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The spatial distribution of coupling between tau and neurodegeneration in amyloid- β positive mild cognitive impairment

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Short/running title.

Coupling between tau and neurodegeneration in MCI

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1 ABSTRACT

2
3 Synergies between amyloid- β ($A\beta$), tau, and neurodegeneration persist along the Alzheimer's
4 disease (AD) continuum. This study aimed to evaluate the extent of spatial coupling between tau
5 and neurodegeneration (atrophy) and its relation to $A\beta$ positivity in mild cognitive impairment
6 (MCI). Data from 409 participants were included (95 cognitively normal controls, 158 $A\beta$
7 positive ($A\beta+$) MCI, and 156 $A\beta$ negative ($A\beta-$) MCI). Florbetapir PET, Flortaucipir PET, and
8 structural MRI were used as biomarkers for $A\beta$, tau and atrophy, respectively. Individual
9 correlation matrices for tau load and atrophy were used to layer a multilayer network, with
10 separate layers for tau and atrophy. A measure of coupling between corresponding regions of
11 interest (ROIs) in the tau and atrophy layers was computed, as a function of $A\beta$ positivity. Fewer
12 than 25% of the ROIs across the brain showed heightened coupling between tau and atrophy in
13 $A\beta+$, relative to $A\beta-$ MCI. Coupling strengths in the right rostral middle frontal and right
14 paracentral gyri, in particular, mediated the association between $A\beta$ burden and cognition in this
15 sample.

18 INTRODUCTION

19 Alzheimer's disease (AD), the most common form of neurodegeneration, has become a key
20 contemporary public health concern (Nichols et al., 2019). While the cause of this disease is still
21 unknown, it is believed to develop from the accumulation of the extracellular amyloid- β ($A\beta$)
22 peptide and from tangles of hyperphosphorylated tau, which lead to synaptic impairment,
23 neuronal loss (atrophy), and consequently to cognitive and behavioral decline (Kumar et al.,
24 2015). The leading model as to how these pathological processes bind together is known as the
25 amyloid cascade hypothesis (Ricciarelli and Fedele, 2017). According to this influential
26 framework, $A\beta$ pathology initiates alterations in tau which then lead to neurodegeneration and to
27 the cognitive and behavioral manifestations of AD (Karran et al., 2011).

28 The serial and linear structure of the amyloid cascade hypothesis has, nevertheless, been
29 challenged in the literature. In particular, studies suggest that $A\beta$, tau, and neurodegeneration
30 (atrophy) could have synergistic effects in AD pathogenesis (Busche and Hyman, 2020). Yet, the
31 extent of spatial coupling between alterations in AD pathological biomarkers, specifically in
32 biomarkers for tau and atrophy remains uncertain (LaPoint et al., 2017; Mak et al., 2018;
33 Sepulcre et al., 2016; Xia et al., 2017). On the one hand, studies have reported large degrees of
34 spatial overlap throughout the brain between tau burden, as assessed using positron emission
35 tomography (PET), and magnetic resonance imaging (MRI)-based measures of atrophy in both
36 cognitively normal controls and individuals with AD (Xia et al., 2017). On the other hand,
37 studies have found more restricted spatial coupling between tau and atrophy, which may emerge
38 from heterogeneity in patterns of tau spread (Mohanty et al., 2023). Moreover, the majority of
39 studies that examined interactions between tau and atrophy were either in normal controls or in
40 individuals with AD (Digma et al., 2019; Liu et al., 2021). The extent of coupling between these
41 biomarkers in individuals with MCI and AD pathologic changes, who can be considered as being
42 at the prodromal stages of AD (Jack et al., 2018), remains less understood.

Over the last decade, there has been significant interest and methodology development in the study of network valued data over the same node set (e.g., regions in the brain), but across multiple layers (De Domenico, 2017; Kivelä et al., 2014). These methods may help in clarifying the extent of coupling that exists between tau and atrophy, as they offer additional insight on complex relationships within and between variables in multiple layers, which may be missed by studies looking at single-layer covariance. Multilayer networks allow to model and study complex heterogeneous relationships between entities within a system and variation of these relationships across layers (Boccaletti et al., 2014; Kivelä et al., 2014). In the context of brain networks, multilayer network models were used for studying the relationships between brain structure, function, and dynamics across multiple scales, both in the healthy brain and in AD (Cai et al., 2020; De Domenico, 2017; Guillon et al., 2019). We reasoned that the extent of spatial coupling between tau and atrophy could be modeled using multilayer networks, since this approach can allow to inspect interactions both within and between network layers.

In the current study, we used a cross-sectional sample of participants with MCI (n=314), as well as data from cognitively normal (CN) participants (n=95) to reconstruct single-subject multilayer networks that represent tau and atrophy as separate layers, and the interactions among these two biomarkers in between layers. More specifically, tau PET and structural MRI (atrophy) data from 70 regions of interest (ROIs) were first extracted from MCI and CN participants. Tau and atrophy data were then z-score transformed relative to the means and standard deviations from the entire pool of CN participants. Subsequently, individual-subject covariance matrices were computed for each participant and used to reconstruct tau and atrophy networks for each participant after minimally thresholding the edge weights to retain all positive weights in the networks. The tau and atrophy networks were then modeled as multilayer networks and grouped according to A β positivity. This allowed us to study the interaction between the tau and atrophy layers at the presence and absence of A β positivity.

METHODS AND MATERIALS

-- Figure 1 Here --

Participants

Data used in this study were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) dataset (<https://ida.loni.usc.edu>), including the ADNI-1, ADNI-GO, and ADNI-2 cohorts. A total of 314 MCI participants who had ^{18}F -florbetapir and ^{18}F -flortaucipir PET data were included in the study (**Table 1**). Data from 95 CN participants was additionally used to aid in the reconstruction of individual-subject graphs/networks for each of the MCI participants. ADNI's native inclusion and exclusion criteria were used in both the CN and MCI groups. Briefly, MCI participants had Mini-Mental State Examination (MMSE) scores ranging from 24 to 30, reported memory-related concerns, exhibited memory decline based on Wechsler Memory Scale Logical Memory II scores adjusted for education, had a Clinical Dementia Rating (CDR) score of 0.5, displayed no substantial impairment in other cognitive domains, maintained their ability to perform activities of daily living, and did not have dementia. CN participants had MMSE scores ranging from 24 to 30, CDR scores of 0, were free from depression, did not have MCI, and were not diagnosed with dementia.

Participants with MCI were further divided into A β positive (A β +) and negative (A β -), based on an established cutoff (Standardized uptake value ratio [SUVR] > **1.11**), computed relative to an inferior cerebellum reference region (Landau et al., 2013b, 2012b). All CN participants were amyloid and tau negative. All participants provided written informed consent and the procedures were all approved by the local Institutional Review Boards.

Imaging data analysis

Regional florbetapir PET summary data were obtained from ADNI as derived variables (Landau et al., 2013a, 2012a). In short, T1 weighted native-space images were processed with FreeSurfer v7.1.1, and a cortical summary region was defined for each subject, based on frontal, anterior and posterior cingulate, lateral parietal, and lateral temporal ROIs. The T1 images were coregistered to florbetapir PET scans, which allowed to extract PET data from cortical ROI. SUVR's were then calculated for the cortical summary region, based on an inferior cerebellum reference region. SUVR values from the cortical summary region were then used to define A β burden and positivity. Regional summary data based on flortaucipir PET were also obtained from ADNI as derived variables. In short, MPRAGE images were parcellated into a set of 70 ROIs using FreeSurfer v7.1.1 based on the Desikan-Killiany protocol (Desikan et al., 2006). The right and left hippocampi were removed from the analyses, since tau load data in these regions may be contaminated by off-target binding (e.g. Biel et al., 2022; de Flores et al., 2022). Flortaucipir images were co-registered to the corresponding MPRAGE images to determine the mean regional flortaucipir uptake within each ROI. SUVRs for each of the 70 ROIs were then calculated, by dividing uptake values by an inferior cerebellar reference region. Finally, grey matter volumes extracted from the same 70 ROIs using FreeSurfer v7.1.1 were used as measures of regional atrophy.

Network reconstruction

Regional tau uptake and grey matter volume data from MCI participants were considered for analysis (Figure 1A). Data from CN participants were further used to aid in the reconstruction of single-subject networks/graphs for each subject with MCI (Figure 1A). In this procedure, individual covariance networks in the target group, are reconstructed based on their deviation from an averaged network based on a group of controls (Yun et al., 2020). First, an averaged covariance network was reconstructed from a group of CN participants (n=95), separately for tau and atrophy. Atrophy and tau data from each MCI subject were then normalized via a z-score transformation using the mean and standard deviation of the CN-based, tau and atrophy networks (Figure 1B). This allowed for the reconstruction of single covariance matrices (Yun et al., 2020, 2015) for each MCI subject (Figure 1C). The covariance matrix is a $nROI \times nROI$ matrix, where for each index $[x,y]$ we compare the z-scores of the corresponding tau and atrophy ROIs. The equation is given below:

$$Brain\ structural\ covariance[x,y] = \frac{1}{e^{[(zscore\ of\ x^{th}\ ROI - zscore\ of\ y^{th}\ ROI)^2]}} \quad (1)$$

Higher values in ROIs within these matrices denote high covariance compared to the corresponding ROIs from the averaged CN-based networks. The matrices generated for tau and atrophy were structured as single-layer networks/graphs (Figure 1D). The single-layer graphs were then layered into a two-layered graph with tau and atrophy as separate layers (Figure 1E). This form of representation allowed us to examine and compare both intra-layer (green colored edges in Figure 1F), and inter-layer edges (yellow-colored edges in Figure 1F). While the former type of edges corresponds to covariance for ROIs in the tau and atrophy networks separately, the latter type of edges, which connect the nodes across layers, allow to examine interactions between tau and atrophy. Moreover, unlike multiplex networks, where inter-layer edges connect the same nodes across layers, the multilayer network representation used here also incorporates inter-layer edges connecting across nodes (grey dotted edges in Figure 1F). The multilayer networks were generated using R (Version 4.2.1) (Team, 2021), with the igraph (Version: 1.3.5) and muxviz (Version: 3.1) (De Domenico et al., 2015) libraries.

Interlayer coupling score.

A key objective in the current study was to assess the extent of regional/spatial coupling between tau and atrophy in the presence and absence of A β positivity. To that effect we have computed a coupling score between the tau and atrophy layers, based on the distance between the layers (Shimada et al., 2016). As a measure of distance, we used Euclidean distance, as it was previously used to assess coupling between network node sets (Liu et al., 2022). First, the partitioned distance between the tau and atrophy layers was calculated. The resulting distance matrix D was used to calculate the coupling score. The distance between identical ROIs across layers was defined as (D_i), whereas interlayer edges, connecting different ROIs across the layers were defined as (D_b). The coupling score was computed to measure the relative coupling between tau and atrophy, as the ratio between a spatially coupled edge and all other non-coupled edges:

$$\text{Coupling score} = \frac{D_r - \text{mean}(D_b)}{D_r} \quad (2)$$

Partitioned Euclidian distance was computed using the pdist (Version 1.2.1) library (<https://github.com/jeffwong/pdist>) in R (Version 4.2.1). A toy example of the procedure for calculating coupling scores is illustrated in **supplementary Figure 1**.

Statistical Analysis

Group differences in demographic data (age, gender, education) were analyzed using t-tests or chi-squared tests. These analyses were conducted in R, with the packages dgof (v1.4) (<https://CRAN.R-project.org/package=dgof>). Group differences in tau load and in atrophy, as well as in regional coupling between tau and atrophy were based on a non-parametric, permutation-based analysis of variance, adjusted for age (see **Table 1**). The resulting p-values were False Discovery Rate (FDR) corrected across ROIs. These tests were carried out using the aovperm function, which is part of the permuco (v1.1.1) library (<https://github.com/jaromilfrossard/permuco>) in R. Finally, we examined whether the association between A β burden and cognition, assessed with clinical dementia rating sum of boxes (CDR-SB) scores (O'Bryant, 2008), was mediated by the extent of coupling between tau and atrophy. Similar mediation analyses were carried out wherein regional tau and atrophy scores replaced coupling scores. Parallel mediation analyses were conducted in Python 3, using the pingouin package (Version 0.5.3) (<https://pingouin-stats.org/>). Confidence intervals in the mediation model were computed using bootstrapping (10,000 steps).

RESULTS

Group demographics

Our objective was to compare the extent of coupling between tau and atrophy in the presence and absence of A β positivity. To that effect, we divided a total of 314 individuals with MCI into two groups, A β + (n=158) and A β - (n=156), based on A β PET data and established cutoffs (Landau et al., 2013b, 2012b), see Methods and Materials). The A β + and A β - groups did not show significant differences in sex (p=0.364) or education (p=0.536) but did differ in age (p= 0.0288) and CDR-SB scores (p= 4.303e-08) (**Table 1**).

Table 1 Characteristics of data used in the study.

Measure	A β +	A β -	CN
Age (years) *	71.13 $\pm$ 6.96*	70.28 $\pm$ 6.71*	70.45 $\pm$ 5.75
Sex	Female: 81 (51) Male: 77 (49)	Female: 72 (46) Male: 84 (54)	Female: 51 (54) Male: 44 (46)
Education (years)	16.34 $\pm$ 2.60	16.52 $\pm$ 2.65	16.84 $\pm$ 2.56
CDR-SB	2.99 $\pm$ 3.84*	0.997 $\pm$ 2.19*	0.268 $\pm$ 1.01

Values are given as mean $\pm$ standard deviation or percentages (%); * denotes significant group difference ($p < 0.05$); A β - amyloid-

Tau load and atrophy levels in A β + and A β - participants

We first examined group difference between A β + and A β - participants in tau load and in atrophy. Mean levels of tau load (**Figure 2A**) were significantly higher in A β + relative to A β - participants, when adjusting for age $t(191.2) = -7.6655$, ($p < 0.001$). Similarly, mean levels of atrophy (**Figure 2B**) were significantly higher (i.e., regional volumes were lower) in A β + relative to A β - participants, when adjusting for age $t(308.75) = 3.1251$, ($p = 0.009$). In both comparisons, significant differences were retained when outlier values were removed.

Coupling between tau and atrophy

We next examined the regional coupling between tau and atrophy, and the extent to which it differed as a function of A β positivity. Taking advantage of the multilayer representation of tau and atrophy as separate layers composed of identical nodes (ROIs), we computed a coupling score between tau and atrophy, based on the Euclidean distance between the layers (**Figure 2C**). The coupling score denoted the ratio between each spatially coupled edge and all other non-coupled edges in the multilayer network (**Supplementary Figure 1**; see Methods and Materials). The A β + group showed significantly greater coupling compared to the A β - group (FDR corrected) (**Figure 2D, with coupling scores in each group separately shown in Supplementary Figure 2**) in lateral and superior temporal, insular, parietal and frontal ROIs, predominately lateralized to the right (Supplementary Table 1). Altogether, only 24.2% of the ROIs showed stronger coupling between tau and atrophy in the A β + group, relative to the A β - group.

-- Figure 2 Here --

Mediational link between A β burden cognition and tau-atrophy coupling

Our results so far reveal differential levels of coupling between tau and atrophy when comparing A β + and A β - participants. Next, we examined whether the extent of coupling and its relationship with A β burden also relates to participants' cognitive status. First, the association between coupling (considering ROIs where coupling scores were found to be significant) and CDR-SB scores, used here as a measure of cognitive status, was significant in both A β + ($\beta = 0.165$, $p = 0.039$), and A β - ($\beta = 0.199$, $p = 0.013$) participants (**Supplementary Figure 3**). Next, considering A β as a continuous variable, we tested whether the association between A β burden and global cognition, assessed with CDR-SB scores corrected for age, were mediated by the extent of coupling between tau and atrophy. This was achieved by fitting the data with a parallel mediation model. We found that coupling in the right rostral middle frontal ($p = 0.005$) and right paracentral ($p = 0.0288$) ROIs significantly mediated the association between A β burden and CDR-SB scores (**Figure 3**). Similar models wherein regional tau and atrophy (tested separately) were included in the model as potential mediators, instead of coupling scores, did not yield any significant indirect effects.

-- Figure 3 Here --

DISCUSSION

The objective of the current study was to estimate the extent of spatial coupling between tau and atrophy biomarkers in individuals with MCI, study the role of A β burden in this coupling, and examine the relationship between coupling and cognitive dysfunction. Overall, stronger coupling between tau and atrophy was observed in A β + as compared to A β - individuals with MCI. Differences in coupling between these two groups varied spatially and were observed in less than 25% of the ROIs considered for analysis. Finally, our results reveal that coupling between tau and atrophy in right rostral middle frontal and right paracentral gyri mediated the association between A β burden and cognitive dysfunction.

Our results show that fewer than 25% of the ROIs across the brain showed significant coupling between tau and atrophy, as a function of A β positivity. Previous research on the extent of coupling between tau and atrophy has yielded inconsistent results. Namely, substantial spatial overlap between PET-based tau burden and MRI-based atrophy measures has been reported in both cognitively normal controls and individuals with AD (Xia et al., 2017). Conversely, a smaller degree of spatial association between tau and atrophy was found in other studies (Mohanty et al., 2023). Our novel approach for assessing overlap between tau and atrophy suggests that the coupling among the two is more restricted than that observed when using other analytical techniques.

Asymmetry in tau burden (Lu et al., 2023) and in atrophy (Jahanshahi et al., 2023) is a consistent finding in studies in aging and dementia. Asymmetry in tau burden contributes significantly to accelerated memory decline, and to the heterogeneity observed in AD (Lu et al., 2023). Similarly, asymmetric atrophy, not restricted to the left or right hemisphere, was found in a large meta-analysis of studies of aging and multiple neurodegenerative diseases (Minkova et al., 2017). In the current study, we observed significant coupling between tau and atrophy, as a function of A β positivity, primarily in the right hemisphere. Associations have been reported between both tau (Ossenkoppele et al., 2019) and atrophy (Chang et al., 2018) covariance networks, and intrinsic functional connectivity in the brain. Our findings of right hemispheric dominance in coupling are thus in line with reports on abnormal rightward dominance in whole brain functional connectivity among MCI and AD participants (Liu et al., 2018). Whether the spatial extent of coupling between tau and atrophy also relates to patterns of connectivity in large-scale functional networks remains to be more specifically determined in future research.

When comparing A β + and A β - participants with MCI significant coupling between tau and atrophy was observed in lateral and inferior temporal, insular, superior parietal and frontal ROIs. Consistent with these findings, associations between tau burden and cortical atrophy in AD and MCI were reported in inferior temporal, parietal, and frontal regions (Timmers et al., 2019). Atrophy in lateral temporal and to a lesser extent parietal and frontal regions was found to allow for the subtyping of participants with MCI into subgroups, showing distinct clinical phenotypes (Kwak et al., 2021). Regions such as the inferior and middle temporal cortices are also key regions of tau accumulation in MCI and AD (Maass et al., 2017). Increased tau burden in the

inferior temporal lobe in AD is associated with greater impact on activities of daily living (Halawa et al., 2019), while tau burden in frontal cortex predicts longitudinal decline in executive function (Pereira et al., 2020). We should note that our choice to remove the hippocampus from the analysis, motivated by its off-target tau PET binding (See Methods and Materials), likely impacted our ability to detect coupling in additional regions impacted early in along the AD continuum. Thus, while the current results mostly highlight coupling in higher-order cortical regions, the extent of coupling in entorhinal and limbic regions should be further evaluated with suitable methods.

We report that the association between A β burden and global cognition, as captured by CDR-SB scores, is mediated by the extent of tau-atrophy coupling in right rostral middle frontal and right paracentral cortices. The rostral middle frontal gyrus shows heightened tau deposition in A β positive individuals (Young et al., 2021). Morphometric properties of this region were also reported to correlate with executive function performance in both MCI and healthy aged-matched controls (Chang et al., 2010). Similarly, right paracentral cortical atrophy is higher in individuals with MCI who progress to AD, relative to those who remain stable over time (Julkunen et al., 2009). This region also shows cortical thinning in AD, relative to controls (Yang et al., 2019). Altogether, our findings join these earlier observations in highlighting the contribution of pathology in the middle frontal and paracentral regions to cognitive dysfunction in MCI.

In the current study we queried the extent of coupling between tau and atrophy by modeling multimodal neuroimaging data as a multilayer network. Multilayer networks can aid in modeling complex interactions that occur among biological (or non-biological) processes that operate at differing spatial and temporal scales (Robitaille et al., 2021). This approach may thus properly capture the heterogeneity often observed in biological systems which may result from the diverse interactions of the system's various substrates (Hammoud and Kramer, 2020). Here, the multilayer representation allowed us to compare coupled versus non-coupled interactions among 2 distinct biological processes characteristic of the AD continuum. Future work can focus on other processes and mechanisms which can be quantified in multilayer networks, such as changes in modularity (Taylor et al., 2017; Wilson et al., 2017) redundancy (Radicchi and Bianconi, 2017), and robustness (Kumar and Singh, 2020; Liu et al., 2020), known to be strongly impacted by aging and dementia (Contreras et al., 2019; Langella et al., 2021; Sadiq et al., 2021; Song et al., 2014; Stanford et al., 2022). Moreover, studies utilizing longitudinal data will be required to better delineate changes that occur in the coupling between tau and atrophy along the AD continuum.

Summary

In summary, we report that significant coupling between tau and atrophy was observed in fewer than 25% of the ROIs considered here for analysis. Yet, the extent of coupling between tau and atrophy in rostral middle frontal and paracentral regions mediated the association between A β burden and cognition, highlighting the potential significance of this measure in the clinical presentation of AD dementia.

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Disclosures

The authors have no conflicts of interest or any financial interests to disclose.

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607 Figure Legends

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 609 **Figure 1:** Modeling framework. (A.) Participants' (MCI, CN) tau standardized uptake value
 610 ratios (SUVRs) were calculated in 70 regions of interest (ROIs) (B.) Volumetric measures from
 611 the same ROIs were used as measures of atrophy. Data was Z-score transformed using means
 612 and standard-deviations (SD) from controls (Value – Mean [CN]/ SD[CN]) (C.) Individual-
 613 subject structural covariance matrices were reconstructed for tau and atrophy (D.) Covariance
 614 matrices for tau and atrophy were then modeled as single layer networks for each individual
 615 participant. (E.) Multilayer networks with tau and atrophy serving as single layers were
 616 reconstructed and labeled according to A β positivity. (F.) Inter-layer (yellow), Intra-layer (green)
 617 and cross-layer (grey-dotted) edges in a multilayer network. MCI – Mild Cognitive Impairment,
 618 CN – cognitively normal controls.

619 **Figure 2:** Coupling between tau and atrophy. (A.) The A β + group showed greater tau uptake
 620 than the A β - group averaged across all ROIs. (B.) The A β + group also showed higher atrophy
 621 levels when compared to the A β - group across all ROIs. (C.) Calculation of coupling scores
 622 computed to measure the relative coupling between tau and atrophy, was based on the Euclidean
 623 distance between layers (distance matrix D) and denotes the ratio between a spatially coupled
 624 edge D_r (red) and all other non-coupled edges D_b (black). (D.) ROIs that showed significantly
 625 higher coupling in the A β + group, as compared to the A β - group (FDR corrected).

626 **Figure 3:** Mediation link between A β burden, coupling between tau and atrophy and global
 627 cognition. The association between A β burden, considered as a continuous variable, and global
 628 cognition (CDR-SB: Clinical Dementia Rating Scale–Sum of Boxes) was mediated by coupling
 629 between tau and atrophy in the right rostral middle frontal (p<0.05) and right paracentral
 630 (p<0.05) cortices. Direct, indirect (mediation) and direct effects are shown.

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