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PLEASE CITE THIS ARTICLE AS DOI: 10.1063/5.0219815

1 Influence of carrier localization on photoluminescence emission from sub-monolayer

2 quantum dot layers

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We have investigated the origins of photoluminescence from quantum dots (QD) layers prepared by alternating depositions of sub-monolayers and a few monolayers of size-mismatched species, termed sub-monolayer (SML) epitaxy, in comparison with their Stranski-Krastanov (SK) QD counterparts. Using measured nanostructure sizes and local In-compositions from local-electrode atom probe (LEAP) tomography as input into self-consistent Schrödinger-Poisson simulations, we compute the 3D confinement energies, probability densities, and photoluminescence (PL) spectra for both InAs/GaAs SML- and SK-QD layers. A comparison of the computed and measured PL spectra suggests one-dimensional electron confinement, with significant 3D hole localization in the SML-QD layers that contribute to their enhanced PL efficiency in comparison to their SK-QD counterparts.

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24 Self-assembled Stranski-Krastanov quantum dots (SK-QDs)^{1,2} are often proposed for novel
25 optoelectronic devices due to their ability to confine carriers in three dimensions (3D), in contrast
26 to the one-dimensional (1D) confinement of quantum wells (QWs). Due to their absorption of
27 normal-incidence radiation, as well as their reduced dark currents and higher detectivities, SK-
28 QDs are often used in place of QWs in infrared photodetectors.³⁻⁷ Furthermore, in principle, the
29 3D confinement in SK-QDs enables the splitting of quasi-Fermi levels,^{8,9} as needed for
30 intermediate band solar cells (IBSCs). However, the observed lower open-circuit voltage and
31 efficiencies for SK-QD IBSCs in comparison to their QW counterparts,^{10,11} have limited their use
32 in solar cells.

33 It has been suggested that InAs/GaAs sub-monolayer quantum dots (SML-QDs),
34 consisting of alternating depositions of sub-monolayers and a few monolayers of size-mismatched
35 species, result in stacks of vertically-aligned 1-ML-height islands with 3D carrier confinement.
36 Remarkably, InAs/GaAs SML-QDs have led to a higher open-circuit voltage and higher efficiency
37 in solar cells,¹⁰⁻¹⁵ higher detectivity in infrared photodetectors,^{6,7,16,17} and lower threshold current
38 and higher output power in lasers compared to SK-QDs and QWs.¹⁸⁻²¹ It is often suggested that
39 the enhanced performance of SML-QD devices is due to 3D confinement of both electrons and
40 holes in columnar nanostructures.^{6,7,15} Meanwhile, two-dimensional (2D) cross-sectional scanning
41 tunneling microscopy (XSTM) suggests that SML-QDs consist of $In_xGa_{1-x}As$ clusters embedded
42 in an $In_yGa_{1-y}As/GaAs$ QW with lower In composition ($x > y$),^{22,23} although the precise x and y
43 values remain unknown. Using 2D projections of nanostructure sizes and local indium
44 compositions from XSTM as input into Schrödinger-Poisson simulations, it has been instead
45 suggested that electrons are confined in 1D, with holes localized in 3D.^{13,23} Since realistic
46 calculations involving the 3D topology and In compositions have yet to be performed, the

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47 influence of the 3D nanostructure of InAs/GaAs SML-QDs on their electronic states and optical
48 properties remain unknown.

49 Here, we report on the origins of PL from InAs/GaAs SML-QD layers. We use the 3D
50 topology and local In compositions, x_{In} , from local electrode atom probe tomography (LEAP) as
51 input into self-consistent Schrödinger-Poisson simulations of 3D confinement energies,
52 probability densities, and photoluminescence (PL) spectra for both SML-QDs and SK-QDs. This
53 work provides important insight into the origins of the enhanced PL efficiency for SML-QDs in
54 comparison to their SK-QDs counterparts, providing a pathway for high efficiency optoelectronics
55 and photovoltaics.

56 For these studies, SML-QDs and "reference" SK-QDs were prepared using molecular-
57 beam epitaxy, using the substrate temperatures and growth rates described in the Supplementary
58 Material. For LEAP studies, heterostructures consisting of multiple sets of QD layers, each
59 separated by ~40 nm thick GaAs spacer layers, intended to prevent coupling between QD layers,
60 were prepared by molecular-beam epitaxy (MBE). Multiple conical-shaped LEAP specimens
61 ("tips") were prepared from 3 different epitaxial samples that contained a total of 22 distinct QD
62 layers, a subset of which are discussed in this paper. These QD layers are buried at least 500nm
63 from the top surface of each epitaxial heterostructure. Since the thickness of the QD capping layers
64 influences the emission intensities, separate PL samples, each containing SK or SML-QDs, with
65 otherwise identical layer structures, including 50 nm capping layers, were prepared. Here, we
66 discuss three types of QD layers: InAs/GaAs SML-QD layers consisting of 6 repeats of 0.5ML
67 InAs followed by 2.5 ML GaAs formed on either c(4×4) or (2×4) GaAs(001) surfaces, as well as
68 InAs/GaAs SK-QD layers obtained from deposition of 2.2 MLs of InAs on a c(4×4) GaAs(001)
69 surface. For simplicity, we refer to these nanostructures as c(4×4) SML-QD, (2×4) SML-QD, and

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70 SK-QD layers, respectively. For the SML-QD layers, we consider both (2×4) and c(4×4) surface
71 reconstructions, allowing comparison with both our SK-QD and those SML-QD layers from earlier
72 reports suggesting that 2D island formation growth with the (2×4) reconstruction.^{24,25}

73 For LEAP studies, samples were coated with a 500-nm thick Pt layer, welded onto a silicon
74 post, milled into conical shapes ("tips") using a focused-ion beam,²⁶ and loaded into the Cameca
75 LEAP 5000XR, which is maintained at cryogenic temperatures (<25 K) under ultra-high vacuum
76 conditions (3.0×10^{-11} Torr). LEAP experiments were performed in laser mode with a wavelength
77 of 355 nm, pulse energy of 1 pJ, pulse frequency of 100 kHz, and detection rate of 0.005
78 atom/pulse. For the three types of QDs, the total region-of-interest (ROI) volumes exceeded 80,000
79 nm³. 3D reconstructions of LEAP datasets were produced using Cameca's Integrated Visualization
80 and Analysis software (IVAS) in AP Suite 6.3. The PL spectra were acquired at 50 K using a 19.2
81 μ W solid-state laser emitting at 730 nm and a Si CCD (InGaAs diode-array detector) for SML-
82 QDs (SK-QDs). Finally, using the nanostructure volumes and local x_{In} values from LEAP,
83 probability densities, confined state energies, and photoluminescence spectra were computed using
84 3D Schrödinger-Poisson simulations in the effective mass approximation at 50 K using nextnano.

85 To examine In incorporation and visualize InGaAs clusters and QDs within the QD layers,
86 we present x-z views of LEAP reconstructions containing the (2×4) SML-QD layers (Fig. 1(a)),
87 the c(4×4) SML-QD layer (Fig. 2(a)), and the SK-QD layers (Fig. 3(a)). The corresponding
88 spatially-averaged 1D profiles of x_{In} , reveal maximum x_{In} values of 0.12, 0.19, and 0.18 for (2×4)
89 SML-QD, c(4×4) SML-QD, and SK-QD layers, with $x_{In} < 0.0005$ within the GaAs spacer regions.
90 Meanwhile, 2D contour plots, with local x_{In} values averaged over 2-nm regions of interest (ROI)
91 vertically-centered about each QD layer, reveal ~5 nm-sized $In_xGa_{1-x}As$ clusters embedded in
92 $In_{y}Ga_{1-y}As$ QWs ($y < x$), for the SML-QD layers (Figs. 1(b) and 2(b)) and ~20 nm-sized In_xGa_{1-}

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93 x_{As} QDs atop wetting layers (WL) for the SK-QD layers (Fig. 3(b)), consistent with earlier XSTM
94 reports.^{22,23,27} The apparent drop in x_{In} at the edges in (b) is due to a LEAP analysis artifact related
95 to the limited counts available for the 2D contour plots.

96 The process for developing nanostructural models for input into the Schrödinger-Poisson-
97 continuity simulations is illustrated by x-y isosurfaces for each type of QD layer in Figs. 1-3. For
98 the (2 \times 4) SML-QDs, x-y isosurfaces with $x_{\text{In}} > 0.09$ (Fig. 1(c)) and $x_{\text{In}} > 0.14$ (Fig. 1(d)) reveal
99 the presence of 4-5 nm $\text{In}_x\text{Ga}_{1-x}\text{As}$ ($x > 0.14$) clusters embedded in an $\text{In}_y\text{Ga}_{1-y}\text{As}$ quantum well (y
100 ≈ 0.09). For the c(4 \times 4) SML-QD layers, x-y isosurfaces with $x_{\text{In}} > 0.14$ (Fig. 2(c)) and $x_{\text{In}} > 0.21$
101 (Fig. 2(d)) reveal 5-6 nm $\text{In}_x\text{Ga}_{1-x}\text{As}$ ($x > 0.21$) clusters embedded in an $\text{In}_y\text{Ga}_{1-y}\text{As}$ quantum well
102 ($y \approx 0.14$). For the SK-QD layers, x-y isosurfaces with $x_{\text{In}} > 0.18$ (Fig. 3(c)) and $x_{\text{In}} > 0.42$ (Fig.
103 3(d)) reveal \sim 20nm $\text{In}_x\text{Ga}_{1-x}\text{As}$ QDs ($x > 0.18$) with higher composition (up to $x \approx 0.6$) "cores".
104 For each isosurface, all clusters with sizes $\geq 4.2 \text{ nm}^3$ and their local $x_{\text{In}}(x, y, z)$ were identified. To
105 quantify local x_{In} values within In-rich clusters (or QDs) and the surrounding QWs (or WLs), we
106 analyzed 2D contour plots from seven 1-nm thick ROI spanning each type of QD layer. For the
107 2D regions (QWs or WLs), the clusters were excluded from the analysis; a series of 2D contour
108 plots shifted in the z-direction were used to obtain $\langle x_{\text{In}}(z) \rangle_{xy}$. For each cluster, we use $x_{\text{In}}(x, y, z)$
109 to model a series of ellipsoids as described in the supplementary materials.

110 For each type of QD layer, the conduction-band edge (CBE), valence-band edge (VBE),
111 and confined states computed along the black dotted lines intersecting clusters in Figs. 1(c), 2(c),
112 and 3(c) are shown in Figs. 4 (a)-(c), with the main findings summarized in Table S4. For each of
113 the x, y, and z directions, if the electron (hole) level is below (above) the edge of the QW
114 conduction (valence) band, the carrier is considered to be confined. For the SK-QD layers, the
115 computed CBE and VBE band diagrams along the x-direction reveal that $E_{\text{el}} (E_{\text{hh1}})$ lies 100 (115)

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116 meV below (above) the CBE (VBE) of the surrounding WL ($x_{In} = 0.05$) and 35 (65) meV below
117 (above) the CBE (VBE) of the WL with $x_{In} = 0.14$. Along z-direction, E_{e1} (E_{hh1}) lies 30 (70) meV
118 below (above) the CBE (VBE) of the surrounding WL. Thus, 3D confinement of both electrons
119 and holes in SK-QD is confirmed. On the other hand, for the (2×4) SML-QD layers, E_{e1} (E_{hh1}) is
120 28 (21) meV above (below) the CBE (VBE) of the surrounding QW along the x-direction, with
121 E_{e1} (E_{hh1}) is 20 (41) meV above (below) the CBE (VBE) of the surrounding QW along the z-
122 direction. Similarly, for the c(4×4) SML-QD layers, E_{e1} (E_{hh1}) is 42 (27) meV above (below) the
123 CBE (VBE), with E_{e1} (E_{hh1}) is 28 (35) meV above (below) the CBE (VBE) along the z-direction.
124 Therefore, for the SML-QD layers, 1D carrier confinement is apparent, similar to the QW case, in
125 contrast to assumptions of 3D confinement inferred from XSTM and PL data.^{15,23,28}

126 To confirm the hypothesis of 1D carrier confinement in SML-QD layers, we computed
127 electron and heavy-hole probability densities for each type of QD layer (Fig. 5), quantifying carrier
128 "localization" as the fraction of probability density that is inside the clusters or QDs. A padding of
129 15 nm is added to all sides of simulation area (full size = $55 \times 55 \text{ nm}^2$) to minimize the truncation
130 of probability densities induced by Dirichlet boundary condition. For the SK-QD layers in Fig.
131 5(c), both electrons and heavy-holes are localized to the In-rich clusters, consistent with earlier
132 reports.^{29,30} On the other hand, for both types of SML-QD layers, the electron probability densities
133 are distributed across and modulated by several In-rich clusters (see 1D probability densities
134 profile insets), while the heavy-hole probability densities are localized to certain In-rich clusters,
135 suggesting a "quasi-1D" carrier confinement. The localization of heavy-holes is more significant
136 than that of electrons, presumably due to their substantially higher effective masses. For the In-
137 rich clusters indicated by arrows in Fig. 5, the fractions of heavy-hole probability density within
138 10 nm^3 are 0.20 and 0.38 for the (2×4) and c(4×4) SML-QD layers. The increase in heavy-hole

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139 localization for the $c(4\times 4)$ SML-QD layers is likely due to the larger cluster sizes and higher x_{In}
140 values.

141 We next compute the spontaneous emission vs. energy for comparison with the measured
142 values of PL intensity vs energy for the QD layers. For these calculations, both the ground states,
143 shown in Figs. 4(a) - 4(c), plus the excited states, shown in the Supplementary Material, were
144 included. Figure 5 presents the measured (solid) and computed (dashed) PL data for the SK-QD
145 layers (green), $c(4\times 4)$ SML-QD layers (blue), and the (2×4) SML-QD layers (red). Similar trends
146 in the relative PL emission energies and emission intensities are observed for the measured and
147 computed PL data, with emission intensities increasing from $c(4\times 4)$ SML-QD layers (blue) to SK-
148 QD layers (green) to (2×4) SML-QD layers (red). For each type of QD layer, the systematic blue-
149 shift (to higher energy) of the computed PL emission energies with respect to the measured values
150 may be due to the higher thickness of the overgrown layers (≥ 500 nm for LEAP structures vs. 50
151 nm for PL structures) grown at temperatures sufficiently high to generate In out-diffusion.³¹⁻³³
152 Thus, for the QD layers within the LEAP structures, the lower In concentrations would lead to
153 higher computed PL emission energies. Furthermore, although both SML-QD and SK-QD layers
154 exhibit compositional inhomogeneities, the quasi-1D confinement in the SML-QD layers leads to
155 narrower emission linewidths typical of QWs.³⁴ To understand the trends in PL emission
156 intensities, we consider both the real-space overlap of the electron-heavy-hole probability
157 densities³⁵⁻³⁷ (i.e. the transition intensity) and the total number of states contributing to the
158 emission.

159 For the SK-QD layers, the probability densities are confined inside the QDs, resulting in
160 significant real-space overlap of the electron-heavy-hole probability densities, but only ground
161 state electrons and heavy-holes contribute to the emission. On the other hand, for both types of

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162 SML-QD layers, the electron probability densities are distributed across several In-rich clusters
163 while the heavy-hole probability densities are localized in the vicinity of certain In-rich clusters.
164 However, as mentioned above, for the (2×4) SML-QD layers, there are 3 electron and 7 heavy-
165 hole states contributing to the emission (see Table S5 of Supplementary Material) which ultimately
166 leads to the high PL emission intensity of the (2×4) SML-QD layers. The emission intensity of the
167 c(4×4) SML-QD layers is predominantly determined by their improved heavy hole localization
168 that decreases the real-space overlap of the electron-hole probability densities, causing the
169 emission of c(4×4) SML-QD layers to be less intense than that of the SK-QD layers despite the
170 number of states contributing to total emission.

171 In summary, we examined the origins of the narrow and intense PL emission from
172 InAs/GaAs SML-QD layers—similar to that of a QW—in contrast to the broader and weaker PL
173 emission typical of SK-QD layers. Using realistic 3D nanostructure sizes and local InGaAs
174 composition profiles from LEAP as input into self-consistent Schrödinger-Poisson simulations of
175 SML-QD and SK-QD layers, we demonstrated 1D electron confinement with significant 3D hole
176 localization in the SML-QD layers, in contrast to 3D confinement of electrons and holes in SK-
177 QD layers. In other words, SML-QD layers are not strictly three-dimensionally-confined "quantum
178 dots".³⁸ Despite the significant real-space overlap of the electron-heavy-hole probability densities
179 in SK-QD layers, SML-QD layers have a larger number of states contributing to their emission,
180 resulting in higher PL intensities. Furthermore, the real-space overlap of the electron-heavy-hole
181 probability densities and the total number of states is greatest for the (2×4) SML-QD layers,
182 leading to their higher PL emission intensity. This work provides important insight into the origins
183 of the enhanced PL efficiency for SML-QD layers in comparison to their SK-QD counterparts.

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185 **Supplementary materials**

186 The parameters used for molecular-beam epitaxy of InAs/GaAs SML-QD and SK-QD layers,
187 including the shutter sequences, the elemental incorporation rates (IR), and the substrate
188 temperatures for all layers, are described in the supplemental materials. In addition, the isosurface
189 threshold selection criteria and nextnano model development are described. Next, we present
190 LEAP data, as well as the computed probability density and energy band diagram for the reference
191 QW. Finally, the computed excited-state probability densities for the SML-QD and SK-QD layers,
192 and a comparison of the real-space overlap of the electron-heavy-hole probability densities (i.e.
193 the transition intensities) for all combinations of confined and excited states are presented.

194 **Acknowledgement**

195 We gratefully acknowledge support from the National Science Foundation (Grant No. DMR
196 1810280). T.-Y. Huang, T. Borrely, and R.S. Goldman were supported in part by the Air Force
197 Office of Scientific Research through the Multidisciplinary University Research Initiative, Award
198 No. FA9550-23-1-0334. This study was financed in part by the Coordenação de Aperfeiçoamento
199 de Pessoal de Nível Superior – Brasil (CAPES) – Finance Code 001. T.-Y. Huang and Y.-C. Yang
200 were also supported in part by the Chia-Lun Lo Fellowship from the Rackham Graduate School at
201 the University of Michigan. The authors acknowledge the financial support of the Fundação de
202 Amparo à Pesquisa do Estado de São Paulo (FAPESP) - grant # 2022/10340-2.

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208 **Captions**

209 **Fig. 1:** LEAP data for (2x4) SML-QD layers: (a) x-z view of LEAP reconstruction, with
210 corresponding spatially-averaged 1D profiles of x_{ln} , (b) 2D contour plots, and x-y isosurfaces for
211 (c) $x_{ln} > 0.09$ and (d) $x_{ln} > 0.14$. The horizontal black dotted line in the top of (d) indicates the
212 position of the x-z isosurface shown in the bottom of (d). The region outlined by the black square
213 in (d) was used for the nextnano simulations.

214 **Fig. 2:** LEAP data for the c(4x4) SML-QD layers: (a) x-z view of LEAP reconstruction, with
215 corresponding spatially-averaged 1D profiles of x_{ln} , (b) 2D contour plots, and x-y isosurfaces for
216 (c) $x_{ln} > 0.14$ and (d) $x_{ln} > 0.28$. The horizontal black dotted line in the top of (d) indicates the
217 position of the x-z isosurface shown in the bottom of (d). The region outlined by the black square
218 in (d) was used for the nextnano simulations.

219 **Fig. 3:** LEAP data for the SK-QD layer: (a) x-z view of LEAP reconstruction, with corresponding
220 spatially-averaged 1D profiles of x_{ln} , (b) 2D contour plots, and x-y isosurfaces for (c) $x_{ln} > 0.18$
221 and (d) $x_{ln} > 0.42$. The horizontal black dotted line in the top of (d) indicates the position of the x-
222 z isosurface shown in the bottom of (d). The region outlined by the black square in (d) was used
223 for the nextnano simulations.

224 **Fig. 4:** The x- and z-dependence of the conduction-band edge (CBE) (black), valence-band edge
225 (VBE) (black), and confined states (colorful) for the (a) (2x4) SML-QD, (b) c(4x4) SML-QD and
226 (c) SK-QD layers, computed along the black dotted lines intersecting clusters in Figs. 1(d), 2(d),
227 and 3(c). The z-dependence of the CBE and VBE of the clusters/QDs are marked in orange.

228 **Fig. 5:** Computed probability densities of the ground state electrons (e1) and heavy-holes (hh1)
229 for (a) (2x4) SML-QDs, (b) c(4x4) SML-QDs, and (c) SK-QDs. The white dotted circles/ovals
230 indicate the positions of clusters/dots, and the maximum value of the color scale is shown in the

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231 upper right corner. The arrows indicate the In-rich clusters used to quantify the localization of
232 heavy-hole probability densities of the SML-QDs. The insets to the ground state electrons (e1)
233 illustrate the 1D probability densities along the black dotted lines in (a), (b), and (c).

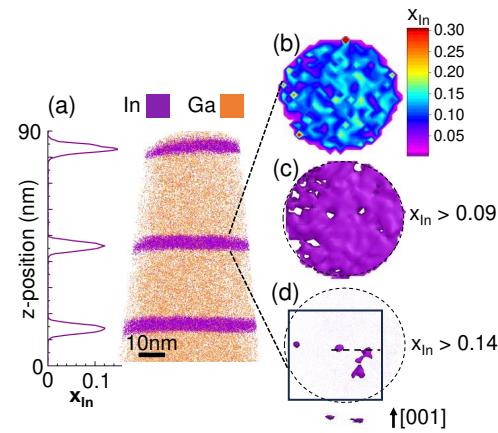
234 **Fig. 6:** Measured (solid lines) and computed (dashed lines) PL emission vs energy for the SK-QDs
235 (green), c(4×4) SML-QDs (blue), and (2×4) SML-QDs (red). The energy of the maximum of each
236 spectrum is indicated. For the SK-QDs, the linewidth of the simulated PL is narrow due to the
237 inclusion of only one QD in the simulation.

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Figure 1



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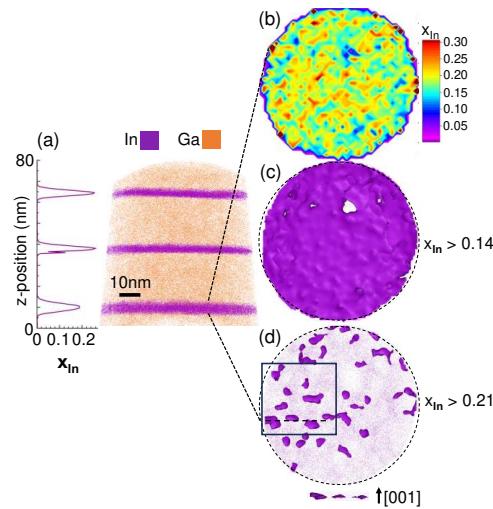
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Figure 2



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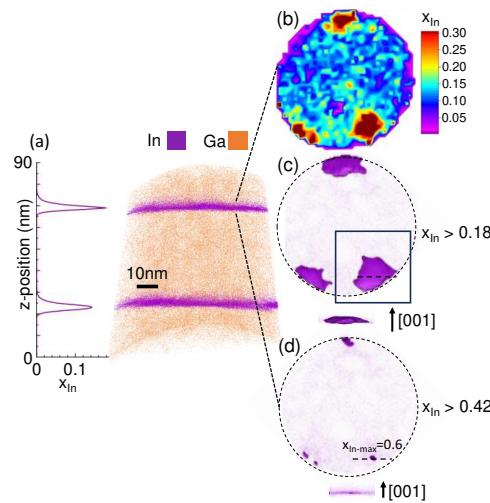
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Figure 3



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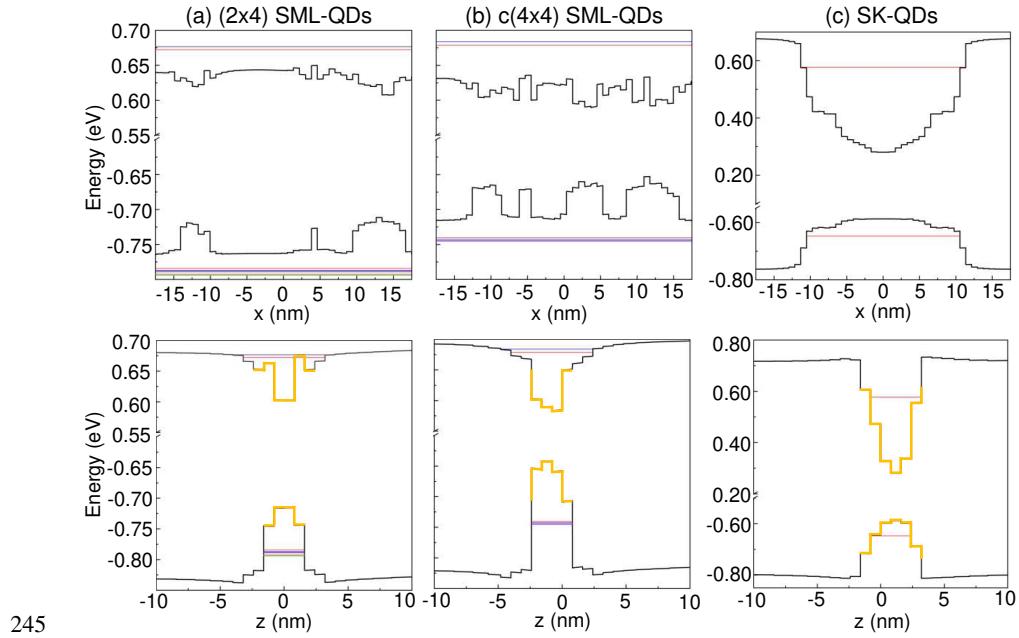
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Figure 4



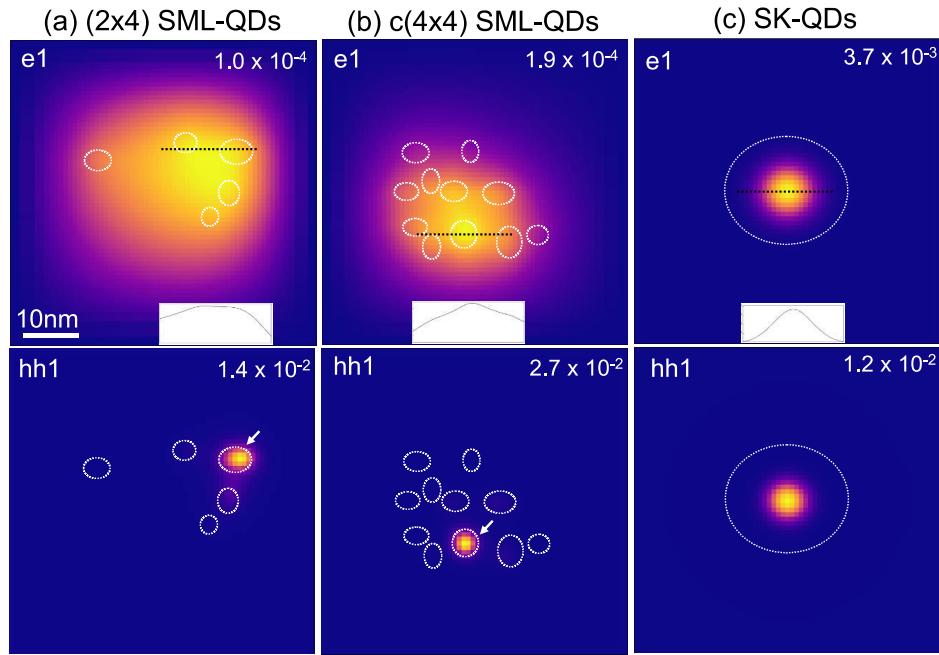
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Figure 5



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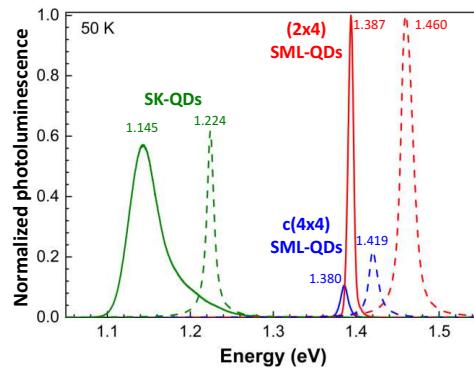
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Figure 6



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PLEASE CITE THIS ARTICLE AS DOI: 10.1063/5.0219815

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