

Fladmark + 40: What Have We Learned about a Potential Pacific Coast Peopling of the Americas?

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Forty years ago, Knut Fladmark (1979) argued that the Pacific Coast offered a viable alternative to the ice-free corridor model for the initial peopling of the Americas—one of the first to support a “coastal migration theory” that remained marginal for decades. Today, the pre-Clovis occupation at the Monte Verde site is widely accepted, several other pre-Clovis sites are well documented, investigations of terminal Pleistocene subaerial and submerged Pacific Coast landscapes have increased, and multiple lines of evidence are helping decode the nature of early human dispersals into the Americas. Misconceptions remain, however, about the state of knowledge, productivity, and deglaciation chronology of Pleistocene coastlines and possible technological connections around the Pacific Rim. We review current evidence for several significant clusters of early Pacific Coast archaeological sites in North and South America that include sites as old or older than Clovis. We argue that stemmed points, foliate points, and crescents (lunates) found around the Pacific Rim may corroborate genomic studies that support an early Pacific Coast dispersal route into the Americas. Still, much remains to be learned about the Pleistocene colonization of the Americas, and multiple working hypotheses are warranted.

Keywords: Peopling of the Americas, coastal migration, Pleistocene, colonization, ice free corridor, Clovis First, kelp highway

Hace cuarenta años, Knut Fladmark (1979) argumentó que la costa del Océano Pacífico ofrecía una alternativa viable a la ruta de Corredor sin Hielo para la población inicial de las Américas. El era una de las primeras en apoyar una “teoría de la migración costera,” lo que permaneció marginal durante décadas. Hoy en día, la ocupación pre-Clovis en el sitio de Monte

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Verde es ampliamente aceptada, varios otros sitios pre-Clovis están bien documentados, las investigaciones de los sitios terrestres del Pleistoceno terminal y los paisajes sumergidos de la costa del Pacífico han aumentado, y múltiples líneas de evidencia están ayudando a descifrar los patrones de dispersión humana temprana en las Américas. Sin embargo, siguen existiendo conceptos erróneos sobre el estado del conocimiento, la productividad y la cronología de la deglaciación de las líneas costeras del Pleistoceno y las posibles conexiones tecnológicas a lo largo del Pacífico. Revisamos la evidencia actual de varios agrupaciones importantes de sitios arqueológicos de la costa del Pacífico temprano en América del Norte y del Sur que incluyen yacimientos más antiguos o más antiguos que Clovis. Argumentamos que los puntos proyectiles de pedúnculo, puntos foliares y crecientes (lunados) encontrados cerca del borde del Pacífico pueden corroborar los estudios genómicos que respaldan una ruta temprana de dispersión por la costa del Pacífico a través de las Américas. Queda mucho por aprender acerca de la colonización del Pleistoceno en las Américas y se justifican múltiples hipótesis de trabajo.

Palabras clave: Poblado de las Americas, migración costera, Pleistoceno, colonización, corredor sin hielo, Clovis First, carretera de algas

Investigation of the peopling of the Americas during the last century has been defined by moments of dramatic, punctuated change followed by decades of careful, often localized, scientific investigation. The first such shift occurred in the 1920s with the discovery of unequivocal human artifacts directly associated with the bones of extinct Ice Age bison (*Bison antiquus*) at the Folsom site in New Mexico (Meltzer 2006; Meltzer et al. 2002). With a single, widely accepted archaeological discovery, Native American history was extended into the Pleistocene, shattering the widespread belief that Native Americans arrived in the New World less than 4,000 years ago. Seven decades of research followed that helped define the Clovis-first model, which suggested that Ice Age explorers crossed the Bering Land Bridge sometime in the terminal Pleistocene, passed through an ice-free corridor (IFC) as the Cordilleran and Laurentide ice sheets retreated, rapidly spread across North America beginning around 13,500–13,200 years ago (we report all dates in calibrated years before present), and traveled south into Central and South America shortly thereafter (e.g., Holliday 2000; Meltzer 1995, 2009; Suárez and Ardelean 2019; Waters and Stafford 2007). Upon or shortly after their arrival, they developed the iconic Clovis projectile point that gives the archaeological culture its name. For decades, the Clovis-first model dominated scientific inquiry of terminal Pleistocene archaeology in the Americas, and most archaeologists assumed that occupation of the Pacific Coast occurred after Clovis

colonization of the Americas (Dixon 1999; Erlandson 2002).

Forty years ago, Knut Fladmark (1979), in an influential paper cited over 360 times, argued that the Pacific Coast offered an alternative to the ice-free corridor model as the route taken by the first Americans. During a time when Clovis was thought to represent the earliest human presence in North America, Fladmark was among the first (see also Butler 1961, 1965) to argue effectively for a potential coastal dispersal of peoples into the Americas. The “coastal migration theory” remained on the intellectual margins of Paleoindian archaeology until the late 1990s with the widespread acceptance of the ~14,500 cal BP pre-Clovis occupation at the Monte Verde site in southern Chile, which demonstrated that humans were in South America more than 1,000 years before Clovis (Dillehay et al. 2008; Meltzer et al. 1997). Monte Verde and a handful of other widely accepted pre-Clovis sites (e.g., Gilbert et al. 2008; Halligan et al. 2016; Waters et al. 2018; Waters, Forman et al. 2011; Waters, Stafford et al. 2011; Williams et al. 2018) have reinvigorated the search for the first Americans, as have a series of new genetic studies (e.g., Lindo et al. 2017; Llamas et al. 2016; Moreno-Mayar, Potter et al. 2018; Moreno-Mayar, Vinner et al. 2018; Raghavan et al. 2015; Scheib et al. 2018). Most archaeologists now believe the first Americans traversed the IFC or a pacific coast route (PCR), or both, during the terminal Pleistocene, although alternative hypotheses on routes and chronologies persist (e.g., Holen et al. 2017; Stanford and Bradley 2012).

Despite decades of research, we still have no definitive answers about when and how the first Americans arrived. Continued interdisciplinary research will be critical to answering such questions and more fully understanding the peopling of the Americas. Compared to decades of intensive research efforts centered on central Alaska and the IFC route, however, the search for terminal Pleistocene occupations along the PCR has been much more limited. Braje and colleagues (2017, 2018) recently highlighted progress made in the last 20 years to better understand human adaptations along the Pacific Coast and called for continued efforts to evaluate the viability of the PCR. Some archaeologists (O'Brien 2019; Potter, Baichtal et al. 2018; Potter, Beaudoin et al. 2018) countered that the IFC route remains the most viable and best understood early dispersal route into the Americas.

Here, we review what we have learned about the possibility that humans followed a terminal Pleistocene PCR from Northeast Asia into the Americas. We define the coastal route as largely along shorelines, estuaries, littoral zones, river deltas, and coastal plains, where maritime peoples relied on coastal resources as the central focus of their subsistence economy (Sutton 2018). This definition remains flexible in some physiographic settings, however, including the Pacific Northwest where large rivers with huge runs of anadromous fish may have drawn coastal peoples deep into the interior of the continent. We highlight future research directions and emphasize that the full peopling of the Americas entailed multiple dispersals following different routes at different times.

Coastal Adaptations and Maritime Dispersals in the Old World: What Have We Learned?

In 1979, most archaeologists, anthropologists, and other scholars believed that systematic coastal adaptations, seaworthy boats, and maritime dispersals were very late developments in human history (Erlandson 2001), limited to the last 10,000–5,000 years or so (e.g., Binford 1968; Cohen 1977; Greenhill 1976; Johnstone 1980; Osborn 1977:177). In subsequent decades, evidence for a greater antiquity of coastal adaptations, seafaring, and island colonization has

increased dramatically (e.g., Bicho et al. 2011; Cortés-Sánchez et al. 2011; Erlandson 2010; Marean et al. 2007; O'Connor et al. 2011; Steele and Álvarez-Fernández 2011).

When and where systematic seafaring originated remains unknown. There is limited evidence for the crossing of short marine straits by archaic members of our genus (probably *Homo erectus*), including the colonization of Flores, the Philippines, and other Southeast Asian islands 700,000–1,000,000 years ago (Brown et al. 2004; Ingicco et al. 2018; Morwood et al. 2004). However, the fact that only *Homo sapiens* appears to have been capable of reaching the islands of Wallacea and greater Australia, possibly as early as $60,000 \pm 5,000$ years ago (see Clarkson et al. 2017), suggests that seafaring by archaic hominins was limited in nature, both technologically and geographically. The successful peopling of greater Australia, which involved multiple sea crossings through island Southeast Asia and Wallacea, was part of the now famous “Out of Africa” dispersal of anatomically modern humans (AMH) that took our species to the far reaches of the world (see Erlandson 2001; O'Connell et al. 2010).

After about 50,000 years ago, evidence for seafaring and island colonization around the Pacific Rim increases dramatically, with multiple voyaging episodes that took humans across salt water gaps approaching or surpassing 100 km—through Wallacea to Australia and New Guinea (O'Connell and Allen 2012; O'Connor et al. 2011), New Ireland and the Solomon Islands (Allen et al. 1989; Wickler and Spriggs 1988), Okinawa and the other Ryukyu Islands (Fujita et al. 2016; Matsu'ura 1996; Takamiya et al. 2019), and to Honshu in Japan (Ikeya 2015). Most of these Pleistocene voyagers traversed relatively warm tropical or subtropical waters, but they risked significant potential dangers from storms and tsunamis, as well as venturing into unknown waters and lands. The fact that maritime peoples established viable populations in these new lands suggests that their boats were capable of carrying whole families on long-distance voyages.

By approximately 25,000–30,000 years ago, in what is now Japan, Pleistocene voyagers ventured into colder North Pacific waters. Before and

during the Last Glacial Maximum (LGM; ~23,000–18,000 years ago), ancestors of the Ainu used boats to reach obsidian outcrops on Kozushima Island roughly 40–50 km offshore (Ikeya 2015), transporting artifacts made from this volcanic glass back to mainland sites. This places seafaring people in the cooler waters of Japan and the North Pacific during the LGM, suggesting that they were developing the boats and other technological capabilities to continue around the Pacific Rim to Beringia and beyond. Outlining a “kelp highway hypothesis,” Erlandson and colleagues (2007, 2015) argued that nearshore kelp forest, estuarine, and other ecosystems of the North Pacific harbored a diverse array of aquatic and terrestrial resources that provided numerous subsistence options and support for maritime peoples who were potentially dispersing around Pacific Rim shorelines in boats, along a route entirely at sea level and without major obstructions once the outer coast of North America’s Northwest Coast deglaciated. Scores of species or genera of marine mammals, fish, birds, shellfish, and seaweed have very broad biogeographic distributions around the North Pacific, providing a continuity of similar resources and habitats stretching from the shorelines of Japan to Alta and Baja California. Past marine environments were not fully analogous to modern conditions, however, and varied considerably between the LGM and the Younger Dryas periods (Davis 2011). Terminal Pleistocene Pacific Coastal ecosystems were dynamic, complex, and variable, but there is no reason to believe that the terrestrial and marine resources they harbored would not have been highly attractive for small groups of early maritime peoples.

Opening Corridors and Constricting Timelines

A major question in evaluating the relative likelihood of a terminal Pleistocene maritime coastal versus interior dispersal route relates to when the two pathways became viable for humans (Mandryk et al. 2001). Recent geological and paleoecological reconstructions suggest that the IFC route was open and habitable by at least about 13,000 years ago, when the waters from

Lake Agassiz were draining northward and bison were traversing the corridor between Beringia and continental North America (Froese et al. 2019; Heintzman et al. 2016; Murtton et al. 2010). Cosmogenic radionuclide (^{10}Be) dating of glacial erratics indicate coalescence of the Cordilleran and Laurentide ice sheets until after ~15,000 cal BP, while OSL dating of sand dunes and Quaternary vertebrates indicate that the corridor began to open between about 14,000 and 15,000 years ago (Froese et al. 2019; Margold et al. 2019; Munyikwa et al. 2017). This chronology, however, leaves little time for human settlement south of the ice sheets at Paisley Caves (~14,000 cal BP; Gilbert et al. 2008), Page Ladson (~14,500 cal BP; Halligan et al. 2016) and Monte Verde (~14,500 cal BP; Dillehay et al. 2008)—and no time at all for the ~15,000 cal BP occupations at the Friedkin (Jennings and Waters 2014; Waters et al. 2018; Waters, Forman et al. 2011), Gault (Williams et al. 2018), and Huaca Prieta sites (Dillehay et al. 2012). Continued paleoecological work along the IFC will be critical for understanding the timing and viability of the route for human dispersals (see Potter, Baichtal et al. 2018; Potter, Beaudoin et al. 2018).

Despite relatively intensive searches by archaeologists and geologists, and the existence of slightly older sites in central Alaska, the oldest well-dated site in the heart of the IFC is Charlie Lake Cave, where the earliest evidence for human occupation—including a single fluted point—dates to ~12,400 cal BP (Driver et al. 1996; Fladmark et al. 1988). Although small numbers of fluted Clovis-like points have long been known from Alaska, recent excavations at stratified sites suggest they date to ~12,400–12,000 cal BP (Buvit et al. 2018; Goebel et al. 2013; Smith and Goebel 2018). Current archaeological evidence suggests that Clovis people did not follow the IFC from Beringia into the Americas, but that fluted point makers (or technology) moved through the IFC from south to north (Beck and Jones 2010; Goebel et al. 2013). Similar conclusions have been drawn from genetic studies of bison clades north and south of the IFC, which show no evidence of gene flow until ~13,400–12,000 cal BP (Heintzman et al. 2016). There also is no evidence for

Chindadn points or Yubetsu microblade cores (hallmarks of pre-13,000 cal BP deposits in interior Alaska) within the IFC. Despite this, the IFC remains a potential route for the peopling of the Americas. Alternative terrestrial routes, potentially through unglaciated Cordilleran refugia, remain understudied but intriguing (Dawe and Kornfeld 2017; Freeman 2016; Loehr et al. 2006).

As with the IFC, the viability of the PCR depends on when deglaciation removed dispersal barriers and allowed subsistence resources to flourish. Early syntheses suggested that a continuous ice margin extended to the edge of the continental shelf through much of southern Alaska and British Columbia until relatively late, preventing human movement along the coastal route in time to account for the terminal Pleistocene archaeological record in continental North and South America (Dyke 2004). Recent studies suggest a significantly earlier deglaciation of the outer Northwest Coast. Lesnek and colleagues (2018) suggested that a viable coastal pathway, along with productive marine and terrestrial ecosystems, existed at least 16,000 and perhaps as early as 17,000 years ago on the basis of cosmogenic ^{10}Be dating of boulders and bedrock surfaces coupled with radiocarbon dating of mammals and birds from island caves (see also Darvill et al. 2018). As portions of the outermost coast are now well below sea level (see Fedje and Josenhans 2000), the ^{10}Be dates may also be minimum estimates for the initial deglaciation of coastal lowlands. This new chronology suggests ample time for human arrival and settlement of all the widely accepted pre-Clovis sites south of the Laurentide and Cordilleran ice sheets.

Much remains to be learned about the glacial history and viability of the IFC and PCR. Continued geological and paleoecological research of these areas during and immediately following the LGM are needed to resolve which routes were open and viable in time to account for the earliest human occupations of the Americas. The most compelling evidence would be the documentation of well-dated, terminal Pleistocene archaeological sites along these potential dispersal routes. Currently, however, there are no well-documented and widely accepted

archaeological sites along either route that predate ~13,000 cal BP.

The Archaeology of Pleistocene New World Pacific Coastlines

In the last 20 years, archaeologists have accelerated efforts to locate terminal Pleistocene archaeological sites along the Pacific Coast of the Americas (Figure 1). One of the major obstacles is confronting unique site preservation and discovery challenges that likely impacted any record of early coastal settlement. On a continental scale, the rise of post-glacial seas after ~18,000 years ago submerged nearly all the Pacific Coast paleoshorelines that early coastal peoples would have followed moving into the Americas. If a coastal pathway opened ~17,000 years ago and sea levels stabilized about 7,000 years ago, 10,000 years of eustatic sea-level fluctuation resulted in the loss of approximately 10 million km^2 of coastal plains from Beringia to southern Chile, with shoreline transgressions of less than 1 km in some steep stretches of the Pacific Coast to ~500 km in parts of Beringia. However, not all terminal Pleistocene shorelines are underwater today (Dixon and Monteleone 2014; Fedje et al. 2018; Potter, Baichtal et al. 2018). Along parts of the Northwest Coast, isostatic rebound (the rise of land masses after the retreat of ice sheets) has raised pre-Clovis shorelines to elevations at or above modern sea level (Mackie et al. 2018; McLaren et al. 2018; Shugar et al. 2014). Systematic surveys for early sites along these remote, mostly forested, and difficult-to-access landforms have been productive (see below) but are still in relatively early stages.

Around the North Pacific Rim, the destructive effects of other taphonomic processes—earthquakes, tsunamis, marine erosion, coastal development, and others—are more difficult to quantify (e.g., Erlandson 2012; O'Rourke 2017). Coastal archaeologists are increasingly aware of the dramatic loss of cultural deposits to such destructive processes, by which sites can melt into the sea either slowly over months or years or catastrophically in a matter of hours or days. Such processes make certain coastlines particularly poor places to look for early sites. From northern California to southern British

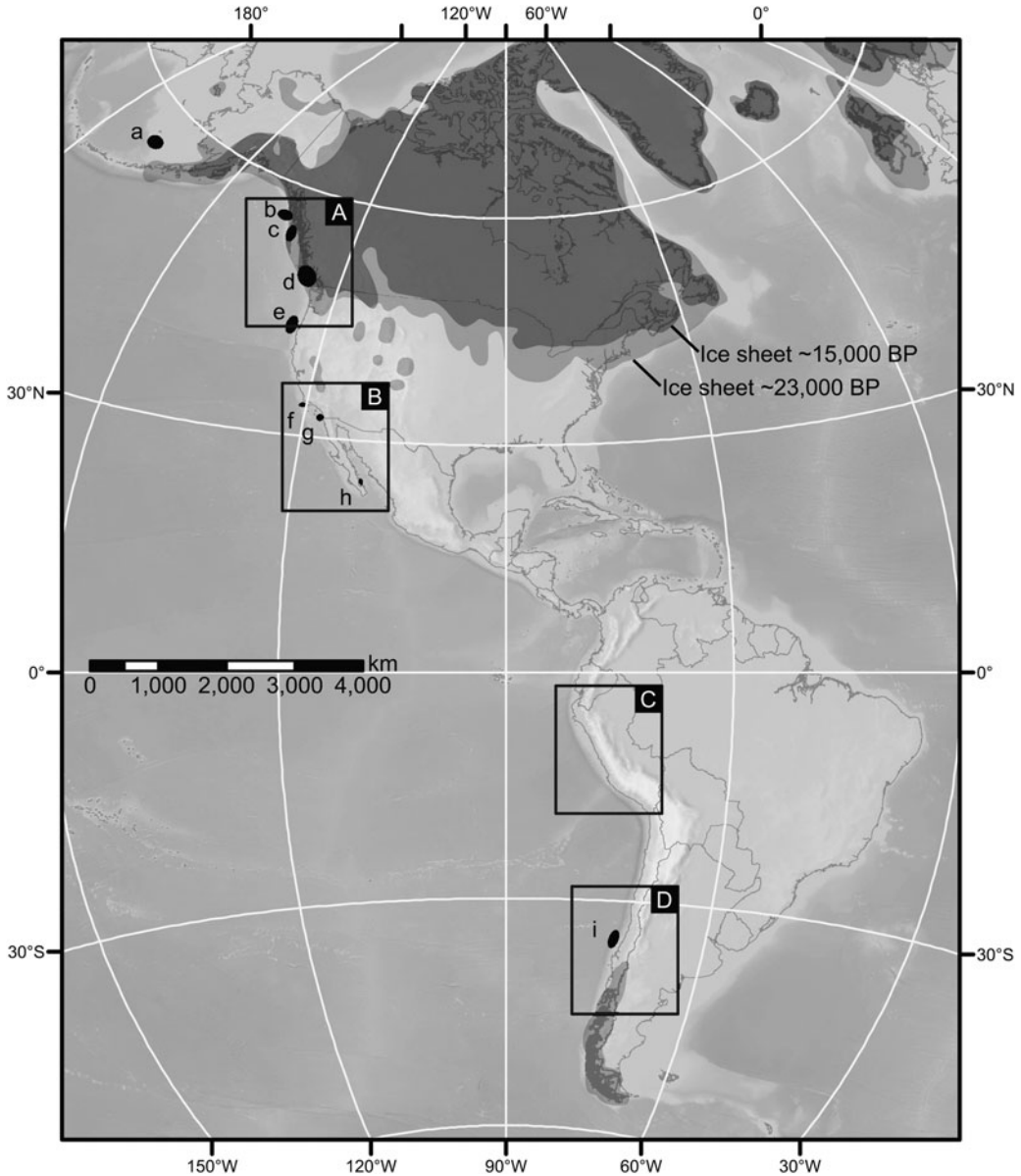


Figure 1. Map of North and South America showing the approximate position of glacial ice at 23,000 cal BP and 15,000 cal BP, based on the ICE-6G_C model (Argus et al. 2014; Peltier et al. 2015). Boxes A, B, C, and D refer to the positions of maps in Figure 2. Locations of underwater projects are marked with lowercase letters: (a) a predictive model for sites on the Bering continental shelf (Dixon 1979); (b) underwater survey in Beringia (Dixon and Monteleone 2014; Monteleone et al. 2013); (c) submerged research along the Juan Perez Sound (Josenhans et al. 1997); (d) subtidal excavations at Montague Harbour (Easton and Moore 1991); (e) predictive model for the outer continental shelf (ICF International et al. 2013); (f) archaeological assessment of submerged Pacific Coast landforms (Braje et al. 2019; Watts et al. 2011); (g) submerged archaeology in San Diego Harbor (Masters 1983); (h) exploring the submerged landscapes of Baja California (Gusick and Davis 2010); (i) submerged paleolandscapes of Quintero 1 (Carabias et al. 2014).

Columbia (BC), for example, recurrent earthquakes and tsunamis along the Cascadia Subduction Zone have resulted in subsidence and

massive erosion along the coast, impacting archaeological records and making this region particularly challenging for locating early

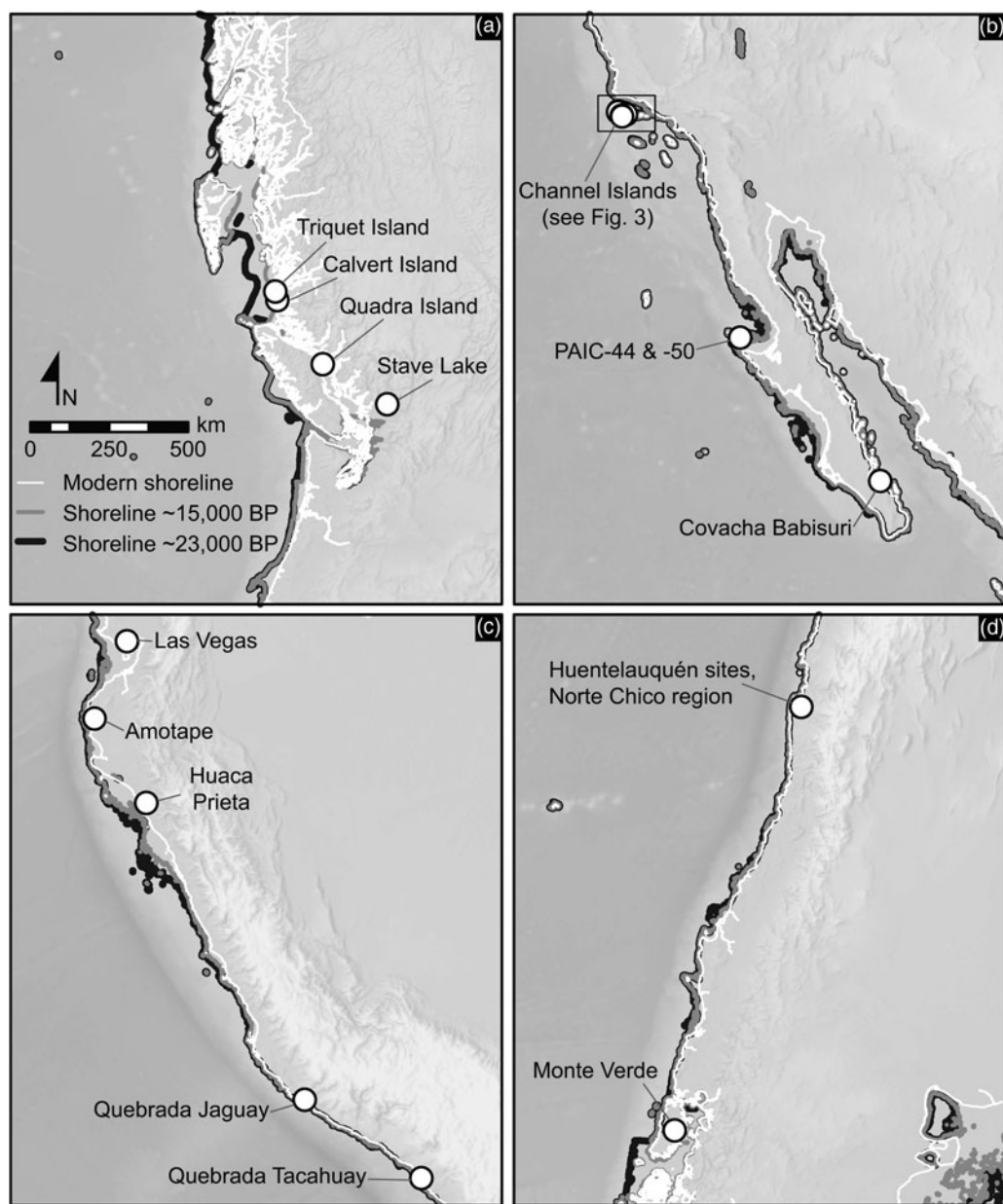


Figure 2. Locations of coastal or near-coastal archaeological sites more than 11,000 years old in (a) the Pacific Northwest; (b) Baja and southern Alta California; (c) Ecuador and Peru; and (d) Chile. See [Figure 1](#) for the extent of each map. Approximate shorelines at 23,000 cal BP and 15,000 cal BP are modeled on the ICE-6G model (Argus et al. 2014; Peltier et al. 2015) and ETOPO1 Global Relief Model (Amante and Eakins 2009).

archaeological sites (Davis et al. 2009; Erlandson et al. 1998; Moss and Erlandson 1995). Archaeologists have had success, however, in systematically searching for early sites along three regions of the New World Pacific Coast:

the northern Northwest Coast, the islands of Alta and Baja California, and the arid coasts of Peru and Chile ([Figure 2](#)).

Locating early sites in coastal southeast Alaska and BC is challenging because of the

dynamic history of regional paleogeography, especially with regard to deglaciation, isostatic rebound, and regional sea-level histories (Darvill et al. 2018; Lesnek et al. 2018; Mackie et al. 2018). Some shorelines dating to 14,500 years ago are 150 m below modern mean sea level (MSL) off Haida Gwaii, 3 to 4 m below modern MSL in the Hakai Passage area of the BC central coast, and 200 m above MSL on Quadra Island in the northern Salish Sea (IFedje et al. 2005, 2018; McLaren et al. 2018). Along the northern Northwest Coast, paleoshorelines of this age and earlier have seen limited investigation because of low site visibility in coastal rainforests, limited access to remote subaerial or submerged study areas, the lack of high-resolution baseline data and focused high-potential landform modeling, and relatively low funding levels for terminal Pleistocene archaeological research projects.

In the last decade, following meticulous reconstruction of local sea-level records and paleoshorelines, there have been significant discoveries of early post-glacial to earliest Holocene archaeological sites on the BC coast. In Haida Gwaii, the earliest coastal sites should be deeply drowned. The earliest documented sites associated with paleoshorelines in this area date to approximately 11,000–11,500 years ago, but several inland bear-hunting sites provide a small window into human use of the landscape between 12,500 and 12,800 years ago (Fedje et al. 2011). In the Hakai Pass area, several early sites have recently been found associated with paleoshorelines 1–4 m below modern MSL. Examples include Pruth Bay on Calvert Island where human footprints and stone tools have been dated to ~13,000 cal BP (McLaren et al. 2018). About 10 km to the west, preliminary work at the base of the deeply stratified Triquet Island site documented chipped stone artifacts associated with a hearth feature dating to ~13,800 cal BP (Gauvreau and McLaren 2017). Recent work on Quadra Island discovered limited evidence of human use of paleoshorelines about 30 m above modern MSL dated to ~13,000 cal BP (Fedje et al. 2018), and several sites at Stave Lake in the Fraser River lowlands date from 12,300 to 12,000 years ago (McLaren 2017).

The islands of Alta and Baja California also have proved fruitful in the search for terminal

Pleistocene and earliest Holocene archaeological sites. Despite the loss of nearly 75% of their land area since the LGM, the Northern Channel Islands have produced dense concentrations of terminal Pleistocene and Early Holocene sites (Figure 3). This includes four sites on San Miguel Island (CA-SMI-261, -678, -679, -701) and eight on Santa Rosa Island (CA-SRI-26, -173, -723, -512, -706, -708, -725, -997/H) with cultural components securely dated between ~13,000 and 11,000 cal BP (Erlandson et al. 1996, 2011; Gusick and Erlandson 2019; Johnson et al. 2002; Rick et al. 2013). Most of these sites are situated between 2 and 10 km inland from contemporary shorelines, where occupants gathered shellfish, fished, and hunted marine mammals and seabirds. Most of these sites have produced chipped stone crescents, stemmed points, and foliate bifaces, and scores of them have been found in situ within stratified and well-dated deposits.

Two islands off Baja California, Cedros and Espíritu Santo, have also produced evidence of terminal Pleistocene occupations. On Isla Cedros, radiocarbon dating of shell midden strata at PAIC-44 and -49 has documented diversified maritime foraging, fishing, and hunting activities at ~12,000 cal BP (Des Lauriers 2010; Des Lauriers et al. 2017). On Isla Espíritu Santo, just inside the Gulf of California near the southern tip of Baja California Sur, Covacha Babisuri cave has yielded evidence of early maritime adaptations dated to ~12,350 cal BP (Fujita 2010).

There is growing evidence for terminal Pleistocene humans along portions of the Pacific Coast of South America. The earliest evidence comes from the Monte Verde II (~14,500–14,000 cal BP) and Huaca Prieta (15,000–13,500 cal BP) sites in Chile and Peru, respectively (Dillehay et al. 2008, 2012). Other early evidence comes from the north and south coasts of Peru, from the basal levels at Quebrada Jaguay (~13,000 cal BP) and Quebrada Tacahuay (~12,900 cal BP), as well as the Amotape sites (tentatively dated to ~12,300 cal BP). The coast of Chile has also produced the Norte Chico (~13,000 cal BP) and Huentelauquen (~11,700 cal BP) complexes (Suárez and Ardelean 2019). Less secure data come from the

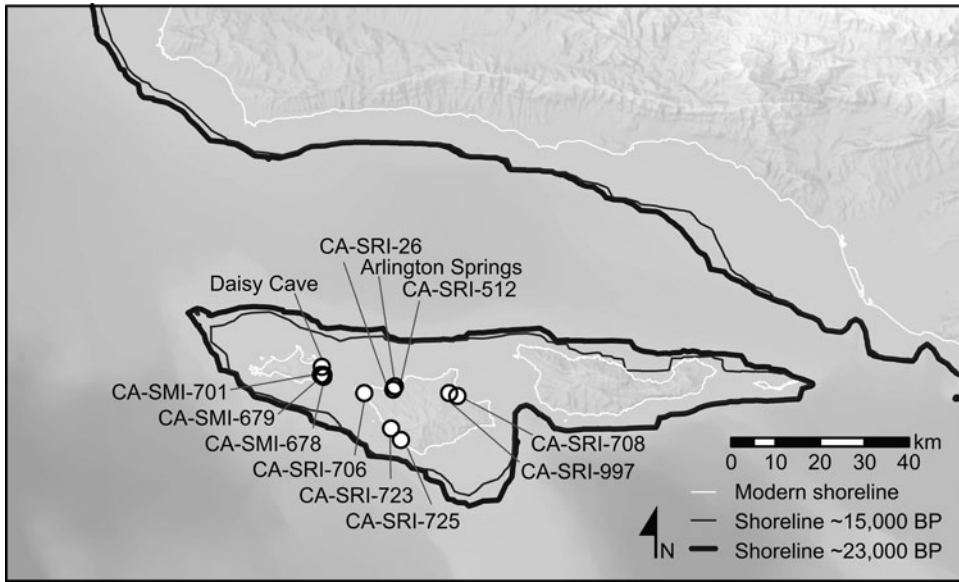


Figure 3. Locations of coastal or near-coastal archaeological sites more than 11,000 years old in the Northern Channel Islands. See [Figure 2](#) for map extent. Approximate shorelines at 23,000 cal BP and 15,000 cal BP are modeled on the ICE-6G model (Argus et al. 2014; Peltier et al. 2015) and ETOPO1 Global Relief Model (Amante and Eakins 2009).

pre-Las Vegas site in southern Ecuador dated to ~13,000 cal BP (Stothert et al. 2003). Evidence from several Fishtail and Paiján sites (~13,000–10,000 cal BP) located between 30 and 80 km inland in Peru's Andean foothills also reveals contact with the coast, either through direct procurement of marine resources or exchange with coastal groups. The economy of all the South American coastal sites is broad-spectrum foraging of marine resources (e.g., sea lions, shellfish, fish, seaweed) in nearshore marine or estuarine ecosystems, with exchange or direct procurement of inland and/or highland plants and animals (e.g., at pre-Las Vegas, Huaca Prieta, Quebrada Jaguay). Included in these early economies is ~12,000 cal BP mining of iron oxide on the north-central coast of Chile (Salazar et al. 2011).

Stemmed Points, Foliate Bifaces, and Lunates: Technological Connections around the North Pacific Rim?

When the Clovis-first model dominated studies of the peopling of the Americas, archaeologists assumed that technological links between Clovis

points and ancestral traditions in Siberia needed only to be found to connect the dots of population dispersal across the Bering Land Bridge and down the IFC. After decades of study and tenuous connections to traditions in the Far North such as the Denali or Nenana complexes, we now know that Clovis technology was a New World invention, a conclusion supported by recent morphometric and cladistic analyses (Smith and Goebel 2018). The earliest Americans arrived with some yet to be fully identified technological tool kit.

Beck and Jones (2010) reignited a long-standing debate in western North American archaeology, arguing that the Western Stemmed Tradition (WST) was technologically distinct from Clovis, potentially older, and possibly related to a coastal dispersal of people from northeast Asia into the Americas. Critics have challenged this hypothesis (Potter, Baichtal et al. 2018), arguing that stems are not technologically or temporally diagnostic and that there has been no detailed technological study connecting the widely varied stemmed point types found scattered from Japan to Kamchatka, the PNW and California Islands, and South America (see Erlandson and Braje 2011).

Stemmed and lanceolate projectile points appeared in northeast Asia before the LGM and persisted into the Holocene (Nagai 2007), quite different from the tighter geographic and chronological ranges of fluted points in the Americas. Terminal Pleistocene stemmed point traditions around the Pacific Rim are broadly similar, but they occur over thousands of kilometers and more than 5,000 years, leaving any technological relationship between them uncertain (Erlandson and Braje 2011). Some Incipient Jomon assemblages show remarkable technological similarities to early Channel Island Paleocoastal assemblages, however, with foliate bifaces, stemmed and barbed points, and lunates reminiscent of the crescents often found in WST assemblages in North America's Far West. At Paisley Caves, accessible from the coast via the Klamath and Sprague River corridors (Pitblado 2011), stemmed points are minimally dated to ~13,000–12,700 cal BP—with no evidence of Clovis technology being present—making them at least coeval with Clovis (Jenkins et al. 2012), and similar ages are suggested at a few other sites (Davis et al. 2014). At the Friedkin and Gault sites in central Texas, stemmed points have been found stratigraphically below Clovis and dated as much as 2,000 years older than Clovis (Waters, Forman et al. 2011; Waters et al. 2018; Williams et al. 2018).

The connection between stemmed point varieties around the Pacific Rim remains tenuous, but it is an important avenue for future research. For now, the presence of stemmed points and crescents in many Paleocoastal assemblages provides strong links to the WST. Crescents also represent a technology distinct from Clovis and other early fluted traditions with which they rarely co-occur. Crescents occur in a variety of shapes and sizes but come in classic lunate, butterfly, and eccentric varieties (Sanchez et al. 2017). Common in WST assemblages from wetland settings of the Columbia Plateau, Great Basin, and Alta and Baja California, crescents are thought to be associated with the hunting of aquatic and marine birds (Moss and Erlandson 2013).

Given such similarities, suggesting that stemmed points are “not an appropriate derived character on which to base a hypothesis of

cultural affiliation” (Potter, Baichtal et al. 2018) seems premature, especially given the co-occurrence of foliates, stemmed points, and lunates from Incipient Jomon, early Channel Island, and WST assemblages. In the lower Pacific Northwest region, however, foliate and stemmed points may have been produced from distinct cultural and temporal traditions (see Chatters et al. 2012), which suggests that these technologies do not always co-occur and also highlights their potential for understanding the spread of cultural traditions through space and time. Much remains to be learned about the morphological similarities and differences between early stemmed point assemblages and traditions around the Pacific Rim, but potential connections should not be dismissed, especially given genomic evidence for a similar distribution of some Paleo-American genetic lineages (see below).

Searching beneath the Waves

One of the last frontiers in studying the peopling of the Americas is the drowned coastlines and paleolandscapes of the eastern Pacific and broader Pacific Rim. We know humans occupied interior regions of the Americas as early as the terminal Pleistocene, meaning that the margins of the world they inhabited were flooded and reshaped by more than seven millennia of sea-level rise and post-glacial warming. Locating, sampling, and interpreting the archaeological evidence of Paleocoastal settlement along submerged coastlines is technically challenging, but this is an emerging focus for a variety of interdisciplinary scholars who are centering their research efforts off the Pacific Coast of North America (Fedje et al. 2018; Gusick, Maloney, Braje et al. 2019; Monteleone et al. 2013).

Some of the earliest efforts to locate and sample submerged Pacific Coast sites were intertidal lithic sites in British Columbia (Fladmark 1979) and a submerged Middle Holocene shell midden in Montague Harbour (Easton and Moore 1991). While it is too young to apply directly to the first Americans, the Montague Harbour site demonstrated that submerged sites can be preserved along a North Pacific coast generally characterized by high wave energy. Later researchers created paleolandscape reconstructions of the

continental shelf and collected core and grab samples in areas identified as having high potential for preserved prehistoric cultural resources (Fedje and Josenhans 2000; Josenhans et al. 1995, 1997). Their efforts yielded a flaked stone tool from an associated soil on the sea floor approximately 60 m below BC's Hecate Strait. This was followed by a series of intertidal discoveries on Haida Gwaii that included a stratified and well-preserved shell midden (e.g., Kilgii Gwaay) in a submerged intertidal setting dated between 10,700 and 10,600 cal BP (Fedje et al. 2005). The human footprints from Calvert Island extend the age of submerged coastal sites in BC to at least 13,000 cal BP (McLaren et al. 2018).

To date, all other submerged precontact terrestrial archaeological material identified off the west coast of the Americas (excluding fish weirs) have been chance finds from southern California (Masters 1983) and shallow submerged middens in San Francisco Bay (Bickel 1978). Projects in Beringia and Southeast Alaska (Dixon and Monteleone 2014); off the Washington, Oregon, and California coasts (Fedje and Josenhans 2000; Gusick, Maloney, Braje et al. 2019; Watts et al. 2011); and in the Gulf of California (Gusick and Davis 2010) have all focused on paleolandscape and paleoenvironmental reconstruction using geographic information system (GIS) models and remote sensing equipment to identify landscapes of interest for both biological and archaeological sensitivity (see Figure 1).

The goal of this nascent research is to establish a framework on which to build projects that can consistently identify submerged terminal Pleistocene sites, using seismic profiling systems, side scan sonar, and multibeam bathymetry to reconstruct paleolandscape features and paleodrainages. Current large-scale projects off the coasts of British Columbia, Oregon, and California are using these methods to target anomalies for testing via coring, grab samples, or diver/remote-operated vehicle (ROV) investigation (Figure 4; Gusick, Maloney, King et al. 2019; Mackie et al. 2013). Beginning in locations where subaerial terminal Pleistocene sites have been identified, these multidisciplinary efforts are providing the geophysical baseline data required to understand the regional evolution of paleolandscapes and paleoecologies. Data

related to shallow seafloor stratigraphy, paleodrainage morphology and evolution, and submerged paleoshorelines have improved archaeological sensitivity models and formed the foundation for more targeted investigations on terminal Pleistocene-aged submerged landscapes. These projects are also helping define best practices (Gusick and Faught 2011; Gusick, Maloney, King et al. 2019; Mackie et al. 2013) for eastern Pacific continental-shelf archaeology and exploring new technologies for advancing the discipline (King et al. 2018).

Melding Datasets from Genetics, Archaeology, Paleoecology, and Linguistics

Genetic approaches to understanding the peopling of the Americas have transformed the field in recent years, challenging hypotheses such as Clovis-first and the Solutrean connection as well as revealing extraordinary complexity in the origins and dispersal of Indigenous peoples of the Americas. Paleogenomic studies of population relationships and sources of ancestry are rapidly evolving and—coupled with archaeological, paleoecology, and linguistic data—offer insights into the routes and timing of the earliest human dispersals into the Americas. Paleogenetic relationships and chronologies should be interpreted cautiously, however, as the field is rapidly evolving and is still dealing with significant interpretive hurdles such as accurately setting genetic mutation rates and extrapolating from small sample sizes, especially for aDNA from human remains dating to the terminal Pleistocene and Early Holocene.

Sikora and colleagues (2019) reported the sequencing of high-quality genomes from two unrelated male children at Yana RHS. These genomes suggest the presence of a large and genetically diverse population (with an effective population size of 500 individuals) living above the Arctic Circle by 31,600 cal BP. These “Ancient North Siberians” (ANS) appear to have been directly ancestral to the Ancient North Eurasians (ANE) represented by the ~24,000-year-old Mal'ta genome (with additional ancestry from other early populations). Sikora and colleagues (2019) also sequenced the genome of a 9800 cal BP individual from

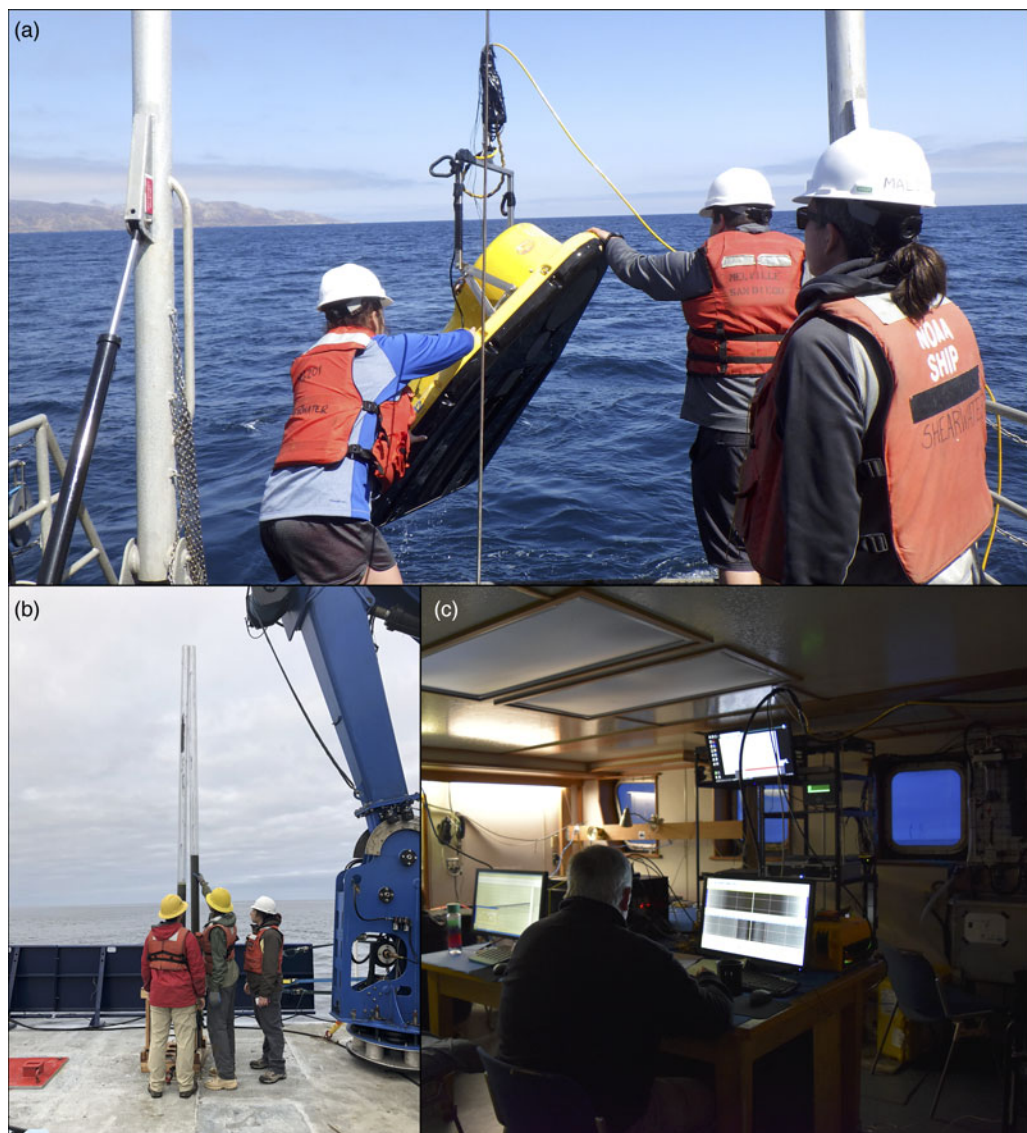


Figure 4. Photographs from underwater research being conducting off the coast of southern California and central Oregon (photos by Amy Gusick): (a) preparing to launch a Compressed High-Intensity Radiated Pulse (CHIRP) system to map the sea floor and subbottom; (b) inspecting a seafloor core, collected to sample paleolandscape features; (c) analyzing data aboard ship during geophysical surveys of the ocean floor. (Color online)

the Kolyma1 site in northeast Siberia, revealing the presence of a population closely related to Native Americans (“Ancient Paleosiberians”). Kolyma1 and the Yana children’s genomes add to our understanding of events leading to the formation of the Native American gene pool. Sikora and colleagues (2019) suggest that Ancient Paleosiberians, Ancient Beringians, and Native

Americans all descended from a population that separated from East Asians approximately 30,000 years ago (range 26,800–36,400 cal BP); the population ancestral to Kolyma1 may have split off ~20,900–27,900 cal BP.

The gene flow event from ANS into the East Asian ancestors of North Americans (sometime between 13,300 and 23,500 cal BP) separately

impacted the ancestors of Kolyma1 at about the same time (15,500–23,700 cal BP). It is still unclear where this population contraction took place because there is no direct archaeological evidence of these events. Sikora and colleagues (2019) modeled Siberian paleoclimatic conditions during the LGM to identify possible geographic candidates for the isolation event, and they found evidence for a refugium in southeastern Beringia and “a coastal corridor along the Sea of Okhotsk and the Kamchatka Peninsula” during the LGM (see also Hoffecker et al. 2016).

During the Beringian “standstill,” which may be supported by controversial evidence for people in northern Yukon’s Bluefish Caves approximately 24,000 years ago (Bourgeon et al. 2017), the ancestors of Native Americans diverged at least three times. The Ancient Beringians, represented by the Upward Sun River (Moreno-Mayar, Potter et al. 2018) and Trail Creek Caves (Moreno-Mayar, Vinner et al. 2018) genomes, may have diverged from the ancestors of other Native Americans between ~22,000 and 18,100 cal BP. Another group, detected via its contributions to the ancestry of the Mixe people but not yet directly sampled, is hypothesized to have diverged ~24,700 cal BP (30,000–22,000 years ago). The third group moved south of the ice sheets, giving rise to populations in North and South America.

Those who left Alaska gave rise to at least three genetically distinguishable groups: Northern Native Americans (NNA), Southern Native Americans (SNA), and a third group represented by the genome of a 5,600-year-old individual from Big Bar Lake (Moreno-Mayar, Vinner et al. 2018). The NNA include the Algonquian, Na-Dené, Salishan, and Tsimshian, and the SNA include the Anzick-1 Paleoindian child and all ancient and contemporary peoples of Central and South America.

Recent interpretations suggest that NNA and SNA may have diverged from each other between ~17,500 and 14,600 cal BP (Moreno-Mayar, Vinner et al. 2018; Rasmussen et al. 2014). The NNA, SNA, and Big Bar Lake populations seem to be equally related to the Ancient Beringian population, who were found at widely separated Upward Sun (interior Alaska) and Trail

Creek Cave (Seward Peninsula) localities in Alaska. Currently, the most parsimonious explanation for these results is that the ancestors of NNA-SNA-Big Bar Lake moved south of the ice sheets sometime prior to their split (17,500–14,600 years ago). The Big Bar Lake population diverged first, followed by the NNA-SNA divergence. Following these initial divergences, there was a very rapid population radiation throughout North and South America “akin to leap-frogging across large portions of the diverse intervening landscape” rather than gradual expansion (Moreno-Mayar, Vinner et al. 2018:362). This pattern currently fits the expected predictions of a rapid and early coastal dispersal—perhaps facilitated by familiarity with similar marine resources (shellfish, fish, sea mammals, seabirds, seaweed) along Pacific Rim coastlines (Erlandson et al. 2007, 2015)—more than a later (and slower) overland movement through the IFC and subsequent population expansion.

Concluding Remarks

During the 40 years since the publication of Fladmark’s (1979) landmark paper exploring the PCR as a potential entry point into the Americas, archaeologists have made significant progress in identifying early coastal sites. This includes identification of numerous sites in North America dated to the terminal Pleistocene and Early Holocene, as well as a few sites in or near coastal South America dated to approximately 14,500 years ago. Critics of the PCR point to the absence or dearth of Clovis-aged or older sites along the route (e.g., Potter, Baichtal et al. 2018, Potter, Beaudoin et al. 2018). This is an important point, but we note that Clovis-aged or older sites are also currently absent within the central IFC.

When compared to the IFC and other interior regions of North America, the Pacific Rim’s terminal Pleistocene shorelines remain largely submerged and unexplored. Recent research documents that such shorelines are located above sea level in some areas of the northern Northwest Coast (Mackie et al. 2018; Potter, Baichtal et al. 2018), but a systematic search of these ancient shorelines for archaeological sites is in its early stage. Where such surveys have

been performed in the context of a detailed understanding of sea-level histories and paleo-landscape reconstructions, they have been highly successful (see McLaren et al. 2018). Underwater archaeology of Pacific Rim shorelines has been even rarer—especially in Northeast Asia, Beringia, and South America. Even along the Pacific Coast of North America, systematic underwater research is largely just beginning, and the dynamic nature of coastal environments—including post-glacial sea-level rise, high wave energy, and marine erosion—pose formidable challenges to site preservation and discovery. Questions persist about the timing and nature of a potential terminal Pleistocene coastal dispersal of AMH from Northeast Asia into the Americas, but we now know that from Canada to California, Mexico, Peru, and Chile, some of the first peoples in the Americas exploited a wide range of marine and estuarine resources; used stemmed points, foliate bifaces, lunates (crescents), and other technologies; and likely constructed relatively sophisticated watercraft. Such findings would have been deemed implausible to most archaeologists just 30 years ago (e.g., Aikens 1990:12).

Archaeologists searching for early sites along the IFC and the PCR face similar challenges—working in remote locations, narrowing search targets, confronting millennia of taphonomic processes that may have destroyed or buried sites, to name a few. While efforts should continue in both areas, the reality is that, unlike the search for sites in the IFC—where formidable challenges such as dense vegetation cover, vast search areas, and remote locations continue to plague archaeological research efforts—archaeological investigations of submerged Pacific Coast landscapes have just begun, and it may be many years before we have a better resolution of the history of human occupation of Pacific Coast paleolandscapes. Although the continental shelf of the eastern Pacific has yet to yield the same type of underwater discoveries as the Gulf of Mexico or Florida's inland waters (e.g., Dunbar et al. 1988; Faught 2004; Halligan et al. 2016), scientists are building a strong case for early human coastal occupation through incremental discoveries that advance our understanding of submerged paleolandscapes, which form the

framework for future discoveries that may change what we thought we knew about the peopling of the New World.

Despite numerous advances, American archaeology remains at a crossroads with one of its most fundamental questions left unanswered: how and when did the first humans arrive in the western hemisphere? Both the IFC and PCR remain viable colonization pathways, and continued archaeological, paleoenvironmental, and genetic studies are necessary along these and other potential routes. Serious archaeological research on the PCR as a potential early human dispersal corridor, however, has only emerged in the last two to three decades—thanks largely to the pioneering efforts of Knut Fladmark (1979). We should be open to reexamining long-held assumptions about Paleoindian cultures, evaluated and codified when Clovis was first and the IFC dominated archaeological thought. Evaluating these assumptions will take time and effort, and such research is in its early stages. Suggesting that “Paleoindian industries are . . . generally terrestrial, with limited evidence of coastal exploitation in lower-latitudes” (Potter, Baichtal et al. 2018) may ultimately prove to be a reflection of the differential preservation of early coastal versus interior sites and a long-standing terrestrial focus of archaeological inquiry in the Americas.

When we critically evaluate the IFC and PCR pathways, some of the same shortcomings manifest. The lack of universally accepted pre-Clovis-aged sites along the PCR remains a significant obstacle, but the same is true of the central IFC, where the earliest known sites are a millennium younger than classic Clovis and the earliest well-documented coastal sites. Earlier IFC sites may be found, linking the early interior records of Beringia and mid-latitude North America, but there is currently no compelling archaeological evidence for an initial peopling via the IFC. Taphonomic issues may explain the difficulty in discovering earlier IFC sites, but such arguments are equally or even more valid for the Pacific Coast of the Americas. As Madsen noted:

While there are some ancillary data supporting the notion of an early spread of foraging

populations along the west coast of the Americas, little direct evidence has been found that provides definitive support. On the other hand, there is no contradictory evidence that the Pacific coast model is wrong. The ice-free corridor/Clovis First model is more readily testable since it does not involve areas now covered by a rise in post-glacial sea level. The model can be faulted by (1) evidence that the ice-free corridor was not open sufficiently early to allow for the dispersal of Clovis peoples, (2) evidence for the presence of contemporary groups in both North and South America using different lithic technologies, (3) evidence that the earliest Clovis sites lie well south of the ice-free corridor, and (4) evidence there were people in the Americas well before the appearance of Clovis tools and technology [Madsen 2015:233].

Given the challenges affecting the search for the earliest sites in the PCR and IFC routes, neither the evidence for a coastal or interior dispersal refutes the existence of the other. Current evidence supports multiple potential pathways for the peopling of the Americas, including interior and coastal routes, all taking place within a few short millennia. Currently, the PCR appears to have been viable approximately 2,000 years earlier than the IFC, but the challenge is to determine if pre-Clovis aged coastal sites exist in the area, with underwater and other research having the greatest potential to confirm or refute this as the earliest dispersal route into the Americas. Shattering the Clovis barrier was critical in advancing research on the peopling of the Americas over the last few decades, and interdisciplinary research of both coastal and interior routes will be crucial for moving forward in the twenty-first century.

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