

1                   **Heat Stress Induced by Irrigation over the US Great Plains and Related**  
2                   **Uncertainties**

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30 **Abstract**

31

32 Irrigation plays a crucial role in agricultural production across the U.S. Great Plains. Meanwhile,  
33 it is a key driver of local and regional climate due to its influence on energy and water exchange  
34 between land surface and atmosphere. Despite the irrigation-induced evaporative cooling on  
35 temperature alone, how irrigation affects summer heat stress – a combination of temperature and  
36 humidity can become a concern to public health concern – is not well understood. This study  
37 examines the potential impacts of irrigation practices on summer temperature and heat extremes  
38 in the Great Plains using a set of sensitivity experiments conducted with the Weather Research &  
39 Forecasting (WRF) model for 10 growing seasons. Results show that intensive irrigation lowers  
40 the atmospheric temperature, but the increased humidity from enhanced evapotranspiration,  
41 especially during the extreme hot and dry summers, can possibly elevate the risks of heat stress  
42 in the heavily irrigated area and its surroundings. The response of humid heat extremes to  
43 irrigation depends on the heat metrics used in the assessment. For variables like wet-bulb  
44 temperature, wet-bulb globe temperature, and equivalent temperature, irrigation leads to  
45 significantly intensified humid heat extremes by up to 5°C and increased heatwave frequency by  
46 3 events year<sup>-1</sup>. In contrast, metrics like the heat index and environmental stress index suggest  
47 that irrigation mitigates heat intensity by decreasing the temperature metrics by up to 1°C. Given  
48 the importance of irrigation in Great Plains agriculture in a changing climate, these uncertainties  
49 underscore the urgent need to connect heat metrics with health outcomes to better address heat  
50 mitigation in rural communities.

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55 **1. Introductions**

56

57 As one of the most agriculturally productive regions in the world, the U.S. Great Plains has  
58 witnessed severe droughts with considerable economic consequences in the past decade (Basara  
59 et al. 2013; Hoerling et al. 2014; Hoell et al. 2020). Irrigation plays a critical role in enhancing  
60 agricultural productivity, particularly in semi-arid regions of the Central Plains where rainfall is  
61 insufficient for crop growth. This practice involves the artificial application of water to the soil,  
62 supplementing natural rainfall to maintain optimal conditions for crop development. For  
63 instance, irrigation from the High Plains aquifer has increased total biomass yield by an average  
64 of 51% during the period 1960–2007, contributing to an estimated gross annual value of \$3  
65 billion as of 2007 (Suarez et al., 2019).

66

67 Besides its agricultural benefits, irrigation is often proposed as a climate mitigation strategy due  
68 to its cooling effect (Seneviratne et al. 2018). The added water to the soil can stimulate the  
69 evapotranspiration processes, such as canopy evaporation, soil evaporation, and canopy  
70 transpiration, which reduce surface temperature through evaporative cooling, especially during  
71 hot days (Chen and Dirmeyer 2019; Thiery et al. 2020). However, enhanced evapotranspiration  
72 also leads to increased humidity over the irrigated region (Mahmood and Hubbard 2002;  
73 Mahmood et al. 2008; Zhang et al. 2019; Rappin et al. 2021; Lachenmeier et al. 2024). When  
74 considering the combined effect of heat and humidity, irrigation may not always alleviate heat  
75 stress or humid heat extremes (Krakauer et al. 2020; McDermid et al. 2021). As global climate  
76 change continues to increase the severity of heatwaves and droughts (Cook et al. 2020; Vecellio  
77 et al. 2023) and future variability of precipitation highlights the importance of irrigation in  
78 drought mitigation for sustainable agriculture in this region, it is urgently needed to address the  
79 challenges in understanding the role of irrigation in heat stress over agricultural land and  
80 surroundings.

81

82 Previous studies in Asia suggest that intensive irrigation can cool surface temperature but raise  
83 the moist heat stress (Im et al. 2017; Mishra et al. 2020; Guo et al. 2022; Sun et al. 2024).  
84 However, it remains unclear how irrigation may affect heat stress in the Great Plains, potentially  
85 adversely impacting its rural communities. Although global-scale studies reveal that irrigation

86 may elevate heat stress and increase the frequency or intensity of heat extremes in the central US  
87 (such as Krakauer et al. 2020; Yao et al. 2025), the coarse spatial resolution of global climate  
88 models may not well represent the hydroclimatic dynamics at the regional scale. Meanwhile,  
89 there are many heat metrics used in environmental health studies (Anderson et al. 2013; Spangler  
90 et al. 2022), including wet-bulb temperature, heat index, equivalent temperature, and more. Our  
91 previous study suggests that the contribution of humidity to heat stress varies depending on the  
92 heat metrics used (Gurung and Chen 2024), therefore the impacts of irrigation on heat stress can  
93 also be metric-dependent (Chakraborty 2025; Yao et al. 2025). This highlights the need to  
94 examine uncertainties in heat assessment associated with different temperature variables.

95

96 To address the knowledge gaps discussed above, this study conducts sensitivity experiments  
97 using a high-resolution regional climate model for 10 selected years and analyzes irrigation-  
98 induced changes in multiple heat metrics, as well as the intensity, frequency, and duration of  
99 heatwaves. We aim to answer two research questions: 1) How does extensive irrigation affect  
100 summer heat metrics and extremes over the Great Plains? 2) How different are the impacts  
101 among different heat metrics? The rest of the paper is organized as follows: Section 2 describes  
102 the model, experiment design, and metrics used to investigate the impacts of irrigation. Results  
103 are presented in Section 3, and discussions and conclusions are given in Section 4.

104

## 105 **2. Data and Methodology**

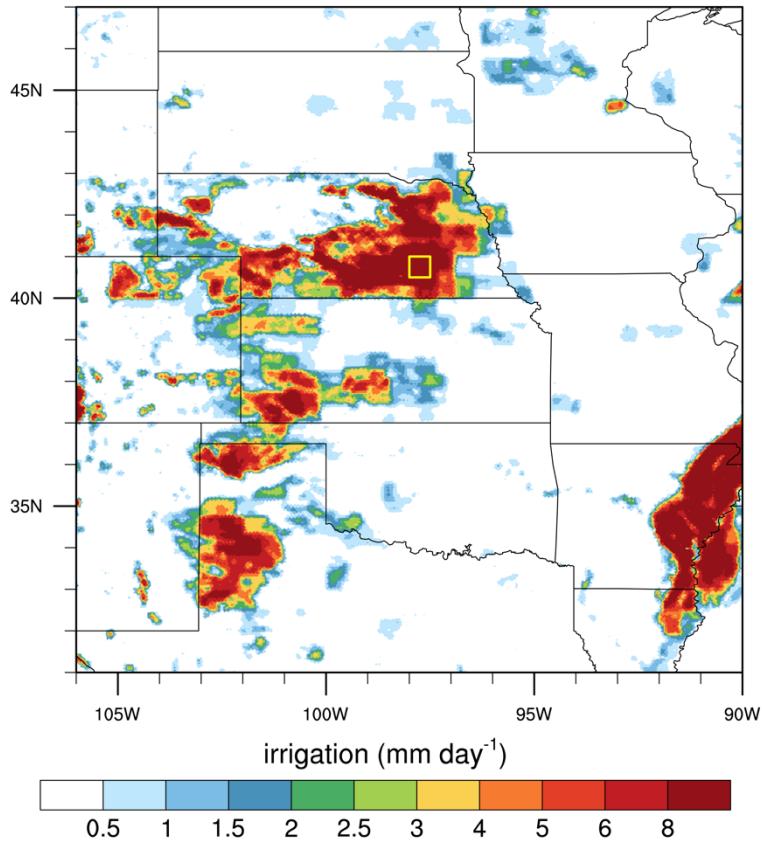
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### 107 *2.1 Model description*

108

109 In this study, we use the Weather Research and Forecasting (WRF) model coupled with the  
110 Noah-MP land surface model to conduct two sets of experiments assessing the impacts of  
111 irrigation on regional temperature and heat extremes. WRF is a non-hydrostatic mesoscale model  
112 designed for both research and operational applications. The Noah-MP LSM features multi-  
113 parameterization options for dynamic leaf, canopy stomatal resistance, soil moisture factor for  
114 stomatal resistance, runoff, and groundwater, and provides multiple options for key land-  
115 atmosphere coupling processes (Niu et al. 2011). The coupled WRF–Noah-MP simulations have

116 been widely applied in recent studies on land-atmosphere interactions (e.g., Chen et al. 2018;  
117 Zhang et al. 2017) and irrigation impact (Hu et al. 2024; Yang et al. 2019).



118  
119 **Figure 1.** Simulated irrigation amount over the central US in the inner domain of WRF  
120 irrigation simulations. The yellow box over southeastern Nebraska shows the selected irrigated  
121 area used for time series analysis. This area is chosen because of its intensive irrigation and  
122 significant temperature responses.

123  
124 There are two domains in the WRF setup: the outer domain has 210×180 horizontal grid points  
125 with a 20-km resolution covering the contiguous US, and the inner domain has 601×521 grid  
126 points with a 4-km resolution covering the Great Plains (Figure 1). The 4-km resolution is used  
127 to explicitly represent convective precipitation processes while the cumulus scheme is turned off.  
128 A similar setup has been used in previous studies focusing on the Great Plains (Hu et al. 2024;  
129 Stoy 2024). The selection of other physical parameterizations is the same as Hu et al. (2024).  
130

131 The boundary and initial conditions are obtained from 6-hourly North American Regional  
132 Reanalysis (NARR, Mesinger et al. 2006) at a horizontal resolution of ~32 km. Land use/land  
133 cover conditions are derived from the MODIS-based International Geosphere-Biosphere  
134 Programme (IGBP) classification. For the simulations that include irrigation, irrigated areas are  
135 defined based on the percentage of areas equipped for irrigation in each grid cell developed by  
136 Siebert et al. (2015). In Noah-MP, there are multiple irrigation methods, including channel, drip,  
137 and sprinkler. For the Great Plains, we choose the sprinkler method, in which the irrigated water  
138 is treated directly as “rainfall” in the model (He et al. 2023). Over the grids with irrigation  
139 fraction greater than zero, sprinkler irrigation is turned on every three days, applying a total of 24  
140 mm water to irrigate for two hours from 9 AM to 11 PM. This configuration replicates the  
141 common irrigation practice in Nebraska, where center pivot irrigation typically applies 1 inch of  
142 water every three days to maintain optimal crop yields (Alter et al. 2015). The three-day cycle is  
143 chosen because of a full rotation for center-pivot irrigation, which is a commonly used irrigation  
144 system in the Great Plains. Similar frequency of applications was also used in California Central  
145 Valley (Snyder 1992) and other modeling studies (e. g., Gibson et al. 2017; Kala et al. 2023).  
146 The irrigation rate of 1 inch per 3 days is based on the research conducted by the authors of the  
147 current study (Hu et al. 2024); the average crop water use rate across Nebraska (Kranz et al.  
148 2008); and the most common diversion rate for irrigation (0.34 inches/day) approved by the  
149 Nebraska Department of Natural Resources for surface water appropriations (NDNR 2017).  
150

## 151 *2.2 Experimental design*

152

153 To comprehensively understand the impacts of irrigation on temperature extremes, we consider  
154 two different climate regimes over the central Great Plains based on summer (June-August)  
155 precipitation conditions. Based on seasonal total precipitation during the period 1981-2020, we  
156 identify five dry years (1983, 1984, 1988, 2011, and 2012) and five wet years (1993, 2004, 2008,  
157 2016, and 2017).

158

159 There are two reasons for considering the dry years and wet years separately in our experiments.  
160 First, temperature and precipitation are mostly negatively correlated over the land during  
161 summer. In other words, dry years are typically associated with relatively high temperatures,

162 while wet years tend to have lower temperatures. Considering the dry/hot years and wet/cool  
163 years separately allows us to examine the temperature effects of irrigation under different climate  
164 conditions, offering insights into how irrigation activities may affect heat extremes in a changing  
165 climate. Second, land-atmosphere coupling strength is strongly influenced by moisture  
166 availability. For instance, evapotranspiration rates become more sensitive to soil moisture  
167 variability within a moisture-limited regime, while they become less sensitive in an energy-  
168 limited regime. Therefore, from a land-atmosphere-coupling perspective, the impacts of  
169 irrigation are expected to be different between the wet years and dry years.

170

171 For the 10 selected years, we carry out two experiments to isolate the impacts of irrigation: (1)  
172 control run without irrigation; and (2) irrigation run with sprinkler irrigation. It should be noted  
173 that the irrigation rate remains constant across both dry and wet years to ensure a fair comparison  
174 of the irrigation effects between the two climate regimes. This setup also reflects the actual  
175 irrigation practice before groundwater use regulations were implemented. This idealized  
176 approach can also avoid the uncertainties associated with irrigation rates and scheduling in  
177 different years. As the main goal of this study is to examine the irrigation impacts in different  
178 climate conditions, the consistent setting of irrigation practice allows us to focus on the  
179 atmospheric response to irrigation in different years, and avoid the complexity involved by  
180 irrigation difference. For each year, the simulation starts on April 1st and ends on September  
181 30th, and results during the summer are used in our analysis.

182

### 183 2.3 *Impact analysis*

184

185 Besides 2-m air temperature ( $T_a$ ), this study also examines the impacts of irrigation on heat  
186 stress, which considers both temperature and humidity conditions. To assess the uncertainties  
187 related to the choice of heat stress variables, we use five commonly used temperature variables to  
188 quantify heat stress.

189

190 The wet-bulb temperature ( $T_w$ ) is defined as the temperature an air parcel would reach if cooled  
191 adiabatically to saturation at constant pressure by evaporation of water into it. The calculation of

192 Tw is based on 6-hourly WRF output of 2-m temperature (T, °C) and relative humidity (RH, %),  
193 shown in Eq. 1 (Stull, 2011).

194

$$T_W = T_a [0.152 (RH + 8.314)^{1/2}] + (T_a + RH) - (RH - 1.676) + 0.004RH^{3/2} * (0.023 RH) - 4.686 \quad (\text{Eq. 1})$$

195 Wet bulb globe temperature (T<sub>WBG</sub>) is a measure of the heat stress in direct sunlight, which  
196 considers temperature, humidity, wind speed, sun angle, and solar radiation. For simplicity, here  
197 we adopt a simplified T<sub>WBG</sub> calculation, which is an approximate form requiring only  
198 temperature and humidity, and explicitly assuming fixed moderately high solar radiation and low  
199 wind speeds, as shown in Eq. 2 (Willett and Sherwood 2011), in which e<sub>a</sub> represents vapor  
200 pressure.

201

$$T_G = 0.567 T_a + 0.393 e_a + 3.94 \quad (\text{Eq. 2})$$

202

203 Environmental stress index (ESI) is an alternative to the wet bulb globe temperature. The ESI  
204 calculation is based on 2-m air temperature (T<sub>a</sub>), relative humidity (RH), and incoming solar  
205 radiation (SW), as shown in Eq. 3 (Moran et al. 2001).

206

$$ESI = 0.63Ta - 0.03RH + 0.002SW + 0.0054(Ta \cdot RH) - 0.073(0.1 + SW)^{-1} \quad (\text{Eq. 3})$$

207

208 Equivalent temperature (T<sub>E</sub>) represents the temperature that a moist air parcel would reach if all  
209 its water vapor condensed out under constant pressure and adiabatic conditions. By definition, T<sub>E</sub>  
210 accounts for both dry and moist heat of the atmosphere and provides total atmospheric heat  
211 content (Pielke et al. 2004, Matthews et al. 2022; Lachenmeier et al. 2024; Zhang et al. 2019).  
212 The calculation of T<sub>E</sub> is based on 2-m air temperature (T<sub>a</sub>) and specific humidity (Q), shown in  
213 Eq. 4 (Schoof et al. 2017), in which where L<sub>v</sub> is the latent heat of vaporization and C<sub>p</sub> is the  
214 specific heat of air at constant pressure.

215

$$T_E = T_a + \frac{L_v q}{C_p} \quad (\text{Eq. 4})$$

216

217 Lastly, heat index (HI) is a measure of how hot weather "feels" to the body, developed by  
218 National Weather Service (Rothfusz 1990). It is an empirical method of using temperature and  
219 humidity to produce an "apparent temperature".

220

221 Similar to the temperature extreme index TXx (Karl et al. 1999), which is defined as the  
222 maximum value of daily maximum temperature within a year or month, we calculate TXx using  
223 all the temperature variables to quantify the intensity of extreme heat. Meanwhile, we use three  
224 metrics to characterize the frequency and longevity of extreme heat. Hot-day frequency is  
225 defined as the number of days with temperatures exceeding the 90th percentile, which is  
226 calculated based on the 10-year daily maximum temperature from the control simulations.  
227 Heatwave frequency is defined as the number of unique heatwave events that consist of at least  
228 three consecutive hot days, while heatwave duration is the average length of heatwave events.  
229 The difference in temperature or heatwave metrics between the WRF simulations with and  
230 without irrigation is considered as the effects of irrigation. A Student's *t*-test is used to assess the  
231 statistical significance of the difference between the two simulations.

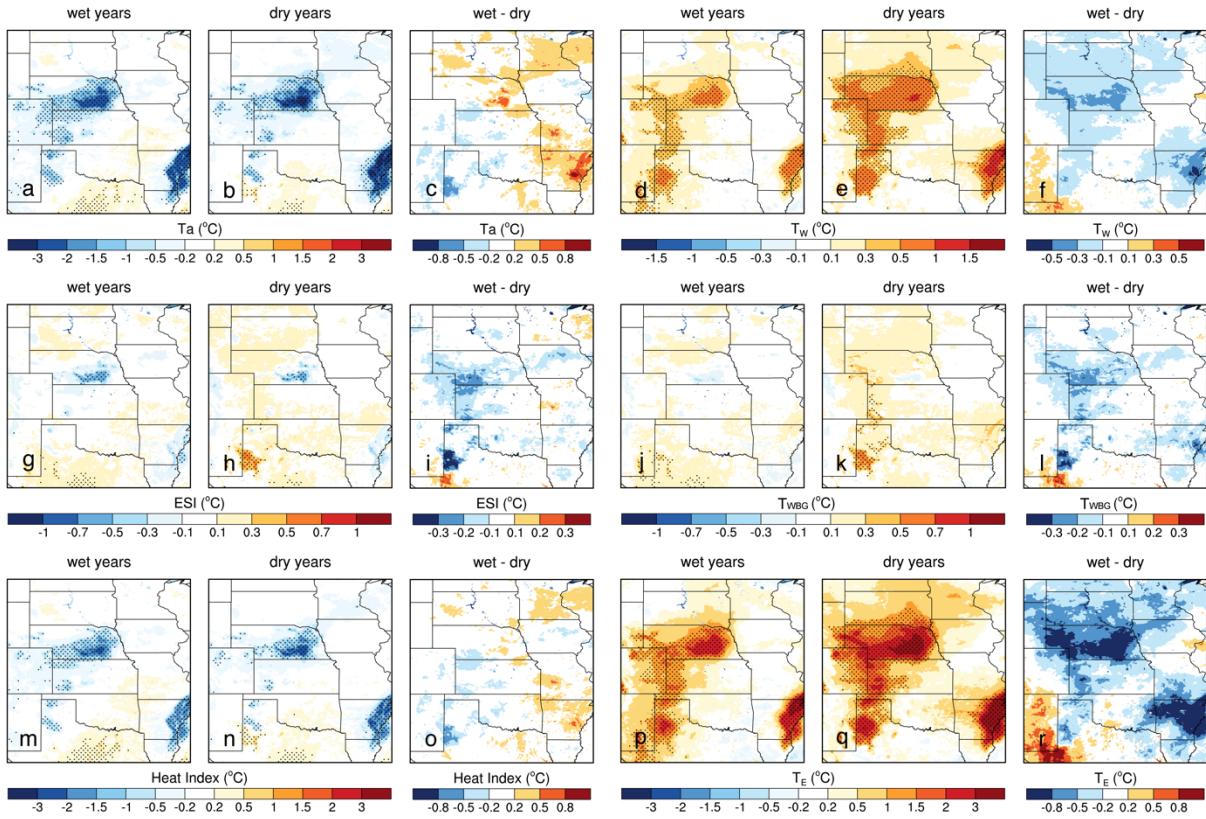
232

### 233 3. Results

234

235 Figure 2 shows the impacts of irrigation on seasonal average temperature over the Great Plains.  
236 Overall, irrigation leads to a strong cooling effect on 2-m air temperature during the summers of  
237 the wet and dry years (Figure 2a-c). In areas with intense irrigation, such as central Nebraska, air  
238 temperature decreases by more than 3°C. Such a cooling effect is attributed to the enhanced  
239 evapotranspiration over the cropland following continuous irrigation (Figure 3). Even with the  
240 same irrigation amount, the cooling effect is slightly stronger during the dry years than in the wet  
241 years. This is mainly because evapotranspiration (ET) increases more significantly after  
242 irrigation in dry climate regimes when there is stronger atmospheric demand (Figure 3c), leading  
243 to stronger evaporative cooling.

244



245

246 **Figure 2.** Impacts of irrigation on JJA average temperature based on six temperature variables  
 247 (a-c: air temperature; d-f: wet-bulb temperature, g-i: environmental stress index; j-l: wet-bulb  
 248 globe temperature; m-o: heat index; and p-r: equivalent temperature) during the wet years and  
 249 dry years, and the difference in impacts between wet years and dry years. Stippling indicates the  
 250 irrigation effect is statistically significant.

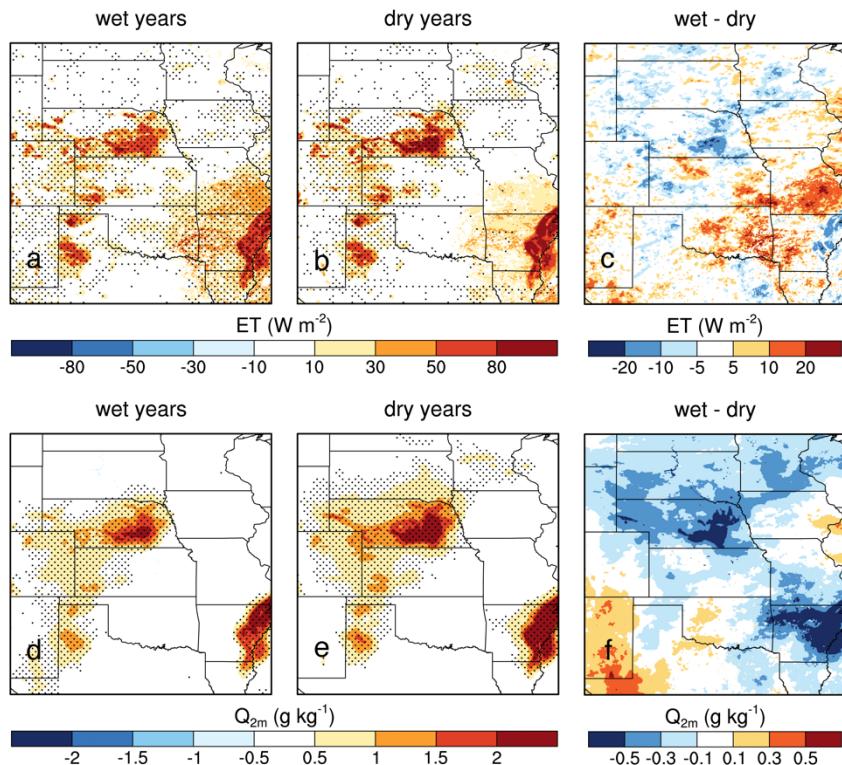
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252 With humidity incorporated into the temperature variables  $T_w$ ,  $T_{WBG}$ , and  $T_E$ , irrigation exerts  
 253 opposite effects. Although irrigation lowers air temperature alone, it considerably increases  $T_w$ ,  
 254  $T_{WBG}$ , and  $T_E$  due to the elevated atmospheric humidity (Figure 3d-e). It should be noted that  
 255 near-surface humidity shows a stronger increase over a broader area during dry years (Figure 3f),  
 256 suggesting that irrigation-atmosphere feedback influences moisture transport to neighboring and  
 257 remote regions beyond the irrigated cropland. During the dry years, the seasonal average wet-  
 258 bulb temperature  $T_w$  can increase by more than 1°C in the intensively irrigated areas, such as  
 259 Nebraska and the Lower Mississippi River Basin. Similarly, stronger impacts of irrigation are  
 260 found during the dry years than in the wet years. Because equivalent temperature  $T_E$  takes into  
 261 account the heat required to vaporize liquid water, humidity plays a dominant role in  $T_E$

262 variations (Gurung and Chen 2024), and the irrigation-induced increase in  $T_E$  is even more  
263 pronounced (Figure 2p,q). During the dry years, the warming can exceed 3°C in regions like  
264 Nebraska and northern Texas.

265

266 The changes in wet-bulb globe temperature  $T_{WBG}$  are less pronounced than in  $T_w$  and  $T_E$ . Over  
267 central Nebraska in the dry years, the warming in  $T_{WBG}$  becomes much weaker than  $T_w$ , mainly  
268 because the strong cooling in  $T_a$  offsets the effect of increased humidity from irrigation. Instead,  
269 relatively strong  $T_{WBG}$  warming is found over the drier western plains, including western  
270 Nebraska, Kansas, and northern Texas, where the humidity increase is substantial (Figure 3d)  
271 and not substantially offset by the temperature decrease. During the wet years, irrigation has  
272 minimal impact on  $T_{WBG}$ .

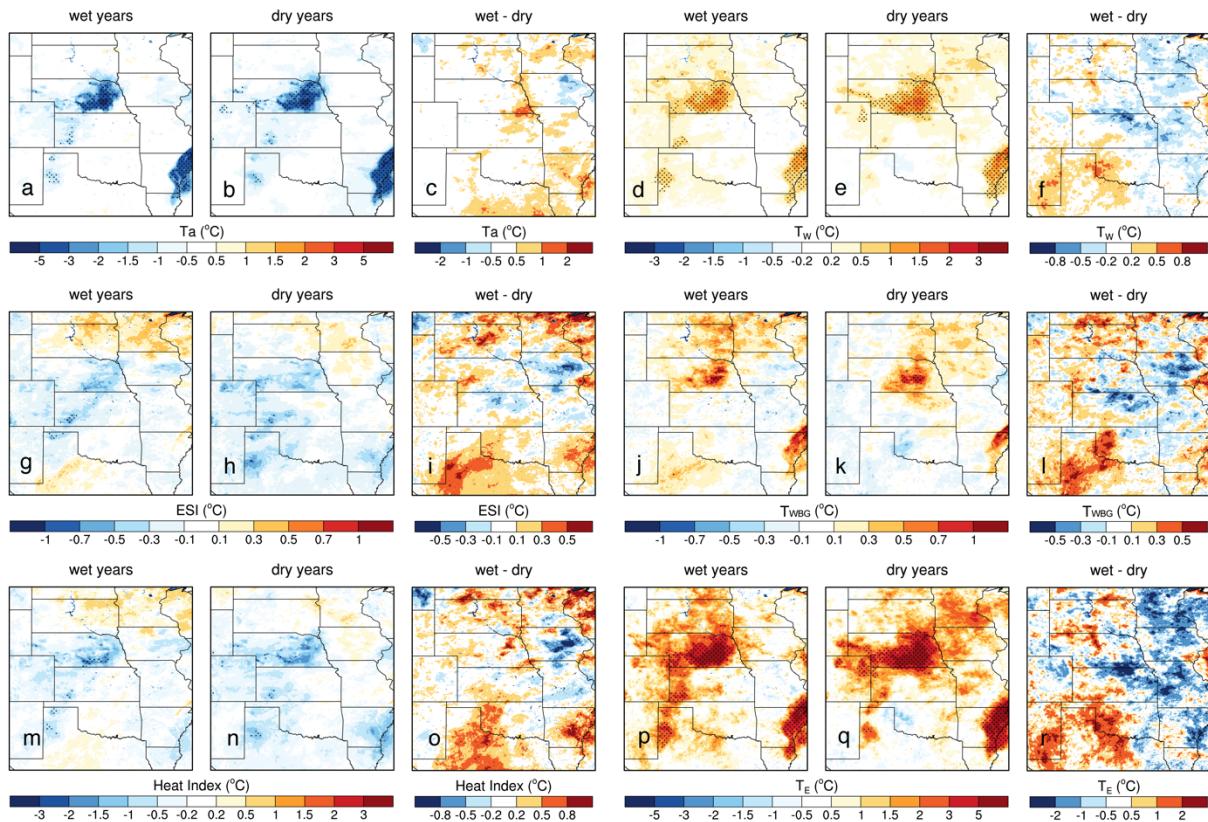


273  
274 **Figure 3.** Impacts of irrigation on JJA average evapotranspiration (a-c) and specific humidity  
275 (d-f) during the wet years and dry years, and the difference in impacts between wet years and dry  
276 years. Stippling indicates the irrigation effect is statistically significant.

277

278 However, not all the humidity-considered temperature variables exhibit a warming effect from  
279 irrigation. Changes in heat index (HI) closely follow the pattern of 2-m air temperature, showing

280 a notable decrease over extensively irrigated regions and stronger cooling during dry years  
 281 (Figure 2m,n). The magnitude of the decrease in “*feel-like*” temperature is comparable to the  
 282 reduction in  $T_a$ . This suggests that, in contrast to equivalent temperature  $T_E$ , heat index is more  
 283 dominantly influenced by temperature than humidity. Irrigation also reduces environmental  
 284 stress index (ESI) in the central plains. However, similar to TwBG, ESI increases over the western  
 285 Plains, particularly in northern Texas, highlighting its potential as a practical alternative to TwBG  
 286 (Moran et al. 2001).

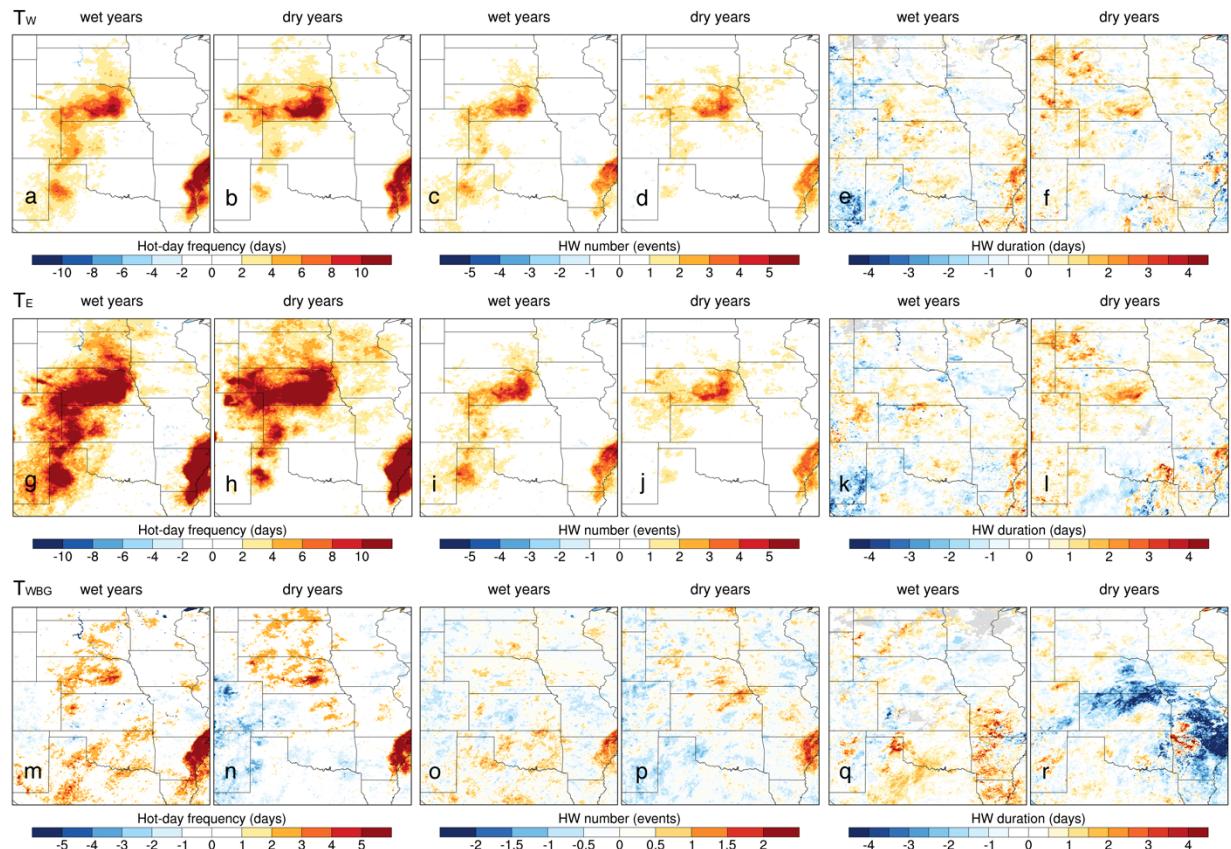


287  
 288 **Figure 4.** Impacts of irrigation on  $TX_x$  based on six temperature variables (a-c: air temperature;  
 289 d-f: wet-bulb temperature, g-i: environmental stress index; j-l: wet-bulb globe temperature; m-o:  
 290 heat index; and p-r: equivalent temperature) during the wet years and dry years, and the  
 291 difference between wet years and dry years. Stippling indicates the irrigation effect is  
 292 statistically significant.

293  
 294 Figure 4 shows the impacts of irrigation on the intensity of heat extremes ( $TX_x$ ) based on  
 295 different temperature variables. Consistent with the changes in seasonal average temperature,

irrigation significantly reduces  $T_a$ -based extremes and HI, while notably increasing  $T_E$ -,  $T_w$ -, and  $T_{WBG}$ -based extremes. ESI and HI show minimal change, suggesting a slightly cooling (up to 1 °C) or no significant effect on its extremes. The cooling or warming in most of the extremes (except for ESI and HI) shows a greater magnitude than the changes in their seasonal averages. Over central Nebraska, the intensity of  $T_w$  and  $T_{WBG}$ -based extremes can be elevated by more than 2°C, and  $T_E$ -based extremes can be intensified by up to 5°C. However, unlike the contrast in seasonal average  $T_a$  between wet and dry years, differences in the intensity of heat extremes are less pronounced across both temperature-only and humidity-inclusive metrics. This suggests that heat extremes are more strongly influenced by synoptic processes on shorter temporal scales.

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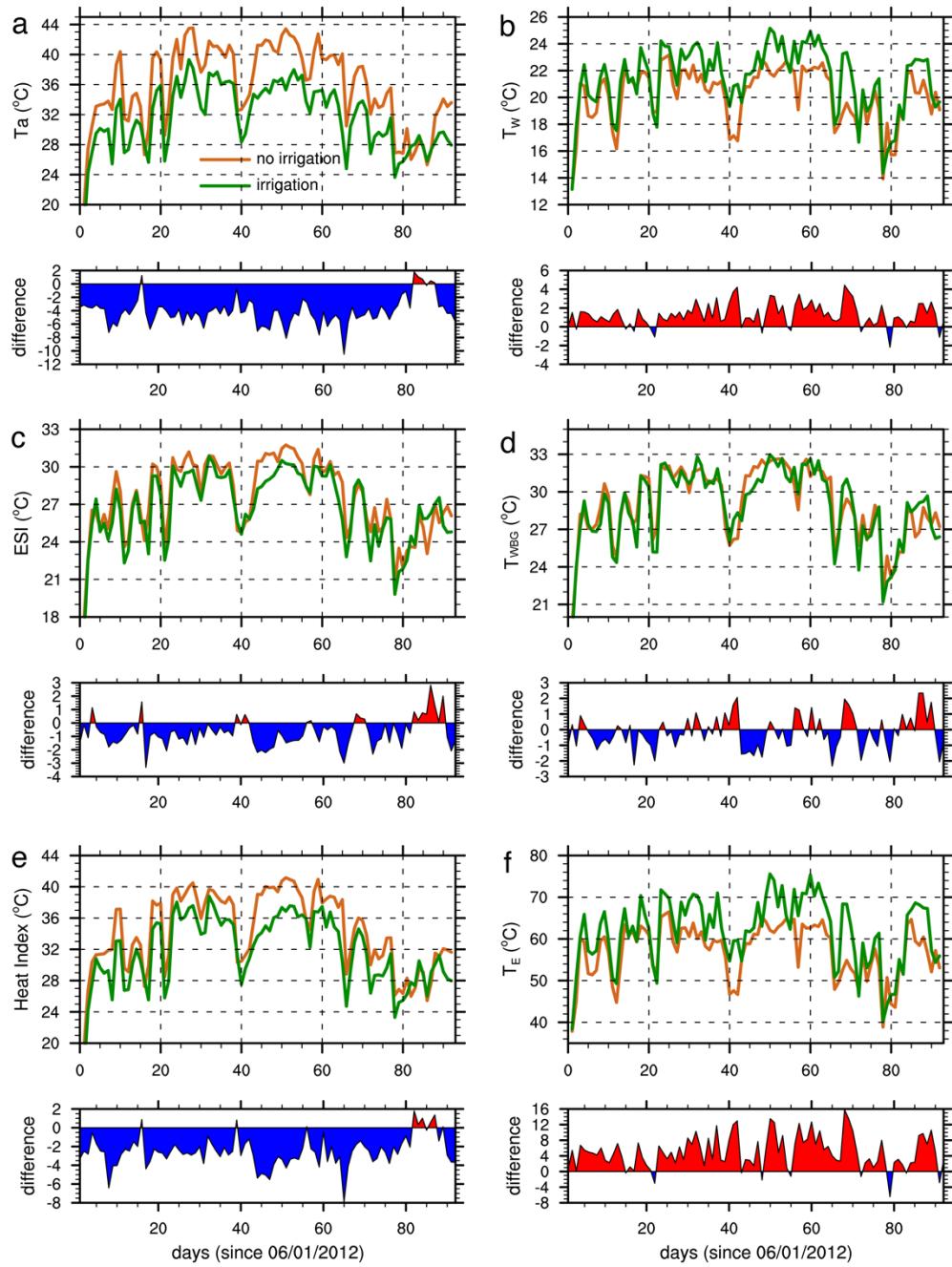
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307 **Figure 5.** Impacts of irrigation on three heatwave metrics: hot-day frequency (left), number of  
 308 heatwave events (middle), and heatwave duration (right), derived from three humidity-  
 309 considered temperature metrics (a-f: wet-bulb temperature, g-l: equivalent temperature; m-r:  
 310 wet-bulb globe temperature) during the wet years and dry years.

311

312 To further examine the impacts of irrigation on heat extremes, we use three metrics to quantify  
313 the frequency and duration of humid heatwaves derived from different temperature variables  
314 (Figure 5). According to  $T_w$  and  $T_E$ , irrigation leads to a substantial increase in the number of hot  
315 days and heatwave events. During the summer, irrigation can add more than 10 days on average  
316 with  $T_w$  and  $T_E$  surpassing the 90th percentile threshold over intensively irrigated areas.  
317 Similarly, within selected five wet years or dry years, more than three humid heatwave events  
318 per year are associated with irrigation activities. The magnitudes of the increased frequency are  
319 comparable between dry and wet years. On the other hand, the duration of humid heatwaves is  
320 not significantly affected by irrigation. When using  $T_{WBG}$  to quantify the humid heatwaves,  
321 irrigation still increases the number of hot days by about 5 days in some regions, but it does not  
322 significantly affect the number of heatwave events or their duration.

323



324

325 **Figure 6.** Time series of daily maximum temperature in summer 2012 averaged over an irrigated  
 326 area in Nebraska ( $40.5 - 41^{\circ}\text{N}$ ,  $97.5 - 98^{\circ}\text{W}$ ) based on six temperature variables (a: air  
 327 temperature; b: wet-bulb temperature, c: environmental stress index; d: wet-bulb globe  
 328 temperature; e: heat index; and f: equivalent temperature) from the simulations with (green  
 329 lines) and without (orange lines) irrigation, and their difference (shaded line graphs at the

330 *bottom, in which the blue shading indicates an irrigation-induced cooling effect and the red  
331 shading indicates a warming effect).*

332

333 Lastly, we use the daily maximum temperature in the summer of 2012 in an irrigated area (York,  
334 Hamilton, Clay, and Fillmore counties) of Nebraska to demonstrate the relationship between  
335 irrigation and temperature variability (Figure 6). The year 2012 is chosen because of historic  
336 drought and extreme heat over the central US (Rippey 2015). In the simulation without  
337 irrigation,  $T_a$  can exceed 40 °C for most of the time from late June to late July, while irrigation  
338 reduces  $T_a$  by more than 5 °C in some days (Figure 6a). The heat index shows a similar response  
339 to  $T_a$ , and the irrigation-induced cooling is most prominent during late July (Figure 6e). On the  
340 other hand,  $T_w$  and  $T_E$  suggest an overall warming effect. Without irrigation, the previously  
341 identified “hot period” from late June to late July does not stand out and exhibits a comparable  
342 heat condition to late August when using the humidity-considered temperature metrics. With  
343 irrigation,  $T_w$  and  $T_E$  have been substantially elevated during that hot period. Furthermore,  
344 irrigation has limited effects on ESI and  $T_{WBG}$ , showing mixed cooling and warming with a  
345 smaller magnitude compared to other temperature metrics. Additionally, despite irrigation’s  
346 warming and cooling effects, the overall temperature variability across the season follows  
347 consistent patterns, such as the cool conditions around July 10th and August 17th and the warm  
348 conditions in late July. This highlights the primary influence of synoptic processes on regional  
349 temperature variability.

350

#### 351 **4. Discussions and Conclusions**

352

353 Due to its influence on surface energy/water balance and biogeochemical cycle, irrigation has  
354 been incorporated into the current Earth system models as an important anthropogenic forcing to  
355 better represent land management and its role in regional and large-scale hydroclimate  
356 (McDermid et al. 2023). Although previous studies have suggested that irrigation may enhance  
357 moist heat stress extremes via increased humidity (e.g., Im et al. 2017; Kang and Eltahir 2018;  
358 Mishra et al. 2020; Krakauer et al. 2020; Wouters et al. 2022), our results highlight the  
359 uncertainties in irrigation effects associated with the temperature metrics used in the analysis.  
360 Over the Great Plains, irrigation leads to an increase in heat stress when using  $T_w$  and  $T_E$ , while

361 a cooling effect is found in ESI or heat index. Such a disagreement is also found in recent studies  
362 by Simpson et al. (2023), Chakraborty et al. (2025), and Yao et al. (2025). Since the goal of heat  
363 extreme assessment is typically to evaluate its impact on the local population, it is important to  
364 understand how those heat metrics relate to physiological responses. For instance, which heat  
365 variable shows a stronger relationship with body temperature, heart rate, and magnitude of  
366 dehydration (Ioannou et al. 2022)? Which heatwave definition is more closely associated with  
367 heat-related illness (Puvvula et al. 2022)? Recent studies have highlighted the importance of  
368 considering humidity in improving the predictability of heat-related mortality and morbidity (Lu  
369 et al. 2023; Guo et al. 2024a), but which heat metric best predicts health consequences may vary  
370 by region (Guo et al. 2024b). The diverse responses in heat metrics to irrigation activities may  
371 further amplify metric-dependent uncertainties in public health communication and heat-alert  
372 systems. Therefore, a more extensive analysis is needed to further address the irrigation-induced  
373 heat risk on public health.

374

375 Another novel perspective of this study is investigating the irrigation effect during wet years and  
376 dry years separately. With the same irrigation amount, there is a difference in seasonal average  
377 temperature between the wet and dry years (Figure 2). For instance, the cooling effect on 2-m air  
378 temperature and the warming effect on humidity-considered temperature (e.g.,  $T_w$ ,  $T_{WBG}$ , and  $T_E$ )  
379 are stronger during the dry years. This can be associated with more enhanced ET and greater  
380 increased humidity during the dry years (Figure 3). Another potential mechanism of the land-  
381 atmosphere interactions in the context of irrigation is the feedback to precipitation processes. Our  
382 previous study suggests that irrigation during the dry years results in increased rainfall intensity  
383 for individual events (Hu et al. 2024), which further reduces temperature and increases humidity.  
384 We also find that the differences in extreme heat intensity and heatwave frequency are less  
385 evident between the wet and dry years. This implies that the land-surface feedback in heat  
386 extremes may not be significantly affected by seasonal or longer-term conditions if the irrigation  
387 forcing stays the same. Instead, the synoptic atmospheric processes mainly drive the variability  
388 of regional temperature, as shown in Figure 6. Therefore, a process-focused analysis is needed to  
389 further investigate specific heatwave events and understand how irrigation may affect regional  
390 land-atmosphere interactions that either exacerbate or mitigate the development of heat extremes.

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Meanwhile, several limitations should be noted. First, the results are based on sensitivity experiments from a single climate model. Warm and dry biases over the central US have been a long-standing issue in current global or regional climate model (Lin et al. 2017; Liu et al. 2017). Although these biases can partially be attributed to the absence of irrigation effects in the climate models (Qian et al. 2020), our previous study (Hu et al. 2024) shows that the warm and dry biases persist even in simulations that consider irrigation. These biases can potentially influence the strength of land-atmosphere coupling and introduce uncertainties in simulated irrigation impacts in this region. Addressing those uncertainties requires multi-model experiments, such as the Irrigation Model Intercomparison Project (IRRMIP, Yao et al. 2025). Second, a constant irrigation rate is used across different years to reflect traditional irrigation practices in Nebraska. However, this approach may not fully capture real-world irrigation practices, especially when considering water regulations in response to groundwater depletion and the changing climate in this region. With the increased adoption of management practices for water conservation during the past decade (Gonçalves et al. 2020; Steiner et al. 2025), irrigation impacts may be more pronounced during dry years when irrigation demand is higher.

In summary, this study investigates the potential impacts of irrigation activities on summer temperature and heat extremes in the Great Plains using a set of sensitivity experiments. Although intense irrigation lowers the atmospheric temperature, the increased humidity through enhanced evapotranspiration, especially during the extreme hot and dry summers, can possibly elevate the risks of heat stress in the heavily irrigated area and its surroundings. The response in humid heat extremes to irrigation depends on the heat metrics used in the assessment. Given the importance of irrigation in Great Plains agriculture, such uncertainties highlight the urgent need to connect heat metrics with health responses to better address heat mitigation in rural communities.

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429 **Data Availability Statement**

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431 The WRF output and processed data are available upon request.

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