a point generally raised by Perner et al., 1987).

And when the self question is viewed as a memory task, there is a potential way to explain how performance on the other question exceeds it later in development. Children might make what Bernstefin, Atance, Meltzoff, and Loftus (2007) call an error of “hindsight bias” (p. 1374). When presented with the deceptive contents, children err on the self question because they are overly influenced by what they now know to be true. Bernstefin et al. showed that preschoolers’ performance on different false belief tasks correlated with the amount of hindsight bias they displayed. These correlations were significant when the battery of false belief measures they administered had self questions; the battery in which only questions about others’ false beliefs were asked did not show a significant relation to hindsight bias (see Table 3 on p. 1383). Moreover, there is a U-shaped developmental trajectory of hindsight bias; Bernstefin, Erdfelder, Meltzoff, Perfia, and Loftus (2011) found that although preschoolers (3- to 5-year-olds) engaged in more hindsight bias than older children, 3-year-olds were less biased than 4-year-olds (although these differences were either marginal trends or not statistically significant), and 5-year-olds also showed less bias than 4-year-olds.

That is, 4-year-olds’ greater hindsight bias suggests the possibility that the self question would be more difficult for them than the other question at this age, leading to their potentially performing better on the other question.

## 11. Developing altercentrism?

The possibility presented in the previous suggestion might be integrated with another, related literature in theory of mind development. Over the last 15 years, numerous studies have documented theory of mind capacities in children much younger than those under consideration here. A prototypical way that this literature has been represented is through examining toddlers’ performance on measures of *impossible false belief* (e.g., Onishi & Baillargeon, 2005). These studies generally find that toddlers appreciate that others can have false beliefs.

The nature and reproducibility of the work on toddlers’ *impossible* understanding of false belief is contentious, and beyond the scope of this discussion (see e.g., Sabbagh & Pauflus, 2018 and the special issue of *Cognitive Development* they edited on this topic). Nonetheless, a promising theoretical approach was suggested by Southgate (2020). Early in development, infants register certain facets of the mental states of others – they have an *altercentric* bias (see also Apperly & Butterfield, 2009, for related arguments), but lack a clear sense of self. This explains their performance on certain early competence measures during the toddler years, as the presence of others can affect certain attentional cues (e.g., Manea, Kampf, Wiesmann, & Southgate, 2021). By the time children are 3, they begin to develop a fuller sense of self and represent events from their own perspective and that of others, but cannot link those representations together (following Perner & Leahy, 2016). And much like the arguments made above, their developing sense of self might make their own mental states more salient and available for reasoning (similar to the arguments made by Harris, 2018).

But as children begin to link those perspectives together and their capacities become representational, they do not simply a return to the *altercentric* bias they have in infancy. Rather what emerges is a focus on the importance of others’ mental states, which could explain the better performance on the other question than the self question. Understanding others’ mental states are more explanatory to understanding minds and engaging in social-cognitive inferences is consistent with suggestions made Gopnik (1993); see also Gopnik & Astington, 1988). The presence of others highlights the importance of those others’ mental states, and attention to others’ mental states begins to be more salient during the fifth year of life.

## 12. Implications, objections, and limitations

The present results could be interpreted as suggesting that the phenomenological experience of developing children in these samples is that they first have a growing awareness of their own mental states, potentially starting with ignorance and then moving towards their own false beliefs, and later in development, juxtaposed that privileged access to their mental states with the emergence of memory errors (that reduces performance on the self question) or the salience of others’ mental states (that bolsters performance on the other question). However, the small effect sizes reported here suggest that the developmental story might not be as explicit.

So, it is also possible that what the present analyses suggest is a more minor change in the way researchers conceptualize the development of representational theory of mind. That is, close philosophical examination of how simulation theory would allow children to understand others’ mental states might require them to replicate domain-specific knowledge indicated by positing children develop a representational theory of mind, indicating that there’s not a great difference between those theories (e.g., Davies, 1994; Perner & Brandl, 2009).

And over the last few years, the idea that children develop such a representational theory of mind (i.e., theory theory) has evolved to posit

that children possess both domain-general reasoning mechanisms and domain-specific knowledge (Gopnick & Wexler, 2012; Wexler, 2014). On this more contemporary view, children's domain-general causal learning capacities underlie their developing theory of mind, including their developing understanding of false belief. Children must possess the domain-specific knowledge necessary to engage in conceptual change, but are reliant on domain-general learning capacities for development to occur.

Framed in this way, mental state inferences from others' actions has been described as a form of "inverse planning," reasoners reconstruct the mental states of others based on their actions, with numerous computational models describing adults' and infants' inferences (e.g., Baker, Jara-Ettinger, Saxe, & Tenenbaum, 2017; Baker, Saxe, & Tenenbaum, 2009; Jara-Ettinger, Gweon, Schulz, & Tenenbaum, 2016; Rafferty, LaMar, & Griffiths, 2015). This framework suggests that reasoners generate and represent possible models of how mental states cause actions. Forming and reasoning over such a hypothesis space might be a domain-general mechanism related to children's imaginative abilities (e.g., Kushnir, 2022; Sobel, *in press*), and prior to appreciating the specific representational nature of belief, might make one's own mental states – i.e., the basis of such generative models – more salient. This would allow children the kind of privileged access under consideration early in development. But another reasoning capacity that is developing between the ages of 3–4 is the capacity to posit that nonobvious causes are efficacious (Nazzi & Gopnick, 2000; Sobel, Yoachim, Gopnick, Meltzoff, & Blumenthal, 2007). This suggests that when children realize that beliefs – that is, nonobvious causes of behaviors – are representational, their attention switches from the self to the other. This could allow better performance on the other question than the self question later on.

Put another way, the small effect sizes documented here might not indicate that children have broad-sweeping different phenomenological experiences when engaging in false belief reasoning during the preschool years. Rather, these findings might indicate smaller demand characteristics of a broader, domain-general reasoning system. Future research should investigate this possibility to shed light on these theoretical contrasts.

Finally, a limitation of the present discussion is the need to integrate the developmental findings presented here with findings in adult social psychology that emphasize the similarities and distinctions between mental state inference about the self and other. In particular, these studies suggest that mental state inferences about others are made by accessing a shared neural representation of our own and others' actions, thoughts, and emotions, and selecting the information that specifically applies to others and not ourselves (e.g., Decety & Sommerville, 2003; Eppley, Keysar, Van Boven, & Gfollrich, 2004; Gaffese & Goldman, 1998; Jenkins, Macrae, & Mitchell, 2008; Preston and De Waal, 2002; Steinfels & Singer, 2014; although see Saxe, 2005, 2009, for a dissenting interpretation of these data). To illustrate how such an integration might be considered, the interaction between age and question type described here presumably does not extend to adulthood. Adults and even older children would presumably perform at ceiling on both question types (see supplemental materials section for an extension of the meta-analysis including older children). It is certainly possible that the interaction reported here has no bearing on adults' use of simulation-like capacities to take the perspective of others. However, it is also possible that these results indicate an early-developing attentional focus on other people, as evident by numerous cases in which adults' social (and even non-social) inferences are influenced by the presence of others (see e.g., Kampis & Southgate, 2020, for a review).

### 13. Methodological implications

It is also necessary to describe an important methodological simplification of the present analyses. Many studies considered for the analysis could not be included because they reported the results of a composite score of the self and other questions (63 papers) or combined such a

composite score with other measures of false belief (110 papers). An open question is whether the results of those studies are actually measuring a composite false belief measure or show different patterns of results if the self and other questions are analyzed separately. An important methodological simplification of the present analysis is for researchers to justify this practice, while recognizing that the self and other questions might not be measuring the same construct (see Supplemental Materials for one such analysis).

### 14. Conclusion

The present analyses reveal a mostly hitherto neglected aspect<sup>6</sup> of the development of false belief on the unexpected contents task – an interaction between children's age between the third and fifth birthdays and their ability to answer questions about their own representational change and others' false belief correctly. These results are not easily explainable simply by positing that children have privileged access to their own mental states (which would not posit the shift to better performance on the other question later in development), nor by classic accounts of children developing a representational theory of mind (which posits no difference between these questions). I have tried to speculate on a novel interpretation based on existing literature, as well as refinements to contemporary accounts of theory of mind development. But these speculations require further investigation and refinement. That said, the broad conclusion is to challenge researchers moving forward to revise theories of the development of false belief to include the possibility that performance on the self and other questions have a different, but potentially related developmental trajectory.

### Credit author statement

David Sobel (Brown University) is the sole author of this manuscript. He conceptualized, analyzed, and wrote the contents of this manuscript.

### Data availability

All data sets described in this manuscript (as well as a list of all articles that were considered) are available at <https://osf.io/624av>

### Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.cognition.2023.105403>.

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<sup>6</sup> To be fair, the interaction between the self and other questions and age has been reported previously in one paper (Mitchell & Neale, 2005). This paper, however, did not meet our criteria for inclusion (it focuses on an unexpected transfer task). Moreover, age in that paper is analyzed categorically, and the categories appear to be determined arbitrarily (42- to 51-month olds vs. 54- to 65-month-olds, with the former group containing many fewer children than the latter). Thus, while the interaction described here is not unprecedented, the findings reported here are more robust.

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