Data Diversity Matters for Robust Instruction Tuning

Alexander Bukharin[1], Shiyang Li[2], Zhengyang Wang[2], Jingfeng Yang[2],
Bing Yin[2], Xian Li[2], Chao Zhang[1,2], Tuo Zhao[1,2],
Haoming Jiang[3],

[1]Georgia Institute of Technology, [2]Amazon
Correspondence: abukharin3@gatech.edu

Abstract

Recent works have shown that by curating high quality and diverse instruction tuning datasets, we can significantly improve instruction-following capabilities. However, creating such datasets is difficult and most works rely on manual curation or proprietary language models. Automatic data curation is difficult as it is still not clear how we can define diversity for instruction tuning, how diversity and quality depend on one other, and how we can optimize dataset quality and diversity. To resolve these issue, we propose a new algorithm, Quality-Diversity Instruction Tuning (QDIT). QDIT provides a simple method to simultaneously control dataset diversity and quality, allowing us to conduct an in-depth study on the effect of diversity and quality on instruction tuning performance. From this study we draw two key insights (1) there is a natural tradeoff between data diversity and quality and (2) increasing data diversity significantly improves the worst case instruction following performance, therefore improving robustness. We validate the performance of QDIT on several large scale instruction tuning datasets, where we find it can substantially improve worst and average case performance compared to quality-driven data selection.

1 Introduction

Large pre-trained language models have demonstrated a remarkable ability to perform a wide range of natural language processing tasks (Vaswani et al., 2017; Devlin et al., 2018; Radford et al., 2019; He et al., 2020; Brown et al., 2020). Although these models are powerful, pre-trained models such as GPT-3 can be quite difficult to work with and often do not follow user instructions (Brown et al., 2020). To unlock instruction-following capabilities, researchers have turned to instruction tuning, in which language models are trained to follow instructions on a small set of example instruction-response pairs (Mishra et al., 2021; Wei et al., 2021;

Sanh et al., 2021; Wang et al., 2022b). Instruction tuning (IFT) has become extremely popular, as it provides a simple way for researchers to train powerful and aligned language models (Taori et al., 2023; Chiang et al., 2023; Xu et al., 2023).

Although initial works apply instruction tuning to large-scale datasets, it has recently been found that a small set of well chosen instruction-response pairs is sufficient for good performance. In particular, Zhou et al. (2023) showed that by training on only 1000 instructions manually selected or crafted by experts, superior performance can be achieved compared to training on larger datasets. Training with a small dataset has the added benefits of lowering training costs and enabling faster iteration. Although such manual data selection is not scalable, this work raises an important question: How can we automatically select an instruction tuning dataset?

Recent work on dataset curation have identified two characteristics that an instruction tuning dataset should have: (1) the instruction responses should be high quality (Chen et al., 2023; Peng et al., 2023) and (2) the instructions should cover a wide range of tasks (i.e. be diverse) (Wei et al., 2021; Zhou et al., 2023; Gudibande et al., 2023). To curate high quality datasets, researchers have used proprietary LLMs to measure the quality of each data point in the dataset and then select only the highest quality data points. To improve dataset diversity, researchers have manually selected instructions that cover a wide range of topics and formats (Zhou et al., 2023; Ivison et al., 2023). While both of these methods enhance instruction-following capabilities, it is not clear how we can select high quality and diverse datasets without relying on manual curation from human experts, a process that is time-consuming and expensive.

In pursuit of this goal, we propose a new algorithm, QDIT, to measure and optimize the diversity and quality of instruction tuning datasets. QDIT

measures diversity using the facility location function (Cornuéjols et al., 1983). The facility location function provides an intuitive measure of subset diversity, as it essentially measures how well represented each data point in the full dataset is by the data points in the selected subset. With this diversity function and quality functions from prior works, we then define a dataset's quality-diversity score as a simple linear combination of dataset quality and diversity. To optimize the quality-diversity score, QDIT employs a greedy strategy, where the data point that will improve the joint quality-diversity score the most is selected at each time step (Nemhauser et al., 1978). This procedure is extremely efficient, and can easily scale to datasets with millions of instruction.

QDIT provides an effective way to control the diversity and quality of the instruction tuning dataset, allowing us to conduct an in-depth study of diversity and quality in instruction tuning. From this study we identify two key findings: (1) there is an inherent tradeoff between dataset diversity and dataset quality and (2) improving dataset diversity primarily improves the worst and average case instruction following ability, while not affecting best case instruction following ability much. Based on these finding, we are able to use QDIT to optimize the quality-diversity tradeoff, improving worst case performance while maintaining or improving best case and average performance for robust instruction following. We extensively validate our results on five large-scale instruction tuning datasets.

2   Related Work

There have been several works that attempt to improve the quality and diversity of IFT datasets.

◇ **Manual Data Selection.** Several works have shown that superior instruction-following capabilities can be unlocked by carefully selecting and writing instruction-response pairs (Zhou et al., 2023; Touvron et al., 2023; Wang et al., 2023a; Ivison et al., 2023). To select such data quality and diversity are emphasized, with data from various scientific fields and internet forums being selected. It is not clear how such datasets can be automatically selected.

◇ **Distilling Closed Models.** To reduce the human effort required for dataset creation, researchers have used powerful proprietary LLMs such as GPT-4 to create instruction tuning datasets (Taori et al., 2023; Peng et al., 2023; Chia et al., 2023). Again

researchers found dataset quality (Peng et al., 2023) and diversity (Xu et al., 2023; Li et al., 2023b) to be most important. Although resulting in powerful datasets, the reliance on proprietary language models in these works is expensive and may raise legal concerns (Wang et al., 2023b).

◇ **Automatic Data Selection for Instruction Tuning.** Due to the aforementioned issues, in this paper we focus on automatic selection of smaller instruction tuning datasets from larger ones. Chen et al. (2023); Dong et al. (2023b) show that by rating the quality of each data point and training on the highest quality data points, downstream performance can be significantly improved. Li et al. (2023a) propose to select instructions based on difficulty. Wang et al. (2022a); Liu et al. (2023) attempt to increase diversity by restricting the distance between selected points to be larger than a given threshold. We find that this method does not necessarily lead to a significant increase in diversity, and compare QDIT to similar approaches in our experiments.

Our work is also related to several works that seek to increase diversity in NLP , but do not consider data quality (Kumar et al., 2019; Kirchhoff and Bilmes, 2014; Das et al., 2023; Maharana et al., 2023). Concurrently, Bhatt et al. (2024); Wang et al. (2024) analyze the efficacy of various diversity and uncertainty metrics for IFT, but do not consider dataset quality.

3   Methodology

Before presenting QDIT, we discuss how to quantify instruction diversity and instruction-response quality.

3.1   Quantifying Dataset Diversity and Quality

Given a set $A \subseteq V$, a natural way to measure the diversity of the set A with respect to V is by the facility location function (Cornuéjols et al., 1983)

$$d(A) = \sum_{v \in V} \max_{a \in A} \text{sim}(a, v), \qquad (1)$$

where $sim(a, v)$ refers to the similarity of a and v. In QDIT, we use the cosine similarity of instruction embeddings as the similarity function in (1), where the instruction embeddings are computed with sentence transformers (Reimers and Gurevych, 2019). See Appendix A for more details. Intuitively, we can see that a set A that has a high diversity score $d(A)$ will have an $a \in A$ close to each $v \in V$ and will therefore be representative of the set V.

To measure dataset quality, we follow prior works and measure the quality of each (instruction, response) pair using a large language model such as ChatGPT (Chen et al., 2023) or measure the quality of each data point using a scoring model trained on large amounts of human preference data (Ouyang et al., 2022; Bai et al., 2022). We refer to such a function with $q(\cdot)$, and measure a dataset's overall quality by averaging the quality score of each data point.

3.2 Quality-Diversity Instruction Tuning

In order to simultaneously control quality and diversity of the selected data, we propose a linear combination of quality and diversity as the quality-diversity (Q-D) score:

$$f(a|A, \alpha) = (1 - \alpha)d(a|A) + \alpha q(a),$$

where $\alpha \in [0, 1]$ is a hyperparameter controlling the tradeoff betwen quality and diversity.

To optimize the Q-D score of the selected data, we consider a greedy algorithm – named QDIT shown in Algorithm 1. Specifically, at each iteration, we select the data point that most increases the Q-D score of the current subset. When $\alpha = 0$, the greedy algorithm achieves the best possible approximation ratio (in the worst case) that a polynomial time algorithm can achieve. See more details in (Nemhauser et al., 1978). We remark that when $\alpha = 1$, QDIT is reduced to the quality driven selection algorithm proposed in Chen et al. (2023) and when $\alpha = 0$, QDIT is reduced the classical greedy algorithm (Nemhauser et al., 1978).

Algorithm 1 QDIT Data Selection: Select a subset of K data points from N data points

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Require: K, α
1: $A \leftarrow \emptyset$
2: $R \leftarrow V$
3: $N \leftarrow 0$
4: **while** $N < K$ **do**
5: $\quad a \leftarrow \text{argmax}_{a \in R} f(a|A, \alpha)$
6: $\quad A \leftarrow A \cup \{a\}$
7: $\quad R \leftarrow R \setminus a$
8: $\quad N \leftarrow N + 1$
9: **end while**

Once we finish the selection, we apply instruction tuning on the selected data.

Computational Complexity of QDIT. Finding $a \in A$ that maximizes the quality-diversity score

at each time step has complexity $\mathcal{O}(|V|^3)$, leading to a total complexity of $\mathcal{O}(|V|^3 K)$ for QDIT based data selection. This is problematic, since for some datasets $|V|$ is greater than 1 million. We take several approaches to reduce data selection cost: (1) parallelization on GPUs, (2) employing the lazy greedy selection algorithm of Minoux (2005), and (3) sub-sampling according to Mirzasoleiman et al. (2015). These methods can be employed simultaneously, allowing us to select from millions of data points within a few hours. We provide more details in Appendix B.

4 Experiments

We first analyze how the QDIT algorithm affects dataset quality and diversity and then present our main results and analysis.

4.1 Preliminary Analysis

To verify that QDIT can indeed control the quality and diversity of the selected dataset, we first investigate whether the facility location function is aligned with our intuitive understanding of diversity. Next, we study how the α parameter affects the dataset's quality and diversity. For this analysis, we apply the QDIT algorithm to the Alpaca dataset (Taori et al., 2023).

To qualitatively verify that the facility location function is aligned with dataset diversity, we use the Berkeley Neural Parser (Kitaev and Klein, 2018; Kitaev et al., 2019) to extract the root verb and first direct noun from each instruction in the Alpaca dataset. We then plot the distribution of verb-noun pairs in Figure 1 for random, quality driven, and QDIT data selection. From Figure 1, we observe that selecting based on the facility location function indeed improves the dataset diversity compared to random selection, as more verb-noun pairs (1347 vs 1308) are included in the dataset and the dataset becomes more uniform. On the other hand, selecting based on quality alone decreases dataset diversity.

Next we plot how α in QDIT affects dataset quality and diversity of 3K selected points in Figure 2. Similar figures for other datasets can be found in Appendix C. From these figures, we can observe that there is a tradeoff between quality and diversity, and that QDIT allows us to smoothly control this tradeoff. Moreover, we observe that QDIT is able to improve diversity without significantly decreasing data quality. Altogether, these results
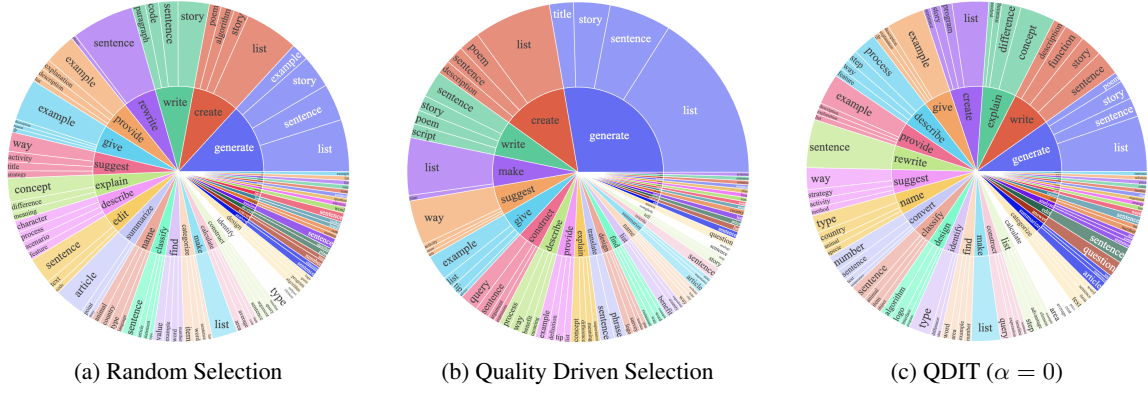
(a) Random Selection (b) Quality Driven Selection (c) QDIT ($\alpha = 0$)

Figure 1: Distribution of root verbs and first nouns selected by different algorithms. The dataset size is 3000.
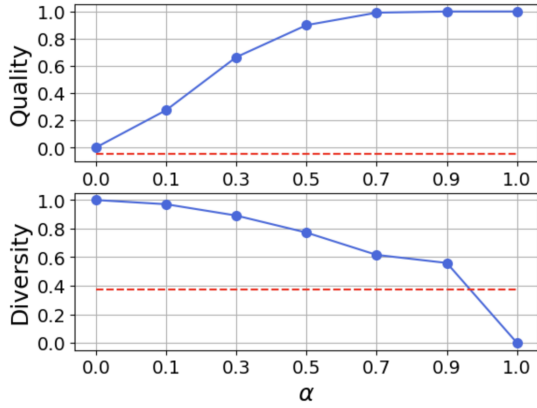

Figure 2: Effect of α on QDIT's dataset quality and diversity. The red line represents random selection.

indicate that QDIT is a practical way to control dataset diversity and quality.

4.2 Experimental Setup

Now that we can control quality and diversity with QDIT, we seek to study how dataset quality and diversity affect instruction following ability.

◇ **Training Setup.** We use QDIT on two small instruction tuning datasets: Alpaca 52K (Taori et al., 2023), and Dolly 15K (Conover et al., 2023) as well as three large scale datasets: Ultrachat 1.3M (Ding et al., 2023), LMSYS-Chat 1M (Zheng et al., 2023), and a combined dataset of Alpaca 52K, Dolly 15K, and the OIG-small-chip2 dataset (210K). We refer to this dataset as "Mixed 270K". For each large dataset we select a dataset size of 10K points. For each small dataset size we follow the small data setting from Chen et al. (2023) and select ∼ 5% of the original dataset.

To measure instruction-response quality, we use the provided ChatGPT quality scores from Chen et al. (2023) for Alpaca and for all other datasets we use the reward model from Dong et al. (2023a),

which is trained on the Anthropic Helpful Harmless dataset and achieves a test accuracy of over 75%. For our main experiments we follow the training procedure from Taori et al. (2023) and use LLaMA-1 7B as our base model (Touvron et al., 2023). In all settings we use the same number of training epochs, meaning that the training cost is proportional to the number of training instructions. Complete details can be found in Appendix D.

◇ **Evaluation.** We evaluate the trained models in two main ways: through LLM-based pairwise comparison (Dubois et al., 2023) and by using a reward model. For pairwise comparison, we evaluate the trained model versus a variety of reference models, employing Claude 2 as the judge on five evaluation sets: InstructEval (Wang et al., 2022a), WizardLM (Xu et al., 2023), Vicuna (Chiang et al., 2023), Koala (Geng et al., 2023), and a set of 200 examples manually curated from the ShareGPT dataset. In order to mitigate the effects of the judge LLM's positional bias, we evaluate the responses in both orders (i.e. QDIT response shown first and QDIT response shown second). We then follow Chen et al. (2023) and measure performance according to winning score ($\frac{\# \text{Win} - \# \text{Lose}}{\text{Total comparisons}} + 1$). Detailed comparison plots can be found in Appendix E. In addition to language model based evaluation, we evaluate our models based on the reward score achieved on each evaluation dataset. We refer to this score as "HH Score."

◇ **Evaluating Robustness.** Beyond evaluating average performance on the test dataset, we also evaluate the worst and best case performance of each model. We can evaluate the worst case performance with the HH Score by calculating the average score achieved on the worst 10% of instructions for each model (note that the worst instructions can change depending on the model). Similarly, we can evalu-

Table 1: Instruction Tuning results. Random 50K refers to a model trained on a randomly sampled set of 50K points on the corresponding dataset. The top and bottom 10% winning and losing score is versus the Alpaca 52K.

Ultrachat 1.3M	**Average Performance**			**Worst Case Performance**		**Best Case Performance**	
	Winning Score vs. Alpaca 52K ↑	Winning Score vs. Random 50K ↑	HH Score Mean ↑	Lowest 10% HH Score ↑	Lowest 10% Winning Score ↑	Top 10% HH Score↑	Top 10% Winning Score ↑
Random 10K	1.138	0.969	6.219	2.620	1.074	9.526	1.167
Quality 10K	1.224	1.013	6.961	3.405	1.175	**10.454**	**1.303**
QDIT 10K ($\alpha = 0.7$)	**1.226**	**1.038**	**6.993**	**3.497**	**1.280**	10.454	1.293
Mixed 270K	**Average Performance**			**Worst Case Performance**		**Best Case Performance**	
	Winning Score vs. Alpaca 52K ↑	Winning Score vs. Random 50K ↑	HH Score Mean ↑	Lowest 10% HH Score ↑	Lowest 10% Winning Score ↑	Top 10% HH Score↑	Top 10% Winning Score ↑
Random 10K	0.899	0.986	5.443	2.260	0.940	8.80	0.896
Quality 10K	0.959	1.04	6.140	2.973	**0.989**	9.670	0.984
QDIT 10K($\alpha = 0.9$)	**0.987**	**1.083**	**6.276**	**3.054**	0.973	**9.676**	**1.044**
LMSYS 1M	**Average Performance**			**Worst Case Performance**		**Best Case Performance**	
	Winning Score vs. Alpaca 52K ↑	Winning Score vs. Random 50K ↑	HH Score Mean ↑	Lowest 10% HH Score ↑	Lowest 10% Winning Score ↑	Top 10% HH Score↑	Top 10% Winning Score ↑
Random 10K	1.113	1.0	6.176	2.575	1.057	9.589	1.187
Quality 10K	1.198	1.137	**7.066**	3.391	1.052	**10.39**	1.284
QDIT 10K ($\alpha = 0.7$)	**1.224**	**1.149**	7.0	**3.551**	**1.149**	10.34	**1.343**

Table 2: Instruction Tuning results on small datasets. The setting is the same as Table 1.

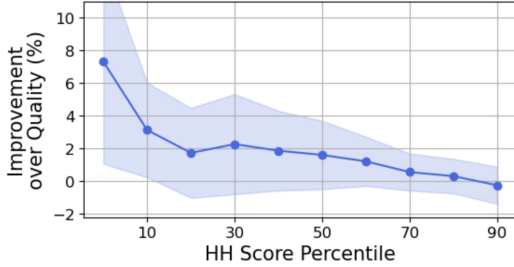| **Alpaca 52K**	**Average Performance**			**Worst Case Performance**		**Best Case Performance**	
	Winning Score vs. Alpaca 52K ↑	Winning Score vs. Random 50K ↑	HH Score Mean ↑	Lowest 10% HH Score ↑	Lowest 10% Winning Score ↑	Top 10% HH Score↑	Top 10% Winning Score ↑
Random 3K	0.929	-	5.486	2.105	**0.931**	8.986	0.937
Quality 3K	0.920	-	5.629	2.306	0.873	**9.073**	0.934
QDIT 3K ($\alpha = 0.7$)	**1.026**	-	**5.661**	**2.513**	0.924	8.791	**1.056**
Dolly 15K	**Average Performance**			**Worst Case Performance**		**Best Case Performance**	
	Winning Score vs. Alpaca 52K ↑	Winning Score vs. Random 15K ↑	HH Score Mean ↑	Lowest 10% HH Score ↑	Lowest 10% Winning Score ↑	Top 10% HH Score↑	Top 10% Winning Score ↑
Random 1K	0.64	0.72	4.632	1.474	0.632	6.144	0.645
Quality 1K	0.71	0.83	5.389	2.082	0.681	7.751	0.746
QDIT 1K ($\alpha = 0.7$)	**0.739**	**0.874**	**5.495**	**2.229**	**0.742**	**7.873**	**0.872**

Figure 3: Improvement (averaged over the five datasets) in HH Score of QDIT over Quality-based selection.

ate the worst case performance with pairwise comparison by measuring the winning score on the hardest 10% of prompts according to HH score. Best case performance is measured in a similar manner. Measuring best and worst case performance provides more detailed insights into how diversity and quality affect model robustness.

◇ **Baselines.** We primarily compare the QDIT algorithm with two baselines: random data selection and quality based selection. For the Alpaca dataset, the quality baseline is trained on the same data as

Alpagasus (Chen et al., 2023).

4.3 Main Results

The main results can be found in Table 1 for large datasets and Table 2 for small datasets.

Effect of Quality. Similar to prior works, we find that selecting data based on quality significantly improves average performance, improving the average winning score versus Alpaca 52K by 6.37% and the average HH score by 11.6% when compared to random selection. However, we also find that selecting based on quality alone can hurt worst case performance, decreasing the lowest 10% winning score in two out of five settings compared to random data selection. We hypothesize that this performance drop is due to the fact that quality based selection hurts dataset diversity.

Effect of Diversity. On the other hand, we find that data selection with QDIT is able to achieve both a high average HH score (QDIT improves upon quality driven selection by 4.17% for winning score vs Alpaca 52K and improves average HH score by 1.5%) while achieving a much bet-
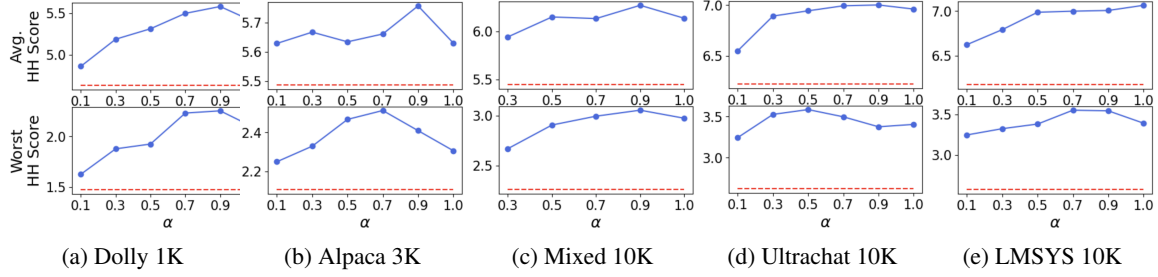
(a) Dolly 1K (b) Alpaca 3K (c) Mixed 10K (d) Ultrachat 10K (e) LMSYS 10K

Figure 4: Effect of α on best case and worst case performance. The red line represents a randomly selected dataset and $\alpha = 1.0$ is quality-driven data selection. Worst HH Score refers to the bottom 10 percent of HH scores.

ter worst case performance than both random and quality-driven selection. In particular, we find that QDIT improves worst case HH score by 5.2% and worst winning score vs Alpaca 52K by 6.26% when compared to quality-driven data selection. This trend can be seen in Figure 3, where QDIT improves most over quality selection in the lowest and middle percentiles, while not affecting the highest percentiles. We hypothesize that QDIT's more diverse dataset teaches the model to respond to a wide range of instructions, thereby decreasing the probability that it fails to follow evaluation instructions. Aggregated across different datasets the gain in robustness passes a paired t-test ($p < 0.05$). We provide more details and experiments on more random seeds in Appendix I.

From these experiments we conclude that by increasing data diversity while maintaining data quality, QDIT can improve instruction following capability compared to quality-driven selection. We note that improvements in worst-case performance are typically more important than improvements in best-case performance, as a high worst case performance will ensure users have a consistently positive experience.
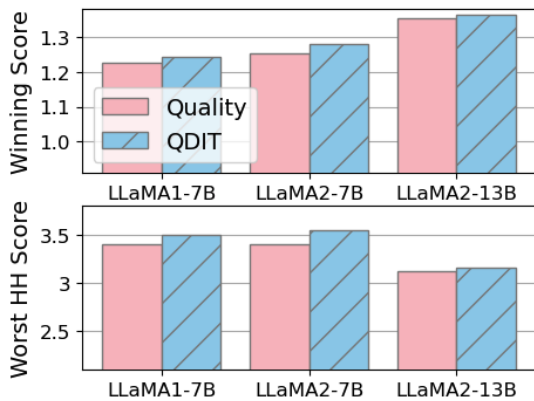

Figure 5: QDIT with different base models.

4.4 Analysis

Effect of α. We plot the effect of α on average and worst case performance in Figure 4. From Figure 4, we can see that the performance of QDIT changes smoothly with respect to α, indicating that QDIT is relatively robust to the value of α. In particular, values of $\alpha \in \{0.5, 0.7, 0.9\}$ typically having the highest worst case and average performance. However, decreasing α by too much ($\alpha = 0.1$) will result in a significant drop in performance, as will increasing α by too much ($\alpha = 1$). This highlights the need for a careful tradeoff between dataset quality and diversity.

Benchmark Performance. For a more comprehensive evaluation of QDIT, we follow Chia et al. (2023) and Gao et al. (2021) by evaluating our model on various benchmark datasets including MMLU (Hendrycks et al., 2020), BBH (Suzgun et al., 2022), DROP (Dua et al., 2019), ARC (Clark et al., 2018), LAMBADA (Paperno et al., 2016), and SCIQ (Welbl et al., 2017). The results can be found in Table 3. Details on our evaluation strategy can be found in Appendix G. Although these benchmarks are not fully aligned with instruction following ability, we find that QDIT typically improves benchmark performance compared to quality-driven selection, achieving a higher average score on four out of five datasets.

Different Base Models. We evaluate the performance of QDIT with different base models in Figure 5. From Figure 5 we find that QDIT can improve both average performance and worst case performance for other base models, including the more powerful LLama-2-13B. We remark that LLama-2-13B is only trained for 2 epochs, possibly resulting in a lower HH score.

Data Size. We evaluate the performance of QDIT with different training data sizes in Figure 7, where we find that QDIT leads to the highest gains in low-data regimes, but can still improve performance for

Table 3: Evaluation on benchmark datasets. We bold the best result out of quality based selection and QDIT. The α values are those used in Tables 1 and 2.

	Ultrachat 10K							LMSYS 10K						
	MMLU	BBH	ARC	DROP	LAMBADA	SCIQ	AVG	MMLU	BBH	ARC	DROP	LAMBADA	SCIQ	AVG
Random	32.12	33.19	58.34	26.24	69.77	85.4	50.84	33.05	32.57	60.15	25.06	68.5	86.7	51.01
Quality	35.44	32.06	60.34	17.01	**70.38**	85.8	50.17	34.74	32.32	58.54	25.95	68.58	82.6	50.46
QDIT	**36.13**	**32.12**	**60.71**	**26.73**	69.8	**86.8**	**52.05**	**37.34**	**32.52**	**61.44**	**26.41**	**69.28**	**85.0**	**52.0**
	Alpaca 3K							**Mixed 10K**						
	MMLU	BBH	ARC	DROP	LAMBADA	SCIQ	AVG	MMLU	BBH	ARC	DROP	LAMBADA	SCIQ	AVG
Random	36.17	30.25	61.67	26.32	71.64	87.0	52.18	32.93	30.92	58.34	20.33	68.1	84.1	49.12
Quality	34.71	29.97	60.99	19.62	**69.85**	82.7	49.64	33.07	**31.38**	60.34	**26.37**	69.4	88.4	51.49
QDIT	**35.47**	**30.44**	**61.95**	**27.02**	69.68	**84.1**	**51.44**	**34.29**	31.23	**60.71**	26.00	**69.72**	**89.8**	**51.96**

	Dolly 1K						
	MMLU	BBH	ARC	DROP	LAMBADA	SCIQ	AVG
Random	28.11	27.27	59.39	17.26	71.74	80.7	47.41
Quality	33.61	29.95	**60.43**	**24.69**	72.22	**82.8**	**50.62**
QDIT	**33.78**	**30.33**	59.84	22.59	**72.26**	80.6	49.9

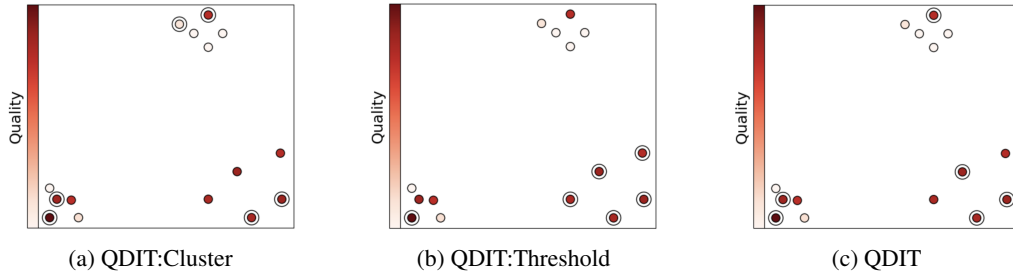(a) QDIT:Cluster   (b) QDIT:Threshold   (c) QDIT

Figure 6: The selection strategy of the various QDIT algorithms on an example dataset. Six data points are selected and the selected data points are circled.
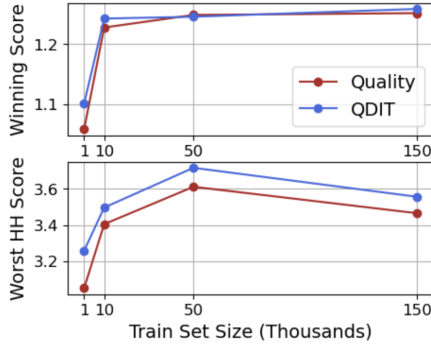

Figure 7: Ablation with different data sizes. The dataset is Ultrachat.
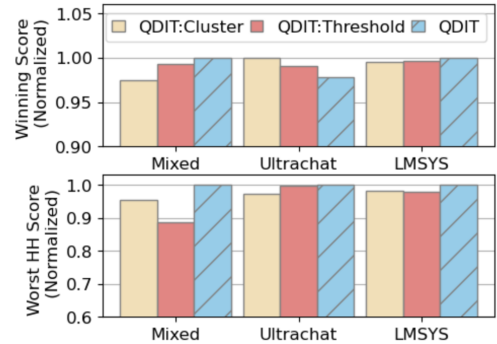

Figure 8: Performance of different QDIT variants on Ultrachat. Winning Score is versus Alpaca 52K.

larger datasets. We also find that increasing the dataset size beyond $50K$ only results in marginal gains of average performance, and can even decrease worst case HH score. This is likely due to the fact that the average reward score of the dataset decreases as the dataset size increases.

QDIT Variants. We study two variants of the QDIT algorithm that also attempt to improve data quality and diversity. The first variant, QDIT:Threshold, first orders the data point by quality, and then iteratively selects instructions that do not have a similarity score greater than τ with any point included selected subset. This algorithm essentially de-duplicates the dataset, and is similar to algorithms used in Wang et al. (2022a) and Liu et al. (2023). The second variant we propose is QDIT:Cluster (similar to Ge et al. (2024)), in which we first cluster the instructions and then select an equal amount of data points from each cluster in a quality-driven manner. Comprehensive details can be found in Appendix H.

We demonstrate how each variant selects algorithms in Figure 6. From these figures, we can see that the clustering-based approach may not work
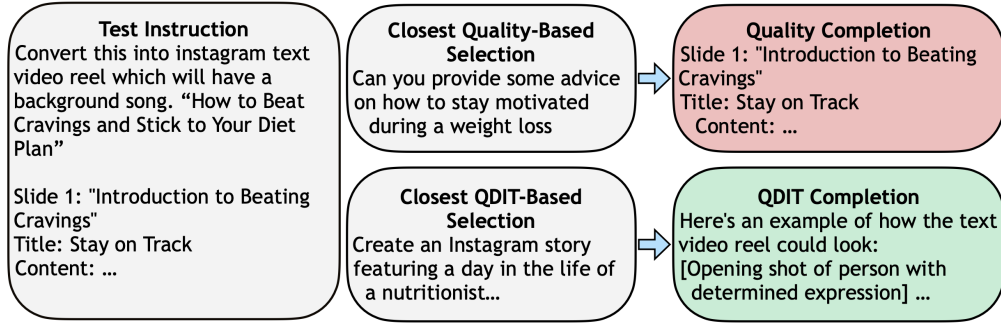
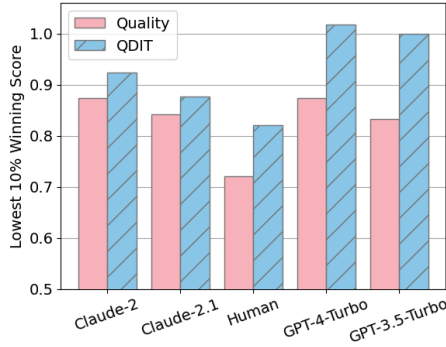Figure 9: Case study on instruction generalization.

Figure 10: Performance of QDIT with different evaluators. The dataset is Alpaca.

well as some clusters may be low quality, resulting in low-quality points being chosen. Moreover, the success of this variant is highly dependent on the success of clustering, which is difficult on large and imbalanced instruction tuning datasets. On the other hand, QDIT:Threshold will succeed in de-duplicating the dataset, but may fail to select a sufficiently diverse subset.

Experimentally, we observe in Figure 8 that the two variants of QDIT achieve slightly worse average performance compared to QDIT, but they often result in much worse worst-case performance.

Different Evaluators. To further investigate our finding that data diversity can improve instruction following performance, we compute the worst-case winning score with different evaluators. Concretely, we use Claude-2, Claude-2.1, GPT-3.5-Turbo, and GPT-4-Turbo as different model based evaluators (Achiam et al., 2023). We also conduct a blind human preference study, using the authors as annotators (see Appendix F). The results using different models as evaluators can be seen in Figure 10. From these results we can see QDIT consistently improves worst-case performance.

Reducing the Train-Test Gap. One explanation for QDIT's improvement in instruction following

capabilities is a reduction in the gap between the training and testing data. More concretely, a model trained on a diverse dataset will be exposed to training instructions similar to those in the test set, and will therefore perform better on the test set.

A qualitative example of this phenomena can be found in Figure 9. In this example, the instruction asks for help creating a short video. The closest example (measured by cosine similarity of the instruction embedding) in the quality-based dataset is unrelated to this task, while the closest instruction in the QDIT-based dataset is a similar instruction asking how to create a short video on nutrition. As an end result, the QDIT model provides useful video suggestions, while the Quality-driven model merely repeats the provided video requirements.

In all of our experiments we observe that QDIT selects datasets that better cover the testing dataset compared to quality-based selection. This can be seen in Figure 11, where we observe that the QDIT selects more similar instruction to the test instructions than quality-based selection does. This phenomenon provides one explanation on how QDIT improves instruction following ability, but in general it is difficult to directly attribute instruction following capabilities to test-set coverage.
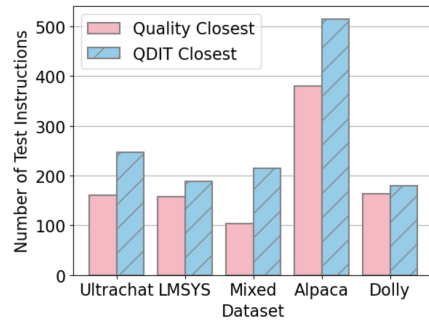

Figure 11: Number of test instructions where quality based selection or QDIT contains the closest training example. Ties are not included.

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5   Limitations and Risks

This paper seeks to understand how dataset diversity and quality impact instruction tuning performance. We consider several datasets, base models, and benchmarks. Some limitations of our study are that we do not consider extremely large scale models (e.g. 70B), we assume a good measure of instruction quality (i.e. reward model) is available, and we only consider supervised finetuning, which is only one part of LLM alignment. To further improve upon the papers limitations, we would like to try scaling our experiments to even larger model sizes (e.g. 70B). In addition, it would be interesting to conduct our study on more sophisticated alignment techniques such as RLHF.

Our work is largely foundational and we therefore do not see any direct risks stemming from our work. However, it is possible that our method could be adapted to select harmful data to train on.

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A Similarity Metrics

In QDIT, we use the cosine similarity of instruction embeddings as the similarity function in (1), where the instruction embeddings are computed with sentence transformers (Reimers and Gurevych, 2019). More specifically, we use the all-mpnet-base-v2 model available from Huggingface.

B Computational Cost of QDIT

We measure the wall time of QDIT as taking approximately 9.42 minutes to select a dataset of size 10000. This experiment was conducted on a single A100 40G GPU. In contrast, training on Ultrachat 10K takes 48 minutes on 8 A100 40G GPUs, meaning that data selection (given the embeddings and reward score) has 2% of the cost of training. Taking into account the inference and evaluation process, our method has an even smaller relative cost. We remark that the reward score and embedding generation can typically be done on a small GPU very quickly, or it can even be done on a CPU for minimal cost.

C Tradeoff between Quality and Diversity: Additional Results

We display additional results on the effect of α on different datasets diversity and quality in Figures 12, 13, 14. We again find that there is a tradeoff between quality and diversity, and that α can be used to control this tradeoff.

D Training Details

We display the hyperparameter details in Table 4 and Table 5.

Table 4: General training details. The same hyperparameter setting is used for every dataset and data selection strategy, following Chen et al. (2023).

Batch Size	Learning Rate	Epochs	Max Length	Weight Decay
128	2×10^{-5}	3	512	0

Table 5: The hyperparameter α used in the main experiments.

Dolly 15K	Alpaca 52K	Mixed 270K	Ultrachat 1.3M	LMSYS 1M
0.7	0.7	0.9	0.7	0.7

E Complete Win-Tie-Lose Results

In this appendix we show the win, ties, and losses achieved versus the reference models as judged by Claude 2. The results can be seen in Figures 15, 16, 17, 18, 19, and 20.

F Human Study Details

For the human study, we use a subset of the paper authors as annotators. For each example, we randomize the order of the reference model generation and evaluated model generation, to keep the study blind. We then ask the annotators to select their preferred generation according to the Alpacafarm prompt (Dubois et al., 2023).

G Benchmark Environments

For evaluation on common NLP benchmarks, we follow Chia et al. (2023). In particular, we conduct five shot evaluation on MMLU, three shot on BBH, and three shot on DROP. For ARC, LAMBADA, and SCIQ, we use the default zero shot setting of (Gao et al., 2021).

H QDIT Variants

In this section we describe and analyze the variants of QDIT.

QDIT:Cluster. In this variant of QDIT, we first cluster all the instructions based on their sentence-transformer embeddings using the k-means algorithm, where $k = 100$. We then select an equal number of points from each cluster, and points are selected from each cluster based on quality.

QDIT:Threshold. In this variant of QDIT, we first sort the instructions based on quality. We then iteratively remove instructions from the selected dataset if they have a similarity with some other instruction in the dataset greater than a threshold τ. In our experiments we use the cosine similarity as the similarity metric and set $\tau = 0.5$.

I Sensitivity to Randomness

To further investigate QDIT's sensitivity to random seeds, we conducted experiments over 3 seeds on the Alpaca dataset. Our findings (see Table 6) are consistent with the rest of our results: QDIT and Quality based selection significantly outperform random selection, and QDIT achieves much higher worst case performance than both Random 3K and Quality 3K. Also, we notice small standard devi-
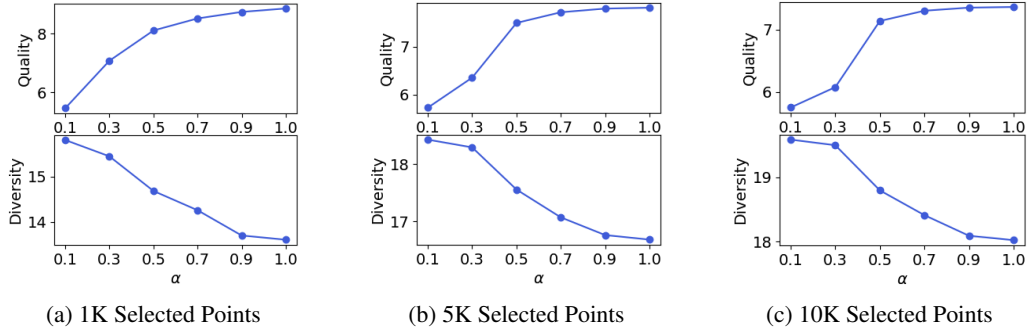
(a) 1K Selected Points   (b) 5K Selected Points   (c) 10K Selected Points

Figure 12: Effect of α on dataset quality and diversity. The dataset is Mixed 270K.

(a) 1K Selected Points   (b) 5K Selected Points   (c) 10K Selected Points

Figure 13: Effect of α on dataset quality and diversity. The dataset is Ultrachat 1.3M.

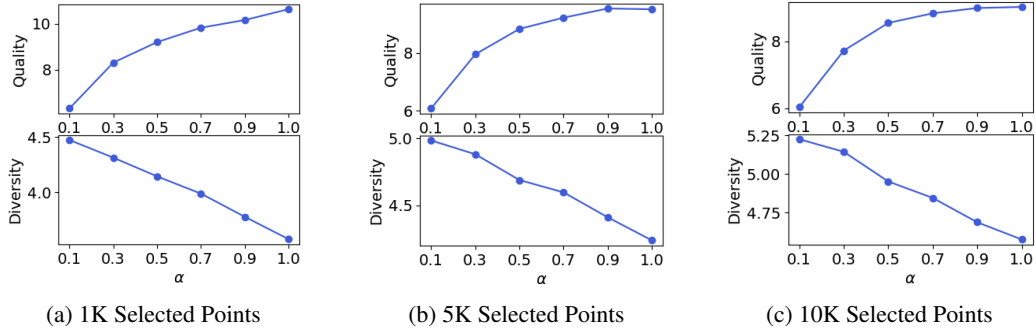(a) 1K Selected Points   (b) 5K Selected Points   (c) 10K Selected Points

Figure 14: Effect of α on dataset quality and diversity. The dataset is LMSYS 1M.

ation, indicating our experimental framework is robust to the choice of random seed.

Table 6: Results with different random seeds.

Alpaca 3K	Avg. HH Score	Worst HH Score
Random 3K	5.55 (0.05)	2.12 (0.04)
Quality 3K	5.61 (0.01)	2.30 (0.02)
QDIT 3K	**5.63 (0.02)**	**2.41 (0.07)**

J Initialization for Preference Optimization

In this experiment, we first fine-tuned the Phi-2 model using supervised fine-tuning (SFT) with data selected from the helpsteer dataset via random selection, quality selection, and QDIT selection methods. The models were evaluated by computing the win rate against a baseline SFT model trained on the entire helpsteer dataset. We used both Claude 3.5 Sonnet and a Llama3-8B reward model trained with RLHF-Flow for evaluation. The results of these experiments are shown in Table 7.

These results further validate the efficacy of QDIT as a selection method. Next, we conducted experiments using Direct Preference Optimization
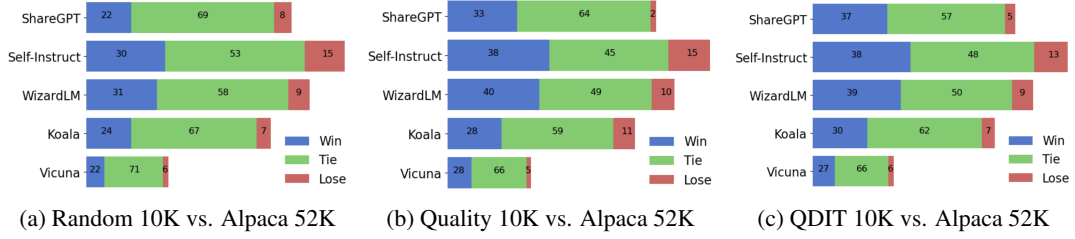
(a) Random 10K vs. Alpaca 52K   (b) Quality 10K vs. Alpaca 52K   (c) QDIT 10K vs. Alpaca 52K

Figure 15: We display the results on Ultrachat as judged by Claude 2. The base model here is LLaMA-2 7B.

(a) Random 10K vs. Alpaca 52K   (b) Quality 10K vs. Alpaca 52K   (c) QDIT 10K vs. Alpaca 52K

Figure 16: We display the results on Ultrachat as judged by Claude 2. The base model here is LLaMA-1 7B.

(a) Random 10K vs. Random 50K   (b) Quality 10K vs. Random 50K   (c) QDIT 10K vs. Random 50K

Figure 17: We display the results on Ultrachat as judged by Claude 2. The base model here is LLaMA-1 7B.

(a) Random 10K vs. Alpaca 52K   (b) Quality 10K vs. Alpaca 52K   (c) QDIT 10K vs. Alpaca 52K

Figure 18: We display the results on LMSYS as judged by Claude 2. The base model here is LLaMA-1 7B.

(a) Random 10K vs. Random 50K   (b) Quality 10K vs. Random 50K   (c) QDIT 10K vs. Random 50K

Figure 19: We display the results on LMSYS as judged by Claude 2. The base model here is LLaMA-1 7B.

(a) Quality 10K vs. Alpaca 52K
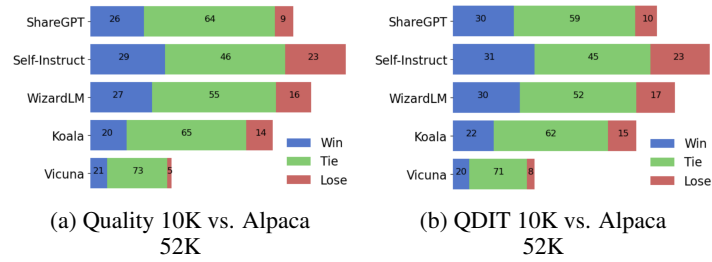
(b) QDIT 10K vs. Alpaca 52K

Figure 20: We display the results on Ultrachat as judged by Claude 2. The base model here is Mistral 7B.

Table 7: SFT results for different selection methods on the helpsteer dataset.

Experiment	Win rate vs. Full SFT (RLHF-Flow RM)	Win rate vs. Full SFT (Sonnet 3.5)
SFT: Random Selection	47.71%	35%
SFT: Quality Selection	54.27%	45%
SFT: QDIT	**59.44%**	**52%**

(DPO) on the same dataset, utilizing the helpsteer preference data. The results of these experiments are shown in Table 8.

Table 8: DPO results on different SFT base models with the helpsteer dataset.

Experiment	Win rate vs. Full SFT (RLHF-Flow RM)	Win rate vs. Full SFT (Sonnet 3.5)
SFT: Random + DPO	49.11%	40%
SFT: Quality + DPO	59.44%	47%
SFT: QDIT + DPO	**61.23%**	**53%**

These results show that:

1. DPO improves the performance of all SFT models.

2. The performance gain from DPO is smaller for stronger SFT base models (e.g., QDIT), but using QDIT to select SFT data still leads to an improvement in final performance of up to 12%.