



REVIEW ARTICLE: DEI IN BIOTECHNOLOGY

Engineered *In Vitro* Models to Improve the Mechanistic Understanding and Treatment of Neglected Tropical Diseases Caused by Protozoan Parasites

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Abstract

Neglected tropical diseases (NTDs), particularly those caused by trypanosomatid protozoa, impose a significant global burden, disproportionately affecting underserved communities in tropical and subtropical regions. Despite their high mortality rates, associated chronic conditions, and rapid spread due to globalization and climate change, NTDs have historically received minimal research investment. Additionally, existing treatments cause severe adverse effects. While animal models have contributed significantly to our understanding of these diseases, they are limited by technical and financial constraints. Current *in vitro* approaches predominantly focus on single-cell interactions on stiff substrates; thus, failing to capture tissue-level dynamics crucial for understanding host-parasite interactions. In this scoping literature review, we summarize emerging engineering applications to address these challenges by developing more complex *in vitro* models. We discuss 36 publications that describe novel strategies employing bio-materials, organoids, spheroids, and microfluidic devices to improve the mechanistic understanding of these NTDs. We also describe how these preclinical models are being used as screening platforms in the drug discovery and repurposing pipeline. To better understand the global scope of this research, we also performed a meta-analysis of the geolocation of the authors whose work was included in this review. This analysis uncovers uneven global participation in these efforts to combat NTDs. Ultimately, we draw attention to the need for a multidisciplinary and transnational approach to mitigate the impact of trypanosomatid NTDs and reduce health inequities globally.

Neglected tropical diseases (NTDs) constitute a diverse group of diseases that disproportionately affect underserved communities around the world, often living in low- and middle-income countries in tropical and subtropical regions.¹ The 2019 Global Burden of Disease Study reported an incidence rate of 58 million cases worldwide, with other estimates suggesting that up to 1 billion people in the world are infected with at least one NTD.^{2–4} Despite their significant disease and economic burden, these diseases have garnered limited investment in research and development, and insufficient attention from the biomedical science community. In recognition of this historical neglect, in 2015, the United Nations formally endorsed the inclusion of NTDs as a priority for Sustainable Development Goal 3—“ensure healthy lives and promote wellbeing for all at all ages”.^{5,6}

Among NTDs, those caused by trypanosomatid protozoa exhibit the highest mortality rates.^{2,3} These vector-borne diseases include leishmaniasis, Chagas disease, and human African trypanosomiasis, which result from infection with *Leishmania* spp., *Trypanosoma*

cruzi, and *Trypanosoma brucei* ssp., respectively.⁷ Because trypanosomatid parasites can persist and establish long-term infections in the host, this group of NTDs not only is the deadliest but also leads to chronic conditions that contribute to long-term disability, impaired quality of life, social stigma, and economic pressure in the communities where they are endemic.^{8–11}

The prevalence of trypanosomatid NTDs spans the globe, with these infectious diseases primarily affecting rural populations in Latin America, sub-Saharan Africa, southeast Asia, and the Middle East.^{12–14} While NTDs have the greatest impact on impoverished communities in the Global South, the last two decades have seen a sustained increase in the incidence rate of these diseases in upper-middle- and high-income countries.³ Furthermore, globalization, urbanization, and climate change have expanded the geographical reach of protozoan parasites and their insect vectors from primarily tropical and subtropical regions to previously nonendemic areas.¹⁵ For example, recent estimates indicate a prevalence of ~10,000 cases of locally

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acquired *T. cruzi* infections in the United States, concentrated in southern states and in regions with high numbers of Latin American immigrants.^{16,17} Similarly, cutaneous leishmaniasis is now endemic in the United States with researchers at the Center for Disease Control and Prevention recently reporting the identification of a unique strain specific to the country.^{18,19} These trends underscore the escalating risk of trypanosomatid NTDs and the importance of developing novel approaches to mitigate their impact on vulnerable populations worldwide.

The World Health Organization's (WHO) 2021–30 road map for NTDs prioritizes key strategic areas that include the development of new diagnostic, vector control, and therapeutic solutions.²⁰ The integration of innovative biotechnological approaches is crucial to meet these goals. As reviewed elsewhere,^{21–23} recent advances in point of care diagnostics such as novel membrane technologies for sample collection and storage, and loop-mediated isothermal amplification are transforming the diagnosis, treatment and surveillance of parasitic NTDs in resource-limited settings.^{24–26} In recent years, genetic technologies leveraging the tetracycline repressor system and CRISPR/Cas9 gene editing have also emerged with the goal of suppressing vector populations in endemic areas.^{27–29} Despite these advances, significant gaps remain, particularly in the treatment of protozoan NTDs.

The study of these parasites *in vitro* and *in vivo* is challenging due to their complex life cycles across multiple host species, their ability to infect multiple host cell types, and diverse growth conditions. Additionally, current drug treatments for trypanosomatid NTDs present significant drawbacks including high toxicity levels, the development of parasite resistance, limited efficacy in the chronic phase of these infections, and complex administration regimens that lead to poor patient compliance.^{11,30} This review examines the literature on emerging biomaterials and tissue engineering applications that aim to improve the study and treatment of leishmaniasis, Chagas disease, and human African trypanosomiasis. First, we present a comprehensive overview of existing strategies to develop more complex *in vitro* models that enable the mechanistic study of these infections and more efficient drug testing. Next, we perform a meta-analysis to assess global participation in this type of research. Finally, we discuss additional opportunities to leverage advances in these biotechnology fields towards the goal of improving treatment outcomes, enhance preventative strategies, and ultimately, reduce the inequities exacerbated by these diseases.

NTDs Caused by Protozoan Parasites

Leishmaniasis

Leishmaniasis is a group of diseases caused by *Leishmania* spp. It is transmitted by various sandflies of the genus *Phlebotomus* in the old world (Asia, Africa, and Europe) and the genus *Lutzomyia* in the new world (the Americas).³¹ Currently, over 98 countries are at risk of infection and disease, with affected areas mostly concentrated in neglected communities in South America, East Africa, South Asia, the Middle East, and the Mediterranean.¹⁴ The presentation of the disease in the human host varies depending on the immune response, with macrophages being the preferred cell type for parasite replication.³² The disease may be exacerbated by

comorbidities such as the coinfection of other pathogens, lack of access to complete nutritional intake, and direct effects of climate change on areas of prevalence of the disease.³³ For example, comorbidity of HIV infected patients that are also infected with *Leishmania* in northeast Brazil has been associated with poor prognosis compared with patients suffering from either disease alone.³⁴

The disease presentation in humans (and other vertebrate hosts) is mostly determined by the *Leishmania* species.³⁵ Depending on the species, the parasites cause different forms of leishmaniasis: cutaneous disease, mucocutaneous disease or visceral disease (Fig. 1). The primary symptoms and complications of these disease presentations are skin lesions, lesions on mucous membranous tissues, and enlargement of internal organs like the liver and spleen, respectively.³⁶ Although cutaneous and mucocutaneous leishmaniasis have a favorable survivability rate in human patients, visceral leishmaniasis is lethal if left untreated.³⁵

Pentavalent antimonials and amphotericin B are currently prescribed as the first line of treatment, with miltefosine, and pentamidine as complementary treatment options.³⁷ Pentavalent antimonials are often prescribed daily through intravenously or intramuscular administration at 20 mg/kg for 28–30 days. Amphotericin B is currently prescribed intravenously at 0.5–1.0 mg/kg daily or every other day for 28–30 days, for a total of 15–40 mg/kg cumulative drug administration.³⁷ Miltefosine may be used in conjunction with the aforementioned drugs orally at a concentration of 2.5 mg/kg for 28–30 days with a total dose of 20–60 mg/kg.³⁸ Antimony and Amphotericin B resistant *Leishmania* strains are rare (<10%), but alternative treatments are very limited in such cases, with poor prognosis for infected individuals.³⁸ Nonetheless, all of these treatment options present important adverse side effects, including nephro- and hepatotoxicity. Of note, mucocutaneous disease has been reported to be poorly responsive to available antileishmaniasis drugs.³⁹ Wild and domesticated animals are known to be reservoir hosts of *Leishmania* spp., which further complicates control and containment of the disease due to its zoonotic nature.^{31,40}

Chagas disease

Chagas disease, also known as American trypanosomiasis, is caused by *T. cruzi*. It is transmitted to humans through its vector, the triatomine bug.⁴¹ The primary species of the triatomine bug tied with spread of the Chagas disease are *Rhodnius prolixus*, and *Triatoma dimidiata* that defecate while feeding. Chagas is endemic to South and Central America, with cases growing in North America.^{12,17} The progression of Chagas disease includes the acute phase, intermediate phase, and chronic phase.⁴² The acute phase is characterized by rapid replication and infection of primarily muscle tissue in the human host, with visible symptoms caused by inflammation and necrosis in affected tissues. While the acute phase can usually last between 8 and 12 weeks, chronic infections can remain for years and go undetected due to lack of symptoms.⁴³ The chronic phase of the disease is characterized by a reduction of parasite burden. However, in some patients, there is hypertrophy primarily in the gastrointestinal tract and heart, where chronic infection can lead to multiple cardiovascular complications including cardiomyopathy,










	Leishmaniasis	Chagas Disease	Human Sleeping Sickness
Vector	Sandfly 	Triatomine bugs 	Tsetse fly 
Parasite	<i>Leishmania</i> spp.	<i>Trypanosoma cruzi</i>	<i>Trypanosoma brucei</i> ssp.
Intracellular or Extracellular	Intracellular 	Intracellular 	Extracellular 
Afflicted Organs	<ul style="list-style-type: none">• Visceral: Liver and spleen• Cutaneous: Skin• Mucocutaneous: Mucous membranes 	Heart and digestive system 	Lymph nodes and central nervous system 
Initial Symptoms	<ul style="list-style-type: none">• Visceral: Fever, weight loss, abnormal blood tests, and swollen abdomen• Cutaneous: Skin lesions• Mucocutaneous: Sores on mucous membranous tissues	Fever, headache, enlarged lymph glands, pallor, muscle pain, difficulty in breathing, swelling, and abdominal or chest pain	Fever, headache, enlarged lymph nodes, joint pains and itching
Chronic Complications	<ul style="list-style-type: none">• Visceral: Liver and spleen enlargement• Cutaneous: Skin lesions• Mucocutaneous: Partial or total destruction of mucous membranes	Myocarditis, heart failure, and enlargement of esophagus and colon	Behavior changes, confusion, sensory disturbances and poor coordination, and sleep cycle disturbance

FIG. 1. Key characteristics of protozoal NTDs. NTD, neglected tropical disease.

arrhythmias, myocardial dysfunction, thromboembolic events, apical aneurysms, and, eventually, stroke or sudden cardiac death.^{44,45} Current treatments cause frequent adverse events and are ineffective in adult patients who suffer from chronic infection.⁴⁶

The lack of diagnostic tools and high prevalence of asymptomatic infections pose a challenge for the early detection of Chagas disease.⁴⁷ Moreover, current treatments are limited to nifurtimox and benznidazole. Nifurtimox is a composition of nitrofurans that were shown to better contain the infection during the acute phase and it is administered orally at a concentration of 8–10 mg/kg per day for roughly 60–90 days.⁴⁸ Success rates in acute phase patients ranged between 88–100% in clinical studies of individuals that received a recommended scheduled dose. Chronic intermediate phase infection prognosis was poor as only about 7–8% of patients showed any signs of improvement.⁴⁹ Benznidazole treatment is an alternative treatment option for Chagas disease patients that may be sensitive to nifurtimox's stronger side effects. It is recommended to administer benznidazole orally at a concentration of 5–10 mg/kg daily for 30–60 days.⁵⁰ Overall effectiveness of the treatment is slightly lower than nifurtimox during the intermediate acute phase at roughly 80% success rate, but the chronic phase also falls short with barely an 8% rate of remission in these patients.⁵¹ The exact cause for the stark discrepancy in prognosis between the acute and chronic phases is yet to be elucidated; however, changes in the lifecycle of the parasite as it enters into the chronic phase of the infection have been long suspected for the loss of effectiveness of the drugs.⁴⁷

Human African trypanosomiasis

Human African trypanosomiasis is caused by two subspecies of *T. brucei* - *T. brucei gambiense* (gHAT), and *T. brucei rhodesiense* (rHAT). The parasite is spread by the *Glossina* fly, also known as tsetse fly.⁴⁰ Chronic human African trypanosomiasis can result in daytime somnolence, which has led to the disease condition called sleeping sickness.⁵² *T. brucei*, unlike the other kinetoplastid organisms (*Leishmania* spp. and *T. cruzi*) are extracellular parasites in the mammalian host. *T. brucei* species survive in the human host bloodstream by expression of a glycoprotein coat, which allows them to subvert antibodies and the complement system of the host.⁵³ Human African trypanosomiasis has two stages of disease, the hemolymphatic stage and the meningo-encephalitic stage.¹³ The hemolymphatic stage is characterized by the early stages of infection in which the parasite replicates in the lymphatic tissues and bloodstream of the human host. Oftentimes, patients are asymptomatic in this stage, leading to what appears to be a rapid escalation to the meningo-encephalitic stage. This occurs when the parasite crosses the blood–brain barrier, infecting the central nervous system and causing coma or death of the host if left untreated.¹³ Therefore, treatments for this second stage of the disease must cross the blood brain barrier.

Treatment of choice depends on the subspecies of *T. brucei* and the stage of the disease. Practical treatments are varied due to the drastically different effects they have on gHAT or bHAT, with bHAT being the most difficult subspecies to treat. Pentamidine has been demonstrated to be quite efficacious

against the first stage of gHAT, as it showed a 93–98% parasite burden reduction in clinical patients with a regime of intravenous administration of 4 mg/kg daily for 7–10 days.⁵⁴ However, pentamidine does not cross the blood–brain barrier, making it inapplicable for patients in the second stage of the disease, and it has not been demonstrated to be effective against rHAT.⁵⁵ In contrast, fexinidazole has been shown to be effective against gHAT in its first and second stage with a success rate of 99% and 91% respectively.⁵⁶ Fexinidazole may be effective against rHAT, and experimental trials are currently underway to demonstrate its efficacy.⁵⁷ This drug is preferred over the other treatments in the medical field due to its oral route of administration, as opposed to intravenous or intramuscular administrations.⁵⁸

Combination treatments can also be effective for the treatment of sleeping sickness. Nifurtimox/eflornithine combination therapy can be prescribed to treat the first and second stage of gHAT, with a success rate of >90% in both stages.⁵⁹ It is not effective against rHAT, and it is speculated that it may be due to the genetic variances of both subspecies.⁶⁰ On the contrary, suramin is effective against both gHAT and bHAT,⁶¹ however, it is limited to the first stage of the disease, since it cannot cross the blood–brain barrier.⁶² It is administered intravenously at a dose of 10 mg/kg injections, over the span of 30 days and has a success rate of >80% according to recent medical trials.⁶³ Fiacoziborole is a relatively new drug effective against gHAT. It was reported to have a 100% success rate in early-stage infections and 92% success rate in second stage infections.⁶⁴ The complexity of these treatment regimens underscores the challenges facing the fight against all forms of human African trypanosomiasis.

Limitations of existing *in vitro* and *in vivo* models

Although animal models have widely contributed to our understanding of host–parasite interactions and response to infection,

identifying biological mechanisms in these systems is often challenging, requiring large technological, financial, and time investments (Fig. 2).⁶⁵ Traditional *in vitro* approaches to study Chagas disease, leishmaniasis and African sleeping sickness either study trypanosomatid parasites in isolation or focus on studying interactions between these microorganisms and a single-cell type, usually macrophages or other immune cells (Fig. 2). Protozoan infections are frequently chronic, causing organ enlargement (organomegaly) driven by parasite invasion and proliferation within specific tissues.⁶⁶ Yet, there is limited understanding of the molecular factors and cellular interactions that drive tissue, vascular, and extracellular matrix (ECM) remodeling in parasitic infections. Current studies are usually performed on tissue culture polystyrene (TCPS), a stiff substrate devoid of physiologically relevant physical and biochemical cues. Such single-cell approaches ignore interactions between multiple cells in tissues and the contributions of the ECM, features that are crucial for tissue homeostasis and parasite persistence.^{67,68} The limitations of current models make it difficult to accurately delineate parasite behavior in *in vivo* conditions, and to develop effective diagnostic and pharmacological tools for the chronic complications of protozoal NTDs (Fig. 2). Thus, there is a critical need for physiologically relevant *in vitro* infection models that capture multicellular interactions and incorporate the properties of native human tissues.

Engineering Improved *In Vitro* Models of Protozoal NTDs

Tissue engineering-based *in vitro* approaches have recently emerged as promising alternatives to traditional models of parasitic infections (Fig. 2).⁶⁹ Utilizing advanced technology such as biomaterial scaffolds, microfluidic devices, and organoids, researchers create tissue mimics that accurately reproduce the

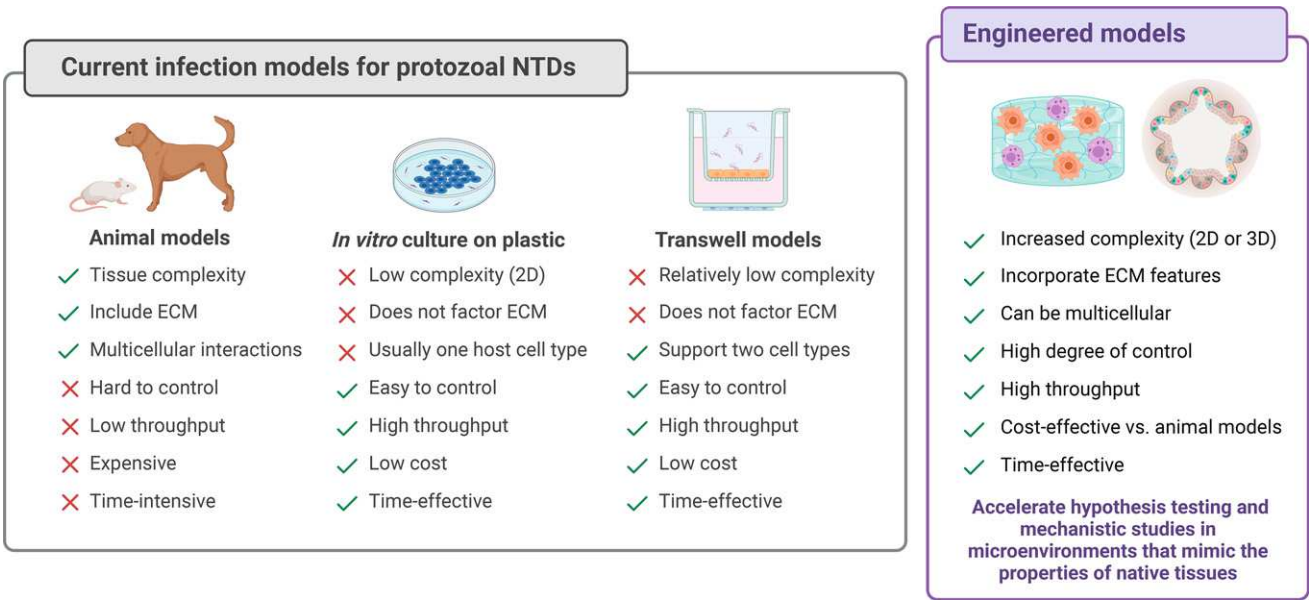


FIG. 2. Advantages and limitations of the most widely used experimental models to study protozal NTDs.

cellular architecture and biomechanical properties of human organs.⁷⁰ Compared with animal models, these engineered tissue constructs are highly controllable and time- and cost-effective.⁷¹ By independently modulating mechanical and biochemical cues (e.g., stiffness, ECM composition, and flow rates), researchers can precisely design microenvironments that mimic features of native and diseased tissues while supporting the physiological functions of both host and parasite cells.^{72–74} These models can also support the growth of multiple human-derived cell types in both 2D and 3D, increasing the capacity to mimic the complex cellular interactions within host tissues.⁷¹ The integration of tissue engineering with disease modeling enhances the ability to study host–parasite interactions and tissue-level phenomena, like ECM remodeling, that are pivotal in the progression of parasitic infections. Thus, these sophisticated *in vitro* infection models can accelerate the process of hypothesis testing, thereby leading to the identification of disease and infection mechanisms relevant to human health.

In this review, we sought to explore biomaterials, and cell and tissue engineering strategies that have been applied for the development of more complex *in vitro* models of protozoal NTDS. To identify relevant publications, we conducted a thorough literature search in four databases: PubMed, Web of Science, Scopus, and Embase with no specified start date and an end date of July 2, 2024 (Fig. 3). First, we used keywords related to the three protozoal parasitic NTDS recognized by the WHO (Chagas disease, leishmaniasis, and trypanosomiasis). Next, we

supplemented our search with keywords associated with complex *in vitro* models including cell and tissue engineering, organoids, microfluidics, microphysiological systems, and biomaterials. The final list of keywords employed for each database and step-by-step results for each search strategy can be found in Supplementary Table S1. A total of 1,618 publications were identified across all databases. After removing publications found in more than one database and excluding papers classified by these databases as reviews or conference abstracts, the literature search was narrowed down to 689 publications for further screening (Fig. 3). The title, abstract, and full text of these publications were then manually screened by two members of the research team using Covidence software.

All publications marked for inclusion met the following criteria: (1) must be a primary research article, (2) must focus on at least one of the three protozoal NTDS, and (3) must use engineered *in vitro* models of the types described in the key words. A total of 653 publications were manually excluded by the research team (44 unrelated to protozoal NTDS, 44 were not primary research articles, and 565 did not employ the engineered *in vitro* models described in our key words). This screening process concluded with the identification of 36 relevant publications (Fig. 3).

The 36 publications included in this scoping review introduce novel approaches to model protozoal infections that leverage natural biomaterials, spheroids, organoids, synthetic hydrogels, and microfluidic devices for the development of

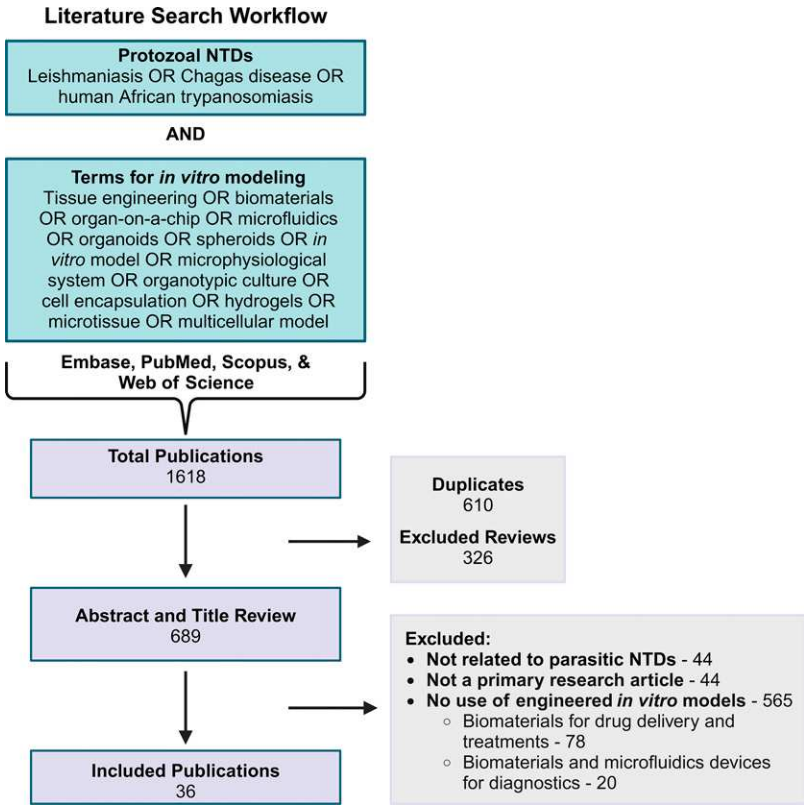


FIG. 3. Overview of the methodology employed for our scoping literature search.

more physiologically relevant *in vitro* infection models that better capture the complexity of human physiology and host–parasite interactions compared with existing models (Fig. 4). These strategies can be classified in two broad categories: models to study host–parasite interactions, and solutions to improve the study of parasite biology in the absence of host cells. Here, we describe how researchers are using these technologies to both increase mechanistic understanding of protozoal NTDs, and screen novel treatment strategies for these diseases.

Developing Models to Study Host–Parasite Interactions *In Vitro* and *Ex Vivo*

Natural biomaterials to create more physiologically relevant infection models

One strategy to overcome the limitations of culture on stiff tissue culture plastic is the use of natural biomaterials derived from animal ECM proteins. These natural biomaterials provide both mechanical and biochemical cues that can guide cell behavior and modulate host responses to infection. Collagen, in particular, has emerged as an attractive alternative for the study of trypanosomatid infections due to its relatively low cost, ease of use, and high abundance in many of the tissues targeted by these parasites (e.g., heart, liver, intestines).^{67,68} The earliest use of collagen in a more complex model identified in our literature review consists of collagen coatings to generate an *in vitro* model of the blood–brain barrier for the study of central nervous system invasion by *T. brucei*.⁷⁵ To create the model, Grab et al. cultured monolayers of primary human brain microvascular endothelial cells on transwell inserts coated with type I collagen. The inclusion of collagen increases cell adhesion and stimulates the development of a continuous epithelial barrier.⁷⁶ Using this model, human infective *T. brucei gambiense* strains were found to decrease endothelial membrane integrity and traverse the barrier paracellularly.⁷⁵ In comparison, no changes in transepithelial integrity or migration were observed in animal infective *T. brucei brucei* strains.

Hydrogels derived from decellularized tissues have also been used as coatings for *in vitro* modeling of protozoal NTDs.^{77,78} Compared with collagen coatings, these gels encompass a broader spectrum of components, providing a rich environment that closely resembles the native ECM.⁷⁹ Two of the most widely used ECM hydrogels for *in vitro* application are Matrigel and Geltrex, commercially available basement membrane extracts derived from decellularized murine tumors.⁸⁰ These⁸⁰ products contain collagen IV, laminin, and additional growth factors that support cell adhesion and function, specially for primary cells, stem cells, and other cells that are difficult to culture on TCPS alone. In 2018, da Silva Lara demonstrated that cardiomyocytes derived from human induced pluripotent stem cells cultured on Geltrex could reproduce the intracellular cycle of *T. cruzi* after infection.⁷⁷ In this model, *T. cruzi* parasites successfully responded to treatment with benznidazole, the current standard of care for Chagas disease—demonstrating the utility of this approach for future secondary screening applications. Similarly, de Almeida-Leite used Matrigel to culture primary neurons isolated from sympathetic cervical ganglia that were later cocultured with *T. cruzi*-infected macrophages.⁷⁸

This coculture system allowed the researchers to establish that while neurons did not respond to the parasites alone, nitric oxide released by infected macrophages could induce neuronal damage.

Natural biomaterials can also be manufactured as gels for the embedding of cells in three-dimensional culture. These hydrogel matrices provide biochemical and mechanical cues that resemble the properties of native ECM.⁷² Logullo et al., for instance, used this approach to understand the impact of macrophage–collagen interactions on *T. cruzi* infection.⁸¹ Primary mouse peritoneal macrophages were cultured on TCPS, TCPS coated with collagen type I, or plated on top of a 3D collagen I gel. The authors observed marked differences in macrophage responses to the infection depending on culture method, with the gel leading to the early release of trypomastigotes. Compared with culture on TCPS and the collagen coating, macrophage culture on collagen hydrogels also led to higher secretion of proinflammatory and profibrotic cytokines, and a more migratory cell morphology in response to the infection. These results demonstrate that both the identity and presentation of the culture substrate affects the cellular response to infection. In a similar approach, Luz et al. embedded macrophages and dendritic cells in a collagen I gel to study cell migration after infection with different *Leishmania* species.⁸² For the macrophages, regardless of *Leishmania* species, infection resulted in reduced migration. In contrast, the dendritic cells exhibited decreased, unaffected, or enhanced migration compared with the control depending on the parasite species. Observing these interesting cell-type specific behaviors would be difficult in two-dimensional culture where cellular movement is limited.

Natural biomaterials can also be used to study how parasites migrate and interact with ECM in the absence of host cells. Petropolis et al. embedded *L. amazonensis* parasites in a collagen I gel.⁸³ The researchers were then able to quantify the release of both metallo- and cysteine proteases that remodeled the gel, demonstrating that *Leishmania* parasites can interact directly with ECM proteins. Inhibition of these proteases led to a reduction in promastigote invasion. These results suggest that *Leishmania* protozoa actively interact with host ECM and degrade it to facilitate migration.

Collectively, these seminal studies using ECM-derived hydrogels showcase the advantages of biomaterials-based culture platforms that enable the observation of phenomena in three dimensions and the study of host–parasite interactions at the tissue level.

Spheroids and organoids to study host–parasite interactions

Spheroids, free floating aggregates of cells, have emerged throughout the last decade as an alternative to culture on plastic that enables the study of cellular interactions in three dimensions.^{84,85} The three-dimensional organization of these cells and increased cell–cell contact results in gene expression patterns and cell behavior that more closely mimics *in vivo* scenarios than traditional culture approaches on plastic.^{86,87} In the context of parasitic NTDs, spheroids have primarily been employed






	Approach	Advantages	Limitations	References
Host-parasite interactions	Natural Biomaterials 	<ul style="list-style-type: none"> Capture 3D cell behavior Mimic cell- and protozoan-ECM interactions Enable the study of parasite and host cell migration Control of microenvironmental properties (e.g. stiffness, composition) Relatively simple to use, depending on the material and source 	<ul style="list-style-type: none"> Increased costs compared to 2D culture Batch-to-batch variability Limited mechanical and biochemical tuning depending on the material If used in 3D, require confocal microscope for visualization Reductionist approach – do not capture all structural and compositional cues of the ECM 	Grab, <i>J Parasitol</i> (2004) ⁷⁵ ; da Silva Lara, <i>Microbes Infect.</i> (2018) ⁷⁷ ; de Almeida-Leite, <i>Neurobiol Dis</i> (2007) ⁷⁸ ; Logullo, <i>Life Basel Switz</i> (2023) ⁸¹ ; Luz, <i>Front Cell Dev Biol</i> (2023) ⁸² ; Petropolis, <i>PeerJ</i> (2014) ⁸³
	Spheroids and Organoids 	<ul style="list-style-type: none"> Capture 3D cell behavior Useful to study parenchymal cell responses to infection Can contain multiple cell types Suitable for culture of primary cells and tissues Preserve cellular organization of native tissue Can study infection of multiple cell types simultaneously 	<ul style="list-style-type: none"> Expensive compared to 2D culture High batch-to-batch variability Specialized expertise required to execute organoid protocols Organoid differentiation/assembly protocols can be time consuming Lumen can be difficult to access Require confocal microscope for visualization 	Rodriguez, <i>Biomedicines</i> (2020) ⁸⁸ ; Silberstein, <i>Front Microbiol</i> (2021) ⁸⁹ ; Silberstein, <i>Front Microbiol</i> (2023) ⁹⁰ ; Garzoni, <i>J Infect Dis</i> (2008) ⁹³ ; Nisimura, <i>MOI Biochem Parasitol</i> (2020) ⁹⁴ ; Ferrão, <i>Exp Cell Res</i> (2018) ⁹⁵ ; Orlando, <i>Molecules</i> (2021) ⁹⁶ ; Orlando, <i>Biology</i> (2023) ⁹⁹ ; Chandrasegaran, <i>F1000Research</i> (2023) ¹⁰³ ; Daghero, <i>Front Cell Infect Microbiol</i> (2023) ¹⁰⁴
	Organotypic and Explant Organ Cultures 	<ul style="list-style-type: none"> Capture 3D cell behavior Useful to study parenchymal cell responses to infection Increased complexity Contain all cell types and ECM components Preserve cellular and ECM organization of native tissue 	<ul style="list-style-type: none"> Prone to contamination Highly variable Requires animal experiments or clinical sample Poor control of microenvironmental variables 	Stoppini, <i>Int J Med Microbiol</i> (2000) ¹⁰⁷ ; Postan, <i>Int Arch Allergy Immunol</i> (2009) ¹⁰⁸ ; Tanowitz, <i>Am J Trop Med Hyg</i> (1982) ¹⁰⁹ ; McCabe, <i>Exp Parasitol</i> (1989) ¹¹⁰
Parasite Biology	Synthetic hydrogels 	<ul style="list-style-type: none"> Enhanced single cell characterization Does not require parasite fixation Can study parasite motility Easily combined with high resolution live-cell imaging 	<ul style="list-style-type: none"> Do not incorporate fluid mechanics and dynamics Complex trapping Require confocal microscope for visualization "Matrix" might not resemble the properties of the ECM Not as high throughput as 2D or liquid culture 	Glogger, <i>Exp Parasitol</i> (2017) ¹¹² ; Dong, <i>PLOS ONE</i> (2018) ¹¹³
	Microfluidic Devices 	<ul style="list-style-type: none"> Enhanced single cell characterization Does not require parasite fixation Mimic fluid mechanics and dynamics Can study parasite motility Easily combined with high resolution live-cell imaging 	<ul style="list-style-type: none"> Complex fabrication process (although some devices are commercially available) Require expertise that limits accessibility Not as high throughput as 2D or liquid culture 	Oldenburg, <i>Sci Rep</i> (2021) ¹¹⁵ ; De Niz, <i>PloS One</i> (2023) ¹¹⁶ ; Uppaluri, <i>Biophys J</i> (2012) ¹¹⁷ ; Stellamanns, <i>Sci Rep</i> 2014 ¹¹⁸ ; Hochstetter, <i>Lab Chip</i> (2015) ¹¹⁹ ; Cadena, <i>Microchem K</i> (2024) ¹²⁰ ; Vargas Jiménez, <i>Ultrasound Med Biol</i> (2022) ¹²¹ ; Voyton, <i>Biochemistry</i> (2019) ¹²³

FIG. 4. Summary of current approaches to engineer improved *in vitro* and *ex vivo* models to study host–parasite interactions and parasite behavior.

to explore the impact of infection on parenchymal cell behavior, with marked differences observed between these approaches and traditional 2D culture.^{88–90} Using primary canine liver cells, Rodrigues et al. were able to demonstrate that hepatocyte spheroids generate an innate immune response to *L. infantum* with higher levels of nitric oxide production observed in spheroids compared with culture on TCPS.⁸⁸ In a similar study, Silberstein et al. modeled the placental barrier using spheroids formed from a trophoblast-derived cell line and human brain microvascular endothelial cells to study the mechanisms of mother-to child

transmission in Chagas disease.^{89,90} Unlike trophoblasts grown in 2D, the syncytiotrophoblast spheroids were resistant to *T. cruzi* infection. Furthermore, the infected spheroids released paracrine factors that prevented *T. cruzi* infection of other nontrophoblastic cells.⁸⁹ These findings demonstrate the potential of spheroid culture models to uncover the mechanisms that govern host–parasite interactions.

Similar to models that employ natural materials, spheroids allow the study of three-dimensional phenomena like parasite transmigration. After infecting HeLa spheroids, a 2020 study found

differences in invasiveness, migration, and infection rates between different *T. cruzi* strains.^{91,92} Known virulent strains were highly invasive and able to transmigrate deeply into spheroids, while poorly virulent strains remained in the external layers. Moreover, clinical *T. cruzi* strains isolated from congenitally infected children exhibited a highly migratory phenotype in the spheroids in contrast with an isolate from an infected mother that did not transmit the infection to her children.⁹¹ This study emphasizes the ability of spheroid models to replicate clinically relevant phenomena.

As described earlier in this review, *T. cruzi* infections primarily target the heart and are associated with chronic cardiovascular complications.⁴⁵ Due to the difficulty in deriving and expanding cardiomyocytes in 2D culture,⁸⁷ cardiac spheroids have gained popularity as model systems for Chagas disease research and drug screening.^{93,94} In 2008, Garzoni et al. demonstrated that *T. cruzi* can successfully invade cardiac spheroids derived from mouse embryos.⁹³ These cardiac spheroids responded to the infection by depositing more ECM, a behavior directly linked to the fibrotic response usually observed clinically during Chagas disease. Using these spheroids, the team identified that inhibition of transforming growth factor beta, a profibrotic cytokine, led to reduced ECM deposition and a decrease in parasite load.⁹⁵ Having demonstrated the utility of their cardiac spheroids for the study of fibrogenesis, the Garzoni research group then used them to evaluate the antiparasitic efficacy of posaconazole, an antifungal treatment.⁹⁴ Treatment with posaconazole led to a 50% decrease in parasite load and ECM production. However, the latest clinical trials with this medication did not sustain *T. cruzi* clearance in humans.^{96,97}

Spheroids can also be combined with computational approaches to further optimize the drug discovery pipeline. In 2021, Orlando et al. reported the use of rational drug design in combination with a 3D spheroid model to optimize the screening of pyrazole derivatives.⁹⁸ *In silico*, the team first generated 44 analogs based on a hit compound targeting cruzipain, a key *T. cruzi* enzyme involved in evasion of the host immune system, invasion, and intracellular replication. Three of the screened compounds exhibited promising trypanocidal activity, including significantly reduced viability in 3D cardiac spheroids generated from murine heart muscle cells.⁹⁹ Further work will be necessary to establish the efficacy and safety of these candidates *in vivo*; nonetheless, this study demonstrates the potential of engineered *in vitro* models as predictive preclinical platforms.

While spheroids represent an important evolution for *in vitro* infection models, they still exhibit an important limitation: the inclusion of only one or two cell types. In contrast, organoids include more diverse cell types native to the tissue of interest, while preserving crucial architectural properties such as apical and luminal polarization.^{100,101} Organoids are made by culturing a small piece of tissue or an aggregate of stem cells in the presence of the desired tissue's growth factors.¹⁰² The use of organoids for the study of protozoal NTDs is still in its nascent stages. In 2023, Chandrasegaran et al. reported the development of a 3D neural model of human African sleeping disease using induced pluripotent stem cells stimulated with neural induction media.¹⁰³ The authors demonstrated that the

organoids are able to sense the presence of *T. brucei* and respond in the absence of immune cells by upregulating genes related to immune cytokines, monocyte recruitment, and angiogenesis.¹⁰³ In another proof of concept study, Daghero et al. created both murine and human colon-derived organoids as intestinal models of *T. cruzi* infection.¹⁰⁴ In both cases, parasites were observed within phagocytic and nonphagocytic cells, penetrating from the basolateral and apical sides of the organoid.¹⁰⁴ However, only some cell types were infected by the parasites. Even though further research is necessary to understand the observed cellular tropism, this highlights the importance of including multiple cell types to understand host–parasite interactions at the tissue level.¹⁰⁴

Ex vivo culture systems that preserve tissue integrity

Hydrogel and spheroid *in vitro* platforms offer high degrees of flexibility and control to generate microenvironments for studying specific cell behaviors and cell–ECM interactions in response to infections. However, these models sometimes lack the structural complexity of biological tissues. In contrast, *ex vivo* culture systems that sustain organ slices or whole organs in culture preserve not only multicellular complexity but also organ-specific architectures critical for physiological function (Fig. 4).¹⁰⁵ Organotypic culture systems consist of thin slices of organs that can be maintained with culture media for up to several days or even weeks.¹⁰⁶ The ability to culture these systems for prolonged periods of time is particularly attractive of prolonged parasitic infections. For example, Stoppini et al. investigated the consequence of *T. brucei* infection on central nervous system tissue, using cultured neonatal rat hippocampal slices.¹⁰⁷ Using this system, they authors were able to establish that, while most of the trypanosomes localize to peripheral areas of the tissue, many of them also penetrate deeper even invading glial cells and astrocytes. Because the tissue slices can survive for several weeks, this model can mimic the late stages of human African trypanosomiasis.

Explant organ cultures consisting of whole organs or large pieces of the organ retain an even higher degree of complexity. Explant organ cultures have been used extensively to study Chagas disease due to the diverse tissue tropism exhibited by *T. cruzi* parasites.^{108–110} As early as 1981, Tanowitz et al. evaluated parasite-neuronal interactions using cultured murine neonatal spinal cords and dorsal root ganglia.¹⁰⁹ Though neurons were rarely parasitized, dendrites swelled, and axons lost their morphology after infection, demonstrating the utility of these platforms to unravel cell-specific responses to infection. Rather than infecting *ex vivo*, other groups have established explant cultures using organs isolated from mice chronically infected with *T. cruzi*. With this approach, Postan et al. were able to isolate mast cells that formed on the infected hearts during the first week of *ex vivo* culture.¹⁰⁸ These cells were found primarily in fibrotic areas. These studies exemplify the potential of *ex vivo* culture systems that can further bridge the gap between *in vitro* and *in vivo* infection models.

Designing Solutions to Improve the Study of Parasite Biology

Synthetic hydrogels to immobilize parasites for high-resolution imaging

The ability to visualize parasite behavior in response to stimuli is crucial to understand the etiology of protozoal NTDS. Given the size of these microorganisms, high-resolution imaging is necessary to resolve the cellular structures and movement patterns of these microorganisms. However, the highly mobile nature of trypanosomes, and particularly of *T. brucei* spp., is a major hurdle for their visualization.¹¹¹ A common solution to this problem is the use of chemical fixatives that result in cell death. This approach restricts the application of live high-resolution imaging techniques that study dynamic responses of the parasites over time. Synthetic hydrogels are emerging as alternatives that can physically immobilize the trypanosomatid parasites without compromising imaging resolution.^{112,113} For example, Glogger et al. synthesized poly(ethylene glycol) hydrogels functionalized with either norbornene or thiol moieties for UV-induced photocrosslinking.¹¹² Because the hydrogel matrix can physically contain the parasites, the plasma membranes of *T. brucei* embedded in these gels could be studied using fluorescence super-resolution microscopy. Nonetheless, the hydrogels could only maintain viability for up to 1 h, limiting the time scale of the studies. To address this issue, Dong et al. designed a thermogelling gel-microbead matrix consisting of Pluronic F127 mixed with polystyrene microbeads.¹¹³ Because Pluronic F127 undergoes gelation only under specific temperatures, immobilization of the microorganisms is reversible through modulation of temperature. In this system, *T. brucei* parasites could be reversibly immobilized for high-resolution imaging of thrashing patterns without observing cell death. These studies show that hydrogels are a viable option for live, high-resolution imaging of exceptionally mobile protozoa, with the potential of immobilization to be reversed, enabling longitudinal observation.

Microfluidic devices to explore parasite behavior and physiology

Leishmaniasis and Chagas disease are caused by intracellular protozoa and, as a result, *in vitro* models of these infections are centered on understanding host cell responses to these parasites. In contrast, the *T. brucei* ssp. responsible for African sleeping sickness are highly motile extracellular parasites that can circulate in the bloodstream and inhabit interstitial tissue spaces.¹¹⁴ Classical methods limit the study of these free-swimming parasites because they involve parasite fixation and lack physiological stimuli such as blood flow. Additionally, many approaches are unable to provide data at single-cell resolution. Microfluidic devices have the potential to overcome these limitations and improve upon existing large scale culture methods. For example, Oldenburg et al. used droplet microfluidics to isolate *T. brucei* parasites in emulsion drops that enable the study of parasite variants (including those with slow dividing rates) with single-cell resolution.¹¹⁵ Moreover, the droplets acted as minibioreactors that sustained parasite growth and

expansion over several days, yielding trypanosome titers that exceeded those of standard bulk cultures.

Microfluidic devices also serve as valuable tools for characterizing parasite motility. Due to their high swimming speed and wide range of motion, live imaging of *T. brucei* has proven challenging without partial or total parasite immobilization. To address this challenge, De Niz et al. designed polydimethylsiloxane (PDMS) microfluidic traps to spatially confine *T. brucei* parasites.¹¹⁶ By optimizing trap height, geometry, and density, the researchers were able to reliably restrict the parasites for longitudinal imaging for up to 8 h without compromising parasite flagellar motility. PDMS microfluidic devices have also been used to study *T. brucei* self-propulsion in a range of physiologically relevant flow conditions.¹¹⁷ Stellamanns et al. arrived at a different solution by employing optical tweezers to trap living trypanosomes within a microfluidic device for a few minutes with the goal of studying mobility patterns in *T. brucei* in real time.¹¹⁸ The research team later combined this approach with chemical gradients to engineer a device containing microchambers where *T. brucei* parasites are exposed to trypanocidal compounds.¹¹⁹ The researchers used this device to investigate the effect of 2-deoxy-D-glucose and glutaraldehyde on parasite motility. Others have also fabricated serial dilution generators to screen experimental compounds against *T. cruzi*, highlighting the potential of these devices for drug discovery.¹²⁰ In both cases, the devices allowed for precise control of drug concentrations, and simultaneous high-resolution single-cell imaging.

The versatility of microfluidic devices enables their combination with other types of technology. For example, Vargas Jiménez et al. exposed *Leishmania* parasites to ultrasonic standing waves in a microfluidic device.¹²¹ In this proof-of-concept study, the team reported that both amastigotes and promastigotes respond to acoustic stimulation demonstrating the applicability of ultrasound technology for the noninvasive manipulation of trypanosomes.

Despite their many advantages, an important limitation of most microfluidic devices is their relatively complex fabrication process.¹²² Commercially available, prefabricated microfluidic devices can address this limitation and broaden access to this type of technology for all researchers. A 2019 study demonstrated that it is possible to repurpose the CellASIC ONIX microfluidic system originally designed for bacteria for the culture of *T. brucei* parasites.¹²³ This system enabled the perfusion of the culture medium with glucose at various concentrations and simultaneous live single-cell imaging to assess the response of the parasite. This type of approach provides an alternative for those unfamiliar with microfluidic fabrication.

The studies summarized here demonstrate the potential of microfluidic devices for a wide variety of applications, including the study of parasite motility, high-throughput drug screening, and parasite behavior upon chemical and mechanical stimulation.

Mapping the Global Distribution of Protozoal NTD Research

Despite the global impact of NTDS, research contributions and participation remain unevenly distributed, underscoring significant inequities that reflect both the geographic and economic

disparities associated with these diseases.^{124,125} To better understand the global scope of the publications identified in this systematic review, we performed an analysis on the geographic distribution of the authors whose papers met all inclusion criteria. For this analysis, Web of Science citation records for all 36 publications were downloaded and processed using the R refspltr package.¹²⁶ Briefly, author names and affiliations were extracted for each publication yielding a total of 221 identified authors. Author disambiguation was performed to ensure no authors were counted more than once. Based on affiliation information, author location was georeferenced to match the country where the authors were located as reported in each publication (Fig. 5).

We identified 85 authors from a total of 12 countries, all located within the western hemisphere (Fig. 5A). Latin America and the Caribbean was the region with the highest concentration of authors, with the highest representation of authors observed at institutions located in Brazil and the remaining Latin American authors working in South America (Fig. 5). This is partially to be expected considering that two of these parasitic NTDs (Chagas Disease and leishmaniasis) are endemic to this area of the world. Nonetheless, no authors were identified in the Middle East, South and East Asia, and Sub-Saharan Africa despite experiencing significant healthcare and economic burdens from these diseases (Fig. 5B). Outside of Latin America, only the regions of Europe & Central Asia, and North America had researchers authoring the work described here (Fig. 5B). It is important to note that the literature searches prioritized publications written in English and might therefore ignore publications written in other knowledges by authors outside of the regions identified here. Nevertheless, these results describe uneven participation in research related to the development of preclinical NTD *in vitro* models across the world.

Future Opportunities and Outlook

Solving the complicated challenges that contribute to the disparities associated with parasitic NTDs requires multidisciplinary perspectives. The 36 groundbreaking studies described earlier apply engineering and materials science principles to the study of parasitic infections in microenvironments that more closely mimic *in vivo* conditions. These models were used to uncover mechanisms of migration, infection, and trypanocidal activity that would not be possible to study in traditional culture systems. Nonetheless, the small number of papers identified highlights the current reliance on traditional *in vivo* and *in vitro* models for the study of NTDs. Biomaterial scientists and tissue engineers are uniquely positioned to address this challenge by developing more accurate disease models that advance our understanding of these diseases, and contribute to the design of innovative treatments. These interdisciplinary collaborations have the potential to transform the fight against protozoan parasites that perpetuate cycles of poverty and inequality.

Emerging engineering technologies can further contribute to the development of increasingly more physiologically relevant disease models. For example, both natural and synthetic biomaterials can be designed to independently control stiffness and ECM composition, enabling the simultaneous modulation of multiple microenvironmental properties.^{73,74,127,128} The introduction of technologies such as reversible hydrogel crosslinkers and pneumatic valves has also enabled the dynamic control of experimental variables in both biomaterials and microfluidic platforms.^{128,129} Because tissue remodeling is common during prolonged parasitic infections, leveraging these modular systems to simulate diseased microenvironments over time could allow researchers to uncover previously unknown parasite behaviors specific to the chronic stages of these NTDs. Similarly, advances in 3D printing, organs-

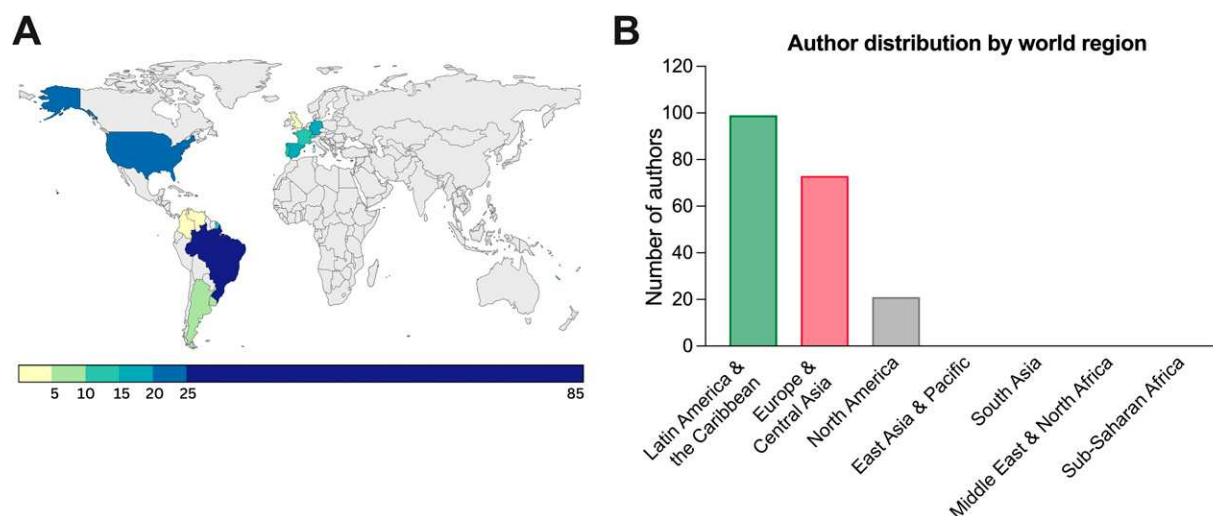


FIG. 5. Geographic distribution of the researchers who authored the publications identified in this systematic review.

(A) Global heat map of author geographical affiliations. Note the nonlinear scale of this heat map. Gray countries were not represented in this dataset.

(B) Histogram of the number of authors represented in this dataset grouped by the world region based on the location of their institutional affiliations. Regions with no bars did not have any authors represented in this dataset.

on-a-chip, and organoid technology have led to the development of increasingly sophisticated tissue and organ models.^{102,130–132} Adapting these existing systems for the study of neglected parasitic infections would represent a significant leap forward for *in vitro* modeling of these diseases.

The current medications approved for the treatment of protozoal NTDs face significant challenges, including limited efficacy, high toxicity due to broad systemic effects, low patient compliance, and the development of drug resistance.^{30,37,133} Given the significant drawbacks of existing treatments, the WHO is currently prioritizing the development of effective, safe, and affordable treatment interventions in their current strategic roadmap to end NTDs.²⁰ The generation of more complex *in vitro* models can play a crucial role in addressing this dire need. In 2022, the Food and Drug Administration Modernization Act 2.0 was introduced in the United States to allow the use of organoids, organs-on-chips, cell-based assays, and other engineered *in vitro* models to replace animal testing for the study of drug safety and effectiveness.¹³⁴ Similar efforts are gaining traction in other parts of the world.¹³⁵ As illustrated by several of the examples highlighted here,^{77,94,98} combining preclinical *in vitro* models with novel drug delivery and treatment approaches could revolutionize the development pipeline for new therapeutic strategies by disqualifying nonviable formulations and identifying promising candidates faster.

Our meta-analysis of global participation in this interdisciplinary field revealed high participation by researchers primarily based in Latin America and Europe, with no authors identified in other regions of the world where protozoal NTDs are endemic (Fig. 5). These observations highlight the importance of continuing to build capacity and increase financial support for the researchers pioneering biomaterials and tissue engineering applications to NTDs in the Global South. Considering European, North American, and East Asian researchers have traditionally led the development of cutting-edge biomedical engineering technology, international collaborations between the Global North and South could help address uneven global participation in the application of this field to protozoal NTDs. These collaborations should be rooted in equitable practices that acknowledge local expertise, avoid helicopter science, and respect differences in cultural norms and capacities.^{136–138}

Ultimately, the fight against NTDs will require not only scientific and technological advancements, but also global cooperation and an understanding of the socio-economic factors involved, as well as systems-level interventional approaches that consider local health systems, institutional commitment, and community needs.^{9,139} This comprehensive approach will not only combat these parasitic diseases but also contribute to the broader goal of achieving global health equity.

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Authors' Contributions

T.M. summarized a majority of the studies included in this review and participated in the production of Figures 1–4. J.R. summarized protozoal NTDs. J.A.R. summarized microfluidic device approaches. A.J.H. created Figure 5. P.E.K. provided technical advice and edited the article. A.M.P. developed the idea for the article, generated the ideas for all of the figures, supervised the team, edited, and finalized the article.

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Supplementary Material

Supplementary Table S1

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