

Damping wing-like features in the stacked Ly α forest: Potential neutral hydrogen islands at $z < 6$

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ABSTRACT

Recent quasar absorption line observations suggest that reionization may end as late as $z \approx 5.3$. As a means to search for large neutral hydrogen islands at $z < 6$, we revisit long dark gaps in the Ly β forest in Very Large Telescope/X-Shooter and Keck/Echelle Spectrograph and Imager quasar spectra. We stack the Ly α forest corresponding to both edges of these Ly β dark gaps and identify a damping wing-like extended absorption profile. The average redshift of the stacked forest is $z = 5.8$. By comparing these observations with reionization simulations, we infer that such a damping wing-like feature can be naturally explained if these gaps are at least partially created by neutral islands. Conversely, simulated dark gaps lacking neutral hydrogen struggle to replicate the observed damping wing features. Furthermore, this damping wing-like profile implies that the volume-averaged neutral hydrogen fraction must be $\langle x_{\text{H I}} \rangle \geq 6.1 \pm 3.9$ per cent at $z = 5.8$. Our results offer robust evidence that reionization extends below $z = 6$.

Key words: intergalactic medium – quasars: absorption lines – dark ages, reionization, first stars – large-scale structure of Universe – cosmology: observations.

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1 INTRODUCTION

Hydrogen reionization carries key implications for the formation and evolution of the first stars, galaxies, and supermassive black holes (see, e.g. Fan, Bañados & Simcoe 2023 for a review). Cosmic microwave background (CMB) observations indicate a midpoint of reionization at $z \sim 7-8$ (Planck Collaboration 2020, see also de Belsunce et al. 2021). Meanwhile, transmitted flux observed in the Ly α forest at $z \sim 6$ towards high-redshift quasars (e.g. Fan et al. 2006) has long been interpreted as an indicator of the end of reionization. However, if reionization ended by $z \sim 6$, galaxies would have had to produce an extremely large amount of ionizing photons to complete reionization within a short timeframe (see also Muñoz et al. 2024). This may pose a significant challenge to our understanding of star formation, the escape fraction of ionizing photons, and the spectral energy distribution (SED) of early galaxies (e.g. Bouwens et al. 2015; Robertson et al. 2015; Stark 2016; Finkelstein et al. 2019).

A later end to reionization, which would help resolve such tension, is gaining support from recent observations. Supporting evidence includes large-scale fluctuations in the Ly α effective optical depth¹ measured in quasar spectra (e.g. Fan et al. 2006; Becker et al. 2015; Bosman et al. 2018, 2022; Eilers, Davies & Hennawi 2018; Yang et al. 2020b); long troughs extending down to or below $z \simeq 5.5$ in the Ly α and Ly β forests (e.g. Becker et al. 2015; Zhu et al. 2021, 2022), potentially indicating the existence of large neutral intergalactic medium (IGM) islands (e.g. Kulkarni et al. 2019; Keating et al. 2020; Nasir & D’Aloisio 2020; Qin et al. 2021); observed underdensities around long dark gaps traced by Ly α emitting galaxies (LAEs, Becker et al. 2018; Kashino et al. 2020; Christenson et al. 2021, 2023); the evolution of metal-enriched absorbers at $z \sim 6$ (e.g. Becker et al. 2019; Cooper et al. 2019; Davies et al. 2023a, b; Sebastian et al. 2024); and the dramatic evolution in the measured mean free path of ionizing photons over $5 < z < 6$ (Becker et al. 2021; Zhu et al. 2023, see also Bosman 2021; Gaikwad et al. 2023; Satyavolu et al. 2023; Davies et al. 2024; Roth et al. 2024), which provides the most unambiguous evidence to date of ongoing reionization at $z < 6$. A late-end reionization scenario is also consistent with numerical models that reproduce a variety of observations (e.g. Weinberger, Haehnelt & Kulkarni 2019; Choudhury, Paranjape & Bosman 2021; Qin et al. 2021; Gaikwad et al. 2023; Asthana et al. 2024, Y. Qin et al. in preparation).

A pressing question is whether we can detect neutral hydrogen (H I) islands at $z < 6$ if they exist. In terms of resonant Ly α and Ly β absorption, the observational signatures of neutral islands may be difficult to distinguish from those of large-scale fluctuations in the ionizing ultraviolet background; either one may produce extended regions of nearly zero transmission. At higher redshifts, where the IGM is more neutral, damping wing features over the Ly α emission of quasars and galaxies have been observed and used as a powerful probe of the volume-averaged neutral hydrogen fraction (x_{HI}) of the Universe (e.g. Bañados et al. 2018; Davies et al. 2018; Wang et al. 2020; Yang et al. 2020a; Greig et al. 2022, 2024; Umeda et al. 2023; Āurovčková et al. 2024). Any signature of damping wing absorption at lower redshifts might similarly indicate the presence of neutral islands. A detection of damping wings would also enable constraints of x_{HI} that would complement the upper limits from the

fraction of dark gaps and dark pixels in the forest (McGreer et al. 2013; Zhu et al. 2022; Jin et al. 2023).

Malloy & Lidz (2015, hereafter referred to as ML15) proposed to test for neutral islands at $z \sim 5.5$ by searching for damping wing absorption over the stacked Ly α forest adjacent to highly absorbed regions. This method has not been implemented in observations because it requires a large sample of high-quality spectra of high- z quasars and a relatively complete catalogue of intervening metal absorbers to exclude contamination from damped Ly α systems (DLAs) arising from galaxies. Thanks to a large sample of quasar spectra provided in the (extended) XQR-30 large program (D’Odorico et al. 2023) and the metal absorber catalogue of Davies et al. (2023a), we are now able to carry out the experiment proposed in ML15. Long dark gaps have been detected in the Ly β forest (Zhu et al. 2022), and they indicate regions of high IGM opacity that may potentially host neutral islands (e.g. Kulkarni et al. 2019; Keating et al. 2020; Nasir & D’Aloisio 2020; Qin et al. 2021). Therefore, stacking the Ly α forest at the redshifts of these long dark gaps is a powerful way to implement the ML15 test and search for IGM damping wing features at $z < 6$. Instead of only using the red damping wings (e.g. like in quasar damping wing measurements), we include both ends of the dark gaps, because the damping wing signal from a finite-sized pocket of neutral gas can be observed on both sides of the dark gap.

This letter is organized as follows. In Section 2, we describe the data and Ly β dark gaps used in this work. Section 3 presents the stacked Ly α profile. Section 4 compares our results to model predictions, and Section 5 presents our constraints on x_{HI} . Finally, we conclude our findings in Section 6. Throughout this paper, we quote distances in comoving units unless otherwise noted and assume a Λ CDM cosmology with $\Omega_m = 0.308$, $\Omega_\Lambda = 0.692$, and $h = 0.678$ (Planck Collaboration 2014). In addition to the stacking method used in this work, our companion paper, Becker et al. (2024) present the discovery of an IGM damping wing at $z < 6$ towards the individual quasar sightline, J0148+0600.

2 DATA

To create a stacked spectrum of the Ly α forest over potentially neutral regions at $z < 6$, we revisit dark gaps detected in the Ly β forest in Zhu et al. (2022). Compared to Ly α absorption, the lower optical depth to Ly β photons increases the likelihood that Ly β dark gaps are caused by high-opacity neutral pockets rather than ionized regions with low ionizing background. We refer the readers to Zhu et al. (2021, 2022) for details of the data and dark gap detection. Briefly, Ly β dark gaps are detected in 42 spectra of quasars at $5.77 \lesssim z_{\text{quasar}} \lesssim 6.31$. The spectra are taken with the Echelle Spectrograph and Imager on Keck (Sheinis et al. 2002) and the X-Shooter spectrograph on the Very Large Telescope (Vernet et al. 2011). Among these, 19 X-Shooter spectra are from the XQR-30 large program (D’Odorico et al. 2023). A dark gap in the Ly β forest is defined as a continuous spectral region in which all pixels binned to $1h^{-1}\text{Mpc}$ have an observed normalized flux $F = F_{\text{obs}}/F_c < 0.02$, where F_{obs} is the observed flux and F_c is the continuum flux predicted from Principal Component Analysis (see Bosman et al. 2021; Zhu et al. 2021; Bosman et al. 2022). The Ly α forest at the corresponding redshift of a Ly β dark gap also needs to be opaque ($F_{\text{Ly}\alpha} = F_{\text{obs}}/F_c < 0.05$).

In this work, we use only the Zhu et al. (2022) dark gaps at $z < 6$. Dark gap statistics based on mock spectra generated from simulations suggest that longer dark gaps are more likely to have a higher covering fraction of neutral hydrogen (Nasir & D’Aloisio 2020; Zhu et al. 2022). The stack based on longer dark gaps might

¹Defined as $\tau_{\text{eff}} = -\ln \langle F \rangle$, where F is the continuum-normalized transmission flux.

Table 1. Ly β dark gaps used in this work.

No.	Quasar	z_q^{ref}	z_{blue}	z_{red}	L_{gap}
1	ULASJ1319+0950	6.1330 ^{vi}	5.876	5.903	8
2	PSOJ060+24	6.1793 ⁱⁱ	5.833 ^a	5.856	7
3	PSOJ108+08	5.9647 ⁱⁱ	5.674	5.751	24
4	SDSSJ0842+1218	6.0763 ⁱⁱⁱ	5.784	5.830	14
5	SDSSJ2315-0023	6.124 ⁱ	5.790	5.883	28
6	SDSSJ2315-0023	6.124 ⁱ	5.897	5.937 ^b	≥ 12
7	CFHQSJ1509-1749	6.1225 ⁱⁱⁱ	5.800	5.863	19
8	CFHQSJ1509-1749	6.1225 ⁱⁱⁱ	5.870	5.910	12
9	SDSSJ2054-0005	6.0391 ^{vi}	5.751	5.790	12
10	SDSSJ0840+5624	5.8441 ^{vi}	5.585	5.607	7
11	PSOJ340-18	5.999 ⁱ	5.774	5.810	11
12	PSOJ065-26	6.1877 ⁱⁱⁱ	5.954	5.988	10
13	PSOJ007+04	6.0008 ⁱⁱⁱ	5.741	5.780	12
14	ULASJ0148+0600	5.9896 ⁱⁱ	5.654	5.735	25
15	ULASJ0148+0600	5.9896 ⁱⁱ	5.741	5.803	19
16	PSOJ217-16	6.1498 ⁱⁱⁱ	5.807	5.873	20
17	PSOJ217-16	6.1498 ⁱⁱⁱ	5.920	5.961 ^b	≥ 12
18	J0408-5632	6.0264 ⁱⁱ	5.715	5.741	8
19	PSOJ359-06	6.1718 ^{iv}	5.886	5.917	9
20	PSOJ025-11	5.8414 ⁱⁱ	5.526	5.613	28
21	PSOJ025-11	5.8414 ⁱⁱ	5.632	5.661	9
22	PSOJ158-14	6.0681 ^{iv}	5.764	5.836	22
23	PSOJ158-14	6.0681 ^{iv}	5.843	5.880	11
24	SDSSJ1250+3130	6.137 ^v	5.836	5.870	10

Note. Columns: (1) Index of dark gaps; (2) quasars used in Zhu et al. (2021); (3) quasar redshift with reference; (4) redshift at the blue end of the gap; (5) redshift at the red end of the gap; (6) dark gap length in units of h^{-1} Mpc.

^aDark gap starting at the blue edge of the Ly β forest.

^bDark gap ending at the red edge of the Ly β forest as defined in Zhu et al. (2022). Quasar redshift references: i. Becker et al. (2019), ii. S. Bosman et al. (in preparation), iii. Decarli et al. (2018), iv. Eilers et al. (2020), v. Shen et al. (2019), vi. Wang et al. (2010, 2013).

also create a stronger damping wing profile in the corresponding Ly α forest (ML15). To balance the sample size and dark gap length, here we use Ly β dark gaps with $L \geq 7h^{-1}$ Mpc. Considering the low transmission in the Ly α forest at these redshifts, we only include quasar spectra with a continuum-normalized flux error < 0.05 per pixel in the Ly α and Ly β forest. Therefore, dark gaps toward quasars PSO J308-21 and VIK J2318-3029 are excluded due to the relatively low S/N of the spectra.

We have carefully checked these dark gaps to ensure they do not contain intervening metal absorbers within 3000 km s^{-1} near the edge of dark gaps, based on the metal line catalogue presented in Davies et al. (2023a) and through visual inspection. This requirement rejects the dark gap toward quasar SDSS J0818+1722 spanning $z = 5.761-5.794$ with $L = 10h^{-1}$ Mpc. This dark gap contains absorption lines of O I, C II, Si II, C IV, etc., near the red edge at $z \simeq 5.79$. We note that, however, including this dark gap produces no substantial difference in the results. A summary of Ly β dark gaps used in this work is provided in Table 1. Our final sample includes 24 dark gaps, for which the average redshift at the red and blue edges is $z = 5.8$.

3 STACKED LY α FOREST

Following ML15, we create a stacked Ly α transmission profile by aligning the spectra based on the redshift at the edges of Ly β

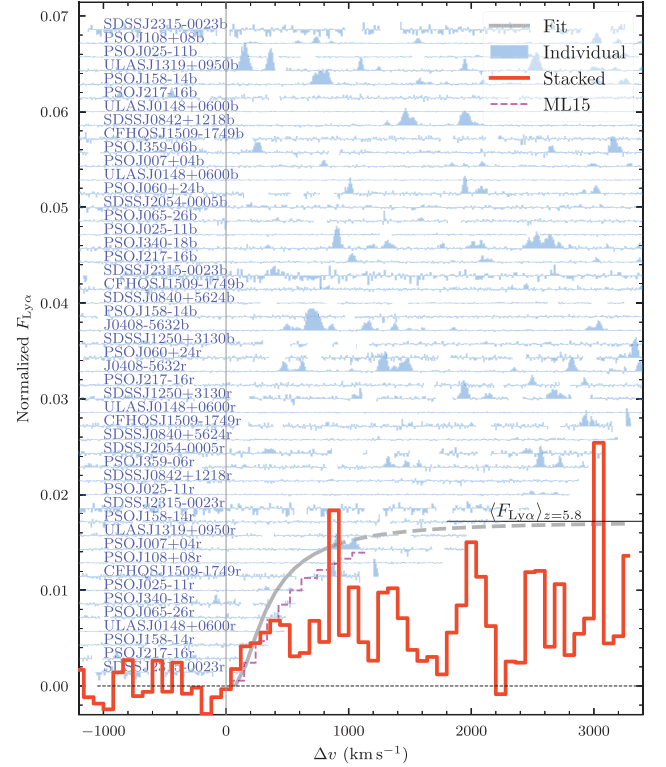


Figure 1. Stacked Ly α forest corresponding to the redshift of both edges of Ly β dark gaps (displayed in red). The grey curve represents the fitted damping wing profile, as described by equation (1), applied to the upper envelope of the stacked flux between $\Delta v = 0 \text{ km s}^{-1}$ and 1000 km s^{-1} . The individual spectra used in this stack are shown in each row (sorted by their Δv coverage), with the flux scaled by a factor of 0.005 for display purposes. We have masked regions that may suffer from sky line subtraction residuals. The letters ‘r’ and ‘b’ following the quasar name indicate that we are stacking the Ly α forest at the redshift corresponding to the red and blue edges of the Ly β gap, respectively. The stacked Ly α transmission profile is comparable with that expected for neutral islands with $L = 5.34h^{-1}$ Mpc (dashed purple line) in ML15.

dark gaps.² We firstly bin the continuum-normalized Ly α forest to 80 km s^{-1} intervals, corresponding to $\sim 0.5h^{-1}$ Mpc at $z = 5.8$, which is half of the bin size used by Zhu et al. (2022) when searching for dark gaps. To remove the redshift evolution in the mean Ly α transmission, we re-normalize the sightlines with a factor equal to the mean transmission at $z = 5.8$ divided by the mean transmission at the redshift of each pixel according to the measurements in Bosman et al. (2022) with a linear interpolation. The normalization factor is small and close to 1, ensuring minimal distortion of the data. The stacked spectrum is then created by taking a mean value of the flux in each bin. We exclude the quasar proximity zone effect by conservatively disregarding the Ly α forest within 11 proper-Mpc towards the quasar following Zhu et al. (2022). We also mask pixels that are affected by sky-line subtraction residuals or telluric absorption correction as indicated by peaks in the flux error array.

Fig. 1 shows the stacking result along with the Ly α forest corresponding to each individual Ly β dark gap. We see an extended damping wing-like absorption feature redward of the edge of the dark

²When aligning the spectra at the redshift corresponding to the blue edge of Ly β dark gaps, we flip the sign of the velocity offset (Δv) such that the velocity offset increases when moving away from the dark gap edges.

gaps, with the transmission gradually recovering to the mean value at a velocity offset of $\Delta v \sim 1000 \text{ km s}^{-1}$. Notably, such a damping wing-like feature is not obvious in any of the individual spectra.³

Following ML15 (see also Miralda-Escudé 1998; Miralda-Escudé & Rees 1998), the absorption due to the presence of a neutral hydrogen island will be extended, with optical depth far from the line centre described by a damping wing. The optical depth at a velocity offset Δv from the edge of a neutral island will be

$$\tau_{\text{Ly}\alpha}^{\text{DW}}(\Delta v) \approx \frac{\tau_{\text{GP}} R_{\alpha} c}{\pi} \left[\frac{1}{\Delta v} - \frac{1}{\Delta v + v_{\text{ext}}} \right], \quad (1)$$

where τ_{GP} is the Gunn–Peterson optical depth, for which we take a nominal value of 2.5×10^5 at $z \sim 5.8$, $R_{\alpha} \equiv \Gamma_{\alpha} \lambda_{\alpha} / 4\pi c$, and $\Gamma_{\alpha} = 6.265 \times 10^8 \text{ s}^{-1}$ is the Ly α decay constant. In contrast to ML15, where v_{ext} measures the extent of neutral islands in the velocity space, we adopt v_{ext} as an *empirical parameter* to describe the extent of the transmission profile.

This change is mainly due to a different fitting method. Instead of fitting the mean transmission, we fit the damping wing profile in equation (1) to the *upper envelope* of the stacked spectrum in the interval between $\Delta v = 0 \text{ km s}^{-1}$ and 1000 km s^{-1} . We find this approach more appropriate for our data because the stacked profile is noisy at a large Δv , making the mean transmission fitting less reliable. Also, the damping wing profile cannot be significantly lower than any transmission peaks in real data. Specifically, we perform a least-squares fitting over the stacked flux, and require that the fitted curve should not be significantly lower than the stacked flux in any pixel (e.g. Prochaska et al. 2003). Here, we set the threshold to be the smaller of 80 per cent of the stacked flux or $1 - \sigma$ white noise below the flux. The white noise is given by the standard deviation measured over the transmission-free region in the stacked Ly α forest over $\Delta v = -1000 \text{ km s}^{-1}$ to 0 km s^{-1} . We have tested that using a different threshold does not change our conclusions. As Fig. 1 shows, the fitted curve well describes the observed extended absorption feature and yields $v_{\text{ext}} = 357 \text{ km s}^{-1}$. We note that the stacked Ly α transmission profile is comparable with that expected for neutral islands with $L = 5.34 h^{-1} \text{ Mpc}$ in ML15, considering that the average span of our Ly β dark gaps and the required H I covering fraction yield a length of neutral island to be around $5 h^{-1} \text{ Mpc}$ (see Section 5), although our profile is a bit steeper considering the difference in the fitting methods. Similar damping wing-like signals at $z \lesssim 6$ are also presented in Spina et al. (2024), although a different method is used in their paper.

We emphasize that our approach does not represent a physical fit to a damping wing per se, but rather a fit to the transmission profile using a *damping wing-like* function. The observed mean profile potentially includes damping wing absorption arising from genuine neutral islands, but will also include resonant Ly α absorption, which may be modified on the scales of interest by UVB fluctuations. As described in Section 4, we assess the evidence for damping wing absorption by fitting the same function to mock stacks drawn from simulations.

We note that there are large fluctuations in the stacked transmission profile at $\Delta v \gtrsim 1000 \text{ km s}^{-1}$. These are likely statistical fluctuation resulting from the relatively small number of spectra included in the stack. Alternatively, these absorption dips may come from individual strong absorbers in the ionized regions redward of the gaps in the

stack. A clustering of neutral islands on the scales of $\sim 10 h^{-1} \text{ Mpc}$, however, may also create absorption features redward the damping wing-like profile in the stack, although this hypothesis would require more data to test.

4 COMPARISON WITH SIMULATIONS

A critical question is whether the observed damping wing-like profile in the stacked Ly α forest indicates the presence of genuine neutral islands at $z < 6$. To explore the conditions under which such a profile might arise, we generate mock spectra from three sets of simulations, create stacks based on the Ly β gaps in these spectra, and compare the properties of the mock stacks to the observations.

In our first model, the sightlines are drawn from a radiative transfer (RT) simulation conducted in a $(200 h^{-1} \text{ Mpc})^3$ volume box with $N = 200^3$ RT cells, using the adaptive ray-tracing code described in Cain et al. (2021, 2023, 2024). Detailed methodology will be presented in C. Cain et al. (in preparation). In the simulation, haloes and galactic sources are populated based on abundance matching according to the luminosity function from Finkelstein et al. (2019), and the hydrogen ionizing emissivity of the sources is assumed to be proportional to their UV luminosity. This simulation is calibrated to match the observed mean transmission in the Ly α forest as reported in Bosman et al. (2022). We account for the attenuation from the foreground Ly α forest when computing the Ly β forest flux. Next, we adjust the modelled spectra to have the same redshift coverage as the observed sample and add noise according to the flux error array from the observations.

Dark gaps in the simulated sightlines are identified following the same criteria as in Zhu et al. (2022); specifically, we select gaps that are dark in both the Ly β forest and the Ly α forest. We then stack the Ly α forest at the edges of Ly β dark gaps with lengths $L \geq 7 h^{-1} \text{ Mpc}$. For our first model, we create stacked Ly α forest by including dark gaps with a volume-weighted neutral hydrogen fraction of ≥ 0.7 measured in the pencil beam cells (denoted as ‘ $x_{\text{HI, gap}} \geq 0.7$ ’), and dark gaps that contains only ionized gas (denoted as ‘ionized dark gap’, respectively. In practice, we exclude dark gaps with any pencil beam cells that have volume-weighted neutral fraction greater than 0.5. The fraction of ‘ionized dark gap’ is 29 per cent out of all $L \geq 7 h^{-1} \text{ Mpc}$ Ly β gaps, and the mean $x_{\text{HI, gap}}$ is 2×10^{-3} .

The second simulation we use here employs a fluctuating UVB model, wherein the UVB fluctuations are boosted by a short mean free path and neutral islands are not explicitly included (denoted as ‘ND20-early-shortmfp’; refer to Nasir & D’Aloisio 2020; Zhu et al. 2021 for details). In contrast to the RT simulations of our first model, Nasir & D’Aloisio (2020) employ approximate ‘seminumeric’ methods to model reionization’s effects on the forest. For this model, we include all Ly β dark gaps with $L \geq 7 h^{-1} \text{ Mpc}$, except for those with all pencil beam cells that have volume-averaged neutral fraction greater than 0.5. As a result, 99.88 per cent of all $L \geq 7 h^{-1} \text{ Mpc}$ Ly β gaps are selected, and the mean $x_{\text{HI, gap}}$ is < 0.03 . Here, this model serves as an independent reference for dark gaps that are not dominated by neutral hydrogen islands.

In addition to the scenarios mentioned above, we include simulated sightlines from a simulation of inhomogeneous reionization from the Sherwood-Relics suite (described in detail in Puchwein et al. 2023) at different redshifts to investigate the effects of a varying overall neutral hydrogen fraction. The simulation we draw the sightlines from has a volume of $160 h^{-1} \text{ Mpc}$ and was performed with 2048^3 particles. An inhomogeneous UV background is included in the simulation, taken from a pre-existing RT simulation performed on snapshots of

³ Although strong transmission spikes appear adjacent to the blue edge of the Ly β dark gap toward ULAS J1319+0950, we have tested that excluding this sightline will not change the damping wing-like profile significantly.

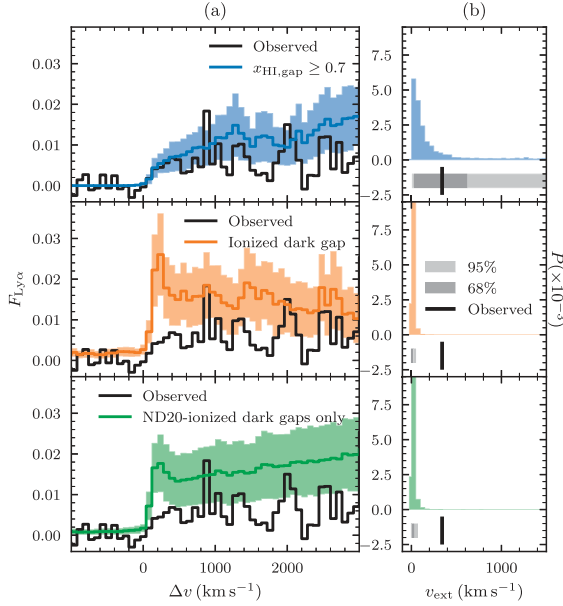


Figure 2. (a) Comparison of the stacked Ly α forest at the edges of Ly β dark gaps in mock spectra to the observations. The shaded regions show the 68 percent intervals of model predictions from bootstrap trials. (b) Distributions of the damping wing parameter, v_{ext} , in the models. The light and dark shaded horizontal bars in each subplot show the 68 percent and 95 percent intervals, respectively. The vertical black line denotes v_{ext} acquired from the observation. Based on these comparisons, we can see that simulations wherein dark gaps are substantially neutral are consistent with the observed damping wing-like profile.

a cosmological simulation that used the same initial conditions. This allows for spatial fluctuations in the ionization state of the gas due to patchy reionization and the associated hydrodynamic response of the gas to the photoheating. Reionization in the simulation completes at $z = 5.3$. We draw mock spectra from $z = 5.4, 5.8$, and 6.2 , which have overall neutral fraction of $\langle x_{\text{HI}} \rangle = 0.4$ per cent, 7.4 per cent, and 21.3 per cent, respectively.

We generate mock datasets from the simulations to test the likelihood that a profile similar to the data will emerge in small samples. To mitigate the effect of variations in dark gap length distributions across different cases, in each bootstrap realization, we randomly draw dark gaps from the simulations, following exactly the same distribution of dark gap lengths as in the observed data to create the stack. Nevertheless, the shape of the stacked Ly α forest does not change significantly even without the correction on the dark gaps length distribution.

In the Fig. 2, we compare the stacked Ly α forest between observations and the mock stacks from a fixed redshift, i.e. $z = 5.8$. As expected, the stack of dark gaps containing a significant fraction of neutral gas exhibits an extended and damping wing-like profile in the Ly α forest. The observed curve broadly aligns with the model profile and falls within the 68 percent interval. On the other hand, the ‘ionized dark gap’ case shows a rapid increase in the stacked Ly α transmission, inconsistent with the observed damping wing-like profile. The ‘ND20-early-shortmfp’ case also displays a steep increase in the stacked Ly α transmission, albeit with a slightly lower maximum flux compared to the ‘ionized dark gap’ cases.

For a quantitative comparison, we fit the upper envelope of the model-predicted stacked Ly α transmission in each bootstrap realization to equation (1) and plot the distribution of the damping wing parameter v_{ext} in Fig. 2(b). Only the scenario where dark gaps

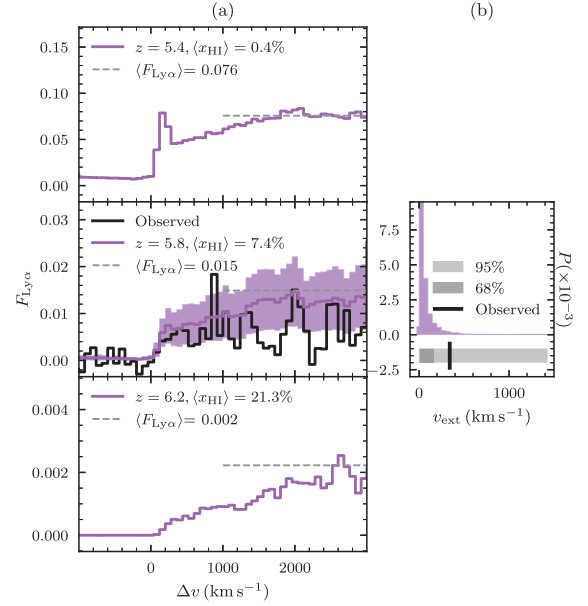


Figure 3. (a) Similar to Fig. 2, but comparing the observed stacked Ly α forest with mock data that are drawn from simulations with different overall neutral fraction from the Sherwood-Relics patchy reionization simulation (Puchwein et al. 2023). Here, we include *all* dark gaps regardless of their individual neutral hydrogen fraction. We display the shape of the mock stacked profiles from $z = 5.4$ and 6.2 snapshots just for illustration purpose because their mean forest transmission and dark gap length distribution are significantly different from those at $z = 5.8$, and different flux thresholds for dark gap detection are used at these redshifts. (b) v_{ext} distribution from the patchy reionization simulation at $z = 5.8$. The observed damping wing-like profile is consistent with the model prediction that has $\langle x_{\text{HI}} \rangle = 7.4$ per cent.

contain a large fraction of neutral gas predicts a broad distribution of v_{ext} , spanning the observed value within the 68 percent interval. Conversely, scenarios that fail to reproduce an extended absorption profile predict a very narrow v_{ext} distribution, confined to $v_{\text{ext}} \lesssim 100$ km s $^{-1}$, with the observed v_{ext} lying beyond their 95 percent confidence limits. These results suggest that the observed damping wing-like profile in the stacked Ly α transmission likely originates from genuine neutral IGM absorption at $z < 6$, as opposed to fully ionized gas that is highly opaque due to a fluctuating UVB or high densities.

As an additional test, we show the redshift evolution of this signal with mock stacks of spectra created from snapshots of one of the Sherwood-Relics simulations as described above. For this test we include all dark gaps present in the simulated lines of sight, without any pre-selection based on their individual neutral fractions. The results are shown in Fig. 3. As the volume-averaged ionization fraction of the IGM evolves, we observe changes in both the mean flux of the Ly α forest and the shape of the Ly α profile. For the snapshot at $z = 5.4$, when the volume-averaged H I fraction is 0.4 per cent, the Ly α profile is consistent with the ‘ionized dark gap’ scenario, where the Ly α transmission is boosted on the edge of Ly β dark gaps. With increasing redshift and hence an increasing $\langle x_{\text{HI}} \rangle$, the flux boost becomes smoother and finally approaches a damping wing-like shape. For the snapshot at $z = 5.8$, which has a Ly α forest mean flux consistent with the observational sample, the distribution of v_{ext} is consistent with the observation within the 95 percent limits, possibly because the neutral fraction is just above the lower limit constraint (see Section 5). This shows that simultaneously fitting for the mean flux of the Ly α forest as well as the shape of the Ly α

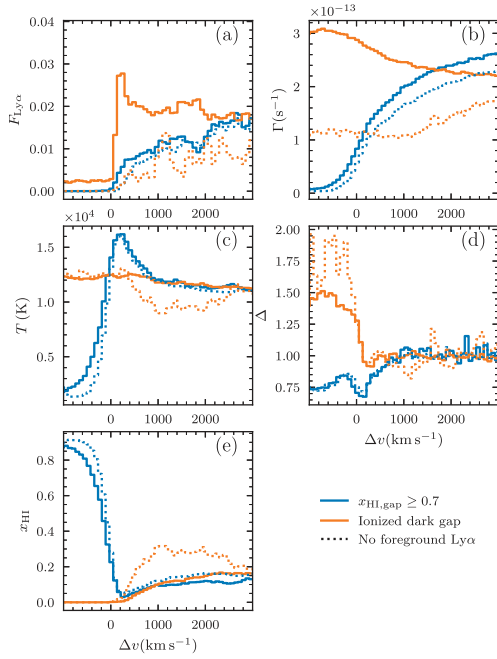


Figure 4. Stacked (mean) $\text{Ly}\alpha$ transmission profiles at the redshift of the edges of $\text{Ly}\beta$ dark gaps detected in ideal sightlines from our first simulation. Panels show (a) the $\text{Ly}\alpha$ transmission, (b) the ionization rate, (c) the IGM temperature, (d) the overdensity, and (e) the volume filling factor of neutral hydrogen. The solid blue line represents the ‘ $x_{\text{HI,gap}} \geq 0.7$ ’ case, where dark gaps are at least 70 per cent neutral. The solid orange line depicts the case of ‘ionized dark gaps’. Dotted lines indicate the stacked profiles when $\text{Ly}\beta$ dark gaps are selected without contamination from foreground $\text{Ly}\alpha$ absorption.

profile at the edge of $\text{Ly}\beta$ dark gaps can be a powerful probe of the end stages of reionization.

We further investigate the physical properties the simulated $\text{Ly}\beta$ dark gaps by dividing the sample based on their neutral fraction. For our first model, Fig. 4 displays the stacked properties of the $\text{Ly}\beta$ dark gaps at the redshift of their edges. As the figure shows, dark gaps with substantial neutral hydrogen produce an extended absorption profile in the adjacent $\text{Ly}\alpha$ forest. These dark gaps are typically found in regions characterized by a low ionizing UVB, low temperature, and low densities. Their properties align with findings in studies such as Gnedin (2022).

Notably, we find that if $\text{Ly}\beta$ dark gaps are selected in the absence of contamination from foreground $\text{Ly}\alpha$ absorption, then even the ‘ionized dark gap’ scenario exhibits extended $\text{Ly}\alpha$ absorption. Physically, this is because the $\text{Ly}\alpha$ transmission should recover gradually when moving away from ionized regions of high $\text{Ly}\alpha$ opacity. Contamination from $\text{Ly}\beta$ gaps that are largely created by foreground $\text{Ly}\alpha$ absorption obscures this effect. We find that up to 41 per cent of the total $\text{Ly}\beta$ dark gap length in our first model can arise from the foreground contamination. As for the ‘ $x_{\text{HI,gap}} \geq 0.7$ ’ scenario, the selection criteria ensure that the dark gaps contain genuine neutral islands that are not highly contaminated. As discussed above, the observed extended absorption profile may indicate that the long dark gaps in Zhu et al. (2022) are similar to simulated dark gaps that are created by neutral islands.

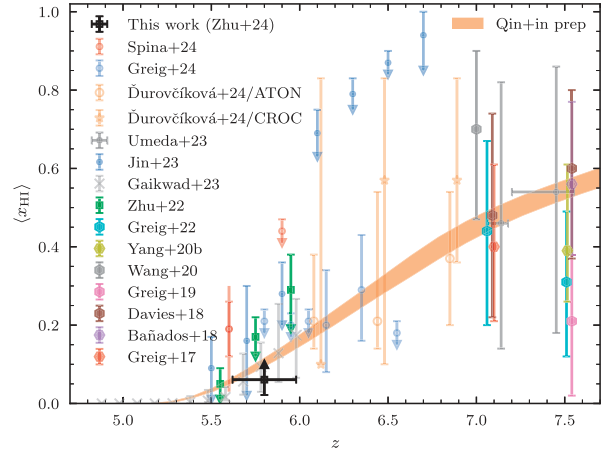


Figure 5. Lower limit constraint on the volume-averaged neutral hydrogen fraction from the damping wing-like profile in the stacked $\text{Ly}\alpha$ forest based on $\text{Ly}\beta$ dark gaps over $5.6 < z < 6.0$. We also plot $\langle x_{\text{HI}} \rangle$ constraints from recent observations for reference: upper limit constraints from $\text{Ly}\alpha + \text{Ly}\beta$ dark gap statistics (Zhu et al. 2022), upper limit constraints from the fraction of $\text{Ly}\alpha + \text{Ly}\beta$ dark pixels (Jin et al. 2023), measurements from high- z quasar damping wings (Greig et al. 2017, 2022, 2024; Bañados et al. 2018; Davies et al. 2018; Greig, Mesinger & Bañados 2019; Wang et al. 2020; Yang et al. 2020a; Durovčková et al. 2024), constraints based on $\text{Ly}\alpha$ opacities (Gaikwad et al. 2023), and measurements from the $\text{Ly}\alpha$ damping wing of high- z galaxies (Umeda et al. 2023). We also include the measurements based on the stacked $\text{Ly}\alpha$ forest using a different method in Spina et al. (2024). The shaded region plot the posterior from inference based on multiple reionization observables (Y. Qin et al. in preparation). Data points in this figure are slightly displaced along z for display purpose.

5 LOWER LIMIT CONSTRAINT ON NEUTRAL HYDROGEN FRACTION

We can use the observed damping wing-like profile to constrain the hydrogen neutral fraction in unbiased locations within the IGM. To do this, we generate dark gaps following the observed gap length distribution for different ranges of $x_{\text{HI,gap}}$, specifically $0.1 \leq x_{\text{HI,gap}} < 0.2$, $0.2 \leq x_{\text{HI,gap}} < 0.3$, ..., up to $0.9 \leq x_{\text{HI,gap}} < 1.0$, and create mock $\text{Ly}\alpha$ forest stacks for each range using the RT simulation used for our first model. We find that only $x_{\text{HI,gap}}$ values greater than 0.4 can predict v_{ext} consistent with the observed value within the 95 per cent limit. After convolving $x_{\text{HI,gap}} \geq 0.4$ with the fraction of the $\text{Ly}\alpha$ forest subtended by dark gaps longer than the mean length of dark gaps used in this work, $f_{L \geq 15h^{-1}\text{Mpc}} = 0.152 \pm 0.098$, (Zhu et al. 2022) we derive a lower limit on the volume-averaged neutral hydrogen fraction of $\langle x_{\text{HI}} \rangle \geq 0.061 \pm 0.039$ at $z = 5.8$. This constraint is conservative in that it excludes potential neutral hydrogen in dark gaps with $L < 7h^{-1}\text{Mpc}$. We also emphasize that the simulations we are using include significant UVB fluctuations, which helps us to account for the possibility that a fraction of the dark gaps will be produced by ionized gas.

Fig. 5 displays our constraint alongside other recent $\langle x_{\text{HI}} \rangle$ measurements. Our constraint on $\langle x_{\text{HI}} \rangle$ suggests that the IGM must be at least 6.1 per cent neutral even down to $z = 5.8$. Alongside upper limit constraints from dark gaps and dark pixels (Zhu et al. 2022; Jin et al. 2023), these observations accommodate a wide range of late-ending reionization histories, with $\langle x_{\text{HI}} \rangle$ constraints ranging from approximately 6 per cent to 20 per cent near $z = 5.8$. We also note that the inference based on multiple recent reionization observables (Y. Qin et al. in preparation), which includes the mean transmission in the

Ly α forest, galaxy UV luminosity functions, and CMB observations, aligns well with these $\langle x_{\text{H I}} \rangle$ constraints.

6 SUMMARY

We have identified a damping wing-like profile in the stacked Ly α forest associated with Ly β dark gaps at $z < 6$, using data from the XQR-30 program and archival spectra. A comparison with mock spectra generated from simulations suggests that this damping wing-like profile most likely arises from dark gaps containing neutral hydrogen islands, as opposed to fully ionized regions whose high opacities are the result of high densities and/or a locally low UVB. We further ascertain that such a profile necessitates a neutral hydrogen fraction of at least 6.1 ± 3.9 per cent at $z = 5.8$. Combined with the IGM damping wing discovered toward an individual quasar sightline at $z = 5.878$ (see the companion paper, Becker et al. 2024), our results provide robust evidence that reionization extends to $z < 6$.

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We respectfully acknowledge the University of Arizona is on the land and territories of Indigenous peoples. Today, Arizona is home to 22 federally recognized tribes, with Tucson being home to the O’odham and the Yaqui. Committed to diversity and inclusion, the University strives to build sustainable relationships with sovereign Native Nations and Indigenous communities through education offerings, partnerships, and community service.

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Software: ASTROPY (Astropy Collaboration 2013), MATPLOTLIB (Hunter 2007), NUMPY (van der Walt, Colbert & Varoquaux 2011), SPECTRES (Carnall 2017).

DATA AVAILABILITY

The raw data used in this work are available from the ESO archive at <http://archive.eso.org> and KOA at <https://koa.ipac.caltech.edu>. The reduced X-Shooter spectra are available through a public GitHub repository of the XQR-30 spectra at <https://github.com/XQR-30/Spectra>. The reduced Keck spectra can be obtained from the corresponding author upon reasonable request.

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