



Cite this: *Polym. Chem.*, 2025, **16**, 266

Received 23rd October 2024,
Accepted 3rd December 2024

DOI: 10.1039/d4py01188k

rsc.li/polymers

Here we report the modelling of thermally initiated RAFT step-growth polymerization kinetics of maleimide and acrylate monomers with bifunctional RAFT agents bearing tertiary carboxyalkyl-stabilized fragmentable R groups. By analytically solving the governing equations of our model, derived from the proposed mechanism, we demonstrate that the kinetics of these polymerizations follows first order with respect to monomer concentration. Furthermore, the obtained apparent rate constant (k_{app}) values indicate that acrylate monomers polymerize at slower rates compared to maleimide monomers during thermally initiated RAFT step-growth polymerization.

Reversible addition-fragmentation chain transfer (RAFT) is a controlled radical polymerization (CRP) technique mediated by chain transfer agents (CTAs or RAFT agents) that proceeds by a degenerative chain transfer mechanism.^{1–6} Although RAFT polymerizations are considered advantageous due to their user-friendly nature, high functional group tolerance, and ability to polymerize a wide range of monomer classes, they are predominantly limited to all-carbon backbones.³ Step-growth polymerizations on the other hand involve the reaction of two functional groups to form polymers in a stepwise manner. As such, a wide range of backbone functionalities can be incorporated into the monomers utilized for polymerization. However, step-growth polymerizations often require harsh conditions to achieve sufficient monomer conversion and afford high molecular-weight polymers,⁷ which limits the functionalities that can be incorporated into the backbone.

RAFT step-growth polymerization combines the beneficial characteristics of RAFT polymerization, like the user-friendly nature and high functional group tolerance, with the versatility in backbone functionality of step-growth polymerization, giving access to highly functional polymer backbones

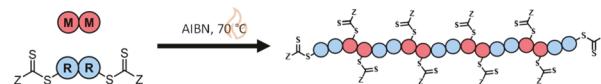
Mechanism and modelling of thermally initiated RAFT step-growth polymerization†

Samantha Marie Clouthier, Joji Tanaka * and Wei You *

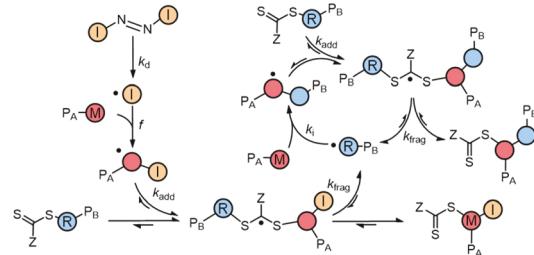
(Scheme 1A).^{8–13} As such, RAFT step-growth polymerization provides a route to functional polymer backbones with foreseeable applications, from drug delivery to chemical recycling.^{13,14}

RAFT step-growth typically employs bifunctional reagents for both the monomer and CTA and proceeds through a single-unit monomer insertion (SUMI) mechanism (Scheme 1). The basics of the RAFT–SUMI mechanism and kinetics have been explored in previous investigations, including the effect of monomers^{15–17} and initiation methods.¹⁸ As shown below, RAFT step-growth traditionally proceeds by the thermal decomposition of an exogenous azo-initiator to generate the radicals used in the RAFT step-growth cycle, similar to thiol–ene step-growth polymerization (Scheme 1B).^{19–21} The RAFT step-growth cycle can be broken down into three steps: (1) monomer addition to a CTA-derived R[•] radical to generate a monomer (or backbone)-derived M[•] radical (k_i , Scheme 1B), (2) RAFT agent addition to the M[•] radical to generate a chain transfer intermediate radical adduct CTA[•] (k_{add} , Scheme 1B),

A General Polymerization Scheme



B RAFT Step-Growth Polymerization Initiated by AIBN



Department of Chemistry, University of North Carolina at Chapel Hill, Chapel Hill, NC 27599-3290, USA. E-mail: joji@email.unc.edu, wyou@unc.edu

† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d4py01188k>

and (3) fragmentation of CTA[•] to regenerate the CTA-derived R[•] radical (k_{frag} , Scheme 1B). The driving forces for the polymerization to proceed *via* step-growth rather than chain-growth are low homopropagation (k_p), high k_i and a high chain transfer equilibrium described by the ratio of forward and reverse chain transfer constant coefficients ($C_{\text{tr}}/C_{-\text{tr}}$).¹³

Thermally initiated RAFT step-growth has been demonstrated with both maleimide (MCTA–M_{2E}, Scheme 2A) and acrylate (M_{2F}–M_{2J}, Scheme 2B) monomers with bifunctional RAFT agents that bear tertiary carboxyalkyl R groups (MCTA, CTA₂, and CTA_{2SS}) (Scheme 2).^{8–10} Thus far, the kinetics of RAFT step-growth polymerizations has been treated as pseudo-first-order reactions *without* considering the rate-limiting steps.^{8–10} Here, we investigate the mechanism of thermally initiated RAFT step-growth of maleimide and acrylate monomers through kinetic modelling, where we consider rate-limiting steps of the RAFT step-growth cycle and subsequently fit experimental data following our kinetic models to obtain apparent rate constants (k_{app}).

To aid in the interpretation of the observed polymerization kinetics for thermally initiated RAFT step-growth, we have developed a model based on the key steps in the mechanism. The model is based on the proposed mechanism (Scheme 1B) involving 5 species: the monomer (M), the RAFT agent (CTA), and three radical species generated by the cycle (backbone radical (M[•]), RAFT agent radical (R[•]), and RAFT step-growth adduct radical (CTA[•])). From these species, we defined governing equations for the model (eqn (1)–(5)), where eqn (1) and (2) describe the consumption of monomer groups through the monomer addition to R[•] and the consumption of the RAFT agent by addition to M[•], respectively. Eqn (1) and (2) assume that the consumption of the monomer or RAFT agent groups by initiation is negligible. Additionally, eqn (3)–(5) describe the concentrations of the three radical species in the RAFT step-growth cycle, accounting for initiation (in the case of eqn (3)), termination, and generation and consumption throughout the RAFT step-growth cycle. For simplification, the reverse chain transfer process in the RAFT step-growth cycle is not considered. This is a reasonable assumption, particularly for examples where the CTA bears a more radically stabilized frag-

mentable group (R[•]) relative to monomer derived radical species (M[•]).

$$\frac{d[M]}{dt} = -k_i[M][R^{\bullet}] \quad (1)$$

$$\frac{d[CTA]}{dt} = -k_{\text{add}}[CTA][M^{\bullet}] \quad (2)$$

$$\frac{d[M^{\bullet}]}{dt} = R_i - R_t(R^{\bullet}) + k_i[M][R^{\bullet}] - k_{\text{add}}[CTA][M^{\bullet}] \quad (3)$$

$$\frac{d[R^{\bullet}]}{dt} = -R_t(R^{\bullet}) - k_i[M][R^{\bullet}] + k_{\text{frag}}[CTA^{\bullet}] \quad (4)$$

$$\frac{d[CTA^{\bullet}]}{dt} = -R_t(CTA^{\bullet}) - k_{\text{frag}}[CTA^{\bullet}] + k_{\text{add}}[CTA][M^{\bullet}] \quad (5)$$

The initiation rate (R_i) accounted for in eqn (3) is defined by eqn (6), where f is the initiation efficiency of monomer addition to the initiator radical (I[•]), k_d is the decomposition rate of the initiator, and [I] is the concentration of initiator species. Notably, defining R_i in this manner has limitations at high monomer conversion due to the assumption of a constant value for f . Because of radical side reactions, a value of $f = 1$ is not recommended; rather, a value of $f = 0.65$ has been recommended and adopted for azo-initiators.^{13,22} Nevertheless, initiator efficiency (f) is expected to fall at high monomer conversion (when the monomer concentration becomes a limiting factor). Rates of termination ($R_t(M^{\bullet})$, $R_t(R^{\bullet})$, and $R_t(CTA^{\bullet})$) by a variety of radical–radical combination events are highlighted in eqn (7)–(9). Notably, all termination events by radical–radical combinations are assumed to be equally likely; thus, termination-related rate constants (k_{t1} , k_{t2} , k_{t3} , k_{t4} , k_{t5} , and k_{t6}) are all equal and can be further simplified by a general termination kinetic parameter (k_t). Furthermore, eqn (7)–(9) can be summed together to give a general rate of termination (R_t) (eqn (10)).

$$R_i = 2fk_d[I] \quad (6)$$

$$R_t(M^{\bullet}) = 2k_{t1}[M^{\bullet}]^2 + k_{t2}[M^{\bullet}][R^{\bullet}] + k_{t3}[M^{\bullet}][CTA^{\bullet}] \quad (7)$$

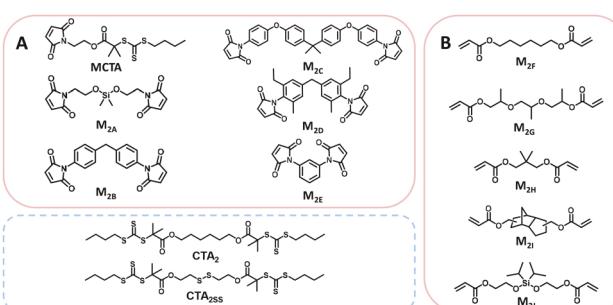
$$R_t(R^{\bullet}) = k_{t2}[M^{\bullet}][R^{\bullet}] + 2k_{t4}[R^{\bullet}]^2 + k_{t5}[R^{\bullet}][CTA^{\bullet}] \quad (8)$$

$$R_t(CTA^{\bullet}) = k_{t3}[M^{\bullet}][CTA^{\bullet}] + k_{t5}[R^{\bullet}][CTA^{\bullet}] + 2k_{t6}[CTA^{\bullet}]^2 \quad (9)$$

$$R_t = R_t(M^{\bullet}) + R_t(R^{\bullet}) + R_t(CTA^{\bullet}) \quad (10)$$

The rate of polymerization (R_p) can be analytically solved using eqn (1)–(10). The consumption rates of the monomer and RAFT agent can be assumed to be equal, and therefore, eqn (1) and (2) can be set equal. Furthermore, the steady-state approximation can be adopted, allowing eqn (3)–(5) to be set equal to zero, giving eqn (11) as the overall rate expression (see the ESI† for a more detailed derivation of eqn (11)).

Eqn (11) can be simplified by establishing various limiting cases between the three kinetic parameters of the RAFT step-growth cycle (k_{frag} , k_i , and k_{add}). In case 1, the fragmentation of the RAFT step-growth radical adduct is established as the rate-



Scheme 2 Monomers discussed in this work: (A) maleimides and (B) acrylates.

limiting step ($k_{\text{add}}, k_i \gg k_{\text{frag}}$), which gives eqn (12) and establishes RAFT step-growth as a zeroth-order reaction. Case 2 assumes that the monomer addition to the R^\cdot species is the rate-limiting step ($k_{\text{add}}, k_{\text{frag}} \gg k_i$), simplifying the R_p term to eqn (13), where the reaction order is first order with respect to monomer concentration. Additionally, case 3 can be

$$R_p = \frac{d[M]}{dt} = \sqrt{\frac{R_i}{2k_t}} \frac{1}{\sqrt{\frac{1}{(k_{\text{add}}[CTA])^2} + \frac{1}{k_i[M]k_{\text{add}}[CTA]} + \frac{1}{k_{\text{add}}[CTA]k_{\text{frag}}} + \frac{1}{(k_i[M])^2} + \frac{1}{k_i[M]k_{\text{frag}}} + \frac{1}{(k_{\text{frag}})^2}}} \quad (11)$$

defined by establishing end-group RAFT agent addition to the backbone radical M^\cdot as the rate-limiting step ($k_{\text{frag}}, k_i \gg k_{\text{add}}$), giving eqn (14) as the simplified R_p term. Case 3 also demonstrates first-order dependence with respect to monomer concentration. Lastly for case 4, all kinetic parameters are assumed to be approximately equal ($k_{\text{frag}} \approx k_{\text{add}} \approx k_i$) and defined as k_{case4} (i.e., $k_{\text{frag}} \approx k_{\text{add}} \approx k_i = k_{\text{case4}}$, eqn (15)). Notably, monomer and RAFT agent concentrations are set equal ($[M] = [CTA]$) as they are assumed to be stoichiometrically balanced and consumed equally throughout the polymerization.

Case 1: $k_{\text{add}}, k_i \gg k_{\text{frag}}$

$$R_p = \frac{d[M]}{dt} = \sqrt{\frac{fk_d[I]}{k_t}} (k_{\text{frag}}) \quad (12)$$

Case 2: $k_{\text{add}}, k_{\text{frag}} \gg k_i$

$$R_p = \frac{d[M]}{dt} = \sqrt{\frac{fk_d[I]}{k_t}} (k_i[M]) \quad (13)$$

Case 3: $k_{\text{frag}}, k_i \gg k_{\text{add}}$

$$R_p = \frac{d[M]}{dt} = \sqrt{\frac{fk_d[I]}{k_t}} (k_{\text{add}}[M]) \quad (14)$$

Case 4: $k_{\text{frag}} \approx k_{\text{add}} \approx k_i$

$$R_p = \frac{d[M]}{dt} = \sqrt{\frac{fk_d[I]}{k_t}} \frac{k_{\text{case4}}}{\sqrt{\left(\frac{3}{[M]^2} + \frac{2}{[M]} + 1\right)}} \quad (15)$$

Experimental polymerization data for maleimide and acrylate monomers (Scheme 2) can be fit using the model predictions established for cases 1–4. As a result, experimental data of RAFT step-growth polymerization of CTA_2 and N,N' -(1,4-phenylene)dimaleimide, M_{2B} (Scheme 2),⁹ were plotted according to each of the 4 cases established previously with linear regressions applied from 0 to 1.0 hours and 0 to 2.0 hours (Fig. 1, Table S1†). It is important to note that rate orders often change as a reaction progresses due to shifts in the rate-limiting step or the influence of competing reactions. While the rate fittings presented here focus on the initial stages of polymerization, the later stages are arguably more critical for step-growth polymerizations, as high monomer conversions are essential to achieve high molecular weights. Nevertheless,

determining the rate order and apparent rate constants (k_{app}) for RAFT step-growth polymerization provides valuable quantitative insights, particularly when comparing the two reported monomer classes. Additionally, it should be acknowledged that $^1\text{H-NMR}$ analysis at high monomer conversions ($p > 98\%$) may be prone to errors.

Fitting the data according to case 1 ($k_{\text{add}}, k_i \gg k_{\text{frag}}$) where a zeroth-order relation with respect to monomer concentration is predicted gives poor fits (k_{app} is 1.44 M h^{-1} and $R^2 < 0.6$, where k_{app} is defined in eqn (S10)†) (Fig. 1A, Table S1†). Furthermore, both cases 2 and 3 ($k_{\text{add}}, k_{\text{frag}} \gg k_i$ and $k_i, k_{\text{frag}} \gg k_{\text{add}}$, respectively) give a first-order relation with respect to monomer concentration, and therefore, fitting with a first-order plot cannot distinguish the two cases. Nevertheless, the polymerization data appear to follow first-order kinetics ($k_{\text{app}} = 2.27 \text{ h}^{-1}$ and $R^2 = 0.96$, where k_{app} for cases 2 and 3 are defined by eqn (S11) and (S12),† respectively) (Fig. 1B, Table S1†). Notably, the polymerization plateaus after 2.0 hours, which is likely a result of the efficiency factor, f , falling at high monomer conversion.²² Additionally, this plateau in the kinetics at high monomer conversion could be attributed to an increasing occurrence of retardation (*vide infra*). Lastly, case 4 ($k_{\text{frag}} \approx k_{\text{add}} \approx k_i$) was also fitted, giving a k_{app} value of $4.64 \text{ M (1 + M)}^{-1} \text{ h}^{-1}$ and an R^2 value of 0.94, where k_{app} for case 4 is defined in eqn (S13)† (Fig. 1C, Table S1†).

Similarly, the polymerization data for monomer 1,6-hexanediol diacrylate, M_{2F} , with CTA_2 (Scheme 2),¹⁰ can be plotted according to the same 4 cases as before with linear regressions from 0 to 4.0 hours (Fig. S1, Table S2†), where again cases 2 and 3 give the best fit ($k_{\text{app}} = 0.98 \text{ h}^{-1}$ $R^2 = 1.00$) compared to cases 1 and 4 (where $k_{\text{app}} = -0.29 \text{ M h}^{-1}$ and $1.87 \text{ M (1 + M)}^{-1} \text{ h}^{-1}$ and $R^2 = 0.82$ and 1.00, respectively). Notably, the polymerization kinetics for RAFT step-growth of acrylates does not demonstrate a plateau at high monomer conversion as observed in the case of maleimides (Fig. 1), possibly indicating that the monomer addition to the initiator radical (which is accounted for by f) is less rate-limiting for acrylates than for maleimides.

As observed, cases 2 and 3 yield the best linear fit for the experimental data; however, this alone does not distinguish between the two cases. Additionally, fitting case 4 results in only slightly lower R^2 values compared to cases 2 and 3, making it difficult to differentiate between these cases based solely on model fitting. Nevertheless, due to the reactive nature of trithiocarbonate, it is unlikely for k_{add} to be rate limiting (as assumed by case 3). Furthermore, Tanaka *et al.* recently classified the selectivity of various RAFT–SUMI monomer and RAFT agent pairs, categorizing maleimide and acrylate monomers with RAFT agents bearing tertiary carboxyalkyl fragmentation

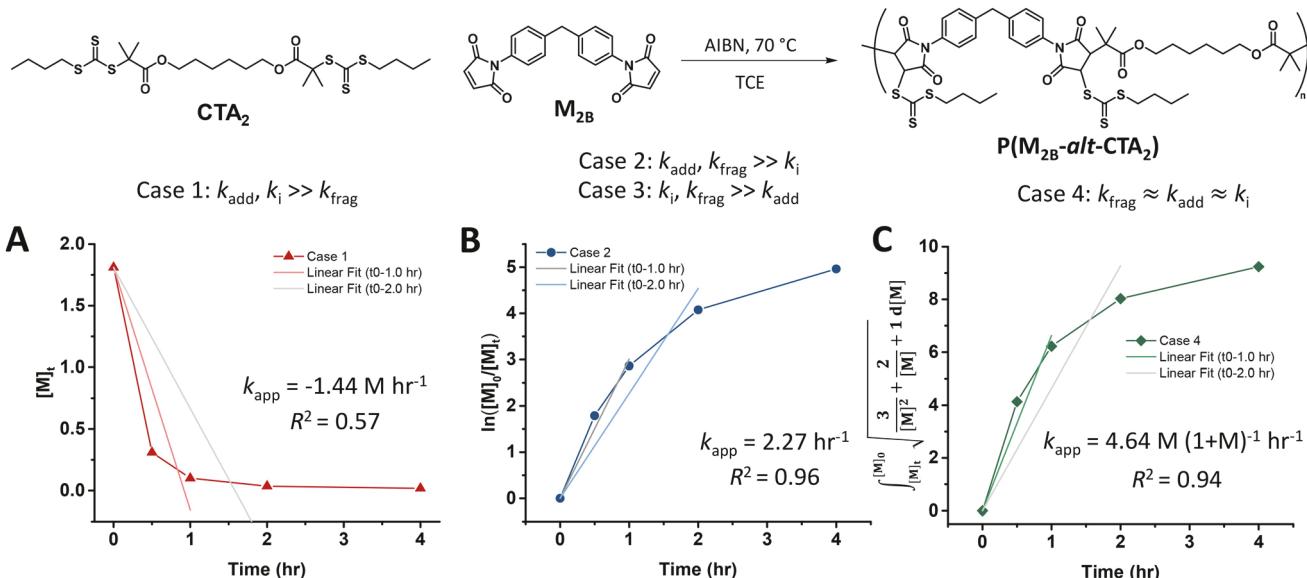


Fig. 1 Kinetic analysis of RAFT step-growth for maleimide monomers with the monomer M_{2B} serving as a model monomer for fittings of various cases: (A) case 1, where k_{frag} is the rate-limiting step, (B) cases 2 and 3, where either k_{add} or k_i is the rate-limiting step, and (C) case 4, where all rate constants are equal.

to be driven by the chain transfer equilibrium. Thus we can assume that the kinetics of these monomer classes can be classified under case 2, where monomer addition to the R^\cdot radical, defined by k_i , is rate-limiting.¹³ Therefore, we will use case 2 (eqn (13)) to model the kinetics of the monomers defined in this text (Scheme 2), where apparent rate constants (k_{app}) can be defined using eqn (S11).†

Although these fits use only 3 to 5 data points, we emphasize that this is sufficient to estimate k_{app} values, which is further demonstrated with model polymerizations of M_{2B} and M_{2F} with CTA_2 , where more kinetic data points are taken, demonstrating little difference in the obtained k_{app} values (Fig. S2–S4, Tables S3–S5†).

Previously, Tanaka *et al.* varied monomer concentration for AB RAFT step-growth using the monomer MCTA (Scheme 2).⁸ Conditions for maintaining both initiator concentration constant ($[\text{AIBN}]_0 = 0.05 \text{ M}$) and initiator-to-RAFT agent ratio constant ($[\text{MCTA}]_0/[\text{AIBN}]_0 = 20$) were investigated and fitted to determine k_{app} values (Tables S6 and S7, Fig. S5 and S6†). Similarly, Archer *et al.* investigated the dependence of monomer concentration for $A_2 + B_2$ RAFT step-growth of diacrylates by varying monomer concentration of M_{2F} polymerized with CTA_2 , while maintaining either initiator concentration constant ($[\text{AIBN}]_0 = 0.05 \text{ M}$) or initiator-to-RAFT agent ratio constant ($[\text{CTA}]_0/[\text{AIBN}]_0 = 40$) (Fig. S7 and S8, Tables S8 and S9†).¹⁰ Keeping the initial initiator concentration constant for both maleimides and acrylates displayed slight variation in k_{app} values. However, varying initiator concentration by a factor of 2 demonstrated significant changes in k_{app} values equivalent to $2^{1/2}$, which is in accordance with eqn (11), where R_p is dependent on $[I]^{1/2}$. These findings of R_p depending on initiator concentration (rather than on the ratio of CTA to

initiator) differs from traditional RAFT chain-growth polymerization kinetics, where the kinetics are dependent on the CTA-to-initiator ratio as modelled by the intermediate radical termination (IRT) model.²³ This lack of retardation in RAFT step-growth polymerization is likely attributable to the rapid fragmentation of the R-group from the RAFT agent. However, as the reaction progresses, it is important to consider that the RAFT process may begin to compete with chain transfer involving the polymer backbone CTA. This competition could lead to an increased occurrence of degenerative chain transfer (or equivalent fragmentation), ultimately resulting in retardation.

Furthermore, various maleimide monomers polymerized with CTA_2 (M_{2A} , M_{2B} , M_{2C} , M_{2D} , and M_{2E}) were fitted according to case 2 to determine k_{app} (Fig. 1B and 2, Tables S1 and S10†).^{8,9} Monomers M_{2A} and M_{2B} when polymerized demonstrate k_{app} values of approximately 2.0 h^{-1} . Interestingly, the polymerization of bis(3-ethyl-5-methyl-4-maleimidophenyl) methane (M_{2C}) with CTA_2 displayed a slower rate compared to M_{2A} and M_{2B} ($k_{\text{app}} = 0.53 \text{ h}^{-1}$), which is consistent with the literature, where *N*-aromatic maleimides with alkyl *ortho*-substituents show reduced polymerization rates.²⁴ Additionally, the polymerization of 2,2-bis[4-(4-maleimidophenoxy)phenyl] propane (M_{2D}) with CTA_2 showed an increase in polymerization rate ($k_{\text{app}} = 2.68 \text{ h}^{-1}$), suggesting that *O*-phenyl substituents *para* to the maleimide ring increase polymerization rate and monomer reactivity. Lastly, 4,4-substituted phenylene bis-maleimide (M_{2E}), where the maleimide units are attached to the same phenyl ring, gave rate constants (k_{app}) of approximately 1.5 h^{-1} .

Next, RAFT step-growth polymerizations of various acrylate monomers ($(M_{2F}$, tripropylene glycol diacrylate (M_{2G}), neopentyl glycol diacrylate (M_{2H}), and tricyclo[5.2.1.0_{2,6}]decaneedi-

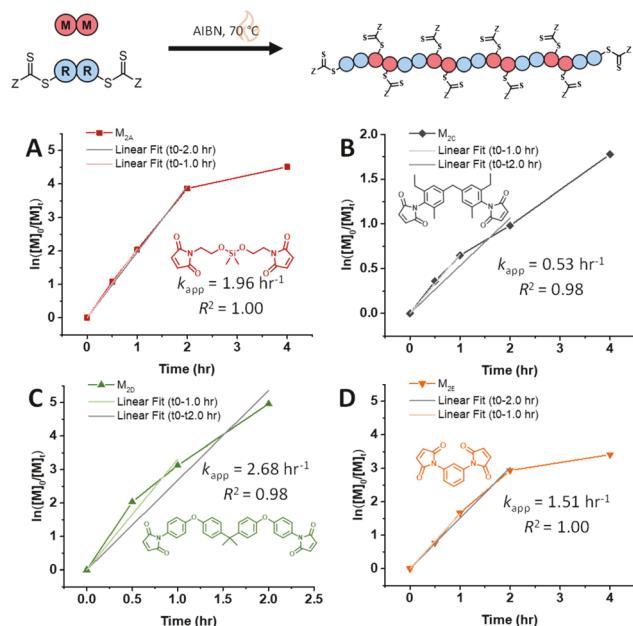


Fig. 2 Kinetic analysis of RAFT step-growth for maleimide monomers with CTA₂: (A) M_{2A} , (B) M_{2C} , (C) M_{2D} , and (D) M_{2E} .

methanol diacrylate (M_{21}) with CTA₂ were fitted using the model derived from case 2, and k_{app} values were obtained (Fig. 3, Table S11†). Generally, monomers M_{2F} , M_{2G} , M_{2H} , and M_{2I} show k_{app} values around 1.00 h^{-1} (Fig. 3, Table S11†). Notably, acrylate monomers demonstrate lower k_{app} values compared to maleimide monomers ($k_{app} = 1.0 \text{ h}^{-1}$ and 2.0 h^{-1} , respectively), suggesting that acrylate monomers demonstrate slower addition to the CTA-derived R[·] radical compared to maleimide monomers (Fig. 2 and 3). Similar trends in k_{app}

values for maleimide monomers and acrylate monomers are seen when investigating RAFT-SUMI kinetics of model monomers N-ethyl maleimide (MA) and butyl acrylate (BA) with the monofunctional RAFT agent BDMAT, where $k_{app} = 0.973 \text{ h}^{-1}$ and 0.58 h^{-1} , respectively (Fig. S9 and S10, Table S12†).^{8,10}

Lastly, we compared the rate of polymerization for monomers M_{2B} , M_{2F} , and M_{2I} polymerized with the disulfide-tethered bifunctional RAFT agent, CTA_{2SS} (Fig. S11, Table S13†).^{10,25,26} The polymerization rate for CTA_{2SS} with M_{2B} and M_{2F} does not drastically change ($k_{app} \sim 2.0 \text{ h}^{-1}$, $k_{app} \sim 1.0 \text{ h}^{-1}$, respectively), suggesting that the disulfide bond tethering the bifunctional RAFT agent does not affect the rate as the R[·] radical is identical for CTA₂ and CTA_{2SS}. Interestingly, the silyl ether-tethered diacrylate monomer (M_{2I}) when polymerized under RAFT step-growth with CTA_{2SS} shows a reduced rate ($k_{app} = 0.69 \text{ h}^{-1}$), possibly suggesting reduced monomer reactivity.

In summary, thermally initiated RAFT step-growth polymerization kinetics of maleimide and acrylate monomers with bifunctional RAFT agents with tertiary carboxyalkyl stabilized fragmentations have been successfully modelled. By analytically solving the governing equations for these polymerizations, we determined that the kinetics follows first-order behavior with respect to monomer concentration. This is attributed to the rate-limiting step for the investigated monomer classes being monomer addition to the R[·] species from RAFT agent fragmentation, characterized by the kinetic parameter k_i . Furthermore, after modelling the polymerization for a variety of maleimide and acrylate monomers, it was found that acrylate monomers exhibit lower k_{app} values compared to maleimides, which is likely due to slower monomer addition to the R[·] species for acrylates compared to maleimides. Additionally, we demonstrate the $[I]^{1/2}$ dependence of R_p through fitting polymerizations conducted with varied monomer and initiator concentrations for both acrylates and maleimides.

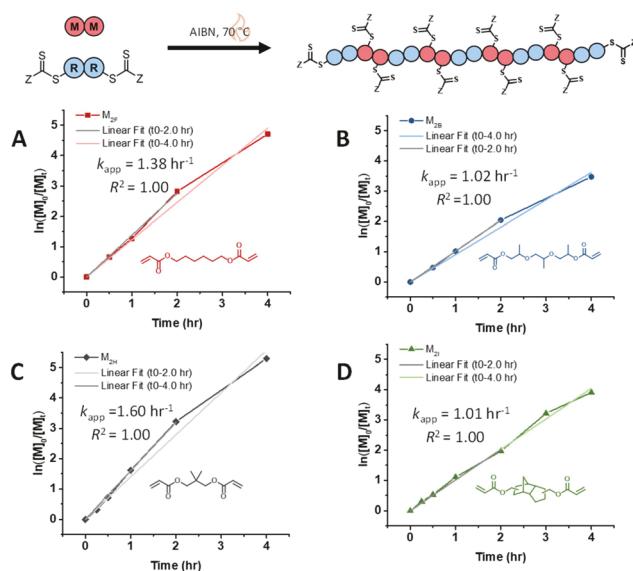


Fig. 3 Kinetic analysis of RAFT step-growth for diacrylate monomers with CTA₂: (A) M_{2F} , (B) M_{2G} , (C) M_{2H} , and (D) M_{2I} .

Author contributions

The manuscript was written through contributions from all authors.

Data availability

The data supporting this article have been included as part of the ESI.†

Conflicts of interest

The authors declare the following competing financial interest(s): J. T. and W. Y. are named inventors on a patent application owned by UNC-Chapel Hill (PCT/US2022/042087) which laid the foundation for this work. Dr You is also a co-founder of Delgen Biosciences, a startup company that has licensed this UNC patent application.

Acknowledgements

This work was financially supported by the National Science Foundation (NSF) under Award CHE-2108670. This material is based upon work supported by the National Science Foundation Graduate Research Fellowship Program under Grant No. (NSF DGE-2439854). The Bruker AVANCE III Nanobay 400 MHz NMR Spectrometer was funded by NSF under Grant No. CHE-0922858, and the Bruker NEO 600 MHz NMR spectrometer was funded by NSF under Grant No. CHE-1828183. The authors thank Dr Marc A. ter Horst from University of North Carolina's Department of Chemistry NMR Core Laboratory for the use of the NMR spectrometers.

References

- 1 S. Perrier, *Macromolecules*, 2017, **50**, 7433–7447.
- 2 J. Chiefari, Y. K. Chong, F. Ercole, J. Krstina, J. Jeffery, T. P. T. Le, R. T. A. Mayadunne, G. F. Meijs, C. L. Moad, G. Moad, E. Rizzardo and S. H. Thang, *Macromolecules*, 1998, **31**, 5559–5562.
- 3 C. L. Moad and G. Moad, *Chem. Teach. Int.*, 2021, **3**, 3–17.
- 4 N. Corrigan, K. Jung, G. Moad, C. J. Hawker, K. Matyjaszewski and C. Boyer, *Prog. Polym. Sci.*, 2020, **111**, 101311.
- 5 J. Zhang, B. Farias-Mancilla, I. Kulai, S. Hoeppener, B. Lonetti, S. Prevost, J. Ulbrich, M. Destarac, O. Colombani, U. S. Schubert, C. Guerrero-Sanchez and S. Harrisson, *Angew. Chem., Int. Ed.*, 2021, **60**, 4925–4930.
- 6 Y. Zhang, Y. Tang, J. Zhang and S. Harrisson, *ACS Macro Lett.*, 2021, **10**, 1346–1352.
- 7 L. Billiet, D. Fournier and F. Du Prez, *Polymer*, 2009, **50**, 3877–3886.
- 8 J. Tanaka, N. E. Archer, M. J. Grant and W. You, *J. Am. Chem. Soc.*, 2021, **143**, 15918–15923.
- 9 P. Boeck, N. Archer, J. Tanaka and W. You, *Polym. Chem.*, 2022, **13**, 2589–2594.
- 10 N. E. Archer, P. T. Boeck, Y. Ajirniar, J. Tanaka and W. You, *ACS Macro Lett.*, 2022, **11**, 1079–1084.
- 11 S. M. Clouthier, J. Tanaka and W. You, *Polym. Chem.*, 2022, **13**, 6114–6119.
- 12 P. T. Boeck, J. Tanaka, W. You, B. S. Sumerlin and A. S. Veige, *Polym. Chem.*, 2023, **14**, 2592–2598.
- 13 J. Tanaka, J. Li, S. M. Clouthier and W. You, *Chem. Commun.*, 2023, **59**, 8168–8198.
- 14 R. Wei, T. Tiso, J. Bertling, K. O'Connor, L. M. Blank and U. T. Bornscheuer, *Nat. Catal.*, 2020, **3**, 867–871.
- 15 R. Liu, L. Zhang, Z. Huang and J. Xu, *Polym. Chem.*, 2020, **11**, 4557–4567.
- 16 S. Houshyar, D. J. Keddie, G. Moad, R. J. Mulder, S. Saubern and J. Tsanaktsidis, *Polym. Chem.*, 2012, **3**, 1879–1889.
- 17 J. Xu, *Macromolecules*, 2019, **52**, 9068–9093.
- 18 L. Zhang, R. Liu, Z. Huang and J. Xu, *Polym. Chem.*, 2021, **12**, 581–593.
- 19 N. B. Cramer, T. Davies, A. K. O'Brien and C. N. Bowman, *Macromolecules*, 2003, **36**, 4631–4636.
- 20 N. B. Cramer, S. K. Reddy, A. K. O'Brien and C. N. Bowman, *Macromolecules*, 2003, **36**, 7964–7969.
- 21 S. K. Reddy, N. B. Cramer and C. N. Bowman, *Macromolecules*, 2006, **39**, 3673–3680.
- 22 G. Moad, *Prog. Polym. Sci.*, 2019, **88**, 130–188.
- 23 K. G. E. Bradford, L. M. Petit, R. Whitfield, A. Anastasaki, C. Barner-Kowollik and D. Konkolewicz, *J. Am. Chem. Soc.*, 2021, **143**, 17769–17777.
- 24 A. Matsumoto, T. Kubota and T. Otsu, *Macromolecules*, 1990, **23**, 4508–4513.
- 25 O. R. Courtney, S. M. Clouthier, S. Perrier, J. Tanaka and W. You, *ACS Macro Lett.*, 2023, **12**, 1306–1310.
- 26 S. M. Clouthier, J. Li, J. Tanaka and W. You, *Polym. Chem.*, 2024, **15**, 17–21.