

Slow crossover from superdiffusion to diffusion in isotropic spin chains

Catherine McCarthy ¹, Sarang Gopalakrishnan ², and Romain Vasseur¹

¹*Department of Physics, University of Massachusetts, Amherst, Massachusetts 01003, USA*

²*Department of Electrical and Computer Engineering, Princeton University, Princeton, New Jersey 08544, USA*



(Received 11 March 2024; accepted 22 October 2024; published 12 November 2024)

Finite-temperature spin transport in integrable isotropic spin chains (i.e., spin chains with continuous non-Abelian symmetries) is known to be superdiffusive, with anomalous transport properties displaying remarkable robustness to isotropic integrability-breaking perturbations. Using a discrete-time classical model, we numerically study the crossover to conventional diffusion resulting from both noisy and Floquet isotropic perturbations of strength λ . We identify an anomalously-long crossover timescale $t_* \sim \lambda^{-\alpha}$ with $\alpha \approx 6$ in both cases. We discuss our results in terms of a kinetic theory of transport that characterizes the lifetimes of large solitons responsible for superdiffusion.

DOI: [10.1103/PhysRevB.110.L180301](https://doi.org/10.1103/PhysRevB.110.L180301)

Introduction. High-temperature transport in quantum magnets is usually assumed to be incoherent and diffusive. In this context, the discovery of superdiffusive spin transport with dynamical exponent $z = 3/2$ in isotropic integrable quantum spin chains has been especially surprising [1–7]. While the full picture of superdiffusion in these systems is still coming into focus, a rapidly growing body of work has elucidated several of its features (see [8–11] for recent reviews). Using recent developments from the theory of generalized hydrodynamics (GHD) [12–16], spin superdiffusion has been argued to emerge from the dynamics of large, semiclassical solitons of Goldstone-like nature [4,17,18] that are generic in integrable models with continuous non-Abelian symmetries [19]. Numerical studies of these models show that the dynamical spin structure factor follows the Kardar-Parisi-Zhang [20] scaling form to high accuracy [7,21–25]. However, describing higher-order fluctuations seems to require a more complicated fluctuating hydrodynamic theory [26–29].

Superdiffusive spin transport was also observed in recent inelastic neutron scattering [25], cold atom quantum microscopy [7], and superconducting qubit [29] experiments. Given that experiments are never described by perfectly integrable systems, it is natural to ask why superdiffusion appears to be so robust to integrability-breaking perturbations. In nearly integrable systems, the short-time dynamics are integrable, but at sufficiently long times, the dynamics become chaotic with diffusive transport properties [30–33]. The nature of this crossover from superdiffusive to diffusive spin transport in nearly integrable isotropic spin chains remains poorly understood. Perturbative arguments indicate that the symmetry of the integrability-breaking perturbation is crucial: for anisotropic perturbations (those that break spin-rotation symmetry), the crossover timescales follow generic Fermi’s golden rule (FGR) predictions and scale with the square of the perturbation strength [34]. In contrast, the timescales that characterize the crossover to diffusion associated with applying isotropic perturbations are known to be much slower [34–37], but these timescales have yet to be precisely characterized. This crossover is so slow that

it remains controversial whether transport in the long-time limit is indeed diffusive [38–40]. The primary obstacles to numerically observing the crossover to diffusion for isotropic perturbations have been the computational expense of simulating quantum systems and the robustness of superdiffusion with respect to isotropic perturbations, which together make accessing the crossover timescale difficult [34,41]. Even for classical spin chains simulated using standard numerical techniques like Runge-Kutta methods, superdiffusive transport in models like the Ishimori spin chain [42] survives for all numerically accessible timescales in the presence of isotropic perturbations [35–37].

In this Letter we employ a recently developed classical integrability-preserving discrete-time integration scheme [22,43]. Thanks to the speedup afforded by this novel integration scheme, we are able to simulate times up to $t_{\max} = 2^{16}$ for systems of $N = 200\,000$ spins, which is sufficient to observe the long timescale associated with the superdiffusive-to-diffusive crossover for isotropic perturbations. For both noisy and Floquet isotropic perturbations of strength λ , we observe a crossover to conventional diffusion $t_* \sim \lambda^{-\alpha}$ that is compatible with $\alpha = 6$. For noisy chains this slow timescale can be understood in terms of a kinetic theory that characterizes the lifetimes of the large solitons responsible for spin transport.

Isotropic spin chains. For concreteness we focus on integrable spin chains with Hamiltonian H_0 , which are invariant under spin-rotation symmetry, perturbed by some spin-rotation-invariant integrability-breaking term V of strength λ :

$$H = (1 - \lambda)H_0 + \lambda V. \quad (1)$$

Here $\lambda \in [0, 1]$ is a parameter interpolating between integrable ($\lambda = 0$) and purely nonintegrable ($\lambda = 1$) dynamics. We expect that our analysis will hold for any integrable spin chain, classical or quantum, that is invariant under some continuous non-Abelian symmetry. However, since diffusion emerges on very long timescales, we are constrained to simulating models for which one can reliably study very late times. Thus, first we consider classical spin chains: Each site n along

the classical spin chain hosts an $O(3)$ vector of unit norm $\vec{S}_n = (S_n^x, S_n^y, S_n^z)$ with canonical Poisson brackets $\{S_n^i, S_m^j\} = \epsilon_{ijk} S_n^k \delta_{nm}$, subject to nearest-neighbor ferromagnetic interactions. Second, to avoid the accumulation of truncation errors in schemes like Runge-Kutta, we will simulate a discrete-time, Trotterized form of the dynamics. To this end, we will exploit the existence of Trotterizations of classical spin chains that preserve integrability [22,27,43]. The primary obstacle to previous efforts to study this superdiffusive-to-diffusive crossover was the long timescales associated with the crossover, which are unreachable by both quantum and classical continuous-time integration schemes. Thanks to the recent development of these classical Trotterizations, we are now able to access the timescale relevant to the crossover.

In the remainder of this work, the integrable dynamics will be generated by an integrable Trotterization [22,27,43] of the classical Ishimori Hamiltonian $H_0 = -\sum_n \ln(1 + \vec{S}_n \cdot \vec{S}_{n+1})$ [42]. The isotropic integrability-breaking perturbation will be a (again Trotterized) Heisenberg interaction $V = -\sum_n g_n(t) \vec{S}_n \cdot \vec{S}_{n+1}$. We will consider two cases: (i) perturbations that are noisy, where $g_n(t)$ will be taken to be random variables uncorrelated in both space and time, $\overline{g_n(t)g_m(t')} = \delta_{nm}\delta(t-t')$, where \overline{O} denotes the average of O over noise, and (ii) perturbations that are time periodic, for which $g_n(t) = 1$. For further details about the specific numerical implementation here, see Supplemental Material [44].

Spin transport. Numerical, theoretical, and experimental studies have shown that spin transport in the integrable limit $\lambda = 0$ is known to be *superdiffusive*, while energy transport is purely ballistic [1–7,25]. For simplicity, we will focus on the infinite-temperature regime where spins are initialized at random, although we expect for our conclusions carry over to arbitrary finite temperatures. In order to characterize spin transport, we will focus on fluctuations of spin transfer across a given bond in a background equilibrium state. We define spin transfer as the time-integrated spin current across the link between sites n and $n+1$, $Q(t) = \int_0^t dt j_n(t)$, where $j_n(t)$ is the spin current between sites n and $n+1$, defined by the continuity equation $\partial_t S_n^z + j_{n+1} - j_n = 0$. We invoke translation invariance and average this quantity over each bond n to improve statistics; we note that this form of translation invariance still holds for the case of the noisy perturbation due to the lack of any space or time dependence of the noise. Since there is no net spin transfer in a background equilibrium state, the thermal average $\langle Q(t) \rangle = 0$ vanishes. Fluctuations in spin transfer can be used to characterize spin transport through the relation

$$\langle Q(t)^2 \rangle \sim t^{1/z}, \quad (2)$$

where z is the *dynamical exponent*, which characterizes transport by relating space and time scaling through $t \sim x^z$. For diffusive transport we see the dynamical exponent $z = 2$, whereas we see $z = 3/2$ in integrable isotropic chains, corresponding to *superdiffusive* (faster than diffusive) transport with an effective time-dependent diffusion constant $D(t) \sim t^{1/3}$. In order to characterize the crossover from $z = 3/2$ to $z = 2$ upon applying an integrability-breaking perturbation, we will define the time-dependent dynamical exponent as the logarithmic derivative $z(t) = \left(\frac{d \ln \langle Q^2 \rangle}{d \ln t}\right)^{-1}$.

As a consistency check, we also characterize spin transport and the crossover to diffusion using the spin autocorrelation function $C(t) = \langle S_n^z(t) S_n^z(0) \rangle \sim t^{-1/z}$. We extract the dynamical exponent z from $C(t)$ and observe results compatible with those discussed below (see Supplemental Material [44]). Since transport becomes diffusive at long times with $C(t) \sim 1/\sqrt{D(\lambda)t}$, the autocorrelation function can also be used to compute the diffusion constant $D(\lambda)$ from $\lim_{t \rightarrow \infty} (\sqrt{t} C(t))$ [39].

Noisy perturbations: Numerics. The discrete-time model used here can be efficiently simulated up to very long times without accumulating Trotter errors, allowing us to reach maximum times of $t = 2^{16}$ for systems up to $N = 200\,000$ spins, which is sufficient to observe the crossover to diffusion for noisy isotropic perturbations. The effective time-dependent dynamical exponent $z(t)$ extracted from the spin transfer shows a clear crossover from $z = 3/2$ to $z = 2$ at long times [Fig. 1(a)]. We find that the crossover occurs over a long timescale $t_* \sim \lambda^{-\alpha}$ with an exponent consistent with $\alpha = 6$. We additionally extract the diffusion constant $D(\lambda)$ from the autocorrelation function $C(t) = \frac{1}{N} \sum_n \langle S_n^z(t) S_n^z(0) \rangle$ and find that it scales as $D(\lambda) \sim \lambda^{-2}$ (see Supplemental Material [44]). Since matching the diffusive and integrable behaviors at $t = t_*$ gives $D(\lambda) \sim t_*^{1/3} \sim \lambda^{-\alpha/3}$ for $t_* \sim \lambda^{-\alpha}$, the scaling $D(\lambda) \sim \lambda^{-2}$ is also consistent with $t_* \sim \lambda^{-6}$ [44]. (In contrast, a process by which the solitons decay in an s -independent way through golden rule processes yields a crossover time $t_* \sim \lambda^{-2}$ and a diffusion constant $D(\lambda) \sim \lambda^{-2/3}$, consistent with numerical data on *anisotropic* perturbations [34,44].)

Kinetic theory. To understand this unusually long crossover timescale, we turn to a kinetic theory of the quasiparticles responsible for superdiffusion in the integrable case (for relevant recent reviews, see [10,16]). In integrable isotropic spin chains, superdiffusive transport with $z = 3/2$ is well established in terms of the system's quasiparticle excitations [4,5,18,19,45]. In classical chains, these quasiparticles are infinitely long-lived solitons which remain stable even at high temperatures. Solitons are characterized by their size s , a parameter that is quantized in quantum spin chains and continuous in classical chains. These solitons have velocity $v_s \sim 1/s$, so large solitons move slowly and occur with density $\rho_s \sim 1/s^3$ in thermal equilibrium [46]. They also carry spin $m_s = s$ in the vacuum, although this net magnetization can be screened in thermal states by a background consisting of other overlapping solitons [46–48]. Upon being screened, solitons cease to contribute to spin transport. Integrability results show that solitons are screened at a rate $\Gamma_s^0 \sim s^{-3}$ [4,5,49]. This means that at a given time t , small solitons with $s \ll s_*(t) \sim t^{1/3}$ are fully screened and carry a net magnetization $m_s = 0$, and so they do not contribute to spin transport. On the other hand, “giant” solitons $s \gg s_*(t) \sim t^{1/3}$ remain charged and dominate transport. Combined with the slow velocity $v_s \sim 1/s$ of giant solitons, this screening mechanism is responsible for the superdiffusion exponent $z = 3/2$ in integrable isotropic chains [4].

Soliton decay rates. In the presence of an integrability-breaking perturbation of strength $\lambda \neq 0$, solitons acquire a finite lifetime due to both vacuum decay processes and backscattering from collisions. The finite lifetime of a soliton

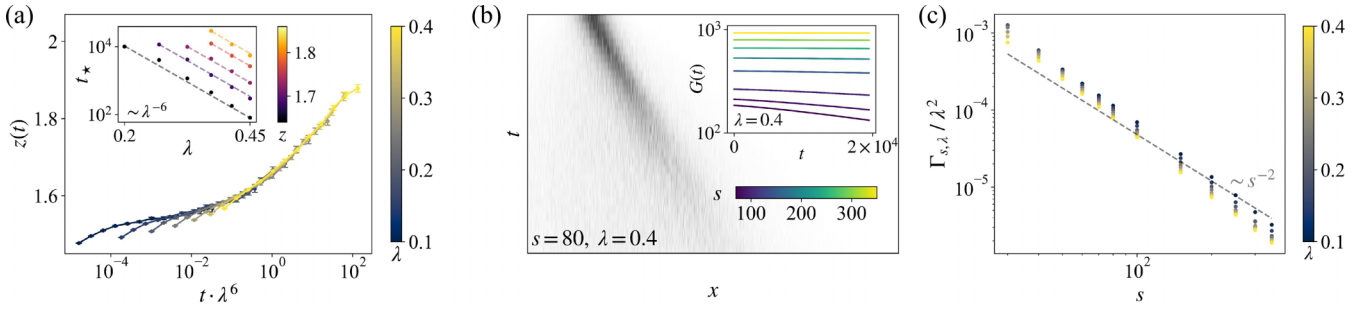


FIG. 1. Crossover to diffusion in noisy spin chains. (a) Effective time-dependent dynamical exponent $z(t)$ extracted from spin-transfer fluctuations, showing a crossover from $z = 3/2$ (superdiffusion, integrable case) to $z = 2$ (diffusion) for different values of the integrability-breaking parameter λ . Data is averaged over at least 2000 samples (including random initial states and different realizations of the noisy perturbation), and we used a time step of $\tau = 0.25$. We observe a collapse as a function of the rescaled variable $t\lambda^6$, indicating a crossover timescale $t_* \sim \lambda^{-6}$. Inset: Timescale $t_*(\lambda)$ at which $z(t)$ reaches some set value of z (color scale), showing a clear power-law scaling $t_* \sim \lambda^{-6}$. (b) Example of soliton “melting” in the presence of a noisy perturbation. Inset: Exponential decay of the IPR $G(t)$ for different soliton sizes s . (c) Soliton decay rates in the vacuum, showing a scaling compatible with $\Gamma_{s,\lambda} \sim \lambda^2/s^2$.

of size s subjected to an integrability-breaking perturbation is characterized by the decay rate $\Gamma_{s,\lambda}$, which we expect to take the form $\Gamma_{s,\lambda} \sim \sum_n \lambda^{\alpha_n} s^{-\beta_n}$, with each term indexed by n corresponding to a different decay process. Note any process with $\beta_n \geq 3$ will occur slower than the integrable screening process $\Gamma_s^0 \sim s^{-3}$ for large solitons and is thus irrelevant. The crossover to diffusion can be understood as a competition between the integrable screening rate $\Gamma_s^0 \sim s^{-3}$ and the perturbation-induced decay rate $\Gamma_{s,\lambda}$. The crossover occurs when perturbative contributions to a soliton’s decay rate $\Gamma_{s,\lambda}$ overpower the screening rate Γ_s^0 , that is, the time at which the perturbative decay rate scales like $\Gamma_{s,\lambda} \sim s^{-3}$.

The task of understanding the crossover therefore reduces to finding the leading-order term of the decay rate $\Gamma_{s,\lambda}$ induced by a noisy isotropic perturbation. In general, analytically evaluating $\Gamma_{s,\lambda}$ is very complicated, even perturbatively. We study this question numerically by considering the decay of a single soliton of size s in a vacuum background state, corresponding to an initial state $(S_n^x, S_n^y, S_n^z) = (\sqrt{1 - (S_n^z)^2} \cos \phi_n, \sqrt{1 - (S_n^z)^2} \sin \phi_n, S_n^z)$ with

$$S_n^z = \tanh^2\left(\frac{n}{2s}\right), \quad (3)$$

and $\phi_n = \arctan(\tanh \frac{n}{2s}) + \frac{n}{2s}$ [50]. This initial state corresponds to an exact right-moving soliton in the Ishimori chain with interaction $\ln(1 + \vec{S}_n \cdot \vec{S}_{n+1})$ —left-movers can be obtained by shifting the phase $\phi_n \rightarrow \phi_n + \pi/2$. In the context of our discrete-time numerics, this initial state is not technically an exact soliton (even for $\lambda = 0$), but it has a very strong overlap with the solitons of the discrete-time model.

In the integrable case ($\lambda = 0$), solitons propagate without decaying. Applying a noisy perturbation of strength $\lambda \neq 0$ causes a giant soliton to disintegrate into small solitons that diffuse through backscattering. To quantify this decay, we introduce the inverse participation ratio (IPR) $G(t) = \sum_n (S_n^z(t) - 1)^2$. Spin conservation fixes $\sum_n (S_n^z - 1)$ as a time-independent constant of order s ; therefore, $G(t)$ provides a metric to quantify the localization of soliton. For a localized soliton, $G(t)$ remains a constant of order s , while for a delocalized soliton it decays with system size as $1/L$. For large systems and long times, we observe an exponential

decay $G(t) \sim e^{-\Gamma_{s,\lambda} t}$, which allows us to extract the decay rates $\Gamma_{s,\lambda}$ numerically for various soliton sizes s and perturbation strengths λ [Fig. 1(b)]. We find that

$$\Gamma_{s,\lambda} \sim \frac{\lambda^2}{s^2}, \quad (4)$$

in agreement with recent perturbative arguments [Fig. 1(c)] [34]. The long lifetimes $\sim s^2$ of large solitons can be understood in terms of the Goldstone-like nature of the solitons (3): matrix elements of isotropic perturbations are suppressed as $1/s$ acting on a soliton of size s [34]. Comparing the decay rates (4) to the integrable screening rates, we find the crossover soliton size $s_* \sim \lambda^{-2}$ and the crossover timescale

$$t_* \sim \lambda^{-6}, \quad (5)$$

in agreement with the anomalously long timescale observed in our transport data [Fig. 1(a)] and extracted diffusion constant (see Supplemental Material [44]). The argument presented above only relies on the general form of the vacuum decay rate of solitons and on the relative perturbation strength, both of which are generic quantities; therefore, this argument for the crossover timescale is independent of any technicalities of the numerical integration scheme used here and we expect it to hold generically.

While the vacuum decay rates (4) fully explain the crossover timescale $t_* \sim \lambda^{-6}$, they also lead to logarithmic corrections to diffusion, since the giant solitons’ lifetime $\sim s^2$ in the vacuum is long enough to lead to anomalous behavior [34]. Whether interactions can induce decay rates $\sim s^{-\alpha}$ with $\alpha < 2$ that restore diffusion remains an important question.

Floquet perturbations. The previous section considered noisy perturbations $V(t) = -\sum_n g_n(t) \vec{S}_n \cdot \vec{S}_{n+1}$, with $g_n(t)$ uncorrelated random variables in both space and time. We now consider non-noisy (Floquet) perturbations with $g_n(t) = 1$. The crossover associated with a noisy perturbation is primarily driven by the vacuum decay rate $\Gamma_{s,\lambda} \sim \lambda^2/s^2$; however, in the absence of noise, isolated solitons remain stable even in the nonintegrable classical Heisenberg chain [51]. The largest contribution to the decay rate must therefore arise from many-body soliton scattering processes; this term should

also exist in the decay rate for the noisy perturbations but is masked by the leading-order contribution from the vacuum decay process. Therefore, we expect the crossover timescale associated with Floquet perturbations to be at least as slow as the noisy crossover timescale $t_* \sim \lambda^{-6}$, if not slower. This picture is consistent with the recent numerical works on classical spin chains [35–37], which were unable to observe a systematic crossover towards diffusion on timescales accessible by standard continuous-time integration schemes like adaptive Runge-Kutta methods.

The discrete-time numerics used here are able to access very long times without finite time-step errors, which allows us to observe timescales inaccessible to Runge-Kutta setups. Even so, we observe a curve collapse for the dynamical exponent $z(t)$ that is slower than the noisy case but still consistent with $t_* \sim \lambda^{-\alpha}$ scaling with $\alpha \approx 6$ [Fig. 2(a)]. For consistency, we extract the diffusion constant $D(\lambda)$ from the autocorrelation function using the same method as described for the noisy perturbation, which is also compatible with $t_* \sim \lambda^{-6}$ scaling [Fig. 2(b)]. We note that our data cannot definitively exclude a different exponent in the true scaling limit $t \rightarrow \infty$ and $\lambda \rightarrow 0$, and different values of α lead to acceptable collapses as well (see Supplemental Material [44]).

As previously discussed, we expect that the crossover to diffusion is driven by collisions between multiple solitons; however, since the IPR is not a meaningful metric for a finite density of solitons, it is difficult to determine collision decay rates using the same methods as were used to extract the noisy vacuum decay rate. By simulating experiments in which large solitons first interact with a nontrivial background under $\lambda \neq 0$ dynamics, and then filtering out the background by setting $\lambda = 0$ and allowing it to “expand” into a vacuum region, we are able to show that the soliton lifetime increases with s , although the data are too noisy to extract a reliable exponent [44]. We note that the crossover scale $t_* \sim \lambda^{-6}$ is compatible with higher-order perturbative decay rates $\Gamma_{s,\lambda} \sim \lambda^{2(n+1)}s^{n-2}$ for any n . On general grounds we expect the collisions between s -sized solitons at large s and $O(1)$ -sized solitons to scale as $1/s^2$, since a small soliton experiences a large one as a local vacuum rotation. In effect, a thermal background of small solitons acts as noise on the large ones, relating the Floquet and noisy cases. This process would once again lead to logarithmically corrected diffusion. Any higher-order processes with $n > 0$, if present, would lead to a full crossover to diffusion. Determining the form of the decay rates that emerge from interactions remains an important challenge for future work.

Discussion. We have numerically observed the slow crossover from superdiffusive to diffusive transport for isotropically perturbed integrable classical spin chains, with a crossover timescale $t_* \sim \lambda^{-\alpha}$ with $\alpha \approx 6$. Our ability to reach this anomalously long crossover timescale is due to the classical discrete-time algorithm used in this work, in contrast to previous work that studied this question with matrix-product states or classical continuous-time numerical methods. The $t_* \sim \lambda^{-6}$ scaling holds for both noisy and Floquet perturbations. While the exponent $\alpha = 6$ is expected perturbatively in the noisy case and has a heuristic justification in the clean case, a full explanation of the crossover to diffusion in either case requires analyzing the decay rates that arise from n -body

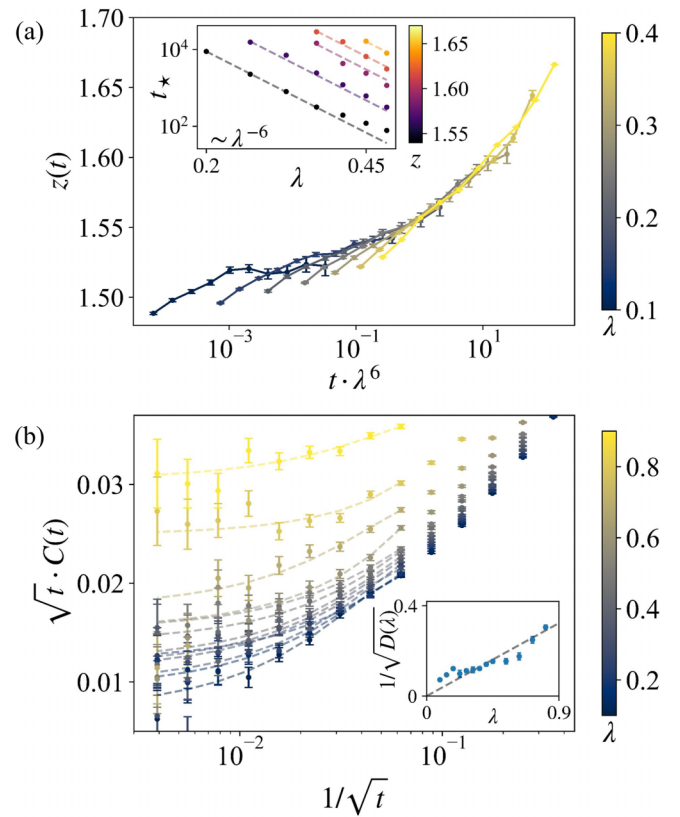


FIG. 2. Crossover to diffusion for Floquet perturbations. (a) Dynamical exponent $z(t)$ extracted from fluctuations of spin transfer plotted against $t\lambda^6$. Data is averaged over at least 4000 random initial states for a system size of $N = 200\,000$ sites with a time step $\tau = 0.25$. We observe a curve collapse is compatible with crossover timescale $t_* \sim \lambda^{-6}$. Inset: Timescale t_* at which a particular value $z(t_*)$ is reached for different lambdas, demonstrating power-law scaling $\sim \lambda^{-6}$. (b) Adjusted autocorrelation function $\sqrt{t}C(t) = \frac{\sqrt{t}}{N} \sum_n \langle S_n^z(t) S_n^z(0) \rangle$ plotted against $1/\sqrt{t}$. Curves corresponding to large perturbations of strength $\lambda > 0.5$ are averaged over at least 2000 random initial states, while small perturbations $\lambda \leq 0.5$ are averaged over at least 4000 random initial states. Dashed lines correspond to fitting $\sqrt{t}C(t)$ for $t \geq 256$ with its standard form at late times, $\sqrt{t}C(t) \sim 1/\sqrt{D(\lambda)} + A/\sqrt{t} + B/t + \dots$, where $D(\lambda)$ is the diffusion constant up to irrelevant numerical prefactors [39]. Inset: $1/\sqrt{D(\lambda)}$ extracted by fitting the adjusted autocorrelation function $\sqrt{t}C(t)$. The linear scaling of $1/\sqrt{D(\lambda)}$ is consistent with a crossover timescale of $t_* \sim \lambda^{-6}$ [44].

soliton scattering processes and presents an important challenge for future theoretical work. For example, it is possible that the crossover to diffusion happens in multiple stages, with an intermediate regime of logarithmically corrected diffusion that gets parametrically large in λ . We note that although our numerics are consistent with an exponent $\alpha \approx 6$ for Floquet perturbations, we cannot conclusively exclude other values of α in the limit of $\lambda \rightarrow 0$ and hope that future theoretical and numerical advances will pinpoint the exact exponent.

Note added. Recently we became aware of a related work by McRoberts and Moessner [52] reporting a crossover timescale of $t_* \sim \lambda^{-3}$ in an energy-conserving model and analyzing its temperature dependence. Future work would be needed to understand why the crossovers in both models

appear to be dominated by different decay processes on accessible timescales.

Acknowledgments. We thank Jacopo De Nardis and Brayden Ware for collaborations on related topics, and Adam

McRoberts and Roderich Moessner for helpful discussions. C.M. acknowledges support from NSF GRFP-1938059. This work was supported by NSF Grants No. DMR-2103938 (S.G.) and No. DMR-2104141 (R.V.).

-
- [1] M. Žnidarič, Spin transport in a one-dimensional anisotropic Heisenberg model, *Phys. Rev. Lett.* **106**, 220601 (2011).
- [2] M. Ljubotina, M. Žnidarič, and T. Prosen, Spin diffusion from an inhomogeneous quench in an integrable system, *Nat. Commun.* **8**, 16117 (2017).
- [3] M. Ljubotina, L. Zadnik, and T. Prosen, Ballistic spin transport in a periodically driven integrable quantum system, *Phys. Rev. Lett.* **122**, 150605 (2019).
- [4] S. Gopalakrishnan and R. Vasseur, Kinetic theory of spin diffusion and superdiffusion in XXZ spin chains, *Phys. Rev. Lett.* **122**, 127202 (2019).
- [5] S. Gopalakrishnan, R. Vasseur, and B. Ware, Anomalous relaxation and the high-temperature structure factor of XXZ spin chains, *Proc. Natl. Acad. Sci. USA* **116**, 16250 (2019).
- [6] P. N. Jepsen, J. Amato-Grill, I. Dimitrova, W. W. Ho, E. Demler, and W. Ketterle, Spin transport in a tunable Heisenberg model realized with ultracold atoms, *Nature (London)* **588**, 403 (2020).
- [7] D. Wei, A. Rubio-Abadal, B. Ye, F. Machado, J. Kemp, K. Srakaew, S. Hollerith, J. Rui, S. Gopalakrishnan, N. Y. Yao, I. Bloch, and J. Zeiher, Quantum gas microscopy of Kardar-Parisi-Zhang superdiffusion, *Science* **376**, 716 (2022).
- [8] B. Bertini, F. Heidrich-Meisner, C. Karrasch, T. Prosen, R. Steinigeweg, and M. Žnidarič, Finite-temperature transport in one-dimensional quantum lattice models, *Rev. Mod. Phys.* **93**, 025003 (2021).
- [9] V. B. Bulchandani, S. Gopalakrishnan, and E. Ilievski, Superdiffusion in spin chains, *J. Stat. Mech.* (2021) 084001.
- [10] S. Gopalakrishnan and R. Vasseur, Anomalous transport from hot quasiparticles in interacting spin chains, *Rep. Prog. Phys.* **86**, 036502 (2023).
- [11] S. Gopalakrishnan and R. Vasseur, Superdiffusion from non-abelian symmetries in nearly integrable systems, *Annu. Rev. Condens. Matter Phys.* **15**, 159 (2023).
- [12] B. Bertini, M. Collura, J. De Nardis, and M. Fagotti, Transport in out-of-equilibrium xxz chains: Exact profiles of charges and currents, *Phys. Rev. Lett.* **117**, 207201 (2016).
- [13] O. A. Castro-Alvaredo, B. Doyon, and T. Yoshimura, Emergent hydrodynamics in integrable quantum systems out of equilibrium, *Phys. Rev. X* **6**, 041065 (2016).
- [14] B. Doyon, Lecture notes on generalised hydrodynamics, *SciPost Phys. Lecture Notes* **18**, (2020).
- [15] A. Bastianello, B. Bertini, B. Doyon, and R. Vasseur, Introduction to the special issue on emergent hydrodynamics in integrable many-body systems, *J. Stat. Mech.* (2022) 014001.
- [16] B. Doyon, S. Gopalakrishnan, F. Møller, J. Schmiedmayer, and R. Vasseur, Generalized hydrodynamics: A perspective, [arXiv:2311.03438](https://arxiv.org/abs/2311.03438).
- [17] V. B. Bulchandani, Kardar-Parisi-Zhang universality from soft gauge modes, *Phys. Rev. B* **101**, 041411(R) (2020).
- [18] J. De Nardis, S. Gopalakrishnan, E. Ilievski, and R. Vasseur, Superdiffusion from emergent classical solitons in quantum spin chains, *Phys. Rev. Lett.* **125**, 070601 (2020).
- [19] E. Ilievski, J. De Nardis, S. Gopalakrishnan, R. Vasseur, and B. Ware, Superuniversality of superdiffusion, *Phys. Rev. X* **11**, 031023 (2021).
- [20] M. Kardar, G. Parisi, and Y.-C. Zhang, Dynamic scaling of growing interfaces, *Phys. Rev. Lett.* **56**, 889 (1986).
- [21] M. Ljubotina, M. Žnidarič, and T. Prosen, Kardar-Parisi-Zhang physics in the quantum Heisenberg magnet, *Phys. Rev. Lett.* **122**, 210602 (2019).
- [22] Ž. Krajnik, E. Ilievski, and T. Prosen, Integrable matrix models in discrete space-time, *SciPost Phys.* **9**, 038 (2020).
- [23] M. Fava, B. Ware, S. Gopalakrishnan, R. Vasseur, and S. A. Parameswaran, Spin crossovers and superdiffusion in the one-dimensional Hubbard model, *Phys. Rev. B* **102**, 115121 (2020).
- [24] M. Dupont and J. E. Moore, Universal spin dynamics in infinite-temperature one-dimensional quantum magnets, *Phys. Rev. B* **101**, 121106(R) (2020).
- [25] A. Scheie, N. E. Sherman, M. Dupont, S. E. Nagler, M. B. Stone, G. E. Granroth, J. E. Moore, and D. A. Tennant, Detection of Kardar-Parisi-Zhang hydrodynamics in a quantum Heisenberg spin-1/2 chain, *Nat. Phys.* **17**, 726 (2021).
- [26] I. C. V. Krajnik, J. Schmidt, E. Ilievski, and T. C. V. Prosen, Dynamical criticality of magnetization transfer in integrable spin chains, *Phys. Rev. Lett.* **132**, 017101 (2024).
- [27] Ž. Krajnik, E. Ilievski, and T. A. Prosen, Absence of normal fluctuations in an integrable magnet, *Phys. Rev. Lett.* **128**, 090604 (2022).
- [28] J. De Nardis, S. Gopalakrishnan, and R. Vasseur, Nonlinear fluctuating hydrodynamics for Kardar-Parisi-Zhang scaling in isotropic spin chains, *Phys. Rev. Lett.* **131**, 197102 (2023).
- [29] E. Rosenberg *et al.*, Dynamics of magnetization at infinite temperature in a Heisenberg spin chain, *Science* **384**(6691), 48 (2023).
- [30] A. J. Friedman, S. Gopalakrishnan, and R. Vasseur, Diffusive hydrodynamics from integrability breaking, *Phys. Rev. B* **101**, 180302(R) (2020).
- [31] J. Durnin, M. J. Bhaseen, and B. Doyon, Nonequilibrium dynamics and weakly broken integrability, *Phys. Rev. Lett.* **127**, 130601 (2021).
- [32] A. Bastianello, J. De Nardis, and A. De Luca, Generalized hydrodynamics with dephasing noise, *Phys. Rev. B* **102**, 161110(R) (2020).
- [33] A. Bastianello, A. D. Luca, and R. Vasseur, Hydrodynamics of weak integrability breaking, *J. Stat. Mech.* (2021) 114003.
- [34] J. De Nardis, S. Gopalakrishnan, R. Vasseur, and B. Ware, Stability of superdiffusion in nearly integrable spin chains, *Phys. Rev. Lett.* **127**, 057201 (2021).
- [35] D. Roy, A. Dhar, H. Spohn, and M. Kulkarni, Nonequilibrium spin transport in integrable and non-integrable classical spin chains, *Phys. Rev. E* **110**, 044110 (2024).
- [36] D. Roy, A. Dhar, H. Spohn, and M. Kulkarni, Robustness of Kardar-Parisi-Zhang scaling in a classical integrable spin

- chain with broken integrability, *Phys. Rev. B* **107**, L100413 (2023).
- [37] A. J. McRoberts, T. Bilitewski, M. Haque, and R. Moessner, Anomalous dynamics and equilibration in the classical Heisenberg chain, *Phys. Rev. B* **105**, L100403 (2022).
- [38] J. De Nardis, M. Medenjak, C. Karrasch, and E. Ilievski, Universality classes of spin transport in one-dimensional isotropic magnets: The onset of logarithmic anomalies, *Phys. Rev. Lett.* **124**, 210605 (2020).
- [39] P. Glorioso, L. V. Delacrétaz, X. Chen, R. M. Nandkishore, and A. Lucas, Hydrodynamics in lattice models with continuous non-Abelian symmetries, *SciPost Phys.* **10**, 015 (2021).
- [40] P. W. Claeys, A. Lamacraft, and J. Herzog-Arbeitman, Absence of superdiffusion in certain random spin models, *Phys. Rev. Lett.* **128**, 246603 (2022).
- [41] S. Nandy, Z. Lenarčič, E. Ilievski, M. Mierzejewski, J. Herbrych, and P. Prelovšek, Spin diffusion in a perturbed isotropic Heisenberg spin chain, *Phys. Rev. B* **108**, L081115 (2023).
- [42] Y. Ishimori, An integrable classical spin chain, *J. Phys. Soc. Jpn.* **51**, 3417 (1982).
- [43] Ž. Krajnik and T. Prosen, Kardar–Parisi–Zhang physics in integrable rotationally symmetric dynamics on discrete space–time lattice, *J. Stat. Phys.* **179**, 110 (2020).
- [44] See Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevB.110.L180301> for further information on discrete time numerics, anisotropic perturbations, additional autocorrelation function data, a discussion of the choice of scaling parameter, and numerics for many-body soliton decay processed for Floquet perturbations.
- [45] J. De Nardis, M. Medenjak, C. Karrasch, and E. Ilievski, Anomalous spin diffusion in one-dimensional antiferromagnets, *Phys. Rev. Lett.* **123**, 186601 (2019).
- [46] E. Ilievski, J. De Nardis, M. Medenjak, and T. Prosen, Superdiffusion in one-dimensional quantum lattice models, *Phys. Rev. Lett.* **121**, 230602 (2018).
- [47] S. Sachdev and K. Damle, Low temperature spin diffusion in the one-dimensional quantum $o(3)$ nonlinear σ model, *Phys. Rev. Lett.* **78**, 943 (1997).
- [48] K. Damle and S. Sachdev, Spin dynamics and transport in gapped one-dimensional Heisenberg antiferromagnets at nonzero temperatures, *Phys. Rev. B* **57**, 8307 (1998).
- [49] U. Agrawal, S. Gopalakrishnan, R. Vasseur, and B. Ware, Anomalous low-frequency conductivity in easy-plane XXZ spin chains, *Phys. Rev. B* **101**, 224415 (2020).
- [50] M. Lakshmanan, T. W. Ruijgrok, and C. Thompson, On the dynamics of a continuum spin system, *Physica A* **84**, 577 (1976).
- [51] A. J. McRoberts, T. Bilitewski, M. Haque, and R. Moessner, Long-lived solitons and their signatures in the classical Heisenberg chain, *Phys. Rev. E* **106**, L062202 (2022).
- [52] A. J. McRoberts and R. Moessner, Parametrically long lifetime of superdiffusion in non-integrable spin chains, [arXiv:2402.18662](https://arxiv.org/abs/2402.18662).